

# MAINE STATE LEGISLATURE

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3/27/85

ALCOHOLISM PREVENTION, EDUCATION,  
TREATMENT AND RESEARCH FUND:

FY 85 PROGRESS REPORT  
(July 1, 1984 - December 31, 1984)  
and  
FY 85 PROGRAMS PROPOSED FOR FY 86/87

A Report to the 112th Maine State Legislature

Submitted by the  
Alcohol and Drug Abuse Planning Committee:  
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Department of Human Services

Member, Donald Allen, Commissioner  
Department of Corrections

Member, Robert Boose, Commissioner  
Department of Educational and Cultural Services

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Department of Mental Health and Mental Retardation

### ACKNOWLEDGEMENTS

This document was prepared by the Staff of the Alcohol and Drug Abuse Planning Committee

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- o Richard Linehan, Department of Human Services
- o Jamie Morrill, Department of Mental Health and Mental Retardation
- o Gerard Samson, Department of Corrections

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SECTION I: INTRODUCTION

1. The Problem
2. Enabling Legislation
3. This Document

## The Problem

Alcohol use and misuse pervade every aspect of American life. As many as 1,400 Maine children are born each year with defects due to the maternal consumption of alcohol during pregnancy.<sup>1</sup> An estimated 13% of 13-15 year olds and 26% of 16-19 year olds in Maine abuse alcohol.<sup>2</sup> There are an estimated 80,000 adult alcoholics in Maine, 40,000 of whom are women.<sup>3</sup> The rate of alcoholism among Maine's 197,700 citizens over 60 years of age is estimated to be between 10% and 20%.<sup>4</sup>

The costs of the consequences of alcohol abuse in Maine are staggering--in terms of dollars, emotional trauma, and lost human resources. Costs associated with lost production, health care, motor vehicle accidents, crime, fire, and social responses are estimated at \$577 million in Maine. Alcohol is a significant factor in an estimated 50% of fatal accidents, 80% of fire deaths, 65% of drownings, 75% of falls, 80% of arrests, 60% of child abuse cases, and 36% of pedestrian accidents. It is estimated that 10% of the work force abuses alcohol and wastes 25% of worker productivity.<sup>5</sup>

## Enabling Legislation

On June 11, 1981, Governor Joseph E. Brennan signed into law P.L. 1981, c. 454, "AN ACT Promoting Alcoholism Prevention, Education, Treatment, and Research." This law established a nonlapsing fund known as the Alcoholism Prevention, Education, Treatment and Research Fund (28 MRSA sub-section 472) by placing a premium on the sale of alcohol. This approach is based on the "self insurance" concept which shifted the financial burden of preventing and treating alcoholism to those who choose to drink.

<sup>1</sup>Fetal Alcohol Effects: A Maine Problem. Department of Mental Health and Mental Retardation, 1983.

<sup>2</sup>An Assessment of the Treatment Needs of Youthful Substance Abusers in Maine. Maine Office of Alcohol and Drug Abuse Prevention (funded by the Departments of Corrections, Educational and Cultural Services, Human Services, and Mental Health and Mental Retardation).

<sup>3</sup>Women as a Special Population. Eastern Regional Council on Alcohol and Drug Abuse, 1982.

<sup>4</sup>The Elderly: A Special Population. Kennebec Valley Regional Health Agency, 1983.

<sup>5</sup>Strategies to Enhance the Effectiveness of Alcoholism Services in Maine's Public and Private Agencies. Foundation Associates, December, 1982.

The 111th Legislature enacted legislation (P.L. 1983, c.464) which reorganized the administration of State alcohol and drug abuse activities and established the Alcohol and Drug Abuse Planning Committee (ADPC). The ADPC is comprised of the Commissioners of the Departments of Corrections, Educational and Cultural Services, Human Services, and Mental Health and Mental Retardation. The major responsibilities of the ADPC include planning, monitoring, evaluating, and coordinating the State's alcohol and drug abuse services.

## This Document

Maine's Alcohol and Drug Abuse Planning Committee (ADPC) is comprised of the Commissioners of Corrections, Educational and Cultural Services, Human Services, and Mental Health and Mental Retardation. In accordance with Maine State Law, the ADPC is required to submit to the legislature (January 15) a description of current services and a progress report. This report presents for the FY 85 programs/services funded/provided by each of the ADPC Departments (1) the progress towards meeting the goals for the period of July 1, 1984 - December 31, 1984, and (2) those programs to be continued into FY 86/87.

Building upon previous ADPC efforts, this report focuses upon populations in need, and the programs/services required to meet the needs. The FY 85 programs/services are presented in detail for two age groups, adolescents and adults. Within each age group, the programs/services are organized in terms of major program/service category (14 were identified in terms of goals during the planning process)<sup>6</sup>, the lead ADPC Department, target population (including numbers), service area, (e.g., Region or Regions of the State)<sup>7</sup>, accomplishments to date (12/31/84) and cost. The information can serve as the basis of evaluating progress towards meeting goals and objectives at the close of FY 85.

In FY 85 the four (4) ADPC Departments are funding/providing approximately 138 alcoholism programs/services. The total costs are \$7,335,699 of which \$2,736,620 are derived from the Premium Fund. These figures do not include programs funded by DMHMR which provide alcoholism services as part of their overall services to the mentally ill (estimated to exceed \$2 million dollars in General Funds) or the indirect benefits derived through school-community teams, public service announcements, etc.

The number of individuals to be served is difficult to accurately estimate. DHS funds programs which serve approximately 10,000 individuals each year. However, the direct effects of public information, the indirect effects of establishing a school-community team, etc., are impossible to accurately measure.

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<sup>6</sup>The 14 major program/service areas and 3 target populations are defined in a companion document which identifies new/expanded program priorities for FY 86/87. This is available through the ADPC.

<sup>7</sup>Department of Human Service Regions were utilized: I-York, Cumberland, Knox, Lincoln, Sagadahoc, and Waldo Counties; II-Androscoggin, Franklin, and Oxford Counties; III-Kennebec and Somerset Counties; IV-Hancock, Penobscot, Piscataquis, and Washington Counties; V-Aroostook County.



Thus, measures of effectiveness may include consensus based upon professional, consumer and general public acceptance and support. The public hearing process has been utilized to assess the degree of consensus.<sup>8</sup>

This Report is a companion document to the ADPC's New/Expanded Service/Program Priorities and Associated Costs For FY 86/87. The same format was utilized to identify and present programs/services. In addition, the New/Expanded Priorities report also contains a description of the ADPC Departments' roles and responsibilities and the definitions of the programs/services.

This document also represents a re-formatting of the Alcoholism Prevention, Education, Treatment and Research Fund: Plan for FY 85 utilizing terminology (including goals), outcome measures (e.g., number to be served) and cost information/approaches that serve as the basis of the FY 86/87 Plan.

In order to systematically present the FY 85 activities of the ADPC, the document is separated into the following sections:

Section II: Overview of FY 85 Programs/Services Costs  
Section III: FY 85 Programs/Services and Related Costs

Each section is preceded by an introduction explaining the content<sup>9</sup>.

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<sup>8</sup>The needs identified by individuals (Form A's) and the overall Regional priorities are contained in separate documents which are available through the ADPC.

<sup>9</sup>Detailed descriptions of the FY 86/87 new/expanded program/service priorities are contained in a companion document which utilizes the format of this document. Copies are available through the ADPC.

In July 1983, the 111th Legislature enacted legislation (P.L. 1983, c.464) which (1) reorganized the administration of the State's alcohol and drug abuse activities, and (2) established the Alcohol and Drug Abuse Planning Committee (ADPC). The ADPC was created by the Legislature to coordinate the State's alcohol and drug abuse activities and to act as liaison among the branches of State Government. It is comprised of the Commissioners of the Department of Corrections, the Department of Educational and Cultural Services, the Department of Human Services, and the Department of Mental Health and Mental Retardation.

The primary mission of the ADPC is to develop, implement, and monitor mechanisms which will enhance and improve coordination and cooperation among and between the four departments. It is a planning and coordination mechanism; and, therefore, is not responsible for either the funding or delivery of direct programs/services. Major goals of the ADPC include the:

- o development and submission, to the Legislature, of a biennial comprehensive State alcohol and drug abuse service plan;
- o preparation and submission, to the Legislature, of an annual report containing an evaluation of the progress toward meeting established service goals and objectives;
- o implementation and management of a data/information system;
- o on-going monitoring and evaluation of the alcohol and drug abuse service system; and
- o development and implementation of periodic needs assessments.

The ADPC, as a unit of State Government, is organized and administered through an interdepartmental matrix. The Chairperson of the ADPC is selected by the four Commissioners from among themselves.<sup>7</sup> The Planning Director is appointed by the ADPC, with the approval of the Governor. The Planning Director reports to a committee comprised of the Associate/Deputy

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<sup>7</sup>Michael R. Petit, Commissioner of the Department of Human Services, is the current Chairman.

Commissioners of the four departments on matters pertaining to interdepartmental policy and program issues. Workgroups comprised of the Planning Director, Program Directors/Managers and other staff of the ADPC and the four departments serve to address planning and programmatic issues and complete day-to-day work. The ADPC also provides staff support to the Maine Council on Alcohol and Drug Abuse Prevention and Treatment.

Mechanisms are developed and implemented which can be utilized by the four departments and the ADPC to (1) systematically identify and address the program/service needs of a target population(s), and (2) determine the effectiveness of the programs/services delivered. Rather than circumventing or negating the roles and responsibilities of the individual State departments, the ADPC process focuses upon interdepartmental mechanisms and methodologies that would assist the individual Departments to more effectively meet their responsibilities.<sup>8</sup>

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<sup>8</sup>The roles and responsibilities of each of the ADPC Departments are detailed in the companion document containing the FY 86/87 new/expanded program priorities.

SECTION II: OVERVIEW OF FY 85 PROGRAM/SERVICE COSTS

1. All Income: FY 85 Costs Associated With Programs/  
Services And Management
2. All Income: FY 85 Costs By Major Program Area And  
Age Group
3. All Income: FY 85 Costs By Age Group
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5. Premium Fund: FY 85, 86 and 87 Premium Fund  
Budgets By Department And Category
6. Premium Income/Costs To Maintain Current Programs

FY 85 Costs Associated With Programs/Services  
And Management

FY 85 COSTS ASSOCIATED WITH MANAGEMENT<sup>1</sup>  
AND PROGRAMS/SERVICES ACTIVITIES OF THE ADPC

	ADPC	DC	DECS	DHS	DMH/MR*	Total
Management	\$ 154,520	16,500	115,835	537,375	?	824,230
Program/Service	-	377,350	473,155	5,353,464	307,500	6,511,469
Total	\$ 154,520	393,850	588,990	5,890,839	307,500	7,335,699

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\* Due to the intra Departmental coordination, the provision of services to the dual diagnosed, etc., it is difficult to identify specific funds. However, DMH/MR estimates that they are funding (General Funds and Block Grant) over \$2 million in alcoholism services at the Institutes, MH Centers, etc.

<sup>1</sup>Management includes contract monitoring/evaluation, data collection, supervision of staff, etc.

FY 85 Costs By Major Program Area  
And Age Group In Each ADPC Department

FY 1985 COSTS OF EACH PROGRAM/SERVICE AREA  
BY AGE GROUP FOR EACH ADPC DEPARTMENT\*

PROGRAM/SERVICE BY AGE GROUP	DC	DECS	DHS	DMHMR	TOTALS
<u>INFORMATION DISSEMINATION:</u>	\$	\$	\$	\$	\$
ADOLESCENTS	-	-	20,000	8,000	28,000
ADULTS	-	191,076**	370,063	8,000	569,139
<u>EDUCATION:</u>					
ADOLESCENTS	34,293	-	95,596	-	129,889
ADULTS	-	111,892**	20,000	-	131,892
<u>TRAINING:</u>					
ADOLESCENTS	-	-	87,446 (49,661)	-	87,446
ADULTS	1,500	170,187**	75,142 (66,424)	25,000 (8,000)	271,829
<u>ALTERNATIVES:</u>					
ADOLESCENTS	-	-	17,375	-	17,375
ADULTS	-	-	-	-	-0-
<u>IDENTIFICATION:</u>	-	-	-	-	-
<u>SCREENING/REFERRAL:</u>					
ADOLESCENTS	(34,293)	-	-	105,825	105,825
ADULTS	-	-	19,218	22,225 (105,825)	41,443
<u>DIAGNOSIS/EVALUATION:</u>	-	-	-	-	-
<u>OUTPATIENT COUNSELING/TREATMENT:</u>					
ADOLESCENTS	158,457	-	267,832	100,250 (105,825)	526,539
ADULTS	104,730	-	1,821,114 (89,668)	38,200 (128,050)	1,964,044
SUB-TOTALS:	\$ 298,980	\$ 473,155	\$2,793,786	\$ 307,500	\$ 3,873,421

\*Parentheses [()] indicate that the cost of the program/service has been listed elsewhere in this table.

\*\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a sub-total for all the activities/services listed within the program/service area.



FY 1985 COSTS OF EACH PROGRAM/SERVICE AREA  
BY AGE GROUP FOR EACH ADPC DEPARTMENT (continued)\*

PROGRAM/SERVICE BY AGE GROUP	DC	DECS	DHS	DMHMR	TOTALS
SUB-TOTALS CARRIED FORWARD:	\$ 298,980	\$ 473,155**	\$2,793,786	\$ 307,500	\$ 3,873,421
<u>APPROVED PUBLIC TREATMENT FACILITIES:</u>	-	-	-	-	-
<u>DETOXIFICATION:</u>					
ADOLESCENTS	-	-	-	-	-0-
ADULTS	-	-	536,732	-	536,732
<u>REHABILITATION:</u>					
ADOLESCENTS	(9,337) 28,000	-	178,713	-	206,713
ADULTS	-	-	873,967	-	873,967
<u>TRANSITIONAL RESIDENTIAL ACCOMMODATIONS:</u>					
ADOLESCENTS	-	-	-	-	-0-
ADULTS	50,370	-	520,593	-	570,963
<u>COMMUNITY SUPPORT SERVICES:</u>	-	-	-	-	-
<u>LIFE MAINTENANCE SERVICES:</u>					
ADOLESCENTS	-	-	-	-	-0-
ADULTS	-	-	486,880	-	486,880
<u>TOTALS:</u>	\$ 377,350	\$ 473,155	\$5,390,671	\$ 307,500	\$ 6,548,676
	=====	=====	=====	=====	=====

\*\*Parentheses [()] indicate that the cost of the program/service has been listed elsewhere in this section.

\*\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a sub-total for all the activities/services listed within the program/service area.

FY 85 Costs By Age Group For Each ADPC Department

FY 85 COSTS OF PROGRAMS/SERVICES BY AGE GROUP FOR EACH ADPC DEPARTMENT

<u>DC</u>		<u>DECS</u>	
Adolescents	\$ 220,750	Adolescents	\$ -
Adults	<u>156,600</u>	Adults	<u>473,155</u>
	\$ 377,350		\$ 473,155

<u>DHS</u>		<u>DMHMR</u>	
Adolescents	\$ 666,962	Adolescents	\$ 214,075
Adults	<u>4,723,709</u>	Adults	<u>93,425</u>
	\$5,390,671		\$ 307,500

	<u>TOTAL</u>	
Adolescents	\$1,101,787	16.8%
Adults	<u>5,446,889</u>	<u>83.2%</u>
	\$6,548,676	100.0%

\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial.

FY 84, FY 85 And FY 86 Cost By Source And Budget Category

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To be reviewed by  
each Department for  
final approval.

CURRENT SERVICES  
ADPC

CATEGORY	<u>Premium Fund</u>			<u>General Funds</u>			<u>Federal Funds</u>		
	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86
Personal Services	28,826	40,273	-	22,985	24,091	28,960	39,530	41,868	44,938
All Other	21,174	19,834	-	8,151	9,765	12,353	23,727	18,689	21,669
Capital Equipment	-	-	-	-	-	-	-	-	-
TOTAL	\$50,000	\$60,107	-	\$31,136	\$33,856	\$41,313	\$63,257	\$60,557	\$66,607

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each Department for  
final approval.

CURRENT SERVICES  
DEPARTMENT OF CORRECTIONS

CATEGORY	<u>Premium Fund</u>			<u>General Funds</u>			<u>Federal Funds</u>		
	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86
Personal Services	72,266	83,925	-	-	-	-	-	-	-
All Other	165,462	171,462	-	77,344	77,344	77,344	-	-	-
Capital Equipment	-	-	-	-	-	-	-	-	-
TOTAL	\$237,728	\$255,387	-	\$77,344	\$77,344	\$77,344	-	-	-

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final approval.

CURRENT SERVICES  
DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES

19 CATEGORY	<u>Premium Fund</u>			<u>General Funds</u>			<u>Federal Funds</u> <sup>1</sup>		
	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86
Personal Services	242,006	262,906	-	51,753	53,160	55,239	31,017 <sup>2</sup>	64,485	71,797
All Other	132,907	126,094	-	36,355	40,750	42,380	68,983	55,515	28,203
Capital Equipment	-	6,000	-	-	-	-	-	-	-
TOTAL	\$374,913	\$395,000	-	\$88,108	\$93,910	\$97,619	\$100,000	\$120,000 <sup>3</sup>	\$100,000

<sup>1</sup>Corrected totals under "Federal Funds" reflect the fact that awards of federal monies were made after the Premium Bill plan for FY '85 was completed based on the federal fiscal year of October 1 through September 31. Federal Funds are approved on an annual basis. FY '86 amounts in this document are just a projection. The source of these funds will be gone at the end of federal FY '86 as that is the third year of a three year "new initiatives" grant program.

<sup>2</sup>FY '84 figures reflect actual personal services expenditures for positions that were vacant for portions of the year. FY '85 and FY '86 figures project those positions as being staffed full time.

<sup>3</sup>\$15,000 of the "All Other" money is one-time funding for a planned special project involving youth and law enforcement personnel.

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CURRENT SERVICES  
DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION

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Premium Fund

General Funds

Federal Funds

CATEGORY	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86
Personal Services	-	-	-	-	-	-	-	-	-
All Other	247,500	264,026	-	667,491	858,849	858,849	29,500	37,400	37,400
Capital Equipment	-	-	-	-	-	-	-	-	-
TOTAL	\$247,500	\$264,026	-	\$667,491	\$858,849	\$858,849	\$29,500	\$37,400	\$37,400



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CURRENT SERVICES  
DEPARTMENT OF HUMAN SERVICES

Premium Fund

General Funds

Federal Funds

CATEGORY	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86	FY '84	FY '85	FY '86
Personal Services	-	-	-	243,260	161,568	153,000	261,348	351,519	376,363
All Other	1,672,216	1,762,100	-	1,737,801	2,330,675	2,311,956	1,868,772	1,440,924	1,414,433
Capital Equipment	-	-	-	-	-	-	-	-	-
TOTAL	\$1,672,216	\$1,762,100	-	\$1,981,061	\$2,492,243	\$2,464,956	\$2,130,120	\$1,792,443	\$1,790,796

FY 85, FY 86 And FY 87 Premium Fund Budgets  
By Department And Category

FY 85, FY 86 And FY 87 Premium Fund  
Budgets By Category

	<u>FY 85</u>	<u>FY 86</u>	<u>FY 87</u>
<u>Alcohol and Drug Abuse Planning Committee</u>			
Personal Services	(1) 40,273	(1) 41,553	(1) 42,878
All Other	19,834	28,968	33,296
Capital	-	5,000	2,000
Total	<u>60,107</u>	<u>75,521</u>	<u>78,174</u>
<u>Department of Corrections</u>			
Personal Services	83,925	(4) 91,979	(4) 96,161
All Other	171,462	173,396	175,427
Capital	-	1,000	1,000
Total	<u>255,387</u>	<u>266,375</u>	<u>272,588</u>
<u>Department of Educational and Cultural Services</u>			
Personal Services	(10) 262,906	(10) 275,797	(10) 285,734
All Other	126,094	132,399	139,019
Capital	6,000	4,500	2,250
Total	<u>395,000</u>	<u>412,696</u>	<u>427,003</u>
<u>Department of Human Services</u>			
Personal Services		-	-
All Other	1,762,100	1,791,968	1,817,493
Total	<u>1,762,100</u>	<u>1,791,968</u>	<u>1,817,493</u>

Department of Mental Health  
and Mental Retardation

Personal Services	-	-	-
All Other	264,026	264,026	264,026
Capital	-	1,000	1,000
Total	<u>264,026</u>	<u>265,026</u>	<u>265,026</u>
Grand Total	<u>2,736,620</u>	<u>2,811,586</u>	<u>2,860,284</u>

Premium Fund Income/Costs  
To Maintain Current Programs

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3/19/85  
PREMIUM FUND INCOME, COSTS AND SURPLUS

	FY 85	FY 86	FY 87	FY 88
I Premium Fund Estimate	\$ 2,559,925	\$ 2,606,161	\$ 2,592,300	\$ 2,592,300
II Costs/Allocations				
Base Costs				
Ch 464 (ADPC)	50,000	50,000		
Ch 527 (Ins.)	197,472	-		
Ch 90 (ADPC Depts.)	2,617,145	2,617,145		
Ch 863 (5% Adj.)	<u>69,375</u>	<u>69,375</u>		
	2,933,992	2,736,520	2,736,520	2,736,520
FY 86 Other Costs				
Employee Contract	-	22,205		
All Other	-	47,241		
Equipment	-	<u>4,500</u>		
XX		73,946	73,946	73,946
FY 87 Other Costs				
Employee Contract	-	-	15,464	
All Other	-	-	38,504	
Equipment	-	-	<u>(-5,250)</u>	
XX		XX	48,718	48,718
	2,933,992	2,810,466	2,859,184	2,859,184
III Reserve Set-aside	250,000	XX	XX	XX
IV Surplus/Unused PF				
Balance/Surplus (July 1)	817,918	248,435	241,602	(-25,282)
Lapsed (July 1)	54,584	197,472	-	-
Ins. Not Used	-	-	-	-
	<u>872,502</u>	<u>445,907</u>	<u>241,602</u>	<u>(-25,282)</u>
Premium Fund Estimate	2,559,925	2,606,161	2,592,300	2,592,300
- Cost/Allocations	<u>2,933,992</u>	<u>2,810,466</u>	<u>2,859,184</u>	<u>2,859,184</u>
	(-374,067)	(-204,305)	(-266,884)	(-266,884)
- Reserve Set Aside	<u>250,000</u>	<u>---</u>	<u>---</u>	<u>---</u>
	(-624,067)	(-204,305)	(-266,884)	(-266,884)
+ Surplus	<u>872,502</u>	<u>445,907</u>	<u>241,602</u>	<u>(-25,282)</u> <sup>A</sup>
Balance	\$ +248,435	\$ +241,602	\$ (-25,282)	\$ (-292,166)

<sup>A</sup>Does not include a 7% cost of living increase over FY 87 of \$209,548.

SECTION III: FY 85 PROGRAMS/SERVICES AND RELATED COSTS

1. Introduction
2. Adolescent Programs/Services
  - a. Information Dissemination
  - b. Education
  - c. Training
  - d. Alternatives
  - e. Screening/Referral
  - f. Outpatient Counseling/Treatment
  - g. Rehabilitation
3. Adult Programs/Services
  - a. Information Dissemination
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  - f. Detoxification
  - g. Rehabilitation
  - h. Transitional Residential Accommodations
  - i. Life Maintenance Services
4. Addendum
5. Program/Service Areas Not Addressed In FY 85

## Introduction

This section presents the 138 alcoholism programs/services funded/provided by the four (4) ADPC Departments in FY 85. The total costs, including management, are \$7,335,699 of which \$2,736,620 are Premium Funds. DHS is able to count 10,000 individuals (some duplication) who directly benefit from their alcoholism services. However, it becomes meaningless when we estimate the number of individuals who benefit indirectly from school/community teams, the training of public health nurses and other ADPC programs/services. Therefore, the judgments of need and effectiveness are often based upon professional, general public and consumer support and acceptance. The needs assessment and priority setting process utilized in 1984 allowed for greater input by these groups.

The FY 85 programs/services are presented for adolescents and adults in separate sub-sections which are organized as follows:

1. Each major program/service area is defined in terms of its goal. Although 14 major areas were identified during the development of the framework, all are not addressed.<sup>9</sup>
2. Within each major program/service area, the FY 85 programs/services are presented
  - a. by Department (Departments in alphabetical order).
  - b. by scope of service (State-wide and then by DHS region in numerical order) for the particular Department.<sup>10</sup>
3. For each program/service funded by the ADPC Departments in FY 85 the following is presented:

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<sup>9</sup>The definitions of the 14 major program/service areas are contained in Appendix A of the Overview of FY 85 Programs and Costs to be Continued in FY 86/87 and New/Expanded Service Program Priorities and Associated Costs

<sup>10</sup>REGIONS: I-York, Cumberland, Knox, Lincoln, Sagadahoc, and Waldo Counties; II-Androscoggin, Franklin, and Oxford Counties; III-Kennebec and Somerset Counties; IV-Hancock, Penobscot, Piscataquis, and Washington Counties; V-Aroostook County.



- a. Activities/Services: The specific activities/services to be delivered.
- b. Target Population: The primary population to benefit from the program/service. Three population groups are utilized: I. non-user, recreational user, and/or high risk; II. problem user; III. alcoholic/recovering person.<sup>11</sup>
- c. Services to be provided to: The primary recipient of the service including population specifics such as age, number to be served as well as special characteristics, e.g., children of alcoholics. The recipient (e.g., school/community teams) may differ from the primary target population (e.g., I - the non-user).
- d. Accomplishments through 12/31/84: Progress made toward delivering activities/services, number served, etc.
- e. Current Contractor/Location of Service: Identifies the program/service provider. If an agency is not service identified, the program/service is provided by the ADPC Agency under which it is listed.
- f. Cost at FY 85 Levels: These are FY 85 costs to deliver the program/service. Parentheses ( ) indicate that the cost has been listed elsewhere in this section and the program/service is either part of a larger program/service or focuses upon another population, e.g., the primary recipients are adults, although children may be involved.

The last part of this section identifies the major program areas, by age group, for services which were not provided in FY 85.

In summary, 10 of 14 major program/service areas are addressed in FY 85. This includes approximately 138 alcoholism programs/services, 42 of which are primarily for adolescents. The total direct programs/services costs are \$1,101,787 for adolescents and \$5,409,682 for adults.

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<sup>11</sup>These populations served as the focus for identifying needs and establishing priorities during the Regional workshops.

Adolescent Programs/Services

### INFORMATION DISSEMINATION

GOAL: to prevent problem drinking and/or alcoholism through increased awareness of the spectrum of issues regarding problem drinking and/or alcoholism.

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Acccomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES</u>					
1. Deliver presentations on chemical dependency and/or educational strategies for addressing chemical use, abuse, and dependency.	I, II	student awareness programs or other special school programs (upon request)	Auburn 9th grade student awareness (400) Fairfield Driver Ed. class (25)		
32					
2. Operate the State's alcohol and other drug audio-visual lending library. This includes: circulation of films and video cassettes, increase of the inventory of audio-visual materials, and distribution of audio-visual catalogs and updates (see also p.59 #6).	I, II*	850-1100 patrons (FY 86) 1100-1300 patrons (FY 87)	Total film circulation - 1640 Total film showings - 2215 Total films/video-cassettes purchased - 24 Total circulation of Clearinghouse videocassettes - 153. (further breakdown of groups using films available upon request) 79 new patrons added		

\*Audio-visuals are also targeted for target population III.

PROGRAM/SERVICE: INFORMATION DISSEMINATIONAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
3. Distribute pamphlets and brochures in resource packets, classroom packets, and team community packets (see also p59, #7).	I, II	schools and school/community teams (upon request)	11,679 pamphlets distributed 103 books circulated 48 curricula circulated		
4. Develop a standardized Project Graduation package.	I, II	local education agencies	In process for FY 86		
5. Develop and conduct a program on utilization of audio-visual resources to be presented in five regional locations each year of the biennium (see also p.59, #8).	I, II	school personnel and team members	Not scheduled until FY 86		
6. Promote and extend the concept of chemical-free alternatives as a highway safety prevention tool (see also p.60, #9).	I, II	schools and communities	Not scheduled until FY 86		
					** (191,076)

\*\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a subtotal for all the activities/services listed within the program/service area.

PROGRAM/SERVICE: INFORMATION DISSEMINATIONAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
7. Provide funds for the development, production, and demonstration of a media campaign on adolescent OUI.	I, II	General Population	Survey methods developed, baseline data collected, production begun.	Northeast Research, Orono	\$20,000
<u>STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION</u>					
8. Provide funds to develop and disseminate information (public service announcements, brochures, speakers, etc.) regarding alcohol related birth defects (see also p.63, #16 and p.73, #10).	I, II	school systems	Curriculum has been developed with DECS, but not as yet placed into school systems. This activity primarily involves Project Directors' time.	Eastern Regional Council on Alcohol & Drug Abuse, Bangor	\$8,000
				<u>Sub-totals:</u>	
				DECS-	(191,076)
				DHS-	20,000
				DMHMR-	8,000

EDUCATION

GOAL: to prevent problem drinking and/or alcoholism through increased knowledge of the spectrum of issues regarding problem drinking and/or alcoholism.

PROGRAM/SERVICE: EDUCATIONAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
STATEWIDE-DEPARTMENT OF CORRECTIONS					
1. Contract with facilitators to provide a ten (10) hour program of instruction through the Chemical Alternatives Program (CAP) in approximately eighteen (18) community locations (see also p.45, #2, and p.45, #1).	II	3,550 clients (887, juv- enile off- enders) (2,663, DEEP)	Juvenile offend- ers 63; DEEP clients 429	\$16,512 expended  various facili- tators through- out the State	\$34,293
STATEWIDE-DEPARTMENT OF HUMAN SERVICES					
2. Assure the provision of mandated education to juveniles convicted of OUI through the Chemical Alternatives Program sponsored by the Department of Corrections (see also p.45, #1).	I, II	(2,663) clients	387 clients were re- ferred to CAP	DNA  various facilitators throughout the State	Client fees
REGION III-DEPARTMENT OF HUMAN SERVICES					
3. Provide funds for educational services (effects of substances on the individual and the family, risk factors involved, etc.) as a component of a model prevention program.	I, II	100 Child- ren of Alcoholics	Contract awarded 8/15/84. Staff hired, volun- ters trained, and at risk families screened	\$2,228 expended  Big Brothers/ Big Sisters of Kennebec Valley, Augusta	\$8,915



PROGRAM/SERVICE: EDUCATION

AGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
4. Provide funds for educational ser- vices (effects of substances on the individual and the family, risk factors involved, etc.) as a component of a model prevention program.	I, II	60 Child- ren of Alcoholics	Contract awarded 8/15/84. Staff hired, volun- teers trained, and at risk families screened	\$5,622 expended Downeast Big Brothers/Big Sisters (DEBB/ BS), Bangor	\$22,449
<u>REGION V-DEPARTMENT OF HUMAN SERVICES</u>					
5. Provide funds for in-school educa- tion programs (adolescent develop- ment, self-concept, effects of substances, sources of help).	I, II	100 youth	587 stu- dents received services in school and at AMHC offices	\$7,285 expended Aroostook Men- tal Health Cen- ter, Caribou	\$14,571

AGE GROUP: ADOLESCENTS

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### TRAINING

GOAL: to prevent problem drinking and/or alcoholism through the development of skills which the individual may utilize to avoid situations or conditions that may lead to problem drinking and/or alcoholism.

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES</u>					
1. Conduct a "Control Factor" train- ing program for peer educators in six locations (three each year).	I, II	high school students	Howland - 10 schools Augusta - 7 schools		
2. Conduct a training program for peer teams to set up chemical de- pendency prevention programs in schools (FY 87).	I, II	high school students	Not scheduled un- til FY 87		
3. Conduct a state-wide conference on highway safety for youth and adults (FY 87)	I, II	high school students and per- sonnel	Not scheduled un- til FY 87		
40					** (170,187)
<u>REGION II-DEPARTMENT OF HUMAN SERVICES</u>					
4. Provide funding for counselors to lead prevention/education groups in eight schools, grades 6-12 in the Lewiston-Auburn Area. (See also addendum)	I, II	400 - 500 students in grades 6 - 12	171 stu- dents in 7 schools have been served	\$20,365 expended YWCA Interven- tion Program,. Auburn	\$43,471

\*\* Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a sub-total for all the activities/services listed within the program/service area.

PROGRAM/SERVICE: TRAINING

AGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION III-DEPARTMENT OF HUMAN SERVICES</u>					
5. Provide funds for skill develop- ment training (self-concept, deci- sion making, communications, fam- ily life) as a component of a model prevention program.	I	150 7-14 year old Children of Alco- holics	Contract awarded 8/15/84. Staff hired, pre-im- plemen- tation phase complet- ed, par- ticipant recruit- ment be- gun.	\$18,320 expended  Kennebec Valley Regional Health Agency; Water- ville, Skowhe- gan, Augusta	\$43,975
<u>REGION V-DEPARTMENT OF HUMAN SERVICES</u>					
6. Provide funds for skill develop- ment training (youth participa- tion/leadership, communications) as a component of a model preven- tion program. (See also p. 38, #6)	I	50 children ?	Contract awarded 8/15/84. Staff hired, pre-im- plemen- tation phase com- pleted.	(16,851) expended  Aroostook Men- tal Health Cen- ter, Caribou	(49,661)
				<u>Sub-totals:</u>	
				DECS-	(170,187)
				DHS-	87,446)
					(49,661)

### ALTERNATIVES

GOAL: to prevent problem drinking and/or alcoholism through the development/use of activities which meet the needs of the individual while excluding the use of alcohol.

PROGRAM/SERVICE: ALTERNATIVES

AGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
1. Provide funds for outdoor educa- tion and wilderness experiences.	I, II	6 Native Americans	2 served to date	(Included in out- patient amounts.) Pleasant Point Alcoholism Ser- vices, Perry	\$10,375
2. Provide funds for outdoor educa- tion and wilderness experiences.	I, II	45 Native Americans	42 served to date	(Included in out- patient amounts.) Penobscot Indi- an Nation Sub- stance Abuse Services, Old Town	\$7,000
					Sub-total: DHS- 17,375

#### SCREENING/REFERRAL

GOAL: to determine the presence of an actual or potential problem and the type of service required for purposes of making an appropriate referral for (1) services or (2) diagnosis/evaluation.



PROGRAM/SERVICE: SCREENING/REFERRALAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF CORRECTIONS</u>					
1. Contract with facilitators to screen/refer to treatment individuals who are participating in the Chemical Alternatives Program (see also p.36,#1).	I, II	(3,550 clients)	Juvenile offenders 63; DEEP clients 429	(\$16,512) expended	(\$34,293)
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
2. Assure the provision of screening/referral services, through the Chemical Alternatives Program sponsored by the Department of Corrections, for juveniles convicted of OUI (see also p.36,#1).	I, II	(3,550 clients)	387 clients were referred to CAP	DNA various facilitators throughout the State	(Client fees)
* <u>NOTE</u> : current contracts funded by the Department of Human Services for outpatient counseling/treatment services include screening/referral as one component of the array of services provided.	II, III	N/A		see agencies identified in Outpatient Counseling/Treatment, p.8-A	---

PROGRAM/SERVICE: SCREENING/REFERRAL

AGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84		Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION</u>						
3. Provide funds to screen/refer and treat alcohol abusing/mentally ill clients committed to State psychiatric institutions (see also p.49, #6).	II,III	1,100 clients at AMHI and BMHI (adoles- cents and adults)	450 clients served to date	---	Kennebec Valley Regional Health Agency (KVRHA), Waterville and Affiliated Chemical Depen- dency Services (ACDS), Bangor	\$105,825
						<u>Sub-totals:</u>
						DC- (34,293)
						DMHMR- 105,825

OUTPATIENT COUNSELING/TREATMENT

GOAL: to achieve and maintain sobriety by assisting the alcoholic and recovering/recovered person (1) to better understand his/her alcoholism and the potential options and (2) to develop the decision-making skills necessary to address his/her alcoholism.

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENTAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
STATEWIDE-DEPARTMENT OF CORRECTIONS						
1. Purchase necessary emergency al- cohol treatment services.*	II,III	120 male and female juveniles	30 clients served to date	\$4,077 expended	Services are purchased at locations throughout the State	\$25,000
2. Purchase the services of a coun- selor to run a pre-treatment coun- 48 seling group for female juvenile offenders at the Maine Youth Cen- ter (MYC) (see also p. 55, #1).	II,III	50-60 female juvenile offenders	60 served to date	\$3,094 expended	Crossroads; Maine Youth Center, South Portland	\$9,337
3. Purchase services to be provided to male juvenile offenders at the Maine Youth Center (MYC) and pro- vide the necessary secretarial support for the program.	II,III	115 male juvenile offenders	60 clients; 7 client families served to date	\$18,099 expended	Day One, Cot- tage #3; Maine Youth Center, South Portland	\$41,932 (counseling services) \$14,543 (secretarial services)
STATEWIDE-DEPARTMENT OF HUMAN SERVICES						
4. Provide funds for education and counseling in a non-categorical group home setting.	II	50 youth	17 youth served to date	\$22,005 expended	Camden Commu- nity School, Camden	\$44,613

\*Although most of the Emergency Services provided are "Outpatient Counseling/Treatment", "Rehabilitation services may also be purchased.

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENT

AGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
5. Provide funds for education and counseling in a non-categorical group home setting.	II	36 youth (group home) and 8 youth (emergency shelter)	19 youth have been served by the group homes and 6 by emergency shelter	\$6,232 expended	Project Atrium, Bangor	\$11,000

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STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION

6. Purchase services for dual-diagnosed clients committed to State psychiatric institutions (see also p.46, #3).	II,III	100 clients at AMHI; 100 clients at BMHI	250 clients served to date		KVRHA, Waterville and EMMC, Bangor	(105,825)
7. In cooperation with the Department of Corrections, purchase short-term, intensive in-home family counseling/treatment (see also #8 below).	II,III	50 families	10 families served to date		a. Day One, Inc. Bar Mills b. Merrymeeting House, Bowdoinham	a. \$55,250 b. \$45,000

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENTAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION I-DEPARTMENT OF CORRECTIONS</u>					
8. In cooperation with the DMHMR, purchase short-term intensive in- home family counseling/treatment (see also #7a. above).	II,III	20 famil- ies	10 fam- ilies served to date	Day One, Port- land; serving Cumberland County	\$15,000
50 9a. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (8/15/84 - 12/31/84)	II,III	80 male and female juvenile offenders	27 clients served to date	\$0 not yet billed for services	Community Alco- holism Services Portland \$6,225
9b. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (8/15/84 - 12/31/84)	II,III	90 male and female juvenile offenders	0 clients, no re- ferrals	0	Bath-Brunswick Mental Health Center, Bruns- wick \$6,900
9c. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (7/1/84 - 12/31/84)	II,III	70 male and female juvenile offenders	79 clients (16 ju- venile offend- ers) served to date	\$8,000 expended	Community Alco- hol Services (WCCSA) \$16,000

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENTAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84		Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
9d. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (1/1/85 effective date of contract)	II,III	30 male and female juvenile offenders	0	0	Day One, Inc., Portland	\$3,000
<u>REGION I-DEPARTMENT OF HUMAN SERVICES</u>						
10a. Contract for outpatient counsel- ing/treatment services. (See also p.81, #5c.)	II,III	35 youth	32 served to date	\$32,000 expended	Day One, Inc., Portland	\$64,636
10b. Contract for outpatient counsel- ing/treatment services.	II,III	70 youth	14 served to date	\$17,000 expended	Bath-Brunswick Mental Health Center, Bruns- wick (Full Circle)	\$57,500
<u>REGION III-DEPARTMENT OF CORRECTIONS</u>						
11. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution and individual/group coun- seling at the Hallowell Pre- Release Center. (8/14/84 - 12/31/84)	II,III	60 male and female offenders	25 served to date	\$2,500 expended	Crisis & Coun- seling Center, Inc., Augusta	\$5,188

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENTAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
12. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (8/15/84 - 12/31/84)	II,III	25 male and female juvenile offenders	8 served to date	\$1,150 expended	Youth & Family Services, Inc., Skowhegan	\$2,386
REGION III-DEPARTMENT OF HUMAN SERVICES						
13. Contract for outpatient counsel- ing/treatment services.	II,III	160 youth	130 served to date	\$28,999 expended	Youth & Family Services, Inc., Skowhegan	\$65,051
REGION IV-DEPARTMENT OF CORRECTIONS						
14a. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (8/15/84 - 12/31/84)	II,III	70 male and female juvenile offenders	17 served to date	\$1,375 expended	Donald Smith, Penobscot County	\$5,300
14b. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (11/1/84 - 12/31/84)	II,III	20 male and female juvenile offenders	0	0	Downeast Commu- nity Hospital, Machias area	\$2,023
14c. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution. (11/1/84 - 12/31/84)	II,III	20 male and female juvenile offenders	0	0	Calais Regional Hospital, Cal- ais area	\$2,023



PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENTAGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
REGION IV-DEPARTMENT OF HUMAN SERVICES						
15. Contract for outpatient counsel- ing/treatment services. (See also p.84, #9h.)	II,III	90 youth	9 served to date	\$11,810 expended	Community Health & Coun- seling, Bangor	\$25,032
REGION V-DEPARTMENT OF CORRECTIONS						
16. Purchase outpatient counseling/ treatment services in the commun- ity for juvenile offenders upon release from a correctional insti- tution.	III	8 clients	3 served to date	\$2,040 expended	Aroostook Men- tal Health Cen- ter, Limestone	\$3,600
					Sub-totals:	
					DC-	158,457
					DHS-	267,832
					DMHMR-	100,250
						(105,825)

#### REHABILITATION

GOAL: to assist the alcoholic in the achievement and/or maintenance of sobriety through an intense and highly structured program comprised of many elements such as education, counseling (individual, group, family), etc.

PROGRAM/SERVICE: REHABILITATION

AGE GROUP: ADOLESCENTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF CORRECTIONS</u>					
1. Contract for rehabilitation ser- vices for adolescent female juven- ile offenders (see also p.48,#2).	III	12 female juvenile offenders	60 served to date	(\$3,094) expended	Crossroads, South Windham (\$9,337)
2. Contract for rehabilitation ser- vices for adolescent juvenile of- fenders.	III	20 male and female juvenile offenders	6 served to date (723 days)	\$14,000 expended	Day One, Bar Mills \$28,000
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
3. Contract for free-standing resi- dential rehabilitation services.	III	32 indivi- duals	9 served to date	\$39,540 expended	Day One, Inc., Bar Mills \$55,521
<u>REGION III-DEPARTMENT OF HUMAN SERVICES</u>					
4. Contract for hospital residential rehabilitation services.	III	30 indivi- duals	46 served to date	\$49,309 expended	Kennebec Valley Comprehensive Treatment Pro- gram, Waterville \$109,692
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
5. Contract for hospital residential rehabilitation services.	III	4 clients	39 served to date	\$2,000 expended	Eastern Maine Medical Center (EMMC), Bangor \$13,500
Sub-totals:					
DC- 28,000					
(9,337)					
DHS- 178,713					

Adult Programs/Services

#### INFORMATION DISSEMINATION

GOAL: to prevent problem drinking and/or alcoholism through increased awareness of the spectrum of issues regarding problem drinking and/or alcoholism.

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES</u>					
1. Provide technical assistance re- lated to team development, program development and institutionaliz- ation, crisis management, and fin- ancial assistance.	I, II	schools and school/ community groups (upon request)	55 consultations for 38 different school or commun- ity groups		
2. Provide assistance in developing criteria for curriculum implemen- tation and assessing existing chemical dependency curricula in use.	I, II	local edu- cation agencies (upon request)	10 on-site consul- tations for 8 different school systems		
3. Deliver presentations on chemical use, abuse, and dependency and/or educational strategies for address- ing related issues.	I, II	school and community groups (upon request)	18 presentations for 14 different groups		
4. Conduct a seminar on the develop- ment and implementation of student and employee chemical health pol- icies (FY 86).	I, II	local edu- cation agency ad- ministrat- ors, school board mem- bers, and school/ community team mem- bers	Not scheduled un- til FY 86		

PROGRAM/SERVICE: INFORMATION DISSEMINATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
5. Provide consultation on campus and system-wide chemical dependency program implementation.	I, II	VTI Task Force on Chemical Dependency	None requested thus far this year		
6. Operate the State's alcohol and other drug audio-visual lending library. This includes: circulation of films and video cassettes, increase of the inventory of audio-visual catalogs and updates (see also p.32,#2).	I, II*	850-1100 patrons (FY 86) 1100-1300 patrons (FY 87)	Total film circulation-1640; total film showings-2215; total films/video-cassettes purchased - 24; total circulation of Clearing-house videocassettes - 153; 79 new patrons added. (Further breakdown of groups using films available upon request.)		
7. Distribute pamphlets and brochures in resource packets, classroom packets, and team community packets (see also p.33,#3).	I, II	schools and school/community teams (upon request)	11,679 pamphlets distributed; 103 books circulated; 48 curricula circulated.		
8. Develop and conduct a program on utilization of audio-visual resources to be presented in five regional locations each year of the biennium (see also p.33,#5).	I, II	school personnel and team members	Not scheduled until FY 86		

\*Audio-visuals are also targeted for target population III.

PROGRAM/SERVICE: INFORMATION DISSEMINATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
9. Promote and extend the concept of chemical-free alternatives as a highway safety prevention tool (see also p.33,#6).	I, II	schools and commu- nities	In process		
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
10. Produce and distribute the Maine Health Promoter (newsletter).	I, II	1,200 copies to Health Profes- sionals	3 issues were published (circu- lation 2600)	\$41,200 expended	Maine Alcohol & Drug Abuse Clearinghouse, within the Bur- eau of Health, Augusta
11. Produce and distribute the Clearinghouse Exchange newsletter.	I, II	750 copies (6 issues) to Sub- stance Ab- use Prof- essionals and the General Public	3 issues were published (circu- lation 700)		Maine Alcohol & Drug Abuse Clearinghouse, within the Bur- eau of Health, Augusta
12. Respond to requests for information.	I, II	1,800 requests from Sub- stance Ab- use Prof- essionals & the Gener- al Public	1018 re- questers were served		Maine Alcohol & Drug Abuse Clearinghouse, within the Bur- eau of Health, Augusta



PROGRAM/SERVICE: INFORMATION DISSEMINATIONAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
13. Provide technical assistance in the use of information.	I, II	20 requests from com- munity ag- encies	24 work- shops on Clear- ing House services, mater- ials, video pre- views, etc., were conducted.	Maine Alcohol & Drug Abuse Clearinghouse, within the Bur- eau of Health, Augusta	
14. Provide funding for public aware- ness, speakers, education, and seminars.	I, II	General Popula- tion, Health Profes- sionals, University Personnel, Concerned Citizens, Elderly	Work- shops and sem- inars were de- signed and/or provided which focused on high- er educa- tion, le- gal pro- fession, clergy, service organi- zations, and the elderly.	\$27,700 expended National Coun- cil on Alcohol- ism in Maine, Augusta	\$57,478

PROGRAM/SERVICE: INFORMATION DISSEMINATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
15. In each of the five regions, provide funding to Concerned Citizens Councils for public awareness and education, referral information, and agency networking.	I, II	General Population, Volunteers, Affected Family, Substance Abuse Professionals, Allied Professionals, community agencies	Each of the Regional Councils have performed public awareness and education efforts; targets for these efforts have included: Bar Association, community groups, colleges, elderly, newly licensed drivers, and children of Alcoholics among others	\$32,600 expended	Region I-Southern Regional Alcoholism and Drug Abuse Council, Inc., Portland	\$67,650
				\$21,800 expended	Region II-Western Regional Council on Alcohol Abuse & Alcoholism, Inc., Lewiston	\$45,235
				\$19,194 expended	Region III-Kennebec-Somerset Council on Alcohol and Drug Abuse, Inc., Augusta	\$38,388

PROGRAM/SERVICE: INFORMATION DISSEMINATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84		Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
continued from p.62:			See Above	\$21,700 expended	Region IV-East- ern Regional Council on Al- cohol and Drug Abuse, Inc., Bangor	\$45,026
			See Above	\$12,408 expended	Region V-Aroos- took Alcohol- ism Council, Caribou	\$27,700
<u>STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION</u>						
16. Provide funds to develop and dis- seminate information (public ser- vice announcements, brochures, speakers, etc.) regarding alcohol related birth defects (see also p.34, #8 and p.63, #63).	I, II	health care pro- viders and general public	Approximately 2,000 pieces of information regard- ing FAS/FAE are routinely distrib- uted to health care providers and the general public.		Eastern Region- al Council on Alcohol & Drug Abuse, Inc., Bangor	\$8,000

PROGRAM/SERVICE: INFORMATION DISSEMINATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGIONS IV AND V-DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES</u>					
17. Develop a strategy for team devel- opment and technical services with Maine Superintendents Association, Division of School Operations in DECS, and other appropriate agen- cies/organizations (FY 86).	I, II	local education agencies	Scheduled for FY 86		
					**191,076
					Sub-totals:
					DECS- 191,076
					DHS- 370,063
					DMHMR- 8,000

\*\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a sub-total for all the activities/services listed within the program/service area.

#### EDUCATION

GOAL: to prevent problem drinking and/or alcoholism through increased knowledge of the spectrum of issues regarding problem drinking and/or alcoholism.

PROGRAM/SERVICE: EDUCATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Acccomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES</u>					
1. Provide implementation assistance, including teacher training for the grades K-6 Children Are People, Inc. Chemical Dependency Prevention curriculum.	I, II	up to ten additional school/community team site school systems each year	Workshops conducted for: MSAD 52 (Turner area); MSAD 17 (Oxford Hills); Auburn; Lewiston (465 people)		
2. Provide implementation assistance, including teacher training, for the Department's grade 7-12 chemical dependency curriculum.	I, II	up to ten school/community school team site systems each year	Task Force of Educators in process of developing materials. Sites being examined to pilot the curriculum in the Fall, 1985.		
3. Develop and field test an adult education chemical dependency curriculum (FY 86).	I, II	local education agencies	Not scheduled until FY 86		
4. Develop an implementation plan for guidelines and procedures to address chemically dependent and affected students between the Division of Special Education and the Division of Alcohol and Drug Education Services (FY 86).	I, II		Task Force being formed to address this issue - first meeting in February, 1985		

PROGRAM/SERVICE: EDUCATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
5. Conduct two-day in-service work- shops for all administrators, fac- ulty, and staff.	I, II	up to ten team site school systems each year	MSAD 48 (Newport) cafeteria and cus- todial staff; Baxter School for the Deaf; Damaris- cotta - Newcastle (325 people)		
6. Conduct advanced in-service work- shops for school personnel.	I, II	up to four school/ community team sites each year	MSAD 36 (Livermore Falls) (100 people)		
7. Conduct up to two workshops on adolescent chemical dependency issues (FY 86).	I, II	school/ community team site personnel	"Setting up Peer Programs" "Confi- dentiality and Re- ferral" (120 people)		
8. Develop a comprehensive peer-to- peer strategy for promoting chem- ical dependency prevention pro- grams in team site schools. This includes development of a training handbook and the dissemination of appropriate prevention strategies to peer teams.	I, II	school/ community team site schools	Not until FY 87		
9. Conduct a special education work- shop on adapting individual educa- tional plans for students with chemical dependency related pro- blems (FY 87).	I, II	Special Education personnel	Not until FY 87		

PROGRAM/SERVICE: EDUCATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84		Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
10. Conduct up to four two-day work- shops on adolescent chemical dependency issues (FY 87).	I, II	School personnel and team members	Not until FY 87			**111,892
STATEWIDE-DEPARTMENT OF HUMAN SERVICES						
11. Provide funds for an annual Pre- vention Conference.	I, II	225 indiv- iduals, General public, & substance abuse workers	Prelim- inary planning for 1985 Confer- ence was perform- ed	0 expended	National Coun- cil on Alcohol- ism, Maine; Waterville	\$15,000
12. Provide funds for an annual New England Summer School of Alcohol Studies.	I, II	50-100 individ- uals (Sub- stance Abuse Work- ers & vol- unteers)	Prelim- inary planning for 1985 Summer School was per- formed	0 expended	New England Institute of Alcohol Studies	\$5,000

\*\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a sub-total for all the activities/services listed within the program/service area.



AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
13. Provide mandated education to in- dividuals convicted of Operating Under the Influence (OUI) through the Driver Education and Evalua- tion Program (DEEP) managed by the Department.	I, II	7,000 clients	3,164 clients attended DEEP	DNA	various instructors throughout the State
					Sub-totals: DECS- 111,892 DHS- 20,000 and client fees

### TRAINING

GOAL: to prevent problem drinking and/or alcoholism through the development of skills which the individual may utilize to avoid situations or conditions that may lead to problem drinking and/or alcoholism.

PROGRAM/SERVICE: TRAININGAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF CORRECTIONS</u>					
1. Provide funds for staff training in the identification and referral for treatment of individuals who are alcohol abusers/alcoholics.	I, II	Maine Correc- tional Center (MCC) staff	21 Cor- rection- al offi- cers at- tended in-house workshops	\$574 expended (books and supplies)	---  \$1,500
<u>STATEWIDE-DEPARTMENT OF EDUCATIONAL AND CULTURAL SERVICES</u>					
2. Provide school/community team development training through institutes and follow-up conferences.	I, II	Up to four- teen teams (FY 86) Up to eight teams (FY 87)	Institute X (Dec- ember) Bath, Bucks- port, Ellsworth, Kittery, Richmond, South Berwick - Eliot (MSAD 35), and a special team of individuals working in the field. (120 people)		
3. Conduct K-6 support group facilitator training for school systems that have implemented the Children Are People curriculum.	I, II	Up to ten team site school systems each year	Scheduled for Jan- uary 28-29, 1985		
4. Provide one state-wide school/community team coordinators training session (FY 86).	I, II	Up to sev- enty team sites	Not until FY 86		
5. Provide one training program for school chemical health coordina- tors (FY 87).	I, II	School personnel	Not until FY 87		

PROGRAM/SERVICE: TRAINING

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/85	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
6. Design and implement education and training strategies for local education agencies where team development may not be practical or possible.	I, II	Local education agencies	Discussions beginning FY 85 - further action planned for FY 86		
7. Train Special Education Consultants employed by DECS who will be assisting in the development of a training program for Special Education Personnel (FY 87).	I, II	DECS Special Education Division Staff	Not until FY 87		
					**170,187
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
8. Provide funding and management of 28 workshops on 9 topics.	I, II	750 Human Service & Substance Abuse Workers	6 work-shops on 3 topics were held; 75 people attended	\$15,962 expended	various trainers based on topics-locations state-wide
					\$25,435

\*\*Due to the fact that services for adolescents and adults are closely entwined within the DECS program structure, further delineation of cost breakdowns would be artificial. This figure represents a subtotal for all the activities/services listed within the program/service area.

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
9. Provide funding to assist program staff in implementing improved evaluation techniques and strategies.	I, II	4-Model Prevention Programs	The 3 programs request- ing as- sistance received on-site techni- cal as- sistance, litera- searches and eval- uation and de- sign- in- strument criti- ques	\$6,451 expended	Human Services Development In- stitute, Port- land	\$12,500

## STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION

10. Provide funds to train in the identification and referral of children suspected to be "at risk" of or have alcohol related birth defects (see p.34,#8 and p.63, #16).	I, II	Health Care Pro- viders and school personnel	Currently being de- signed with the Eunice Kennedy Shriver Center	ERCADA, Bangor	(\$8,000)
11. Provide funds to train in the identification and diagnosis of Fetal Alcohol Syndrome (FAS)/Fetal Alcohol Effects (FAE).	I, II	3-5 selec- ted physi- cians	Currently being de- signed with the Eunice Kennedy Shriver Center	ERCADA, Bangor	\$8,000

PROGRAM/SERVICE: TRAINING

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
12. In cooperation with the Department of Human Services, provide funds to train in the identification, referral, and treatment of the dual-diagnosed client (alcohol abusing mentally ill).	I, II	20 mental health and alcohol treatment agencies w/100 staff (minimum)	Scheduled for im- plementation for March/April of 1985	Affiliated Chemical Depen- dency Service (ACDS), Bangor and Kennebec Valley Regional Health Agency (KVRHA), Water- ville	\$9,000	
13. Provide funds to train child care providers in the assessment, diagnosis, and treatment of dual-diagnosed adolescents (emotionally disturbed/alcohol abusing).	I, II	4-5 child care agen- cies with- in a sel- ected geo- graphic area	Scheduled for im- plementation for March/April of 1985		\$8,000	
REGION I-DEPARTMENT OF HUMAN SERVICES						
14. Provide funding for community development training and action planning.	I, II	Local Communi- ties	Working with 6 communi- ties and school systems on com- munity planning	\$18,604 expended	Day One, Port- land	\$37,207

12.

13.

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PROGRAM/SERVICE: TRAINING

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION III-DEPARTMENT OF HUMAN SERVICES</u>					
15. Provide funding for family skill development training (parenting and communications) as a component of a model prevention program.	I, II	80 parents of Child- ren of Al- coholics	Contract awarded 8/15/84. Staff hired, curricu- lum be- ing de- veloped; partici- pant re- cruit- ment in- itiated	(\$18,320) expended  Kennebec Valley Regional Health Agency, Water- ville	(\$43,975)
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
16. Provide funds for skill training (working with adolescents and Children of Alcoholics) as a component of a model prevention program.	I	5-college volunteers	21 vol- unteers began training program	(\$5,622) expended  Downeast Big Brothers/Big Sisters, Bangor	(\$22,449)
					<u>Sub-total:</u>
					DC- 1,500
					DECS- 170,187
					DHS- 75,142
					(66,424)
					DMHMR- 25,000
					(8,000)

#### SCREENING/REFERRAL

GOAL: to determine the presence of an actual or potential problem and the type of service required for purposes of making an appropriate referral for (1) services or (2) diagnosis/evaluation.



PROGRAM/SERVICE: SCREENING/REFERRALAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
STATEWIDE-DEPARTMENT OF HUMAN SERVICES						
1. Assure the provision of an initial screening of individuals convicted of OUI, as part of the Driver Education and Evaluation Program (DEEP), and refer appropriate individuals for further evaluation and treatment, if required.	II, III	7,000 clients	3,164 clients attended DEEP	DNA	various loca- tions through- out the State	Client fees
* <u>NOTE:</u> current contracts funded by the Department for outpatient counseling/treatment services include screening/referral as one component of the array of services provided.	II, III	---				
2. Provide funds for Employee Assistance Program (EAP) consultation.	II, III	12 unions and busi- nesses	4 work- sites have been served to date	\$9,250 expended	AFL-CIO, Bangor	\$19,218
STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION						
3. Provide funds to screen/refer and treat alcohol abusing/mentally ill clients committed to State psychiatric institutions (see also p.80 #3).	II,III	1,100 clients at AMHI and BMHI (adoles- cents & adults)	450 clients served to date (adoles- cents and adults)	---	Kennebec Valley Regional Health Agency (KVRHA), Wateville and Affiliated Chemical Depen- dency Services (ACDS), Bangor	(\$105,825)

PROGRAM/SERVICE: SCREENING/REFERRAL

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION II-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION</u>					
4. In cooperation with the Department of Corrections, provide funds to screen and refer to treatment alcohol abusing county jail inmates (see also p.83, #7).	II, III	150 county jail in- mates	300 county jail in- mates served to date	Tri-County Men- tal Health Cen- ter, Lewiston	\$22,225
				<u>Sub-totals:</u> DHS- 19,218 DMHMR- (105,825) 22,225	

OUTPATIENT COUNSELING/TREATMENT

GOAL: to achieve and maintain sobriety by assisting the alcoholic and recovering/recovered person (1) to better understand his/her alcoholism and the potential options and (2) to develop the decision-making skills necessary to address his/her alcoholism.

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENT

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF CORRECTIONS</u>					
1. Provide outpatient counseling/ treatment services at the Maine Correctional Center (MCC).	II,III	80 offen- ders	56 clients served to date	\$10,719 expended Maine Correc- tional Center, South Windham	\$21,438
2. Purchase outpatient counseling/ treatment services to be provided at the Maine State Prison, Bangor Pre-Release Center, and Charleston Correctional Facility and provide the necessary secretarial support for the alcohol program at the Maine State Prison.	II,III	300 offen- ders	79 clients (3 1/2 months) served to date  NA	\$17,693 expended Bangor Halfway House, loca- tions: Thomas- ton, Bangor, Charleston  \$14,429 expended	\$68,863 (counseling services)  \$14,429 (secretarial services)
<u>STATEWIDE-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION</u>					
3. Provide funds to purchase services for dual-diagnosed clients commit- ted to State psychiatric institu- tions (see also p.77, #3).	II,III	650 cli- ents at AMHI; 450 cli- ents at BMHI	250 clients served to date	--- Kennebec Valley Regional Health Agency (KVRHA), Waterville and Eastern Maine Medical Center (EMMC), Bangor	(\$105,825)

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENTAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
4. Provide funds to purchase out- patient counseling/treatment ser- vices for mentally retarded per- sons.	II,III	50 clients	The pro- ject has continu- ous con- tact with 8 agencies who are provid- ing on- going services to sev- eral mentally retarded persons	KVRHA, Water- ville: contracts with: Region I-Commu- nity Alcohol Services, Port- land; Region II -Tri-County Mental Health Center, Lewis- ton; Region III - KVRHA; Region IV-Bangor Half- way House, St. Joseph's Hosp- ital, Blue Hill Hospital	\$38,200	
REGION I-DEPARTMENT OF HUMAN SERVICES						
5. Contract for outpatient counsel- ing/treatment services in Region I: (See also p.51, #10a for a. #5c here.)	II,III	800 clients	159 served to date	\$205,471 expended	Community Alco- hol Services (CAS) Choice/ Skyward, Rock- land	\$419,400

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENT

AGE GROUP: ADULTS

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Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
b.	II,III	881 clients [687 (78%) purchased by the State]	356 served to date	\$132,070 expended	Community Alco- holism Services Portland	\$259,500
c.	II,III	20 clients	6 served to date	(\$32,000 expended)	Day One, Port- land	(\$64,636)
d.	II,III	70 clients	55 served to date	\$25,250 expended	Merrymeeting House, Bowdoin- ham	\$50,500
e.	II,III	40 clients	21 served to date	\$4,382 expended	Western Maine Counseling Ser- vices, Bridgton	\$9,500
f.	II,III	725 clients	331 served to date	\$111,947 expended	York County Counseling Ser- vices, Saco	\$249,500

REGION II-DEPARTMENT OF HUMAN SERVICES

6. Contract for outpatient counsel- ing/treatment services.	II,III	355 clients	320 served to date	\$60,349 expended	Tri-County Men- tal Health Cen- ter; Lewiston, Farmington, Norway, Rumford	\$119,300
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Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
REGION II-DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION						
7. In cooperation with the Department of Corrections, provide funds to purchase outpatient counseling/treatment services for county jail inmates (see also p.78, #4).	II,III	150 coun- ty jail inmates	300 county jail inmates served to date	Tri-County Men- tal Health Cen- ter, Lewiston	(\$22,225)	
REGION III-DEPARTMENT OF HUMAN SERVICES						
8. Contract for outpatient counsel- ing/treatment services for Region III:						
a.	II,III	275 clients	95 served to date	\$11,000 expended	Kennebec Valley Comprehensive Alcoholism Treatment Pro- gram, Water- ville, Madison, Augusta	\$ 21,476
b.	II,III	200 clients	51 served to date	\$75,000 expended	New Directions, Waterville, Madison, Augus- ta	\$160,000
c.	II,III	120 clients	59 served to date	\$72,860 expended	Crisis & Coun- seling Centers, Inc., Augusta, Waterville	\$149,600

PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENT

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84		Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
REGION IV-DEPARTMENT OF HUMAN SERVICES						
9. Contract for outpatient counsel- ing/treatment services in Region IV: (See also p.53, #15 for #9h here)	a. II,III	48 Native American clients	38 served to date	\$13,828 expended	Central Maine Indian Associa- tion, Orono	\$31,125
	b. II,III	200 clients	53 served to date	\$2,500 expended	Downeast Commu- nity Hospital, Machias	\$30,000
	c. II,III	95 clients	64 served to date	\$6,477 expended	Mayo Hospital, Dover-Foxcroft	\$13,500
	d. II,III	25 Native American clients	7 served to date	\$6,442 expended	Passamaquoddy Indian Township Alcohol Servi- ces, Princeton	\$22,569
	e. II,III	20 Native American clients	4 (1st quarter only)	\$25,917 expended	Penobscot Indi- an Nation Coord- ination of Sub- stance Abuse Services, Old Town	\$45,223



## AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
f.	II,III	25 Native American clients	8 served to date	\$9,044 expended	Pleasant Point Alcoholism Ser- vices Program, Perry	\$15,873
g.	II,III	350 clients	173 served to date	-0- expended	Project Hancock (Blue Hill Mem- orial Hospital, Maine Coast Mem- orial Hospital, Mt. Desert Is- land Hospital)	\$40,000
h.	II,III	10 clients	4 served to date	(\$11,810) expended	Community Health & Coun- seling, Bangor	(\$25,032)
REGION V-DEPARTMENT OF HUMAN SERVICES						
10. Contract for outpatient counsel- ing/treatment services in Region V						
a.	II,III	300 clients	289 served to date	\$85,300 expended	Aroostook Men- tal Health Cen- ter; Caribou, Fort Kent, Houl- ton, Madawaska, Van Buren	\$173,673
b.	II,III	55 clients	65 (1st quarter only)	\$4,884 expended	Houlton Band of Maliseet Indi- ans, Houlton	\$10,375
					Sub-totals:	
					DC-	104,730
					DMHMR-	38,200
						(128,050)
					DHS-	1,821,114
						(89,668)

### DETOXIFICATION

GOAL: to monitor and support individuals experiencing the physical and emotional withdrawal from alcohol.

PROGRAM/SERVICE: DETOXIFICATION

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
1. Contract for free-standing resi- dential detoxification services.	III	128 female clients	63 served to date	\$28,750 expended	Crossroads, South Windham \$56,000
<u>REGION I-DEPARTMENT OF HUMAN SERVICES</u>					
2. Contract for free-standing resi- dential detoxification services.	III	186 clients	106 (1st quarter only)	\$80,150 expended	Twenty-Four Hour Club (Gre- ely-Emanuelson Center), West- brook \$160,300
<u>REGION II-DEPARTMENT OF HUMAN SERVICES</u>					
3. Contract for free-standing resi- dential detoxification services.	III	340 clients	234 served to date	\$101,133 expended	Fellowship House, Lewiston \$234,900
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
4. Contract for free-standing resi- dential detoxification services.	III	220 clients	121 served to date	\$47,500 expended	Hope House, Bangor \$85,532
					<u>Sub-total:</u>
					DHS- 536,732

### REHABILITATION

GOAL: to assist the alcoholic in the achievement and/or maintenance of sobriety through an intense and highly structured program comprised of many elements such as education, counseling (individual, group, family), etc.

PROGRAM/SERVICE: REHABILITATIONAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
1. Contract for free-standing resi- dential rehabilitation services.	III	110 female clients	52 served to date	\$81,491 expended	Crossroads, South Windham \$150,700
<u>REGION I-DEPARTMENT OF HUMAN SERVICES</u>					
2. Contract for free-standing resi- dential rehabilitation services.	III	100 clients	99 served to date	\$125,000 expended	Merrymeeting House, Bowdoin- ham \$250,000
<u>REGION III-DEPARTMENT OF HUMAN SERVICES</u>					
3. Contract for hospital setting resi- dential rehabilitation services.	III	120 indiv- iduals	196 served to date	\$100,000 expended	Kennebec Valley Comprehensive Treatment Pro- gram \$212,931
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
4. Contract for free-standing resi- dential rehabilitation services.	III	85 clients	49 served to date	\$41,280 expended	Hope House, Bangor \$79,480
5. Contract for hospital setting resi- dential rehabilitation services.	III	11 clients	241 served to date	\$9,657 expended	Eastern Maine Medical Center, Bangor \$41,000
<u>REGION V-DEPARTMENT OF HUMAN SERVICES</u>					
6. Contract for free-standing resi- dential rehabilitation services.	III	72 clients	63 served to date	\$81,922 expended	Aroostook Men- tal Health Cen- ter, Limestone \$139,856
					<u>Sub-total:</u>
					DHS- 873,967

TRANSITIONAL RESIDENTIAL ACCOMMODATIONS

GOAL: to provide temporary residential accommodations for the individual in transition from residential treatment to the community.

PROGRAM/SERVICE: TRANSITIONAL RESIDENTIAL ACCOMMODATIONSAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
STATEWIDE-DEPARTMENT OF CORRECTIONS						
1a. Contract for transitional residen- tial accommodations (halfway house) for adult male offenders.	III	15 male offenders	5 served to date (250 days)	\$9,490 expended	Serenity House, Portland	\$28,470
1b. Contract for transitional residen- tial accommodations (halfway house) for adult male offenders.	III	10 male offenders	4 served to date (315 days)	\$5,320 expended	Fellowship House, Lewiston	\$21,900
REGION I-DEPARTMENT OF HUMAN SERVICES						
2. Contract for halfway house serv- ices.	III	61 clients	48 served to date	\$70,581 expended	Serenity House, Portland	\$139,000
REGION II-DEPARTMENT OF HUMAN SERVICES						
3. Contract for halfway house serv- ices.	III	55 clients	35 served to date	\$62,000 expended	Fellowship House, Lewiston	\$113,088
REGION IV-DEPARTMENT OF HUMAN SERVICES						
4. Contract for halfway house serv- ices.	III	50 female clients	28 served to date	\$60,446 expended	Bangor Halfway House, Bangor	\$113,918

PROGRAM/SERVICE: TRANSITIONAL RESIDENTIAL ACCOMMODATIONS

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84		Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
5. Contract for halfway house serv- ices.	III	55 male clients	34 served to date	\$64,446 expended	Bangor Halfway House, Bangor	\$154,587
						Sub-totals:
						DC- 50,370
						DHS- 520,593



### LIFE MAINTENANCE SERVICES

GOAL: to maximize the life and health potential of individuals who do not maintain sobriety or experience only limited periods of sobriety.

PROGRAM/SERVICE: LIFE MAINTENANCE SERVICESAGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
STATEWIDE-DEPARTMENT OF HUMAN SERVICES						
1. Contract for extended care serv- ices.	III	40 clients	24 served to date	\$86,776 expended	Milestone Foun- dation, Old Orchard Beach	\$180,317
REGION I-DEPARTMENT OF HUMAN SERVICES						
2a. Contract for emergency and extend- ed shelter services.	III	762 clients	681 (1st quarter only)	\$57,500 expended	Twenty-Four Hour Club, Portland	\$115,000
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2b. Contract for emergency and extend- ed shelter services.	III	170 clients	428 served to date	\$37,000 expended	York County Al- coholism Shel- ter, Alfred	\$76,775
REGION II-DEPARTMENT OF HUMAN SERVICES						
3. Contract for shelter services.	III	260 clients	138 served to date	\$15,000 expended	Fellowship House, Lewiston	\$30,000
4. Contract for emergency shelter ("without walls") services.	III	100 indiv- iduals	14 (1st quarter only)	\$3,450 expended	Crisis & Coun- seling Centers, Inc., Augusta	\$10,000

PROGRAM/SERVICE: LIFE MAINTENANCE SERVICES

AGE GROUP: ADULTS

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>REGION IV-DEPARTMENT OF HUMAN SERVICES</u>					
5. Contract for shelter services.	III	335 clients	238 served to date	\$31,583 expended	Hope House, Bangor
					Sub-total: DHS- 486,880

## ADDENDUM

# ADDENDUM

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:
<u>PROGRAM/SERVICE: INFORMATION DISSEMINATION</u>					
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
Provide a quarterly newsletter and information/resource file for peer helping programs.(See also p.3-A1#4)	I, II	Adult and adolescent Peer Programs (500 waiting list)	(\$20,365) expended	YWCA Intervention Program, Auburn	(\$43,471)
<u>REGION II - DEPARTMENT OF HUMAN SERVICES</u>					
Provide speakers, facilitators, consultants to disseminate substance abuse awareness information to schools, agencies, organizations in the Lewiston-Auburn Area. (See also p.3-A1, #4)	I, II	Schools and Communities, Adults and Adolescents	14 pre-sentations to 700+ individuals were performed	(\$20,365) expended	YWCA Intervention Program, Auburn
<u>PROGRAM/SERVICE: TRAINING</u>					
<u>STATEWIDE-DEPARTMENT OF HUMAN SERVICES</u>					
Provide training of adults to assist adolescent peer helping programs through YWCA Intervention Program. This group in turn trained 500 adolescent peer helpers who in turn provided services to an estimated 4,000 peers. (See also p. 3-A1, #4)	I, II	Schools, Youth agencies (approximately 30 adults per year)	(\$20,365) expended	YWCA Intervention Program, Auburn	(\$43,471)

ADDENDUM (Cont.)

Activities/Services Planned	Target Popu- lation	Services to be Pro- vided to:	Accomplishments Through 12/31/84	Current Con- tractor/Loca- tion of Service	Cost of Service at FY 85 Level:	
<u>PROGRAM/SERVICE: OUTPATIENT COUNSELING/TREATMENT</u>						
Conduct a state-wide conference of peer programs. (See also p. 3-A1, #4)	I, II	200 Adults and Ado- lescents	(\$20,365) expended	YWCA Interven- tion Program, Auburn	(\$43,471)	
<u>REGION II - DEPARTMENT OF HUMAN SERVICES</u>						
Contract for outpatient counseling/ treatment services and Children of Alcoholics support group. (See also p. 3-A1, #4)	II, III	140 ado- lescents	48 clients received out- patient treat- ment; 40 children of alco- holics were served	(\$20,365) expended	YWCA Interven- tion Program, Auburn	(\$43,471)

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Program/Service: Areas Not Addressed In FY 85

Program/Services Areas Not Addressed In FY 85

<u>PROGRAMS/SERVICES*</u>	<u>AGE GROUP</u>
- ALTERNATIVES	ADULTS
- IDENTIFICATION	ADOLESCENTS, ADULTS
- DIAGNOSIS/EVALUATION/REFERRAL	ADOLESCENTS, ADULTS
- APPROVED PUBLIC TREATMENT FACILITIES	ADOLESCENTS, ADULTS
- DETOXIFICATION	ADOLESCENTS
- TRANSITIONAL RESIDENTIAL ACCOMMODATIONS	ADOLESCENTS
- COMMUNITY SUPPORT SERVICES*	ADOLESCENTS, ADULTS
- LIFE MAINTENANCE SERVICES	ADOLESCENTS

\*These services may be (and often are) part of a larger service rather than a distinct or primary major program/service area.