





MAINE'S VOLUNTEER GENERATION GRANTS



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DID YOU KNOW?

NATIONAL SERVICE MEANS

Senior Corps which is comprised of

- Foster Grandparents
- Senior Companions
- Retired and Senior Volunteer Program (RSVP)
- AmeriCorps which has three programs
 - AmeriCorps*State/National
 - AmeriCorps*VISTA
 - AmeriCorps*NCCC
- The Volunteer Generation Fund which, through grants to regional volunteer centers, develops strong volunteer management and promotes volunteer engagement in solutions to local problems.
- A model public/private partnership. National Service funds granted to community agencies
 - leverage local resources (\$1 federal National Service Funds to \$1 local resources)
 - underwrite the core training, supervision, materials, tools, and support required for National Service participants to be effective in their assigned tasks.



2,363 Senior Corps and AmeriCorps participants who serve at least 100 hours during 12 months and many devote over 2,000 hours a year to their assignment. [Note, Maine community volunteers contribute 37 hours/year which is significantly higher than the national average.]

Strong program operation (Foster Grandparents, Senior Companions, AmeriCorps Members, RSVP volunteers) that is reflected in high volunteer retention.

The overall retention rate of volunteers in community programs is 70%; the retention rate in National Service is much higher. For example, last year 94% of AmeriCorps members serving in Maine completed the term of service they agreed to do.

830 Maine schools, municipal and state agencies, local nonprofits, and faith-based organizations benefit from National Services participants' help.

22,329 community volunteers recruited by National Service programs to tackle community needs. These local residents added 372,842 hours of their time to the goals of National Service programs in Maine.

Corporation for NATIONAL & COMMUNITY SERVICE

THE CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS)

(NATIONAL SERVICE.GOV)

is the federal agency that oversees AmeriCorps, Senior Corps, and the Volunteer Generation Fund.

committed more than \$6,100,000 in 2012 to support Maine communities through national service programs and grants.

THE MAINE COMMISSION FOR COMMUNITY SERVICE

(MAINESERVICECOMMISSION.GOV)

- awards National Service grants worth nearly \$2 million to Maine agencies and school districts that sponsor National Service projects.
- is the state government partner for CNCS. The 25 citizens on the Commission are appointed by the governor and each represents a different facet of Maine's volunteer sector.
- 🖂 was established in Maine statute in 1995.
- builds capacity and sustainability in Maine's volunteer and service communities by
 - funding national and community service programs,
 - providing technical assistance and training to all National Service grantees in Maine,
 - raising awareness of the impact and reach of National Service as well as community volunteers, and
 - promoting service as a strategy to tackle local problems.

This Report

This document profiles the 2012 AmeriCorps, Senior Corps, and Volunteer Generation Fund grantees that are making a significant contribution to the quality of life in Maine communities.

- Overview pages explain each National Service program, summarize data, and list the community
 organizations who partnered with the grantee and hosted a National Service participant.
- Each profile summarizes the purpose, funding, accomplishments, and provides brief comments from those who benefited from the service accomplishments.

We hope you find this report informative. We urge you to contact the program staff with any questions or to arrange a visit. There is surely a National Service volunteer who would be happy to meet with you.





Lead With Experience

PROGRAM OVERVIEW

Established in 1971 and now one of the largest senior volunteer organizations in the nation, RSVP engages more than 400,000 people age 55 and older in a diverse range of volunteer activities.

Volunteers tutor children, teach English to immigrants, assist victims of natural disasters, provide independent living services, recruit and manage other volunteers, and serve their communities in many other ways. RSVP volunteers choose how, where, and how often they want to serve, with commitments ranging from a few hours to 40 hours per week.

Eligibility: RSVP is open to people 55 and older.

Benefits: Volunteers do not receive monetary incentives, but sponsoring organizations may reimburse them for expenses incurred during service, including meals and transportation.



MAINE 2012 RSVP HIGHLIGHTS

	1,597	Volunteers
	216,405	Hours served
	136	Average hours/volunteer
	5	Number of grantees
	275	Veterans served
	5,356	Seniors receiving independent
GP.		living services
2	6,636	Hours of transportation services
	1,061	Hours of hospice support
1	\$395,736	Annual Federal CNCS funding
di la	\$321,456	Non-Federal support

Aroostook RSVP Community Partners: 89

Ashland, Good Shepherd Thrift Shop Ashland, Meals on Wheels, City Agency on Aging Ashland, North Woods Manor Caribou, Adult Multiple Alternative Center Caribou. American Red Cross-Saint-Geo Pine Tree Chapter Caribou, Caribou Chamber of Commerce Caribou, Caribou Historical Society Caribou, Caribou Rehab & Nursing Center Caribou, Caribou School Department Caribou, Cary Medical Center Caribou, Catholic Charities of Maine Caribou, Good Samaritan Thrift Shop Caribou, Halfway Home Pet Rescue Caribou, Maine Veterans Home Caribou, Visiting Nurses of Aroostook Dyer Brook, RSU 50, South Aroostook Community School District Easton, Happy Day Club Fort Fairfield, Chamber of Commerce Fort Fairfield, Fort Fairfield Elementary School Fort Kent, Crosswinds Residential Care Fort Kent, Forest Hill Manor Fort Kent, Fort Kent Chamber of Commerce Fort Kent, Fort Kent Historical Society Fort Kent, Good Shepherd Thrift Shop Fort Kent, Greater Fort Kent Ecumenical Food Pantry Fort Kent, Meals on Wheels, Agency on Aging Fort Kent, University of Maine Fort Kent Mills, Paws Animal Welfare Society Frenchville, Good Samaritan Thrift Shop Frenchville, Meals on Wheels, Agency on Aging Hamlin, Van Buren Mercy Meals Hodgdon, Mill Pond School Houlton, Aroostook Historical & Art Museum Houlton, Crestview Manor Houlton, Gardiner Healthcare Facility Houlton, Good As New Thrift Shop Houlton, Houlton Humane Society Houlton, Houlton Regional Hospital Houlton, Madigan Estates Nursing Home Houlton, Meals on Wheels (2), Agency on Aging Limestone, Aroostook National Wildlife Refuge Limestone, Limestone Estates Senior Center Limestone, Limestone Manor Limestone, St Louis Ecumenical Food Pantry Littleton, Southern Aroostook Agricultural Museum

Littleton, Southern Aroostook Agricultural Museum Madawaska, High View Rehab and Living Center



Madawaska, Hillside Apartments Madawaska, La Maison Acadienne Madawaska, Historical Society Madawaska, Meals on Wheels, Agency on Aging Madawaska, Ridgewood Estates Madawaska, Social Justice and Peace Mars Hill, Community Cupboard Mars Hill, Meals on Wheels, Agency on Aging Mars Hill, SAD #42 New Sweden, Maine Swedish Colony Oakfield, Meals on Wheels, Agency on Aging Oakfield, Oakfield Historical Society Patten, Mountain Heights Health Care Presque Isle, A.R.T.S. Presque Isle, Agency on Aging, Living Well Presque Isle, Central Aroostook Humane Society Presque Isle, Maine Medical **Education Program** Presque Isle, Matter of Balance, Agency on Aging Presque Isle, Meals on Wheels, Agency on Aging Presque Isle, Northern Maine **Community College** Presque Isle, Chamber of Commerce Presque Isle, Presque Isle Rehab & Nursing Center Presque Isle, R.S.V.P. Presque Isle, The Aroostook Medical Center Presque Isle, United Way of Aroostook Presque Isle, University of Maine Presque Isle, Wintergreen Arts Center Presque Isle, Wintergreen Arts Center Sherman, Upper Room Thrift Store Sherman, Upper Valley Ecumenical Council St Agatha, Ste Agathe Historical Society St Agatha, Long Lake Public Library St David, St David Bereavement Meals St. David, Frenchville Friendly Visitors Stockholm, Stockholm Historical Society & Museum Van Buren, Acadian Village Van Buren, Borderview Rehab and Living Center Van Buren, Meals on Wheels, Agency on Aging Van Buren, People Helping People Thrift Shop Washburn, Meals on Wheels, Agency on Aging Washburn, Washburn Elementary School Washburn, Washburn Memorial Library

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Woodland, School Union #122

HealthReach RSVP **Community Partners: 63** (#) indicates the number of volunteers at partner site

Athens, Cornville Athens Food Pantry (5) Augusta, Chateau Cushnoc (7) Augusta, Kennebec County Correctional Facility (8) Augusta, St Mark's Home for Women (4) Canaan, Canaan Community Food Bank (3) Canaan, Canaan Elementary School-Pre-School East Vassalboro, Vassalboro Public Library Fairfield, Fairfield Historical Society (8) Farmingdale, Southern Kennebec Child Development Corp Farmington, Edgewood Rehab & Living Center (3) Farmington, Franklin Memorial Hospital (25) Farmington, Orchard Park Rehab & Living Center (3) Farmington, Pinewood Terrace Farmington, Pinewood Terrace Hallowell, William S. Cohen Community Center (9) Hinckley, Good Will-Hinckley Jackman, Jackman Library Association (6) Jackman, Jackman-Moose River Historical (8) Litchfield, Libby Tozier School (2) Litchfield, Litchfield Community Food Bank (11) Madison, Maplecrest Living Center (7) Madison, Old Point Avenue School- Bone Builders (2) Madison, People Who Care (15) Madison, Somerset County Sheriff's Office (4) Manchester, KVYMCA-Manchester Learning Center Mt. Vernon, CSD #10 Union 42 -Maranacook Area Schools (2) New Sharon, Jim Ditzler Memorial Library North Anson, Madison-Anson Senior Citizens Group (9) North Anson, Town of Emden Elementary School Building - Bone Builders (2) Oakland, Messalonskee School District - RSU 18 (2) Pittsfield, Pittsfield Community Project (5) Pittsfield, Pittsfield Public Library- Bone Builders (5) Readfield, Readfield Elementary School Sidney, James H. Bean School (2) Skowhegan, Cedar Ridge Center for Health Care & Rehab Skowhegan, Hospice Volunteers of Somerset County (2) Skowhegan, Newborns In Need (4) Skowhegan, Redington-Fairview General Hospital Skowhegan, Skills Inc. Thrift Shop (2) Skowhegan, Skowhegan Community Food Cupboard (12) Solon, Solon Thrift Shop & Food Cupboard (8) Togus, Togus Veterans Hospital Topsham, American Cancer Society (3) Vassalboro, Vassalboro Public Library Waterville, Alfond Youth Center Waterville, Corpus Christi Parish Soup Kitchens (9) Waterville, Greater Waterville Area Food Bank (5) Waterville, HealthReach Community Health Centers

Waterville, Hopsice Volunteers of Waterville Area (2) Waterville, Inland Hospital (10) Waterville, Lakewood Manor (5) Waterville, Maine Children's Home (5) Waterville, Mount St. Joseph (3) Waterville, Muskie Community Center (5) Waterville, New Beginnings Church of God Waterville, South End Teen Center/KVCAP (2) Waterville, United Methodist Church - Bone Builders (4) Waterville, United Way of Mid-Maine (2) Waterville, Waterville Public Library Waterville, Waterville Public School Wilton, Literacy Volunteers of Franklin & Somerset Counties (8) Wilton, Seniors Plus Serving Farmington Winthrop, Telephone Pioneers (7)

Penquis RSVP Community Partners: 67

Augusta, CASA

Augusta, The Maine Long-Term Care Ombudsman Program Bangor, Maine Safe Medicine Disposal Program Bath, AARP Tax Aid Program Belfast, Belfast Chamber of Commerce Belfast, Belfast Industries Belfast, Belfast Soup Kitchen Belfast, Broadreach (2) Belfast, TRIAD Waldo County Law Enforcement Belfast, Waldo Community Action Head Start Boothbay Harbor, TRIAD Lincoln County Brooks, Jolly Neighbors Camden, Camden Public Library Camden, Community School Camden, Meguntic Look House Camden, Merry Gardens Estates Camden, Midcoast Habitat for Humanity Camden, People Place Cooperative Preschool Camden, Quarry Hill Camden, Sixty-Three Washington Street Damariscotta, Coastal Resource (Spectrum Generation) Damariscotta, Skidompha Library Friendship, Friendship/Cushing Food Pantry Jefferson, Damariscotta Lake Watershed Association Knox, Matter of Balance Knox, Unity Senior Citizens Northport, Edna Drinkwater Elementary School **Owls** Head, Owls Head Transportation Museum Port Clyde, Marshall Point Lighthouse Museum Rockland, American Red Cross/Homeland Security Rockland, Areea Interfaith Outreadh (AIO) Rockland, Bartlett Woods Retirement Community Rockland, Big Brothers/Big Sisters Rockland, Camden Meal Site

Rockland, Coastal Trans Rockland, Farnsworth Art Museum Rockland, Georges River Land Trust Rockland, Head Start/Rockland Born to Read Rockland, Head Start/Rockland Library Project Rockland, Island Institute Rockland, Kno-Wal-Lin Rockland, Knox Center for Long Term Care Rockland, Knox County Health Clinic Rockland, Knox County TRIAD Rockland, Marine Lighthouse Museum/ American Lighthouse Foundation Rockland, Methodist Conference Home B Rockland, Midcoast Regional Child Development Rockland, New Hope For Women Rockland, R.S.V.P. Special Projects Waldo Rockland, R.S.V.P. Tri-County Advisory Council Rockland, Rankin Center Rockland, Spectrum Generations Rockland, St. Bernard's Soup Kitchen Rockland, Stella Maris Housing Rockland, The Coastal Children's Museum Rockland, Volunteer Regional Food Pantry Rockport, Bay Chamber Concerts Rockport, Pen Bay Medical Center Thomaston, Rocky Coast House Thomaston, The General Henry Knox Museum Thomaston, Thomaston Public Library Union, Come Spring Food Pantry Union, The Mildred Stevens Williams Library Union, Vose Library Waldoboro, Friendship Street Head Start Warren, Bread for the Journey Warren, Thomaston Interchurch Food Pantry

RSVP of Southern Maine Community Partners: 128

Augusta, Long Term Care Ombudsman Program Berwick, Table of Plenty Biddeford, Bon Appetit Community Meal Program Biddeford, Books Revisited Biddeford, Community Bicycle Center Biddeford, SMAA/Nutrition Bridgton, Bridgton Health Care Center Cape Elizabeth, Pond Cove Elementary School Cape Neddick, York Community Services Eliot, SMAA/Nutrition-Kittery Falmouth, Falmouth House at Oceanview Falmouth, Maine Audubon Gorham, Gorham House Gorham, Gorham School Hiram, SMAA/Nutrition-Kezar Falls Kennebunk, Huntington Common-Bradford



Kennebunk, Kennebunk Nursing & Rehabilitation Center Kennebunk, Smaa/Nutrition Kennebunkport, AARP Tax-Aide Program-York Co. Naples, Naples Public Library Naples, SMAA/Nutrition North Berwick, Varney Crossing Nursing Home Ocean Park, Pines Retirement Center Old Orchard Beach, Old Orchard Beach Historical Society Portland, American Red Cross Portland, Barron Center Portland, Boy Scouts of America Portland, Catholic Charities Maine-RIS Portland, Dress for Success Southern Maine Portland, Greater Portland Conv. & Visitors Bureau Portland, Habitat for Humanity of Greater Portland Portland, Hall School Portland, Learning Works Portland, Literacy Volunteers of Greater Portland Portland, Lyseth School Portland, Maine Medical Center Elder Life Program Portland, Maine Medical Center-Cumberland Co. Portland, Maine Narrow Gauge Railroad Portland, Ocean Ave Elementary School Portland, Portland Adult Education Portland, Portland Mentoring Alliance Portland, Portland Museum Of Art Portland, Portland Trails Portland, Portland Veterans Center Portland, Reiche School Portland, Salvation Army Center for Healthy Aging Portland, Seaside Rehabilitation & Health Care Ctr Portland, Seventy Five State Street Portland, Sexual Assault Response Services Portland, St. Joseph's Manor Portland, The Atrium at the Cedars Portland. The Cedars Portland, The Iris Network Portland. The Woods at Canco Portland, Volunteer Lawyers Project Raymond, Raymond Village Library Saco, Evergreen Manor Saco, Home Health-VNSM-Cumberland Saco, Home Health-VNSM-York Saco, SMAA/Truslow Adult Day Ctr. Saco, Sweetser-York Saco, Wardwell Retirement Neighborhood Sanford, Books Revisited Sanford, Caring Unlimited Sanford, Goodall Hospital Sanford, Greenwood Center Sanford, Literacy Volunteers of Greater Sanford Sanford, Old Timer's Shop Sanford, The Newton Center Rehabilitation Scarborough, AARP Tax-Aide Program-Cumberland Scarborough, Alzheimer's Association

Scarborough, Holbrook Health Center Scarborough, Hospice of Southern Maine-Cumberland Scarborough, Hospice of Southern Maine-York Scarborough, Pine Point Center Health Care/Rehab Scarborough, RSVP Bulk Mailers Scarborough, RSVP/Entertainers-Cumberland County Scarborough, RSVP/Home Knitters-Cumberland County Scarborough, RSVP/Home Knitters-York County Scarborough, RSVP/Leadership-Cumberland County Scarborough, RSVP/Leadership-York Co. Scarborough, RSVP/Special Projects-Cumberland County Scarborough, Scarborough Land Conservation Trust Scarborough, Scarborough Public Library Scarborough, Scarborough Terrace Scarborough, SMAA/Board-Cumberland Co. Scarborough, SMAA/Board-York Co. Scarborough, SMAA/Caregivers Program Scarborough, SMAA/CATCH Healthy Habits-CC Scarborough, SMAA/Community Relations Scarborough, SMAA/Council-Cumberland County Scarborough, SMAA/Council-York Scarborough, SMAA/Development-Cumberland Cty Scarborough, SMAA/I&R-Cumberland Co. Scarborough, SMAA/Living Well-Cumberland Co Scarborough, SMAA/Living Well-York County Scarborough, SMAA/Maine Senior Games Scarborough. SMAA/Matter of Balance-Cumberland Co. Scarborough, SMAA/Matter of Balance-York Co. Scarborough, SMAA/Money Minders-Cumb Co Scarborough, SMAA/Money Minders-York Co Scarborough, SMAA/Nutrition-Office Scarborough, SMAA/Vol. Conn.-Cumb. Co. Scarborough, SMAA/Vol. Conn.-York Co. Scarborough, SMAA/Volunteer Services South Portland, Beacon Hospice South Portland, Cancer Community Center South Portland, SMAA/Nutrition South Portland, South Portland Nursing Home South Portland, South Portland Schools Springvale, SMAA/Nutrition-Sanford Topsham, American Cancer Society N.E. Division-YC Topsham, American Cancer Society/NE Division Wells, Town of Wells Wells, Wells Ogunguit Senior Center Wells, Wells Reserve at Laudholm Westbrook, Independent Transportation Network Westbrook, SMAA/Nutrition-Portland/Westbrook Westbrook, Springbrook Nursing Care Center Windham, Ledgewood Manor Windham, Maine Correctional Center Windham, SMAA/Nutrition Yarmouth, Brentwood Rehabilitation & Nursing Center Yarmouth, SMAA/Nutrition York, Sentry Hill York, York Art Association York, York Hospital

UMaine Center on Aging RSVP Community Partners: 52

(#) indicates the number of volunteers at partner site; *indicates completed sites

Bangor, Eastern Area Agency on Aging (3) Bangor, Eastern Maine Medical Center (15) Bangor, Galen Cole Family Foundation (10) Bangor, Good Samaritan Agency (2) Bangor, Hospice of Eastern Maine (5) Bangor, Meals for ME Bangor Kitchen (11) Bangor, Miller Square Apts.- Volunteers of America-Bone Builders (2) *Bangor*, My Friend's Place (22) *Bangor*, Phillips-Strickland House (3) Bangor, St. Joseph Hospital (11) Bangor, Stillwater Healthcare (2) Bangor, Sunbury Village – Bone Builders (2) Bangor, UMaine Center on Aging (9) Bangor, United Way of Eastern Maine Bar Harbor, MDI Housing Authority Meals for ME (4) Blue Hill, Friendship Cottage (2) Blue Hill, Parker Ridge - Bone Builders (2) Brewer, Bangor/Brewer Housing Authority (5) Brewer, Brewer Housing Authority - Bone Builders (4) Brewer, Ellen Leach Memorial Home (4) Bucksport, Bucksport Area Child Care Center Bucksport, Island Head Start (2) Castine*, Castine Community Child Development Center *Dexter*, Dexter Healthcare (2)

Dover-Foxcroft, Hibbard Nursing Home (1) Dover-Foxcroft, Mayo Regional Hospital (32) Dover-Foxcroft, Pine Tree Hospice (3) *Ellsworth*, Friends in Action - Bone Builders (4) Greenville, Charles A. Dean Memorial Nursing Home (2) Greenville, Greenville Community Café (5) Greenville*, C.A. Dean Memorial Hospital -Bone Builders Guilford, Guilford Community Café (19) Hampden, Avalon Village-Bone Builders (2) Hampden, Hampden Community Café (6) Hampden, Hampden Neighborhood Food Cupboard (8) Hampden, Roe Village Dining Room (15) Hampden*, Hampden Historical Society (10) Howland, Cummings Healthcare (2) Lincoln, Lincoln Community Café (16) Lincoln*, Colonial Healthcare Milbridge, Women's Health Resource Library -Bone Builders (3) *Millinocket*, Katahdin Area Support Group (11) Millinocket, Katahdin Health Care (9) Millinocket, Millinocket Community Café (10) Newburgh, Hospital Chaplaincy Services (10) Old Town, Old Town Housing Authority Old Town, Old Town YMCA –Bone Builders Old Town, The Meadows (3) Orono, Orono Health Association (15) Orono, Parker Dining Room Orono*, The Sharing Place Stonington, Island Community Center –Bone Builders (4)



GRANTEE PROFILE: AROOSTOOK RSVP AROOSTOOK AREA AGENCY ON AGING, INC.

BACKGROUND

Area: Healthy Futures and Economic Opportunity

- Service Activity Categories: Medical transportation services, friendly visiting, meal preparation, meal delivery, benefits assistance, health education, food pantries and thrift stores, disaster recovery services, environmental awareness.
- Serving these areas of Maine: Aroostook County
- Mission (purpose) of this National Service program: RSVP of Aroostook provides an opportunity for people age 55 and older to give of their time and talents to help others through volunteer service at non-profit agencies and non-profit organizations to improve the quality of life in northern Maine.
- Why National Service program is the best response: Volunteers are willing to support activities that are personally meaningful and contribute to the quality of life of others in need. It is a cost-effective means to provide needed human resources to solve health and human service problems as well as address important community issues.

COMMENTS FROM THE COMMUNITY:

"If I didn't have that[medical transportation] I don't know what I would do. I am stuck out here in the middle of nowhere, 9 miles out of town, I don't know how I would get to the doctors. I am very thankful for them." Medical Transportation Client

"It helps me out a lot. They are good meals, they give me meat, vegetables, bread, milk. It helps me cause I don't have to cook, and I don't have to spend as much money."

Meals on Wheels recipient

"My friendly visitor is very good, she is very friendly and plays games with my mother. It helps me a lot. I can get out a little and it is nice for my mother, too. I am very happy with her."

Caretaker of a Friendly Visitor program client

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	420	408
Total hours of service	77,510	64,291
Average hours/participant	185	158

Status of requests for service, unmet need: The Aroostook Agency on Aging and the Office of Aging and Disability Services (formerly Office of Elder Services) completed a needs assessment of older people. Results indicated a wide array of needs, including: a shortage of informal and formal caregivers to meet the needs of frail and/or cognitively impaired older people and disabled people; difficulty in securing services of primary health care providers; food insecurity caused by insufficient income to meet basic needs; increasingly inadequate housing to meet changing needs; inability to afford home repairs and alterations; growing fears for personal safety at home, and rising need for transportation assistance.

The role of National Service Program funds: Federal funds provide the core support for the program. Without Federal money, the volunteer coordination would end and volunteer service would quickly erode away.

🖂 Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

National Service Funds* \$89,594	\$71,675
State public funds \$14,340	\$14,340
Other federal funds \$0	\$0
Local public funds \$13,486	\$9,909
Private donations/fundraising \$18,236	\$12,000
Private grants (including United Way) \$6,000	\$6,000
Fee-for-service revenue \$0	\$0
In-kind materials \$22,847	\$18,040
In-kind (pro bono) time or services \$0	\$0
TOTAL \$164,503	\$131,964

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Medical Transportation

451 people received rides to essential medical services including physician appointments, kidney dialysis, cardiac care, day surgery, and cancer therapy including chemo and radiation treatments.

What it took to do this

	4,197 Hrs	Completed units of service	(medical trips to essential	medical services)
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- 135,394 Miles traveled by volunteers to assist with medical appointments
 - 38 National Service participants involved in this effort
 - 451 Number of citizens who were affected (beneficiaries)
 - \$2.05 Program cost per unit of service due to National Service volunteer effort
- \$16.50 Comparable commercial or market unit cost without volunteers

Major partners in the work: Aroostook Regional Transportation System identified older people and disabled people who lacked a means to get to an essential medical service or appointment.

Second Accomplishment: Friendly Visiting

80 homebound isolated seniors received daily reassurance telephone calls and/or home visits to assist in lessening feelings of loneliness and depression.

🛃 What it took to do this

- 2,243 Hrs Completed units of service (reassurance visit with homebound older person)
 - 1,931 Visits, phone call and personal rides
 - 60 National Service participants involved in this effort
 - 80 Number of citizens who were affected (beneficiaries)
 - \$2.05 Program cost per unit of service due to National Service volunteer effort
 - \$16.50 Comparable commercial or market unit cost without volunteers
- Major partners in the work: Aroostook Area Agency on Aging and home health service providers identified homebound older people living in isolation and lacking a social support system.

Third Accomplishment: Meals on Wheels

500 homebound seniors and individuals with disabilities received nutritious meals through Meals on Wheels home delivery and congregate meal sites.

🛃 What it took to do this

3

Completed units of service (meals delivered)
National Service participants involved in this effort
Number of citizens who were affected (beneficiaries)
Program cost per unit of service due to National Service volunteer effort
Comparable commercial or market unit cost without volunteers

Major partners in the work: Meals on Wheels program of Aroostook Area Agency on Aging provides the food and directs the delivery of meals.

FOR MORE INFORMATION:

Judy Anderson, Aroostook Area Agency on Aging, Inc. 1 Edgemont Drive, Suite B, Presque Isle, 04769 janderson@aroostookaging.org (207) 764-3396



GRANTEE PROFILE: HEALTHREACH RSVP HEALTHREACH NETWORK

BACKGROUND

- Security Focus Area of Need : Healthy Futures, Education, and Veterans and Military Families
- Service Activity Categories: Food Security, Mentoring, Justice System.
- Serving these areas of Maine: Franklin, Kennebec, Somerset
- Mission (purpose) of this National Service program: HealthReach RSVP engages people 55 and older in meaningful volunteer services that meet critical community needs and enrich the lives of volunteers. Our service area is Kennebec, Somerset and Franklin Counties.
- Why National Service program is the best response: Many non-profit organizations depend on volunteers to meet their missions and goals, especially given these difficult economic times and the rural nature of the State. We offer recruitment, screening, and careful placement of older volunteers with years of experience and a desire to give back to their communities.

RSVP volunteers serve in food banks and pantries; families through hospice; deliver meals to elderly and disabled; work with veterans, and much more. In addition, many of the programs offered through RSVP are unique to this program and would not be offered to the community otherwise. For HealthReach RSVP, this includes our two signature programs.

The first is Thresholds, a critical thinking and decision-making program offered by trained RSVP volunteers. It has been brought to soon-to-be released inmates in correctional facilities. This program offers these inmates the actual tools and knowledge to make decisions that can change their lives, as evidenced by the decrease in the recidivism rate for these graduates as compared to the general population.

Thresholds program was also successfully brought to two school settings this year, as well as a teen center.

The second is Bone Builders, an osteoporosis prevention exercise program that consists of weight training, balance training, and education. The classes are led by trained RSVP volunteers and offered to the public free of charge. The participants are enjoying the benefits of being at a lower risk for osteoporosis, being healthier, and enjoying increased muscle strength, flexibility, and balance.

COMMENT FROM THE COMMUNITY:

All of the participants in the Bone Builders program have a story to tell. Joan was diagnosed with Osteoporosis over a year ago and was told she would need Boniva infusions. She was determined not to use medications to treat her condition and bargained with her doctor to allow her to treat it through diet and exercise – specifically Bone Builders. He was skeptical but consented as long as she would agree to his recommended treatment after the next scan.

That doctor was in for a surprise! Her results were so good that not only was her doctor surprised and pleased, but he apologized to her for not believing she could improve as much as she did through her efforts. She was so proud and pleased that she e-mailed a copy of her report to us and highlighted: "The spine has increased by 7.5% and the femur increased by 11% since the previous study, both of which are considered significant". She takes every opportunity to let people know about this program! Joan not only does the Bone Builders class, she leads them!

DATA SNAPSHOTS

Autional Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	283	236
Total hours of service	43,269	29,053
Average hours/participant	166	155

- Status of requests for service, unmet need: There are many more requests for volunteers from the non-profit agencies in the communities we serve than it is possible to fill, especially given the cuts to staffing and staff time due to decreased funding.
- The role of National Service Program funds: RSVP is a national program of service, serving every state in the US. Federal dollars guarantee that the advantages of this program are available throughout our country in every type of community, including rural and low income areas. These programs are supported by the communities served through a required 30% nonfederal match.
- 🛃 Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	\$108,845	\$100,390
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$1,050	\$1,050
Private donations/fundraising	\$18,172	\$23,466
Private grants (including United Way)	\$6,500	\$6,500
Fee-for-service revenue	\$O	\$0 🔬
In-kind materials	\$1,625	\$12,000
In-kind (pro bono) time or services	\$O	\$O
TOTAL	\$150,532	\$157,746

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: There was approximately a 10% decrease in the recidivism rate for graduates of Thresholds as compared to the general population. 99% of the participants in the program indicated that they gained the knowledge, the skills, and the tools to make better decisions as a result of this program.

🛃 What it took to do this

- Completed sessions of Thresholds, a 5-step decision making program;
 8 classes per session
- 8 National Service participants involved in this effort
- 199 Number of citizens who were affected (beneficiaries)
- \$274 Program cost per unit of service due to National Service volunteer effort
- \$440 Comparable commercial or market unit cost without volunteers

Major partners in the work: Kenebec and Somerset County Jails provided the location for the classes and they identified inmates that were appropriate for this program (One requirement is that they will be released within 6 months of the end of the program).

SECOND ACCOMPLISHMENT: Of the participants who have completed 6 months or more of Bone Builder classes (twice a week), 92% reported at least a one-point improvement in two of the risk factors for osteoporosis.

🛃 What it took to do this

- 430 Completed units of service (One class of Bone Builders, an osteoporosis prevention exercise program)
- 16 National Service participants involved in this effort
- 65 Number of citizens who were affected (beneficiaries)
- \$11.26 Program cost per unit of service due to National Service volunteer effort
- \$36.95 Comparable commercial or market unit cost without volunteers

Major partners in the work: Pleasant St. United Methodist Church (Waterville), Pittsfield Public Library, Embden Community Center, and the Town of Madison's Old Point School all provided the space for the Bone Builders Program. THIRD ACCOMPLISHMENT: 11 RSVP Volunteers prepared and delivered 15,600 meals to 80 people. 95% of the participants strongly agreed that the meals served were an important source of nutritious food and that the personal contact they have through these programs is important to them.

🛃 What it took to do this

- 15,600 Completed units of service (Meals prepared and delivered)
 - 11 National Service participants involved in this effort
 - 80 Number of citizens who were affected (beneficiaries)
 - \$0.85 Program cost per unit of service due to National Service volunteer effort
 - \$2.05 Comparable commercial or market unit cost without volunteers
- Major partners in the work: The Area Agencies on Aging (in 3 counties) determined eligibility for the recipients and provided location and management of the programs.

FOR MORE INFORMATION:

Ruth Saint Amand, HealthReach Network 10 Water St. Suite 302, Waterville, 04901 ruth.stamand@mainegeneral.org (207) 861-3428



GRANTEE PROFILE: PENQUIS RSVP PENQUIS, INC.

BACKGROUND

- Area: Healthy Futures and Education
- Activity Categories: Congregate Meals, Independent Living and School Readiness
- Serving these areas of Maine: Knox, Lincoln, & Waldo Counties.
- Mission (purpose) of this National Service program: Our goal is to engage seniors 55 years of age and older in volunteer service in their communities. Helping communities meet critical community needs while providing experiences to enrich the lives of our seniors.
- Why National Service program is the best response: National Service is the best response because a strong structured program is needed to seek out and recruit volunteers to work with vulnerable populations. This program is supported with federal funds and therefore, is mandated by federal regulations. This fact ensures a high quality high impact program.

COMMENT FROM THE COMMUNITY

"RSVP volunteer Jane Hards, physical therapist and trained facilitator of the Matter of Balance Program, has restored confidence in our residents. Our residents have demonstrated significant improvements in their levels of fall prevention and their mobility and socialization skills have noticeably increased. Jane is so positive and friendly that all staff and residents love her!"

Theresa Willey, Housing Administrator Sixty Three Washington St. senior housing

DATA SNAPSHOTS

Autional Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	139	188
Total hours of service	23,103	31,182
Average hours/participant	166	165

Status of requests for service, unmet need: Maine is one of the fastest growing states as to senior population. With the ever increasing number of seniors, the demand is high for programs and activities to support them. We are always receiving requests from agencies looking for volunteers to aid them with their programs and we cannot keep up with the demand. The aging population needs ways to keep themselves physically fit and healthy so they can remain independent and out of costly health care facilities.

The role of National Service Program funds: Due to the down turn in the national economy over the last several years, many programs and stations have scaled back or eliminated essential community services. The need for funding has greatly increased. The National Program Service Program provides the vital funds needed to offer this much needed program in our communities. These federal funds come with federal rules and regulations, which provides the program with the necessary guidance and support needed to best serve this population.

🖂 Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

	FFY 2011 (9 months)	FFY 2012 (12 months)
National Service Funds*	\$38,745	\$51,660
State public funds	\$10,755	\$14,340
Other federal funds	\$O	\$0
Local public funds	\$O	\$0
Private donations/fundraising	\$O	\$0
Private grants (including United Way)	\$6,804	\$8,000
Fee-for-service revenue	\$O	\$0
In-kind materials	\$7,950	\$5,400
In-kind (pro bono) time or services	\$O	\$0
TOTAL	\$64,254	\$79,400

MAJOR ACCOMPLISHMENTS THIS YEAR:

First Accomplishment: Our year end survey revealed that program participants either agreed or strongly agreed with each of these statements: A.) The meals I receive are an important source of nutrition for me- 98%; B.) I feel my health has improved since starting this program- 85%; C.) The personal contact I have is important to me- 96%; D.) Through the meals program I have found out about other services available- 80%.

🛃 What it took to do this

56,285 Completed units of service (meals served)
60 National Service participants involved in this effort
8,512 Number of citizens who were affected (beneficiaries)
\$2.60 Program cost per unit of service due to National Service volunteer effort
\$16.50 Comparable commercial or market unit cost without volunteers

Major partners in the work: 5 sites throughout our 3 counties provided either a soup kitchen or a Meals on Wheels program to distribute the necessary meals to those in need. Second Accomplishment: All graduates of the Matter of Balance Program reported that they learned to exercise regularly and that their balance improved greatly. 52% of those who participated and completed the training agreed or strongly agreed that they would continue exercising after the program ended because of the training.

🛃 What it took to do this

- 2 Completed units of service (Matter of Balance sessions)
- 7 National Service participants involved in this effort
- 14 Number of citizens who were affected (beneficiaries)
- \$2.60 Program cost per unit of service due to National Service volunteer effort
- \$16.50 Comparable commercial or market unit cost without volunteers

Major partners in the work: Four senior housing complexes and senior centers participated as host sites for our training program.

Third Accomplishment: Seniors are able to live independently and remain in their own homes because of visits from RSVP senior companions. In an annual survey about their ability to stay in their homes, 51% indicated it helped. 98% indicated they felt safer in their homes because of visits by the RSVP volunteer.

Hat it took to do this

- 3,900 Completed units of service (number of visits to seniors)
 - 14 National Service participants involved in this effort
 - 30 Number of citizens who were effected (beneficiaries)
- \$2.60 Program cost per unit of service due to National Service volunteer effort
- \$16.50 Comparable commercial or market unit cost without volunteers

Major partners in the work: Four housing complexes participated as sites for this program.

OR MORE INFORMATION:

Roberta Teeto, Penquis CAP, Inc. 262 Harlow Street, Bangor, 04401 rteeto@penquis.org 207-973-3624



GRANTEE PROFILE: RSVP SOUTHERN MAINE AGENCY ON AGING

BACKGROUND

- Area : Human services
- A Service Activity Categories: Independent living, Volunteer Recruitment
- Serving these areas of Maine: Cumberland, York
- Mission (purpose) of this National Service program: The mission of RSVP of Southern Maine is to provide meaningful and impactful volunteer opportunities for adults age 55 and over in York and Cumberland counties and to serve communities by utilizing the talents, expertise, and life-long experience of these older adults in meeting critical community needs.
- Why National Service program is the best response: RSVP is a nationwide network of programs that provide volunteer recruitment and placement services in a very cost-effective manner.

COMMENT FROM THE COMMUNITY:

"Thank you for providing such a wonderful service in helping me understand and de-clutter all the information when turning 65 and enrolling in Medicare. It had been so confusing and I truly feel so relieved in making a decision. Many thanks to Dave Cole {RSVP volunteer}. He was wonderful. It feels so good to be able to sleep nights. With appreciation, CW, Westbrook."

DATA SNAPSHOTS

Autional Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	394	439
Total hours of service	45,470	55,479
Average hours/participant	116	126

Status of requests for service, unmet need: RSVP of Southern Maine has dozens of requests from area nonprofit and health care organizations for volunteers to help them provide services in the community. We are unable to meet all requests because of minimal staff and funds to recruit, interview, complete national background checks required by law and place volunteers.

The role of National Service Program funds: By supporting RSVP's volunteer recruitment and placement services with federal dollars, we can guarantee that the service is available throughout our country in all kinds of communities. It is important to note that RSVP has a minimum 30% non-federal match requirement, so local community resources are used to supplement federal dollars.

🛃 Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$95,583	\$80,309
State public funds		\$14,340	\$14,340
Other federal funds		\$0	\$0
Local public funds		\$3,000	\$5,000
Private donations/fundraising		\$3,299	\$15,081
Fee-for-service revenue		\$0	\$0
In-kind materials		\$0	\$0
In-kind (pro bono) time or services		\$0	\$0
	TOTAL	\$116,222	\$114,730

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 28 Volunteer Councilors met with individuals to educate and assist them with choices surrounding their Medicare insurance options including type of Medicare, ancillary insurance choices and options and access to extra help to pay for coverage for low income Mainers.

What it took to do this

996	Completed service units (1 hour of volunteer service assisting with activities
	in Nursing Homes or Assisted Living Facilities)
28	National Service volunteers involved in this effort
484	Number of residents who were affected (beneficiaries)

- \$2.07 Program cost per unit of service due to National Service volunteer effort
- \$28.00 Comparable commercial or market unit cost without volunteers

Major partners in the work: Southern Maine Agency on Aging and the Senior Medicare Patrol



Second Accomplishment: 77% of meal recipients 'Agreed' or 'Strongly' Agreed that (1) the meals are an important source of nutritious food, (2) the personal contact with the Meals on Wheels driver was important to them, and (3) they learned of other benefits and services available to them through the Meals on Wheels program.

🛃 What it took to do this

- 18,768 Completed service units (1 hour of service delivering Meals on Wheels to Homebound Seniors)
 - 226 National Service participants involved in this effort
 - 477 Number of citizens who were affected (beneficiaries)
- \$2.07 Program cost per unit of service due to National Service volunteer effort
- \$10.10 Comparable commercial or market unit cost without volunteers

A Major partners in the work: Southern Maine Agency on Aging Health Aging & Nutrition Program

Third Accomplishment: 77 clients reaped one or more of the following benefits through the Money Minders Program: (1) retaining their financial independence, (2) avoiding being a victim of fraud, (3) being able to remain in the living situation of their choice, or (4) connection to others.

🛃 What it took to do this

- 431 Completed service units (1 hour of service helping seniors manage everyday finances through the Money Minders Program)
- 77 National Service participants involved in this effort
- 38 Number of citizens who were affected (beneficiaries)
- \$2.07 Program cost per unit of service due to National Service volunteer effort
- \$50.00 Comparable commercial or market unit cost without volunteers

Major partners in the work: Southern Maine Agency on Aging Money Minders Program, Social Security Administration, Legal Services for the Elderly, Department of Health and Human Services and area banks.

FOR MORE INFORMATION:

Carol S Rancourt, Southern Maine Agency on Aging 136 U.S. Route One, Scarborough 04074 crancourt@smaaa.org (207) 396-6547



GRANTEE PROFILE: RSVP UMAINE CENTER ON AGING

BACKGROUND

- Area: Healthy Futures
- Service Activity Categories: Exercise/Health Education, Meal Preparation and Delivery, Companionship/ Outreach to nursing homes, adult day services, and housing authorities
- A Serving these areas of Maine: Hancock, Penobscot, Piscataquis, Washington
- Mission (purpose) of this National Service program: UMaine Center on Aging RSVP members (aged 55+) invest their skills and life experiences to make a difference for generations in Eastern Maine.
- Why National Service program is the best response: The majority of non-profit agencies, especially in rural areas, do not have volunteer coordinators on staff. If someone at an agency is handling volunteers, it is usually not his or her primary function and therefore not a priority. Those agencies have come to rely upon RSVPs for our volunteer management expertise and the ability to recruit, screen, and place motivated volunteers.

As a part of a national program, we gain insights, new techniques, and innovative ways to utilize volunteers in cost-effective, value-added ways, thus inspiring and re-invigorating seniors to meet critical community needs, as well as help agencies to expand their services.

COMMENT FROM THE COMMUNITY

Joanne Page was diagnosed in 2008 with serious osteopenia bordering on osteoporosis. Unable to tolerate the medications prescribed to her, Joanne was not sure what her options were at that point. Her physician suggested Bone Builders, a program at the Women's Health Resource Library in Milbridge. Reassured by the fact that the program was outcome-based, she supplied the necessary paperwork, including permission from her physician, and attended the very first class.

After only six months of participation, a second bone density scan revealed that Joanne had already witnessed bone density increases, significantly reducing her risk of osteoporosis. The only change made, besides increased vitamins and minerals, was her participation in the Bone Builders exercise and education classes. "Since 2008, I have seen an increase in my strength and flexibility," stated Joanne. Through her participation in Bone Builders, Joanne came to see that not only is she able to affect her physical and bone health through exercise, but that, "It is my personal responsibility".

After observing Joanne's results, her significant partner decided to join the class and was surprised at the changes he himself noticed. As a result of Bone Builders, Joanne and her partner have changed their knowledge, attitudes, and behavior to live healthier, more active lives thanks to this program offered by RSVP.

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	370	326
Total hours of service	46,500	36,400
Average hours/participant	126	112

- Status of requests for service, unmet need: Participating agencies have more volunteer requests than we can possibly fill. There is no average time to fill requests because that is dependent on many variables. We have 50+ volunteer requests pending which are filled as soon as suitable candidates are recruited.
- The role of National Service Program funds: Our agencies continually express to us that the majority of their programs either could not exist or services to clients would be greatly diminished without our volunteer support and volunteer management consulting. Most agencies do not have the time, personnel, or expertise to dedicate to volunteer recruitment. In addition, RSVP volunteers frequently leverage additional volunteers across the age span for these organizations. Also, we are engaging a segment of the population that benefits both mentally and physically from the activity and purpose which comes from civic engagement. National service funds provide the bulk of our funding for basic program operations and enable us to accomplish the core of our mission.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	\$114,628	\$91,702
State public funds	\$14,340	\$14,340
Other federal funds	\$O	\$0
Local public funds	\$O	\$0
Private donations/fundraising	\$3,050	\$600
Private grants (including United Way)	\$20,730	\$22,521
Fee-for-service revenue	\$O	\$0
In-kind materials	\$20,060	\$23,880
In-kind (pro bono) time or services	\$O	\$0
TOTAL	\$172,808	\$153,043

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 84% of participants who returned self-reporting surveys indicated an increase in muscle strength, flexibility, and balance. 81% of participants who returned surveys indicated they are leading a healthier lifestyle with increased physical activities in leisure time as a result of participating in Bone Builders.

How to do this What it took to do this

- 703 Completed units of service (Bone Builder exercise classes led by volunteer leaders for one year)
 - 25 National Service participants involved in this effort
- 127 Number of citizens who were affected (beneficiaries)
- \$10 Program cost per unit of service due to National Service volunteer effort
- \$45 Comparable commercial or market unit cost without volunteers (gym membership or an equivalent class)
- Major partners in the work: Avalon Village (Hampden), Brewer Housing Authority (Brewer), C.A. Dean Memorial Hospital (Greenville), Friends in Action Senior Center (Ellsworth), Island Community Center (Stonington), Miller Square Apts. Volunteers of America (Bangor), Parker Ridge (Blue Hill), Sunbury Village (Bangor), Women's Health Resource Library (Milbridge), and YMCA (Old Town).

Second Accomplishment: 70% of all activities at nursing homes and senior care facilities are led or assisted by RSVP volunteers. 60% of Activity Directors returning a survey report an improved quality of life for those program participants in both residential and non-residential senior care facilities.

How to be the second se

- 2,480 Completed units of service (activities led or assisted by volunteers at senior care facilities)
 - 63 National Service participants involved in this effort
 - 605 Number of citizens who were affected (beneficiaries)
- \$7.14 Program cost per activity due to National Service volunteer effort
 - \$42 Comparable commercial or market per activity by a hired activity aide

Major partners in the work: Bangor/Brewer Housing Authority, C. A. Dean Memorial Nursing Home (Greenville), Colonial Healthcare (Lincoln), Cummings Healthcare (Howland), Dexter Healthcare (Dexter), Ellen Leach Memorial Home (Brewer), Friendship Cottage (Blue Hill), Hibbard Nursing Home (Dover-Foxcroft), Katahdin Healthcare (Millinocket), Maine Veterans' Home (Bangor), My Friend's Place/Adult Day Services (Bangor), Old Town Housing Authority, Phillips-Strickland House (Bangor), Stillwater Healthcare (Bangor), and The Meadows (Old Town).



Third Accomplishment: 85% of meal recipients responding to a survey feel their health has improved, the personal contact with volunteers is important to them, and they have learned of other services for seniors by being involved with the meals program.

How to do this What it took to do this

29,000	Completed units of service (meals served or delivered to seniors by RSVP volunteers)
87	National Service participants involved in this effort
875	Number of citizens who were affected (beneficiaries)
\$0.85	Program cost per activity due to National Service volunteer effort
\$3	Comparable commercial or market per activity (based on food delivery service)

Major partners in the work: Eastern Area Agency on Aging, The Housing Foundation, and MDI Housing Authority (established sites and meal delivery routes)

FOR MORE INFORMATION:

Paula Burnett, UMaine Center on Aging RSVP 25 Texas Avenue, Bangor 04401 paula.burnett@umit.maine.edu (207) 262-7926

Foster Grandparents Share Today. Shape Tomorrow.

PROGRAM OVERVIEW

The Foster Grandparent Program (FGP), which began in 1965, provides tutors and mentors to children and youth who are disadvantaged or have disabilities.

Working one-on-one and serving between 15 and 40 hours a week, Foster Grandparents provide support in schools, hospitals, drug treatment centers, correctional institutions, and child care centers. They review schoolwork, reinforce values, teach parenting skills to young parents, and care for premature infants and children with disabilities. Foster Grandparents often maintain an ongoing, intensive relationship with the children and youth served for a year or longer.

Eligibility: Volunteers must be 55 years of age or older.

Benefits: Those who meet certain income guidelines receive a small stipend. All FGP volunteers receive accident and liability insurance and meals while on duty, reimbursement for transportation, and monthly training.



MAINE 2011 FGP STATISTICAL HIGHLIGHTS

	232	Volunteers (138 work with 10 or more children each week)
1	183,649 792	Hours served Average hours/volunteer
NA R	2,3005	Children served (590 under age 5; 1,602 were 6-12 years old)
E	896	Children with disabilities served
ALL AND	2 \$871,181 \$222,971	Number of Program Grantees Annual Federal Funding Non-Federal Support

Foster Grandparent Sites in Maine

The Opportunity Alliance FGP Community Partners: 60

Biddeford, Biddeford Primary School (2) Biddeford, St. James School (1) aint-Ge Bridgton, Stevens Brook Elementary (2) Bridgton, The Opportunity Alliance Child Development Center (1) Casco, The Opportunity Alliance Head Start (1) Cornish, Cornish Elementary (2) Gorham, Great Falls School (3) Gorham, The Opportunity Alliance Child **Development Center (1)** Gorham, Village School (1) Gray, Russell School (2) Hiram, Sacopee Valley Middle School (2) Hiram, South Hiram Elementary School(1) Kennebunk, Kennebunk Elementary (1) Naples, Lakes Region Vocational Center (1) New Gloucester, Memorial School (2) Portland, Catherine Morrill Child Development Center (2) Portland, East End Community School (7) Portland, Hall School (1) Portland, LearningWorks Summer Program (2) Portland, Longfellow School (5) Portland, Lyseth School (4) Portland, Ocean Ave School (4) Portland, PATHS Early Learning Center (1) Portland, Portland High School (1) Portland, Portland Public Schools summer multi-lingual camp (6) Portland, Presumpscott School (2) Portland, Reiche School (4) Portland, Riverton School (9) Portland, St. Brigid's School (2) Portland, St. Elizabeth's Child Development (1) Portland, The Children's Center (1) Portland, The Opportunity Alliance Deering Place Child Development (1) Portland, The Opportunity Alliance East End Children's Workshop (3) Portland, The Opportunity Alliance Kennedy Park Head Start (1) Portland, The Opportunity Alliance Sagamore Child **Development Center (1)** Portland, Youth and Family Outreach (2) Raymond, Raymond Elementary School (2)

Saco, Burns School (1)



Saco, Fairfield School (4) Saco, Saco Middle School (1) Saco, Seeds of Learning Academy Fairfield School (3) Saco, Young School (5) Sanford, Emerson School (1) Sanford, Kids Club Summer Program (2) Sanford, Margaret Chase Smith School (1) South Portland, 21 Club Summer ELL Program (2) South Portland, Brown School (3) South Portland, Jump Start summer literacy program (2) South Portland, Kaler School (2) South Portland, Maine Hunger Initiative (1) South Portland, Skillin School (1) West Baldwin, Baldwin Consolidated School (1) West Newfield, Line School (4) Westbrook, Congin School (1) Westbrook, Saccarappa Elementary School (1) Westbrook, The Opportunity Alliance Head Start (2) Windham, Manchester School (4) Windham, The Opportunity Alliance Head Start (1)

Windham, Windham Primary School (7) Windham, Windham Summer Reading Program (2)

Penquis FGP Community Partners: 63

Auburn, Park Avenue Elementary (2) Auburn, Sherwood Heights School (4) Auburn, St. Joseph CDC (1) Augusta, Gilbert School (2) Augusta, SKCDC-Webster Head Start/Child Care (1) Bangor, Bangor Public Library (1) Bangor, Penobscot Job Corps (1) Bangor, Penquis/Job Corps HS/CC (1) Bangor, Penguis/Venture Way (2) Bath, Family Focus-Bath Center (3) Bath, Family Focus-Before & After Program (1) Belfast, Waldo CAP/ Belfast Head Start (1) Belfast, Waldo County YMCA (1) Boothbay Harbor, Boothbay Regional Elementary (1) Brewer, Community School (2) Brooks, Morse Memorial School (1) Brunswick, Family-Focus Brunswick Center (2) Bucksport, Reach School (1) Camden, Pen Bay YMCA Child Care (1)

Cutler, Bayridge School (2) Dexter, Penguis/Dexter Head Start (1) Dexter, Ridge View Community School (2) Dover-Foxcroft, Sedomocha Elementary School (2) East Machias, Elm Street School (2) East Millinocket, Penguis KRCDC Head Start (1) Eddington, Eddington Elementary School (1) Ellsworth, Ellsworth Elementary (1) Guilford, Piscataquis Community Elementary (4) Hartland, Somerset Valley Middle School (1) Lewiston, Androscoggin HS/Bates St. Community Building (2) Lewiston, Androscoggin HS/River St. (1) Lewiston, Farwell Elementary (2) Lewiston, Geiger Elementary (2) Lewiston, McMahon School (2) Lewiston, Montello Elementary School Lisbon Falls, Androscoggin HS/Lisbon Head Start (1) Lubec, Lubec Preschool Learning Center (1) Machiasport, Fort O'Brien School (1) Milo, Penguis/Milo Head Start (1) Monroe, Monroe Elementary School (2) Newport, Penquis/Newport Head Start (1) Newport, Newport Elementary School (1) Nobleboro, Central Lincoln County YMCA Child Care (1) Old Town, Old Town Elementary School (1) Old Town, Penguis/Old Town Head Start (3) Orono, Sharing Place (1) Oxford, Oxford Elementary School (1) Pittsfield, Maine Central Institute (1) Pittsfield, Manson Park School (1) Pittsfield, Vickery School (2) Poland, Poland Community School (1) Rockland, Penguis/Rockland HS/CC (1) Rockport, Camden/Rockport Elementary (1) Rumford, Community Concepts- Chisholm High School (2) Searsport, Waldo CAP/ Searsport Head Start (1) Skowhegan, KVCAP/ Skowhegan Head Start (1) Thomaston, Lura Libby School (1) Topsham, Woodside Elementary (1) Unity, Waldo CAP / Unity Head Start (1) Waterville, KVCAP- Educare (2) West Gardner, Helen Thompson School (2) West Paris, Agnes Gray School (1) Winterport, Leroy Smith Elementary (1)



GRANTEE PROFILE: FOSTER GRANDPARENT PROGRAM THE OPPORTUNITY ALLIANCE

BACKGROUND

- 🛃 Focus Area: Education
- Service Activity Categories: Mentoring and tutoring children in schools, Head Start and child development centers improving school readiness and academic achievement.
- A Serving these areas of Maine: Cumberland, southern Oxford, York
- Mission (purpose) of this National Service program: Providing meaningful volunteer opportunities for adults 55 years and older to support children with special needs while providing a nontaxable stipend to those serving who are living below the poverty line.
- Why National Service program is the best response: The stipended volunteer opportunities provided by the Foster Grandparent Program meet the needs of three constituencies: older men and women living on a fixed income interested in serving their communities through volunteering; children with special needs matched with the volunteers; and, non-profit and public schools who benefit from the volunteer efforts of Foster Grandparents.

COMMENT FROM THE COMMUNITY:

"The Program has helped me to be a part of a win-win situation. The children have another caring adult to feel safe with. They show me every day that I am loved and needed."

FOSTER GRANDPARENT VOLUNTEER

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	129	152
Total hours of service	118,121	116,900
Average hours/participant	915	770

Status of requests for service, unmet need: 10 teachers are on wait list for a Foster Grandparent to volunteer in their classroom (approximately 200 students); waiting time is 3-6 months.

The role of National Service Program funds: National service program funds support opportunities which tap into the valuable resources of older men and women willing and able to serve in their local communities meeting the critical needs of children with special needs. In addition, national service program funds provide \$340,000 in direct cash benefits to volunteers who in turn spend these dollars in their local communities. 뵭 Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	\$544,777	\$510,062
State public funds	\$23,741	\$17,340
Other federal funds	\$0	\$0
Local public funds	\$70,546	\$71,709
Private donations/fundraising	\$2,860	\$7,030
Private grants (including United Way)	\$33,498	\$29,500
Fee-for-service revenue	\$0	\$0
In-kind materials	\$30,982	\$31,153
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$706,404	\$666,794

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 90% of teachers reported students significantly improved their English language skills with the support provided by Foster Grandparent; 94% of teachers reported Foster Grandparents were significant in helping all students achieve academic goals.

🛃 What it took to do this

91,498	Completed units of service (Unit description: hours volunteered)
127	National Service participants involved in this effort
1,275	Number of citizens who were effected (beneficiaries)
\$5.70 an hr	Program cost per unit of service due to National Service volunteer effort
\$16.50 an hr	Comparable commercial or market unit cost without volunteers

Major partners in the work: Public schools in Alfred, Baldwin, Biddeford, Cornish, Gorham, Gray/New Gloucester, Hiram, Kennebunk, Naples, Portland, Raymond, Saco, Sanford, Songo Locks, South Portland, Waterboro, Westbrook, West Newfield, Windham and the Corporation for National and Community Service, Cumberland County Commissioners, Greater Portland United Way, State of Maine Office of Aging and Disability Services, and United Way of York County.

Second Accomplishment: 91% of child development teachers reported Foster Grandparents' interactions with pre-school age children significantly improved their school readiness.

🛃 What it took to do this

17,821 hours	Completed units of service
15	National Service participants involved in this effort
115	Number of children who were effected
\$5.70/hr	Program cost per unit of service due to National Service volunteer effort
\$16.50/hr	Comparable commercial or market unit cost without volunteers

Major partners in the work: Bridgton Child Development, Casco Head Start, Catherine Morrill Child Development, Gorham Child Development, Portland Schools Early Learning Center at PATHS, St. Elizabeth's Child Development, The Children's Center, The Opportunity Alliance Child Development in Portland, Westbrook Pre-K, Youth and Family Outreach, Corporation for National and Community Service, Cumberland County Commissioners, Greater Portland United Way, State of Maine Office on Aging and Disability Services, and United Way of York County.

FOR MORE INFORMATION:

Susan Lavigne, The Opportunity Alliance 510 Cumberland Avenue, Portland, 04101 Susan.lavigne@opportunityalliance.org 207-553-5970



GRANTEE PROFILE: FOSTER GRANDPARENT PROGRAM PENQUIS, INC.

BACKGROUND

- Area: Education
- Service Activity Categories: Mentoring for Educational Success.
- Serving these areas of Maine: Aroostook, Androscoggin, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, and Washington
- Mission (purpose) of this National Service program: Our goal is to promote the success of at-risk children by placing them with senior volunteers, who will assist them with academic and social skills. Our secondary goal is to keep senior volunteers active in their communities in turn improving their health and their ability to continue to live independently in their own homes.
- Why National Service program is the best response: National Service is the best response because a strong structured program is needed to seek out and recruit volunteers to work with at-risk populations. The National Service provides strict guidelines that we follow to insure that our volunteers are trained and qualified to volunteer at their assigned station.

COMMENT FROM THE COMMUNITY

"Foster Grandparents serve a very important role in our school. The individualized attention that Grammies provide to our students has had a positive impact on school climate and student behavior in our classrooms."

Julie Orten, Principal at Piscataquis Community Elementary

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	93	80
Total hours of service	79,276	66,749
Average hours/participant	852	834

Status of requests for service, unmet need: We have stations calling every week looking for volunteers or additional volunteers; our problem is finding the volunteers to fill these slots. Without federal funds to recruit and market the program, we have to rely on word of mouth from the existing volunteers or buy "volunteer wanted" ads, sent out by the stations with their monthly newsletters. It usually takes about a month to process a new volunteer, as background checks and an orientation process is required before placement. The role of National Service Program funds: The role of National Service Program funds is vital, because the Foster Grandparent Program pays a stipend to the low income seniors for volunteering. It would be impossible to raise the amount of revenue needed without their support.

🖂 Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$361,119	\$361,119
State public funds		\$14,340	\$14,340
Other federal funds		\$0	\$0
Local public funds		\$7,000	\$7,000
Private donations/fundraising		\$3,889	\$7,605
Private grants (including United Way)		\$4,000	\$4,294
Fee-for-service revenue		\$0	\$0
In-kind materials		\$33,000	\$28,10
In-kind (pro bono) time or services		\$0	\$0
	TOTAL	\$423,348	\$427,358

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 88% of teachers reported student improvement as a direct result of students working with Foster Grandparents. On a scale of 1-5, with 5 being the most improvement, they rated the following subject areas: improved academic skill 3.67; improvement in relationships with peers and adults 3.91; and improved self-esteem 3.91.

How to do this What it took to do this

46,925	Completed units of service (hours volunteered)
58	National Service participants involved in this effort
464	Number of citizens who were affected (beneficiaries)
\$5.17	Program cost per unit of service due to National Service volunteer effort
\$16.50	Comparable commercial or market unit cost without volunteers

Major partners in the work: 35 schools in our 14 county area partnered with us to allow Foster Grandparagents to become a part of the school program and assist the children that needed extra help.



Second Accomplishment: 93% of Head Start Teachers report the following improvement in students as a result of Foster Grandparents working with those students. On a scale of 1-5 with 5 being most improved, they reported the following successes: improved academics 3.9; improved Social Skills 4.13; and improved emotional abilities 4.0.

🛃 What it took to do this

19,544	Completed units of service (hours vo	lunteered)
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- 27 National Service participants involved in this effort
- 162 Number of citizens who were affected (beneficiaries)
- \$5.17 Program cost per unit of service due to National Service volunteer effort
- \$16.50 Comparable commercial or market unit cost without volunteers

Major partners in the work: 20 schools in our 14 county area partnered with us to allow Foster Grandparents to become a part of the school program and assist children that needed extra help.

Third Accomplishment: 63% of the teachers in the English as a Second Language program reported improvement in the children's language by working with a Foster Grandparent. On a scale of 1-5 with 5 being the most improved, they showed the following results: improved English skills 3.33 and improved classroom participation 3.33.

🛃 What it took to do this

8,583	Completed units of service (number of hours volunteered)
8	National Service participants involved in this effort
28	Number of citizens who were effected (beneficiaries)
\$5.17	Program cost per unit of service due to National Service volunteer effort
\$16.50	Comparable commercial or market unit cost without volunteers

Major partners in the work: 4 schools partnered with us to allow Foster Grandparents to become a part of the school program and assist the children that needed extra help.

FOR MORE INFORMAITON:

Roberta Teeto, Penquis, Inc. 262 Harlow Street, Bangor, ME 04401 rteeto@penquis.org 207-973-3624
Senior Companions Make Independence a Reality

PROGRAM OVERVIEW

The Senior Companion Program (SCP), which began in 1974, helps frail seniors and other adults maintain independence primarily in the clients' own homes.

Senior Companions serve between 15 and 40 hours a week and typically serve between two and four clients.

They assist with daily living tasks, such as grocery shopping and bill paying; provide friendship and companionship; alert doctors and family members to potential problems; and provide respite to family caregivers.

Eligibility: Volunteers must be 55 years of age or older.

Benefits: Those who meet certain income guidelines receive a small stipend.

All SCP volunteers receive accident and liability insurance, meals while on duty, reimbursement for transportation, and monthly training.



MAINE 2011 SCP HIGHLIGHTS

163	Volunteers (29 assisting 6 or more clients each week)
103,228	Hours Served
633	Average Hours/Volunteer
778	Clients served:
	 320 were over the age of 85
	 248 had chronic care disabilities
70	 127 had Alzheimers disease
76	Caregivers given respite
2	Number of Grantees
\$462,809	Annual Federal CNCS Funding
\$261,647	Non-Federal Support

SENIOR COMPANION SITES IN MAINE

University of Maine Cooperative Extension Senior Companions Community Partners: 23

(#) indicates the number of Senior Companions at partner site

Auburn, Catholic Charities Maine S.E.A.R.C.H. (4) Auburn, Clover Health Care (5) Augusta, Chateau Cushnoc/John Marvin Manor (3) Baileyville, Town of Baileyville (3) Brewer, Brewer Housing Authority (2) Bucksport, Bucksport Community Concerns (3) Cherryfield, Maine Sea Coast Mission (8) Eastport, Eastport Health Care Inc. (3) Houlton, Aroostook County Extension (6) Lewiston, Senior Plus- Franklin (4) Machias, Washington County Extension Association (11) Madison, Christ the King Parish – St. Sebastian/St. Peter (3) North Anson, First Congregational Church (4) Old Town, Parish of the Resurrection of the Lord (3) Orono, SCP State Office (8) Oxford, Seniors Plus (2) Pittsfield, Pittsfield Community Home (7) Presque Isle, Aroostook Area Agency on Aging (5) Skowhegan, Christ the King Parish (1)-Notre Dame Delourdes Church Skowhegan, Somerset County Extension (3) South Paris, Oxford County Extension (7) St Albans, Skills Inc. (3) Waterville, Seton Village (4)



Opportunity Alliance Senior Companions Community Partners: 53

#) indicates the number of Senior Companions at partner site

Alfred, York County Community (1) Baldwin, The Opportunity Alliance (1) Bar Mills, The Opportunity Alliance (1) Brunswick, Brunswick Area Respite Care (1) Brunswick, The Opportunity Alliance (1) Buxton, The Opportunity Alliance (1) Cape Elizabeth, The Opportunity Alliance (1) Casco, The Opportunity Alliance (1) Cumberland Center, The Opportunity Alliance (1) Eliot, York Hospital (1) Falmouth, The Opportunity Alliance (1) Gorham, AVESTA (1) Gorham, Gorham House (5) Gorham, The Opportunity Alliance (1) Gray, The Opportunity Alliance (2) Hollis, The Opportunity Alliance (1) Kittery, Durgin Pines Rehabilitation Center (1) Kittery, The Opportunity Alliance (1) Kittery, York Hospital (1) Kittery Point, York Hospital (1)

Lyman, The Opportunity Alliance (1) Naples, The Opportunity Alliance (1) New Gloucester, The Opportunity Alliance (1) Old Orchard Beach, The Opportunity Alliance (1) Peaks Island, The Opportunity Alliance (1) Portland, Barron Center (4) Portland, Community Counseling Center (2) Portland, Jewish Family Services (1) Portland, Portland Housing Authority (1) Portland, Southern Maine Agency on Aging (1) Portland, The Opportunity Alliance (7) Raymond, AVESTA (2) Raymond, The Opportunity Alliance (1) Saco, AVESTA (1) Saco, The Opportunity Alliance (1) Saco, Truslow Center (2) Sanford, The Opportunity Alliance (1) Sanford, York County Community (1) Scarborough, Southern Maine Agency on Aging (2) Scarborough, The Opportunity Alliance (1) South Portland, South Portland Housing Authority (1) South Portland, Southern Maine Agency on Aging (2) South Portland, The Opportunity Alliance (7) Standish, The Opportunity Alliance (1) Steep Falls, The Opportunity Alliance (1) Waterboro, The Opportunity Alliance (1) Wells, The Opportunity Alliance (1) Westbrook, Community Counseling Center (1) Westbrook, The Opportunity Alliance (2) Windham, AVESTA (2) Windham, Southern Maine Agency on Aging (1) Windham, The Opportunity Alliance (2) York, York Hospital (1)



GRANTEE PROFILE: SENIOR COMPANION PROGRAM UNIVERSITY OF MAINE COOPERATIVE EXTENSION

BACKGROUND

- Focus Area: Healthy Futures: Improve quality of life for older Americans
- Service Activity Categories: friendly visitor providing companionship to home bound elderly; assist with routine housework activities, including meal preparation
- Serving Seniors in these areas of Maine: Aroostook, Androscoggin, Franklin, Hancock, Kennebec, Oxford, Penobscot, Piscataquis, Somerset, Waldo, Washington counties. (Our current grant allows us to serve in Knox, Lincoln and Sagadahoc Counties as well; however, we do not have the financial resources to do so.)
- Mission (purpose) of this National Service program: The mission of UMaine Extension SCP is to provide the opportunity for meaningful relationships between Senior Companions and their clients throughout Maine. Through UMaine Extension SCP, active individuals age 55 and older serve as volunteers providing companionship to homebound adults.

In order to fulfill this mission, the following goals have been defined:

1. provide cost effective alternatives to institutionalization by encouraging independence of Maine's older adults;

2. promote a high quality of life for Senior Companion volunteers and their clients;

3. provide a formal structure within which Senior Companion volunteers come together to attain a common understanding of the services they provide;

4. recognize and reward the efforts of Senior Companion volunteers;

5. help Maine seniors (both Senior Companion volunteers and their clients) improve their lives through an educational process that uses research-based knowledge focused on community issues and needs.

Why National Service program is the best response: UMaine Extension SCP provides the opportunity for all participants to remain, regain or acquire independence so they are able to age in place rather than go to long term care. UMaine Extension SCP is at no cost to clients or their families. The program provides a small stipend to low income seniors who become Senior Companion volunteers so they are able to be vital contributors to their community, i.e., contributing to the economy of their community and assisting homebound, isolated individuals to also contribute to their local economy by remaining in their own home.

COMMENT FROM THE COMMUNITY

From a Senior Companion volunteer in Washington County:

"I have been a Senior Companion for over 12 years. I have met so many wonderful clients. I recently had a client that was 6 months younger than me. She had a stroke about 8 years ago. She was able to talk but all she did was sit and watch TV. Her husband was her caregiver and if he asked her a question she would answer with only a yes or no. She would not talk on the phone if one of her children called.

"I knew she would be a challenge but I hoped I would be able to interest her in something. I asked her

if she ever did any crafts like knitting or crocheting. She answered with a yes. Her husband told me that when she first had her stroke they had given all her hooks and knitting needles away to a friend of hers. I asked her if I brought her a crotchet hook and some yarn would she like to make something. Her answer was yes.

"The next visit I brought the yarn and hook but I also brought her a nifty knitter and showed her how to make a knit hat. She loved making the hats and she made a bright orange one for a son-in-law. She also made hats for her grand-children and some for the Agency on Aging.

"She started to show an interest in what was going on around her. She started talking to me and her family. Her children were surprised when she began talking to them on the phone.

"Her husband recently died and she moved to Ohio to be with her daughter. The day she was leaving I went to say good-by. She gave me a hug and said, 'I talk now and I use my walker' . . . something she had showed no interest in before. Her family all hugged me and thanked me for what I was able to do for their mother. Something they were not able to do themselves. I still keep in touch with her."

DATA SNAPSHOTS

A National Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	133	127
Total hours of service	97,034	78,675
Average hours/participant	730	619

Status of requests for service, unmet need: Each regional staff program coordinator keeps a waiting list of requests for service for their own region. On average there are 20+ on each waiting list and, depending on volunteers availability and geographic proximity to request, wait time may be as much as 6 months to a year.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	\$392,711	\$351,212
State public funds (DHHS OES + UMaine Extension)	\$109,453	\$118,312
Other federal funds	\$0	\$0
Local public funds (from Volunteer Stations	\$31,902	\$25,205
Private donations/fundraising (includes one-time gift of \$10,000)	\$2,323	\$19,213
Private grants (including United Way, Weinberg Grant)	\$6,393	\$13,687 💐
Fee-for-service revenue	\$0	\$0 🍶
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$542,782	\$527,629

The role of National Service Program funds: UMaine Extension SCP has conducted a survey which provided information that most of its participants would need MaineCare to pay for long term care if they were no longer able to remain in their home. Even some Senior Companion volunteers felt they were on the path to long term care before becoming a volunteer.

By assisting participants to remain in their own homes, cost savings to MaineCare is over \$4.8 million/year; a significant cost savings of federal dollars each year.

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 127 Senior Companion volunteers supported independent living for themselves and 520 clients by friendly interactive visits, transporting to doctor appts., outings or grocery shopping. 88% of clients remain living independently and 100% of Senior Companions live independently.

🛃 What it took to do this

25,865	Completed units of service (independent living contacts)
127	National Service participants involved in this effort
520	Number of citizens who were affected [clients of Senior Companion Volunteers]
\$8.03/hr	Program cost per unit of service due to National Service volunteer effort
\$16.84/hr	Comparable commercial or market unit cost without volunteers

Major partners in the work: UMaine Extension SCP staff and volunteers: staff maintained continual contact with volunteers for guidance and encouragements; volunteers maintained regular visits with clients, both personal visits and phone calls.

Second Accomplishment: 94% of our Senior Companion volunteers participated in monthly in-service training and received materials to be used for themselves and shared with their clients.

🖂 What it took to do this

- 6,096 Completed service units (education and training specific to independent living) [4hr train each month]
 - 127 National Service participants involved in this effort
- 647 Number of citizens who were affected [includes 127 SC volunteers + 520 clients]
- \$9.42/hr Program cost per unit of service due to National Service volunteer effort
- \$16.84/hr Comparable commercial or market unit cost without volunteers

Major partners in the work: Major partners include UMaine Cooperative Extension educators, community social service agencies, community educators

OR MORE INFORMATION: Wanda L. Lincoln, Director University of Maine Cooperative Extension, Senior Companion Program 5717 Corbett Hall, Rm 314, Orono 04469 wanda.lincoln@maine.edu (207) 581-3326



GRANTEE PROFILE: SENIOR COMPANION PROGRAM THE OPPORTUNITY ALLIANCE

BACKGROUND

- 🛃 Focus Area : Healthy Futures
- Service Activity Categories: Transportation for elders to medical appointments and grocery shopping, visitation for companionship and support for homebound elders, in-home respite care for caregivers.
- Serving these areas of Maine: Cumberland, York
- Mission (purpose) of this National Service program: Provide meaningful stipended volunteer opportunities for older adults willing to volunteer to meet the critical needs faced by isolated elders trying to remain living independently in their own homes.
- Why National Service program is the best response: National service taps the talents and skills of older Mainers willing to volunteer in their community. Senior Companion Program services are free, provided by older adults who are peers to many of the clients they are visiting. Senior Companions understand the concerns of their aging neighbors and can provide unhurried support and guidance during weekly, four hour visits. Critical needs addressed include respite for caregivers and transportation to medical appointments and grocery shopping.

COMMENT FROM FHE COMMUNITY:

From a family member of a client who received services:

"I am completely satisfied with the caring and companionship the Senior Companion provides to my mother. The services provided by the Senior Companion Program improve the quality of her life and gives me great comfort knowing my mother is not isolated and lonely at home".

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	43	36
Total hours of service	31,875	24,553
Average hours/participant	741	682

Status of requests for service, unmet need: 83 frail elders and their families are on a waiting list for services for home visits and transportation. The wait for these services can be 6-12 months.

The role of National Service Program funds: National service program funds support stipended volunteer opportunities provided by the Senior Companion Program which meet the needs of three constituencies: older men and women living on a fixed income who earn a nontaxable stipend and other benefits in return for serving in their communities; frail and vulnerable elders living in isolation who are visited and transported by Senior Companions; families needing respite from 24/7 caregiving for their frail elders so they can remain in the workforce. In addition, national service program funds provide \$85,000 in direct cash benefits to volunteers who in turn spend these dollars in their local communities.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$113,242	\$111,597
State public funds		\$14,340	\$14,340
Other federal funds		\$0	\$0
Local public funds		\$0	\$0
Private donations/fundraising		\$0	\$949
Private grants (including United Way)		\$59,244	\$57,121
Fee-for-service revenue		\$0	\$0
In-kind materials		\$13,814	\$12,820
In-kind (pro bono) time or services		\$0	\$0
	TOTAL	\$200,640	\$196,827

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 88% of elders reported reduced loneliness and isolation because of home visits and companionship provided by a Senior Companion.

How to do this What it took to do this

- 1,388 Completed units of service (home visits to frail elders to support independent living)
 - 28 National Service participants involved in this effort
- 178 Number of citizens who were affected (beneficiaries)
- \$8.02/hr Program cost per unit of service due to National Service volunteer effort
- \$25-50/hr Comparable commercial or market unit cost without volunteers

Major partners in the work: AVESTA Housing, Brunswick Area Respite Care Inc, Community Counseling Center, Corporation for National and Community Service, Durgin Pines, Gorham House, Greater Portland United Way, Jewish Family Services, Portland Housing Authority, Portland Office of Elder Affairs and Barron Center, South Portland Housing Authority, Southern Maine Agency on Aging, State of Maine Office of Aging and Disability (formerly Office of Elderly Services), Truslow Center, United Way York County.



Second Accomplishment: 82% of elders reported increased ability to remain living independently with transportation provided by the Senior Companions.

🛃 What it took to do this

1,133	Completed units of service (Assisted transportation provided to frail elders for medical appointments, grocery shopping, and essential errands)
26	National Service participants involved in this effort
121	Number of citizens who were affected (beneficiaries)
\$8.02/ hr	Program cost per unit of service due to National Service volunteer effort
\$25-50/ hr	Comparable commercial or market unit cost without volunteers

Major partners in the work: AVESTA Housing, Brunswick Area Respite Care Inc., Community Counseling Center, Corporation for National and Community Service, Durgin Pines, Gorham House, Greater Portland United Way, Jewish Family Services, Portland Housing Authority, Portland Office of Elder Affairs and Barron Center, South Portland Housing Authority, Southern Maine Agency on Aging, State of Maine Office of Aging and Disability (formerly Office of Elderly Services), Truslow Center, United Way York County.

FOR MORE INFORMATION:

Susan Lavigne, Opportunity Alliance 510 Cumberland Avenue, Portland 04101 Susan.lavigne@opportunityalliance.org (207) 773-0202



PROGRAM OVERVIEW

AmeriCorps provides opportunities for Americans to give intensive service to their communities and country through three programs:

- AmeriCorps State and National grants made for 3 year periods award member positions and funds to support the member during service;
- AmeriCorps*VISTA projects authorized for 3-5 years, award consists of authorized positions; and
- AmeriCorps NCCC (National Civilian Community Corps) - operated by the federal agency directly, responds to natural disasters, does 6-8 week community projects when help for emergency response and recovery is not needed.

AmeriCorps members undertake service activities that provide a direct and measureable benefit to communities and residents. Since 2005, they also have stepped up their role in recruiting, training, and managing community volunteers.

AmeriCorps members can serve a full year, some serve a summer or fall season, and others just a few hours a week.

Eligibility: At least age 17, out of high school, US citizen, national, or lawful permanent resident aliens.

Benefits: Upon successful completion of service, members earn a Segal Education Award that can be used to pay for post-secondary education or repay qualified student loans.

Members with student loans can apply for forebearance and the interest accrued during service will be paid by the National Trust.

AmeriCorps Members who are age 55 at the start of service can transfer their education award to a child, grandchild, or foster child.

AmeriCorps Members who serve 40⁺ hours/week receive a living allowance, health coverage, and child care assistance.

MAINE 2012 AmeriCorps Highlights

- 341 AmeriCorps Members serving under 12 program sponsors
- 35 AmeriCorps*VISTAs serving through 2 projects
- 300-1,700 Hours served by each AC Member
- 169 Community host site organizations
- 7,715 Community volunteers recruited

MAINE AMERICORPS*STATE/NATIONAL SITES

Community Resource Corps AmeriCorps Host Sites: 30

(#) indicates the number of Members at partner site; [This program completed its 3 year grant in Sept. 2012]

Bath , Bath United Church of Christ (1) Belfast , Goodwill Youth Services (1) Belfast , The Game Loft (4) Brewer , Food AND Medicine (1) Lincoln , KidCare America (3) Lincolnville , Tanglewood 4H Camp (4) Machias , Beehive Design Collective (2) Machias , Washington County Food and Fuel (1) New Gloucester, *The Community School (2) Ocean Park, The Pines (1) Portland, WinterKids (2)



Portland, Casco Bay High School (2) Portland, Catholic Charities Maine (1) Portland, Cultivating Community (5) Portland, Goodwill Guides (1) Portland . Goodwill Industries of Northern New England (2) Portland, LearningWorks (1) Portland, Maine State Library (2) Portland, Multilingual and Multicultural Center (2) Portland, Navigating the Real World (3) Portland, Portland Housing Authority (7) Portland, The Compass Project (1) Portland, Wayside Community Meals (1) Portland, Wayside Food Rescue (1) Rockland, Broadreach Family & Community Services (1) Rockland, Methodist Conference Home (1) Rumford, Rumford Group Homes (1) Tenants Harbor, Blueberry Cove (10) Waterville, Hardy Girls Healthy Women (1) Westbrook, Saccarappa Elementary School (3)

Emergency Response Corps AmeriCorps Host Sites: 12 (#) indicates the number of volunteers at partner site; [This program completed its 3 year grant in Sept. 2012]

Camden, LifeFlight, (2) Falmouth, Falmouth Fire Department (3) Farmington, NorthStar EMS (1) * Hermon, Hermon Fire Department (1) * Islesford, Town of Islesford (1) Kennebunk, Kennebunk Fire Department (2) Lewiston, Tri-County EMS (1) Portland, American Red Cross Southern Maine (2) Strong, Strong Fire Department (1) * Tenants Harbor, St George Fire & Ambulance Assoc. (2) Wilton, Wilton Fire Department (1) Winslow, Atlantic Partners EMS (1)

FoodCorps AmeriCorps Service Locations: 10 counties

Cumberland County, Cultivating Community with schools in Portland Kennebec County, Healthy Communities of the Capital Area (with schools in Gardiner and Augusta) Androscoggin and Sagadahoc Counties, St. Mary's Nutrition Center with schools in Lewiston, Auburn and Bowdoinham Oxford County, Healthy Oxford Hills with schools in Oxford Hills School District Washington County, One Community in partnership with Healthy Acadia with schools in Washington County York County, Rippling Waters Organic Farm with schools in York and Cumberland counties Penobscot and Piscataguis Counties, University of Maine Cooperative Extension with schools in both counties Waldo County, Regional School Unit #3, Walker School, Liberty Knox and Lincoln Counties, University of Maine Cooperative Extension with schools in both counties Somerset County, University of Maine Cooperative Extension in partnership with Greater Somerset Public Health Collaborative

Great Strides Rural Education Corps AmeriCorps Host Sites: 18 (#) indicates the number of Members at partner site; *indicates completed sites

Belfast, Belfast Community Outreach Program in Education, (1) Bethel, Telstar High School, (1) Camden, Camden Hills Regional High School, (2) *Camden*, The Community School, (1) *Cherryfield*, Maine Seacoast Mission, (1) *Farmington, Upward Bound (20) *Fort Fairfield*, Fort Fairfield Schools, (1) Greenville, Greenville Schools, (1) Harrington, Narraguagus High School, (1) Hartland, Hartland Consolidated Schools, (1) Hinkley, Maine Academy of Natural Sciences, (3) Raymond, Jordan Small Middle School, (1) Lebanon, Lebanon Schools, (1) Searsport, Searsport Middle and High School, (1) Skowhegan, Skowhegan High School, (1) *Sullivan*, Sumner Memorial High School, (1) *Tenants Harbor, Blueberry Cove (9) Thomaston, Trekkers, (2)

Island Institute AmeriCorps Fellows AmeriCorps Host Sites: 20

(#) indicates the number of Members at partner site

Brunswick, Midcoast Fishermens Association (1) Chebeaque Island, Chebeaque Island Recreation Center, (1) Chebeague Island, Cheabeague Island Civic Association (1) Deer Isle, Deer Isle-Stonington Elementary School, (1) Deer Isle, Deer Isle-Stonington Historical Society (1) Isle Au Haut, Town of Isle au Haut, (1) *Islesboro*, Islesboro Central School, (1) Isle au Haut, Island Community Development Corp., (1) *Islesboro*, Town of Islesboro, (1) North Haven, North Haven Historical Society (1) *Port Clyde*, Herring Gut Learning Center, (1) Portland, Coastal Enterprises, Inc. (1) Stonington, Penobscot East Resource Center, (1) *Swan's Island*, Historical Society, (1) Swan's Island, Swan's Island Library (1) Swan's Island, Town of Swan's Island, (1) *Rockland*, Island Institute (1) *Vinalhaven*, Chamber of Commerce, (1) *Vinalhaven*, Vinalhaven School (1) Vinalhaven, Town of Vinalhaven, (1)

Maine Conservation Corps AmeriCorps Host Sites: 19

Augusta, Dept. of Environmental Protection **Biological Monitoring** Augusta, Maine Energy Education Program Augusta, ME Center for Disease Control Drinking Water Program Augusta, BPL – Dept. of Justice Belgrade, Belgrade Regional Conservational Projects Camden, Merryspring Nature Center Damariscotta, Pemaquid Watershed *Hinckley*, Maine Academy of Natural Sciences Portland, Dept. of Environmental Protection Portland, Portland Trails Portland, Maine Partners for Cool Communities *Pownal*, Bradbury/Mackworth State Park Rockland, Georges River Land Trust Saco Ferry, Beach Nature Center Salisbury Cove, Mt. Desert Island Biological Laboratory Sanford, Waban Projects Wells, Rachel Carson National Wildlife Refuge West Boothbay, Maine State Aquarium West Boothbay, Department of Marine Resources

Multi Lingual Leadership Corps AmeriCorps Host Sites: 14 *indicates completed site

Lewiston, Lewiston Housing Authority Lewiston, Lewiston School District Lewiston, The Caleb Group Lewiston, Tree Street Youth Portland, Avesta Housing Portland, Big Brothers Big Sisters of Southern Maine Portland, Catholic Charities of Maine Portland, *Goodwill Industries of Northern New England Portland, Multilingual and Multicultural Center Portland, New American Sustainable Agriculture Program *Portland*, Portland Housing Authority Portland, Portland Public Library Portland, The Telling Room Westbrook, Westbrook School District

> Real School AmeriCorps Host Sites: 1 [All Members serve at one location]

Mackworth Island, Falmouth, Real School (14)

Penobscot Community Health Corps AmeriCorps Host Sites: 4 [Maryland AmeriCorps program with Maine sites]

Bangor, Eastern Maine AIDS Network Bangor, Family Medicine - Penobscot Community Health Center Brewer, Brewer Medical Center Waterville, HealthReach



Bar Harbor, Acadia National Park Baring Plantation, Moosehorn National Wildlife Refuge East Orland, Craig Brook National Fish Hatchery Garland, Maine Appalachian Trail Club Wells, Rachel Carson National Wildlife Refuge



GRANTEE PROFILE: AMERICORPS*STATE COMMUNITY RESOURCE CORPS GOODWILL INDUSTRIES OF NORTHERN NEW ENGLAND

BACKGROUND

- Area: Community Development
- 🛃 Grant Status: Completed 3-year grant in September 2012. Closed down.
- Service Activity Categories: Community-Based Volunteer Programs
- Serving these areas of Maine: Aroostook, Hancock, Oxford, Lincoln, Androscoggin, Kennebec, Penobscot, Waldo, Cumberland, Knox, York, Washington
- Mission (purpose) of this National Service program: The intent of the Community Resource Corps (CRC) AmeriCorps program is to implement and improve the use of volunteer management best practices at nonprofit and public agencies, municipalities, and schools throughout Maine, while helping agencies operate or expand valuable community programs.
- Why National Service program is the best response: When volunteer management resources were scarce the CRC was a solution proposed to increase community response to identified needs. As they increase volunteer management for nonprofits of all sizes -- rural and urban -- AmeriCorps members collaborate across program lines increasing the ability of communities statewide to take action.

COMMENT FROM THE COMMUNITY:

In the Community Resource Corps, it is not only the beneficiaries of service that are being impacted, it's also the volunteers who are serving in the member's programming.

One example comes from one of the CRC sites, KidCare America. A student participating in KidCare's after school program was having a particularly rough transition into the school year and his struggles were carrying over into his participation in the after school program. KidCare staff tried many strategies to support him, however, one of the real keys to helping him adjust was the support received by a local volunteer serving with the program. This volunteer was a high school student who took the time to really bond with him. She has since remarked that working with him as been a life-changing experience for her.

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	75	68
Total hours of service	56,087	54,072
Average hours/participant	748	795
Note: Average of hours reflects the fact this program has a significant number of part-time Members		

Scommunity volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	3,166	842
Total hours of service	34,031	24,570
Average hours/volunteer	11	29

Status of requests for service, unmet need: The Community Resource Corps has an average request of 20% greater need than the program can fund.

The role of National Service Program funds: Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds it is possible to increase impact on community needs. Commitment of federal dollars leverages local support and establishes accountability that might not otherwise be required by other funding sources.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

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National Service Funds*	\$396,078	\$314,087
State public funds	\$O	\$0
Other federal funds	\$O	\$0
Local public funds	\$O	\$0
Private donations/fundraising	\$192,859	\$209,624
Private grants (including United Way)	\$O	\$0
Fee-for-service revenue	\$O	\$0
In-kind materials	\$O	\$0
In-kind (pro bono) time or services	\$292,402	\$319,197
TOTAL	\$881,339	\$842,908

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MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Sixteen CRC Host Sites increased use of volunteer management essential practices by 20% over the course of the member terms.

🛃 What it took to do this

- 16 Completed units of service (Training and Resources on Volunteer Essential Practices)
- 22 National Service participants involved in this effort
- 842 Number of citizens who were affected (beneficiaries)
- \$50 Program cost per unit of service due to National Service volunteer effort
- \$715 Comparable commercial or market unit cost without volunteers

Major partners in the work: Bath United Church of Christ, Beehive Design Collective, Blueberry Cove, Broadreach Family & Community Services, Casco Bay High School, Catholic Charities Maine, Cultivating Community, Food AND Medicine, Hardy Girls Healthy Women, KidCare America, LearningWorks, Maine State Library, Methodist Conference Home, Multilingual and Multicultural Center, Navigating the Real World, Portland Housing Authority, Rumford Group Homes, Saccarappa Elementary School, Tanglewood 4H Camp, The Community School, The Compass Project, The Game Loft, The Pines, Washington County Food and Fuel, Wayside Community Meals, Wayside Food Rescue, WinterKids, ABS Consulting

Second Accomplishment: 68 AmeriCorps Members recruited 842 volunteers who contributed 24,570 hours of service to 16 nonprofit organizations. These members provided volunteer management, training, recruitment, and retention strategies to the nonprofit agencies.

🛃 What it took to do this

Completed units of service (Hours of volunteer management)
National Service participants involved in this effort
Number of citizens who were affected (beneficiaries)
Program cost per unit of service due to National Service volunteer effort
Comparable commercial or market unit cost without volunteers

Major partners in the work: Host site partners and ABS Consulting.

Third Accomplishment: 68 AmeriCorps Members were provided training throughout their Ameri-Corps term, increasing skills, knowledge, and abilities for their service assignment and service leadership.

How to do this What it took to do this

- 192 Completed units of service (hours of training)
- 68 National Service participants involved in this effort
- 68 Number of citizens who were affected (beneficiaries)
- \$573 Program cost per unit of service due to National Service volunteer effort
- \$646 Comparable commercial or market unit cost without volunteers
- Major partners in the work: ABS Consulting, Volunteer Administrators of Midcoast Maine, Tanglewood 4H Camp, Ideactive Solutions, Bath United Church of Christ, Thomas College, Mano en Mano, The Community School, Maine Commission for Community Service, Wolfe Neck State Park, Recompense Campground, and United Way of Greater Portland.

For More Information:

Joely Ross, Goodwill Industries of Northern New England 185 Lancaster Street, Portland, 04101 joely.ross@goodwillnne.org 207-370-3936



BACKGROUND

- A Primary Focus Area : Public Safety, Disaster Response/Preparedness/Recovery/Mitigation
- 🛃 Grant Status: Completed 3-year grant in September 2012. Closed down.
- Service Activity Categories: Safety/Fire Prevention/Accident Prevention, Disaster Preparedness
- 🛃 Serving these areas of Maine: Cumberland, Hancock, Knox, Penobscot, Franklin, York
- Mission (purpose) of this National Service program: The Emergency Response Corps assists community emergency response agencies in working to create or enhance effective volunteer recruitment and retention systems for emergency services that depend on volunteer response. ERC Members help communities prepare to respond to emergencies, while responding to emergencies themselves.
- Why National Service program is the best response: In rural areas there is a heavy reliance on volunteer emergency services, yet the number of actual volunteers is not sufficient, particularly during the period from 6 a.m. to 6 p.m. when most residents are at work. Unfortunately, almost two thirds of all emergency calls come in during this same time frame. By providing full-time AmeriCorps members, there is demonstrated success in reducing response times and increasing capacity of local fire and ambulance services to respond.

COMMENT FROM THE COMMUNITY

One of the greatest impact this program has had in numerous Maine communities, was the training and development of volunteers in the Emergency Response field who want to give back to the community. Members have received EMT, fire, and response certifications, accrued necessary response hours to maintain licenses, and have developed a critical community network around preparedness and response.

Kate Hewlett, having served two years at St. George Fire and Ambulance Association, was able to transition into the Emergency Response field. Kate is in her 50s and retired from a career in real estate.

When offered the opportunity to become an AmeriCorps member, she 'answered the call' to start a new life as an EMT. She went back to school to get her certification. She loved her two years in AmeriCorps where she participated in valuable experiences.

As a result of her service, she is still on the roster as an EMT and is an active volunteer in her community. Her service became the vehicle that allowed her to maintain her license.

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	26	24
Total hours of service	31,125	20,622
Average hours/participant	1,313	859

Note: Average of hours reflects the fact this program has a significant number of part-time Members

A Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	319	151
Total hours of service	Data Not Required	Data Not Required
Average hours/volunteer	Data Not Required	Data Not Required

Status of requests for service, unmet need: There were no requests for service that could not be filled.

The role of National Service Program funds: Fire and emergency medical response organizations are struggling to fill their volunteer rosters, stay current with training those volunteers, and are lacking available responders during crucial hours of any given day. They can no longer survive on limited funds supplied through their communities. Because community funds are increasingly insufficient to support the needs of local emergency services, federal funds are desperately needed to assure the future of rural emergency response.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$260,000	\$146,000
State public funds		\$ 0	\$0
Other federal funds		\$O	\$0
Local public funds		\$127,230	\$39,200
Private donations/fundraising		\$O	\$49,000
Private grants (including United Way)		\$O	\$0
Fee-for-service revenue		\$ 0	\$0
In-kind materials		\$O	\$0
In-kind (pro bono) time or services		\$192,001	\$78,200
A MARINA	TOTAL	\$579,231	\$312,400

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MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: ERC members conducted 120 public safety presentations (averaging 4 hours per presentation) in communities. Presentation topics included Infant Car Seat Installation and Safety, Medication Safety, First Responder courses, Pandemic Flu Preparation for local businesses, American Heart Association CPR and First Aid classes, Chimney Fire Prevention, Home Safety classes for the elderly and children, Fire Extinguisher Use and Safety, Creating a Family Emergency Plan, 9-1-1 Use and Awareness, nutrition training, Carbon Monoxide Emergency Prevention, Pet Fire Safety, "Slips, Trips and Falls Prevention" for elderly, Fire Safety courses such as Risk Watch.

What it took to do this

120 Completed units of service (4 nour public safety presentations	120	Completed units of service	4 hour public safety p	presentations)
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- 24 National Service participants involved in this effort
- 3,825 Number of citizens who were affected (beneficiaries)
- \$102.64 Program cost per unit of service due to National Service volunteer effort
- \$450.00 Comparable commercial or market unit cost without volunteers
- Major partners in the work: ERC AmeriCorps members worked with their host sites and community partners to identify needs for public safety outreach presentations, then worked to prepare and present these topics in schools, clubs, and other community organizations.

FOR MORE INFORMATIO:

Joely Ross, Goodwill Industries of Northern New England PO Box 8600, Portland, 04101 Joely.Ross@goodwillnne.org 207-370-3936



GRANTEE PROFILE: AMERICORPS*STATE/NATIONAL FOODCORPS

BACKGROUND

- Area: Health/Wellness
- A Service Activity Categories: Student Engagement, Food Security, Health Education
- Serving these areas of Maine: Schools in Androscoggin, Cumberland, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York Counties
- Mission (purpose) of this National Service program: Through the hands and minds of emerging leaders, FoodCorps strives to give all youth an enduring relationship with healthy food. FoodCorps, in partnership with UMaine Cooperative Extension, placed 10 service members in thirteen of our sixteen counties to support school garden and Farm to School programs in this second year. FoodCorps members are working with their service sites to address food insecurity and childhood obesity through providing garden-based nutrition education to students, building and tending school gardens, and helping school food service staff connect with local food sources. FoodCorps members are using UMaine Extension resources (4-H youth development, Eat Well nutrition education, Master Gardener Volunteer programs) to support their work and are also collaborating with representatives of Maine's Farm to School Network, Maine Agriculture in the Classroom and Maine School Garden Network to strengthen food systems programing throughout Maine.
- Why National Service program is the best response: Childhood obesity and food insecurity are significant health issues in Maine and need to be addressed through a collaborative, well integrated approach. Many hands are needed to engage students in growing, cooking and eating healthy food. FoodCorps service members are teaching students skills that will help them eat healthier throughout their lives.

COMMENT FROM THE COMMUNITY

"This week included my favorite day so far as a FoodCorps Service Member. I organized a field trip with the Good Tern Co-op in Rockland for the Oceanside East High School "Growing" program. This is a small group of at-risk youth, only two of whom had ever been to the co-op before.

The field trip was the first step in a partnership I forged between the class and the co-op, where the class is going to create weekly lessons for the Fresh Fruit & Vegetable program (serving 884 kids in RSU 13 elementary and middle schools) in exchange for \$40 worth of credit at the co-op for a weekly nutrition and cooking session.

The field trip commenced with a 10-minute walk from the school to the co-op, where we met with Teisha Jones, the education and outreach coordinator. She gave us a breakfast of local fruit, healthy muffins, and orange juice followed by a discussion of cooperatives and healthy eating and a tour of the co-op.

Each student got a reusable container and we bought some basic ingredients to stock our kitchen using a list generated by the youth. Each student (as well as the teacher and I) were responsible for getting the tare weight of their reusable container and recording the proper price per pound of the bulk ingredient they were purchasing. We had the cashier do a subtotal of the bulk ingredients but gave each student the opportunity to guess what the total would be. Guesses for the seven items ranged from \$28 through \$50, and when the total ended up being only \$22, we were all surprised.

Teisha gave us each a membership card to the co-op. This gift allows each purchase that we all made to have a 15% discount and better yet, a sense of inclusion in the co-op community. Three students left with job applications. On the walk back, the youth were coming up with awesome ideas for food-based activities to do throughout the winter.

Finally, when we got back to the school, we taught the youth how to harvest kale from the school garden and we made a kale salad with the local produce purchased at the co-op, and a simple vinaigrette made with the bulk ingredients we purchased. Not only was kale salad new for the youth, but even making their own salad dressing was a first for all five of them. One of the students asked us why there isn't a class where they cook all the time, mentioning that perhaps if she had access to a cooking class, she wouldn't have dropped out of school when she did and maybe she would be a senior instead of a sophomore. We told her that she was in that class, and a huge smile appeared on her face."

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	6	10
Total hours of service	4,605	13,384
Average hours/participant	768	1,338

Scommunity volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

FFY 2011	FFY 2012
41	168
197	1800
4.8	11
	41 197

Status of requests for service, unmet need: As FoodCorps becomes more widely known, requests have come from towns and counties that do not currently have a service member. Requests were submitted from teachers and other school staff, community organizations, interested volunteers, parents, community members and potential applicants for FoodCorps positions. We hope to continue to expand to meet unmet needs in future years.

The role of National Service Program funds: The rising cost of health care in this country affects everyone. With 1 in 3 children now considered obese and with a generation of young people predicted to live shorter lives than their parents due to obesity, the use of federal dollars for the FoodCorps program is a wise investment in the health of our children, our economy and our country's future.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$34,375	\$130,000
State public funds		\$0	\$0
Other federal funds		\$0	\$0
Local public funds		\$18,000	\$50,000
Private donations/fundraising		\$4,583	\$35,000
Private grants (including United Way)		\$8,000	\$12,000
Fee-for-service revenue		\$ O	\$ O
In-kind materials		\$11,458	\$19,094
In-kind (pro bono) time or services		\$53,167	\$88,611
	TOTAL	\$127,583	\$334,705

MAJOR ACCOMPLISHMENTS THIS YEAR

First accomplishment: 6,124 students were engaged in building and tending school gardens and lessons related to garden-based curriculum. Garden produce was donated to schools, summer feeding programs, food banks and donated to families experiencing food insecurity. These students also engaged in preparing and tasting healthy snacks and meals using Maine produce and learning about making healthy food choices.

🛃 What it took to do this

4,420	Completed units of service (hours of teaching related to school gardens)
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- 3,419 Completed units of service (hours of nutrition education)
 - 10 National Service participants involved in this effort
- 6,124 Number of students who were affected (beneficiaries)
- \$11.12 Program cost per unit of service due to National Service volunteer effort
- \$23.48 Comparable unit cost for hour taught by salaried teacher in Maine

Major partners in the work: Maine Agriculture in the Classroom, Maine Farm to School Network, Healthy Maine Partnerships, "Food, Land and People" curriculum, Maine School Garden Network, Maine Organic Farmers and Gardeners Association, Maine Dept of Agriculture Trades Show.

For More INFORMATION: Ellie Libby, University of Maine Cooperative Extension 377 Manktown Rd, Waldoboro, 04572 ellen.libby@maine.edu 207-832-0343 or Laura Budde, FoodCorps Fellow laura.budde@foodcorps.org www.foodcorps.org or www.facebook.com/FoodCorpsMaine



GRANTEE PROFILE: AMERICORPS* NATIONAL GREAT STRIDES RURAL EDUCATION CORPS GOODWILL INDUSTRIES OF NORTHERN NEW ENGLAND

BACKGROUND

- Area of Need : Education
- 🛃 Service Activity Categories: Mentoring for Educational Success, Student Engagement, Service-Learning
- Serving these areas of Maine: Aroostook, Cumberland, Hancock, Kennebec, Knox, Oxford, Piscataquis, Somerset, Waldo, Washington, York
- Mission (purpose) of this National Service program: Great Strides is an AmeriCorps Program serving Maine, New Hampshire, and Vermont. This program places 31 stipended and 32 Education Award Only members in rural schools in order to increase student academic engagement through: Mentoring programs and increased mentor relationships; Academic Support; Service Learning opportunities; Outreach to the community, such as connecting with businesses, other schools, resources.
- Why National Service program is the best response: The issue cannot be met by simply supplying more staffing for the schools. It involves letting students know that someone cares about their success in school. AmeriCorps members' passionate concern for the students and creative approach to meet the needs of students is one of the strongest ways to meet this need.

COMMENT FROM THE COMMUNITY

Camden Hills Regional High School hosted two AmeriCorps Members to provide academic support and mentoring support to at risk students. One student reflected on the experience in programs the AmeriCorps members coordinated:

"I loved working with Gretchen and Brystle. They have gone through the year with me in my academics, supporting me so that I could pass to graduate and when I have needed, they have been there for me emotionally...

"Room 328 (the AmeriCorps program room) has always been a safe room for me to be no matter how bad I was. They would help me through whatever was upsetting me and get me into doing my work. This experience has been wonderful for me and I very sincerely hope that students in following years will benefit from this helpful environment. I'm quite sure that my senior year would have been almost impossible without Gretchen and Brystle's support."

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	N/A; program did	51
Total hours of service	not exist	51,801
Average hours/participant		1,015
Note: Average of hours reflects the fact this pro	ogram has part-time Member	s

Scommunity volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	N/A; program did	135
Total hours of service	not exist	Data Not Tracked
Average hours/volunteer		Data Not Tracked

- Status of requests for service, unmet need: The Great Strides Rural Education Corps has an average request of 20% greater need than the program can fund.
- The role of National Service Program funds: Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds, it is possible to increase impact on community needs. Commitment of federal dollars promotes leverage of local support and establishes accountability that might not otherwise be required by other funding sources.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	N/A; program did	\$265,000
State public funds	not exist	\$0
Other federal funds		\$20,000
Local public funds		\$31,500
Private donations/fundraising		\$35,000
Private grants (including United Way)		\$20,000
Fee-for-service revenue		\$0
In-kind materials		\$0
In-kind (pro bono) time or services		\$290,000
	TOTAL	\$661,500

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 51 AmeriCorps Members provided at least 25,766 hours of services to support to 991 students over the course of 1 hour a week for at least 26 weeks. In addition, another 599 at risk students received mentoring services which did not meet the 26 week threshold.

What it took to do this

25,766	Completed units of service (Hours of services to support students)
51	National Service participants involved in this effort
991	Number of citizens who were affected (beneficiaries)
\$15.38	Program cost per unit of service due to National Service volunteer effort
\$35.00	Comparable commercial or market unit cost without volunteers

Major partners in the work: KIDS Consortium, Goodwill GoodGuides, AmeriCorps Alums, Shared Youth Vision Council, and 21st Century Schools, , Belfast Community Outreach Program, Telstar High School, Camden Hills Regional High School, The Community School, Maine Seacoast Mission, Upward Bound, Fort Fairfield Schools, Greenville Schools, Narraguagus High School, Hartland Consolidated School, Maine Academy of Natural Sciences, Jordan Small Middle School, Lebanon Schools, Searsport Middle and High School, Skowhegan High School, Sumner Memorial High School, Blueberry Cove, Trekkers.

Second Accomplishment: 51 AmeriCorps Members were provided training throughout their AmeriCorps term, increasing skills, knowledge, and abilities through their service assignment and extra-curricular service leadership.

🛃 What it took to do this

- 90 Completed units of service (Hours of training per member)
- 51 National Service participants involved in this effort
- 51 Number of citizens who were affected (beneficiaries)
- \$483 Program cost per unit of service due to National Service volunteer effort
- \$646 Comparable commercial or market unit cost without volunteers
- Major partners in the work: ABS Consulting, Volunteer Administrators of Midcoast Maine, Tanglewood 4H Camp, Thomas College, Mano en Mano, The Community School, Maine Commission for Community Service, Ideactive Solutions, Mainely Wraps, Subway, Camp Allen, Bigelow Reserve, Theresa Burns, Chip Curry, AmeriCorps Alums, and KIDS Consortium.

FOR MORE INFORMATION:

Steve Niles, Goodwill Industries of Northern New England PO Box 8600, Portland, 04101 Steve.niles@goodwillnne.org 207-370-3918



GRANTEE PROFILE: AMERICORPS*STATE ISLAND INSTITUTE AMERICORPS FELLOWS

BACKGROUND

- Area: Community Development
- Service Activity Categories: Leadership Development, Volunteer Management
- 🛃 Serving these areas of Maine: Cumberland, Hancock, Knox, Waldo
- Mission (purpose) of this National Service program: The Island Institute Fellows AmeriCorps Program provides support for Maine's island and remote coastal communities. It builds capacity by meeting community-stated needs through project-based work; increases capacity for the local management of historical, cultural, natural, economic and information resources; assists local research, planning, education and technology projects; offers professional development for Island Institute Fellows.
- Why National Service program is the best response: The Island Fellows Program has a strong reputation for providing talented recent college graduates the opportunity to live and work within island communities for 1-2 years to help build capacity around a targeted community need, whether it be by recruiting and training volunteers, bringing in resources to sustain projects, or creating the capacity for a paid staff position at the end of the service year. The Island Fellows develop strong relationships with island residents, gain their trust, and live through all the challenges of island living alongside the residents they are serving. The model creates a concrete "extra set of hands" to help communities tackle some of their most pressing needs.

The National Service program greatly enhances the program by providing a solid framework for building local volunteer management capacity and structure. It also provides opportunities for sharing best management practices and collaboration.

COMMENT FROM THE COMMUNITY:

"I would like to express my sincere appreciation for the work Alex Hodges has done at the Islesboro Central School during the past 18 months as an Island Fellow. Her contribution in working with students to enable them to use technology as a tool for their learning has been outstanding. Our students are now more proficient and confident in using computer hardware and software to demonstrate their learning. Most important is the improved quality of students' work, which is evident in their projects and presentations.

In addition, Alex's efforts to help create a new school web site provided us a framework for sharing information with parents, Islesboro residents, and the world community. The web site will serve as a venue for staff and students to demonstrate their learning and to communicate it to other interested learners. Staff and students anxiously await opportunities to post their work on the new web site.

Lastly, Alex's passion and enthusiasm stretched beyond the classroom into the ICS sports field. Alex's work has increased our students' and school's capacity to learn new things and to communicate our learning with others. As an Island Fellow, Alex has left us with her "legacy" that will continue to grow and prosper. "

- Joseph Mattos, Superintendent, Islesboro Central School

DATA SNAPSHOTS

A National Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	18	18
Total hours of service	22,310	18,273
Average hours/participant	1,239	1,015
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Note: Average of hours reflects the fact this program has part-time Members

Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	547	289
Total hours of service	11,128	6,283
Average hours/volunteer	20	22

Status of requests for service, unmet need: There is a great need for the leadership of an Island Fellow AmeriCorps member. Out of the 15 year-round communities, at least 13 would be interested in hosting a Fellow, and some islands would request multiple Island Fellows to meet several targeted community needs. Based on this assessment, there is the need to field 15 Island Fellow placements. However, the Program is only able to place 10 full-time Island Fellows each year. With the downturn in the economy, sites are having a difficult time raising the match. The Program is working with communities on ways to meet the match through donated housing offsets or joint applications with other organizations or cross-island partnerships.

The role of National Service Program funds: AmeriCorps funds provide the Island Fellows AmeriCorps Program the ability to place more Island Fellows, thereby helping communities address urgent community development needs: affordable housing, energy conservation, community planning and development, technology education and integration, public health (eldercare and aging in place), and leadership development.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012 🔬
National Service Funds*		\$141,995	\$141,986 🍣
State/Local public funds		\$0	\$0
Other federal funds		\$0	\$0
Private donations/fundraising		\$271,420	\$348,505
Private grants (including United Way)		\$0	\$0
Fee-for-service revenue		\$0	\$0
In-kind materials		\$0	\$0
In-kind (pro bono) time or services		\$0	\$0
	TOTAL	\$413,415	\$490,491

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 16 Island Fellow AmeriCorps members recruited and trained 289 community volunteers in skills necessary to complete and sustain projects to meet targeted community needs. These volunteers contributed 6,283 hours of service to complete specific work plans to address targeted community needs, including:

- helping local towns with natural resource management to identify land for affordable housing for low income residents, and then working with contractors and lenders to break ground on 5 affordable housing units;
- training local historical society volunteers in archival techniques and computer applications to document photos and artifacts, enabling digital access and preservation;
- serving with local towns on GIS mapping and natural resource management for sustainable planning and development;
- assisting teachers and students in the implementation of service-learning curriculum and place-based education;
- assisting towns with local waste management planning and systems; helping to align curriculum across five island schools using technology education and integration to create "virtual classrooms";
- assisting "at risk youth" with leadership and business development skills; designing and implementing summer programs to enhance academic retention;
- identifying and enhancing volunteer management capacity by increasing the implementation of 22 essential volunteer management practices;
- providing leadership development for effective non-profit management by volunteers; and,
- improving and enhancing local food delivery systems for schools and eldercare lunch programs.

What it took to do this

- 6,283 Completed units of service (hours volunteered)
- 16 National Service participants involved in this effort
- 1,350 Number of citizens who were effected (beneficiaries)
- \$21.79 Program cost per unit of service due to National Service volunteer effort
- \$50-\$125 Comparable commercial or market unit cost without volunteers
- Major partners in the work: Chebeague Island Recreation Center, Herring Gut Learning Center Matinicus School, Monhegan School, Isle au Haut School, Islesford School, Cliff Island Schools, Town of Isle au Haut, Isle au Haut Community Development Corporation, Swan's Island Historical Society, Town of Vinalhaven, Vinalhaven Chamber of Commerce, Islesboro Central School, The Swan's Island Historical Society, The Deer Isle-Stonington Elementary School.

For More Information:

Christine Wolff, Island Institute 386 Main Street, Rockland, ME, 04841 cwolff@islandinstitute.org 207-594-9209



GRANTEE PROFILE: MAINE CONSERVATION CORPS DEPT. OF AGRICULTURE, CONSERVATION, & FORESTRY

BACKGROUND

- 🛃 Primary Focus Area: Environmental Stewardship
- Service Activity Categories: Our program focus is on community outreach, volunteer coordination and education through projects like watershed surveys, classroom activities and ecological studies as well as constructing and rehabilitating recreational trails.
- Serving these areas of Maine: Aroostook, Androscoggin, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York
- Mission (purpose) of this National Service program: The mission and mandate of the MCC is "...to improve public property for the increased use and enjoyment of the public, to provide conservation education, to promote and manage volunteer opportunities related to natural resources, and to assist public and non-profit organizations with projects that serve a valid public purpose."
- Why National Service program is the best response: National Service provides the opportunity for work experience while instilling an ethic of volunteerism. MCC supports Maine's economy with jobs and with "green infrastructure" to bring prosperity to rural areas through nature-based tourism and quality of place.

COMMENT FROM THE COMMUNITY

The exposure we got from the local media on the trail work caused many people to come out to see what the improvements were like. It also gave many others that had never been there a reason to go see what and why this popular short hike is so important to Aroostook County.

In time, I believe the improvements to the trail will make the visitation numbers increase to 60 -70% above where they were 5 years ago.

-Scott Thompson, Park Manager, Aroostook State Park.

DATA SNAPSHOTS

Autional Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	104	92
Total hours of service	87,600	72,733
Average hours/participant	842	791

Note: Average of hours reflects the fact this program has a significant number of part-time, seasonal Members.

A Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	254	673
Total hours of service	2,729	3,127
Average hours/volunteer	11	5

Status of requests for service, unmet need: The unmet need in the community is demonstrated by teachers' requests for Environmental Science based lessons in schools. Also, MCC receives more requests for trail services than we can complete.

The role of National Service Program funds: Federal dollars provide education awards and health insurance to members. Federal dollars provide training opportunities and basic disaster response training. Federal dollars in support of the AmeriCorps program support the economy and the citizens of Maine.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$390,068	\$390,068
State public funds		\$0	\$0
Other federal funds		\$128,000	\$128,000
Local Public funds		\$464,669	\$464,669
Private donations/fundraising		\$35,000	\$35,000
Private grants (including United Way)		\$0	\$0
Fee-for-service revenue		\$0	\$0
In-kind materials		\$0	\$0
In-kind (pro bono) time or services		\$0	\$0
	TOTAL	\$1,017,737	\$1,017,737

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Over 90% of students showed an increase in environmental awareness as a result of the lessons taught.

What it took to do this

- 410 Completed units of service (planning and execution of Environmental Education lessons)
- 32 National Service participants involved in this effort
- 5,249 Number of students who were effected (beneficiaries)

\$85.05 Program cost per unit of service due to National Service volunteer effort

- \$184.50 Comparable commercial or market unit cost without volunteers
- Major partners in the work: DEP Augusta Biological Monitor, Maine State Aquarium, Maine Department of Marine Resources, Maine Energy Education Program, Belgrade Regional Conservation Alliance, Merryspring Nature Center, Rachel Carson National Wildlife Refuge and Wells National Estuary Research Reserve.

Second Accomplishment: Allowing public access to some of Maine's most beautiful sites to the citizens of Maine.

Hat it took to do this

- 65 Completed units of service (miles of trail built or rehabilitated)
- 59 National Service participants involved in this effort
- 1.1 million Number of citizens who were affected
 - \$2,288 Program cost per unit of service due to National Service volunteer effort
 - \$4,576 Comparable commercial or market unit cost without volunteers
- Major partners in the work: National partners such as National Park Service for the Appalachian Trail. State partners such as State Parks like Aroostook and Vaughn Woods and Public Lands such as Deboulie, Nahmakanta and Cutler. Land Trusts such as Manchester Conservation Commission, Rangeley Lake Heritage Trust and Kennebec Land Trust. Community partners such as the City of Biddeford, the City of Ellsworth and Swan's Island.

FOR MORE INFORMATION:

Mick Rogers, Maine Conservation Corps 124 State House Station, Augusta, ME 04333-0124 Mick.rogers@maine.gov 207-287-4962



GRANTEE PROFILE: AMERICORPS*STATE MULTI-LINGUAL LEADERSHIP CORPS

GOODWILL INDUSTRIES OF NORTHERN NEW ENGLAND

BACKGROUND

- 🛃 Primary Focus Area: Education (English Language Learners)
- Service Activity Categories: Mentoring, Student Engagement
- 🛃 Serving these areas of Maine: Greater Portland and Lewiston/Auburn
- Mission (purpose) of this National Service program: The Multilingual Leadership Corps AmeriCorps Program will place AmeriCorps members in Maine schools and nonprofit organizations serving K-12 English Language Learners, concentrating on the areas of greater Portland and Lewiston/Auburn. This program will increase academic engagement among English Language Learners through School Skills Support, Mentoring, Aspirations (high school and college prep), and Community Engagement programs.
- Why National Service program is the best response: The issue cannot be met by simply supplying more staffing for the schools and after school programs. It involves letting students know that someone cares about their success in school. AmeriCorps members' passionate concern for the students and creative approach to meet the needs of students is one of the strongest ways to meet this need. The network of services provided to each student from a variety of programming in nonprofits, schools, and housing communities also better meets the needs of the ELL students who face a complexity of needs in the learning environment.

COMMENT FROM THE COMMUNITY:

Tim Cronin, supervisor of AmeriCorps members placed with the Multilingual and Multicultural Center, commented on one of his member's accomplishments:

"At Deering High School, Maggie Loeffelholz has really turned it on and has developed our Academic Center to operate as though it's been there forever. Through her endless hours of effort and dedication, students new and old alike congregate to consider career aspirations, college choices, classes to take, and SATs.

"It's also a place where students are apt to unwind and relax for a minute. Maggie's disposition and professional demeanor is so magnetic that many students now engage in our program that we couldn't or didn't reach last year. One student, Orane Barumbiruye comes in every day with her colleagues to work on college app concerns because of Maggie's care, concern, and ability to connect with her students.

"As we speak, Orane is considering taking the TOEFL in hopes of securing a scholarship from Northeastern University. Orane was a Make It Happen student last year but we rarely saw her."

DATA SNAPSHOTS (New Program; 4 months of 2012 operation)

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	N/A; program did	37
Total hours of service	not exist	7,468
Average hours/participant		201
late: Average of hours reflects the fact this pro	grom has a significant numb	or of part time Mamh

Note: Average of hours reflects the fact this program has a significant number of part-time Members

A Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	N/A; program did	244
Total hours of service	not exist	1,198
Average hours/volunteer		5

- Status of requests for service, unmet need: The Multilingual Leadership Corps estimates about a 20% greater need than the program can fund.
- The role of National Service Program funds: Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds it is possible to increase impact on community needs. Commitment of federal dollars leverages local support to meet English Language Learner needs that are not already being met.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	N/A; program did	\$59,168
State public funds	not exist	\$0
Other federal funds		\$0
Local Public funds		\$16,574
Private donations/fundraising		\$12,892
Private grants (including United Way)		\$0
Fee-for-service revenue		\$0
In-kind materials		\$0
In-kind (pro bono) time or services		\$45,981
	TOTAL	\$134,615
		Carlelly.

MAJOR ACCOMPLISHMENTS THIS YEAR:

First Accomplishment: 37 AmeriCorps Members recruited 244 volunteers who contributed 1,198 hours of service to 11 organizations. These members provided volunteer management, training, recruitment, and retention strategies to the agencies while engaging these volunteers in mentoring, school skills support, aspirations support, and community engagement activities. With this program newly started, it is not accurate to calculate the ROI at this time.

Major partners in the work: Host site partners and ABS Consulting

Second Accomplishment: 37 AmeriCorps Members were provided 76 hours of training during the first quarter of their AmeriCorps term, increasing skills, knowledge, and abilities through their service assignment and extra-curricular service leadership. With this program newly started, it is not accurate to calculate the ROI at this time.

Major partners in the work: ABS Consulting, Ideactive Solutions, The Community School, Maine Commission for Community Service, United Way of Greater Portland, COAD, The Telling Room, Tree Street Center, Lewiston Public Schools, Multilingual and Multicultural Center, Portland Housing Authority, and The REAL School.

Third Accomplishment: 37 AmeriCorps Members provided 232 ELL students with 1,931 hours of student engagement support during the first quarter of their AmeriCorps term. These activities include mentoring, school skills support, aspirations, and community engagement activities. With this program newly started, it is not accurate to calculate the ROI at this time.

Major partners in the work: Host sites.

FOR MORE INFORMATION:

Joely Ross, Goodwill Industries of Northern New England 185 Lancaster Street, Portland, 04101 joely.ross@goodwillnne.org 207-370-3936



GRANTEE PROFILE: AMERICORPS*STATE REAL SCHOOL AMERICORPS

BACKGROUND

- Area of Need : Education
- Activity Categories: Service-Learning
- Serving these areas of Maine: Southern Maine towns served include: Portland, Windham, Raymond, Cumberland, South Portland, Falmouth, Yarmouth, Sanford, Saco, Biddeford, and Poland.
- Mission (purpose) of this National Service program: To engage low-income, At-Risk 7-12 grade students in active, ongoing, community-based service-learning projects.
- Why National Service program is the best response: AmeriCorps members are the ideal partners to engage hard-to-reach students in need of direction and role models who demonstrate a commitment to community and national service. AmeriCorps members come with the training needed and passion fueled desire to make a change. Given the intense and multi-faceted needs that our student's possess, a strong and resillent force of volunteers is required. AmeriCorps are the only corps of volunteers who have ever been able to make a significant impact at our school due to their deep commitment to national service and a strong network of support that accompanies them.

COMMENT FROM THE COMMUNITY

REAL SCHOOL: Just a short note to express *officially* my gratitude for your efforts, and those of your students, to give back to this community. You have engineered a resourceful opportunity and provided a valuable learning experience for your kids.

On behalf of all Yarmouth residents, as well as those who visit our community, please accept my appreciation for the many hours they collectively dedicated to beautifying Yarmouth's shoreline and its surrounding areas.

Please share our grateful appreciation to our *adventuresome* friends; and the very best of all the season and New Year can bring to all of you.

Sincerely, Richard Imbeault Town Of Yarmouth Harbormaster

DATA SNAPSHOTS (New Program; 4 months of 2012 operation)

Autional Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	N/A; program did	14
Total hours of service	not exist	5,368
Average hours/participant		413

Gommunity volunteers who serve alongside National Service participants:

As a brand new AmeriCorps program, results will not be available until 2013. However, this AmeriCorps program does have community parters. They include: University of Southern Maine, University of New England, One Longfellow Square, The Maine Academy of Modern Music, 9 sending school districts, The Falmouth Police Department, The Seeds of Independence, Falmouth Family Ice, Benson Farm, The Portland Water District, Archie Carr National Wildlife Refuge, Maine College of Art, Governor Baxter School for the Deaf, and Bowdoin College, and the Bank of America.

Status of requests for service, unmet need: Not yet determined.

Aug. 2013 - Aug. 2013 - Aug. 2013

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	N/A; program did	\$130,115
State/Local Public funds	not exist	\$130, 492
Private donations/fundraising		\$30,000
Private grants (including United Way)		\$5,000
Fee-for-service revenue		\$4,000
In-kind materials		\$1,000
In-kind (pro bono) time or services		\$5,000
	TOTAL	\$305,607

MAJOR ACCOMPLISHMENTS-TO-DATE

First Accomplishment: The Re-build of Portland Water District's Wetlands Educational Boardwalk Trail—work is ongoing.

For years, the Sebago Lake Ecology Center, has utilized a wooden boardwalk that runs through a large vernal pool on Portland Water District's property near Sebago Lake. This boardwalk has been used as a platform from which Ecology Center Staff have been able to teach area school children about Wetland Ecology. Several years ago, the boardwalk was deemed unusable due to unstable supports and general wear and tear. The REAL School AmeriCorps Service-Learning Program was enlisted to repair the boardwalk and make it functional again as an educational tool. Our AmeriCorps team has/will:

- Rehabilitated ½ of the 300 plus foot boardwalk using re-purposed materials and costing 0 dollars in materials expense.
 - Provide a Wetland's Ecology learning lab environment to 450 area school children per year.
 Created tangible value to the new Sebago to the Sea Trail. Once completed this 25 plus mile mixed
 use recreation trail will have signs on it to direct people to the Wetland's Boardwalk so that people can learn about the value of Vernal Pools in the Maine Forest ecosystem.
 - Taught 12 highly at-risk students a variety of 21st Century Learning skills such as: Public outreach, collaboration, and problem-solving skills.

Major partners in the work: Portland Water District's Sebago Lake Ecology Center, Standish

Second Accomplishment: Preserving World War II Veteran's Story for posterity through the Veterans Living History Project.

The REAL School AmeriCorps Service-Learning Program partnered with multi-war U.S. Navy veteran Henry Bellevance so that our students could learn first hand about the U.S. involvement in World War II. In the process our student-AmeriCorps team was able to preserve on video a memoir of a World War II Veteran's story. The Service-Learning Veteran's Living History Project was able to:

- Record, Chronicle, edit, and produce a video of Mr. Bellevance's World War II story.
- Deliver this video to the U.S. Library of Congress in Washington D.C. This story will be accessible to all and preserved in the U.S. Library of Congress in perpetuity.
- All 12 Highly At-Risk students who participated in this project have scored higher on their Social Studies assessments and have acquired as many as 3 developmental assets through their participation in this on-going project.

A Major partners in the work: Story Corps, US Library of Congress. Henry Bellevance, WW II Veteran.

Third Accomplishment: Service-Learning trip to Florida's East Coast to work to protect endangered Loggerhead Sea Turtles.

REAL School students and two AmeriCorps Members from the REAL School Service-Learning Program partnered with Archie Carr National Wildlife Refuge and the Sea Turtle Conservation Society to assist in Loggerhead Turtle Nesting along Florida's populated East Coast near Melbourne. Endangered Sea Turtle's there are subject to a whole variety of issues related to the over development of their ancient nesting beaches. With the aid of AmeriCorps members, our students:

- Educated the public about the location of fragile sea turtle nests and how to minimize human impact of these sites
- Scoured 6 miles of prime beach-front nesting habitat of marine pollution such as plastics and fishing line.
- Disposed of over 500 pounds of plastic trash on beach nesting habitat.
- Witnessed egg laying Loggerhead turtles at night and helped collect data about the location and size of sea turtle nests.

Angior partners in the work: Sea-Turtle Preservation Society, Archie Carr National Wildlife Refuge

FOR MORE INFORMATION:

Craig Haims, Volunteer Coordinator, REAL School 1 Mackworth Island, Falmouth, ME 04105 (207) 671-8125. Please visit the REAL School AmeriCorps Facebook page!


Program Overview

One of the trio of AmeriCorps programs, VISTA (Volunteers In Service To America) taps the skills, talents, and passion of Americans to support community efforts to overcome poverty.

The program's nationwide corps of VISTAs commits full-time for a year at nonprofit organizations or local government agencies to build the capacity of these organizations to carry out programs that fight poverty.

VISTAs recruit and manage community volunteers, raise funds, help schools integrate service learning into district teaching methods, expand job opportunities, develop financial assets, reduce homelessness, improve health services, reduce unemployment, increase housing opportunities, and develop services for veterans and military families.

AmeriCorps VISTA Sites in Maine

Maine Campus Compact VISTA Project AmeriCorps*VISTA Host Sites: 9

Augusta, University of Maine Augusta Bangor, Eastern Maine Community College Fort Kent, University of Maine Fort Kent Gorham, University of Southern Maine Lewiston, Bates College Lewiston, Maine Campus Compact Orono, University of Maine Lewiston, Univ. of Maine Cooperative Extension* South Portland, Southern ME Community College

The Maine VISTA Project AmeriCorps*VISTA Host Sites: 27

Augusta, Kennebec County Sheriff's Office Augusta, Finance Authority of Maine Augusta, Maine Commission for Community Service Bangor, Pine Tree Legal Assistance Belfast, Youthlinks – Broadreach Family &



Community Services Bryant Pond, UMaine Coop. Ext. 4-H Camp and Learning Center (2) Eliot, MSAD #35* Kennebunk, United Way of York County* Lewiston, Healthy Androscoggin/CMCS Lewiston, Tri-County Mental Health Services (2) Lincoln, KidCare America Mt. Desert, MDI Regional School System North Berwick, MSAD 60 Orono, UMaine VETS Program Portland, American Red Cross of Maine Portland, Catholic Charities of Maine Portland, Community Financial Literacy Portland, Portland Public Schools Multilingual & Multicultural Center Portland, Pine Tree Legal Assistance Portland, The Telling Room (2) Portland, USM Vets Resource Center Saco. Sweetser Scarborough, Southern Maine Agency on Aging Searsport, Searsport District Middle/High School Skowhegan, MSAD # 54* Waldoboro, UMaine Cooperative Extension Knox-Lincoln* Waterville, Hardy Girls Healthy Women



MAINE CAMPUS COMPACT VISTA PROJECT

BACKGROUND

- Area of Need: Education
- 🛃 Service Activity Categories: College Access and Success, Service-Learning
- 🛃 Serving these areas of Maine: Androscoggin, Cumberland, Kennebec, Penobscot, Waldo
- Mission (purpose) of this National Service program: Our goal is to develop strong and sustainable partnerships among higher education institutions and low-income communities that will increase access and retention to higher education for low income individuals by providing programming focused on improving college aspirations, increasing the belief that college is an option and increasing access to higher education for low income individuals seeking higher education.
- Why National Service program is the best response: VISTA is designed to build capacity for nonprofits to address poverty. Our VISTAs mobilize the volunteer resources of higher education in Maine to reduce poverty in the long and short terms.

DATA SNAPSHOTS

Mational Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	8	8
Total hours of service	Not Recorded	Not Recorded
Average hours/participant	Not Recorded	Not Recorded

Community volunteers (not National Service participants):

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	4,405	610
Total hours of service	20,348	6,466
Average hours/volunteer	5	11

The role of National Service Program funds: National Service Funds were primarily used for living stipends, travel to meetings, and for part of a staff salary to coordinate the program.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		116,850	\$145,254
State/Local Public funds		\$ 0	\$0
Private donations/fundraising		\$37,500	\$44,000
Private grants (including United Way)		\$O	\$0
Fee-for-service revenue		\$0	\$0
In-kind materials		\$0	\$0
In-kind (pro bono) time or services		\$0	\$0
	TOTAL	\$154,350	\$189,254

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Recruited 560 college student volunteers to assist K-12 and nontraditional students with access to higher education on a long term basis.

Hat it took to do this

Data not	Completed units of service	
provided by	National Service participants involved in this effort	
project.	Number of citizens who were affected	
	Program cost per unit of service due to National Service volunteer effort	
	Comparable commercial or market unit cost without volunteers	
or partners in t	he work: 67 elementary middle high schools and community organizations	

A Major partners in the work: 67 elementary, middle, high schools and community organizations

SECOND ACCOMPLISHMENT: 614 low-income K-12 students were provided assistance with student loans applications. 180 K-12 youth were mentored for a time period exceeding a 6 month duration.

🛃 What it took to do this

Data not	Completed units of service	
provided by	National Service participants involved in this effort	
project.	Number of citizens who were affected	
	Program cost per unit of service due to National Service volunteer effort	
	Comparable commercial or market unit cost without volunteers	

Major partners in the work: 67 elementary, middle, high schools, and community organizations and 7 colleges.

OR MORE INFORMATION:

Craig DeForest, Program Director, Maine Campus Compact 220 College St. #2, Lewiston, 04240 craig@mainecompact.org 207-786-8346



GRANTEE PROFILE: THE MAINE VISTA PROJECT (MVP) MAINE COMMISSION FOR COMMUNITY SERVICE

BACKGROUND

- 🛃 Focus Area: Veterans, Education, Healthy Futures
- A Service Activity Categories: Veterans and Military Families, Service- Learning, Obesity Prevention
- Serving these areas of Maine: Androscoggin, Cumberland, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Somerset, Waldo, York counties
- National Service program mission (purpose): The Maine VISTA project increases capacity in organizations serving low income Mainers and creates sustainable strategies to bring individuals and communities out of poverty. Through the service of VISTA members, veterans and their families access the services and benefits they have earned through service to our country; at-risk students are engaged in learning and graduate ontime with a high school diploma; and children avoid the negative health consequences of obesity through an active lifestyle and access to nutritious food.
- Why National Service program is the best response: AmeriCorps*VISTA members provide a "human resource" that focuses on increasing organizational capacity through development of new or expansion of existing programs. Members volunteer in intensive assignments-- full time for one year-- which allows them to contribute in a meaningful and impactful way and engage the community to ensure long-term sustainability.

COMMENT FROM THE COMMUNITY

"Our national website for veteran and military families at www.statesidelegal.org was expanded and strengthened with new resources and tools developed by a VISTA volunteer, who also helped strengthen awareness of the site through the use of social media tools.

"Both VISTA volunteers worked hard to increase awareness of legal resources available to the low-income veteran community and this resulted in an almost 50% increase in the number of Maine veteran families who received free legal services from Pine Tree Legal Assistance in 2012.

"Finally, our VISTA volunteer led the effort to develop a detailed analysis of unmet legal needs among Maine's veteran population, including both traditional VA issues and general legal issues. This report will benefit both our program and the national community of legal aid programs in the United States."

- Nan Heald, Executive Director, Pine Tree Legal Assistance

DATA SNAPSHOTS

Autional Service participants who do the work:

	FFY 2011	FFY 2012
How many participants	22	27
Total hours of service	14,600	54,000
Average hours/participant	600	2,000

Scommunity volunteers (not National Service participants):

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering. AmeriCorps*VISTA aims to increase the capacity of organizations to address local needs.

	FFY 2011	FFY 2012
How many volunteers	384	4603
Total hours of service	3667	46305
Average hours/volunteer	10	10

Status of requests for service, unmet need: As more agencies see the work of Maine VISTA Project members in their communities, the requests for national service resources (ie. placement site applications) have increased. A goal of the Maine VISTA Project is to increase the organizational capacity of partner agencies to manage volunteers and federal resources so that those agencies can then bring additional national service resources to Maine to meet community needs.

The role of National Service Program funds: AmeriCorps*VISTA grants to the Commission are an allocation of member positions not funds. Member costs (stipend, health benefits, etc.) are paid directly by the Corporation for National & Community Service. VISTA members serve full-time and may have no other paid work for a year. This intensive service focused on caring for veterans and their families, increasing students' achievement, and ensuring the physical wellness of youth. Last year, the activities of Maine VISTA Project members led to the development of an additional \$106,668 in cash resources (through public and private grants) and \$41,610 in in-kind resources to support programs at the community level.

Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$467,605	\$607,842
Local Public funds		\$21,000	\$16,500
Private donations/fundraising		\$0	\$0
Private grants (including United Way)		\$46,392	\$49,500
Fee-for-service revenue		\$0	\$0
In-kind materials		\$0	\$0
In-kind (pro bono) time or services		\$25,000	\$76,053
South -	TOTAL	\$559,997	\$749,895

MAJOR ACCOMPLISHMENTS

First Accomplishment: Community behavioral health providers received specialized training to treat veterans with PTSD and TBI and their family members; attorneys volunteered to assist veterans at benefits clinics; and colleges strengthened support to student veterans with resource centers and campus-wide outreach to keep them on the path to graduation. Over 250 military kids participated in service-learning through in- or out-ofschool time activities or were matched with mentors for science, technology, engineering, and math projects.

🛃 What it took to do this

- 2,602 Completed units of service (veterans and military families received service/assistance)
- 10 National Service participants involved in this effort
- 2,602 Number of citizens who were affected (beneficiaries)
- \$19,840 Program cost per unit of service due to National Service volunteer effort
- \$33,400 Comparable commercial or market unit cost without volunteers
- Major partners in the work: University of Maine Law School Veteran Student Organization, private attorneys, Veterans Administration, Maine Military and Community Network, Operation Military Kids, Maine Department of Labor Career Centers, Preble Street Resource Center, Maine's Vet Centers, Veteran's Service Organizations (VFW, DAV, American Legion, AmVets), Maine Military Clinical Outreach Network, Maine National Guard, Maine Women Veteran's Commission, Portland Veteran's Network

Second Accomplishment: Increased programming to serve Maine's most vulnerable youth. Members linked schools with communities to engage youth in extended- and service-learning activities that lead to better school attendance, higher grades, and more. They helped institutionalize service-learning by supporting leader-ship teams, developing resources for projects, conducting research and developing curricula, and coordinating training for educators. They also worked with schools, early childcare providers, pediatricians, and local businesses to drive community obesity-prevention campaigns through outreach and education.

🛃 What it took to do this

4569	Completed units of service (low-income youth participating in service-learning, ex-
	tended learning or anti-obesity programs)

- 11 National Service participants involved in this effort
- 4569 Number of citizens who were affected (beneficiaries)
- \$19,840 Program cost per unit of service due to National Service volunteer effort
- \$43,880 Comparable commercial or market unit cost without volunteers

Major partners in the work: Penquis RSVP, Rockland Area Food Systems Workgroup, MDI Nonprofit Alliance, SCORE, Robert's Farm Preserve, Community Concepts, Nutrition Directors of Western Maine, KIDS Consortium, National Youth Leadership Council, generationOn, Maine Department of Education, Maine Math and Science Alliance, Bates College, UMaine's Foster Innovation Center, Healthy Maine Partnerships, Iocal Workforce Development Teams

For More Information:

Meredith Eaton, Maine Commission for Community Service meredith.eaton@maine.gov or vistadirector@volunteermaine.org 105 State House Station, 111 Sewall St. Rm 105, Augusta ME 04333 207-624-7784



VOLUNTEER GENERATION FUND OVERVIEW

The Volunteer Generation Fund (VGF), a Corporation for National & Community Service grant program authorized by the 2009 Serve America Act, aims to increase the number of people who serve in meaningful volunteer roles focused on local critical needs.

The Fund supports efforts that expand the capacity of volunteer connector organizations to recruit, manage, support and retain individuals to serve in high quality volunteer assignments, including those that are aligned with special days of service such as Martin Luther King Jr, Day and the 9-11 Day of Service and Remembrance.

2012 Maine Highlights Volunteer Generation Fund

- 5 Volunteer centers supported
- 14,614 volunteers were recruited to work on education, energy conservation, and health issues
 - 283,093 hours spent by these volunteers
 - \$4.77 million of pro bono service (valued
 - using Independent Sector avg. volunteer rate for Maine of \$16.84/hr)

8 Networks of Volunteer Managers supported

\$158,821 Federal Funding \$148,852 Non-Federal Funds

In Maine, Volunteer Generation Fund grants help volunteer centers increase engagement of youth, young adults, and individuals 55 + in volunteer opportunities focused on education, energy, and health. The Fund also promotes professional development of managers of volunteers through the support of peer networks and increasing training opportunities.

Organizations funded to establish or expand a regional volunteer center and peer network:

- United Way of Eastern Maine, Bangor
- United Way of Greater Portland, Portland
- United Way of Mid Coast Maine Bath
- United Way of the Tri-Valley Area, Farmington
- United Way of York County, Kennebunk

Organizations funded to support either a peer network of managers of volunteers **or** the online tool at VolunteerMaine.org for recruiting and managing volunteers:

- United Way of Androscoggin County, Lewiston
- Friends in Action Community Connection, Ellsworth
- Downeast Resource Conservation & Development Council, Cherryfield



GRANTEE PROFILE: VOLUNTEER GENERATION, UNITED WAY OF YORK COUNTY

BACKGROUND

- 🛃 Focus Area: Education, Environment
- Service Activity Categories: School Readiness/Education/Volunteer Generation/Energy Use Reduction
- Serving these areas of Maine: York County
- Mission (purpose) of this National Service program: United Way of York County (UWYC) strengthens community by bringing people and resources to effect long lasting changes in community conditions that improve lives.

Why National Service program is the best response: Receiving CNCS funding is extremely important in building volunteer capacity for York County programs. Volunteer programs require support to be effective and support largely comes in the form of human capital. In order to provide human capital, an individual needs funding.

Without the CNCS funding, the Volunteer Center staff position at UWYC would likely be part-time and would not accommodate trainings for local nonprofit organizations, scholarships for professional development and more. Nonprofits throughout the county have indicated the importance of support from the Volunteer Center. Most nonprofits are busy accomplishing their missions and do not have the time and resources to recruit and maintain volunteers that are so vital to supporting their work.

COMMENT FROM THE COMMUNITY

"Volunteers are the heart and soul of our program at Joyful Harvest," says Stewart-Bouley. "However, I've found that the skills used to manage staff are often very different than those used in successful volunteer management. I've heard great things about the Blaine House conferences and I am thrilled to be selected to receive a scholarship to attend this year."

Shay Stewart-Bouley of Joyful Harvest Neighborhood Center Recipient of a Blaine House Conference scholarship from UWYC

DATA SNAPSHOTS

A Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering

	FFY 2011	FFY 2012
How many volunteers	2,548	7,702
Total hours of service	12,647	56,797
Average hours/volunteer	5	7

Status of requests for service, unmet need: Currently, nonprofit organizations are facing tough economic times and are regularly cutting positions. The lack of staff capacity requires more volunteers to meet those needs and better volunteer management is the key to success. York County nonprofits are regularly seeking the support of the Volunteer Center. With so many nonprofits, the

Volunteer Center is doing its best to meet these needs, but recruiting volunteers to help serve as volunteer coordinators is the greatest need that is not being met. In 2012, approximately ten nonprofits have asked the volunteer center to help recruit a volunteer volunteer coordinator.

The role of National Service Program funds: Donations and foundation funding do not typically support volunteer center efforts because the idea of capacity and support are not easy to communicate to the general public. Communicating the message and importance of strong volunteer programs usually falls short of funding, but volunteer programs are essential to getting good work completed. As mentioned previously, the volunteer center has a large demand to meet, and without funding, the human capital to meet these needs would not be present.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$23,675	\$23,574
State/Local Public funds		\$0	\$0
Private donations/fundraising		\$12,803	\$16,487
Private grants (including United Way)		\$0	\$0
Fee-for-service revenue		\$0	\$0
In-kind materials		\$0	\$0
In-kind (pro bono) time or services		\$2,164	\$2,034
	TOTAL	\$38,643	\$42,095

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: UWYC organized our 17th Annual Day of Caring with 100 projects completed by 904 volunteers at 41 agencies and a total volunteer time value of \$112,230.78.

What it took to do this

- 100 Completed units of service (projects)
- 0 National Service participants involved in this effort
- 41 Number of agencies who were affected (beneficiaries)
- \$104 Program cost per unit of service due to VGF
- \$1,200 Comparable commercial or market unit cost without volunteers

Major partners in the work: Kennebunk Savings, Waban, Northern York County YMCA, Sanford YMCA, UNUM, Biddeford Savings, Biddeford Hockey Arena, and more.



Second Accomplishment: This year UYWC launched a Community Engagement Center with MSAD 60. The mission of the Community Engagement Center (CEC) is to encourage, develop and promote volunteer service and community learning opportunities to students throughout the district. To meet this mission, the CEC seeks to:

(1) Promote volunteer service and service learning through public presentations, classes, Truist online software, media announcements, word of mouth and networking with other organizations.

(2) Recruit and refer potential volunteers to community agencies and businesses or within the district. The CEC will then follow screening protocol for appropriate matching.

What it took to do this: The 2011-2012 school year was a planning year for this work, and the 2012-2013 school year has been our pilot year for the work.

Already this year, we have engaged ALL classes at Lebanon Elementary School in service-learning, supported senior projects, and helped to prevent one student from dropping out of school by providing a "real world" experience for him to gain credit outside of school.

Major partners in the work: MSAD 60

For More Information:

Meaghan Arzberger, United Way of York County 36 Water St., Kennebunk, 04043 marzberger@buildcommunity.org 207-985-3359 www.buildcommunity.org



GRANTEE PROFILE: VOLUNTEER GENERATION FUND UNITED WAY OF EASTERN MAINE

BACKGROUND

- Area: Education
- Service Activity Categories: Mentoring for Educational Success, Student Engagement, School Readiness/ Head Start/Early Childhood Education, Food Security, Workforce Development
- Serving these areas of Maine: Penobscot County
- Mission (purpose) of this National Service program: United Way of Eastern Maine's mission is to improve life through the caring power of people and communities. Our new Volunteer Center carries the same mission, with a focus on people as unparalleled and powerful resources toward solving community problems.
- Why National Service program is the best response: Human capital is the one resource that is under-utilized and always available. To harness that resource, engaged leaders are necessary. By engaging one or more National Service staff or volunteers, it is possible to meet greater need with volunteers from the community.

DATA SNAPSHOTS

A Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	700	363
Total hours of service	2,100	10,902
Average hours/volunteer	3 hr/yr	3 hr/month

The role of National Service Program funds: Dollars to help support the raising and support of community volunteers is necessary and a very important investment – with a huge return on investment.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$29,167	24,836
State/Local Public funds			
Private donations/fundraising		\$13,332	21,246
Private grants (including United Way)			
In-kind (pro bono) time or services		\$4,441	3,742
520	TOTAL	\$46,940	\$49,824

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: More children and adults/families with low literacy levels have access to trained mentor and tutor volunteers. During the second year of the grant, we implemented strategies to increase volunteers in mentor and tutor roles.

Thanks in part to our efforts, more than 310 children and adults were mentored or tutored during this period.

Major partners in the work: University of Maine, Big Brothers Big Sisters and Bangor Y identified youth in need of mentoring/tutoring based on educational challenges or emotional/social challenges.

In addition, we are working with a small tutoring/mentoring program in Lincoln (KidCare America) as well as Literacy Volunteers of Bangor and Bangor Public Library.

FOR MORE INFORMATION:

Sara M. Yasner, United Way of Eastern Maine 24 Springer Drive, Ste. 201, Bangor, 04401 saray@unitedwayem.org 207-941-2800 ext. 212



GRANTEE PROFILE: VOLUNTEER GENERATION UNITED WAY OF ANDROSCOGGIN

BACKGROUND

- 🛃 Focus Area: Education, Energy, Health
- A Service Activity Categories: Senior Services, Technical Support, Networking
- Serving these areas of Maine: Androscoggin, Oxford Counties
- Mission (purpose) of this National Service program: To increase the organized capacity of people in Androscoggin and Oxford County to care for one another.
- Why National Service program is the best response: Funding is necessary in order to keep recruiting and assisting volunteers and to provide technical support.

DATA SNAPSHOTS Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	Project did not exist	30
Total hours of service		540
Average hours/volunteer		18

- Status of requests for service, unmet need: Many peer network members have little or no training and find it difficult to keep up with today's technology. Continued support of the peer network would help them with marketing and training all volunteers.
- The role of National Service Program funds: VGF Funds have provided the 35 members of the peer network with two training programs. It also led to increased awareness of the importance of volunteerism in Androscoggin and Oxford counties. The AVA (Androscoggin Volunteer Administrators) plays a significant role in this effort. Our goal is to make people aware of how valuable their time is when volunteering and how they are the heart and soul of many area organizations. We ensure that volunteers are connected to the right opportunities and find their experiences useful and rewarding. The AVA provides training, technical assistance to VolunteerMaine.org, volunteer fairs, and a chance to network with other organizations that utilize volunteers. By increasing volunteer engagement we are helping agencies to conserve valuable resources in order to provide more funding for necessary services.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2011	FFY 2012
National Service Funds*	Project did not exist	\$8,411
In-kind (pro bono) time or services		\$6,685
	TOTAL	15,096

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Volunteer Fair by peer network members (AVA).

What it took to do this

- 2 Completed units of service
- 1 National Service participants involved in this effort
- 17 Number of organizations who were affected (beneficiaries)

OR MORE INFORMATION:

Angela Coombs, 211 Maine Resource and Volunteer Coordinator United Way of Androscoggin PO Box 888, 66 Ash Street, Lewiston, ME 04240 (207) 795-4000 acoombs@unitedwayandro.org





GRANTEE PROFILE: VOLUNTEER GENERATION FUND NEIGHBORS CARE PEER NETWORK

BACKGROUND

- Focus Area: Peer Network
- A Service Activity Categories: Volunteer Management
- Serving these areas of Maine: Washington County
- Mission (purpose) of this National Service program: Support the establishment of a peer network for Washington County volunteer managers.
- Why National Service program is the best response: Non profit organizations rely on volunteers to help meet with mission and goals. In Washington County, there has been no support or education on best practices for volunteer managers and their organizations. To have a high functioning volunteer force in the county, organizations must have the infrastructure to support this valuable resource.

DATA SNAPSHOTS

A Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	214	NA
Total hours of service	3,285	NA
Average hours/volunteer	15	NA
at available due to deereese in seen	o of work for Machingt	on County

Data for 2012 not available due to decrease in scope of work for Washington County.

🛃 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$30,591	\$3,000
State/Local Public funds		\$0	\$0
Private donations/fundraising		\$11,452	\$0
Private grants (including United Way)			-21
In-kind (pro bono) time or services		\$11,759	\$1,631
	TOTAL	\$53,801	\$4,631

MAJOR ACCOMPLISHMENTS THIS YEAR

Original grant recipient for establishing a volunteer center in Washington County declined a second year of funding. Neighbors Care Advisory Council and Commission staff conducted outreach to identify a new fiscal agent. In the interim, the Advisory Council continued to meet. In August 2012, Down East Resource Conservation & Development Council was awarded funding to continue support of peer network of managers.

Accomplishments include:

- Monthly Neighbors Care Advisory Council meetings
- Scholarships to the Blaine House Conference for four attendees
- Facilitated three peer network meetings, one in Calais and two in Machias
- Thirteen managers of volunteers participated in peer network meetings.
- Three trainings conducted at peer network meetings topics included Managing Conflict and Volunteer Supervision

FOR MORE INFORMATION:

Gary Edwards,

Downeast Resource, Conservation and Development Council P.O. Box 210/87 Milbridge Road, Cherryfield, ME 04622



GRANTEE PROFILE: VOLUNTEER GENERATION FUND UNITED WAY OF MID COAST MAINE

BACKGROUND

- 🛃 Focus Area: Education
- 🛃 Service Activity Categories: Volunteer Recruitment, Volunteer Management
- A serving these areas of Maine: Sagadahoc, Knox, and Lincoln Counties, Brunswick and Harpswell
- Mission (purpose) of this National Service program: To support and increase volunteerism throughout Knox, Lincoln and Sagadahoc counties, and Brunswick and Harpswell, among youth and young adults (ages 11-25) and adults age 55 and over to serve in programs that address local needs related to high school dropout prevention, increased high school graduation rates, and pursuit of post-secondary education.
- Why National Service program is the best response: Volunteer engagement demonstrates that community members are invested in solutions that address local educational needs. Involving volunteers brings a diversity of experiences and knowledge to bear on issues that affect us all: the education of our children and the future of our country and world. This diversity can create partnerships with other organizations, businesses, and government agencies.

Maintaining a focus on education also allows the United Way of Mid Coast Maine to be more intentional with partner agencies that work exclusively on youth development. We can support volunteer engagement coordinators with professional development trainings, networking opportunities, and guidance around implementing best practices of the field.

Connecting with volunteers allows our program to make the case about why increasing high school graduation rates, decreasing dropout rates and increasing opportunities for post-secondary education and training is important. Volunteers can then go on to educate friends, family, and lawmakers about the importance of education and volunteerism.

DATA SNAPSHOTS

A Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers		30
Total hours of service		540
Average hours/volunteer		1.2

The role of National Service Program funds: The federal government encourages citizens of all ages and abilities to become active in their communities as volunteers. Engaged volunteers are invested in building their communities and meeting local needs, especially around education issues. As services and functions shift from the federal government to private, nonprofit organizations, the need for the federal government to work in partnership with those organizations and their volunteers becomes critical. Federal money supports capacity building of nonprofit organizations to effectively utilize their current volunteers and to engage, cultivate, support, and sustain new volunteers. Supporting capacity building is an even better return on investment than the benefit of people volunteering.

Our program was able to leverage the federal dollars in order to support and increase volunteerism in area programs that address local needs related to high school dropout prevention, increased high school graduation rates, and pursuit of post-secondary education and training.

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$33,000	\$33,000
State/Local Public funds		\$0	\$0
Private grants (including United Way)		\$18,171	\$21,016
In-kind (pro bono) time or services		\$7,146	\$3,919
	TOTAL	\$58,317	\$57,935

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Full-day Spring conference hosted by Volunteer Administrators of Midcoast Maine (VAMM), exploring the use of social media to engage potential and existing volunteers with 98 volunteer administrators. 24 participants represented educational agencies. 99% of participants who filled out an evaluation reported that the conference helped improve or enhance their knowledge, skills or abilities. Scholarships for agencies, especially education-related agencies, were provided through the VGF grant, the Davenport Fund and United Way of Mid Coast Maine.

Major partners in the work: VAMM planning committee members represented Catholic Charities; Girl Scouts of Maine; Habitat for Humanity/7 Rivers; Independence Association; Maine Maritime Museum; Midcoast Hospital; Sweetser; and United Way of Mid Coast Maine. Maine Maritime Museum donated the space for the conference.

SECOND ACCOMPLISHMENT: Through the coordination and organizational effort of the Volunteer Initiative Coordinator, a group of volunteer administrators meet regularly in the Bath area. The Peer to Peer Network group provides an opportunity for volunteer administrators to network, collaborate, share resources and best practices and enhance their professional development in the presence of their colleagues. Twenty five unduplicated volunteer administrators attended meetings in 2012. A second Peer to Peer Network group has been formed in the Rockland area with seventeen area volunteer administrators attending an initial meeting.

Major partners in the work: The Volunteer Initiative Coordinator worked closely with the volunteer manager at the Farnsworth Art Museum to bring together the Rockland Peer to Peer Network group.

DR MORE INFORMATION:

Maria Hinteregger, United Way of Mid Coast Maine 34 Wing Farm Parkway, Bath 04530 mariah@uwmcm.org 207- 443-9752



GRANTEE PROFILE: VOLUNTEER GENERATION FUND UNITED WAY OF GREATER PORTLAND

BACKGROUND

- 🛃 Focus Area: Education
- 🛃 Service Activity Categories: Capacity Building, Increase Literacy Rates
- Serving these areas of Maine: Cumberland County
- National Service program mission (purpose): Our mission is to build capacity in agencies throughout the Cumberland County area that focus on education.

Our work is two-pronged: with a focus on increasing volunteers within specific demographics, as well as provide consistent monitoring of best practices in volunteer management, through administration of the 22 Essential Volunteer Management Practices.

By helping agencies to strengthen their internal volunteer policies and procedures, we will ensure that each volunteer experience is of high quality and value to the individual. We are also coordinating with education agencies around increasing early grade reading rates.

Why National Service program is the best response: Many nonprofits rely heavily on volunteer assistance. Having a strong infrastructure to support volunteers is critical. Research shows many volunteers only stay with a nonprofit if they are well-managed and feel their work has made an impact. If they are not, they move on or simply stop volunteering.

Volunteer Generation Fund resources allow us to provide capacity-building training and technical assistance (including training on volunteer management best practices) in multiple education organizations. In many schools throughout our county, the money is simply not there to support a strong internal volunteer structure. These funds allow us to assist volunteer coordinators by providing training, tools, resources, and materials to more effectively meet the community need.

DATA SNAPSHOTS

Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2011	FFY 2012
How many volunteers	1,056	1,941
Total hours of service	3,861	9,220
Average hours/volunteer	4	4.8

The role of National Service Program funds: Without federal dollars to assist with capacity building, volunteer recruitment and management would be greatly lacking in the state of Maine. Providing resources for capacity building support is the best return on investment because it is putting dollars into something that will give back to the community many times over.

PROGRAM BUDGET

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$29,816	\$33,000
State/Local Public funds		\$ O	\$0
Private grants (including United Way)		\$17,592	\$27,792
In-kind (pro bono) time or services		\$ 0	\$0
	TOTAL	\$47,408	\$60,792

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Thanks to CNCS funding, we piloted a Literacy Kit project with the goal being to distribute a Literacy Kit to every child entering kindergarten in the Westbrook School District. This pilot project resulted in distribution of 350 total "kits" in all Westbrook Elementary Schools and 4 Portland Public Schools.

The entire project was completed through a series of volunteer opportunities that spanned the summer months. We leveraged the time and resources of 4 major corporate partners and provided a sponsorship and volunteer opportunity for the United Way Professional Advisory Council. In total, we had over 100 volunteers give nearly 350 hours to the production and assembly of the backpacks.

This project strengthened our relationship with community partners that report to us for the VGF grant, specifically Ruth's Reusable Resources. Ruth's not only provided materials for making the games, but backpacks, and a space for volunteers to work.

<u>Our ROI for this project, based on the Scarce Resources Model, was 34%</u>. We are confident that with efforts to streamline the project activities and funding in years to come, we will substantially decrease both volunteer time and financial needs. We plan to do this by providing detailed sponsorship and volunteer opportunities to our corporate partners. This will undoubtedly increase our ROI and make this project more sustainable.

Major partners in the work: Ruth's Reusable Resources, United Way Professional Advisory Group, Verril Dana, TD Bank, Walker Memorial Library

Second Accomplishment: This funding has also allowed us to work with Portland Area Volunteer Administrators to coordinate and host out first annual Volunteer Recognition Night. This event brought together volunteers from over 15 different agencies for a fun-filled evening with live music, a raffle, food, and networking.

Over 100 volunteers were in attendance and we were able to secure the majority of our resources and support through donations. This event was well-received by volunteers and agencies, as it was an opportunity to celebrate all of the great work that's being done in our community, particularly through service.

Major partners in the work: The Telling Room, The Children's Museum, SPACE Gallery, Ronald McDonald House, Goodwill Industries of Northern New England, the Westbrook School District.

FOR MORE INFORMATION:

Karen Stephenson, United Way of Greater Portland 1 Canal Plaza, Ste. 300, Portland, 04101 kstephenson@unitedwaygp.org 207-874-1000



GRANTEE PROFILE: VOLUNTEER GENERATION FUND UNITED WAY OF THE TRI-VALLEY AREA

BACKGROUND

- Area of Need: Education, Energy
- Service Activity Categories: Mentoring for Educational Success, Energy Use Reduction, Volunteer Recruitment, Volunteer Management
- Serving these areas of Maine: Franklin County and Androscoggin County, Towns of Livermore and Livermore Falls
- Mission (purpose) of this National Service program: United Way of the Tri-Valley Area supports a wide variety of volunteer activities including building the capacity of volunteers in Greater Franklin County through the Franklin Volunteer Network; increasing mentoring opportunities through Girls Talk/Teen Voices and the Lunch Buddy program; and supporting weatherization initiatives such as The Community Energy Challenge.

DATA SNAPSHOTS

Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

FFY 2011	FFY 2012
4,169	4,300
200,311	205,300
48	45
	4,169 200,311

🖂 Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

		FFY 2011	FFY 2012
National Service Funds*		\$33,000	\$33,000
State/Local Public funds		\$0	\$0
Private grants and donations/payments for energy cons (including United Way)	ervation	\$5,321	\$10,134
In-kind (pro bono) time or services		\$23,664	\$34,166
	TOTAL	\$61,985	\$77,300

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Morphing an annual Day of Caring into multiple Days of Caring proved a very successful solution for a small organization such as the United Way of the Tri-Valley Area wanting to make a big impact. Outreach to community partners, with the expectation that we would provide the volunteers if they would provide the opportunity and oversight, resulted in a wide range of opportunities to suit just about anyone's interests! (Examples: gardening; clearing trails; weatherizing a local ministry building that serves as a food pantry, Warming Center, and outreach center; and assisting at local festivals.)

We significantly increased volunteer engagement in the Days of Caring. There was <u>an increase of approximately</u> 84% for both volunteer engagement and projects tackled and a 34% increase in hours served over 2011!

The ripple effect of this effort has been tremendous. Businesses and organizations who were enriched by this experience have an even greater understanding of and value for volunteerism, and many volunteers continue to donate countless hours or have expressed interest in continuing to connect to new and varied volunteer opportunities available in Greater Franklin County, including those in which the United Way is directly involved.

What it took to do this:

- 11 Completed units of service (projects)
- 151 Volunteers involved in this effort
- 716 Volunteer hours
- \$4,203 In-kind value for materials and professional work donated

Major partners in the work: Our generous in-kind supporters include Western Maine Community Action, Franklin Community Health Network, UMF, Aubuchon Hardware, Hammond Lumber, Towns of Wilton, Kingfield, and Livermore Falls, F & E Builders, United Methodist Economic Ministry, Farmington Downtown Association, LEAP, Wilton Hardware, Aramark, Rural Community Action Ministry, The First Baptist Church in Livermore Falls, Barclay's, Titcomb Ski Area and The Wilton Expo Center.

Second Accomplishment: The Community Energy Challenge is a volunteer-based winterization program designed to save money and energy by installing interior storm window panels. This simple, low-cost strategy keeps heat inside homes during the harsh winter months and it encourages homeowners to make positive changes in their energy consumption. Homeowners participate in workshops when possible, and become more proactive in their homes and lives.

The Community Energy Challenge installed its 1,000th interior storm window panel at a home in Livermore Falls in October, 2012!

In 2012, with funds from the Volunteer Generation Fund, 83 volunteers were engaged, 69% were householders or members of the community buildings who received interior storm window panels. With 320 interior storm panels installed, the annual estimated energy savings is \$10,240. In addition, 4 key volunteers contributed 1,360 hours and drove 4,824 miles for an in-kind total contribution of \$24,260. Additional volunteers contributed 733 hours or \$11,800. The total in-kind value for all volunteers is \$36,060.

There is much to celebrate as, since our inception in 2009, we have installed 1,272 panels, engaged 309 volunteers, who served a total of 7,840 hours. 265 households and 14 public buildings have benefited from having interior storm window panels installed. Overall energy savings are estimated to now be \$52,000 annually, and growing exponentially as panels are added!

How to be the set of t

- 320 Completed units of service (storm window panels)
- 83 Volunteers involved in this effort
- 52 Number of households that were affected (beneficiaries)
- \$16 Program cost per unit of service due to VGF
- \$48 Comparable commercial or market unit cost without volunteers
- Major partners in the work: Amazingly committed volunteers, WMCA (Western Maine Community Action), Farmington Area Ecumenical Ministry and the Ecumenical Heating Fund, Tri-Town Ministerial Association and the Good Neighbor Fund, Hammond Lumber, Farmington Rotary, Mt Blue TV, Foster Regional Applied Technical Center, University of Maine at Farmington, the United Methodist Economic Ministry, The First Baptist Church of Livermore Falls, the Town of Kingfield, and Madison Ave Associates.

COMMENT FROM THE COMMUNITY:

We believe all people inherently want to contribute in a meaningful way to the world they live in, whether with their family, neighborhood, town, state, nation, or world but many simply don't believe they have anything valuable to offer nor have been asked. When asked, with the expectation that they will follow through and they are then thanked for the contribution, people begin to believe that they are needed and can provide something of value. It often takes time and looks different for everyone but, in the long run builds, confidence and a sense of responsibility for self and others. Volunteers engaged by the United Way and its partners are rising to the occasion and connecting to additional opportunities to make a difference in the community.

FOR MORE INFORMATION:

Nancy E. Teel, United Way of the Tri-Valley Area 232 Broadway, Farmington, ME 04938 nancyteel@uwtva.org 207-778-5048

OTHER PUBLICATIONS AND RESOURCES

FROM THE CORPORATION FOR NATIONAL AND COMMUNITY SERVICE

This site is home to the most comprehensive look at volunteering and civic life in the 50 states and 51 cities across the country. Data includes volunteer rates and rankings, civic engagement trends, and analysis.

Highlights of Maine's profile include:

- \$863.2 million is the value of Maine's volunteer sector. It is the segment of civic life that leverages pro bono service by residents to address local needs.
- 32.8% of residents volunteer, ranking Maine 12th among the 50 states and Washington, DC.
 - 33% of young adults in Maine volunteer, ranking the state #2 among the 50 states and DC
 - 36% of Gen X Mainers (35-45 years old) volunteer resulting in a state ranking of #14
 - 44% of the 16-19 year olds in Maine volunteer earning the state a #1 rank on this point
- 37.2 volunteer hours per resident.

A One sheet issue briefs - download from NationalService.gov, "Fact Sheets and Issue Briefs"



WEB SITES

🛃 For Maine information

- MaineServiceCommission.gov/nationalservice/
- VolunteerMaine.org
- 🖂 For national Senior Corps information
 - SeniorCorps.gov
 - GetInvolved.gov
 - Serve.gov
- For national AmeriCorps information
 - AmeriCorps.gov

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