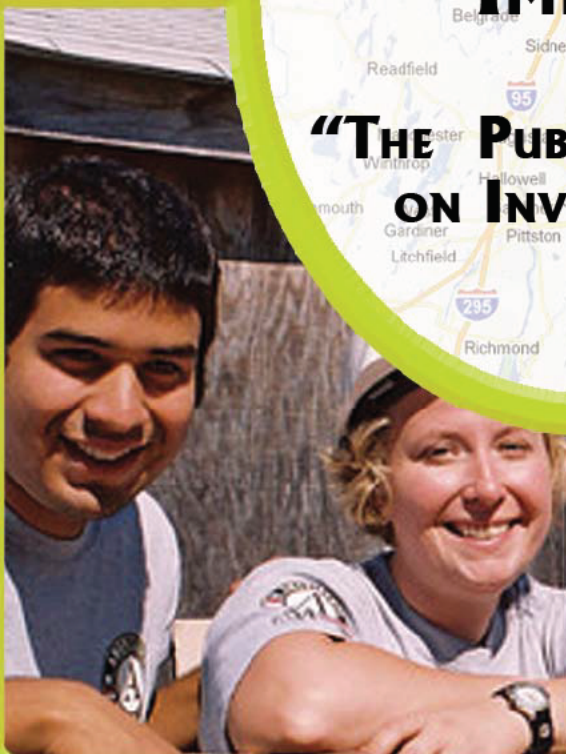
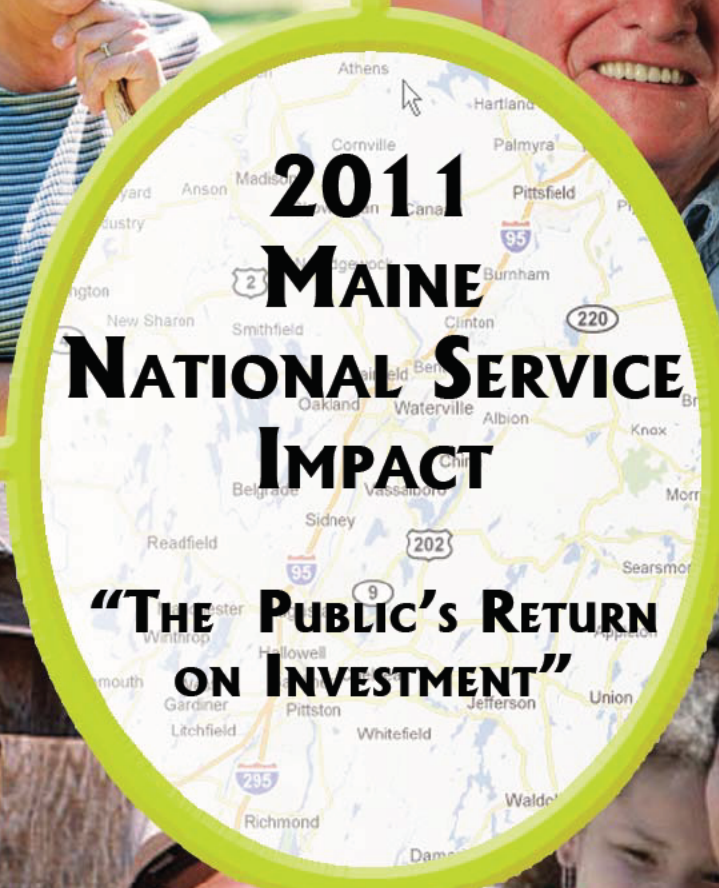
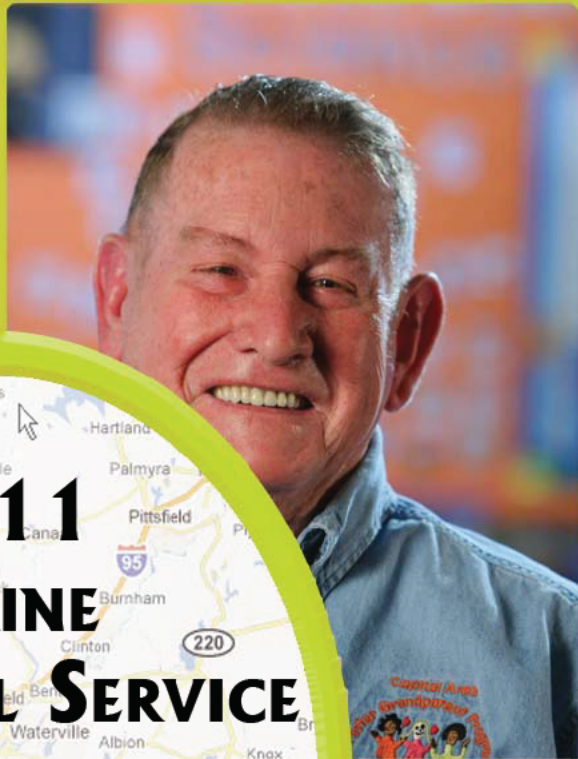


MAINE STATE LEGISLATURE

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AND MAINE'S VOLUNTEER GENERATION GRANTS



Compiled and published by the Maine Commission for Community Service, February 2012. Data included was submitted by National Service Grantees operating in Maine during FFY2011. Printed with funds granted to the Commission by the Corporation for National and Community Service (10CAHME0001).



CONTENTS

National Service Overview	3
Foster Grandparents Program Overview	6
Foster Grandparents, Penquis	8
Foster Grandparents, Opportunity Alliance	11
Retired and Senior Volunteer Program (RSVP) Overview	14
RSVP, Aroostook Area Agency On Aging, Inc.	19
RSVP, Healthreach Network	22
RSVP, Penquis, Inc.	25
RSVP, Southern Maine Agency On Aging	28
RSVP, UMaine Center On Aging	31
Senior Companion Program Overview	34
Opportunity Alliance Senior Companion Program	36
Senior Companions, University Of Maine Cooperative Extension	39
AmeriCorps Program Overview	42
AmeriCorps*State, Community Resource Corps	45
AmeriCorps*National Emergency Response Corps	48
AmeriCorps*National, University Of Maine Cooperative Extension FoodCorps	51
AmeriCorps*National, Great Strides Rural Education Corps	54
AmeriCorps*State, Island Institute AmeriCorps Fellows	56
AmeriCorps*State, Maine Conservation Corps	59
AmeriCorps*State, Teen Leadership And Career Corps	62
AmeriCorps*VISTA Program Overview	65
VISTA Program, Maine Campus Compact	66
Maine VISTA Project	68
Volunteer Generation Fund Overview	71
Maine Sea Coast Mission	72
United Way Of Eastern Maine	74
United Way Of Greater Portland	76
United Way Of Mid Coast Maine	78
United Way Of The Tri-Valley Area	80
United Way Of York County	82

DID YOU KNOW?

NATIONAL SERVICE MEANS

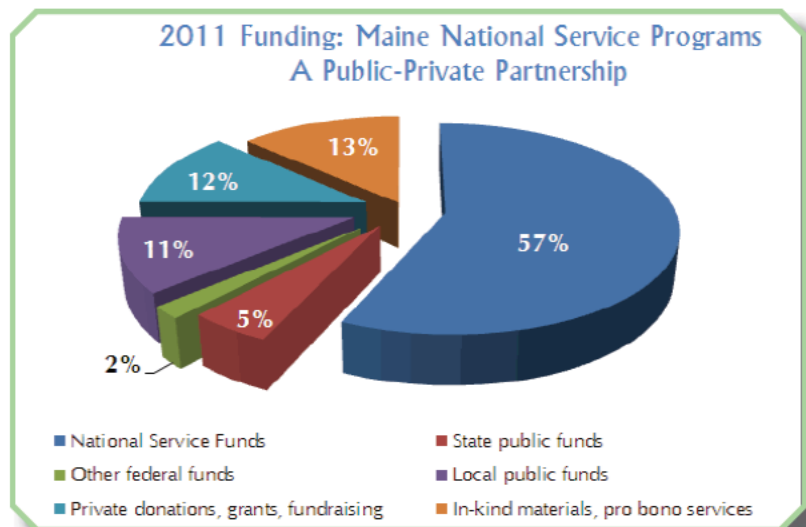
- ★ Senior Corps which is comprised of
 - ◆ Senior Companions
 - ◆ Foster Grandparents
 - ◆ Retired and Senior Volunteer Program (RSVP)
- ★ AmeriCorps which has three programs
 - ◆ AmeriCorps*State/National
 - ◆ AmeriCorps*VISTA
 - ◆ AmeriCorps*NCCC
- ★ The Volunteer Generation Fund which, through grants to regional volunteer centers, develops strong volunteer management and promotes volunteer engagement in solutions to local problems.
- ★ Senior Corps and AmeriCorps whose volunteers served at least 100 hours during 12 months and many gave over 2,000 hours in a year to their assignment.

[Note, community volunteers in Maine contribute an average of 43 hours/year which is a level of volunteering that is significantly higher than the national average. As a result, Maine ranks 4th in terms of the hours/volunteer in community-based programs.]

- ★ 2,640 people served as Maine AmeriCorps Members, Foster Grandparents, Senior Companions, or RSVP volunteers.
- ★ Strong support for the program participants (Foster Grandparents, Senior Companions, AmeriCorps Members, RSVP volunteers).

The overall retention rate of volunteers in community programs is 68%, the retention rate in National Service is stronger. For example, last year 98% of AmeriCorps members serving in Maine completed the term of service they agreed to do.

- ★ program grant dollars
 - ◆ leverage local resources (\$1 federal to \$0.76 local)
 - ◆ underwrite the foundational training, supervision, materials, tools, and support required for any volunteer to be effective in their assigned tasks.





THE CORPORATION FOR NATIONAL AND COMMUNITY SERVICE (CNCS)

✪ is the federal agency that oversees AmeriCorps, Senior Corps, and the Volunteer Generation Fund.

✪ committed more than \$7,300,000 in 2011 to support Maine communities through national service programs and grants.

THE MAINE COMMISSION FOR COMMUNITY SERVICE (MCCS)

- ✪ awards National Service grants worth nearly \$2 million to Maine agencies and school districts that sponsor National Service projects.
- ✪ is the state government partner for CNCS. The 25 citizens on the Commission are appointed by the governor and each represents a different facet of Maine's volunteer sector.
- ✪ was established in Maine statute in 1995.
- ✪ builds capacity and sustainability in Maine's volunteer and service communities by
 - ◆ funding national and community service programs,
 - ◆ providing technical assistance and training to all National Service grantees in Maine,
 - ◆ raising awareness of the impact and reach of National Service as well as community volunteers, and
 - ◆ promoting service as a strategy to tackle local problems.



THIS REPORT

This document profiles the 2011 AmeriCorps, Senior Corps, and Volunteer Generation Fund grantees that are making a significant contribution to the quality of life in Maine communities. For example,

- ◆ 2,147 children had the undivided attention of Foster Grandparents who tutored and mentored them.
- ◆ 70% of Head Start teachers report very significant improvement in academics and social skills among students mentored or tutored by Foster Grandparents.
- ◆ There was a 10% drop in recidivism among inmates in ME correctional facilities who completed the Thresholds decision making program taught by RSVP volunteers.
- ◆ In Penobscot County, 81% of the seniors completing the Bone Builder exercise classes taught by RSVP volunteers reported an increase in muscle strength, flexibility and balance.
- ◆ 905 homebound elders had the assistance and support of a Senior Companion in order to remain living independently in their homes. An economic impact study done for one of the Senior Companion programs documented \$4.8 million dollars annual avoided assisted living costs for MaineCare.
- ◆ AmeriCorps members helped teachers, students, and community programs build 179,455 square feet of school gardens.
- ◆ 315 students with disabilities examined options for post-high school life and began planning for their futures as independent adults through a transition course taught by AmeriCorps members.
- ◆ AmeriCorps Members recruited 435 volunteers for 12 agencies (fire departments, Emergency response agencies, and disaster services agencies). Together, the new volunteers and AmeriCorps Members responded to calls for assistance effecting 1,500 citizens.
- ◆ 8 counties launched volunteer centers and, in the first year, recruited 8,479 volunteers to tackle educational, home energy, and health problems in communities thanks to Volunteer Generation grants.

We hope you find this report informative. We urge you to contact the program staff with any questions or to arrange a visit. There is surely a National Service volunteer who would be happy to meet with you.

Foster Grandparents

Share Today. Shape Tomorrow.

PROGRAM OVERVIEW

The Foster Grandparent Program (FGP), which began in 1965, provides tutors and mentors to children and youth who are disadvantaged or have disabilities.

Working one-on-one and serving between 15 and 40 hours a week, Foster Grandparents provide support in schools, hospitals, drug treatment centers, correctional institutions, and child care centers. They review schoolwork, reinforce values, teach parenting skills to young parents, and care for premature infants and children with disabilities. Foster Grandparents often maintain an ongoing, intensive relationship with the children and youth served for a year or longer.

Eligibility: Volunteers must be 55 years of age or older.

Benefits: Those who meet certain income guidelines receive a small stipend. All FGP volunteers receive accident and liability insurance and meals while on duty, reimbursement for transportation, and monthly training.



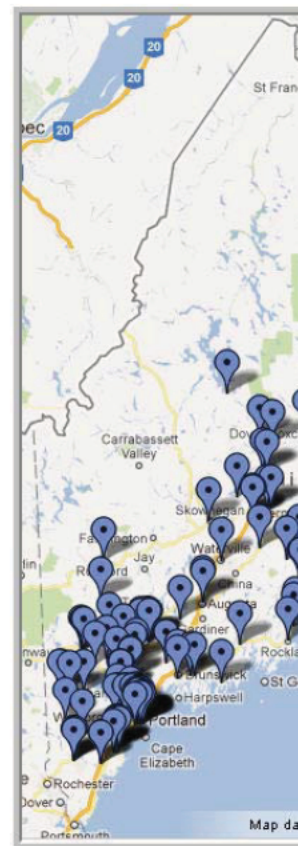
MAINE 2011 FGP STATISTICAL HIGHLIGHTS

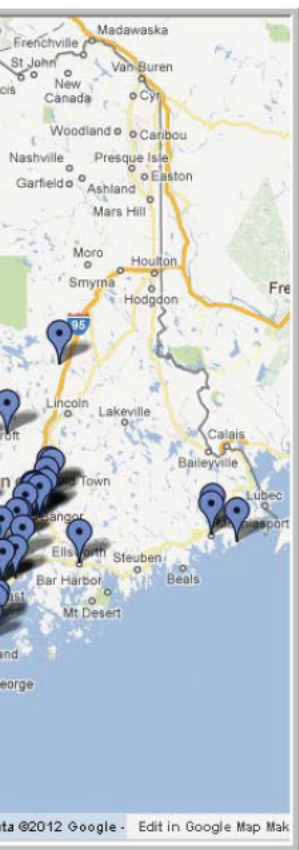
222	Volunteers (168 work with 6-10 children each week)
197,397	Hours served
889	Average hours/volunteer
2,147	Children served (702 under age 5; 1,269 were 6-12 years old)
319	Children with disabilities served
2	Number of Program Grantees
\$905,896	Annual Federal Funding
\$223,856	Non-Federal Support

FOSTER GRANDPARENTS SITES IN MAINE

Penquis
FGP Community Partners:
*65 partners

Auburn, Park Avenue Elementary , (2)
Auburn, St. Joseph Child Development Center, (1)
Auburn, Sherwood Heights Elementary, (4)
Augusta, Gilbert School , (2)
Augusta, SKCDC-Webster Head Start/ Child Care, (1)
Bangor, Bangor Public Library , (1)
Bangor, Penobscot Job Corps , (1)
Bangor, Penquis/Job Corps HS/Child Care, (2)
Bangor, Penquis/Venture Way, (2)
Bangor, Penquis-Nurturing Fathers Program, (1)
Bath, Family Focus, Bath Center, (3)
Bath, Family Focus, Before & After Program,
Belfast, Waldo CAP/ Belfast Head Start,
Belfast, Waldo County YMCA Child Care, (1)
Boothbay Harbor, Boothbay Regional Elementary, (1)
Brewer, Community School, (2)
Brooks, Morse Memorial School, (1)
Brunswick, Family Focus, Brunswick Center, (2)
Bucksport, Reach School , (1)
Camden, Pen Bay YMCA Child Care, (1)
Cutler, Bayridge School , (1)
Dexter, Penquis/Dexter Head Start , (1)
Dexter, Ridge View Community School , (2)
Dover Foxcroft, Sedomocha Elementary School , (2)
East Machias, Elm Street School , (2)
East Millinocket, Penquis KRCDC Head Start, (1)
Eddington, Eddington Elementary School , (1)
Ellsworth, Ellsworth Elementary, (1)
Greenville, Greenville Union 60,
Guilford, Piscataquis Community Elementary , (4)
Hampden, Weatherbee School, (1)
Hartland, Somerset Valley Middle School, (1)
Lewiston, Androscoggin HS/Bates St. Community Bldg , (2)
Lewiston, Androscoggin Head Start/River St., (1)
Lewiston, Farwell Elementary, (1)
Lewiston, Geiger Elementary, (2)
Lewiston, McMahon School, (2)
Lewiston, Montello Elementary School, (1)
Lisbon Falls, Androscoggin HS/Lisbon, (1)
Machiasport, Fort O'Brien School, (1)





Milo, Penquis/Milo Head Start, (1)
Monroe, Monroe Elementary School , (2)
Newport, Newport Elementary School, Newport, Penquis/Newport Head Start, (1)
Nobleboro, Central Lincoln County YMCA Child Care, (1)
Old Town, Penquis/Old Town Head Start, (3)
Old Town, Old Town Elementary School, (1)
Orono, Sharing Place, (1)
Oxford, Oxford Elementary School
Pittsfield, Maine Central Institute, (1)
Pittsfield, Manson Park School, (1)
Pittsfield, Vickery School, (2)
Poland, Poland Community School, (1)
Rockland, Penquis/Rockland HS/CC, (1)
Rockport, Camden/Rockport Elementary, (1)
Rumford, Community Concepts, Chisholm High School, (2)
Searsport, Waldo CAP/ Searsport Head Start, (1)
Skowhegan, KVCAP/ Skowhegan Head Start
Topsham, Woodside Elementary ,
Unity, Waldo CAP/Unity Head Start, (1)
Waterville, KVCAP- Educare, (2)
West Gardner, Helen Thompson School, (2)
West Paris, Agnes Gray Scholl, (1)
Winterport, Leroy Smith Elementary, (1)
Winterport, Waldo CAP/ Winterport Head Start

Opportunity Alliance FGP Community Partners: *63 Partners

Biddeford, Biddeford Primary School, (2)
Biddeford, St. James School, (1)
Bridgton, Opportunity Alliance Child Development Center, (1)
Bridgton, Opportunity Alliance Early Headstart, (1)
Bridgton, Stevens Brook Elementary, (1)
Casco, Opportunity Alliance Head Start, (1)
Cornish, Cornish Elementary, (2)
Gorham, Great Falls School, (2)
Gorham, Opportunity Alliance Child Development, (1)
Gorham, Village School, (2)
Gray, Burchard Dunn School Summer Reading Program, (1)
Gray, Russell School, (2)
Hiram, Sacopee Valley Middle School, (1)
Hiram, South Hiram Elementary School, (2)
Kennebunk, Kennebunk Elementary, (1)

Kennebunk, Kennebunk Summer Reading Program, (1)
Naples, Lakes Region Vocational Center, (1)
New Gloucester, Burchard Dunn School Summer Reading Program, (1)
New Gloucester, Memorial School, (2)
Portland, Catherine Morrill Child Development Center, (4)
Portland, East End Community School, (5)
Portland, Hall School, (1)
Portland, Longfellow School, (4)
Portland, Lyseth School, (4)
Portland, Ocean Ave School, (4)
Portland, Opportunity Alliance Deering Place Child Development, (1)
Portland, Opportunity Alliance East End Children's Workshop, (4)
Portland, Opportunity Alliance Kennedy Park Head Start, (1)
Portland, Opportunity Alliance Sagamore Child Development Center, (1)
Portland, PATHS Early Learning Center, (1)
Portland, Portland High School, (1)
Portland, Portland Schools summer multi-lingual camp, (10)
Portland, Presumpscot School, (2)
Portland, LearningWorks, (1)
Portland, Reiche School, (5)
Portland, Riverton School, (9)
Portland, St. Brigid's School, (2)
Portland, St. Elizabeth's Child Development Center, (1)
Portland, The Children's Center, (1)
Raymond, Raymond Elementary School, (2)
Saco, Burns School, (1)
Saco, Fairfield School, (4)
Saco, Saco Middle School, (1)
Saco, Saco Summer Reading Program Young School, (4)
Saco, Young School, (5)
Sanford, Emerson School, (1)
Sanford, Kids Club Summer Program, (2)
Sanford, Lafayette School, (1)
Sanford, Margaret Chase Smith, (1)
South Portland, Brown School, (2)
South Portland, Club 21 Summer ELL Program, (2)
South Portland, Jump Start summer literacy program, (2)
South Portland, Kaler School, (3)
South Portland, Skillin School, (1)
W. Baldwin, Baldwin Consolidated School, (1)
Waterboro, Waterboro Elementary, (1)
West Newfield, Line School, (4)
Westbrook, Congin School, (1)
Westbrook, Opportunity Alliance Westbrook Pre-Kindergarten, (2)
Westbrook, Prides Corner School, (1)
Windham, Manchester School, (4)
Windham, Windham Primary School, (5)
Windham, Windham Summer Reading Program, (3)



GRANTEE PROFILE: FOSTER GRANDPARENTS, PENQUIS, INC.

BACKGROUND

- ★ **Primary Area of Need:** Education
- ★ **Service Activity Categories:** Mentoring for Educational Success.
- ★ **Serving these areas of Maine:** Aroostook, Androscoggin, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington
- ★ **Mission (purpose) of this National Service program:** Our goal is to assist at-risk children to succeed by placing them with senior volunteers, who will assist them with academic and social skills. Our secondary goal is to keep senior volunteers active in their communities and thus improving their health and ability to remain independent and in their own homes.
- ★ **Why National Service program is the best response:** National Service is the best response because you need a strong, structured program to find and recruit volunteers to work with this vulnerable population. The sites have to be satisfied that the volunteer placed at their site is qualified and safe to work with this population. This makes a program through a federal agency that is supported with federal dollars and therefore held to the federal regulations the best way to support such a program.

COMMENT FROM THE COMMUNITY:

"Students that the Foster Grandparent works with daily are calmer, caring, have better attendance and show more reading and writing gains, according to our district assessments, than their peers who do not have the one on one time with them. Our school's discipline data also shows that the students that work with the Foster Grandparents have better focus and attention in the classroom and have fewer disciplinary issues during unstructured time (lunch, recess, bus, etc.)."

"The elimination of this program would have a negative impact on student attendance, behavior, self-esteem and, academic achievement."

Matthew Houghton, Principal, RSU#3 (Brooks and Monroe)

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	108	93
Total hours of service	79,435	79,276
Average hours/participant	736	852

★ **Status of requests for service, unmet need:** We have sites call every week looking for volunteers or additional volunteers; our problem is finding the volunteers to fill these slots. Without federal funds to recruit and market the program, we have to rely on word of mouth from the existing volunteers or buy “volunteers wanted” ads, sent out by the sites with their monthly newsletters. It usually takes a month to a month and a half to get a new volunteer through the background checks and orientation process before we can place the volunteer at a site.

★ **The role of National Service Program funds:** Because the Foster Grandparent Program pays a stipend to assist the low income senior with volunteering, it would be impossible to raise this amount of revenue at the local and state level. This program was set up to assist two of our vulnerable populations, the at-risk children in our communities and the low income seniors in our communities. It is a win-win program when you can use one set of federal dollars and help two populations by giving children the assistance they need to succeed and helping seniors stay active and healthy and remain in their own homes.

★ **Program Budget**

**National Service grants are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$361,119	\$361,119
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$9,000	\$7,000
Private donations/fundraising	\$10,515	\$3,889
Private grants (including United Way)	\$4,249	\$4,000
Fee-for-service revenue	\$0	\$0
In-kind materials	\$33,000	\$33,000
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$429,223	\$423,348


MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 60% of teachers reported student improvement as a direct result of students working with Foster Grandparents. On a scale of 1-5, with 5 being the most improvement, they rated the following subject areas: improved academic skill 3.69; improvement in relationships with peers and adults 3.72; and improved self-esteem 3.86.

★ **What it took to do this**

40,150	Completed units of service (hours volunteered)
55	National Service participants involved in this effort
456	Number of citizens who were affected (beneficiaries)
\$5.07	Program cost per unit of service due to National Service volunteer effort
\$16.50	Comparable commercial or market unit cost without volunteers

★ **Major partners in the work:** 32 schools in our 14 county area partnered with us to allow Foster Grandparents to become a part of the school program and assist the children that needed extra help.



Second Accomplishment: 70% of Head Start Teachers report the following improvement in students as a result of Foster Grandparents working with those students. On a scale of 1-5 with 5 being most improved, they reported the following successes: improved academics 4.1; improved Social Skills 3.95; and improved emotional abilities 3.85.

✦ **What it took to do this**

16,060	Completed units of service (hours volunteered)
55	National Service participants involved in this effort
456	Number of citizens who were affected (beneficiaries)
\$5.07	Program cost per unit of service due to National Service volunteer effort
\$16.50	Comparable commercial or market unit cost without volunteers

✦ **Major partners in the work:** 32 schools in our 14 county area partnered with us to allow Foster Grandparents to become a part of the school program and assist children that needed extra help.

Third Accomplishment: 60% of the teachers in the English as a Second Language program reported improvement in the children's language by working with a Foster Grandparent. On a scale of 1-5 with 5 being the most improved, they showed the following results: improved English skills 4.0 and improved classroom participation 3.83.

✦ **What it took to do this**

4,380	Completed units of service (number of hours volunteered)
55	National Service participants involved in this effort
456	Number of citizens who were effected (beneficiaries)
\$5.07	Program cost per unit of service due to National Service volunteer effort
\$16.50	Comparable commercial or market unit cost without volunteers

✦ **Major partners in the work:** 32 schools in our 14 county area partnered with us to allow Foster Grandparents to become a part of the school program and assist the children that needed extra help.

FOR MORE INFORMATION:

Gary Dorman, Penquis, Inc.
262 Harlow Street, Bangor, ME 04401
gdorman@penquis.org
207-973-3685



GRANTEE PROFILE: OPPORTUNITY ALLIANCE FOSTER GRANDPARENT PROGRAM

BACKGROUND

- ✧ **Primary Area of Need :** Education
- ✧ **Service Activity Categories:** Mentoring for educational success, out-of-school time and/or summer learning, Head Start/school readiness/early childhood education, tutoring .
- ✧ **Serving these areas of Maine:** Cumberland, Oxford, York
- ✧ **Mission (purpose) of this National Service program:** Providing meaningful stipend opportunities for adults 55 years and older to meet critical community needs through volunteerism.
- ✧ **Why National Service program is the best response:** The stipended volunteer opportunities provided by the Foster Grandparent Program meet the needs of three constituencies: older men and women living on a fixed income interested in serving their communities through volunteering; children with special needs matched with the volunteers; and, non-profit and public schools who benefit from the volunteer efforts of Foster Grandparents.

COMMENT FROM THE COMMUNITY:

"Our Foster Grandparent has been such a wonderful asset to my class. Having an extra set of eyes & hands in kindergarten is so very helpful. She demonstrates such a positive attitude, kindness and a willingness to learn new things and try something different. The children see and hear such positive attitudes and they thrive upon it. The children take pride to go and read their "Books in a Bag" daily with her.

"On many occasions some of the children will share moments with the Foster Grandparent in small group settings that they would not do with me in a large group setting. She is the best! I consider myself so lucky to have her as part of my classroom!"

DATA SNAPSHOTS

- ✧ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	128	129
Total hours of service	108,603	118,121
Average hours/participant	848	915

- ✧ **Status of requests for service, unmet need:** 10 classrooms are on wait list for a Foster Grandparent; waiting time is 3-6 months.
- ✧ **The role of National Service Program funds:** National service program funds enable local communities to create programming to provide professional volunteer management tapping into the tremendous resources of older Americans interested, willing and able to serve in their communities.

★ Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	\$521,552	\$544,777
State public funds	\$23,741	\$23,741
Other federal funds	\$0	\$0
Local public funds	\$97,070	\$70,546
Private donations/fundraising	\$ 6,391	\$2,860
Private grants (including United Way)	\$35,421	\$33,498
Fee-for-service revenue	\$0	\$0
In-kind materials	\$43,061	\$30,982
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$727,236	\$706,404

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Teachers reported that, with the help of Foster Grandparents, 88% of students improved their academic performance.

★ What it took to do this

103,404	Completed units of service (number of hours a Foster Grandparent volunteers in classroom working with students one-to-one or in small groups)
104	National Service participants involved in this effort
893	Number of citizens who were affected (beneficiaries)
\$5.98 /hr	Program cost per unit of service due to National Service volunteer effort
\$16.50/hr	Comparable commercial or market unit cost without volunteers

★ **Major partners in the work:** Public schools in Alfred, Biddeford, Cornish, Gorham, Gray/New Gloucester, Hiram, Kennebunk, Naples, Portland, Raymond, Saco, Sanford, Songo Locks, South Portland, Waterboro, Westbrook, West Newfield, Windham. Corporation for National and Community Service, cities of Portland and South Portland Community Development Block Grants, Cumberland County Commissioners, Greater Portland United Way, State of Maine Office of Elderly Services, United Way of York County.

Second Accomplishment: 90% of child development teachers reported Foster Grandparents' interactions with children boosted their self-confidence.

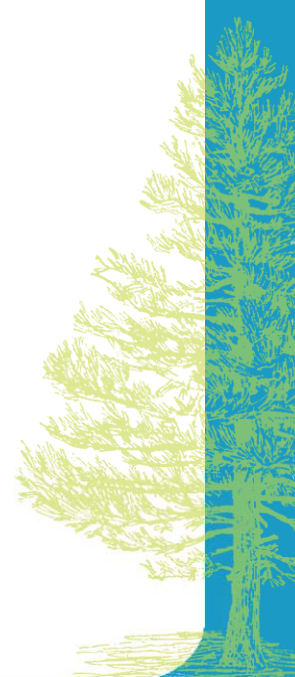
★ What it took to do this

10,015	Completed units of service (children with increased self-confidence)
19	National Service participants involved in this effort
213	Number of children who were effected (beneficiaries)
\$5.98/hr	Program cost per unit of service due to National Service volunteer effort
\$16.50/hr	Comparable commercial or market unit cost without volunteers

- 
- ✦ **Major partners in the work:** Catherine Morrill Child Development, The Children's Center, Opportunity Alliance Child and Family Services, Peaks Island Child Development, St. Elizabeth's Child Development, York County Head Start, Youth and Family Outreach. Corporation for National and Community Service, cities of Portland and South Portland Community Development Block Grants, Cumberland County Commissioners, Greater Portland United Way, State of Maine Office of Elderly Services, United Way of York County.

FOR MORE INFORMATION:

Susan Lavigne, The Opportunity Alliance
510 Cumberland Avenue, Portland, 04101
Susan.lavigne@opportunityalliance.org
207-553-5970



RSVP

Lead With Experience

PROGRAM OVERVIEW

Established in 1971 and now one of the largest senior volunteer organizations in the nation, RSVP engages more than 400,000 people age 55 and older in a diverse range of volunteer activities.

Volunteers tutor children, teach English to immigrants, assist victims of natural disasters, provide independent living services, recruit and manage other volunteers, and serve their communities in many other ways. RSVP volunteers choose how, where, and how often they want to serve, with commitments ranging from a few hours to 40 hours per week.

Eligibility: RSVP is open to people 55 and older.

Benefits: Volunteers do not receive monetary incentives, but sponsoring organizations may reimburse them for expenses incurred during service, including meals and transportation.



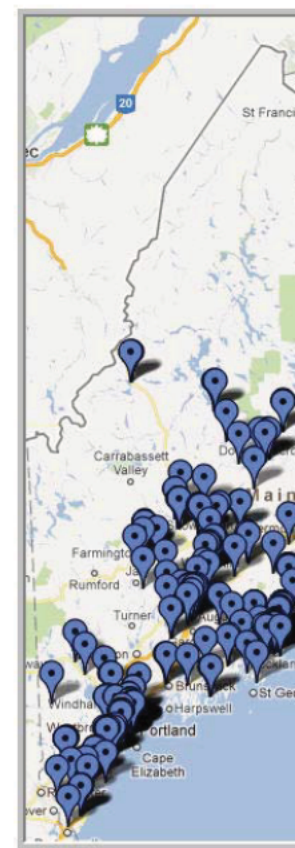
MAINE 2011 RSVP HIGHLIGHTS

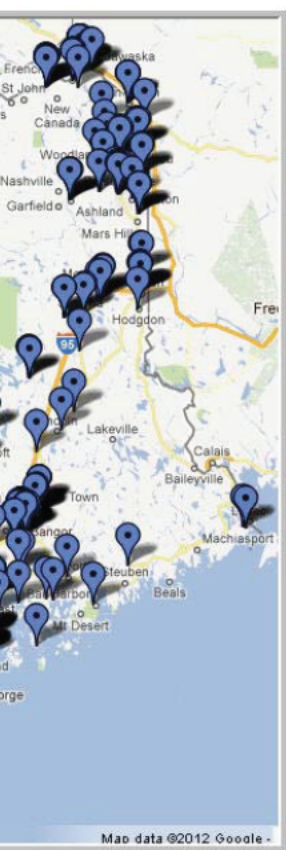
1,586	Volunteers
235,852	Hours served
149	Average hours/volunteer
5	Number of grantees
210	Veterans served
1,327	Seniors receiving independent living services
1,399	Hours of hospice support
\$447,395	Annual Federal CNCS funding
\$190,924	Non-Federal support

RSVP SITES IN MAINE

Aroostook RSVP Community Partners: * 110 Partners

Ashland, Agency on Aging
 Ashland, Ashland Logging Museum
 Ashland, Ashland Senior Center
 Ashland, Good Shepherd Thrift Shop
 Ashland, North Woods Manor
 Augusta, VolunteerMaine Partnership
 Caribou, Adult Multiple Alternative Center
 Caribou, Agency on Aging (2)
 Caribou, American Red Cross- Pine Tree Chapter
 Caribou, Aroostook Community Action,
 Caribou High School
 Caribou, Caribou Chamber of Commerce
 Caribou, Caribou Historical Society
 Caribou, Caribou Rehab and Nursing Center
 Caribou, Caribou School Department
 Caribou, Caribou Senior Center
 Caribou, Caribou Veterans Center
 Caribou, Cary Medical Center
 Caribou, Catholic Charities of Maine
 Caribou, Good Samaritan Thrift Shop
 Caribou, Halfway Home Pet Rescue
 Caribou, Maine Veterans Home
 Caribou, Visiting Nurses of Aroostook
 Dyer Brook, Aroostook Community Action, Dyer Brook HS
 Dyer Brook, South Aroostook Community School District
 Easton, Happy Day Club
 Fort Fairfield, Field's Lane Sunshine Club
 Fort Fairfield, Fort Fairfield Chamber of Commerce
 Fort Fairfield, Fort Fairfield Elementary School
 Fort Kent, Agency on Aging
 Fort Kent, Crosswinds Residential Care
 Fort Kent, Forest Hill Manor
 Fort Kent, Fort Kent Chamber of Commerce
 Fort Kent, Fort Kent Historical Society
 Fort Kent, Fort Kent Senior Center
 Fort Kent, Good Shepherd Thrift Shop
 Fort Kent, Greater Fort Kent Ecumenical Food Pantry
 Fort Kent, Northern Maine Medical Center
 Fort Kent, University of Maine
 Fort Kent Mills, Paws Animal Welfare Society, Inc.
 Frenchville, Agency on Aging
 Frenchville, Daughters of Isabella
 Frenchville, Good Samaritan Thrift Shop
 Hamlin, Van Buren Mercy Meals
 Hodgdon, Mill Pond School
 Houlton, Agency on Aging (2)





Houlton, Aroostook Historical & Art Museum
Houlton, Crestview Manor
Houlton, Gardiner Healthcare Facility
Houlton, Houlton Humane Society
Houlton, Houlton Regional Hospital
Houlton, Madigan Estates Nursing Home
Houlton, MSAD # 29 Houlton Elementary
Houlton, Town & Country Senior Citizens
Island Falls, Green Valley Association
Island Falls, Island Falls Senior Citizens
Limestone, Aroostook National Wildlife Refuge
Limestone, Limestone Estates Senior Center
Limestone, Limestone Manor
Limestone, St Louis Ecumenical Food Pantry
Littleton, Agency on Aging
Littleton, Southern Aroostook Agricultural Museum
Madawaska, Agency on Aging
Madawaska, Forever Young Club
Madawaska, High View Rehab & Living Center

Madawaska, La Maison Acadienne

Madawaska, Madawaska Historical Society
Madawaska, NMMC- Acadia Fitness Center
Madawaska, Ridgewood Estates
Madawaska, Social Justice and Peace
Mapleton, Agency on Aging
Mapleton, Chapman, Castle Hill, Sr, Mapleton
Mars Hill, Aroostook Community Action, Mars Hill HS
Mars Hill, Agency on Aging
Mars Hill, Mars Hill Community Cupboard
Mars Hill, SAD #42
New Sweden, Maine Swedish Colony Inc.
Oakfield, Agency on Aging
Oakfield, Oakfield Historical Society
Oakfield, Oakfield Senior Citizens
Patten, Patten Lumbermen's Museum
Patten, Patten Senior Citizen's Club
Perham, Town of Perham
Presque Isle, A.R.T.S.
Presque Isle, Agency on Aging (4)
Presque Isle, Aroostook Community Action
Presque Isle, Aroostook Community Action, Presque Isle HS
Presque Isle, Aroostook Medical Center
Presque Isle, Central Aroostook Humane Society
Presque Isle, Leisure Gardens/Leisure Village
Presque Isle, MSAD #1
Presque Isle, Northern Maine Community College
Presque Isle, Presque Isle Chamber of Commerce

Presque Isle, Presque Isle Rehab & Nursing Center
Presque Isle, Star City Senior Citizens
Presque Isle, United Way of Aroostook
Presque Isle, University of Maine
Presque Isle, Wintergreen Arts Center
Patten, Mountain Heights Health Care
Silver Ridge, Sherman Area Senior Citizens
St. Agatha, Long Lake Public Library
St. David, Frenchville Friendly Visitors
St. David, St David Bereavement Meals
Stockholm, Stockholm Historical Society & Museum
Van Buren, Agency on Aging
Van Buren, Abel J. Morneault Memorial Library
Van Buren, Acadian Village
Van Buren, Borderview Rehab and Living Center
Van Buren, People Helping People Thrift Shop
Van Buren, Van Buren Visitors
Washburn, Agency on Aging
Washburn, Washburn Elementary School
Washburn, Washburn Memorial Library
Woodland, School Union #122

HealthReach RSVP Community Partners: *67 Partners


Albion, Meadow-by-the-Brook, (2)
Athens, Cornville Athens Food Pantry, (5)
Augusta, Chateau Cushnoc, (7)
Augusta, Kennebec County Correctional Facility, (8)
Augusta, Maine General Health Early Learning Center, (1)
Augusta, Region Three Probation, (2)
Augusta, St Mark's Home for Women, (4)
Canaan, Canaan Community Food Bank, (3)
Canaan, Canaan Elementary School-Pre School, (1)
East Vassalboro, Vassalboro Public Library, (1)
Fairfield, Fairfield Historical Society, (8)
Fairfield, Lawrence Public Library, (1)
Farmingdale, Southern Kennebec Child Development Corp., (1)
Farmington, Edgewood Rehab & Living Center, (3)
Farmington, Franklin Memorial Hospital, (25)
Farmington, Orchard Park Rehab & Living Center, (3)
Farmington, Pinewood Terrace, (1)
Farmington, Sandy River Center for Health, (1)
Hallowell, Maine Department of Corrections Central Maine Pre-Release Center
Hallowell, William S. Cohen Community Center, (9)
Hinckley, Good Will-Hinckley, (1)
Jackman, Jackman Library Association, (6)
Jackman, Jackman-Moose River Historical, (8)
Litchfield, Libby Tozier School, (2)
Litchfield, Litchfield Community Food Bank, (11)
Livermore Falls, Livermore Falls Head Start, (1)
Madison, Maplecrest Living Center, (7)

Madison, People Who Care, (15)
Madison, Somerset County Sheriff's Office, (4)
Manchester, KSYMCA-Manchester Learning Center, (1)
Mt. Vernon, CSD #10 Union 42 (Maranacook Area Schools), (2)
New Sharon, Jim Ditzler Memorial Library, (1)
North Anson, Madison-Anson Senior Citizens Group, (9)
North Anson, Town of Emden Elementary School Building, (2)
Pittsfield, Pittsfield Community Project, (5)
Pittsfield, Seabasticook Valley Hospital- Community Health, (1)
Readfield, Readfield Elementary School, (1)
Sidney, James H. Bean School, (2)
Skowhegan, Cedar Ridge Center for Health Care & Rehab, (1)
Skowhegan, Hospice Vols of Somerset County, (2)
Skowhegan, Newborns In Need, (4)
Skowhegan, Redington-Fairview General Hospital, (1)
Skowhegan, Skills Inc. Thrift Shop, (2)
Skowhegan, Skowhegan Community Food Cupboard, (12)
Solon, Solon Thrift Shop & Food Cupboard, (8)
Topsham, American Cancer Society, (3)
Vassalboro, Vassalboro Public Library, (1)
Waterville, Alford Youth Center, (1)
Waterville, Colby College/RSVP Walking Program, (1)
Waterville, Corpus Christi Parish, (9)
Waterville, Greater Waterville Area Food Bank, (5)
Waterville, HealthReach Community Health Centers, (1)
Waterville, Hospice Volunteers of Waterville Area, (2)
Waterville, Inland Hospital, (10)
Waterville, Lakewood manor, (5)
Waterville, Maine Children's Home, (5)
Waterville, Mount St. Joseph, (3)
Waterville, Muskie Community Center, (5)
Waterville, New Beginnings Church of God, (1)
Waterville, United Way of Mid-Maine, (2)
Waterville, United Methodist Church - Bone Builders, (4)
Waterville, Waterville Public Library, (1)
Wilton, Literacy Volunteers of Franklin & Somerset County, (8)
Winthrop, Telephone Pioneers, (7)

Penquis RSVP Community Partners: ***80 Partners**

Augusta, CASA
Augusta, Maine Long-Term Care Ombudsman Program
Bangor, Maine Safe Medicine Disposal Program
Bath, AARP Tax Aid Program
Belfast, Belfast Chamber of Commerce
Belfast, Belfast Industries
Belfast, Belfast Soup Kitchen
Belfast, Broadreach

Belfast, The Commons at Tall Pines
Belfast, TRIAD Waldo County Law Enforcement
Belfast, WCAP Head Start
Belfast, Spectrum Generations- Waldo
Boothbay Harbor, Bay Landing Apts.
Boothbay Harbor, TRIAD Lincoln County
Brooks, Jolly Neighbors
Camden, Camden Public Library
Camden, Community School
Camden, Megunticook House
Camden, Merry Gardens Estates
Camden, Midcoast Habitat for Humanity
Camden, People Place Cooperative Preschool
Camden, Quarry Hill
Camden, Sixty-Three Washington Street
Coopers Mills, Country Manor Nursing Home
Damariscotta, Coastal Resource (Spectrum Generations)
Damariscotta, Skidompha Library
Friendship, Friendship/Cushing Food Pantry
Jefferson, Damariscotta Lake Watershed Association
Knox, Matter of Balance
Knox, Unity Senior Citizens
Northport, Edna Drinkwater Elementary School
Owls Head, Owls Head Transportation Museum
Port Clyde, Marshall Point Lighthouse Museum
Rockland, AIO
Rockland, Red Cross/Homeland Security
Rockland, Bartlett Woods Retirement Community
Rockland, Big Brothers/Big Sisters
Rockland, Camden Meal Site
Rockland, Coastal Trans
Rockland, Farnsworth Art Museum
Rockland, Georges River Land Trust
Rockland, Head Start/Rockland Born to Read
Rockland, Head Start/Rockland Library Project
Rockland, Island Institute
Rockland, Kno-Wal-Lin
Rockland, Knox Center for Long Term Care
Rockland, Knox County Health Clinic
Rockland, Knox County TRIAD
Rockland, Lincoln County Special Projects (L-342)
Rockland, Marine Lighthouse Museum/ American Light-house Foundation
Rockland, Methodist Conference Home A
Rockland, Methodist Conference Home B
Rockland, Midcoast Regional Child Development
Rockland, New Hope for Women
Rockland, Pen Bay Regional Chamber of Commerce
Rockland, Rankin Center
Rockland, Rockland Rec Center
Rockland, Rockland Seafood Festival
Rockland, RSVP Special Projects Waldo
Rockland, RSVP Special Projects Knox
Rockland, St Bernard's Soup Kitchen
Rockland, Stella Maris Housing





Rockland, the Coastal Children's Museum
Rockland, RSVP Tri-County Advisory Council
Rockland, Spectrum Generations
Rockport, Bay Chamber Concerts
Rockport, Center for Maine Contemporary Art
Rockport, Pen Bay Medical Center
Thomaston, Quilt Project (Linus Project)
Thomaston, Rocky Coast House
Thomaston, the General Henry Knox Museum
Thomaston, Thomaston Public Library
Union, Come Spring Food Pantry
Union, Matthews Museum
Union, the Mildred Stevens Williams Library
Union, Thomaston Community Center
Union, Vose Library
Waldoboro, Friendship Street Head Start
Warren, Thomaston Interchurch Food Pantry
Wiscasset, Chewonki

R.S.V.P. of Southern Maine Community Partners: *119 Partners

Augusta, Long Term Care Ombudsman Program
Berwick, Table of Plenty
Biddeford, Books Revisited
Biddeford, Agency on Aging/Nutrition
Bridgton, Bridgton Health Care Center
Falmouth, Block Island Maritime Funding Falmouth
Falmouth, Maine Audubon
Falmouth, Sedgewood Commons
Gorham, Gorham House
Gorham, Gorham School
Kennebunk, Huntington Common-Bradford
Kennebunk, Kennebunk Nursing & Rehabilitation Center
Kennebunk, Agency on Aging/Nutrition
Kennebunkport, AARP Tax-Aid Program- York County
Kezar Falls, Agency on Aging/Nutrition
Kittery, Agency on Aging/Nutrition
Moody, Wells Ogunquit Senior Center
Naples, Agency on Aging/Nutrition
North Berwick, Varney Crossing Nursing Home
Ocean Park, Pines Retirement Center
Old Orchard Beach, Old Orchard Beach Historical Society
Portland, National Kidney Foundation
Portland, Barron Center
Portland, Catherine Morrill Day Nursery
Portland, Catholic Charities Maine-Refugee & Immigration Services
Portland, Children's Museum of Maine
Portland, Community Counseling Center
Portland, Dress for Success Southern Maine Portland
Portland, Greater Portland Convention & Visitors Bureau
Portland, Habitat for Humanity of Greater Portland
Portland, Hall School
Portland, Learning Works


Portland, Lucid Stage
Portland, Lyseth School
Portland, Maine Medical Center Elder Life Program
Portland, Maine Medical Center
Portland, Maine Narrow Gauge Railroad
Portland, Mercy Hospital
Portland, Portland Adult Education
Portland, Portland Mentoring Alliance
Portland, Portland Museum of Art
Portland, Portland Veterans Center
Portland, Salvation Army Center for Healthy Aging
Portland, Seventy Five State Street
Portland, Sexual Assault Response Services
Portland, St. Joseph's Manor
Portland, The Atrium at the Cedars
Portland, The Cedars
Portland, The Woods at Canco
Portland, United Way of Greater Portland
Portland, Victoria Mansion
Portland/Westbrook, Agency on Aging/Nutrition
Raymond, Raymond Village Library
Saco, Agency on Aging/Truslow Adult Day Center
Saco, Biddeford-Saco Chamber of Commerce
Saco, Evergreen Manor
Saco, Home Health-VNSM
Saco, Literacy Volunteers of America Greater Saco/
Biddeford Affiliate
Saco, Saco Museum
Saco, Sweetser
Saco, Wardwell Retirement Neighborhood
Sanford, Books Revisited
Sanford, Caring Unlimited
Sanford, Goodall Hospital
Sanford, Greenwood Center
Sanford, Literacy Volunteers of Greater Sanford
Sanford, Old Timer's Shop
Sanford, Agency on Aging/Nutrition
Sanford, The Newton Center Rehabilitation
Scarborough, AARP Tax-Aid Program- Cumberland County
Scarborough, Holbrook Health Center
Scarborough, Hospice of Southern Maine
Scarborough, Pine Point Center Health Care/Rehab
Scarborough, R.S.V.P. Bulk Mailers
Scarborough, R.S.V.P. Born to Read
Scarborough, R.S.V.P. Born to Read
Scarborough, R.S.V.P. Home Knitters
Scarborough, R.S.V.P. Leadership
Scarborough, R.S.V.P. Special Projects
Scarborough, Scarborough Land Conservation Trust
Scarborough, Scarborough Public Library
Scarborough, Agency on Aging
Scarborough, Agency on Aging/Nutrition
Scarborough, The Little Dolphin School
South Portland, Beacon Hospice
South Portland, Agency on Aging/Nutrition





South Portland, South Portland Schools
South Portland, U.S. Coast Guard
Topsham, American Cancer Society- NE Division
Wells, Town of Wells
Westbrook, Agency on Aging/Nutrition
Westbrook, Independent Transportation Network
Westbrook, Springbrook Nursing Care Center
Windham, Ledgewood Manor
Windham, Agency on Aging/Nutrition
Yarmouth, Agency on Aging/Nutrition
York, Sentry Hill
York, York Hospital
York, York Art Association

UMaine Center on Aging RSVP Community Partners: *64 Partners



Bangor, Avalon Village-Bone Builders, (2)
Bangor, Bangor Nursing & Rehab Center, (3)
Bangor, Bangor Public Library, (3)
Bangor, Eastern Area Agency on Aging, (3)
Bangor, Eastern Maine Medical Center, (15)
Bangor, Finson Road Assisted Living Facility, (5)
Bangor, Galen Cole Family Foundation, (10)
Bangor, Good Samaritan Agency, (2)
Bangor, Hammond Street Senior Center, (24)
Bangor, Hospice of Eastern Maine, (5)
Bangor, Maine Public Broadcasting Network, (1)
Bangor, Maine Veterans' Home, (6)
Bangor, Meals for ME Bangor Kitchen, (11)
Bangor, My Friend's Place, (22)
Bangor, Phillips-Strickland House, (3)
Bangor, Ralph Leek Elders-292, (7)
Bangor, St. Joseph Hospital, (11)
Bangor, Stillwater Healthcare, (2)
Bangor, UMaine Center on Aging RSVP, (4)
Bangor, United Way of Eastern Maine, (1)
Bar Harbor, MDI Housing Authority Meals for ME, (4)
Blue Hill, Friendship Cottage, (2)
Blue Hill, Parker Ridge- Bone Builders, (2)
Brewer, Bangor/Brewer Housing Authority, (5)

Brewer, Brewer Housing Authority - Bone Builders, (4)
Brewer, Brewer Public Library, (1)
Brewer, Ellen Leach Memorial Home, (4)
Brownville Junction, Guilford Community Cafe, (19)
Brownville Junction, Milo Community Cafe, (5)
Bucksport, Bucksport Area Child Care Center, (1)
Bucksport, Island Head Start, (3)
Castine, Castine Community Child Development Center
Cherryfield, Women's Health Resource Library, (3)
Dexter, Dexter Healthcare, (2)
Dover-Foxcroft, Hibbard Nursing Home, (1)
Dover-Foxcroft, Mayo Regional Hospital, (32)
Dover-Foxcroft, Pine Tree Hospice, (3)
Dover-Foxcroft, WomenCare, (2)
Ellsworth, Friends in Action - Bone Builders, (2)
Greenville, Charles A. Dean Memorial Hospital -Bone Builders, (1)
Greenville, Charles A. Dean Memorial Nursing Home, (2)
Guilford, Guilford Memorial Library, (2)
Hampden, Hampden Community Cafe, (6)
Hampden, Hampden Historical Society, (13)
Hampden, Roe Village Dining Room, (15)
Howland, Cummings Healthcare, (2)
Lincoln, Colonial Healthcare, (1)
Lubec, Lubec Preschool Learning Center, (1)
Lubec, Quoddy Bay Children's Center, (1)
Millinocket, Katahdin Area Support Group, (11)
Millinocket, Katahdin Health Care, (9)
Millinocket, Millinocket Community Cafe, (10)
Monson, Greenville Community Cafe, (5)
Newburgh, Hospital Chaplaincy Services, (10)
Old Town, Old Town YMCA -Bone Builders, (1)
Old Town, Old Town Housing Authority, (1)
Old Town, Old Town Public Library, (1)
Old Town, The Meadows, (3)
Orono, Collins Center For the Arts, (5)
Orono, Orono Health Association, (15)
Orono, Parker Dining Room, (1)
Orono, The Sharing Place, (1)
Stonington, Island Community Center, (4)
Winn, Lincoln Community Cafe, (16)



GRANTEE PROFILE: RSVP AROOSTOOK AREA AGENCY ON AGING, INC.

BACKGROUND

- ★ **Primary Area of Need :** Human services
- ★ **Service Activity Categories:** Independent Living; Transportation for Independent Living
- ★ **Serving these areas of Maine:** Aroostook
- ★ **Mission (purpose) of this National Service program:** RSVP of Aroostook provides an opportunity for those age 55 and older to give of their time and talents to help others through volunteer service at non-profit service agencies and units of government to improve the quality of life in northern Maine.
- ★ **Why National Service program is the best response:** Volunteers are willing to support activities that are personally meaningful and contribute to the quality of life of others in need. It is a cost-effective means to provide needed human resources to solve health and human service problems as well as address important community issues.

COMMENT FROM THE COMMUNITY:

"I have worked as an RSVP Volunteer for almost 20 years. As a former teacher, a care-giving personality comes naturally, and a friendly visit with homebound seniors gives me the opportunity to be of service to others.

Over the years, five to ten seniors each month have looked forward to my spending time with them at home, taking them out for a ride, going out to lunch or just a short walk around the house. Once a trusting relationship with each was established, they were comfortable sharing many tales and issues that otherwise would have added to their being home alone - and some are definitely lonely.

I also volunteer with RSVP at the Oncology Clinic. I interact with patients and help with record keeping.

I also am now volunteering at the UMFK Acadian Archives indexing a donated collection of 150+ DVD's that chronicle history in northern Maine. Being fluent in French is an asset for compiling this information since many of the interviews are all in French, or a mixture of French-English. Future generations will be able to enjoy this wealth of information. I thank RSVP for making it possible."

Simone Levesque, Fort Kent

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	464	420
Total hours of service	88,025	77,510
Average hours/participant	190	185

- ★ **Status of requests for service, unmet need:** N/A

- ★ **The role of National Service Program funds:** Federal funds provide the core support for the program. Without Federal money, the volunteer coordination would end and volunteer service would quickly erode away.

★ Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	\$91,619	\$89,594
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$17,083	\$13,486
Private donations/fundraising	\$14,639	\$18,236
Private grants (including United Way)	\$6,000	\$6,000
Fee-for-service revenue	\$0	\$0
In-kind materials	\$22,847	\$22,847
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$166,528	\$164,503

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 43 people received a ride to essential medical services including kidney dialysis, cancer therapy including chemo and/or radiation treatments and cardiac care.

★ What it took to do this

2,102	Completed units of service (medical trips to essential medical services)
12	National Service participants involved in this effort
43	Number of citizens who were affected (beneficiaries)
\$33.60	Program cost per unit of service due to National Service volunteer effort
n/a	Comparable commercial or market unit cost without volunteers


- ★ **Major partners in the work:** Aroostook Regional Transportation System identified older people and disabled people who lacked a means to get to an essential medical service or appointment.

Second Accomplishment: 155 homebound isolated seniors received daily reassurance telephone calls and/or home visits to assist in lessening feelings of loneliness and depression.

★ What it took to do this

10,562 hrs	Completed units of service (reassurance visit with homebound older person)
97	National Service participants involved in this effort
155	Number of citizens who were affected (beneficiaries)
\$2.20	Program cost per unit of service due to National Service volunteer effort
n/a	Comparable commercial or market unit cost without volunteers

- ★ **Major partners in the work:** Aroostook Area Agency on Aging and home health service providers identified homebound older people living in isolation lacking social support system.



Third Accomplishment: 140 homebound seniors and individuals with disabilities received a nutritious meal daily.

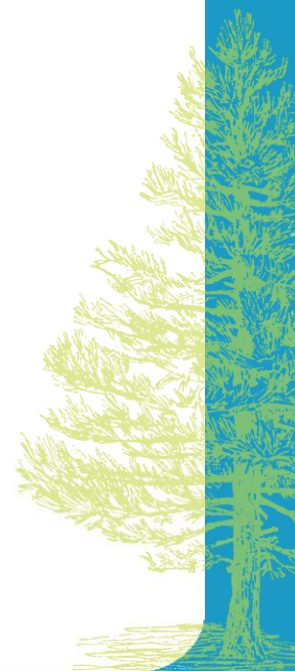
✪ **What it took to do this**

5,200 meals	Completed units of service (meals delivered)
20	National Service participants involved in this effort
140	Number of citizens who were affected (beneficiaries)
\$6.25	Program cost per unit of service due to National Service volunteer effort
n/a	Comparable commercial or market unit cost without volunteers

✪ **Major partners in the work:** Meals on Wheels program of Aroostook Area Agency on Aging provides the food and directs the delivery of meals.

FOR MORE INFORMATION:

Steve Farnham, Aroostook Area Agency on Aging, Inc.
1 Edgemont Drive, Suite B, Presque Isle, 04769
stevefarnham@aroostookaging.org
(207) 764-3396





GRANTEE PROFILE: RSVP, HEALTHREACH NETWORK

BACKGROUND

- ✳ **Primary Area of Need :** Health/Wellness
- ✳ **Service Activity Categories:** Food Security, Justice System.
- ✳ **Serving these areas of Maine:** Franklin, Kennebec, Somerset
- ✳ **Mission (purpose) of this National Service program:** HealthReach RSVP engages persons 55 and older in meaningful volunteer services that meet critical community needs and enrich the lives of volunteers. Our service area is Kennebec, Somerset and Franklin Counties.
- ✳ **Why National Service program is the best response:** Many of the programs offered through RSVP are unique to this program and would not be offered to the community otherwise. For HealthReach RSVP, this includes our two signature programs.

The first is Thresholds, a critical thinking and decision-making program offered by trained RSVP volunteers to soon-to- be released inmates in correctional facilities. This program offers these inmates the actual tools and knowledge to make decisions that can change their lives as evidenced by the decrease in the recidivism rate for these graduates as compared to the general population.

The second is Bone Builders, an osteoporosis prevention exercise program that consists of weight training, balance training, and education. The classes are led by trained RSVP volunteers and offered to the public free of charge. The participants are enjoying the benefits of being at a lower risk for osteoporosis, being healthier, and enjoying increased muscle strength, flexibility, and balance.

According to the Independent Sector, the dollar value of volunteer time is \$21.36 per hour. Based on that information, the hours served in the 2010 federal fiscal year saved the communities served \$1,023,635.28. The benefits to the people who benefited from those services are immeasurable!

COMMENT FROM THE COMMUNITY:

All of the participants in the Bone Builders program have a story to tell. Janice reported that on a recent visit to the Olive Garden the only place to sit while waiting to be seated was the low soft coach that everyone avoids! As she sank down, she thought she wouldn't be able to get back up! She was pleased and amazed that when they called her name, she positioned herself as she'd been taught at Bone Builders, and stood right up without a problem!

We have a fairly new participant that, while she has been active her entire life, has found that the weight bearing exercises have given her a lovely, albeit small, set of muscles that she quite enjoys displaying! Participants report that stairs are easier to climb, that they feel better and more energetic, they can shop longer without needing to rest, and one woman reported that her veins were easier to find when she they drew a blood sample!

The sharing of information, the laughter, the friendships that have developed, and the benefits of the exercises keep people coming back.

DATA SNAPSHOTS

✧ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	287	263
Total hours of service	47,923	43,269
Average hours/participant	167	165

✧ **Status of requests for service, unmet need:** There are many more requests for volunteers from the non-profit agencies in the communities we serve than we can fill, due in part to the decrease in funding we have experienced during the past year that required cuts to the budget.

✧ **The role of National Service Program funds:** RSVP is a national program of service, serving every state in the US. Federal dollars guarantee that the advantages of this program are available throughout our country in every type of community, including rural and low income areas. These programs are supported by the communities served through a required 30% nonfederal match.

✧ Program Budget

**National Service grants are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$114,579	\$108,845
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$1,050	\$1,050
Private donations/fundraising	\$8,587	\$18,172
Private grants (including United Way)	\$7,500	\$6,500
Fee-for-service revenue	\$0	\$0
In-kind materials	\$11,983	\$1,625
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$158,039	\$150,532

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: There was a 10% decrease in the recidivism rate for graduates of Thresholds as compared to the general population. 99% of the participants in the program indicated that they gained the knowledge, the skills, and the tools to make better decisions as a result of this program.

✧ What it took to do this

12	Completed units of service (Completed session of Thresholds, a 5-step decision making program; 8 classes per session)
8	National Service participants involved in this effort
85	Number of citizens who were affected (beneficiaries)
\$274	Program cost per unit of service due to National Service volunteer effort
\$440	Comparable commercial or market unit cost without volunteers

- ✳ **Major partners in the work:** Kenebec and Somerset County Jails, as well as MDOC Pre-Release in Hallowell provided the location for the classes, and they identified inmates that were appropriate for this program (One requirement is that they will be released within 6 months of the end of the program).

Second Accomplishment: Of the 37 participants who have completed 6 months or more of Bone Builder classes (twice a week), 92% (34) reported at least a one-point improvement in two of the risk factors for osteoporosis.

✳ **What it took to do this**

- 436 Completed units of service (One class of Bone Builders, an osteoporosis prevention exercise program)
- 10 National Service participants involved in this effort
- 47 Number of citizens who were affected (beneficiaries)
- \$15.76 Program cost per unit of service due to National Service volunteer effort
- \$96 Comparable commercial or market unit cost without volunteers

- ✳ **Major partners in the work:** Pleasant St. United Methodist Church and Muskie Community Center, both in Waterville; Winslow Recreational Center, Meadow by the Brook (senior housing facility in Albion), and Embden Community Center all provided the space for the Bone Builders Program.

Third Accomplishment: 22 Volunteers prepared and delivered or served 23,516 meals to 336 people. 82% of the participants strongly agreed that the meals served were an important source of nutritious food and that the personal contact they have through these programs is important to them.

What it took to do this

- 23,516 Completed units of service (Meals prepared and delivered)
- 22 National Service participants involved in this effort
- 336 Number of citizens who were affected (beneficiaries)
- \$0.85 Program cost per unit of service due to National Service volunteer effort
- \$2.05 Comparable commercial or market unit cost without volunteers

- ✳ **Major partners in the work:** The Area Agencies on Aging (in 3 counties) and Corpus Christi Soup Kitchen determined eligibility for the recipients and provided location and management of the programs.

FOR MORE INFORMATION:

Ruth Saint Amand, HealthReach Network
0 Water Street, Waterville, 04901
ruth.stamand@mainegeneral.org
(207) 861-3428



GRANTEE PROFILE: RSVP, PENQUIS, INC.

BACKGROUND

- ★ **Primary Area of Need:** Health/Wellness, Human Services
- ★ **Service Activity Categories:** Congregate meals, Independent Living, Thrift Store/Reuse Retail
- ★ **Serving these areas of Maine:** Knox, Lincoln, & Waldo Counties.
- ★ **Mission (purpose) of this National Service program:** Our goal is to engage seniors 55 and older in volunteer service in their communities. Helping communities meet critical community needs while providing experiences to enrich the lives of our seniors.
- ★ **Why National Service program is the best response:** National Service is the best response because you need a strong, structured program to find and recruit volunteers to work within their communities to meet the needs of the community. The sites have to be satisfied that the volunteers placed at their site are qualified and safe to work within the community and with this vulnerable population. A program supported with federal dollars and, therefore, associated federal regulations, is the best way to ensure a high quality, high impact program.

COMMENT FROM THE COMMUNITY:

RSVP volunteers Ralph & Charlene Hammond who live in Brooks, a rural Waldo County community, help six of their elderly neighbors who have no transportation by driving them to doctor's appointments, errands, Grange and the pharmacy.

Recently they have been taking a neighbor who has pancreatic cancer to the Augusta Cancer Center five days a week, Monday through Friday. They stay with him and his wife while he has chemo and radiation. Charlene is a retired nurse who is able to assist this gentleman and his wife to understand and interpret the doctor's medical instructions.

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	201	139
Total hours of service	46,547	23,103
Average hours/participant	231	166

- ★ **Status of requests for service, unmet need:** Maine is one of the fastest growing states as to senior population. With the ever increasing number of seniors, programs and activities to assist them is in high demand. We are always getting request from agencies looking for volunteers to assist them with their programs. The aging population needs ways to keep them physically fit and healthy so they can remain independent and out of costly health care facilities.

- ✪ **The role of National Service Program funds:** Due to the down turn in the National economy over the last several years, many programs and sites have had to scale back or eliminate essential services to their communities. The most appropriate means of assisting these citizens is with federal dollars. Federal dollars come with federal rules and regulations, which gives the programs guidance and assistance on how to best serve this population.

The national regulations ensure that each program is run consistently and that each individual receives the same caliber of services.

✪ Program Budget

**National Service grants are from appropriations to the Corporation for National and Community Service.*

	FFY 2010 (12 months)	FFY 2011 (9 months)
National Service Funds*	\$64,575	\$38,745
State public funds	\$14,340	\$10,755
Other federal funds	\$10,149	\$0
Local public funds	\$9,000	\$7,000
Private donations/fundraising	\$4,000	\$0
Private grants (including United Way)	\$10,072	\$6,804
Fee-for-service revenue	\$0	\$0
In-kind materials	\$9,000	\$7,950
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$112,136	\$64,254


MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Our year end survey reveled that program participants either agreed or strongly agreed with each of these statements: A.) The meals I receive are an important source of nutrition for me- 98%; B.) I feel my health has improved since starting this program- 85%; C.) The personal contact I have is important to me- 96%; D.) Through the meals program I have found out about other services available- 80%.

✪ What it took to do this

69,986	Completed units of service (meals served)
60	National Service participants involved in this effort
10,043	Number of citizens who were affected (beneficiaries)
\$2.60	Program cost per unit of service due to National Service volunteer effort
\$16.50	Comparable commercial or market unit cost without volunteers

- ✪ **Major partners in the work:** 5 sites throughout our 3 counties provided either a soup kitchen or a meals on wheels program to distribute the necessary meals to those in need.



Second Accomplishment: All graduates of the Matter of Balance Program reported that they learned to exercise regularly and that their balance improved greatly. 51% of those who participated and completed the training agreed or strongly agreed that they would continue exercising after the program ended because of the training.

✧ **What it took to do this**

8 Completed units of service (Matter of Balance sessions)
4 National Service participants involved in this effort
75 Number of citizens who were affected (beneficiaries)
\$2.60 Program cost per unit of service due to National Service volunteer effort
\$16.50 Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** Four senior housing complexes and senior centers participated as host sites for our training program.

Third Accomplishment: Seniors are able to live independently and remain in their own homes because of visits from RSVP senior companions. In an annual survey about their ability to stay in their homes, 51% indicated it helped. 98% indicated they felt safer in their homes because of visits by the RSVP volunteer.

✧ **What it took to do this**

4,500 Completed units of service (number of visits to seniors)
16 National Service participants involved in this effort
30 Number of citizens who were effected (beneficiaries)
\$2.60 Program cost per unit of service due to National Service volunteer effort
\$16.50 Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** 4 Housing complexes participated as sites for this program.

FOR MORE INFORMATION:

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gdorman@penquis.org
207-973-3685



GRANTEE PROFILE: RSVP, SOUTHERN MAINE AGENCY ON AGING

BACKGROUND

- ★ **Primary Area of Need :** Human services
- ★ **Service Activity Categories:** Independent living, Volunteer Recruitment
- ★ **Serving these areas of Maine:** Cumberland, York
- ★ **Mission (purpose) of this National Service program:** The mission of RSVP of Southern Maine is to provide meaningful volunteer opportunities for adults age 55 and over in York and Cumberland counties and to serve communities by utilizing the talents, expertise, and life-long experience of these older adults in meeting critical community needs.
- ★ **Why National Service program is the best response:** RSVP is a nationwide network of programs that provide volunteer recruitment and placement services in a very cost-effective manner.

COMMENT FROM THE COMMUNITY:

"My mother began receiving Meals on Wheels last week. I've already seen a difference in her energy level and interest. She told me that before the Meals on Wheels deliveries began, she would just have some cookies for lunch." Carol Male of Falmouth on behalf of her mother, Charlotte Kettner of Yarmouth.

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	348	394
Total hours of service	48,180	45,470
Average hours/participant	138	116

- ★ **Status of requests for service, unmet need:** RSVP of Southern Maine has dozens of requests from area non-profit and health care organizations for volunteers to help them provide services in the community. We cannot fill all these requests because our ability to deploy staff to find and recruit volunteers has been limited by inadequate funding.
- ★ **The role of National Service Program funds:** By supporting RSVP's volunteer recruitment and placement services with federal dollars, we can guarantee that the service is available throughout our country in all kinds of communities. It is important to note that RSVP has a minimum 30% non-federal match requirement, so local community resources are used to supplement federal dollars.

✧ Program Budget

*National Service grants are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	\$83,498	\$95,583
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$5,552	\$3,000
Private donations/fundraising	\$18,059	\$3,299
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$121,447	\$116,222

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Activities Directors of nursing home or assisted living facilities indicated that Quality of Life either 'Somewhat Improved' or 'Greatly Improved' for 73% of residents because of activities programs assisted by RSVP volunteers

✧ What it took to do this

435 Completed service units (1 hour of volunteer service assisting with activities in Nursing Homes or Assisted Living Facilities)

75 National Service participants involved in this effort

511 Number of residents who were affected (beneficiaries)

\$3.05 Program cost per unit of service due to National Service volunteer effort

\$14.00 Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** 21 nursing home or assisted living facilities in Southern Maine

Second Accomplishment: 77% of meal recipients 'Agreed' or 'Strongly' Agreed that (1) the meals are an important source of nutritious food, (2) the personal contact with the meals driver was important to them, and (3) they learned of other benefits and services available to them through the Meals on Wheels program.

✧ What it took to do this

18,768 Completed service units (1 hour of service delivering Meals on Wheels to Homebound Seniors)


63 National Service participants involved in this effort

142 Number of citizens who were affected (beneficiaries)

\$3.05 Program cost per unit of service due to National Service volunteer effort

\$10.10 Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** Southern Maine Agency on Aging Health Aging & Nutrition Program



Third Accomplishment: 26 clients reaped one or more of the following benefits through the Money Minders Program: (1) retaining their financial independence, (2) avoiding being a victim of fraud, (3) being able to remain in the living situation of their choice, or (4) connection to others.

✧ **What it took to do this**

1284 Completed service units (1 hour of service helping seniors manage everyday finances through the Money Minders Program)

24 National Service participants involved in this effort

26 Number of citizens who were affected (beneficiaries)

\$3.05 Program cost per unit of service due to National Service volunteer effort

\$50.00 Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** Southern Maine Agency on Aging Money Minders Program, Social Security Administration, Legal Services for the Elderly, Department of Health and Human Services and area banks.

FOR MORE INFORMATION:

Ken Murray, Southern Maine Agency on Aging
136 U.S. Route One, Scarborough 04074
kmurray@smaaa.org
(207) 396-6520



GRANTEE PROFILE: RSVP, UMaine Center On Aging

BACKGROUND

- ★ **Primary Area of Need:** Health/Wellness
- ★ **Service Activity Categories:** Health Education, Independent Living
- ★ **Serving these areas of Maine:** Hancock, Penobscot, Piscataquis, Washington
- ★ **Mission (purpose) of this National Service program:** The Center on Aging RSVP is dedicated to re-investing the skills and experience of individuals aged 55 and older into community service through stimulating volunteer opportunities in the non-profit and public service agencies of their communities.
- ★ **Why National Service program is the best response:** The majority of non-profit agencies, especially in rural areas, do not have volunteer coordinators on staff. If someone at an agency is handling volunteers, it is usually not his or her primary function and therefore not a priority. Those agencies have come to rely upon RSVPs for our volunteer management expertise and the ability to recruit, screen, and place motivated volunteers.

As a part of a national program, we gain insights, new techniques, and innovative ways to utilize volunteers in cost-effective, value-added ways thus inspiring and re-invigorating seniors to meet community needs as well as help agencies to expand their services.

COMMENT FROM THE COMMUNITY:

In 2000, 65 year-old Dawn, of Orono, was diagnosed with severe osteoporosis in her spine. Her concerns over that diagnosis encouraged her to join an RSVP Bone Builder exercise class hosted by the Orono/Old Town YMCA. In the last 5 years of classes her medical records reflect several differences that Dawn attributes to her participation in Bone Builders. She has documented an increase in muscle mass and seen her osteoporosis stabilize. While she has not had another bone density test a recent injury to her foot revealed osteopenia, a stage of bone loss that precedes osteoporosis. This suggests an increase in bone density.

As encouraging as these facts are, it is the impact she sees in her every-day activities that keeps Dawn attending her twice weekly Bone Builder exercise classes month after month. Dawn noticed changes in her core muscles adding to her overall health. She sees definite improvement in strength and stamina necessary for normal household activities required of any independent individual living alone.

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	419	370
Total hours of service	53,000	46,500
Average hours/participant	126	126

- ✧ **Status of requests for service, unmet need:** Participating agencies have more volunteer requests than we can possibly fill. There is no average time to fill requests because that is dependent on many variables. We have 50+ volunteer requests pending. We try to place a volunteer with a clear idea of what he or she wants to do within 2-3 weeks. If we could afford an additional staff person, the matching of volunteers with agencies would be expedited.
- ✧ **The role of National Service Program funds:** Our agencies continually express to us that the majority of their programs either could not exist or services to clients would be greatly diminished without our volunteer support. Also, we are engaging a part of the population that benefits both mentally and physically from the activity and purpose which comes from volunteering.

✧ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$111,289	\$114,628
State public funds	\$14,340	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$2,750	\$3,050
Private grants (including United Way	\$20,730	\$20,730
Fee-for-service revenue	\$0	\$0
In-kind materials	\$20,060	\$20,060
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$169,169	\$172,808


MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 84% of participants who returned self-reporting surveys indicated an increase in muscle strength, flexibility, and balance. 81% of participants who returned surveys indicated they are leading a healthier lifestyle with increased physical activities in leisure time as a result of participating in Bone Builders.

✧ What it took to do this

- 598 Completed units of service (Bone Builder exercise classes led by volunteer leaders for one year)
- 22 National Service participants involved in this effort
- 257 Number of citizens who were affected (beneficiaries)
- \$13.37 Program cost per unit of service due to National Service volunteer effort
- \$45 Comparable commercial or market unit cost without volunteers (gym membership or an equivalent class)

- ✧ **Major partners in the work:** Old Town-Orono YMCA, Charles A. Dean Memorial Hospital in Greenville, Island Community Center in Stonington, Ellsworth Senior Center, Parker Ridge in Blue Hill, Avalon Village in Hampden, the Housing Authority in Brewer, Woman's Health Resource Center in Milbridge.



Second Accomplishment: 70% of all activities at nursing homes and senior care facilities are led or assisted by RSVP volunteers. 60% of Activity Directors returning a survey report an improved quality of life for those program participants in both residential and non-residential senior care facilities.

✧ **What it took to do this**

2,489 Completed units of service (activities led or assisted by volunteers at senior care facilities)

91 National Service participants involved in this effort

611 Number of citizens who were affected (beneficiaries)

\$10.82 Program cost per activity due to National Service volunteer effort

\$42 Comparable commercial or market per activity by a hired activity aide

✧ **Major partners in the work:** Bangor Nursing and Rehabilitation Center, Bangor/Brewer Housing Authority, C. A. Dean Memorial Nursing Home (Greenville), Colonial Healthcare (Lincoln), Cummings Healthcare (Howland), Ellen Leach Memorial Home (Brewer), Friendship Cottage (Blue Hill), Hibbard Nursing Home (Dover-Foxcroft), Katahdin Healthcare (Millinocket), Maine Veteran's Home (Bangor), My Friend's Place/Adult Day Services (Bangor), Old Town Housing Authority, Orono Commons, Phillips-Strickland House (Bangor), Stillwater Healthcare (Bangor), and The Meadows (Old Town).

Third Accomplishment: 85% of survey responses indicate recipients of meals feel their health has improved, the personal contact with volunteers is important to them, and they have learned of other services for seniors by being involved with the meals program.

✧ **What it took to do this**

31,301 Completed units of service (meals served or delivered to seniors by RSVP volunteers)

105 National Service participants involved in this effort

918 Number of citizens who were affected (beneficiaries)

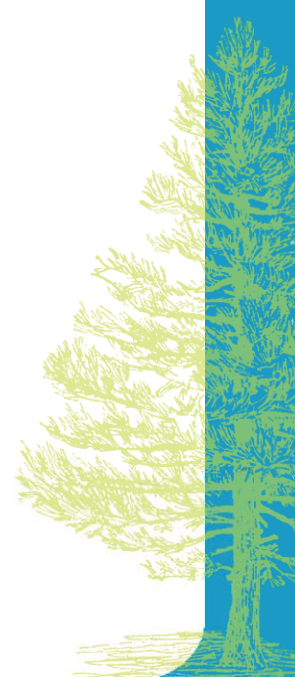
\$0.99 Program cost per unit of service due to National Service volunteer effort

\$2.34 Comparable commercial or market unit cost without volunteers (based on food delivery service)

✧ **Major partners in the work:** The Eastern Area Agency on Aging, The Housing Foundation established sites and meal delivery routes.

FOR MORE INFORMATION:

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Senior Companions

Make Independence a Reality

PROGRAM OVERVIEW

The Senior Companion Program (SCP), which began in 1974, helps frail seniors and other adults maintain independence primarily in the clients' own homes.

Senior Companions serve between 15 and 40 hours a week and typically serve between two and four clients. They assist with daily living tasks, such as grocery shopping and bill paying; provide friendship and companionship; alert doctors and family members to potential problems, and provide respite to family caregivers.

Eligibility: Volunteers must be 55 years of age or older.

Benefits: Those who meet certain income guidelines receive a small stipend. All SCP volunteers receive accident and liability insurance and meals while on duty, reimbursement for transportation, and monthly training.



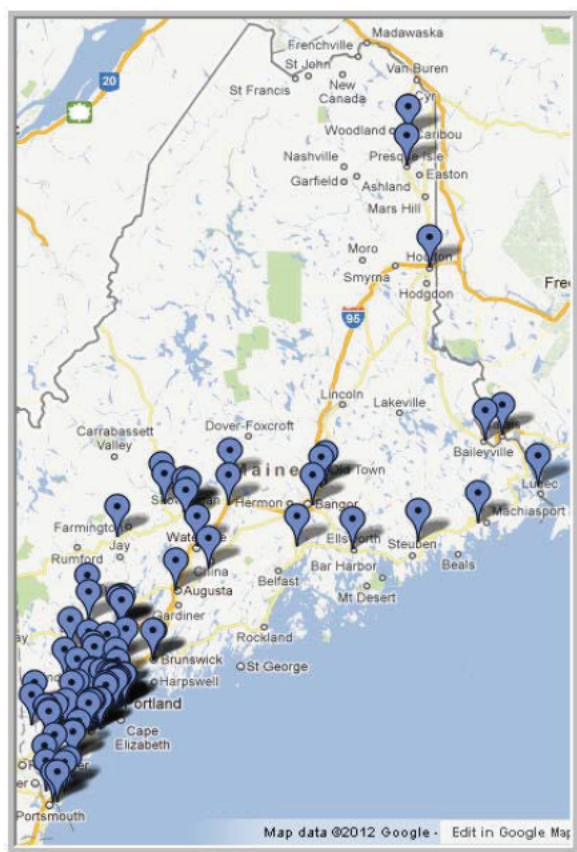
MAINE 2011 SCP HIGHLIGHTS

176	Volunteers
128,909	Hours Served
732	Average Hours/Volunteer
2	Number of Grantees
905	Clients served (715 with chronic care disabilities)
95	Caregivers given respite
\$457,596	Annual Federal CNCS Funding
\$221,660	Non-Federal Support

SENIOR COMPANION SITES IN MAINE

University of Maine Cooperative Extension
Community Partners:
*31 Partners

Augusta, Catholic Charities of Maine-Somerset, (5)
Baileyville, Town of Baileyville, (11)
Brewer, Brewer Housing Authority, (12)
Bucksport, Bucksport Community Concerns, (2)
Calais, Sunrise County Home Care Services, (7)
Caribou, Catholic Charities of Maine Aroostook, (4)
Cherryfield, Maine Sea Coast Mission
Eastport, Eastport Health Care Inc.
Ellsworth, Friends in Action, (4)
Houlton, Aroostook County Extension, (3)
Indian Island, Penobscot Nation DHS, (4)
Lewiston, Androscoggin Home Care- Franklin, (7)
Lewiston, Androscoggin Home Care Androscoggin
Lewiston, Androscoggin Home Care-Oxford, (2)
Lewiston, Senior Plus- Franklin, (17)
Machias, Washington County Extension Association, (2)
Madison, Maplecrest Living & Rehab Center, (11)
Norridgewock, Norridgewock Baptist Church, (6)
North Anson, First Congregational Church, (4)
Old Town, Parish of the Resurrection of the Lord, (4)
Orono, Senior Companions State Office, (7)
Oxford, Seniors Plus, (2)
Pittsfield, Pittsfield Community Home, (1)
Presque Isle, Aroostook Area Agency on Aging, (4)
Skowhegan, Notre Dame De Lourdes Parish, (2)
Skowhegan, Redington Memorial, (4)
Skowhegan, Somerset County Extension, (3)
South Paris, Oxford County Extension, (3)
St. Albans, Skills Inc., (2)
Waterville, Seton Village, (3)
Wilton, Seniors Plus, (2)



Opportunity Alliance Community Partners: *61 Partners

Acton, York County Community Action
 Alfred, Opportunity Alliance
 Bar Mills, Opportunity Alliance
 Biddeford, Opportunity Alliance
 Brunswick, Alzheimer's Association
 Brunswick, Opportunity Alliance
 Cape Neddick, York Hospital
 Cumberland Center, Opportunity Alliance
 Eliot, York Hospital
 Falmouth, Alzheimer's Association
 Falmouth, Opportunity Alliance
 Gorham, Avesta
 Gorham, Gorham House
 Gray, Opportunity Alliance
 Hollis Center, Alzheimer's Association
 Kennebunk, York Hospital
 Kittery, York Hospital
 Kittery Point, York Hospital
 Lyman, Alzheimer's Association

N. Shapleigh, Opportunity Alliance
 Naples, Opportunity Alliance
 North Berwick, York Hospital
 Old Orchard Beach, Opportunity Alliance
 Peaks Island, Opportunity Alliance
 Portland, Alzheimer's Association
 Portland, Barron Center Adult Day Program
 Portland, Community Counseling Center
 Portland, Jewish Family Services
 Portland, Opportunity Alliance
 Portland, Portland Housing Authority
 Portland, Southern Maine Agency on Aging
 Pownal, Opportunity Alliance
 Raymond, Opportunity Alliance
 Saco, Alzheimer's Association
 Saco, Opportunity Alliance
 Saco, SMAA Truslow Center
 Sanford, Opportunity Alliance
 Sanford, York County Community Action
 Scarborough, Opportunity Alliance
 Scarborough, SMAA/Bessey Commons
 Scarborough, Southern Maine Agency on Aging
 South Berwick, York Hospital
 South Portland, Alzheimer's Association
 South Portland, Community Counseling Center
 South Portland, Opportunity Alliance
 South Portland, South Portland Housing Authority
 South Portland, Southern Maine Agency on Aging
 Springvale, Opportunity Alliance
 Springvale, York County Community Action
 Standish, Opportunity Alliance
 Steep Falls, Opportunity Alliance
 Wells, Opportunity Alliance
 Wells, York Hospital
 Westbrook, Community Counseling Center
 Westbrook, Opportunity Alliance
 Windham, Alzheimer's Association
 Windham, Avesta
 Windham, Opportunity Alliance
 Windham, Southern Maine Agency on Aging
 York, York Hospital



GRANTEE PROFILE: OPPORTUNITY ALLIANCE SENIOR COMPANION PROGRAM

BACKGROUND

- ★ **Primary Area of Need :** Health/Wellness
- ★ **Service Activity Categories:** Adult Day Care, In-Home Care, Respite for Caregivers, Transportation for Independent Living
- ★ **Serving these areas of Maine:** Cumberland, York
- ★ **Mission (purpose) of this National Service program:** Provide meaningful, stipended volunteer opportunities for older adults to meet critical needs in their community by providing outreach and companionship to isolated elders.
- ★ **Why National Service program is the best response:** National service is able to capitalize on the talents and resources of Older Americans interested and capable of serving in their community to meet critical needs. The volunteers in the Senior Companion Program are peers to many of the clients they are visiting, understanding their concerns, and since they are able to be in the home for extended periods of time provide unhurried support and guidance.

COMMENT FROM THE COMMUNITY:

From daughter of an elderly client who received services:

Thanks to you for all these many weeks and months of care you have provided for my mom. The words in this note will not nearly express the feeling of gratitude I have toward you and the Senior Companion Program. You came into my mom's life at a moment when I truly was at my wit's end. I am absolutely certain that had your visits not been part of mom's weekly schedule, she would have suffered a great deal of loneliness and anxiety. Because she suffered less, I suffered less. Thank you, thank you, thank you!

From a professional: The Senior Companion Program is so great and I wish it could be bigger as I have met so many that need services just like this. I am so grateful to have you and your program.

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	43	43
Total hours of service	38,348	31,875
Average hours/participant	892	741

- ★ **Status of requests for service, unmet need:** 58 frail elders and their families are on a waiting list for services that include home visits and transportation. The wait for these services can be 6-12 months.

- ✦ **The role of National Service Program funds:** The stipended volunteer opportunities provided by the Senior Companion Program meet the needs of three constituencies, older men and women living on a fixed income interested in serving their communities through volunteering; frail and vulnerable elders living in isolation who are visited and transported by Senior Companions; families needing respite from 24/7 caregiving for their frail elders.

✦ **Program Budget**

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$111,574	\$113,242
State public funds	\$0	\$14,340
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$0	\$0
Private grants (including United Way	\$29,707	\$59,244
Fee-for-service revenue	\$0	\$0
In-kind materials	\$16,380	\$13,814
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$157,661	\$200,640


MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 87% of families responded that because of outreach/companionship provided by a Senior Companion, the family was able to maintain caring for the elder family member in their own home, delaying institutionalization.

✦ **What it took to do this**

1,558 Completed units of service (home visits to frail elders for companionship to support independent living)
 35 National Service participants involved in this effort
 136 Number of citizens who were affected (beneficiaries)
 \$6.29/hr Program cost per unit of service due to National Service volunteer effort
 \$25-50/hr Comparable commercial or market unit cost without volunteers

- ✦ **Major partners in the work:** Avesta Housing, Brunswick Area Respite Care Inc, Cities of Portland and South Portland Community Development Block Grants, Community Counseling Center, Corporation for National and Community Service, Durgin Pines, Gorham House, Greater Portland United Way, Jewish Family Services, Portland Housing Authority, Portland Office of Elder Affairs and Barron Center, South Portland Housing Authority, Southern Maine Agency on Aging, State of Maine Office of Elderly Services, United Way York County;



Second Accomplishment: 81% of elders reported their lives were made easier because of the transportation provided by the Senior Companions.

✧ **What it took to do this**

1129 Completed units of service (Assisted transportation provided to frail elders for medical appointments, grocery shopping, and essential errands)

26 National Service participants involved in this effort

99 Number of citizens who were affected (beneficiaries)

\$6.29/ hr Program cost per unit of service due to National Service volunteer effort

\$25-50/ hr Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** Avesta Housing, Brunswick Area Respite Care Inc, Cities of Portland and South Portland Community Development Block Grants, Community Counseling Center, Corporation for National and Community Service, Durgin Pines, Gorham House , Greater Portland United Way , Jewish Family Services, Portland Housing Authority, Portland Office of Elder Affairs and Barron Center, South Portland Housing Authority, Southern Maine Agency on Aging, State of Maine Office of Elderly Services, United Way York County

FOR MORE INFORMATION:

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Susan.lavigne@opportunityalliance.org
(207) 553-5970



GRANTEE PROFILE: SENIOR COMPANIONS, UNIVERSITY OF MAINE COOPERATIVE EXTENSION

BACKGROUND

- ★ **Primary Area of Need:** Education, Health/Wellness, Human Services.
- ★ **Service Activity Categories:** Respite for Caregivers, Independent living - Seniors.
- ★ **Serving these areas of Maine:** Aroostook, Androscoggin, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington
- ★ **Mission (purpose) of this National Service program:** The mission of the Senior Companion Program is to provide the opportunity for meaningful relationships for Senior Companions and their clients throughout Maine. Through the Senior Companion Program, talented, active individuals age 55 and older serve as volunteers providing companionship to homebound adults.

In order to fulfill this mission, the following goals have been defined: 1)provide cost effective alternatives to institutionalization by encouraging independence of Maine's older adults; 2)promote a high quality of life for Senior Companions and their clients; 3)provide a formal structure within which Senior Companions come together to attain a common understanding of the services they provide; 4)recognize and reward the efforts of Senior Companion volunteers; 5)help Maine people improve their lives through an educational process that uses research-based knowledge focused on community issues and needs.

- ★ **Why National Service program is the best response:** The Senior Companion Program of UMaine Cooperative Extension provides opportunity for all participants to remain, regain or acquire independence so they are able to age in place rather than go to long term care. The Senior Companion program is no cost to clients or their families. The program provides a small stipend to low income seniors who become friendly visitors so they are able to be vital contributor to their community; living in their community, contributing to the economy of their community and assisting homebound, isolated individuals to also contribute to their local economy by remaining in their own home.

COMMENT FROM THE COMMUNITY:

Client Thelma Lawrence (84) of Madison, ME was assigned Senior Companion Gloria DeNicola of the Skowhegan area. Thelma once raised goats and made and sold cheese and produce until her family told her she needed to stop because she was too old. Gloria who also owned goats, made and sold cheese and produce asked Thelma if she would like to have goats and carry out the activities she once loved. She said yes and Gloria promised to help, which she did. Thelma was once again enjoying the activities she loved and was now feeling less lonely, isolated and began to thrive rather than decline. She felt alive again. There are other pieces to this story, but to conclude, Thelma calls Gloria 'my best friend in the whole world' and Gloria feels very close to Thelma as well. Thelma will tell you Gloria saved her life.

DATA SNAPSHOTS

✧ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	128	133
Total hours of service	83,712	97,034
Average hours/participant	654	730

- ✧ **Status of requests for service, unmet need:** Each regional staff coordinator keeps a waiting list of requests for service for their own region. On average there are 20+ on each waiting list and, depending on volunteers availability and geographic proximity to request, wait time may be as much as 6 months to a year.

✧ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$346,022	\$392,711
State public funds	\$107,555	\$109,453
Other federal funds	\$0	\$0
Local public funds	\$0	\$31,902
Private donations/fundraising	\$27,568	\$2,323
Private grants (including United Way	\$31,671	\$6,393
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$512,711	\$542,782


- ✧ **The role of National Service Program funds:** UMaine Ext. SCP has conducted a survey which provided information that most of its participants would need MaineCare to pay for long term care if they were no longer able to remain in their home. Even some Senior Companions felt they were on the path to long term care before becoming a volunteer. By assisting participants to remain in their own home, cost savings to MaineCare is over \$4.8 million/year; a significant cost savings of federal dollars each year.

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 1) Senior Companions attend monthly in-service and receive written materials to be used for themselves and shared with their clients. 2) 93% Senior Companion volunteers attend training and share information with their clients

✧ What it took to do this

1,596	Completed service units (education and training specific to independent living)
133	National Service participants involved in this effort
133	Number of citizens who were affected (beneficiaries)
\$4.67/hr	Program cost per unit of service due to National Service volunteer effort
\$17/hr	Comparable commercial or market unit cost without volunteers

- 
- ✧ **Major partners in the work:** Major partners include UMaine Cooperative Extension educators, community social service agencies, community educators

Second Accomplishment: 133 Senior Companion volunteers support independent living for themselves and 638 clients by friendly interactive visits, transport to doctor appts., outings, grocery shopping. 89% of clients remain living independently and 100% of Senior Companions live independently.

- ✧ **What it took to do this**

19,663	Completed units of service (independent living contacts)
133	National Service participants involved in this effort
638	Number of citizens who were affected (beneficiaries)
\$4.67/hr	Program cost per unit of service due to National Service volunteer effort
\$17/hr	Comparable commercial or market unit cost without volunteers

- ✧ **Major partners in the work:** SCP staff and volunteers; staff maintain continual contact with volunteers for guidance and encouragements; volunteers maintain regular visits with clients both personal visits and phone calls.

Third Accomplishment: (1.) 133 SC volunteers provide companionship and outreach to 701 clients across the State of Maine by friendly visits each week. (2.) 99% participants enjoy their experience of companionship and outreach.

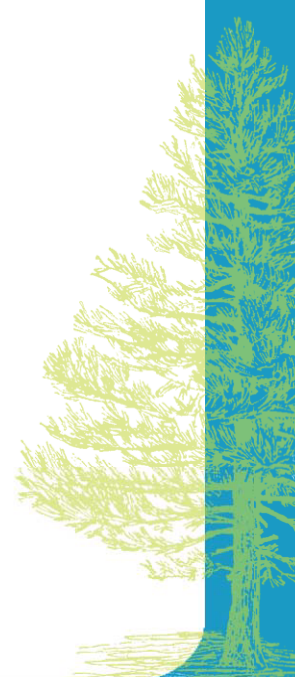
- ✧ **What it took to do this**

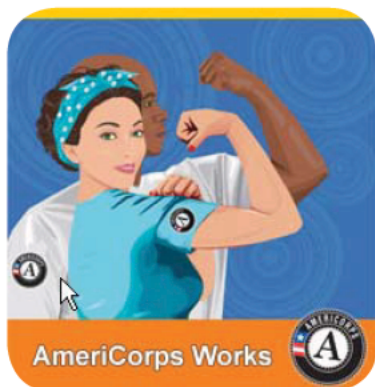
27,664	Completed units of service (companionship/outreach contacts)
133	National Service participants involved in this effort
701	Number of citizens who were affected (beneficiaries)
\$2.65/hr	Program cost per unit of service due to National Service volunteer effort
\$17/hr	Comparable commercial or market unit cost without volunteers

- ✧ **Major partners in the work:** Senior Companion volunteers visit homebound and isolated elderly while they remain active participants in their own community and offer opportunity for elderly to remain, regain, or acquire independent living and quality of life.

FOR MORE INFORMATION:

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PROGRAM OVERVIEW

AmeriCorps provides opportunities for Americans to give intensive service to their communities and country through three programs:

- ♦ AmeriCorps State and National,
- ♦ AmeriCorps*VISTA, and
- ♦ AmeriCorps NCCC (National Civilian Community Corps).

AmeriCorps members tutor, mentor youth, assist veterans and military families, provide health services, run after-school programs, help communities respond to disasters, and build the capacity of nonprofit groups. In recent years, they have stepped up their role in recruiting, training, and managing volunteers, supporting 2.5 million community volunteers in 2011 alone.

AmeriCorps volunteers can serve a full year, some serve a summer or fall season, and others just a few hours a week.

Eligibility: At least 17 years old, out of high school, US citizen, national, or lawful permanent resident aliens.

Benefits: In exchange for a year of service, members earn a Segal AmeriCorps Education Award that can be used to pay for college or graduate school, or to pay back qualified student loans.

AmeriCorps Members who are age 55 at the start of service can transfer their education award to a child, grandchild, or foster child.

Members with educational loans can apply for forbearance and the interest accrued during the term of service will be paid to the lending institution by the National Trust.

AmeriCorps Members who serve full-time (i.e., 40+ hours/week for a year) do receive a living allowance, health coverage, and child care assistance.

MAINE 2011 AMERICORPS HIGHLIGHTS

208	AmeriCorps*State/National volunteers serving through 15 program sponsors
33	AmeriCorps*VISTA members serving through 2 projects
300-1,700	Hours served by each AC Member
147	Community host site agencies (including 35 schools and 9 higher ed institutions)
9,748	Community volunteers recruited

MAINE AMERICORPS*STATE/NATIONAL SITES

Community Resource Corps: *25 Community Host Sites

Bath, Bath United Church of Christ, (1)
 Belfast, Broadreach Family and Community Services, (1)
 Brewer, Food AND Medicine, (1)
 Lincoln, KidCare America, (2)
 Machias, Beehive Collective, (1)
 Portland, Casco Bay High School, (2)
 Portland, Catholic Charities, (1)
 Portland, Cultivating Community, (5)
 Portland, Goodwill Industries NNE, (3)
 Portland, Navigating the Real World, (2)
 Portland, Portland Housing Authority, (7)
 Portland, The Compass Project, (1)
 Portland, Wayside Soup Kitchen, (2)
 Portland, WinterKids, (2)
 New Gloucester, The Community School, (1)
 Belfast, Goodwill Industries of Northern New England, (1)
 Waterville, Hardy Girls Healthy Women, (1)
 Portland, LearningWorks, (1)
 Portland, Maine State Library, (2)
 Rockland, Methodist Conference Room, (1)
 Portland, Multilingual and Multicultural Center, (2)
 Rumford, Rumford Group Homes, (1)
 Westbrook, Saccarappa Elementary School, (1)
 Ocean Park, The Pines, (1)
 Machias, Washington County Food and Fuel, (1)

Emergency Response Corps *10 Community Host Sites

Camden, LifeFlight, (2)
 Islesford, Islesford Fire Dept, (2)
 Tenants Harbor, St George Fire and Ambulance Assoc., (2)
 Farmington, NorthStar EMS, (1)
 Kennebunk, Kennebunk Fire Department, (2)
 Winslow, Atlantic Partners EMS, (1)
 Portland, American Red Cross Southern Maine, (2)



Falmouth, Falmouth Fire Department, (3)
Lewiston, Tri-County EMS, (1)
Strong, Strong Fire Department, (1)

Great Strides Rural Education Corps: *16 Community Host Sites

Fort Fairfield, Fort Fairfield Schools, (1)
Belfast, Belfast Community Outreach Program in Education, (1)
Camden, Camden Hills Regional High School, (2)
Camden, The Community School, (1)
Greenville, Greenville Schools, (2)
Hartland, Hartland Consolidated Schools, (1)
Raymond, Jordan Small Middle School, (1)
Lebanon, Lebanon Schools, (1)
Hinkley, Maine Academy of Natural Sciences, (3)
Harrington, Narraguagus High School, (1)
Cherryfield, Maine Seacoast Mission, (1)
Searsport, Searsport Middle and High School, (1)
Skowhegan, Skowhegan High School, (1)
Sullivan, Sumner Memorial High School, (1)
Bethel, Telstar High School, (1)
Thomaston, Trekkers, (2)

Island Institute: *10 Community Host Sites

Chebeague Island, Chebeague Island Recreation Center, (1)
Port Clyde, Herring Gut Learning Center, (1)
Isle Au Haut, Town of Isle au Haut, (1)
Islesboro, Islesboro Central School, (1)
Stonington, Penobscot East Resource Center, (1)
Swan's Island, Swan's Island Historical Society, (1)
Vinalhaven, Town of Vinalhaven, (1)
Deer Isle, Deer Isle-Stonington Elementary School, (1)
Isle au Haut, Island Community Development Corp., (1)
Islesboro, Town of Islesboro, (1)
Swan's Island, Town of Swan's Island, (1)
Vinalhaven, Chamber of Commerce, (1)

Teen Leadership and Career Corps *13 Community Host Sites

Brunswick, Brunswick High School
Baileyville, Woodland High School
Calais, Calais School Department
Dixfield, MSAD 21
Eastport, Shead High School
Gray, Gray/New Gloucester High School
Jackman, Forest Hills High School
Machias, Machias High School
Machias, Machias Technical Center
North Anson, Carrabec High School
Rumford, Mountain Valley High School
Salem Township, Mt Abrams High School
Turner, Leavitt Area High School

Maine Conservation Corps *14 Partners

Augusta, Dept. of Environmental Protection Biological Monitoring
Augusta, Maine Energy Education Program
Augusta, ME Center for Disease Control Drinking Water Program
Boothbay, Coastal Maine Botanical Gardens
Camden, Merryspring Nature Center
Damariscotta, Pemaquid Watershed
Portland, Dept. of Environmental Protection
Portland, Portland Trails
Portland, Maine Partners for Cool Communities
Pownal, Bradbury/Mackworth State Park
Salisbury Cove, Mt. Desert Island Biological Laboratory
Wells, Rachel Carson National Wildlife Refuge
West Boothbay, Maine State Aquarium
West Boothbay, Department of Marine Resources

Student Conservation Association: *5 Maine Host Sites

(NH program with Maine sites)

*Baring Plantation, Moosehorn National Wildlife Refuge
East Orland, Craig Brook National Fish
Garland, Maine Appalachian Trail Club
Millbridge, Maine Coastal Islands National Wildlife Refuge
Millinocket, Baxter State Park Hatchery*

Food Corps: *5 Maine Host Sites (NY program with Maine sites)

*Cumberland County, Cultivating Community
Kennebec County, Healthy Communities of the Capital Area
Bowdoinham, Bowdoinham Community School
Oxford County, Healthy Oxford Hills
Washington County, Healthy Acadia*

AmeriCorps National Community Health Corps Members at Penobscot Community Health Corps: * 8 Maine Host Sites

(Maryland AmeriCorps program with Maine sites)

*Bangor, Family Medicine, Penobscot Community Health Center (2)
Bangor, Penobscot Dental Center (1)
Old Town, Helen Hunt Health Center (1)
Waterville, Health Reach (1)
Bangor, Records and Referrals (2)
Bangor, Eastern Maine AHEC (1)
Bangor, Hope House Homeless Shelter (1)
Bangor, Eastern Maine AIDS Network (1)*

Maine Organizations Hosting AmeriCorps Members assigned from out-of-state programs: *10 Maine Host Sites

- ★ Bonner Foundation at Bates College, *Lewiston*
- ★ Equal Justice Works at
 - ◆ Pine Tree Legal Assistance, *Bangor*
 - ◆ Maine Medical Association, *Manchester*
 - ◆ Volunteer Lawyers Project, *Portland*
 - ◆ University of Southern Maine Law School
- ★ Habitat for Humanity at Greater Portland Habitat for Humanity, *Portland*
- ★ Association of Farmworker Opportunity Programs at Eastern Maine Development Corp., *Bangor*
- ★ Washington State Campus Compact at
 - ◆ University of Southern Maine, *Portland*
 - ◆ St. Joseph College, *Standish*
 - ◆ University of Maine, *Orono*



GRANTEE PROFILE: AMERICORPS* STATE, COMMUNITY RESOURCE CORPS

BACKGROUND

- ★ **Primary Area of Need:** Community Development
- ★ **Service Activity Categories:** Volunteer recruitment and volunteer management
- ★ **Serving these areas of Maine:** Aroostook, Hancock, Oxford, Lincoln, Androscoggin, Kennebec, Penobscot, Waldo, Cumberland, Knox, York, Washington
- ★ **Mission (purpose) of this National Service program:** The intent of the Community Resource Corps (CRC) AmeriCorps program is to implement and improve the use of volunteer management best practices at non-profit and public agencies, municipalities, and schools throughout Maine, while helping agencies operate or expand valuable community programs.
- ★ **Why National Service program is the best response:** When volunteer management resources were scarce the CRC was a solution proposed to increase community response to identified needs. As they increase volunteer management for nonprofits of all sizes – rural and urban – AmeriCorps members collaborate across program lines increasing the ability of communities statewide to take action.

COMMENT FROM THE COMMUNITY:

Molly Haley mentored a Somali girl as part of The Telling Room's Young Writers and Leaders Program: "I helped her write her story of great weight and emotion. It was at times difficult to recall painful memories living in a Kenyan refugee camp. In some ways, her writing healed that story. She went on to be published in Maine Magazine, was named as a finalist in The Maine Writers and Publishers Alliance's Maine Literary Awards Youth Competition, and won our \$700 Founder's Prize for her story."

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	61	75
Total hours of service	53,916	56,087
Average hours/participant	884	748

Note: Average of hours reflects the fact this program has a significant number of part-time Members.

✧ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	2,632	3,166
Total hours of service	18,424	34,031
Average hours/volunteer	7	11

✧ **Status of requests for service, unmet need:** The Community Resource Corps has an average request of 20% greater need than the program can fund.

✧ **The role of National Service Program funds:** Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds it is possible to increase impact on community needs. Commitment of federal dollars leverages local support and establishes accountability that might not otherwise be required by other funding sources.

✧ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$277,994	\$396,078
State public funds	\$9,500	\$0
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$184,025	\$192,859
Private grants (including United Way	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$239,654	\$292,402
TOTAL	\$711,173	\$881,339


MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Twenty CRC Host Sites increased use of volunteer management essential practices by 20% over the course of the member terms.

✧ What it took to do this

20	Completed units of service (Training and Resources on Volunteer Essential Practices)
24	National Service participants involved in this effort
20	Number of citizens who were affected (beneficiaries)
\$50	Program cost per unit of service due to National Service volunteer effort
\$715	Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** ABS Consulting: Provided training on volunteer management and one on one consulting with individual host sites. AmeriCorps Members: Provided technical assistance to improve volunteer management systems.



Second Accomplishment: 75 AmeriCorps Members recruited 3,166 volunteers who contributed 34,031 hours of service to 20 nonprofit organizations. These members provided volunteer management, training, recruitment, and retention strategies to the nonprofit agencies.

★ **What it took to do this**

56,087 Completed units of service (Hours of volunteer management)

75 National Service participants involved in this effort

3166 Number of citizens who were affected (beneficiaries)

\$8.72 Program cost per unit of service due to National Service volunteer effort

\$32.45 Comparable commercial or market unit cost without volunteers

★ **Major partners in the work:** Host Site agency partners include: Maine Seacoast Mission, Cherryfield; The Game Loft, Belfast; Broadreach Family and Community Services, Belfast; Food AND Medicine, Bangor; Casco Bay High School, Portland; Catholic Charities Maine, Portland and Caribou; Compass Project, Portland; Cultivating Community, Portland; KidCare America, Lincoln; Mano en Mano, Milbridge; Navigating the Real World, Portland; Portland Housing Authority, Portland; Preble Street, Portland; St. Mary's Nutrition Center, Lewiston; The Telling Room, Portland; Trekkers, Tenants Harbor; Trinity Jubilee Center, Lewiston; WinterKids, Portland; Wayside Food Rescue, Portland; Forest Hills School, Jackman; Beehive Design Collective, Machias

Third Accomplishment: Increased capacity of Portland Housing Authority youth programs so that 145 youth were able to participate in Riverton Park's after school study center and summer soccer program.

★ **What it took to do this**

1 Completed units of service (Youth Summer Camp)

6 National Service participants involved in this effort

145 Number of youth participants (beneficiaries)

\$400 Program cost per unit of service due to National Service volunteer effort

\$1,200 Comparable commercial or market unit cost without volunteers

★ **Major partners in the work:** Portland Parks and Recreation: provided field space. Soccer Maine: Provided coaching staff. Community Policing: Provided transportation. Portland Multicultural Soccer Team: Recruited volunteers to support coaching staff. Portland Housing Authority: Facilitated transportation, supplies, and staffing.

FOR MORE INFORMATION:

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GRANTEE PROFILE: AMERICORPS* NATIONAL EMERGENCY RESPONSE CORPS

BACKGROUND

- ✳ **Primary Area of Need :** Disaster or Emergency Preparedness, Recovery, Relief
- ✳ **Service Activity Categories:** Disaster Preparedness, Disaster Response, Disaster Mitigation including Fire Prevention and Firefighting, Accident Prevention, Safety.
- ✳ **Serving these areas of Maine:** Cumberland, Hancock, Knox, Penobscot, Franklin, York
- ✳ **Mission (purpose) of this National Service program:** The Mission of the Emergency Response Corps is to assist host sites in working to create or enhance effective volunteer recruitment and retention systems for emergency services that depend on volunteer response. ERC Members assist communities in preparing to respond to emergencies, while responding to emergencies themselves.
- ✳ **Why National Service program is the best response:** In rural areas there is a heavy reliance on volunteer emergency services, yet the number of actual volunteers is not sufficient, particularly during the period from 6 a.m. to 6 p.m. when most residents are at work. Unfortunately, almost two thirds of all emergency calls come in during this same time frame. The Emergency Response Corps is vital to meeting these needs. By providing full-time AmeriCorps positions, there is demonstrated success in reducing response times and increasing the capacity of local fire and ambulance services to respond.

COMMENT FROM THE COMMUNITY:

My uncle was recently involved in a motorcycle accident. As we waited for other family members to arrive at the hospital, the surgeons told us that the accident took place in Farmington, NH.

ERC has three AmeriCorps members that serve in this community. It was not long before I learned that it was two AmeriCorps members, Michael Davenport and Ian Freas, both Firefighter-EMTs, who responded to care for my uncle. I also learned that the site supervisor, Fire Chief Richard Fowler, was the first to arrive on scene.

In working with Farmington Fire Department over the years, I have been told many wonderful stories of what a difference this program makes in the lives of their citizens. When I spoke with Chief Fowler to thank him and the crew for all they did, he told me that the ambulance arrived on scene in about one minute from the time of dispatch and that LifeFlight was called within a few, short minutes of the crew's arrival. This is impressive because before the ERC AmeriCorps program began to serve this community, response times averaged approximately 12 minutes.

I am sharing this story because as an EMS/Fire volunteer responder and AmeriCorps Program Manager, in the midst of this tragedy, I was reminded of the tremendous importance of what ERC AmeriCorps members do as EMTs, firefighters, and first responders.

My uncle passed away just after midnight that night with those he loved at his side. For our family, thankfully, there are no questions like "what if someone had arrived faster; how long was he out there alone; was adequate care given to him?" We know he had every chance possible because there were ERC AmeriCorps members serving this community. We are so very grateful for that. We are so grateful that someone volunteered and took the time to be trained so that my uncle could have a fighting chance.

Billye Senecal, Program Manager, ERC

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	26	26
Total hours of service	33,763	34,125
Average hours/participant	1,299	1,313

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	67	435
Total hours of service	Not tracked	Not tracked
Average hours/volunteers	Not tracked	Not tracked

★ **Status of requests for service, unmet need:** There are no requests for service unable to be filled.

★ **The role of National Service Program funds:** Fire and emergency medical response organizations are struggling to fill their volunteer rosters, stay current with training those volunteers, and are lacking available responders during crucial hours of any given day. They can no longer survive on limited funds supplied through their communities. Because community funds are increasingly insufficient to support the needs of local emergency services, federal funds are desperately needed to assure the future of rural emergency response.

★ Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	\$260,000	\$260,000
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$114,608	\$127,230
Private donations/fundraising	\$0	\$0
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$143,806	\$192,001
TOTAL	\$518,414	\$579,231

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Along with countless outreach activities, ERC members conducted more than 70 public safety presentations in the communities they served this grant year. Some of the presentation topics included Infant Car Seat Installation and Safety, Medication Safety, First Responder courses, Pandemic Flu Preparation for local businesses, American Heart Association CPR and First Aid classes, Chimney Fire Prevention, Home Safety classes for the elderly and children, Fire Extinguisher Use and Safety, Creating a Family Emergency Plan, 9-1-1 Use and Awareness, Carbon Monoxide Emergency Prevention, Pet Fire Safety, "Slips, Trips and Falls Prevention" for elderly, Fire Safety courses such as Risk Watch and much more. More than 2,000 people directly participated in and benefited from these outreach initiatives. Participants ranged from age three to elderly.

✿ What it took to do this

70 Completed units of service (public safety education)
26 National Service participants involved in this effort
2,000 Number of citizens who were affected (beneficiaries)
\$7.61 Program cost per unit of service due to National Service volunteer effort
\$22.20 Comparable commercial or market unit cost without volunteers

✿ **Major partners in the work:** ERC AmeriCorps members worked with their host sites and community partners to identify needs for public safety outreach presentations, then worked to prepare and present these topics in schools, clubs, and other community organizations.

Second Accomplishment: 26 AmeriCorps Members recruited 435 volunteers to provide service to 12 agencies (fire departments, emergency response agencies, and disaster services agencies). These members provided enhanced volunteer recruitment and management practices within the agencies, provided preparedness and response training to community volunteers, and responded to emergencies within local communities. More than 1500 citizens directly benefited from the response of those members and from the volunteers that they recruited.

✿ What it took to do this

34,125 Completed units of service (hours of service provided)
26 National Service participants involved in this effort
1500 Number of citizens who were affected (beneficiaries)
\$7.61 Program cost per unit of service due to National Service volunteer effort
\$22.20 Comparable commercial or market unit cost without volunteers

✿ **Major partners in the work:** ERC members directly recruited volunteers for their host sites, with support from local merchants and businesses, as well as fellow volunteers.

FOR MORE INFORMATION:

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GRANTEE PROFILE: AMERICORPS* NATIONAL, UNIVERSITY OF MAINE COOPERATIVE EXTENSION FOODCORPS

BACKGROUND

- ★ **Primary Area of Need:** Health/Wellness
- ★ **Service Activity Categories:** Student Engagement, Food Security, Health Education
- ★ **Serving these areas of Maine:** Androscoggin, Kennebec, Oxford, Sagadahoc, York, Washington
- ★ **Mission (purpose) of this National Service program:** Through the hands and minds of emerging leaders, FoodCorps strives to give all youth an enduring relationship with healthy food. FoodCorps, in partnership with UMaine Cooperative Extension, placed 6 service members in seven of our sixteen counties to support 49 schools in this inaugural year. FoodCorps members are working to address food insecurity and childhood obesity through providing garden-based nutrition education to students in collaboration with Eat Well Nutrition Associates, building and tending school gardens, and helping school food service staff connect with local food sources. FoodCorps members are also collaborating with representatives of Maine's Farm to School Network and Maine School Garden Network to strengthen food systems programming throughout Maine.
- ★ **Why National Service program is the best response:** Childhood obesity and food insecurity are significant health issues in Maine and need to be addressed through a collaborative, well integrated approach. Many hands are needed to engage students in growing, cooking and eating healthy food. FoodCorps service members are teaching students skills that will help them eat healthier throughout their lives.

COMMENT FROM THE COMMUNITY:

Presumpscot Elementary School teachers Rebecca Maiorano, Suzanne Keller and Elizabeth Stover approached FoodCorps member Nora Saks at the beginning of the school year about starting an after-school garden club. Due to overwhelming interest from students, a lottery system was used to select 12 garden club members, including two representatives from each grade level.

In keeping with Presumpscot's practice as an Expeditionary Learning school, the first step was to have students respond to a guiding question: "How can I use my gardening skills and knowledge to make my school a healthier place, my community healthier and myself healthier?" The club set goals for all members to collaborate, persevere with a positive attitude, learn to use garden tools safely and responsibly and show respect for all living things as they grow and harvest food to share with the school and community. Members also are learning how to prepare fresh food. Ilyssa Thaler, garden educator at Cultivating Community, and Rae Belanger, nutrition associate with the University of Maine Cooperative Extension Eat Well Program, are helping Saks and the teachers with the club.

Students are engaged and learning from their experience in the club. Here are some of their comments:

- Antonio, a fifth grader: "I like building and planting. I like cooking, too."
- Hadley, a kindergartner: "I like working with all of the kids to make scarecrows."
- Coburn, a fourth grader: "I like to build garden beds and use power drills and hammers. I like to plant, too."

DATA SNAPSHOTS (NEW PROGRAM - 4 MONTHS OF DATA REPORTED BELOW)

★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	N/A; program did not exist	6
Total hours of service		4,605
Average hours/participant		768

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	N/A; program did not exist	41
Total hours of service		197
Average hours/volunteer		4.8

★ **Status of requests for service, unmet need:** As FoodCorps becomes more widely known, requests have come from counties that do not currently have a service member. Requests were submitted from teachers and other school staff, community organizations, interested volunteers, parents, community members and potential applicants for FoodCorps positions. Requests have come from Somerset, Waldo, Knox, Lincoln, Aroostook, Hancock, Piscataquis, Franklin and Penobscot counties (the nine other counties we currently don't serve). We hope to expand to eleven members next year and will reach out to four of the above counties.

★ **The role of National Service Program funds:** The rising cost of health care in this country affects everyone. With 1 in 3 children now considered obese and with a generation of young people predicted to live shorter lives than their parents due to obesity, the use of federal dollars for the FoodCorps program is a wise investment in the health of our children, our economy and our country's future.

★ Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	N/A; program did not exist	\$34,375
State public funds		\$0
Other federal funds		\$0
Local public funds		\$18,000
Private donations/fundraising		\$4,583
Private grants (including United Way		\$8,000
Fee-for-service revenue		\$ 0
In-kind materials		\$11,458
In-kind (pro bono) time or services		\$53,167
TOTAL		\$127,583



MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: FoodCorps is in its inaugural year. A survey is being conducted to evaluate impact. In 2011 (August-December) 3,489 students were reached with garden-based food and nutrition experiences. Fifty-eight (58) school and community gardens were built or revitalized (total 179,455 square feet of new community green space) and 1,719 lbs. of garden produce were donated to families experiencing food insecurity.

★ What it took to do this

179,455	Completed units of service (square feet of school gardens built or maintained)
6	National Service participants involved in this effort
3,489	Number of students who were affected (beneficiaries)
\$0.06/sq ft	Program cost per unit of service due to National Service volunteer effort
\$10.35	Comparable commercial or market unit cost without volunteers

★ **Major partners in the work:** Healthy Oxford Hills, Healthy Communities of the Capital Area and Washington County: One Community with Healthy Acadia are service sites for FoodCorps members and have identified schools to work with and connected FoodCorps members with their local school health coordinators. Cultivating Community, Rippling Waters Organic Farm and St. Mary's Nutrition Center, our three non-profit service sites, have connected members with schools in need of help with gardens and garden-based nutrition education. University of Maine Cooperative Extension Eat Well Nutrition Associates and other program staff have done collaborative nutrition lessons with members. Maine Ag in the Classroom has provided materials and resources for lessons with students. Maine School Garden Network is helping to register all school gardens on that website and to inform schools of related educational events. Maine Farm to School Network district representatives are helping FoodCorps members survey schools and determine next steps for programming.

Second Accomplishment: Students received garden-based nutrition education to increase positive attitudes towards fruits and vegetables. A survey is being conducted to evaluate impact.

★ What it took to do this

897.25	Completed units of service (hours of nutrition education)
6	National Service participants involved in this effort
3,489	Number of citizens who were affected (beneficiaries)
\$11.12	Program cost per hour taught due to National Service volunteer effort
\$23.48	Comparable unit cost for hour taught by salaried teacher in Maine

★ **Major partners in the work:** Healthy Oxford Hills, Healthy Communities of the Capital Area and Washington County: One Community with Healthy Acadia are service sites for FoodCorps members and have identified schools to work with and connected FoodCorps members with their local school health coordinators. Cultivating Community, Rippling Waters Organic Farm and St. Mary's Nutrition Center, our three non-profit service sites, have connected members with schools in need of help with gardens and garden-based nutrition education. University of Maine Cooperative Extension Eat Well Nutrition Associates and other program staff have done collaborative nutrition lessons with members. Maine Ag in the Classroom has provided materials and resources for lessons with students. Maine School Garden Network is helping to register all school gardens on that website and to inform schools of related educational events. Maine Farm to School Network district representatives are helping FoodCorps members survey schools and determine next steps for programming.

FOR MORE INFORMATION:

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GRANTEE PROFILE: AMERICORPS* NATIONAL, GREAT STRIDES RURAL EDUCATION CORPS

BACKGROUND

- ★ **Primary Area of Need :** Education
- ★ **Service Activity Categories:** Mentoring for Educational Success, Student Engagement, Service-Learning
- ★ **Serving these areas of Maine:** Aroostook, Cumberland, Hancock, Kennebec, Knox, Oxford, Piscataquis, Somerset, Waldo, Washington, York
- ★ **Mission (purpose) of this National Service program:** Great Strides is a new AmeriCorps Program serving Maine, New Hampshire, and Vermont. This program places 31 stipended and 32 Education Award Only members in rural Middle and High Schools in order to increase student educational attainment through:
 - ◆ Mentoring programs and increased mentor relationships
 - ◆ Tutoring
 - ◆ Service Learning opportunities
 - ◆ Outreach to the community, such as connecting with businesses, other schools, resources
 - ◆ Student assessment utilizing placement tests/career assessments

The Great Strides program seeks to increase the number of youth who have improved their school attendance over the course of the AmeriCorps program's involvement with the student, the number of students graduating from high school on time with a diploma and the number of students entering post-secondary institutions.

- ★ **Why National Service program is the best response:** The issue cannot be met by simply supplying more staffing for the schools. It involves letting students know that someone cares about their success in school. AmeriCorps members' passionate concern for the students is one of the strongest ways to meet this need.

COMMENT FROM THE COMMUNITY:

Gretchen Scales, serving at Camden Hills Regional High School in Camden, discusses some of the relationships that have been built with students, with a successful impact on student attainment.

"Our room has become a bit of a hangout place for those with nowhere else to go both before school and during break. It is wonderful to have created a safe, inviting environment where kids want to be. They know that they can come in here and will be welcomed, even when their attitudes might make this difficult. The kids know that they are missed when they do not show up.

"One of our students came to us at the beginning of the year without any interest in school at all. There was a lot of butting heads and the apathy on his part was incredible. He did not see a purpose in it and didn't want to do anything. Now he is at least willing. He works each class period, even completing three assignments one day! That may not sound like a lot, but he worked steadily and the best part was, he didn't even need any direction to do so. After much prodding and many discussions, something has clicked for him. He is still not an A student by any means, but he is trying and it is showing."



DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	N/A; program did not exist	No data report yet
Total hours of service		No data report yet
Average hours/participant		No data report yet

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering. Because this program is new and starting up, there is no data to report for this program at this point.

★ Status of requests for service, unmet need: Not yet determined.

★ The role of National Service Program funds: Federal dollars provide a portion of the funds needed while encouraging match to come from local communities. Through a partnership of funds it is possible to increase impact on community needs. Commitment of federal dollars promotes leverage of local support and establishes accountability that might not otherwise be required by other funding sources.

Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service. This program does not provide a report of the funding allocated to activity in each state. Overall project financial reports for the three states is available from the director.*

MAJOR ACCOMPLISHMENTS THIS YEAR:

First Accomplishment: Great Strides is a new National Service Program beginning operation during the 2011-2012 program year. Data will be collected and reported at the end of the 2011-2012 school year.

★ Major partners in the work: In Maine, Host Site Partners include: BCOPE, Belfast; Camden Hills Regional High School, Camden; The Community School, Camden; Fort Fairfield Elementary School, Fort Fairfield; Greenville School, Greenville; Hartland Consolidated School, Hartland; Jordan Small Middle School, Raymond; Lebanon Elementary School, Hanson; MeANS, Hinckley; Maine Seacoast Mission, Cherryfield; Searsport Middle and High School, Stockton Springs; Sumner Memorial High School, Sullivan; Telstar Regional High School, Bethel; Trekkers, Inc, Tenants Harbor.

FOR MORE INFORMATION:

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GRANTEE PROFILE: AMERICORPS* STATE, ISLAND INSTITUTE AMERICORPS FELLOWS

BACKGROUND

- ✪ **Primary Area of Need:** Community Development
- ✪ **Service Activity Categories:** Leadership Development, Volunteer Management
- ✪ **Serving these areas of Maine:** Cumberland, Hancock, Knox, Waldo
- ✪ **Mission (purpose) of this National Service program:** The Island Institute Fellows AmeriCorps Program provides support for Maine's island and remote coastal communities. It builds capacity by meeting community-stated needs through project-based work; increases capacity for the local management of historical, cultural, natural, economic and information resources; assists local research, planning, education and technology projects; offers professional development for Island Institute Fellows.
- ✪ **Why National Service program is the best response:** The Island Fellows Program has a strong reputation for providing talented recent college graduates to live and work within island communities for 1-2 years to help build capacity around a targeted community need, whether it be by recruiting and training volunteers, bringing in resources to sustain projects, or creating the capacity for a paid staff position at the end of the service year. The Island Fellows develop strong relationships with island residents, gain their trust, and live through all the challenges of island living alongside the residents they are serving.

The Island Fellows are effective in training community volunteers, and bring the added value of volunteering above and beyond the requirements of their assigned placement. They volunteer to serve meals to the elderly, mentor teens, help with college preparedness for students as well as parents, help the community elders with shoveling and meals. Most Island Fellows develop life-long relationships with island residents, and come back year after year once their fellowships are completed. The model creates a concrete "extra set of hands" to help communities tackle some of their most pressing needs.

COMMENT FROM THE COMMUNITY:

"Scott has done a remarkable job doing side tasks, creating opportunities for our community, and offering a helping hand at anything and everything. Scott has spent most of his time at our K-8 school and our preschool and has made an impact on the lives of all of our children. He has spent time mentoring, tutoring, guiding, just hanging and teaching.

One child has taken piano lessons and has written and memorized his own piece thanks to Scott. Several others have taken guitar lessons and piano lessons and participated in the talent shows for the past two years. Many other students have worked on art techniques, learning new games for the playground and for all of us a deep appreciation for music, art and physical education." ~ Becky Lenfesty, Frenchboro

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	10	18
Total hours of service	17,500	22,310
Average hours/participant	1,750	1,239

★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	484	547
Total hours of service	10,983	11,128
Average hours/volunteers	23	20

- ★ **Status of requests for service, unmet need:** Many communities would like to host an Island Fellow. With the downturn in the economy, sites are having a difficult time coming up with the match requirement. The Program is working with communities to look at creative ways of meeting the match through donated housing offsets, or submitting applications in partnership with other organizations or cross-island partnerships. There is a great need for the leadership of an Island Fellow AmeriCorps member, and many sites would like to host a Fellow. After conducting a community meeting, virtually all year-round island communities would be interested in hosting a Fellow. Out of the 15 year-round communities, at least 13 would be interested in hosting a Fellow, and some islands would request multiple Island Fellows to meet several targeted community needs. Based on this assessment, there is the need to field about 15 Island Fellow placements. However, the Program has been able to field an average of 10 full-time Island Fellow placement/year. The Program intends to work closely with communities to help with the funding challenge.

- ★ **The role of National Service Program funds:** AmeriCorps funds provide the Island Fellows AmeriCorps Program with the ability to place more Island Fellows, thereby helping communities address their most urgent community development needs: affordable housing, energy conservation, community planning and development, technology education and integration, public health including eldercare and aging in place, and leadership development.

★ Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	\$126,000	\$141,995
State/Local public funds	\$0	\$0
Other federal funds	\$0	\$0
Private donations/fundraising	\$282,470	\$271,420
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials; (pro bono) time or services	\$0	\$0
TOTAL	\$408,470	\$413,415

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: 18 Island Fellow AmeriCorps members served with community volunteers to complete 18 community work plans, which helped to meet targeted community needs, while building capacity for their work by training community volunteers. 18 Island Fellows recruited and trained 547 community volunteers.

These volunteers contributed 11,128 hours of service to address specific community needs: affordable housing for low income residents; plans for land use and affordable housing; leadership development among citizens; improved waste management; aligned curriculum for the one-room school houses using technology education and integration to create "virtual classrooms;" leadership and business development skills for at-risk youth; academic retention and enhancement through summer camp programming; volunteer management; leadership development for effective non-profit management by volunteers; improved and enhanced food delivery systems for eldercare lunch programs.

✧ What it took to do this

- 18 Completed units of service (community work plans to address targeted community needs)
- 18 National Service participants involved in this effort
- 547 Number of citizens who were effected (beneficiaries)
- \$20.67 Program cost per unit of service due to National Service volunteer effort
- \$75-\$100 Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** Chebeague Island Recreation Center provided support for expanding the teen program. Herring Gut Learning Center provided help to expand the at-risk student education program to more students. Matinicus School, Monhegan School, Isle au Haut School, Islesford School, Cliff Island Schools provided teacher leadership to help shape aligned cross-island curriculum. Town of Isle au Haut and Isle au Haut Community Development Corporation provided assistance with data collection and leadership. Swan's Island Historical Society provided training and mentorship. Chebeague Island Commons and Peaks Island Health Center provided leadership in the research and survey for the Casco Bay Eldercare and Aging in Place report.

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GRANTEE PROFILE: AMERICORPS* STATE, MAINE CONSERVATION CORPS

BACKGROUND

- ★ **Primary Area of Need:** Environment
- ★ **Service Activity Categories:** Park Facilities/ Trail Improvement; Drinking Water Quality and Availability Improvement
- ★ **Serving these areas of Maine:** Aroostook, Androscoggin, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York
- ★ **Mission (purpose) of this National Service program:** The mission and mandate of the MCC is "...to improve public property for the increased use and enjoyment of the public, to provide conservation education, to promote and manage volunteer opportunities related to natural resources, and to assist public and non-profit organizations with projects that serve a valid public purpose."
- ★ **Why National Service program is the best response:** MCC provides work experience for young people while instilling an ethic of volunteerism. MCC creates trail networks that support active outdoor recreation. MCC supports Maine's economy with jobs and with "green infrastructure" to bring prosperity to rural areas through nature-based tourism and quality of place.

COMMENT FROM THE COMMUNITY:

"I met the Gulf Hags team of volunteers. This group was terrific! They were mature, generous, open-minded, and smart. By the end of the day, I was tired, exhilarated, and dirtier than I had ever been in my life. I have a much greater appreciation of the trails I hike, and any time I'm in Gulf Hags, I can proudly point out the trail I helped build. It's good to know you can make a difference."

Charlie, Vassalboro

DATA SNAPSHOTS

★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	104	104
Total hours of service	84,425	87,600
Average hours/participant	812	842
	(many seasonal positions)	(many seasonal positions)

✧ **Community volunteers who serve alongside National Service participants:**

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	433	254
Total hours of service	2,756	2,729
Average hours/volunteer	6.4	11

✧ **Status of requests for service, unmet need:** n/a

✧ **The role of National Service Program funds:** Federal dollars provide education awards and health insurance to members. Federal dollars provide training opportunities and basic disaster response training. Federal dollars in support of the AmeriCorps program support the economy and the citizens of Maine.

✧ **Program Budget**

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$331,557	\$390,068
State public funds	\$0	\$0
Other federal funds	\$170,000	\$128,000
Local public funds	\$304,582	\$464,669
Private donations/fundraising	\$35,000	\$35,000
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$841,139	\$1,017,737


MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Over 90% of students showed an increase in environmental awareness as a result of the lessons taught.

✧ **What it took to do this**

185	Completed units of service (Environmental Education lessons)
34	National Service participants involved in this effort
5,082	Number of students who were affected (beneficiaries)
\$14.18	Program cost per unit of service due to National Service volunteer effort
\$30.75	Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** DEP Augusta Biological Monitor; Maine State Aquarium; Newforest Institute; Maine Department of Marine Resources; Kennebec Estuary Land Trust; Maine Energy Education Program; Belgrade Regional Conservation Alliance.



Second Accomplishment: Allowing public access to some of Maine's most beautiful sites to the citizens of Maine.

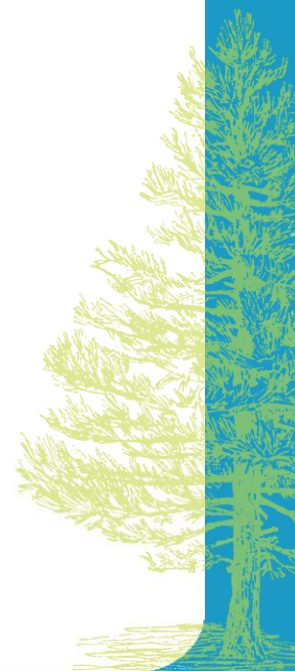
✧ **What it took to do this**

89	Completed units of service (miles of trail built or rehabilitated)
70	National Service participants involved in this effort
1.1 million	Number of citizens who were affected (hikers using trails)
\$2,288	Program cost per unit of service due to National Service volunteer effort
\$6,864	Comparable commercial or market unit cost without volunteers

✧ **Major partners in the work:** National partners such as National Park Service for the Appalachian Trail. State partners such as State Parks like Vaughn Woods and Cobscook and Public Lands such as Deboulie and Dodge Point. Land Trust such as The Nature Conservancy, Kennebunk Land Trust and Blue Hill Heritage Trust. Community partners such as Augusta, the City of Ellsworth, the Lincoln County Historical Association and Swan's Island.

FOR MORE INFORMATION:

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GRANTEE PROFILE: AMERICORPS* STATE, TEEN LEADERSHIP AND CAREER CORPS

BACKGROUND

- ★ **Primary Area of Need :** Community Development, Human Services
- ★ **Service Activity Categories:** Dropout Prevention, Special Education, Career Guidance/Post-Secondary Education Planning, Youth Leadership/Development, Mentoring.
- ★ Serving these areas of Maine: Aroostook, Franklin, Hancock, Oxford, Somerset, Cumberland, Kennebec, Washington, and Waldo counties.
- ★ **Mission (purpose) of this National Service program:** Engage and empower students with disabilities to transition from high school into career and community life through a process of self-discovery, career exploration, and informed decision making.
- ★ **Why National Service is the best response:** It expands community service that increases natural supports for youth with disabilities to help them transition from school to career and community life. National Service volunteers increase the community support for the students during transition. As a result, the students have greater success at becoming employed, tax paying citizens who also volunteer.

COMMENT FROM THE COMMUNITY:

I had the opportunity to work with a very determined young lady. She is a freshman this year, moving here from city life in New Jersey. Just two years ago, on her 12th birthday, she was thrown from her horse. She spent over a month in a hospital recovering from a traumatic brain injury in the frontal lobe.

She has overcome some great challenges and has used this experience to grow as a person and strive to make a difference in the lives of others. She spent her summer serving in France and other places as a Student Ambassador. She is very goal oriented and is very motivated to create a plan for transition after high school. Her goal with Transition and Career Education is to feel more comfortable with job applications so she will be able to work while attending college. I'm looking forward to working with this young lady as her ambition and motivation is compelling!

DATA SNAPSHOTS

- ★ **National Service participants who do the work:**

	FFY 2010	FFY 2011
How many participants	10	10
Total hours of service	17,000	17,000
Average hours/participants	1,700	1,700



★ Community volunteers who serve alongside National Service participants:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	185	203
Total hours of service	1,299	861
Average hours/volunteer	7	4

★ Status of requests for service, unmet need: N/A

★ **The role of National Service Program funds:** In order for youth with disabilities to transition into adult living and become integral members of their communities and tax paying citizens, we need to promote natural supports and community service.

★ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*


	FFY 2010	FFY 2011
National Service Funds*	\$71,787	\$132,835
State public funds	\$29,842	\$103,674
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$0	\$0
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$76,853	\$175,288
TOTAL	\$178,482	\$411,797

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Within the first half of the school year Teen Leadership Career Corps instructed over 212 classified students using the Transition Career Education Workshop; mentored more than 180 students, both classified and non-classified, through a variety of extra-curricular after school activities; completed 1,903 hours service-learning projects which involved 203 volunteers who contributed over 9,458 hours.

★ What it took to do this

9458	Completed units of service (hours of student instruction/mentoring/community engagement)
10	National Service participants involved in this effort
564	Number of citizens who were affected (beneficiaries)
\$25	Program cost per unit of service due to National Service volunteer effort
\$378	Comparable commercial or market unit cost without volunteers

- 
- ✦ **Major partners in the work:** Forest Hills High School, Leavitt High School, Woodland High School, Calais High School, Shead High School, Machias High School, Machais Youth Program, Carrabec High School, Mt. Abraham High School, Gray High School, Brunswick High School, Maine Department of Labor Workforce Investment Act Youth Program, University of Maine Machais, Washington County CareerCenters, Maine Department of Education, Maine Jobs Council, University of Maine Farmington, Maine Department of Labor, and Division of Vocational Rehabilitation.

Second Accomplishment: The Teen Leadership and Career Corps took our Transition Exploration Workshop and aligned it with the National Work Ready Core Standards and The National Transition Core Standards. This will enable our students to exit our program with work ready skills identified by employers nationwide. All of our members are certified Workready program facilitator trained. Our students will become more employable when they transition into adult living.

✦ **What it took to do this**

6594	Completed units of service (volunteer hours in communities)
10	National Service participants involved in this effort
212	Number of citizens who were affected (beneficiaries)
\$56	Program cost per unit of service due to National Service volunteer effort
118	Comparable commercial or market unit cost without volunteers

- ✦ **Major partners in the work:** High schools in the participating counties, Maine Jobs Council, Maine Department of Labor.

FOR MORE INFORMATION:

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VISTA

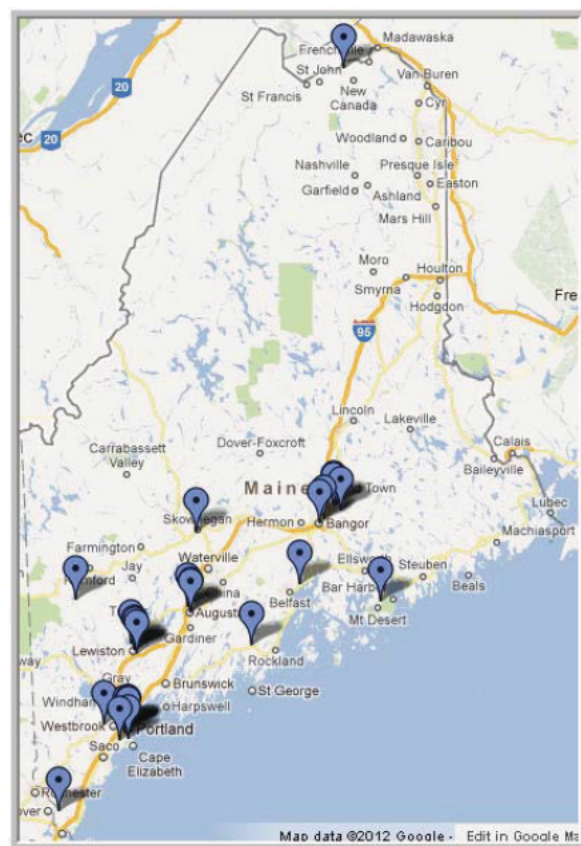
Volunteers In Service To America

PROGRAM OVERVIEW

One of the trio of AmeriCorps programs, VISTA (Volunteers In Service To America) taps the skills, talents, and passion of Americans to support community efforts to overcome poverty.

The program's nationwide corps of VISTAs commits full-time for a year at nonprofit organizations or local government agencies to build the capacity of these organizations to carry out programs that fight poverty.

VISTAs recruit and manage community volunteers, raise funds, help schools integrate service learning into district teaching methods, expand job opportunities, develop financial assets, reduce homelessness, improve health services, reduce unemployment, increase housing opportunities, and develop services for veterans and military families.



AMERICORPS VISTA SITES IN MAINE

Maine VISTA Project: *21 Community Partners

Augusta, Maine Commission for Community Service
Bangor, Pine Tree Legal Assistance
Bryant Pond, UMaine Coop. Ext. Bryant Pond
Kennebunk, United Way of York County
Lewiston, Healthy Androscoggin/CMCS
Lewiston, Tri-County Mental Health Services
Mt. Desert, MDI Regional School System
Orono, UMaine VETS Program
Portland, Catholic Charities of Maine
Portland, Community Financial Literacy
Portland, Learning Works
Portland, Pine Tree Legal Assistance
Portland, The Telling Room (2)
Portland, United Way of Greater Portland
Portland, USM Vets Resource Center
Scarborough, Southern Maine Agency on Aging
Searsport, Searsport District Middle/High School
Skowhegan, MSAD # 54
Waldoboro, UMaine Cooperative Extension Knox-Lincoln
York County, MSAD #35 & MSAD# 57

New England Rural Health Round Table: 1 Community Partner

Orono, Maine Rural Partners

Maine Campus Compact: 9 Community Partners

Augusta, University of Maine Augusta
Bangor, Eastern Maine Community College
Fort Kent, University of Maine Fort Kent
Gorham, University of Southern Maine
Lewiston, Bates College
Lewiston, Maine Campus Compact
Orono, University of Maine
Orono, Univ. of Maine Cooperative Extension
South Portland, Southern ME Community College



GRANTEE PROFILE: VISTA PROGRAM, MAINE CAMPUS COMPACT

BACKGROUND

- ★ **Primary Area of Need:** Education
- ★ **Service Activity Categories:** College Access and Success, Service-Learning
- ★ **Serving these areas of Maine:** Androscoggin, Cumberland, Kennebec, Penobscot, Waldo
- ★ **Mission (purpose) of this National Service program:** Our goals are to develop partnerships among higher education institutions and low-income communities to create strong, sustainable anti-poverty programs; to improve reading and math skills of low-income children in grades K-8; and develop sustainable infrastructure for campus-based community service and service-learning with a focus on improving anti-poverty outcomes.
- ★ **Why National Service program is the best response:** VISTA is designed to build capacity for nonprofits to address poverty. Our VISTAs mobilize the volunteer resources of higher education in Maine to reduce poverty in the long and short terms.

DATA SNAPSHOTS

- ★ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	18	8
Total hours of service	Not Recorded	Not Recorded
Average hours/participants	Not Recorded	Not Recorded

- ★ Community volunteers (not National Service participants):

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	6,322	4,405
Total hours of service	52,550	20,348
Average hours/volunteer	8	5

- ★ **The role of National Service Program funds:** National Service Funds were primarily used for living stipends, travel to meetings, and for part of a staff salary to coordinate the program.



✦ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	\$232,176	\$116,850
State public funds	\$0	\$0
Other federal funds	\$0	\$0
Local public funds	\$0	\$0
Private donations/fundraising	\$75,000	\$37,500
Private grants (including United Way)	\$0	\$0
Fee-for-service revenue	\$0	\$0
In-kind materials	\$0	\$0
In-kind (pro bono) time or services	\$0	\$0
TOTAL	\$307,176	154,350

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Recruited 161 college student volunteers to assist K-12 and nontraditional students with access to higher education on a long term basis. We also provided 22 workshops to increase aspirations and preparedness for higher education.

✦ What it took to do this

Data not provided by project.

✦ **Major partners in the work:** There were 14 high schools and community organizations in this work.

Second Accomplishment: VISTAs developed volunteer recruitment systems on campuses to increase and expand the quality of higher education programs by partnering with community agencies serving low-income populations. These systems generated 4,400 volunteers over the course of an academic year for 243 community schools and organizations in Maine.

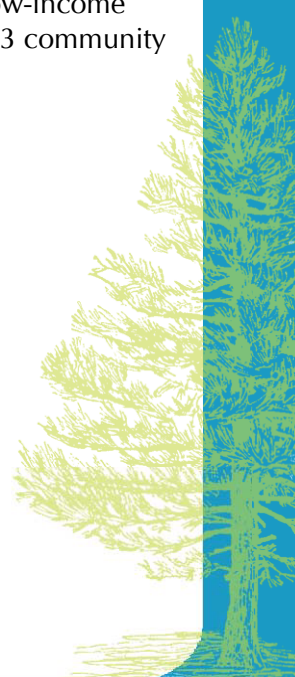
✦ What it took to do this

Data not provided by project.

✦ **Major partners in the work:** 243 community schools and organizations.

FOR MORE INFORMATION:

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GRANTEE PROFILE: MAINE VISTA PROJECT, MAINE COMMISSION FOR COMMUNITY SERVICE

BACKGROUND

- ✳ **Primary Area of Need:** Veterans, Education
- ✳ **Service Activity Categories:** Veterans and Military Families, Service- Learning.
- ✳ **Serving these areas of Maine:** Androscoggin, Cumberland, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Somerset, Waldo, York counties
- ✳ **National Service program mission (purpose):** The Maine VISTA project increases capacity in organizations serving low income Mainers and creates sustainable strategies to bring individuals and communities out of poverty. The project is particularly interested in developing new support systems for veterans and military families, increasing service-learning implementation as a teaching methodology with research-proven outcomes, and improving volunteer management practices.

* Funding for this program was authorized in March 2011. VISTA members started serving terms in August 2011. Data in this report is for 4 months of operation.

- ✳ **Why National Service program is the best response:** AmeriCorps*VISTA members provide a "human resource" that focuses on increasing organizational capacity through development of new or expansion of existing programs. Members volunteer in intensive assignments— full time for one year— which allows them to contribute in a meaningful and impactful way.

COMMENT FROM THE COMMUNITY:

"Jerry has helped us reach hundreds of people in our community to let them know we welcome veterans and family members and we have the expertise to help. We continue outreach to veterans and family members, while educating staff and community about issues relating to providing services to them.

We have developed new connections with healthcare, behavioral healthcare providers plus veterans organizations and advocates, strengthening the community safety net and laying the groundwork for future projects. Our new connections have put us on the radar to partner with organizations to meet veterans' needs in the community, and brought new opportunities to develop programming. We are planning to expand specialty training to selected clinical staff to serve this population even more effectively."

- Tina Clark, Director of Development and Community Relations at Tri-County Mental Health Services

DATA SNAPSHOTS

✧ National Service participants who do the work:

	FFY 2010	FFY 2011
How many participants	Project did not exist	22
Total hours of service		5,204.5 to-date* *(33% of year elapsed)
Average hours/participants		

✧ Community volunteers (not National Service participants):

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering. AmeriCorps*VISTA is to increase the capacity of organizations to address local needs.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	384
Total hours of service		3,667
Average hours/volunteer		10

✧ **Status of requests for service, unmet need:** In a new project such as this one, there is a 1:1 relationship between placement sites and authorized VISTA positions. As the project continues over the next five years, there may be requests from partners who were not part of the original group and those will be held in case an existing site decides to withdraw.

✧ **The role of National Service Program funds:** AmeriCorps*VISTA grants to the Commission are an allocation of member positions not funds. Member costs (stipend, health benefits, etc.) are paid directly by the Corporation for National & Community Service. VISTA members serve full-time and may have no other income for a year. This intensive service focused on caring for our veterans, service members, and their families and increasing our students' aspirations and academic achievement is vital to the health of our communities, our state, and our nation.

✧ Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$467,605
State public funds		\$0
Other federal funds		\$0
Local public funds		\$21,000
Private donations/fundraising		\$0
Private grants (including United Way)		\$46,392
Fee-for-service revenue		\$0
In-kind materials		\$0
In-kind (pro bono) time or services		\$25,000
TOTAL		\$559,997

MAJOR ACCOMPLISHMENTS (4 months of operation)

First Accomplishment: By June 2012 the Maine VISTA Project aims to support 1200 students participating in service-learning activities. VISTA members will work with schools and education-focused organizations to increase adoption of service-learning as a teaching methodology linked to positive outcomes such as increased student engagement, attendance, academic performance, and retention.

★ What progress has been made and what it took to do this

- 390 Completed units of service (students participating in service-learning activities)
- 8 National Service participants involved in this effort
- 390 Number of citizens who were affected (beneficiaries)
- * Program cost per unit of service due to National Service volunteer effort
- * Comparable commercial or market unit cost without volunteers

**Calculation not available this early in the year.*

★ **Major partners in the work:** Placement sites for VISTA members implementing service-learning practices: MSAD #57, MSAD # 35, MSAD # 54, Kittery School Department, UMaine Cooperative Extension Knox-Lincoln, Bryant Pond 4-H and Learning Center, MDI Regional School System, Searsport Middle and High Schools, LearningWorks.

Second Accomplishment: By August 2012 (the end of program year 1), over 600 veterans will have accessed services and assistance because of the capacity-building efforts of Maine VISTA Project members. Members serving are developing or strengthening programming in the areas of access to education, housing, healthcare, and legal services. Over 200 children of military members will participate in Science, Technology, Engineering, and Math educational programs outside of school.

★ What progress has been made and what it took to do this

- 46 Completed units of service (veterans and/or military families accessing services and assistance)
- 3 National Service participants involved in this effort
- 46 Number of veterans/military families who were affected (beneficiaries)
- * Program cost per unit of service due to National Service volunteer effort
- * Comparable commercial or market unit cost without volunteers

**Calculation not available this early in the year.*

★ **Major partners in the work:** Placement sites for VISTA members improving access to services and assistance for veterans and military families: Tri-County Mental Health Services, Pine Tree Legal Assistance, USM Veterans Resource Center, UMaine Veterans Education Transition Services, Operation Military Kids/Bryant Pond 4-H and Learning Center, Bread of Life Ministries.

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VOLUNTEER GENERATION FUND OVERVIEW

The Volunteer Generation Fund, a new Corporation for National & Community Service program authorized by the Edward M. Kennedy Serve America Act, is designed to increase the number of people who serve in meaningful roles as volunteers dedicated to addressing important needs in communities across America.

The Fund supports efforts that expand the capacity of volunteer connector organizations to recruit, manage support and retain individuals to serve in high quality volunteer assignments, including those that are aligned with special days of service such as Martin Luther King Jr, Day and the 9-11 Day of Service and Remembrance.

2011 MAINE HIGHLIGHTS VOLUNTEER GENERATION FUND

- ✱ Volunteer centers supported
 - ◆ 4 established
 - ◆ 2 expanded
- ✱ 8,479 volunteers were recruited to work on education, energy conservation, and health issues
- ✱ 8 Networks of Volunteer Managers supported
- ✱ \$295,281 Federal Funding
- ✱ \$89,000 Non-Federal Funds

In Maine, the Fund establishes new or supports existing volunteer centers to increase involvement of youth/young adult and 55+ individuals in volunteer opportunities that address local needs in the areas of education, energy, and health.

The Fund also promotes professional development of managers of volunteers through the support of peer networks and increasing training opportunities.

Organizations funded to establish or expand a regional volunteer center and peer network:

- ◆ Maine Sea Coast Mission serving Washington County
- ◆ United Way of Eastern Maine serving Penobscot County
- ◆ United Way of Greater Portland serving Cumberland County
- ◆ United Way of Mid Coast Maine serving Knox, Lincoln, and Sagadahoc Counties and the Brunswick area
- ◆ United Way of the Tri-Valley Area serving Franklin County and the Livermore/Livermore Falls area
- ◆ United Way of York County serving York County

Organizations funded to establish or support existing peer network of managers of volunteers:

- ◆ United Way of Androscoggin County serving Androscoggin and Oxford Counties
- ◆ Friends in Action Community Connection serving Hancock County





GRANTEE PROFILE: VOLUNTEER GENERATION FUND, MAINE SEA COAST MISSION

BACKGROUND

- ✦ **Primary Area of Need:** Education
- ✦ **Service Activity Categories:** Developing community-based volunteer programs, Mentoring.
- ✦ **Serving these areas of Maine:** Washington County
- ✦ **Mission (purpose) of this National Service program:** Maine Sea Coast Mission's Downeast Campus offers programs that provide support, resources, and education to assist individuals and families become self-sustaining and, thereby, foster healthy, resilient communities. Downeast Campus services are delivered by a staff committed to responding to every individual's circumstances with compassion and understanding.
- ✦ **Why National Service program is the best response:** Non profit organizations rely on volunteers to help meet with mission and goals. In Washington County there has been no support or education on best practices for volunteer managers and their organizations. To have a high functioning volunteer force in the county, organizations must have the infrastructure to support this valuable resource. Building a volunteer center could not be accomplished without the MCCS funding.

DATA SNAPSHOTS

- ✦ Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	214
Total hours of service		3285
Average hours/volunteer		15

- ✦ Status of requests for service, unmet need: New grant; too early to report
- ✦ The role of National Service Program funds: The investment in support of volunteer efforts multiplies when you calculate the dollar value of the services that volunteers provide.

✧ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$30,591
State public funds		\$0
Other federal funds		\$0
Local public funds		\$0
Private donations/fundraising		\$11,452
In-kind materials, (pro bono) time or services		\$11,759
TOTAL		\$53,801

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Thirty volunteer managers learned strategies for recruiting volunteers. A peer network - learning community has been established in Washington County.

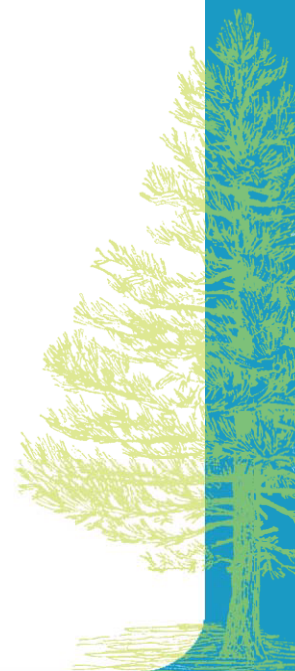
✧ **Major partners in the work:** University of Maine Cooperative Extension, Department of Labor- Career Center, Washington County Community College, University of Maine Machias, Washington County One Community, United Way

Second Accomplishment: Ten people representing county-wide organizations have met six times to develop a plan for a sustainable volunteer center in Washington County.

✧ **Major partners in the work:** Members of the Advisory Committee include: University of Maine Machias, UM Cooperative Extension, Dept. of Labor - Career Centers, Bureau of Health, Washington County One Community, Maine Sea Coast Mission, Downeast Community Hospital, Washington County Food and Fuel Alliance

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GRANTEE PROFILE: VOLUNTEER GENERATION FUND, UNITED WAY OF EASTERN MAINE

BACKGROUND

- ★ **Primary Area of Need :** Education
- ★ **Service Activity Categories:** Mentoring for Educational Success, Student Engagement, School Readiness/Head Start/Early Childhood Education, Food Security, Workforce Development
- ★ **Serving these areas of Maine:** Penobscot County
- ★ **Mission (purpose) of this National Service program:** United Way of Eastern Maine's mission is to improve life through the caring power of people and communities. Our new Volunteer Center carries the same mission, with a focus on people as irreproachable and powerful resources toward solving community problems.
- ★ **Why National Service program is the best response:** Human capital is the one resource that is under-tapped and always available. To harness that resource, engaged leaders are necessary. By engaging one or more National Service staff or volunteer, it is possible to meet a greater need with more volunteers from the community.

DATA SNAPSHOTS

- ★ **Community volunteers who serve:**

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	700
Total hours of service		2100
Average hours/volunteer		3

- ★ **The role of National Service Program funds:** Dollars to help support the raising and support of community volunteers is necessary and a very important investment – with a huge return on investment.



★ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$29,167
State public funds		\$0
Other federal funds		\$0
Local public funds		\$0
Private donations/fundraising		\$13,332
In-kind materials, (pro bono) time or services		\$4,441
TOTAL		\$46,940

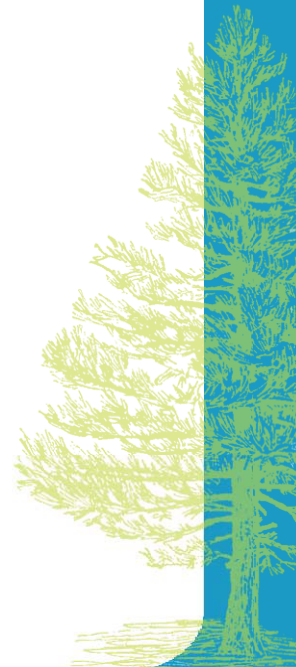
MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: More children and adults/families with low literacy levels will have access to trained mentor and tutor volunteers. During the first 7 months of the grant, we laid the groundwork necessary to increase volunteers in mentor and tutor roles. More than 150 children and adults were mentored or tutored during this period.

★ **Major partners in the work:** University of Maine, BBBS and Bangor Y identified youth in need of mentoring/tutoring based on educational challenges or emotional/social challenges.

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GRANTEE PROFILE: VOLUNTEER GENERATION FUND, UNITED WAY OF GREATER PORTLAND

BACKGROUND

- ✦ **Primary Area of Need:** Education
- ✦ **Service Activity Categories:** Tutoring, Student Engagement
- ✦ **Serving these areas of Maine:** Cumberland County
- ✦ **National Service program mission (purpose):** Our mission is to build capacity in agencies throughout the Cumberland County area that focus on education. Our work is two-pronged: with a focus on increasing volunteers within specific demographics, as well as provide consistent monitoring of best practices in volunteer management, through administration of the 22 Essential Volunteer Management Practices. By helping agencies to strengthen their internal volunteer policies and procedures, we will ensure that each volunteer experience is of high quality and value to the individual.
- ✦ **Why National Service program is the best response:** Many nonprofits rely heavily on volunteer assistance. Having a strong infrastructure to support volunteers is critical. Research shows many volunteers only stay with a nonprofit if they are well-managed and feel their work has made an impact. If they are not, they move on or simply stop volunteering. Volunteer Generation Fund resources allow us to provide capacity-building training and technical assistance (including training on volunteer management best practices) in multiple education organizations. In many schools throughout our county, the money is simply not there to support a strong internal volunteer structure. These funds allow us to assist volunteer coordinators by providing training, tools, resources, and materials to more effectively meet the community need.

DATA SNAPSHOTS

- ✦ **Community volunteers who serve:**

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	1056
Total hours of service		3861
Average hours/volunteer		4

- ✦ **The role of National Service Program funds:** Without federal dollars to assist with capacity building, volunteer recruitment and management would be greatly lacking in the state of Maine. Providing resources for capacity building support is the best return on investment because it is putting dollars into something that will give back to the community many times over.

✦ Program Budget

*National Service funds are from appropriations to the Corporation for National and Community Service.

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$29,816
State public funds		\$0
Other federal funds		\$0
Local public funds		\$0
Private grants (including United Way)		\$17,592
In-kind materials, (pro bono) time or services		\$0
TOTAL		\$47,408

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Thanks to the CNCS funding, we were able to host two outstanding trainings this year for volunteer administrators and educators in Cumberland County.

The first was a service-learning training with KIDS Consortium, which helped attendees develop a basic understanding of the service-learning model. It covered the difference between community-based learning, community service, and service learning, and why service learning is an effective teaching strategy.

The second training was with nationally renowned speaker, Jill Friedman Fixler. This training provided ideas, tools, and strategies specifically for volunteer management professionals. It covered emerging trends, issues and opportunities in volunteer engagement and also explored how to build organizational capacity through high-impact volunteer management. We had a great turnout for both trainings, with 60 total participants. Both were extremely well-received, with 100% of participants reporting an increase in skills, knowledge and abilities. Forty percent of participants also claimed they implemented a change in his or her program based on the training received.

✦ **Major partners in the work:** KIDS Consortium, Opportunity Alliance

Second Accomplishment: We facilitated a partnership between University of Southern Maine students, our corporate partners, and Saccarappa Elementary School in Westbrook to provide literacy help to children in grades K-2. USM Students in a Childhood Literacy Education course were recruited to volunteer for one semester within Saccarappa Elementary School, as well as several volunteers from our partner companies. They will provide support in the classroom during their literacy block, which is a time for students to work on their reading skills.

✦ **Major partners in the work:** University of Southern Maine, Saccarappa Elementary School

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GRANTEE PROFILE: VOLUNTEER GENERATION FUND, UNITED WAY OF MID COAST MAINE

BACKGROUND

- ✦ **Primary Area of Need:** Education
- ✦ **Service Activity Categories:** Volunteer Recruitment, Volunteer Management
- ✦ **Serving these areas of Maine:** Sagadahoc, Knox, and Lincoln Counties, Brunswick area
- ✦ **Mission (purpose) of this National Service program:** To support and increase volunteerism throughout Knox, Lincoln and Sagadahoc counties, and Brunswick and Harpswell, among youth and young adults (ages 11-25) and adults age 55 and over to serve in programs that address local needs related to high school dropout prevention, increased high school graduation rates, and pursuit of post-secondary education.
- ✦ **Why National Service program is the best response:** Volunteer engagement demonstrates that community members are invested in solutions that address local educational needs. Involving volunteers brings a diversity of experiences and knowledge to bear on issues that affect us all: the education of our children and the future of our country and world. This diversity can create partnerships with other organizations, businesses, and government agencies.

Maintaining a focus on education also allows the United Way of Mid Coast Maine to be more intentional with partner agencies that work exclusively on youth development. We can support volunteer engagement coordinators with professional development trainings, networking opportunities, and guidance around implementing best practices of the field. Connecting with volunteers allows our program to make the case about why increasing high school graduation rates, decreasing dropout rates and increasing opportunities for post-secondary education and training is important. Volunteers can then go on to educate friends, family, and lawmakers about the importance of education and volunteerism.


DATA SNAPSHOTS

- ✦ **Community volunteers who serve:**

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	--
Total hours of service		--
Average hours/volunteer		--

- ✦ **The role of National Service Program funds:** The federal government encourages citizens of all ages and abilities to become active in their communities as volunteers. Engaged volunteers are invested in building their communities and meeting local needs, especially around education issues.



As services and functions shift from the federal government to private, nonprofit organizations, the need for the federal government to work in partnership with those organizations and their volunteers becomes critical. Federal money supports capacity building of nonprofit organizations to effectively utilize their current volunteers and to engage, cultivate, support, and sustain new volunteers. Supporting capacity building is an even better return on investment than the benefit of people volunteering.

Our program was able to leverage the federal dollars in order to support and increase volunteerism in area programs that address local needs related to high school dropout prevention, increased high school graduation rates, and pursuit of post-secondary education and training.

★ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$33,000
State public funds		\$0
Other federal funds		\$0
Local public funds		\$0
Private grants (including United Way)		\$18,171
In-kind materials, (pro bono) time or services		\$7,146
TOTAL		\$58,317

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: Thirty-four nonprofits from the Brunswick, Bath and Topsham area participated in a Volunteer Opportunity Fair at the Curtis Memorial Library in Brunswick. One hundred fifteen community members attended the event. Of that number, twenty three youth and young adults and forty eight people aged 55 and older visited with the organizations. Nearly one third of organizations answering a post-event survey indicated that they would participate in another fair and had made contact with many potential volunteers.

★ **Major partners in the work:** The volunteer coordinators from Curtis Memorial Library and People Plus helped plan and host the event. The library donated the space for the event and volunteers from People Plus donated food. Bowdoin College donated money to help defray costs.

Second Accomplishment: 281 volunteers visited elementary schools and child cares throughout Lincoln County and the midcoast region to participate in the 12th Annual Community Read Aloud. The event provides a great opportunity for children and adults to enjoy a book or stories together and to talk about the importance and fun of reading. Twenty four elementary schools and thirty five child cares, preschools, Head Start centers, and family child care homes hosted volunteer readers. Approximately 4,600 children benefited from the project.

★ **Major partners in the work:** Comcast and Topsham Espresso Rotary Club sponsored the event. Twenty seven Rotary Club members in the midcoast region volunteered as readers.

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GRANTEE PROFILE: VOLUNTEER GENERATION FUND, UNITED WAY OF THE TRI-VALLEY AREA

BACKGROUND

- ✦ **Primary Area of Need:** Education, Health/Wellness, Housing
- ✦ **Service Activity Categories:** Mentoring for Educational Success, Energy Use Reduction, Volunteer Recruitment, Volunteer Management
- ✦ **Serving these areas of Maine:** Franklin County, Livermore and Livermore Falls area
- ✦ **Mission (purpose) of this National Service program:** United Way of the Tri-Valley Area supports a wide variety of volunteer activities including building the capacity of volunteers in Greater Franklin County through the Franklin Volunteer Network; increasing mentoring opportunities through Girls Talk/Teen Voices, the Lunch Buddy program; and supporting weatherization initiatives such as The Community Energy Challenge.

DATA SNAPSHOTS

✦ Community volunteers who serve:

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	3,961
Total hours of service		214,708
Average hours/volunteer		54

✦ Program Budget

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$32,3937
State public funds		\$0
Other federal funds		\$0
Local public funds		\$0
Private grants (including United Way)		\$5,321
In-kind materials, (pro bono) time or services		\$23,664
TOTAL		\$61,922



MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: The United Way of the Tri-Valley Area's "Day of Caring" was re-invigorated after at least a 7 year hiatus. Multiple projects were successfully completed in and around a neighborhood that was in much need of a face-lift and energy reduction strategies were implemented in the Grange building, which serves as this community's "hub". To accomplish this, 69 volunteers donated 534 hours of service and \$7,545 in supplies and professional services were donated by local non-profits and business.

✪ **Major partners in the work:** Our generous in-kind supporters include Farmington Rotary, Dexter Supply, Taylor Construction, Upright Frameworks, Rocky Hill Landscaping, Western Maine Community Action, Jerry Nash, Aubuchon Hardware, Hammond Lumber, Town of Wilton, Mount Blue TV, Geoff Cyr, MJK Builders, F & E Builders, Law Mountain Wreath and Bakery, Dennis O'Neil, Shelly's Hometown Market.

Second Accomplishment: In 2011 with funds from the Volunteer Generation Fund, 126 Community Energy Challenge volunteers were engaged, 71% were householders or members of the community buildings who received interior storm window panels. With 423 interior storm panels installed, an estimated energy savings of \$13,536 will be realized!

✪ **What it took to do this:**

423	Completed units of service (storm window panels)
126	Volunteers involved in this effort
62	Number of households and community buildings affected (beneficiaries)
\$16	Program cost per unit of service due to National Service volunteer effort
\$48	Comparable commercial or market unit cost without volunteers

✪ **Major partners in the work:** Amazingly committed volunteers, WMCA (Western Maine Community Action), Foothills Management, Farmington Area Ecumenical Ministry and the Ecumenical Heating Fund, Tri-Town Ministerial and the Good Neighbor Fund, Hammond Lumber, Farmington Rotary, Mt Blue TV, Foster Regional Applied Technical Center, University of Maine at Farmington, MJK Builders, The Opportunity Center for Northern Franklin County, the United Methodist Economic Ministry, Habitat for Humanity Seven Rivers in Bath, ME.

COMMENT FROM THE COMMUNITY:

Despite the price of gasoline, the "biscuit lady" has returned regularly to the Community Energy Challenge workshop to socialize, help others, and share a huge pan of homemade biscuits at the potluck lunch. Initially, as volunteers assisted her in building interior storm window panels, she revealed she burns books to warm her drafty home. At the next workshop, concerned volunteers brought her kindling to support her efforts to stay safe and warm. She cheerfully admits "I'm having fun helping others" as neighbors help neighbors!

"Biscuit Lady" Carthage

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GRANTEE PROFILE: VOLUNTEER GENERATION, UNITED WAY OF YORK COUNTY

BACKGROUND

- ✦ **Primary Area of Need:** Education, Environment
- ✦ **Service Activity Categories:** School Readiness/Head Start/Early Childhood Education, Energy Use Reduction.
- ✦ **Serving these areas of Maine:** York County
- ✦ **Mission (purpose) of this National Service program:** The mission of United Way of York County's Volunteer Center is to encourage, develop, and promote volunteer service and link volunteers with community needs throughout York County.
- ✦ **Why National Service program is the best response:** Receiving CNCS funding is extremely important in building volunteer capacity for York County programs. For the first time, the VGF grant has enabled us to provide more peer network meetings, trainings and better days of service. Keep York County Warm weatherization was twice as large this year with many more volunteers thanks to our increased capacity.

COMMENT FROM THE COMMUNITY:

"Volunteers are the heart and soul of our program at Joyful Harvest," says Stewart-Bouley. "However, I've found that the skills used to manage staff are often very different than those used in successful volunteer management. I've heard great things about the Blaine House conferences and I am thrilled to be selected to receive a scholarship to attend this year."

Shay Stewart-Bouley of Joyful Harvest Neighborhood Center
Recipient of a Blaine House Conference scholarship from the UWYC


DATA SNAPSHOTS

✦ **Community volunteers who serve:**

In some cases, the purpose of the National Service grant is to be a catalyst for greater community volunteering.

	FFY 2010	FFY 2011
How many volunteers	Project did not exist	2,548
Total hours of service		12,647
Average hours/volunteer		5

- ✦ **Status of requests for service, unmet need:** Currently, agency partners are facing tough economic times and are regularly cutting positions. The lack of staff capacity requires more volunteers to meet those needs and better volunteer management is the key to success.

- 
- ★ **The role of National Service Program funds:** Donations and foundation funding do not typically support volunteer center efforts because the idea of capacity and support are not easy to communicate to the general public. Communicating the message and importance of strong volunteer programs usually falls short of funding, but volunteer programs are essential to getting good work completed.

- ★ **Program Budget**

**National Service funds are from appropriations to the Corporation for National and Community Service.*

	FFY 2010	FFY 2011
National Service Funds*	Project did not exist	\$23,675
State public funds		\$0
Other federal funds		\$0
Local public funds		\$0
Private donations/fundraising		\$12,803
In-kind materials, (pro bono) time or services		\$2,164
TOTAL		\$38,643

MAJOR ACCOMPLISHMENTS THIS YEAR

First Accomplishment: UWYC hosted two Volunteer Manager trainings in 2011 on Social Media usage and Volunteer Recruitment, Orientation, Training and Supervision.

- ★ **What it took to do this**

25 Completed units of service (individuals trained)
 0 National Service participants involved in this effort
 20 Number of organizations who were affected (beneficiaries)
 \$18.35 Program cost per unit of service due to VGF
 \$194.94 Comparable commercial or market unit cost without VGF

- ★ **Major partners in the work:** Hands On Network, People's Choice Credit Union, Social Media Breakfast

Second Accomplishment: One area nonprofit received two skilled volunteers to help with their board reorganization and strategic planning with the help of the Volunteer Center established by VGF. One of the volunteers met with Nason Community Center to brainstorm around general nonprofit management and helped the organization come to the conclusion that it needed some board reorganization and to undergo strategic planning. The other volunteer acted as a facilitator for the board meetings. Both volunteers donated about 26 hours combined and saved Nason Community Center approximately \$2,282.02 for their time and services. Nason Community Center is now in the midst of their strategic planning process to improve their services to the Sanford community thanks to the volunteers.

- ★ **Major partners in the work:** UNUM, Nason Community Center

FOR MORE INFORMATION:

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The Maine Commission for Community Service

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The Maine Commission for Community Service builds capacity and sustainability in Maine's volunteer and service communities by

- ♦ funding National Service and service-learning,
- ♦ developing managers of volunteers and service-learning practitioners,
- ♦ raising awareness of volunteer sector issues, and
- ♦ promoting service as a strategy to address community challenges.

“Advancing Volunteerism. Strengthening Communities.”