

MAINE STATE LEGISLATURE

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PUBLIC DOCUMENTS OF MAINE

1911

BEING THE

ANNUAL REPORTS

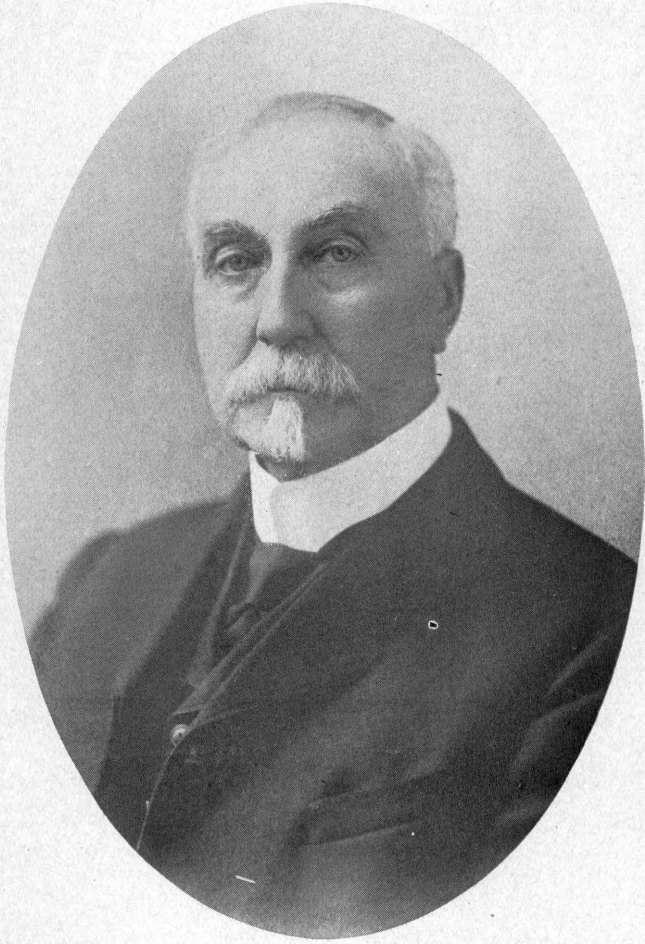
OF THE VARIOUS

DEPARTMENTS AND INSTITUTIONS

For the Year 1910.

VOLUME III.

AUGUSTA
KENNEBEC JOURNAL PRINT
1911



The late Dr. Bigelow T. Sanborn
Superintendent 1882-1910

REPORTS

OF THE

Trustees, Resident Officers and
Visiting Committee

OF THE

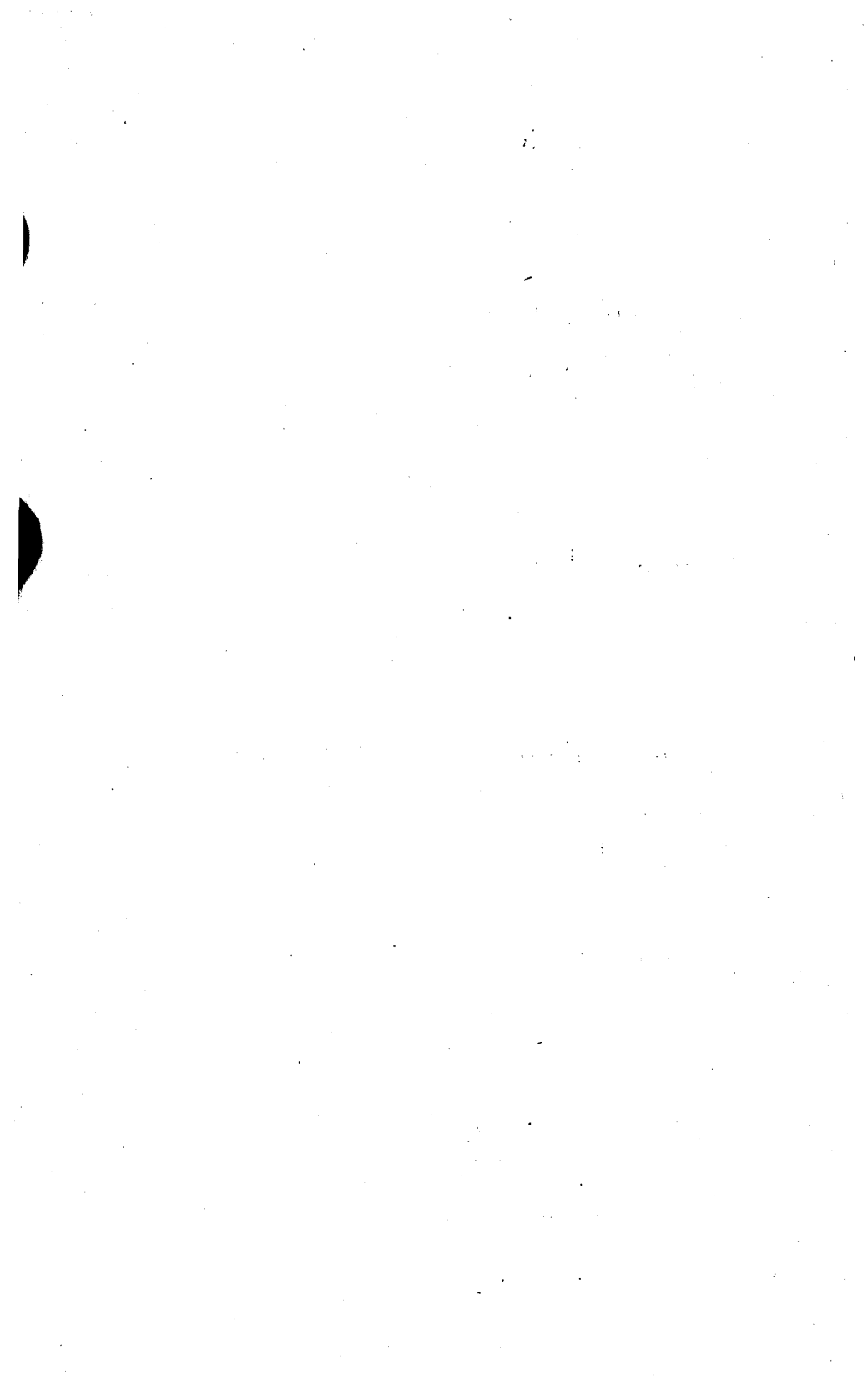
MAINE INSANE HOSPITAL

AND

Eastern Maine Insane Hospital

For the year ending November 30, 1910

AUGUSTA
KENNEBEC JOURNAL PRINT
1911



OFFICERS FOR 1910-1911.

Trustees.

FREDERICK ROBIE, Gorham, President.
CHARLES E. FIELD, Bangor, Secretary.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.
MRS. FREDERICK CONY, Augusta.
ALONZO R. NICKERSON, Boothbay Harbor.

Resident Officers.

HENRY W. MILLER, M. D., Superintendent.
CARL J. HEDIN, M. D., First Assistant Physician.
KARL B. STURGIS, M. D., Second Assistant Physician.
MASON W. H. PITMAN, M. D., Assistant Physician.
HERBERT W. HALL, M. D., Assistant Physician.
ANNETTE BENNETT, M. D., Assistant Physician.
MANNING S. CAMPBELL, Steward and Treasurer.
ALICE G. TWITCHILL, Matron.
LINWOOD L. DOLLIVER, D. D. S., Visiting Dentist.

Chaplains For 1911.

REV. LEROY W. COONS, Augusta.
REV. C. G. MOSHER, Augusta.
REV. EDWIN M. SLOCOMBE, Augusta.
REV. THOMAS J. NELLIGAN, Augusta.

Subordinate Officers.

ALBERT M. PINGREE, Hospital Clerk.
WILLIAM S. JONES, Assistant Hospital Clerk.
HARRY C. ALDEN, Second Assistant Hospital Clerk.
Miss NONA COYNE, Superintendent's Clerk.
Miss DAISY O. JENNINGS, Assistant Clerk.
ELWIN N. GRANT, Store Clerk.

Supervisors.

Men.
VERMONT R. LUCE.

CHARLES H. DAVIS, First Assistant.

Women.
Mrs. ANNIE D. McLEAN.

Miss MARIA H. McFEE, Assistant.

Women's Pavilion and Sanborn Building.

Miss ANNIE R. McLAUGHLIN.

Men's Pavilion and Harlow Building.

OLIN B. HUNNEWILL.

E. C. Burleigh Pavilion and Criminal Insane Building.

WILLIAM F. MULLEN.

Special Nurses.

Men.
CLYDE L. PRATT.

Women.
Miss KATHERINE DONOVAN.

W. L. SAMPSON, Engineer.
PERCY GREIG, Farm Superintendent.

Standing Committees for 1911.

On Buildings and Improvements—Nickerson, Robie, Macomber.
On Conference with Legislative Committee—Macomber, Chase, White.
On Finance—White, Fellows, Nickerson.
On Chase Island—Chase, Mrs. Cony, Fellows.
On Farm Stock and Outside Property—Macomber, Chase, Robie.
On Library—Mrs. Cony, White, Dr. Miller.
On Recreation and Amusement of Patients—Dr. Miller, Mrs. Cony, Fellows.
On Inventory—Mrs. Cony, White, Nickerson.

Visiting Committees for 1911.

January—Robie, Nickerson, White, Fellows.
February—Fellows, Macomber, White, Chase.
March—Full Board.
April—Robie, Fellows, Nickerson, Mrs. Cony.
May—Nickerson, White, Macomber, Mrs. Cony.
June—Full Board.
July—Robie, Macomber, Chase, Fellows.
August—Chase, Nickerson, Macomber, Mrs. Cony.
September—Full Board.
October—Macomber, Chase, White, Mrs. Cony.
November—Robie, Nickerson, Chase, Fellows.
December—Full Board.

REPORT OF THE TRUSTEES OF MAINE INSANE
AND EASTERN MAINE INSANE HOSPITAL.

To the Governor and Council of the State of Maine:

The Trustees of the Maine Insane Hospital at Augusta and the Eastern Maine Insane Hospital at Bangor, having completed their services for the year ending November 30th, 1910, respectfully submit for your consideration the result of their labors during that period, as prescribed by the laws of the State of Maine.

We call your attention to the large appropriations for these two hospitals made by the Legislature of 1909, and placed, by the laws of the State of Maine, in our hands, for personal care and proper expenditure. In making this annual report, we feel justified in saying that these appropriations and every department of the hospital have received our careful attention.

The standing committees and visiting committees, for the requirements of the hospitals, have been duly filled, and the monthly meetings of the full Board of Trustees have been well attended. Every attention has been given by each member of the Board of Trustees to the various matters that required his individual care. It has often happened that financial and other matters have required considerable discussion, and frequently serious mistakes have been averted by such examinations.

We are able to say that the two hospitals stand on broad and comprehensive ground in the fulfillment of their duty for the benefit of their patients; and no insane hospital can afford greater means and privileges for the cure of the unfortunate insane, or promise a more speedy recovery in proportion to the generous means employed.

BUILDING COMMITTEES.

The Board of Trustees, after the close of the Maine legislative session of 1909, which made appropriations for the necessary requirements of the two insane hospitals, selected the following members of the Board to have full charge of the expenditure of the said appropriations. During the years of 1909 and 1910, the same individuals have been retained on the several committees.

The appropriations for the Maine Insane Hospital at Augusta were placed in the charge of Trustees Macomber, Mrs. Cony and Nickerson.

The appropriations for the Eastern Maine Insane Hospital at Bangor were placed in the charge of Trustees Field, White, Chase and Mrs. Cony.

The appropriations for the sanatorium at Chase Island were placed in the care of Trustees Chase, Field and Mrs. Cony.

The President of the Board of Trustees was made a member, ex-officio, of all the committees.

The firm of John Calvin Stevens and John Howard Stevens of Portland were selected as architects for the work to be done in the years 1909-1910 at the Eastern Maine Insane Hospital at Bangor. The firm of Coombs and Gibbs of Lewiston was selected to perform the same duty for the same time at the Maine Insane Hospital at Augusta, and also to have charge of the work to be done, by the appropriation of the Legislature, at Chase Island.

These two firms, during their employment, have always been ready to give information to the several committees of the Board of Trustees. The work which has been done has been finished in a manner that meets the approval of the Trustees.

The Board of Trustees have endeavored to meet all conditions with promptness and efficiency, and the work has been pushed along not without much inconvenience from delay, resulting from causes which could not be prevented.

The appropriations were placed in our care to be expended for purposes, as stated in an act passed by the Legislature, with the expectation that all material purchased, and other necessary matters, should be carefully supervised, and that the work, when completed, should show a finished condition, so as to be in every respect a source of pride and satisfaction to the State of Maine.

THE EARLY COMMENCEMENT AND THE CONTINUED PROGRESS IN
CARING FOR THE INSANE POPULATION OF OUR STATE.

We are informed that Governor Jonathan G. Huntton, in the year 1830, earnestly advocated, in his message to the Legislature, which convened in the city of Portland, the establishing of a Maine State Hospital for the insane. This was the first recommendation by any Governor of this State for a hospital for the insane, and may be considered a monument to his memory.

After much delay and considerable effort on the part of friends of meritorious public benevolence, the stone building was erected on the banks of the Kennebec River at Augusta, and was occupied in 1840, seventy years ago, by one hundred and five insane patients. Prior to that time the condition of the insane in our State was very distressing.

In one town, where one of the Trustees resides, a cave was constructed within the side of a hillock, and an insane person incarcerated there for a long time. There was another instance, where an insane person, during his waking hours, continually walked around a square in a certain village, much to the annoyance and fear of the residents. Such was the strange condition throughout the State.

The large appropriations, which have been made at each session of the Legislature during the past seventy years, represent a vast sum of money, and we are able to show a large amount and variety of property, belonging to the State, for the care and comfort of a most unfortunate class of our population. There has never come from the tax-payers of Maine any complaint but that all this expenditure was wise and just. We shall present what we consider a proper request for the necessities of the insane of this State, and trust that the liberality which their unfortunate condition requires will be shown by your ready consent to the several appropriations.

The appropriations made by the Legislature of 1909, and the Executive Department of the State, for building purposes and other demands of the two hospitals for the insane, are included in the following statement:

FOR MAINE INSANE HOSPITAL AT AUGUSTA.

No. 1, Chapter 138:

For the completion of the renovation of the first male wing, for rebuilding and furnishing the laundry, for extensive fire and water service, for amount due hospital expended at Chase Island for the year 1909.....	\$17,400 00
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No. 2, Chapter 143:

For the support of the criminal insane for the year 1909	7,000 00
For the year 1910.....	8,000 00

No. 3, Chapter 146:

For the completion and furnishing of the criminal insane building for the year 1909.....	12,000 00
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No. 4, Chapter 149:

For greenhouse, wharf and coalpocket, Commander's house and residence on Arsenal grounds for the year 1909.....	13,000 00
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No. 5, Chapter 157:

For additional compensation for certain officers for the year 1909.....	2,100 00
For the year 1910.....	2,100 00

No. 6, Chapter 171:

For kitchen, bakery and dining-room, for year 1909	28,000 00
For the year 1910.....	28,000 00

\$117,600 00

FOR CHASE ISLAND HOSPITAL.

No. 7, Chapter 142:

For salary of caretaker, for transportation of patients, furnishings and repairs for year 1909	3,000 00
For the year 1910.....	3,000 00

\$6,000 00

FOR EASTERN MAINE INSANE HOSPITAL.

No. 8, Chapter 139:

For purchase of additional land, Morse place, 1909	4,500 00
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No. 9, Chapter 140:

For steam sterilizer, tools and machinery, vegetable cellar, wagon and tool shed and piggery for 1909	6,395 00
For the year 1910.....	2,000 00

No. 10, Chapter 141:

For the construction of concrete walks, watershed, painting and furnishing new building, for completing barn, tubercular hospital and wing D, for 1909.....	38,149 88
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No. 11, Chapter 172:

For construction of fireproof building for year 1909	87,500 00
For year 1910	87,500 00

No. 11½, Chapter 172:

For furnishings and equipment of building for male patients for year 1910.....	12,000 00
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No. 12, Chapter 188:

To provide for deficiencies, changes in boiler-house, heating system, window guards for 1909	37,403 00
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No. 13, Chapter 318:

For the support of the patients for the year 1909	26,000 00
Balance due from the State.....	6,900 00

\$308,347 88

The appropriations made by the Legislature of 1909 for the two insane hospitals of the State and placed in the hands of the trustees of these hospitals, to be expended for the purposes named in the several acts, passed by the Legislature, have been given that care and attention which the responsibility of such a large amount required.

The several items of this expenditure total \$431,947.88.

The trustees desire to make the following statement: The several committees, who have had direct charge of the expenditures, have endeavored to perform their duty with fidelity and conserve the financial interests of the State. From the large amount appropriated, there still remains in the hands of the treasurer a small sum to be expended.

*General Statistics of the Maine Insane Hospital, at Augusta,
for the year ending November 30th, 1910.*

	Men.	Women.	Total.
Patients in hospital, December 1, 1909.....	499	403	902
Admitted within the year.....	161	148	309
Whole number under treatment during year.....	660	551	1211
First admitted to any insane hospital.....	117	104	221
Subsequent admissions.....	44	44	88
Discharged.....	71	90	161
viz: as recovered.....	29	18	47
as much improved.....	19	8	27
as improved.....	20	27	47
as not improved.....	1	37	38
as not insane.....	2	-	2
Died.....	62	53	115
Number out on parole November 30, 1910.....	20	13	33
Remaining November 30, 1910.....	507	395	902
Supported in full by State.....	415	291	706
Supported in full by relatives or friends.....	39	47	86
Supported in part by relatives or friends.....	46	45	91
Private patients.....	7	12	19
Daily average number of patients.....	500	390	890

Discharged within the year include 71 transfers to the Eastern Maine Insane Hospital, and 2 to the School for Feeble Minded.

*General Statistics of the Eastern Maine Insane Hospital, at
Bangor, for the year ending November 30, 1910.*

	Men.	Women.	Total.
Patients in hospital, December 1, 1909.....	158	146	304
On visit December 1, 1909.....	6	20	26
Admitted within the year.....	87	148	235
Whole number of cases during the year.....	251	314	565
First admitted to any hospital.....	65	67	132
Subsequent admissions.....	22	81	103
Dismissed during the year.....	73	87	160
viz: discharged.....	29	40	69
as recovered at time of leaving hospital.....	9	12	21
as capable of self-support.....	4	4	8
as improved.....	10	14	24
as not improved.....	6	10	16
died.....	28	26	54
transferred.....	1	-	1
escaped.....	2	-	2
on visit December 1, 1910.....	13	21	34
Patients remaining November 30, 1910.....	178	227	405
viz: as State patients.....	158	183	341
in full by relatives.....	10	10	20
private means.....	1	5	6
Daily average of patients.....	171.2	205.2	376.4

The following statement shows the number of patients committed and residing in the two insane hospitals of our State for the years 1909-1910.

The number of male patients in the Maine Insane Hospital, Nov. 30, 1909.....	499
The number of female patients in the Maine Insane Hospital, Nov. 30, 1909.....	403
Total number	902
The number of male patients in the Maine Insane Hospital, Nov. 30, 1910.....	507
The number of female patients in the Maine Insane Hospital, Nov. 30, 1910.....	395
Total number	902
The number of male patients in the Eastern Maine Insane Hospital, Nov. 30, 1909.....	158
The number of female patients in the Eastern Maine Insane Hospital, Nov. 30, 1909.....	146
Total number	304
The number of male patients in the Eastern Maine Insane Hospital, Nov. 30, 1910.....	191
The number of female patients in the Eastern Maine Insane Hospital, Nov. 30, 1910.....	248
Total number	439
The number of patients in the Maine Insane Hospital, Nov. 30, 1909.....	902
The number of patients in the Eastern Maine Insane Hospital, Nov. 30, 1909.....	330
Total number in both hospitals.....	1,232
The number of patients in the Maine Insane Hospital, Nov. 30, 1910	902
The number of patients in the Eastern Maine Insane Hospital, Nov. 30, 1910.....	439
Total number in both Hospitals.....	1,341

This statement shows that we have at the close of the present year 1910, an increase of patients in our insane hospitals of 109.

VISITING COMMITTEE OF THE BOARD OF TRUSTEES.

The Visiting Committee of the Board of Trustees have made monthly visits to the hospitals for the insane at Augusta and Bangor; and they have also given the necessary attention to the sanatorium for the insane at Chase Island, delightfully situated on the open ocean, near the city of Rockland, where selected patients are permitted to pass the summer months.

It is our agreeable duty to inform the State that we found the wards of the hospitals always neat and comfortable, and heard from the patients many expressions of thankfulness for the kind treatment they were receiving and the continued attention given to make their surroundings pleasant.

THE INSANE HOSPITAL SCHOOL FOR NURSES.

The school for nurses has been continued in the two insane hospitals with great success. The school at the Eastern Maine Hospital graduated in 1910, with much promise for future usefulness:

Ariel Mildred Stevens, Margaret Beatrice Blake, Lucy Maria Bolton, Annie Marie McDonough, Maria Lucella Main, Lelia Maude McLean, Isaac Joseph Main.

There was a large attendance at the graduating exercises of the school conducted by Superintendent Miller and his associate physicians. The nurses to receive diplomas were:

Bessie Lillian Boyer, Sarah T. Ferran, Venitia Heintz Fox, Virginia M. Gaudet, Myra H. McFee, Annie Laurie Rice, Mary Beatrice Taber.

The exercises consisted in the following programme:

Music Orchestra
 Reading of Scripture.....Rev. Brian C. Roberts
 Music Orchestra
 Address and Presentation of Diplomas,

Hon. Frederick Robie, M. D.

Music Orchestra
 Address to Graduates.....Dr. S. C. Gordon
 Music Orchestra
 Prayer.....Rev. Henry C. Dunnack

Reception.

Dancing until 11 P. M.

The address of Dr. Gordon was excellent and well received.

DEATH OF SUPERINTENDENT BIGELOW T. SANBORN.

Since our last annual report, we have been called to mourn the death of one of the most earnest and devoted friends of the early Insane Hospital of the State. His funeral services in April, 1910, were attended by the Board of Trustees and many distinguished citizens. It was an occasion of much sadness. We shall never forget his upright character, his professional qualifications, his civic attainments, and his long and continuous work for the unfortunate insane. The high esteem in which his memory is held sheds a lustre on his many years of toil for the welfare and progress of this venerable institution.

The death of the late Doctor Bigelow T. Sanborn caused a vacancy in the office of Superintendent of the Maine Insane Hospital at Augusta. The Trustees, feeling their responsibility in selecting a suitable person for such a position, gave the matter much thought, and numerous applicants were considered. They finally succeeded in finding a candidate, who had had a sufficiently long term of active service in one of the most noted hospitals in the United States, and who was well recommended by those who had an opportunity to judge of his character and professional merits. He accepted the position of Superintendent. At the same time the Trustees unanimously voted to sustain him in every attempt he should make to advance, in a judicious manner, the interests of the hospital, so that it should rank as one of the foremost institutions in the country. We anticipate that his ability and efforts will receive the approval of the Board of Trustees and of the general public.

TO THE MEMORY OF THE LATE GOV. ABNER COBURN.

It is becoming, in a review of our annual statement of the condition and progress of the affairs of the Maine Insane Hospital, to express what continually cheers our hearts—our thankful appreciation of the interest of the generous fund, left by the late Abner Coburn, to be expended each year for the recreation and amusement of the patients of this institution. It pays for the choir, which adds so much to the interest of the Sunday religious services; it also furnishes music for the weekly dances, which bring together so many of both sexes to enjoy the pleasures of former years; also at frequent intervals it provides musical entertainment for other occasions. Many a forlorn and

melancholy patient has been cheered by such methods, if not actually started on the road to recovery.

It is a matter of much regret on the part of the Board of Trustees that the Coburn Fund, antedating as it does, the establishment of the Eastern Maine Insane Hospital, cannot be applied for the benefit of that hospital also. While it was manifestly Gov. Coburn's generous idea to benefit all the insane of our State, unfortunately the bequest was so worded that the income of the fund can be used only for the inmates of the hospital at Augusta. It remains for some wealthy citizen to extend this blessing by starting a fund for a similar purpose, the interest to be used for the benefit of the Eastern Maine Insane Hospital. We earnestly appeal to all such in our State to consider this method of conferring a lasting boon on afflicted humanity.

Another fund, which adds greatly to the diversion and profit of our patients, is the so-called Library Fund, consisting of separate, private, individual bequests, the income of which will enable us to add annually from two to three hundred volumes to the library at the Augusta hospital. This again applies only to the Augusta hospital. Through the kind sympathy of a Bangor lady, a library has been started at the Bangor hospital likewise. During the past two years she has donated a sum sufficient to purchase a couple of hundred volumes, which form a nucleus for a fine library. Occasionally magazines are sent by other interested citizens, and are much appreciated and enjoyed.

We are thankful for such expressions of generosity, and would call public attention to the opportunity for further liberality on the part of some lover of good literature, who can scarcely realize the deprivation caused by being without good books, magazines and papers.

The foregoing has been written by one of the members of the Board of Trustees, and it becomes the pleasure of the chairman of the said Board to offer to the associated officers and others of the Eastern Maine Insane Hospital a contribution of \$2,000, to be a perpetual fund, of which the interest only may be applied for the purchase of books or magazines for the library of the Eastern Maine Insane Hospital.

MEDICAL CONFERENCE OF HOSPITAL PHYSICIANS.

The Trustees are desirous of bestowing upon the superintendents and physicians of both hospitals their commendation for the efforts made by meeting together, as a medical conference, for the purpose of discussing the personal and mental qualities of newly admitted patients, and the propriety of granting discharges.

These several questions are made a matter of record for future use. The Board of Trustees have had an opportunity to be present at some of these meetings, which are held twice during the week, and were pleased with the methods that were in vogue. By obtaining an intelligent diagnosis of the history of each case, a basis is furnished for earlier improvement in the condition of the patient.

The following statement made by the Board of Trustees of the estimated expenditures for the use of the Maine Insane Hospital at Augusta for the years 1911-1912:

	Amt. required for 1911	Amt. required for 1912
For maintenance and support of Insane State Beneficiaries, including salaries of officers and employees.....		
Supplies, fuel, lights, power, water, medical supplies and attendance, furnishings and maintenance of same.....		
Repairs to buildings and grounds—labor and material, maintenance of farm, garden, stable, hog department, greenhouse, laundry, quarry.....		
General administration expenses, books, blank forms, printing and binding reports of trustees and officers.....		
Ordinary renovation of and addition to buildings, maintenance and improvement of grounds, roads and sidewalks.....		
Support and maintenance of criminal insane, and all expenses necessary and incidental to the maintenance of the hospital at Chase Island, including supply of pure water, transportation of patients, officers and employees, and all expenses necessary and incidental to the proper and efficient conduct and management of all the affairs of the institution, etc..	\$293,365 00	\$304,165 00

ESTIMATED INCOME.

Estimated receipts.....	60,265 00	60,265 00
Necessary income to be provided by the State for the full support of all State charges, for 1911 and 1912.....	\$233,100 00	\$243,900 00
Income from same source during the last fiscal year	\$258,400 00	

SPECIAL ESTIMATED EXPENDITURES.

	Amt. required for 1911.	Amt. required for 1912.
Complete renovation of the third female wing, including a three-story veranda and every expense, except furnishings..	\$25,000 00	\$40,000 00
Building two-story <i>verandas</i> on the <i>Samborn and Harlow Wings</i> , complete, including window guards for each wing..	\$5,000 00	\$5,000 00

The following is a list of estimates of expenditures of the Eastern Maine Insane Hospital for maintenance for 1911 and 1912, made by the Board of Trustees, together with a list of special appropriations which are desired for 1911:

For current expenses for keeping 525 patients for 1911 including cost of food, clothing, coal, water, etc., salaries of officers and employees, amusements, improvement of farm land, purchase and renewal of machinery and tools, repairs to buildings, grounds, etc., less estimated income of \$18,000.....	\$184,000 00
For current expenses for 1912 for support of 550 patients covering same items as above.....	193,000 00

SPECIAL APPROPRIATIONS.

For addition to building "C" for the suitable treatment of acute and disturbed female patients, providing single rooms for 14 patients and dormitory for 25 patients, including total cost of building constructed to conform with present building, including light, heat, plumbing and furnishings complete.....	35,000 00
For a cow barn of simple construction but thoroughly built with concrete floor providing for 60 cows, pens for bulls and calves, milk room and 200-ton silo and storage for 100 tons of hay.....	14,000 00
For an addition to kitchen wing, enlarging store house and providing additional refrigerator space, refrigerating plant including heating, lighting, plumbing, blasting for foundation and everything complete.....	11,000 00

TRUSTEES' REPORT.

17

For purchase of cows.....	2,500 00
For pasturage	3,500 00
For new piggery.....	700 00
For grading about new building "F" moving stone, earth etc.	1,500 00
For cottage for engineer.....	3,000 00

Approved by the Trustees and submitted to the
State Auditor, December 1, 1910.

EASTERN MAINE INSANE HOSPITAL.

The Eastern Maine Insane Hospital has increased, during the past two years, its facilities for taking charge of the insane population of the State. The work has been well done, and the additions and enlargements present a full and generous equipment for an additional number of 107 new patients. At the present time there are rooms for future admissions of insane patients. The arrangement is satisfactory and healthful and the appearance of the present buildings meets with universal approval. The recommendations of the Board of Trustees for additional appropriations for the necessities of a new hospital are wise, and should be considered by the present Legislature. The Superintendent, Frederick L. Hills, who succeeds the former Superintendent, Dr. H. W. Mitchell, is engaged in an active work for the success and progress of this hospital. We invite the reading of the annual report.

CONCLUSION.

It has been my privilege for nearly twenty years to prepare and deliver the annual report of the Board of Trustees of the Maine Insane Hospital and the Eastern Insane Hospital of the State for the consideration of the Governor and Council of the State of Maine. There have been many interesting and progressive incidents connected with the history of these two benevolent institutions for the welfare and cure of the insane. The President of the Board has been associated with a large number of the most distinguished and earnest workers for the prosperity and usefulness of the insane hospitals. Many of the members of the Board have passed away, but we can look at the magnificent hospitals which are monuments to their memories. The present Chairman of the Board has more than two

years of his appointment remaining, and would be pleased to complete the term of office, but the infirmities of age prevent him from so doing. He therefore tenders his resignation as a member of the Board of Trustees of the Maine Insane Hospitals, to take effect January 15th, 1911.

FREDERICK ROBIE, President,

For the Board of Trustees.

At a meeting of Board of Trustees held on May 6th, the following preamble and resolutions were unanimously adopted:

Testimonial in memory of the late Superintendent Bigelow T. Sanborn, M. D., of the Maine Insane Hospital at Augusta.

The decease of Bigelow T. Sanborn, M. D., Superintendent of the Maine Insane Hospital at Augusta, removes one of the most distinguished and beloved citizens of the State of Maine, and his long and valuable services in connection with the institution furnish evidence that the State has lost an efficient public administrator of medical skill and experience in the care and amelioration of mental diseases. His unexpected death causes sorrow in every section of the State.

He was deeply interested in public matters, aided and supported religious observances, and was ever ready to increase the social privileges of those with whom he came in contact. No man had had a larger or more agreeable acquaintance. His intelligence, general ability and warmth of heart, of which there is so much evidence in the records of our State, have exerted such an influence that his name can never be forgotten. Such a character naturally found its expression in an important and influential life, and its loss is a source of sorrow to the people of the State of Maine.

To his colleagues in hospital work, it is a source of regret that they will lack the assistance and counsel, which he has been accustomed to bring to the removal of mental difficulties; and his decease will be regretted by the highest Court of our own State, which was accustomed to make frequent use of his experience and judgment in determining important questions involving mental issues.

Farewell, beloved and faithful associate, Superintendent Bigelow T. Sanborn.

Resolved, That the Board of Trustees of the Maine Insane Hospitals, having followed to its last resting place the remains of the late beloved Superintendent Bigelow T. Sanborn, M. D., do extend to the members of the bereaved family, to the hospital physicians and attendants and the citizens of the State of Maine, who have expressed so much sorrow for the loss they have sustained, their united sympathy.

Resolved, That a copy of the preamble and resolutions as read be forwarded to the members of the family of the late Superintendent Bigelow T. Sanborn, M. D., and the same be spread upon the records of the Board of Trustees of the Insane Hospital at Augusta, Maine.

FREDERICK ROBIE,
EDWARD E. CHASE,
A. R. NICKERSON,
CHAS. E. FIELD,
THOMAS WHITE,
LAURA L. CONY,
GEO. E. MACOMBER,

Trustees.

REPORT OF COMMITTEE ON COBURN FUND.

To the Trustees of the Maine Insane Hospital:

Your Committee on Recreation and Amusement of Patients for the year ending November 30, 1910, submit the following report.

BALANCE AND RECEIPTS.		
1909.		
December 1	Tocash on hand.....	\$829 10
1910.		
January 1	To interest on \$50,000 00 State of Maine Bonds.....	1,000 00
July 1	To interest on \$50,000 00 State of Maine Bond.....	1,000 00
		\$2,829 10
DISBURSEMENTS.		
Paid Choir and organist.....		
	Orchestra and band.....	\$345 74
	Miss Maud Andrews for entertainment on evening of March 24, 1910.....	785 24
	Schubert Trio for entertainment on evening of Mar. 31, 1910....	\$10 00
	Alfred W. Stone for services as bass singer Mar. 31, 1910.....	30 10
	Edward J. Hadley for entertainment on evening of Sept. 29, 1910..	8 00
	D. W. Howard for entertainment on evening of Nov. 23, 1910..	25 00
	Brooks Hardware Co., for base ball suits, balls, bats, masks, etc.	58 20
	Old Corner Book Store for six Hutchins Hymnals.....	7 20
	J. Frank Pierce for Christmas cards.....	5 00
	Oliver Ditson Co., music for Choir.....	96
	Chas. E. Downing, music for piano player.....	5 76
	John E. Keller for tuning and repairing pianos and organs.....	30 00
	F. A. Dennis, music and supplies for band and orchestra.....	24 00
	Patients to plays, circus fares, shopping, etc.....	50 45
		\$1,360 65
1909.		
Nov. 30	By cash on hand.....	1,468 45
		\$2,829 10

CHAS. E. FIELD,
LAURA L. CONY,

Committee on Recreation and Amusement of Patients.

REPORT OF COMMITTEE ON HOSPITAL LIBRARY.

To the Trustees of the Maine Insane Hospital:

Your Committee on the Library for the year ending November 30, 1910, submit the following report.

		FUND AND RECEIPTS.		
1909.				
December	1	Balance in Augusta Savings Bank	\$1,200 00	
December	1	Twenty shares Portland First National Bank Stock....	2,000 00	
December	1	Balance in treasury	228 82	
1910.				
January	1	Dividend on bank stock	60 00	
June	30	Dividend on bank stock	70 00	
November	30	Dividend from Savings Bank	45 91	\$3,604 73
		DISBURSEMENTS.		
		Paid Lewiston Daily Journal, (4 copies)	10 50	
		Daily Eastern Argus.....	7 00	
		Kennebec Journal, (4 copies, 1910 & 11)	32 00	
		G. E. Stechert & Co. for Review of Neurology & Psychiatry	6 25	
		J. F. Pierce for 201 Library books.....	136 50	
		Gruniaux News & Subscription Company (22 magazines)	42 65	
		W. M. Leonard for Goldthwait's "Bones and Joints"	6 00	
		American Medical Association Journal	5 00	
		Boston Medical & Surgical Journal.....	5 00	
		American Journal of Insanity.....	5 00	
		Bangor Daily Commercial.....	14 00	
		Balance on hand.....	3,334 83	\$3,604 73
December	1	Balance in treasury	134 83	
		Balance in Augusta Savings Bank	1,200 00	
		Twenty shares First National Bank Stock.....	2,000 00	\$3,334 83

LAURA L. CONY,
THOMAS WHITE,

Committee on Library.

SUPERINTENDENT'S REPORT.

To the Trustees of the Maine Insane Hospitals:

In accordance with statutory regulations, I have the honor, as Superintendent, to submit herewith the seventieth annual report of the Maine Insane Hospital for the fiscal year ended November 30, 1910; to this report are appended the statistical tables.

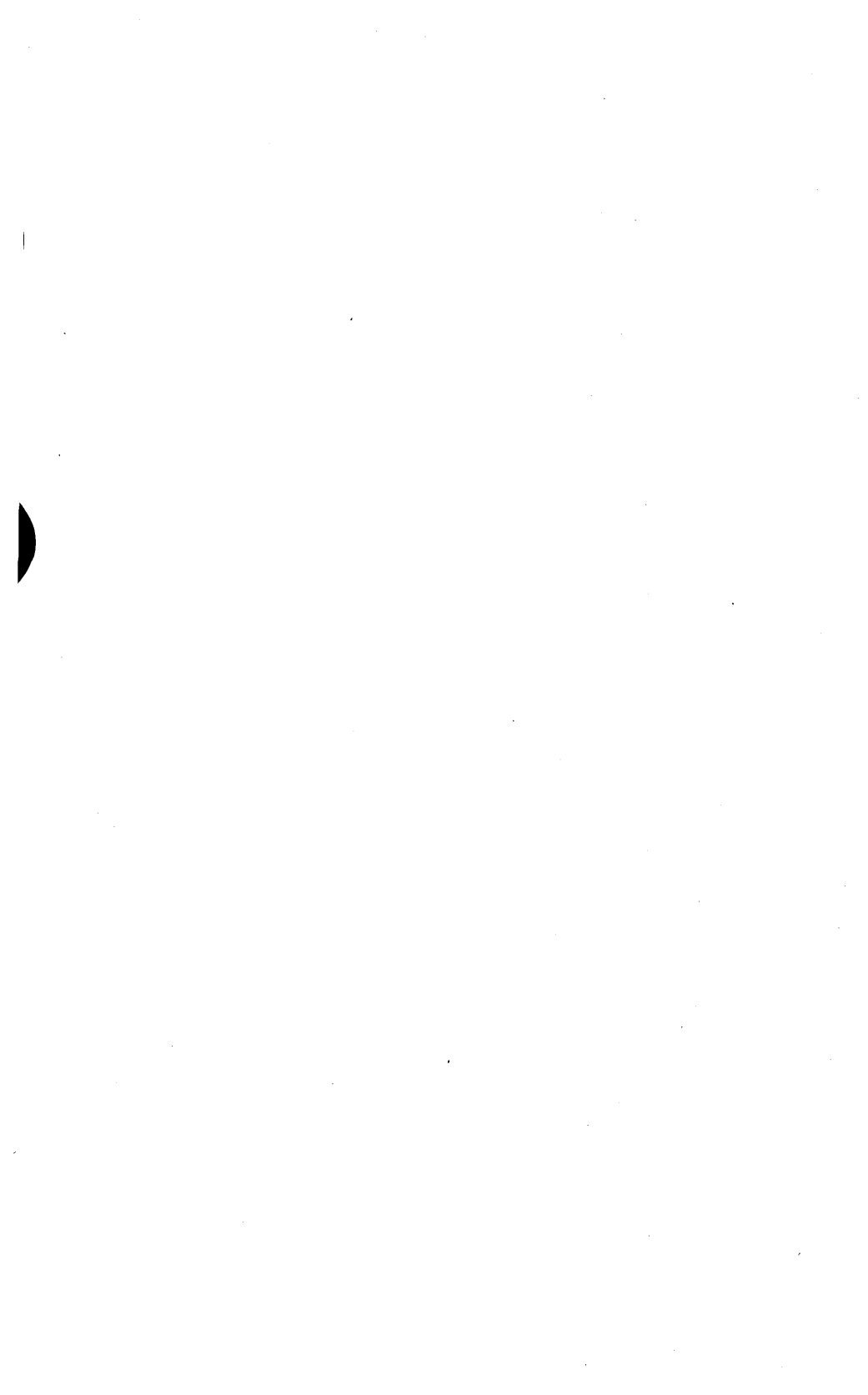
	Men.	Women.	Total.
Patients in hospital, December 1, 1909.....	499	408	902
Admitted within the year.....	161	148	309
Whole number under treatment during year.....	660	551	1211
First admitted to any insane hospital.....	119	104	223
Subsequent admissions.....	42	44	86
Discharges.....	71	90	161
<i>Viz:</i> as recovered.....	29	18	47
as much improved.....	19	8	27
as improved.....	20	27	47
as not improved.....	1	37	38
as not insane.....	2	-	2
Died.....	62	53	115
Number out on parole November 30, 1910.....	20	13	33
Remaining November 30, 1910.....	507	395	902
Supported in full by State.....	415	291	706
Supported in full by relatives.....	39	47	86
Supported in part by relatives.....	46	45	91
Private patients.....	7	12	19
Daily average number of patients.....	500	390	890

*Discharges within the year include 71 transfers to the Eastern Maine Insane Hospital and 2 to the School for Feeble Minded.

This table illustrates in a concise way the movement of the population during the year. There have been admitted during the year three hundred and nine patients, the largest number of admissions in any one year since the opening of the hospital. The discharges, including deaths and those on six months parole at the end of the year, total three hundred and nine, so that the population at the end of the year is the same as at the beginning of the year. It is to be noted, however, that seventy-one patients were transferred to the Eastern Maine Insane Hospital.



Criminal Insane Building, Augusta



The total number under treatment during the year, twelve hundred and eleven, is also our highest number.

ADMISSIONS.

I beg to refer you to our statistical tables for detailed information on admissions and discharges. There are certain facts in connection with the statistical tables which I desire to bring to your attention.

The forms of our statistical tables have been revised, so as to have uniformity in the tables of the two insane hospitals.

Of the 309 admissions 223 were never before in any hospital for insane; 239 were admitted here for the first time; two men admitted were discharged as not insane.

The nativity table shows that but 28 men and 33 women of all admissions were of foreign birth; of those born in the United States, 131 men and 115 women; 113 men and 92 women were born in the State of Maine.

Dementia Præcox was the form of mental disease in 24.7% of all admissions. The diagnosis of Manic Depressive Insanity was made in 13.6% of all admissions; General Paralysis, 7.7%; Alcoholic Insanity, 3%, but alcohol was found to be the probable cause of the mental disease in 7% of all admissions. In 44 men and 63 women a hereditary taint was reported in the ancestors—a percentage of 34.8% of all admissions. In recording the probable causes of the insanity in Table No. 8 we have endeavored to give the information as exact as we are able to make it, after duly considering all possible factors. Our chief aim in all the statistical tables has been to present the facts with scientific accuracy and it is hoped they will receive careful analysis by those who are interested in our problems.

DEATHS.

One hundred and fifteen patients died during the year. The percentage of deaths to the whole number under treatment has been 9.5 as compared with a percentage of 9.7, the average for the preceding ten years. The high death rate is accounted for by the increased number of old, feeble patients admitted, the majority of whom were sent from town farms in compliance with the provisions of the law which went into effect last January. Eighteen men and nineteen women were over seventy

years of age at the time of admission. Forty-three per cent of the patients admitted during the past year were over fifty years at the time of admission.

I regret to report two suicides during the year, both men. One occurred at Chase Island the evening before the patients left there. The other occurred in the Convalescent ward. In neither instance was there any special indication of suicidal tendencies.

We have been singularly free from any contagious diseases. One male attendant was taken sick with typhoid fever two weeks after he was employed. The contagion therefore must have been acquired previous to his coming here. Death resulted during the convalescent period, from a sudden attack of heart failure.

SIX MONTHS TRIAL VISIT.

Table No. 1 shows that there are 33 patients enjoying the privilege of the six months parole law; that is, 33 patients are away from the hospital readjusting themselves to their home surroundings, the majority of whom, were it not for the provision of the law, would be retained in the hospital awaiting complete mental restoration. The economic and therapeutic advantages of this wise provision of the law cannot be over-estimated.

Before a patient is granted the privilege of a six months trial, a careful examination is made, the home environment is ascertained, the responsibility of the relative or friend having charge of the patient is taken into consideration and the patient is requested to report either in person or by letter at stated intervals.

Since April, 1910, forty-three patients have been allowed to go on a six months trial visit, five of them have already been discharged at the end of the six months period, five have been returned to the hospital for further treatment.

MEDICAL WORK.

I have drawn attention elsewhere to the work done in the clinical and pathological laboratory. The demands of such a department in a modern hospital for the insane are so great that an assistant especially trained in that branch of medical science is essential if we expect to carry on progressive scien-

tific work, and I earnestly urge the appointment of an assistant physician for this important work. The number of patients to each physician in this hospital under the present rating is one hundred and fifty, based upon a population of nine hundred patients. The rating in similar institutions where advanced work is done is one physician to one hundred patients or less.

The amount of medical work which each physician is called upon to do is increasing yearly and the administrative details are not diminishing. The tendency of psychiatry is toward individualization. Each patient is now given an exhaustive mental and physical examination. Staff conferences are held three times a week, at which every new patient is presented after the preliminary examinations are completed. The patients for discharge are also brought before the medical conference, in order that all facts may be presented and considered before the patient is allowed to leave the hospital. The ordinary medical and surgical work in a hospital of this kind requires a great deal of the time of the physicians.

We have succeeded in abolishing mechanical restraint to control the action of patients, and the seclusion of patients in locked rooms has been materially reduced. In the past two months no patient has been secluded during the day time. The result anticipated by this action has been accomplished, namely: the patients are quieter and more comfortable; the physicians, nurses and attendants appreciate the advantages of the non-restraint methods.

The usual number of patients enjoyed the summer outing at Chase Island the past summer, to which reference is made in the report of the Committee on Amusements and Recreations.

CLINICAL AND PATHOLOGICAL LABORATORY.

Dr. Hall, who has had charge of the clinical laboratory, submits the following report of work done during the past year in that department:

Sputa examinations	62
Positive for tubercle bacilli.....	24
Chemical examination of gastric contents..	12
Blood examinations	32
Urine examinations	309

During the past six months five post-mortem examinations have been performed. We have at present no suitable autopsy room and we have been forced to work at a disadvantage. With slight alterations the room at present used as a mortuary for female bodies can be fitted up for that purpose.

We are deprived by law of the privilege of conducting post-mortem examinations upon unclaimed bodies, and it is very desirable that the anatomy act be revised at the coming session of the Legislature, in order that we may not be deprived of one very important and essential method of investigation of the problems of insanity.

The facilities for clinical pathology have been very inadequate in the past and a room has been selected in the renovated kitchen wing for that purpose. We hope soon to make certain investigations upon the cytology of the cerebro-spinal fluid, a field of research which has already yielded promising results in our special department of medicine. One of the assistant physicians has spent some time in New York investigating methods.

DENTAL WORK.

During the past year the following work has been done by Dr. L. L. Dolliver, our visiting dentist:

Teeth and roots extracted.....	2,288
Teeth filled	39
Mouths cleaned	30
Total number of patients treated since April 18, 1910.....	279

This important work was made possible by the wise provision of your Board. Dr. Dolliver spends one day each week at the hospital and the results of his professional services fully justify the expenditure.

The patients treated are rendered comfortable, their physical health improved and in many instances they are relieved of one source of mental worry.

EMPLOYMENT OF PATIENTS.

Patients have been encouraged, whenever their physical condition permitted, to employ themselves, and I am pleased to report a gratifying increase in the number of patients so em-

ployed. The monthly record for November shows that over fifty per cent of the patients were employed in some useful occupation. The women occupy themselves with sewing, assisting in general housework, in the laundry, kitchen and in clerical work. The men are employed on the farm, garden, grounds and in the laundry, kitchen, workshops and upon the wards.

The advantages of this method of treatment, for it is so considered, require no elaboration. I might cite numerous concrete examples testifying to the efficiency of industrial employment for the insane, were such testimonials necessary to emphasize this feature.

To still further increase the varieties of employment I would suggest the opening of a tailor shop and a shoe shop. The present icehouse, which is not now required for ice storage, could be remodeled at a small expense for this purpose. We would increase the scope and varieties of employment as well as materially reduce our expenditures on these items if the outer clothing for men and the shoes and slippers for both men and women were made in such an industrial department. I trust we may be able to do something in this direction the coming year.

In all hospitals for the insane there are a large number of patients who have not been reached by any method of employment heretofore attempted. These are the patients who are mentally and physically inactive, the result of mental deterioration. The experiment has been tried in other hospitals of re-educating such patients by means of a graded system of employment, for the purpose of re-awakening and restoring the mental activities. The results are sufficiently encouraging to warrant us in adopting some such plan. We are at present carrying out the principles involved in this idea upon a small scale, but our methods are limited to simple sewing exercises which in the beginning are too complicated for the more demented patients. The plan is to begin with simple calisthenic exercises and gradually lead up to more complex activities and later into some of the usual methods of employment.

TRAINING SCHOOL FOR NURSES.

We are to graduate from our Training School for Nurses, which was opened two years ago, a class of seven nurses; six

of whom have signified their intention of remaining in the service of the hospital, one expects to take a post-graduate course in a general hospital. The season of 1910-1911 opened with seven members in the senior class and nineteen in the junior class.

Applicants for the training school are required to submit to a written examination, which, if successfully passed, entitles the candidate to enter the junior class. Lectures and recitations are given throughout the year by members of the medical staff and the Superintendent of Nurses. Practical instruction is given upon the wards, in the hydrotherapeutic department and elsewhere.

The committee appointed by your Board has revised the schedule of wages, so that we are now able to offer increased wages to the graduates of the training school. We are hopeful that this inducement will result not only in increased nursing efficiency as a result of the training, but in a more permanent corps of nurses upon those wards where practical nursing is so necessary.

It is our contention that those qualities which go to make up the successful general nurse are required to a greater degree in the nurses who take care of the insane. It is gratifying to note the changed attitude of the nurses and attendants in regard to this important viewpoint. They are recognizing more and more the fact that insane patients are here to be treated for a disease, that they are not here simply for custodial care, and consequently the true nursing spirit is pervading the whole hospital with gratifying results.

Women nurses have been placed in charge of the men's hospital ward and a woman nurse has been placed in the male convalescent building. The improvement in the nursing and in the housekeeping upon these wards is marked. Beyond these considerations, however, is the more pleasing fact that the male patients appreciate the change and become imbued with the hospital idea.

The practice of placing women nurses on many of the male wards of an insane hospital, has become so generally adopted and the results have been so advantageous that I hope soon to extend this practice.

The work of the training school has been carried on most successfully by Miss Donovan, the acting superintendent of the school, whose supervision and assistance have been duly appreciated.

LEGISLATION.

I desire to present for your consideration certain suggestions relative to changes in the existing insanity laws.

Some provision for emergency and voluntary admissions would be desirable. With the present law it is necessary to give to the person alleged to be insane at least twenty-four hours prior notice of hearing. This provision, while enacted to protect the interests of the patient, in many instances is an injustice to the patient and a source of distress to relatives and friends for obvious reasons. Quite frequently it has been necessary to restrain the alleged insane person in jail awaiting the hearing. It is my impression that a carefully drawn emergency form of commitment would give the patient the advantage of hospital treatment at a time when that treatment should not be delayed.

An individual who is now desirous of submitting himself for treatment in an insane hospital is compelled to submit to the regulation procedure. A voluntary admission law granting to the superintendent permission to receive and detain in the hospital, any person who is desirous of submitting himself for treatment and who makes written application therefor, and whose mental condition is such as to render him competent to make the application, is in keeping with the modern conception of insanity, and has proven practical and beneficial in other states.

Women patients are frequently brought from long distances, accompanied only by a male officer. While the procedure has not, so far as I have knowledge of the fact, led to any embarrassing situations, the possibilities in that direction are such as to warrant the suggestion that a regulation should be enacted, demanding that each female patient committed to a hospital for the insane shall be accompanied by a woman attendant, unless accompanied by her father, brother, husband or son.

In the Criminal Insane department we are now above our maximum capacity. To obviate the necessity of further construction and as an act of justice to the patients, I beg to sug-

gest that the statute be revised so as to enable the superintendent to transfer, at his discretion, from the Criminal Insane department to the general department of the hospital, any patient whose term of imprisonment has expired. There is at present no provision of the law granting this permission.

A desire has been expressed by your Board, and by others interested in our work, that the name of the institution should be changed, so as to eliminate the word "insane" in the official designation of the hospital. I heartily concur in this recommendation.

APPROPRIATIONS.

The expenditures during the year are given in detail in the financial statement of the Treasurer and in your report.

The estimated expenditures for the coming two years have been carefully prepared. The necessary income to be provided by the State for the full support of all State charges at this hospital for 1911 is estimated at \$233,100.00; for 1912, \$243,900.00. The income from the same source during the past fiscal year amounted to \$258,400.00. Included in these totals are those items for which in the past separate appropriations have been asked; namely, salaries of officers, support and maintenance of criminal insane, expenses necessary and incident to the maintenance of the hospital at Chase Island, maintenance and improvement of grounds, roads and sidewalks, printing and binding reports of trustees and officers.

Our most urgent requirement at present is the renovation of the third female wing and the second and third male wings in the Stone building. These wings, filled to their maximum capacity, are unsafe and unhygienic. The necessity of the fire-proof renovation of these wings was advocated by your Board and by my predecessor, Dr. Sanborn, in 1906, and there should be no occasion to again emphasize the urgent necessity of this renovation.

It is to be hoped that a sufficient appropriation will be obtained to renovate the third female wing in the Stone building. In that wing we have at this writing one hundred and nine female patients housed in a dangerous fire trap; sixty-seven of this number are compelled to sleep upon cots which are removed and stored each morning. Our idea in renovation is to remove the separate rooms and provide for one hundred and

twenty-five upon the dormitory plan, thus giving each patient a permanent bed. In the plans which I have submitted, provision is made for a congregate dining-room for the patients of that wing. The economic advantages of a congregate dining-room have been proven in many insane hospitals. A veranda, not necessarily fireproof, attached to each floor would thoroughly modernize the wing and offer increased facilities for open air treatment.

A veranda attached to the two lower floors of the Harlow and Sanborn buildings is also a great necessity.

OPERATIONS OF THE MECHANICAL DEPARTMENTS.

During the year 1910 there has been a large amount of work performed in the several mechanical departments of the institution in addition to the work of general repairs.

The Engineer's Department.—New extra heavy return mains have been laid in a trench from the center building directly east of the pavilions, more than three hundred feet, returning the condensation from the eastern brick buildings direct to the main return, doing away with all elbows and angles, giving a straight run, and so arranged as to take in all of the returns, both high and low pressure, from the rear center building and kitchen additions, very materially aiding in the steam heating of those buildings. These return mains, all returns, and all steam supplies will be thoroughly covered with 85% magnesia covering. Direct steam heating for the additions to the kitchen building has been installed and very nearly completed. The direct steam heating in the infirmary building has all been thoroughly overhauled, the radiators reset with new union valves. The entire steam system has been thoroughly overhauled and generally repaired, maintaining the plant and its general efficiency.

The Carpenter's Department.—It was found necessary in order to fit and equip the infirmary building for occupancy to replaster the same, so the old plastering and lathing were removed, the building wire lathed throughout and plastered with adamant, the finish replaced, and the floors taken up and relaid. Baggage rooms and mantle were built in the Burleigh Annex, also additions to baggage rooms and drawers in the Sanborn and Harlow wings; additions to hoisting terminal erected at

wharf and extended to cover the newly constructed wharf; the second floor of the rear center building was wire lathed throughout; the renovation and finishing of the Superintendent's rooms completed, laying new floors, etc., making and repairing furniture; new greenhouse and potting house built; new shelving in the grocery store erected; together with the general repairs necessary to keep up all of the departments of the institution.

The Painter's Department.—A large amount of inside and outside work has been completed, as follows: The infirmary was painted inside and outside; the tramway, piggery, slaughter house, third female wing, carpenter's shop, blacksmith's shop, stable at Arsenal, all repainted outside. Rooms on corridor in the rear center building, entry ways in the Harlow and Sanborn wings, and first male and first female wings, repainted inside, Superintendent's rooms and center building stairway repainted and varnished; and all carts, wagons, carriages and sleighs of the institution repainted and varnished; furniture varnished and general repairing carried on as necessary.

The Mason's Department.—General repairing of all kinds, and the labor of laying concrete floors, catch basins, additions to sewerage; resetting stone steps at the female pavilion; large amount of repointing, pointing of potting house at greenhouse; cork insulation and cement plastering of same in new refrigerators, new floors in kitchen refrigerators, removal of loose stones and supports, and erecting brick piers and brick arches for the same; and a large amount of repair work wherever required.

The Plumber's Department.—Plumbed two bath rooms complete in the Burleigh Annex, modernly and appropriately equipped; installed nine hundred feet of sewerage in connection with kitchen work for the bath rooms and floor and roof drainage; erected one bath room in the rear center building; renovated and modernized bath room in Superintendent's rooms; thoroughly renovated plumbing at the infirmary; installed continuous bath tub and completed connection in the Lower First Female; set a new bath tub in the Lower Harlow; laid a copper roofing on the rear center building dormer; tore out all of the plumbing and reset the apparatus in the kitchen building; together with the general work of repairing and keeping up our seventy odd bath rooms and toilet rooms.

The Upholsterer's Department.—Performed a large amount of work, making new mattresses for the Burleigh Annex and other buildings, and the general repairing of all mattresses and pillows throughout the institution, making new laundry bags and upholstering furniture wherever necessary. The work of this department is a great assistance to the internal operation of the institution.

All of the foregoing departments have been diligent, active and interested, working in accord with each other, harmoniously and for the best interests of the institution. They have had a successful and excellent year, due to a great extent to the convenience of connection and the complete arrangement of our mechanical departments. They are adjacent and fitted complete for good work, so that material sent to these departments for repairs passes through the several branches until it is finished before returning to the wards.

FARM DEPARTMENT.

The spring was cold and late, with more rain than usual in the early part of the season, making it late getting in the crops. The season was very fair, and the crops came along well after they got started. They were fully up to the average, and were harvested in good shape.

The oat crop was excellent, about thirty acres; five acres cut for green forage, and twenty-five acres harvested and threshed, 1174 bushels.

The corn crop was up to the average yield per acre. Harvested 230 tons of ensilage. The potato crop was fair in average. Drouth in August and the warm rains of September caused some rot. Twenty acres produced 3303 bushels of sound potatoes free from rot.

Had a most excellent hay crop, harvesting 420 odd tons. This together with the grass cut green makes our total hay crop about 450 tons. The stock was fed a good deal of green fodder in the form of peas, vetches and Hungarian grass. The season produced fair average crops. The farm is fast coming into a high state of cultivation, and its hay production will increase every year.

The Garden Department had a very profitable season. With the exception of the onion crop, all crops were fully up to the average and afforded a large amount of fresh vegetables for the table of the institution. A large amount of table vegetables are stored in the vegetable cellar for use during the winter.

The male patients in large numbers have been encouraged to assist in the farm and garden department. During the summer season the scene on our farm and in the garden with the many actively engaged patients is most interesting and stimulating. The outdoor exercise has resulted in both physical and mental improvement to those so engaged.

ACKNOWLEDGMENTS.

I am deeply conscious of the responsibility you have placed upon me by appointing me to the position of Superintendent to succeed the late Dr. Bigelow T. Sanborn, who is justly entitled to a large share of the credit for the present high standard of efficiency in the care and treatment of the insane in this State. I have been in a position to learn of his devotion to the patients committed to his charge, of his constant and untiring efforts to "minister to a mind diseased."

"Pluck from the memory a rooted sorrow."

"Raze out the written troubles of the soul."

I trust I may not be found wanting in the qualities which endeared Dr. Sanborn to his patients, to his associates and to those with whom he came in contact.

In taking up the duties and responsibilities of this position I may state, that it is my desire to put forth every effort to bring about the fulfillment of what is conceived to be the modern ideal of an insane hospital—a hospital for the care, scientific treatment and study of the insane, as well as a centre for the distribution of the knowledge which we may be able to acquire with reference to such vital problems as the cure and prevention of insanity.

The visiting committee from the Governor and Council have shown a deep interest in the welfare of the institution and the patients and to them I desire to express my appreciation for kindly suggestions.

In closing this report I wish to express my appreciation of the zealous manner in which officers and employes have performed the tasks assigned to them. To your Board I am under obligation for the most fair and impartial consideration of all matters pertaining to the needs and management of the hospital during my incumbency and for frequent helpful suggestions and valuable advice concerning our work.

All of which is respectfully submitted.

HENRY W. MILLER, M. D.,

Superintendent.

MEDICAL STATISTICS, 1910.

TABLE No. 1.
GENERAL STATISTICS OF THE YEAR..

	Men.	Women.	Total.
Patients in hospital December 1, 1909.....	499	408	902
Admitted within the year.....	161	148	309
Whole number under treatment during year.....	680	551	1,211
First admitted to any insane hospital.....	119	104	223
Subsequent admissions.....	42	44	86
*Discharged.....	71	90	161
Viz: as recovered.....	29	18	47
as much improved.....	19	8	27
as improved.....	20	27	47
as not improved.....	1	37	38
as not insane.....	2	2
Died.....	62	53	115
Number out on parole November 30, 1910.....	20	13	33
Remaining November 30, 1910.....	507	395	902
Supported in full by State.....	415	291	706
Supported in full by relatives.....	39	47	86
Supported in part by relatives.....	46	45	91
Private patients.....	7	12	19
Daily average number of patients.....	500	390	890

* Discharges within the year include 71 transfers to the Eastern Maine Insane Hospital and 2 to the School for Feeble Minded.

TABLE NO. 2.
INSANE RECEIVED ON FIRST AND SUBSEQUENT ADMISSIONS.

NUMBER OF ADMISSIONS.	CASES ADMITTED.		
	Men.	Women.	Total.
First to this hospital.....	124	115	239
Second to this hospital.....	21	25	46
Third to this hospital.....	8	2	10
Fourth to this hospital.....	8	8
Fifth to this hospital.....	8	3	6
Sixth to this hospital.....	1	1	1
Ninth to this hospital.....	1	1	1
Tenth to this hospital.....	1	1	1
Total cases.....	159	148	307
Total persons.....	158	147	305
Never before in any hospital for the insane.	117	104	221

TABLE NO. 3.
OCCUPATION OF PERSONS ADMITTED.

MEN.			
Actor.....	1	No occupation.....	11
Box Maker.....	1	Painter.....	1
Brick layer.....	1	Paper cutter.....	1
Brass finisher.....	1	Peddlers.....	2
Butchers.....	2	Physician.....	1
Car conductor.....	1	Pressman.....	1
Car Inspector.....	1	Railroad Constructor.....	1
Carpenters.....	6	Roofer.....	1
Cigar makers.....	2	Sailor.....	1
Civil Engineer.....	1	Salesman.....	1
Clerks.....	3	School Teachers.....	3
Cook.....	1	Students.....	3
Draughtsman.....	1	Sea Captain.....	1
Engineers.....	3	Shoemakers.....	9
Farmers.....	33	Stone Cutter.....	1
Fishermen.....	5	Stone Mason.....	1
Foreman.....	1	Tailor.....	1
Hostler.....	1	Teamsters.....	5
Insurance Solicitor.....	1	Tinsmith.....	1
Laborers.....	34	Weaver.....	1
Locksmith.....	1	Woodsman.....	1
Machinist.....	1	Wool Spinner.....	1
Merchants.....	5	Wool sorter.....	1
Mill operatives.....	4		
		Total.....	161
WOMEN.			
Compositor.....	1	School teachers.....	2
Domestics.....	4	Student.....	1
Dressmakers.....	5	Homemaker.....	1
Housewives.....	7	Stitcher.....	1
Housekeepers.....	4	Saladress.....	1
Housework.....	2	Waitresses.....	3
Mill Operatives.....	1	Weavers.....	2
Music Teacher.....	1		
No Occupation.....	1	Total.....	148

TABLE NO. 4.
RESIDENCE OF PERSONS ADMITTED.

	Men.	Women.	Total.		Men.	Women.	Total.
Acton.....	1	0	1	Leeds.....	2	0	2
Addison.....	0	1	1	Lewiston.....	7	14	21
Albion.....	1	0	1	Lincolnton.....	0	2	2
Andover.....	0	1	1	Lisbon Falls.....	1	0	1
Anson.....	1	0	1	Livermore Falls.....	1	0	1
Appleton.....	1	0	1	Lovell.....	0	1	1
Athens.....	0	1	1	Madison.....	2	2	4
Auburn.....	5	11	19	Manchester.....	1	1	2
Augusta.....	8	3	8	Mechanic Falls.....	1	1	2
Bangor.....	2	0	2	Minot.....	2	0	2
Bath.....	2	2	4	Monmouth.....	0	1	1
Belmont.....	1	0	1	New Sharon.....	1	0	1
Belgrade.....	1	0	1	No. Berwick.....	3	2	5
Belfast.....	3	1	4	Norridgewock.....	0	1	1
Benton.....	0	1	1	Norway.....	2	3	5
Berwick.....	1	0	1	Northport.....	2	1	3
Bethel.....	1	0	1	Old Orchard.....	1	0	1
Biddeford.....	6	7	13	Oxford.....	1	0	1
Boothbay.....	0	1	1	Paris.....	1	1	2
Boothbay Harbor.....	1	2	3	Pittsfield.....	1	0	1
Bowdoin.....	0	1	1	Portland.....	16	22	38
Bowdoinham.....	1	1	2	Prentiss.....	0	1	1
Breman.....	1	0	1	Prospect.....	0	1	1
Bristol.....	2	0	2	Randolph.....	1	0	1
Bridgton.....	3	1	4	Raymond.....	0	1	1
Buckfield.....	0	3	3	Richmond.....	1	0	1
Buxton.....	1	1	2	Rockland.....	0	1	1
Camden.....	3	1	4	Rockport.....	0	1	1
Canton.....	1	1	2	Saco.....	0	3	3
Cape Elizabeth.....	1	0	1	Sanford.....	4	4	8
Chebeague.....	1	1	2	Sangerville.....	1	0	1
China.....	2	0	2	Searsport.....	1	1	2
Cornish.....	1	1	2	Searsmont.....	0	1	1
Cornville.....	0	1	1	Skowhegan.....	1	2	3
Cushing.....	1	1	2	So. Berwick.....	1	0	1
Deer Isle.....	1	0	1	So. Paris.....	0	3	3
Dennistown.....	1	0	1	So. Portland.....	0	2	2
Dixfield.....	1	0	1	So. Windham.....	0	1	1
Dover.....	1	0	1	Sidney.....	1	0	1
Eden.....	1	0	1	St. Albans.....	1	1	2
East Harpswell.....	0	1	1	St. George.....	1	1	2
Fairfield.....	1	0	1	Stonington.....	1	0	1
Farmingdale.....	1	2	3	Stockton Springs.....	1	0	1
Farmington.....	1	3	4	Thomaston.....	5	0	5
Foxcroft.....	1	0	1	Unity.....	1	0	1
Freeport.....	2	0	2	Van Buren.....	1	0	1
Friendship.....	1	0	1	Waldoboro.....	0	1	1
Gardiner.....	1	1	2	Waterford.....	1	0	1
Gorham.....	0	1	1	Waterville.....	3	2	5
Greenwood.....	1	1	2	West Paris.....	1	1	2
Gray.....	1	0	1	West Pownal.....	1	0	1
Hallowell.....	0	4	4	Westbrook.....	2	1	3
Hanover.....	0	1	1	Weston.....	2	0	2
Hurricane Isle.....	1	0	1	West Tremont.....	2	0	2
Jackson.....	0	1	1	Whitefield.....	2	0	2
Jay.....	1	0	1	Wilton.....	0	1	1
Jefferson.....	1	0	1	Wiscasset.....	1	0	1
Kennebunk.....	1	2	3	Woolwich.....	0	1	1
Kennebunkport.....	0	1	1	York.....	5	1	6
Kingfield.....	0	1	1				
Lebanon.....	0	1	1				
				Total.....	161	148	309

TABLE NO. 5.
CIVIL CONDITION OF PERSONS ADMITTED.

	Men.	Women.	Total.
Single.....	89	53	142
Married.....	48	66	114
Widowed.....	14	19	33
Divorced.....	6	6	12
Separated.....	2	4	6
Not Insane.....	2	-	2
Totals.....	161	148	309

TABLE NO. 6.
NATIVITY AND PARENTAGE OF PERSONS ADMITTED.

PLACES OF NATIVITY.	MEN.			WOMEN.			TOTALS.		
	Patients.	Fathers.	Mothers.	Patients.	Fathers.	Mothers.	Patients.	Fathers.	Mothers.
Maine.....	113	100	94	92	76	73	205	176	167
Other New England States.....	13	8	12	10	14	15	23	22	27
Other States.....	5	9	7	13	13	15	18	22	22
Total Native.....	131	117	113	115	103	103	246	220	216
Other Countries—									
Canada.....	18	20	24	13	19	21	31	39	45
England.....	1	2	3	2	2	3	3	4	6
Finland.....	-	-	-	1	1	1	1	1	1
France.....	-	-	-	-	1	-	-	1	-
Germany.....	2	2	2	-	-	-	2	2	2
Greece.....	1	1	1	-	-	-	1	1	1
Ireland.....	2	10	9	13	17	15	15	27	24
Italy.....	1	1	1	1	1	1	2	2	2
Newfoundland.....	1	1	1	-	-	-	1	1	1
Russia.....	2	3	3	1	1	1	3	4	4
Scotland.....	-	1	1	-	-	1	-	1	2
Sweden.....	-	-	-	1	1	1	1	1	1
Syria.....	-	-	-	1	1	1	1	1	1
Total Foreign.....	28	41	45	33	44	45	61	85	90
Not insane.....	2	-	-	-	-	-	2	-	-
Unknown.....	-	1	1	-	1	-	-	2	1
Totals.....	161	159	159	148	148	148	309	307	307

TABLE NO. 7.
AGES OF INSANE AT FIRST ATTACK, ADMISSION AND DEATH.

AGES.	ADMITTED.						DIED.					
	At first attack.			When admitted.			At first attack.			At time of death.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
Congenital.....	20	5	25	-	-	-	1	-	1	-	-	-
15 years and less.....	8	8	6	1	-	1	1	-	1	-	-	-
From 15 to 20 years....	6	11	17	6	3	9	1	-	1	-	-	-
20 to 25 years....	22	15	37	19	11	30	8	6	14	1	-	1
25 to 30 years....	17	15	32	17	13	30	3	3	6	4	3	7
30 to 40 years....	31	32	63	37	22	59	12	7	19	9	6	15
40 to 50 years....	18	31	49	16	30	46	9	11	20	13	11	24
50 to 60 years....	17	14	31	29	34	63	15	7	22	14	7	21
60 to 70 years....	16	16	32	16	16	32	5	8	13	9	9	18
70 to 80 years....	9	6	15	14	16	30	4	10	14	8	10	19
Over 80 years.....	-	-	-	4	3	7	3	1	4	4	7	11
Totals.....	159	148	307	159	148	307	62	53	115	62	53	115
Not insane.....	2	-	2	-	-	-	-	-	-	-	-	-
Total of cases....	161	148	309	159	148	307	62	53	115	62	53	115

TABLE NO. 8.

PROBABLE CAUSES OF MENTAL DISEASES IN PERSONS ADMITTED.

EXCITING CAUSES.	ADMITTED.			PREDISPOSING CAUSES.							
	Men.	Women.	Total.	Hereditary Tendency.			Alcoholic Intemperance.				
				Men.	Women.	Total.	Men.	Women.	Total.		
A.—Physical:—											
Alcoholism.....	9	-	9	6	-	3	9	-	-	-	9
Arteriosclerosis.....	15	8	23	4	1	5	-	-	-	-	-
Arteriosclerosis and blindness....	1	-	1	1	-	1	-	-	-	-	-
Blindness.....	1	-	1	1	-	1	-	-	-	-	-
Cardio-vascular disease.....	2	2	4	-	2	2	-	-	-	-	-
Climateric.....	-	4	4	-	4	4	-	-	-	-	-
Exophthalmic goiter & rheumatism	-	1	1	-	1	1	-	-	-	-	-
Indeterminate.....	64	70	134	21	25	46	2	-	-	-	2
Injury to head.....	1	-	1	-	-	-	1	-	-	-	1
Influenza.....	-	3	3	-	2	2	-	-	-	-	-
Locomotor ataxia.....	3	-	3	-	-	-	-	-	-	-	-
Middle ear disease.....	2	-	2	-	-	-	-	-	-	-	-
Morphine.....	-	2	2	-	2	2	-	1	-	-	1
Operation.....	-	2	2	-	2	2	-	-	-	-	-
Osteomyelitis.....	1	-	1	-	-	-	-	-	-	-	-
Pellagra.....	-	1	1	-	1	1	-	-	-	-	-
Physical disease.....	1	1	2	-	1	1	-	-	-	-	-
Pregnancy.....	-	4	4	-	3	3	-	-	-	-	-
Puerperium.....	-	5	5	-	4	4	-	-	-	-	-
Pulmonary tuberculosis.....	-	1	1	-	-	-	-	-	-	-	-
Senility.....	6	7	13	-	-	-	1	-	-	-	1
Senility.....	2	-	2	-	-	-	-	-	-	-	-
Syphilis and injury to head.....	2	-	2	-	-	-	-	-	-	-	-
Syphilis.....	16	8	24	1	2	3	5	2	-	-	7
B.—Mental.—											
Congenital.....	20	5	25	7	1	8	-	-	-	-	-
Constitutional predisposition.....	5	2	7	-	-	-	-	-	-	-	-
Epilepsy.....	4	6	10	1	3	4	-	-	-	-	-
Grief.....	-	4	4	-	-	-	-	-	-	-	-
Hysteria.....	-	1	1	-	-	-	-	-	-	-	-
Not insane.....	2	-	2	-	-	-	-	-	-	-	-
Overwork.....	5	-	5	4	1	5	-	-	-	-	-
Worry.....	1	11	12	1	9	10	-	-	-	-	-
Totals.....	161	148	309	44	63	107	18	3	-	-	21

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TABLE NO. 9.

PROBABLE DURATION OF MENTAL DISEASE BEFORE ADMISSION.

PREVIOUS DURATION.	ADMITTED.		
	Men.	Women.	Totals.
Congenital	20	5	25
Under 1 month	22	20	42
From 1 to 3 months	20	17	37
3 to 6 months	10	14	24
6 to 12 months	15	10	25
1 to 2 years	19	18	37
2 to 5 years	21	15	36
5 to 10 years	12	18	30
10 to 20 years	10	17	27
Over 20 years	10	14	24
Totals	159	148	307
Not insane	2	-	2
Totals	161	148	309

TABLE NO. 10.

DISCHARGES OF THE INSANE CLASSIFIED BY ADMISSIONS AND RESULT, AND DEATHS.

NUMBER OF ADMISSIONS.	RECOVERED.			MUCH IMPROVED.			IMPROVED.			NOT IMPROVED.			NOT INSANE.			DIED.			AGGREGATES.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
First to this hospital.....	19	9	28	16	8	24	19	18	37	1	18	19	2	-	2	51	51	102	108	104	212
Second to this hospital.....	6	3	9	3	-	3	1	6	7	-	16	16	-	-	-	7	2	9	16	27	43
Third to this hospital.....	1	1	2	1	-	1	-	2	2	-	3	3	-	-	-	4	-	4	6	6	12
Fifth to this hospital.....	2	4	6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2	4	6
Eighth to this hospital.....	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-	-	1	1
Ninth to this hospital.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	1
Eighteenth to this hospital.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1
Total cases.....	29	18	47	19	8	27	20	27	47	1	37	38	2	-	2	62	58	115	133	143	276
First admitted to any hospital.....	18	5	23	16	8	24	19	19	38	1	18	19	2	-	2	51	48	99	107	98	205

SUPERINTENDENT'S REPORT.

TABLE NO. 11.

DURATION OF MENTAL DISEASE AND ITS TREATMENT IN PATIENTS RECOVERED OR DIED.

PERIOD.	RECOVERED.								
	Duration before Admission.			Hospital Residence.			Whole Duration.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
A.—Recovered:—									
Under 1 month.....	17	8	25	-	-	-	-	-	-
From 1 to 3 months.....	7	6	13	10	4	14	9	2	11
3 to 6 months.....	5	1	6	6	8	14	7	7	14
6 to 12 months.....	-	1	1	8	3	11	3	4	7
1 to 2 years.....	-	-	-	5	1	6	5	1	6
2 to 5 years.....	-	1	1	-	1	1	-	2	2
5 to 10 years.....	-	1	1	-	1	1	-	2	2
10 to 20 years.....	-	-	-	-	-	-	-	-	-
Totals.....	29	18	47	29	18	47	29	18	47
	DIED.								
B.—Died:—									
Congenital.....	1	-	1	-	-	-	1	-	1
Under 1 month.....	5	6	11	12	10	22	1	1	2
From 1 to 3 months.....	6	6	12	4	6	10	4	5	9
3 to 6 months.....	10	2	12	7	4	11	1	4	5
6 to 12 months.....	5	2	7	9	7	16	3	-	3
1 to 2 years.....	12	8	20	10	6	16	8	9	17
2 to 5 years.....	10	12	22	13	10	23	18	8	26
5 to 10 years.....	7	9	16	6	4	10	13	10	23
10 to 20 years.....	4	7	11	5	2	7	8	10	18
Over 20 years.....	2	1	3	2	4	6	5	6	11
Totals.....	62	53	115	62	53	115	62	53	115

TABLE NO. 13.
CAUSES OF DEATH AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED.

CAUSES.	AGGREGATE.			ARTERIOSCLEROTIC INSANITY.			CEREBRAL SYPHILIS.			DEMENCIA PRÆCOX.			EPILEPTIC INSANITY.			GENERAL PARALYSIS.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
General and Infectious diseases:																		
Erysipelas.....	1	-	1	-	-	-	-	-	-	-	-	-	1	-	1	-	-	-
Septicæmia.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the nervous system:																		
Cerebral hemorrhage.....	6	2	8	4	1	5	-	-	-	1	-	1	-	1	1	1	-	1
Exhaustion.....	24	9	33	3	1	4	2	-	2	1	2	3	-	-	-	11	2	13
Locomotor ataxia.....	2	-	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Status epilepticus.....	2	2	4	-	-	-	-	-	-	-	-	-	2	2	4	-	-	-
Diseases of the circulatory system:																		
Acute dilatation of the heart.....	-	2	2	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-
Arteriosclerosis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cardiac valvular disease.....	9	19	28	2	5	7	1	1	2	3	1	4	-	-	-	1	-	1
Diseases of the respiratory system:																		
Broncho-pneumonia.....	2	-	2	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Lobar-pneumonia.....	1	3	4	1	-	1	-	-	-	-	1	1	-	-	-	-	-	-
Pulmonary tuberculosis.....	10	5	15	-	-	-	-	-	-	6	4	10	1	-	1	-	-	-
Diseases of the digestive system:																		
Acute enteritis.....	-	4	4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chronic enteritis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cirrhosis of the liver.....	-	1	1	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Enterocolitis.....	2	2	4	1	-	1	-	-	-	1	-	1	-	-	-	-	-	-
Gastric hemorrhage.....	-	1	1	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the genito-urinary system:																		
Chronic interstitial nephritis.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
External causes:																		
Suicide by hanging.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Suicide by strangulation.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Total.....	62	53	115	12	9	21	2	1	3	12	9	21	4	3	7	13	2	15

TABLE NO. 13.
CAUSES OF DEATH AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED.—Concluded.

CAUSES.	IMBECILITY.			INFECTION EXHAUSTION PSYCHOSIS.			MANIC DEPRESSIVE INSANITY.			PARANOID STATES.			SENILE DEMENTIA.			UNCLASSIFIED.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
General and Infectious Diseases																		
Erysipelas.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Septicemia.....	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the Nervous System																		
Cerebral Hemorrhage.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Exhaustion.....	-	-	-	2	2	4	2	-	2	-	-	-	3	1	4	2	1	3
Locomotor Ataxia.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Status Epilepticus.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the Circulatory System																		
Acute Dilatation of the Heart.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	1
Arteriosclerosis.....	-	-	-	-	-	-	-	1	1	-	2	-	4	5	2	3	5	5
Cardiac Valvular Disease.....	-	-	-	-	2	2	-	1	1	-	2	-	1	4	5	2	3	5
Diseases of the Respiratory System																		
Broncho-pneumonia.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pulmonary Tuberculosis.....	-	-	-	-	-	-	-	-	-	2	-	2	-	-	-	-	1	2
Lobar Pneumonia.....	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	1	1
Diseases of the Digestive System																		
Acute Enteritis.....	-	-	-	-	-	-	-	1	1	-	-	-	2	2	-	1	1	1
Chronic Enteritis.....	-	-	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-
Cirrhosis of the Liver.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Enterocolitis.....	-	-	-	-	-	-	-	2	2	-	-	-	-	-	-	-	-	-
Gastric Hemorrhage.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the Genito-Urinary System																		
Chronic Interstitial Nephritis.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1
External Causes																		
Suicide by Hanging.....	-	-	-	-	-	-	1	-	1	-	-	-	-	-	-	-	-	-
Suicide by Strangulation.....	-	-	-	-	-	-	1	-	1	-	-	-	-	-	-	-	-	-
Total.....	1	-	1	2	5	7	4	6	10	2	2	4	4	8	12	6	8	14

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TABLE NO. 14.
SHOWING THE OPERATION OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

YEAR.	Admitted.	Discharged.	Whole number under treatment.	Not insane.	Recovered.	On six months' trial visit.	Much improved.	Improved.	Not Improved.	Died.	Greatest number in Hospital on any day.	Least number in Hospital on any day.	Remaining at end of year.	DAILY AVERAGE NUMBER OF PATIENTS.		
														Men.	Women.	Total.
1840-1	105	79	133	-	33	-	-	20	20	6	70	28	54	-	-	48
1841-2	87	76	141	-	36	-	-	16	18	6	73	50	65	-	-	62
1842-3	82	78	147	-	31	-	-	27	17	4	72	58	68	-	-	65
1843-4	83	75	151	-	32	-	-	18	22	3	79	65	76	-	-	70
1844-5	94	90	175	-	38	-	-	22	23	7	89	72	85	-	-	83
1845-6	102	87	187	-	46	-	-	22	14	5	107	79	100	-	-	93
1846-7	124	100	224	-	53	-	-	17	26	10	125	98	124	-	-	108
1847-8	128	125	252	-	60	-	-	31	14	20	135	117	127	-	-	112
1848-9	123	123	250	-	60	-	-	28	17	18	135	118	127	-	-	126
1849-50	126	109	253	-	58	-	-	20	16	15	148	126	144	-	-	137
1850-1	90	102	234	-	51	-	-	40	52	39	155	52	52	-	-	75
1851-2	105	72	157	-	36	-	-	11	16	9	84	52	84	-	-	78
1852-3	124	89	208	-	45	-	-	14	15	15	119	84	119	-	-	108
1853-4	110	114	229	-	49	-	-	15	18	32	119	114	115	-	-	109
1854-5	128	88	243	-	41	-	-	14	14	19	155	114	155	-	-	134
1855-6	149	114	304	-	54	-	-	22	19	19	194	151	190	-	-	167
1856-7	144	126	334	-	69	-	-	24	19	14	215	190	208	-	-	204
1857-8	126	126	334	-	59	-	-	25	18	24	225	205	208	-	-	213
1858-9	149	120	357	-	63	-	-	22	23	17	240	205	337	-	-	222
1859-60	186	133	373	-	68	-	-	22	17	31	246	227	240	-	-	256
1860-1	185	123	375	-	57	-	-	25	16	27	255	239	252	-	-	248
1861-2	125	119	377	-	55	-	-	24	19	19	233	244	258	-	-	254
1862-3	118	111	376	-	52	-	-	21	14	24	266	242	265	-	-	254
1863-4	124	185	389	-	49	-	-	22	11	53	273	247	254	-	-	263
1864-5	142	119	396	-	47	-	-	25	23	24	282	254	277	-	-	272
1865-6	135	196	412	-	61	-	-	29	13	33	287	267	276	-	-	277
1866-7	150	123	426	-	64	-	-	27	11	31	303	276	303	-	-	291
1867-8	165	129	468	-	68	-	-	28	16	27	341	302	339	-	-	319

SUPERINTENDENT'S REPORT.

1868-9	150	152	489	-	68	-	-	28	14	42	351	332	337	-	-	842
1869-70	130	122	467	-	48	-	-	19	18	37	348	330	345	-	-	339
1870-1	174	151	519	-	56	-	-	28	21	44	376	345	368	-	-	363
1871-2	202	177	570	-	79	-	-	34	19	45	404	368	393	-	-	385
1872-3	200	182	593	-	83	-	-	36	20	43	416	388	411	-	-	400
1873-4	189	207	600	-	61	-	-	33	61	52	420	393	393	-	-	406
1874-5	188	178	581	-	68	-	-	31	27	52	408	389	408	-	-	398
1875-6	186	184	589	-	68	-	-	33	31	52	408	384	405	-	-	411
1876-7	194	183	599	-	74	-	-	35	28	46	423	397	416	-	-	398
1877-8	188	186	604	-	56	-	-	45	37	48	423	406	418	-	-	415
1878-9	196	195	614	-	53	-	-	52	60	30	432	399	419	-	-	415
1879-80	188	171	607	-	57	-	-	33	43	38	439	390	436	-	-	412
1880-1	215	201	651	-	56	-	-	57	42	46	453	426	450	-	-	442
1881-2	194	183	644	-	71	-	-	35	34	43	465	433	461	-	-	449
1882-3	208	205	669	-	58	-	-	42	22	88	467	430	464	-	-	450
1883-4	203	207	667	-	59	-	-	31	16	101	472	443	460	-	-	454
1884-5	249	223	709	-	80	-	-	54	12	77	488	459	486	-	-	474
1885-6	231	189	717	-	66	-	-	56	7	60	543	484	528	-	-	506
1886-7	226	202	754	-	82	-	-	52	14	54	556	527	552	-	-	543
1887-8	250	224	802	-	76	-	-	48	19	81	600	552	578	-	-	580
1888-9	225	223	803	-	65	-	-	60	22	76	599	561	580	-	-	579
1889-90	253	207	833	-	63	-	-	52	17	73	634	577	626	-	-	612
1890-1	245	198	871	-	65	-	-	47	18	70	677	626	673	-	-	649
1891-2	269	257	942	-	71	-	-	72	25	89	697	669	685	-	-	685
1892-3	287	301	972	-	75	-	-	83	55	88	714	671	671	-	-	693
1893-4	284	275	955	-	84	-	-	51	36	104	706	668	680	-	-	680
1894-5	274	248	954	-	95	-	-	54	34	65	712	680	706	-	-	698
1895-6	240	237	946	-	58	-	-	70	29	80	717	690	709	-	-	708
1896-7	255	251	964	-	52	-	-	95	33	81	737	710	713	-	-	722
1897-8	284	214	947	-	42	-	-	76	35	61	740	708	733	-	-	727
1898-9	249	235	982	-	48	-	-	37	21	103	771	732	747	-	-	747
1899-1900	273	249	1020	-	61	-	-	49	32	107	782	748	771	-	-	764
1900-1901	306	377	977	-	66	-	-	52	117	102	776	600	600	-	-	600
1901-1902	203	377	803	-	46	-	-	28	16	82	681	596	681	-	-	607
1902-1903	209	176	840	-	57	-	-	31	17	77	668	629	664	-	-	646
1903-1904	200	160	864	-	49	-	-	29	11	77	710	663	704	-	-	689
1904-1905	210	201	914	-	43	-	-	38	11	89	728	701	713	-	-	710
1905-1906	278	185	991	-	67	-	-	13	22	90	809	712	806	-	-	789
1906-1907	249	227	1054	-	48	-	-	35	40	104	844	803	827	-	-	822
1907-1908	235	220	1062	-	60	-	1	22	22	94	883	830	842	-	-	846
1908-1909	275	215	1117	-	57	-	-	17	21	101	917	842	902	-	-	888
1909-1910	809	276	1211	-	47	2	-	47	38	115	911	865	902	500	390	890

REPORT OF SPECIAL COMMITTEE.

To the Trustees of the Insane Hospitals of Maine:

The undersigned, having been by your Board authorized, by a vote passed June 24, 1909, at a regular quarterly meeting, to act on behalf of the Trustees of both the Augusta and the Bangor hospitals in the matter of collecting accounts according to the Act of the Legislature approved March 16, 1909, it being "An Act Additional to Chapter 144 of the Revised Statutes, providing for the recovery of money improperly paid by the State for the Support of Insane Paupers," begs leave to report that he has attended to the duties imposed and submits the following data:

As the above Act contemplated the collection from such persons as an investigation might show to be, or to have been, legally liable for the support of insane patients committed to the above institutions, and as no information was in the possession of either hospital up to the time of the above vote, there was secured from the steward of each institution a list of such persons, known as State Aid Patients, in each hospital, together with the date of commitment and the name of town committing each patient. Aided by this list and information, your committee mailed to the Chairman of the Board of Overseers of each town making a commitment of such a patient, a printed list of questions, approved by your Board and designed to elicit a full and complete statement of facts and conditions relating to each patient. Eventually, but in some instances after repeated requests, a response from each town thus addressed was received, some of such replied affording satisfactory proof that as to some of such patients there was no person to whom the State could look as being legally liable and financially responsible, and the others showing there were relatives or guardians both legally and financially responsible, or furnishing such information as enabled your committee to exhaustively continue

the inquiry. In most of the latter cases, after more or less negotiation, an adjustment was effected mutually satisfactory, a bill for the sum due the State forwarded to each person or guardian liable and upon receipt of payment of same the full amount thus collected, was forthwith turned over to the State Treasurer who receipted to me for the same; and those cases in which an amicable adjustment could not, for any reason, be made, were turned over to the Attorney General for collection by action, at law, if necessary, in the name of the State, at the same time lodging in his office all data obtained with reference to all such cases to assist him in the prosecution of the claims.

Total amount collected up to Dec. 1, 1910 and paid over to State Treasurer for which I hold the latter's receipts	\$6,327 77
Total amount of claims in Attorney General's office Nov. 30, 1910, for collection	1,562 57
	\$7,890 34
Total amount of claims still in my hand in process of adjustment, Nov. 30, 1910	\$500 00

Respectfully submitted,

ALONZO R. NICKERSON,
Committee for the Trustees.

December 1, 1910.

To the Trustees of the Insane Hospitals of Maine:

By virtue of the power conferred by a vote of your Board, December 28th, 1909, authorizing an investigation of the financial condition of all patients receiving State aid, then in, and thereafter to be admitted into, the two institutions for the insane, as well as of all such relatives as might be legally responsible for the support of such patients, an earnest, and it is hoped, satisfactory endeavor has been made during the past year to gather such information as was deemed essential in view of the benevolent provisions of Chapter one hundred of the Public Laws of 1907, which took effect January 1, 1910, and cast upon the State the burden of supporting all patients committed

who have no relatives liable and of sufficient ability to pay for their support.

For valuable assistance generously rendered, grateful acknowledgment is due and made to the Superintendent and Steward of each hospital, who, at the beginning of the year, forwarded to the proper municipal officers of towns from which patients had been committed, "Support Returns" blanks, designed to furnish your committee with the name and address of the person or guardian, if any, paying for the support of each patient, the rate per week paid, and whether or not the patient had property; and who has since then, furnished your committee with a monthly statement of all deaths, discharges and commitments of patients, thus making possible the investigation, when necessary, of cases as they arose.

There have been several cases of patients receiving State aid that have not seemed to warrant the trouble incident to an investigation, because of the very satisfactory, and in some instances, conclusive evidence, furnished by the certificate of the officers ordering the commitment, that the patient had neither property nor relatives legally liable for payment of support, and therefore, as to these no investigation has been made. But with the data obtained from the returned "Support Returns" and the certificates of committing officers, and by much correspondence and interviews with such officers and other citizens, together with a mass of information secured in the work of effecting collections, under authority of your vote of June 24, 1909, of money improperly paid by the State for the support of insane paupers, two hundred and sixty of the numerous cases examined were ascertained to be cases in which the patients had either property or relatives legally liable and a report thereof was accordingly made and filed with the stewards, accompanied with all proper data collected as to rate to be paid and the name and address of the relative or guardian agreeing to pay, in such a case. Some of these cases thus investigated and adjusted as to payment have been, and probably others of them will become, what is termed "repudiated cases" on account of the changing financial conditions of the persons paying.

In this connection it may be well to state that it is impossible to say just how much saving to the State in dollars and cents the investigation in the 260 cases (to which reference has been

made) will be, but *this is* known, that from \$2.00 to \$4.50 per week will be collected in each of the 260 cases for the period such patients are detained in the hospitals providing of course their financial ability to pay continues.

It is the hope of your committee that, while in the discharge of its duties, the legal rights of the State have been diligently sought out and, in proper cases enforced; it has nevertheless consistently refused to hold any patient's relatives to the payment of his support when such a course would impose upon them a burden too great to be borne by ill-health, feminine weakness, aged infirmity or impoverished resources.

Respectfully submitted,

ALONZO R. NICKERSON,

Dec. 1, 1910.

Committee for Trustees.

To the Trustees of the Insane Hospitals of Maine:

On the 24th day of March last at a full Board meeting, it was "Voted that Mr. Nickerson be appointed a committee to take up the history of the cases of patients in the Insane Hospitals whose residences are in other States or countries and report same to the Trustees" and your committee respectfully reports that in the discharge of the duties above contemplated three alien insane patients were found belonging to the Provinces, and their deportation to their respective home cities was accomplished, as follows:—One to each of the following cities: Montreal, Quebec and St. John, N. B.

There are several other cases under investigation and, while the process is necessarily slow, yet it is believed that additional deportations will be brought about in the near future, arrangements for a few being already well-nigh perfected.

In closing this report your committee begs to thus publicly acknowledge his appreciation of the invaluable assistance and co-operation of the Hon. Timothy Elliott, Inspector in charge of the United States Immigration Service of Maine, Department of Commerce and Labor.

Very respectfully submitted,

ALONZO R. NICKERSON,

Committee for the Trustees.

December 1, 1910.

REPORT OF BUILDING COMMITTEE.

RENOVATION OF KITCHEN AND BAKERY AND ERECTION OF DINING ROOM FOR EMPLOYEES.

AUGUSTA, MAINE, November 30, 1910.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved March 16, 1909, (see chapter 171, laws of 1909, page 1300).

Resolved, that there be and is hereby appropriated the sum of twenty-eight thousand dollars for the year nineteen hundred and nine, for the use of the Maine Insane Hospital, for the following purposes:

For the renovation of kitchen, bakery, and the erection of a dining room for employees, finishing and furnishing the same.

Said sum to be expended under the direction of the trustees of insane hospitals.

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1910.

RECEIPTS.			
1910.	To cash from State Treasurer, during the year ending November 30, 1910.....	\$34,750 87	
	To cash due from State Treasurer.....	4,065 00	\$38,815 87
DISBURSEMENTS.			
1910.	Paid Otis Elevator Co. for elevator.....	210 00	
	Coombs & Gibbs, Architects for plans, specifications, etc.	2,070 87	
	Brunswick Refrigerating Co., for refrigerating plant	2,285 00	
	R. J. Noyes, contractor.....	34,250 00	\$38,815 87

Respectfully submitted,

GEO. E. MACOMBER,
MRS. FREDERICK CONY,
THOMAS WHITE,
A. R. NICKERSON,

Building Committee.

STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial affairs of the Maine Insane Hospital for the year ending November 30, 1910.

TOTAL RECEIPTS AND DISBURSEMENTS OF CASH FOR THE YEAR ENDING NOV. 30, 1910.

DR.		
Balance of cash on hand, December 1, 1909.....	\$4,098 39	
Received from cities, towns and individuals for support of patients.....	82,690 80	
Received from State of Maine, account appropriation maintenance and support of Insane State Beneficiaries, 1909.....	26,292 98	
Received from State of Maine, account appropriation maintenance and support of Insane State Beneficiaries, 1910.....	160,000 00	
Received from State of Maine, account appropriation salaries of officers.....	8,444 17	
Received from State of Maine, account appropriation rebuilding greenhouse wharf, coal pocket roof, etc.....	7,282 33	
Received from State of Maine, account appropriation support and maintenance of the criminal insane.....	5,871 74	
Received from State of Maine, account appropriation renovation kitchen, bakery, etc.....	34,750 87	
Received from State of Maine, account appropriation Chase Island.....	1,770 97	
Received from State of Maine, account appropriation printing and binding reports of trustees.....	217 37	
Received from State of Maine, account Coburn Fund.....	2,000 00	
Received account Orne Fund investment, interest on note.....	50 00	
Received from investment, account Library Fund.....	175 91	
Received sundry items.....	3,733 70	
Received from State of Maine, account appropriation Joseph H. Williams Legacy.....	40 00	
Received from State of Maine account appropriation, Helen A. Gilman Legacy.....	50 00	
Received, account bills payable.....	30,000 00	\$367,414 23
CR.		
Disbursements, account hospital general expenses.....	\$235,811 36	
Disbursements, account Coburn Fund.....	1,360 65	
Disbursements, account Library Fund.....	289 90	
Disbursements, account Orne Fund.....	44 86	
Disbursements, account bills payable.....	40,000 00	
Disbursements, account appropriation printing and binding reports of trustees.....	217 37	
Disbursements, account appropriation purchasing herd of cattle.....	50 00	
Disbursements, account appropriation for Chase Island Hospital, salary of caretaker, etc.....	1,851 64	
Disbursements, account appropriation kitchen, bakery, etc.....	38,815 87	
Disbursements, account support and maintenance of criminal insane.....	7,043 52	
Disbursements, account salaries of officers.....	9,235 83	
Disbursements, account appropriation greenhouse, wharf, coal pocket roof, repairing commander's house and other residences on Arsenal grounds.....	4,609 63	
Disbursements, account appropriation 1907 for greenhouse.....	1,500 00	
Disbursements, account appropriation 1907 for slaughter-house.....	146 65	
Balance of cash on hand, December 1, 1910.....	26,457 45	\$367,414 23

MAINE INSANE HOSPITAL.

STATEMENT OF OPERATING INCOME AND EXPENSES FOR YEAR
ENDING NOVEMBER 30, 1910.

INCOME.		
Board of patients.....	\$57,501 37	
Board of employees.....	6,116 13	
Board of patients, criminal insane.....	386 94	
Board of patients, Chase Island.....	3,516 95	\$67,521 39
Coburn Fund income.....	\$1,360 65	
Library Fund income.....	269 90	
Orne Fund income.....	44 36	1,674 91
Dry goods store, profit on sales.....		792 14
Farm horses, services.....	\$1,288 38	
Farm cows, milk and beef production.....	9,588 58	
Farm other live stock, sales, etc.....	409 15	11,236 11
Garden department, supplies used.....		\$3,239 17
Stable department, use of teams.....		87 00
Hog department, sales, etc.....		4,738 55
Stone crusher, sales, etc.....		104 41
House rents.....		510 00
Mortuary fees.....		95 00
Interest and discount.....		211 84
Heat, light and power, reimbursed, account criminal insane.....		1,850 28
Sundry sales, miscellaneous material.....		1,058 15
From State appropriation, criminal insane, 1909.....		478 26
" " " " " 1910.....		6,175 82
" " " " " salaries of officers, 1909.....		842 78
" " " " " " 1910.....		8,998 05
" " " " " printing and binding reports.....		217 37
" " " " " Chase Island Hospital, 1909.....		297 14
" " " " " " 1910.....		1,754 50
" " " " " J. H. Williams Legacy, 1909.....		40 00
" " " " " Helen A. Gilman Legacy, 1909.....		50 00
" " " " " maintenance.....		176,822 67
		\$287,692 84
Profit and loss, loss in operating:		
Interest on borrowed money.....		\$1,304 16
Renovating Superintendent's rooms.....	\$2,626 48	
Less amount allowed by State Auditor.....	980 92	1,645 56
		\$290,642 56
EXPENSES.		
Salaries of officers.....		\$9,235 83
Pay roll of employees.....		44,051 94
Groceries and subsistence.....		98,525 78
House furnishings, general.....		6,917 77
Furnishings, Superintendent's rooms.....		3,220 66
Dispensary department supplies.....		2,608 88
Medical attendance (services of dentist).....		292 50
Water.....		3,906 12
Ice.....		1,111 13
Heat, light and power, labor.....	\$3,475 01	
Coal.....	19,407 14	
Electricity.....	3,547 94	
Gas.....	262 65	
Oil.....	93 30	
Sundries.....	84 90	26,870 94
Maintenance of property:		
Household furnishings.....	\$1,995 40	
Repairs to buildings and grounds, labor.....	11,606 39	
Repairs to buildings and grounds, materials.....	5,345 49	
Insurance.....	230 75	
Extraordinary repairs and improvements.....	13,947 60	
Renovation infirmary.....	1,847 08	
Eastern Steam Line return.....	2,111 42	
Renovating Superintendent's rooms.....	2,626 48	
Repairing Commander's house, wharf, etc.....	576 40	40,287 01

STATEMENT OF OPERATING INCOME AND EXPENSES FOR YEAR
ENDING NOVEMBER 30, 1910—CONCLUDED.

EXPENSES—Concluded.			
Farm,	Labor.....	\$6,008 64	
	Equipment, tools, etc.....	520 18	
	Repairs of equipment.....	448 78	
	Hay.....	957 82	
	Feed.....	3,557 95	
	Fertilizer seeds, etc.....	252 08	
	Heating.....	469 47	
	Miscellaneous.....	196 88	\$12,406 25
Stable,	Labor.....	\$861 38	
	Equipment.....	197 43	
	Repairs of equipment.....	152 86	
	Horses.....	170 00	
	Feed.....	805 19	
	Hay.....	342 72	
	Heating.....	81 20	
	Miscellaneous.....	315 95	2,926 73
Hog Dep't.,	Labor.....	\$730 68	
	Supplies.....	241 24	
	Heating.....	149 61	1,121 53
Greenhouse,	Shrinkage of inventory.....	\$400 77	
	Labor.....	703 50	
	Supplies.....	106 41	1,210 68
Laundry,	Labor.....	\$2,942 12	
	Supplies.....	477 18	
	Repairs.....	28 97	3,448 22
Crusher,	Labor.....	\$966 45	
	Supplies.....	263 07	1,229 52
Garden Dep't.,	Labor.....	\$1,955 57	
	Seeds.....	67 94	
	Fertilizer.....	366 85	2,389 86
Administration Expenses:	Surety bonds.....	\$55 00	
	Legal advice.....	20 00	
	Clerk hire.....	3,861 87	
	Telephone and telegraph.....	295 65	
	Postage, stationery and printing.....	1,252 01	
	Traveling expenses.....	399 79	5,884 32
Freight and trucking.....		802 03	
Library books, etc.....		206 82	
Interest and discount.....		1,304 16	
Printing and binding reports.....		217 37	
Patients' clothing, etc.....		8,686 93	
Uncollectable patients' accounts.....		2,451 04	
Coburn Fund amusements.....		1,360 65	
Library Fund expenses.....		269 90	
Orne Fund amusements.....		44 36	
Criminal Insane Support:	Labor.....	\$2,385 14	
	Food.....	2,500 54	
	Furnishings.....	210 82	
	Repairs.....	213 38	
	Heating and lighting.....	1,441 62	
	Clothing, etc.....	292 02	7,043 52
Chase Island Hospital:	Salary of caretaker and Steward.....	\$860 00	
	Labor.....	873 14	
	Food.....	2,255 70	
	Furnishings.....	262 27	
	Fuel.....	371 85	
	Repairs.....	315 12	
	Express, freight and telephone.....	72 83	
	Traveling expenses.....	614 25	5,625 16
			\$290,642 56

STATEMENT OF OTHER INCOME AND EXPENDITURES FOR THE YEAR
ENDING NOVEMBER 30, 1910.

OTHER INCOME NOVEMBER 30, 1910.		
Appropriation for purchasing herd of cattle:		
Unexpended balance from 1909.....	\$123 34	
Appropriation for building new slaughter house:		
Unexpended balance from 1909.....	1,000 00	
Appropriation for rebuilding greenhouse:		
Unexpended balance from 1909.....	1,500 00	
Appropriation for rebuilding greenhouse, wharf, coal pocket roof, Commander's house, etc.:		
Unexpended balance from 1909.....	4,033 23	
Appropriation renovation, kitchen, bakery, etc:		
Unexpended balance from 1909.....	22,269 08	
Appropriation renovation kitchen bakery, etc., 1910.....	12,481 79	
Due from State of Maine, account renovation kitchen, bakery, etc.....	4,065 00	\$45,472 44
OTHER EXPENDITURES.		
Paid for purchasing herd of cattle.....	\$50 00	
Building new slaughter house.....	146 65	
Rebuilding greenhouse.....	1,500 00	
Rebuilding greenhouse, wharf, coal pocket roof, Commander's house, etc.....	4,033 23	
Renovation kitchen, bakery, etc.....	38,815 87	
Unexpended balance for purchasing herd of cattle.....	73 34	
“ “ “ building new slaughter house.....	853 35	45,472 44

STATEMENT OF ASSETS AND LIABILITIES.
NOVEMBER 30, 1910.

ASSETS.			
Inventories viz:			
House furnishings.....	\$70,981 43		
Dry goods store.....	12,261 59		
Grocery store.....	12,292 50		
Coal purchase.....	8,817 09		
Dispensary Department.....	3,137 02		
Ice.....	159 10		
Oil.....	11 15		
Repairs material.....	19,460 41		
Insurance.....	393 35		
Fire equipment.....	1,557 90		
Farm Equipment.....	5,639 89		
" Horses.....	2,875 00		
" Cows.....	5,185 00		
" Other live stock.....	2,370 00		
" Hay.....	4,866 71		
" Feed.....	4,748 67		
" Fertilizer, seeds, etc.....	1,715 50		
" Miscellaneous.....	171 06		
Garden department.....	1,026 55		
Stable equipment.....	2,660 40		
" Horses.....	1,225 00		
" Feed.....	98 90		
" Hay.....	36 00		
Postage, stationary, etc.....	713 47		
Hog Department.....	5,405 50		
Greenhouse.....	1,126 23		
Canned fruits, etc.....	1,201 70	170,187 12	
Accounts receivable (Eastern Maine Insane Hospital)			726 95
" " (Sundry firms).....			1,379 16
" " (Support of patients).....			18,316 63
Real Estate, viz:			
Norton House, purchased in 1836.....	900 00		
Hoyt " " " 1890.....	2,500 00		
Severance farm " " 1893.....	2,000 00		
Thorne " " " 1893.....	4,500 00		
Greenhouse rebuilt in 1910.....	1,500 00	11,400 00	
Invested Funds, viz:			
Orne Fund.....	1,000 00		
Library Fund.....	3,200 00		
Coburn Fund.....	50,000 00	54,200 00	
Building new Slaughter house.....		146 65	
Due from State of Maine Sundry appropriations, viz:			
Maintenance and support of Insane State Beneficiaries.....	\$77,000 00		
Renovation kitchen, bakery, etc.....	15,518 21		
Printing and binding reports.....	182 63		
Chase Island Hospital.....	1,526 17		
Salaries of officers.....	2,398 61		
Support of the criminal insane.....	4,285 67		
Joseph H. Williams Legacy.....	40 00		
Helen A. Gilman Legacy.....	50 00	101,001 29	
Profit and loss, loss in operating.....		2,949 72	
Cash on hand November 30, 1910.....		26,457 45	\$886,764 97

STATEMENT OF ASSETS AND LIABILITIES.
NOVEMBER 30, 1910.—Concluded.

LIABILITIES, NOVEMBER 30, 1910.		
Hospital Account "A".....	\$96,887 13	
" " "B".....	82,804 13	179,191 26
Fund Accounts, viz:		
Orne Fund.....	1,000 00	
Library Fund.....	3,200 00	
Coburn Fund.....	50,000 00	54,200 00
Accounts payable (Audited Vouchers).....		73,329 30
Orne Fund Income Account.....	27 14	
Library " " ".....	134 83	
Coburn " " ".....	1,468 45	1,630 42
Note Payable, (Orne Fund).....	1,000 00	1,000 00
Appropriation Accounts, Unexpended, viz:		
Purchasing herd of cattle.....	73 34	
Building slaughter house.....	353 35	
Printing reports.....	182 63	
Chase Island Hospital.....	1,245 50	
Renovating kitchen, bakery, etc....	11,453 21	
Salaries of officers.....	1,606 95	
Support of criminal insane.....	1,821 68	
Maintenance and support of Insane State Beneficiaries... ..	60,177 33	77,413 99
		\$387,764 97

STATEMENT OF APPROPRIATIONS, MAINE INSANE HOSPITAL.

APPROPRIATIONS FOR	Years.	Amount.	Expenditures to Nov. 30, 1910.	Expenditures to Dec. 31, 1910.	Unexpended reverts to State, Jan. 1911.
Support of Criminals.....	1909-1910	\$15,000 00	\$12,839 50	\$554 42	\$1,606 08
Chase Island Hospital.....	1909-1910	6,000 00	4,754 50		1,245 50
Printing and Binding Reports of Trustees of Insane Hospitals.....	1909-1910	800 00	586 42		213 58
Salaries of officers.....	1909-1910	20,000 00	17,858 13	891 68	1,250 19
Completion of the Criminal Insane Building.....	1909	12,000 00	12,000 00		
Completion of the First Male Wing, rebuilding Laundry, fire and water service, etc.....	1909	17,400 00	17,400 00		
Rebuilding Greenhouse, wharf, coal pocket roof, Commander's house and other residences.....	1909	13,000 00	13,000 00		
Renovation of kitchen and bakery.....	1909-1910	56,000 00	44,546 79	11,453 21	
Maintenance and support.....	1910	237,000 00	176,822 67	18,000 00	42,177 33
		\$877,200 00	\$299,808 01	\$30,899 31	\$46,492 68

Very respectfully submitted,
MANNING S. CAMPBELL,
Steward and Treasurer.

STEWART AND TREASURER'S REPORT.

GARDEN PRODUCTS FOR THE YEAR 1910.

133	Bushels Apples	\$66 50
11	Bushels Crab Apples	5 50
60	Bushels Cider Apples	6 00
141	Pounds Asparagus	17 63
65	Bushels Beet Greens	32 50
11,702	Pounds Beets	117 94
110½	Bushels String Beans	138 13
9,910	Pounds Cabbage	147 15
32,600	Ears Corn	296 50
10,775	Cucumbers	107 75
254	Boxes Currants	25 40
2,400	Pounds Carrots	24 00
6,993	Heads Celery	745 55
800	Pounds Pop Corn	40 00
10 491-1000	Tons Corn Fodder	41 98
66	Bushels Endives	33 00
5,200	Heads Lettuce	42 50
250	Pounds Onions	3 75
96	Bushels Green Peas	120 00
4,025	Pounds Parsnips	40 25
8	Bushels Pears	8 00
112½	Bushels Pickles	168 75
2,615	Pounds Rhubarb	52 30
142	Bushels Spinach	142 00
19,605	Pounds Squash	294 08
2,070	Boxes Strawberries	258 75
3,970	Pounds Tomatoes	41 70
35,495	Pounds Turnips	343 95
		<hr/>
		\$3,361 56

FARM PRODUCTS FOR THE YEAR 1910.

7,516		Pounds Beef	\$633 74
19½		Pounds Calf Skins	25 58
1		Calf (Sold)	15 00
232	1605-2000	Tons Ensilage	1,629 62
24	541-2000	Tons Grass, Green for Fodder	145 62
1,037		Pounds Hides	80 76
420	63-100	Tons Hay	5,888 82
14	425-2000	Tons Hungarian Grass	85 28
38,549½		Gallons Milk	9,251 88
1,174		Bushels Oats	540 04
10	29-200	Tons Peas and Vetches	60 87
195,805		Pounds Potatoes	1,958 05
240		Bushels Small Potatoes	48 00
30		Tons Straw	180 00
76		Pounds Tongue and Liver.....	3 94
1,618.		Pounds Veal	185 33
			<hr/>
			\$20,732 53

ARTICLES MADE IN SEWING ROOM DURING THE YEAR
ENDING NOVEMBER 30, 1910.

333 Aprons.	5 Meat Covers.
58 Bureau Covers.	2 Mail Bags.
48 Bed Ticks.	21 Pairs Men's Pants.
4 Bolster Slips.	83 Napkins Hemmed.
4 Broom Bags.	131 Night Dresses.
1 Book Bag.	33 Pairs Overalls.
43 Coffee Bags.	548 Pillow Slips.
55 Clothes Bags.	1 Rubber Curtain.
46 Clothes Bag Strings.	136 Rolls Bandages.
180 Camisole Strings.	36 Rubber Sheets.
46 Camisoles.	1 Rubber Mat.
48 Curtains.	10 Shirts.
186 Cooks' Coats.	4 Swathes.
13 Cooks' Caps.	12 Sanitary Belts.
24 Copying Pads.	12 Sofa Pillow Covers.
133 Dresses.	322 Skirts.
1,018 Dresses Repaired.	304 Sheets.
3 Dress Skirts.	6 Strainers.
12 Dress Skirts Repaired.	126 Tablecloths.
14 Dusters.	127 Towels.
4 Extractor Covers.	4 Table Covers.
1 Eye Shade.	3 Sand Bags.
49 Frocks.	2 Provision Bags.
20 Laundry Bags.	520 Yards Tennis Tape.
169 Pairs Ladies' Drawers.	21 Waists.
4 Mangle Covers.	

ARTICLES CUT, FITTED, ETC., IN SEWING ROOM FOR THE
INDUSTRIAL DEPARTMENT DURING THE YEAR ENDING
NOVEMBER 30, 1910.

353 Aprons.	364 Shirts.
2,801 Bandages.	315 Pairs Drawers.
161 Bureau Covers.	195 Dresses.
24 Bibs.	317 Skirts.
60 Bed Ticks.	34 Uniforms, Nurses.
56 Cooks' Caps.	9 Uniform Waists, Nurses.
313 Napkins.	203 Uniform Aprons, Nurses.
3,687 Sheets.	14 Bibs.
4,768 Towels.	525 Towels from bags.
143 Tablecloths.	273 Towels from old material.
1,911 Pillow Slips.	220 Napkins from old material.
410 Nightdresses.	23 Napkins from new material.
123 Chemises.	5 Tablecloths.

ARTICLES REPAIRED IN SEWING ROOM DURING THE
YEAR ENDING NOVEMBER 30, 1910.

1 Blanket bound.	3 Table Pads.
1 Carriage Mat bound.	1 Tub Harness.
1 Horse Blanket, repaired.	1 Shirt Waist.
14 Curtains.	19 Skirts.
2 Portieres.	

ARTICLES MADE IN THE INDUSTRIAL DEPARTMENT
DURING THE YEAR ENDING NOVEMBER 30, 1910.

203 Nurses' Aprons.	442 Napkins, hemmed.
16 Nurses' Bibs.	23 Napkins from new material.
192 Nurses' Caps.	320 Napkins from old material.
38 Nurses' Uniform Waists.	1,910 Pillow Slips.
34 Nurses' Uniform Skirts.	2,810 Rolls Bandages.
351 Aprons.	3,684 Sheets.
24 Bibs.	281 Skirts.
56 Cooks' Caps.	161 Stand and Bureau Covers.
123 Chemises.	138 Tablecloths.
195 Dresses.	4,723 Towels.
308 Pairs Ladies' Drawers.	273 Towels from old material.
410 Nightdresses.	60 Bed Ticks.
364 Skirts.	740 Pieces Marked.

ARTICLES REPAIRED IN THE INDUSTRIAL DEPARTMENT
DURING THE YEAR ENDING NOVEMBER 30, 1910.

271 Aprons.	3,024 Men's Shirts.
12 Pairs Blankets.	408 Men's Shirts and Under- shirts.
282 Cooks' Coats.	1,943 Men's Undershirts.
7 Cooks' Caps.	4 Rugs.
171 Clothes Bags.	67 Sheets.
4 Couch Covers.	28 Spreads.
7 Dresses.	98 Tablecloths.
238 Frocks.	740 Pieces Marked.
3,190 Pairs Men's Drawers.	525 Towels from bags.
6,400 Pairs Men's Hose.	273 Towels from old material.
5 Night Shirts.	220 Napkins from old material.
4 Nightdresses.	23 Napkins from new material.
218 Pairs Overalls.	5 Napkins from old material.
10 Pillow Slips.	

REPORT OF VISITING COMMITTEE.

BAR HARBOR, MAINE, DECEMBER 31, 1910.

To His Excellency, Governor Fernald, and Executive Council of the State of Maine:

The committee appointed by His Excellency in 1909 to visit the Insane Hospitals of the State during the year 1910 have attended to their duties and make the following report:—

Both institutions have been visited at frequent intervals with no intimation to the managers of our coming. The wards have been inspected, the way of feeding and the amount and quality of food have been carefully looked over; even been there at meal time to see the service given the patients.

At all times have your committee found everything neat and sanitary and the service has been of the very best that able and careful managers could give. Your committee are gratified to be able to report they are well satisfied that the inmates of both hospitals are kindly and well treated, that the managers take a deep personal interest in each patient and the attendants exercise at all times patience and kindly consideration to those unfortunates placed there for treatment.

The management is at all times being improved, both in and out of door exercise and methods of providing work in the wards, which are of vital importance to the improvement of those who have any possibility of recovery.

Dr. H. W. Mitchell resigned his position as superintendent of the Bangor Hospital to accept a position elsewhere. We are sure the State lost an able and efficient officer.

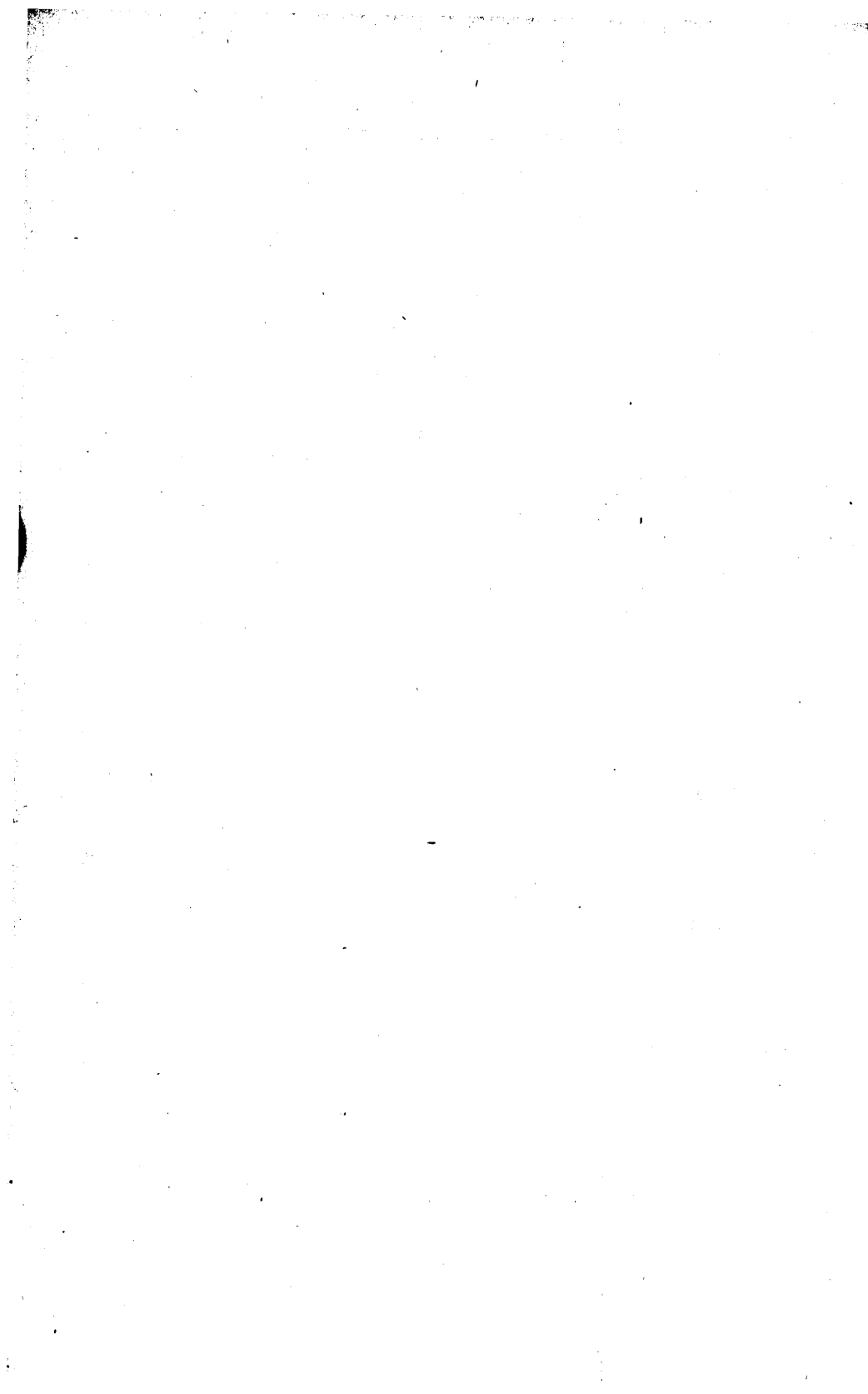
The sudden death of Dr. Bigelow T. Sanborn at the Augusta Hospital was a shock to all connected with the institution and all of his many friends. His long and able service, his never tiring energy, always looking after every little detail and want of each patient, will long be remembered by those who saw him at his work in the wards, aiding and assisting the unfortunates

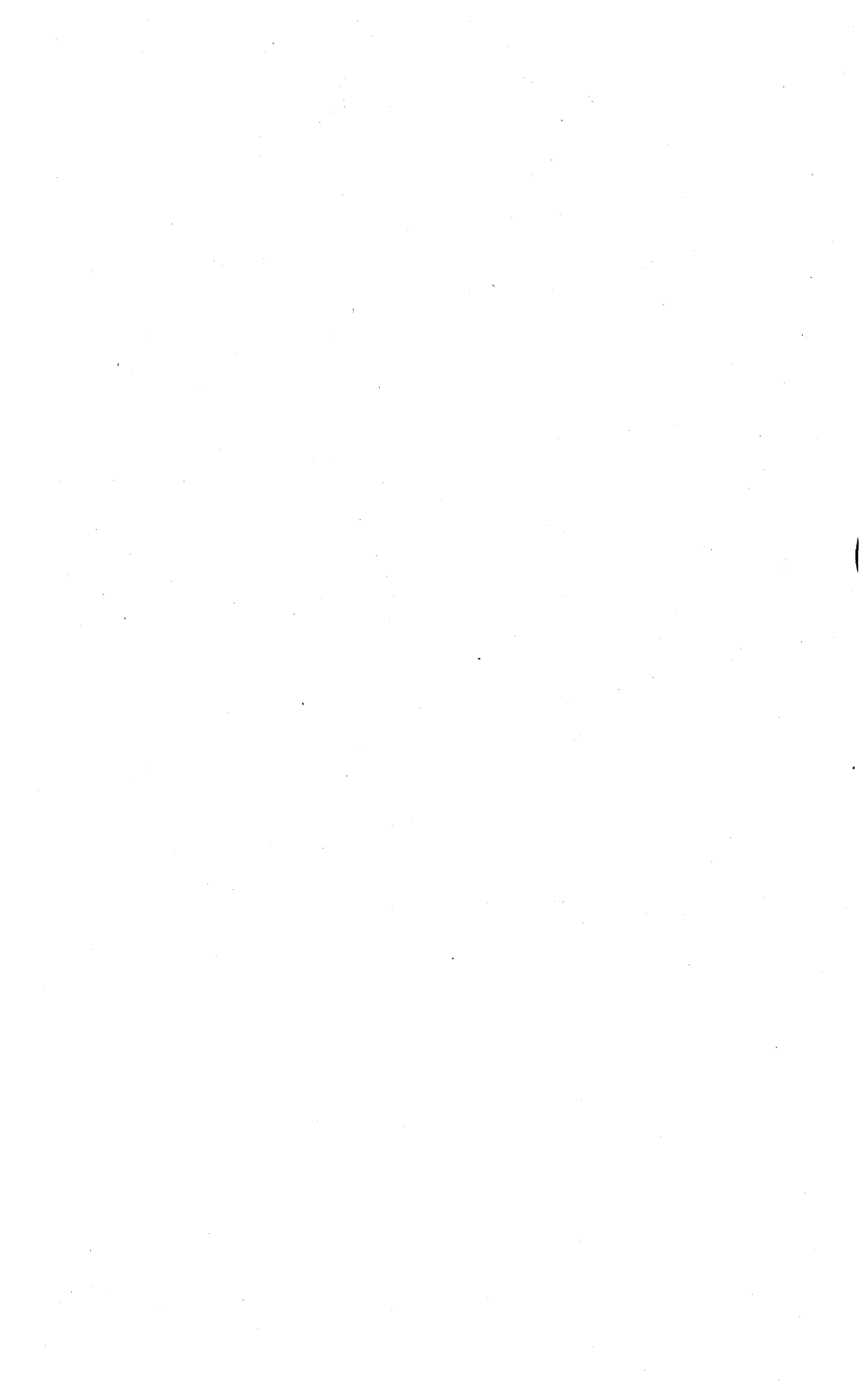
who came under his care. Although his departure cast at once a profound sadness upon us which will long be remembered, we feel to say that he passed on without a stain of dishonesty or selfishness against him.

It has been necessary this year to select a superintendent for each hospital and we hope by filling these positions with young, able men, equipped as they are with recent medical training and science, that they may be able to do more for the patients than has heretofore been done.

The utmost courtesy and welcome have been shown by the officials of each hospital at all times, and we wish to express our obligations for the welcome extended to us by them.

CHARLES C. MORRISON,
SARAH E. PETTENGILL.







Eastern Maine Insane Hospital

REPORT

OF THE

Trustees, Resident Officers and Visiting Committee

OF THE

EASTERN MAINE INSANE HOSPITAL

December 1, 1910.

OFFICERS OF THE HOSPITAL.

TRUSTEES.

FREDERICK ROBIE, *President*, Gorham.
CHARLES E. FIELD, *Secretary*, Bangor.
Mrs. FREDERICK CONY, Augusta.
A. R. NICKERSON, Boothbay Harbor.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.

RESIDENT OFFICERS.

FREDERICK L. HILLS, M. D., Superintendent.
FORREST C. TYSON, M. D., Assistant Superintendent.
HARRIET E. CHALMERS, M. D., Assistant Physician.
HERBERT E. THOMPSON, M. D., Pathologist.
LESLIE W. SOMERS, Steward.
CHARLES S. PEARL, Treasurer.
Mrs. ADELAIDE C. BROWN, Matron.

DENTIST.

Dr. H. S. FROST, Bangor.

CHAPLAINS.

REV. ALVA ROY SCOTT.
REV. D. B. LOTHROP.
MR. ROBERT A. JORDAN.
REV. P. J. GERRITY.

SUPERVISORS.

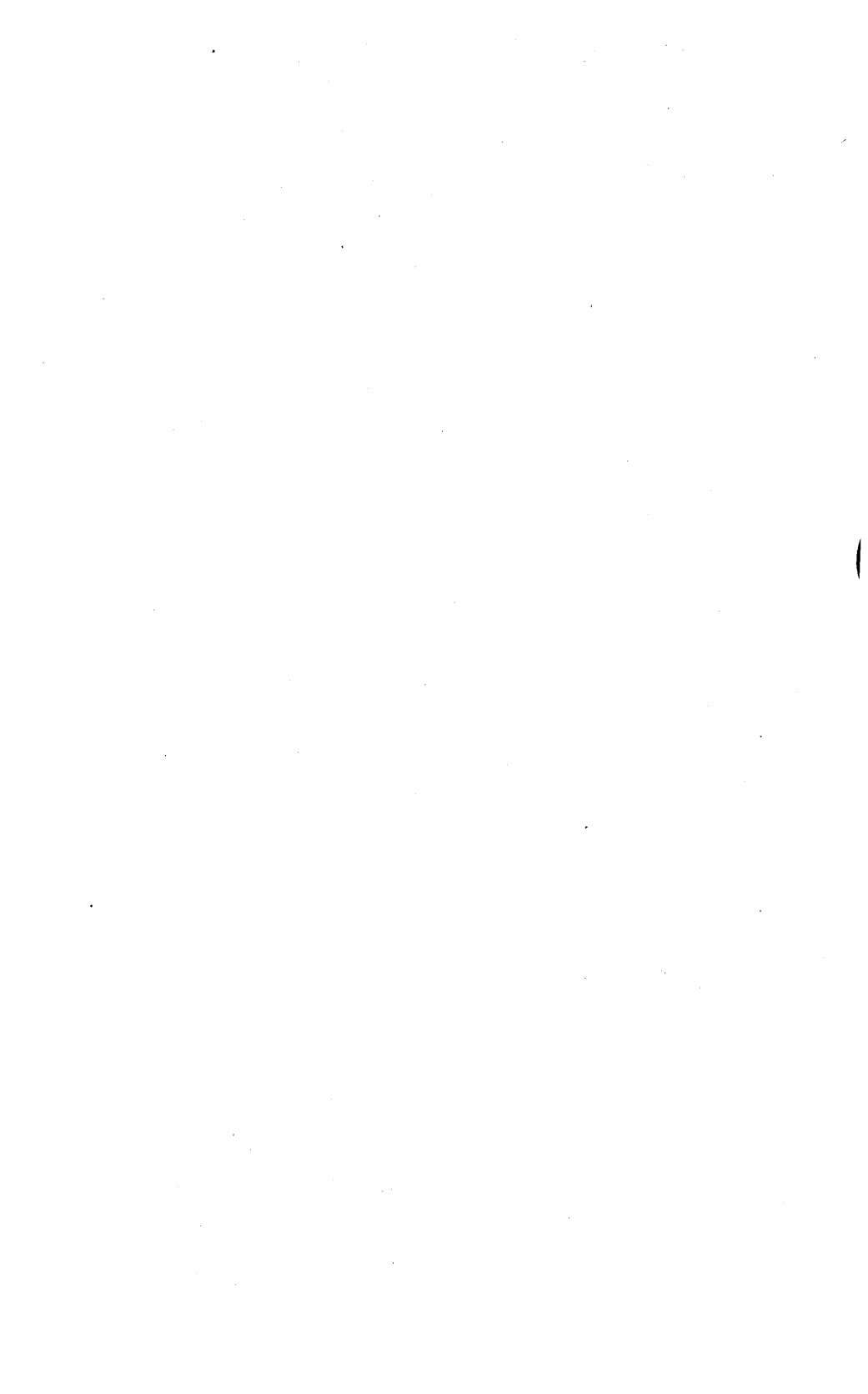
Male.

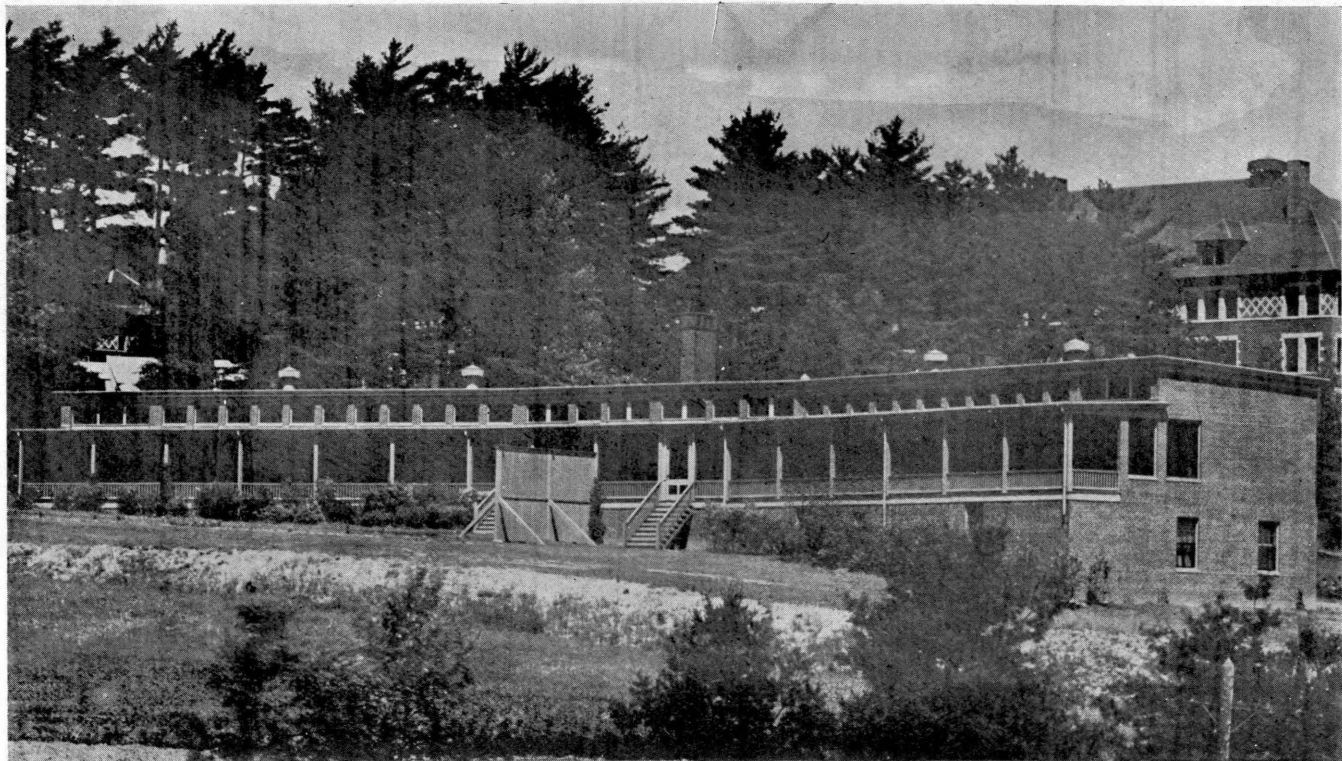
FRED R. CARTER.
EDWARD W. BRAILEY, Assistant Supervisor.
SAMUEL MARSH, Night Supervisor.

Female.

Mrs. MARY E. HICKEY.
ANNIE M. CARROLL, Assistant Supervisor.
LAURA J. PAGE, Night Supervisor.

S. WILBUR FISKE, Engineer.
EDWIN A. LINNELL, Hospital Clerk.
HAZEL M. WORTH, Assistant Hospital Clerk.
Mrs. LILLIAN I. GOODRICH, Superintendent's Clerk.
Mrs. ESTELLE M. HUGHES, Assistant Clerk.
FRANK W. GOODRICH, Store Clerk.
GEORGE WARE, Head Farmer.





Tubercular Hospital, Eastern Maine Insane Hospital

SUPERINTENDENT'S REPORT.

To the Trustees of the Maine Insane Hospitals:

I have the honor to present the following report of the operations of the Eastern Maine Insane Hospital for the year ending Nov. 30, 1910.

At the beginning of the year, Dec. 1, 1909, there were three hundred and four patients in the hospital, one hundred and fifty-eight men and one hundred and forty-six women. There were admitted during the year two hundred and thirty-five patients, eighty-seven of whom were men and one hundred and forty-eight were women, ten of the men and sixty-one of the women being transferred from other institutions within the State. The whole number under treatment during the year was five hundred and sixty-five and the daily average population was three hundred and seventy-six and four-tenths. Within the year twenty-nine men and forty women, a total of sixty-nine patients, were discharged, while thirteen men and twenty-one women, a total of thirty-four, were allowed to leave on a visit. Nine men and twelve women were discharged as recovered and fourteen men and eighteen women as capable of self-support or as improved. There were fifty-four deaths within the year, twenty-eight men and twenty-six women. At the close of the year, Nov. 30, 1910, there were in the hospital one hundred and seventy-eight men and two hundred and twenty-seven women, giving a total population of four hundred and five, an increase of one hundred and one during the year.

The new building for men patients which has been under construction during the year, will be ready for occupancy early in January, 1911. Immediately thereafter, it is expected that our population will be increased by the transfer of about seventy patients from Augusta, and we will then be in a position to receive all of the commitments from Aroostook, Piscataquis, Washington, Hancock and Waldo counties, including what few

men patients there may still be remaining to be transferred from the town and county almshouses. Reckoning upon the known increase by transfer and the probable increase by the enlargement of the hospital district to include the above counties (up to the present time no women have been received from Waldo and Piscataquis counties), we estimate an average daily population for 1911 of five hundred and twenty-five patients. The annual increase of commitments will probably not tax the hospital to its capacity of six hundred for some years.

We have been fortunate in not having any suicides or fatal accidents during the year. One woman patient eluded a nurse and jumped from an unguarded attic hallway window to the floor beneath, sustaining a fracture of the left hip, from which she has made an uneventful recovery. One senile woman received a fracture of the right radius by falling out of bed, and one man who was paralyzed in both legs, rolled out of bed while attempting to look out of his window in response to hallucinations and sustained a fracture of the right hip and left ankle. One patient violated his parole and escaped, but was subsequently returned. Eight patients ran away while out exercising with the attendants or at work on the grounds, and all but two have been apprehended and returned to the hospital. We have had no epidemic, but one employe developed typhoid fever late in the summer, its source not being discovered.

PAROLE.

During the year, eighty-nine patients were dismissed from the hospital on six-months parole. Thirty-five of these were returned, twenty remained away and were discharged at the expiration of the parole period, and thirty-four are still out on parole, having been away less than six months. Of the twenty-six on parole at the expiration of the last fiscal year, Nov. 30, 1909, but one has returned.

RESULTS OF TREATMENT.

	<i>Recoveries.</i>	Per cent.
On number admitted, excluding transfers and paroled patients		12.80
On number discharged.....		30.43

Improved and Capable of Self-Support.

On number admitted, excluding transfers and paroled patients	19.51
On number discharged.....	46.37

Deaths.

On number admitted.....	22.97
On number discharged.....	33.75
On total number treated.....	10.01

Twenty-one of those who died were over sixty years of age. Several senile cases were in the hospital but a short time before death, having been brought in much exhausted and on the verge of dissolution.

CHASE ISLAND.

Forty patients enjoyed a six-weeks outing at the summer colony on Chase Island between the 18th of June and the 9th of September, thereby profiting in respect both to their mental and physical health. The benefit as well as the pleasure of these outings is fully appreciated by the patients, who look forward to them with pleasurable anticipation and beg for prolongation of their stay.

TRAINING SCHOOL.

In the training school for nurses we have adopted the two years' course recommended by the American Medico-Psychological Association and have arranged a schedule of twenty lectures to be given to each class by the members of the medical staff, supplemented by weekly recitations and practical ward instruction by the superintendent of nurses. It is our aim to so instruct the nurses as to make them competent to give intelligent care to patients suffering from the various psychoses rather than to fit them for general nursing. The following nurses satisfactorily completed their course in 1910 and were awarded diplomas:

Ariel Mildred Stevens, Margaret Beatrice Blake, Lucy Maria Bolton, Annie Marie McDonough, Maria Lucella Main, Lelia Maude McLean, Isaac Joseph Main.

MEDICAL WORK.

The development of the medical work continues as outlined in previous reports. The staff meetings are held four mornings of each week. Owing to changes in the medical staff, it has not been possible to carry out the planned-for improvement in the service as rapidly as expected. A physician was added to the staff in the spring whose duties were to be chiefly confined to laboratory work and research, but circumstances have necessitated his attention to the ward service. A laboratory has been equipped and we are now prepared to carry on this work with the beginning of the new year. Ten autopsies have been performed during the year. A well equipped operating room was opened in the spring.

An increasing amount of attention is being given to the employment of patients as a therapeutic measure, and we plan for further development along this line. Likewise amusement and recreation have a definite curative value of which we will make increasing use during the coming year. We have installed a moving picture machine equipped also for the use of lantern slides so that illustrated lectures, songs and travelogues may be given to the patients. A combination billiard and pool table has been purchased for the men's wards and we will soon have a workshop for the men in the basement of the new building. All of these things have a definite value in improving the mental and physical condition of the patients and are distinctly a part of the medical treatment of more value than the administration of drugs.

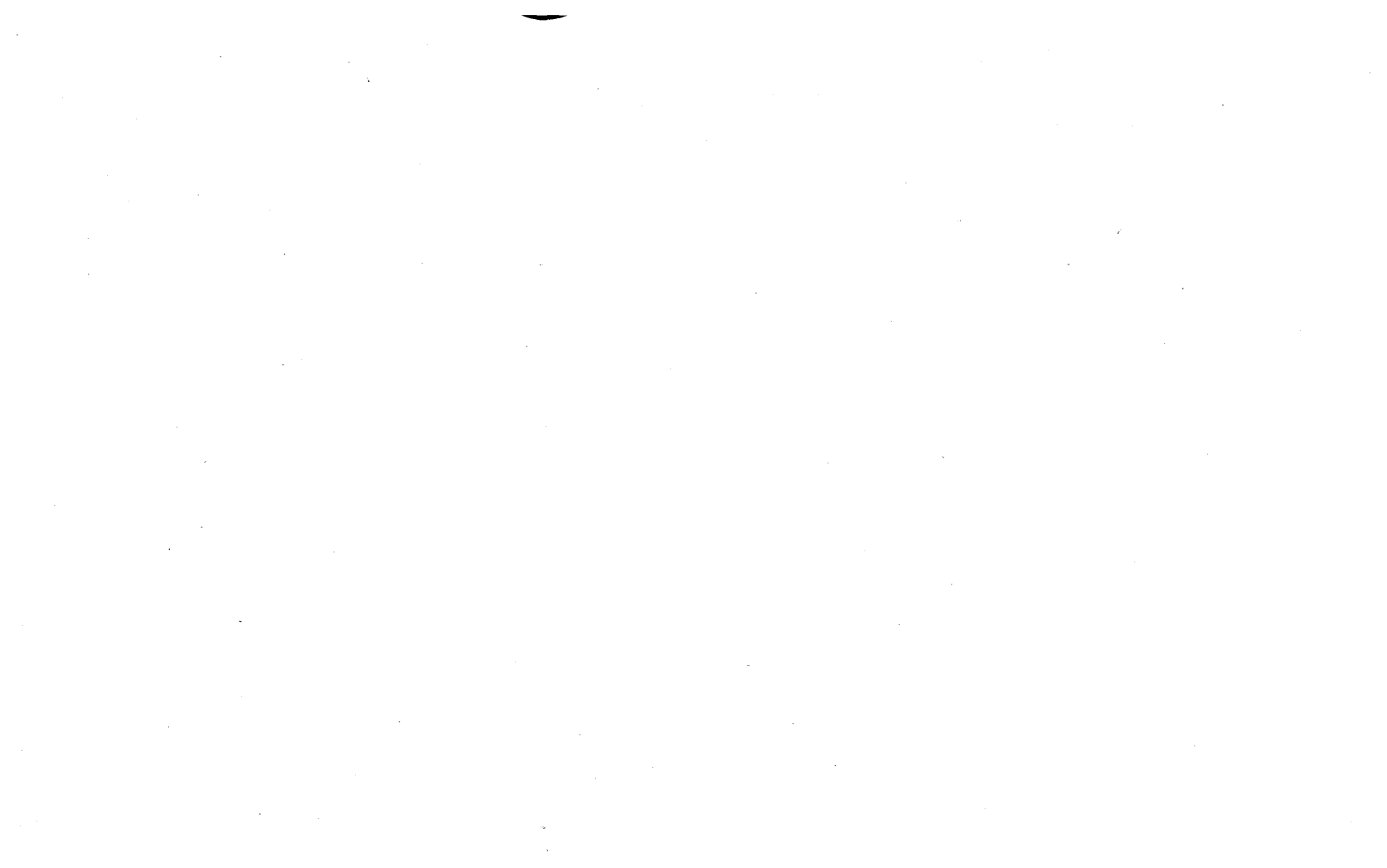
Dr. H. S. Frost has been engaged in dentistry for the patients since last spring, and has found a large amount of urgent dental work to be done. The following changes in the medical staff have taken place:

Dr. James W. Crane resigned as assistant physician in the spring and Dr. Herbert E. Thompson was appointed as pathologist.

Dr. Hattie E. Chalmers was appointed assistant physician in September, succeeding Dr. Mary P. Mitchell, who resigned in June.



Men's Ward, Tubercular Hospital, Eastern Maine Insane Hospital



TUBERCULAR HOSPITAL.

The hospital for tubercular patients was opened Feb. 22, 1910. This building makes ample provision for twenty patients of each sex and is a complete hospital plant in itself. Here tuberculosis can be treated under ideal conditions. Its beneficial effects are already apparent by the improved health of all the patients now under treatment, very few of whom present any objective signs of the disease. Up to the end of the hospital year twenty-two men and twenty-nine women had been treated here and there have been seven deaths. The value of such a hospital lies not only in the benefit derived by the victims of tuberculosis themselves, but also in the opportunity it affords for the segregation of these patients, and the consequent diminution in the risk of infection not only to fellow patients but also to the hospital staff.

FARM AND GROUNDS.

The work accomplished under the direction of the head farmer has been considerably in excess of that of former years. Not only did the farm and garden yield the best yet produced, but this was accomplished in spite of the delay in the spring work occasioned by an unusual amount of grading and walk building which was done by the farm crew. Their work included grading about the tuberculosis building, the construction of a walk from the pines to State Street, a distance of 1600 feet, resurfacing with rock and gravel all of the roads about the grounds, the laying of 1300 feet of water pipe to the piggery and the clearing of some ten acres of waste land.

REPAIRS AND IMPROVEMENTS.

A large amount of work in the engineering department has been made necessary during the year by the growth of the plant. This includes the installation of a new dynamo and engine, the moving and enlarging of the switchboard, installation of Watt meters, a boiler feed pump, and a receiving tank in the boiler room. A sterilizer and disinfector for clothing, bedding, etc., has been erected in a room adjoining the laundry. A dish washing machine has been installed in the congregate dining room, the serving room in Building "B" renovated, and a hot closet

installed. The electric light line has been carried to the farmhouse, barn and the vegetable cellar, a water main to the pig-gery, and the stable has been rewired. A new air compressor pump has been installed to replace the old deep well pump.

The old kitchen range has been replaced by a new one of larger capacity, and an additional steam kettle erected in the kitchen. New and larger scales have replaced the old ones for weighing coal, etc. A room adjoining the steward's office has been taken and refitted for use as a vault for keeping records, etc., the old vault being entirely inadequate to meet the present needs of the hospital. Extensive repairs have been necessary in the toilet rooms in Building "E," the flooring being relaid in cement and the fixtures renewed and reset, and two additional bathrooms provided in Buildings "C" and "B." Extensive repairs at the stable were found necessary in the fall by the rotting away of the sills and floor supports and a new floor was laid. The sewing room has been moved from Building "A" to the third floor of "D," where ample provision has been made for storing supplies, a cutting table of good capacity placed in the center of the day room and the sewing machines for heavy work equipped with electric motors. We now have a large, pleasant, well equipped and easily accessible sewing room where a much larger number of patients may be employed than has heretofore been possible.

A stairway has been built connecting the second and third floors in the Superintendent's apartments in Building "B."

A new mangle has been purchased replacing the old worn out machine in use since the opening of the hospital, and a moving picture outfit has been erected in a room on 4th floor "B" adjoining the chapel.

A wagon and tool shed has been erected to the north of the farm barn, and a new roof put upon the old vegetable cellar.

IMPROVEMENTS DESIRED.

The enlargement of the hospital necessitates the immediate provision of adequate storage room by the enlargement of our present store to a size sufficient to permit of an economical purchase, handling and distribution of supplies. In connection with this, it is desirable to install a refrigerating plant, which would put us in a position to take advantage of the market in purchasing

meat, eggs, etc., thereby effecting a considerable saving each year. We would, also, be thus enabled to make ice for ward use to replace the ice now being cut from the Penobscot River, and which is unfit for drinking purposes. We have plans and estimates for this and will need an appropriation of \$11,000.

It seems very desirable for the institution to have a herd of cows to furnish us a milk supply, over which we would have full control and also for the improvement of the farm. We can undoubtedly produce milk at less than we now pay, and as we at the present have to buy our fertilizer there would undoubtedly be material advantage to the farm from this item alone, as well as an additional economy by its production. Plans have been made for a barn so constructed that it can be administered on modern sanitary principles and with ample storage capacity for 100 tons of hay and a 200-ton silo, at an estimated cost of \$14,000. An additional amount (\$2500.) would be needed for the purchase of a small herd and a sum of \$3500. for pasturage.

We need a cottage for the Chief Engineer of the hospital. This official now lives in the city, no suitable provision being made for him on the grounds, and to my mind it is of great importance that he be always within call because of the ever present possibility of fire or serious accident to the heating or lighting system when his immediate presence would be urgently required. An appropriation of \$3000. would be sufficient for this purpose.

The new building "F" gives us excellent facilities for the treatment of men patients suffering from acute psychoses and for disturbed patients, having as it does, continuous baths and a separate wing for noisy patients. In order that our equipment for the up-to-date treatment of our women patients may be equally complete, I wish to urge the addition to building "C" of a wing three stories in height, conforming in architecture to the main building and containing fourteen rooms on the first two floors, with continuous baths and verandas, the latter affording opportunity for open-air treatment of certain acute cases, and with a dormitory of twenty-five beds on the third floor. This addition, completely equipped and furnished can be erected at a cost not to exceed \$35,000., and with it we would have a hospital as well equipped as any in the country for the modern treatment of psychosis.

ACKNOWLEDGEMENTS.

Again we are indebted to the generosity of Mrs. George Fred Godfrey who has given \$100 worth of books for the patients' library, the nucleus of which was furnished by a like contribution from her last year.

Another delightful concert by Mr. H. M. Pullen and his orchestra was in the spring added to the long list of those so generously contributed by them for the entertainment of the patients. We have, also enjoyed several musical evenings through the kindness of Mr. B. Parker Childs of Boston, Mass., Miss Stella Durell and Miss Josephine Durell of Melrose, Mass., and Mr. Frank W. Goodrich. The University of Maine Glee Club gave us a concert which was much appreciated.

For flowers, reading matter, candy, fruit and numerous other contributions we would make grateful acknowledgment to the following donors:

Rice & Miller; Mr. R. A. Jordan; Mrs. Lawrence Smythe; Mrs. Wm. Engel; Mr. Thomas White; Mrs. Abby F. Godfrey; Miss Julia Barnard; Mr. W. W. Talbert; Miss Sylvia Engel; Mr. F. C. Chalmers; Mrs. Chas. F. Snow; Unitarian Church; Tarratine Club and Madockawando Club.

It gives me pleasure to commend the officers and employes for faithfulness to their duties and for their interest in the welfare of the hospital. I am deeply appreciative of the work of those nurses and attendants who have been mindful of the spirit as well as the letter of the hospital regulations and have worked for the benefit of the unfortunates under their care. To the members of the medical staff I am much indebted for loyal co-operation and for painstaking work in the administration of the hospital.

The visiting committee from the Governor and Council have been ever helpful by their regular visits and timely suggestions.

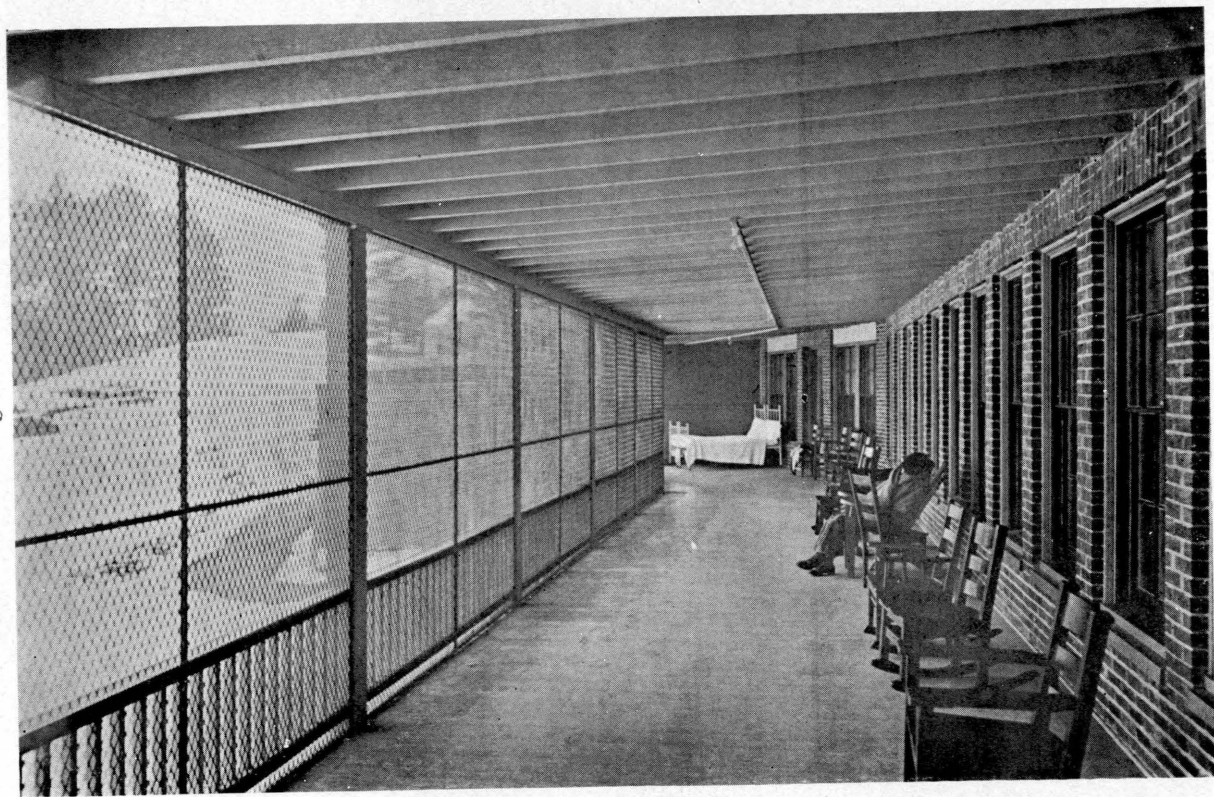
To every member of your Honorable Board I am deeply grateful for helpful counsel, cordial support and encouragement.

Respectfully submitted,

FREDERICK L. HILLS,

Superintendent.

Nov. 30, 1910.



Women's Veranda, Tubercular Hospital, Eastern Maine Insane Hospital



MEDICAL STATISTICS, 1910.

TABLE NO. 1.
GENERAL STATISTICS OF THE YEAR.

	Men.	Women.	Totals.
Patients in hospital, Dec. 1, 1909.....	158	146	304
On visit Dec. 1, 1909.....	6	20	26
Admitted within the year.....	87	148	235
viz.: by commitment.....	77	86	163
by transfer.....	10	61	71
from visit.....	-	1	1
from escape.....	-	-	-
Whole number of cases within the year.....	251	314	565
Dismissed within the year.....	73	87	160
viz.: discharged.....	29	40	69
as recovered, at time of leaving hospital.....	9	12	21
as capable of self-support.....	4	4	8
as improved.....	10	14	24
* as not improved.....	6	10	16
as not insane.....	-	-	-
died.....	28	26	54
transferred.....	1	-	1
escaped.....	2	-	2
on visit Dec. 1, 1910.....	13	21	34
Patients remaining Nov. 30, 1910.....	178	227	405
viz.: supported as State patients.....	158	183	341
in full by relatives.....	10	10	20
in part by relatives.....	9	29	38
private means.....	1	5	6
Number of different persons within the year.....	245	294	539
Number of different persons admitted.....	87	148	235
Number of different persons admitted by commitment.....	77	86	163
Number of different persons dismissed.....	73	87	160
Number of persons recovered.....	9	12	21
Number of persons discharged, capable of self-support.....	4	4	8
Daily average number of patients.....	171.2	205.2	376.4

* 1 transfer, male, included in discharges, as not improved.

TABLE NO. 2.
INSANE RECEIVED ON FIRST AND SUBSEQUENT ADMISSIONS.

	CASES ADMITTED.		
	Men.	Women.	Totals.
First to this hospital.....	80	107	187
Second to this hospital.....	7	38	45
Third to this hospital.....	-	2	2
Fourth to this hospital.....	-	1	1
Total cases.....	87	148	235
Total persons.....	87	148	235
Never before in any hospital for the insane.....	65	67	132

TABLE NO. 3.

OCCUPATIONS OF PERSONS ADMITTED.

	Men.	Women.	Totals.		Men.	Women.	Totals.
Actress.....	-	1	1	Nurses.....	-	2	2
Bellboy.....	1	-	1	Painter.....	1	-	1
Blacksmiths.....	2	-	2	Pedler.....	1	-	1
Book-keepers.....	-	2	2	Post office clerk.....	1	-	1
Building contractor.....	1	-	1	Pressman.....	1	-	1
Butcher.....	1	-	1	Printer.....	1	-	1
Carriage driver.....	1	-	1	Pulp mill operative.....	1	-	1
Carpenters.....	3	-	3	Railroad conductor.....	1	-	1
Card grinder.....	1	-	1	Railroad section hand.....	1	-	1
City clerk.....	1	-	1	Sailor.....	1	-	1
Clerk.....	-	1	1	Saw mill operatives.....	3	-	3
Cobbler.....	1	-	1	School teachers.....	1	4	5
Contracting mason.....	1	-	1	Sea captain.....	1	-	1
Cook.....	-	1	1	Shoe factory operative.....	-	1	1
Domestics.....	-	16	16	Steam engineer.....	1	-	1
Dressmakers.....	-	8	8	Steam fitter.....	1	-	1
Farmers.....	16	-	16	Steward.....	1	-	1
Fishermen.....	2	-	2	Student.....	1	-	1
Forester.....	1	-	1	Student, Business College.....	1	-	1
Gardener.....	1	-	1	Student of law.....	1	-	1
Grocer.....	1	-	1	Street car conductor.....	1	-	1
Housekeepers.....	-	10	10	Tanner.....	1	-	1
Housewives.....	-	71	71	Teamster.....	1	-	1
Laborers.....	16	-	16	Waitress.....	-	1	1
Lawyer.....	1	-	1	Waiter.....	1	-	1
Laundress.....	-	1	1	Weavers.....	1	1	2
Lumber scaler.....	1	-	1	Woodsman.....	1	-	1
Mill operatives.....	-	2	2	Woodworker.....	1	-	1
Musician.....	1	-	1				
Mine operator.....	1	-	1	Totals.....	87	145	232
None.....	4	23	27	Unknown.....	-	3	3
Nightwatchman.....	1	-	1				
Newsboy.....	1	-	1	Totals.....	87	148	235

TABLE NO. 4.
RESIDENCE OF PERSONS ADMITTED.

PLACES.	Men.	Women.	Totals.	PLACES.	Men.	Women.	Totals.
Abbot.....	-	1	1	Lewiston.....	-	1	1
Acadia.....	-	1	1	Liberty.....	-	1	1
Alton.....	-	1	1	Lincoln.....	-	1	1
Amity.....	1	-	1	Lincolnton.....	-	2	2
Ashland.....	-	3	3	Lubec.....	-	1	1
Auburn.....	-	1	1	Machias.....	2	1	3
Augusta.....	1	-	1	Madison.....	1	-	1
Bangor.....	9	14	23	Mattawamkeag.....	-	2	2
Bath.....	-	1	1	Medway.....	-	1	1
Bar Harbor.....	7	1	8	Milford.....	-	1	1
Belfast.....	-	8	8	Milbridge.....	3	2	5
Belgrade.....	-	1	1	Milo.....	-	1	1
Benedicta.....	1	-	1	Millinocket.....	1	-	1
Biddeford.....	-	1	1	Milltown.....	-	1	1
Blanchard.....	-	1	1	Morrill.....	-	1	1
Bluehill.....	-	1	1	Mt. Desert.....	-	1	1
Brewer.....	1	1	2	Newport.....	1	-	1
Bridgewater.....	1	-	1	North Berwick.....	1	-	1
British Provinces.....	3	1	4	North Brooksville.....	-	1	1
Bucksport.....	3	-	3	Northport.....	-	2	2
Calais.....	1	5	6	North Sullivan.....	-	1	1
Caribou.....	1	-	1	Oldtown.....	4	4	8
Carmel.....	1	1	2	Orland.....	1	2	3
Castine.....	1	-	1	Orono.....	2	1	3
Charleston.....	-	1	1	Oxford.....	-	1	1
Cherryfield.....	-	1	1	Paris.....	-	1	1
Corea.....	-	1	1	Parkman.....	-	1	1
Corinth.....	1	-	1	Patten.....	1	-	1
Danforth.....	-	1	1	Pembroke.....	1	-	1
Dennysville.....	-	1	1	Perham.....	-	1	1
Dexter.....	1	1	2	Portland.....	2	1	3
Dixmont.....	1	-	1	Presque Isle.....	2	2	4
Dover.....	-	4	4	Rockport.....	-	1	1
Eagle Lake.....	1	-	1	Sallsbury Cove.....	-	1	1
East Machias.....	-	1	1	Sangerville.....	-	1	1
Eastport.....	3	3	6	Searsmont.....	1	1	2
Eden.....	1	-	1	Searsport.....	-	3	3
Ellsworth.....	2	1	3	Smyrna.....	-	1	1
Ellsworth Falls.....	-	1	1	South Orrington.....	-	1	1
Enfield.....	2	-	2	Stacyville.....	1	-	1
Etna.....	-	1	1	Steuben.....	-	1	1
Exeter.....	-	1	1	St. Albans.....	-	1	1
Farmington.....	1	-	1	Stonington.....	-	1	1
Foxcroft.....	-	1	1	Surry.....	-	1	1
Freeport.....	1	1	2	Topsfield.....	1	2	3
Garland.....	1	1	2	Tremont.....	-	5	5
Glenburn.....	1	1	2	Trescott.....	-	1	1
Golden Ridge.....	-	1	1	Troy.....	-	1	1
Greenbush.....	2	-	2	Union.....	1	-	1
Greenfield.....	-	1	1	Unity.....	-	3	3
Greenville.....	1	-	1	Veazle.....	-	1	1
Gulfport.....	-	2	2	Weston.....	1	-	1
Hampden.....	1	2	3	Winslow.....	1	-	1
Hancock.....	1	1	2	Windsor.....	1	-	1
Harrington.....	-	2	2	Woodland.....	1	-	1
Herron.....	1	-	1	Whiting.....	-	1	1
Holden.....	-	1	1	Other New Engl'nd states.....	2	-	2
Houlton.....	-	4	4	Other states.....	1	-	1
Isleborough.....	-	1	1				
Island Falls.....	-	1	1	Totals.....	87	147	234
Jonesboro.....	-	1	1	Unknown.....	-	1	1
Kennebunkport.....	-	1	1				
Kingman.....	-	1	1	Totals.....	87	148	235

TABLE NO. 5.
CIVIL CONDITIONS OF PERSONS ADMITTED.

	Men.	Women.	Totals.
Unmarried.....	47	58	105
Married.....	25	74	99
Widowed.....	12	10	22
Divorced.....	3	6	9
Totals.....	87	148	235

TABLE NO. 6.
NATIVITY AND PARENTAGE OF PERSONS ADMITTED.

PLACES OF NATIVITY.	MEN.			WOMEN.			TOTALS.		
	Patients.	Fathers.	Mothers.	Patients.	Fathers.	Mothers.	Patients.	Fathers.	Mothers.
Maine.....	63	50	49	114	72	73	177	122	122
Other New England States.....	4	3	4	2	3	1	6	6	5
Other States.....	-	-	-	2	-	-	2	-	-
Total native.....	67	53	53	118	75	74	185	128	127
Other countries:-									
British Provinces.....	13	16	17	17	17	12	30	33	29
England.....	1	2	1	-	-	1	1	2	2
Finland.....	-	-	-	-	1	-	-	1	-
Germany.....	-	-	-	-	1	-	-	1	-
Ireland.....	1	5	5	1	3	4	2	8	9
Italy.....	-	-	-	1	1	1	1	1	1
Russia.....	-	-	-	1	2	2	1	2	2
Sweden.....	1	1	1	3	2	2	4	3	4
Scotland.....	2	2	2	1	2	2	3	4	4
Switzerland.....	-	-	-	1	1	1	1	1	1
Total foreign.....	18	26	26	25	30	26	43	56	52
Unknown.....	2	8	8	5	43	48	7	51	56
Totals.....	87	87	87	148	148	148	235	235	235

TABLE NO. 7.

AGES OF INSANE AT FIRST ATTACK, ADMISSION AND DEATH.

AGES.	ADMITTED.						DIED.			At time of death.		
	At first attack.			When admitted.			At first attack.			At time of death.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
Congenital	2	8	10	-	-	-	-	-	-	-	-	-
15 years and less	2	1	3	-	-	-	-	-	-	-	-	-
From 15 to 20 years	12	14	26	6	1	7	2	-	2	1	-	1
20 to 25 years	8	18	26	9	6	15	1	-	1	1	-	1
25 to 30 years	12	20	32	10	14	24	1	4	5	-	2	2
30 to 35 years	10	19	29	7	20	27	2	3	5	2	-	3
35 to 40 years	7	16	23	6	19	25	2	-	2	-	-	1
40 to 45 years	8	9	17	12	12	24	3	2	10	6	-	6
45 to 50 years	8	9	17	10	17	27	3	2	5	3	2	5
50 to 60 years	6	12	18	12	29	41	3	4	7	4	6	10
60 to 70 years	4	5	9	7	11	18	2	5	7	6	3	9
70 to 80 years	4	5	9	4	7	11	4	2	6	2	6	8
Over 80 years	1	1	2	3	8	11	-	-	-	2	2	4
Totals	84	137	221	86	144	230	28	22	50	28	24	52
Unknown	3	11	14	1	4	5	-	4	4	-	2	2
Totals	87	148	235	87	148	235	28	26	54	28	26	54

TABLE NO. 8.
PROBABLE CAUSES OF MENTAL DISEASE IN PERSONS ADMITTED.

EXCITING CAUSES.	ADMITTED.			PREDISPOSING CAUSES.					
				Hereditary tendency.			Alcoholic intemperance.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
1.—Physical diseases and injuries :									
Acute articular rheumatism.....	-	1	1	-	1	1	-	-	-
Arterio-sclerosis.....	6	10	16	2	2	4	4	-	4
Deaf mutism.....	-	1	1	-	1	1	-	-	-
Diabetes mellitus.....	1	-	1	-	-	-	-	-	-
Diabetes insipidus.....	1	-	1	1	-	1	1	-	1
Epilepsy.....	4	2	6	-	-	-	-	-	-
Exophthalmic—goitre.....	-	1	1	-	1	1	-	-	-
Fracture of spine.....	1	-	1	-	-	-	-	-	-
Gun shot wound in leg.....	1	-	1	1	-	1	-	-	-
General Senility.....	-	2	2	-	-	-	-	-	-
Inguinal adenitis.....	1	-	1	1	-	1	-	-	-
Injury to head.....	1	-	1	-	-	-	1	-	1
Injury to spine.....	-	1	1	-	1	1	-	-	-
La Grippe.....	-	1	1	-	-	-	-	-	-
Nephritis.....	1	-	1	1	-	1	-	-	-
Operation, rectal fistula.....	-	1	1	-	-	-	-	-	-
Operation, ovariectomy.....	-	3	3	-	1	1	-	-	-
Organic heart disease.....	-	1	1	-	1	1	-	-	-
Perniciou anaemia.....	-	1	1	-	1	1	-	-	-
Pulmonary tuberculosis.....	1	-	1	-	-	-	-	-	-
Syphilis.....	13	4	17	-	2	2	10	-	10
Typhoid fever.....	1	2	3	1	1	2	-	-	-
Varicella.....	-	1	1	-	-	-	-	-	-
2.—Intoxications and poisons :									
Alcohol.....	17	-	17	7	-	7	17	-	17
Bromides.....	-	1	1	-	1	1	-	-	-
Bromides and epilepsy.....	1	-	1	-	-	-	-	-	-
Morphine.....	1	-	1	-	-	-	1	-	1
Morphine and cocaine.....	-	1	1	-	-	-	-	1	1
3.—Material circumstances :									
Loss of position.....	2	-	2	-	-	-	-	-	-
Lack of work.....	1	-	1	-	-	-	-	-	-
Loss of property.....	1	1	2	1	1	2	-	-	-
Poverty.....	-	1	1	-	1	1	-	-	-
4.—Sorrow and bereavement :									
Grief, death of child.....	-	2	2	-	1	1	-	-	-
“ death of husband.....	-	1	1	-	-	-	-	-	-
“ death of son.....	-	1	1	-	-	-	-	-	-
“ death of brother.....	1	-	1	1	-	1	1	-	1
“ death of mother.....	-	3	3	-	2	2	-	-	-
Worry, intemperate father.....	-	1	1	-	-	-	-	-	-
“ intemperate husband.....	-	2	2	-	1	1	-	-	-
Disappointment in love.....	1	5	6	1	3	4	-	-	-
5.—Domestic difficulties :									
Abuse.....	1	-	1	1	-	1	-	-	-
Infidelity of husband.....	-	1	1	-	-	-	-	-	-
Desertion of husband.....	-	1	1	-	-	-	-	-	-
Incompatibility.....	-	3	3	-	2	2	-	-	-
6.—Exhaustive influences :									
Exposure to cold.....	-	1	1	-	-	-	-	-	-
Overstudy.....	1	-	1	1	-	1	-	-	-
Overwork.....	1	2	3	-	1	1	1	1	1

TABLE NO. 8—CONCLUDED.

PROBABLE CAUSES OF MENTAL DISEASE IN PERSONS ADMITTED—CONCLUDED.

EXCITING CAUSES.	ADMITTED.			PREDISPOSING CAUSES.					
				Hereditary tendency.			Alcoholic intemperance.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
7.—Causes in connection with re- production:									
Lactation.....	-	3	3	-	2	2	-	-	-
Lactation and pneumonia.....	-	1	1	-	-	1	-	-	-
Menopause.....	-	1	1	-	1	1	-	-	-
Pregnancy and epilepsy.....	-	1	1	-	-	1	-	-	-
Puerperium.....	-	4	4	-	-	-	-	-	-
8.—Sexual incidents:									
Seduction.....	-	1	1	-	1	1	-	-	-
9.—Unknown.....	27	78	105	12	29	41	6	-	6
Totals.....	87	148	235	31	59	90	42	1	43

TABLE NO. 9.

PROBABLE DURATION OF MENTAL DISEASE BEFORE ADMISSION.

PREVIOUS DURATION.	ADMITTED.		
	Men.	Women.	Totals.
Congenital.....	2	8	10
Under 1 month.....	14	8	22
From 1 to 3 months.....	4	12	16
3 to 6 months.....	6	4	10
6 to 12 months.....	6	11	17
1 to 2 years.....	5	8	13
2 to 5 years.....	17	19	36
5 to 10 years.....	14	14	28
10 to 20 years.....	11	27	38
Over 20 years.....	5	31	36
Totals.....	84	142	226
Unknown.....	3	6	9
Totals.....	87	148	235

TABLE No. 10.
DISCHARGES OF THE INSANE, CLASSIFIED BY ADMISSION AND RESULT, AND DEATHS.

NUMBER OF THE ADMISSIONS.	RECOVERED.			CAPABLE OF SELF-SUPPORT.			IMPROVED.			NOT IMPROVED.			DIED.			AGGREGATES.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
First to this hospital	5	6	11	3	4	7	10	12	22	7	8	15	27	23	50	52	53	105
Second to this hospital.....	3	5	8	1	-	1	-	2	2	-	2	2	1	3	4	5	12	17
Third to this hospital.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fourth to this hospital.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	1	1
Fifth to this hospital.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1
Total cases.....	9	12	21	4	4	8	10	14	24	7	10	17	28	26	54	58	66	124
First admitted to any hospital... ..	5	6	11	2	3	5	9	11	20	7	8	15	22	17	39	45	45	90

TABLE No. 11.

DURATION OF MENTAL DISEASE AND ITS TREATMENT IN PATIENTS RECOVERED AND DIED.

PERIOD.	RECOVERED.								
	Duration before admission.			Hospital Residence.			Whole duration.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
A.—Recovered :									
Under 1 month.....	6	4	10	1	1	2	1	-	1
From 1 to 3 months.....	-	3	3	3	1	4	1	-	1
3 to 6 months.....	3	4	7	4	6	10	3	5	8
6 to 12 months.....	-	-	-	1	3	4	4	4	8
1 to 2 years.....	-	-	-	-	-	-	-	1	1
2 to 5 years.....	-	-	-	-	1	1	-	1	1
5 to 10 years.....	-	-	-	-	-	-	-	-	-
10 to 20 years.....	-	1	1	-	-	-	-	1	1
Over 20 years.....	-	-	-	-	-	-	-	-	-
Totals.....	9	12	21	9	12	21	9	12	21
Unknown.....	-	-	-	-	-	-	-	-	-
Totals.....	9	12	21	9	12	21	9	12	21
	DIED.								
B.—Died :									
Congenital.....	-	-	-	-	-	-	-	-	-
Under 1 month.....	2	2	4	8	4	12	-	-	2
From 1 to 3 months.....	2	3	5	4	3	7	-	1	1
3 to 6 months.....	-	1	1	6	4	10	-	2	2
6 to 12 months.....	5	4	9	4	3	7	4	1	5
1 to 2 years.....	3	3	6	3	4	7	2	4	6
2 to 5 years.....	8	5	13	3	4	7	11	7	18
5 to 10 years.....	6	1	7	-	4	4	7	3	10
10 to 20 years.....	2	-	2	-	-	-	1	1	2
Over 20 years.....	-	6	6	-	-	-	1	6	7
Totals.....	28	25	53	28	26	54	28	25	53
Unknown.....	-	1	1	-	-	-	-	1	1
Totals.....	28	26	54	28	26	54	28	26	54

TABLE NO. 12.
FORM OF MENTAL DISEASE IN PERSONS ADMITTED, DISCHARGED, WITH CONDITION ON DISCHARGE, OR DEATH.

FORM OF DISEASE.	ADMITTED.			DISCHARGED.																	
				Recovered.			Capable of self-support.			Improved.			Not improved.			Deaths.			Total discharges and deaths.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
A. — First admission to any hospital:																					
Alcoholic psychoses.....	15	-	15	4	-	4	1	-	1	1	-	1	-	-	-	1	-	1	7	-	7
Manic—depressive psychoses...	6	4	10	1	3	4	1	-	1	1	3	4	-	2	2	-	1	1	3	9	12
Allied to manic—depressive psychoses.....	-	3	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Dementia præcox.....	7	11	18	-	-	-	-	2	2	3	1	4	3	2	5	1	2	3	7	7	14
Allied to dementia præcox.....	1	3	4	-	-	-	-	-	-	1	1	2	1	1	2	-	-	-	-	-	-
Dementia paralytica.....	10	7	17	-	-	-	-	-	-	-	-	-	1	-	1	10	5	15	11	5	16
Senile psychoses.....	3	4	7	-	-	-	-	-	-	-	-	-	-	-	-	2	1	3	3	1	4
Constitutional inferiority.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1	-	-	-
Depression undifferentiated.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1	1	-	1
Paranote conditions.....	1	2	3	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-	1	1
Psychosis with other brain diseases.....	7	7	14	-	-	-	-	-	-	-	1	1	-	-	-	5	5	10	5	6	11
Epileptic psychoses.....	5	3	8	-	-	-	-	-	-	-	-	-	-	-	-	1	1	2	1	1	2
Infective—exhaustive psychoses.....	3	10	13	-	2	2	-	-	-	1	1	2	1	1	2	1	3	4	3	7	10
Depressive hallucinosis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Imbecility.....	1	2	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Involution melancholia.....	-	3	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Terminal demented condition.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Drug psychoses.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hysterical psychoses.....	-	1	1	-	1	1	-	-	-	-	1	1	-	1	1	-	-	-	-	3	3
Psychasthenic psychosis.....	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	1	1
Unclassified.....	5	3	8	-	-	-	-	1	1	1	2	3	1	-	1	-	-	-	2	3	5
Totals.....	65	67	132	5	6	11	2	3	5	9	11	20	7	8	15	22	17	39	45	45	90

TABLE No. 13.
CAUSES OF DEATH, AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED.

CAUSES OF DEATH.	Aggregate.			Alcoholic psychoses.			Dementia paralytica.			Dementia praecox.			Epileptic psychoses.			Infective-exhaustive psychoses.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
General Diseases:																		
Carcinoma of uterus.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Exhaustion from dementia praecox....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Exhaustion from general paralysis....	1	4	5	-	-	-	1	4	5	1	-	1	-	-	-	-	-	-
Multiple abscesses.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pernicious anæmia.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Septicæmia, infection of buttocks.....	1	-	1	-	-	-	1	-	1	-	-	-	-	-	-	-	1	1
Septicæmia, infection of parotid gland.....	-	1	1	-	-	-	-	1	1	-	-	-	-	-	-	-	1	1
Septicæmia, sacral bed sores.....	1	1	2	-	-	-	1	1	2	-	-	-	-	-	-	-	-	-
Diseases of the nervous system:																		
Cerebral embolism.....	2	1	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cerebral hemorrhage.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Convulsive seizures.....	7	-	7	-	-	-	7	-	7	-	-	-	-	-	-	-	-	-
Peripheral neuritis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the circulatory system:																		
Arterio sclerosis.....	2	3	5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Valvular heart disease.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the respiratory system:																		
Broncho-pneumonia.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Lobar-pneumonia.....	2	1	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Miliary tuberculosis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pulmonary tuberculosis.....	4	3	7	1	-	1	-	-	-	1	3	4	-	-	-	1	-	1
Tonsillitis.....	1	1	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the digestive system:																		
Enteritis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Enteritis and pulmonary tuberculosis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Enterocolitis.....	3	-	3	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the genito-urinary system;																		
Interstitial nephritis.....	2	3	5	-	-	-	1	-	1	-	1	1	-	-	-	-	-	-
Totals.....	28	26	54	2	-	2	11	6	17	2	4	6	1	-	1	1	3	4

TABLE No. 13—CONCLUDED.
CAUSES OF DEATH, AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED—Concluded.

CAUSES OF DEATH.	Manic depressive psychoses.			Psychoses with other brain disease.			Senile psychoses.			Terminal dementia.			Undifferentiated depression.		
	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.	Men.	Women.	Totals.
General diseases:															
Carcinoma of uterus.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Exhaustion from dementia præcox.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Exhaustion from general paralysis.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Multiple abscesses.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pernicious anæmia.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Septicæmia, infection of buttocks.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Septicæmia, infection of parotid gland.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Septicæmia, sacral bed sores.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the nervous system:															
Cerebral embolism.....	-	-	-	-	2	1	2	-	-	-	-	-	-	-	-
Cerebral hemorrhage.....	-	-	-	1	-	-	1	-	-	-	-	-	-	-	-
Convulsive seizures.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Peripheral neuritis.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of the circulatory system:															
Arterio sclerosis.....	-	-	-	-	2	3	5	-	-	-	-	-	-	-	-
Valvular heart disease.....	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-
Diseases of the respiratory system:															
Broncho-pneumonia.....	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-
Lobar-pneumonia.....	-	-	-	-	1	1	-	1	1	-	-	-	-	-	-
Miliary tuberculosis.....	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-
Pulmonary tuberculosis.....	1	-	1	-	-	-	-	1	1	-	-	-	-	-	-
Tonsillitis.....	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-
Diseases of the digestive system:															
Enteritis.....	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-
Enteritis and pulmonary tuberculosis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Enterocolitis.....	1	-	1	-	-	-	-	-	-	-	-	-	1	-	1
Diseases of the genito-urinary system:															
Interstitial nephritis.....	1	-	1	-	1	1	-	1	1	-	-	-	-	-	-
Totals.....	3	2	5	5	6	11	2	4	6	-	1	1	1	-	1

TABLE No. 14.

SHOWING THE OPERATION OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

Year.	Admitted.	Discharged.	Whole number under treatment.	Recovered.	Improved.	Unimproved.	Died.	Greatest number in hospital on any day.	Least number in hospital on any day.	Remaining at the end of year.	Daily average number for year.
1901	214	16	214	10	4	2	5	137	166	193	182
1902	111	68	304	37	26	5	27	219	188	309	206
1903	118	85	327	34	16	2	26	238	214	216	224
1904	135	82	351	47	27	6	15	255	215	354	232
1905	116	88	370	50	26	2	32	273	249	249	261.6
1906	129	83	378	-	-	-	31	276	219	327	254.1
1907	126	93	346	24	19	8	26	264	213	363	234.4
1908	140	112	403	29	23	19	28	262	232	291	279.8
1909	139	45	419	12	12	13	44	319	290	330	303
1910	235	69	538	21	24	17	54	415	304	405	376.4

RESULTS OF TREATMENT.

Recoveries.	Per cent.
On number admitted excluding transfers and paroled patients....	12 80
On number discharged	30 43
Improved and capable of self-support.	
On number admitted excluding transfers and paroled patients....	19 51
On number discharged	46 37
Deaths.	
On number admitted	22 97
On number discharged	33 75
On total number treated	10 01

TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospitals:

I herewith present my report of the financial standing of the Eastern Maine Insane Hospital for the year ending November 30, 1910.

Total Receipts and Disbursements of Cash for the Year Ending November 30, 1910.

DR.	
Balance cash on hand, Dec. 1, 1909.....	\$10,223 99
Receipts from State appropriations.....	200,608 51
Receipts for year, hospital account.....	64,897 29
	\$275,729 79
CR.	
Disbursement for year.....	\$261,769 38
Balance, cash on hand, Nov. 30, 1910.....	18,960 41
	\$275,729 79

Statement of Liabilities and Quick Assets, November 30, 1910.

RESOURCES.	
Cash on hand.....	\$18,960 41
Due from private means patients (for support).....	9,848 67
Due from sundry persons and firms.....	355 90
Due from State on manifests unpaid (special appropriations).....	6,888 11
Due from State on maintenance appropriation.....	23,736 36
	\$54,789 45
LIABILITIES.	
Audited vouchers.....	\$34,730 60
Balance, net resources.....	20,058 85
	\$54,789 45

Respectfully submitted,
CHARLES S. PEARL,
Treasurer.

STEWARD'S REPORT.

To the Trustees of the Maine Insane Hospitals:

I herewith present my report of the financial affairs of the Eastern Maine Insane Hospital, showing resources, liabilities and department expenditures for the year ending November 30, 1910.

Statement of Income and Expenses for the Year Ending November 30, 1910.

INCOME.			
Farm, miscellaneous, sales and materials used.....		\$4,860 02	
Board of patients.....		23,187 57	
Board of employees.....		15,099 74	
Interest and discount.....		262 33	
Appropriation from State for salaries of officers.....		7,733 18	
Appropriation from State for maintenance.....		98,736 36	\$149,379 20
EXPENSES.			
Stable, labor.....	\$1,072 19		
" equipment.....	261 10		
" repairs to equipment.....	378 83		
" hay.....	178 71		
" feed.....	388 85		
" horses.....	50 00		
" miscellaneous.....	372 13	\$2,701 81	
Administration expense, clerk hire.....	\$2,690 60		
" " telephone and telegraph...	216 63		
" " office supplies.....	805 86		
" " books and periodicals.....	20 58		
" " traveling expense.....	286 81		
" " miscellaneous.....	475 07	4,495 05	
Farm, labor.....	\$1,956 35		
" equipment.....	168 19		
" repairs to equipment.....	97 46		
" feed.....	338 28		
" fertilizer, seeds, etc.....	1,820 42	3,880 70	
Maintenance of property, labor.....	\$10,433 96		
" " materials.....	4,438 62		
" " insurance.....	218 28		
" " miscellaneous.....	571 51	15,762 37	
Light, heat and power, labor.....	\$5,623 36		
" " " coal.....	15,170 81		
" " " electric current purchased..	1,191 15		
" " " electric supplies.....	139 09		
" " " pipe and fittings.....	273 59		
" " " miscellaneous.....	1,198 86	23,601 86	

**Statement of Income and Expenses for the Year Ending
November 30, 1910—Concluded.**

General supplies, groceries.....	\$42,784 82		
" " dry goods.....	1,247 75		
" " hospital furnishings.....	8,346 30		
" " dispensary.....	1,132 97		
" " water.....	1,510 24		
" " ice.....	821 99	\$55,844 05	
Salaries and wages, salaries of officers.....	\$7,733 18		
" " pay roll of employees.....	34,104 10	41,837 28	
Miscellaneous accounts, amusements.....	\$483 62		
" " air compressor pump.....	2 42		
" " summer main.....	457 04		
" " high pressure main.....	303 00	1,256 08	\$149,379 20

STATEMENT OF HOSPITAL ACCOUNT (Net Assets).

Charges for the Year Ending November 30, 1910.

Balance Hospital Account, Nov. 30, 1909.....	\$151,050 15
Wing D Right.....	84,170 68
Furnishings for Wing D Right.....	11,564 81
" " Wing D Left.....	1,263 05
" " Tubercular Building.....	317 17
Balance on Sterilizer Appropriation.....	99 20
" " Piggery Extension Appropriation.....	19 41
" " Vegetable Cellar Appropriation.....	125 00
	\$248,609 47

**Statement of Resources and Liabilities for the Year Ending
November 30, 1910.**

RESOURCES.			
Cash on hand.....	\$18,960 41		
Amount due from sundry firms.....	355 90		
Amount due from patients for support.....	9,848 67		
Inventory.....	88,805 79		
Balance from State of Maine, account appropriation for 1910.....	74,645 84		
Morse Farm.....	4,300 00		
Vegetable cellar and tool house.....	3,818 70		
Piggery extension.....	598 78		
Male Wing D Right.....	181,584 77	\$327,868 86	
LIABILITIES.			
Audited vouchers.....	\$34,730 60		
Unexpended balance of appropriations as follows:			
Wing D Right, construction.....	48,465 28		
Furnishings for Wing D Right.....	485 19		
Tools.....	123 87		
Balance or surplus (net assets).....	248,609 47	327,868 86	

Cost of D Right Construction to November 30, 1910.

Architect, John Calvin Stevens.....	\$4,000 00
Inspector, H. G. Flanders.....	1,410 50
William N. Sawyer, excavation for foundation.....	4,074 07
S. Homer Woodbridge, consulting engineer for heating and ventilating....	1,457 54
Percy N. Kenway, commission on purchases for heating and ventilating....	841 40
Albert A. Flanders, contracting masons, account conduit, boiler, engine, etc.	1,666 60
F. W. Cunningham & Sons, general contractors.....	95,635 36
Hollis French & Allen Hubbard, consulting engineers, account electric work	1,107 28
Purchases, account heating and ventilating.....	10,730 18
Advertising.....	175 18
Labor of hospital employees.....	1,349 18
Miscellaneous charges—engine, generator, electric fittings, pipe and fittings, freight, civil engineer, etc.....	5,947 75
J. L. Mott Iron Works.....	3,139 78
	\$181,584 77

FARM PRODUCTS, 1910.

89	bunches asparagus.....	\$17 19
473	bunches beets.....	18 77
224	bushels beets.....	90 26
50	bushels string beans.....	36 11
86	bushels yellow eye beans.....	258 00
115	quarts shelled beans.....	11 50
3,410	heads celery.....	413 85
8,346	cucumbers.....	100 87
3	barrels cucumber pickles.....	20 00
205	bushels carrots.....	102 51
1,107	dozen ears green corn.....	98 90
2,507	heads cabbage.....	121 13
470	heads lettuce.....	27 69
90	bushels green peas.....	80 29
3,046	bushels potatoes.....	1,497 95
260	pounds pumpkins.....	2 60
7,843	pounds parsnips.....	235 29
357	bunches radishes.....	10 70
4,695	pounds squash.....	79 46
23	bushels green tomatoes.....	9 20
1,221	pounds ripe tomatoes.....	36 93
246	bushels turnips.....	98 95
139	boxes blackberries.....	17 30
16	boxes currants.....	1 28
74	boxes raspberries.....	11 95
18,760	pounds pumpkin raised for hogs.....	46 90
174	tons corn fodder raised for hogs.....	70 00
51	bushels small potatoes.....	7 65
327	bushels cattle beets.....	98 10
83	tons first quality hay.....	1,245 00
35	tons straw.....	280 00
185	bushels yellow corn.....	107 25
1,950	bushels oats.....	975 00
	pork products.....	2,154 21
		\$3,376 99

Statement of Appropriations.

APPROPRIATED FOR	Amount.	Expenditures to Nov. 30, 1910.	Expenditures to Dec. 31, 1910.	Unexpended Reverts to State.
Wing D Right, 1909-1910.....	\$175,000 00	\$131,534 77	\$171,819 05	\$3,180 95
D Right furnishings, 1910.....	12,000 00	11,564 81	11,996 46	3 54
Air-compressor pump, 1910.....	1,500 00	1,500 00	1,500 00	
Tools, 1910.....	500 00	876 63	500 00	
Salaries of officers, balance 1909.....	708 36			
Salaries of officers, 1910.....	8,600 00	7,733 18	8,449 86	858 60
Maintenance, 1910.....	148,000 00	98,736 36	107,236 36	35,763 64
	\$341,308 36	\$251,445 75	\$301,501 73	\$39,806 63

Respectfully submitted,

LESLIE W. SOMERS,

Steward.

APPENDIX

[FORM OF MITTIMUS.]

AND INSTRUCTIONS RELATING TO COMMITMENT OF
PATIENTS TO EITHER INSANE HOSPITAL.

STATE OF MAINE.

[FORM OR BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we, —, of —, in the county of —, as principal, and —, of —, in the county of —, as sureties, are jointly and severally held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of three hundred dollars, to the payment of which sum, well and truly to be made to him, the said —, or to his successors in said office, we bind ourselves, our executors and administrators, firmly by these presents.

*Scaled with our seals, and dated at —, this — day
of —, A. D. 19*

The condition of the above obligation is such, That whereas — of —, in the county of —, is about to be admitted as a boarder and patient to the Institution aforesaid; now, if the said — shall pay to said —, or to his successor in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred for said patient, as may be determined by the Trustees for the time being, not to exceed —, and pay for all such necessary articles of clothing as shall be furnished said — by the said —, or his successor, and remove the said — from said Institution, whenever they shall be thereto in writing requested by the Superintendent for the time being, and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury to the furniture and other property of said Institution, by said —, and for reasonable charges that may be incurred in case of the elopement of said —, payments to be made quarterly and at the time of removal, with interest on the amount after it becomes due as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue.

Witness.

[L. S.]

[L. S.]

[L. S.]

QUESTIONS.

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

Name,; age,; sex,; married, single, widowed,; nativity,; education,; occupation,; religion,

What relatives, including grandparents and cousins, have suffered from either of the following diseases: Insanity, epilepsy, cholera, hysteria, neurasthenia, tuberculosis?

Were parents addicted to excessive use of alcohol, opium, chloral, or other narcotics? Habits of patient as to same.

Previous peculiarity of patient as to temper, conduct, etc.

At what age did signs of puberty appear?

At time of pubescence was there noticeable change of character or attack of mental or nervous disease?

Has patient had epilepsy, apoplexy, syphilis, tuberculosis, heat exhaustion, or other serious physical disease?

Evidence of sexual excess or abnormal sexual habits?

Previous attacks, if any; history?

When and how did the first symptoms of the disease become manifest? Preceded by what mental or physical strain? Was there, previous to that date, any change in disposition, or evidence of physical or mental depression or disorder? '

Describe as fully as possible the present symptoms of insanity.

What are the probable causes of the present attack, either predisposing or exciting?..... Do suicidal or homicidal tendencies exist, if so how manifested?..... In what institution, if any, and when, has patient received treatment?..... Any restraint or confinement been applied?..... If any, what?..... What special medical treatment has patient received during this attack?

QUESTIONS FOR FEMALES.

Number of children,; age of youngest,; number of miscarriages,; date of last one, Has patient had any uterine or ovarian disease? Menstrual irregularities, if any?

Male patients admitted into the institution, should come provided with at least three good cotton shirts; coat, vest and pants, of strong woolen cloth; two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of underclothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woollens should be of dark color. It is quite desirable, also, that a Bible or Testament should not be forgotten in the outfit.

INSTRUCTIONS TO MUNICIPAL OFFICERS IN COMMITMENTS TO EITHER INSANE HOSPITAL.

To the Municipal Officers of the Towns in the State of Maine:

GENTLEMEN:—Revised Statutes Chapter 144, Sections 16 and 17:

“Sect. 16. Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any blood-relative, husband or wife of said alleged insane person, or of any justice of the peace, they shall immediately inquire into the condition of any person in said town alleged to be insane; shall appoint a time and place for a hearing by them of the allegations of said complaint, and shall cause to be given in hand to the person so alleged to be insane, at least twenty-four hours prior to the time of said hearing, a true copy of said complaint, together with a notice of the time and place of said hearing and that he has the right and will be given opportunity then and there to be heard in the matter; shall call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him either to the Maine Insane Hospital or to the Eastern Maine Insane Hospital with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent or trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.”

“Sect 17. In all cases of preliminary proceedings for the commitment of any person to the hospital, to establish the fact of the insanity of the person to whom insanity is imputed the evidence of at least two reputable physicians given by them under oath before the board of examiners, together with a certificate signed by such physicians and filed with said board, that in their opinion such person is insane, such evidence and certificate to be based upon due inquiry and personal examination of the person to whom insanity is imputed; and a certified copy of the physicians' certificate shall accompany the papers of commitment of the insane person to the hospital.”

By careful reading of the law as it now is you will observe that *it is necessary to give to the person alleged to be insane at least twenty-four hours prior notice of hearing* and that he has the right and will be given opportunity to be heard in the matter.

You will also perceive that the amended statute more distinctly sets out the necessity *that the physician shall testify under oath before the Municipal Officers* as to the alleged insanity of the person.

Proper blank forms have been prepared for use hereafter in proceedings for the commitment of insane persons to our hospitals; and a set of such forms will be forwarded you on your request therefor.

THE FORMS ARE

1. The complaint to be signed by the person making the complaint; to which is attached the order for the hearing and notice, to be signed by the Municipal Officers. Form 1 is to remain on the town files.
2. Copy of such complaint and order, attested by the Town Clerk; to be delivered in hand to the person alleged to be insane, by the town constable.
3. The commitment paper to be signed by the Municipal Officers and sent forward to the hospital with the patient.
4. Record of the doings of the Municipal Officers to be signed by them and attested by the Town Clerk and filed with the town records.
5. (a) Physicians' certificate to be filed with the Municipal Officers.
(b) Attested copy of such certificate to be sent to the hospital with the commitment paper.

Trustees of the Maine Insane Hospital
and Eastern Maine Insane Hospital.

By CHAS. E. FIELD, Sec'y.

N. B. Blanks for commital of patients will be forwarded upon application by addressing either Supt. Maine Insane Hospital, Augusta, Me., or Supt. Eastern Maine Insane Hospital, Bangor, Me.

FORM I.

INSANE PERSON. COMPLAINT AND ORDER FOR HEARING
AND NOTICE IN THE CASE OF.

PAGE

TO BE RETAINED ON THE TOWN FILES.

To the Municipal Officers of the town of _____ in the County of _____
and State of Maine:

(a) _____ of the town of _____ in the County of _____
and State of Maine, who is a _____ relative, to wit; a _____ of
(b) _____ of the town of _____ in the County of _____
and State of Maine, hereby makes written complaint and says that said
(b) _____ is insane, and that the comfort and safety of said
(b) _____ and that of others interested, will be promoted by com-
mitting the said (b) _____ to the _____ Maine Insane Hospital.

WHEREFORE, your complainant prays that you will immediately in-
quire into the condition of the said (b) _____ and that such other
and further proceedings may be had in the premises as is by the Statutes
of said State of Maine in such case made and provided.

Dated at said _____ this _____ day of _____ A. D. 191 .

STATE OF MAINE.

County of _____ ss. Town of _____

The above named complaint being presented to us this day we hereby
appoint our office and (c) _____ the _____ day of _____ A. D.
191 , at _____ o'clock in the _____ noon, as the time and place for
a hearing by us of the allegations of said complaint. And we hereby
give notice to the said (b) _____ the person as above alleged to be
insane, of said time and place of said hearing, and that he, the said
(b) _____ has a right and will be given opportunity then and there
to be heard in the matter.

Given under our hands at said _____ this _____ day of _____
A. D. 191 .

Selectmen of the town of _____

STATE OF MAINE.

(d)
County of _____ ss. Town of _____ A. D. 191 .
I hereby certify that I this day at _____ o'clock in the _____ noon

delivered in hand to (b) the within named alleged insane person, a true copy of the within complaint and the order of the Municipal Officers thereon, of even tenor with the within.

Attest:

Constable of said town of

(a) Name of complainant.

(b) Name of insane person.

(c) The time must be so as to give at least 24 hours prior notice of the hearing to the person alleged to be insane.

(d) As soon as the constable has given in hand to (b) the attested copy—form 2—he will fill out and sign the above return of such service.

FORM 2.

INSANE PERSON, COPY OF COMPLAINT AND ORDER FOR HEARING, AND NOTICE IN THE CASE OF _____ TO BE SERVED ON HIM.

TO BE GIVEN IN HAND TO THE ALLEGED INSANE PERSON BY THE CONSTABLE.

To the Municipal Officers of the town of _____ in the County of _____ and State of Maine:

(a) _____ of the town of _____ in the County of _____ and State of Maine, who is a _____ relative, to wit, a _____ of

(b) _____ of the town of _____ in the County of _____ and State of Maine, hereby makes written complaint and says that said

(b) _____ is insane; and that the comfort and safety of said (b)

and that of others interested, will be promoted by committing the said

(b) _____ to the _____ Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately inquire into the condition of the said (b) _____ and that such other and further proceedings may be had in the premises as is by the Statutes of said State of Maine in such case made and provided.

Dated at said _____ this _____ day of _____ A. D. 191 .

STATE OF MAINE.

County of _____ ss. Town of _____

The above named complaint being presented to us this day we hereby appoint our office and (c) _____ the _____ day of _____

A. D. 191 , at _____ o'clock in the _____ noon, as the time and place for a hearing by us of the allegations of said complaint. And we hereby give notice to the said (b) _____ the person as above alleged

to be insane, of said time and place of said hearing, and that he, the said

(b) has a right and will be given opportunity then and there to be heard in the matter.

Given under our hands at said this day of A. D. 191 .

.....
.....
.....

Selectment of the Town of

A true copy of the original complaint and the order of the Municipal Officers thereon.

Attest:

.....Clerk of said Town of

FORM. 3.

COMMITMENT TO THE ——— MAINE INSANE HOSPITAL OF ——— AN INSANE PERSON.

COMMITMENT OF INSANE PERSON TO THE HOSPITAL.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:
WHEREAS, on the day of A. D. 191 , (a) of the town of in the County of and State of Maine, and who bears the relationship of to (b) of the town of in the County of and State of Maine, made of us, the Municipal Officers of the town of in the County of and State of Maine, a complaint in writing stating that the said (b) is insane, and a proper subject for commitment to and treatment in said hospital; and thereupon we appointed our office in said town of and the day of A. D. 191 , and the hour of o'clock in the noon as the place and time for a hearing by us of the allegations of said complaint, and caused to be given in hand to the said (b) at o'clock in the noon of the day of A. D. 191 , a true copy of said complaint, together with a notice of the time and place of said hearing and that the said (b) had the right and would be given opportunity then and there to be heard in the matter; and at our office in said town of at o'clock in the noon of the day of A. D. 191 , being the place and time appointed therefor, as aforesaid, we made due inquiry into the condition of the said (b)

called before us all testimony necessary for a full understanding of the case, and also heard the testimony under oath of, accompanied by a certificate of and two reputable physicians, whose evidence and certificate are based upon due inquiry and personal examination of the said (b) establishing the fact of the insanity of the said (b).

WHEREUPON it was proven to us and we are of the opinion that the said (b) is insane, and that the safety and comfort of the said (b) and that of others interested, will be promoted by the commitment to and detention in said hospital of the said (b) and that the said (b) be sent forthwith to said hospital.

THEREFORE we hereby certify that said (b) is insane, and that was residing and found in the town of afore-said at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (b) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of
A. D. one thousand nine hundred and

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.....
.....

Selectmen of the Town of

- Mem. (a) Name of the complainant.
- (b) Name of the insane person.

FORM 4.

RECORD OF COMMITMENT OF _____ TO THE _____
MAINE INSANE HOSPITAL.

- (a) Name of the complainant.
(b) Name of the insane person.

Record of doings of Municipal Officers in Commitment of Insane Person to the Hospital, to be signed by Municipal Officers and Town Clerk and filed with town records.

STATE OF MAINE.

To the Superintendent of the _____ Maine Insane Hospital:
WHEREAS, on the _____ day of _____ A. D. 191 , (a)
of the town of _____ in the County of _____ and State of Maine,
and who bears the relationship of _____ to (b) _____ of the
town of _____ in the County of _____ and State of Maine, made
to us, the Municipal Officers of the town of _____ in the County of
_____ and State of Maine, a complaint in writing stating that the
said (b) _____ is insane, and a proper subject for commitment to and
treatment in said hospital; and thereupon we appointed our office in said
town of _____ and the _____ day of _____ A. D. 191 , and
the hour of _____ o'clock in the _____ noon as the place and
time for a hearing by us of the allegations of said complaint, and caused
to be given in hand to the said (b) _____ at _____ o'clock in the
_____ noon of the _____ day of _____ A. D. 191 , a true
copy of said complaint, together with a notice of the time and place of
said hearing and that the said (b) _____ had the right and would be
given opportunity then and there to be heard in the matter; and at our
office in said town of _____ at _____ o'clock on the _____ noon
of the _____ day of _____ A. D. 191 , being the place and time
appointed therefor, as aforesaid, we made due inquiry into the condition
of the said (b) _____ called before us all testimony necessary for a
full understanding of the case, and also heard the testimony under oath
of, accompanied by a certificate of _____ and _____ two reputable
physicians, whose evidence and certificate are based upon due inquiry and
personal examination of the said (b) _____ establishing the fact of
the insanity of the said (b) _____

WHEREUPON, it was proven to us and we are of the opinion that
the said (b) _____ is insane, and that the safety and comfort of the
said (b) _____ and that of others interested, will be promoted by the
commitment to and detention in said hospital of the said (b) _____
and that the said (b) _____ be sent forthwith to said hospital.

THEREFORE, we hereby certify that said (b) is insane and that was residing and found in the town of aforesaid at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (b) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of A. D. one thousand nine hundred and

.....

Selectmen of the town of

A true record.

Attest:

Clerk of said town of

FORM. 5.

PHYSICIANS' CERTIFICATE IN THE CASE OF _____
 AN INSANE PERSON.

PHYSICIANS' CERTIFICATE OF INSANITY.

(a)

We, the undersigned, reputable and practicing physicians in the town of County of and State of Maine, hereby certify that, after due inquiry and personal examination of of the said town of in our opinion said is INSANE

Dated at this day of 191 .

M. D.
 M. D.

(b)

A true copy of the physicians' certificate to Municipal Officers.

Attest:

Clerk of said town of

(a) The original certificate is to be filed with and retained by the Municipal Officers.

(b) The certified copy of this certificate is to be forwarded with the commitment paper to the Superintendent of the Hospital.

FORM 6.

CERTIFICATE OF INABILITY.

.....191
 To the Trustees of the Maine Insane Hospital:
 The undersigned, hereby certify that has not
 Property or means sufficient to pay Board at the Hospital,
 or relatives liable by law for support of sufficient ability to
 pay the same.

.....

 Selectmen of

STATE OF MAINE.

County of.....ss.191
 Personally before me appeared the above named Municipal Officers of
 and made oath to the truth of the foregoing state-
 ment.

.....
 Notary Public, or Justice of the Peace.

FORM 7.

STATEMENT OF FACTS RELATING TO INSANE PATIENT.

- (1). Name of Patient?
 (2). Has he or she a pauper settlement in your town or city?
 (3). If not, where is his or her settlement?
 (4). Has the patient a husband or wife? If so, give name
 and residence?
 (5). Has the patient a father? If so, give name and
 residence?
 (6). Has the patient a mother? If so, give her name and
 residence?

(7). Has the patient a grandfather or grandmother? If so, give name and residence of each?

.....

(8). Has the patient children? If so, give name and residence of each?

.....

(9). Has the patient grandchildren? If so, give name and residence of each?

.....

(10). Has the patient, or any of the above relatives property of any description? If so, give name of each and state in detail whether it is real or personal property, where located and its approximate value?

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(11). Is the town or city reimbursed, in whole or in part, and by whom?

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Selectmen of

STATE OF MAINE.

County of.....ss.IGI.....

Personally before me appeared the above named municipal officers of and made oath to the truth of the foregoing statement.

.....

Notary Public, or Justice of the Peace.