

MAINE STATE LEGISLATURE

The following document is provided by the
LAW AND LEGISLATIVE DIGITAL LIBRARY
at the Maine State Law and Legislative Reference Library
<http://legislature.maine.gov/lawlib>



Reproduced from scanned originals with text recognition applied
(searchable text may contain some errors and/or omissions)

PUBLIC DOCUMENTS OF MAINE

1910

BEING THE

ANNUAL REPORTS

OF THE VARIOUS

DEPARTMENTS AND INSTITUTIONS

For the Year 1909.

VOLUME IV.

AUGUSTA
KENNEBEC JOURNAL PRINT
1910

REPORTS

OF THE

Trustees, Resident Officers and
Visiting Committee

OF THE

MAINE INSANE HOSPITAL

AND

Eastern Maine Insane Hospital

For the year ending November 30, 1909

WATERVILLE
SENTINEL PUBLISHING COMPANY
1910

OFFICERS FOR 1909-1910.

Trustees.

FREDERICK ROBIE, Gorham, President.
CHARLES E. FIELD, Bangor, Secretary.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.
Mrs. FREDERICK CONY, Augusta.
ALONZO R. NICKERSON, Boothbay Harbor.

Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.
CARL J. HEDIN, M. D., Assistant Superintendent.
KARL B. STURGIS, M. D., Second Assistant Superintendent.
MASON W. H. PITMAN, M. D., Assistant Physician.
HERBERT W. HALL, M. D., Assistant Physician.
ANNETTE BENNETT, M. D., Assistant Physician.
MANNING S. CAMPBELL, Steward and Treasurer.
ALICE G. TWITCHELL, Matron.
G. R. CAMPBELL, M. D., Pathologist and Bacteriologist.

Chaplains for 1910.

REV. BENJ. P. HOPE, Augusta.
REV. HENRY E. DUNNACK, Augusta.
REV. BRYAN C. ROBERTS, Augusta.
REV. CHARLES W. DOHERTY, Augusta.

Subordinate Officers.

ALBERT M. PINGREE, Hospital Clerk.
Wm. S. JONES, Assistant Hospital Clerk.
HARRY C. ALDEN, Second Assistant Hospital Clerk.
Miss NONA COYNE, Superintendent's Clerk.
DAISY O. JENNINGS, Assistant Clerk.
ELWIN N. GRANT, Store Clerk.

Supervisors.

Men.	Women.
VERMONT R. LUCE,	Mrs. ANNIE D. McLEAN,
CHARLES H. DAVIS, First Assistant.	Miss MARIA H. McFEE, Assistant

Women's Pavilion.

Miss ANNIE R. McLAUGHLIN.
Miss VENITA E. HENTZ, Assistant.

Men's Pavilion.

OLIN B. HUNNEWELL, Assistant.

E. C. Burleigh Pavilion.

WILLIAM F. MULLEN, Assistant.

Infirmaries.

Miss KATHERINE DONOVAN, Superintendent of Nurses.

Men.	Women.
CLYDE L. PRATT, Special Nurse.	Miss KATHERINE DONOVAN, Special Nurse.

Engineer.

W. L. SAMPSON.
PERCY GREIG, Superintendent Farm.

Standing Committees for 1909-1910.

- On Buildings and Improvements—Nickerson, Robie and Macomber.
 - On Conference with Legislative Committee—Robie, Chase and White.
 - On Finance—White, Field and Nickerson.
 - On Chase's Island—Chase, Mrs. Cony and Field.
 - On Farm Stock and Outside Property—Field, Chase and Robie.
 - On Library—Mrs. Cony, White and Dr. Sanborn.
 - On Recreation and Amusement of Patients—Dr. Sanborn, Field and Mrs. Cony.
 - On Inventory—Mrs. Cony, White and Nickerson.
-

Visiting Committee for 1910.

- January—Robie, Nickerson, White and Field.
- February—Field, Macomber, White and Chase.
- March—Full board.
- April—Robie, Field, Nickerson and Mrs. Cony.
- May—Nickerson, White, Macomber and Mrs. Cony.
- June—Full board.
- July—Robie, Macomber, Chase and Field.
- August—Chase, Nickerson, Macomber and Mrs. Cony.
- September—Full board.
- October—Macomber, Chase, White and Field.
- November—Robie, Nickerson, Chase and Mrs. Cony.
- December—Full board.

• REPORT OF THE TRUSTEES OF MAINE INSANE
AND EASTERN MAINE INSANE HOSPITAL.

To the Governor and Council of the State of Maine:

The trustees of the Maine Insane Hospital at Augusta, and the Eastern Maine Insane Hospital at Bangor, having completed their services for the year ending December 1, 1909, would respectfully submit for your consideration a review of their work during that time.

The two superintendents and heads of the several departments, connected with the two insane hospitals of the State of Maine, have handed their annual reports to us. They contain interesting and valuable information, and we are pleased to transmit the same to the executive department of the State for public examination.

We also are pleased to furnish other necessary information upon the future wants and requirements of the two insane hospitals committed to our care by the laws of the State.

We would gratefully acknowledge the oversight of a kind Providence, during the year, over the affairs of the two hospitals. There has been a freedom from distressing epidemics, and no unforeseen calamities have disturbed the safety and happiness of the inmates of the hospitals; and general good health, cheerfulness and satisfaction have followed the work and watchfulness of the superintendent and their medical associates and attendants.

Many years of progressive improvements, which have attended the administration of the affairs of our hospitals in the way of renovating and improving the buildings, and employing the most modern agencies for the health and comfort of the inmates, have culminated in great relief and benefit, and have encouraged a large but proper expenditure of money. In all

respects the real estate, farm property, buildings and the furnishings of our insane hospitals are in better condition, and present a much better appearance than ever before, and we feel sure that no state in the Union can show more beautiful or efficient homes for the care of its unfortunate insane, than the State of Maine.

The trustees have endeavored to secure professional men of experience and high reputation, and therefore the patients receive skillful medical treatment. We feel assured that there has been, during the past year, an increased interest developed through an organization participated in by the superintendents and attending physicians of the two hospitals for the purpose of consulting, at stated periods, in regard to the physical and mental condition of the various patients under their special care for treatment and restoration to health.

There has been a great advancement and improvement in the more advanced hospitals during the past few years in the diagnosis of diseases, and we notice that more frequent autopsies are made. The germ theory, pathological work, and scientific research have opened new avenues for curative agencies. The members of the medical staff of the hospitals meet together for the discussion of different cases of insane disturbances, and the proper treatment thereof. This affords a broad and salutary opportunity for study and observation, which must increase the ability and experience of every physician in the medical departments of our hospitals, and through the active development of new agencies obtained by the use of electricity, and the more consistent and constant use of water baths, rest, amusements and other scientific resources, cause a new light to dawn upon the future of the unfortunate insane.

FEMALE INDUSTRIAL DEPARTMENT.

We cannot fail to recognize the constant benefit which the insane hospital has received during the past year through the active services, on the several building committees, of Mrs. Frederick Cony, the female member of the board of trustees; and we desire to approve of her effort and success in introducing and establishing an "industrial department" among the females of the Maine Insane Hospital. As a result, the female patients are already actively busied with useful and fancy work,

which is bound to conduce to their contentment and become a powerful agency in the restoration of health and in the return of mental power and activity. In Germany, the matter of employment of the inmates of insane hospitals has been fully established and in the language of a distinguished alienist, "occupation for inmates of insane hospitals is the keynote of successful management."

ENTERTAINMENT AND EXERCISE POWERFUL MEANS OF RESTORING HEALTH AND DEVELOPING STRONG MENTAL CONDITION.

The trustees have not neglected to recommend the judicious employment of such patients, as are suitable, on the farms and in other forms of work, and experience has shown that thereby better health and contentment are attained.

The Arsenal property has furnished a beautiful and inviting area of shady ground, properly called the Coburn Park, for summer exercises and amusements. The grounds have been properly fenced, and a suitable building erected this year for rest and comfort. Influences from such sources, and the use of similar means tend powerfully to divert the attention of the disordered mind, and thereby restore not only the bodily but the mental powers to their healthy capacity.

For the same reasons, varied amusements in new forms are encouraged and outdoor exercises and walks are employed. Social gatherings and dances are not neglected. The grounds are ornamented with new shade trees, shrubs and flowers. The music of the band is a source of diversion, and affords the patients much pleasure and benefit.

During the colder months of the year, when the patients have less opportunity for amusement, and healthy outdoor exercise is limited, the assembly hall is used for dancing parties, dramatic exhibitions, readings, concerts, stereopticon lectures and gratuitous entertainments, which divert and strengthen the mind and body and increase the happiness of the patients. The superintendent of the hospitals and the trustees have not neglected any opportunity to increase these uplifting privileges.

The benevolent and beloved Ex-Gov. Abner Coburn well comprehended this great subject, hence the hospitals receive

today the annual interest of \$50,000 used for the grand purpose of adding to the enjoyment and benefit of the unfortunate insane of the State of Maine.

SCHOOL FOR THE NURSES.

The school for the instruction, in both hospitals, of the female nurses has been satisfactorily continued during the year, and the graduates who receive a diploma and remain in the hospitals show that the instruction given, and the education obtained are of great benefit to all interested.

The number of attendants who have received this year the educational advantages of the school for instruction in the Maine Insane Hospital is 27.

The number of attendants who have received this year the educational advantages of the school of instruction connected with the Eastern Maine Insane Hospital is 17.

The number of graduates is 7.

ADDITIONAL AID FOR THE CARE OF INSANITY.

The number of private insane hospitals have been constantly increasing in this country, and many of them are very costly and complete in their new equipment, and fill a very necessary and important position in the line of service and treatment of insanity.

We have had one recently established in our own State, in the city of Portland, under the charge of Superintendent Phillip H. S. Vaughan, M. D., and it is doing a very satisfactory business.

FARMS OF THE TWO HOSPITALS.

We call your attention to the large yield which the farms produce, and the general improvement of the walks, the land, trees and material property of the two Hospitals.

TREASURERS OF THE TWO HOSPITALS.

The large increase of the public appropriations and the population of the two Hospitals have given additional work for the treasurers of the two Hospitals, and we find the financial affairs have been faithfully managed by Manning S. Campbell of Augusta, and Charles S. Pearl of Bangor.

THE EARLY TREATMENT AND CARE OF THE INSANE.

The early history of the treatment and care of the insane population of the civilized nations of the world present a sad picture, but is modified by almost marvelous and continuous progress and improvements which are represented in the present generous and intelligent treatment of the mentally diseased citizens of every civilized country.

In the Kingdom of England, prior to the year 1403, there has been handed down no record of practical public humane treatment and care of the insane. Prior to that period no insane institution was erected and no substantial humanity practiced for the relief of the disordered mind of the inhabitants of the most progressive country.

In the year 1403, an institution was created by a private gift in the city of London for the care of the insane, by converting a building called, and used at that time, as "a priory for the Order of Saint Mary of Bethlehem," which name afterwards became corrupted and changed to that of "Bedlam," a name which for a long period in our literature has been associated with madness.

There were six patients confined in this insane hospital, or Bedlam, in 1403, and the inventory of the hospital was "six chains of iron, four pairs of manacles of iron, and two pairs of stocks of iron." The treatment of that early period was an iron treatment, and practically continued so until the commencement of the last century. The more simple and less dangerous forms of insanity, following that period, were allowed by statute law, to roam the streets and gain a livelihood from the generous gifts of the citizens. Such was the condition and public care of the insane in the civilized world five hundred years ago.

Humane treatment has progressed very slowly, but there has been a continuous improvement, until we have reached the present state of humane and generous care now adopted by every country in the civilized world.

THE PROGRESS MADE BY THE MORE ADVANCED INSANE
HOSPITALS.

The administration of the departments of the insane hospitals in our country, which takes the lead, is noted for its efficiency,

and the professional ability shown and the constant and active service rendered to the unfortunate insane.

The superintendent and associate physician devote their best efforts to seeking the cause of physical and mental diseases, and thereby gain a better understanding and a more correct diagnosis of the ills of patients under their care, which results in a more scientific treatment.

This in many hospitals calls for a skillful pathologist, a laboratory fully equipped, and frequent autopsies followed by diligent research and medical discussion. We find in the larger insane hospitals of Connecticut 61 and 45; Indiana, 55; and the insane hospital at Worcester, Mass., averages annually over 60 autopsies; Wisconsin, New York, Pennsylvania and other states that a considerable number of yearly autopsies of bodies are performed.

It is quite impossible at this time for every state hospital to attain such excellence, but the nearer we approach it, the higher will be the character of the institution. Many of the hospitals in this country are supplied with extensive museums, in which are deposited pathological material, which furnishes medical information, of a valuable character, in the diagnosis and treatment of diseases.

One of the advantages of frequent autopsies is the increase of evidence of an instructive character, which renders the practice of medicine more certain, and favors a better scientific treatment.

THE NUMBER OF INSANE IN THE TWO HOSPITALS.

The number of insane in the two hospitals of the State is a matter of interest and calls for the following statement:

1908.	
The number of male patients in the Maine Insane Hospital, November 30, 1908.....	465
The number of female patients in the Maine Insane Hospital, November 30, 1908.....	374
Total number	839

1909.

The number of male patients in the Maine Insane Hospital, November 30, 1909.....	499	
The number of female patients in the Maine Insane Hospital, November 30, 1909.....	404	
		<hr/>
Total number		903

EASTERN MAINE INSANE HOSPITAL.

1908.

The number of male patients in the Eastern Maine Insane Hospital, November 30, 1908.....	145	
The number of female patients in the Eastern Maine Insane Hospital, November 30, 1908....	146	
		<hr/>
Total number		291

1909.

The number of male patients in the Eastern Maine Insane Hospital, November 30, 1909.....	158	
The number of female patients in the Eastern Maine Insane Hospital, November 30, 1909....	146	
		<hr/>
Total number		304
Number out on parole, 6 males, 20 females.....		26
		<hr/>
Total number		330
Number of patients in Maine Insane Hospital, November 30, 1909	903	
Number of patients in Eastern Maine Insane Hospital, November 30, 1909.....	330	
		<hr/>
Total number in both hospitals.....		1,233

There have been transferred during the year to the School for the Feeble Minded from the two insane hospitals 18 patients, which has proved a great relief by lessening the number.

The statement for 1909 shows an increase in the two insane hospitals of one hundred and three patients over 1908.

The number of deaths during the year 1909 in the Maine Insane Hospital was.....	101
The number of deaths during the year 1909 in the Eastern Maine Insane Hospital was.....	44
Total number of deaths.....	145

This is an increase of thirty over last year, and appears very large, but premature old age, which is accelerated by mental disease, is a fruitful cause of this large number of deaths.

The board of trustees as early as was practicable, finding that the requirements of the referendum rendered it impossible to hasten matters until July 1, 1909, made the expenditure of the appropriations of the last legislature a matter of consultation and earnest consideration.

The firm of John Calvin Stevens and John Howard Stevens of Portland was selected as architects for the work to be done in the year 1909-1910 at the Eastern Maine Hospital at Bangor. The firm of Coombs & Gibbs of Lewiston was selected to perform the same duty for the same time at the Maine Insane Hospital at Augusta, and also the work to be done by the appropriation of the legislature for Chase Island.

BUILDING COMMITTEE.

For each and every appropriation made by the State and placed in our hands, we endeavored to obtain the lowest bids, and the most careful and efficient contractor. The oversight of the work was placed by the vote of the board of trustees in the hands of proper committees.

Appropriation for Augusta Hospital was placed in the hands of Trustees Macomber, Mrs. Cony and Nickerson.

Appropriation for Bangor Hospital was placed in the hands of Trustees Field, White, Chase and Mrs. Cony.

Appropriation for Chase Island Sanitarium was placed in the hands of Trustees Chase, Field, and Mrs. Cony.

President Robie was made a member ex-officio of all the above committees.

The expenditure of so large a sum of money as was placed in the hands of the boards of trustees, by the several acts of the last legislature, which includes the balance withheld from

the appropriation of 1908, requires good judgment and care. The amount is fully given in the following statement:

Balance of the appropriation of 1908.....	\$6,900 00
The appropriation to be expended in 1909.....	282,447 88
	<hr/>
	\$289,347 88
The amount of appropriation to be expended for the Insane Hospitals for the year 1910 is.....	142,600 00
	<hr/>
Total amount	\$431,947 88

The trustees have held the usual meetings during the year, and the several committees have been diligent in their work, enjoying in addition the careful oversight and experience of Superintendent B. T. Sanborn and Superintendent Harry W. Mitchell, each of whom have rendered valuable service.

There have been in many instances great annoyance and delay on account of the failure to receive steel beams and other necessary items of construction, according to agreement; but on the whole, the progress in the different lines of work has been speedy, and the specifications of the contractors have been fully covered, and the expenses therefor kept within the limits of the several appropriations.

APPROPRIATIONS.

The appropriations made by the last legislature, and executive department of the State, for building purposes, and other similar demands of the two insane hospitals are included in the following statement:

FOR MAINE INSANE HOSPITAL, AUGUSTA.

No. 1, Chapter 138:

For the completion of the renovation of the first male wing, for rebuilding and fur- nishing laundry, for extensive fire and water service, for amount due hospital expended at Chase Island for the year 1909	\$17,400 00
---	-------------

No. 2, Chapter 143:	
For the support of the criminal insane for the year 1909	7,000 00
For the year 1910.....	8,000 00
No. 3, Chapter 146:	
For the completion and furnishing of criminal insane building for the year 1909....	12,000 00
No. 4, Chapter 149:	
For greenhouse, wharf and coal pocket. Commander's house and residence on Arsenal grounds for the year 1909.....	13,000 00
No. 5, Chapter 157:	
For additional compensation for certain offices for 1909	2,100 00
For 1910	2,100 00
No. 6, Chapter 171:	
For kitchen, bakery and dining room for year 1909	28,000 00
For 1910	28,000 00
	<hr/>
	\$117,600 00

FOR CHASE ISLAND HOSPITAL.

No. 7, Chapter 142:	
For salary of caretaker, for transportation of patients furnishings and repairs for the year 1909	3,000 00
For the year 1910.....	3,000 00
	<hr/>
	\$6,000 00

FOR EASTERN MAINE INSANE HOSPITAL.

No. 8, Chapter 139:	
For purchase of additional land, Morse place 1909	\$4,500 00
No. 9, Chapter 140:	
For steam sterilizer, tools and machinery, vegetable cellar, wagon and tool shed, and piggery, for 1909	6,395 00
For 1910	2,000 00

No. 10, Chapter 141:	
For the construction of concrete walks, water shed, painting and furnishing new building, for completing barn, tubercular hospital and wing D, for 1909.....	38,149 88
No. 11, Chapter 172:	
To construction of fireproof building for 1909	87,500 00
For 1910	87,500 00
No. 11 1-2, Chapter 172:	
For furnishings and equipment of building for male patients, 1910.....	12,000 00
No. 12, Chapter 188:	
To provide for deficiencies, changes in boiler house, heating system, window guards for 1909	37,403 00
No. 13, Chapter 318:	
For the support of the patients for the year 1909	26,000 00
Balance due from the State, 1909.....	6,900 00
	\$308,347 88

The annual report of the trustees of the Maine Insane Hospital made to the governor and council of the State in the year 1889, two decades ago, carries upon its record the same superintendent who now presides over its administration, and one member of the board of trustees still officiates as its president.

It has been a remarkable period of progress, and a kind Providence has continued to scatter its blessings upon our insane population; and the State government has been ready at all times to meet the continued demands of the increasing number of this class of its unfortunate fellow citizens.

The population of the State in 1889 was 661,086, and the Maine Insane Hospital, established in 1840, has done a creditable work for 49 years. The number of insane patients cared for in the hospital twenty years ago at the close of the fiscal year 1889 was 419.

The population of the State in 1900 was 694,466. The population of the State at the present time is about 740,000. There

has been a wonderful increase, during the two decades, in the number of patients who are domiciled in our insane institutions for care and treatment, for we now have in our two hospitals—1,233 patients, an increase of 814 patients over 1889. This large increase of the number of patients should not be attributed to the increase of insanity but to the greater popular confidence in the ability and benefits of insane hospitals.

Twenty years ago the board of trustees, with an appropriation of \$100,000, commenced the erection of two brick buildings, which received the names of Sanborn and Harlow wing. The main building and two wings of granite were constructed and completed in the fall of 1840. The second male wing of granite was constructed in 1842, and the female wing in 1852. The third female wing in 1866; the male wing in 1868. The female pavilion built of brick, 1881; the male pavilion in 1883. The large aggregated presentation of insane hospital property, places the State of Maine in the front rank for generosity, and a high regard for alleviating the distress and suffering of its inhabitants.

APPROPRIATIONS FOR THE MAINE INSANE HOSPITAL.

The appropriations for the requirements of the Maine Insane Hospital for the year 1909 were placed under the immediate charge of a building committee, which has already been mentioned.

There was an unavoidable delay, in consequence of the referendum in commencing the work, and many other obstacles were in the way, growing out of the necessity of using the kitchen which had to be renovated, during the work of feeding twelve hundred people. This was naturally an obstacle to a speedy execution of the work. However, the contractor has assured the committee that the work will be completed at the time called for by the contract.

An appropriation of 12,000.00 was made by the legislature for completing and furnishing the criminal insane building with every precaution for the safe detention of the criminal insane. It seems necessary that a well constructed fence should be built around the building, and that every precaution with a sufficient force of attendants, should be employed for the safe confinement of those committed to its charge.

The appropriation of \$13,000.00 made for the greenhouse, wharf, and pocket, commander's house and other residences on the grounds for the year 1909, has been wisely expended by the committee of the board of trustees.

The amount expended on the wharf, (and we have a solid new wharf) is \$4,500.

The coal pocket has been made sound by an expenditure of \$2,000.

The committee have moved an unused wooden building on the Arsenal grounds to a position at the rear of the piggery, and thereby we have a fine slaughter-house perfectly drained and with concrete floor for \$1,500.

The greenhouse is in process of construction, and all the material has been purchased, and will be ready for use at an early period.

For the purpose of providing for the large increase of insane patients, by advice of the governor and council, the renovation of the governor's house has been passed over, and the amount (\$3,500) diverted and employed for putting in a serviceable condition an unused building on the Arsenal grounds, so that it can be used for the treatment and care of 50 patients. It is now practically completed and will be occupied by the patients, perhaps earlier than the first of January.

APPROPRIATIONS FOR THE EASTERN MAINE INSANE HOSPITAL.

The full amount appropriated by the last legislature to be expended for the requirements of the Eastern Maine Insane Hospital for the year 1909 amounted to \$199,947.88.

A careful oversight has been exercised by the building committee selected from the board of trustees, so that we are able to report that all the money has been and will be expended for the specified purposes, named in the several appropriations, made by the last legislature of the State.

Several of the appropriations have been exhausted, and a few others nearly so. There remains in our hands on the first of December, 1909, an unexpended balance of \$68,161.65 which must be used to meet the requirements of the Eastern Maine Insane Hospital. This balance will be used for purposes indicated by the appropriations, as fast as the conditions of doing

the work will admit. It is probably that all the money may be expended before the expiration of the present year.

The balance (\$6,900.00) due from the State from the year 1908, has been received and properly exhausted.

The amount appropriated by the legislature for the Eastern Maine Insane Hospital to be expended during the year 1910 is as follows:

Chapter 140, for the use of the hospital.....	2,000 00
Chapter 172, for construction of fireproof building.	87,500 00
Chapter 172, for furnishings and equipment.....	12,000 00

CHASE ISLAND.

The arrival of the hot weather of the summer season called for the usual work of selecting the proper inmates of the hospitals, due regard being paid to obtaining the largest number possible of the convalescent patients, to enjoy the invigorating and healthful breeze of the Atlantic ocean.

The superintendents of the two hospitals after due deliberation selected from the hospital at Augusta, 42 men; from the hospital at Bangor, 21 men; from the hospital at Augusta, 40 females; from the hospital at Bangor, 21 females; total, 124. And thus each sex had the privilege of spending separately a portion of the summer season upon this beautiful island.

The board of trustees made their usual visits, during the summer, and are able to report that from personal observation and examination that the patients who have had the opportunity of enjoying the great advantages for health and recreation, which this beneficent island affords, show great improvement; and many individual incidents record recovery and discharge from the hospital.

The island was visited during the summer by Governor Bert M. Fernald with his executive council and members of the board of trustees. It was a very enjoyable occasion, and it afforded an opportunity for his Excellency, the Governor, to make an interesting address, which set forth the benefits of this summer resort and the great advantage it had been to so many of the unfortunate, but respected citizens of our State.

The swimming pool has been completed this year, the expenditure having come from the appropriation of a previous year;

it has been generally used, and with great physical benefit to the patients.

The appropriation made by the legislature for the use of Chase Island for the year 1909 was.....	\$3,000 00
For the year 1910 was.....	3,000 00
	<hr/>
	\$6,000 00

The appropriation for the year has been duly and properly expended.

The board of trustees during the past twenty years have enjoyed the assistance and influence of some of the most efficient and able citizens of the State of Maine. There has been on the past two decades, twenty members; of this number, except the members of the present board, only four are living, and they have acted well their part during their term of service.

It seems appropriate that we should mention the honored names of those that have passed on, after a most faithful and beneficial life, whose work and interest is evidenced by the prosperous history of the two insane hospitals of our grand old State of Maine. George E. Weeks, Mrs. E. J. Torsey, Lyndon Oak, W. H. Hunt, Gen. R. B. Shepherd, Mrs. J. R. Smith, A. F. Crockett, P. O. Vickery, Sidney M. Bird.

SUPERINTENDENT OF MAINE INSANE HOSPITAL.

As we admire the many costly and useful structures that adorn the beautiful and picturesque elevations on the banks of two of the most delightful rivers of the State of Maine, contemplate the extensive farms, visit the summer home for the insane on Chase Island, looking out upon the wide Atlantic ocean, and consider the many and uplifting and useful auxiliaries for the recovery and happiness of our unfortunate fellow-citizens, we cannot but recall the twenty years of constant and valuable services, rendered during this period, by the distinguished Superintendent Bigelow T. Sanborn, M. D., and we rejoice that he now continues to fill the same position with so much ability. It would be a difficult proposition to find any superintendent connected with the many insane hospitals in this country who has handed down a longer or more efficient service for the care and cure of the unfortunate insane of the State of Maine, who have had the benefit of such faithful work.

The large increase in the capacity of the stone buildings, by renovation, for the use of the patients of the Maine Insane Hospital; the additional buildings erected on the arsenal grounds, now occupied by patients, and the increasing number of patients in the hospitals, resulting from recent legal enactments, have made it necessary to relieve Superintendent Sanborn of some of the details of his efficient management; although he still retains the chief control.

On the above account, the first assistant superintendent, Carl J. Hedin, M. D., has been appointed assistant director and manager of certain departments, which will be a great relief to the overworked superintendent, and the change has proved to be very satisfactory.

EASTERN MAINE INSANE HOSPITAL.

We have annually in our reports given information and made mention of the various operations, and the advancement of the different departments in the Eastern Maine Insane Hospital.

The large outlay of public money during the past several years, and the individual hospital work of various sorts on the farm and grounds, under the direction of the superintendent and steward, have produced satisfactory results, and the Eastern Maine Insane Hospital now possesses one of the most attractive and useful buildings, with beautiful and ornamental surroundings, to be seen in the State of Maine.

We do not fail to notice, and cannot neglect to speak favorably of the professional work and careful oversight of the superintendent, H. W. Mitchell, M. D., and his medical associates, who have had during the past year, the care of the insane patients and other responsible duties connected with the hospital.

There has been an unusual aptitude and desire to employ every new discovery in medical practice, and to follow the example of our most advanced insane hospitals, and the fact that 7 autopsies have been performed during the past year shows a desire to gain a thorough knowledge of the causes of disease, which such work discloses, and also adds much to the high character and efficiency of medical practice.

We have already mentioned in other parts of the report, the manner and methods of using the appropriations made by the

last legislature, and desire to approve of the satisfactory and prompt manner in which the money has been expended, for the purposes indicated by the separate resolves, and the constant aid rendered by Superintendent Mitchell.

CONCLUSION.

The close of another year opens the door for the unforeseen events of its successor. While we feel justified in speaking favorably of the result of our work, and our report presents a truthful statement, it does not escape our notice that in the administration of the affairs of the Insane Hospitals, matters arise which are the object of criticism, complaint and discussion. Such has been our observation during the past several years, but it has been our happy experience that those with whom we may have had any differences has always responded most willingly to the demands of duty, and errors have been corrected, and matters have moved along afterwards most pleasantly in the line of correction and progress. With these considerations, we look into the future with renewed courage, with determined resolution and the expectation that everything will be done by our State executive and other authorities, and approved by the tax-paying population of our State, for the care and interest of our unfortunate insane; and that the future history of our hospitals will be a continuation of their generous and humane past. For such a work we pledge our best endeavors.

FREDERICK ROBIE, M. D., Gorham, *President*.

CHARLES E. FIELD, Bangor, *Secretary*.

THOMAS WHITE, Bangor.

GEORGE E. MACOMBER, Augusta.

EDWARD E. CHASE, Bluehill.

MRS. FREDERICK CONY, Augusta.

ALONZO R. NICKERSON, Boothbay Harbor.

REPORT OF THE COMMITTEE ON RECREATION AND AMUSEMENT OF PATIENTS.

To the Trustees of the Maine Insane Hospital:

Your committee appointed year by year, for the purpose of placing before your board, what has been accomplished in the above important branch of medical treatment, desire to respectfully submit its annual report.

The treatment to be pursued in order to accomplish the best results in hospitals dedicated to the care of those who are suffering from mental disease, differs widely from institutions, where such conditions do not exist, and where it is necessary only to cope with purely physical disturbances. A failure to recognize this important feature in treatment, in withholding opportunities for recreation and diversion, does not extend to the patients, such possibilities for improvement or recovery as they are entitled to.

The treatment of this class is being more and more investigated, and in common with that of other branches of medicine, psychiatry has taken rapid strides during the past twenty years, and particularly in the direction of resorting to such measures as will tend to divert the mind from its subjective and morbid conditions.

Our efforts to secure a suitable location for the healthy recreation of our female patients, and which we have striven for through the annual reports, and in frequent consultations with the entire board we are pleased to say have been accomplished in the completion of a beautiful park upon the Arsenal property. Its high elevation affords the patients an extended view of the river and hills beyond. Its topography is such that the drainage is very perfect, so that since its occupation, during the early season, has enabled the patients to occupy it at least

six or seven hours each day, up to within a very short time, except when rainy weather has precluded. It is easy of access and is supplied with a suitable and liberal sidewalk from the exit of the institution the entire distance. It is located nearly three-quarters of a mile from the Hospital, and the exercise obtained to and from twice a day, with that they receive in the park, has given vigor and most beneficial and observable results are manifest.

Our patients are passing into winter, stronger physically than observed any previous year. Favorable mental results are also apparent in not a few.

For many years our patients, in order to obtain physical recreation, were obliged to go out upon the highway and expose themselves to the gaze of the public, so very objectionable, and which was not extending that care and quiet which their individual conditions demanded. Now the opportunities are such, that publicity is withheld and they are free to occupy the entire park unmolested. We regard this accessory in our treatment as of most marked import, and nothing in our judgment has been accomplished for years, in this direction, having within its grasp such potentialities calculated to contribute to the future well being of those placed under our care. This construction has been accomplished out of the bequests of the institution unaided by legislative appropriations.

Chase Island has been occupied for about four months, the time being divided between the two sexes. The females being taken there June 8th, remaining two months, when the males forty-two in number immediately occupied it for about the same length of time. Before its occupancy, during the early season, a convenient and commodious swimming pool was completed. It is constructed on a lower level than the sea, and filled through a pipe by the incoming tide, and held in by the closure of the tube. The temperature of the water is raised by the sun's heat, and is made much more comfortable for bathing, offering a healthy and pleasant exercise. Many of them availed themselves of its beneficial advantages. Other changes were made, which were of added service, and aided in further satisfactory results, during their stay at this pleasant seashore resort.

If desirable a counterpart of the present bungalow might be constructed in a convenient location, on the opposite side of the main structure, for the occupation of some eighteen or twenty more patients. We present this proposition to your board, inasmuch as the dining room and culinary department is sufficient to accommodate that additional number and the chef with his force is capable of providing food without increasing the number employed in this department. We have endeavored to divert our patients as heretofore in allowing them trolley rides in large parties, and individual patients are frequently accorded the same privilege, means being furnished gratuitously out of our funds set apart for that purpose when required. The privileges have been greatly enhanced by the extension of the electric road to Waterville. The opportunities that the theatres afford in matinees is much enjoyed, and we have been liberal in furnishing means from our bequest to attend, where we have reason to believe that they are suitable in character. Inasmuch as interference with the main walls carrying our chapel has weakened them for the time being, made necessary in the construction of the addition to our kitchen, we are holding our religious services in the middle male pavilion.

Secular entertainments are being held twice a week in both male and female pavilions, consisting of orchestral exercises intersperced with various amusements, and are enjoyed by our people. Our orchestra, so useful in extending diversion to our patients and indeed our entire household, is performing its usual duty to our satisfaction. While for the time being we are missing the greatest advantage the chapel affords, yet our people seem quite contented with services in the wards, and the chaplains have administered to the spiritual wants of the patients sufficiently and tenderly. The disbursement for this department of service from the various bequests throughout the past fiscal year is herewith annexed.

COBURN FUND DISBURSEMENTS.

*For the Year Ending November 30, 1909, as per Vouchers
in Treasurer's Office.*

GENERAL AMUSEMENTS.			
Paid	Choir and organist	\$384 90	
	Orchestra and band	\$22 52	\$1,207 42
SPECIAL ENTERTAINMENTS, REPAIRS, ETC.			
Paid	Armitage Club, for one entertainment	\$25 00	
	Lewiston, Augusta & Waterville Street Railway Company, use of special car, trolley rides for patients	35 00	
	Melville Smith, 1 Apollo Player	\$500 00	
	Less 10%	\$80 00	
	Less Grand piano	245 00	325 00
		475 00	
	Melville Smith, music for player	13 45	
	F. A. Dennis, music and supplies for band and orchestra ..	63 50	
	Tuning and repairing pianos and organs	58 50	
	Christmas cards	5 00	
	Patients to plays, circus fares, car rides, shopping, etc. .	43 66	
	Games and amusements for patients	38 70	
	M. S. Campbell, for extra services, building, repairing, fur- nishing, fitting, equipping, supplying, running and trans- ferring all patients to and from Chase Island Sanitarium for the years 1905, 1906, 1907 and 1908, as per vote of trustees on December 2, 1908	\$1,000 00	\$1,757 81
			\$2,965 23

BIGELOW T. SANBORN,
CHAS. E. FIELD,
MRS. FREDERICK CONY,

Committee on Recreation and Amusement of Patients.

Augusta, Me., November 30, 1909.

REPORT OF THE COMMITTEE ON HOSPITAL LIBRARY.

To the Trustees of the Maine Insane Hospital:

Your committee on the library for the year ending November 30, 1909, have attended to that duty and now ask leave to report.

		FUND AND RECEIPTS.		
1908.				
December	1	Balance in Augusta Savings Bank	\$1,200 00	
December	1	Dividend in Augusta Savings Bank, drawn May 18	73 44	
December	1	Twenty shares First National Bank Stock	2,000 00	
December	1	Balance in treasury, M. I. H.	60 00	
December	1	Cash on hand	30 72	
1909.				
January	1	Dividend on bank stock	60 00	
July	2	Dividend on bank stock	60 00	
November	30	Savings bank dividend	49 96	\$3,534 12
		DISBURSEMENTS.		
		Paid American Journal of Insanity	10 00	
		Boston Medical and Surgical Journal	10 00	
		Portland Publishing Company	12 00	
		American Medical Association	7 10	
		Eastern Argus Publishing Company	7 00	
		Grumiaux News & Subscription Company (21 magazines)	38 40	
		Old Corner Book Store, 2 medical books	4 00	
		The Medical Council	1 80	
		Lewiston Daily Sun	15 00	
		Balance on hand	3,428 82	\$3,534 12
December	1	Balance in treasury	228 82	
		Balance in Augusta Savings Bank	1,200 00	
		Twenty shares First National Bank	2,000 00	\$3,428 82

MRS. FREDERICK CONY,
THOMAS WHITE,
BIGELOW T. SANBORN,
Committee on Library.

REPORT OF THE SUPERINTENDENT.

To the Trustees of the Maine Insane Hospital:

It again becomes my duty to place before your board what has occurred in the management of this hospital, during the past fiscal year, and what if any important changes have taken place. I would therefore respectfully submit the superintendent's sixty-ninth annual report.

The movement of population has been as follows: At the commencement of the year there were remaining a total of eight hundred and forty-two patients, four hundred and sixty-five men and three hundred and seventy-seven women. There have been admitted since, two hundred and seventy-five, one hundred and seventy-four men and one hundred and one women. The whole number under treatment has been 1117, six hundred and thirty-nine men and four hundred and seventy-eight women. The discharges and deaths have been as follows: Total recoveries fifty-seven, thirty-four men and twenty-three women; much improved, nineteen, ten men and nine women; improved seventeen, eight men and nine women; unimproved 21, fifteen men and six women; died 101, seventy-three men and twenty-eight women, leaving at the end of the fiscal year, November 30, 1909, a total number of nine hundred and two, four hundred and ninety-nine men and four hundred and three women.

The daily average number of patients for the entire year has been 880.16 as compared with 846.19 of the previous year. The largest number at any time was 917, which occurred September 21st and October 4th as compared with 863 the preceding year, and the least number has been 842, which occurred September 1st as compared with 830 the year previous. The percentage of deaths to the whole number under treatment has been 9.1 as compared with 8.9 per cent as shown in our last

report. The percentage of recoveries to the whole number under treatment has been 5.2 as compared with 5.6 as noted in the statistics of the preceding year's report, and the percentage of recoveries to admissions has been 20.8 per cent as compared with 25.5 per cent last year.

We have reason to acknowledge the hand of Divine Providence in gently leading us through the vicissitudes which always appertains to the numberless duties in caring for an institution dedicated to the treatment of those bereft of their reason. No unusual incidents of serious import have occurred. There has been no special accidents causing death with the exception of one of our criminal insane who committed suicide a few mornings after being placed in the above department. A careful inspection of our medical statistics conclusively shows that we have been as successful in our treatment as in former years.

While some of the patients complain of unrest, believing themselves to be sane, yet the majority are well contented, especially those who are recovering, and raise no objection to continue under treatment until the management deem it wise to let them return to their home, or to engage in their usual vocation in life. The increased efforts that are being made for their care, in the employment of a larger number of officers and immediate caretakers, no doubt result in increased comfort of body and contentment of mind.

SUPPORT OF PATIENTS.

The patients are being supported in the following manner, viz: ninety-four by their own means, one hundred and seventeen entirely by the State, six hundred and ninety-one receive the State aid of one dollar and fifty cents per week, towns and individuals paying the balance. There is reason to believe that this table does not contain the exact facts in some particulars. From what can be learned by the relatives of the patients, I am justified in making the statement, that the support of quite a considerable number of patients, in excess of the above figures, is paid from the means of the individual or the relatives, to the towns or cities committing.

CARE OF CRIMINAL INSANE.

The appropriation for the construction of a criminal department for the insane, located upon the Arsenal grounds, was not completed until February of the present year, but they were so crowded at the prison, it necessitated removing fourteen of its inmates to this institution several months earlier, where they remained until its completion and equipment the first of February, when they were permanently domiciled there. The remainder at the State Prison were also transferred a few days subsequent. I am happy to be able to report that up to this date, the conduct of this class has been such, that no accidents have occurred of any kind or character, with the exception of the suicide which I have already mentioned.

The department throughout the entire period thus far has exceeded my expectations, and nothing unusual has occurred to cause criticism and which you would not expect from what we term the innocent insane. It is true, we have not as yet been able to place the building in such a condition of security as to enable us to extend to them out of door exercise to any extent, and it is necessary to construct a strong and high cement wall, with sufficient area, so that our patients there can receive the benefit of more sunlight than at the present can be allowed them, and which will when constructed conduce to their contentment and increased physical health.

The wards are practically full, and as we may expect, the courts will be obliged to commit quite a number each year to that department and the jail and prison will furnish still more. It is therefore probable that there will be urgent demand for further enlargement, before the next legislature convenes.

THE ACUTE INSANE.

Our reception wards dedicated to the acute insane are kept well filled, and efficient service is rendered. For many years the middle first has been regarded on either side of the house, as serving in that capacity, but in renovating we placed new and additional equipments, particularly extra bath-rooms for the purpose of administering continuous baths.

We have perhaps not sufficiently tested its utility to warrant at this time in stating positively its advantages in the treatment

of insanity. I feel sure however, that the use of water in the various forms that it can be administered, will materially and favorably affect psychiatry.

I have noted favorable results many times in patients suffering from manic depressions, and I feel convinced that such treatment will be more largely administered in the future. Nearly all of the admissions are treated in these two reception wards sufficiently long to thoroughly diagnose each case before final classification.

TRAINING SCHOOL.

We commence the training school this year with twenty-one of our employees, and that number is still receiving instruction, and are in full attendance upon the lectures of the medical staff. There would have been a larger number but from the fact that we have been handicapped in obtaining a superintendent of nurses. It was fully expected that the efficient superintendent who conducted this school last year would return, but quite late in the season I was disappointed in her writing me that she could not continue longer in the work.

Miss Donovan, who has in a faithful manner supervised our infirmary, very kindly offered to take charge of the school until such time as we could obtain another. She is now teaching and conducting the class with our approval.

The assistant physicians are now engaged in their lectures and we have reason to believe that the young ladies are endeavoring to perform their duties faithfully with the expectation of receiving their diplomas.

NEW CONSTRUCTIONS.

Anticipating that there will be largely increased admissions during the coming winter, inasmuch as the State is to provide for the class of patients that the towns are now caring for, your board was very wise in determining upon reconstructing an additional building located upon the Arsenal grounds.

At a minimum cost, we shall be able to domicile about fifty. It is well heated, and its location is such, that they will receive sunlight nearly all of the day, and can be made very comfortable. There is no reason why they may not be as well contented there as in any dormitory of the Hospital.

The construction of the two wings to the kitchen for its enlargement and that of the bake-shop has been delayed and its progress toward completion hindered by our inability to secure the necessary steel, indispensable in its construction. A portion of it however has arrived within a few days and we are hoping the contractors may be able now to hasten the work.

REPAIRS AND IMPROVEMENTS.

Much work during the year has been performed by the heads of our mechanical departments. The plumber during the early part of the year, completed his necessary duties in the criminal insane building and has repaired the general plumbing, where it was found necessary, throughout the entire institution.

This department and that of the masons have extended a sewer 1125 feet in length from the general main of the institution, to our house on the main road, and established the necessary plumbing. While we found it was very expensive to undertake, there being more or less ledge, yet inasmuch as there had been frequent sickness in the building at various periods for quite a number of years, including typhoid fever, we believe the outlay was fully warranted.

A new main sewer from the kitchen was laid, four hundred and seventy-three feet in length, ending in the main sewer of the institution. The old outlet from the kitchen had always been inadequate from lack of a suitable grade, but in the present one it is sufficient, so that the drainage from the entire kitchen and bake-room will be rapid.

Our painter, with the services of others, have been very busy throughout the season and has accomplished much. One of the most important features of his work has included the painting of out buildings and particularly the large new barn located in connection with the farm house.

The plumbing and steam piping have been completed at the newly constructed building and the latter connected up with the heating apparatus of the institution, ready for use at such time as we may be obliged to occupy it. During last winter the mason laid a concrete floor beneath the first male wing so that now our basements are in a proper sanitary condition. The carpenter with his helpers has performed much labor in attending to the various repairs that are constantly accumulating.

Our house occupied by the gardner has required repairing for a long time but which we have not been able to attend to until this year; but during the early season was renovated in a most thorough manner.

The two old barns upon the Arsenal property have been removed, one to the rear of the commandant's house, close to the north line of the property, and the other adjacent to our piggery for a slaughter house. This change will beautify the Arsenal property in that vicinity and offer an opportunity to make improvements upon the road passing over that section.

FUTURE NEEDS.

Those who are constantly identified with institutions of this character realize the increasing and constant demands calling for further appliances, so I apprehend that your board keeping in touch with the demands of the Hospital, do not regard it as unwise in me to mention a few requirements which force themselves upon the mind from year to year and which before another closes we may be able to complete without the necessity of calling upon the legislature for an appropriation.

One cannot fail to notice the improvements that have been accomplished on the west side of the heating apparatus, and the mechanical departments that are located in that vicinity, because of the large amount of grading that has been performed, the building of the new roads and the planting of trees and shrubbery. We cannot regard this beautifying as fully completed however, until some change is made in the building used for lifting coal from the wharf. It should be covered and roofed in, with a sufficient number of windows for light, and painted the color of the adjoining brick walls. This accomplished the structure would hardly be noticed by the eye and there will be nothing left in that vicinity which would be in any degree objectionable to the public visiting the instituton. If this could be arranged during the coming year, and the enclosure at the criminal insane building constructed in order that our patients might receive the benefit of the open air, it would conduce much to their comfort and well being.

The indications are, that long before we can receive a legislative appropriation the demand for care and treatment will be such that we shall be unable to provide for further patients,

but I do not deem it of any service to call your attention to this important matter so long a period before the legislature convenes.

FARM AND GARDEN.

The season was so exceedingly dry that the opportunities for an average crop for a month or more during the summer looked very unfavorable, but since harvest and the summing up of the yield, we are happy to find that the crops were larger than last year. The yield of hay was three hundred and sixty ton; fifty more than last year, but the potato crop of a little over twenty-six hundred is slightly below that of last season.

The yield of fodder for early feeding for the herd of cows was about an average crop. Our garden, which at one time seemed to suffer very much from the severe drought, was reclaimed by subsequent rain and all of the vegetables, with but two exceptions gave a larger yield than the preceding one.

The horned stock at present is 161 head; the number of full grown cows is 104. We are at present milking eighty-five and up to the close of the fiscal year they had supplied thirty-nine thousand seven hundred and ninety-four gallons of milk. The yield from them will evidently be larger as the most of them are very young and have not arrived at their full milking capacity. As a rule the stock has been very healthy during the season and you can scarcely say, with the exception of a very few, if any, there can be discovered tangible physical signs of tuberculosis.

Our hogs and pigs have been very healthy throughout the year. There are at present three hundred and thirty-four, and three thousand dollars worth of pigs have been sold, which has made this department of the farm very prosperous.

OFFICIAL CHANGES.

There has been more changes upon the medical staff of this Hospital during the past twelve months than for quite a number of years. Dr. H. L. Horsman, after serving faithfully for more than a decade, severed his connection, his resignation to take place the first of April. Just prior to that date he was taken sick and did not recover until the patients were ready to take their summer outing at Chase Island. It was fortunate

for the institution that we were enabled to secure his services to go and care for them until the close of the season. After his return he left for New York and is taking an extended post graduate course. Our best wishes go with him. Dr. H. W. Hall after serving on the staff nearly a year, resigned and went into the general practice of his profession. Dr. Annette Bennett's services were secured in April and she immediately entered upon her duties. Dr. M. W. H. Pitman's services were secured and he came from the Worcester Hospital for the insane in June and joined the staff of the institution. Dr. R. L. McKay wishing to become a general practitioner of medicine, placed in his resignation and was fortunate in securing a good practice at once. Dr. Hall desiring to return again, I secured his services the last of the present month. The doctor is well calculated for institutional work.

I wish to mention in commendable terms the support and intelligent aid that has been extended to me constantly by my associates, and to such of the employees of the institution as have by their kindness and attention to, in any degree relieved suffering, added comfort or soothed sorrow, places me in behalf of the unfortunates, under a deep debt of gratitude. The rapidly increasing number of patients brings with it added responsibilities and care and which must necessarily increase the burdens of the superintendent and co-workers. I am under obligations to the committee from the governor and council for much kindly advice, and in behalf of our patients for the interest constantly taken in their welfare.

The determination of the legislature to place upon the State the duty of supporting its wards was a wise one and we believe in the end will be found of much service and regarded as an eminently wise and judicious policy.

Before closing this report, I wish to extend my sincere acknowledgments to your board, individually and collectively, for that marked and generous sympathy extended to me during my sickness the early part of the year and for most valuable advice at all times.

Respectfully submitted,

BIGELOW T. SANBORN, M. D.,

Superintendent.

Maine Insane Hospital, November 30, 1909.

MEDICAL STATISTICS, 1909.

TABLE No. 1.
MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1908.....	465	377	842
Admitted since.....	174	101	275
Number under treatment November 30, 1909..	639	478	1,117
DEATHS AND DISCHARGES.			
Recovered.....	34	23	57
Much improved.....	10	9	19
Improved.....	8	9	17
Unimproved.....	15	6	21
Died.....	73	28	101
Remaining November 30, 1909.....	499	403	902

TABLE No. 2.
ASSIGNED CAUSE OF INSANITY OF THOSE ADMITTED DURING THE YEAR, 1909.

	Men.	Women.	Total.
Alcoholism.....	22	2	23
Apoplexy.....	1	0	1
Domestic affliction.....	8	14	22
Epilepsy.....	3	2	5
Fright.....	1	0	1
Heredity.....	12	7	19
Ill health.....	9	10	19
Imbecility.....	4	0	4
Injury.....	8	3	11
Insomnia.....	2	1	3
Masturbation.....	2	2	4
Menopause.....	0	4	4
Morphinism.....	2	3	5
Pregnancy.....	0	4	4
Overstudy.....	0	1	1
Overwork.....	11	7	18
Poverty.....	1	1	2
Religion.....	0	1	1
Senility.....	8	4	12
Specific disease.....	1	0	1
Sunstroke.....	1	0	1
Surgical operation.....	1	0	1
Unknown.....	71	31	102
Worry.....	6	4	10
	174	101	275

MAINE INSANE HOSPITAL.

TABLE No. 3.

AGE OF THOSE ADMITTED.

	Men.	Women.	Total.
From 10 to 20 years of age	9	5	14
" 20 " 30	19	14	33
" 30 " 40	39	17	56
" 40 " 50	37	18	55
" 50 " 60	35	19	54
" 60 " 70	18	14	32
" 70 " 80	12	10	22
" 80 " 90	5	4	9
Total	174	101	275

TABLE No. 4.

SOCIAL CONDITION OF THOSE ADMITTED.

	Men.	Women.	Total.
Married	86	51	137
Single	76	37	113
Widowed	10	10	20
Divorced	2	3	5
Total	174	101	275

TABLE No. 5.

DURATION OF INSANITY PRIOR TO ADMISSION.

	Men.	Women.	Total.
Not exceeding 1 week	20	13	33
" " 1 month	44	11	55
" " 3 months	22	17	39
" " 6 " "	11	9	20
" " 9 " "	6	1	7
" " 12 " "	14	6	20
" " 2 years	7	7	14
" " 3 " "	7	5	12
" " 4 " "	10	1	11
" " 5 " "	10	9	19
" " 10 " "	6	9	15
" " 15 " "	1	0	1
" " 30 " "	2	6	8
Congenital	8	3	11
Unknown	6	4	10
Total	174	101	275

TABLE No. 6.
MONTHLY ADMISSIONS.

	Men.	Women.	Total.
December, 1908.....	11	8	19
January, 1909.....	11	8	19
February,	18	4	22
March,	13	7	20
April,	14	11	25
May,	16	10	26
June,	27	12	39
July,	10	9	19
August,	12	5	17
September,	18	13	31
October,	16	5	21
November,	8	9	17
Total.....	174	101	275

TABLE No. 7.
TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

	Men.	Women.	Total.
Not exceeding 3 months.....	10	7	17
.. .. 6	16	5	21
.. .. 9	2	6	8
.. .. 12	0	2	2
.. .. 2 years.....	3	1	4
.. .. 3	0	2	2
.. .. 6	3	0	3
Total.....	34	23	57

TABLE No. 8.
CAUSES OF DEATH.

	Men.	Women.	Total.
Abscess of brain with meningitis.....	1	0	1
Abscess of lung.....	1	0	1
Acute dilatation of heart.....	2	0	2
Arteriosclerosis.....	2	0	2
Alcoholic insanity.....	1	0	1
Cerebral hemorrhage.....	8	1	9
Chronic intestinal obstruction.....	1	0	1
Chronic nephritis.....	1	0	1
Epilepsy.....	6	3	9
Exhaustion from acute delirium.....	3	3	6
.. .. chronic delirium.....	0	1	1
.. .. dementia praecox.....	3	1	4
.. .. melancholia.....	0	1	1
.. .. senile dementia.....	11	6	17
Ileo colitis.....	2	1	3
Manic depressive.....	4	0	4
Organic dementia.....	0	1	1
Paresis.....	12	1	13
Phthisis.....	9	2	11
Pneumonia.....	1	1	2
Specific insanity.....	1	0	1
Strangulation by hanging.....	1	0	1
Valvula heart disease.....	3	5	8
Typhoid fever.....	0	1	1
Total.....	73	28	101

TABLE No. 9.
MONTHLY MORTALITY.

	Men.	Women.	Total.
December, 1908.....	5	0	5
January, 1909.....	5	0	5
February, ".....	6	2	8
March, ".....	3	5	8
April, ".....	5	6	11
May, ".....	10	0	10
June, ".....	5	2	7
July, ".....	3	2	5
August, ".....	8	1	9
September, ".....	9	2	11
October, ".....	7	5	12
November, ".....	7	3	10
Total.....	73	28	101

TABLE No. 10.
AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years.....	2	2	4
" 20 " 30 ".....	3	0	3
" 30 " 40 ".....	16	3	19
" 40 " 50 ".....	10	9	19
" 50 " 60 ".....	14	2	16
" 60 " 70 ".....	18	7	25
" 70 " 80 ".....	7	4	11
" 80 " 90 ".....	3	1	4
Total.....	73	28	101

TABLE No. 11.
APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

	Men.	Women.	Total.
1 month.....	6	1	7
3 months.....	3	2	5
9 ".....	3	4	7
1 year.....	8	1	9
2 years.....	17	2	19
5 ".....	13	6	19
10 ".....	12	5	17
15 ".....	5	4	9
20 ".....	2	1	3
25 ".....	3	1	4
30 ".....	1	1	2
Total.....	73	28	101

TABLE No. 12.
OCCUPATION OF THOSE ADMITTED.

	Men.	Women.	Total.		Men.	Women.	Total.
Cigar maker.....	1	0	1	Minister.....	1	0	1
Clerk.....	3	1	4	Moulder.....	1	0	1
Domestic.....	0	24	24	Music teacher.....	0	1	1
Dress maker.....	0	2	2	Painter.....	6	0	6
Farmer.....	26	0	26	Physician.....	1	0	1
Fisherman.....	6	0	6	Promoter.....	1	0	1
Horse dealer.....	2	0	2	Salesman.....	1	0	1
Housewife.....	0	48	48	Scholar.....	1	1	2
Laborer.....	39	0	39	Teacher.....	1	3	4
Laundryman.....	1	0	1	Telegraph operator.....	0	1	1
Lawyer.....	1	0	1	Teamster.....	2	0	2
None.....	9	13	22	Tailor.....	1	0	1
Mechanic.....	22	0	22	Unknown.....	31	5	36
Merchant.....	4	0	4	Weavers.....	3	1	4
Milliner.....	0	1	1				
Mill operator.....	10	0	10	Total.....	174	101	275

TABLE No. 13.

RESIDENCE OF THOSE ADMITTED.

	Men.	Women.	Total.		Men.	Women.	Total.
Albany	2	0	2	Mexico	1	0	1
Alfred	1	0	1	Monmouth	0	2	2
Anson	1	0	1	Monson	1	0	1
Appleton	1	0	1	New Portland	1	0	1
Arrowsic	1	0	1	Newfield	1	0	1
Auburn	4	6	10	North Berwick	1	0	1
Augusta	3	3	6	Northport	0	1	1
Bath	1	1	2	Norway	1	0	1
Belfast	1	3	4	Oldtown	1	0	1
Belgrade	1	3	4	Oxford	2	0	2
Berwick	2	1	3	Oxford County Jail	1	0	1
Bremen	0	1	1	Palmyra	1	0	1
Brooksville	1	0	1	Paris	2	0	2
Buxton	2	0	2	Parkman	1	0	1
Biddeford	8	1	9	Phillips	3	2	5
Boothbay	0	1	1	Phippsburg	1	0	1
Bowdoinham	1	0	1	Portland	21	21	42
Brownfield	1	0	1	Porter	2	0	2
Brunswick	1	0	1	Rangeley	0	1	1
Calais	1	0	1	Readfield	0	1	1
Castine	1	0	1	Ripley	1	0	1
Chelsea	0	2	2	Rockland	2	1	3
China	0	1	1	Rumford	2	0	2
Cornish	1	0	1	Saco	1	0	1
Damariscotta	0	1	1	Sanford	0	1	1
Deer Isle	2	0	2	Searsmont	1	0	1
Detroit	1	0	1	Searsport	3	1	4
Dover	2	0	2	Sebec	1	0	1
Durham	0	1	1	Shapleigh	1	1	2
Ellsworth	0	1	1	Skowhegan	4	5	9
Fairfield	0	1	1	Somerset County Jail	1	0	1
Falmouth	2	0	2	South Berwick	2	1	3
Farmington	1	0	1	South Gardiner	0	1	1
Farmingdale	0	2	2	South Portland	2	3	5
Freeport	1	0	1	Solon	1	0	1
Friendship	1	1	2	Stacyville	1	0	1
Gardiner	3	0	3	Stockton Springs	1	0	1
Gray	1	0	1	St. George	1	0	1
Greene	1	0	1	State Prison	1	0	1
Greenville	1	0	1	Swanville	1	0	1
Gorham	0	2	2	Thomaston	3	0	3
Hallowell	1	3	4	Topsham	0	1	1
Harpswell	1	0	1	Turner	1	0	1
Hartland	1	0	1	Union	0	1	1
Houlton Jail	1	0	1	Vassalboro	0	3	3
Isle au Haut	1	0	1	Warren	1	0	1
Islesboro	0	1	1	Waldoboro	1	1	2
Jay	2	1	3	Waterboro	3	1	4
Kennebec County Jail	3	0	3	Waterville	3	2	5
Kennebunk	2	0	2	Wayne	2	0	2
Kennebunkport	0	1	1	Wells	1	0	1
Kittery	1	0	1	Wilton	4	0	4
Leeds	1	0	1	Windsor	1	0	1
Lewiston	11	11	22	Winterport	1	0	1
Lisbon	1	2	3	Winslow	2	0	2
Liberty	1	0	1	Woolwich	1	0	1
Madison	1	0	1				
Mechanic Falls	2	0	2	Total	174	101	275

TABLE No. 14.
NUMBER OF ADMISSIONS OF THOSE ADMITTED.

	Men.	Women.	Total.
Admitted the first time	132	79	211
" " second time	30	16	46
" " third time	5	3	8
" " fourth time	4	0	4
" " fifth time	1	1	2
" " sixth time	1	0	1
" " seventh time	0	1	1
" " eighth time	0	1	1
" " eighteenth time	1	0	1
Total	174	101	275

TABLE No. 15.
RELIGION OF THOSE ADMITTED.

	Men.	Women.	Total.
Catholics	33	24	57
Protestants	127	72	199
Jew	2	3	5
Unknown	12	2	14
Total	174	101	275

TABLE No. 16.
NATIVITY OF THOSE ADMITTED.

	Men.	Women.	Total.
Arkansas	1	0	1
Australia	1	0	1
Austria	1	1	2
Canada	16	15	31
Connecticut	1	0	1
Denmark	1	0	1
England	3	2	5
Germany	1	1	2
Ireland	5	7	12
Italy	2	0	2
Maine	130	67	197
Massachusetts	1	2	3
New York	1	0	1
New Hampshire	5	0	5
Russia	2	3	5
Scotland	1	1	2
Unknown	2	1	3
Wisconsin	0	1	1
Total	174	101	275

TABLE No. 17.
TYPE OF DISEASES OF THOSE ADMITTED.

	Men.	Women.	Total.
Alcoholic Insanity:			
Acute.....	5	0	5
Chronic.....	15	0	15
Chronic (Korsakoff's).....	2	0	2
Constitutional inferiority.....	7	4	11
Constitutional inferiority with episodes.....	5	3	8
Delirium acute.....	1	3	4
Dementia præcox.....	23	27	50
Dementia præcox (paranoic condition).....	1	3	4
Epileptic insanity.....	7	3	10
General paralysis.....	11	0	11
Idiocy.....	1	0	1
Imbecility.....	13	7	20
Infection delirium.....	3	0	3
Involution melancholia.....	4	8	12
Manic-Depressive Insanity:			
Maniacal.....	18	9	27
Depressed.....	12	3	15
Mixed.....	2	0	2
Morphanism.....	1	3	4
Neurosthenia.....	1	0	1
Organic dementia.....	6	3	9
Paranoic condition.....	11	5	16
Senile dementia.....	24	20	44
Traumatic insanity.....	1	0	1
Total.....	174	101	275

SUPERINTENDENT'S REPORT.

TABLE No. 18.

SHOWING THE OPERATIONS OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

YEAR.	Admitted.	Discharged.	Whole number under treatment	Recovered.	Improved.	Unimproved.	Died.	Greatest number in hospital on any day.	Least number in hospital on any day.	Remaining at the end of year.	Daily average number for the year.
1840-1	105	79	133	33	20	20	6	70	25	54	48
1841-2	87	76	141	36	16	18	6	73	50	65	62
1842-3	82	79	147	31	27	17	4	72	58	68	65
1843-4	83	75	151	32	18	22	3	79	65	76	70
1844-5	99	90	175	38	22	23	7	89	72	85	80
1845-6	102	87	187	46	22	14	5	107	79	100	93
1846-7	124	100	224	53	17	20	10	125	98	124	108
1847-8	128	125	252	60	31	14	20	135	117	127	112
1848-9	123	123	250	60	28	17	18	135	118	127	126
1849-50	126	109	253	58	20	16	15	148	126	144	137
1850-1	90	102	234	51	40	52	39	155	52	52	75
1851-2	105	72	157	36	11	16	9	84	52	84	78
1852-3	124	89	208	45	14	15	15	119	84	119	109
1853-4	110	114	229	49	15	18	32	119	114	115	109
1854-5	128	88	243	41	14	14	19	155	114	155	134
1855-6	149	114	304	54	22	19	19	194	151	190	167
1856-7	144	126	334	69	24	19	14	215	190	208	204
1857-8	126	126	334	59	25	18	24	225	205	208	213
1858-9	149	120	357	58	22	23	17	240	205	307	233
1859-60	136	133	373	63	22	17	31	246	227	240	236
1860-1	135	123	375	55	25	16	27	255	239	252	248
1861-2	125	119	377	57	24	19	19	263	244	258	254
1862-3	118	111	376	52	21	14	24	266	242	265	254
1863-4	124	135	389	49	22	11	53	273	247	254	263
1864-5	142	119	396	47	25	23	24	282	254	277	272
1865-6	135	136	412	61	29	13	33	287	267	276	277
1866-7	150	123	426	54	27	11	31	303	276	303	391
1867-8	165	129	468	63	23	16	27	341	302	339	219
1868-9	150	152	489	68	28	14	42	351	332	337	342
1869-70	130	122	467	48	19	18	37	348	330	345	339
1870-1	174	151	519	58	28	21	44	376	345	368	363
1871-2	202	177	570	79	34	19	45	404	368	393	385
1872-3	200	182	593	83	36	20	43	416	388	411	400
1873-4	189	207	600	61	33	61	52	420	393	393	406
1874-5	188	178	581	68	31	27	52	408	389	403	398
1875-6	186	184	589	68	33	31	52	408	384	405	398
1876-7	194	183	599	74	35	28	46	423	397	416	411
1877-8	188	186	604	56	45	37	48	423	406	418	415
1878-9	196	195	614	53	52	60	30	432	399	419	415
1879-80	188	171	607	57	33	43	38	439	390	436	412
1880-1	215	201	651	56	57	42	46	453	426	450	442
1881-2	194	183	644	71	35	34	43	465	433	461	449
1882-3	208	205	669	53	42	22	58	467	430	464	450
1883-4	203	207	667	59	31	16	101	472	443	460	454
1884-5	249	223	709	80	54	12	77	488	459	486	474
1885-6	231	189	717	66	56	7	60	543	484	528	506
1886-7	226	202	754	82	52	14	54	556	527	552	543
1887-8	250	224	802	76	48	19	81	600	552	578	580
1888-9	225	223	803	65	60	22	76	599	561	580	579
1889-90	253	207	833	65	52	17	73	634	577	626	612
1890-1	245	198	871	63	47	18	70	677	626	673	649
1891-2	269	257	942	71	72	25	89	697	669	685	685
1892-3	287	301	972	75	83	55	88	714	671	671	693
1893-4	284	275	955	84	51	36	104	706	668	680	680
1894-5	274	248	954	95	54	34	65	712	680	706	698
1895-6	240	237	946	58	70	29	80	717	690	709	703
1896-7	255	251	964	52	95	33	81	737	710	713	722
1897-8	234	214	947	42	76	35	61	740	708	733	727
1898-9	249	235	982	48	37	21	103	771	732	747	747
1899-1900	273	249	1020	61	49	32	107	782	748	771	764
1900-1901	206	377	977	66	92	117	102	776	600	600	702
1901-1902	203	172	803	46	28	16	82	631	596	631	607
1902-1903	209	176	840	57	31	17	77	668	629	664	646
1903-1904	200	160	864	49	23	11	77	710	663	704	689
1904-1905	210	201	914	63	38	11	89	728	701	713	710
1905-1906	278	185	991	47	13	22	90	809	712	806	739
1906-1907	249	227	1054	48	35	40	104	844	803	827	822
1907-1908	235	220	1062	60	22	22	94	863	830	842	846
1908-1909	275	215	1117	57	17	21	101	917	842	902	888

REPORT OF THE COMMITTEE ON THE CRIMINAL INSANE BUILDING.

AUGUSTA, MAINE, November 30, 1909.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved March 6, 1907, (see chapter 82, laws of 1907, page 1463.)

Resolved, "That there be and is hereby appropriated the sum of forty thousand dollars for the purpose of constructing a suitable building for the criminal insane upon the arsenal grounds of the Maine Insane Hospital, said appropriation to be expended under the direction of the trustees of insane hospitals."

And also in accordance with the resolve approved March 13, 1909, (see chapter 146, laws of 1909, page 1291.)

Resolved, "That there be and is hereby appropriated, the sum of twelve thousand dollars for the year nineteen hundred and nine, for the use of the Maine Insane Hospital, for the following purposes:

For the completion and furnishing of the criminal insane building. Said sum to be expended under the direction of the trustees of insane hospitals."

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1909.

RECEIPTS.		
1908.	Appropriation Criminal Insane Building:	
Dec. 1.	Balance cash on hand unexpended appropriation	\$4,496 49
1909.	Criminal Insane Building	12,000 00
May 31.	To cash from State Treasurer	\$16,496 49
DISBURSEMENTS.		
1909.	Paid C. E. Hoxie, contractor	\$10,087 07
	C. E. Hoxie, bill of extras, four attic rooms	988 00
	Coombs & Gibbs, architects' plans, specifications, traveling expenses, etc.	1,924 53
	Clark Automatic Telephone & Switchboard System for interior telephone	15 00
	Electrical material and labor wiring Criminal Insane Building	1,186 08
	Magnesia Covering and labor covering steam pipes Criminal Insane Building	390 44
	Labor of men and teams grading grounds	106 50
	Morss & Wythe for window guards	1,125 00
	Wm. Hall & Co., for locks	564 00
	Labor of men, material, express, freight, etc., on doors, locks and guards	704 97
STEAM HEATING AND VENTILATION.		
	W. W. Carman, labor pipe fittings, etc.	1,565 56
	J. H. Stetson Co., galvanized heat and ventilation boxes, and connections	600 00
	Labor, express, freight and fittings	100 03
PLUMBING AND WATER PIPING.		
	F. W. Webb Mfg. Co., pipe and fittings	587 88
	Labor, express, freight and fittings	526 61
		\$20,451 67
	Amount expended in excess of appropriation charged to surplus account	3,955 18
		\$20,451 67 \$20,451 67

Respectfully submitted,

GEO. E. MACOMBER,
MRS. FREDERICK CONY,
THOMAS WHITE,
A. R. NICKERSON,

Building Committee.

REPORT OF BUILDING COMMITTEE.
 RENOVATION OF KITCHEN AND BAKERY AND
 ERECTION OF DINING ROOM FOR EMPLOYEES.

AUGUSTA, MAINE, November 30, 1909.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved March 16, 1909, (see chapter 171, laws of 1909, page 1300.)

Resolved, that there be and is hereby appropriated the sum of twenty-eight thousand dollars for the year nineteen hundred and nine, for the use of the Maine Insane Hospital, for the following purposes:

For the renovation of kitchen, bakery, and the erection of a dining room for employees, finishing and furnishing the same.

Said sum to be expended under the direction of the trustees of insane hospitals.

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1909.

1909.		RECEIPTS.		
Aug. 27.	To cash from State Treasurer	\$871	17	
Oct. 9.	To cash from State Treasurer	759	75	
Oct. 23.	To cash from State Treasurer	400	00	
Nov. 20.	To cash from State Treasurer	3,700	00	\$5,730 92
1909.		DISBURSEMENTS.		
Paid R. J. Noyes, contractor		5,650	00	
Advertising for sealed proposals and express on plans and specifications		80	92	5,730 92

Respectfully submitted,

GEO. E. MACOMBER,
 MRS. FREDERICK CONY,
 THOMAS WHITE,
 A. R. NICKERSON,

Building Committee.

STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial affairs of the Maine Insane Hospital for the year ending November 30, 1909.

Conforming to the direction and advice of the State Auditor, whose method and system was fully adopted by the Trustees and Treasurer, and became operative December 1, 1908, I am herewith presenting a more extensively detailed and simpler report perhaps than the regular annual financial statement that has for the past quarter of a century been prepared by myself for the financial showing of the affairs of the institution.

I established double entry bookkeeping as Clerk in 1883, a system which until the present time has given universal satisfaction, and borne the approval of the State Auditor, whose changes do not disturb the general plan heretofore in effect, but modify, simplify and bring about general uniformity of accounting for the administration of all departments of the State of Maine.

I am pleased to express my entire approval of the reorganization of the same, and congratulate the State Auditor upon its thoroughness and completeness, which will result in the conduct of more rigid economy in departmental government.

TOTAL RECEIPTS AND DISBURSEMENTS OF CASH FOR
THE YEAR ENDING NOVEMBER 30, 1909.

Dr.		
Balance of cash on hand, December 1, 1908.....	\$2,785 93	
Received from cities, towns and individuals for support of patients.....	142,924 11	
Received from State of Maine, account appropriation support of patients.....	75,583 67	
Received from State of Maine, account appropriation salaries of officers.....	8,622 30	
Received from State of Maine, account appropriation for deficiencies.....	17,400 00	
Received from State of Maine, account appropriation completion of Criminal Insane Building.....	12,000 00	
Received from State of Maine, account appropriation rebuilding greenhouse, wharf, coal pocket roof, etc.....	5,767 67	
Received from State of Maine, account appropriation support and maintenance of the criminal insane.....	4,503 77	
Received from State of Maine, account appropriation renovation kitchen and bakery.....	5,730 92	
Received from State of Maine, account appropriation Chase Island.....	2,702 86	
Received from State of Maine, account appropriation printing and binding reports of trustees.....	369 05	
Received from State of Maine, account Coburn Fund.....	2,000 00	
Received account Orne Fund, interest on note.....	50 00	
Received from the Eastern Maine Insane Hospital, for support of patients at Chase Island Hospital, season 1908.....	1,040 00	
Received from the Eastern Maine Insane Hospital, for support of patients at Chase Island Hospital, season 1909.....	1,355 11	
Received from investment, account Library Fund.....	274 12	
Received bills payable.....	10,000 00	
Received sundry items.....	3,412 96	\$296,522 47
Cr.		
Disbursements, account hospital general expenses.....	\$233,182 51	
Disbursements, account Coburn Fund.....	2,965 23	
Disbursements, account Library Fund.....	105 30	
Disbursements, account Orne Fund.....	28 50	
Disbursements, account appropriation printing and binding reports of trustees.....	369 05	
Disbursements, account appropriation purchasing herd of cattle.....	1,211 56	
Disbursements, account appropriation for Chase Island Hospital, salary of caretaker, etc.....	3,311 21	
Disbursements, account appropriation kitchen and bakery.....	5,730 92	
Disbursements, account appropriation support and maintenance of the criminal insane.....	7,484 06	
Disbursements, account appropriation salaries of officers.....	8,622 30	
Disbursements, account appropriation greenhouse, wharf, coal pocket roof, repairing commander's and other residences on Arsenal Grounds.....	8,966 77	
Disbursements, account appropriation construction and completion of Criminal Insane Building.....	20,451 67	
Balance of cash on hand December 1, 1909.....	4,093 39	296,522 47

STATEMENT OF OPERATING INCOME AND EXPENSES
FOR YEAR ENDING NOVEMBER 30, 1909.

INCOME.			
Board of patients	\$208,856 10		
Board of employees	6,216 59		
Board of patients, criminal insane	1,301 14		
Board of patients, Chase Island	4,223 83	\$220,597 66	
Dry goods store, profit on sales		1,527 91	
Farm horses, services	\$1,427 64		
Farm cows, milk and beef production	11,263 42		
Farm other live stock, sales, etc.	184 27	12,875 33	
Garden department, sales and supplies used		2,769 31	
Stable, use of teams		111 00	
Hog department, sales, etc.		2,590 17	
Greenhouse, sales and supplies used		76 94	
Quarry, sales, etc.		77 50	
Stone crusher, sales, etc.		189 95	
Fire department, transfer of materials		226 88	
House rents		543 00	
Insurance, gain in inventory		117 18	
Heat, light and power reimbursed, account criminal insane		1,230 23	
Sundry sales, miscellaneous materials		1,471 29	
From State appropriation for criminal insane		6,182 92	
" " " " salary of officers		8,622 30	
" " " " printing and binding reports		369 05	
" " " " Chase Island Hospital		2,702 86	
" " " " Deficiencies 1908 (Chase Island Hospital)		106 62	
" " " " Joseph H. Williams Legacy		40 00	
" " " " Helen A. Gilman Legacy		50 00	\$262,478 10
EXPENSES.			
Salaries of officers		\$8,622 30	
Pay roll of employees		44,569 57	
Groceries and subsistence		91,928 01	
House furnishings, general		9,513 21	
Dispensary department, supplies		2,600 42	
Medical attendance		12 00	
Water		3,941 25	
Ice		1,162 90	
Heat, light and power, labor	\$3,708 80		
Coal	16,942 16		
Electricity	3,143 08		
Gas	265 88		
Oil	47 23		
Sundries	88 73	24,195 88	
Maintenance of Property:			
Household furnishings	\$253 61		
Repairs to buildings & grounds, labor	12,559 15		
Repairs to buildings & grounds, materials	2,857 45		
Extraordinary repairs and improvements	1,616 89		
Allen House sewer	801 63		
Kitchen sewer	1,233 54		
Excavating kitchen ledge	392 77	19,715 04	
Farm,			
Labor	6,083 20		
Equipment, tools, etc.	175 24		
Repairs of equipment	275 79		
Hay	1,265 01		
Feed	7,330 70		
Fertilizer, seeds, etc.	324 19		
Heating	442 18		
Miscellaneous	137 53	16,533 84	

STATEMENT OF OPERATING INCOME AND EXPENSES
FOR YEAR ENDING NOVEMBER 30, 1909—CONCLUDED.

EXPENSES—Concluded.			
Stable,	Labor.....	\$1,145 36	
	Equipment.....	197 34	
	Repairs of equipment.....	109 36	
	Horses.....	64 00	
	Feed.....	438 09	
	Hay.....	455 35	
	Heating.....	54 77	
	Miscellaneous.....	320 48	2,784 75
Hog Dept.,	Labor.....	\$693 19	
	Supplies.....	239 29	
	Heating.....	153 06	1,085 54
Greenhouse,	Labor.....	\$696 00	
	Supplies.....	59 74	755 74
Laundry,	Labor.....	\$2,891 32	
	Supplies.....	600 60	
	Repairs.....	61 55	3,553 47
Quarry,	Labor.....	\$88 12	
	Supplies.....	38 70	126 82
Crusher,	Labor.....	\$1,600 67	
	Supplies.....	37 19	1,637 86
Garden Dept.,	Labor.....	\$1,891 75	
	Seeds.....	93 69	
	Fertilizer.....	163 00	2,148 44
Administration Expenses:			
	Surety bonds.....	\$55 00	
	Clerk hire.....	3,323 49	
	Telephone and telegraph.....	265 58	
	Postage, stationery, etc.....	1,153 77	
	Traveling expenses.....	800 95	5,598 79
Freight and trucking.....			711 56
Library books, etc.....			129 89
Interest and discount.....			157 29
Printing and binding reports.....			369 05
Criminal Insane Support:			
	Labor.....	\$2,000 50	
	Food.....	1,861 16	
	Furnishings.....	1,568 10	
	Repairs.....	403 23	
	Heat and lights.....	1,268 39	
	Clothing, etc.....	382 68	7,484 06
Chase Island Hospital:			
	Balance from 1908.....	\$160 06	
	Salary of caretaker, etc.....	760 50	
	Labor.....	1,046 56	
	Food supplies.....	2,353 72	
	Furnishings.....	513 58	
	Fuel.....	335 30	
	Repairs.....	1,669 72	
	Express, freight and telephone.....	101 89	
	Traveling expenses.....	804 55	7,745 88
Profit and loss, gain in operating.....			5,394 54
			\$262,478 10

STATEMENT OF OTHER INCOME AND EXPENDITURES
YEAR ENDING NOVEMBER 30, 1909.

OTHER INCOME, NOVEMBER 30, 1909.			
Appropriation for purchasing herd of Cattle:			
Unexpended balance from 1908.....		\$1,334 90	
Appropriation for deficiencies of 1908.....		17,400 00	
" " Renovation of kitchen, bakery, etc., 1909.....		5,730 92	
" " Rebuilding greenhouse, wharf, coal pocket, slaughter house, and Commander's house 1909.....		5,767 67	
Due from State, of Maine, amount expended in excess of amount received for rebuilding greenhouse, etc.....		3,199 10	
Building for Criminal Insane:			
Balance from 1908 appropriation.....	\$4,496 49		
Appropriation from State, 1909.....	12,000 00		
Balance charged to profit & loss.....	3,955 18	20,451 67	\$53,884 26
OTHER EXPENDITURES.			
Paid for purchasing herd of cattle.....		1,211 56	
" " Deficiencies 1908, viz.:			
Arsenal road, 1908.....	\$4,403 96		
Rebuilding laundry, 1908.....	3,790 48		
Renovation first male wing, 1908.....	5,362 49		
" " " 1909.....	490 58		
Fire and water service, 1908.....	3,245 87		
Chase Island Hospital (part).....	106 62	17,400 00	
" " Renovation kitchen, bakery, etc., 1909.....		5,730 92	
" " Rebuilding greenhouse, wharf, coal pocket, slaughter house and Commander's house, 1909.....		8,966 77	
Unexpended balance of appropriation for purchasing herd of cattle, 1908.....		123 34	
Building for Criminal Insane:			
Grading.....	\$106 50		
Doors, locks, etc.....	2,393 97		
Steam line.....	2,265 59		
Plumbing.....	1,094 49		
Construction.....	13,014 60		
Wiring.....	1,186 08		
Pipe covering.....	390 44	20,451 67	\$53,884 26

STATEMENT OF ASSETS AND LIABILITIES,
NOVEMBER 30, 1909.

ASSETS.			
Inventories, viz:			
House furnishings	\$66,402 21		
Dry goods store	9,024 04		
Grocery store	11,510 65		
Coal purchase	12,745 69		
Dispensary department	3,325 61		
Ice	100 00		
Oil	22 15		
Repair material	18,028 61		
Insurance	249 10		
Fire equipment	1,557 90		
Farm	5,946 05		
Horses	2,750 00		
Cows	5,545 00		
Other live stock	1,783 00		
Hay	5,498 50		
Feed	2,630 35		
Fertilizer seeds, etc	2,022 69		
Miscellaneous	136 68		
Garden department	1,153 50		
Stable equipment	2,796 84		
Horses	1,345 00		
Feed	85 75		
Hay	32 00		
Postage, stationery, etc	599 13		
Hog department	3,641 00		
Greenhouse	1,548 05		
Laundry supplies	29 50		
Canned fruits, etc	1,447 25	\$161,956 25	
Accounts receivable (sundry firms)		1,595 51	
(patients support)		44,230 83	
Real Estate, viz:			
Norton house, purchased in 1886	900 00		
Hoyt house, purchased in 1890	2,500 00		
Severance farm, purchased in 1893	2,000 00		
Thorne farm, purchased in 1893	4,500 00	9,900 00	
Invested Funds, viz:			
Orne Fund	\$1,000 00		
Library Fund	3,200 00		
Coburn Fund	50,000 00	54,200 00	
Due from State of Maine, Support account		20,009 10	
Sundry appropriations, viz:			
Chase Island Hospital	\$297 14		
Renovation kitchen, bakery, etc.	22,269 08		
Support criminal insane	2,496 23		
Rebuilding greenhouse, etc	7,232 33		
Printing and binding reports	30 95		
Salaries of officers	1,377 70		
Joseph H. Williams, Legacy	40 00		
Helen A. Gilman, Legacy	50 00	33,793 43	
Cash on hand November 30, 1909		4,093 39	\$329,778 51
LIABILITIES, NOVEMBER 30, 1909.			
Hospital account A	\$93,751 12		
B	82,304 13	\$176,055 25	
Profit and loss, gain in operating	\$5,394 54		
Less net debit criminal insane building	3,955 18	1,439 36	
Accounts payable (E. M. I. H. Bangor)		317 38	
Audited vouchers		54,238 58	
Income Accounts Unexpended, viz:			
Orae Fund	\$21 50		
Library Fund	228 82		
Coburn Fund	\$29 10	1,079 42	

STATEMENT OF ASSETS AND LIABILITIES,
NOVEMBER 30, 1909—CONCLUDED.

LIABILITIES—Concluded.			
Fund Accounts, viz.:			
Orne Fund	\$1,000 00		
Library Fund	3,200 00		
Coburn Fund	50,000 00	\$54,200 00	
Notes payable		11,000 00	
Appropriation Accounts, Unexpended, viz.:			
Chase Island Hospital	\$297 14		
Renovation kitchen, bakery, etc.	22,269 08		
Support of criminal insane	817 08		
Rebuilding greenhouse, etc.	4,033 23		
Printing and binding reports ..	30 95		
Salaries of officers	1,377 70		
Slaughter house, 1908	1,000 00		
Rebuilding greenhouse, 1908 ..	1,500 00		
Purchasing herd cattle	123 34	31,448 52	\$329,778 51

Very respectfully submitted,

MANNING S. CAMPBELL,

Steward and Treasurer.

GARDEN PRODUCTS FOR THE YEAR 1909.

218	Bushels Apples	\$109 00
1½	Bushels Crab Apples.....	1 12
329	Pounds Asparagus	41 13
27	Bushels Beet Greens	13 50
10,788	Pounds Beets	107 88
102	Bushels String Beans	116 25
174	Boxes Blackberries*	17 40
12,780	Pounds Cabbage	191 70
17,407	Ears Corn	146 97
12,070	Cucumbers	120 70
515	Boxes Currants	51 50
3,552	Pounds Carrots	35 52
9	Head Cauliflower	2 25
6,355	Heads Celery	636 50
5 12-20	Tons Corn Fodder.....	22 40
50	Boxes Gooseberries	5 00
3,550	Heads Lettuce	35 50
7,235	Pounds Onions	144 70
7,090	Pounds Pumpkins	70 90
89½	Bushels Green Peas	111 88
6,980	Pounds Parsnips	103 70
11-1-12	Bushels Pears	10 35
12	Bushels Pickles	18 00
153	Bunches Radishes	6 80
3,210	Pounds Rhubarb	52 80
59	Bushels Spinach	59 00
21,560	Pounds Squash	323 39
553	Boxes Strawberries	69 12
4,528	Pounds Tomatoes	93 91
45,027	Pounds Turnips	450 27
		\$3,169 14

FARM PRODUCTS FOR THE YEAR 1909.

353	Pounds Beef	\$ 24 71
354	Bushels Oats and Barley	204 00
361	Pounds Calf Skins	40 63
160	Pounds Cow Hides	12 80
87 1325-2000	Tons Corn Fodder	613 63
360 1519-2000	Tons Hay	5,411 39
19 1-100	Tons Hungarian Grass	114 06
194	Pounds Liver	7 48
39,682 $\frac{3}{4}$	Gallons Milk	9,523 86
10 1370-2000	Tons Oats and Peas	64 11
141,969	Pounds Potatoes	1,496 86
292 $\frac{1}{2}$	Bushels Small Potatoes	87 75
12	Tons Straw	96 00
39	Pounds Tongue	4 68
3,432	Pounds Veal	375 43
		<hr/>
		\$18,077 39

ARTICLES MADE IN SEWING ROOM, YEAR ENDING
NOVEMBER 30, 1909.

459 Aprons.	6 Jelly bags.
3 Abdominal bandages.	3 Mangle covers.
10 Laundry bags.	8 Men's shirts.
4 Broom bags.	200 Nightdresses.
24 Bed ticks.	181 Napkins hemmed.
131 Bureau covers.	51 Provision bags.
12 Clothes bag strings.	2,011 Pillow slips.
51 Camisole strings.	5 Sofa pillow linings.
27 Camisoles.	12 Strainers.
96 Clothes bags.	3,126 Sheets.
618 Christmas bags.	520 Skirts.
36 Coffee and tea bags.	1 Surgical knife case.
96 Chemises.	10 Surgical gowns.
46 Curtains.	2,632 Rolls bandages.
2 Carriage covers.	325 Tablecloths.
1 Chest compress cover.	2 Table covers.
12 Chair backs.	17 Waists.
74 Cook's caps.	13 Rubber sheets.
8 Pairs cuffs, Surgical room.	3 Pairs over sleeves.
199 Dresses.	3,058 Towels.
782 Dresses repaired.	186 Nurse's uniforms cut.
2 Dress skirts.	12 Nurse's waists, extra cut.
3 Dress skirts repaired.	1 Nurse's skirt, extra cut.
229 Pairs ladies' drawers.	199 Aprons cut.

ARTICLES REPAIRED IN SEWING ROOM, YEAR ENDING
NOVEMBER 30, 1909.

390 Aprons.	169 Napkins hemmed.
5 Bureau covers from old material.	191 Napkins from old material.
84 Bags from old material.	3 Pillow slips.
13 Bureau covers	26 Sheets.
7 Pairs blankets	36 Spreads.
163 Clothes bags.	65 Tablecloths.
140 Cook's coats.	19 Tablecloths from old material.
55 Camisoles.	2 Tray cloths from old material.
27 Curtains.	569 Towels from old material.
5 Carriage robes.	1 Tub harness.
10 Coffee bags.	7 Towels and napkins.
21 Frocks.	10 Rugs bound.
1 Horse blanket.	18 Pairs white pants.
	1 Tent.

REPORT OF CHAPLAINS.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—Religious services have been conducted during the year at the chapel connected with the institution. Revs. Brian C. Roberts and Edwin M. Slocombe serving with me as Chaplains during that period. The attendance at these services is entirely voluntary, such patients as are able and so disposed being allowed the privilege of attending chapel. The attendance and the interest manifested during the year has been most gratifying to the Chaplains in charge. Many of these people while they are in the service, surrounded by the influences of divine worship, with minds centered upon the subject in hand are as competent, possibly, of receiving benefit from such services and being intelligently interested therein as any equal number of people anywhere assembled. I am quite convinced that the patients derive help and encouragement from these services beyond our ability to correctly estimate. Both mentally and spiritually are they strengthened and helped by this quiet hour apart every Sunday afternoon.

The hearty and sympathetic co-operation of Dr. Sanborn and his assistants in all these services is an important factor in making the services what the Chaplains desire them to be.

Respectfully submitted,

C. G. MOSHER,

For the Board of Chaplains.

Augusta, Maine, November 30th, 1909.

REPORT OF VISITING COMMITTEE.

BAR HARBOR MAINE, December 31, 1909.

*To His Excellency, Governor Fernald, and Executive Council
of the State of Maine:*

The committee appointed by His Excellency in 1909 to visit the insane hospitals of the State during the years 1909 and 1910 have attended to their duties and make the following report.

Both institutions have been visited at frequent intervals with no intimation to the managers of our coming. The wards have been inspected, the way of feeding and the amount and quality of food have been carefully looked over; even been there at meal time to see the service given the patients.

At all times have your committee found everything neat and sanitary and the service has been of the very best that able and careful managers could give. Your committee are gratified to be able to report they are well satisfied that the inmates of both hospitals are kindly and well treated, that the managers take a deep personal interest in each patient and the attendants exercise at all times patience and kindly consideration to those unfortunates placed there for treatment.

The management is at all times being improved, both in and out of door exercise and methods of providing work in the wards, which are of vital importance to the improvement of those who have any possibility of recovery.

The utmost courtesy and welcome have been shown by the officials of each hospital at all times, and we wish to express our obligations for the welcome extended to us by them.

C. C. MORRISON,
S. E. PETTENGILL.



REPORT

OF THE

Trustees, Resident Officers and Visiting Committee

OF THE

EASTERN MAINE INSANE HOSPITAL

December 1, 1909

OFFICERS OF THE HOSPITAL.

TRUSTEES.

FREDERICK ROBIE, *President*, Gorham.
CHARLES E. FIELD, *Secretary*, Bangor.
MRS. FREDERICK CONY, Augusta.
A. R. NICKERSON, Boothbay Harbor.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.

RESIDENT OFFICERS.

H. W. MITCHELL, M. D., Superintendent.
FORREST C. TYSON, M. D., Assistant Superintendent.
MARY P. MITCHELL, M. D., Second Assistant.
JAMES W. CRANE, M. D., Assistant Physician.
CHARLES F. PERRY, Steward.
CHARLES S. PEARL, Treasurer.
MRS. ADELAIDE C. BROWN, Matron.

DENTIST.

DR. H. S. FROST, Bangor.

CHAPLAINS.

REV. ALVA ROY SCOTT.
REV. D. B. LOTHROP.
MR. ROBERT A. JORDAN.
REV. JOHN DRISCOLL.

SUPERVISORS.

Male.

FRED R. CARTER.
EDWARD W. BRAILEY, Assistant Supervisor.
SAMUEL MARSH, Night Supervisor.

Female.

MRS. MARY E. HICKEY.
ANNIE M. CARROLL, Assistant Supervisor.
LAURA J. PAGE, Night Supervisor.

S. WILBUR FISKE, Engineer.
LESLIE W. SOMERS, Hospital Clerk.
BERNICE M. SMITH, Assistant Hospital Clerk.
MRS. LILLIAN I. GOODRICH, Superintendent's Clerk.
FRANK W. GOODRICH, Store Clerk.
GEORGE WARE, Head Farmer.

SUPERINTENDENT'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:—

In compliance with the statutes, I herewith submit the Superintendent's ninth annual report, for the year ending Nov. 30, 1909.

The daily average number of patients was 279.8 for 1908 and is 303 for 1909. Within the year there have been admitted 128 patients, 72 men and 56 women. There were 304 patients Nov. 30, 1909, as compared with 291 one year ago. Preparations have been completed for the transfer during the first week in December, of all the women patients from the five eastern counties, who have hitherto been cared for at the Augusta Hospital because of inadequate room at Bangor. This condition has been remedied by the construction of Wing D, which has been partially occupied by patients since last January. This building will have unused accommodations for about 50 women after the transfer of 35 from Augusta.

Notwithstanding the loss of three months in the short building season of this climate, forced by the provisions of the initiative and referendum act, the walls of the new wing for men are practically completed and ready for roofing which can be accomplished within a month. Had it not been for this delay, we should have been able to report that the mason work was completed in warm weather and that the building was at this time closed, heated and uninjured by the influence of the cold season. It is now expected that this building will be ready for patients during the fall of 1910. As money for furnishing the wards was appropriated by the Legislature for use in 1910, there will be no delay. After these wards are opened all the patients, male and female, from Aroostook, Piscataquis, Washington, Hancock and Penobscot counties can be cared for at this hospital.

There can be no accurate estimate at this time of the number of patients who might be sent here from almshouses under the provisions of the State Care act, nor is it possible to determine to what extent the annual commitments will be increased. Judging from such data as is now available the patients from the eastern district, alone, will not for some time, fill the hospital to its capacity, which, upon completion of present building operations, will be about 600 beds.

One case of typhoid fever originated in the hospital this spring from an undiscovered source. No other cases have appeared during the year.

All patients who left by violating parole privileges or escaping from the care of employes were promptly returned. Only one accident of any magnitude has occurred. A woman patient suffering from a painful and incurable disease, threw herself to the ground from the door-step. Her arm was broken. Death soon followed from another cause and was undoubtedly hastened by the act, which could not have been foreseen and prevented by anyone.

WORK OF THE MEDICAL STAFF.

The medical work has been continued as outlined in the last report, and good progress has been made in the clinical study of individual cases. By the end of another year the hospital will have enlarged to a point where it will be most desirable to increase the scope of medical work by securing the services of a physician with special training who shall devote his whole time to laboratory work. From a purely medical standpoint we cannot feel satisfied until this work is organized and the hospital is doing its part in helping to solve the problems of psychiatry. The development of the medical work in this hospital, to its highest possible efficiency, demands the assistance and professional stimulation that can be given by association with well organized laboratory work. The medical staff remains unchanged during the year.

DISCHARGES.

The number of actual discharges has been reduced by the operation of the parole act passed by the last Legislature. Under its provisions, 26 patients who would previously have

been discharged, are reported as being "on parole" and their discharge will take effect automatically upon the expiration of six months from date of leaving the hospital, unless, in the meantime, it should be necessary to return them, which can now be done without the delay, trouble, expense and publicity resulting from the usual commitment. Such a law, to be used at the option of the Superintendent, is in keeping with the progressive legislation of other states and allow a wise flexibility in the legal disposition of cases. It is a step in the right direction.

The number of cases showing recovery or improvement in the discharge tables is reduced about 50 per cent for this year, as the patients leaving the hospital "on parole" will not be technically "discharged" until six months from date of leaving. Consequently, patients leaving the hospital during the latter half of the year are not reported in this year's recovery table.

During the year we have had an unusually large number of patients committed in the last stages of fatal illness, several having died within a few hours after reaching the hospital. Such commitments are unnecessary and to be deplored on account of the patients. Of the 44 deaths, 18 occurred in senile patients and nearly all were the expected result of chronic mental and physical diseases.

DENTISTRY.

Necessary equipment for imperative dentistry has been purchased and Dr. H. S. Frost of Bangor, will immediately begin upon his work, which will greatly add to the comfort and welfare of the patients, who, without this provision, would be unable to have the services of a dentist.

CHASE ISLAND.

Each year furnishes another opportunity to pay a deserved tribute to this unique summer colony. This summer, 42 of our patients, 21 men and 21 women, were able to have a long outing at the Island. Many of this number were workers, who have come to look forward to this break in the monotony of daily hospital life with all the expectancy of those who are

more fortunate in being able to choose the time and place for a summer vacation.

TRAINING SCHOOL.

This work continues to be carried on under the supervision of Mrs. Mary E. Hickey, Superintendent of Nurses. So much of the welfare and comfort of our patients depends upon the maintenance of nursing force properly selected and trained in the performance of the exacting and trying duties of properly caring for the insane, that it is to be regretted that so many leave the service upon the completion of their two years' course, just at the time when their work is of the most value. Higher compensation should be offered as an inducement to retain in the service of the hospital those nurses who show themselves to be specially adapted to do the difficult work of nursing the insane.

The list of graduates for 1909 follows: Sarah A. Moody, Mary E. Kincaide, Caroline Ronald, Ellen T. Gordon, Ella G. Hersom, Frank D. Weymouth, Arthur G. Reynolds.

For over two years no mechanical restraint has been used to control the actions of patients and seclusion in rooms has been reduced to the lowest, practicable minimum, in the care of disorderly patients. In following the policy of non-restraint in a hospital of this character, two results may be predicted with confidence. The patients will be more comfortable, and those who care for them, physicians and nurses, will be more tactful and considerate when moral rather than physical means are used to control and influence troublesome patients.

FARM AND GARDEN.

The past season was poorly suited to obtain best results from farming operations, but despite this fact a very good showing was made in the quantity and quality of crops gathered.

REPAIRS AND IMPROVEMENTS.

The opening of new buildings required numerous changes in the water supply, heating and lighting equipment. A large portion of this obligatory work has been charged to operating expenses and been performed by the Engineer. Upon the completion of present work this department will be in better condition than at any previous time.

APPROPRIATIONS.

Money was appropriated by the Legislature for each of the various requirements detailed in the last annual report. The appropriations have been expended under the careful supervision of committees appointed by your Board. All of the work to be done during 1909 has been accomplished within the appropriations. Similar results can be expected in the balance of expenditures during 1910.

By the death of Mr. Wm. A. Palmer, the hospital has lost the services of a faithful and competent official, and his associates the companionship of a pleasant, genial man. Suffering from a slowly developing, fatal illness, he continued to perform his daily duties long after pain and failing strength would have caused the retirement of most men from active work. Fully conscious of the serious nature of his illness he faced the inevitable end with a calm courage and resignation which compelled the admiration of all his many friends.

ACKNOWLEDGMENTS.

Through the generosity of Mrs. George Fred Godfrey, who gave the sum of \$100 to be expended for the benefit of patients, we were able to start a patient's library. Reading material has hitherto been limited to periodicals and papers.

The succeeding years afford annual opportunity for public expression of gratitude to Mr. H. M. Pullen and his orchestra in return for their concert.

University of Maine students gave a Shakesperian play, which was much appreciated.

Many people during the year have kindly remembered our patients with gifts of flowers, reading matter, candy, fruit and Christmas gifts, etc., for which grateful acknowledgment is made to the following persons and organizations; Mrs. Abbie P. Godfrey, Mrs. Abel Hunt, Mr. Geo. B. Farrington, Mr. Thomas White, Miss Engel, Miller the Florest, Mrs. Martha E. Bussell, Mrs. G. S. Oakes, Mr. James A. Robinson, Tar-ratine and Madockawando Clubs, Miss Josephine Arey, Mr. R. A. Jordan, Staples and Griffin, Mrs. Geo. B. Farrington, Mr. Chas. F. Perry, Mrs. Chas. Stewart, Mrs. Eddy, Mr. Geo. D. Crosby, Hammondd St. Sunday School and the Unitarian Church.

The visiting committee from the Governor and Council have in the course of their frequent and regular visits, been able to render valuable service to the hospital interests.

Such success as has attended the hospital management for another year is, in a large measure, due to the faithful work of officials, nurses and employes. Hearty appreciation is given to all who have rendered such service. Again it is a pleasure to make public acknowledgment of the help and support which your Board, separately and collectively, have so generously given me another year.

Respectfully submitted,

H. W. MITCHELL, *Superintendent.*

Nov. 30, 1909.

MEDICAL STATISTICS, 1909.

TABLE No. 1.
GENERAL STATISTICS OF THE YEAR.

	Males.	Females.	Totals.
Patients in hospital, December 1, 1908.....	145	146	291
Admitted within the year.....	72	56	128
*Discharged within the year.....	27	18	45
viz.: as recovered.....	6	6	12
as capable of self-support.....	3	4	7
as improved.....	6	6	12
as not improved.....	11	2	13
as not insane.....	1	-	1
Died.....	26	18	44
Number out on parole November 30, 1909.....	6	20	26
Remaining November 30, 1909.....	158	146	304
Supported in full by State.....	23	13	36
Supported in full by towns.....	28	27	55
Receiving State aid.....	110	117	227
Private patients.....	3	9	12
Daily average number of patients.....	151.5	151.5	303.0

*Discharges within the year include 7 transfers to the School for Feeble Minded.

TABLE No. 2.
OCCUPATION OF PERSONS ADMITTED.

OCCUPATION.	Males.	Females.	Totals.	OCCUPATION.	Males.	Females.	Totals.
Bartender.....	1	-	1	Laborers.....	28	-	28
Bookkeepers.....	1	1	2	Manufacturer.....	1	-	1
Building mover.....	1	-	1	Merchant.....	1	-	1
Cabinet maker.....	1	-	1	Night watchman.....	1	-	1
Candy-makers.....	2	-	2	Operatives.....	2	-	2
Carpenters.....	3	-	3	Sawfiler.....	1	-	1
Clerks.....	1	-	1	School teacher.....	-	1	1
Cooks.....	-	2	2	Shoemaker.....	1	-	1
Commission merchant.....	1	-	1	Stevadore.....	1	-	1
Dressmakers.....	-	5	5	Students.....	1	1	2
Electrical engineer.....	1	-	1	Tailors.....	2	-	2
Farmers.....	15	-	15	Teamster.....	1	-	1
Housewives.....	-	35	35	Woodsmen.....	1	-	1
Housework.....	-	5	5	None.....	1	6	7
Hydraulic engineer.....	1	-	1				
Insurance agent.....	1	-	1	Totals.....	72	56	128
Kitchen helper.....	1	-	1				

TABLE No. 3.

RESIDENCE OF PERSONS ADMITTED.

PLACES.	Males.	Females.	Totals.	PLACES.	Males.	Females.	Totals.
Abbot	-	1	1	Hudson	-	1	1
Ashland	1	-	1	Jonesboro	-	1	1
Bangor	17	11	28	Jonesport	-	2	2
Bancroft	1	-	1	Katahdin Iron Works	1	-	1
Bar Harbor	-	1	1	Leeds Junction	1	-	1
Baring	1	-	1	Lewiston	-	1	1
Beddington	-	1	1	Lincoln Center	1	-	1
Belfast	-	1	1	Long Island	-	1	1
Blue Hill	1	-	1	Machias	1	-	1
Bradley	2	-	2	Madawaska	1	-	1
Brewer	3	1	4	Milbridge	-	2	2
Bucksport	2	-	2	Milford	2	-	2
Calais	3	-	3	Milltown	-	1	1
Camden	-	1	1	Milo	-	1	1
Caribou	1	1	2	Monson	2	-	2
Carmel	1	-	1	Monticello	3	-	3
Charleston	1	-	1	Newport	-	1	1
Cherryfield	-	1	1	Norridgewock	1	-	1
Clifton	1	-	1	Oldtown	3	3	6
Danforth	-	1	1	Orono	1	-	1
Dennysville	-	1	1	Passadumkeag	1	-	1
Deer Isle	-	1	1	Perry	-	1	1
Dixmont	-	1	1	Presque Isle	-	1	1
Drew Plantation	-	1	1	Robinson	-	1	1
Eagle Lake	1	1	2	Roque Bluffs	1	-	1
East Dover	1	-	1	Sedgwick	1	1	2
Eastport	1	2	3	Sherman	1	-	1
Easton	1	-	1	Smyrna Mills	-	1	1
Eden	-	1	1	Southwest Harbor	-	1	1
Ellsworth	-	1	1	St. Agatha	-	1	1
Enfield	1	-	1	Stillwater	-	1	1
Fort Kent	1	1	2	Sullivan	1	-	1
Guilford	-	1	1	West Gouldsboro	-	1	1
Gouldsboro	1	-	1	Winterport	1	-	1
Hampden	2	1	3	Woodland	1	-	1
Hermon	1	-	1				
Hersey	1	-	1	Totals	72	56	128
Houlton	2	1	3				

TABLE No. 4.

CIVIL CONDITION OF PERSONS ADMITTED.

	Males.	Females.	Totals.
Unmarried	41	16	57
Married	25	33	58
Widowed	4	7	11
Divorced	1	-	1
Unknown	1	-	1
Totals	72	56	128

TABLE No. 5.

NATIVITY AND PARENTAGE OF PERSONS ADMITTED.

PLACES OF NATIVITY.	Males.			Females.			Totals.		
	Patients.	Fathers.	Mothers.	Patients.	Fathers.	Mothers.	Patients.	Fathers.	Mothers.
Maine.....	56	45	43	41	36	34	97	81	77
Other New England States.....	-	1	-	2	-	-	2	1	1
Other states.....	-	-	-	1	-	-	1	-	-
Total native.....	56	46	43	44	36	35	100	82	78
Other countries:—									
British Provinces.....	8	8	12	5	4	9	13	12	21
England.....	1	2	2	-	1	-	1	3	2
Finland.....	1	1	1	-	-	-	1	1	1
France.....	-	-	-	1	1	1	1	1	1
Germany.....	-	-	-	1	-	-	-	1	-
Ireland.....	-	5	3	2	4	3	2	9	6
Norway.....	-	-	-	1	1	1	1	1	1
Russia.....	-	-	-	1	1	1	1	1	1
Sweden.....	2	2	2	-	-	-	2	2	2
Wales.....	2	2	2	-	-	-	2	2	2
Total foreign.....	14	20	22	10	13	15	24	33	37
Unknown.....	2	6	7	2	7	6	4	13	13
Totals.....	72	72	72	56	56	56	128	128	128

TABLE No. 6.

AGES OF INSANE AT FIRST ATTACK, ADMISSION AND DEATH.

AGES.	ADMITTED.						DIED.					
	At first attack.			When admitted.			At first attack.			At time of death.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
Congenital.....	6	3	9	-	-	-	-	-	-	-	-	-
15 years and less.....	1	3	4	-	-	-	-	-	-	-	-	-
From 15 to 20 years.....	10	7	17	1	5	6	1	2	3	1	1	2
20 to 25 years.....	13	6	19	7	6	13	3	2	5	1	1	2
25 to 30 years.....	6	9	15	6	9	15	1	-	1	1	1	2
30 to 35 years.....	6	6	12	8	5	13	2	4	6	2	5	7
35 to 40 years.....	7	5	12	11	4	15	2	3	5	2	3	5
40 to 50 years.....	12	4	16	18	13	31	1	1	2	3	5	8
50 to 60 years.....	4	2	6	10	11	21	3	3	6	3	6	9
60 to 70 years.....	2	3	5	4	6	10	4	4	8	5	2	7
70 to 80 years.....	4	-	4	5	2	7	4	2	6	4	4	8
Over 80 years.....	1	-	1	1	-	1	2	-	2	2	-	3
Totals.....	67	56	123	71	56	127	24	18	42	25	18	43
Unknown.....	4	-	4	1	-	1	2	-	2	1	-	1
Not insane.....	1	-	1	-	-	-	-	-	-	-	-	-
Total of persons.....	72	56	128	72	56	128	26	18	44	26	18	44

TABLE No. 7.
PROBABLE CAUSES OF MENTAL DISEASES IN PERSONS ADMITTED.

EXCITING CAUSES.	ADMITTED.			PREDISPOSING CAUSES.					
				Hereditary tendency.			Alcoholic intemperance.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
A.—Physical:—									
Alcohol	9	—	9	1	—	1	9	—	9
Arterio-sclerosis	4	4	8	—	1	1	—	—	—
Bromism	—	1	1	—	1	1	—	—	—
Climacteric	—	2	2	—	—	—	—	—	—
Congenital	4	3	7	1	2	3	—	—	—
Drugs	1	1	2	—	—	—	—	—	—
Epilepsy	2	—	2	2	—	2	—	—	—
Exposure	1	—	1	—	—	—	—	—	—
Heart disease	1	—	1	—	—	—	—	—	—
Hemiplegia	1	—	1	1	—	1	—	—	—
Injury of head	3	1	4	—	1	1	2	—	2
Insolation	1	—	1	1	—	1	—	—	—
La grippe	—	1	1	—	1	1	—	—	—
Nephritis	1	2	3	—	—	—	—	—	—
Pelvic disease	—	1	1	—	1	1	—	—	—
Pneumonia	1	—	1	—	—	—	—	—	—
Pregnancy	—	2	2	—	—	—	—	—	—
Pulmonary tuberculosis	—	1	1	—	—	—	—	—	—
Senility	2	—	2	—	—	—	1	—	1
Syphilis	8	3	11	1	—	1	3	—	3
Typhoid fever	—	1	1	—	—	—	—	—	—
Varicella	—	1	1	—	—	—	—	—	—
Unknown	29	32	61	15	21	36	7	—	7
B.—Mental:—									
Grief	2	—	2	1	—	1	—	—	—
Not insane	1	—	1	—	—	—	—	—	—
Overwork	1	—	1	—	—	—	—	—	—
Totals	72	56	128	23	30	53	22	—	22

TABLE No. 8.
PROBABLE DURATION OF MENTAL DISEASE BEFORE ADMISSION.

PREVIOUS DURATION.	ADMITTED.		
	Males.	Females.	Totals.
Congenital	6	4	10
Under 1 month	11	8	19
From 1 to 3 months	4	6	10
3 to 6 months	9	9	18
6 to 12 months	5	11	16
1 to 2 years	11	1	12
2 to 5 years	13	7	20
5 to 10 years	4	3	7
10 to 20 years	4	4	8
Over 20 years	—	2	2
Totals	67	55	122
Unknown	4	1	5
Not insane	1	—	1
Totals	72	56	128

TABLE No. 9.
DISCHARGES OF THE INSANE CLASSIFIED BY ADMISSIONS AND RESULT, AND DEATHS.

NUMBER OF ADMISSIONS.	RECOVERED.			CAPABLE OF SELF-SUPPORT			IMPROVED.			NOT IMPROVED.			NOT INSANE.			DIED.			AGGREGATES		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
First to this hospital	6	3	9	3	4	7	5	6	11	10	1	11	1	-	1	23	15	38	48	29	77
Second to this hospital	-	2	2	-	-	-	-	-	-	-	1	1	-	-	-	1	3	4	1	6	7
Third to this hospital	-	-	-	-	-	-	1	-	1	1	-	1	-	-	-	1	-	1	3	-	3
Fourth to this hospital	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	1	1	-	1
Fifth to this hospital	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sixth to this hospital	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	1
Total cases	6	6	12	3	4	7	6	6	12	11	2	13	1	-	1	26	18	44	53	36	89
First admitted to any hospital	5	4	9	1	4	5	5	8	13	10	1	11	1	-	1	21	16	37	43	33	76

TABLE No. 10.

DURATION OF MENTAL DISEASE AND ITS TREATMENT IN PATIENTS RECOVERED AND DIED.

PERIOD.	RECOVERED.								
	Duration before admission.			Hospital residence.			Whole duration.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
A.—Recovered:									
Under 1 month.....	3	3	6	—	—	—	—	—	—
From 1 to 3 months.....	1	1	2	3	2	5	1	1	2
3 to 6 months.....	—	1	1	—	1	1	—	1	1
6 to 12 months.....	1	—	1	—	2	2	1	—	1
1 to 2 years.....	—	—	—	—	1	1	—	1	1
2 to 5 years.....	1	—	1	—	—	—	—	—	—
5 to 10 years.....	—	1	1	1	—	1	—	1	1
10 to 20 years.....	—	—	—	—	—	—	1	—	1
Over 20 years.....	—	—	—	—	—	—	—	—	—
Totals.....	6	6	12	6	6	12	6	6	12
Unknown.....	—	—	—	—	—	—	—	—	—
Totals.....	6	6	12	6	6	12	6	6	12
	DIED.								
B.—Died:									
Congenital.....	—	—	—	—	1	1	—	—	—
Under 1 month.....	3	1	4	4	2	6	—	—	—
From 1 to 3 months.....	1	1	2	4	3	7	—	—	—
3 to 6 months.....	1	1	2	2	1	3	—	—	—
6 to 12 months.....	—	5	6	3	3	6	—	—	—
1 to 2 years.....	5	—	5	6	4	10	2	—	2
2 to 5 years.....	10	4	14	5	4	9	13	—	13
5 to 10 years.....	3	2	5	—	—	—	3	—	3
10 to 20 years.....	1	1	2	—	—	—	—	—	—
Over 20 years.....	—	2	2	—	—	—	—	2	2
Totals.....	25	17	42	26	18	44	25	17	42
Unknown.....	1	1	2	—	—	—	1	1	2
Totals.....	26	18	44	26	18	44	26	18	44

TABLE No. 11.

FORM OF MENTAL DISEASE IN PERSONS ADMITTED, DISCHARGED, WITH THEIR CONDITION ON DISCHARGE, OR DEATH.

FORM OF DISEASE.	ADMITTED.			DISCHARGED.																						
				RECOVERED.			CAPABLE OF SELF-SUPPORT.			IMPROVED.			NOT IMPROVED.			NOT INSANE.			DIED.			TOTAL DISCHARGES AND DEATHS.				
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.		
Alcoholic insanity	9	—	9	3	—	3	1	—	1	1	1	2	1	—	1	—	—	—	—	—	—	—	—	—	—	—
Constitutional inferiority	1	1	2	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Delirium toxic.	1	2	3	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Demetia præcox	13	13	26	—	—	—	1	2	3	—	—	3	3	—	2	—	—	—	—	—	—	—	—	—	—	—
Epileptic insanity	2	1	3	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
General paralysis	20	4	24	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Hysterical insanity	—	3	3	—	—	—	—	—	—	—	—	—	1	—	1	—	—	—	—	—	—	—	—	—	—	—
Imbecility	5	3	8	—	—	—	—	—	—	—	—	—	—	—	9	—	—	—	—	—	—	—	—	—	—	—
Locomotor ataxia	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Maniac Depressive Insanity																										
a. Maniacal	4	9	13	1	3	4	—	1	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
b. Depressed	9	6	15	2	—	—	1	—	—	2	1	3	—	—	—	—	—	—	—	—	—	—	—	—	—	—
c. Mixed	—	1	1	—	1	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
d. Circular	3	2	5	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Narcotic inebriety	—	1	1	—	1	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Neurasthenia	1	—	1	—	—	—	—	—	—	1	—	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Not insane	1	—	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Organic dementia	4	3	7	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Senile dementia	5	—	5	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Unclassified	6	7	13	—	1	1	—	1	1	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Totals	72	56	128	6	6	12	3	4	7	6	6	12	11	2	13	1	—	1	26	18	44	53	36	89		

TABLE No. 12.
CAUSES OF DEATH AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED.

CAUSES.	AGGREGATE.			DEMENTIA PRAECOX.			DELIRIUM.			EPILEPTIC INSANITY.			GENERAL PARALYSIS.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
General diseases:															
Septicemia, abrasion of face	1	1	2												
Septicemia, sacral decubitus		2	2												
Septicemia, staphylo-coccus infection of throat	1	1	2	1		1								1	1
Diseases of nervous system:															
Cerebral embolism	1	2	3												
Cerebral hemorrhage	1	1	2												
Convulsive seizures	4	1	5												
Status epilepticus	1		1												
Diseases of circulatory system:															
Fatty myocarditis	3		3				1		1						
Valvular disease of heart	1		1												
Diseases of respiratory system:															
Broncho-pneumonia	3	2	5	1		1								1	1
Lobar-pneumonia	5	1	6				1		1						
Pulmonary tuberculosis	2	3	5	2	2	4									
Diseases of digestive system:															
Enterocolitis	2	2	4		1	1									
Diseases of genito-urinary system:															
Interstitial nephritis	1	1	2												
Diffuse nephritis	1	1	2				1	1	2						
Violence:															
Asphyxia, food in the larynx		1	1											1	1
Ill-defined diseases:															
Exhaustion	1		1										1		1
Totals	26	18	44	4	3	7	3	1	4	2		2	6	4	10

TABLE No. 12—CONCLUDED.
 CAUSES OF DEATH AND FORM OF MENTAL DISEASES IN PERSONS WHO DIED—CONCLUDED.

CAUSES.	MANIAC DEPRESSIVE.			ORGANIC DEMENTIA.			SENILE DEMENTIA.			LOCOMOTOR ATAXIA.			UNCLASSIFIED.		
	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.	Males.	Females.	Totals.
General diseases:															
Septicemia, abrasion of face.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Septicemia, sacral decubitus.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Septicemia, staphylo-coccus infection of throat.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Diseases of nervous system:															
Cerebral embolism.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Cerebral hemorrhage.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Convulsive seizures.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Status epilepticus.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Diseases of circulatory system:															
Fatty myocarditis.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Valvular disease of heart.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Diseases of respiratory system:															
Broncho-pneumonia.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Lobar-pneumonia.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Pulmonary tuberculosis.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Diseases of digestive system:															
Enterocolitis.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Diseases of genito-urinary system:															
Interstitial nephritis.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Diffuse nephritis.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Violence:															
Asphyxia, food in the larynx.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Ill-defined diseases:															
Exhaustion.....	1	1	2	1	1	2	1	1	2	1	1	2	1	1	2
Totals.....	4	2	6	3	3	6	7	2	9	1	1	2	1	2	3

TREASURER'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial standing of the Eastern Maine Insane Hospital for the year ending November 30, 1909.

Total Receipts and Disbursements of Cash for the Year Ending November 30, 1909.

DR.	
Balance, cash on hand, December 1, 1908.....	\$9,385 85
Receipts from State appropriations.....	143,539 01
Receipts for year, hospital account.....	86,194 85
	\$239,119 71
CR.	
Disbursement for year.....	\$228,895 72
Balance, cash on hand, Nov. 30, 1909.....	10,223 99
	\$239,119 71

Statement of Resources and Liabilities, November 30, 1909.

RESOURCES.	
Cash on hand.....	\$10,223 99
Due from State, support account.....	6,822 91
Due from cities and towns, support of patients.....	21,046 22
Due from sundry persons and firms.....	421 97
Due from State on manifests unpaid (special appropriations).....	5,448 81
Due from State on appropriation for deficit 1909.....	16,513 86
	\$60,477 76
LIABILITIES.	
Audited vouchers.....	\$35,594 21
Balance, net resources.....	24,883 55
	\$60,477 76

Respectfully submitted,
CHARLES S. PEARL,
Treasurer.

STEWARD'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial affairs of the Eastern Maine Insane Hospital, showing resources, liabilities, and department expenditures for the year ending November 30, 1909.

Statement of Income and Expenses for the Year Ending November 30, 1909.

INCOME.			
Farm, miscellaneous sales and materials used		\$4,138 77	
Farm horses, by exchange		40 00	
Dry goods department, profit on sales		1,165 82	
Board of patients		77,386 05	
Board of employees		12,498 68	
Interest and discount		165 17	
Appropriation from State for salaries of officers		6,449 97	
Appropriation from State for deficit in revenue		23,525 97	\$125,370 43
EXPENSES.			
Stable, labor	\$1,016 81		
equipment	257 80		
repairs to equipment	617 82		
hay	263 00		
feed	448 99		
horses	80 00		
miscellaneous	386 41	\$3,070 83	
Administration expenses, clerk hire	\$2,678 00		
telephone and telegraph	191 59		
office supplies	1,033 41		
books and periodicals	131 59		
traveling expenses	247 53		
miscellaneous	269 99	4,552 11	
Farm, labor	\$1,454 29		
equipment	278 20		
repairs to equipment	94 80		
feed	617 06		
fertilizer, seeds, etc	979 02	3,423 37	
Maintenance of property, labor	\$5,530 65		
materials	3,137 09		
insurance	169 65		
miscellaneous	674 33	9,511 72	
Light, heat and power, labor	\$4,753 59		
coal (used)	10,078 07		
electric supplies	866 31		
pipe and fittings	297 70		
miscellaneous	2,789 39		
boiler room extras	675 85	19,460 91	

Statement of Income and Expenses for the Year Ending November 30, 1909—Concluded.

General supplies, grocery store.....	\$36,702 67		
" " hospital furnishings.....	5,116 91		
" " dispensary.....	881 54		
" " water.....	1,220 15		
" " ice.....	875 39		
" " miscellaneous.....	93	44,797 59	
Salaries and wages, salaries of officers.....	\$6,449 97		
pay roll of employees.....	28,739 15	35,189 12	
Miscellaneous accounts, amusements.....	\$465 19		
" " window guards.....	14 03		
" " tools.....	28 67		
" " Morse farm.....	242 37		
" " summer main.....	619 29		
" " high pressure main.....	984 10		
Tubercular Building betterments.....	1,049 06		
Wing D. Left betterments.....	1,961 17	5,364 78	\$125,370 43

Respectfully submitted

CHAS. F. PERRY,

Steward.

STATEMENT OF HOSPITAL ACCOUNT (Net Assets.)

Charges for the Year Ending November 30, 1909.

Balance Hospital Account, Nov. 30, 1908.....	\$24,518 85
Re-imbusement on New Barn by appropriation from State.....	2,095 93
Re-imbusement on Tubercular Building by appropriation from State..	3,754 13
Re-imbusement on Wing D. Left by appropriation from State.....	7,499 82
Re-imbusement on Boiler Room Extras by appropriation from State..	7,422 96
Re-imbusement on Heating System Changes by appropriation from State	3,660 72
Appropriation from State to liquidate outstanding indebtedness, Dec.1,1908	25,000 00
Balance of appropriation, 1908.....	6,900 00
Morse Farm, acquired from appropriation 1909.....	4,300 00
Vegetable Cellar.....	3,693 70
Piggery Extension " " " ".....	574 37
Wing D. Right " " " ".....	47,364 09
Inventory D. Left Furnishings " " " ".....	9,724 04
" " Tubercular Building " " " ".....	3,741 54
" " Steam Sterilizer " " " ".....	800 00
	\$151,050 15

Statement of Resources and Liabilities for Year Ending November 30, 1909.

RESOURCES.			
Cash on hand		\$10,223 99	
Amount due from sundry firms		421 97	
Amount due from State of Maine, support account		6,822 91	
Amount due from patients		21,046 22	
Inventory		70,234 44	
Balance due from State of Maine, account appropriation for 1909		67,284 81	
Morse Farm		4,300 00	
Vegetable cellar and tool house		3,693 70	
Piggery extension		574 37	
Wing D. Right		47,364 09	
LIABILITIES.			
Audited vouchers			\$35,594 21
Unexpended balances of Appropriations as follows:			
D. Right, construction	\$40,135 91		
Piggery extension	25 63		
Vegetable cellar	306 30		
Steam sterilizer	138 07		
D. Left furnishings	1,263 05		
Tubercular building furnishings	437 28		
Painting D. Left and Tubercular building	3,015 90		
Balance on surplus (net assets)			45,322 14
			151,050 15
		\$231,966 50	\$231,966 50

Cost of D. Right Construction to November 30, 1909.

Architect, John Calvin Stevens	\$4,000 00
Inspector, H. G. Flanders	427 00
F. W. Cunningham & Son, general contractors	27,862 81
Percy N. Kenway, commission on purchases for heating and ventilating	808 40
S. Homer Woodbridge, consulting engineer	1,457 54
Hollis French & Allen Hubbard, consulting engineer's account electric work	480 21
Purchases account heating and ventilating: heaters, boiler, pipe and fittings, radiators, pump, pipe covering, etc.	3,687 50
Wm. N. Sawyer, excavation for foundation	4,074 07
Albert A. Flanders, contracting mason, account conduit, boiler, engine, etc.	1,666 60
Advertising for bids	175 18
Labor of hospital employees	370 12
Miscellaneous charges including pipe and fittings, freight, services civil engineer, radiators, valves, etc.	2,354 66
	\$47,364 09

FARM PRODUCTS, 1909.

266	bu. beets	\$152 14
226	bunches beets	9 04
28	bu. string beans	13 66
6	bu. dry beans	15 00
170	qts. shelled beans	23 80
4,324	heads celery	539 00
5,210	cucumbers	52 81
178	bu. carrots	106 03
134	bunches carrots	5 13
1,043	doz. green corn	125 16
2,365	heads cabbage	119 58
220	heads lettuce	17 60
3,065	bu. potatoes	1,655 80
102	bu. peas	106 35
7,404	lbs. pumpkins	74 04
7,007	lbs. parsnips	204 65
431	bunches radishes	17 24
22,070	lbs. squash	282 02
12	bu. green tomatoes	7 74
1,010	lbs. ripe tomatoes	30 54
218	bu. turnips	91 35
16	bu. apples	12 01
342	bx. blackberries	44 46
69	bx. currants	6 90
31	qts. gooseberries	3 72
202	bx. raspberries	34 95
63	lbs. asparagus	6 99
95	tons hay	1,605 87
980	bu. oats	535 60
23	tons straw	230 00
	Pork products	1,468 14
340	bu. cattle beets for swine	102 00
5,000	lbs. cabbage for swine	12 50
13	tons corn fodder for swine	52 00
90	bu. small potatoes	13 50
17,000	lbs. pumpkins	42 50
3,000	lbs. squash	7 50
200	bu. turnips	40 00
96	bu. corn on cob	62 40

 \$7,929 72

APPENDIX

[FORM OF MITTIMUS.]

AND INSTRUCTIONS RELATING TO COMMITMENT OF
PATIENTS TO EITHER INSANE HOSPITAL.

STATE OF MAINE.

[FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we, —, of —, in the county of —, as principal, and —, of —, in the county of —, as sureties, are jointly and severally held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of three Hundred dollars, to the payment of which sum, well and truly to be made to him, the said —, or to his successors in said office, we bind ourselves, our executors and administrators, firmly by these presents.

*Sealed with our seals, and dated at —, this — day
of —, A. D. 19*

The condition of the above obligation is such, That whereas — of —, in the county of —, is about to be admitted as a boarder and patient to the Institution aforesaid: now, if the said — shall pay to said —, or to his successor in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred for said patient, as may be determined by the Trustees for the time being, not to exceed —, and pay for all such necessary articles of clothing as shall be furnished said — by the said —, or his successor, and remove the said — from said Institution, whenever they shall be thereto in writing requested by the Superintendent for the time being, and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury to the furniture and other property of said Institution, by said —, and for reasonable charges that may be incurred in case of the elopement of said —, payments to be made quarterly and at the time of removal, with interest on the amount after it becomes due as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue.

Witness.

[L. S.]
[L. S.]
[L. S.]

QUESTIONS.

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

Name,; age,; sex,; married, single, widowed,; nativity,; education,; occupation,; religion,

What relatives, including grandparents and cousins, have suffered from either of the following diseases: Insanity, epilepsy, chorlea, hysteria, neurasthenia, tuberculosis?

Were parents addicted to excessive use of alcohol, opium, chloral, or other narcotics? Habits of patient as to same.

Previous peculiarity of patient as to temper, conduct, etc.

At what age did signs of puberty appear?

At time of pubescence was there noticeable change of character or attack of mental or nervous disease?

Has patient had epilepsy, apoplexy, syphilis, tuberculosis, heat exhaustion, or other serious physical disease?

Evidence of sexual excess or abnormal sexual habits?

Previous attacks, if any; history?

When and how did the first symptoms of the disease become manifest? Preceded by what mental or physical strain? Was there, previous to that date, any change in disposition, or evidence of physical or mental depression or disorder?

Describe as fully as possible the present symptoms of insanity.

What are the probable causes of the present attack, either predisposing or exciting?..... Do suicidal or homicidal tendencies exist, if so how manifested?..... In what institution, if any, and when, has patient received treatment?..... any restraint or confinement been applied?..... If any, what?..... What special medical treatment has patient received during this attack?

QUESTIONS FOR FEMALES.

Number of children,; age of youngest,; number of miscarriages,; date of last one, Has patient had any uterine or ovarian disease? Menstrual irregularities, if any?

Male patients admitted into the institution, should come provided with at least three good cotton shirts; coat, vest and pants, of strong woolen cloth; two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of underclothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woolens should be of dark color. It is quite desirable, also, that a Bible or Testament should not be forgotten in the outfit.

INSTRUCTIONS TO MUNICIPAL OFFICERS IN COMMIT-
MENTS TO EITHER INSANE HOSPITAL.

To the Municipal Officers of the Towns in the State of Maine:

GENTLEMEN:—Revised Statutes Chapter 144, Sections 16 and 17:

“Sect. 16. Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any blood-relative, husband or wife of said alleged insane person, or of any justice of the peace, they shall immediately inquire into the condition of any person in said town alleged to be insane; shall appoint a time and place for a hearing by them of the allegations of said complaint; and shall cause to be given in hand to the person so alleged to be insane, at least twenty-four hours prior to the time of said hearing, a true copy of said complaint, together with a notice of the time and place of said hearing and that he has the right and will be given opportunity then and there to be heard in the matter; shall call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him either to the Maine Insane Hospital or to the Eastern Maine Insane Hospital with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent or trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.”

“Sect. 17. In all cases of preliminary proceedings for the commitment of any person to the hospital, to establish the fact of the insanity of the person to whom insanity is imputed the evidence of at least two reputable physicians given by them under oath before the board of examiners, together with a certificate signed by such physicians and filed with said board, that in their opinion such person is insane, such evidence and certificate to be based upon due inquiry and personal examination of the person to whom insanity is imputed; and a certified copy of the physicians' certificate shall accompany the papers of commitment of the insane person to the hospital.”

By careful reading of the law as it now is you will observe that *it is necessary to give to the person alleged to be insane at least twenty-four hours prior notice of hearing* and that he has the right and will be given opportunity to be heard in the matter.

You will also perceive that the amended statute more distinctly sets out the necessity that *the physician shall testify under oath before the Municipal Officers* as to the alleged insanity of the person.

Proper blank forms have been prepared for use hereafter in proceedings for the commitment of insane persons to our hospitals; and a set of such forms will be forwarded you on your request therefor.

THE FORMS ARE

1. The complaint to be signed by the person making the complaint; to which is attached the order for the hearing and notice, to be signed by the Municipal Officers. Form 1 is to remain on the town files.
2. Copy of such complaint and order, attested by the Town Clerk; to be delivered in hand to the person alleged to be insane, by the town constable.
3. The commitment paper to be signed by the Municipal Officers and sent forward to the hospital with the patient.
4. Record of the doings of the Municipal Officers to be signed by them and attested by the Town Clerk and filed with the town records.
5. (a) Physicians' certificate to be filed with the Municipal Officers.
(b) Attested copy of such certificate to be sent to the hospital with the commitment paper.

Trustees of the Maine Insane Hospital
and Eastern Maine Insane Hospital.

By CHAS. E. FIELD, Sec'y.

N. B. Blanks for commital of patients will be forwarded upon application by addressing either Supt. Maine Insane Hospital, Augusta, Me., or Supt. Eastern Maine Insane Hospital, Bangor, Me.

FORM I.

INSANE PERSON. COMPLAINT AND ORDER FOR HEARING
AND NOTICE IN THE CASE OF.

PAGE

TO BE RETAINED ON THE TOWN FILES.

To the Municipal Officers of the town of _____ in the County of _____
and State of Maine:

(a) _____ of the town of _____ in the County of _____
and State of Maine, who is a _____ relative, to wit; a _____ of _____
(b) _____ of the town of _____ in the County of _____
and State of Maine, hereby makes written complaint and says that said
(b) _____ is insane, and that the comfort and safety of said
(b) _____ and that of others interested, will be promoted by com-
mitting the said (b) _____ to the _____ Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately in-
quire into the condition of the said (b) _____ and that such other
and further proceedings may be had in the premises as is by the Statutes
of said State of Maine in such case made and provided.

Dated at said _____ this _____ day of _____ A. D. 191 .

STATE OF MAINE.

County of _____ ss. Town of _____

The above named complaint being presented to us this day we hereby
appoint our office and (c) _____ the _____ day of _____ A. D.
191 , at _____ o'clock in the _____ noon, as the time and place for
a hearing by us of the allegations of said complaint. And we hereby give
notice to the said (b) _____ the person as above alleged to be insane,
of said time and place of said hearing, and that he, the said (b)
has a right and will be given opportunity then and there to be heard in
the matter.

Given under our hands at said _____ this _____ day of _____
A. D. 191 .

Selectmen of the town of _____

STATE OF MAINE.

(d) _____
County of _____ ss. Town of _____ A. D. 191 .

I hereby certify that I this day at _____ o'clock in the _____ noon
delivered in hand to (b) _____ the within named alleged insane per-

son, a true copy of the within complaint and the order of the Municipal Officers thereon, of even tenor with the within.

Attest:

Constable of said town of

- (a) Name of complainant.
- (b) Name of insane person.
- (c) The time must be so as to give at least 24 hours prior notice of the hearing to the person alleged to be insane.
- (d) As soon as the constable has given in hand to (b) the attested copy—form 2—he will fill out and sign the above return of such service.

FORM 2.

INSANE PERSON, COPY OF COMPLAINT AND ORDER FOR HEARING AND NOTICE IN THE CASE OF _____ TO BE SERVED ON HIM.

TO BE GIVEN IN HAND TO THE ALLEGED INSANE PERSON BY THE CONSTABLE.

To the Municipal Officers of the town of _____ in the County of _____ and State of Maine:

(a) _____ of the town of _____ in the County of _____ and State of Maine, who is a _____ relative, to wit, a _____ of (b) _____ of the town of _____ in the County of _____ and State of Maine, hereby makes written complaint and says that said (b) _____ is insane; and that the comfort and safety of said (b) _____ and that of others interested, will be promoted by committing the said (b) _____ to the _____ Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately inquire into the condition of the said (b) _____ and that such other and further proceedings may be had in the premises as is by the Statutes of said State of Maine in such case made and provided.

Dated at said _____ this _____ day of _____ A. D. 191 _____

STATE OF MAINE.

County of _____ ss. Town of _____

The above named complaint being presented to us this day we hereby appoint our office and (c) _____ the _____ day of _____ A. D. 191 _____, at _____ o'clock in the _____ noon, as the time and place for a hearing by us of the allegations of said complaint. And we hereby give notice to the said (b) _____ the person as above alleged to be insane, of said time and place of said hearing, and that he, the said

(b) has a right and will be given opportunity then and there to be heard in the matter.

Given under our hands at said this day of A. D. 191 .

.....
.....
.....

Selectmen of the Town of

A true copy of the original complaint and the order of the Municipal Officers thereon.

Attest:

.....Clerk of said Town of

FORM 3.

COMMITMENT TO THE ----- MAINE INSANE HOSPITAL OF ----- AN INSANE PERSON.

COMMITMENT OF INSANE PERSON TO THE HOSPITAL.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:
WHEREAS, on the day of A. D. 191 , (a) of the town of in the County of and State of Maine, and who bears the relationship of to (b) of the town of in the County of and State of Maine, made of us, the Municipal Officers of the town of in the County of and State of Maine, a complaint in writing stating that the said (b) is insane, and a proper subject for commitment to and treatment in said hospital; and therupon we appointed our office in said town of and the day of A. D. 191 , and the hour of o'clock in the noon as the place and time for a hearing by us of the allegations of said complaint, and caused to be given in hand to the said (b) at o'clock in the noon of the day of A. D. 191 , a true copy of said complaint, together with a notice of the time and place of said hearing and that the said (b) had the right and would be given opportunity then and there to be heard in the matter; and at our office in said town of at o'clock in the noon of the day of A. D. 191 , being the place and time appointed therefor, as aforesaid, we made due inquiry into the condition of the said (b)

called before us all testimony necessary for a full understanding of the case, and also heard the testimony under oath of, accompanied by a certificate of and two reputable physicians, whose evidence and certificate are based upon due inquiry and personal examination of the said (b) establishing the fact of the insanity of the said (b).

WHEREUPON it was proven to us and we are of the opinion that the said (b) is insane, and that the safety and comfort of the said (b) and that of others interested, will be promoted by the commitment to and detention in said hospital of the said (b) and that the said (b) be sent forthwith to said hospital.

THEREFORE we hereby certify that said (b) is insane, and that was residing and found in the town of afore-said at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (b) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of
A. D. one thousand nine hundred and

.....
.....
.....

Selectmen of the Town of

- Mem. (a) Name of the complainant.
- (b) Name of the insane person.

FORM 4.

RECORD OF COMMITMENT OF _____ TO THE _____
MAINE INSANE HOSPITAL.

- (a) Name of the complainant.
(b) Name of the insane person.

Record of doings of Municipal Officers in Commitment of Insane Person to the Hospital, to be signed by Municipal Officers and Town Clerk and filed with town records.

STATE OF MAINE.

To the Superintendent of the _____ Maine Insane Hospital:
WHEREAS, on the _____ day of _____ A. D. 191 , (a)
of the town of _____ in the County of _____ and State of Maine,
and who bears the relationship of _____ to (b) _____ of the
town of _____ in the County of _____ and State of Maine, made
to us, the Municipal Officers of the town of _____ in the County of
_____ and State of Maine, a complaint in writing stating that the
said (b) _____ is insane, and a proper subject for commitment to and
treatment in said hospital; and thereupon we appointed our office in said
town of _____ and the _____ day of _____ A. D. 191 , and
the hour of _____ o'clock in the _____ noon as the place and
time for a hearing by us of the allegations of said complaint, and caused
to be given in hand to the said (b) _____ at _____ o'clock in the
_____ noon of the _____ day of _____ A. D. 191 , a true
copy of said complaint, together with a notice of the time and place of
said hearing and that the said (b) _____ had the right and would be
given opportunity then and there to be heard in the matter; and at our
office in said town of _____ at _____ o'clock on the _____ noon
of the _____ day of _____ A. D. 191 , being the place and time
appointed therefor, as aforesaid, we made due inquiry into the condition
of the said (b) _____ called before us all testimony necessary for a
full understanding of the case, and also heard the testimony under oath
of, accompanied by a certificate of _____ and _____ two reputable
physicians, whose evidence and certificate are based upon due inquiry and
personal examination of the said (b) _____ establishing the fact of
the insanity of the said (b) _____

WHEREUPON, it was proven to us and we are of the opinion that
the said (b) _____ is insane, and that the safety and comfort of the
said (b) _____ and that of others interested, will be promoted by the
commitment to and detention in said hospital of the said (b) _____
and that the said (b) _____ be sent forthwith to said hospital.

THEREFORE we hereby certify that said (b) is insane and that was residing and found in the town of aforesaid at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (b) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of A. D. one thousand nine hundred and

.....

 Selectmen of the town of

A true record,

Attest:

Clerk of said town of

FORM 5.

PHYSICIANS' CERTIFICATE IN THE CASE OF _____
 AN INSANE PERSON.

PHYSICIANS' CERTIFICATE OF INSANITY.

(a)

We, the undersigned, reputable and practicing physicians in the town of County of and State of Maine, hereby certify that, after due inquiry and personal examination of of the said town of in our opinion said is INSANE.

Dated at this day of 191 .

M. D.

M. D.

(b)

A true copy of the physicians' certificate to Municipal Officers.

Attest:

Clerk of said town of

(a) The original certificate is to be filed with and retained by the Municipal Officers.

(b) The certified copy of this certificate is to be forwarded with the commitment paper to the Superintendent of the Hospital.

FORM 6.

CERTIFICATE OF INABILITY.

.....191
 To the Trustees of the Maine Insane Hospital:
 The undersigned, hereby certify that has not
 Property or means sufficient to pay Board at the Hospital,
 or relatives liable by law for support of sufficient ability to
 pay the same.

.....

Selectmen of

STATE OF MAINE.

County of.....ss.191
 Personally before me appeared the above named Municipal officers of
 and made oath to the truth of the foregoing state-
 ment.

.....
 Notary Public, or Justice of the Peace.

FORM 7.

STATEMENT OF FACTS RELATING TO INSANE PATIENT.

- (1). Name of Patient?
 (2). Has he or she a pauper settlement in your town or city?
 (3). If not, where is his or her settlement?
 (4). Has the patient a husband or wife? If so, give name
 and residence?
 (5). Has the patient a father? If so, give name and
 residence?
 (6). Has the patient a mother? If so, give her name and
 residence?

(7). Has the patient a grandfather or grandmother? If so, give name and residence of each?

.....

(8). Has the patient children? If so, give name and residence of each?

.....

(9). Has the patient grandchildren? If so, give name and residence of each?

.....

(10). Has the patient, or any of the above relatives property of any description? If so, give name of each and state in detail whether it is real or personal property, where located and its approximate value?

.....

.....

.....

.....

(11). Is the town or city reimbursed, in whole or in part, and by whom?

.....

.....

.....

.....

Selectmen of

STATE OF MAINE.

County of.....ss.191.....

Personally before me appeared the above named municipal officers of and made oath to the truth of the foregoing statement.

.....
Notary Public, or Justice of the Peace.

23