

MAINE STATE LEGISLATURE

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PUBLIC DOCUMENTS OF MAINE:

1908

BEING THE

ANNUAL REPORTS

OF THE VARIOUS

Departments and Institutions

For the Year 1907

VOLUME III

REPORTS

OF THE

**Trustees, Resident Officers and
Visiting Committee**

OF THE

MAINE INSANE HOSPITAL

AND

Eastern Maine Insane Hospital

December 1, 1907

AUGUSTA

Kennebec Journal Print

1908

OFFICERS FOR 1907-1908.

Trustees.

FREDERICK ROBIE, M. D., Gorham, President.
CHARLES E. FIELD, Bangor, Secretary.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.
MRS. FREDERICK CONY, Augusta.
ALONZO R. NICKERSON, Boothbay Harbor.

Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.
HORACE B. HILL, M. D., Assistant Superintendent
H. L. HORSMAN, M. D., Second Assistant.
KARL B. STURGIS, M. D., Interne.
H. Q. BARROWS, M. D., Interne.
GERTRUDE E. HEATH, M. D., Fourth Assistant.
MANNING S. CAMPBELL, Steward and Treasurer.
ALICE G. TWITCHELL, Matron.
G. R. CAMPBELL, M. D., Pathologist and Bacteriologist.

Chaplains for 1908.

REV. C. A. HAYDEN, Augusta.
REV. B. P. HOPE, Augusta.
REV. H. E. DUNNACK, Augusta.

Subordinate Officers.

JOHN A. GETCHELL, Hospital Clerk.
A. M. PINGREE, Assistant Hospital Clerk.
HENRY W. HANSON, Second Assistant Hospital Clerk.
MISS NONA COYNE, Superintendent's Clerk.
ROY H. CURTIS, Store Clerk.

Supervisors.

Men.

VERMONT R. LUCE.
CHARLES H. DAVIS, First Assistant.

Women.

MRS. ANNIE D. MCLEAN.
MISS MARIA H. MCFEE, Ass't.

Women's Pavilion.

MISS ANNIE R. MCLAUGHLIN.
MRS. LILLA A. SWIFT, Assistant.

Men's Pavilion.

OLIN B. HUNNEWELL, Assistant.

E. C. Burleigh Pavilion.

MELVIN TOBY, Assistant.

Infirmaries.

Men.

CLYDE L. PRATT,
Special Nurse.

Women.

ELIZABETH MCBRIDE,
Special Nurse.

Engineer.

W. L. SAMPSON.

W. H. ALLEN, Superintendent, Farm, Garden and Floral Department

Standing Committees for 1907-1908.

- On Buildings and Improvements—Nickerson, Robie and Chase.
 - On Conference with Legislative Committee—Robie, Chase, White and Macomber.
 - On Finance—White, Field and Nickerson.
 - On Chase's Island—Chase, Mrs. Cony, and Field.
 - On Farm Stock and Outside Property—Field, Chase and Robie.
 - On Library—Mrs. Cony, White and Dr. Sanborn.
 - On Recreation and Amusement of Patients—Dr. Sanborn, Field and Mrs. Cony.
-

Visiting Committee for 1908.

- January—Robie, Nickerson, White and Mrs. Cony.
- February—Field, Macomber, White and Chase.
- March—Full Board.
- April—Robie, Field, Nickerson and Mrs. Cony
- May—Nickerson, White, Field and Macomber.
- June—Full Board.
- July—Robie, Macomber, Chase and Field.
- August—Chase, Nickerson, Macomber and Mrs. Cony.
- September—Full Board.
- October—Macomber, Chase, White and Field.
- November—Robie, Nickerson, Chase and Mrs. Cony.
- December—Full Board.

REPORT OF THE TRUSTEES OF THE MAINE
INSANE AND EASTERN MAINE INSANE
HOSPITALS.

To the Governor and Executive Council of the State of Maine:

The close of the fiscal year of the management of the two Insane Hospitals of the State of Maine require a formal report from the Trustees of these institutions. The Superintendent and heads of the several departments of both hospitals have placed in our hands complete and meritorious reports of the administration of matters committed to them, which we submit for your consideration and the attention of the State. We also respectfully present to your honorable body our annual report on the Maine and Eastern Maine Insane Hospitals, for the year ending November 30, 1907.

The complete exhibit of the year 1907 shows a wider and more extensive range of insane hospital work than has been recorded in any year of its previous history; and represents the use of a large appropriation of public money.

The Legislature of 1907 gave the demands, for the enlargement and betterment of the two hospitals, a careful consideration; and as a result, the extraordinary appropriation for 1907-8, which received the approval of the Executive Department of the State, amounted to \$366,577.00.

This amount, by the act of the Legislature, was placed in the hands of the Board of Trustees to be expended for the purposes named in the several resolves. The Trustees have endeavored to exercise care and economy in the discharge of the duty involved in this important trust; and feel confident that the finished and unfinished work, wherever undertaken, will justify the expression, "It is well done."

The several resolves planned by the last Legislature for the benefit of the Maine and Eastern Maine Insane Hospitals are thus itemized:

Maine Insane Hospital.

A.	(1)	For completion of arsenal building.....	
	(2)	construction of steam line and heating.....	
	(2)	rebuilding laundry, furnishings and machinery	
	(4)	rebuilding green house.....	
	(5)	building new slaughter house	
	(6)	building arsenal road and concrete sidewalk	
	(7)	the amount the Maine Hospital expended on Chase Island was	\$43,265 00
B.	(1)	For reconstruction first male wing.....	45,000 00
C.	(2)	For Criminal Insane Building	40,000 00
D.	(3)	For introducing water to new arsenal building, pipe and pump.....	7,300
E.	(4)	For purchase of new herd of cows	5,000 00
		Total.....	<u>\$140,565 00</u>

F. AMOUNT OF APPROPRIATIONS FOR EASTERN MAINE INSANE HOSPITAL.

(1)	For current expenses, repairs and improvements 1907.....	\$27,998 50
(2)	current expenses, repairs and improvements 1908.....	27,998 50
(3)	new wing 1907	75,000 00
(4)	new wing 1908	75,000 00
	Total.....	<u>\$205,997 00</u>

G. AMOUNT OF APPROPRIATIONS FOR CHASE ISLAND.

(1)	To be expended in 1907.....	\$7,500 00
(2)	To be expended in 1908.....	2,500 00
	Total.....	<u>\$10,000 00</u>

RECAPITULATION.

A.	Appropriation for Maine Insane Hospital	\$140,565 00
F.	Eastern Maine Insane Hospital	205,997 00
G.	Chase Island.....	10,000 00
	Total.....	<u>\$356,442 00</u>

The following is a statement from the Treasurer, Manning S. Campbell, of the Maine Insane Hospital, in which statement he gives the amount of the several appropriations from the State and the balance in his hands November 30, 1907.

Appropriation Accounts.	Amount of Appropriation.	Amount Withdrawn.	Amount Expended.	Amount Balance on Hand.	Amount due from State.
Appropriation Reconstruction, First Male Wing.....	\$45,000 00	\$30,000 00	\$21,270 50	\$ 8,729 50	\$15,000 00
Appropriation Constructon Criminal Insane Building.....	40,000 00	17,000 00	5,674 81	11,325 19	23,000 00
Appropriation Rebuilding Laundry Furnishings and Machinery.....	18,385 00	18,385 00	13,279 19	5,105 81
Appropriation Reimbursement Completion of Arsenal Building. Construction of Steam Line and Heating.....	11,369 30	11,369 30	11,369 30
Appropriation Water Service...	7,300 00	7,300 00	7,300 00
Appropriation New Carpenter Shop.....	5,000 00	5,000 00	5,000 00
Appropriation for Completion of Arsenal Road and Concrete Side-walk.....	5,000 00	5,000 00	5,000 00
Appropriation for Purchasing Herd of Cattle.....	5,000 00	3,000 00	360 00	2,640 00	2,000 00
Appropriation Rebuilding Green House.....	1,500 00	1,500 00	1,500 00
Appropriation Slaughter House	1,000 00	1,000 00	1,000 00
Appropriation Enclosing Arsenal Piazza in Glass.....	600 00	600 00	600 00
Appropriation Reimbursement Amount Due Treasurer of Hospital Expended at Chase Island over Amount of Appropriation.....	411 46	411 46	411 46
	\$140,565 76	\$100,565 76	\$65,265 26	\$35,300 50	\$40,000 00

The full amount appropriated by the Legislature of 1906, for the Insane Hospitals of our State, and placed in the hands of the Board of Trustees was \$356,442.

The expenditure of so large amount of public money, in a proper manner during the past year, has given the Board of Trustees an increased responsibility and great anxiety. We cannot refrain from expressing our appreciation of the services

and aid that Superintendent Sanborn has rendered, notwithstanding his many other responsible duties which he has in no way neglected; and the constant attention and watchfulness for the best results that has followed the great aid which we have received from Mr. Manning S. Campbell, the efficient and capable treasurer of the Maine Insane Hospital.

THE PROGRESS OF THE APPROPRIATIONS MADE FOR THE MAINE INSANE HOSPITAL.

The stone wing of the Maine Insane Hospital that is undergoing renovation and reconstruction is making satisfactory progress. The heating work is complete, and the walls are ready for plastering; and there seems to be no doubt but the contractor, Mr. Noyes, who has been diligent and efficient, will complete his entire work at the time specified in the contract.

The laundry is practically finished, giving much more and better working room than the old one, and several more new and much needed sleeping apartments.

The carpenter shop has been finished and occupied more than two months, and fully meets our expectation. The building affords also a fine storage loft and a room for the upholsterer.

THE CRIMINAL INSANE BUILDING.

Here has been more necessary delay in getting the plans, commencing the work, and continuing the same than under the other contracts. Natural causes have retarded matters. The work is behind, only the basement and one story being completed. The work is going on, but the prospect is that the cold season will soon stop farther progress. The Board of Trustees are strongly convinced of the necessity of the new building, and will continue to urge its early construction.

There have been several important changes in the several medical departments of the Maine Insane Hospital which are fully mentioned in the report of the Superintendent.

THE INMATES OF THE TWO INSANE HOSPITALS.

The number of patients at the Maine Insane Hospital during the year ending Nov. 30, 1906, was.....	806
During the same period in the Eastern Maine Insane Hospital it was	220

Total 1,026

The number registered and cared for in the Maine Insane Hospital during the year ending Nov. 30, 1907, was..	827
During the same period in the Eastern Maine Insane Hospital it was	265

Total 1,092

making a total gain of 66 patients.

The total number of individual cases that required care and treatment during the year ending Nov. 30, 1907, in the Maine Insane Hospital was.....	\$1,054
In the Eastern Maine Insane Hospital.....	346

Total 1,400

The number in the Maine Insane Hospital that were cured and discharged reached.....	40
The same in the Eastern Maine Insane Hospital.....	24

Total 64

Many cases of marked improvement were noted.

The number of deaths during the year in the Maine Insane Hospital was	104
In the Eastern Maine Insane Hospital was.....	26

Total 130

The number of inmates discharged and cured, when properly considered, speaks favorably for the medical management of our two institutions. The number of deaths is large, but is easily explained because of the advanced age of those who entered as patients for hospital treatment. The steady increase in the number of patients requiring constant treatment calls for continued attention on the part of the State.

THE LIBRARY.

The Board of Trustees have given much attention, during the year, to the Library Department of the Maine Insane Hospital, and are able to report that the library has been entirely revised, the books recatalogued and one hundred and fifty new ones added.

There are many inmates of the Insane Hospital that are well educated, and brought up under the influence of the library, which is an important adjunct of our civilization.

The present collection of books was largely accumulated years ago, when the opportunity for choice was more limited. A careful collection should be made of the right books particularly adapted to the reading of the insane; for it is said on high authority, that books can be used as a remedial agent for the recovery of insane patients.

A special list of books has been selected by a learned committee for the use of insane hospitals in Iowa. We would urge renewed action on the part of our own State, and we appeal for aid from a generous public, to increase our library by an abundant contribution of the right kind of books and magazines. We trust that this request may receive an early response.

NEW HERD OF COWS.

The Board of Trustees have been duly careful under the State Board of Cattle Commissioners to have the entire herd of diseased cows slaughtered for the purpose of exterminating the tuberculosis which had so seriously affected it, and every precaution has been used to have the barns renovated and disinfected that they may be occupied without any fear of contaminating the new herd, which already number twenty-five well selected cows.

FIRE DEPARTMENT AND PROTECTION.

The Trustees during the past year have given particular attention to creating a complete and well organized fire department, composed of the Superintendent and Treasurer and carefully selected employees in the hospital. It is intended that the members of the organization shall be trained by suitable prac-

tice to meet properly the various dangers which might attend a conflagration. We take pleasure in assuring the public that the increase of supply of water, the installing of new hydrants, and the addition of other necessary adjuncts for fire protection have gone far towards guaranteeing the safety of the property and security of the patients.

EASTERN MAINE INSANE HOSPITAL.

The amount of money appropriated by the Legislature and placed in the hands of the Trustees to be expended was as follows:

For current expenses and repairs and improvements for 1907	\$27,998 50	
For new wing of Insane Hospital, 1907.....	75,000 00	
For building for tubercular patients for both hospitals, 1907	30,000 00	
		<hr/>
		\$132,998 50
For current expenses and repairs and improvements, 1908.....	\$27,998 50	
For new wing, 1908	75,000 00	
		<hr/>
		102,998 50
		<hr/>
		\$235,986 00

The Trustees find by the books of the Treasurer that the amount appropriated for the year 1907, amounting to \$132,998.50, has been expended on December 1, 1907, in the manner set forth in the following statement:

Statement of Appropriation (approximate)—November 30, 1907.

	Due in 1907.	Drawn.	Spent.	On hand.	Balance due this year.
'D," left	\$75,000 00	\$55,750 00	\$44,774 10	\$10,975 90	\$19,250 00
Tubercular hospital	30,000 00	20,000 00	14,268 72	5,711 28	10,000 00
Ice house	500 00	500 00	500 00	500 00
Fire escape.....	450 00	795 11	795 11	over	
Barn	3,000 00	3,000 00	6,014 17	over	
	\$108,950 00	\$79,700 00	\$65,872 10	\$17,187 18	\$29,250 00
Less amount overpaid on fire escape and barn.....				3,359 28	
				\$13,827 90	
Deficiency	\$11,500 00	\$11,500 00			
Coal	8,500 00	8,500 00			
R. and I.....	2,500 00	1,750 00			\$750 00
Amusements	400 00	400 00			
Tools.....	400 00				
Thornton place	748 50	1,497 00			
	\$24,048 50	\$24,047 00			\$750 00
Less amount overpaid on Thornton place					748 50
					\$1 50

EASTERN MAINE INSANE HOSPITAL.

The Board of Trustees are happy to state that the administration of affairs of the Eastern Maine Insane Hospital meets with our most hearty approval. We sincerely regret that Superintendent Philip H. S. Vaughan, M. D., was obliged on account of ill health to resign his position. He stood high in his profession, and carries with him the best wishes of the Board of Trustees.

The new Superintendent, Dr. H. W. Mitchell, has entered upon the discharge of his duties, bringing with him ample testimonials to his fitness both from personal ability and long experience for the responsible position which he occupies. He has already given evidence by his active work that every department of the hospital will receive the closest attention, supplemented by the best medical knowledge and practical skill in the

treatment of the insane. He has the aid of Dr. Mary P. Mitchell, an assistant physician, who has charge of the female patients. The success which has attended her practice during nine years in Danvers Hospital, Mass., assures us that the place is well filled. The changes which have been made in physicians during the year have been carefully noted in the report of Superintendent Mitchell.

OFFICIAL CHANGES.

The Superintendent of the Maine Insane Hospitals, in his report, gives full mention of the changes in his department to which we respectfully refer. The several physicians that have left and those that remain are worthy of commendation.

The attendants generally have been of good character, and interested and faithful in the line of their duty. The several departments of the Maine Insane Hospital have been judiciously and well filled, and the long continuous work of the matron of the hospital, Miss Alice G. Twitchell, still shows its efficiency and influence in the prosperity of the institution.

BOARD.

As one of the results of the increasing cost of help and the high price of the commissary department, we have been obliged to raise the price of board from \$4.00, \$5.00 and \$8.00 to \$4.50, \$5.50 and \$9.00.

THE DISPENSARY FOR THE TUBERCULAR INSANE OF THE TWO INSANE HOSPITALS OF THE STATE.

The last Maine Legislature took a very wise course in appropriating \$30,000 to establish a building at Bangor for the care and cure of the tubercular insane patients of the two insane hospitals of the State. There has been recently a progressive and successful movement throughout the civilized world to wage war against tuberculosis, so long a cruel enemy of the human race; and the result amply proves that though the disease is contagious, it may be cured by early and proper treatment.

The building for the tubercular patients has been erected with all modern improvements. It is now completely closed

in. The brick wall is all done, and the roof finished, and we intend that the structure shall be ready for occupancy by the first of March.

The new wing to the main brick building, for which there was appropriated by the last Legislature \$75,000 to be expended in 1907 and \$75,000 in 1908, has had the careful and constant supervision of a committee of the Board of Trustees; and we are able to report that the brick work is nearly completed, and that the work will be faithfully pushed to meet the requirements of another year.

The barn is finished and occupied, and the foundation for an icehouse is being laid. We think that all the work completed this year from the appropriations made by the Legislature of 1907 will meet with the approval of the Executive Department of the State, and merits the confidence of the public.

THE ADVANTAGES OFFERED BY THE STATE APPROPRIATIONS
EXPENDED ON CHASE ISLAND.

The Legislature of last winter made the following appropriations for additional improvements, to be made under the direction of the Board of Trustees, on this beautiful island located in Penobscot Bay facing the broad Atlantic:

(1) For the construction of an additional building;	
(2) " a bath and swimming pool;	
(3) " a gasoline launch;	
(4) " the salary of caretaker, transportation of patients, officers and employees;	
(5) " bedding, additional repairs, cost of running launch for 1907	\$7,500
Appropriation to be expended 1908.....	2,500
	<hr/>
	\$10,000

The following statement represents the use made of the money by the Board of Trustees during the year ending November 30, 1907:

The Trustees find that the appropriation (\$7,500.00) made by the last Legislature has been expended during the fiscal year

for the purposes named in the resolve, leaving a balance in his hands of \$500.00. For the detailed and specific information you are referred to the Report of the Steward and Treasurer.

The many individual cases of improvement and recovery which followed the vacation of the convalescent inmates of the two hospitals during the summer season of 1905 and 1906 at Chase Island were so satisfactory that the Board of Trustees thought it advisable this year to increase the period of occupancy of the building on the island one month over that of former years; and we are pleased to say that the report of the physician and attendants, as well as the uniform expressions of pleasure by the inmates, convinced us that the change was extremely beneficial.

The island was occupied during the four months by one hundred and twenty-four carefully selected patients of both sexes, and the new "bungalow" and other improvements attracted much attention, and caused great satisfaction among the occupants.

The visits of the Board of Trustees have proved that the expenditures made by the State have furnished a marked means for improving the physical health of convalescent patients; and has in many cases been of great aid in the line of recovery.

We trust that the work already done may be furthered by such assistance from the State as may be demanded for improving the condition of our unfortunate insane.

ADDITIONAL APPROPRIATIONS BY THE STATE FOR THE BENEFIT

OF THE INSANE.

The future requirements of our two institutions and the insane inhabitants of Maine generally, would be better stated in the report to be made to the Executive Department next year, so as to meet the action of the Legislature, whose duty it will be to act upon such important questions. The Superintendent of the Maine Insane Hospital has even thus early brought forward the matter, to which we ask your consideration.

The following are statements from Treasurer Charles S. Pearl in regard to the financial condition of the Eastern Maine Insane Hospital, November 30, 1907:

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial standing of the Eastern Maine Insane Hospital for the year ending November 30, 1907.

TOTAL RECEIPTS AND DISBURSEMENTS OF CASH FOR THE YEAR
ENDING NOVEMBER 30, 1907.

Dr.

Balance, cash on hand December 1, 1906.....	\$4,199 56
Receipts for year, hospital account.....	63,520 10
Receipts from State appropriation.....	103,747 00
	<hr/>
	\$171,466 66

Cr.

Disbursements for year	\$150,577 88
Balance cash on hand, November 30, 1907.....	20,888 78
	<hr/>
	\$171,466 66

CASH STATEMENT, NOVEMBER 30, 1907.

Resources.

Cash on hand	\$20,888 78
Due from State, support of patients.....	5,036 79
“ “ “ cities and towns	13,359 55
“ “ “ sundry firms	458 53
	<hr/>
	\$39,743 65
Less reserve for building.....	13,827 90
	<hr/>
	\$25,915 75

Liabilities.

Owe firms	\$27,290 67
Owe pay roll	2,354 15
	<hr/>
Total liabilities	\$29,644 82
Less resources	25,915 75
	<hr/>
Liabilities in excess of resources.....	\$3,729 07



MAINE FARMER PRINT, AUGUSTA

Sidney M. Bird
Late Trustee

HON. SIDNEY BIRD.

The Board of Trustees desire to express their deep regret at the death of the late Hon. Sidney M. Bird, long a distinguished member of the Board. The following preamble and resolutions were passed immediately after his decease:

Memorial paper and Resolutions in consequence of the death of the late Hon. Sidney M. Bird, a former member of the Board of the Trustees of the Insane Hospitals of the State of Maine:

The business and social relations of the late Hon. Sidney M. Bird of Rockland, with the Board of Trustees of the Insane Hospitals of Maine, have been of such an intimate and important character, that his associates did not fail to realize that they had met with an irreparable loss, when he tendered his resignation, a few weeks ago, as a working member of this Board, which was in consequence of failing health. Early afterwards, our minds were filled with sorrow, but tempered with consolation, on receiving the information that our esteemed friend had passed away, to enjoy the greater blessings of a better life, which event occurred September 21, 1907.

The funeral services were impressive and attended by a large body of mourning relatives and friends, of which number the Board of Trustees and many citizens of the State of Maine were present, or well represented by the usual tokens of respect and affection.

He has left behind the record of a successful business and public life, and always sustained a Christian character illustrated by honesty, integrity and intelligence, which is a worthy example for everyone to imitate and follow; and we fully realize that he was a faithful and efficient member of the Board of Trustees of the Insane Hospitals of the State of Maine for seven years.

Therefore,

Resolved, That we, his associates, desire to bear testimony to the faithful and personal devotion of the late Hon. Sidney M. Bird, deceased, to the best interest of the Insane Hospitals of the State of Maine, so well exemplified by his work, as

Chairman of the Building Committee, in the early construction and finishing of the hospital buildings at Bangor; and also we appreciate his great interest in the general administration of the important affairs of both of the hospitals of our State, which interest continued until the close of his eventful life.

For these considerations covering a period of many years, desire to record a lasting tribute of personal gratitude.

Resolved, That we extend to the widow and members of the family of our deceased associate our warmest sympathy, in this sad hour of their deep affliction.

Resolved, That these resolutions be spread on the records of the Board of Trustees and a copy be forwarded to the family of the deceased.

FREDERIC ROBIE,
ALONZO R. NICKERSON,
Committee.

CONCLUSION.

We cannot close our report without thanking a kind Providence for the watchful care over our insane patients, that has marked the progress of another year; and we are grateful for the satisfactory administration of the various departments of the hospitals.

The Trustees have in several instances been obliged to call the Superintendents' attention to the delinquencies and seeming neglect of those in charge of important duties; but we have always found a readiness to correct errors, and establish better regulations.

The marvelous results following the development of electricity, wireless telegraphy, and other great forces, have made the commencement of the present century the most wonderful in history. But let us be thankful that progress is not confined to the arts and sciences. The broadening of philanthropy, the care of the sick, the increase of general education and reading, and the advance of Christianity should not pass unnoticed.

Throughout the civilized world the betterment of the condition of the insane is receiving more general attention than ever before. Boards of Control and Associated Charities are represented by some of the strong men of the nation, and are doing excellent work.

Let the State of Maine continue its efforts for the comfort and care of its unfortunate citizens, and it will receive great rewards.

FREDERICK ROBIE, *President*,
CHAS. E. FIELD, *Secretary*,
THOMAS WHITE,
GEO. E. MACOMBER,
EDWARD E. CHASE,
MRS. FREDERICK CONY,
ALONZO R. NICKERSON,
Board of Trustees.

REPORT OF THE COMMITTEE ON RECREATION AND AMUSEMENT OF PATIENTS.

To the Trustees of the Maine Insane Hospital:

Your committee who are entrusted with that important feature of the treatment of our patients which relates to their diversion and recreation respectfully submits its annual report.

It requires much reflection and studious thought to determine just what methods should be pursued to meet the individual wants of the patients in arranging and laying out the lines to be prosecuted in order to offer a maximum amount of moral and mental treatment. If such treatment required only temporary procedures it would be but a trivial matter; but when it is remembered that it is a constant and unremitting care it becomes a more serious consideration.

If we are to accomplish the most that can be done for a patient suffering from insanity we must bring into activity other lines of treatment in addition to what is prescribed by material agencies. We should endeavor to search out and possess an intelligent idea of the individual wants of the patients.

Introspection constitutes a prominent feature of the insane. The feelings are subjective, and the objective and perceptive powers of the mind are overwhelmed by the introversive and illusory condition of the individual. The subjective conditions control the objective and so long as this state exists the person cannot derive any benefit from his exterior surroundings. Hence where in the realm of remedial measures can we look for rational therapy except in devising mental, moral and intellectual agencies in endeavoring to bring about an equilibrium of the subjective and objective psychical conditions. We know that other means are to be used *pari passu*, but the above meth-

ods are not to be left undone in order to place within the grasp of the individual the highest advantage for improvement or recovery. Diversion is par excellence one of the most potent factors to be pursued in the treatment of the insane.

We would not wish it to be understood that such agencies have not been brought into requisition, because the fact exists that during the past two years there has been placed at our command very material facilities to assist in further advancement in care, in the accession of our seashore home and the acquisition of the Arsenal property which offers an opportunity of constructing a recreation park for our patients.

While as much has been accomplished thus far as we could expect in strengthening the resources of our summer home, yet it will doubtlessly be determined that other appliances in the near future can be seized upon to still further increase its usefulness. We feel assured that no mistake has been made in accepting the property at the island from the general government, and it may be that we do not fully grasp in this early stage of its development what further measures may be instituted to still add to the comfort and well-being of our patients there; but which if persistently pursued, which we have no doubt is the fixed purpose of your board, we can reasonably expect will result in an additional per cent of recoveries. The bungolaw so constructed as to extend the opportunity to our patients of occupying single rooms has fully demonstrated its usefulness in adding contentment and comfort to the occupants. The eighty patients about equally divided among the two sexes who occupied the island during the past season returned much refreshed in physical and mental vigor. We cannot speak too highly of the efforts made in providing increased provisions and we are fully convinced of the advantage and the potent influence which this valuable auxiliary will confer to our patients during the coming years.

We are fortunate as an institution in having at our command bequests amounting to more than fifty-six thousand dollars, the interest of which is designed to be expended for the mental and physical wants of our patients, and we trust that every effort may be made in the future to continue to study practical methods for which this interest may be expended year by year in a

judicious and businesslike manner for the benefit of our patients to which they are rightfully entitled.

We cannot refrain from calling the attention of your board again to the absolute necessity of taking steps to arrange for the comfort of our female patients in providing a suitable park for their accommodation upon a portion of the Arsenal ground, thereby relieving them from the exposure incident in taking their morning exercise upon the public highway. It is an objectionable procedure, is an annoyance both to the public and the patients, and should not be allowed longer than is consumed in taking immediate steps to provide a suitable reception in the above-mentioned locality.

A building with an artistic covered veranda, ample in proportions and supplied with water and all necessary appliances, should be constructed. A playground with opportunities for open air games should be furnished where during the long days of summer the patients could spend much of their time there. We hope that definite steps may be taken during the early spring to arrange for this desirable change in order that we may not be under the necessity of obliging our patients to take their morning exercise upon the highways through another season. We suggest that there is no more rational and practical method to prosecute at the present time than in expending from the interest of our bequests a sufficient amount of means to provide for our patients this urgent and necessary convenience.

We regret exceedingly that we could not charter a steamer for our usual trip to the Isle of Springs at the seashore. Our people were much disappointed, as they always look forward with pleasant expectations to this yearly outing. A steamer is being built for the route between this city and the Islands which will be sufficiently able to accommodate three hundred people and which is expected to go into commission during the month of May next year. We have assurance that it can be placed at our use and we trust that such arrangements can be made that two or more excursions can be had during the summer months. Our patients heretofore have derived much comfort in anticipating these excursions months before they take place and we trust they may not be disappointed in the future.

The hydrotherapeutic department which was constructed last year has become a very valuable accessory to treatment and thus far has been of valuable service. We were handicapped through four months of the warmer season in being deprived of our full corps of medical officers and in consequence of this could not take full advantage of the benefits of hydrotherapy; yet notwithstanding our limited corps of officers more or less was accomplished. Now we are strengthened in this department and we are doing a large amount of work in this direction and are observing beneficial results.

It has been mentioned so many times in this report in former years it is perhaps unnecessary to speak further of the importance of our instrumental music, and I will simply add that the orchestra is still supplying the necessary melody for our weekly and semi-weekly entertainments which offer to our patients so much pleasure and contentment. We have succeeded in providing about the usual number of entertainments through parties outside of the institution. The high school children of the city who place upon our stage an annual entertainment are always welcome and afford our patients a delightful pastime. A party from town under the auspices of the Armitage Club have recently presented upon our stage a most pleasing and delightful entertainment and which was enjoyed by all. Mrs. Helen Stuart Riching entertained our patients with character reading and songs. It was pleasing and well received. Quite a number of other parties which it is not necessary to particularize have been secured throughout the year, which we can mention in commendable terms and which seemed to meet the mental requirements of our patients.

We append an itemized account of what has been expended throughout the year from the interest of the Coburn bequest.

COBURN FUND DISBURSEMENTS.

FOR THE YEAR ENDING NOVEMBER 30, 1907, AS PER VOUCHERS IN
TREASURER'S OFFICE.

GENERAL AMUSEMENTS.		
Paid Choir and organist	\$345 49	
Orchestra and band	672 38	\$1,017 87
SPECIAL ENTERTAINMENTS, REPAIRS, ETC.		
Paid Cony High School Minstrels, for one entertainment	\$25 00	
Mrs. Henry T. Elmore, for one entertainment, "Vocal and Instrumental"	35 00	
Ida Jenness Moulton, for one entertainment, "Reader"	12 00	
T. H. Cuddy, for one entertainment, "Moving Pictures"	25 00	
Prof. George Little, for one entertainment, "Chalk Talk"	15 00	
The Armitage Club, for one entertainment, "Uncle Silas' Huskin' Bee"	25 00	
H. Stuart Richings, for one entertainment, "Dramatic entertainer"	15 00	
Lewiston, Augusta and Waterville Street Railway Company, for use of special car, trolley rides for patients	24 00	
William Wood & Company, for books	4 00	
D. Appleton & Company, for books	6 00	
J. F. Pierce, books for library	107 36	
Imperial Publishing Company, for books	45 00	
R. W. Soule, for library case and cards	12 60	
Music, musical supplies for band, orchestra and choir	38 42	
Patients to plays, circus, fair, car rides, shopping, etc.	68 95	
Christmas cards	12 00	
Tuning and repairing pianos and organs	29 00	
Games and amusements for patients	39 05	538 38
		\$1,556 25

BIGELOW T. SANBORN,
CHAS. E. FIELD,
MRS. FREDERICK CONY,

Committee on Recreation and Amusements of Patients.

REPORT OF THE COMMITTEE ON HOSPITAL LIBRARY.

To the Trustees of the Maine Insane Hospital:

Your committee on the library for the year ending November 30th, 1907, have attended to that duty and now ask leave to report.

1906.				
December	1....	To deposit in Augusta Savings Bank.....		\$1,221 00
December	1....	20 shares First National Bank stock.....		2,000 00
December	1....	cash on hand		82
1907.				
January	1....	dividend on bank stock		60 00
July	1....	dividend on bank stock		60 00
		savings bank dividends		48 82
				\$3,390 24
		DISBURSEMENTS.		
January	12....	By paid for books, D. C. Heath & Co	\$1 50	
February	21....	J. B. Lippincott Co	4 00	
March	25....	J. Frank Pierce	1 00	
July	2....	Charles E. Lauriet Co.....	99	
November	30....	J. Frank Pierce	1 50	
November	30 ..	papers and magazines.....	151 53	
		pictures	1 00	
		balance on hand	3,228 72	
				\$3,390 24
December	1....	Balance in Augusta Savings Bank	\$1,224 00	
		20 shares First National Bank stock.....	2,000 00	
		Cash on hand	2 27	\$3,228 72

MRS. FREDERICK CONY,
THOMAS WHITE,
BIGELOW T. SANBORN,
Committee on Library.

REPORT OF SUPERINTENDENT MAINE INSANE HOSPITAL.

To the Trustees of the Maine Insane Hospital:

The rapid succession of the seasons has marked another milestone in the history of the hospital when it becomes the duty of the resident executive officer to present for the consideration of your Board what has transpired in its management during the last twelve months, and I respectfully submit the Superintendent's sixty-seventh annual report. While additional methods are devised from year to year to meet the increasing demands of the institution, yet after all a large part of that which has been accomplished is a repetition so far as the daily routine of labors are concerned and must necessarily remain so; yet there are seasons when various exigencies arise requiring material changes calling for the exercise of new lines of thought and necessitating the pursuance of new methods.

A larger appropriation from the Legislature was obtained than any preceding year in the history of the hospital and in consequence of this unusual aid from that body, intended to be distributed for so many specific objects, it has necessarily increased the burdens and activities of your building committee and the resident officers of the institution in endeavoring to arrange suitable and practical plans to be executed and in advising such methods in building operations as when completed shall best suit the purposes for which the outlays were designed to be expended.

Unquestionably the past year has been the busiest the resident officers of the hospital have ever experienced. The increased demand for labor and higher wages during almost the entire year has made it very difficult to maintain the necessary force in the various departments of the hospital and it required

much of my time in correspondence and advertisements to obtain suitable and necessary employees. Within a month however the industrial conditions have been such as have made applications for employment much more frequent and help is now easily obtainable.

We are pleased to state that accidents among the patients and employees of the institution have been infrequent and we are able to note that but one occurrence has arisen to mar the comfort of our patients, which resulted in the death of one of the inmates by setting fire to her clothing. It was extinguished promptly but the patient had already received so severe a shock to the nervous system that death resulted.

The movement of the population has been as follows: At the commencement of the year there were remaining a total of 806 patients, 446 men and 360 women. There have been admitted since 248, 131 men and 117 women. The number under treatment has been 1,054, 577 men and 477 women. The discharges and deaths have been as follows: Total recoveries, 48, 19 men and 29 women; much improved, 18, 11 men and 7 women; improved, 17, 10 men and 7 women; unimproved, 40, 23 men and 17 women; died, 104, 59 men and 45 women; leaving at the end of the hospital year, November 30, 1907, a total of 827 patients, 455 men and 372 women. The daily average number of patients for the entire year has been 822, the largest number in the institution was 844 August 23d, and the least number was 803, which occurred December 20th of last year. The percentage of deaths to the whole number under treatment has been 9.8 per cent. The percentage of recoveries to the whole number under treatment has been 4.5 per cent and the percentage of recoveries to admissions has been 19.3 per cent.

The death rate has been a trifle higher than that of last year. So long as the disposition remains to commit persons to the hospital so far advanced in years, the mortuary record must necessarily remain larger. I have taken occasion heretofore through my annual reports to your Board and in advising relatives and municipal officers, to disparage the practice of committing this class to a hospital if it can possibly be avoided, because of the fact that when insanity occurs in persons more than seventy years of age the prognosis is exceedingly unfavor-

able and usually the disease runs a rapid course to dissolution. Our observation has demonstrated the fact that the home life of such individuals cannot be broken with impunity and usually death soon ensues from such a radical change as is necessitated in an entire relief from home environments. The medical statistics show that we are quite frequently admitting patients from sixty-five to eighty-five years of age.

SUPPORT OF PATIENTS.

The patients are being supported in the following manner, viz: 54 by their own means, 87 entirely by the State, 686 receiving State aid of \$1.50 per week, the towns and individuals paying the balance.

RECONSTRUCTIONS.

The reconstruction of the laundry, which has been under contract with R. J. Noyes of this city by day labor, has been entirely completed and occupied for several months with the exception of the old carpenter shop which is designed for a sorting room and which could not be renovated until after our new carpenter shop was completed and occupied. I am pleased to state, however, that since the completion and occupation of the latter the renovation of the one now occupied is nearly ready for its use as an adjunct to the laundry department. The building and occupation of the carpenter shop was executed promptly and it affords an exceedingly convenient and ample workshop in its practical and systematized arrangement, which must necessarily facilitate the labors of that department.

In the reconstruction of the first male wing, the contract for the renovation of which was awarded to R. J. Noyes of this city for the sum of \$37,974, the work has progressed as fast as we could expect. The building is now closed in and the masons at this period are plastering. The probabilities are that it will become sufficiently dried out so that the finish may be commenced during the midwinter and carried to completion in the early spring. It is hoped that we may not be disappointed in our predictions from the fact that we are so crowded on the male side of the hospital that an early occupation is exceedingly desirable.

The criminal insane building, placed under contract to C. E. Hoxie for the sum of \$31,755, for various causes has been delayed and the construction has not progressed so rapidly as has been desirable. As soon as the weather becomes suitable for construction in the early spring it should be pushed to completion as fast as possible, inasmuch as the management of the State Prison find themselves under the necessity of caring for a maximum number of convicts and are in urgent need of accommodations. They desire to occupy the department for the criminal insane for its legitimate purposes at the earliest date possible.

The extra fire service consisting of a cast-iron ten-inch pipe taken from the water mains near the Kennebec bridge has been laid and is practically completed with the exception of connecting up the fire pump designed for the purpose of affording ample fire pressure. This entire service will be completed in the near future and made available in case of conflagration.

The further grading and macadamizing of the Arsenal road was necessarily delayed from the fact that the work could not be undertaken until after the installation of the ten-inch water pipe which runs underneath the roadbed its entire length and which main could not be completed until too late in the season to macadamize. We are getting the material in place and the macadamizing will be done as soon as the weather is suitable early another season.

REPAIRS AND IMPROVEMENTS.

The covering in of the piazza at the Burleigh Pavilion has extended to the patients the benefit of a sun-bath and as it becomes a part of the day-room affords further ventilation and adds greatly to the comfort of the occupants. When all of these various changes contemplated are completed the condition of the institution will become very much strengthened in many ways.

In the process of building and reconstructing it has necessitated very many important changes in our sewerage, waterlines and steampipe equipments of the institution, so that in order to accomplish all of the necessary changes in the above appliances it has required a large additional force of mechanics and day

laborers. From the main of the ten-inch water pipe it has been necessary to construct a water system to supply the new building at the Arsenal and also that of the criminal insane wing. In addition a main has been laid from our steam system at the Arsenal building to supply the necessary wants of the new criminal building and a return pipe of four inches so that this wing will be heated through the same pipe that supplies the former structure.

Sewerage, water and steam supplies have been laid and are in operation for the new carpenter shop.

Since the occupation of the old chapel building we have labored under many inconveniences because of the lack of sufficient incline to allow the condensed steam to run to the engine house. In laying the water pipe across our lawn in front of the hospital to perfect our water supplies for fire purposes, we seized upon the advantage in taking back a two and one-half inch pipe in the same trench from the chapel building to the engine house, which offers ample incline for the escape of the condensed steam. We have also installed an extra amount of radiators for the building, which heretofore have been insufficient. This offers very much more comfort for our patients and adds very materially in the ventilation of the building.

FIRE APPARATUS.

The steps taken not only in obtaining an appropriation for an additional water supply to be able to combat a conflagration should fire occur, was not only a timely but a judicious consideration. In this change we have not only constructed four additional steamer hydrants but in the completion of the system two or three additional ones will be installed. This water system connects in several places with our old supply and the hospital reservoir as well.

The reorganization of the fire department, which has for a long time been placed under the direction of the Steward and Treasurer, will be the means of adding much protection in case necessity requires such service. A hose cart, hook and ladder, truck, and five hundred feet of two and one-half inch rubber-lined hose has already been added to this necessary department, and upon the completion of the building to be erected for the purpose of protecting the above appliances and other needed

equipments which have been directed to be installed at the hydrants it would seem that the institution will be well prepared to protect its inmates should a fire occur.

FUTURE NEEDS.

A little subsequent to the Legislature's enactment whereby all of the insane in the State who are now largely supported by the municipalities are to become chargeable and their support paid from the State treasury, I took occasion to send out a circular directed to all of the municipalities and unincorporated towns of the State and have just received the last of the replies to my interrogations. I had supposed that there were at least four hundred insane being cared for at their homes or in almshouses but have been happily surprised in finding that the returns show but two hundred and eight living and cared for under the above environments. From information obtained through the United States census extending through the last three decades we had reason to believe that insanity has decreased somewhat in the State, and our recent investigations evidently bear us out in this conclusion.

Notwithstanding the smaller number cared for outside of the institution than we had anticipated, yet it is well to bear in mind that as soon as the law comes into effect the municipal officers who have these wards of the State in their charge will be clamoring for their admission to the two hospitals.

I apprehend under the circumstances it is not too early to take into consideration the necessity of additional constructions for this class. It will be necessary at least to receive an appropriation amply sufficient to equip two additional wings as capacious or even larger than are now connected with either hospital. The two extreme wings of this institution accommodate the largest number of patients of this plant, but the legitimate limits do not exceed sixty persons each aside from the necessary rooms for their supervision, and when you take into consideration that the original capacity of the wings at Bangor were only intended for one hundred patients each it will become apparent that there must be constructed for the future wants of the insane either two exceedingly large wings or four small ones. Inasmuch as the officials of the various towns are already con-

templating the prospective change, we do not regard it as premature to present this matter to your Board for your careful consideration.

In previous reports I have advocated the importance of your considering the financial advantages which might be derived in constructing a building in close proximity to the institution for the purpose of providing an industrial department for the employment of our patients. A far more important advantage to be derived than a mere financial expediency would be observed in the increased physical and mental welfare of our people. I will thus leave the consideration of these, as they appear to me, pertinent suggestions, to be passed upon at your discretion.

FARM AND GARDEN.

We shall be obliged to leave the details of these two departments to the statistics which will be placed before you in the report of the Steward and Treasurer, which has not yet been completed. It may be stated, however, that it is expected that such detailed accounts will show that both the farm and garden will exhibit the usual yield of products and in some instances exceed that of former years. The hay crop particularly was exceedingly bountiful. We have suffered financially from the loss of our herd of cows, which the Cattle Commission gave directions early last spring to have slaughtered. The appropriation of five thousand dollars from the Legislature for the purpose of supplying a new herd was not to be expended before the first of October, thus offering ample time for the renovation and disinfection of the two cow stables. Consequently they have been left unoccupied through the entire season and have been thoroughly disinfected. Twenty-six cows have already been purchased and four heifers, and we shall continue purchasing as promptly as possible to the limit of the appropriation. With constant and unremitting attention in supplying cows and weeding out when necessary it will be several years before the institution will be likely to have in its possession so fine a herd as the former one before tuberculosis made its appearance.

OFFICIAL CHANGES.

During quite a portion of the season we have been handicapped on the medical staff of the institution in consequence of

resignations and my inability until late in the season to secure officers for these places made vacant. Dr. J. L. Davis, the interne, after a year's service resigned to go into private practice and my best wishes are extended to him in his new field of labor. Dr. J. B. Macdonald, my third assistant, accepted an invitation to become connected with a neighboring institution and severed his connection from the staff the first of August. He had rendered most valuable service and I regret that it became his duty to accept a more lucrative position. He possesses a strong intellect and was well adapted for institutional work. I bespeak for him much success in his new duties. In consequence of Dr. Macdonald's withdrawal we were obliged to place Dr. Horsman at the Island to care for the patients there, which left the institution with simply two physicians and one interne. I had been endeavoring to procure further assistance from early spring but was unsuccessful until I engaged Dr. Harris C. Barrows as interne, who came to his duties the first of August. I had already engaged Dr. Karl B. Sturgis, but the management of the Maine General Hospital could not spare him until they had secured some one to take his place. He however came to the institution a short time subsequently as interne.

In concluding this report I wish to bear evidence to the kindly interest taken in the institution throughout the year by the committee of Governor's Council and the lady visitor. I wish to express my grateful acknowledgments for the care that has been manifest in the daily routine duties of the institution by the various supervisors and many attendants. The services of my associates in office have been valuable, and during the trying ordeal that through dividen providence I was called to pass in the demise of my only daughter who to me was more precious than life itself, they offered that aid, comfort and sympathy which calls for my profound gratitude and sincere acknowledgments. I am also under deep obligations to every member of your Board for the same kindly services spontaneously imparted in this bereavement. I assure you also, gentlemen, I am not unmindful of your support and kindly consideration in many ways and chiefly in the advice and wise counsel which you have seen fit at all times to extend.

MEDICAL STATISTICS, 1907.

TABLE No. 1.
MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1906	446	360	806
Admitted since.....	131	117	248
Number under treatment.....	577	477	1,054
DISCHARGES AND DEATHS.			
Recovered	19	29	48
Much improved	11	7	18
Improved	10	7	17
Unimproved	23	17	40
Died	59	45	104
Remaining November 30, 1907	455	372	827

TABLE No. 2.
ASSIGNED CAUSE OF INSANITY OF THOSE ADMITTED DURING THE YEAR, 1907.

	Men.	Women.	Total.
Alcoholism	18	0	18
Apoplexy	0	4	4
Army exposure.....	1	0	1
Bad habits	0	1	1
Business reverses	1	1	2
Child birth	0	5	5
Congenital	6	1	7
Disappointment	1	2	3
Domestic affliction	3	6	9
Epilepsy	2	2	4
Heredity	24	27	51
Ill health.....	4	8	12
Masturbation	6	1	7
Menopause.....	0	5	5
Morphine and cocain habit.....	1	0	1
Overstudy.....	1	0	1
Overwork and heredity.....	5	6	11
Overwork and worry	0	1	1
Religious excitement	1	0	1
Senility.....	13	4	17
Sunstroke	1	0	1
Surgical operation	1	2	3
Traumatism	5	0	5
Typhoid fever	0	1	1
Unknown	36	38	74
Venereal disease	1	0	1
Worry	0	2	2
Total	131	117	248

TABLE No. 3.
AGES OF THOSE ADMITTED.

	Men.	Women.	Total.
From 10 to 20 years of age.....	9	8	17
" 20 " 30 "	24	16	40
" 30 " 40 "	30	30	60
" 40 " 50 "	20	30	50
" 50 " 60 "	22	17	39
" 60 " 70 "	14	8	22
" 70 " 80 "	9	5	14
" 80 " 90 "	3	3	6
Total	131	117	248

TABLE No. 4.
SOCIAL CONDITION OF THOSE ADMITTED.

	Men.	Women.	Total.
Married	43	48	91
Single.....	70	42	112
Widowed.....	12	25	37
Divorced.....	6	2	8
Total.....	131	117	248

TABLE No. 5.
DURATION OF INSANITY PRIOR TO ADMISSION.

	Men.	Women.	Total.
Not exceeding 1 week.....	20	9	29
" " 1 month.....	32	13	45
" " 3 months.....	27	22	49
" " 6 "	9	12	21
" " 9 "	2	4	6
" " 12 "	6	7	13
" " 2 years	6	8	14
" " 3 "	7	9	16
" " 4 "	2	4	6
" " 5 "	2	5	7
" " 10 "	5	9	14
" " 15 "	2	3	5
" " 30 "	1	4	5
Congenital	7	1	8
Unknown	3	7	10
Total.....	131	117	248

Table No. 6.
MONTHLY ADMISSION.

	Men.	Women.	Total.
December, 1906.....	10	12	22
January, 1907.....	8	8	16
February, ".....	13	15	28
March, ".....	11	5	16
April, ".....	5	14	19
May, ".....	4	8	12
June, ".....	13	11	24
July, ".....	17	11	28
August, ".....	17	11	28
September, ".....	13	8	21
October, ".....	8	7	15
November, ".....	12	7	19
Total.....	131	117	248

Table No. 7.
TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

	Men.	Women.	Total.
Not exceeding 3 Months.....	5	7	12
" " 6 ".....	7	10	17
" " 9 ".....	3	4	7
" " 12 ".....	2	1	3
" " 2 Years.....	1	5	6
" " 3 ".....	0	1	1
" " 4 ".....	1	1	2
Total.....	19	29	48

Table No. 8.
CAUSES OF DEATH.

	Men.	Women.	Total.
Acute Delirium.....	1	0	1
Acute Indigestion.....	2	0	2
Apoplexy.....	8	6	14
Broncho Pneumonia.....	0	1	1
Epilepsy.....	5	3	8
Exhaustion following Mania.....	5	12	17
Exhaustion following Melancholia.....	5	5	10
Nephritis Chronic.....	5	4	9
Nephritis Acute.....	0	2	2
Organic Brain Disease.....	3	5	8
Organic Valvular Disease of Heart.....	6	0	6
Paresis.....	8	1	9
Phthisis Pulmonalis.....	3	2	5
Senile Dementia.....	6	3	9
Septicæmia.....	1	0	1
Shock from Burn.....	0	1	1
Tuberculosis Intestinal.....	1	0	1
Total.....	59	45	104

TABLE NO. 9.
MONTHLY MORTALITY.

	Men.	Women.	Total.
December, 1906.....	4	4	8
January, 1907.....	5	4	9
February, ".....	9	1	10
March, ".....	0	4	4
April, ".....	8	6	14
May, ".....	3	0	3
June, ".....	5	4	9
July, ".....	3	5	8
August, ".....	6	2	8
September, ".....	5	5	10
October, ".....	5	5	10
November, ".....	6	5	11
Total.....	59	45	104

TABLE NO. 10.
AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years.....	1	0	1
" 20 to 30 ".....	5	4	9
" 30 to 40 ".....	5	9	14
" 40 to 50 ".....	10	11	21
" 50 to 60 ".....	14	9	23
" 60 to 70 ".....	15	8	23
" 70 to 80 ".....	7	3	10
" 80 to 90 ".....	2	1	3
Total.....	59	45	104
Average age at death 51.6 years.			

TABLE NO. 11.
APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

	Men.	Women.	Total.
1 month.....	3	2	5
3 months.....	7	5	12
9 months.....	3	3	6
1 year.....	6	5	11
2 years.....	16	11	27
5 ".....	5	7	12
10 ".....	7	4	11
15 ".....	2	2	4
20 ".....	5	1	6
25 ".....	2	2	4
30 ".....	2	3	5
40 ".....	1	0	1
Total.....	59	45	104

TABLE No. 12.
OCCUPATION OF THOSE ADMITTED.

	Men.	Women.	Total.
Blacksmith	2	0	2
Box manufacturer.....	1	0	1
Cab driver	1	0	1
Cabinet maker.....	1	0	1
Carpenter	2	0	2
Clergyman	1	0	1
Clerk	6	0	6
Cook	0	1	1
Domestic	0	3	3
Dressmaker.....	0	3	3
Farmer	20	0	20
Fisherman	1	0	1
Gunsmith	1	0	1
Hotel keeper.....	2	0	2
Housewife	0	78	78
Laborer	37	0	37
Laundryman	1	0	1
Laundress	0	1	1
Lawyer	1	0	1
Lumberman	1	0	1
Liveryman	2	0	2
Merchants	3	0	3
Mill operator	4	7	11
Motor men	1	0	1
None	13	12	25
Nurse	0	2	2
Painter.....	2	0	2
Paper hanger	1	0	1
Peddler	1	0	1
Policeman	1	0	1
Restaurant keeper	1	0	1
Sailor	3	0	3
School boy	4	0	4
School girl	0	4	4
Salesman	2	0	2
Shoemaker	6	2	8
Stonecutter	3	0	3
Student	1	2	3
Surveyer	1	0	1
Teacher	0	2	2
Teamster	4	0	4
Total.....	131	117	248

TABLE No. 13.
RESIDENCE OF THOSE ADMITTED.

	Men.	Women.	Total.
Auburn.....	5	6	11
Auburn Jail.....	3	0	3
Abbot.....	0	1	1
Alfred.....	0	2	2
Alfred Jail.....	1	0	1
Albion.....	1	0	1
Augusta.....	5	5	10
Augusta Jail.....	1	0	1
Bath.....	1	1	2
Belfast.....	3	0	3
Bethel.....	2	1	3
Belgrade.....	1	0	1
Benton.....	1	0	1
Bristol.....	2	0	2
Biddeford.....	2	3	5
Bowdoinham.....	0	1	1
Brunswick.....	0	1	1
Buckfield.....	0	1	1
Buxton.....	1	1	2
Canton.....	1	0	1
China.....	1	0	1
Chesterville.....	1	0	1
Cornish.....	0	1	1
Dover.....	1	0	1
Damariscotta.....	0	1	1
Dover Jail.....	1	0	1
Eden.....	1	0	1
Elliott.....	0	1	1
Fairfield.....	3	0	3
Foxcroft.....	1	0	1
Freeport.....	1	1	2
Farmington Jail.....	1	0	1
Farmingdale.....	1	4	5
Falmouth.....	2	0	2
Gardiner.....	1	1	2
Georgetown.....	0	1	1
Gorham.....	0	1	1
Hollis.....	1	1	2
Hallowell.....	1	0	1
Hiram.....	1	1	2
Jefferson.....	1	0	1
Kittery.....	1	0	1
Kennebunk.....	0	1	1
Lewiston.....	8	6	14
Limerick.....	0	1	1
Lisbon.....	0	1	1
Litchfield.....	1	1	2
Mechanic Falls.....	1	0	1
Monson.....	0	1	1
New Gloucester.....	1	1	2
Newfield.....	1	0	1
Nobleboro.....	0	2	2
Norway.....	1	2	3
Norridgewock.....	1	1	2
North Berwick.....	1	0	1
Oakland.....	1	1	2
Old Orchard.....	1	0	1
Oxford.....	1	1	2
Peru.....	0	1	1
Phillips.....	1	0	1
Piscataquis Jail.....	1	0	1
Pownal.....	0	1	1
Paris.....	0	2	2
Phippsburg.....	0	1	1
Pittsfield.....	2	1	3
Portland.....	19	22	41
Portland Jail.....	5	0	5
Paris Jail.....	1	0	1
Randolph.....	2	0	2

TABLE No. 13—Concluded.

	Men.	Women.	Total.
Readfield.....	0	1	1
Rome.....	1	0	1
Rockland.....	3	3	6
Rockport.....	0	3	3
Richmond.....	1	1	2
Robbinston.....	1	0	1
Rumford.....	2	0	2
Sanford.....	3	3	3
Sebago.....	1	0	1
South Portland.....	2	2	4
Saint Albans.....	1	1	2
Searsport.....	0	1	1
Saco.....	0	2	2
Skowhegan.....	0	1	1
South Berwick.....	2	0	2
Sumner.....	1	0	1
Stonington.....	0	3	3
Turner.....	1	1	2
Thomaston.....	1	1	2
Union.....	1	0	1
Unity.....	1	1	2
Vinalhaven.....	0	1	1
Wales.....	1	0	1
Whitefield.....	0	1	1
Waldoboro.....	2	0	2
Washington.....	1	1	2
Waterville.....	4	4	8
Wilton.....	0	1	1
Willimantic.....	1	0	1
Wiscasset.....	0	1	1
Wells.....	0	1	1
Windsor.....	0	1	1
Woolwich.....	1	1	2
Winthrop.....	1	1	2
Winslow.....	2	0	2
York.....	0	1	1
Total.....	131	117	248

TABLE NO. 14.
NUMBER OF ADMISSIONS OF THOSE ADMITTED.

	Men.	Women.	Total.
Admitted the first time.....	108	97	205
" " second time.....	13	12	25
" " third time.....	4	5	9
" " fourth time.....	5	3	8
" " sixth time.....	1	0	1
Total	131	117	248

TABLE NO. 15.
RELIGION OF THOSE ADMITTED.

	Men.	women.	Total.
Catholic	22	22	44
Protestant	103	94	197
Jew	2	1	3
Unknown	4	0	4
Total	131	117	248

TABLE NO. 16.
NATIVITY OF THOSE ADMITTED.

	Men.	Women.	Total.
Austria	1	1	2
Canada	5	2	7
England	0	1	1
Germany	0	2	2
Ireland	4	5	9
Italy	2	0	2
Maine.....	88	80	168
Massachusetts	1	2	3
Montana	1	0	1
New Brunswick	1	0	1
New Hampshire	1	3	4
New York	1	2	3
Nova Scotia.....	2	3	5
Prince Edward's Island	2	2	4
Rhode Island.....	1	1	2
Russia	3	0	3
Scotland	1	3	4
Unknown	17	10	27
Total	131	117	248

TABLE No. 17.
TYPE OF DISEASES OF THOSE ADMITTED.

	Men.	Women.	Total.
Exhaustion psychoses:			
Acquired neurasthenia	0	6	6
Acute delirium.....	3	0	3
Infection psychoses.....	0	2	2
Intoxication psychoses:			
Acute alcoholism	6	0	6
Alcoholic delusional insanity.....	2	0	2
Alcoholism and morphinism.....	2	0	2
Chronic alcoholism.....	6	0	6
Morphinism.....	0	1	1
Morphinism and cocainism.....	1	0	1
Involution psychoses:			
Affective melancholia	6	10	16
Senile Dementia.....	14	9	23
Manic-depressive insanity.....	37	58	95
Organic cerebral affections	6	3	9
Paranoia	13	2	15
General neuroses:			
Epileptic insanity	2	4	6
Constitutional psychopathic states:			
Mental instability.....	1	1	2
Sexual perversion.....	3	2	5
Paresis	6	0	6
Dementia praecox.....	12	12	24
Defective mental development:			
Moral insanity.....	2	2	4
Imbecility.....	3	5	8
Idiocy	2	0	2
Not insane.	4	0	4
Total.....	131	117	248

SUPERINTENDENT'S REPORT.

43

TABLE No. 18.

SHOWING THE OPERATIONS OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

Year.	Admitted.	Discharged.	Whole number under treatment.	Recovered.	Improved.	Unimproved.	Died.	Greatest number in hospital on any day.	Least number in hospital on any day.	Remaining at the end of year.	Daily average number for the year.
1840-1.....	105	79	133	33	20	20	6	70	28	54	48
1841-2.....	87	76	141	36	16	18	6	73	50	65	62
1842-3.....	82	79	147	31	27	17	4	72	58	68	65
1843-4.....	83	75	151	32	18	22	3	79	65	76	70
1844-5.....	99	90	175	38	22	23	7	89	72	85	80
1845-6.....	102	87	187	46	22	14	5	107	79	100	93
1846-7.....	124	100	224	53	17	20	10	125	98	124	108
1847-8.....	128	125	252	60	31	14	20	135	117	127	112
1848-9.....	123	123	250	60	28	17	18	135	112	127	126
1849-50.....	126	109	253	58	20	16	15	148	126	144	137
1850-1.....	90	102	234	51	40	52	39	155	52	52	75
1851-2.....	105	72	157	36	11	16	9	84	52	84	78
1852-3.....	124	89	208	45	14	15	15	119	84	119	109
1853-4.....	110	114	229	49	15	18	32	119	114	115	109
1854-5.....	128	88	243	41	14	14	19	155	114	155	134
1855-6.....	149	114	304	54	22	19	19	194	151	190	167
1856-7.....	144	126	334	69	24	19	14	215	190	208	204
1857-8.....	126	126	334	59	25	18	24	225	205	208	213
1858-9.....	149	120	357	58	22	23	17	240	205	337	222
1859-60.....	136	133	373	63	22	17	31	246	227	240	236
1860-1.....	135	123	375	55	25	16	27	255	239	252	248
1861-2.....	125	119	377	57	24	19	19	263	244	258	254
1862-3.....	118	111	376	52	21	14	24	266	242	265	254
1863-4.....	124	135	389	49	22	11	53	273	247	254	263
1864-5.....	142	119	396	47	25	23	24	282	254	277	272
1865-6.....	135	136	412	61	29	13	33	287	267	276	277
1866-7.....	150	123	426	54	27	11	31	303	276	303	291
1867-8.....	165	129	468	63	23	16	27	341	302	339	219
1868-9.....	150	152	489	68	28	14	42	351	332	337	342
1869-70.....	130	122	467	48	19	18	37	348	330	345	339
1870-1.....	174	151	519	58	28	21	44	376	345	368	363
1871-2.....	202	177	570	79	34	19	45	404	368	393	385
1872-3.....	200	182	593	83	36	20	43	416	388	411	400
1873-4.....	189	207	600	61	33	61	52	420	393	393	406
1874-5.....	188	178	581	68	31	27	52	408	389	403	398
1875-6.....	186	184	589	68	33	31	52	408	384	405	398
1876-7.....	194	183	599	74	35	28	46	423	397	416	411
1877-8.....	188	186	604	56	45	37	48	423	406	418	415
1878-9.....	196	195	614	53	52	60	30	432	399	419	415
1879-80.....	188	171	607	57	33	43	38	439	390	436	412
1880-1.....	215	201	651	56	57	42	46	453	426	450	442
1881-2.....	194	183	644	71	35	34	43	465	433	461	449
1882-3.....	208	205	669	53	42	22	88	467	430	464	450
1883-4.....	203	207	667	59	31	16	101	472	443	460	454
1884-5.....	249	223	709	80	54	12	77	488	459	486	474
1885-6.....	251	189	717	66	56	56	60	543	484	528	506
1886-7.....	226	202	754	82	52	14	54	556	527	552	543
1887-8.....	250	224	802	76	48	19	81	600	552	578	580
1888-9.....	225	223	803	65	60	22	76	599	561	580	579
1889-90.....	253	207	835	65	52	17	73	634	577	626	612
1890-1.....	245	198	871	63	47	18	70	677	626	673	649
1891-2.....	269	257	942	71	72	25	89	697	669	685	685
1892-3.....	287	301	972	75	83	55	88	714	671	671	693
1893-4.....	284	275	955	84	51	36	104	706	668	680	680
1894-5.....	274	248	954	95	54	34	65	712	680	706	698
1895-6.....	240	237	946	58	70	29	80	717	690	709	703
1896-7.....	255	251	964	52	95	33	81	737	710	713	722
1897-8.....	234	214	947	42	76	35	61	740	708	733	727
1898-9.....	249	235	982	48	37	21	103	771	732	747	747
1899-1900.....	273	249	1,020	61	49	32	107	782	748	771	764
1900-1901.....	206	377	977	66	92	117	102	776	600	600	702
1901-1902.....	203	172	803	46	28	16	82	631	596	631	607
1902-1903.....	209	176	840	57	31	17	77	668	629	664	646
1903-1904.....	200	160	864	49	23	11	77	710	663	704	689
1904-1905.....	216	201	914	63	38	11	89	728	701	713	710
1905-1906.....	278	185	991	47	13	22	90	809	712	806	739
1906-1907.....	249	227	1,054	48	35	40	104	844	803	827	822

Respectfully submitted,

BIGELOW T. SANBORN, Superintendent.

Maine Insane Hospital, Augusta, November 30, 1907.

FINANCIAL REPORT OF COMMITTEE ON CHASE ISLAND HOSPITAL.

AUGUSTA, MAINE, November 30, 1907.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved February 13, 1907, (see Chapter 30, Laws of 1907, Page 1446) appropriating seven thousand five hundred dollars for the year 1907, and two thousand five hundred dollars for the year 1908, for the following purposes:

The construction of an additional building, a bath and swimming pool, a gasoline launch, salary of caretaker, transportation of patients, officers, employees, additional bedding, repairs and cost of running launch.

We herewith submit report of cash received on account of appropriation and disbursements for the year ending November 30, 1907.

1907. RECEIPTS.			
June 17.	To cash from State treasurer.....	\$5,000 00	
29.	cash from State treasurer (re-imburement)	411 46	
Oct. 10.	cash from State treasurer.....	2,500 00	
Nov. 30.	Maine Insane Hospital for 1½ dozen chairs.....	51 15	
	Balance Convalescent Insane Hospital account, amount in excess of cost of subsistence	73 73	\$8,086 3
DISBURSEMENTS.			
Paid treasurer of the Maine Insane Hospital for amount expended in excess of receipts for maintenance and operation of Convalescent Insane Hospital at Chase Island for the season of 1906.....			
		\$411 46	
Paid R. J. Noyes, contractor for building "Bungalow".....			
		2,988 00	
	F. W. Webb Mfg. Co. for plumbing fixtures, pipe, fittings, etc.	78 17	
	Taber & Reid for labor of plumber.....	55 00	
	Maine Insane Hospital for plumbing materials, etc.....	15 02	
	McKenney & Waterbury Co., for electrical fixtures.....	75 27	
	Kennebec Light & Heat Co., for labor and material electrical wiring.....	58 01	
	Coombs & Gibbs, architects for plans, specifications, etc., for "Bungalow".....	105 00	
	R. J. Noyes, labor and material, repairing and painting Chase pavilion.....	190 43	
	Brooks Hardware Co., for paint, hardware, etc.....	94 45	
	A. L. Mitchell Co., for furniture, etc.....	295 11	
	E. W. Soule, for window shades.....	15 05	
	Emerson, Adams Co., for bedding, table linen, etc.....	137 47	
	D. H. McConnell Co., for table cutlery.....	18 69	
	Pearl Emerson, for launch "Whin" 2½ H. P.....	150 00	
	A. R. Conery, for launch "Gen. Knox" 15 H. P.....	350 00	
	Bedding (Mattresses, pillows, sheets, etc.).....	872 95	
	New England Tank & Tower Co., repairs on gasolene engine	17 75	
	Salary of caretaker and use of launch.....	680 00	
	Freight and express, transportation of patients, officers, telephones, telegrams, etc. (not charged to Chase Island support account).....	1,101 00	\$7,708 83
1907.			
Nov. 30.	Balance on hand, unexpended		\$327 51
			\$8,086 34

Respectfully submitted,

EDWARD E. CHASE,
CHARLES E. FIELD,
Mrs. FREDERICK CONY.

Committee on Chase Island Hospital.

REPORT OF BUILDING COMMITTEE ON FIRST MALE WING.

AUGUSTA, MAINE, November 30, 1907.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved February 15, 1907, (see Chapter 35, Laws of 1907, Page 1448.)

RESOLVED: "There there be and hereby is appropriated the sum of forty-five thousand dollars, for the use of the Maine Insane Hospital, for the purpose of reconstructing the first male wing. Said sum to be expended under the direction of the trustees of insane hospitals."

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1907.

RECEIPTS.			
1907.			
June 29.	To cash received from State treasurer	\$5,000 00	
Aug. 28.	cash received from State treasurer	5,000 00	
Sept. 13.	cash received from State treasurer	5,000 00	
Oct. 16.	cash received from State treasurer	5,000 00	
Nov. 20.	cash received from State treasurer	10,000 00	\$30,000 00
DISBURSEMENTS.			
Paid R. J. Noyes, contractor, renovating		\$14,500 00	
Renovating first male wing account, labor, men, teams, material, etc.		219 82	
National Fire Proofing Co., material		2,500 00	
American Bridge Co., steel construction		2,766 82	
Brooks Hardware Co., material		20 65	
Eastern Maine Insane Hospital trustees, expenses visiting other hospitals		185 00	
Kennebec Light & Heat Co., electric wiring, labor and material		332 98	
W. W. Carman, steam heating, material and labor		508 40	
McKenney & Waterbury Co., electrical fixtures		327 20	
Advertising proposals		65 07	
PLUMBING AND WATER PIPING.			
Fairbanks Co., valves, etc.		132 27	
American Tube Works, pipe, etc.		515 29	
F. W. Webb Mfg. Co., pipe, etc.		102 78	
Peck Bros. Co., fittings		52 27	
Heating and ventilating account, labor, men, teams, material, etc.		46 35	
Plumbing account, labor of men, material, etc.		5 35	
Water piping account, labor, men, teams, material, etc.		401 25	\$22,681 00
1907.			
Nov. 30.	Balance unexpended		7,319 00
			\$30,000 00
Dec. 1.	Balance cash on hand unexpended	\$7,319 00	

Respectfully submitted,
 GEO. E. MACOMBER,
 Mrs. FREDERICK CONY,
 THOMAS WHITE,
Building Committee.

REPORT OF COMMITTEE ON THE CRIMINAL INSANE BUILDING.

AUGUSTA, MAINE, November 30, 1907.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved March 6, 1907, (see Chapter 82, Laws of 1907, Page 1463.) RESOLVED: "That there be and is hereby appropriated the sum of forty thousand dollars for the purpose of constructing a suitable building for the criminal insane upon the arsenal grounds of the Maine Insane Hospital, said appropriation to be expended under the direction of the Trustees of Insane Hospitals."

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1907.

RECEIPTS.			
1907.			
Aug. 21.	To cash from State treasurer	\$2,000 00	
Oct. 10.	cash from State treasurer	5,000 00	
Nov. 20.	cash from State treasurer	10,000 00	\$17,000 00
DISBURSEMENTS.			
	Paid C. E. Hoxie, contractor.....	3,200 00	
	Eastern Maine insane hospital bill trustees travelling expenses visiting other hospitals	120 00	
	Advertising for proposals	53 02	
	Criminal insane building account labor, men, teams, material, etc	160 80	
STEAM LINE.			
	Paid Brooks Hardware Company, materials.....	87 72	
	Portland Stone Ware company, pipe and cement	1,025 10	
	W. W. Carman for material, labor, etc.....	2,006 06	
	Criminal insane building, steam line account, labor, men, teams, materials, etc	1,527 75	8,180 45
1907.			
Nov. 30.	Balance unexpended		\$8,819 55
Dec. 1.	Balance cash on hand, unexpended.....	\$8,819 55	\$17,000 00

Respectfully submitted,

GEO. E. MACOMBER,
Mrs. FREDERICK CONY,
THOMAS WHITE,

Building Committee.

REPORT OF BUILDING COMMITTEE.
WATER SUPPLY AND FIRE PUMP.

AUGUSTA, MAINE, November 30, 1907.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved March 22, 1907, (see Chapter 139, Laws of 1907, Page 1486) appropriating seventy-three hundred dollars (\$7,300.00) for water pipe and laying of the same through hospital and arsenal grounds for the conveyance of additional water and the installing of a pump for fire purposes, we herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1907.

RECEIPTS.			
1907.			
Aug. 28.	To cash from State treasurer	\$2,300 00	
Oct. 10.	cash from State treasurer	2,500 00	
Nov. 20.	cash from State treasurer	2,500 00	\$7,300 00
DISBURSEMENTS.			
Paid	Kennebec Light and Heat Company, (coke)	\$7 00	
	Fairbanks Company, valves, etc	108 00	
	Davis and Farnum Manufacturing Company, pipe, etc	122 55	
	W. W. Carman, labor, men and material	519 88	
	F. A. Houdlette and Son, pipe and fittings	1,048 67	
	Knowles Steam Pump Works, fire pump	820 00	
	Augusta Water District, labor and material	4,729 09	
	Water service account labor, men, teams, material, etc	1,807 04	
		\$9,162 25	
Amount expended in excess of appropriation.....		1,862 23
		\$9,162 25	\$9,162 25

Respectfully submitted,

GEO. E. MACOMBER,
Mrs. FREDERICK CONY,
THOMAS WHITE,

Building Committee.

REPORT OF BUILDING COMMITTEE.

ON LAUNDRY.

AUGUSTA, MAINE, November 30, 1907.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved February 13, 1907 (see Chapter 28, Laws of 1907, Page 1445) appropriating eighteen thousand three hundred eighty-five dollars (\$18,385.00) for rebuilding laundry, furnishing and machinery, we herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1907.

RECEIPTS.			
1907.			
June 29.	To cash from State treasurer.	\$18,385 00	\$18,385 00
	DISBURSEMENTS.		
Paid	Augusta Lumber Co., material.	\$2 04	
	Taber & Reid, material.	11 59	
	Brooks Hardware Co., material.	37 84	
	F. W. Webb Mfg. Co., material.	41 80	
	McKenney & Waterbury Co., electrical fixtures.	84 75	
	Kennebec Light & Heat Co., electrical wiring and material.	591 22	
	W. W. Carman, labor and material.	905 22	
	R. J. Noyes, labor, men and material rebuilding.	8,000 00	
	Employees loss sustained, clothing, etc.	210 00	
	Laundry fire account, labor, men, teams, material, etc.	1,343 25	
	Geo. Fuller's Sons, labor and material.	279 23	
	Empire Laundry Machinery Co., laundry machinery, labor, etc.	3,846 49	
	Laundry machinery account, labor, men, teams, material, etc.	204 45	\$15,557 10
	Balance unexpended.		2,827 90
Nov. 30.	Balance cash on hand unexpended.	\$2,827 90	\$18,385 00

Respectfully submitted,

GEO. E. MACOMBER,
Mrs. FREDERICK CONY,
THOMAS WHITE,

Building Committee.

REPORT OF BUILDING COMMITTEE.

NEW CARPENTER SHOP.

AUGUSTA, MAINE, November 30, 1907.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved February 13, 1907 (see Chapter 28, Laws of 1907, Page 1445) appropriating five thousand dollars (\$5000.00) for new carpenter shop, we herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1907.

RECEIPTS.		
1907.		
June 29.	To cash from State treasurer	\$5.00C 00
		\$5,000 00
DISBURSEMENTS.		
Paid	Portland Stone Ware Co. for channel pipe.....	\$25 00
	Kennebec Light and Heat Company, for material and labor	533 20
	W. W. Carman, material and labor.....	917 35
	R. J. Noyes, material and labor.....	7,034 73
	New carpenter shop account, labor, men, teams and material	1,282 89
	Amount expended in excess of appropriation	\$9,795 17
		4,795 17
		\$9,795 17
		\$9,795 17

Respectfully submitted,

GEO. E. MACOMBER,
Mrs. FREDERICK CONY,
THOMAS WHITE,

Building Committee.

STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1907.

TOTAL RECEIPTS AND DISBURSEMENTS OF CASH FOR THE YEAR ENDING NOVEMBER 30, 1907.

DR.		
Balance of cash on hand December 1, 1906	\$4,238 72	
Receipts for year, hospital account	199,026 59	
Received from State of Maine, account Coburn fund.....	2,000 00	
Received from State of Maine, account appropriation completion arsenal building, steam line and heating	11,369 30	
Received from State of Maine, account appropriation enclosing arsenal piazza	600 00	
Received from State of Maine, account appropriation rebuilding laundry	18,385 00	
Received from State of Maine, account appropriation rebuilding green house	1,500 00	
Received from State of Maine, account appropriation for new carpenter shop	5,000 00	
Received from State of Maine, account appropriation for slaughter house	1,000 00	
Received from State of Maine, account appropriation for completing arsenal road and concrete sidewalk	5,000 00	
Received from State of Maine, account appropriation reimbursement for amount due treasurer hospital expended at Chase island over amount of appropriation.....	411 46	
Received from State of Maine, account appropriation renovating first male wing	30,000 00	
Received from State of Maine, account appropriation purchasing herd of cattle.....	3,000 00	
Received from State of Maine, account appropriation fire and water service.....	7,300 00	
Received from State of Maine, account appropriation for criminal insane building	17,000 00	
Received from State of Maine, account appropriation for Chase island.....	7,500 00	\$313,331 07
CR.		
Disbursements, hospital account	\$217,715 43	
Disbursements, for completion of arsenal building, etc.....	11,369 30	
Disbursements, account Coburn fund.....	1,556 25	
Disbursements, for enclosing arsenal piazza in glass	600 00	
Disbursements, account appropriation for rebuilding laundry, furnishings and machinery	15,557 10	
Disbursements, account appropriation for new carpenter shop	5,000 00	
Disbursements, account appropriation for completing arsenal road and concrete sidewalk	604 55	
Disbursements, account appropriation for amount due treasurer of hospital	411 46	
Disbursements, account appropriation renovation first male wing	22,681 00	
Disbursements, account appropriation for purchasing herd of cattle	360 00	
Disbursements, account appropriation for fire and water service	7,300 00	
Disbursements, account appropriation for construction criminal insane building.....	8,180 45	
Disbursements, account appropriation for Chase island bungalow, etc	7,297 37	
Disbursements, account appropriation for copper aprons and fire-proof stairways Harlow and Saaborn wings	2,332 89	
Disbursements, account appropriation for furnishing arsenal building	67 97	
Balance of cash on hand December 1, 1907.....	12,297 30	\$313,331 07

COMPARATIVE STATEMENT "A".
Of Resources and Liabilities, November 30, 1906.

RESOURCES—SUPPLIES IN STOCK.		
Cash on hand	\$4,238 72	
Due from State of Maine for support of patients.....	11,750 17	
Due from towns and individuals for support of patients....	33,327 08	
Provisions, groceries, crockery and furniture on hand, per inventory	16,542 62	
Dry goods, clothing, etc., on hand, per inventory	8,393 46	
Coal on hand, per inventory	11,463 54	
Medical supplies on hand, per inventory.....	2,062 83	
Horses, cows, hogs and produce on hand, per inventory	28,884 47	
Repairs and improvements, pipe, fittings, lumber and materials on hand, per inventory	9,657 76	
Expense, stationery, books and office materials on hand per inventory.....	446 67	
Real estate, Norton house, purchased in 1886	900 00	
Real estate, Hoyt house, purchased in 1890	2,500 00	
Real estate, Severance farm, purchased in 1893	2,000 00	
Real estate, Thorne farm, purchased in 1893.....	4,500 00	
		\$136,666 72
LIABILITIES.		
Due firms and individuals, account supplies	\$38,538 95	
Due employees per pay roll.....	4,684 17	
Amusement fund, Orne bequest (1883).....	1,000 00	
Coburn fund, balance interest in treasury.....	3,570 98	
Appropriation furnishings for arsenal building balance unexpended	67 97	
Appropriation Copper aprons and fire-proof stairways, Harlow and Sanborn wings, balance unexpended.....	2,332 89	
		50,194 96
Net resources as per hospital account "A" in annual statement November 30, 1906.....		\$86,471 76

COMPARATIVE STATEMENT "B".
Of Resources—Supplies in Use November 30, 1906.

Dispensary department, medical instruments, furnishings, etc., on hand, per inventory.....	\$1,721 60	
Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc., on hand per inventory....	8,867 62	
Greenhouse department, plants, pots, implements, etc., on hand, per inventory	1,822 51	
Hospital furnishings department, furniture, bedding, fixtures, household materials, etc., on hand, per inventory..	61,064 08	
Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's, mason's and plumber's tools, implements, etc., on hand per inventory	3,697 07	
Amusement fund, principal of Orne bequest (1883).....	1,000 00	
Net resources as per hospital account "B" in annual statement, November 30 1906.....		\$78,163 88

COMPARATIVE STATEMENT "A".
Of Resources and Liabilities November 30, 1907.

RESOURCES—SUPPLIES IN STOCK.		
Cash on hand	\$12,297 30	
Due from State of Maine for support of patients	18,715 92	
Due from towns and individuals for support of patients.....	38,753 94	
Provisions, groceries, crockery and furniture on hand, per inventory	19,929 22	
Dry goods, clothing, etc., on hand, per inventory	12,000 77	
Coal on hand per inventory	11,851 84	
Medical supplies on hand per inventory	1,500 85	
Horses, cows, hogs and produce on hand, per inventory.....	23,040 19	
Repairs and improvements, pipe, fittings, lumber and materials on hand, per inventory	12,940 32	
Expense, stationery, books and office materials on hand, per inventory.....	575 71	
Real estate, Norton house, purchased in 1886.....	900 00	
Real estate, Hoyt house, purchased in 1890	2,500 00	
Real estate, Severance farm, purchased in 1893	2,000 00	
Real estate, Thorne farm, purchased in 1893.....	4,500 00	
		\$161,506 06
LIABILITIES.		
Due firms and individuals, account supplies.....	\$45,693 91	
Due employees, per pay roll.....	4,973 40	
Amusement Fund, Orne bequest, (1883).....	1,000 00	
Coburn fund, balance interest in treasury	4,014 73	
Appropriation, first male wing, balance unexpended.....	7,319 00	
Appropriation, laundry, balance unexpended.....	2,827 90	
Appropriation, green house, balance unexpended	1,500 00	
Appropriation, slaughter house, balance unexpended.....	1,000 00	
Appropriation, criminal insane building, balance unexpended.....	8,819 55	
Appropriation, arsenal road, balance unexpended.....	4,395 45	
Appropriation, purchasing cattle, balance unexpended.....	2,640 00	
		84,183 94
Net resources, as per hospital account "A" in annual statement, November 30, 1907		\$77,322 12

COMPARATIVE STATEMENT "B".
Of Resources—Supplies in Use November 30, 1907.

Dispensary department, medical instruments, furnishings, etc., on hand, per inventory	\$1,596 09	
Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc., on hand, per inventory	8,651 88	
Greenhouse department, plants, pots, implements, etc., on hand, per inventory	1,603 55	
Hospital furnishings department, furniture, bedding, fixtures, household materials, etc., on hand, per inventory ..	65,409 80	
Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's, mason's, and plumber's tools, implements, etc., on hand, per inventory	3,698 23	
Amusement fund, principal of Orne bequest (1883)	1,000 00	
Net resources, as per hospital account "B" in annual statement, November 30, 1907		\$81,959 55

TWENTY-FOURTH ANNUAL FINANCIAL

	Supplies in stock On hand per inventory avail- able November 30, 1907.	Supplies in use. On hand per in- ventory unavail- able November 30, 1907.	Trial Balance.		Net cost of different departments.
Hospital acc't "A," supplies in stock			\$56,471	76	
Hospital account "B," supplies in use			78,163	88	
Cash			\$12,297	30	
Dry goods department	\$12,000	77	10,194	73	
Dispensary department	1,500	85	\$1,596	09	\$3,954
Farm department	18,210	22	8,651	88	9,040
Garden department	1,551	97		41	26
Greenhouse department			3,010	85	1,407
Grocery department	16,763	09	16,763	09	
Expense department	575	71	8,240	51	7,664
Heating and lighting department	11,851	84	35,312	19	23,460
Hog department	3,278	00	2,285	19	
Hospital furnishings department	1,354	39	65,409	80	5,355
Repairs and improvements	12,940	32	3,698	23	10,891
Real estate department	9,900	00	9,828	00	
Subsistence department	1,811	76		60,595	77
Amusement fund, "Orne"			1,000	00	
Coburn fund				4,014	73
Bills payable				1,000	00
Interest and discount				622	21
Salaries and wages due employes				4,973	40
State of Maine owes hospital			18,715	92	
Sundry persons and towns owe hospital			38,753	94	
Sundry persons and towns hospital owes				45,693	91
Extra repairs and improvements			20,432	08	20,432
Appropriation renovation first male wing, balance unexpended				7,319	00
Appropriation rebuilding laundry, balance unexpended				2,827	90
Appropriation rebuilding green- house and slaughter house, balance unexpended				2,500	00
Appropriation reimbursement arsenal building for 1906, balance unexpended				9,359	55
Appropriation criminal insane build- ing, balance unexpended				8,819	55
Appropriation completion arsenal road and sidewalk, bal. unexpended				4,395	45
Appropriation purchasing herd of cattle, balance unexpended				2,640	00
	\$91,738	92	\$80,959	55	319,438
			37	319,438	37
Decrease in Hospital Account "A"...					3,795
Increase in Hospital Account "B"...					86,002
					99
Net decrease					14,713
					52

We hereby certify that we have examined the accounts of the Treasurer for the year ending November 30, 1907, and find them correct.

THOMAS WHITE,
CHARLES E. FIELD, } Finance Committee
ALONZO R. NICKERSON, } of Trustees.

Very respectfully submitted,
MANNING S. CAMPBELL, *Steward and Treasurer.*

I hereby certify that I have examined the books and accounts of the Steward and Treasurer and find them correct.

EDWIN C. DUDLEY, *Auditor.*

STATEMENT NOVEMBER 30, 1907.

Net production or gain of different departments.	Hospital Account A. Available assets.	Hospital Account B. Unavailable assets.	Resources B. Assets unavailable.	Resources A. Assets available.	Liabilities.
	\$86,471 76		\$78,163 88	\$12,297 30	
				12,000 77	
\$1,806 04				1,500 85	
				8,651 87	
1,593 23				1,551 97	
			1,603 55		
				16,763 09	
				575 71	
992 81				11,851 84	
				3,278 00	
			65,409 80	1,354 39	
72 00			3,698 23	12,940 32	
62,407 53				9,900 00	
			1,000 00	1,811 76	
					\$4,014 73
622 21					1,000 00
					4,973 40
				18,715 92	
				38,753 94	
					45,693 91
					7,319 00
					2,827 90
					2,500 00
	9,359 55				8,819 55
					4,395 45
					2,640 00
18,509 17	\$18,509 17		3,795 67		
\$6,002 99					
Balance Hospital account A.....	\$77,322 14				
Balance Hospital account B.....		\$81,959 55			
	\$95,831 31	\$95,831 31	\$81,959 55	\$81,959 55	
Total resources A				161,506 08	
Total resources B			\$81,959 55	81,959 55	
Total resources and liabilities..				243,465 63	\$84,183 94
Balance Hospital account A.....					77,322 14
Balance Hospital account B.....					81,959 55
Proof.....				243,465 63	243,465 63

GARDEN PRODUCTS FOR THE YEAR 1907.

311	Bushels apples	\$234 55
101¼	Bushels cider and crab apples.....	11 22
72	Bushels beet greens	36 00
63	Bushels string beans	78 75
92½	Bushels green peas	115 62
160	Bushels spinach	64 00
186	Pounds asparagus	23 25
10,556	Pounds beets	126 55
16,409	Pounds cabbage	238 13
3,486	Pounds carrots	41 28
300	Pounds popcorn	12 00
12,367	Pounds onions	283 32
2,599	Pounds pumpkins	49 40
8,705	Pounds parsnips	108 81
3,104	Pounds rhubarb	50 66
15,828	Pounds squash	295 15
6,107	Pounds tomatoes	122 54
52,977	Pounds turnips	539 91
5	Quarts blackberries	63
32	Quarts gooseberries	3 20
40	Quarts raspberries	5 00
134	Quarts strawberries	16 75
148	Boxes currants	14 80
18,960	Ears corn	165 55
22,350	Cucumbers	147 25
97	Heads cauliflower	24 25
8,237	Heads celery	934 50
1,474	Heads lettuce	54 70
142	Gallons cider	14 20
88-25	Tons corn fodder	33 28
255	Bunches radishes	12 75
		<hr/>
		\$3,858 00

FARM PRODUCTS FOR THE YEAR 1907.

10	Sets calves' heads and feet.....	\$1 00
93	Pounds calf skins	10 71
772	Pounds hides	60 81
11	Pounds liver	33
2	Pounds tongue	24
841	Pounds veal	75 69
241	Pounds tallow	3 62
120,178	Pounds potatoes	1,210 41
29,740	Pounds potatoes, small	148 70
148	Tons ensilage	1,036 00
494 1850-2000	Tons hay	6,928 95
32	Tons straw	192 00
6,569½	Gallons milk	1,313 90
941½	Bushels oats	564 75
		<hr/>
		\$11,547 11

February 19, 1907, Farm Department sustained a severe loss by the slaughter of the entire herd of 160 head of cattle, valued \$8,000.00, by order of the State Cattle Commissioners.

ARTICLES MADE IN SEWING ROOM, YEAR ENDING
NOVEMBER 30, 1907.

388	Aprons.	154	Dresses.
1,090	Rolls bandages.	476	Dresses repaired.
4	Bed straps.	199	Pairs ladies' drawers.
2	Books covered.	1	Pair mittens.
2	Bed covers.	1	Mangle cover.
400	Clothes bags.	196	Nightdresses.
29	Coffee, provision and sand bags.	2,024	Pillow slips.
436	Christmas bags.	3,709	Sheets.
33	Clothes bag strings.	467	Skirts.
100	Camisole strings.	273	Stand and bureau covers.
103	Camisoles.	6	Sofa pillow cases.
19	Cook's caps.	218	Tablecloths.
1	Ladies' coat.	209	yds. tennis tape.
125	Chemise.	1	Truss.
31	Curtains.	2,653	Towels.
7	Pairs cuffs.	34	Waists.
		1	Pair arm elastics.

ARTICLES REPAIRED IN SEWING ROOM, YEAR ENDING
NOVEMBER 30, 1907.

423	Aprons.	19	Pillow slips.
2	Bed harnesses.	86	Rugs, bound and repaired.
321	Cook's coats.	53	Sheets.
155	Camisoles.	15	Tablecloths.
19	Curtains.	19	Tablecloths from old ma- terial.
15	Clothes bags.	39	Towels and napkins.
13	Clothes bags made from old material.	26	Pairs white pants.
30	Frocks.	15	Spreads.
258	Napkins hemmed.		

REPORT OF CHAPLAINS.

To the Trustees of the Maine Insane Hospital:

The Chaplains appointed for the year 1907 have attended to the duties assigned them with pleasure to themselves and, we trust, with profit to those who have been the objects of their ministry.

The increasing importance of this service must be evident to all who serve in this capacity. The inmates of the institution listen to the message brought them with evident interest and oftentimes with the keenest intellectual appreciation, sometimes a point that would have escaped the ordinary hearer will be remembered and quoted months later by some in the audience here. This restful hour, every Sabbath afternoon, devoted to religious worship and the presentation of divine truth has a helpful and quieting mental influence as well as a moral and spiritual value. These people have spiritual needs in common with all mankind, needs that the conscientious chaplain may help to meet and satisfy.

The presence at the services of the Superintendent, the physicians and the attendants is helpful to hearers and speakers alike.

After several terms of service at the Hospital as Chaplain I am more than ever convinced of the value of this service to those who need "help from Zion and strength from His Sanctuary."

Respectfully submitted,

C. G. MOSHER,
For the Board of Chaplains.

Augusta, Maine, Nov. 30th, 1907.

REPORT OF THE VISITING COMMITTEE.

LEWISTON, MAINE, Jan. 13, 1908.

To His Excellency the Governor and Executive Council of the State of Maine:

Chapter 144, Section 30 of the Revised Statutes reads: A committee of the Council, consisting of two, with whom shall be associated a woman, shall be appointed by the Governor annually, who shall visit both hospitals at their discretion to ascertain that the inmates thereof are humanely treated and they shall promptly report every instance of abuse or ill treatment to the trustees and superintendent of the hospital, who shall take notice thereof and cause the offender to be punished as required by section twelve.

This section, in a general sense, and subsequent sections more particularly, defines the duty of the visiting committee to the Insane Hospitals. Your committee has done its duty as it understands it.

Frequent and irregular visits have been made to both hospitals. No intimation has been given to the hospital management of any intended visit of the Committee.

The wards have been promptly inspected on reaching the hospital. At no time has your committee observed anything in the way of treatment of the inmates or conditions existing for which the management could be criticized. Lack of sleeping accommodations in a portion of the male wards necessitated some crowding at the Maine Insane Hospital. Liberal appropriation by the last Legislature to provide additional room will, when buildings now under construction and reconstruction are completed, afford the needed room.

Your committee are gratified to be able to report that they are well satisfied that the inmates of both hospitals are kindly

treated, that the management take a deep personal interest in them and that the attendants exercise a large measure of patience toward and kindly consideration for those who have been placed in their keeping.

Your committee is thoroughly satisfied that the summer outing which is afforded many of the patients at Chase's Island is productive of the most beneficial results.

Our visits have been welcomed by the officials of both hospitals and we wish to express our obligation for the courtesy extended to us by them at all times.

W. SCOTT LIBBEY,
THOMAS G. LIBBY,
SARAH E. PETTENGILL.

APPENDIX

[FORM OF MITTIMUS.]

AND INSTRUCTIONS RELATING TO COMMITMENT OF PATIENTS TO EITHER HOSPITAL.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

[FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we, —, of —, in the county of —, as principal, and —, of —, in the county of —, as sureties, are jointly and severally held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of three hundred dollars, to the payment of which sum, well and truly to be made to him, the said —, or to his successors in said office, we bind ourselves, our executors and administrators, firmly by these presents.

*Sealed with our seals, and dated at —, this — day
of —, A. D. 19*

The condition of the above obligation is such, That whereas — of —, in the county of —, is about to be admitted as a boarder and patient to the Institution aforesaid; now, if the said — shall pay to said —, or to his successor in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred for said patient, as may be determined by the Trustees for the time being, not to exceed —, and pay for all such necessary articles of clothing as shall be furnished said — by the said —, or his successor, and remove the said — from said institution, whenever they shall be thereto in writing requested by the Superintendent for the time being,—and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury to the furniture and other property of said Institution, by said —, and for reasonable charges that may be incurred in case of the elopement of said —, payments to be made quarterly and at the time of removal, with interest on the

amount after it becomes due as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue. [L. S.]

Witness:

[L. S.]

QUESTIONS

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

Name,.....; age,.....; sex,.....; married, single, widowed,.....; nativity,.....; education,.....; occupation,.....; religion,.....

What relatives, including grandparents and cousins, have suffered from either of the following diseases: Insanity, epilepsy, chorea, hysteria, neurasthenia, tuberculosis?

Were parents addicted to excessive use of alcohol, opium, chloral, or other narcotics? Habits of patient as to same.

Previous peculiarity of patient as to temper, conduct, etc.

At what age did signs of puberty appear?

At time of pubescence was there noticeable change of character or attack of mental or nervous disease?

Has patient had epilepsy, apoplexy, syphilis, tuberculosis, heat exhaustion, or other serious physical disease?

Evidence of sexual excess or abnormal sexual habits?

Previous attacks, if any; history?

When and how did the first symptoms of the disease become manifest?..... Preceded by what mental or physical strain?.....

Was there, previous to that date, any change in disposition, or evidence of physical or mental depression or disorder?

Describe as fully as possible the present symptoms of insanity.

What are the probable causes of the present attack, either predisposing or exciting?..... Do suicidal or homicidal tendencies exist, if so how manifested?..... In what institution, if any, and when, has patient received treatment?.....any restraint or confinement been applied?..... If any, what?..... What special medical treatment has patient received during this attack?

QUESTIONS FOR FEMALES.

Number of children,.....; age of youngest,.....; number of miscarriages,.....; date of last one,..... Has patient had any uterine or ovarian disease?..... Menstrual irregularities, if any?

Male patients admitted into the institution, should come provided with at least three good cotton shirts; coat, vest and pants, of strong woolen cloth; two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of underclothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woolens should be of dark color. It is quite desirable, also, that a Bible or Testament should not be forgotten in the outfit.

INSTRUCTIONS TO MUNICIPAL OFFICERS IN COMMITMENTS TO EITHER INSANE HOSPITAL.

To the Municipal Officers of the Towns in the State of Maine:

GENTLEMEN:—The present Legislature has just made an important amendment of the law, R. S. chap. 143, sections 13 and 34, relating to the commitment of insane persons to the insane hospitals. The amendment has been approved by the Governor and is now the law. The law is now as follows:

“Sect. 13. Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any blood-relative, husband or wife of said alleged insane person, or of any justice of the peace, they shall immediately inquire into the condition of any person in said town alleged to be insane; shall appoint a time and place for a hearing by them of the allegations of said complaint, and shall cause to be given in hand to the person so alleged to be insane, at least twenty-four hours prior to the time of said hearing, a true copy of said complaint, together with a notice of the time and place of said hearing and that he has the right and will be given opportunity then and there to be heard in the matter; shall call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him either to the Maine Insane Hospital or to the Eastern Maine Insane Hospital with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent or trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.”

“Sect. 34. In all cases of preliminary proceedings for the commitment of any person to the hospital, to establish the fact of the insanity of the person to whom insanity is imputed there shall be required the evidence of at least two reputable physicians given by them under oath before the board of examiners, together with a certificate signed by such physicians and filed with said board, that in their opinion such person is insane, such evidence and certificate to be based upon due inquiry and personal examination of the person to whom insanity is imputed; and a certified copy of the physicians' certificate shall accompany the papers of commitment of the insane person to the hospital.”

By careful reading of the law as it now is you will observe that *it is necessary to give to the person alleged to be insane at least twenty-four hours prior notice of hearing* and that he has the right and will be given opportunity to be heard in the matter.

You will also perceive that the amended statute more distinctly sets out the necessity *that the physician shall testify under oath before the Municipal Officers* as to the alleged insanity of the person.

Proper blank forms have been prepared for use hereafter in proceedings for the commitment of insane persons to our hospitals; and a set of such forms is forwarded you herewith and others will be forwarded you on your request therefor.

THE FORMS ARE

1. The complaint to be signed by the person making the complaint; to which is attached the order for the hearing and notice, to be signed by the Municipal Officers. Form 1 is to remain on the town files.

2. Copy of such complaint and order, attested by the Town Clerk; to be delivered in hand to the person alleged to be insane, by the town constable.

3. The commitment paper to be signed by the Municipal Officers and sent forward to the hospital with the patient.

4. Record of the doings of the Municipal Officers to be signed by them and attested by the Town Clerk and filed with the town records.

5. (a) Physicians' certificate to be filed with the Municipal Officers.
(b) Attested copy of such certificate to be sent to the hospital with the commitment paper.

Dated this twenty-third day of January, A. D. 1903.

Trustees of the Maine Insane Hospital
and Eastern Maine Insane Hospital.

By CHAS. E. FIELD, Sec'y.

N. B. Blanks for committal of patients will be forwarded upon application by addressing either Dr. Bigelow T. Sanborn, Supt. Maine Insane Hospital, Augusta, Me., or Dr. H. W. Mitchell, Supt. Eastern Maine Insane Hospital, Bangor, Me.

FORM I.

INSANE PERSON. COMPLAINT AND ORDER FOR HEARING
AND NOTICE IN THE CASE OF.

TO BE RETAINED ON THE TOWN FILES.

To the Municipal Officers of the town of _____ in the County of _____ and State of Maine:

(a) _____ of the town of _____ in the County of _____ and State of Maine, who is a _____ relative, to wit: a _____ of _____ (b) _____ of the town of _____ in the County of _____ and State of Maine, hereby makes written complaint and says that said (b) _____ is insane, and that the comfort and safety of said (b) _____ and that of others interested, will be promoted by committing the said (b) _____ to the _____ Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately inquire into the condition of the said (b) _____ and that such other and further proceedings may be had in the premises as is by the Statutes of said State of Maine in such case made and provided.

Dated at said _____ this _____ day of _____ A. D. 190 _____.

STATE OF MAINE.

County of _____ ss. Town of _____

The above named complaint being presented to us this day we hereby appoint our office and (c) _____ the _____ day of _____ A. D. 190 _____, at _____ o'clock in the _____ noon, as the time and place for a hearing by us of the allegations of said complaint. And we hereby give notice to the said (b) _____ the person as above alleged to be insane, of said time and place of said hearing, and that he, the said (b) _____ has a right and will be given opportunity then and there to be heard in the matter.

Given under our hands at said _____ this _____ day of _____ A. D. 190 _____.

Selectmen of the town of _____

STATE OF MAINE.

(d) _____ County of _____ ss. Town of _____ A. D. 190 _____.

I hereby certify that I this day at _____ o'clock in the _____ noon delivered in hand to (b) _____ the within named alleged insane per-

son, a true copy of the within complaint and the order of the Municipal Officers thereon, of even tenor with the within.

Attest:

Constable of said town of

(a) Name of complainant.

(b) Name of insane person.

(c) The time must be so as to give at least 24 hours prior notice of the hearing to the person alleged to be insane.

(d) As soon as the constable has given in hand to (b) the attested copy—form 2—he will fill out and sign the above return of such service.

FORM 2.

INSANE PERSON, COPY OF COMPLAINT AND ORDER FOR HEARING AND NOTICE IN THE CASE OF _____. TO BE SERVED ON HIM.

TO BE GIVEN IN HAND TO THE ALLEGED INSANE PERSON BY THE CONSTABLE.

To the Municipal Officers of the town of _____ in the County of _____ and State of Maine:

(a) _____ of the town of _____ in the County of _____ and State of Maine, who is a _____ relative, to wit, a _____ (b) _____ of the town of _____ in the County of _____ and State of Maine, hereby makes written complaint and says that said (b) _____ is insane; and that the comfort and safety of said (b) _____ and that of others interested, will be promoted by committing the said (b) _____ to the _____ Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately inquire into the condition of the said (b) _____ and that such other and further proceedings may be had in the premises as is by the Statutes of said State of Maine in such case made and provided.

Dated at said _____ this _____ day of _____ A. D. 190 .

.....

STATE OF MAINE.

County of _____ ss. Town of _____

The above named complaint being presented to us this day we hereby appoint our office and (c) _____ the _____ day of _____ A. D. 190 , at _____ o'clock in the _____ noon, as the time and place for a hearing by us of the allegations of said complaint. And we hereby

give notice to the said (b) the person as above alleged to be insane, of said time and place of said hearing, and that he, the said (b) has a right and will be given opportunity then and there to be heard in the matter.

Given under our hands at said this day of A. D. 190 .

.....
.....
.....

Selectmen of the Town of

A true copy of the original complaint and the order of the Municipal Officers thereon.

Attest:

.....Clerk of said Town of

FORM 3.

COMMITMENT TO THE _____ MAINE INSANE HOSPITAL OF _____ AN INSANE PERSON.

COMMITMENT OF INSANE PERSON TO THE HOSPITAL.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, on the day of A. D. 190 , (a) of the town of in the County of and State of Maine, and who bears the relationship of to (b) of the town of in the County of and State of Maine, made of us, the Municipal Officers of the town of in the County of and State of Maine, a complaint in writing stating that the said (b) is insane, and a proper subject for commitment to and treatment in said hospital; and thereupon we appointed our office in said town of and the day of A. D. 190 , and the hour of o'clock in the noon as the place and time for a hearing by us of the allegations of said complaint, and caused to be given in hand to the said (b) at o'clock in the noon of the day of A. D. 190 , a true copy of said complaint, together with a notice of the time and place of said hearing and that the said (b) had the right and would be given opportunity then and there to be heard in the matter; and at our office in said town of at o'clock in the noon of the day

of A. D. 190 , being the place and time appointed therefor, as aforesaid, we made due inquiry into the condition of the said (b) called before us all testimony necessary for a full understanding of the case, and also heard the testimony under oath of, accompanied by a certificate of and two reputable physicians, whose evidence and certificate are based upon due inquiry and personal examination of the said (b) establishing the fact of the insanity of the said (b)

WHEREUPON it was proven to us and we are of the opinion that the said (b) is insane, and that the safety and comfort of the said (b) and that of others interested, will be promoted by the commitment to and detention in said hospital of the said (b) and that the said (b) be sent forthwith to said hospital.

THEREFORE we hereby certify that said (b) is insane and that was residing and found in the town of aforesaid at the time of said examination; and You, the said Superintendent, are hereby ordered and required to receive said (b) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of
 A. D. one thousand nine hundred and

.....

 Selectmen of the town of

- Mem. (a) Name of the complainant.
- (b) Name of the insane person.

FORM 4.

RECORD OF COMMITMENT OF _____ TO THE _____
MAINE INSANE HOSPITAL.

- (a) Name of the complainant.
(b) Name of the insane person.

Record of doings of Municipal Officers in Commitment of Insane Person to the Hospital, to be signed by Municipal Officers and Town Clerk and filed with town records.

STATE OF MAINE.

To the Superintendent of the _____ Maine Insane Hospital:
WHEREAS, on the _____ day of _____ A. D. 190 ,
(a) _____ of the town of _____ in the County of _____
and State of Maine, and who bears the relationship of _____ to
(b) _____ of the town of _____ in the County of _____
and State of Maine, made to us, the Municipal Officers of the town of _____
in the County of _____ and State of Maine, a complaint
in writing stating that the said (b) _____ is insane, and a proper
subject for commitment to and treatment in said hospital; and thereupon
we appointed our office in said town of _____ and the
day of _____ A. D. 190 , and the hour of _____ o'clock in the
_____ noon as the place and time for a hearing by us of the allegations
of said complaint, and caused to be given in hand to the said
(b) _____ at _____ o'clock in the _____ noon of the
day of _____ A. D. 190 , a true copy of said complaint, together
with a notice of the time and place of said hearing and that the said
(b) _____ had the right and would be given opportunity then and
there to be heard in the matter; and at our office in said town of _____
at _____ o'clock on the _____ noon of the _____ day
of _____ A. D. 190 , being the place and time appointed therefor,
as aforesaid, we made due inquiry into the condition of the said
(b) _____ called before us all testimony necessary for a full under-
standing of the case, and also heard the testimony under oath of, accom-
panied by a certificate of _____ and _____ two reputable phy-
sicians, whose evidence and certificate are based upon due inquiry and
personal examination of the said (b) _____ establishing the fact
of the insanity of the said (b) _____
WHEREUPON, it was proven to us and we are of the opinion that
the said (b) _____ is insane, and that the safety and comfort of the
said (b) _____ and that of others interested, will be promoted by
the commitment to and detention in said hospital of the said
(b) _____ and that the said (b) _____ be sent forthwith to
said hospital.

THEREFORE we hereby certify that said (b) is insane and that was residing and found in the town of aforesaid at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (b) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of A. D. one thousand nine hundred and

.....
.....
.....

Selectmen of the town of

A true record,

Attest:

Clerk of said town of

FORM 5.

PHYSICIANS' CERTIFICATE IN THE CASE OF _____ AN INSANE PERSON.

PHYSICIANS' CERTIFICATE OF INSANITY.

(a)

We, the undersigned, reputable and practicing physicians in the town of County of and State of Maine, hereby certify that, after due inquiry and personal examination of of the said town of in our opinion said is INSANE.

Dated at this day of 190 .
M. D.
M. D.

(b)

A true copy of the physicians' certificate to Municipal Officers.

Attest:

Clerk of said town of

(a) The original certificate is to be filed with and retained by the Municipal Officers.

(b) The certified copy of this certificate is to be forwarded with the commitment paper to the Superintendent of the Hospital.

REPORT

OF THE

Trustees, Resident Officers and Visiting Committee

OF THE

EASTERN MAINE INSANE HOSPITAL

December 1, 1907

OFFICERS OF THE HOSPITAL.

TRUSTEES.

FREDERICK W. ROBIE, President, Gorham.
CHARLES E. FIELD, Secretary, Bangor.
MRS. FREDERICK CONY, Augusta.
A. R. NICKERSON, Boothbay Harbor.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.

RESIDENT OFFICERS.

H. W. MITCHELL, M. D., Superintendent.
FORREST C. TYSON, M. D., Assistant Superintendent.
MARY P. MITCHELL, M. D., Second Assistant.
LOUIS W. PARADY, M. D., Interne.
CHARLES F. PERRY, Steward.
CHARLES S. PEARL, Treasurer.
ADELAIDE C. BROWN, Matron.

CHAPLAINS.

REV. THOMAS FESSENDEN.
REV. EDWARD McSWEENEY.
MR. ROBERT JORDAN.

SUPERVISORS.

Male.

FRED R. CARTER.
EDWARD W. BRAILEY, Assistant Supervisor.
SAMUEL MARSH, Night Supervisor.

Female.

MARY E. HICKEY.
LYDA M. BROWN, Assistant Supervisor.
MINNIE L. CHANDLER, Night Supervisor.

S. WILBUR FISKE, Engineer.
LESLIE W. SOMERS, Hospital Clerk.
BERNICE M. SMITH, Assistant Hospital Clerk.
DELIA M. HIGGINS, Superintendent's Clerk.
WILLIAM A. PALMER, Store Clerk.
GEORGE WARE, Head Farmer.

SUPERINTENDENT'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

In compliance with the Statutes, I herewith present for your consideration the Superintendent's seventh annual report, for the Hospital year ending Nov. 30, 1907.

The daily average number of patients was 261.9 in 1905, 254.1 in 1906, as compared with 234.4 in 1907, this low average resulting from a transfer of 43 patients to the Maine Insane Hospital, late in 1906, to relieve over-crowded wards. On Dec. 1, 1906, there were 220 patients. During the past year there have been 126 admissions, 70 men and 56 women. There have been 26 deaths and 57 patients have been discharged, leaving, on Nov. 30, 1907, a hospital population of 263 persons, which shows an increase of 43 for the current year, and results in an undesirable over-crowding of present quarters. This condition will be relieved on the women's wards when the wing, now being erected, is ready for the reception of patients. A similar addition for male patients is urgently needed. Accommodations for acute cases can now only be furnished by transfer or discharge of patients, who properly should be cared for in this Hospital, near to their homes and friends. In order to provide for the normal increase of patients from this section of the state, in addition to the number who will be brought here from the town farms when the state care act becomes operative, a new wing for male patients must be erected.

DISCHARGES.

Of the patients who have been discharged during the year, 24 have been considered recovered. Hospital statistics from various sources show wide variations in the percentage of recover-

ies, and the differences are so pronounced that any comparison, based upon recoveries, must be misleading. There are no exact criteria that can be applied by all with unvarying results to determine if recovery is complete in a given case. The use of the term "recovered" depends largely upon the conception of the physician in charge of the patient, and the optimistic or critical tendency exhibited by the former.

Complete recovery with no impairment of intellect or change in character or disposition, in the class of patients committed to public insane hospitals, occurs in a small percentage of admissions. We have limited the use of the term to such cases as seemed, at the time of their discharge, to meet these exacting requirements, and included under the term "capable of self-support" a number of patients who, although able to work and return to their families, still show more or less residual mental defect as a result of their psychosis.

There have been 26 deaths during the year, of this number 7 were between 50 and 60 years of age, 3 between 60 and 70, and 2 over 80 years old. Several of the oldest people had been in the Hospital but a short time. As often happens in the mental breakdown of old age, the symptoms that necessitate commitment are those that indicate rapidly approaching dissolution. The propriety of such commitments is sometimes questioned, and the care and treatment of these feeble and demented old people tax the resources of the Hospital seriously. From the humanitarian stand-point, however, I believe the state can do no better charity than to provide reasonable comforts and kindly care for those hopeless cases of senile dementia, who cannot be cared for properly in the average household, and who will not be accepted as patients by other hospitals.

As shown in table No. 12, 90% of the total deaths occurred among those suffering from non-recoverable psychoses. We are fortunate in being able to report freedom from any epidemic diseases during the year. One unusual death occurred. In the early spring, a male patient, 38 years old, who had shown considerable mental improvement during his five weeks' hospital residence, was taking out-door exercise in company with attendants and other patients. He suddenly broke from the crowd and out-running the attendants, who immediately gave

pursuit, headed for the river just above the dam. The ice broke and the patient was drowned.

There have been no serious accidents or injuries. One woman patient tripped and fell into a temporary opening in the basement fracturing her ankle. Complete union was secured.

Five male patients escaped during the year. Three were immediately returned to the Hospital, one was brought back after an absence of several weeks and the remaining patient, who had recovered from the effects of alcoholism, returned to his people, where he was allowed to remain. Such escapes need but a word of explanation. It would be comparatively easy to adopt rigorous measures which would render escape practically impossible. Such a course would result in increased privation and hardship for all patients. It is far better for them to be given all the liberty their condition warrants. Many can safely be granted limited parole privileges, thereby adding greatly to their comfort and well-being. In following such a policy there necessarily will be occasional violations of trust, which must be expected, but which should not discourage our efforts to make life for patients in the Hospital as agreeable and free as possible.

CHASE ISLAND.

During the months of July, August and September, 45 patients of the quiet and better class, 25 women and 20 men, were able to alternately enjoy the freedom and advantages of this delightful summer home. The physical improvement resulting from several weeks of outdoor life was very marked. Nothing that can be done for our appreciative patients gives them more pleasure and benefit than the break in routine hospital life thus afforded.

NEW CONSTRUCTION.

As provided by acts of last Legislature, important additions have been inaugurated. During the coming year the new wing for women will be completed, practically doubling the provisions now existing for women. The building provided for the care of the tuberculous insane patients, both from the Augusta and Bangor hospitals is nearly ready for plastering. It is to be hoped that funds for furnishing this building can be pro-

vided before the next Legislature meets, in order that patients may have the advantages offered by this building during the summer months. It will be impossible in this climate to give all insane, tuberculous patients the same open air regimen that would be given the sane during the winter. We hope to have the full benefit of the summer months by an early opening of the building next spring. With the advantages to be derived from this addition, we shall be able to do everything possible for the treatment of early tuberculosis occurring in cases of recoverable insanity. Perhaps the greatest good that will result will be the removal of unfavorable cases of tuberculosis from the crowded wards where they must now be kept in closest contact with others. Tuberculosis is of frequent occurrence in chronic and demented patients, and with them it is impossible to follow the modern hygienic treatment of consumptives. Their removal to this building, so wisely provided, is a prophylactic measure of the greatest importance in conserving the health of other patients not afflicted with the malady.

A new barn has been erected which gives us greatly needed facilities for handling farm products. The old barn in use on the farm when purchased by the State was entirely inadequate and not worth repairing.

An ice house, capable of holding over 600 tons will be finished in time for use during the coming winter.

Iron fire-escapes have been placed on the outside walls of wings and administration building. A water hydrant has been installed on the city main as it enters the building. In event of a serious fire, an engine from the city fire department could obtain adequate water supply from this source. As the Hospital grows, the water main should be extended so that other hydrants may be placed advantageously. Fire drills among the employees are to be instituted in order to assure the best possible protection from the dangers of a hospital fire.

REPAIRS AND IMPROVEMENTS.

In addition to ordinary repairs necessary to keep plant in a good state of preservation, considerable has been done in repairing the mason work on both wings and office building and much work of this character remains to be completed next season.

The building of macadamized roads and grading necessitated by the new buildings are well under way.

Extensive alterations in the heating and ventilating system have been begun in an effort to carry out the ideas of the engineer who designed the original plans. Greatly improved ventilation will assuredly result from the completion of this work, a considerable portion of which has been done by our own engineering department at a minimum of expense.

Meters and scales have been purchased so that accurate reports can be made by the engineer upon the daily operations of his department. By this method we hope to form intelligent conclusions concerning the efficiency of our present plant.

FARM AND GARDEN.

The products of this department have been satisfactory during the past season and have contributed greatly to the support of our population as will be seen by a detailed statement in the steward's report. During the past season able bodied male patients have been encouraged, in greater numbers than formerly, to aid in the farm work much to their own advantage, as well as to that of the Hospital. For the general well-being of those who are able to work, nothing is better than a moderate amount of exercise in the open air. Not only is their physical condition improved, but normal, useful employment in chronic patients tends to retard or prevent the deep dementia so frequently seen in the wards of all insane hospitals.

TRAINING SCHOOL.

Four women nurses were graduated last spring from the training school for nurses. The work of instruction will be continued by recitations and demonstrations under supervision of the Superintendent of Nurses, and lectures by the Medical Staff. The course of study will be based upon a recent report of a committee from the American Medico-Psychological Association upon the subject of "Training Schools for Nurses." The increased efficiency and interest in duties displayed by graduate and pupil nurses will always be ample reward for the extra work involved in conducting the school.

CHANGES IN MEDICAL STAFF.

Since the last report was presented, there has been an almost complete change in the list of medical officers.

After an extended illness, Dr. P. H. S. Vaughan resigned as Superintendent.

Dr. Burt F. Howard, Assistant Superintendent, resigned to accept a position at Tewksbury, Mass.

Dr. Leroy A. Luce, Interne, left at the end of his term of appointment to assume duties at a private hospital in Amityville, N. Y.

Dr. Forrest C. Tyson was promoted to the position of Assistant Superintendent. During the several weeks following the resignations mentioned, Dr. Tyson had the sole care of the medical interests of the Hospital and deserves commendation for the successful performance of these duties.

Dr. Mary P. Mitchell, who has had three years' experience in Boston Hospitals and nine years in the Danvers Insane Hospital, Mass., was appointed Assistant Physician and has charge of the women patients.

Dr. Louis W. Parady, a recent graduate, was given a year's appointment as interne.

To the judgment and good work of those preceding us, the present staff is under obligations for leaving a basis upon which to continue and develop the work of the Hospital.

ACKNOWLEDGMENTS.

The Hospital is indebted to Mr. H. M. Pullen for contributing the use of his orchestra to furnish an evening's pleasure for the patients and to members of the High School for giving a musical entertainment. Grateful acknowledgment is made to the following persons for donations of money, candy, books and periodicals: Mr. R. A. Jordan, Miss Engel, Mr. Thomas White, Mr. C. A. Robbins, Mrs. Engel, Mrs. Harry Lewis, and to the members of the Taratine Club.

The successful operation of an institution of this character demands efficiency and attention to duties in every department, and I am under increasing obligations to all who continue to render such service.

In conclusion, I wish to express to you my grateful appreciation of the encouragement and support so generously given.

Respectfully submitted,

H. W. MITCHELL,
Superintendent.

Nov. 30, 1907.

MEDICAL STATISTICS, 1907.

TABLE No. I.
GENERAL STATISTICS OF THE YEAR.

	Men.	Women.	Total.
Patients in hospital, December 1, 1906.....	113	107	220
Committed within the year	70	56	126
Discharged within the year	45	38	83
viz.: as recovered	13	11	24
as capable of self support	2	2	4
as improved	10	9	19
as not improved.....	2	6	8
as not insane.....	1	-	1
Died	16	10	26
Remaining November 30, 1907	138	125	263
Supported in full by state	17	6	23
Supported in full by towns	18	19	37
Receiving state aid	98	91	189
Private patients.....	8	6	14
Daily average number of patients.....	123.9	110.5	234.4

TABLE No. 2.
OCCUPATION OF THOSE ADMITTED.

Occupation.	Men.	Women.	Total.
Barber	1	-	1
Blacksmith	1	-	1
Carpenters.....	3	-	3
Conductors.....	2	-	2
Clerks	4	1	5
Chauffeur	1	-	1
Dressmaker.....	-	1	1
Engineer	1	-	1
Farmers.....	13	-	13
Housekeepers	-	18	18
Housewives.....	-	19	19
Laborers	23	-	23
Lumberman	1	-	1
Mill owner.....	1	-	1
Mason	1	-	1
Merchant.....	1	-	1
Mill hands	1	1	2
Musician	1	-	1
None	4	8	12
Purser	1	-	1
Physician	-	1	1
Pedlers	2	-	2
Students.....	2	1	3
Stenographer.....	-	1	1
Sailor	1	-	1
Salesman.....	1	-	1
Painter	1	-	1
Shoemakers.....	2	-	2
Teamster	1	-	1
Teachers	-	4	4
Total.....	70	56	126

TABLE No. 3.
RESIDENCES OF PERSONS COMMITTED.

	Men.	Women.	Total.
Amherst.....	1	-	1
Bangor.....	16	12	28
Beddington.....	-	1	1
Belfast.....	2	-	2
Bradley.....	1	-	1
Brewer.....	1	4	5
Brooklin.....	1	-	1
Brownville.....	1	-	1
Bucksport.....	1	1	2
Calais.....	1	-	1
Carmel.....	2	-	2
Castine.....	-	3	3
Castle Hill.....	1	1	2
Cherryfield.....	2	1	3
Chester.....	1	-	1
Clifton.....	1	-	1
Corinna.....	1	-	1
Dedham.....	-	1	1
Dixmont.....	-	1	1
Eastport.....	1	-	1
Elbridge.....	-	1	1
Ellsworth.....	-	2	2
Fort Fairfield.....	2	2	4
Greenfield.....	-	1	1
Greenville.....	2	-	2
Hampden.....	-	1	1
Hermon.....	-	1	1
Houlton.....	4	1	5
Island Falls.....	1	1	2
Islesboro.....	-	1	1
La Grange.....	-	1	1
Lee.....	1	-	1
Lincoln.....	-	1	1
Linneus.....	1	-	1
Limestone.....	1	1	2
Littleton.....	1	2	3
Machias.....	1	1	2
Madison.....	-	1	1
Mars Hill.....	1	-	1
Marshfield.....	-	1	1
Millinocket.....	1	-	1
Milbridge.....	1	-	1
Monroe.....	1	-	1
Monticello.....	1	1	2
Newport.....	1	1	2
Nobleboro.....	1	-	1
Norridgewock.....	1	-	1
Old Town.....	2	1	3
Pembroke.....	2	-	2
Portage.....	1	-	1
Presque Isle.....	1	1	2
Prospect Harbor.....	-	1	1
Robbinston.....	1	1	2
Rockport.....	1	-	1
Sandy Point.....	-	1	1
Sedgwick.....	-	1	1
Sherman.....	-	2	2
Smyrna Mills.....	1	-	1
Stetson.....	1	-	1
Steuben.....	1	-	1
Stockholm.....	1	-	1
Springfield.....	-	1	1
Trenton.....	1	-	1
Westbrook.....	1	-	1
Winterport.....	1	-	1
Total.....	70	56	126

TABLE No. 4.
SOCIAL RELATIONS OF PERSONS ADMITTED.

Civil Condition.	PATIENTS COMMITTED YEAR 1907.		
	Men.	Women.	Total.
Single	34	16	50
Married	26	28	54
Widowed	7	12	19
Unknown	3	-	3
Total	70	56	126

TABLE No. 5.
NATIVITY AND PARENTAGE OF PERSONS ADMITTED.

Places of Nativity.	Men.			Females.			Total.		
	Patient.	Father.	Mother.	Patient.	Father.	Mother.	Patient.	Father.	Mother.
Maine	49	37	39	47	40	40	96	77	79
Other New England states ..	3	2	2	1	-	1	4	2	3
Other states	1	2	1	-	1	-	1	3	1
Total native	53	41	42	48	41	41	101	82	83
Other countries									
Austria	1	1	1	-	-	-	1	1	1
British Provinces	8	8	7	6	6	7	14	14	14
England	1	2	2	-	1	1	1	3	3
Germany	1	1	1	-	-	-	1	1	1
Ireland	1	1	1	-	3	1	1	10	8
Italy	2	2	2	-	-	-	2	2	2
Scotland	-	1	1	-	-	1	-	1	2
Total other countries ..	14	22	21	6	10	10	20	32	31
Unknown	3	7	7	2	5	5	5	12	12
Total	70	70	70	56	56	56	126	126	126

TABLE No. 6.
AGES OF INSANE AT FIRST ATTACK, ADMISSION AND DEATH.

Ages.	ADMISSION.						DEATH.					
	At first attack.			When admitted.			At first attack.			At time of death.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Congenital	3	1	4	-	-	-	-	-	-	-	-	-
15 years and less	3	1	4	-	-	-	-	-	-	-	-	-
From 15 to 20 years	6	6	12	4	2	6	1	1	2	-	1	1
20 to 25 years	7	7	14	7	3	10	1	-	1	-	-	-
25 to 30 years	6	2	10	7	5	12	-	-	1	-	-	-
30 to 35 years	6	5	11	7	3	10	-	-	1	-	-	-
35 to 40 years	4	4	8	6	6	12	2	1	3	2	1	3
40 to 50 years	13	11	24	10	10	20	5	2	7	3	3	6
50 to 60 years	12	10	22	18	14	32	5	1	6	4	3	7
60 to 70 years	1	4	5	3	7	10	1	1	2	1	1	2
70 to 80 years	4	4	8	5	4	9	1	2	3	1	3	4
Over 80 years	1	-	1	2	-	2	2	-	2	2	-	2
Total	68	55	123	69	54	123	16	8	24	16	10	26
Unknown	1	1	2	1	2	3	-	2	2	-	-	-
Not insane	1	-	1	-	-	-	-	-	-	-	-	-
Total of persons ..	70	56	126	70	56	126	16	10	26	16	10	26

TABLE No. 7.
PROBABLE CAUSES OF MENTAL DISEASE IN PERSONS ADMITTED.

Exciting Causes.	ADMITTED.			PREDISPOSING CAUSE HEREDITARY TENDENCY.		
	Men.	Women.	Total.	Men.	Women.	Total.
Physical:						
Alcoholism	21	1	22	9	-	9
Arterio-sclerosis ...	5	-	5	2	-	2
Brain lesion	2	2	4	-	-	-
Congenital	3	2	5	2	2	4
Carcinoma of uterus	-	1	1	-	-	-
Climateric	-	4	4	-	2	2
Dysmenorrhea	-	1	1	-	-	-
Epilepsy	4	-	4	3	-	3
Endocarditis	-	2	2	-	-	-
Influenza	4	3	7	2	2	4
Insolation	1	-	1	-	-	-
Ill health	2	1	3	2	-	2
Morphinism	2	2	4	1	-	1
Not insane	1	-	1	-	-	-
Puerperal sepsis	-	1	1	-	1	1
Pregnancy	-	3	3	-	2	2
Nephritis	-	1	1	-	1	1
Syphilis	7	-	7	2	-	2
Senility	4	10	14	1	1	2
Trauma of head	1	-	1	1	-	1
Tuberculosis	-	1	1	-	1	1
Unknown	9	14	23	5	9	14
Mental:						
Grief	1	2	3	1	1	2
Over work, worry ..	3	5	8	3	3	6
Unknown	-	-	-	-	-	-
Total	70	56	126	34	25	59

TABLE No. 8.
PROBABLE DURATION OF MENTAL DISEASE BEFORE ADMISSION.

Previous Duration.	ADMISSIONS.		
	Men.	Women.	Total.
Congenital	6	1	7
Under 1 month	6	8	14
From 1-3 months	3	7	10
3-6 months	2	4	6
6-12 months	5	13	18
1-2 years	7	2	9
2-5 years	20	8	28
5-10 years	6	6	12
10-20 years	11	6	17
Over 20 years	-	-	-
Total	66	55	121
Unknown	3	1	4
Not insane	1	-	1
Total	70	56	126

TABLE No. 9.

DISCHARGES OF THE INSANE CLASSIFIED BY ADMISSION AND RESULT AND DEATHS.

Number of Admissions.	COMMITTED.			RECOVERED.			CAPABLE OF SELF SUPPORT.			IMPROVED.			NOT IMPROVED.			NOT INSANE.			DEATHS.			AGGREGATES.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
First to this hospital	41	32	73	11	9	20	1	2	3	10	9	19	12	3	15	2	-	2	15	9	24	41	32	73
Second to this hospital	3	5	8	2	1	3	-	-	-	-	1	1	-	-	12	-	-	12	1	1	2	3	5	8
Third to this hospital	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fourth to this hospital	1	1	2	-	1	1	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	1	1	2
Total cases	45	38	83	13	11	24	2	2	4	10	10	20	2	5	7	2	-	2	16	10	26	45	38	83
Total persons	45	38	83	13	11	24	2	2	4	10	10	20	2	5	7	2	-	2	16	10	26	45	38	83
First admitted to any hospital	32	34	66	8	10	18	1	2	3	8	9	17	2	5	7	1	-	1	12	8	20	32	34	66

TABLE No. 10.

DURATION OF MENTAL DISEASE AND ITS TREATMENT IN PATIENTS RECOVERED AND DIED.

	RECOVERIES.								
	Duration before admission.			Hospital residence.			Whole duration.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
A. Recovered:									
Under 1 month.....	4	4	8	-	1	1	-	-	-
From 1-3 months.....	4	2	6	2	4	6	1	1	2
3-6 months.....	2	2	4	5	3	8	3	3	6
6-12 months.....	2	3	5	4	2	6	2	5	7
1-2 years.....	-	-	-	-	1	1	4	2	6
2-5 years.....	1	-	1	2	-	2	2	-	2
5-10 years.....	-	-	-	-	-	-	1	-	1
Total.....	13	11	24	13	11	24	13	11	24
Unknown.....	-	-	-	-	-	-	-	-	-
Total.....	13	11	24	13	11	24	13	11	24
DEATHS.									
B. Died:									
Congenital.....	-	-	-	-	-	-	-	-	-
Under one month.....	-	1	1	2	3	5	-	-	-
From 1-3 months.....	-	1	1	3	1	4	-	-	1
3-6 months.....	-	-	-	4	2	6	-	1	1
6-12 months.....	1	-	1	3	-	3	-	-	-
1-2 years.....	4	2	6	2	1	3	1	2	3
2-5 years.....	5	1	6	-	3	3	8	1	9
5-10 years.....	3	3	6	2	2	4	3	2	5
10-20 years.....	3	1	4	-	-	-	4	2	6
Over 20 years.....	-	1	1	-	-	-	-	1	1
Total.....	16	10	26	16	10	26	16	10	26
Unknown.....	-	-	-	-	-	-	-	-	-
Total.....	16	10	26	16	10	26	16	10	26

TABLE No. 11.

FORM OF MENTAL DISEASE IN PATIENTS COMMITTED, DISCHARGED WITH CONDITION ON DISCHARGE, OR DIED.

Form of Disease.	COMMITTED.			DISCHARGED.																					
				Recovered.			Capable of self support.			Improved.			Not improved.			Not insane.			Died.			Total discharges and deaths.			
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	
Alcoholic Insanity	10	-	10	3	-	3	2	-	2	-	-	-	-	-	-	-	-	-	-	-	-	5	-	5	
Amentia	-	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-	1	-	1
Constitutional psychopathic states	-	2	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Delirium, toxic	1	2	3	1	1	2	-	-	-	-	-	1	1	-	-	-	-	-	-	-	-	1	1	2	2
Dementia praecox	14	11	25	-	-	-	-	-	1	1	2	3	5	3	2	2	-	-	-	-	-	1	1	2	2
Epileptic insanity	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Epilepsy	5	1	6	-	-	-	-	-	-	-	-	-	1	1	2	-	-	-	-	-	-	3	3	6	6
General paralysis	5	1	6	-	-	-	-	-	-	-	-	-	1	1	2	-	-	-	-	-	-	3	3	6	6
Imbecility	5	1	6	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	6	6	12	12
Involution melancholia ..	3	6	9	-	1	1	-	-	-	-	-	1	1	2	-	-	-	-	-	-	2	4	6	3	6
Manic depressive insanity ..	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
a. Manic	4	2	12	5	2	7	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	1	6	2	8
b. Depressed	-	4	4	1	3	4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	3	4
c. Mixed	-	-	-	2	1	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2	2	4
Senile dementia	5	2	13	-	-	-	-	-	-	-	-	-	-	1	1	-	-	-	-	-	4	3	7	4	4
Narcotic inebriety	2	1	3	1	1	2	-	-	-	-	-	-	-	1	1	-	-	-	-	-	4	1	2	3	3
Neurasthenia	1	4	5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	3	4	4
Organic dementia	7	5	12	-	-	-	-	-	1	1	1	-	-	-	-	-	-	-	-	-	2	1	3	3	3
Not insane	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Unclassified	3	3	6	-	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-	-	2	2	2	1	3
Total	70	56	126	13	11	24	2	2	4	10	9	19	2	6	8	2	-	2	16	10	26	45	38	83	

SUPERINTENDENT'S REPORT.

TABLE NO. 12.
CAUSES OF DEATH AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED.

Causes.	AGGREGATE.			DEMENTIA PRÆCOX.			EPILEPTIC INSANITY.			GENERAL PARALYSIS.			IMBECILITY.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
General diseases:															
Septicæmia, infection of arm.....	1	-	1	-	-	-	-	-	-	1	-	1	-	-	-
Pernicious anemia	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of nervous system:															
Cerebral hemorrhage	4	1	5	-	-	-	-	-	-	3	-	3	-	-	-
Cerebral thrombosis	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Brain tumor.....	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of circulatory system:															
General arterio-sclerosis.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Chronic myocarditis.....	2	2	4	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of respiratory system:															
Lobar pneumonia	1	1	2	-	-	-	-	-	-	1	-	1	-	-	-
Broncho-pneumonia.....	1	1	2	-	-	-	-	-	-	-	-	-	-	-	-
Pulmonary edema.....	1	-	1	-	-	-	-	-	-	1	-	1	-	-	-
Diseases of digestive system:															
Enteritis.....	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
Tubercular enteritis.....	-	1	1	-	-	-	-	-	-	-	-	-	-	1	1
Enterocolitis	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Intestinal obstruction, volvulus	-	1	1	-	-	-	-	-	-	-	-	-	-	-	-
Diseases genito-urinary system:															
Acute nephritis.....	-	1	1	-	1	1	-	-	-	-	-	-	-	-	-
Chronic diffuse nephritis	1	-	1	-	-	-	1	-	1	-	-	-	-	-	-
Violence:															
Suicide by drowning	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-
	16	10	26	-	1	1	1	-	1	6	-	6	-	1	1

TABLE NO. 12—CONCLUDED.

CAUSES OF DEATH AND FORM OF MENTAL DISEASE IN PERSONS WHO DIED—CONCLUDED.

Causes.	MANIC. DEPRESSIVE.			ORGANIC DEMENTIA.			INVOLUTION PSYCHOSIS.			SENILE DEMENTIA.			UNCLASSIFIED.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
General diseases:															
Septicemia, infection of arm	-	-	-	-	-	-	1	-	1	-	-	-	-	-	1
Fernicious anemia	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of nervous system:															
Cerebral hemorrhage	1	-	1	-	-	-	-	1	1	1	-	1	-	-	1
Cerebral thrombosis	-	-	-	-	-	-	-	-	-	1	-	1	-	-	1
Brain tumor.....	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-
Diseases of circulatory system:															
General arterio-sclerosis	-	-	-	-	-	-	-	-	-	1	-	1	-	-	1
Chronic myocarditis	-	-	-	1	-	1	-	-	-	1	2	3	-	-	3
Diseases of respiratory system:															
Lobar pneumonia	-	-	-	-	-	-	-	-	-	1	1	2	-	1	1
Broncho-pneumonia	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pulmonary edema	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Diseases of digestive system:															
Enteritis.....	-	-	-	-	-	-	-	-	-	1	-	1	-	-	1
Tubercular enteritis.....	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Enterocolitis	-	-	-	-	1	1	-	-	-	-	-	-	-	-	-
Intestinal obstruction, volvulus	-	-	-	-	-	-	-	1	1	-	-	-	-	-	-
Diseases genito-urinary system:															
Acute nephritis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chronic diffuse nephritis	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Violence:															
Suicide by drowning	-	-	-	-	-	-	1	-	1	-	-	-	-	-	1
	<u>1</u>	<u>-</u>	<u>1</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>2</u>	<u>2</u>	<u>4</u>	<u>5</u>	<u>3</u>	<u>8</u>	<u>-</u>	<u>1</u>	<u>1</u>

TREASURER'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial standing of the Eastern Maine Insane Hospital for the year ending November 30, 1907.

Total Receipts and Disbursements of Cash for the Year Ending November 30, 1907.

DR.	
Balance, cash on hand, December 1, 1906.....	\$4,199 56
Receipts, for year, hospital account.....	63,520 10
Receipts, from State appropriation.....	103,747 00
	\$171,466 66
CR.	
Disbursement for year.....	150,577 88
Balance cash on hand, November 30, 1907.....	20,888 78
	\$171,466 66

Statement of Resources and Liabilities, November 30, 1907.

RESOURCES.	
Cash on hand.....	\$20,888 78
Due from State, support of patients.....	5,036 79
Due from cities and towns.....	13,359 55
Due from sundry firms and individuals.....	458 53
	\$39,743 65
Less reserve for building.....	13,827 90
	\$25,915 75
LIABILITIES.	
Owe firms.....	\$27,290 87
Owe pay roll.....	2,354 15
Total liabilities.....	29,644 82
Less resources.....	25,915 75
Liab. in excess of resources.....	\$3,729 07

Respectfully submitted,
CHARLES S. PEARL,
Treasurer.

STEWARD'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial affairs of the Eastern Maine Insane Hospital, showing resources, liabilities, and department expenditures for the year ending November 30, 1907.

COMPARATIVE STATEMENT.

Comparative Statement of Resources and Liabilities, November 30, 1906.

RESOURCES.		
Cash on hand.....		\$4,199 56
Due from State, support of patients		5,078 55
Due from cities and towns, support of patients.....		13,550 57
Grocery inventory, groceries, crockery, etc.....		2,926 97
Dry goods inventory.....		2,480 00
Coal inventory		976 48
Dispensary inventory, drugs and instruments.....		1,637 82
Repairs and improvements inventory, carpenter's tools, lumber, hardware, etc.....		1,581 87
Farm inventory, horses, tools, hay, oats, etc		3,271 55
Engineering department inventory, tools and supplies		2,185 12
Expense inventory, office supplies.....		425 34
Hospital furnishings inventory, furniture, bedding, etc		25,120 47
Garden inventory, tools and vegetables.....		1,241 62
Stable inventory, horses, sleighs, harnesses, etc.....		1,935 45
Total resources.....		\$66,611 37
LIABILITIES.		
Due employees	\$2,310 75	
Due firms account supplies	16,287 18	18,597 93
Net resources.....		\$48,013 44

Of Resources and Liabilities, November 30, 1907.

RESOURCES.		
Cash on hand, appropriation		\$13,784 53
Cash on hand, hospital account		7,104 25
Due from State, support of patients		5,036 79
Due from cities and towns, support of patients		13,815 08
Grocery inventory, groceries, crockery, etc		3,854 69
Dry goods inventory		3,360 73
Coal inventory		1,187 45
Dispensary inventory, drugs and instruments		1,710 86
Repairs and improvements inventory, carpenter's tools, lumber, hardware, etc		1,775 26
Farm inventory, horses, tools, hay, oats, etc		5,210 77
Engineer's department inventory, tools and supplies		2,507 27
Expense inventory, office supplies		594 16
Hospital furnishings inventory, furniture, bedding, etc		23,428 04
Garden inventory, tools and vegetables		2,084 71
Stable inventory, horses, sleighs, harnesses, etc		1,490 60
Total resources		\$86,948 19
LIABILITIES.		
Due appropriation account, as above	\$13,784 53	
Due employees	2,354 15	
Due firms, account supplies	27,290 67	43,429 35
Net resources		\$43,518 84

TUBERCULAR BUILDING.

Receipts and Expenditures of Cash for Construction of the Tubercular Building.

DR.			
Cash received from State Treasurer.....			\$20,000 00
CR.			
Advertising for bids.....	\$68 87		
Services Civil Engineer.....	153 05		
Express on plans.....	25		
Services Inspector Flanders.....	60 00		
Otto Nelson on contract.....	13,650 00		
Paid Trustees for services on building committee.....	74 55		
Expenses of Trustees for inspection of other hospitals ...	282 00		14,288 72
Balance of cash on hand.....			\$5,711 28

NEW WING "D" LEFT.

Receipts and Expenditures for Construction of New Wing "D" Left.

DR.			
Cash received from State Treasurer.....			\$55,750 00
CR.			
Advertising for bids.....	\$168 80		
Services of Civil Engineer.....	68 00		
Express on plans.....	1 70		
Services of Inspector Flanders.....	320 00		
Paid Architect Stevens.....	3,000 00		
Paid John Grady, contractor for foundation.....	7,500 00		
Paid Angus MacDonald contractor for superstructure.....	33,089 00		
Expense of Trustees for inspection of other hospitals.....	317 36		
Paid Trustees for services on building committee.....	308 24		44,774 10
Balance cash on hand.....			\$10,975 90

GARDEN PRODUCTS, 1907.

1,636	doz. ears corn	\$212 94
6,818	cucumbers	272 72
1,364	bu. potatoes	826 23
167	bu. beets	74 10
29	bu. beet greens	13 29
335	bunches beets	15 85
7,319	lbs. parsnips	219 57
40,650	lbs. squash	613 97
244	bu. turnips	110 16
147	lbs. pumpkins	1 47
4,443	hds. celery	555 08
993	lbs. ripe tomatoes	49 65
34	bu. green tomatoes	35 90
440	bchs. radish	21 90
588	hds. lettuce	58 56
64	bu. peas	77 88
40	bunches carrots	2 00
186	bu. carrots	95 54
20	bu. string beans	15 58
229	qts. shell beans	22 80
10	bu. dry beans	27 50
4,327	lbs. cabbage	65 39
73	bbls. cabbage	72 79
58	qts. currants	7 54
90	qts. gooseberries	11 70
343	qts. raspberries	68 60
76	qts. blackberries	14 34

RAISED FOR SWINE.

14,525	lbs. cattle beets	72 73
175	bu. small potatoes	15 60
12	tons corn fodder	26 25
7,512	lbs. pumpkin	49 02
2,288	lbs. turnips	18 78
2,449	lbs. squash	5 72
1,000	lbs. cabbage	6 13

\$3,757 28

FARM PRODUCTS, 1907.

1,310	bushels oats	\$838 40
155	tons first quality hay.....	1,860 00
7	tons second quality straw.....	42 00
25	tons straw	200 00
	Pork products for the year.....	1,211 02
	Sale of 11 loads stone.....	11 00
		<hr/>
		\$4,162 42