# MAINE STATE LEGISLATURE

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#### SEVENTY-SEVENTH LEGISLATURE

#### SENATE

NO. 416

In Senate, March 19, 1915.

Reported by Sen. Cole from Committee on Judiciary, and ordered printed under joint rules.

W. E. LAWRY, Secretary.

### STATE OF MAINE

## IN THE YEAR OF OUR LORD ONE THOUSAND NINE HUNDRED AND FIFTEEN

AN ACT to amend chapter eighteen of the Revised Statutes.
relating to State Board of Health.

Be it enacted by the People of the State of Maine, as follows:

Section 1. Section two of chapter eighteen of the revised

- 2 statutes is hereby amended by striking out all of said sec-
- 3 tion which follows the word "shall" in line nineteen, and
- 4 inserting in place thereof the words, 'as soon as practicable
- 5 after the close of each year which is indicated by an odd
- 6 number, report to the governor and council of their doings,
- 7 investigations and discoveries during the biennial period
- 8 just ended, with such suggestions as to legislative action as
- 9 they may deem necessary,' so that said section as amended
- 10 shall read as follows:

'Sect. 2. The state board of health shall have the general 12 supervision of the interests of health and life of the citizens 13 of the state. They shall study the vital statistics of the 14 state, and endeavor to make intelligent and profitable use 15 of the collected records of deaths and of sickness among 16 the people; they shall make sanitary investigations and in-17 quiries respecting the causes of disease and especially of 18 communicable diseases and epidemics, the causes of mor-19 tality, and the effects of localities, employments, conditions, 20 ingesta, habits and circumstances on the health of the peo-21 ple; they shall investigate the causes of disease occurring 22 among the stock and domestic animals in the state, and the 23 methods of remedying the same; they shall gather such 24 information in respect to all these matters as they may deem 25 proper for diffusion among the people; they shall, when 26 required or when they shall deem it best, advise officers 27 of the government, or other boards within the state, in 28 regard to the location, drainage, water supply, disposal of 29 excreta, heating and ventilation of any public institution or 30 building; they shall from time to time examine and report 31 upon works on the subject of hygiene for the use of schools 32 of the state; they shall have general oversight and direction 33 of the enforcement of the statutes respecting the preserva-34 tion of health; and they shall, as soon as practicable after 35 the close of each year which is indicated by an odd number, 36 report to the governor and council of their doings, inves-37 tigations and discoveries during the biennial period just 38 ended, with such suggestions as to legislative action as they 39 may deem necessary.'

Sect. 2. Section three of chapter eighteen of the revised 2 statutes is hereby amended by striking out the whole of 3 said section and substituting therefor the following:

'Sect. 3. The board shall meet quarterly and at such other 5 times as they may deem expedient. Their meetings may 6 be held in Augusta or in such other places as the exigencies 7 or circumstances of their service may require. Suitable 8 accommodations for the meetings of the board, and office 9 room for its secretary shall be provided at the state capitol. 10 A majority shall be a quorum for the transaction of busi-II ness. They shall choose annually one of their number to 12 be their president, and may adopt rules and by-laws sub-13 ject to the provisions of this chapter. They may send the 14 secretary, or a representative of the board, to any part of 15 the state, when deemed necessary to conduct an investiga-16 tion within the scope of their prescribed work, and they 17 may send the secretary or other representative of the board 18 to places outside of the state when it may be deemed neces-19 sary for the purpose of making investigations or of con-20 ferring with other state or municipal public health authori-21 ties at meetings or conventions when said meetings con-22 vene for the consideration and discussion of measures for 23 the improvement of the public health.'

Sect. 3. Section eight of said chapter as amended by sec-2 tion two of chapter forty-eight of the public laws of nine3 teen hundred and nine and as further amended by chapter 4 one hundred forty-nine of the public laws of nineteen hun-5 dred and thirteen is hereby still further amended by strik-6 ing out the words "or typhus fever" in line five of said sec-7 tion, and inserting in place thereof the words 'typhoid fever 8 or other dangerous, infectious, or contagious disease,' and 9 also by striking out the words "when death results from 10 any infectious or contagious disease" in line thirty-four 11 so that said section as amended shall read as follows:

'Sect. 8. The more effectually to protect the public health 13 the state board of health may establish such systems of in-14 spection as in its judgment may be necessary to ascertain 15 the actual or threatened presence of the infection of Asiatic 16 cholera, smallpox, diphtheria, scarlet fever, plague, typhoid 17 fever or other dangerous, infectious, or contagious disease; 18 and any duly authorized agent or inspector of said board 19 may enter any building, vessel, railway car or other public 20 vehicle, to inspect the same and to remove therefrom any 21 person affected by said diseases; and for this purpose he 22 may require the person in charge of any vessel or public 23 vehicle other than a railway car to stop such vessel or vehi-24 cle at any place, and he may require the conductor of any 25 railway train to stop his train at any station or upon any 26 side track and there detain it for a reasonable time; pro-27 vided, that no conductor shall be required to stop his train 28 when telegraphic communication with the dispatcher's of-29 fice cannot be obtained or at such times or under such cir-

30 cumstances as may endanger the safety of the train and 31 passengers; and provided further, that any such agent or 32 inspector may cause any car which he may think may be in-33 fected with any of said diseases to be sidetracked at any 34 suitable place and there be cleansed, fumigated and disin-35 fected. And the said board of health may from time to 36 time, make, alter, modify or revoke rules and regulations 37 for guarding against the introduction of any infectious or 38 contagious diseases into the state, including rabies, or hydro-30 phobia of animals and men; for the control and suppres-40 sion thereof if within the state; for the quarantine and dis-41 infection of persons, localities and things infected or sus-42 pected of being infected by such diseases; for guarding 43 against the transmission of infectious and contagious dis-44 eases through the medium of common towels, common 45 drinking cups and other articles which may carry infection 46 from person to person; for the sanitation of railway ser-47 vice and that of other common carriers, for the transporta-48 tion of dead bodies; for the speedy and private interment 49 of the bodies of persons who have died from said diseases; 50 and, in emergency, for providing those sick with said dis-51 eases with necessary medical aid and with temporary hospi-52 tals for their accommodation and for the accommodation 53 of their nurses and attendants. And the said board may 54 declare any and all of its rules and regulations made in ac-55 cordance with the provisions of this section to be in force 56 within the whole state, or within any specified part there57 of, and to apply to any person or persons, family, camp, 58 building, vessel, railway car or public vehicle of any kind.'

Sect. 4. Paragraph III of section thirty of chapter 2 eighteen of the revised statutes is hereby amended by strik-3 ing out all of said paragraph following the word "diseases" 4 in line sixteen of said paragraph and inserting in place there-5 of the words, 'occurring within the limit of its jurisdiction 6 and shall report to said board every case of such infectious 7 or contagious diseases as the rules and regulations of said 8 board shall require. Those diseases which the rules and 9 regulations of the state board of health may require to be 10 reported shall be known, under the terms of this act, as 11 notifiable diseases. Diseases which the state board of health 12 may promulgate as those which shall be quarantined or iso-13 lated shall be known as quarantinable diseases,' so that said 14 section as amended shall read as follows:

'III. Guard against the introduction of contagious and 16 infectious diseases, by the exercise of proper and vigilant 17 medical inspection and control of all persons and things 18 coming within the limits of its jurisdiction from infected 19 places, or which for any cause, are liable to communicate 20 contagion; give public notice of infected places, by dis-21 playing red flags or by posting placards on the entrances of 22 the premises; require the isolation of all persons and things 23 that are infected with, or have been exposed to, contagious 24 or infectious diseases, and provide suitable places for the 25 reception of the same; and furnish medical treatment and

26 care for persons sick with such diseases who cannot other-27 wise be provided for; prohibit and prevent all intercourse 28 and communication with, or use of, infected premises, places 29 and things, and require, and if necessary, provide the means 30 for the thorough cleansing and disinfection of the same be-31 fore general intercourse therewith, or use thereof, shall be 32 allowed. And it shall report to the state board of health 33 promptly, facts which relate to infectious and epidemic dis-34 eases occurring within the limit of its jurisdiction and shall 35 report to said board every case of such infectious or con-36 tagious diseases as the rules and regulations of said board 37 shall require. Those diseases which the rules and regula-38 tions of the state board of health may require to be reported 39 shall be known, under the terms of this act, as notifiable 40 diseases. Diseases which the state board of health may 41 promulgate as those which shall be guarantined or isolated 42 shall be known as quarantinable diseases.

Sect. 5. Section thirty-three of chapter eighteen of the 2 vised statutes as amended by section twelve of chapter sev-3 enty-eight of the public laws of nineteen hundred and nine 4 is hereby further amended by striking out the whole of said 5 section and substituting therefor the following:

'Sect. 33. Whenever any householder knows or has reason 7 to believe that any person within his family or household 8 has smallpox, diphtheria, scarlet fever, cholera, typhus or 9 typhoid fever, cerebro-spinal meningitis, measles, mem10 membraneous croup, so called, whooping cough, or any other

11 disease which is made notifiable by the rules and regula12 tions of the state board of health, he shall within twenty13 four hours, give notice thereof to the health officer of the
14 town in which he resides, and such notice shall be given
15 either at the office of the health officer, or by letter or tele16 phone, the communication to be mailed or delivered to him
17 within the time above specified, and in case there is no
18 health officer, to the secretary of the local board of health,
19 either at his office or by communication as aforesaid.'

- Sect. 6. Section thirty-four of chapter eighteen of the 2 revised statutes is hereby amended by striking out the words, 3 "above mentioned diseases" in line two of said section and 4 inserting in place thereof the words, 'any of the notifiable 5 diseases,' so that this section as amended shall read as 6 follows:
- 'Sect. 34. No householder in whose dwelling there occurs 8 any of the notifiable diseases, shall permit any person suffer-9 ing from any such disease, or any clothing or other property 10 to be removed from his house, without the consent of the 11 board, or of the health officer, and the said board or health 12 officer, shall prescribe the conditions of removal.'
  - Sect. 7. Section thirty-six of chapter eighteen of the 2 revised statutes is hereby amended by striking out the whole 3 of said section and substituting therefor the following:
  - 'Sect. 36. Whenever any physician knows or has rea-5 son to believe that any person whom he is called upon to 6 visit, has or is infected with any of the notifiable diseases

7 such physician shall forthwith give notice thereof to the 8 secretary of the local board of health, or the health officer 9 of the town in which such person lives.'

Sect. 8. Section thirty-eight of chapter eighteen of the 2 revised statutes is hereby amended by striking out the word 3 "cholera" in line two of said section and inserting in place 4 thereof the words, 'other quarantinable disease,' so that 5 said section as amended shall read as follows:

'Sect. 38. No person affected with smallpox, scarlet 7 fever, diphtheria or other quarantinable disease, and no 8 person having access to any person affected with any of 9 the said diseases, shall mingle with the general public until 10 such sanitary precautions as may be prescribed by the local 11 board of health shall have been complied with.'

Sect. 9. Section thirty-nine of chapter eighteen of the re2 vised statutes is hereby amended by striking out the word
3 "cholera" in line two of said section and inserting in place
4 thereof the words, 'other diseases for which disinfection
5 may be required by the state board of health,' so that said
6 section as amended shall read as follows:

Sect. 39. Persons recovering from smallpox, scarlet 8 fever, diphtheria or other diseases for which disinfection 9 may be required by the state board of health, and nurses 10 who have been in attendance on any person suffering from 11 any such disease shall not leave the premises until they 12 have received from the board of health or health officer, 13 a certificate that they have taken such precautions as to

14 their persons, clothing and all other things which they pro-15 pose bringing from the premises as are necessary to insure 16 the immunity from infection of other persons with whom 17 they may come in contact, and no such person shall expose 18 himself in any public place, shop, street, inn or public con-19 veyance without having first adopted such precautions.'

Sect. 10. Section forty of chapter eighteen of the revised 2 statutes is hereby amended by striking out the word "chol-3 era" in line two of said section and inserting in place there-4 of the words 'or other quarantinable disease,' so that said 5 section when amended shall read as follows:

'Sect. 40. Nurses and other attendants upon persons sick 7 with smallpox, scarlet fever, diphtheria or other quarantin-8 able disease, shall adopt for the disinfection and disposal 9 of excreta, and for the disinfection of utensils, bedding, 10 clothing and other things which have been exposed to in-11 fection, such measures as may be ordered in writing, by 12 the local board of health.'

Sect. 11. Section forty-one of chapter eighteen of the 2 revised statutes is hereby amended by striking out the words 3 "measles, cholera, plague or pulmonary tuberculosis or con-4 sumption," in lines three and four of said section and in-5 serting in place thereof the words, 'or other disease for 6 which disinfection may be required by the state board of 7 health,' so that said section as amended shall read as fol-8 lows:

'Sect. 41. No person shall give, lend, transmit, sell or  $\epsilon x$ -

10 pose any bedding, clothing, furniture or other article which 11 has been used by persons affected with smallpox, scarlet 12 fever, diphtheria, or other diseases for which disinfection 13 may be required by the state board of health, or from rooms 14 which have been occupied by such persons, without first hav- 15 ing said articles disinfected to the satisfaction of the local 16 board of health.'

Sect. 12. Section forty-four of chapter eighteen of the 2 revised statutes is hereby amended by striking out the 3 words, "specified in the preceding section," in line two of 4 said section and inserting in place thereof the words, 'for 5 which disinfection may be required by the state board of 6 health,' so that said section as amended shall read as follows:

'Sect. 44. When persons from houses or places which 9 are infected with any of the diseases for which disinfection 10 may be required by the state board of health, have entered 11 any schoolroom, or when, from any other cause, the school-12 room has probably become infected, the teacher shall dis-13 miss the school, and notify the school officers and local board of health, and no school shall be again held in such school-15 room until the room has been disinfected to the satisfaction of the local board of health, and the school officers 17 and board of health shall cause the room to be disinfected 18 as soon as possible.'

Sect. 13. Section forty-eight of chapter eighteen of the 2 revised statutes is hereby amended by striking out the whole

3 of said section and substituting therefor the following:

'Sect. 48. No person shall let or hire any house or room 5 in a house in which any of the diseases have existed for 6 which disinfection may be required by the state board of 7 health, without having caused the house and the prem-8 ises used in connection therewith to be disinfected to the 9 satisfaction of the local board of health.'

Sect. 14. Section seventy-five of chapter eighteen of the 2 revised statutes is hereby amended by striking out from the 3 end of said section the following words, "but no such hos-4 pital shall be within one hundred rods of an inhabited dwell-5 ing house in an adjoining town without the consent of its 6 local board of health," so that said section as amended shall 7 read as follows:

'Sect. 75. A town may establish therein one or more 9 hospitals for the reception of persons having the small-10 pox or other diseases dangerous to the public health; or its 11 local board of health may license any building therein as a 12 hospital, which shall be under the control of said board.'

Sect. 15. Section seventy-six of chapter eighteen of the 2 revised statutes is hereby repealed.

Sect. 16. Section seventy-seven of chapter eighteen of the 2 revised statutes s hereby amended by striking out the word 3 "inoculated" in line two of said section and inserting in 4 place thereof the words, 'who are infected, infectious,' so 5 that said section as amended shall read as follows:

'Sect. 77. When a hospital is so established or licensed the

7 physicians, the persons who are infected, infectious, or sick 8 therein, the nurses, attendants, and all who come within 9 its limits, and all furniture or other articles used or brought 10 there, shall be subject to the regulations made by the local 11 board of health.'

Sect. 17. Section eighty-two of chapter eighteen of the 2 revised statutes is hereby amended by striking out the words, 3 "over two years of age," in line four of said section, so that 4 said section as amended shall read as follows:

'Sect. 82. The board of health of each city, village, town 6 and plantation shall annually on the first day of March, 7 or oftener if they deem it prudent, provide for the free 8 vaccination with the cow pox, of all the inhabitants within 9 their respective localities, to be done under the care of 10 skilled practicing physicians, and under such circumstances 11 and restrictions as said authorities adopt therefor.'

STATEMENT OF THE REASONS WHY THE STATE BOARD OF HEALTH BELIEVES AND ADVISES THAT THE AMENDMENTS SHOULD BE MADE WHICH ARE PROVIDED IN "AN ACT TO AMEND CHAPTER EIGHTEEN OF THE REVISED STATUTES."

Chapter 18, Section 2. It has always been impracticable to issue the report of the state board of health in January. The biennial period for the report has always been one which ends with an odd number. There is an advantage in that, because it permits the printing of the report in a year when there are not so many of the other large reports to be printed.

Section 3. Some times it is urgently required that a meeting of the board be held at some other place than in Augusta, particularly when it is desirable to consider some local condition or problem. If it happens that a meeting need be held elsewhere at or near the time for the regular quarterly meeting, it would be more convenient for the members of the board and would save something for the state if both meetings could be held at the same place.

As there is no clear provision that the state board of health may be represented at important public health meetings outside of this state, the American Public Health Association or the Conference of State Boards of Health, for instance, i appears that it would be well to have a distinct provision authorizing the board to be represented.

Sect. 8. The first part of this section eight provides that the state board of health may take action in regard to certain specified diseases. As regards typhoid fever and some other diseases which are often the most serious and costly of epidemic diseases, the state board of health has not been clearly authorized to act. The same is true of various other dangerous epidemic diseases which may come to us any day.

Referring to the latter part of this section eight, when the legislative committee which revised our statutes in 1903 were doing the work upon this section they limited the authority of the state board of health to make rules and regulations for the transportation of dead bodies, to bodies of persons who had died from infectious or contagius diseases. Ever since that the board has been working under rules and regulations which were made before that revision of 1903 went into effect. It is very important for us to have authority to adopt the rules and regulations which were approved by the conference of state and provincial boards of health in 1913 and which have been adopted by most of the state boards of health. Rules of this kind affecting the interstate business of common carriers should be uniform with those in other states.

Section 30, Paragraph III. The enumeration in this section of the diseases which shall be reported to the state board of health is not the same as the list which is included in the rules and regulations which the state board of health made last year under the provisions of section eight of this chapter. There should be more flexibility here so that the list might be changed when further research and experience or the importation of new diseases indicate the need of modifying the list.

To avoid circumlocution in some of the following sections of this chapter, an amendment of this paragraph III provides that certain diseases shall be known as "notifiable diseases," and that it is further provided that another class shall be known as "quarantinable diseases." That will leave the board at liberty to modify, from time to time, its rules or regulations or instructions to local boards of health as additional knowledge is acquired relating to the ways in which diseases are transmitted. A uniformity of procedures for the control of communicable diseases will, it is thought, work for efficiency and, at the same time minimize needless stringency in some cases and lessen the trouble to families in which outbreaks may occur.

Section 33. The statements under paragraph III of section 30 will indicate the reasons for amending section 33.

Section 34. Explanation is found under the statement of reasons for the amendment of section 30, Paragraph III.

Section 36. The reason given under section 30, paragraph III.

Section 38. See the remarks under section 30, paragraph III.

Sections 39 and 40. See remarks under section 30, paragraph III.

Sections 41 and 44. With many public health departments the opinion prevails that it is unnecessary to provide for the terminal disinfection following certain diseases in which it is found that the infectious agent is short-lived, measles for instance. That is the reason why it appears to be desirable that the state board of health may provide that disinfection shall follow certain diseases, but that it is not required for certain other diseases.

Section 48. See statement under sections 41 and 44.

Section 75. Knowing, as we do now, that infectious diseases are not transmitted through the air, there is no longer a reason for the provision that infectious disease hospitals shall be placed at so great a distance from dwelling houses.

Section 76. As vaccination has taken the place of inoculation in the prophylaxis of smallpox, there is no reason whatever in retaining this antiquated section.

Section 77. A much more modern wording of this section will be to have it read, "persons who are infected, infectious, or sick therein."

Section 82. There are no good reasons for excluding inhabitants of a town who are two years old or under from the benefits of free vaccination when it is offered by a town. Young children are very susceptible to smallpox.