

# MAINE STATE LEGISLATURE

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# 132nd MAINE LEGISLATURE

## SECOND REGULAR SESSION-2026

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Legislative Document

No. 2144

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S.P. 862

In Senate, January 7, 2026

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### **Resolve, to Establish the Working Group to Prioritize Wellness and Mental Health Resources for Heritage Industries**

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Approved for introduction by a majority of the Legislative Council pursuant to Joint Rule 203.

Reference to the Committee on Health and Human Services suggested and ordered printed.

A handwritten signature in black ink, appearing to read "D M Grant", is positioned above the printed name of the Secretary of the Senate.

DAREK M. GRANT  
Secretary of the Senate

Presented by Senator INGWERSEN of York.

Cosponsored by Representative STROUT of Harrington and

Senators: BLACK of Franklin, BRENNER of Cumberland, HICKMAN of Kennebec, MOORE of Washington, RENY of Lincoln, TEPLER of Sagadahoc, Representatives: HEPLER of Woolwich, PLUECKER of Warren.

1       **Preamble. Whereas,** struggles with mental health and wellness are common within  
2       Maine's heritage industries, with many individuals and family members reporting high  
3       levels of stress, burnout, depression and anxiety; and

4       **Whereas,** a July 2025 survey conducted by the University of Maine Cooperative  
5       Extension and partners revealed 61% of respondents from the agriculture, aquaculture and  
6       wild harvest fisheries industries identified the need for increased public education to raise  
7       awareness and reduce stigma around mental health issues and access to industry-specific  
8       and culturally competent supportive services; and

9       **Whereas,** Vermont, Colorado, Rhode Island, Massachusetts and other states have  
10      recognized this critical need and implemented solutions; and

11      **Whereas,** Maine held its first Maine Land and Sea Farmer Wellness Forum in  
12      September 2025, at which over 200 people were in attendance; and

13      **Whereas,** the 2021 suicide rate among persons of working age in the United States is  
14      approximately 33% higher than it was 2 decades ago, with the agriculture, forestry, logging  
15      and fishing industries remaining among occupation groups with higher suicide rates; and

16      **Whereas,** the purpose of the working group under this legislation is to convene a  
17      group of leaders and experts in heritage industries and mental health and wellness care and  
18      wellness programs to improve access to mental health and wellness and wellness care for  
19      those involved in agriculture, fisheries, forestry and logging and their families; now,  
20      therefore, be it

21      **Sec. 1. Working group established. Resolved:** That the Working Group to  
22      Prioritize Wellness and Mental Health Resources for Heritage Industries, referred to in this  
23      resolve as "the working group," is established.

24      **Sec. 2. Working group membership. Resolved:** That the working group  
25      consists of 11 members as follows:

26          1. The Commissioner of Agriculture, Conservation and Forestry, or the  
27          commissioner's designee, who serves as a cochair of the working group;

28          2. The Commissioner of Marine Resources, or the commissioner's designee, who  
29          serves as a cochair of the working group;

30          3. The Commissioner of Health and Human Services, or the commissioner's designee,  
31          who serves as a cochair of the working group;

32          4. One member representing the University of Maine Cooperative Extension,  
33          appointed by the cochairs of the working group;

34          5. One member representing the State's agriculture industry, appointed by the cochairs  
35          of the working group;

36          6. One member representing the State's fishing industry, appointed by the cochairs of  
37          the working group;

38          7. One member representing the State's forestry or logging sector, appointed by the  
39          cochairs of the working group;

8. One member representing a statewide mental health services provider organization, appointed by the cochairs of the working group;

9. One member representing an occupational health and safety organization, appointed by the cochairs of the working group;

10. One member with expertise in rural health or public health services, appointed by the cochairs of the working group; and

11. One member representing a statewide organization that delivers community services, appointed by the cochairs of the working group.

**Sec. 3. Duties. Resolved:** That the working group shall:

1. Review existing mental health and wellness resources available to individuals in the State's heritage industries, including agriculture, fishing, forestry and logging;

2. Identify gaps in the provision of services and barriers to accessing existing resources;

3. Examine successful models from other states and jurisdictions;

4. Develop recommendations for establishing sustainable funding mechanisms and service delivery models; and

5. Explore opportunities for public education to reduce stigma around mental health issues and increase awareness of mental health services.

**Sec. 4. Report. Resolved:** That, no later than December 1, 2026, the working group shall submit a report that includes its findings and recommendations based on its review under section 3, including suggested legislation, for presentation to the joint standing committees of the Legislature having jurisdiction over agriculture, conservation and forestry matters, marine resources matters and health and human services matters. The joint standing committees may each submit legislation based on the findings and recommendations in the report to the 133rd Legislature in 2027.

## SUMMARY

This resolve creates the Working Group to Prioritize Wellness and Mental Health Resources for Heritage Industries, which is directed to review existing mental health and wellness resources available to individuals in Maine's heritage industries, identify gaps in the provision of services and barriers to accessing existing resources, examine successful models from other states and jurisdictions, develop recommendations for establishing sustainable funding mechanisms and service delivery models and explore opportunities for public education to reduce stigma around mental health issues and increase awareness of mental health services. The resolve requires the working group to submit a report of its findings and recommendations to the joint standing committees of the Legislature having jurisdiction over agriculture, conservation and forestry matters, marine resources matters and health and human services matters by December 1, 2026 and authorizes the joint standing committees to each submit legislation to the 133rd Legislature in 2027.