MAINE STATE LEGISLATURE

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131st MAINE LEGISLATURE

FIRST REGULAR SESSION-2023

Legislative Document

No. 1439

H.P. 935

House of Representatives, March 30, 2023

An Act to Promote Family-centered Interventions for Substance Use Disorder Treatment

Reference to the Committee on Health and Human Services suggested and ordered printed.

ROBERT B. HUNT
Clerk

Presented by Representative MADIGAN of Waterville. Cosponsored by Senator FARRIN of Somerset and

Representatives: GRAMLICH of Old Orchard Beach, PERRY of Calais, SAYRE of Kennebunk, SHAGOURY of Hallowell, STOVER of Boothbay, SUPICA of Bangor.

4 An authorized person may request an intervention with a hospital or treatment program in accordance with this section. 5 6 1. Definitions. As used in this section, unless the context otherwise indicates, the 7 following terms have the following meanings. 8 A. "Authorized person" means a family member, friend or guardian of the person in 9 need of treatment who requests or has requested an intervention. 10 B. "Intervention" means a meeting facilitated by a licensed substance use disorder professional with the authorized person, person in need of treatment and any other 11 relevant persons to discuss concerns about the substance use of the person in need of 12 treatment including the need to enter treatment. 13 14 C. "Licensed substance use disorder professional" means a person licensed under Title 15 32, chapter 31, 36, 48, 56, 81, 83 or 119 with experience treating persons with 16 substance use disorder. 17 D. "Peer recovery coach" means a person recovering from substance use disorder who 18 is trained to provide peer mentoring and coaching to a person with substance use 19 disorder. 20 E. "Person in need of treatment" means a person with substance use disorder for whom treatment under this section is sought. 21 22 2. Intervention; facilitated meeting. When an authorized person requests an 23 intervention for a person in need of treatment who is hospitalized, the hospital shall offer 24 an intervention or treatment program services while the person in need of treatment is a 25 patient in the hospital or awaiting treatment in an emergency department. The hospital 26 shall also organize an intervention meeting facilitated by a licensed substance use disorder 27 professional with experience in facilitating interventions. The intervention must include 28 the person in need of treatment, authorized person, a peer recovery coach and family 29 members or friends of the person in need of treatment. The licensed substance use disorder 30 professional may meet with the authorized person and family members or friends of the 31 person in need of treatment about how to make the intervention successful. 32 3. Recommendations by licensed substance use disorder professionals. The person 33 in need of treatment must be examined by 2 licensed substance use disorder professionals. 34 one of whom must be a physician licensed under Title 32, chapter 36 or 48. The 35 examination must consist of: 36 A. Separate meetings with the person in need of treatment, authorized person and family members or friends of the person in need of treatment; 37 38 B. The review and consideration of the person in need of treatment's co-occurring 39 medical and mental health diagnoses;

Be it enacted by the People of the State of Maine as follows:

Sec. 1. 5 MRSA §20056 is enacted to read:

§20056. Substance use disorder intervention services

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C. An assessment of the person in need of treatment's safety and treatment needs; and

D. Referrals to recovery support services in the person in need of treatment's community.

The licensed substance use disorder professionals shall submit their findings and recommendations to the person in need of treatment. The recommendations must include the type, scope and duration of treatment appropriate for the person in need of treatment and information on how to access those services.

- 4. Services provided; hospitals. A hospital shall do the following when a person with substance use disorder is admitted as an inpatient for the treatment of substance use disorder or a medical issue related to substance use disorder:
 - A. Offer information to authorized persons and family members or friends about how to access the intervention services recommended in subsection 3;
 - B. Follow up with persons with substance use disorders who are among the most frequent 10% of inpatient admissions for substance use disorder, or cause a follow-up to be conducted by the department, to discuss options for treatment with the individual;
 - C. Request information from the authorized person and family members or friends to assess the ability of the person in need of treatment to adequately perform self-care when medical issues impact brain or other bodily function; and
 - D. Develop discharge plans that include the authorized person and family members or friends when there are unresolved medical issues, including those associated with substance use disorder or detoxification. The discharge plans must include home health service referrals when appropriate.
- 5. Services providers; substance use disorder treatment; detoxification. A substance use disorder treatment provider or provider of detoxification services that receives any reimbursement from MaineCare or state-funded contracts shall provide intervention services as described in this section, coordinate family support groups and provide them with educational resources and refer persons in need of treatment to appropriate services.
- 6. Department requirements; identification of providers; training. The Office of Behavioral Health within the department shall identify providers of substance use disorder intervention services and provide a list to hospitals, substance use disorder treatment providers, providers of detoxification services, authorized persons, persons in need of treatment and any other person who requests such a list. The department shall also coordinate opportunities for training to become a provider of intervention services. A provider of intervention services may be a licensed substance use disorder professional, licensed social worker, peer recovery coach or other person with experience and training in providing interventions and family engagement that the department determines appropriate.
- 7. Public awareness. A hospital licensed under Title 22, chapter 405 shall post information in its emergency department about how individuals with substance use disorder can access services and how an authorized person can request an intervention as described in this section. The department shall adopt rules to implement this subsection no later than January 1, 2024. Rules adopted pursuant to this subsection are routine technical rules as defined in chapter 375, subchapter 2-A.

SUMMARY

This bill establishes a process to connect individuals with substance use disorder with
treatment services and connect family members and friends with supportive services. It
requires the Department of Health and Human Services to develop a list of providers of
substance use disorder services and identify options for coordinating training of potential
providers. It requires hospitals to respond to requests for interventions from family
members or friends of a person with substance use disorder. It requires a hospital to post
information in its emergency department. It requires hospitals to offer services, follow up
with individuals who frequently require admission for substance use disorder, request input
from family members about the ability of the person to perform self-care and develop
discharge plans with appropriate services.