

MAINE STATE LEGISLATURE

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125th MAINE LEGISLATURE

FIRST REGULAR SESSION-2011

Legislative Document

No. 971

H.P. 715

House of Representatives, March 8, 2011

An Act To Improve the Health of Maine Students

Reference to the Committee on Education and Cultural Affairs suggested and ordered printed.

A handwritten signature in cursive script that reads "Heather J.R. Priest".

HEATHER J.R. PRIEST
Clerk

Presented by Representative CORNELL du HOUX of Brunswick.
Cosponsored by Senator ALFOND of Cumberland and
Representatives: BEAVERS of South Berwick, BERRY of Bowdoinham, EVES of North
Berwick, HINCK of Portland, LOVEJOY of Portland, LUCHINI of Ellsworth, PRESCOTT of
Topsham, PRIEST of Brunswick.

1 **Be it enacted by the People of the State of Maine as follows:**

2 **Sec. 1. 20-A MRSA §4710-A** is enacted to read:

3 **§4710-A. Daily physical activity**

4 Beginning in the 2012-2013 school year, each school administrative unit shall
5 provide at least 20 minutes of daily physical activity for all students in grades 1 to 8. For
6 purposes of this section, "physical activity" means unstructured recess, leisure or
7 recreational time, sports, hobbies or a structured exercise program. A school
8 administrative unit that does not comply with the requirements of this section is subject to
9 a 20% reduction of the unit's state funding under chapter 606-B.

10 **SUMMARY**

11 This bill requires every school administrative unit to provide for all students in grades
12 1 to 8 at least 20 minutes of daily physical activity, which includes unstructured recess,
13 leisure or recreational time, sports, hobbies or a structured exercise program. A school
14 administrative unit that does not provide this physical activity is subject to a 20%
15 reduction of the unit's state funding for education.