

MAINE STATE LEGISLATURE

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120th MAINE LEGISLATURE

FIRST REGULAR SESSION-2001

Legislative Document

No. 1744

S.P. 572

In Senate, March 27, 2001

An Act to Ensure Patient Access to Medicines.

Reference to the Committee on Health and Human Services suggested and ordered printed.

A handwritten signature in cursive script, reading "Joy J. O'Brien".

JOY J. O'BRIEN
Secretary of the Senate

Presented by Senator MITCHELL of Penobscot.
Cosponsored by Representative TESSIER of Fairfield and
Senators: CARPENTER of York, FERGUSON of Oxford, TURNER of Cumberland,
Representatives: FULLER of Manchester, LOVETT of Scarborough, NASS of Acton,
NUTTING of Oakland, WINSOR of Norway.

2 **Be it enacted by the People of the State of Maine as follows:**

4 **Sec. 1. 5 MRSA §12004-G, sub-§14-D** is enacted to read:

6 14-D. Drug Expenses 22 MRSA
7 Human Utilization Only §400-C
8 Services Review
9 Board

10 **Sec. 2. 22 MRSA c. 108** is enacted to read:

12 **CHAPTER 108**

14 **MEDICAID DRUG UTILIZATION AND**
15 **PRIOR AUTHORIZATION**

16 **§400-A. General**

18 The Legislature recognizes that outpatient prescription
20 drugs are an essential component of patient care. A formulary,
21 prior authorization process or treatment protocol pertaining to a
22 state Medicaid program, chapter 855, the elderly low-cost drug
23 program, section 254 or any other state medical assistance
24 program may not be used to make coverage and payment decisions
25 relating to a practitioner's lawful use of prescription drugs
26 unless it meets the requirements of this chapter. Any rules
27 adopted before or after the effective date of this chapter by the
28 Department of Human Services are void to the extent that they are
29 inconsistent with this chapter.

30 **§400-B. Definitions**

32 As used in this chapter, unless the context otherwise
34 indicates, the following terms have the following meanings.

36 **1. Board.** "Board" means the Drug Utilization Review Board
37 established under section 400-C.

38 **2. Committee.** "Committee" means the Pharmacy and
40 Therapeutics Committee established under section 400-E.

42 **3. Compendia.** "Compendia" for a drug means the "American
43 Hospital Formulary Services Drug Information," or its successor,
44 the "United States Pharmacopeia - Drug Information," or its
45 successor, peer-reviewed medical literature and clinical
46 information submitted to a state Medicaid agency by the
47 pharmaceutical research company that developed the drug and that
48 is registered with the Federal Food and Drug Administration as
49 the drug distributor.

2 4. Drug utilization review program or DUR program. "Drug
utilization review program" or "DUR program" means a system that
4 includes both retrospective and prospective drug utilization
reviews and is designed to ensure that drug utilization is
6 medically appropriate, medically necessary and not likely to have
adverse medical results.

8 5. Drug utilization review criteria or DUR criteria. "Drug
utilization review criteria" or "DUR criteria" means standards
10 approved by the board for use in determining whether use of a
drug is likely to be medically appropriate and medically
12 necessary and unlikely to result in adverse medical outcomes.

14 6. Prior authorization. "Prior authorization" means
16 verification to a prescriber or a dispenser or its contractor
that the proposed medical use of an outpatient prescription
18 medicine for a patient meets predetermined criteria for coverage
by the medical assistance programs as referenced in section 400-A.

20 7. Prospective drug utilization review or prospective DUR.
"Prospective drug utilization review" or "prospective DUR" means
22 that part of a drug utilization review program that occurs before
a drug is dispensed and that uses the DUR criteria to screen for
24 potential drug therapy problems pursuant to section 400-D,
subsection 3.

26 8. Retrospective drug utilization review or retrospective
28 DUR. "Retrospective drug utilization review" or "retrospective
DUR" means that part of a drug utilization review program that is
30 an historical review of drug utilization data using DUR criteria
to examine pharmacy claims data and other information pursuant to
32 section 400-D, subsection 4, paragraph B.

34 **§400-C. Establishment of Drug Utilization Review Board**

36 The Drug Utilization Review Board is established within the
Department of Human Services, Bureau of Medical Services for the
38 implementation of a drug utilization review program.

40 1. Board; membership. The board consists of 11 members
appointed by the Director of the Bureau of Medical Services:

42 A. Four physicians licensed in this State and actively
44 engaged in the practice of medicine, chosen from a list of
nominees provided by the Maine Medical Association;

46 B. Five pharmacists licensed in this State and actively
48 engaged in the practice of pharmacy, chosen from a list of
nominees provided by the Maine Board of Pharmacy;

50

2 C. One person who is a resident of this State, chosen to
3 represent beneficiaries of the medical assistance programs
4 as referenced in section 400-A in this State; and

5 D. One person representing the pharmaceutical industry,
6 chosen from a list of nominees provided by a nation
7 association of pharmaceutical researchers and manufacturers.

8
9 **2. Terms.** Board members serve staggered 3-year terms. Of
10 the initial appointees, one physician, one pharmacist and the
11 beneficiary representative must be appointed for 2-year terms and
12 one physician, 2 pharmacists and the industry representative must
13 be appointed for one-year terms. A member may be reappointed 3
14 times. A vacancy on the board must be filled for the balance of
15 the unexpired term by a nominee with the same qualifications as
16 the nominee's predecessor chosen from the list for the
17 appropriate member category described in subsection 1.

18
19 **3. Chair.** Board members shall select a chair and a
20 vice-chair on an annual basis from the board membership.

21
22 **4. Meetings.** The board shall meet at least 4 times per
23 year and may meet at other times at the discretion of the chair.
24 Notice of any meeting of the board must be published at least 30
25 days before a meeting and must comply with the Maine
26 Administrative Procedure Act. Board meetings must comply with
27 the provisions of the freedom of access laws under Title 1,
28 chapter 13, subchapter I and are subject to the provisions of the
29 Maine Administrative Procedure Act.

30
31 **5. Duties of board.** The board shall:

32
33 A. Advise and make recommendations regarding rules to be
34 adopted by the department to implement the provisions of
35 state and federal law related to drug utilization review;

36
37 B. Oversee the implementation of a DUR program for the
38 medical assistance programs as referenced in section 400-A,
39 including having the responsibility for recommending
40 criteria for selection of contractors and reviewing
41 contracts between the medical assistance programs and any
42 other entity that processes and reviews drug claims and
43 profiles for the DUR program in accordance with this chapter.

44
45 C. Develop and apply the DUR criteria for the DUR program
46 under paragraph B, as long as the DUR criteria are
47 consistent with the indications supported or rejected by the
48 compendia and FDA-approved labeling for a drug. The board
49 also shall consider outside information provided by
50 interested parties, including prescribers who treat

2 significant numbers of patients under the medical assistance
3 programs as referenced in section 400-A;

4 D. Establish a process to reassess on a periodic basis the
5 DUR criteria and, as necessary, modify the DUR programs; and

6 E. Provide a period for public comment during each board
7 meeting. Notice of proposed changes to the DUR criteria and
8 modification of the DUR program must be furnished 30 days
9 prior to the consideration or recommendation of any proposed
10 changes to the DUR program.

12 **§400-D. Drug Utilization Review Program**

14 1. Create DUR program. The board, in cooperation with the
15 department, shall create and implement a DUR program for
16 outpatient prescription drugs under the medical assistance
17 programs as referenced in section 400-A using DUR criteria.

18 2. Drug claims. The department may contract with an entity
19 to process and review drug claims and profiles for the DUR
20 program under subsection 1 as long as the department uses a
21 competitive bidding process as required under Title 5, section
22 1825-B.

23 3. Review conducted. The prospective DUR under the DUR
24 program in subsection 1 must be based on DUR criteria established
25 by the board and must require that, before a prescription is
26 filled or delivered, a prospective DUR review must be conducted
27 by a pharmacist at the point of sale to screen for potential drug
28 therapy problems. In conducting the prospective DUR, a
29 pharmacist may not alter the prescribed outpatient drug therapy
30 without a new prescription order by the prescribing physician and
31 approval by the patient. The prospective DUR review must screen
32 for:

33 A. Therapeutic duplication;

34 B. Drug-disease contraindications;

35 C. Drug-drug interactions;

36 D. Incorrect drug dosage or duration of drug treatment;

37 E. Drug-allergy interactions; and

38 F. Clinical abuse or misuse.

48

2 4. Retrieval system. The retrospective DUR under the DUR
3 program in subsection 1 must be based on DUR criteria and use the
4 department's mechanized drug claims processing and information
5 retrieval system to analyze medical assistance claims to allow
6 the board to:

7 A. Identify patterns of fraud, abuse, gross overuse or
8 underuse and inappropriate or medically unnecessary care;

9 B. Assess data on drug use by applying and reviewing
10 criteria consistent with section 400-C, subsection 5,
11 paragraph C to evaluate:

12 (1) Therapeutic appropriateness;

13 (2) Overutilization or underutilization;

14 (3) Appropriate use of generic products;

15 (4) Therapeutic duplication;

16 (5) Drug-disease contraindications;

17 (6) Drug-drug interactions;

18 (7) Incorrect drug dosage or duration of drug
19 treatment; and

20 (8) Clinical abuse or misuse; and

21 C. Propose remedial strategies to improve the quality of
22 drug care and to promote effective use of funds of medical
23 assistance programs as referenced in section 400-A or
24 expenditures for beneficiaries of the medical assistance
25 program.

26 **§400-E. Establishment of Pharmacy and Therapeutics Committee**

27 1. Prior authorization system. The department has the
28 authority to implement a prior authorization system for
29 outpatient prescription drugs under the medical assistance
30 programs as referenced in section 400-A only as provided in this
31 section.

32 2. Pharmacy and Therapeutics Committee. The Pharmacy and
33 Therapeutics Committee is established within the Department of
34 Human Services, Bureau of Medical Services for the purpose of
35 implementing a prior authorization system for outpatient
36 prescription drugs under the medical assistance programs as
37 referenced in section 400-A.

2 3. Membership. The committee consists of 11 members as
3 appointed by the commissioner of the state Medicaid agency:

4 A. Five physicians licensed in this State and actively
5 engaged in the practice of medicine, chosen from a list of
6 nominees provided by the Maine Medical Association;

7 B. Four pharmacists licensed in this State and actively
8 engaged in the practice of pharmacy, chosen from a list of
9 nominees provided by the Maine Board of Pharmacy;

10 C. One person representing beneficiaries of the medical
11 assistance programs as referenced in section 400-A in this
12 State; and

13 D. One person representing the pharmaceutical industry who
14 is a resident of this State, chosen from a list of nominees
15 provided by a national association of pharmaceutical
16 researchers and manufacturers.

17 4. Terms. Committee members serve staggered 3-year terms.
18 Of the initial appointees, two physicians, one pharmacist and the
19 beneficiary representative must be appointed for 2-year terms and
20 one physician, one pharmacist and the industry representative
21 must be appointed for one-year terms. A member may be
22 reappointed 3 times. A vacancy on the committee must be filled
23 for the balance of the unexpired term by a nominee with the same
24 qualifications as the nominee's predecessor chosen from the list
25 for the appropriate member category as described in subsection 3.

26 5. Chair. Committee members shall select a chair and a
27 vice-chair on an annual basis from the committee membership.

28 6. Meetings. The committee shall meet a least 4 times per
29 year and may meet at other times at the discretion of the chair.
30 Notice of any meeting of the committee must be published in a
31 manner consistent with the provisions for notice of public
32 hearings contained in Title 5, sections 8052, 8053 and 8053-A,
33 except that notice must be given at least 30 days before a
34 meeting. Committee meetings must comply with the provisions of
35 the freedom of access laws under Title 1, chapter 13, subchapter
36 I and are subject to the provisions of the Maine Administrative
37 Procedure Act.

38 7. Duties of Pharmacy and Therapeutics Committee. The
39 committee shall:

40 A. Advise and make recommendations regarding rules to be
41 adopted by the department regarding outpatient prescription
42 drug prior authorization;

2 B. Oversee the implementation of an outpatient prescription
4 drug prior authorization system for the medical assistance
programs as referenced in section 400-A;

6 C. Establish the outpatient prescription drug prior
8 authorization review process in compliance with section
400-F;

10 D. Make formal recommendations to the department regarding
12 any outpatient prescription drug covered by the medical
assistance programs as referenced in section 400-A that is
14 to receive prior authorization;

16 E. Review on a semiannual basis whether an outpatient
18 prescription drug that has prior authorization status should
continue to have that status; and

20 F. Modify the prior authorization review process as
necessary to achieve the objectives of this chapter.

22 **§400-F. Drug prior authorization system; review process**

24 1. Drug prior authorization system. A drug prior
26 authorization system must include the following:

28 A. Telephone, fax or other electronically transmitted
30 approval or denial of prior authorization of an outpatient
prescription drug must be provided within 24 hours after
receipt of a prior authorization request;

32 B. In an emergency situation, including a situation in
34 which a response to a prior authorization request is
unavailable within the 24-hour period under paragraph A, a
36 72-hour supply of the prescribed drug, or, at the discretion
of the committee, a supply greater than 72-hours worth that
38 ensures a minimum effective duration of therapy for an acute
intervention must be dispensed and paid for by the medical
assistance programs as referenced in section 400-A;

40 C. Authorization must be granted if a drug is prescribed
42 for a medically accepted use supported by either the
compendia or approved product labeling unless there is a
44 therapeutically equivalent generic drug that is available
without having prior authorization; and

46 D. The system must consult with prescribers to develop a
48 streamlined process for the prescriber to furnish any
documentation required to support a prior authorization
50 request. Documentation may include the name, title, address

2 and telephone number of the prescriber making the request;
3 the date of the request; the product name of the requested
4 drug; a description of the circumstances and basis for the
5 request; and whether the request is an emergency. The
6 process must result directly from patient care interaction
7 and not a separate set of tasks required of the prescriber
8 by the State.

9
10 2. Conditions for selection for prior authorization. A
11 drug may not be recommended for prior authorization by the
12 committee and given prior authorization by the department unless
13 a review process is followed under which:

14 A. The committee analyzes the retrospective DUR data using
15 the DUR criteria to identify a drug whose use is likely to
16 be medically inappropriate or unmedically necessary or
17 likely to result in adverse medical outcomes;

18
19 B. The committee considers the potential impact on patient
20 care and the potential fiscal impact that may result from
21 giving the drug prior authorization;

22
23 C. Any consideration of the cost of the drug by the
24 committee reflects the total cost of treating the conditions
25 for which the drug is prescribed, including
26 nonpharmaceutical costs and costs incurred by other sectors
27 of the medical assistance programs as referenced in section
28 400-A that may be affected by the drug's availability for
29 use in treating beneficiaries of the medical assistance
30 programs;

31
32 D. The committee provides 30 days' public notice prior to a
33 meeting developing recommendations concerning whether the
34 drug should be given prior authorization. An interested
35 party may request an opportunity to make an oral
36 presentation to the committee related to the prior
37 authorization of the drug. The committee shall also
38 consider any information provided by interested parties,
39 including, but not limited to, physicians, pharmacists,
40 beneficiaries and manufacturers or distributors of the drug;

41
42 E. The committee makes a formal written recommendation to
43 the department that the drug be given prior authorization.
44 The recommendation must be supported by an analysis of
45 prospective DUR and retrospective DUR data demonstrating:

46
47 (1) The expected impact of the decision on the
48 clinical care likely to be received by beneficiaries
49 for whom the drug is medically necessary;
50

2 (2) The expected impact on physicians whose patients
3 require the drug; and

4 (3) The expected fiscal impact on the medical
5 assistance programs as referenced in section 400-A;

6
7 F. The department accepts or rejects the recommendation of
8 the committee and in a written decision determines whether
9 the drug should be granted prior authorization status. The
10 department may consider any additional and clarifying
11 information provided by an interested party in making its
12 decision; and

13
14 G. The department's decision is published for public
15 comment in accordance with the Maine Administrative
16 Procedure Act for a period of no less than 30 days. The
17 effective date of the decision may not be prior to the close
18 of the comment period, and effective notice of the
19 decision's finality must be available to prescribers.

20
21 3. Drugs approved by Federal Food and Drug Administration
22 under priority review classification. A drug may not be
23 recommended for prior authorization by the committee and granted
24 prior authorization status by the department that has been
25 approved or had any of its particular uses approved by the
26 Federal Food and Drug Administration under a priority review
27 classification.

28
29 4. Grievance mechanism. The committee shall develop a
30 grievance mechanism for interested parties to appeal the
31 department's decision to grant a drug prior authorization
32 status. After participating in the grievance mechanism developed
33 by the committee, an interested party aggrieved by the placement
34 of a drug on prior authorization is entitled to an administrative
35 hearing before the department pursuant to the provisions of the
36 Maine Administrative Procedure Act.

37
38 5. Review. The committee shall review the prior
39 authorization status of a drug every 6 months.

40
41 6. Public notice. The committee shall provide 30 days'
42 public notice in accordance with the Maine Administrative
43 Procedure Act prior to a meeting determining whether changes
44 should be made to the drug prior authorization review process.

45
46
47 **SUMMARY**

48 This bill establishes standards and criteria governing the
49 establishment and operation of a prescription drug prior
50 authorization system instituted by the Department of Human
51 Services.
52