

MAINE STATE LEGISLATURE

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119th MAINE LEGISLATURE

FIRST REGULAR SESSION-1999

Legislative Document

No. 1913

H.P. 1330

House of Representatives, March 16, 1999

**An Act to Ensure Fair Access under the Workers' Compensation
Utilization and Review System.**

Reference to the Committee on Labor suggested and ordered printed.

A handwritten signature in black ink that reads "Joseph W. Mayo".

JOSEPH W. MAYO, Clerk

Presented by Representative HATCH of Skowhegan.
Cosponsored by Senator CATHCART of Penobscot and
Representatives: BAGLEY of Machias, BRYANT of Dixfield, GAGNON of Waterville,
GOODWIN of Pembroke, SAMSON of Jay.

Be it enacted by the People of the State of Maine as follows:

2
3 **Sec. 1. 39-A MRSA §209, sub-§3**, as enacted by PL 1991, c. 885,
4 Pt. A, §8 and affected by §§9 to 11, is amended to read:

6 **3. Limitation on reimbursement.** In order to qualify for
7 reimbursement for health care services provided to employees
8 under this Title, health care providers providing individual
9 health care services and courses of treatment may not charge more
10 for the services or courses of treatment for employees than is
11 charged to private 3rd-party payors for similar services or
12 courses of treatment. An employer is not responsible for charges
13 that are determined to be excessive or treatment determined to be
14 inappropriate by an independent medical examiner appointed
15 pursuant to section 312 ~~or by the insurance carrier, self-insurer~~
16 ~~or group self-insurer pursuant to section 210, subsection 7 or~~
17 ~~the board pursuant to section 210, subsection 8.~~

18 **Sec. 2. 39-A MRSA §210**, as amended by PL 1993, c. 261, §1, is
19 further amended to read:

22 **§210. Protocols; explanation of care or services**

24 **1. Rules.** The board, in consultation with the appropriate
25 professional organization representing the health care specialty
26 involved, shall adopt rules establishing specific protocols
27 pertaining to the extent and duration of treatment for specific
28 injuries and illnesses.

30 ~~**2. Utilization review.** For purposes of this section,~~
31 ~~"utilization review" means the initial prospective, concurrent or~~
32 ~~retrospective evaluation by an insurance carrier, self-insurer or~~
33 ~~group self-insurer of the appropriateness in terms of both the~~
34 ~~level and the quality of health care and health services provided~~
35 ~~an injured employee, based on medically accepted standards.~~
36 ~~Utilization review requires the acquisition of necessary records,~~
37 ~~medical bills and other information concerning any health care or~~
38 ~~health services.~~

40 ~~**3. Review.** Utilization review must be performed by an~~
41 ~~insurance carrier, self-insurer or group self-insurer pursuant to~~
42 ~~a system established by the board that identifies the range of~~
43 ~~utilization of health care and health services.~~

44 ~~**4. Certification of insurance carrier.** An insurance~~
45 ~~carrier that complies with criteria or standards established by~~
46 ~~the board must be certified by the board.~~

48 ~~**5. Consent of health care provider.** By accepting payment~~
49 ~~under this chapter, a health facility or health care provider is~~

2 deemed to have consented to submitting necessary records and
3 other information concerning any health care or health services
4 provided for utilization review pursuant to this section and to
5 have agreed to comply with any decision of the board pursuant to
6 this section.

7 **6. Explanation of care or services.** If a health facility
8 or health care provider provides health care or a health service
9 that is not usually associated with, is longer in duration in
10 time than, is more frequent than, or extends over a greater
11 number of days than that health care or service usually does with
12 the diagnosis or condition for which the patient is being
13 treated, the health facility or health care provider may be
14 required by the insurance carrier, self-insurer or group
15 self-insurer to explain the necessity or the reasons why in
16 writing.

17 **7. Excessive charges, unjustified treatment.** If an
18 insurance carrier, self-insurer or group self-insurer determines
19 that a health facility or health care provider has made any
20 excessive charges or required unjustified treatment,
21 hospitalization or visits, the health facility or health care
22 provider may not receive payment under this chapter from the
23 insurance carrier, self-insurer or group self-insurer for the
24 excessive fees or unjustified treatment, hospitalization or
25 visits, and is liable to return to the insurance carrier any such
26 fees or charges already collected. The board may review the
27 records and medical bills of any health facility or health care
28 provider with regard to a claim that an insurance carrier,
29 self-insurer or group self-insurer has determined is not in
30 compliance with the schedule of charges or requires unjustified
31 treatment, hospitalization or office visits.

32 **8. Inappropriate services.** If an insurance carrier
33 determines that a health facility or health care provider
34 improperly overutilized or otherwise rendered or ordered
35 inappropriate health care or health services, or that the cost of
36 the care or services was inappropriate, the health facility or
37 health care provider may appeal to the board regarding that
38 determination pursuant to procedures provided for under the
39 system of utilization review.

40 **9. Penalties.** Any health facility or health care provider
41 that knowingly submits false or misleading records or other
42 information to an insurance carrier, self-insurer or group
43 self-insurer or the board is guilty of a Class-D crime.

SUMMARY

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4 The purpose of this bill is to streamline the procedures for
the review of medical treatment provided to an injured worker
under the workers' compensation laws. This bill repeals those
6 provisions that:

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1. Define "utilization review";

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2. Require a utilization review;

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3. Require the certification of insurance carriers;

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4. Deem a health care provider to have consented to submit
records and information by accepting payment;

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5. Allow an insurer to withhold payment if the insurer
determines a health care cost is excessive;

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6. Allow a health facility or health care provider to
appeal the determination of an insurer that certain health care
was inappropriate or improperly utilized; and

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24

7. Make a Class D crime the knowing submission of false or
misleading records of information to an insurer by a health
facility or health care provider.

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