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REPORT C
BANKING AND INSURANCE

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STATE OF MAINE
HOUSE OF REPRESENTATIVES
119TH LEGISLATURE
SECOND REGULAR SESSION

COMMITTEE AMENDMENT "C" to H.P. 543, L.D. 750, Bill, "An Act to Establish a Patient's Bill of Rights"

Amend the bill by striking out everything after the enacting clause and before the summary and inserting in its place the following:

Sec. 1. 24-A MRSA §4222, sub-§3, as enacted by PL 1975, c. 503, is amended to read:

3. Any health maintenance organization authorized under this chapter shall is not be deemed to be practicing medicine and shall--be is exempt from provisions of law relating to the practice of medicine, except that this subsection may not be asserted by a health maintenance organization as a defense to any action brought by an enrollee pursuant to section 4313.

Sec. 2. 24-A MRSA §4301, as amended by PL 1999, c. 256, Pt. A, §1, is repealed.

Sec. 3. 24-A MRSA §4301-A is enacted to read:

§4301-A. Definitions

As used in this chapter, unless the context otherwise indicates, the following terms have the following meanings.

1. Adverse health care treatment decision. "Adverse health care treatment decision" means a health care treatment decision made by or on behalf of a carrier offering a health plan denying in whole or in part payment for or provision of otherwise covered services requested by or on behalf of an enrollee.

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2 2. Authorized representative. "Authorized representative"
3 means:

4 A. A person to whom an enrollee has given express written
5 consent to represent the enrollee in an external review;

6 B. A person authorized by law to provide consent to request
7 an external review for an enrollee; or

8 C. A family member of an enrollee or an enrollee's treating
9 health care provider when the enrollee is unable to provide
10 consent to request an external review.

11 3. Carrier. "Carrier" means:

12 A. An insurance company licensed in accordance with this
13 Title to provide health insurance;

14 B. A health maintenance organization licensed pursuant to
15 chapter 56;

16 C. A preferred provider arrangement administrator
17 registered pursuant to chapter 32;

18 D. A fraternal benefit society, as defined by section 4101;

19 E. A nonprofit hospital or medical service organization or
20 health plan licensed pursuant to Title 24;

21 F. A multiple-employer welfare arrangement licensed
22 pursuant to chapter 81; or

23 G. A self-insured employer subject to state regulation as
24 described in section 2848-A.

25 An employer exempted from the applicability of this chapter under
26 the federal Employee Retirement Income Security Act of 1974, 29
27 United States Code, Sections 1001 to 1461 (1988) is not
28 considered a carrier.

29 4. Clinical peer. "Clinical peer" means a physician or
30 other licensed health care practitioner who holds a nonrestricted
31 license in a state of the United States in the same or similar
32 specialty as typically manages the medical condition, procedure
33 or treatment under review, or other physician or health care
34 practitioner with demonstrable expertise necessary to review a
35 case.

2 5. Enrollee. "Enrollee" means an individual who is
enrolled in a health plan or a managed care plan.

4 6. Health care treatment decision. "Health care treatment
6 decision" means a decision regarding diagnosis, care or treatment
when medical services are provided by a health plan, or a
8 benefits decision involving issues of medical necessity,
preexisting condition determinations and determinations regarding
10 experimental or investigational services.

12 7. Health plan. "Health plan" means a plan offered or
administered by a carrier that provides for the financing or
14 delivery of health care services to persons enrolled in the plan,
other than a plan that provides only accidental injury, specified
16 disease, hospital indemnity, Medicare supplement, disability
income, long-term care or other limited benefit coverage.

18 8. Independent review organization. "Independent review
20 organization" means an entity that conducts independent external
reviews of adverse health care treatment decisions.

22 9. Managed care plan. "Managed care plan" means a plan
24 offered or administered by a carrier that provides for the
financing or delivery of health care services to persons enrolled
26 in the plan through:

28 A. Arrangements with selected providers to furnish health
care services; and

30 B. Financial incentives for persons enrolled in the plan to
32 use the participating providers and procedures provided for
by the plan.

34 A return to work program developed for the management of workers'
36 compensation claims may not be considered a managed care plan.

38 10. Medically appropriate health care. "Medically
appropriate health care" means health care that meets the
40 standard for health care services as determined by physicians or
other health care practitioners in accordance with the prevailing
42 practices and standards of the medical profession.

44 11. Medical necessity. "Medical necessity" means health
care services or products that a prudent physician or other
46 health care practitioner would provide to an enrollee for the
purpose of preventing, diagnosing or treating an illness, injury,
48 disease or the symptoms of an illness, injury or disease in a
manner that is:

A 4 S

2 A. In accordance with generally accepted standards of
medical practice;

4 B. Clinically appropriate in terms of type, frequency,
extent, site and duration; and

6
8 C. Not primarily for the convenience of the enrollee or
physician or other health care practitioner.

10 12. Ordinary care. "Ordinary care" means, in the case of a
12 carrier, the degree of care that a carrier of ordinary prudence
would use under the same or similar circumstances. For a person
14 who is an agent of a carrier, "ordinary care" means the degree of
care that a person of ordinary prudence would use under the same
16 or similar circumstances.

18 13. Participating provider. "Participating provider" means
20 a licensed or certified provider of health care services,
including mental health services, or health care supplies that
22 has entered into an agreement with a carrier to provide those
services or supplies to an individual enrolled in a managed care
plan.

24 14. Peer-reviewed medical literature. "Peer-reviewed
26 medical literature" means scientific studies published in at
least 2 articles from major peer-reviewed medical journals that
28 present supporting data that the proposed use of a drug or device
is safe and effective.

30 15. Plan sponsor. "Plan sponsor" means an employer,
32 association, public agency or any other entity providing a health
plan.

34 16. Provider. "Provider" means a practitioner or facility
36 licensed, accredited or certified to perform specified health
care services consistent with state law.

38 17. Religious nonmedical provider. "Religious nonmedical
40 provider" means a provider who provides only religious nonmedical
treatment or religious nonmedical nursing care.

42 18. Special condition. "Special condition" means a
44 condition or disease that is life-threatening, degenerative or
disabling and requires specialized medical care over a prolonged
46 period of time.

48 19. Specialist. "Specialist" means an appropriately
50 licensed and credentialed health care provider with specialized
training and clinical expertise.

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20. Standard reference compendia. "Standard reference compendia" means:

A. The United States Pharmacopeia Drug Information or information published by its successor organization; or

B. The American Hospital Formulary Service Drug Information or information published by its successor organization.

Sec. 4. 24-A MRSA §4302, sub-§1, ¶¶H and I, as enacted by PL 1995, c. 673, Pt. C, §1 and affected by §2, are amended to read:

H. Procedures an enrollee must follow to obtain drugs and medicines that are subject to a plan list or plan formulary, if any; a description of the formulary; and a description of the extent to which an enrollee will be reimbursed for the cost of a drug that is not on a plan list or plan formulary. Enrollees may request additional information related to specific drugs that are not on the drug formulary; and

I. Information on where and in what manner health care services may be obtained;

Sec. 5. 24-A MRSA §4302, sub-§1, ¶¶J and K are enacted to read:

J. A description of the independent external review procedures and the circumstances under which an enrollee is entitled to independent external review as required by this chapter; and

K. A description of the requirements for enrollees to obtain coverage of routine costs of clinical trials and information on the manner in which enrollees not eligible to participate in clinical trials may qualify for the compassionate use program of the federal Food and Drug Administration for use of investigational drugs pursuant to 21 Code of Federal Regulations, Section 312.34, as amended.

Sec. 6. 24-A MRSA §4303, sub-§1, as enacted by PL 1995, c. 673, Pt. C, §1 and affected by §2, is amended to read:

1. Demonstration of adequate access to providers. A carrier offering a managed care plan shall provide to its members reasonable access to health care services in accordance with standards developed by rule by the superintendent before January 1, 1997. These standards must consider the geographical and transportational problems in rural areas. All managed care plans

2 covering residents of this State must provide reasonable access
3 to providers consistent with the access-to-services requirements
4 of any applicable bureau rule.

6 **Sec. 7. 24-A MRSA §4303, sub-§3-B** is enacted to read:

8 **3-B. Prohibition on financial incentives.** A carrier
9 offering a managed care plan may not offer or pay any type of
10 material inducement, bonus or other financial incentive to a
11 participating provider to deny, reduce, withhold, limit or delay
12 specific medically necessary and appropriate health care services
13 covered under the plan to an enrollee. This subsection may not
14 be construed to prohibit contracts that contain incentive plans
15 that involve general payments such as capitation payments or
16 risk-sharing agreements that are made with respect to providers
17 or groups of providers or that are made with respect to groups of
18 enrollees.

20 **Sec. 8. 24-A MRSA §4303, sub-§4, ¶A**, as enacted by PL 1995, c.
21 673, Pt. C, §1 and affected by §2, is amended to read:

22 A. The grievance procedure must include, at a minimum, the
23 following:

24 (1) Notice to the enrollee promptly of any claim
25 denial or other matter by which enrollees are likely to
26 be aggrieved, stating the basis for the decision, the
27 right to file a grievance, the procedure for doing so
28 and the time period in which the grievance must be
29 filed;

32 (2) Timelines within which grievances must be
33 processed, including expedited processing for exigent
34 circumstances. Timelines must be sufficiently
35 expeditious to resolve grievances promptly;

36 (3) Procedures for the submission of relevant
37 information and enrollee participation;

40 (4) Provision to the aggrieved party of a written
41 statement upon the conclusion of any grievance process,
42 setting forth the reasons for any decision. The
43 statement must include notice to the aggrieved party of
44 any subsequent appeal or external review rights within
45 the-plan, the procedure and time limitations for taking
46 such-an-appeal, exercising those rights and notice of
47 the right to file a complaint with the Bureau of
48 Insurance and the toll-free telephone number of the
49 bureau; and

(5) Decision-making by one or more individuals not previously involved in making the decision subject to the grievance.

Sec. 9. 24-A MRSA §4303, sub-§4, ¶C is enacted to read:

C. In any appeal under the grievance procedure, the carrier shall provide auxiliary telecommunications devices or qualified interpreter services by a person proficient in American Sign Language when requested by an enrollee who is deaf or hard-of-hearing or printed materials in an accessible format, including Braille, large-print materials, computer diskette, audio cassette or a reader when requested by an enrollee who is visually impaired to allow the enrollee to exercise the enrollee's right to an appeal under this subsection.

Sec. 10. 24-A MRSA §4303, sub-§§6 and 7 are enacted to read:

6. Standing referrals to specialists. A carrier shall establish and maintain a procedure to allow an enrollee with a special condition requiring ongoing care from a specialist to receive a standing referral to a specialist participating in the carrier's network for treatment of that special condition. If the carrier or the enrollee's primary care provider, in consultation with the carrier's medical director, determines that a standing referral is appropriate, the carrier shall ensure that the enrollee receives such a referral to a specialist. If a specialist able to treat the enrollee's special condition does not participate in the carrier's network, then the carrier shall ensure that the enrollee receives a standing referral to a nonparticipating specialist. A standing referral must be made pursuant to a treatment plan approved by the carrier's medical director in consultation with the enrollee's primary care provider. After the standing referral is made, the specialist is authorized to provide health care services to the enrollee in the same manner as the enrollee's primary care provider, subject to the terms of the treatment plan.

7. Continuity of care. If a contract between a carrier and a provider is terminated or benefits or coverage provided by a provider is terminated because of a change in the terms of provider participation in a health plan and an enrollee is undergoing a course of treatment from the provider at the time of termination, the carrier shall provide continuity of care in accordance with the requirements in paragraphs A to C. This section does not apply to provider terminations exempt from the requirements of subsection 3-A.

2 If a managed care contract for the provision of health insurance
3 coverage between a plan sponsor and a carrier is replaced within
4 the meaning of section 2849 with a different managed care
5 contract and a health care provider that has been providing
6 health care services to an enrollee is not in the replacement
7 carrier's network, the replacement carrier shall provide
8 continuity of care in accordance with the requirements in
9 paragraphs A to C in the same manner as if the provider had been
10 terminated from the replacement carrier's network as of the date
11 of the policy replacement, but only with respect to benefits that
12 are covered under the replacement contract.

13
14 A. The carrier shall notify an enrollee of the termination
15 of the provider's contract at least 60 days in advance of
16 the date of termination. When circumstances related to the
17 termination render such notice impossible, the carrier shall
18 provide affected enrollees as much notice as is reasonably
19 possible. The notice given to the enrollee must include
20 instructions on obtaining an alternate provider and must
21 offer the carrier's assistance with obtaining an alternate
22 provider and ensuring that there is no inappropriate
23 disruption in the enrollee's ongoing treatment.

24 B. The carrier shall permit the enrollee to continue or be
25 covered, with respect to the course of treatment with the
26 provider, for a transitional period of at least 60 days from
27 the date of notice to the enrollee of the provider's
28 termination except that if an enrollee is in the 2nd
29 trimester of pregnancy at the time of the provider's
30 termination and the provider is treating the enrollee during
31 the pregnancy, the transitional period must extend through
32 the provision of postpartum care directly related to the
33 pregnancy.

34 C. A carrier may make coverage of continued treatment by a
35 provider under paragraph B conditional upon the provider's
36 agreeing to the following terms and conditions.

37
38 (1) The provider agrees to accept reimbursement from
39 the carrier at rates applicable prior to the start of
40 the transitional period as payment in full and not to
41 impose cost-sharing with respect to the enrollee in an
42 amount that would exceed the cost-sharing that could
43 have been imposed if the contract between the carrier
44 and the provider had not been terminated.

45
46 (2) The provider agrees to adhere to the quality
47 assurance standards of the carrier responsible for
48 payment and to provide the carrier necessary medical
49 information related to the care provided.
50

2 (3) The provider agrees otherwise to adhere to the
4 carrier's policies and procedures, including procedures
6 regarding referrals and prior authorizations and
 providing services pursuant to any treatment plan
 approved by the carrier.

8
10 **Sec. 11. 24-A MRSA §4304, first ¶**, as enacted by PL 1995, c.
 673, Pt. C, §1 and affected by §2, is amended to read:

12 The following requirements apply to health plans doing
14 business in this State that require prior authorization by the
16 plan of health care services or otherwise subject payment of
18 health care services to review for clinical necessity,
20 appropriateness, efficacy or efficiency. A carrier offering a
 health plan subject to this section that contracts with other
 entities to perform utilization review on the carrier's behalf is
 responsible for ensuring compliance with this section and chapter
 34.

22 **Sec. 12. 24-A MRSA §4304, sub-§2**, as enacted by PL 1995, c.
24 673, Pt. C, §1 and affected by §2, is amended to read:

26 **2. Prior authorization of nonemergency services.** Requests
28 by a provider for prior authorization of a nonemergency service
30 must be answered by a carrier within 2 business days. Both the
32 provider and the enrollee on whose behalf the authorization was
34 requested must be notified by the carrier of its determination.
36 If the information submitted is insufficient to make a decision,
38 the carrier shall notify the provider within 2 business days of
40 the additional information necessary to render a decision. If
 the carrier determines that outside consultation is necessary,
 the carrier shall notify the provider and the enrollee for whom
 the service was requested within 2 business days. The carrier
 shall make a good faith estimate of when the final determination
 will be made and contact the enrollee and the provider as soon as
 practicable. Notification requirements under this subsection are
 satisfied by written notification postmarked within the time
 limit specified.

42 **Sec. 13. 24-A MRSA §4304, sub-§5** is enacted to read:

44 **5. Emergency services.** When conducting utilization review
46 or making a benefit determination for emergency services, a
48 carrier shall provide benefits for emergency services consistent
 with the requirements of any applicable bureau rule.

50 **Sec. 14. 24-A MRSA §4305, first ¶**, as enacted by PL 1995, c.
 673, Pt. C, §1 and affected by §2, is amended to read:

A carrier offering a health plan that subjects payment of benefits for otherwise covered services to review for clinical necessity, appropriateness, efficacy or efficiency must meet the following requirements relating to quality of care.

Sec. 15. 24-A MRSA §4306, as amended by PL 1999, c. 396, §6 and affected by §7, is further amended to read:

§4306. Enrollee choice of primary care provider

A carrier offering a managed care plan shall allow enrollees to choose their own primary care providers, as allowed under the managed care plan's rules, from among the panel of participating providers made available to enrollees under the managed care plan's rules. A carrier shall allow physicians, and certified nurse practitioners who have been approved by the State Board of Nursing to practice advanced practice registered nursing without the supervision of a physician pursuant to Title 32, section 2102, subsection 2-A, to serve as primary care providers for managed care plans. A carrier is not required to contract with certified nurse practitioners or physicians as primary care providers in any manner that exceeds the access and provider network standards required in this chapter or chapter 56-A 56, or any rules adopted pursuant to those chapters. A managed-care plan carrier must allow enrollees in a managed care plan to change primary care providers without good cause at least once annually and to change with good cause as necessary. When an enrollee fails to choose a primary care provider, the managed care-plan carrier may assign the enrollee a primary care provider located in the same geographic area in which the enrollee resides.

Sec. 16. 24-A MRSA §4307, sub-§§2 and 3, as enacted by PL 1995, c. 673, Pt. C, §1 and affected by §2, are amended to read:

2. Additional benefits. Prohibit any plan sponsor from providing additional coverage for benefits, rights or protections not set out in this chapter; e#

3. Provider participation. Require a carrier to admit to a managed care plan a provider willing to abide by the terms and conditions of the managed care plan, i or

Sec. 17. 24-A MRSA §4307, sub-§4 is enacted to read:

4. Treatment by religious nonmedical providers. With respect to coverage of treatment by religious nonmedical providers:

2 A. Restrict or limit the right of a carrier to include a
3 religious nonmedical provider as a participating provider in
4 a managed care plan;

6 B. Require a carrier to:

8 (1) Utilize medically based eligibility standards or
9 criteria in deciding provider status of religious
10 nonmedical providers;

12 (2) Use medical professionals or criteria to decide
13 enrollee access to religious nonmedical providers;

14 (3) Utilize medical professionals or criteria in
15 making decisions in internal or external appeals
16 regarding coverage for care by religious nonmedical
17 providers; or

18 (4) Compel an enrollee to undergo a medical
19 examination or test as a condition of receiving
20 coverage for treatment by a religious nonmedical
21 provider; or

24 C. Require a carrier to exclude religious nonmedical
25 providers because the providers do not provide medical or
26 other required data, if such data is inconsistent with the
27 religious nonmedical treatment or nursing care provided by
28 the provider.

30 **Sec. 18. 24-A MRSA §4308**, as enacted by PL 1995, c. 673, Pt.
31 C, §1 and affected by §2, is repealed and the following enacted
32 in its place:

34 **§4308. Indemnification**

36 A contract between a carrier offering a health plan and a
37 provider for the provision of services to enrollees may not
38 require the provider to indemnify the carrier for any expenses
39 and liabilities, including, without limitation, judgments,
40 settlements, attorney's fees, court costs and any associated
41 charges incurred in connection with any claim or action brought
42 against the health plan based on the carrier's own fault.
43 Nothing in this section may be construed to remove responsibility
44 of a carrier or provider for expenses or liabilities caused by
45 the carrier's or provider's own negligent acts or omissions or
46 intentional misconduct.

48 **Sec. 19. 24-A MRSA §§4310 to 4313** are enacted to read:

50 **§4310. Access to clinical trials**

2 1. Qualified enrollee. An enrollee is eligible for
coverage for participation in an approved clinical trial if the
4 enrollee meets the following conditions:

6 A. The enrollee has a life-threatening illness for which no
standard treatment is effective;

8 B. The enrollee is eligible to participate according to the
clinical trial protocol with respect to treatment of such
10 illness;

12 C. The enrollee's participation in the trial offers
14 meaningful potential for significant clinical benefit to the
enrollee; and

16 D. The enrollee's referring physician has concluded that
18 the enrollee's participation in such a trial would be
appropriate based upon the satisfaction of the conditions in
20 paragraphs A, B and C.

22 2. Coverage. A carrier may not deny a qualified enrollee
participation in an approved clinical trial or deny, limit or
24 impose additional conditions on the coverage of routine patient
costs for items and services furnished in connection with
26 participation in the clinical trial. For the purposes of this
section, "routine patient costs" does not include the costs of
28 the tests or measurements conducted primarily for the purpose of
the clinical trial involved.

30 3. Payment. A carrier shall provide payment for routine
32 patient costs but is not required to pay for costs of items and
services that are reasonably expected to be paid for by the
34 sponsors of an approved clinical trial. In the case of covered
items and services, the carrier shall pay participating providers
36 at the agreed upon rate and pay nonparticipating providers at the
same rate the carrier would pay for comparable services performed
38 by participating providers.

40 4. Approved clinical trial. For the purposes of this
section, "approved clinical trial" means a clinical research
42 study or clinical investigation approved and funded by the
federal Department of Health and Human Services, National
44 Institutes of Health or a cooperative group or center of the
National Institutes of Health.

46 §4311. Access to prescription drugs
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1. Formulary. If a health plan provides coverage for prescription drugs but the coverage limits such benefits to drugs included in a formulary, a carrier shall:

A. Ensure participation of participating physicians and pharmacists in the development of the formulary; and

B. Provide exceptions to the formulary limitation when a nonformulary alternative is medically indicated, consistent with the utilization review standards in section 4304.

2. Coverage of approved drugs and medical devices. A carrier that provides coverage for prescription drugs and medical devices may not deny coverage of a prescribed drug or medical device on the basis that the use of the drug or device is investigational if the intended use of the drug or device is included in the labeling authorized by the federal Food and Drug Administration or if the use of the drug or device is recognized in one of the standard reference compendia or in peer-reviewed medical literature.

3. Construction. This section may not be construed to require a carrier to provide coverage of prescription drugs or medical devices.

§4312. Independent external review

An enrollee has the right to an independent external review of a carrier's adverse health care treatment decision made by or on behalf of a carrier offering a health plan in accordance with the requirements of this section. An enrollee's failure to obtain authorization prior to receiving an otherwise covered service may not preclude an enrollee from exercising the enrollee's rights under this section.

1. Request for external review. An enrollee or the enrollee's authorized representative shall make a written request for external review of an adverse health care treatment decision to the bureau. Except as provided in subsection 2, an enrollee may not make a request for external review until the enrollee has exhausted all levels of a carrier's internal grievance procedure. A request for external review must be made within 12 months of the date an enrollee has received a final adverse health care treatment decision under a carrier's internal grievance procedure. An enrollee may not be required to pay any filing fee as a condition of processing a request for external review.

2. Expedited request for external review. An enrollee or an enrollee's authorized representative is not required to exhaust

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all levels of a carrier's internal grievance procedure before filing a request for external review if:

A. The carrier has failed to make a decision on an internal grievance within the time period required;

B. The carrier and the enrollee mutually agree to bypass the internal grievance procedure;

C. The life or health of the enrollee is in serious jeopardy; or

D. The enrollee has died.

3. Notice to enrollees. A carrier shall notify an enrollee of the enrollee's right to request an external review in large type and easy-to-read language in a conspicuous location on the written notice of an adverse health care treatment decision. The notice must include:

A. A description of the external review procedure and the requirements for making a request for external review;

B. A statement informing an enrollee how to request assistance in filing a request for external review from the carrier;

C. A statement informing an enrollee of the right to attend the external review, submit and obtain supporting material relating to the adverse health care treatment decision under review, ask questions of any representative of the carrier and have outside assistance; and

D. A statement informing an enrollee of the right to seek assistance or file a complaint with the bureau and the toll-free number of the bureau.

4. Independent external review; bureau oversight. The bureau shall oversee the external review process required under this section and shall contract with approved independent review organizations to conduct an external review and render an external review decision. At a minimum, an independent review organization approved by the bureau shall ensure the selection of qualified and impartial reviewers who are clinical peers with respect to the adverse health care treatment decision under review and who have no professional, familial or financial conflict of interest relating to a carrier, enrollee, enrollee's authorized representative or health care provider involved in the external review.

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2 5. Independent external review decision; timelines. An
3 external review decision must be made in accordance with the
4 following requirements.

5 A. In rendering an external review decision, the
6 independent review organization must give consideration to
7 the appropriateness of the requested covered service based
8 on the following:

9 (1) All relevant clinical information relating to the
10 enrollee's physical and mental condition, including any
11 competing clinical information;

12 (2) Any concerns expressed by the enrollee concerning
13 the enrollee's health status; and

14 (3) All relevant clinical standards and guidelines,
15 including, but not limited to, those standards and
16 guidelines relied upon by the carrier or the carrier's
17 utilization review entity.

18 B. An external review decision must be issued in writing
19 and must be based on the evidence presented by the carrier
20 and the enrollee or the enrollee's authorized
21 representative. An enrollee may submit and obtain evidence
22 relating to the adverse health care treatment decision under
23 review, attend the external review, ask questions of any
24 representative of the carrier present at the external review
25 and use outside assistance during the review process at the
26 enrollee's own expense.

27 C. Except as provided in paragraph D, an external review
28 decision must be rendered by an independent review
29 organization within 30 days of receipt of a completed
30 request for external review from the bureau.

31 D. An external review decision must be made as
32 expeditiously as an enrollee's medical condition requires
33 but in no event more than 72 hours after receipt of a
34 completed request for external review if the time frame for
35 review required under paragraph C would seriously jeopardize
36 the life or health of the enrollee or would jeopardize the
37 enrollee's ability to regain maximum function.

38 E. The carrier shall provide auxiliary telecommunications
39 devices or qualified interpreter services by a person
40 proficient in American Sign Language when requested by an
41 enrollee who is deaf or hard-of-hearing or printed
42 materials in an accessible format, including Braille,
43 large-print materials, computer diskette, audio cassette or
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2 a reader when requested by an enrollee who is visually
3 impaired to allow the enrollee to exercise the enrollee's
4 right to an external review under this section.

6 6. Binding nature of decision. An external review decision
7 is binding on the carrier. An enrollee or the enrollee's
8 authorized representative may not file a request for a subsequent
9 external review involving the same adverse health care treatment
10 decision for which the enrollee has already received an external
11 review decision pursuant to this section. An external review
12 decision made under this section is not considered final agency
13 action pursuant to Title 5, chapter 375, subchapter II.

14 7. Funding. A carrier against which a request for external
15 review has been filed shall pay the cost of the independent
16 external review to the bureau.

18 8. Rules. The bureau may adopt rules necessary to carry
19 out the requirements of this section, including, without
20 limitation, criteria for determining when multiple denials of
21 benefits to the same enrollee for the same or similar reasons are
22 considered the same adverse health care treatment decision.
23 Notwithstanding the requirements of section 4309, rules adopted
24 pursuant to this section are routine technical rules as defined
25 in Title 5, chapter 375, subchapter II-A.

26 9. Rights. This section may not be construed to remove or
27 limit any legal rights or remedies of an enrollee or other person
28 under state or federal law, including the right to file judicial
29 actions to enforce rights.

30 10. Applicability. Decisions relating to the following
31 health care services are subject to review pursuant to other
32 review processes provided by applicable federal or state law and
33 may not be reviewed pursuant to this section:

34 A. Health care services provided through Medicaid,
35 Medicare, Title XXI of the Social Security Act or services
36 provided under these programs through contracted health care
37 providers;

38 B. Health care services provided to inmates by the
39 Department of Corrections; or

40 C. Health care services provided pursuant to a health plan
41 not subject to regulation by the State.

42 §4313. Carrier liability; cause of action

1. Duty of ordinary care; cause of action. An enrollee may maintain a cause of action against a carrier offering a health plan in accordance with the following.

A. A carrier has the duty to exercise ordinary care when making health care treatment decisions that affect the quality of the diagnosis, care or treatment provided to an enrollee and is liable for damages as provided in this section for harm to an enrollee directly caused by the failure of the carrier or its agents to exercise such ordinary care.

B. Harm to an enrollee directly caused by the failure to exercise ordinary care only occurs if such harm is reasonably related to the enrollee's medical condition.

2. Exhaustion of internal and external review. An enrollee may not maintain a cause of action under this section unless the enrollee or the enrollee's representative:

A. Has exhausted all levels of the carrier's internal grievance procedure in accordance with this chapter; and

B. Has completed the independent external review process required under section 4312.

3. Limitation on cause of action. An action under this section must be initiated within one year after the date of issuance of the written external review decision under section 4312.

4. Jurisdiction; notice and filing. The Superior Court has original jurisdiction over a cause of action under this section. The requirements for notice and filing of a cause of action under this section are governed by the Maine Rules of Civil Procedure.

5. Corporate practice of medicine. Section 4222, subsection 3 or any other law in this State prohibiting a carrier from practicing medicine or being licensed to practice medicine may not be asserted as a defense by a carrier in any action brought pursuant to this section.

6. No obligation for benefits. This section does not create any obligation on the part of a carrier to provide an enrollee any health care treatment or service that is not covered by the enrollee's health plan policy or contract.

7. Admissibility of external review decision. An external review decision is admissible in an action under this section.

B. 2. 3.

2 8. Affirmative defense. It is an affirmative defense to
4 any action asserted against a carrier under this section that the
6 carrier or any agent for whose conduct the carrier is liable did
8 not control, influence or participate in the health care
10 treatment decision.

12 9. Damages. In a cause of action under this section, the
14 award of damages must be made in accordance with this subsection.

16 A. Actual or compensatory damages may be awarded.

18 B. Noneconomic damages awarded may not exceed \$150,000.

20 C. Punitive damages may not be awarded.

22 10. Professional negligence. This section does not create
24 any new or additional liability on the part of a carrier for harm
26 caused to an enrollee that is attributable to the professional
28 negligence of a treating physician or other health care
30 practitioner.

32 11. Employer liability. This section does not create any
34 liability on the part of an employer that assumes risk on behalf
36 of its employees or an employer group purchasing organization.

38 12. Exemption. This section does not apply to workers'
40 compensation, medical malpractice, fidelity, suretyship, boiler
42 and machinery, property or casualty insurance.

44 13. Limitation on remedy. The cause of action under this
46 section is the sole and exclusive private remedy under state law
48 for an enrollee against a carrier for its health care treatment
decisions, except that this subsection may not be construed to
prohibit an enrollee or an enrollee's authorized representative
from seeking other remedies specifically available under other
provisions of this Title.

Sec. 20. Rules. Notwithstanding the Maine Revised Statutes,
Title 24-A, section 4309, any rules adopted by the Superintendent
of Insurance to amend Bureau of Insurance Rule Chapter 850,
Health Plan Accountability to make that rule consistent with the
requirements of this Act are routine technical rules as defined
in Title 5, chapter 375, subchapter II-A.

Sec. 21. Application. Those sections of this Act that enact
the Maine Revised Statutes, Title 24-A, sections 4310 and 4311
apply to all policies, contracts and certificates executed,
delivered, issued for delivery, continued or renewed in this
State on or after January 1, 2001. For purposes of this Act, all

contracts are deemed to be renewed no later than the next yearly anniversary of the contract date.

Sec. 22. Allocation. The following funds are allocated from Other Special Revenue funds to carry out the purposes of this Act.

2000-01

PROFESSIONAL AND FINANCIAL REGULATION, DEPARTMENT OF

Bureau of Insurance

All Other \$15,000

Provides for the allocation of funds to contract with approved independent review organizations to conduct an external review of adverse health care treatment decisions and render decisions.'

Further amend the bill by inserting at the end before the summary the following:

FISCAL NOTE

2000-01

APPROPRIATIONS/ALLOCATIONS

Other Funds \$15,000

This bill allows individuals enrolled in a health plan or managed care plan to sue their health carrier with the conditions that: recovery of noneconomic damages is limited to less than \$150,000; recovery of punitive damages is prohibited; and enrollees must bring a cause of action within one year of an adverse health care treatment. Allowing enrollees to sue their health carriers may increase employer costs to the state employee health insurance program. The amount of the potential increase and the fiscal year in which additional funds may be required can not be determined at this time. Any additional costs specific to this bill will depend on the number of additional lawsuits filed and the damages awarded. At the present time there is limited data available to estimate the impact on the cost of the State's share of the health insurance program.

2 This bill also provides enrollees in a health plan or
4 managed care plan access to prescription drugs and clinical
6 trials for qualified members, standing referrals to specialists
8 for enrollees with special conditions, and continuity of care to
10 enrollees undergoing a course of treatment when the enrollees'
12 provider is terminated or their coverage changes to another
carrier. These provisions are addressed at varying levels within
the State's employee health insurance program and, therefore, are
not expected to appreciably affect the costs of the state
employee health insurance program or the State's share of retired
teachers' health insurance.

14 This bill includes an Other Special Revenue funds allocation
16 of \$15,000 beginning in fiscal year 2000-01 for the Bureau of
18 Insurance within the Department of Professional and Financial
20 Regulation to contract with approved independent review
organizations to conduct an external review of adverse health
care treatment decisions and render an external review decision.

22 This bill may increase the number of civil suits filed in
24 the court system. The additional workload and administrative
26 costs associated with the minimal number of new cases filed can
be absorbed within the budgeted resources of the Judicial
Department. The collection of additional filing fees may also
increase General Fund revenue by minor amounts.

28 The additional costs associated with legal work can be
30 absorbed by the Department of the Attorney General utilizing
existing budgeted resources.'

SUMMARY

34 This amendment is a minority report of the committee and
36 replaces the bill. The amendment differs from the majority report
38 in the right-to-sue provision only.

40 The amendment gives enrollees the right to sue carriers.
42 The amendment creates a statutory cause of action by an enrollee
44 against a carrier offering a health plan or its agents for harm
46 to an enrollee directly caused by the failure of a carrier to
48 exercise ordinary care when making health care treatment
50 decisions that affect the quality of the diagnosis, care or
treatment provided to an enrollee. Under this amendment, an
enrollee must exhaust the internal and external review processes
before bringing a cause of action and must initiate the action
within one year after the issuance of an external review
decision; the majority report requires that the action be brought
within 3 years. Under this amendment, the right-to-sue provision

A or S

COMMITTEE AMENDMENT "C" to H.P. 543, L.D. 750

2 allows an enrollee to recover actual damages and limits the
recovery of noneconomic damages to a maximum of \$150,000 and
4 precludes the recovery of punitive damages. The majority report
allows a maximum recovery for noneconomic damages of \$400,000

6 Under this amendment, a carrier has an affirmative defense
against a cause of action that the carrier or its agents did not
8 influence, participate in or control the health care treatment
decision. The majority report does not provide for an
10 affirmative defense. The amendment also limits an enrollee's
remedy against a carrier for its health care treatment decisions
12 to the statutory cause of action except for other remedies
specifically available under other provisions of the Maine
14 Revised Statutes, Title 24-A.

16 The amendment also adds an allocation section and a fiscal
note to the bill.