

# MAINE STATE LEGISLATURE

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REPORT B  
BANKING AND INSURANCE

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STATE OF MAINE  
HOUSE OF REPRESENTATIVES  
119TH LEGISLATURE  
SECOND REGULAR SESSION

COMMITTEE AMENDMENT "B" to H.P. 543, L.D. 750, Bill, "An Act to Establish a Patient's Bill of Rights"

Amend the bill by striking out everything after the enacting clause and before the summary and inserting in its place the following:

'Sec. 1. 24-A MRSA §4301, as amended by PL 1999, c. 256, Pt. A, §1, is repealed.

Sec. 2. 24-A MRSA §4301-A is enacted to read:

§4301-A. Definitions

As used in this chapter, unless the context otherwise indicates, the following terms have the following meanings.

1. Adverse health care treatment decision. "Adverse health care treatment decision" means a health care treatment decision made by or on behalf of a carrier offering a health plan denying in whole or in part payment for or provision of otherwise covered services requested by or on behalf of an enrollee.

2. Authorized representative. "Authorized representative" means:

A. A person to whom an enrollee has given express written consent to represent the enrollee in an external review;

B. A person authorized by law to provide consent to request an external review for an enrollee; or

2 C. A family member of an enrollee or an enrollee's treating  
3 health care provider when the enrollee is unable to provide  
4 consent to request an external review.

6 3. Carrier. "Carrier" means:

8 A. An insurance company licensed in accordance with this  
9 Title to provide health insurance;

10 B. A health maintenance organization licensed pursuant to  
11 chapter 56;

14 C. A preferred provider arrangement administrator  
15 registered pursuant to chapter 32;

16 D. A fraternal benefit society, as defined by section 4101;

18 E. A nonprofit hospital or medical service organization or  
19 health plan licensed pursuant to Title 24;

22 F. A multiple-employer welfare arrangement licensed  
23 pursuant to chapter 81; or

24 G. A self-insured employer subject to state regulation as  
25 described in section 2848-A.

28 An employer exempted from the applicability of this chapter under  
29 the federal Employee Retirement Income Security Act of 1974, 29  
30 United States Code, Sections 1001 to 1461 (1988) is not  
31 considered a carrier.

32 4. Clinical peer. "Clinical peer" means a physician or  
33 other licensed health care practitioner who holds a nonrestricted  
34 license in a state of the United States in the same or similar  
35 specialty as typically manages the medical condition, procedure  
36 or treatment under review, or other physician or health care  
37 practitioner with demonstrable expertise necessary to review a  
38 case.

40 5. Enrollee. "Enrollee" means an individual who is  
41 enrolled in a health plan or a managed care plan.

44 6. Health care treatment decision. "Health care treatment  
45 decision" means a decision regarding diagnosis, care or treatment  
46 when medical services are provided by a health plan, or a  
47 benefits decision involving issues of medical necessity,  
48 preexisting condition determinations and determinations regarding  
49 experimental or investigational services.

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2 7. Health plan. "Health plan" means a plan offered or  
4 administered by a carrier that provides for the financing or  
6 delivery of health care services to persons enrolled in the plan,  
other than a plan that provides only accidental injury, specified  
disease, hospital indemnity, Medicare supplement, disability  
income, long-term care or other limited benefit coverage.

8 8. Independent review organization. "Independent review  
10 organization" means an entity that conducts independent external  
reviews of adverse health care treatment decisions.

12 9. Managed care plan. "Managed care plan" means a plan  
14 offered or administered by a carrier that provides for the  
financing or delivery of health care services to persons enrolled  
in the plan through:

16 A. Arrangements with selected providers to furnish health  
18 care services; and

20 B. Financial incentives for persons enrolled in the plan to  
22 use the participating providers and procedures provided for  
by the plan.

24 A return to work program developed for the management of workers'  
26 compensation claims may not be considered a managed care plan.

28 10. Medical necessity. "Medical necessity" means health  
30 care services or products that a prudent physician or other  
health care practitioner would provide to an enrollee for the  
32 purpose of preventing, diagnosing or treating an illness, injury,  
disease or the symptoms of an illness, injury or disease in a  
manner that is:

34 A. In accordance with generally accepted standards of  
36 medical practice;

38 B. Clinically appropriate in terms of type, frequency,  
extent, site and duration; and

40 C. Not primarily for the convenience of the enrollee or  
42 physician or other health care practitioner.

44 11. Participating provider. "Participating provider" means  
46 a licensed or certified provider of health care services,  
including mental health services, or health care supplies that  
48 has entered into an agreement with a carrier to provide those  
services or supplies to an individual enrolled in a managed care  
plan.

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2 12. Peer-reviewed medical literature. "Peer-reviewed  
4 medical literature" means scientific studies published in at  
6 least 2 articles from major peer-reviewed medical journals that  
present supporting data that the proposed use of a drug or device  
is safe and effective.

8 13. Plan sponsor. "Plan sponsor" means an employer,  
10 association, public agency or any other entity providing a health  
plan.

12 14. Provider. "Provider" means a practitioner or facility  
14 licensed, accredited or certified to perform specified health  
care services consistent with state law.

16 15. Religious nonmedical provider. "Religious nonmedical  
18 provider" means a provider who provides only religious nonmedical  
treatment or religious nonmedical nursing care.

20 16. Special condition. "Special condition" means a  
22 condition or disease that is life-threatening, degenerative or  
disabling and requires specialized medical care over a prolonged  
period of time.

24 17. Specialist. "Specialist" means an appropriately  
26 licensed and credentialed health care provider with specialized  
training and clinical expertise.

28 18. Standard reference compendia. "Standard reference  
30 compendia" means:

32 A. The United States Pharmacopeia Drug Information or  
information published by its successor organization; or

34 B. The American Hospital Formulary Service Drug Information  
36 or information published by its successor organization.

38 **Sec. 3. 24-A MRSA §4302, sub-§1, ¶¶H and I,** as enacted by PL  
40 1995, c. 673, Pt. C, §1 and affected by §2, are amended to read:

42 H. Procedures an enrollee must follow to obtain drugs and  
44 medicines that are subject to a plan list or plan formulary,  
46 if any; a description of the formulary; and a description of  
48 the extent to which an enrollee will be reimbursed for the  
cost of a drug that is not on a plan list or plan  
formulary. Enrollees may request additional information  
related to specific drugs that are not on the drug  
formulary; and

# COMMITTEE AMENDMENT

I. Information on where and in what manner health care services may be obtained;

Sec. 4. 24-A MRSA §4302, sub-§1, ¶¶J and K are enacted to read:

J. A description of the independent external review procedures and the circumstances under which an enrollee is entitled to independent external review as required by this chapter; and

K. A description of the requirements for enrollees to obtain coverage of routine costs of clinical trials and information on the manner in which enrollees not eligible to participate in clinical trials may qualify for the compassionate use program of the federal Food and Drug Administration for use of investigational drugs pursuant to 21 Code of Federal Regulations, Section 312.34, as amended.

Sec. 5. 24-A MRSA §4303, sub-§1, as enacted by PL 1995, c. 673, Pt. C, §1 and affected by §2, is amended to read:

**1. Demonstration of adequate access to providers.** A carrier offering a managed care plan shall provide to its members reasonable access to health care services in accordance with standards developed by rule by the superintendent before January 1, 1997. These standards must consider the geographical and transportational problems in rural areas. All managed care plans covering residents of this State must provide reasonable access to providers consistent with the access-to-services requirements of any applicable bureau rule.

Sec. 6. 24-A MRSA §4303, sub-§3-B is enacted to read:

**3-B. Prohibition on financial incentives.** A carrier offering a managed care plan may not offer or pay any type of material inducement, bonus or other financial incentive to a participating provider to deny, reduce, withhold, limit or delay specific medically necessary and appropriate health care services covered under the plan to an enrollee. This subsection may not be construed to prohibit contracts that contain incentive plans that involve general payments such as capitation payments or risk-sharing agreements that are made with respect to providers or groups of providers or that are made with respect to groups of enrollees.

Sec. 7. 24-A MRSA §4303, sub-§4, ¶A, as enacted by PL 1995, c. 673, Pt. C, §1 and affected by §2, is amended to read:

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COMMITTEE AMENDMENT "B" to H.P. 543, L.D. 750

2 A. The grievance procedure must include, at a minimum, the  
4 following:

6 (1) Notice to the enrollee promptly of any claim  
8 denial or other matter by which enrollees are likely to  
10 be aggrieved, stating the basis for the decision, the  
right to file a grievance, the procedure for doing so  
and the time period in which the grievance must be  
filed;

12 (2) Timelines within which grievances must be  
14 processed, including expedited processing for exigent  
16 circumstances. Timelines must be sufficiently  
expeditious to resolve grievances promptly;

18 (3) Procedures for the submission of relevant  
information and enrollee participation;

20 (4) Provision to the aggrieved party of a written  
22 statement upon the conclusion of any grievance process,  
24 setting forth the reasons for any decision. The  
statement must include notice to the aggrieved party of  
26 any subsequent appeal or external review rights within  
the-plan, the procedure and time limitations for ~~taking~~  
such-an-appeal, exercising those rights and notice of  
28 the right to file a complaint with the Bureau of  
Insurance and the toll-free telephone number of the  
bureau; and

30 (5) Decision-making by one or more individuals not  
32 previously involved in making the decision subject to  
the grievance.

34 **Sec. 8. 24-A MRSA §4303, sub-§4, ¶C is enacted to read:**

36 C. In any appeal under the grievance procedure, the carrier  
38 shall provide auxiliary telecommunications devices or  
qualified interpreter services by a person proficient in  
40 American Sign Language when requested by an enrollee who is  
deaf or hard-of-hearing or printed materials in an  
42 accessible format, including Braille, large-print materials,  
computer diskette, audio cassette or a reader when requested  
44 by an enrollee who is visually impaired to allow the  
enrollee to exercise the enrollee's right to an appeal under  
46 this subsection.

48 **Sec. 9. 24-A MRSA §4303, sub-§§6 and 7 are enacted to read:**

50 6. Standing referrals to specialists. A carrier shall

2 establish and maintain a procedure to allow an enrollee with a  
4 special condition requiring ongoing care from a specialist to  
6 receive a standing referral to a specialist participating in the  
8 carrier's network for treatment of that special condition. If  
10 the carrier or the enrollee's primary care provider, in  
12 consultation with the carrier's medical director, determines that  
14 a standing referral is appropriate, the carrier shall ensure that  
16 the enrollee receives such a referral to a specialist. If a  
18 specialist able to treat the enrollee's special condition does  
not participate in the carrier's network, then the carrier shall  
ensure that the enrollee receives a standing referral to a  
nonparticipating specialist. A standing referral must be made  
pursuant to a treatment plan approved by the carrier's medical  
director in consultation with the enrollee's primary care  
provider. After the standing referral is made, the specialist is  
authorized to provide health care services to the enrollee in the  
same manner as the enrollee's primary care provider, subject to  
the terms of the treatment plan.

20 7. Continuity of care. If a contract between a carrier and  
22 a provider is terminated or benefits or coverage provided by a  
24 provider is terminated because of a change in the terms of  
26 provider participation in a health plan and an enrollee is  
28 undergoing a course of treatment from the provider at the time of  
termination, the carrier shall provide continuity of care in  
accordance with the requirements in paragraphs A to C. This  
section does not apply to provider terminations exempt from the  
requirements of subsection 3-A.

30 If a managed care contract for the provision of health insurance  
32 coverage between a plan sponsor and a carrier is replaced within  
34 the meaning of section 2849 with a different managed care  
36 contract and a health care provider that has been providing  
38 health care services to an enrollee is not in the replacement  
40 carrier's network, the replacement carrier shall provide  
continuity of care in accordance with the requirements in  
paragraphs A to C in the same manner as if the provider had been  
terminated from the replacement carrier's network as of the date  
of the policy replacement, but only with respect to benefits that  
are covered under the replacement contract.

42 A. The carrier shall notify an enrollee of the termination  
44 of the provider's contract at least 60 days in advance of  
46 the date of termination. When circumstances related to the  
48 termination render such notice impossible, the carrier shall  
50 provide affected enrollees as much notice as is reasonably  
possible. The notice given to the enrollee must include  
instructions on obtaining an alternate provider and must  
offer the carrier's assistance with obtaining an alternate  
provider and ensuring that there is no inappropriate  
disruption in the enrollee's ongoing treatment.



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2           B. The carrier shall permit the enrollee to continue or be  
4           covered, with respect to the course of treatment with the  
6           provider, for a transitional period of at least 60 days from  
8           the date of notice to the enrollee of the provider's  
10          termination except that if an enrollee is in the 2nd  
12          trimester of pregnancy at the time of the provider's  
14          termination and the provider is treating the enrollee during  
16          the pregnancy, the transitional period must extend through  
18          the provision of postpartum care directly related to the  
20          pregnancy.

22           C. A carrier may make coverage of continued treatment by a  
24           provider under paragraph B conditional upon the provider's  
26           agreeing to the following terms and conditions.

28                   (1) The provider agrees to accept reimbursement from  
30                   the carrier at rates applicable prior to the start of  
32                   the transitional period as payment in full and not to  
34                   impose cost-sharing with respect to the enrollee in an  
36                   amount that would exceed the cost-sharing that could  
38                   have been imposed if the contract between the carrier  
40                   and the provider had not been terminated.

42                   (2) The provider agrees to adhere to the quality  
44                   assurance standards of the carrier responsible for  
46                   payment and to provide the carrier necessary medical  
48                   information related to the care provided.

50                   (3) The provider agrees otherwise to adhere to the  
52                   carrier's policies and procedures, including procedures  
54                   regarding referrals and prior authorizations and  
56                   providing services pursuant to any treatment plan  
58                   approved by the carrier.

60           **Sec. 10. 24-A MRSA §4304, first ¶,** as enacted by PL 1995, c.  
62           673, Pt. C, §1 and affected by §2, is amended to read:

64                   The following requirements apply to health plans doing  
66                   business in this State that require prior authorization by the  
68                   plan of health care services or otherwise subject payment of  
70                   health care services to review for clinical necessity,  
72                   appropriateness, efficacy or efficiency. A carrier offering a  
74                   health plan subject to this section that contracts with other  
76                   entities to perform utilization review on the carrier's behalf is  
78                   responsible for ensuring compliance with this section and chapter  
80                   34.

82           **Sec. 11. 24-A MRSA §4304, sub-§2,** as enacted by PL 1995, c.  
84           673, Pt. C, §1 and affected by §2, is amended to read:

2           **2. Prior authorization of nonemergency services.** Requests  
by a provider for prior authorization of a nonemergency service  
4 must be answered by a carrier within 2 business days. Both the  
provider and the enrollee on whose behalf the authorization was  
6 requested must be notified by the carrier of its determination.  
If the information submitted is insufficient to make a decision,  
8 the carrier shall notify the provider within 2 business days of  
the additional information necessary to render a decision. If  
10 the carrier determines that outside consultation is necessary,  
the carrier shall notify the provider and the enrollee for whom  
12 the service was requested within 2 business days. The carrier  
shall make a good faith estimate of when the final determination  
14 will be made and contact the enrollee and the provider as soon as  
practicable. Notification requirements under this subsection are  
16 satisfied by written notification postmarked within the time  
limit specified.

18           **Sec. 12. 24-A MRSA §4304, sub-§5** is enacted to read:

20           **5. Emergency services.** When conducting utilization review  
22 or making a benefit determination for emergency services, a  
carrier shall provide benefits for emergency services consistent  
24 with the requirements of any applicable bureau rule.

26           **Sec. 13. 24-A MRSA §4305, first ¶,** as enacted by PL 1995, c.  
673, Pt. C, §1 and affected by §2, is amended to read:

28           A carrier offering a health plan that subjects payment of  
30 benefits for otherwise covered services to review for clinical  
necessity, appropriateness, efficacy or efficiency must meet the  
32 following requirements relating to quality of care.

34           **Sec. 14. 24-A MRSA §4306,** as amended by PL 1999, c. 396, §6  
and affected by §7, is further amended to read:

36           **§4306. Enrollee choice of primary care provider**

38           A carrier offering a managed care plan shall allow enrollees  
40 to choose their own primary care providers, as allowed under the  
managed care plan's rules, from among the panel of participating  
42 providers made available to enrollees under the managed care  
plan's rules. A carrier shall allow physicians, and certified  
44 nurse practitioners who have been approved by the State Board of  
Nursing to practice advanced practice registered nursing without  
46 the supervision of a physician pursuant to Title 32, section  
2102, subsection 2-A, to serve as primary care providers for  
48 managed care plans. A carrier is not required to contract with  
certified nurse practitioners or physicians as primary care  
50 providers in any manner that exceeds the access and provider

2 network standards required in this chapter or chapter 56-A 56, or  
any rules adopted pursuant to those chapters. A ~~managed-care~~  
4 plan carrier must allow enrollees in a managed care plan to  
change primary care providers without good cause at least once  
6 annually and to change with good cause as necessary. When an  
enrollee fails to choose a primary care provider, the ~~managed~~  
8 ~~care-plan~~ carrier may assign the enrollee a primary care provider  
located in the same geographic area in which the enrollee resides.

10 **Sec. 15. 24-A MRSA §4307, sub-§§2 and 3**, as enacted by PL 1995,  
c. 673, Pt. C, §1 and affected by §2, are amended to read:

12  
14 **2. Additional benefits.** Prohibit any plan sponsor from  
providing additional coverage for benefits, rights or protections  
not set out in this chapter; or

16  
18 **3. Provider participation.** Require a carrier to admit to a  
managed care plan a provider willing to abide by the terms and  
conditions of the managed care plan; or

20 **Sec. 16. 24-A MRSA §4307, sub-§4** is enacted to read:

22  
24 **4. Treatment by religious nonmedical providers.** With  
respect to coverage of treatment by religious nonmedical  
26 providers:

28 A. Restrict or limit the right of a carrier to include a  
religious nonmedical provider as a participating provider in  
a managed care plan;

30 B. Require a carrier to:

32  
34 (1) Utilize medically based eligibility standards or  
criteria in deciding provider status of religious  
nonmedical providers;

36  
38 (2) Use medical professionals or criteria to decide  
enrollee access to religious nonmedical providers;

40  
42 (3) Utilize medical professionals or criteria in  
making decisions in internal or external appeals  
regarding coverage for care by religious nonmedical  
providers; or

44  
46 (4) Compel an enrollee to undergo a medical  
examination or test as a condition of receiving  
coverage for treatment by a religious nonmedical  
48 provider; or

50 C. Require a carrier to exclude religious nonmedical

2 providers because the providers do not provide medical or  
3 other required data, if such data is inconsistent with the  
4 religious nonmedical treatment or nursing care provided by  
5 the provider.

6 **Sec. 17. 24-A MRSA §4308**, as enacted by PL 1995, c. 673, Pt.  
7 C, §1 and affected by §2, is repealed and the following enacted  
8 in its place:

10 **§4308. Indemnification**

12 A contract between a carrier offering a health plan and a  
13 provider for the provision of services to enrollees may not  
14 require the provider to indemnify the carrier for any expenses  
15 and liabilities, including, without limitation, judgments,  
16 settlements, attorney's fees, court costs and any associated  
17 charges incurred in connection with any claim or action brought  
18 against the health plan based on the carrier's own fault.  
19 Nothing in this section may be construed to remove responsibility  
20 of a carrier or provider for expenses or liabilities caused by  
21 the carrier's or provider's own negligent acts or omissions or  
22 intentional misconduct.

24 **Sec. 18. 24-A MRSA §§4310 to 4312** are enacted to read:

26 **§4310. Access to clinical trials**

28 **1. Qualified enrollee.** An enrollee is eligible for  
29 coverage for participation in an approved clinical trial if the  
30 enrollee meets the following conditions:

32 A. The enrollee has a life-threatening illness for which no  
33 standard treatment is effective;

34 B. The enrollee is eligible to participate according to the  
35 clinical trial protocol with respect to treatment of such  
36 illness;

37 C. The enrollee's participation in the trial offers  
38 meaningful potential for significant clinical benefit to the  
39 enrollee; and

40 D. The enrollee's referring physician has concluded that  
41 the enrollee's participation in such a trial would be  
42 appropriate based upon the satisfaction of the conditions in  
43 paragraphs A, B and C.

44 **2. Coverage.** A carrier may not deny a qualified enrollee  
45 participation in an approved clinical trial or deny, limit or  
46 impose additional conditions on the coverage of routine patient  
47 care.

2 costs for items and services furnished in connection with  
3 participation in the clinical trial. For the purposes of this  
4 section, "routine patient costs" does not include the costs of  
5 the tests or measurements conducted primarily for the purpose of  
6 the clinical trial involved.

7 3. Payment. A carrier shall provide payment for routine  
8 patient costs but is not required to pay for costs of items and  
9 services that are reasonably expected to be paid for by the  
10 sponsors of an approved clinical trial. In the case of covered  
11 items and services, the carrier shall pay participating providers  
12 at the agreed upon rate and pay nonparticipating providers at the  
13 same rate the carrier would pay for comparable services performed  
14 by participating providers.

15 4. Approved clinical trial. For the purposes of this  
16 section, "approved clinical trial" means a clinical research  
17 study or clinical investigation approved and funded by the  
18 federal Department of Health and Human Services, National  
19 Institutes of Health or a cooperative group or center of the  
20 National Institutes of Health.

21 **§4311. Access to prescription drugs**

22  
23  
24 1. Formulary. If a health plan provides coverage for  
25 prescription drugs but the coverage limits such benefits to drugs  
26 included in a formulary, a carrier shall:

27 A. Ensure participation of participating physicians and  
28 pharmacists in the development of the formulary; and

29 B. Provide exceptions to the formulary limitation when a  
30 nonformulary alternative is medically indicated, consistent  
31 with the utilization review standards in section 4304.

32  
33  
34  
35 2. Coverage of approved drugs and medical devices. A  
36 carrier that provides coverage for prescription drugs and medical  
37 devices may not deny coverage of a prescribed drug or medical  
38 device on the basis that the use of the drug or device is  
39 investigational if the intended use of the drug or device is  
40 included in the labeling authorized by the federal Food and Drug  
41 Administration or if the use of the drug or device is recognized  
42 in one of the standard reference compendia or in peer-reviewed  
43 medical literature.

44  
45 3. Construction. This section may not be construed to  
46 require a carrier to provide coverage of prescription drugs or  
47 medical devices.

48  
49 **§4312. Independent external review**

2 An enrollee has the right to an independent external review  
4 of a carrier's adverse health care treatment decision made by or  
6 on behalf of a carrier offering a health plan in accordance with  
8 the requirements of this section. An enrollee's failure to obtain  
authorization prior to receiving an otherwise covered service may  
not preclude an enrollee from exercising the enrollee's rights  
under this section.

10 1. Request for external review. An enrollee or the  
12 enrollee's authorized representative shall make a written request  
14 for external review of an adverse health care treatment decision  
16 to the bureau. Except as provided in subsection 2, an enrollee  
18 may not make a request for external review until the enrollee has  
20 exhausted all levels of a carrier's internal grievance  
22 procedure. A request for external review must be made within 12  
months of the date an enrollee has received a final adverse  
health care treatment decision under a carrier's internal  
grievance procedure. An enrollee may not be required to pay any  
filing fee as a condition of processing a request for external  
review.

24 2. Expedited request for external review. An enrollee or an  
26 enrollee's authorized representative is not required to exhaust  
all levels of a carrier's internal grievance procedure before  
filing a request for external review if:

28 A. The carrier has failed to make a decision on an internal  
30 grievance within the time period required;

32 B. The carrier and the enrollee mutually agree to bypass  
the internal grievance procedure;

34 C. The life or health of the enrollee is in serious  
36 jeopardy; or

38 D. The enrollee has died.

40 3. Notice to enrollees. A carrier shall notify an enrollee  
42 of the enrollee's right to request an external review in large  
44 type and easy-to-read language in a conspicuous location on the  
written notice of an adverse health care treatment decision. The  
notice must include:

46 A. A description of the external review procedure and the  
requirements for making a request for external review;

48 B. A statement informing an enrollee how to request  
50 assistance in filing a request for external review from the  
carrier;

2           C. A statement informing an enrollee of the right to attend  
4           the external review, submit and obtain supporting material  
6           relating to the adverse health care treatment decision under  
            review, ask questions of any representative of the carrier  
            and have outside assistance; and

8           D. A statement informing an enrollee of the right to seek  
10          assistance or file a complaint with the bureau and the  
            toll-free number of the bureau.

12          4. Independent external review; bureau oversight. The  
14          bureau shall oversee the external review process required under  
16          this section and shall contract with approved independent review  
18          organizations to conduct an external review and render an  
20          external review decision. At a minimum, an independent review  
22          organization approved by the bureau shall ensure the selection of  
24          qualified and impartial reviewers who are clinical peers with  
            respect to the adverse health care treatment decision under  
            review and who have no professional, familial or financial  
            conflict of interest relating to a carrier, enrollee, enrollee's  
            authorized representative or health care provider involved in the  
            external review.

26          5. Independent external review decision; timelines. An  
28          external review decision must be made in accordance with the  
            following requirements.

30          A. In rendering an external review decision, the  
32          independent review organization must give consideration to  
            the appropriateness of the requested covered service based  
            on the following:

34                 (1) All relevant clinical information relating to the  
36                 enrollee's physical and mental condition, including any  
                    competing clinical information;

38                 (2) Any concerns expressed by the enrollee concerning  
40                 the enrollee's health status; and

42                 (3) All relevant clinical standards and guidelines,  
44                 including, but not limited to, those standards and  
                    guidelines relied upon by the carrier or the carrier's  
                    utilization review entity.

46          B. An external review decision must be issued in writing  
48          and must be based on the evidence presented by the carrier  
            and the enrollee or the enrollee's authorized  
            representative. An enrollee may submit and obtain evidence  
50          relating to the adverse health care treatment decision under

2 review, attend the external review, ask questions of any  
3 representative of the carrier present at the external review  
4 and use outside assistance during the review process at the  
5 enrollee's own expense.

6 C. Except as provided in paragraph D, an external review  
7 decision must be rendered by an independent review  
8 organization within 30 days of receipt of a completed  
9 request for external review from the bureau.

10 D. An external review decision must be made as  
11 expeditiously as an enrollee's medical condition requires  
12 but in no event more than 72 hours after receipt of a  
13 completed request for external review if the time frame for  
14 review required under paragraph C would seriously jeopardize  
15 the life or health of the enrollee or would jeopardize the  
16 enrollee's ability to regain maximum function.

17 E. The carrier shall provide auxiliary telecommunications  
18 devices or qualified interpreter services by a person  
19 proficient in American Sign Language when requested by an  
20 enrollee who is deaf or hard-of-hearing or printed  
21 materials in an accessible format, including Braille,  
22 large-print materials, computer diskette, audio cassette or  
23 a reader when requested by an enrollee who is visually  
24 impaired to allow the enrollee to exercise the enrollee's  
25 right to an external review under this section.

26 6. **Binding nature of decision.** An external review decision  
27 is binding on the carrier. An enrollee or the enrollee's  
28 authorized representative may not file a request for a subsequent  
29 external review involving the same adverse health care treatment  
30 decision for which the enrollee has already received an external  
31 review decision pursuant to this section. An external review  
32 decision made under this section is not considered final agency  
33 action pursuant to Title 5, chapter 375, subchapter II.

34 7. **Funding.** A carrier against which a request for external  
35 review has been filed shall pay the cost of the independent  
36 external review to the bureau.

37 8. **Rules.** The bureau may adopt rules necessary to carry  
38 out the requirements of this section, including, without  
39 limitation, criteria for determining when multiple denials of  
40 benefits to the same enrollee for the same or similar reasons are  
41 considered the same adverse health care treatment decision.  
42 Notwithstanding the requirements of section 4309, rules adopted  
43 pursuant to this section are routine technical rules as defined  
44 in Title 5, chapter 375, subchapter II-A.



R 23

2 9. Rights. This section may not be construed to remove or  
4 limit any legal rights or remedies of an enrollee or other person  
under state or federal law, including the right to file judicial  
actions to enforce rights.

6 10. Applicability. Decisions relating to the following  
8 health care services are subject to review pursuant to other  
review processes provided by applicable federal or state law and  
10 may not be reviewed pursuant to this section:

12 A. Health care services provided through Medicaid,  
14 Medicare, Title XXI of the Social Security Act or services  
provided under these programs through contracted health care  
providers;

16 B. Health care services provided to inmates by the  
18 Department of Corrections; or

20 C. Health care services provided pursuant to a health plan  
22 not subject to regulation by the State.

24 **Sec. 19. Rules.** Notwithstanding the Maine Revised Statutes,  
26 Title 24-A, section 4309, any rules adopted by the Superintendent  
28 of Insurance to amend Bureau of Insurance Rule Chapter 850,  
Health Plan Accountability to make that rule consistent with the  
requirements of this Act are routine technical rules as defined  
in Title 5, chapter 375, subchapter II-A.

30 **Sec. 20. Application.** Those sections of this Act that enact  
32 the Maine Revised Statutes, Title 24-A, sections 4310 and 4311  
34 apply to all policies, contracts and certificates executed,  
36 delivered, issued for delivery, continued or renewed in this  
State on or after January 1, 2001. For purposes of this Act, all  
contracts are deemed to be renewed no later than the next yearly  
anniversary of the contract date.

38 **Sec. 21. Allocation.** The following funds are allocated from  
40 Other Special Revenue funds to carry out the purposes of this Act.

2000-01

42 **PROFESSIONAL AND FINANCIAL**  
44 **REGULATION, DEPARTMENT OF**

46 **Bureau of Insurance**

2 All Other \$15,000

4 Provides for the allocation of funds to  
6 contract with approved independent review  
8 organizations to conduct an external review  
of adverse health care treatment decisions  
and render external review decisions.'

10 Further amend the bill by inserting at the end before the  
12 summary the following:

14 **FISCAL NOTE**

16 **2000-01**

18 **APPROPRIATIONS/ALLOCATIONS**

20 Other Funds \$15,000

22 This bill includes an Other Special Revenue funds allocation  
24 of \$15,000 beginning in fiscal year 2000-01 for the Bureau of  
26 Insurance within the Department of Professional and Financial  
Regulation to contract with approved independent review  
organizations to conduct an external review of adverse health  
care treatment decisions and render an external review decision.

28 Providing enrollees in a health plan or managed care plan  
30 access to prescription drugs and clinical trials for qualified  
32 members, standing referrals to specialists for enrollees with  
special conditions, and continuity of care to enrollees  
34 undergoing a course of treatment when the enrollees' provider is  
terminated or their coverage changes to another carrier. These  
36 provisions are addressed at varying levels within the State's  
employee health insurance program and, therefore, are not  
38 expected to appreciably affect the costs of the state employee  
health insurance program or the State's share of retired  
teachers' health insurance.

40 The additional costs associated with legal work can be  
42 absorbed by the Department of the Attorney General utilizing  
existing budgeted resources.'

46 **SUMMARY**

48 This amendment is a minority report of the committee and  
replaces the bill. The amendment is the same as the majority  
50 report except that it does not contain a right-to-sue provision.