

# MAINE STATE LEGISLATURE

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# 117th MAINE LEGISLATURE

## SECOND REGULAR SESSION-1996

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Legislative Document

No. 1882

S.P. 769

In Senate, March 28, 1996

**An Act to Create the Maine Health Care Reform Act of 1996.**

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Reported by Senator ABROMSON from the Committee on Banking and Insurance pursuant to Joint Order S.P. 750 and printed under Joint Rule 2.

A handwritten signature in cursive script that reads "May M. Ross".

MAY M. ROSS  
Secretary of the Senate

2 **Be it enacted by the People of the State of Maine as follows:**

4 **PART A**

6 **Sec. A-1. 24-A MRSA §1901, sub-§1, ¶¶M and N,** as enacted by PL  
1989, c. 846, Pt. D, §2 and affected by Pt. E, §4, are amended to  
read:

8  
10 M. A person who adjusts or settles claims in the normal  
12 course of that person's practice or employment as an  
attorney and who does not collect charges or premiums in  
connection with life or health insurance coverage; and

14 N. A person acting as a trustee, named fiduciary or plan  
16 official of an employee benefit plan within the meaning of  
the federal Employee Retirement Income Security Act of 1974,  
as amended, 29 United States Code, Section 1001, et seq.; and

18 **Sec. A-2. 24-A MRSA §1901, sub-§1, ¶O** is enacted to read:

20 O. A private purchasing alliance licensed in accordance  
22 with chapter 18-A.

24 **Sec. A-3. 24-A MRSA c. 18-A** is enacted to read:

26 **CHAPTER 18-A**

28 **PRIVATE PURCHASING ALLIANCES**

30 **§1951. Definitions**

32 As used in this chapter, unless the context otherwise  
34 indicates, the following terms have the following meaning.

36 1. **Carrier.** "Carrier" means any insurance company,  
38 nonprofit hospital and medical service organization or health  
40 maintenance organization authorized to issue health plans in this  
42 State. For the purposes of this chapter, carriers that are  
44 affiliated companies or that are eligible to file consolidated  
46 tax returns are treated as one carrier and any restrictions or  
limitations imposed by this chapter apply as if all health plans  
delivered or issued for delivery in this State by affiliated  
carriers were issued by one carrier. For purposes of this  
chapter, health maintenance organizations are treated as separate  
organizations from affiliated insurance companies and nonprofit  
hospital and medical service organizations.

48 2. **Private purchasing alliance.** "Private purchasing  
50 alliance" or "alliance" means a nonprofit corporation licensed  
pursuant to this section established under Title 13-B to provide

2 health insurance to its members through multiple unaffiliated  
3 participating carriers.

4 **§1952. Licensure**

6 A person or entity may not market, sell, offer or arrange  
7 for a package of one or more health benefit plans underwritten by  
8 2 or more carriers without first being licensed by the  
9 superintendent. The superintendent shall specify by rule  
10 standards and procedures for the issuance and renewal of licenses  
11 for private purchasing alliances. A rule may require an  
12 application fee of not more than \$400 and an annual license fee  
13 of not more than \$100. A license may not be issued until the  
14 rulemaking required by this chapter has been undertaken and all  
15 required rules are in effect.

16 **§1953. Powers**

18 In addition to the powers granted in Title 13-B, an alliance  
19 may do any of the following:

22 1. **Membership fees.** Set reasonable fees for membership in  
23 the alliance for financing reasonable and necessary costs  
24 incurred in administering the alliance;

26 2. **Premium collection.** Provide premium collection services  
27 for health benefit plans offered through the alliance if the  
28 insurer or health maintenance organization offering the plan  
29 gives express written authorization to the alliance or any other  
30 person or entity acting on behalf of the alliance to act as the  
31 insurer's or the health maintenance organization's agent for that  
32 purpose;

34 3. **Contracts.** Contract with qualified independent 3rd  
35 parties for any service necessary to carry out the powers and  
36 duties authorized or required by this chapter;

38 4. **Standards.** Exclude a carrier or freeze enrollment in a  
39 carrier for failure to achieve established quality, access or  
40 information reporting standards of the alliance;

42 5. **Data collection.** Develop uniform standards for data to  
43 be provided by participating carriers and providers. The  
44 alliance may collect data necessary for evaluation of the  
45 performance of participating carriers and their provider networks  
46 by consumers, providers, employers and the superintendent;

48 6. **Negotiation.** Negotiate with participating carriers the  
49 premium rates charged for coverage offered through the alliance,  
50 consistent with rules adopted by the superintendent; or

2           7. Risk adjustment. Establish procedures, subject to  
3 approval by the superintendent, for adjusting payments within  
4 each risk pool to participating carriers if the alliance finds  
5 that some carriers have a significantly disproportionate share of  
6 high-risk or low-risk enrollees.

8           **§1954. Duties**

10           An alliance shall:

12           1. Carrier eligibility. Develop and make available a list  
13 of objective criteria, subject to rules adopted by the  
14 superintendent, that participating carriers must meet in order to  
15 be eligible to participate in the alliance;

16           2. Enrollee choice. Ensure that enrollees have a choice  
17 among a reasonable number of competing carriers and types of  
18 health benefit plans in accordance with the following.

19           A. In every portion of the alliance's service area, the  
20 alliance must offer at least 3 different carriers. When 3  
21 participating carriers are not reasonably available in some  
22 or all of the alliance's service area, the superintendent  
23 may waive this requirement in accordance with standards and  
24 procedures established by rule pursuant to this chapter.

25           B. Notwithstanding any other provision of this Title or  
26 Title 24 that requires coverage for outpatient benefits, the  
27 alliance shall offer at least one health plan providing  
28 catastrophic coverage for inpatient hospital benefits only,  
29 in accordance with rules developed by the superintendent.  
30 This paragraph is repealed on January 1, 2000;

31           3. Enrollment. Develop standard enrollment procedures in  
32 accordance with rules adopted by the superintendent;

33           4. Plan descriptions. Publish educational materials, plan  
34 descriptions and comparison sheets describing participating  
35 carriers and the health benefit plans available through the  
36 alliance for use in enrolling eligible members. The information  
37 may include an assessment of utilization management procedures  
38 and the level of quality and cost-effective care;

39           5. Enrollee eligibility. Establish eligibility standards  
40 for membership in accordance with rules adopted by the  
41 superintendent. Eligibility standards may not relate to health  
42 status;

2           **6. Acceptance of enrollees.** Accept all applicants for  
membership that meet the alliance's eligibility standards;

4           **7. Risk pools.** Develop standards for classifying groups of  
participating members into risk pools. The risk pools may  
6           include one or more risk pools for enrolled employees and their  
dependents and a risk pool for enrolled individuals and their  
8           dependents;

10          **8. Annual report.** Prepare an annual report on the  
operations of the alliance to the superintendent, which must  
12          include an accounting of all outside revenues received by the  
alliance and internal and independent audits and any other  
14          information the superintendent may require;

16          **9. Trust account.** Maintain a trust account or accounts for  
deposit of all money received and collected for the operation of  
18          the alliance. An alliance and its board members, employees and  
agents have a fiduciary duty with respect to all money received  
20          or owed to it to ensure payments of its obligations and a full  
accounting to its members and the superintendent; and  
22

24          **10. Violations.** Report to the superintendent any suspected  
or alleged law violations.

26                 The superintendent may specify further duties by rule.

28           **§1955. Restrictions**

30           **1. Restricted activities.** An alliance may not purchase  
health care services, assume risk for the cost or provision of  
32           health services or otherwise contract with health care providers  
for the provision of health care services to enrollees.  
34

36           **2. Licensing.** A person who solicits applications for  
insurance, negotiates insurance contracts or takes applications  
38           for insurance from enrollees on behalf of an alliance or on  
behalf of insurance carriers or health maintenance organizations  
40           that have contracted with the alliance must be licensed with the  
bureau in compliance with chapter 17.

42           **3. Conflict of interest.** A person may not be a board  
member, officer or employee of an alliance if that person is  
44           employed as or by, is a member of the board of directors of, is  
an officer of, or has a material direct or indirect ownership  
46           interest in a carrier, health care provider or insurance agency  
or brokerage. A person may not be a board member or officer of  
48           an alliance if a member of that person's household is a member of  
the board of directors of, is an officer of or has a material  
50           direct or indirect ownership interest in a carrier, health care

2 provider or insurance agency or brokerage. A board member,  
3 officer or employee of an alliance who is licensed as an agent,  
4 broker or consultant may act under that license only on behalf of  
5 the alliance and only within the scope of that person's duties as  
6 a board member, officer or employee.

7 **4. Commissions.** All commissions or other payments to the  
8 alliance from or on behalf of carriers must inure to the benefit  
9 of the alliance and alliance members. An employee of an alliance  
10 may not receive compensation that is contingent upon the amount  
11 of coverage sold or upon the health carrier that is chosen. This  
12 subsection does not prohibit an alliance from arranging coverage  
13 through an unaffiliated agent or broker who is paid on a  
14 commission basis in the ordinary course of business.

15 **5. Rulemaking.** The superintendent may specify further  
16 restrictions by rule.

17 **§1956. Authority of superintendent**

18 **1. Alliance conduct.** The superintendent has the authority  
19 to regulate the establishment and conduct of alliances as set  
20 forth in this chapter.

21 **2. Representations.** A person or entity not licensed by the  
22 superintendent as a private purchasing alliance and engaged in  
23 the purchase, sale, marketing or distribution of health insurance  
24 or health care benefit plans may not represent itself as an  
25 alliance, health insurance purchasing alliance, purchasing  
26 alliance, health insurance purchasing cooperative or purchasing  
27 cooperative, or otherwise use a confusingly similar name.

28 **3. Conflict.** Nothing in this chapter may be considered in  
29 conflict with or limit the duties and powers granted to the  
30 superintendent under the laws of this State.

31 **4. Penalties.** Violations of this chapter are subject to  
32 the penalties contained in section 12-A.

33 **§1957. Rulemaking**

34 The superintendent shall adopt rules necessary to carry out  
35 the requirements of this chapter before January 1, 1997. All  
36 rules adopted pursuant to this chapter are major substantive  
37 rules as defined in Title 5, chapter 375, subchapter II-A.

38 **Sec. A-4. 24-A MRS §2804-A** is enacted to read:

39 **§2804-A. Private purchasing alliances**

2 A group of individuals may be insured under a policy issued  
3 to a private purchasing alliance meeting the requirements of  
4 chapter 18-A.

6 **Sec. A-5. 24-A MRSA §2808-B, sub-§1, ¶H,** as enacted by PL  
1991, c. 861, §2, is amended to read:

8 H. "Subgroup" means an employer with fewer than 25  
9 employees within an association or, a multiple employer  
10 trust, a private purchasing alliance or any similar  
11 subdivision of a larger group covered by a single group  
12 health policy or contract.

14 **Sec. A-6. 24-A MRSA §2808-B, sub-§2, ¶F** is enacted to read:

16 F. Premium rates charged to a private purchasing alliance,  
17 as defined by chapter 18-A, may be reduced in accordance  
18 with rules adopted pursuant to that chapter.

## 20 PART B

22 **Sec. B-1. 24 MRSA §2349, sub-§2, ¶B,** as enacted by PL 1989, c.  
24 867, §1 and affected by §10, is repealed and the following  
enacted in its place:

26 B. Coverage under the prior contract or policy terminated:

28 (1) Within 180 days before the date the person enrolls  
30 or is eligible to enroll in the succeeding contract if:

32 (a) Coverage was terminated due to unemployment,  
34 as defined in Title 26, section 1043;

36 (b) The person was eligible for and received  
38 unemployment compensation benefits for the period  
of unemployment, as provided under Title 26,  
chapter 13; and

40 (c) The person is employed at the time  
42 replacement coverage is sought under this  
provision; or

44 (2) Within 3 months before the date the person enrolls  
46 or is eligible to enroll in the succeeding contract.

48 A period of ineligibility for any health plan imposed by  
50 terms of employment may not be considered in determining  
whether the coverage ended within a time period specified  
under this section.



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**Sec. B-2. 24-A MRSA §707, sub-§3,** as amended by PL 1995, c. 375, Pt. C, §4, is further amended to read:

3. An insurer other than a casualty insurer may transact employee benefit excess insurance only if that insurer is authorized to insure the class of risk assumed by the underlying benefit plan. Employee benefit excess insurance, even if written by a life or health insurer, is not subject to chapters 29 and 31 to 37, except to the extent that particular provisions are made expressly applicable by rule or law. The No later than July 1, 1997, the superintendent may shall by rule set standards distinguishing excess insurance from basic insurance. In developing these standards, the superintendent may consider the analysis supporting the recommendations of the National Association of Insurance Commissioners.

**Sec. B-3. 24-A MRSA §2849-B, sub-§2, ¶B,** as amended by PL 1993, c. 666, Pt. D, §4, is repealed and the following enacted in its place:

B. Coverage under the prior contract or policy terminated:

(1) Within 180 days before the date the person enrolls or is eligible to enroll in the succeeding contract if:

(a) Coverage was terminated due to unemployment, as defined in Title 26, section 1043;

(b) The person was eligible for and received unemployment compensation benefits for the period of unemployment, as provided under Title 26, chapter 13; and

(c) The person is employed at the time replacement coverage is sought under this provision; or

(2) Within 3 months before the date the person enrolls or is eligible to enroll in the succeeding contract.

A period of ineligibility for any health plan imposed by terms of employment may not be considered in determining whether the coverage ended within a time period specified under this section; and

**PART C**

2                   Sec. C-1. 24-A MRSA, c. 56-A is enacted to read:

4                                   **CHAPTER 56-A**

6   **HEALTH PLAN IMPROVEMENT ACT**

8                   **§4301. Definitions**

10                   As used in this chapter, unless the context otherwise  
indicates, the following terms have the following meanings.

12                   1. **Carrier.** "Carrier" means an insurance company licensed  
in accordance with this Title, a health maintenance organization  
licensed pursuant to chapter 56, a preferred provider  
organization licensed pursuant to chapter 32 or a nonprofit  
hospital or medical service organization licensed pursuant to  
Title 24. An employer exempted from the applicability of this  
chapter under the federal Employee Retirement Income Security Act  
of 1974, 29 United States Code, Sections 1001 to 1461 (1988) is  
not considered a carrier.

22                   2. **Enrollee.** "Enrollee" means an individual who is  
enrolled in a health plan or a managed care plan.

24                   3. **Health plan.** "Health plan" means a plan offered or  
administered by a carrier that provides for the financing or  
delivery of health care services to persons enrolled in the plan.

28                   4. **Managed care plan.** "Managed care plan" means a plan  
offered or administered by a carrier that provides for the  
financing or delivery of health care services to persons enrolled  
in the plan through:

34                   A. Arrangements with selected providers to furnish health  
care services; and

36                   B. Financial incentives for persons enrolled in the plan to  
use the participating providers and procedures provided for  
by the plan.

40                   A return to work program developed for the management of workers'  
compensation claims may not be considered a managed care plan.

44                   5. **Participating provider.** "Participating provider" means  
a licensed or certified provider of health care services,  
including mental health services, or health care supplies that  
has entered into an agreement with a carrier to provide those  
services or supplies to an individual enrolled in a managed care  
plan.

2           6. Plan sponsor. "Plan sponsor" means an employer,  
3           association, public agency or any other entity providing a health  
4           plan.

6           §4302. Reporting requirements

8           To offer a health plan in this State, a carrier must comply  
9           with the following requirements.

10           1. Description of plan. A carrier shall provide to  
11           prospective enrollees and participating providers, and to members  
12           of the public and nonparticipating providers upon request,  
13           information on the terms and conditions of the plan to enable  
14           those persons to make informed decision regarding their choice of  
15           plan. A carrier shall provide this information annually to  
16           current enrollees, participating providers and the  
17           superintendent. This information must be presented in a  
18           standardized format acceptable to the superintendent. In  
19           adopting rules or developing standardized reporting formats, the  
20           superintendent shall consider the nature of the health plan and  
21           the extent to which rules or standardized formats are appropriate  
22           to the plan. All written and oral descriptions of the health  
23           plan must be truthful and must use appropriate and objective  
24           terms that are easy to understand. These descriptions must be  
25           consistent with standards developed for supplemental insurance  
26           coverage under the United States Social Security Act, Title  
27           XVIII, 42 United States Code, Sections 301 to 1397 (1988).  
28           Descriptions of plans under this subsection must be standardized  
29           so that enrollees may compare the attributes of the plans. After  
30           a carrier has provided the required information, the annual  
31           information requirement under this subsection may be satisfied by  
32           the provision of any amendments to the materials on an annual  
33           basis. Specific items that must be included in a description are  
34           as follows:

36           A. Coverage provisions, benefits and any exclusions by  
37           category of service, type of provider and, if applicable, by  
38           specific service, including but not limited to the following  
39           types of exclusions and limitations:

40                   (1) Health care services excluded from coverage;

42                   (2) Health care services requiring copayments or  
43                   deductibles paid by enrollees;

44                   (3) Restrictions on access to a particular provider  
45                   type; and

46                   (4) Health care services that are or may be provided  
47                   only by referral;  
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- 2           B. Any prior authorization or other review requirements,  
3           including preauthorization review, concurrent review,  
4           postservice review, postpayment review and any procedures  
5           that may result in the enrollee being denied coverage or not  
6           being provided a particular service;
- 7
- 8           C. A general description of the methods used to compensate  
9           providers, including capitation and methods in which  
10           providers receive compensation based upon referrals,  
11           utilization or cost criteria;
- 12
- 13           D. An explanation of how health plan limitations affect  
14           enrollees, including information on enrollee financial  
15           responsibilities for payment of coinsurance or other  
16           noncovered or out-of-plan services and limits on preexisting  
17           conditions and waiting periods;
- 18
- 19           E. The terms under which the health plan may be renewed by  
20           the plan members or enrollees, including any reservation by  
21           the health plan of any right to increase premiums;
- 22
- 23           F. A statement as to when benefits cease in the event of  
24           nonpayment of the prepaid or periodic premium and the effect  
25           of nonpayment upon the enrollees who are hospitalized or  
26           undergoing treatment for an ongoing condition;
- 27
- 28           G. A description of the manner in which the plan addresses  
29           the following: the provision of appropriate and accessible  
30           care in a timely fashion; an effective and timely grievance  
31           process and the circumstances in which an enrollee may  
32           obtain a 2nd opinion; timely determinations of coverage  
33           issues; confidentiality of medical records; and written  
34           copies of coverage decisions that are not explicit in the  
35           health plan agreement. The description must also include a  
36           statement explaining the circumstances under which health  
37           status may be considered in making coverage decisions in  
38           accordance with state and federal laws and that enrollees  
39           may refuse particular treatments without jeopardizing future  
40           treatment;
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- 42           H. Procedures an enrollee must follow to obtain drugs and  
43           medicines that are subject to a plan list or plan formulary,  
44           if any; a description of the formulary; and a description of  
45           the extent to which an enrollee will be reimbursed for the  
46           cost of a drug that is not on a plan list or plan  
47           formulary. Enrollees may request additional information  
48           related to specific drugs that are not on the drug  
49           formulary; and
- 50

2           I. Information on where and in what manner health care  
3           services may be obtained.

4           2. Plan complaint; adverse decisions; prior authorization  
5           statistics. A carrier shall provide annually to the  
6           superintendent information for each health plan that it offers on  
7           plan complaints, adverse decisions and prior authorization  
8           statistics. This statistical information must contain, at a  
9           minimum:

10           A. The ratio of the number of complaints received to the  
11           total number of enrollees, reported by type of complaint and  
12           category of enrollee;

13           B. The ratio of the number of adverse decisions issued to  
14           the number of complaints received, reported by category;

15           C. The ratio of the number of prior authorizations denied  
16           to the number of prior authorizations requested, reported by  
17           category;

18           D. The ratio of the number of successful enrollee appeals  
19           to the total number of appeals filed;

20           E. The percentage of disenrollments by enrollees and  
21           providers from the health plan within the previous 12 months  
22           and the reasons for the disenrollments. With respect to  
23           enrollees, the information provided in this paragraph must  
24           differentiate between voluntary and involuntary  
25           disenrollments; and

26           F. Enrollee satisfaction statistics, including  
27           provider-to-enrollee ratio by geographic region and medical  
28           specialty and a report on what actions, if any, the carrier  
29           has taken to improve complaint handling and eliminate the  
30           causes of valid complaints.

31           3. Acceptable methods of providing information. A carrier  
32           may meet any of the reporting requirements set forth in this  
33           section by providing information in conformity with the  
34           requirements of the federal Health Maintenance Organization Act  
35           of 1973, 42 United States Code, Sections 280c and 300e to 300e-17  
36           (1988), or any other applicable state or federal law or any  
37           accrediting organization recognized by the superintendent, as  
38           long as the superintendent finds that the information is  
39           substantially similar to the information required by this section  
40           and is presented in a format that provides a meaningful  
41           comparison between health plans. When the superintendent  
42           determines that it is feasible and appropriate, the information  
43           required by this section must be provided by geographic region,  
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2 age, gender and type of employer or group. With respect to  
3 geographical breakdown, the information must be provided in a  
4 manner that permits comparisons between urban and rural areas.

6 **§4303. Plan requirements**

8 A carrier offering a health plan in this State must meet the  
9 following requirements.

10 **1. Demonstration of adequate access to providers.** A  
11 carrier offering a managed care plan shall provide to its members  
12 reasonable access to health care services in accordance with  
13 standards developed by rule by the superintendent before January  
14 1, 1997. These standards must consider the geographical and  
15 transportational problems in rural areas.

16 **2. Credentialling.** The credentialling of providers by a  
17 carrier offering a managed care plan is governed by this  
18 subsection.

19 **A.** The granting of credentials must be based on objective  
20 standards that are available to providers upon application  
21 for credentialling.

22 **B.** All decisions regarding the granting of credentials,  
23 including a decision to deselect a provider, must be in  
24 writing. The provider must be provided with all reasons for  
25 the denial of an application, nonrenewal of a contract or  
26 termination of a contract.

27 **C.** A carrier shall establish and maintain an appeal  
28 procedure, including the provider's right to a hearing, for  
29 dealing with provider concerns relating to the denial of  
30 credentialling for not meeting the objective credentialling  
31 standards of the plan and the contractual relationship  
32 between the carrier and the provider. The superintendent  
33 shall determine whether the process provided by a carrier is  
34 fair and reasonable. This procedure must be specified in  
35 every contract between a carrier and a provider.

36 **3. Provider's right to advocate for medically appropriate**  
37 **care.** A carrier offering a managed care plan may not terminate  
38 or otherwise discipline a participating provider because the  
39 provider advocates for medically appropriate health care. A  
40 carrier may not restrict a provider from disclosing to any  
41 enrollee any information the provider determines appropriate  
42 regarding the nature of treatment and any risks or alternatives  
43 to treatment, the availability of other therapy, consultations or  
44 tests or the decision of any plan to authorize or deny health  
45 care services or benefits.

2           A. For the purposes of this section, "to advocate for  
4           medically appropriate health care" means to discuss or  
6           recommend a course of treatment to an enrollee; to appeal a  
8           managed care plan's decision to deny payment for a service  
10           pursuant to an established grievance or appeal procedure; or  
          to protest a decision, policy or practice that the provider,  
          consistent with the degree of learning and skill ordinarily  
          possessed by reputable providers, reasonably believes  
          impairs the provider's ability to provide medically  
          appropriate health care to the provider's patients.

12           B. Nothing in this subsection may be construed to prohibit  
14           a plan from making a determination not to pay for a  
16           particular medical treatment or service or to enforce  
          reasonable peer review or utilization review protocols.

18           4. Grievance procedure for enrollees.     A carrier offering  
20           a health plan in this State shall establish and maintain a  
          grievance procedure that meets standards developed by the  
          superintendent to provide for the resolution of claims denials or  
22           other matters by which enrollees are aggrieved.

24           A. The grievance procedure must include, at a minimum, the  
          following:

26                   (1) Notice to the enrollee promptly of any claim  
28                   denial or other matter by which enrollees are likely to  
30                   be aggrieved, stating the basis for the decision, the  
32                   right to file a grievance, the procedure for doing so  
                  and the time period in which the grievance must be  
                  filed;

34                   (2) Timelines within which grievances must be  
36                   processed, including expedited processing for exigent  
                  circumstances. Timelines must be sufficiently  
38                   expeditious to resolve grievances promptly;

40                   (3) Procedures for the submission of relevant  
                  information and enrollee participation;

42                   (4) Provision to the aggrieved party of a written  
44                   statement upon the conclusion of any grievance process,  
                  setting forth the reasons for any decision. The  
46                   statement must include notice to the aggrieved party of  
                  any subsequent appeal rights within the plan, the  
48                   procedure and time limitations for taking such an  
                  appeal, notice of the right to file a complaint with  
50                   the Bureau of Insurance and the toll-free telephone  
                  number of the bureau; and

2           (5) Decision-making by one or more individuals not  
4           previously involved in making the decision subject to  
              the grievance.

6           B. In any appeal under the grievance procedure in which a  
8           professional medical opinion regarding a health condition is  
10          a material issue in the dispute, the aggrieved party is  
12          entitled to an independent 2nd opinion, paid for by the  
14          plan, of a provider of the same specialty participating in  
              the plan. If a provider of the same specialty does not  
              participate in the plan, then the 2nd opinion must be given  
              by a nonparticipating provider.

16        **§4304. Utilization review**

18           The following requirements apply to health plans in this  
20           State that require prior authorization of health care services or  
22           otherwise subject payment of health care services to review for  
24           clinical necessity, appropriateness, efficacy or efficiency. A  
              carrier offering a health plan subject to this section that  
              contracts with other entities to perform utilization review on  
              the carrier's behalf is responsible for ensuring compliance with  
              this section and chapter 34.

26           1. Requirements for medical review or utilization review  
28           practices. A carrier must appoint a medical director who is  
30           responsible for reviewing and approving the carrier's policies  
              governing the clinical aspects of coverage determinations by any  
              health plan that it offers.

32           2. Prior authorization of nonemergency services. Requests  
34           by a provider for prior authorization of a nonemergency service  
36           must be answered by a carrier within 2 business days. If the  
38           information submitted is insufficient to make a decision, the  
40           carrier shall notify the provider within 2 business days of the  
42           additional information necessary to render a decision. If the  
44           carrier determines that outside consultation is necessary, the  
              carrier shall notify the provider and the enrollee for whom the  
              service was requested within 2 business days. The carrier shall  
              make a good faith estimate of when the final determination will  
              be made and contact the enrollee and the provider as soon as  
              practicable. Notification requirements under this subsection are  
              satisfied by written notification postmarked within the time  
              limit specified.

46           3. Background information; affirmative duty of provider. A  
48           provider has an affirmative duty to submit to the carrier the  
50           background information necessary for the carrier to complete its  
              review and render a decision within the time period required in



2 subsection 2. If the provider needs additional time to submit  
3 that required information, the provider must inform the carrier  
4 in a timely manner. Nothing in this section requires a provider  
5 to submit confidential information without a signed consent from  
6 the enrollee.

7 **4. Revocation of prior authorization.** When prior approval  
8 for a service or other covered item is granted, a carrier may not  
9 retrospectively deny coverage or payment for the originally  
10 approved service unless fraudulent or materially incorrect  
11 information was provided at the time prior approval for the  
12 service was granted.

13 **§4305. Quality of care**

14 A carrier must meet the following requirements relating to  
15 quality of care.

16 **1. Internal quality assurance program.** A health plan must  
17 have an ongoing quality assurance program for the health care  
18 services provided or reimbursed by the health plan.

19 **2. Written standards.** The standards of quality of care  
20 must be described in a written document, which must be available  
21 for examination by the superintendent or by the Department of  
22 Human Services.

23 **3. Coverage decisions.** Following a determination that a  
24 particular service is covered, a carrier may not deny payment for  
25 that service based on the enrollee's age, nature of disability or  
26 degree of medical dependency.

27 **§4306. Enrollee choice of primary care physician**

28 A carrier offering a managed care plan shall allow enrollees  
29 to choose their own primary care physicians, as allowed under the  
30 managed care plan's rules, from among the panel of participating  
31 providers made available to enrollees under the managed care  
32 plan's rules. A managed care plan must allow enrollees to change  
33 primary care physicians without good cause at least once annually  
34 and to change with good cause as necessary. When an enrollee  
35 fails to choose a primary care physician, the managed care plan  
36 may assign the enrollee a primary care physician located in the  
37 same geographic area in which the enrollee resides.

38 **§4307. Construction**

39 Nothing in this chapter may be construed to:

2 1. Purchase services with own funds. Prohibit an  
3 individual from purchasing any health care services with that  
4 individual's own funds, whether these services are covered within  
5 the individual's benefit package or from another health care  
6 provider or plan, except as otherwise provided by federal or  
7 state law;

8 2. Additional benefits. Prohibit any plan sponsor from  
9 providing additional coverage for benefits, rights or protections  
10 not set out in this chapter; or

11 3. Provider participation. Require a carrier to admit to a  
12 managed care plan a provider willing to abide by the terms and  
13 conditions of the managed care plan.

14 **§4308. Liability**

15 1. Indemnification. A contract between a carrier and a  
16 provider for the provision of services to enrollees may not  
17 require the provider to indemnify the carrier for any expenses  
18 and liabilities, including, without limitation, judgments,  
19 settlements, attorney's fees, court costs and any associated  
20 charges incurred in connection with any claim or action brought  
21 against the health plan based on the carrier's own fault.  
22 Nothing in this subsection may be construed to remove  
23 responsibility of a carrier or provider for expenses or  
24 liabilities caused by the carrier's or provider's own negligent  
25 acts or omissions or intentional misconduct.

26 **§4309. Adoption of rules**

27 The superintendent shall adopt rules and establish standards  
28 for health plans in order to carry out the purposes of this  
29 chapter. Rules adopted pursuant to this chapter are major  
30 substantive rules as defined in Title 5, chapter 375, subchapter  
31 II-A.

32 **Sec. C-2. Effective date.** This Part takes effect January 1,  
33 1997.

34 **PART D**

35 **Sec. D-1. 24-A MRSA §4202-A, sub-§10, ¶A,** as enacted by PL  
36 1991, c. 709, §2, is amended to read:

37 A. Provides, arranges or pays for, or reimburses the cost  
38 of, health care services, including, at a minimum, basic  
39 health care services to enrolled participants, except that  
40 health maintenance organizations contracting with the State

2 Government or the Federal Government to service Medicaid or  
3 Medicare populations may limit the services they provide  
4 under the contracts consistent with the terms of those  
5 contracts if such basic health care services are provided to  
6 those populations by other means;

7 **Sec. D-2. 24-A MRSA §4203, sub-§3, ¶L**, as enacted by PL 1975,  
8 c. 503, is amended to read:

9 L. A description of the complaint and grievance procedures  
10 to be utilized as required under section 4303, subsection 4  
11 and section 4211;

12 **Sec. D-3. 24-A MRSA §4204, sub-§2-A, ¶L**, as enacted by PL  
13 1993, c. 702, Pt. B, §1, is repealed and the following enacted in  
14 its place:

15 L. The health maintenance organization meets the  
16 requirements of section 4303, subsection 1.

17 **Sec. D-4. 24-A MRSA §4209, sub-§1, ¶B**, as enacted by PL 1989,  
18 c. 842, §15, is amended to read:

19 B. A description of the organizational structure and  
20 operation of the health maintenance organization, including  
21 the kind and extent of enrollee participation, and a summary  
22 of any material changes since the issuance of the last  
23 report; and

24 **Sec. D-5. 24-A MRSA §4209, sub-§1, ¶C and ¶D**, as enacted by PL  
25 1989, c. 842, §15, are repealed.

26 **Sec. D-6. 24-A MRSA §4209, sub-§1, ¶E** is enacted to read:

27 E. A description of the plan as required under section  
28 4302, subsection 1.

29 **Sec. D-7. 24-A §4222-B, sub-§9** is enacted to read:

30 9. The requirements of chapter 56-A and any rules adopted  
31 pursuant to that chapter apply to health maintenance  
32 organizations.

33 **Sec. D-8. 24-A MRSA §4234-A, sub-§11**, as enacted by PL 1995,  
34 c. 407, §10, is amended to read:

35 **11. Application.** Except as otherwise provided, the  
36 requirements of this section apply to all policies, contracts and  
37 certificates executed, delivered, issued for delivery, continued  
38 or renewed in this State on and after July 1, 1996. Contracts

2 entered into with the State Government or the Federal Government  
3 to service Medicaid or Medicare populations may limit the  
4 services provided under such contracts consistent with the terms  
5 of those contracts if mental health services are provided to  
6 these populations by other means. For purposes of this section,  
7 all contracts are deemed renewed no later than the next yearly  
8 anniversary of the contract date.

9 **Sec. D-9. Allocation.** The following funds are allocated from  
10 the Insurance Regulatory Fund to carry out the purposes of this  
11 Act.

12 **1996-97**

13 **14 PROFESSIONAL AND FINANCIAL REGULATION,**  
15 **16 DEPARTMENT OF**

17 **18 Bureau of Insurance**

19 All Other \$15,000

20  
21 Allocates funds for the costs  
22 of adopting rules pertaining  
23 to certain changes in health  
24 care insurance regulatory  
25 requirements.

26  
27 **FISCAL NOTE**  
28  
29 **1996-97**

30 **32 APPROPRIATIONS/ALLOCATIONS**

31 Other Funds \$15,000

33 **36 REVENUES**

34 Other Funds \$15,000

35  
36 The Bureau of Insurance within the Department of  
37 Professional and Financial Regulation will require an Insurance  
38 Regulatory Fund allocation of \$15,000 in fiscal year 1996-97 for  
39 the cost of adopting certain rules pertaining to changes in  
40 health care insurance law. The bureau has adequate room under  
41 its statutory assessment cap to collect the revenues necessary to  
42 cover this increased cost.

43  
44 This bill may increase the number of civil suits filed in  
45 the court system. The additional workload and administrative

2 costs associated with the minimal number of new cases filed can  
3 be absorbed within the budgeted resources of the Judicial  
4 Department. The collection of additional filing fees may also  
5 increase General Fund revenue by minor amounts.

6  
7  
8 **STATEMENT OF FACT**

9  
10 This bill is reported out by the Joint Standing Committee on  
11 Banking and Insurance and is the result of the committee's  
12 deliberations on the legislation proposed in Legislative Document  
13 1512, "An Act to Ensure Fairness and Choice to Patients and  
14 Providers under Managed Health Care," and Legislative Document  
15 1753, "An Act to Control Health Care Costs and Improve Access to  
16 Health Care." This bill is the majority report of the committee.

17  
18 In Part A, the bill creates a licensing and regulatory  
19 process to allow the establishment of private purchasing  
20 alliances. Private purchasing alliances are nonprofit  
21 corporations licensed by the Bureau of Insurance to provide  
22 health insurance to members through multiple unaffiliated  
23 participating carriers. When established, an alliance must offer  
24 a range of health plans from at least 3 different carriers within  
25 the alliance's service area. One of the health plans that must  
26 be offered through the alliance is a catastrophic plan providing  
27 coverage for inpatient hospital benefits only.

28  
29 In Part B, the bill extends the continuity of coverage  
30 protection for persons eligible for unemployment compensation  
31 from 90 days to 180 days and requires the Bureau of Insurance to  
32 set standards distinguishing excess insurance from basic  
33 insurance.

34  
35 In Part C, the bill requires health plans operating in this  
36 State to meet certain requirements regarding reporting and  
37 disclosure, utilization review, grievance procedures and quality  
38 of care criteria. The bill requires managed care plans to  
39 demonstrate adequate access to providers and health care services  
40 within the plan in accordance with standards developed by the  
41 Bureau of Insurance. Managed care plans must also use objective  
42 standards for the credentialing of providers, provide written  
43 statements of all decisions regarding credentialing and maintain  
44 an appeals process for providers. Managed care plans are  
45 prohibited from terminating, refusing to contract with or  
46 otherwise disciplining providers participating in the plan when  
47 the provider advocates for medically appropriate care for plan  
48 enrollees. Part C has an effective date of January 1, 1997.

49  
50 In Part D, the bill repeals sections of current law applying  
to health maintenance organizations that are redundant with the

2 statutory provisions in Part C and makes appropriate cross  
references in the Maine Revised Statutes, Title 24-A, chapter 56  
4 to the relevant statutory provisions in Part C.

This bill also has an allocation section and a fiscal note.