

MAINE STATE LEGISLATURE

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117th MAINE LEGISLATURE

FIRST REGULAR SESSION-1995

Legislative Document

No. 1512

S.P. 553

In Senate, May 9, 1995

**An Act to Ensure Fairness and Choice to Patients and Providers under
Managed Health Care.**

Reference to the Committee on Banking and Insurance suggested and ordered printed.

A handwritten signature in cursive script that reads "May M. Ross".

MAY M. ROSS
Secretary of the Senate

Presented by Senator McCORMICK of Kennebec.
Cosponsored by Senator AMERO of Cumberland, Representative LIBBY of Buxton and
Senators: BUSTIN of Kennebec, BUTLAND of Cumberland, CAREY of Kennebec,
CLEVELAND of Androscoggin, GOLDTHWAIT of Hancock, LONGLEY of Waldo,
PARADIS of Aroostook, PENDEXTER of Cumberland, PINGREE of Knox, RAND of
Cumberland, RUHLIN of Penobscot, SMALL of Sagadahoc, STEVENS of Androscoggin,
Representatives: AHEARNE of Madawaska, AULT of Wayne, BARTH of Bethel,
BRENNAN of Portland, CHARTRAND of Rockland, CHASE of China, CLOUTIER of
South Portland, DONNELLY of Presque Isle, DORE of Auburn, ETNIER of Harpswell,
FITZPATRICK of Durham, GATES of Rockport, JOYNER of Hollis, KILKELLY of
Wiscasset, LEMAIRE of Lewiston, MADORE of Augusta, MITCHELL of Vassalboro,
MITCHELL of Portland, MORRISON of Bangor, MURPHY of Berwick, O'GARA of
Westbrook, OTT of York, PLOWMAN of Hampden, POVICH of Ellsworth, RICHARDSON
of Portland, SAXL of Bangor, SAXL of Portland, SHIAH of Bowdoinham, SIROIS of
Caribou, THOMPSON of Naples, TOWNSEND of Portland, TREAT of Gardiner, VIGUE of
Winslow, WATSON of Farmingdale, WINN of Glenburn.

2 **Be it enacted by the People of the State of Maine as follows:**

4 **Sec. 1. 24-A MRSA c. 81** is enacted to read:

6 **CHAPTER 81**

8 **PATIENT AND PROVIDER PROTECTION ACT OF 1995**

10 **§6651. Short title**

12 This chapter may be known and cited as the "Patient and Provider Protection Act of 1995."

14 **§6652. Purpose**

16 The Legislature hereby finds and declares that:

18 1. **Vital governmental function.** As the State's population increasingly is enrolled in health plans that utilize managed care techniques that include decisions regarding coverage and the appropriateness of health care, it is a vital state governmental function to protect patients and providers through ensuring quality managed care practices;

24 2. **Ensure fairness; necessary protections.** While recognizing that managed care has many beneficial aspects, insurance companies and other managed care organizations increasingly are selectively contracting with health care providers to join their plans and are discontinuing providers from their networks, which restricts a patient's ability to make choices concerning the patient's health care providers, and are making decisions to refuse or terminate health care or other decisions that can negatively affect a patient's health. It is essential to ensure fairness in managed care plans and provide a mechanism for delineating necessary protections for both providers and patients; and

38 3. **Appropriate utilization review.** The State, through the Bureau of Insurance, shall undertake steps to ensure patient protection, provider fairness and coverage options for all patients to ensure patients have access to services for which they are covered and to encourage cost containment by requiring appropriate utilization review, including the use of provider practice guidelines.

46 **§6653. Definitions**

48 As used in this chapter, unless the context otherwise indicates, the following terms have the following meanings.

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2 1. Direct service ratio. "Direct service ratio" means the
3 ratio of benefits returned to policyholders or contract holders,
4 not including refunds or credits, to premiums collected.

6 2. Emergency medical condition. "Emergency medical
7 condition" means:

8 A. A medical condition manifesting itself by acute symptoms
9 of such severity, including severe pain, that the absence of
10 immediate medical attention could reasonably be expected to
11 result in:

12 (1) Placing the health of the individual or, with
13 respect to a pregnant woman, the health of the woman or
14 the unborn child in serious jeopardy;

16 (2) Serious impairment to bodily function; or

18 (3) Serious dysfunction of any bodily organ or part; or

20 B. With respect to a pregnant woman who is having
21 contractions:

22 (1) That there is inadequate time to effect a safe
23 transfer from one hospital to another hospital before
24 delivery; or

26 (2) That the transfer from one hospital to another
27 hospital may pose a threat to the health or safety of
28 the woman or the unborn child.

30 3. Emergency services. "Emergency services" means those
31 covered health care services provided after the sudden onset of
32 an emergency medical condition.

34 4. Managed care contractor. "Managed care contractor"
35 means a person, entity or 3rd-party administrator that:

36 A. Establishes, operates or maintains a network of
37 participating providers;

38 B. Arranges for or conducts utilization review activities;
39 and

40 C. Contracts with an insurance company, a managed care
41 entity, an employer or employee organization, or any other
42 entity providing coverage for health care services, to
43 operate a managed care plan.

2 **5. Managed care entity.** "Managed care entity" includes a
3 licensed insurance company licensed in accordance with this
4 Title, a health maintenance organization licensed pursuant to
5 chapter 56, a preferred provider organization licensed pursuant
6 to chapter 32, a physician-hospital organization, a nonprofit
7 hospital or medical service organization organized pursuant to
8 Title 24, an employer or employee organization, a managed care
contractor, or any other risk-bearing entity.

10 **6. Managed care plan.** "Managed care plan" means a plan
11 operated by a managed care entity, a managed care contractor or
12 any other risk-bearing entity that provides for the financing or
13 delivery of health care services to persons enrolled in the plan
14 through:

16 **A. Arrangements with selected providers to furnish health**
17 **care services;**

18 **B. Explicit standards for the selection of participating**
19 **providers;**

22 **C. Financial incentives for persons enrolled in the plan to**
23 **use the participating providers and procedures provided for**
24 **by the plan; or**

26 **D. Arrangements that share risks with providers.**

28 **7. Participating provider.** "Participating provider" means
29 a licensed or certified provider of health care services,
30 including mental health services, or health care supplies that
31 has entered into an agreement with a managed care entity to
32 provide those services or supplies to a patient enrolled in a
33 managed care plan.

34 **8. Plan sponsor.** "Plan sponsor" is any employer,
35 association, public agency or any other entity providing a plan.

38 **9. Point-of-service plan or out-of-network plan.**
39 "Point-of-service plan" or "out-of-network plan" means a plan
40 that offers services to enrollees through a provider network and
41 in addition offers services or access to care by network and
42 nonnetwork providers.

44 **10. Provider network.** "Provider network" means those
45 providers who have entered into a contract or agreement with a
46 plan under which such providers are obligated to provide items
47 and services to eligible enrollees in the plan or have an
48 agreement to provide services on a fee-for-service basis.

50 **11. Superintendent.** "Superintendent" means the
Superintendent of Insurance.

2 **§6654. Construction; protection of consumer choice**

4 Nothing in this chapter may be construed as prohibiting:

6 1. Purchase services with own funds. An individual from
8 purchasing any health care services with that individual's own
10 funds, whether such services are covered within the individual's
 benefit package or from another health care provider or plan,
 except as otherwise provided by federal or state law; or

12 2. Additional benefits. Any plan sponsor from providing
14 additional coverage for benefits, rights or protections not set
 out in this chapter.

16 **§6655. Reporting requirements**

18 To operate in this State, a managed care plan must comply
20 with the following requirements.

22 1. Description of plan. A managed care plan shall provide
24 to prospective enrollees, and to members of the public and
26 nonparticipating providers upon their request, information on the
28 terms and conditions of the plan to enable those persons to make
30 informed decisions regarding their choice of plan. A managed
32 care plan shall provide this information annually to current
34 enrollees, participating providers and the superintendent. This
36 information must be presented in a format acceptable to the
38 superintendent. All written and oral descriptions of a plan must
40 be truthful and must use appropriate and objective terms that are
 easy to understand. These descriptions must be consistent with
 standards developed for supplemental insurance coverage under the
 United States Social Security Act, Title XVIII. Descriptions of
 plans under this subsection must be standardized so that
 enrollees may compare the attributes of the plans. After a plan
 has provided the required information, a plan can satisfy the
 annual information requirement by providing any amendments to the
 materials on an annual basis. Specific items that must be
 included in a description are:

42 A. Coverage provisions, benefits and any exclusions by
44 category of service, type of provider and, if applicable, by
 specific service, including but not limited to the following
 types of exclusions and limitations:

46 (1) Health care services not provided;

48 (2) Health care services requiring copayments or
50 deductibles paid by enrollees;

2 (3) The fact that access to health care services does
3 not guarantee access to a particular provider type; and

4 (4) Health care services that are or may be provided
5 only by referral;

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7 B. Any prior authorization or other review requirements,
8 including preauthorization review, concurrent review,
9 postservice review, postpayment review and any procedures
10 that may lead the patient to be denied coverage or not be
11 provided a particular service;

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13 C. Financial arrangements or contractual provisions with
14 hospitals, review companies, physicians and any other
15 provider of health care services that could potentially
16 limit the services offered, restrict referral or treatment
17 options or negatively affect the provider's fiduciary
18 responsibility to the provider's patients, including, but
19 not limited to, financial incentives not to provide medical
20 services or other services;

21 D. An explanation of how plan limitations affect enrollees,
22 including information on enrollee financial responsibilities
23 for payment of coinsurance or other noncovered or
24 out-of-plan services and limits on preexisting conditions
25 and waiting periods;

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27 E. The terms under which the plan may be renewed by the
28 plan member or enrollee, including any reservation by the
29 plan of any right to increase premiums;

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31 F. A statement as to when benefits cease in the event of
32 nonpayment of the prepaid or periodic premium and the effect
33 of nonpayment upon an enrollee who is hospitalized or
34 undergoing treatment for an ongoing condition;

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36 G. A description of the enrollee's right to appropriate and
37 accessible care in a timely fashion, an effective and timely
38 grievance process, timely determinations of coverage issues,
39 confidentiality of medical records, written copies of
40 coverage decisions that are not explicit in the plan
41 agreement and 2nd opinions when used in grievance procedures
42 as outlined in section 6660. The description must also
43 include the enrollees' right not to be discriminated against
44 based on health status and the right to refuse treatment
45 without jeopardizing future treatment;

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47 H. The toll-free number and address of the consumer and
48 provider ombudsman named pursuant to section 6662; and

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- 2 I. A description of the plan's credentialing standards for
 providers.

- 4 2. Schedule of revenue costs and expenses. A managed care
 plan shall provide the following information annually to the
 superintendent:

- 8 A. A schedule of revenues and expenses, including direct
 service ratios;

- 10 B. Plan revenue, including:
- 12 (1) Premium revenue;
- 14 (2) Income from investment; and
- 16 (3) All other income;

- 18 C. Plan administrative costs, including:
- 20 (1) Marketing and advertising costs, including sales
 costs and commissions;
- 22 (2) Total compensation from the managed care entity,
 including bonuses, stock options and incentive pay for
 officers and directors of the managed care entity who
 are compensated;
- 24 (3) Shareholder dividend payments, if applicable;
- 26 (4) Underwriting costs;
- 28 (5) Legal expenses; and
- 30 (6) All other expenses; and

- 32 D. Plan costs of medical services, including, but not
 limited to, costs for:
- 34 (1) Physician services;
- 36 (2) Hospital services, including, but not limited to,
 both inpatient and outpatient services;
- 38 (3) Chiropractic services;
- 40 (4) Other professional services;
- 42 (5) Pharmacy services, excluding pharmaceutical
 products dispensed in a provider's office;
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- 2 (6) Health education;
- 4 (7) Substance abuse services; and
- 6 (8) Mental health services.

8 3. Plan complaint, adverse decisions and prior
10 authorization statistics. A managed care plan shall provide
12 annually to the superintendent information on plan complaints,
adverse decisions and prior authorization statistics. This
statistical information must contain, at a minimum:

14 A. The ratio of the number of complaints received to the
16 total number of covered persons, reported by category;

18 B. The ratio of the number of adverse decisions issued to
the number of complaints received, reported by category;

20 C. The ratio of the number of prior authorizations denied
22 to the number of prior authorizations requested, reported by
category;

24 D. The ratio of the number of successful enrollee appeals
26 to the total number of appeals filed;

28 E. The percentage of disenrollments by enrollees and
30 providers from the managed care plan within the previous 12
32 months and the reasons for the disenrollments. With respect
to enrollees, the information provided in this paragraph
must differentiate between voluntary and involuntary
disenrollments;

34 F. Enrollee satisfaction statistics, including complaints
36 received, provider-to-enrollee ratio by geographic region
38 and medical specialty and a report on what actions, if any,
the managed care entity has taken to improve complaint
handling and eliminate the causes of valid complaints; and

40 G. Data regarding reasonable standards of quality of care
42 as required by the superintendent. Such quality indicators
must be based on factors such as age, gender, geographic
area, income and access to providers.

44 4. Acceptable methods of providing information. A managed
46 care plan may meet any of the reporting requirements set forth in
48 this section by providing information in conformity with the
requirements of the federal Health Maintenance Organization Act
50 of 1973 or any other applicable state or federal law or any
accrediting organization recognized by the superintendent, as

2 long as the superintendent finds that the information is
3 substantially similar to the information required by this section
4 and is presented in a format that provides a meaningful
5 comparison between plans. When the superintendent determines
6 that the information required by this section is feasible and
7 appropriate, this information must be provided by geographic
8 region, age, gender and employer or group. With respect to
9 geographical breakdown, the information must be provided in a
10 manner that permits comparisons between urban and rural areas.

11 The superintendent shall compile information relevant to a
12 meaningful comparison of plans from the information reported
13 according to this section into an annual report on managed care
14 plans and shall make the report available to the public and other
15 interested persons. The report must be presented in a format
16 that provides a meaningful comparison between plans. The report
17 must also include a description of the data reported as well as a
18 disclaimer regarding any limitations on the use of the data.

19 **§6656. Plan requirements**

20 A managed care plan operating in this State must meet the
21 following requirements.

22 1. **Demonstration of adequate access to providers.** A plan
23 shall demonstrate reasonable access to health care providers
24 within the geographic area covered by the plan and ensure that
25 all covered health care services are provided in a timely fashion
26 in accordance with standards developed by the superintendent.
27 These standards must address, but are not limited to:

28 A. Access to emergency services;

29 B. Access to urgent care services;

30 C. Access to primary care services;

31 D. Access to specialty services;

32 E. Average waiting times for primary care;

33 F. Average waiting times for specialty care, for in-plan
34 specialists or out-of-plan specialists for covered services;

35 G. Average time for telephone contacts between enrollees
36 and the managed care entity;

37 H. Geographic accessibility;

38 I. Appropriate linguistic communication;

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J. Ratio of enrollees to providers; and

K. Assisting enrollees in accessing necessary services.

2. Physician and enrollee input. A managed care plan shall establish a mechanism, with defined rights, under which enrollees and participating providers may provide input into the plan's medical policy, including coverage of new technology and procedures, utilization review criteria and procedures, quality and credentialing criteria and health care management procedures.

3. Provider participation; credentials. The participation of providers and the granting of credentials is governed by the following.

A. A managed care plan shall establish credentials for participating providers and allow all providers within the plan's geographic service area to apply for such credentials, if those providers provide services covered by the plan.

B. The credential-granting process begins upon application of a provider to a managed care plan, except that if a plan demonstrates that the plan's provider panel is full, the plan need not undertake the credential-granting process. To qualify for this exception, the plan must demonstrate, to the superintendent's satisfaction, that it satisfies all of the access standards set forth in this chapter. If a plan's provider panel is full, the plan shall retain all provider applications submitted to the plan and notify providers of the opportunity to apply for credentials when the plan is open to their specialty.

C. If a managed care plan is accepting applications and a provider is denied participation, that provider's application must be reviewed by a credential-granting committee, which must contain appropriate representation of the applicant's specialty.

D. The granting of credentials must be based on objective standards of quality with input from providers granted credentials by the managed care plan. A description of these standards must be made available to applicants and enrollees.

E. A physician may not be denied participation in a plan based solely on board certification.

2 F. If a graduate medical education is a consideration in
4 granting credentials, equal recognition must be given to
training programs accredited by the Accreditation Council
for Graduate Medical Education or the American Osteopathic
Association.

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8 G. With respect to nonphysician providers, a managed care
10 plan may not restrict access and availability by requiring
12 appropriately licensed or certified providers, in order to
14 be granted credentials, to have education, training,
16 experience or professional qualifications, other than
requiring that a specialist provider be certified or
otherwise recognized as qualified to practice in that
specialty area, according to professional standards adopted
by a national organization representing that profession that
is recognized by the superintendent.

18 H. When economic considerations, including providers'
20 patterns of expenditures per patient, are a consideration in
22 granting credentials, objective criteria must be used and
24 must be made available to applicants, participating
26 providers and enrollees. Any economic profiling of a
28 provider must be adjusted, when applicable, to recognize
case mix, severity of illness, age of patient and other
features of a provider's practice that may account for costs
that are higher or lower than expected costs. Profiles must
be made available to those providers that are profiled, with
an opportunity to review and dispute.

30 I. A managed care plan may not discriminate against
32 enrollees based on health status by excluding providers with
34 practices containing a substantial number of patients with
chronic or disabling medical conditions.

36 J. All decisions regarding the granting of credentials must
38 be in writing. The applicant must be provided with all
reasons for the denial of an application or nonrenewal of a
contract.

40 K. A managed care plan may not include any clause in a
42 provider's contract that allows the plan to terminate the
44 contract without cause. Nothing in this subsection
46 prohibits a plan from terminating a provider on the grounds
of excess capacity when the plan demonstrates, to the
superintendent's satisfaction, that the plan complies with
the access standards set out in this section.

48 L. A managed care plan may not terminate, or restrict in
50 any way, a provider's contract because the provider
advocates for medically appropriate health care.

2 (1) For the purposes of this paragraph, "to advocate
4 for medically appropriate health care" means to appeal
6 a managed care plan's decision to deny payment for a
8 service pursuant to a reasonable grievance or appeal
10 procedure, or to protest a decision, policy or practice
12 that the provider, consistent with the degree of
14 learning and skill ordinarily possessed by reputable
16 providers practicing in the same or similar locality
18 under similar circumstances, reasonably believes
20 impairs the provider's ability to provide medically
22 appropriate health care to the provider's patients.

24 (2) Nothing in this paragraph may be construed to
26 prohibit a plan from making a determination not to pay
28 for a particular medical treatment or service or to
30 prohibit a plan from enforcing reasonable peer review
32 or utilization review protocols or determining whether
34 a provider has complied with those protocols.

36 M. A managed care plan may not include a clause in a
38 provider's contract that restricts a provider's right to
40 free speech. A plan may not terminate a provider who
42 expresses an opinion regarding the plan or any of its
44 affiliates.

46 N. There must be an appeal process available for all
48 adverse decisions. The bureau shall determine whether the
50 process provided by a managed care plan is consistent with
52 due process, using as a standard the due process provisions
54 contained in the federal Health Care Quality Improvement Act
56 of 1986, 42 United States Code, Sections 11101 to 11152.

58 O. The same standards and procedures used to determine
60 credentials must also be used in those cases where a managed
62 care plan seeks to reduce or withdraw such credentials.
64 Prior to initiation of a proceeding leading to termination
66 of a contract for cause, the provider must be provided
68 notice, an opportunity for discussion and an opportunity to
70 enter into and complete a corrective action plan, except in
72 cases where there is imminent harm to patient health or an
74 action by a state licensing board that effectively impairs
76 the provider's ability to practice within the jurisdiction.

78 P. Nothing in this subsection precludes a managed care plan
80 from denying participation in the plan to a provider or
82 providers based upon criteria consistent with this chapter.

84 4. Confidentiality. A managed care plan shall establish
86 procedures to ensure that all applicable federal and state laws

2 designed to protect the confidentiality of provider and
3 individual medical records are followed.

4 5. Maintenance of medical records. A managed care plan
5 shall ensure that medical records are maintained in conformity
6 with good professional medical practice and appropriate health
7 management and that the records are dated, contain the most
8 current information and identify the author.

10 6. Financial reserve requirements. A managed care plan
11 must meet all applicable state or federal statutory or regulatory
12 financial reserve requirements to ensure proper payment for
13 health care services provided under the plan. Stop-loss or
14 reinsurance coverage must be established to provide for plan
15 failures even when a plan has met the reserve requirements.

16 7. Grievance procedures. All plans must have a grievance
17 procedure as set out in section 6660.

20 **§6657. Utilization review**

22 A managed care plan operating in this State shall comply
23 with chapter 34 and any applicable rules in conducting
24 utilization reviews. In addition to the requirements of chapter
25 34 and the bureau's rules, a managed care plan shall comply with
26 the following requirements.

28 1. Requirements for medical review or utilization review
29 practices. A managed care plan shall appoint a medical director
30 who is responsible for all clinical decisions by the plan and
31 shall provide assurances that the medical review or utilization
32 review practices it uses, and the medical review or utilization
33 review practices of payors or reviewers with whom it contracts,
34 comply with the following requirements.

36 A. Screening criteria, weighing elements and computer
37 algorithms utilized in the review process and their method
38 of development must be released, upon request, to providers
39 and the public. Such criteria must be based on sound
40 scientific principles and developed in cooperation with
41 providers.

42 B. Any person who recommends denial of coverage or payment,
43 or determines that a service should not be provided, based
44 on medical necessity standards, must have training and
45 expertise that is comparable to the treating provider.

48 2. Same-day telephone responses. Qualified personnel must
49 be available for same-day telephone responses to inquiries about
50 medical necessity, including approval of continued length of

2 stay. If review personnel are not available, medical services
3 provided are considered approved.

4 3. Prior authorization of nonemergency services. Provider
5 requests for prior authorization of a nonemergency service must
6 be answered within 2 business days. If the information submitted
7 is insufficient to make a decision, the provider must be apprised
8 within 2 business days of the additional information necessary to
9 render a decision. If the plan determines that outside
10 consultation is necessary, the plan shall inform the provider and
11 the enrollee for whom the service was requested within 2 business
12 days. The plan must make a good faith estimate of when the final
13 determination will be made and contact the enrollee and the
14 provider as soon as practicable.

15 4. Prior approval considered approval for all purposes.
16 When prior approval for a service or other covered item is
17 obtained, it is considered approval for all services related to
18 the original approval and the service is considered to be covered
19 unless there was fraud or incorrect information provided at the
20 time the prior approval was obtained.

21 5. Medical information release consent forms. When prior
22 authorization is a condition to coverage of a service, a managed
23 care plan shall ensure that an enrollee signs a medical
24 information release consent form upon enrollment.

25 6. Reimbursement for emergency services. A managed care
26 plan shall reimburse a participating provider for emergency
27 services and care provided to an enrollee, as required by federal
28 or state law, until the care results in stabilization of the
29 enrollee. Payment for emergency services and care required by
30 federal law may be denied only if the managed care plan
31 reasonably determines that the emergency services and care were
32 never performed.

33 A managed care plan may not require prior authorization for an
34 emergency medical condition, including a medical screening exam
35 and stabilizing treatment as defined in the United States Social
36 Security Act, Section 1867. Any prior authorization requirements
37 for medically necessary services arising from such a screening
38 exam or stabilizing treatment are deemed to be approved unless a
39 request for authorization of those services is denied within 30
40 minutes of the time the request is made.

41 **§6658. Quality of care**

42 A managed care plan shall ensure that the health care
43 services provided to enrollees is rendered under reasonable

standards of quality of care consistent with the prevailing standards of medical practice in the community.

1. Internal quality assurance program. A managed care plan shall have an ongoing internal quality assurance program for its health care services.

2. Written standards. The standards of quality of care must be described in a written document, which must be available for examination by the superintendent or by the Department of Human Services. The document must include, but is not limited to, the following:

A. A written statement of goals and objectives that stress health outcomes as the principal criteria for the evaluation of the quality of care rendered to enrollees;

B. A written statement describing how state-of-the-art methodology is incorporated into an ongoing system for monitoring of care that is individual case-oriented and, when implemented, provides interpretation and analysis of patterns of care rendered to individual patients by individual providers;

C. Written procedures for taking appropriate remedial action whenever inappropriate or substandard services have been provided or services that should have been furnished have not been provided, as determined under the quality assurance program; and

D. A written plan for providing review of providers, including ongoing review within the managed care plan.

§6659. Patient choice of provider

1. Services outside provider network. A managed care plan that restricts access to providers shall offer enrollees the opportunity to obtain coverage through a point-of-service plan for out-of-network services or in-network services without a referral.

A. Except as otherwise provided by state law or any waiver granted by the federal Department of Health and Human Services for the operation of the Medicaid program in the State, a point-of-service plan may require payment for an out-of-network item or service. Any such payment, whether in the form of premiums, copayments, coinsurance, deductibles or any other form of payment, must be reasonably related to the costs of providing the item or service. The superintendent shall adopt rules regulating such charges and, in adopting such rules, must ensure that the charges do

2 not unreasonably restrict access to out-of-network items or
3 services.

4 B. All sponsors of point-of-services plans and physicians
5 and other professionals participating in such plans, upon
6 request, must disclose their fees, applicable payment
7 schedules, coinsurance requirements, or any other financial
8 requirements that affect patient payment levels.

10 2. Choice of provider. A managed care plan shall allow
11 enrollees to choose their own participating providers, to change
12 providers without good cause at least once annually and to change
13 providers with good cause as necessary.

14 3. Chronic disease or condition. When the enrollee has a
15 chronic disabling disease or condition and it is in the
16 enrollee's best interest to continue an existing provider-patient
17 relationship with a nonparticipating provider or establish a new
18 provider-patient relationship with a nonparticipating provider,
19 that provider must be permitted to enroll as a participating
20 provider, even if it is only to continue caring for that
21 particular patient. The provider must meet the objective
22 standards of quality set by the plan.

24 **§6660. Grievance procedure**

26 1. Statement of reasons for denial. An enrollee or a
27 provider who has had a claim denied or is otherwise aggrieved by
28 any decision of a managed care plan must be provided a written
29 statement of reasons for the decision, which must be clearly
30 documented in the permanent case record, whether such record is
31 automated or manual. The written statement must include a
32 general description of the reason the service was denied or a
33 description of the grievance, an explanation of both the
34 enrollee's and the provider's appeal rights and instructions for
35 both the enrollee and the provider to appeal pursuant to the
36 grievance process described in subsection 2.

38 2. Grievance process. A managed care plan must have a
39 grievance process that meets the requirements established by the
40 superintendent. The grievance process described in this
41 subsection may not be construed as mandatory for the enrollee or
42 the provider, nor is exhaustion of the grievance process or
43 administrative remedies to be construed as being a prerequisite
44 to civil action against the managed care plan. The
45 superintendent's rules governing the grievance process must
46 provide for, at a minimum, the following:

48 A. Timelines within which grievances must be processed,
49 including expedited processing for exigent circumstances:

2 B. The right of the aggrieved party to counsel, to present
4 and cross-examine witnesses and to be heard by an impartial
 decision maker;

6 C. The right of the aggrieved party to have access to and
8 copies of records and other information necessary to pursue
 the grievance; and

10 D. The right of the aggrieved party to a written decision
12 setting forth findings of fact and the reasons for the
14 decision and informing the aggrieved party of the right to
 pursue the claim with the ombudsman described in section
 6662 or through a civil action.

16 3. Appeal process. An enrollee or a provider, upon
18 assignment of an enrollee, who has had a claim denied as not
20 medically necessary must be provided an opportunity for a due
22 process appeal to a medical consultant or peer review group. The
24 independent medical consultant or peer review group must be
 agreed upon by the appealing party and the managed care plan and
 may not be affiliated with the organization that performed the
 initial review. This subsection applies only to claims for
 services for life-threatening conditions or conditions likely to
 lead to a permanent impairment.

26 4. Independent 2nd opinion. In any appeal where a
28 professional opinion regarding health condition is a material
30 issue in the dispute, the appealing party is entitled to an
 independent 2nd opinion paid for by the managed care plan.

32 §6661. Cost containment

34 1. Practice guidelines. A managed care plan shall work
36 with its participating providers to establish a quality-based,
 cost-effective practice guidelines.

38 2. Data. A managed care plan shall supply any available
40 data to a participating provider comparing the provider's
42 practice profile with that of other providers practicing in the
 same specialty area.

44 3. Maintenance of direct service ratio. A managed care
 plan shall maintain direct service ratios as follows.

46 A. Notwithstanding any law to the contrary relating to loss
48 ratios, health care policies or contracts may not be
50 delivered or executed in the State unless those policies or
 contracts are expected to return to policyholders and
 contract holders in the form of aggregate health care

2 benefits, not including refunds or credits, the amounts set
3 out in paragraph B, as estimated for the entire period for
4 which rates are computed to provide coverage;

5 B. For all policies and contracts delivered, issued for
6 delivery or executed on or after January 1, 1996, the
7 superintendent shall disapprove any premium rates filed by
8 any managed care entity, whether initial or revised, unless
9 it is anticipated that the aggregate benefits estimated to
10 be paid under all such policies or contracts maintained in
11 force by the managed care entity for the period for which
12 coverage is provided will return to policyholders or
13 contract holders direct service ratios of:

14 (1) At least 85% of the aggregate premiums collected
15 for a group health policy or contract;

16 (2) At least 85% of the aggregate premiums collected
17 for small group health policies or contracts;

18 (3) At least 85% of the aggregate premiums collected
19 for an individual health policy or contract; and

20 (4) At least 85% for all policies or contracts
21 referred to in section 2413, subsection 1, paragraph G,
22 as determined in accordance with accepted actuarial
23 principles and practices and on the basis of incurred
24 claims experience and earned premiums.

25 C. The applicable percentages for each of the policies and
26 contracts set out in paragraph B must increase by one
27 percentage point on January 1st of each year, beginning
28 January 1, 1997, until a 90% direct service ratio is reached
29 on January 1, 2001.

30 D. A managed care entity that enters the market after
31 January 1, 1996 does not start at the beginning of the
32 phase-in schedule set out in paragraphs B and C and shall
33 instead comply with the direct service ratio requirements
34 applicable to other managed care entities in that market for
35 each time period. All filing of rates and rating schedules
36 must demonstrate that actual expected claims in relation to
37 premiums comply with the requirements of this section when
38 combined with actual experience to date. Filings for rate
39 revisions must also demonstrate that the anticipated direct
40 service ratio over the entire future period for which
41 revised rates are computed to provide coverage can be
42 expected to meet the appropriate direct service ratio
43 standard, and the aggregate direct service ratio from the
44 entire period for which the rates are computed to provide
45 coverage shall be not less than 90%.

2 inception of a policy or contract must equal or exceed the
3 appropriate direct service ratio standard.

4 **§6662. Ombudsman**

6 The superintendent shall hire or enter into a contract for a
7 consumer and provider ombudsman to receive and monitor complaints
8 and assist enrollees and participating providers in resolution of
9 complaints. The ombudsman shall report to the superintendent at
10 least annually regarding systemic problems or issues affecting
11 the quality, cost, access or delivery of service. The
12 superintendent shall investigate such problems or issues, make
13 findings and recommend a course of action to solve the problems
14 identified.

16 **§6663. Enforcement by enrollees or participating providers**

18 Enrollees and participating providers have the right to
19 bring a private action at law or equity to enforce any of the
20 standards, rights or requirements of this chapter in a court of
21 law and to be awarded costs and legal fees, if successful.

22 **§6664. Construction**

24 Nothing in this chapter may be construed to permit any
25 provider willing to abide by the terms and conditions of a plan
26 to be admitted to the plan.

28 **§6665. Liability**

30 1. Indemnification. A contract between a managed care
31 entity and a provider for the provision of services to patients
32 may not require the provider to indemnify the managed care entity
33 for any expenses and liabilities, including, without limitation,
34 judgments, settlements, attorney's fees, court costs and any
35 associated charges incurred in connection with any claim or
36 action brought against the managed care plan based on the managed
37 care entity's management decisions, utilization review provisions
38 or other actions that caused the provider's decisions and actions
39 in providing or withholding treatment to or from any patient.

41 2. Immunity from liability. A participating provider is
42 immune from civil liability based on a claim alleging a patient's
43 injury as the result of a negligent decision made by a managed
44 care plan or its agents, when the participating provider appeals
45 the decision pursuant to rules adopted by the superintendent. In
46 such an instance, the managed care plan may be civilly liable to
47 the patient.

48 **§6666. Advisory board**

2 Each managed care entity licensed to operate in the State
3 shall establish an enrollee advisory board in accordance with
4 rules adopted by the superintendent. The purpose of the enrollee
5 advisory board is to advise the board of directors of the managed
6 care entity, the superintendent and the consumer and provider
7 ombudsman established pursuant to section 6662 on plan policies
8 and priorities in identifying and addressing community health
9 needs and health outcomes; ensuring access, quality and
10 reasonable costs to all enrollees; and protecting and advocating
11 for the rights of enrollees. Rules adopted by the superintendent
12 must define the purpose, functions, composition, areas for input
13 and rights and responsibilities of an enrollee advisory board.

14 **§6667. Adoption of rules**

15 The superintendent shall adopt rules and establish standards
16 of compliance and penalties for noncompliance for managed care
17 entities in order to carry out the purposes of this chapter.

18 **§6668. Effective date**

19 This chapter takes effect January 1, 1996.

20 **STATEMENT OF FACT**

21 The purpose of this bill is to provide fundamental
22 protection to patients and providers in managed care health
23 plans. This bill enacts provisions to ensure that:

- 24 1. Patients understand the coverages and incentives in such
25 plans;
- 26 2. Providers receive due process relative to plan selection
27 and denial of participation;
- 28 3. Patients have access to the services for which they are
29 covered and are provided with due process;
- 30 4. Patients and purchasers are given the opportunity to
31 compare one plan with another, financially and otherwise;
- 32 5. Patients are given as many options as possible,
33 consistent with cost-containment strategies; and
- 34 6. Providers, patients and the managed care plans work
35 together to contain costs.