



117th MAINE LEGISLATURE

FIRST REGULAR SESSION-1995

Legislative Document

No. 68

S.P. 38

In Senate, January 17, 1995

An Act to Increase Access to and Affordability of Mental Health and Substance Abuse Treatment Services by Providing Mandatory Reimbursement to Counseling Professionals who are Licensed to Assess and Treat Intrapersonal and Interpersonal Problems.

Reference to the Committee on Banking and Insurance suggested and ordered printed.

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MAY M. ROSS Secretary of the Senate

Presented by Senator BUSTIN of Kennebec. Cosponsored by Senator: PARADIS of Aroostook, Representatives: AULT of Wayne, BRENNAN of Portland.

Be it enacted by the People of the State of Maine as follows:

- Sec. 1. 24 MRSA §2303, sub-§2, as amended by PL 1987, c. 80, $\S1$, is further amended to read:
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2. Mental health services provided by psychologists, 6 certified social workers or other licensed mental health 8 professionals. Notwithstanding any provision of a contract between a subscriber and a nonprofit hospital or medical service 10 organization entered into pursuant to a hospital service plan, medical service plan or health care plan authorized under this chapter, and notwithstanding any other provision of this chapter, 12 whenever the contract provides for payment or reimbursement for 14 mental health services, payment or reimbursement for the provision of these services shall may not be denied because the services are provided by a contracting licensed psychologist who 16 is trained and received a doctorate in psychology specializing in 18 the evaluation and treatment of human behavior, a contracting certified social worker licensed for the independent practice of 20 social work in this State who has at least a masters degree in social work from an accredited educational institution, has been 22 employed in social work for at least 2 years, and who, after January 1, 1985, must be licensed as a clinical social worker in 24 this State, $-\Theta \mathbf{f}$; a contracting licensed nurse who is trained and has received а certificate as а clinical specialist in psychiatric and mental health nursing from the American Nurses' 26 Association, acting within the scope of his that license or certification: or a counseling professional who is licensed by 28 the State pursuant to Title 32, chapter 119 to assess and treat intrapersonal and interpersonal problems, has at least a masters 30 degree in counseling or a related field from an accredited 32 educational institution and has been employed as a counselor for at least 2 years. Subject to approval by the Superintendent of 34 Insurance pursuant to sections 2305 and 2316, a nonprofit hospital or medical service organization incorporated under this chapter shall offer contracts to psychologists licensed pursuant 36 to Title 32, section 3831, subsection 2,; certified social 38 workers licensed for the independent practice of social work who have at least a masters degree in social work from an accredited 40 educational institution, who have been employed in social work for at least 2 years, and who, after January 1, 1985, must be 42 licensed as a clinical social worker in this State,-and; licensed nurses who are certified by the American Nurses' Association as clinical specialists in adult psychiatric and mental health 44 nursing or as clinical specialists in child and adolescent 46 psychiatric and mental health nursing; or counseling professionals who are licensed by the State pursuant to Title 32, 48 chapter 119 to assess and treat intrapersonal and interpersonal problems, have at least a masters degree in counseling or a 50 related field from an accredited educational institution and have

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been employed as counselors for at least 2 years, authorizing the 2 provision of mental health services by these psychologists, clinical social workers, certified social workers and, certified nurses and other counseling professionals within the scope of 4 their licensure or certification, if the nonprofit hospital or 6 medical service organization provides mental health services in contracts with subscribers. Payment or reimbursement for 8 services rendered by clinical social workers or counseling professionals licensed in this State shall may not be conditioned 10 upon prior diagnosis or referral by a physician or other health care professional, except in cases where when diagnosis of the condition for which the services are rendered is beyond the scope 12 of their licensure. With respect to services provided by psychologists, this subsection applies to all contracts between 14 the subscriber and a nonprofit hospital or medical service 16 organization entered into or renewed after January 1, 1976.

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Sec. 2. 24-A MRSA §2835, sub-§1, as amended by PL 1987, c. 80, §3, is further amended to read:

Notwithstanding any provision of a health insurance 1. 22 policy subject to this chapter, whenever the policy provides for payment or reimbursement for services which that are within the lawful scope of practice of a psychologist licensed to practice 24 in this Stater: a certified social worker licensed for the independent practice of social work in this State who has at 26 least a masters degree in social work from an accredited educational institution, has been employed in social work for at 28 least 2 years, and who, after January 1, 1985, must be licensed 30 as a clinical social worker in this $State_{\tau} - \Theta \mathbf{r}_{i}$ a licensed nurse who is certified by the American Nurses' Association as a 32 clinical specialist in adult psychiatric and mental health nursing or as a clinical specialist in child and adolescent 34 mental health psychiatric and nursing; or a counseling professional who is licensed by the State pursuant to Title 32, 36 chapter 119 to assess and treat intrapersonal and interpersonal problems, has at least a masters degree in counseling or a 38 related field from an accredited educational institution and has been employed as a counselor for at least 2 years, any person 40 covered by the policy shall-be is entitled to reimbursement for these services if the services are performed by a physician; a 42 psychologist licensed to practice in this State; a certified social worker licensed for independent practice in this State who 44 has at least a masters degree in social work from an accredited educational institution, who has been employed in social work for 46 at least 2 years, and who, after January 1, 1985, must be licensed as a clinical social worker in this State -- or; a 48 licensed nurse certified by the American Nurses' Association as a clinical specialist in adult or child and adolescent psychiatric 50 and mental health nursing; or a counseling professional who is

licensed by the State pursuant to Title 32, chapter 119 to assess 2 and treat intrapersonal and interpersonal problems, has at least a masters degree in counseling or a related field from an 4 accredited educational institution and has been employed as a counselor for at least 2 years. With respect to services provided by physicians or psychologists, this section applies to 6 all health insurance policies, contracts or certificates issued, renewed, modified, altered, amended or reissued on or after April 8 16, 1976. Payment or reimbursement for services rendered by 10 clinical social workers or counseling professionals licensed in this State shall may not be conditioned upon prior diagnosis or 12 referral by a physician or other health care professional, except in cases where when diagnosis of the condition for which the services are rendered is beyond the scope of their licensure. 14

STATEMENT OF FACT

The intent of this bill is to provide mandatory reimbursement only to counseling professionals who are licensed to assess and treat intrapersonal and interpersonal problems. 22 Other counselors whose licensed scope of practice does not include assessment and treatment would not be subject to 24 mandatory insurance reimbursement under this bill.

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