# MAINE STATE LEGISLATURE

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## 115th MAINE LEGISLATURE

### FIRST REGULAR SESSION-1991

### Legislative Document

No. 1421

H.P. 978

House of Representatives, April 4, 1991

Reference to the Committee on Business Legislation suggested and ordered printed.

EDWIN H. PERT, Clerk

Presented by Representative KILKELLY of Wiscasset.

Cosponsored by Senator CONLEY of Cumberland, Representative LAWRENCE of Kittery and Representative ADAMS of Portland.

#### STATE OF MAINE

IN THE YEAR OF OUR LORD NINETEEN HUNDRED AND NINETY-ONE

An Act to Provide for the Regulation of Massage Therapists.



	Be it enacted by the People of the State of Maine as follows:
2 4	Sec. 1. 3 MRSA §927, sub§-1, ¶B, as amended by PL 1989, c. 857, §9, is further amended to read:
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6	B. Independent agencies +:
8	(1) Board of Massage Therapy.
10	Sec. 2. 5 MRSA §12004-A, sub-§22-A is enacted to read:
12	22-A. Board of \$35/Day 32 MRSA \$14302 Massage Therapy
14	Sec. 3. 10 MRSA §8001, sub-§§34 and 35, as repealed and
16	Sec. 3. 10 MRSA §8001, sub-§§34 and 35, as repealed and replaced by PL 1989, c. 806, §2 and c. 878, Pt. D, §6, are repealed and the following enacted in their place:
18	34. Board of Licensure of Railroad Personnel. Licensure of
20	Railroad Personnel, Board of;
22	35. Board of Counseling Professionals Licensure.  Counseling Professionals Licensure, Board of. This subsection is
24	repealed October 1, 1999;
26	Sec. 4. 10 MRSA $\$8001$ , sub- $\$36$ , as enacted by PL 1989, c. 806, $\$2$ is amended to read:
28	<b>36. Board of Real Estate Appraisers.</b> Real Estate
30	Appraisers, Board of ; and
32	Sec. 5. 10 MRSA §8001, sub-§37 is enacted to read:
34	37. Board of Massage Therapy. Massage Therapy, Board of.
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	Sec. 6. §32 MRSA c. 125 is enacted to read:
38	CHAPTER 125
40	MASSAGE THERAPISTS
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44	§14301. Definitions
	As used in this chapter, unless the context otherwise
46	indicates, the following terms have the following meanings.
48	1. Board. "Board" means the Board of Massage Therapy.
50	2. Commissioner. "Commissioner" means Commissioner of

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- 3. Department. "Department" means Department of Professional and Financial Regulation.
- 6 4. Massage therapist. "Massage therapist" means a person who provides or offers to provide massage therapy for a fee, monetary or otherwise, to the general public.
  - 5. Massage therapy. "Massage therapy" means a scientific or skillful manipulation of soft tissue for therapeutic or remedial purposes, specifically for improving muscle tone and circulation and promoting health and physical well-being. The term includes, but is not limited to, manual and mechanical procedures and the use of supplementary aids such as rubbing alcohol, liniments, oils, antiseptics, powders, herbal preparations, creams or lotions, and procedures such as oil rubs, salt glows, hot or cold packs, steam baths, cabinet baths and sauna baths, or other similar procedures or preparations commonly used in this practice. This term does not include manipulation of the spine.

§14302. Board of Massage Therapy; establishment; compensation

- 1. Establishment. The Board of Massage Therapy within the Department of Professional and Financial Regulation, as established in Title 5, section 12004-A, subsection 22-A, shall carry out the purposes of this chapter.
- 2. Members. The board consists of 7 members appointed by the Governor. Each member must be a citizen of the United States and a resident of this State. One member must be a registered massage therapist under this chapter; 3 members must be certified massage therapists under this chapter. Each therapist member must have been, for at least 3 years immediately preceding appointment, actively engaged as a practitioner, educator or researcher. One member must be a provider of physical health care who is not a massage therapist. Two members must be consumers of massage services who are not providers of massage therapy and whose parents, spouses or children are not providers. Persons appointed as initial therapist members of the board must meet the qualifications for the specialty that they represent and must become registered or certified in accordance with the provisions of this chapter as soon as provisions have been developed by the board.

3. Timetable. The Governor shall make initial appointments by October 15, 1991. The board shall elect a chair and secretary at the conclusion of its first meeting of each year. No person may serve as chair for more than 3 years. The commissioner shall call the first meeting of the board, which must take place within

30 days of the completion of the appointments of the initial members, and shall act as chair until a chair is elected.

4. Terms of office. Of the first board members, the
Governor shall appoint one for a term of one year, one for a term
of 2 years and 3 for terms of 3 years. Their successors are
appointed for terms of 3 years except that any person chosen to
fill a vacancy may be appointed only for the unexpired term of
the board member to be succeeded. Upon the expiration of the
term of office, a board member may continue to serve until a
successor has been appointed and qualified. A person may not be
appointed for more than 2 consecutive terms.

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- 14 <u>5. Removal.</u> The Governor may remove any member of the board for good cause.
- 6. Compensation. Members of the board are compensated
  according to the provisions of Title 5, chapter 379 provided that
  expenses do not exceed the fees collected by the board. The
  board members are entitled to prorated payment in any year in
  which the fees collected under this chapter are insufficient to
  pay the expenses provided by this section.
- 7. Meetings: quorum. The board shall hold at least 2 regular meetings per year. Additional meetings may be held upon the request of any 2 board members. Four members of the board constitute a quorum.

#### §14303. Board of Massage Therapy; powers and duties

- The board has the following powers and duties in addition to all other powers and duties set forth in this chapter.

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- 1. Standards. The board shall administer and enforce this chapter.
- 2. Rules. The board shall adopt rules, in accordance with the Maine Administrative Procedure Act, Title 5, Chapter 375, necessary to carry out the purposes of this chapter.
- 3. Complaints. The board shall investigate or cause to be investigated all complaints made on its own motion or on written complaint filed with the board and all cases of noncompliance with or violation of this chapter or any rules adopted by the board. The board shall establish procedures to permit, and shall facilitate the filing of, written complaints by consumers and shall take action to assure that the public is aware of the right to file complaints.

	T. Records. The Dodice Short Reep records and minaces
2	necessary to the ordinary dispatch of its functions.
4	5. Reports. No later than August 1st of each year, the
	board shall submit to the commissioner an annual report of its
6	operations for the preceding fiscal year.
8	6. Contracts. The board may enter into contracts to carry
7.0	out its responsibilities under this chapter.
10	7. Budget. The board shall submit to the commissioner its
12	budgetary requirements sufficient to carry out the provisions of
	this chapter in the same manner as is provided in Title 5,
14	section 1665.
16	8. Register. The department shall make available, at cost,
	a register that contains the names of all individuals registered
18	and certified by the board.
20	9. Fees. Within any limits set in this chapter, the board
	shall establish registration and certification fees sufficient,
22	but no more than sufficient, to cover the costs of implementing
	the provisions of this chapter. The board shall report to the
24	commissioner if the fees as limited in this chapter are
	insufficient.
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	10. Officers. The board shall elect from among its members
28	a secretary and other officers. The secretary shall keep records
30	and minutes of all activities and meetings.
30	11. Code of ethics. The board shall adopt a code of ethics
32	generally in keeping with standards established by the national
. <u> </u>	professional associations concerned with the areas of board
34	responsibility.
36	12. Bill of rights. The board shall adopt a bill of rights
	for consumers. The bill must set out the qualifications required
38	for registration and certification of therapists.
10	13. Hearings. The board shall conduct hearings to assist
ŧU	with investigations and to determine whether grounds exist for
12	denial of reregistration or recertification, suspension or
-	revocation of certification or registration, or other action
14	necessary to the fulfillment of its responsibilities under this
•	chapter.
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	14. Examination. The board may require an examination as a
18	qualification for certification and shall specify the content of
	the examination. The board shall establish examination fees in

#### \$14304. Employees

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The commissioner may appoint, subject to the Civil Service Law, employees necessary to carry out this chapter. Any person so employed is considered to be in the department and under the administrative and supervisory direction of the commissioner.

#### \$14305. Registration

1. Registration required. Effective October 15, 1992, a
person, unless specifically exempted by this chapter or certified
as a massage therapist under this chapter, may not use the title
massage therapist or profess to be a massage therapist unless

registered in accordance with this chapter.

16 Each individual not certified as a massage therapist under 18 this chapter who engages in the practice of massage therapy as defined herein shall register with the board every 2 years. Each individual who registers shall fill out a form designated by the 20 board. Registration expires biennially on December 31st or on such other date as the commissioner determines. Notice of 22 expiration must be mailed to each registered massage therapist's last known address at least 30 days before the expiration of the 24 registration. The notice must include any requests for information necessary for renewal. 26

- 2. Individual registration. Only an individual may be registered under this chapter.
- 3. Information required. Each individual who registers

  shall provide the following information. The board shall compile
  this information and make it available to the public upon request

  and for a fee that covers the cost of making the information
  available. The information that must be provided by the

  registrant includes:
- 38 A. Name, address and telephone number;
- 40 B. Major fields of training and expertise, including degrees and professional certification held and when and where conferred;
- 44 <u>C. Method of billing and previous experience and policy with regard to 3rd-party payments;</u>
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- D. The fee schedule and provisions for pro bono work or sliding scale modifications of the fee schedule; and
- 50 E. A description of the individual's practice.

2	4. <b>Registration ree.</b> Each individual registering under
	this section shall pay a registration fee established by the
4	board not to exceed \$100 biennially.
6	5. Disciplinary action. Any individual registered under
_	this section is subject to the provisions of section 14313.
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10	6. Registration not certification. Registration does not
10	imply or certify in any way that the registrant has met any
12	standards or criteria of education or training.
12	§14306. Requirements for certification
14	31+300. Regultements for tertification
TT	To be eligible for certification as a massage therapist an
16	applicant must:
	appresent mases
18	1. Age. Be at least 18 years of age;
20	2. Examination. Pass any examination required by the board;
22	3. Trustworthiness and competence. Demonstrate
	trustworthiness and competence to engage in the practice of
24	massage therapy in a manner that safeguards the interest of the
	<pre>public;</pre>
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	4. Ethics. Demonstrate adherence to the ethics of the
28	massage therapy profession;
30	5. Interview. Be approved by the board based on any
2.7	interview that the board may require;
32	6 Criminal highery House as highery of grimes violent on
34	6. Criminal history. Have no history of crimes violent or sexual in nature;
34	Sexual In nature;
36	7. High school. Possess a high school diploma or its
50	equivalent;
38	<u>oquivazone</u> ,
	8. Education and experience. Be a graduate of a school of
40	massage therapy approved by the board that requires a minimum of
	500 hours of classroom instruction or have the following
42	combination of education and experience:
44	A. A college level course in anatomy or physiology or one
	approved by the board;
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	B. 300 hours of documented classroom instruction in the
48	theory and technique of massage therapy, as approved by the
	board; and
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	C. 100 hours of applied massage therapy under the
2 ·	supervision of a graduate of a school of massage therapy or
	a certified massage therapist. This therapy must be
4	documented in a form approved by the board.
6	§14307. Terms of certification
8	1. Biennial renewal. Certification expires biennially on
10	December 31st or on another date the commissioner determines.
LO	Notice of expiration must be mailed to each certified massage therapist's last known address at least 30 days before the
12	expiration of the certification. The notice must include any
	requests for information necessary for renewal. The cost of a
14	renewal may not exceed \$125 per biennium.
16	2. Continuing competency. The board may establish
	continuing competency requirements. Applicants for renewal of
18	certification must show proof of satisfying those requirements.
20	§14308. Comity
22	The board may waive the certification examination for an
	applicant licensed or certified as a massage therapist in a state
24	whose requirements are determined by the board to be at least
	equivalent to those requirements in this chapter.
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	§14309. Client bill of rights; code of ethics
28	Each individual registered or certified under this section
30	shall post and make available to each client a copy of:
32	A. The client bill of rights approved by the board;
34	B. The code of professional ethics approved by the board;
	and
36	C. The name and telephone number of the person to whom
38	complaints are to be directed and a description of the
	complaint process.
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12	§14310. Registration or certification not allowed
	An individual whose license, certification or registration
14	has been revoked or suspended in this or any other state and in
	this or any related field may not be registered or certified to
16	practice in this State unless the period of revocation or
	suspension has been completed and the board has conducted a
18	competency review and determined that rehabilitation has taken
	place.

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S	14311.	Exemptions	to	registration	and	certification
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	1. Other professionals. This chapter does not apply to the
4	activities or services of members of other professions licensed,
	certified or registered by the State, including, but not limited
б	to, physicians, chiropractors, physical therapists,
	cosmetologists or registered nurses performing soft tissue
8	manipulation consistent with the laws of the State governing
	their practices, provided they do not use the title "massage
10	therapist."

2. Other exemptions. This chapter does not apply to the activities and services of individuals who practice other forms of tissue work exclusive of massage therapy, such as rolfing, Trager, reflexology, Shiatsu, Reiki and polarity, if those practitioners do not use the title "massage therapist," unless they choose to meet the requirements of this chapter.

#### §14312. Disciplinary action; grounds; procedure; complaints

1. Grounds. The board may suspend, revoke or refuse to renew registration or certification pursuant to Title 5, section 10004. In addition, the board may take other action pursuant to Title 10, section 8003, subsection 5. The board's actions may be based on any of the following grounds:

A. The practice of fraud or deceit in obtaining certification or registration status under this chapter or in connection with service rendered within the scope of the registration or certification issued;

B. Habitual intemperance in the use of alcohol or the habitual use of narcotic or other drugs which has resulted in the regulated person being unable to perform necessary duties or performing those duties in a manner that would endanger the health or safety of clients;

#### C. A medical finding of mental incompetence;

D. Aiding or abetting persons not duly registered or certified under this chapter who profess to be registered;

E. Incompetence in the practice of massage therapy. A registered or certified therapist is considered incompetent in the practice if the person has engaged in conduct that evidences a lack of ability or fitness to discharge the duty owed to a client or has engaged in conduct that evidences a lack of knowledge or inability to apply principles or skills necessary to carry out the practice for which that person is registered or certified;

F. Unprofessional conduct, which means the violation of any 2 . standard of professional behavior or code of ethics adopted by the board; G. Subject to the limitations of Title 5, chapter 341, conviction of crime that involves dishonesty or false 6 statement or that directly relates to the practice of massage therapy, or conviction of a crime for which 8 incarceration for one year or more may be imposed; 10 Revocation in any state of a professional or occupational license, certification or registration for 12 disciplinary reasons, or rejection of any application for reasons relating to untrustworthiness, within 3 years of the 14 date of application; and 16 I. Violating any provisions of this chapter or any rule of 18 the board. 2. Procedure. Except as provided in Title 5, section 20 10004, no registration or certification status may be denied, 22 suspended, revoked or refused for renewal for the reasons set forth in subsection 1 without prior written notice and 24 opportunity for hearing on that denial, suspension or revocation. The burden of proof is on the board in any 26 proceeding to deny, suspend or revoke registration or certification. No registration or certification may be denied, suspended or revoked under this section except by majority vote 28 of the board. 30 3. Complaints. Any person may file a complaint with the board seeking disciplinary action against a massage therapist. 32 Complaints must be in writing in a form prescribed by the board by rule. If the board determines that a complaint alleges fact 34 that, if true, would require denial, revocation, suspension or nonrenewal or other disciplinary action of a registered or 36 certified therapist, the board shall conduct a hearing pursuant to the Maine Administrative Procedure Act. Whenever the board 38 establishes, that a complaint does not state facts that warrant a hearing, the complaint may be dismissed. Persons making 40 complaints must be advised in writing of each formal decision made by the board regarding that complaint. 42 44 Any individual whose registration or certification has been denied, suspended or revoked may apply to the board for registration or certification reinstatement one year after the 46 date of the board's original action. The board shall determine

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the nature of this review.

The board shall conduct its proceedings in accordance with the provisions of Title 5, chapter 375, subchapter IV.

#### §14313. Penalty; injunction

Any person who violates this chapter commits a Class E crime. The State may bring an action in Superior Court to enjoin any person from violating this chapter, regardless of whether proceedings have been or may be instituted in the Administrative Court or whether criminal proceedings have been or may be instituted.

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#### STATEMENT OF FACT

This bill establishes the Board of Massage Therapy, a regulatory board of 7 members in the Department of Professional and Financial Regulation. Four members are to be practitioners of massage therapy, 2 are to be consumers and one is to be a provider of health care who is not a massage therapist. Initial appointments are to be made by October 15, 1991.

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The bill requires that, effective October 19, 1992, all persons who wish to use the title "massage therapist" or to practice massage therapy must be registered or certified by the State. Initial registration may be accomplished by providing the information required by the Board of Massage Therapy and paying a biennial fee not to exceed \$100. Certification requires graduation from a school of massage therapy or a combination of course work and supervised practice and an initial fee not to exceed \$200 biennially. The board may require an examination and an interview for initial certification and may require programs for maintaining competence as a condition for certification renewal.

36 Pursuant to the Maine Revised Statutes, Title 5, section joint standing committee of the Legislature recommending passage of this bill is required to submit to the 38 Legislature a written report to support the recommendations that 40 massage therapists be subject to state regulation.