# MAINE STATE LEGISLATURE

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# 114th MAINE LEGISLATURE

## FIRST REGULAR SESSION - 1989

### Legislative Document

No. 936

H.P. 684

House of Representatives, March 28, 1989

Reference to the Committee on Business Legislation suggested and ordered printed.

EDWIN H. PERT, Clerk

Presented by Representative ALLEN of Washington.
Cosponsored by Speaker MARTIN of Eagle Lake, Senator PERKINS of Hancock and Senator CLARK of Cumberland.

#### STATE OF MAINE

IN THE YEAR OF OUR LORD NINETEEN HUNDRED AND EIGHTY-NINE

An Act to Provide for the Licensing of Counseling Professionals and to Create a Board of Counseling Professionals Licensure.



1	Be it enacted by the People of the State of Maine as follows:
3	Sec. 1. 5 MRSA §12004-A, sub-§9-A is enacted to read:
5	9-A. Board of Expenses Only 32 MRSA \$13852 Counseling Professionals
7	<u>Licensure</u>
9	Sec. 2. 10 MRSA $\S 8001$ , as repealed and replaced by PL 1987, c. 395, Pt. A, $\S 34$ and c. 488, $\S 2$ , is repealed and the following
11	enacted in its place:
13	§8001. Department; organization
15	There is created and established the Department of Professional and Financial Regulation, in this chapter referred
17	to as the "department," to regulate financial institutions, insurance companies, commercial sports, grantors of consumer
19	credit and to license and regulate professions and occupations.  The department shall be composed of the following bureaus, boards
21	and commissions:
23	Banking, Bureau of;
25	Consumer Credit Protection, Bureau of;
27	Insurance, Bureau of;
29	Athletic Commission, Maine;
31	Pilotage Commission, Maine State;
33	Real Estate Commission;
35	Arborist Examining Board;
37	Auctioneers, Board of Licensing of;
39	Barbers, State Board of;
41	Commercial Driver Education, Board of;
43	Counseling Professionals Licensure, Board of;
45	Dietetic Practice, Board of Registration of;
47	Electricians' Examining Board;
49	Foresters, State Board of Licensure for Professional;
51	Funeral Service, State Board of;

_	for;
3	Hearing Aid Dealers and Fitters, Board of;
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7	Manufactured Housing Board;
9	Nursing Home Administrators Licensing Board;
9	Occupational Therapy Practice, Board of;
11	Oil and Solid Fuel Board;
13	Physical Therapy, Board of Examiners in;
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17	Plumbers' Examining Board;
19	Psychologists, State Board of Examiners of;
	Radiologic Technology, Board of Examiners;
21	Respiratory Care Practitioners, Board of;
23	Social Worker Licensure, State Board of;
25	Speech Pathology and Audiology, Board of Examiners on;
27	Substance Abuse Counselors, State Board of; and
29	Veterinary Medicine, State Board of.
31	Sec. 3. 32 MRSA c. 119 is enacted to read:
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35	CHAPTER 119
37	COUNSELING PROFESSIONALS
	§13851. Definitions
39 41	As used in this chapter, unless the context otherwise indicates, the following terms have the following meanings.
43	1. Board. "Board" means the Board of Counseling Professionals Licensure.
45	2 Clinical professional companies (Clinical and S
47	2. Clinical professional counselor. "Clinical professional counselor" means a professional counselor who renders or offers to render to individuals, families, groups, organizations or the
49	general public, a counseling service involving the application of
<b>5</b> 1	the principles and procedures of counseling to assess and treat

1	behaviors and to assist in the overall development and adjustment
	of those served, for a fee, monetary or otherwise.
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	3. Commissioner. "Commissioner" means Commissioner of
5	Professional and Financial Regulation.
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7	4. Department. "Department" means Department of
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	Professional and Financial Regulation.
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	5. Marital and family therapy services "Marital and family
11	therapy services" means the assessment and treatment of
	intrapersonal and interpersonal problems through the application
13	of principles, methods and therapeutic techniques for the purpose
	of resolving emotional conflicts, modifying perceptions and
15	behavior, and enhancing communication and understanding among all
	family members, and preventing family and individual crises.
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	6. Marriage and family therapist. "Marriage and family
19	therapist" means a person who renders or offers to render marital
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~ 7	and family therapy services for a fee, monetary or otherwise.
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	7. Procedures of counseling. "Procedures of counseling"
23	means methods and techniques that include, but are not limited to
	the following.
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	A. "Assessment" means selecting, administering and
27	interpreting instruments designed to assess personal,
	interpersonal and group characteristics.
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	B. "Consulting" means the application of scientific
31	principles and procedures in counseling, to provide
	assistance in understanding and solving a current or
33	potential problem that the client may have in relation to a
33	3rd party, be it an individual, a family, a group or an
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33	organization.
37	C. "Counseling" means assisting individuals, families or
	groups through the counseling relationship, to develop
39	understanding of intrapersonal and interpersonal problems,
	to define goals, to make decisions, to plan a course of
41	action reflecting their needs, and to use information and
	community resources, as these procedures are related to
43	personal, social, educational and vocational development.
45	D. "Referral" means the evaluation of information to
	identify needs or problems of the counselee and to determine
47	the advisability of referral to other specialists, informing
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40	the counselee of that judgment, and communicating as
49	requested or deemed appropriate with referral sources.
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51	8 Professional counselor "Professional counselor" means

to render to individuals, families, groups, organizations or the general public a service involving the application of principles

and procedures of counseling to assist those served in achieving more effective personal, emotional, social, educational and vocational development and adjustment.

#### §13852. Board of Counseling Professionals Licensure; establishment; compensation

1. Establishment. The Board of Counseling Professionals Licensure within the Department of Professional and Financial Regulation as established by Title 5, section 12004-A, subsection 9-A shall carry out the purposes of this chapter.

2. Members. The board shall consist of 12 members appointed by the Governor from among candidates who meet the following qualifications. Nine members shall be counseling professionals eligible for licensure under this chapter, 3 of whom shall be professional counselors, 3 of whom shall be clinical professional counselors and 3 of whom shall be marriage and family therapists. Each member shall have been, for at least 5 years immediately preceding appointment, actively engaged as a practitioner, educator or researcher. Three members shall be representatives of the general public. Each public member of the board must be a person who is a consumer of services provided by those regulated by the board and who is not, and never was, a member of the profession or the spouse, parent or child of any such person, and who does not have, and never has had, a material financial interest in either the provision of services or a directly related activity, including the representation of the board or profession for a fee at any time during the 5 years preceding appointment.

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3. Timetable. The Governor shall make initial appointments by January 1, 1990. The initial appointees, with the exception of representatives of the general public, shall become licensed immediately upon their appointment and qualification as members of the board. The board shall elect a chair and secretary at its first meeting of each year, provided that no person may serve as chair for more than 3 years. The commissioner shall call the first meeting of the board which shall take place within 30 days of the completion of the appointments of the initial members.

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4. Terms of office. Of the first board members, the Governor shall appoint 4 for a term of one year; 4 for 2 years; and 4 for 3 years. Their successors shall be appointed for terms of 3 years each except that any person chosen to fill a vacancy shall be appointed only for the unexpired term of the board

_	office, a board member shall continue to serve until a successor
3	has been appointed and qualified. No person may be appointed for
	more than 2 consecutive terms.
5	more than 2 consecutive terms.
J	The Governor shall nominate a new member to fill a vacancy on the
7	board within 30 days of the occurrence of the vacancy.
•	board within 30 days or the occurrence or the vacancy.
9	The appointment of any member of the board shall automatically
_	terminate within 30 days after the date that the member is no
11	longer a resident of the State.
13	5. Removal. The Governor may remove any member of the
	board only for neglect of duty, which includes failure to attend
15	at least one regular board meeting within a calendar year, or
	malfeasance or conviction of a Class A, B or C crime or a crime
17	involving a sex offense while in office. No member may be
	removed without a public hearing, with at least 30 days prior
19	written notice of the charges and the date fixed for the hearing.
21	6. Conflict of interest. No board member may participate
	in any matter before the board in which the board member has a
23	pecuniary interest, personal bias or other similar conflict of
	interest is established.
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	7. Compensation. Board members shall serve without
27	compensation but shall be reimbursed in accordance with Title 5
	<u>chapter 379.</u>
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	8. Meetings; quorum. The board shall hold at least 2
31	regular meetings each year. Additional meetings may be held upon
2.2	the call of the chair or the secretary or upon the written
33	request of any 2 board members. Seven members of the board
25	constitute a quorum, provided that at least one of those 7
35	members must be a member who was selected from the general public.
37	812052 Panalla dubina and manage
3 /	§13853. Board's duties and powers
39	The following powers and duties apply to the board.
39	the following powers and ductes apply to the board.
41	1. Duties. The board has the following duties.
41	1. Ductes. The board has the following ductes.
43	A. The board shall administer and enforce the provisions of
	this chapter. The board shall set forth education and
45	examination requirements necessary for a person to be a
13	licensed professional counselor, licensed clinical
47	professional counselor and licensed marriage and family
-,	therapist.
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	The board shall hold examinations not less than twice
51	annually and shall evaluate examinations to keep them free
	of cultural bias.

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for that purpose.

C. The board may enter into contracts to carry out its responsibilities under this chapter.

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### §13854. Administrative provisions

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1. Officers. The board shall elect from among its members a secretary and other officers as it deems necessary. The secretary shall keep records and minutes of all activities and meetings, which shall be made easily accessible to the public and shall be provided expeditiously on request.

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2. Employees. With the advice of the board, the commissioner shall appoint, subject to the Civil Service Law, employees necessary to carry out this chapter. Any person so employed shall be located in the department and under the administrative and supervisory direction of the commissioner.

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3. Budget. The board shall submit to the commissioner in the manner provided in Title 5, section 1665, by May 1st of each year, a budget sufficient to carry out the provisions of this chapter. The commissioner may change the budget but not in such a way as to alter the abilities of the board to carry out its duties relative to resolving consumer complaints. The reason for any changes shall be given in writing to the board.

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4. Standards committees. The board shall establish from among its members 3 standards committees: for professional counselors, for clinical professional counselors and for marriage and family therapists. These standards committees shall generally adhere to the educational, experiential and ethical standards of their national professional organizations. Each standards committee shall have 4 members, 3 shall represent their respective professions and one shall be a board member representing the general public. Each standards committee, by a majority vote, shall recommend approval or disapproval of all licenses for that profession, approve the written and oral examinations required of applicants for licensure in that profession, provide for the grading of the written examination, conduct the oral examination and provide for other matters relating to the ethics and standards for licensure in that profession.

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No decision of a standards committee may become effective until approved by the board. The board may initiate or otherwise act 45 regarding any matter in which a standards committee is authorized to act. No decision of the board regarding the standards of 47 professional counselors, clinical professional counselors or marriage and family therapists may become effective without the 49 approval of a majority of the standards committee for that profession.

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5. Code of ethics. The board shall adopt a code of ethics generally in keeping with standards established by the national professional associations concerned with the areas of board responsibility. The code shall govern appropriate practices or behavior as referred to in this chapter. It shall be one requirement of ethical practice that persons licensed as counseling professionals recognize the limits of their competence and perform only those functions for which they have received appropriate training.

#### §13855. Licensure required

It is specifically prohibited that any individuals or organizations other than those licensed by this chapter present themselves or be presented to the public by any title incorporating the name "professional counselor," "clinical counselor," "marriage counselor," or "family therapist," unless employed by a state or federal agency and acting as employees.

#### §13856. Exemptions

1. Other professionals. Nothing in this chapter may be construed to apply to the activities and services of qualified members of other professions, such as psychiatrists or other physicians, psychologists, social workers, substance abuse counselors, registered nurses or clergy performing counseling consistent with the laws of the State, their training, and any code of ethics of their professions, provided they do not represent themselves by any title or description protected by this chapter.

2. Intern. Nothing in this chapter may be construed to apply to the activities and services of a student, intern or trainee in counseling or marriage and family therapy pursuing a course of study in counseling or marriage and family therapy in a regionally accredited institution of higher education or training institution, if these activities are performed under supervision and constitute a part of the supervised course of study.

3. Governmental employee. Nothing in this chapter may be construed to apply to the activities and services of an employee or other agent of a recognized academic institution; employee assistance program; or a federal, state, county or local government institution, program, agency or facility; or a school committee, school district, school board or board of trustees while performing those duties; provided that the individuals are performing those activities solely within the agency or under the jurisdiction of that agency; and provided further, that a license granted under this chapter is not a requirement for employment.

	construed as permitting the practice of medicine as defined in
S	ection 3270.
S	13857. Reciprocity
t	The board shall issue a license without written examination on an applicant licensed or certified as a professional in
<u>C</u>	counseling, clinical counseling or marriage and family therapy or comparable field in a state whose requirements are determined
ŀ	y the board to be equivalent to or exceed those requirements of he State.
5	13858. Requirements for licensure
	The board shall issue a license to an applicant as a
_	rofessional counselor, clinical professional counselor and
S	arriage and family therapist, regardless of the applicant's tate of residence, provided that each applicant shall provide
S	atisfactory evidence to the board that the applicant:
•	1. Competence. Demonstrates trustworthiness and competence
ţ	o engage in the practice of counseling or marriage and family
t	herapy in a manner which will safeguard the interests of the
Į	public;
	2. Inappropriate conduct. Has not engaged in and is not
	engaging in any practice or conduct which would be grounds for
ľ	efusing to issue a license;
	3. Ethics. Has demonstrated ethical practice;
c	4. Education. Demonstrates to the board successful completion of at least one of the following: a master's degree
<u>i</u>	n counseling or an allied mental health field from an accredited
	nstitution or a program approved by the Council for the
	accreditation of Counseling and Related Education programs or a master's degree in marital and family therapy from a program
	accredited by the Commission on the Accreditation for Marriage
	and Family Therapy Education or a graduate degree from a
	regionally accredited educational institution and an equivalent
	ourse of study as defined by the Board of Directors of the
	merican Association for Marriage and Family Therapy. For all
	ther applicants, courses of study are subject to review and
<u>c</u>	cher applicance, coulded of scudy are subject to review and
	pproval by the board.

experience as a practitioner in professional counseling, clinical

professional counseling or marriage and family therapy. Supervision may be provided by a qualified and duly certified or licensed counseling professional, clinical social worker,

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1	psychologist or psychiatrist. Any other supervisor must be individually approved by the board.
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5	6. Examination. Passes a written and oral examination determined by the board.
7	§13859. Waiver of examination requirement
9	The board shall license without written examination any applicant who applies on or before the first anniversary of the
11	effective date of this chapter if the individual meets all other qualifications set forth in this chapter.
13 15	An applicant under the provisions of this section shall be required to complete an application and pay the application fee established by the board.
17 19	§13860. Fees
21	1. Amount. An application fee and examination fee shall be established by the board in amounts which are reasonable and
23	necessary to their respective purposes. Initial and renewal licensure fees shall be established and revised by the board to
25	allow the board to carry out the purposes of this chapter. Total fee receipts may not exceed the projected needs of the board.
27 29	2. Disposal of fees. All fees received by the board shall be paid to the Treasurer of State to be used for carrying out this chapter. Any balance of fees shall not lapse but shall be
31	carried forward as a continuing account to be expended for the same purposes in the following fiscal years.
3 3	\$13861. Duration of licensure and renewal
35 37	The following provisions apply to duration and renewal of licensure.
39	1. Procedure. Licensure shall be valid for 2 years and must be renewed biennially. Any application for renewal of a
11	license which has expired shall require reapplication, except that the board may, giving due consideration to the protection of
13	the public, waive examination if the renewal application is within 2 years of the date of expiration.
15	Thirty days preceding the expiration of the license, the
<u> 1</u> 7	secretary of the board shall forward to the holder of the license a form of application for renewal. Upon receipt of the completed
<u>.</u> 9	form and the renewal fee prior to the expiration of the previous license, the secretary shall issue a new license for the year commencing January 1st. The board may require competency reviews
: 1	as a condition of renewal

1 Continuing education required. The board shall establish regulations for continuing education requirements and 3 approval of continuing education programs for licensure renewal. These requirements shall be limited to courses which are relevant to professional competency. These regulations shall not require more than 20 contact hours per year, on average, through the term 7 of the license, of approved continuing education programs as a condition for continuing the license. The board shall cause 9 public hearings to be held prior to setting specifications for any continuing education requirement. 11 To renew licenses applicants must satisfy the continuing 13 education requirements set forth by the board or retake the written and oral examinations as determined by the board. 15 §13862. Refusal; revocation; complaints 17 1. Refusal; revocation. The board may deny, revoke, 19 suspend or refuse to renew a license granted pursuant to this chapter on the following grounds: 21 A. Fraud or misrepresentation in obtaining a license; 23 B. Unprofessional conduct, including any gross negligence, 25 incompetency or misconduct in the performance of the work of counseling or therapy, or violation of any standard of 27 professional behavior which has been established by the board; 29 Subject to the limitation of Title 5, chapter 341, 31 conviction of a crime which involves dishonesty or false statement or which relates directly to the practice for 33 which the person is licensed or conviction of any crime for which imprisonment for one year or more may be imposed; or 35 D. Any violation of this chapter or any rule adopted by the 37 board. 39 2. Procedure. Except as provided in Title 5, section 10004, no license may be denied, suspended, revoked or renewal 41 refused for the reasons set forth in section 13862 without prior written notice and opportunity for hearing on that denial, 43 suspension or revocation. The burden of proof shall be on the board in any proceeding to deny, suspend or revoke a license. No 45 license may be denied, suspended or revoked under this section except by majority vote of the board. 47 3. Complaints. Any person may file a complaint with the 49 board seeking disciplinary action against the holder of a license issued by the board. Complaints shall be in writing in a form 51 prescribed by the board by rule. If the board determines that a complaint alleges facts which, if true, would require denial,

- revocation, suspension or nonrenewal or other disciplinary action of a license, the board shall promptly conduct a hearing pursuant
- 3 to the Maine Administrative Procedure Act, Title 5, chapter 375.
  Whenever the board establishes that a complaint does not state
- 5 <u>facts which warrant a hearing, the complaint may be dismissed.</u>
  Persons making complaints shall be advised in writing of each
- formal decision made by the board regarding that complaint.
- 9 Any individual whose license has been denied, suspended or revoked may apply to the board for licensure reinstatement one
- year after the date of the board's original action. A competency review shall be a condition of reinstatement. The board shall
- determine the nature of this review.

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- The board shall conduct its proceedings in accordance with the provisions of Title 5, chapter 375, subchapter IV.
- 4. Criminal penalty and injunction. Any person who violates a provision of this chapter or any lawful order or rule adopted by the board is guilty of a Class E crime. The board may also proceed in the Superior Court to enjoin and restrain any unlicensed individual violating any section of this chapter.

  23 regardless of whether proceedings have been or may be instituted in the Administrative Court or whether criminal proceedings have been or may be initiated. The board shall not be required to post bond at any such proceeding.

#### §13863. Privileged communication

Except at the request or consent of the client, no person licensed under this chapter may be required to testify in any civil or criminal action, suit or proceeding at law or in equity respecting any information which the person licensed may have acquired in providing counseling services or marriage and family therapy services to the client in a professional and contractual capacity if that information was necessary to enable the licensee to furnish professional counseling services to the client. When the physical or mental condition of the client is an issue in that action, suit or proceeding or when a court in the exercise of sound discretion deems the disclosure necessary to the proper administration of justice, no information communicated to or otherwise learned by that licensed person in connection with the provision of counseling or marriage and family therapy services, may be privileged and disclosure may be required.

Nothing in this section may prohibit disclosure by a person licensed under this chapter of information concerning a client when that disclosure is required by law and nothing in this section may modify or affect Title 22, sections 4011 to 4015.

This section may not be construed to prevent a 3rd-party reimburser from inspecting and copying, in the ordinary course of

determining eligibility for or entitlement to benefits, any and all records relating to the diagnosis, treatment or other services provided to any person, including a minor or incompetent, for which coverage, benefit or reimbursement is 5. claimed; as long as the policy or certificate under which the claim is made provides that access to those records is permitted. This section may not be construed to prevent access to any records pursuant to any peer review or utilization review procedures applied and implemented in good faith.

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#### STATEMENT OF FACT

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This bill creates a Board of Counseling Professionals Licensure within the Department of Professional and Financial Regulation.

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This board may provide licensure to those professional counselors, clinical professional counselors and marriage and family therapists as have attained the educational and experience qualifications enumerated in the bill. Persons who are not licensed may not present themselves to the public by any title incorporating the name of the professions licensed under this The board is also required to hear and act upon consumer complaints regarding any licensed practitioner.

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Under the provisions of the Maine Revised Statutes, Title 5, section 12005-A, a joint standing committee of the Legislature, which recommends the regulation of a profession for the first time, is required to submit to the Legislature a rationale for this recommendation following the guidelines provided in section 12005-A.