

MAINE STATE LEGISLATURE

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FIRST REGULAR SESSION

ONE HUNDRED AND NINTH LEGISLATURE

Legislative Document

No. 954

S. P. 324

In Senate, March 5, 1979

Referred to the Committee on Education. Sent down for concurrence and ordered printed.

Presented by Senator Silverman of Washington.

MAY M. ROSS, Secretary of the Senate

STATE OF MAINE

IN THE YEAR OF OUR LORD NINETEEN HUNDRED
SEVENTY-NINE

AN ACT to Require a Quiet Time in the Schools.

Be it enacted by the People of the State of Maine, as follows:

20 MRSA § 1233 is enacted to read:

§ 1233. **Quiet time**

1. **Findings.** The Legislature finds that children usually arrive at school in an excited and distracted state and that a tranquil and reflective atmosphere is most conducive to learning. The Legislature also finds that beginning the school day with a period for quiet contemplation and reflection will provide a basis for the appropriate atmosphere.

2. **Quiet time.** In all public schools, there shall be a quiet time established at the beginning of each school day for all students which shall last for at least 5 minutes. This time shall be devoted to developing a tranquil and reflective atmosphere that will be conducive to learning.

STATEMENT OF FACT

This bill requires that at least 5 minutes at the beginning of each school day be spent in a "quiet time." This will help develop the tranquil and reflective atmosphere that is most conducive to learning.

The importance of this quiet time is to give our Maine students the strength, confidence and courage to take on the challenges of the day.