

# MAINE STATE LEGISLATURE

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# ONE HUNDRED AND SIXTH LEGISLATURE

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**Legislative Document**

**No. 1166**

H. P. 879

House of Representatives, February 27, 1973

Referred to the Committee on Appropriations and Financial Affairs. Sent up for concurrence and ordered printed.

E. LOUISE LINCOLN, Clerk

Presented by Mrs. Goodwin of Bath.

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## STATE OF MAINE

IN THE YEAR OF OUR LORD NINETEEN HUNDRED  
SEVENTY-THREE

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### AN ACT to Provide Nutritious Meals for Older People.

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Be it enacted by the People of the State of Maine, as follows:

**Department of Health and Welfare, appropriation.** There is appropriated to the Department of Health and Welfare, Services for Aging, from the General Fund the sum of \$132,000, to assist older people in obtaining nutritious meals by sharing in the cost of meals, which provide at least one hot meal per day to individuals aged 60 and over at sites close to the individual's residence or by home-delivered meals to shut-ins. It is the intention of Legislature that funds appropriated shall, through contracts or grants, be administered as a component of a coordinated community program benefitting older citizens. The breakdown shall be as follows:

	1973-74	1974-75
HEALTH AND WELFARE, DEPARTMENT OF		
Older Americans Act		
All Other	\$66,000	\$66,000

Matching federal funds are expected to be available through the National Nutrition Program for the Elderly.

### STATEMENT OF FACT

Currently 5 areas of the State afford older people the opportunity to enjoy a nutritious meal and break their isolation by fellowship with other people. These programs have proven very successful.

The National Nutrition Program for the Elderly was passed by Congress and signed by the President in 1972. While it will provide an as yet to be determined amount of federal matching funds, it is known that whatever amount of federal money is available will not allow provision of meals in all areas of the State. It is the purpose of this Act to provide matching funds to earn the federal money, and to allow provision of meals programs to a larger area of the State.

It is intended that whenever possible each individual shall pay his reasonable share of the cost of each meal to the extent his personal finances permit.