



OFFICE OF

ESTABLISHMENT OF GOVERNOR'S COUNCIL ON PHYSICAL FITNESS AND SPORTS

WHEREAS, good physical health is a precious asset for each and every Maine citizen, and, therefore, is a precious asset for the entire State, and

WHEREAS, the responsibility to advise on the establishment and coordination of comprehensive physical fitness and sports programs does not currently exist within any agency in the State, and

WHEREAS, recreation and physical fitness are key elements for developing and maintaining an individual's good health and ability to lead a productive life, and

WHEREAS, with the rate of cardiovascular illnesses and problems increasing yearly among 'l Americans, the State can provide a service to its citizens by assisting in the dissemition of information regarding physical fitness and sports and the coordination of efforts o develop programs to assist the entire populus of Maine.

NOW, THEREFORE, I, James B. Longley, Governor of the State of Maine, do hereby create the Governor's Council on Physical Fitness and Sports.

The Chairperson shall be appointed by the Governor from within the membership of the Committee.

The Committee's overall responsibility shall be to promote and coordinate activities relating to physical fitness and sports and to advise the Governor as to problems, changes and innovations and shall inform the Governor of suggested strategies addressing these areas.

Although not restricted to the following responsibilities, the Committee shall:

1. Recommend appropriate programs which will provide for statewide participation in physical fitness efforts for those endowed with all bodily facilities and for those who are handicapped.

2. Work in alliance with appropriate state and municipal officials to encourage local government to develop and enact such programs.

3. Encourage employers, including the state, to consider specific actions that employees can take to enhance physical fitness activities on the job and during leisure time.

Work with the Bureau of Parks and Recreation to explore the utilization and/or development of more facilities such as tennis courts or scenic off-road trails, trails to be utilized for jogging, walking, skiing, and biking.

5. Work in conjunction with the Department of Human Services Bureau of Health to develop and coordinate programs with medical and similar professional sources to promote sound personal health and fitness programs.

6. Work with the Department of Education to explore avenues to improve physical education programs within schools.

7. Advise the Governor on questions or issues relating to any other area of physical fitness and sports as the Governor may request or the Committee suggest.

8. Supplement and compliment activities of the President's Council on Physical Fitness and Sports.

The Committee shall consist of 17 members as follows:

1 Member representing the elderly

1 Member representative of youth

2 Prominent sports figures; 1 male - 1 female

1 Member representing the Handicapped

1 Member representing business and industry

1 Member representative of the health profession

1 Physical Education instructor at the secondary level

1 Physical Education instructor of higher education

1 Representative of municipal government

1 Representative school administrator

1 Representative college administrator

Ex Officio....

1 Representative of the Bureau of Parks and Recreation

1 Representative of the Bureau of Health

1 Representative from the Dept. of Education & Cultural Services

1 Representative of the Governor

1 Representative from the Division of Community Services

All members shall be appointed by the Governor in the following sequence: 3 members for 4 year terms, 3 members for 3 year terms, 3 members for 2 year terms, and 3 members for 1 year terms. As the term of each member expires, a successor shall be appointed for a term of 4 years. Any vacancy occuring on the Council shall be filled for the remainder of the original appointive term.