

MAINE STATE LEGISLATURE

The following document is provided by the
LAW AND LEGISLATIVE DIGITAL LIBRARY
at the Maine State Law and Legislative Reference Library
<http://legislature.maine.gov/lawlib>



Reproduced from electronic originals
(may include minor formatting differences from printed original)



**DEPARTMENT OF HEALTH AND HUMAN SERVICES
OFFICE OF SUBSTANCE ABUSE**

www.maine.gov/dhhs/osa

1-800-499-0027

(207) 287-2595

TTY: 1-800-606-0215

Director: Guy R. Cousins

How OSA provided services during SFY10:

Prevention

- To support community based substance abuse prevention initiatives, direct funding went to 40 coalitions/school partners working with communities throughout the state.
- In addition, 153 School Administrative Units received Safe and Drug-Free Schools and Communities Act funding.

Intervention

- 6,303 operating under the influence offenders participated in the Driver Education and Evaluation Program.
- Over 2,000 prescribers in Maine had access to online patient prescription history reports from the Prescription Monitoring Program, to coordinate the care of patients with chronic controlled substance use.

Treatment

- 12,259 individuals were provided substance abuse treatment services in Maine. Emphasis is placed on quick access to treatment.
- Primary substance at admission:
 - Alcohol 41%
 - Pain relievers (opiates) 32%
 - Marijuana 9%
 - Heroin 9%
 - Cocaine 4%
 - Methadone 3%
 - Other 2%
- For the first time primary treatment admissions for opiates and synthetic opioids (Narcotics) topped alcohol admissions during SFY 2010.

Our Mission

The Maine Office of Substance Abuse is responsible for the coordination of substance abuse prevention, intervention, and treatment services in Maine. Using a statewide comprehensive planning approach, OSA integrates substance abuse prevention, intervention, and treatment efforts into Maine's public health system. OSA works closely with law enforcement, schools, worksites, local governments, and other community partners to identify problems and opportunities. OSA purchases services that help people remain alcohol and drug free; obtain or regain employment; stay out of the criminal justice system; find stable housing; and enter into recovery.

Funding

OSA receives funding from federal, state, and other sources.

SFY10 funding: \$29.2 million

Federal funding:

- 18% SAPT block grant (\$5.2M)
- 4% Safe and Drug Free Schools (\$1.3M)
- 15% Other grants (\$4.4M)

State funding:

- 26% General fund (\$7.6M)
- 9% MaineCare match (\$2.7M)
- 22% Fund for Healthy Maine (\$6.3M)
- 6% Driver Education and Evaluation Program (\$1.7M)

*The Substance Abuse Prevention and Treatment (SAPT) block grant is a federal formula grant awarded each year to every state and territory, including Maine. This flexible funding stream is designed to help Maine address its own unique needs related to addiction. In addition, a minimum of 20 percent of this federal grant is, by statute, dedicated to prevention services.

**DEPARTMENT OF HEALTH AND HUMAN SERVICES
OFFICE OF SUBSTANCE ABUSE**

Accountability

Maine's Office of Substance Abuse ensures that prevention, intervention, and treatment providers deliver effective services.

Management information systems

OSA requires contracted service providers to enter utilization and performance data into management information systems. This data is reviewed on a regular basis to ensure that quality service is being provided.

Technical assistance

OSA provides technical assistance statewide to prevention, intervention and treatment services.

Performance contracts

Contracts for services define clear performance expectations. Performance is reviewed and/or evaluated regularly to ensure that expectations are being met.

Certification and evaluation

Prime for Life is the curriculum used within the Driver Education and Evaluation Program. Prime for Life instructors and Driver Education and Evaluation Program treatment providers must be certified.

Did You Know

Substance Abuse in Maine: What does it cost us?

In 2005, the total estimated cost of substance abuse in Maine was nearly \$900,000,000. This cost translates into \$682 for every man, woman and child in Maine. The 3 largest costs are substance abuse related crime 24%, death 23%, and medical care 21%. The estimated cost in 2010 was \$1,180,000,000.

Treatment gap

Among Mainers aged 12 and older, an estimated 6.5% needed but did not receive treatment services for alcohol abuse and an estimated 2.71% needed but did not receive treatment for illicit drug abuse in the past year. (2007-2008 NSDUH)

Wait list data

On any given day, over 302 Mainers were on a wait list for treatment services.

Results

Prevention

In 2009, fewer Maine high school students reported using alcohol and marijuana in the past 30 days.

Past month use

| | <u>2007</u> | <u>2009</u> |
|-----------|-------------|-------------|
| Alcohol | 39% | 32% |
| Marijuana | 22% | 21% |

Intervention

Of the operating under the influence offenders that were discharged from treatment, 73% successfully completed treatment and 99% had no further operating under the influence arrests while in treatment.

Over 47,900 patient prescription history reports were accessed by prescribers using the Prescription Monitoring Program, to coordinate the care of patients who have chronic controlled substance use.

Treatment

During SFY10, at discharge from treatment:

69% of clients were abstinent from use;

82% of clients were living independently;

36% of clients were employed full- or part-time;

49% of clients were involved in recovery social supports.