

# MAINE STATE LEGISLATURE

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Public Documents of Maine:

BEING THE

ANNUAL REPORTS

OF THE VARIOUS

Departments  Institutions

FOR THE YEAR

1900.

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VOLUME III.

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AUGUSTA  
KENNEBEC JOURNAL PRINT  
1900

# REPORTS

OF THE

Trustees, Resident Officers and  
Visiting Committee

OF THE

# MAINE INSANE HOSPITAL

DECEMBER 1, 1899.

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AUGUSTA  
KENNEBEC JOURNAL PRINT  
1900



## OFFICERS FOR 1899-1900.

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### Trustees.

FREDERICK ROBIE, M. D., GORHAM, President.  
R. B. SHEPHERD, SKOWHEGAN, Secretary.  
MRS. J. R. SMITH, LITCHFIELD.  
CHARLES S. PEARL, BANGOR.  
P. O. VICKERY, AUGUSTA.  
THOMAS WHITE, BANGOR.  
H. T. POWERS, FORT FAIRFIELD.

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### Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.  
HORACE B. HILL, M. D., Assistant Superintendent.  
P. H. S. VAUGHAN, M. D., Second Assistant.  
EMMER VIRGINIA BAKER, M. D., Third Assistant.  
H. L. HORSMAN, M. D., Fourth Assistant.  
MANNING S. CAMPBELL, Steward and Treasurer.  
ALICE G. TWITCHELL, Matron.

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### Chaplains for 1900.

REV. C. A. HAYDEN, AUGUSTA.  
REV. J. M. WYMAN, AUGUSTA.  
REV. DR. STACKPOLE, AUGUSTA.  
REV. CHARLES W. DOHERTY, AUGUSTA.

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### Subordinate Officers.

CHARLES F. PERRY, Hospital Clerk.  
JOHN A. GETCHELL, Assistant Hospital Clerk.  
M. F. MOORE, Second Assistant Hospital Clerk.  
LOTTIE HARRINGTON, Superintendent's Clerk.  
ELWIN N. GRANT, Store Clerk.

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### Supervisors.

| MALE.                               | FEMALE.                         |
|-------------------------------------|---------------------------------|
| VERMONT R. LUCE.                    | Mrs. ANNIE D. McLEAN.           |
| GEORGE E. KIMBALL, First Assistant. | Miss MARIA H. McFEE, Assistant. |
| CHARLES H. DAVIS, Second Assistant. |                                 |

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### Women's Pavilion.

Miss EDITH BOYINGTON.

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### Men's Pavilion.

ANSEL L. BRANN.

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W. L. SAMPSON, Engineer.                      W. H. ALLEN, Florist and Gardener.  
HORACE B. CONY, Farm Superintendent.

### **Standing Committees for 1899-1900.**

- On Conference with Legislative Committee—Robie, Vickery and Pearl.
  - On Finance—Vickery, Pearl and White.
  - On Buildings and Improvements—Shepherd, Robie and Powers.
  - On Farm Stock and Outside Property—Shepherd, Powers and Robie.
  - On Library—Mrs. Smith, White and Dr. Sanborn.
  - On Recreation and Amusement of Patients—Dr. Sanborn, Shepherd and Mrs. Smith.
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### **Visiting Committee for 1900.**

- January—Robie, Mrs. Smith and Shepherd.
- February—Pearl, Vickery and White.
- March—Full Board.
- April—Robie, Powers and Mrs. Smith.
- May—Shepherd, Pearl and White.
- June—Full Board.
- July—Robie, Vickery and Powers.
- August—Mrs. Smith, Shepherd and Pearl.
- September—Full Board.
- October—Vickery, Powers and White.
- November—Robie, Shepherd and Mrs. Smith.
- December—Full Board.

## TRUSTEES' REPORT.

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*To His Excellency the Governor and the Executive Council of the State of Maine:*

GENTLEMEN: The members of the board of trustees of the Maine Insane Hospital, having completed their annual labors, in compliance with the requirements of their office, would respectfully present to the executive department of the State a report of their work for the past year, ending November 30, 1899.

In the first place we have reason to be very thankful for the continued manifestation of that spirit of benevolence which has shown itself in the bestowal of gifts upon the inmates of the institution; and also for the success that has attended the administration of its affairs in its several departments.

Here, upon the threshold of a new century, we shall find it both interesting and instructive to make a careful review of the history of this hospital, which, from the date of its establishment in 1840, fifty-nine years ago, has contributed so greatly to the welfare of our native State.

The philanthropic men who befriended it during its early history have all passed away, and many of their successors have followed them, to receive in another life the reward for their well-doing in this. The present generation of workers for the welfare of the insane have endeavored to maintain and, from time to time, to advance the high standard set them by their predecessors. And now, at the beginning of a new century, we may with justifiable pride exhibit for either public or private examination, as the aggregate result of over fifty years of care and labor, an institution that is one of the most complete and best in this progressive country.

The demands made by the hospital upon the treasury during the past twelve months have not been so large as those made in previous years; yet nothing that needed to be done has been neglected. The usual amount of attention has been given to the interior of the various wards; the plumbing, heating and lighting arrangements, the sleeping apartments and the bathrooms, have all been attended to, and the brush of the painter has given the walls a clean and attractive appearance. Our monthly visits have revealed to us neatness, order, and a commendable regard for the various interests of the inmates.

#### SUPERINTENDENT'S REPORT.

The painstaking and efficient superintendent of the hospital has given us in his valuable report the usual statistics and all other data necessary to afford a correct knowledge of the condition of the patients under his charge. We do not feel called upon to repeat what he has already said so well; we simply recommend the careful perusal of his paper by all who are interested in the condition and needs of the institution.

#### NUMBER OF PATIENTS.

Every proper effort has been made by the superintendent and the trustees to lessen the number of inmates of the hospital by sending back to their homes the harmless and those who appear to be cured. The inmates have always exceeded largely the number for whom the accommodations of the hospital were intended, and at our monthly visit in July we found 764 patients, more than were ever before domiciled in the institution. The capacity of the hospital, as at present constructed, was intended to be 583 beds; the number of patients now there requires 760, thus calling for 171 extra cots and mattresses.

#### EXPENDITURES.

During the year the board of trustees have punctually fulfilled all the legal requirements of their position. The sum of money appropriated by the last legislature was insufficient to meet what seemed to be the necessary demands of the hospital. It



therefore became our duty to use what was appropriated by the State; and also to act in accordance with our best judgment regarding the use of any amount that might result in the way of profit from the board and farm, over and above the necessary running expenses of the institution. These several amounts have been used with care, and expended for the most pressing necessities.

On March 14, 1899, the board of trustees voted to place the \$15,000 appropriated by the legislature in the hands of the building committee for the completion of the coal pocket and the construction of a tramway from the river to that building. The committee have exercised due diligence in pressing the work forward to its completion, but in consequence of an unavoidable delay in obtaining the iron, steel and other necessary materials, it was not until late in the season that everything was progressing in a satisfactory manner. The contract for furnishing material and building the tramway was awarded to the Trenton Iron Company at a cost of \$9,000. The contract for completing and covering the coal pocket was given to the New Jersey Steel and Iron Company at a cost of \$6,243.50. The convenience, economy, and necessity of the coal pocket has already been demonstrated; while the benefit derived from the use of the tramway has fully met our expectations; the saving therefrom represents by actual investigation the sum of \$1,470 this year, which means the actual transportation of 2,100 tons of coal, at a cost not exceeding 25 cents per ton, from vessel to coal pocket. The former cost of discharging from vessel and hauling up the hill was from 95 cents to \$1.00 per ton.

#### STONE CRUSHER.

At a meeting of the board of trustees held June 28, 1899, the question of better roads for the hospital was thoroughly discussed. The matter of purchasing a stone crusher was considered, and a personal examination of the methods employed by other institutions was made. After reviewing all the information that had been collected and considering the claims of different machines the trustees voted to purchase a stone crusher from the Climax Road Machine Company at a cost of \$1,200. This machine has been successfully used for crushing granite from

our own quarry, and its product has been utilized in various places along the walks, passages, and roads around the hospital; the result has been a marked improvement in these much-traveled ways, not only giving carriages a more comfortable and easy passage, but also affording the patients a much better opportunity for out-of-door walks than they would have, when all the other roads are muddy and unsuitable for travel on foot. Hereafter the remaining ways connected with the hospital will be improved by the same method.

#### BOARD OF PATIENTS.

In the early part of the year several complaints were made by the patients that the food supplied them was not of a suitable character and variety. The matter seemed to be of sufficient importance to merit an investigation; and accordingly on January 28, 1899, the board of trustees appointed a committee from their number, with instructions to make a thorough and careful examination of the culinary department and everything connected with it. The committee personally inspected the methods of cooking the food and conveying it to the dining-room of the patients, and carefully tested its character and variety for a number of days. It was deemed advisable to make several changes in the kitchen, and while the general management of the commissary department was found to be commendable, and the quality of board proportional to the price paid, yet it was considered best to increase the amount paid for food by about \$400 per month. The results of this examination and report were satisfactory, and we have not since heard of any complaints. We would again call your attention to the carefully prepared statement of the superintendent, who has taken much interest in the matter, and has given us a detailed account of the kind and variety of food, which each day forms the board of the patients. We think that his report will receive the approval of every person interested in the needs of the hospital and the welfare of its inmates.

## RELIGIOUS EXERCISES.

The Sunday chapel exercises have been somewhat changed during the year. The clergymen of the several denominations in Augusta have in turn had charge of the spiritual instruction of the insane. This arrangement gives the inmates an opportunity to listen to several speakers of different religious faiths. The change appears to have afforded good satisfaction, and the sermons from the pulpit and the music from the choir have combined to make the services of great value.

## MEDICAL DEPARTMENT.

There has been but one change in the medical staff of the hospital during the year—Dr. Byron W. McKeen having finished the term for which he was engaged, has voluntarily left the institution to enter upon the general practice of his profession. His services were highly appreciated by all who came in contact with him, and he has left behind him a reputation for thorough and efficient work. Dr. H. L. Horsman, of Princeton, has been elected to take his place. He comes highly recommended, and undoubtedly will render good service to the hospital.

The superintendent has been able, energetic and devoted in the fulfilment of his responsible task, and the several other members of the staff have creditably supplemented his labors by their faithfulness and ability; it is the manner in which these officers have performed their duties that makes the institution so worthy of public confidence.

## CLASSIFICATION.

One of the great evils arising from the present crowded condition of the apartments of our hospital is the difficulty of making a suitable classification of the inmates. This serious embarrassment will be obviated, when the Eastern Maine Hospital is completed. Meanwhile everything is being done that circumstances will allow. The advantages of a proper classification of the patients cannot be over-estimated. The trustees have noticed during the year that the superintendent has given careful attention to this matter, and our monthly visits have confirmed our impression of the wisdom and efficacy of his work.

## RECREATION AND AMUSEMENTS.

The inmates of the hospital have had the usual opportunities for out-of-door recreation, and there has been no neglect on the part of the officers of the institution to provide a variety of entertainments of a pleasing and instructive character. The two excursions down the river during the summer to the Isle of Springs afforded great enjoyment, which was shared by the members of the board of trustees. These beneficial outings divert the mind and give health and strength to the body.

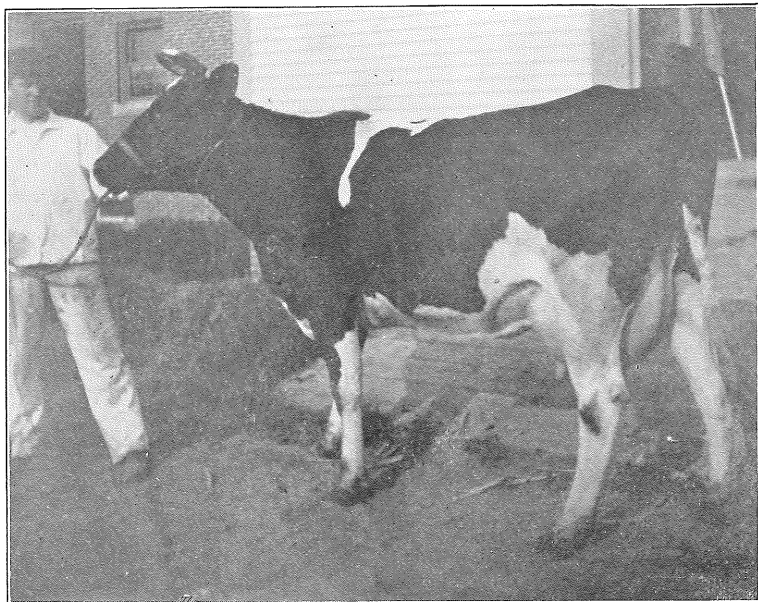
## THE FARM.

The regular committee of the trustees appointed to look after the interests of the farm have faithfully attended to their duties, and through them our examination and observation, and information obtained from Mr. Campbell, the efficient steward of the hospital, are able to report that the farm has been well cared for.

During the year the farm has had the usual number of acres under cultivation, and has proved fairly profitable. A large crop of fodder corn was raised for ensilage. The potato crop was especially productive, yielding over 3,100 bushels. About 20 acres were in "Hungarian," which was fed green to the stock as a forage crop through the season. All the crops have been generally productive, excepting the hay crop, which was about one-half that of last year, an especially good season for hay, as will be remembered. This year's crop fell short of that of the average year by more than 100 tons, while it was about 180 tons behind that of 1898. This exceedingly large shrinkage was due entirely to the season, and will necessarily lessen the profits of the farm.

The milk product has been fully up to that of former years, the herd of cows having yielded their average amount. The process of breeding, and of weeding out old cows has been continued, and the average age has been very materially lowered during the year. We have now over 150 head of cows, heifers, and young stock.

A GRAND PRODUCER.



Holstein Cow, from Maine Insane Hospital Herd, record 10,801 lbs. milk in one year. Shown at Maine State Fair, 1899.



## GENERAL REPAIRS.

A large amount of money has been expended during the season on general repairs, and many important improvements have been made. A quarry has been opened on the farm near the piggery, for the purpose of obtaining granite for foundations, and also of procuring stone to be crushed and placed on our roads.

More than \$5,000 has been expended in improving our steam plant, the changes made affecting the heating apparatus. New ovens have been put into the bakery at a cost of \$1,000, the old ones having become unfit for use and costly in their consumption of fuel.

The stone crusher (Climax), was purchased last July, a No. 2 machine complete, with elevator, screens, and bins. This crusher was in operation for three months, and in that time a large amount of work was done upon our roads and walks. We have built over one quarter of a mile of macadamized road, and many walks have been constructed and improved. The machine is certain to prove a profitable investment to the institution in the future, for we are now able to supply our roads with crushed stone for less than we were formerly compelled to pay for an inferior quality of gravel, which had to be hauled more than two miles.

The new tramway was constructed late in November, but in season to use for transporting coal from the vessel to the coal pocket, at a distance of 1,050 feet and an elevation of 150. The stevedores were formerly paid 29 cents for discharging the coal from the vessel and wheeling it on the wharf. We have been able, by the use of the tramway, to discharge the coal from the vessel directly into the pocket, at an expense not exceeding 25 cents per ton, thus doing away with the cost of shoveling it into carts and hauling it up the hill; the result has been a net saving of about 70 cents per ton.

Our needs for the next year are the completion of the coal pocket and the general improvement of the roads and walks of the institution. The general expenses of the hospital at the present time are much higher than they formerly were, and they are likely to be still further increased by the advanced price of

food products. Therefore it seems as if every effort should be made to reduce outside expenditure to a minimum, and to decrease our indebtedness as much as possible.

#### IMPROVEMENTS.

The improvements that have been effected during the last decade are obvious ones, and we feel that in no instance have the funds of the institution been improperly expended. The most advanced states in our country spare no pains or expense in improving the condition and adding to the comfort of the unfortunate insane. Nor has the State of Maine been behind her sister commonwealths in the discharge of this painful, but imperative and sacred duty; she has met and always will meet the demands of her hospital. It is unnecessary to call your attention at this time to any of the public wants of the institution; we postpone these until our next annual report, when we shall be able to reach the ear of the legislature.

#### FINANCE.

The finance committee of trustees have carefully examined the accounts and books of the treasurer at stated intervals during the year and have also carefully examined and reviewed his final statement of the financial condition of the hospital for the fiscal year ending November 30, 1899, as appears in this annual report, and we find everything correct. We feel that it is due our steward and treasurer to commend his excellent and careful method of keeping his accounts, and the diligence and efficiency which appears in all of the departments of his responsible position.

An abstract from the treasurer's report shows the receipts and disbursements for the year to be as follows:

|   |              |
|---|--------------|
| Balance of cash on hand December 1, 1898. . . . .   | \$1,155 42   |
| Receipts for year, hospital account. . . . .  | 195,155 57   |
| Received on account of appropriation from State<br>of Maine, for heating plant and coal pocket, as<br>originally designed . . . . . | 7,500 00     |
|   | <hr/>        |
|   | \$203,810 99 |



|   |              |
|---|--------------|
| Disbursements, hospital account.....        | \$192,503 91 |
| Disbursements, account appropriations.....  | 4,259 36     |
| Balance cash on hand November 30, 1899..... | 7,047 72     |
|   | <hr/>        |
|   | \$203,810 99 |

The annual financial statement of the treasurer, shows an expenditure on extraordinary repairs and permanent improvements, of \$9,932.06. This amount was expended for the construction of new ovens in the bake-room, opening up a quarry, building macadamized roads and walks, purchasing a new stone crusher and work upon the coal pocket, not provided for by appropriation. It will also be noticed that \$5,021.26 was expended for the additional improvements of the heating plant. This was for the construction of return mains and the covering of the same. These improvements, with those made in 1898, have fully demonstrated their value, as is shown by the cost of heating, which was reduced from that of 1898 nearly \$1,500. The amount expended for the usual repairs in and about the buildings was \$8,467.97. The borrowed indebtedness of the institution has been reduced during the year \$2,500, and the report shows that the institution has increased its capital \$5,591.20, which was impaired during 1897 and 1898 in connection with a large outlay for steam heating improvements. This showing is very satisfactory in view of the increased cost of living. Efforts will be made during the coming year to still further reduce the borrowed indebtedness of the institution and thus place its financial affairs in a condition to enable the treasurer to purchase all the supplies for the institution, at cash prices, taking advantage of all discounts; a very important item in the economy of the institution.

#### CONCLUSION.

Our monthly visits to the institution give us but a limited opportunity to consider the condition of the patients, the best methods of treatment, and the varied details of management; but we feel deeply the responsibility that rests upon those who have charge of the different departments. Our constant prayer should be that Providence may aid us in the discharge of our manifold duties, and that every possible avenue of relief and

healing may be opened to those who have begun to enter the borderland of mental disease; but above all that the greatest comfort and alleviation may be extended to those whose mortal future is forever clouded by the dark shadows of chronic insanity.

At a regular meeting of the board of trustees of the Maine Insane Hospital held at Augusta on Wednesday the 27th of December, 1899, the above report was read, accepted and adopted.

FREDERICK ROBIE, *President.*

R. B. SHEPHERD,

MRS. J. R. SMITH,

CHARLES S. PEARL,

P. O. VICKERY,

THOMAS WHITE,

H. T. POWERS.

REPORT OF THE COMMITTEE RELATING TO  
THE AMUSEMENT AND RECREATION OF THE  
PATIENTS.

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Your committee, to whom is entrusted the duty of organizing and setting in operation methods for the purpose of affording mental and physical diversion for the patients, are able to report commendable progress.

The unusually large number of pleasant days during the past summer and autumn have brought with them increased facilities for open air recreation; and so, with our large force of attendants which is increased considerably during the summer months, having the above specific purpose in view, we have made available ample opportunities for a maximum amount of open air recreation.

Observing the beneficial results from attendance upon concerts and the various pleasurable entertainments in the city a larger number of patients than heretofore have been allowed to attend them. It was a great comfort to all when it was found we were enabled to renew our yearly pastimes at the seashore, which pleasure was denied them the year before in consequence of our inability to charter a steamer. Two exceedingly pleasurable trips were made during the months of July and August. Both days were balmy and delightful, and the pleasure afforded was the topic of conversation for a long time. We cannot speak in too commendable terms of this method of diverting our patients. They enjoy these outings exceedingly, and it is regarded as a great sacrifice to be denied them.

The usual secular exercises throughout the entertainment season have been continued regularly and unintermittently, and carry with them much real good and contentment.

The orchestra has kept up its usual efficiency, and its music exercises that influence over mental disease, which is regarded

so beneficial and which is so ameliorating and soothing to the discordant and disordered mind. The method which has been in vogue for several years of maintaining a band for outdoor recreation of the patients during such a season of the year as is suitable, has been found to be of much practical value, and we would recommend its continuance. The band has dispensed music from the stand in front of the institution regularly two evenings each week during the warm season, affording many of the patients an opportunity to listen to its music in the open air and upon the lawn. The results and efficiency of this organization is not only enjoyed by all connected with the hospital, but is usually attended and its music appreciated by many of the citizens of the city.

We wish to speak in high appreciation of the valuable and efficient services rendered the institution, not only in instrumental, but vocal music as well.

Several minor games for outdoor sport have been introduced during the year and enjoyed by a large number of patients. The excess of the number of parole patients over former years has not been attended with any unfavorable results; indeed, we are of the opinion that it has resulted in the restoration of quite a number of patients and has contributed to the physical and mental improvement of all. Still greater effort in the future should be made in this direction. The purchase of a pony for recreation has afforded many of our convalescents much healthful exercise in their every day jaunts about the institution.

The material for reading has continued to be dispensed for the use of the patients in much the same way as in former years. Hon. J. W. Bradbury of Augusta, with his usual forethought, continues to forward religious papers and magazines, for which we desire to make grateful acknowledgment. We are under obligations to members of our household and parties from town for several gratuitous entertainments of varied character.

A portion of the Coburn fund has been expended as in former years in the direction of entertainments, notable of which are the following: Prof. Coles, ventriloquist; Prof. Roberson, two lectures, illustrated by stereopticon; the Cecilian Ladies Quartette; the Oxford Musical Club; Master Holding, violinist, and Rev. C. A. Hayden, illustrated lecture.

We append the following financial statement, which has been expended from the Coburn fund for the amusement and entertainment of the patients.

## COBURN FUND DISBURSEMENTS

FOR THE YEAR ENDING NOVEMBER 30, 1899, AS PER VOUCHERS IN THE  
TREASURER'S OFFICE.

| GENERAL AMUSEMENTS.  |            |
|--|------------|
| Paid for orchestra and band. ....  | \$786 88   |
| choir singing and organist. ....   | 321 00     |
| SPECIAL ENTERTAINMENTS.  |            |
| W. A. Coles, blind humorist, impersonator and ventriloquist..              | 15 00      |
| F. R. Roberson, two stereopticon lectures, Norway and Manila               | 70 00      |
| Cecilian Quartette of Portland. ....                                       | 25 00      |
| Oxford Musical Club, Boston. ....  | 30 00      |
| F. E. Holding, Violinist. ....   | 13 50      |
| Rev. C. A. Hayden, illustrated lecture on Scotland. ....                   | 25 00      |
| two excursions, Steamer Islander to Isle of Springs with<br>patients. .... | 135 00     |
| one pony, pony cart, sleigh and harness. ....                              | 120 00     |
| music and musical supplies for band, orchestra and choir. ....             | 30 48      |
| patients to plays, circus, excursions, etc. ....                           | 44 50      |
| piano tuning (two years) . ....  | 25 00      |
| organ tuning and repairs. ....   | 21 40      |
| games and amusements. ....   | 16 55      |
| decorations, floral pillow. ....   | 12 80      |
| Christmas cards. ....  | 12 40      |
| advertising for musicians. ....  | 5 43       |
|  | \$1,759 94 |

BIGELOW T. SANBORN,

R. B. SHEPHERD,

HERBERT T. POWERS,

*Committee on Recreation and Amusement of Patients.*

## REPORT OF THE COMMITTEE ON HOSPITAL LIBRARY.

*To the Trustees of the Maine Insane Hospital:*

Your committee on the library for the year ending November 30, 1899, having attended to that duty now ask leave to report.

|                 | ASSETS AND RECEIPTS.                             |            |
|-----------------|--|------------|
| 1898.           |  |            |
| December 1 ...  | To deposit in Augusta Savings Bank . . . . .     | \$1,224 00 |
| December 1 ...  | twenty shares First National Bank stock.....     | 2,000 00   |
| December 1 ...  | cash on hand.....                                | 6 65       |
| 1899.           |  |            |
| January 1 ....  | dividends on bank stock .....                    | 60 00      |
| July 1.....     | dividends on bank stock .....                    | 60 00      |
|                 | savings bank dividends .....                     | 42 42      |
|                 |  | \$3,393 07 |
| 1899.           | DISBURSEMENTS.                                   |            |
| May 17....      | By paid for books, Union Library Association.... | 1 50       |
| September 8 ..  | Geo. W. Morris .....                             | 2 25       |
| October 3 ..... | S. W. Brown .....                                | 2 50       |
| August 12.....  | Charles E. Lauriet Company.....                  | 57 96      |
| November 30..   | papers and magazines.....                        | 102 95     |
| November 30..   | express and revenue stamps.....                  | 3 56       |
| November 30..   | balance on hand .....                            | 3,222 35   |
|                 |  | \$3,393 07 |
| December 1 ...  | Balance in savings bank.....                     | \$1,221 00 |
|                 | Twenty shares First National Bank stock .....    | 2,000 00   |
|                 | Cash on hand.....                                | 1 35       |
|                 |  | \$3,222 35 |

MRS. J. R. SMITH,  
BIGELOW T. SANBORN,  
*Committee on Library.*

## SUPERINTENDENT'S REPORT.

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*To the Trustees of the Maine Insane Hospital:*

In the fulfillment of my duty I lay before your board at the close of another year of hospital experience the superintendent's fifty-ninth annual report.

The routine labor and the specific duty which we experience in an hospital of this character vary but little from year to year. But little has occurred unlike what has been observed in former years; and so in detailing to you what has transpired in the operations of the hospital for the past twelve months it must necessarily in many respects become a repetition of former reports.

We have cause for devout thankfulness that, with our excess of patients, we have been providentially led along through the vicissitudes incident to the management of so many people, who by reason of diseased brain conditions are subject to acts of violence so likely to cause injury and distress to themselves or those about them. Aside from the infliction of self-injury, causing death by suicide of one person, and a distressing accident whereby one patient met his death from the hands of another inmate, who momentarily became frenzied, and also the falling upon the floor of two old people, causing fracture of the neck of the femur, nothing unusual has occurred to cause physical suffering.

Quite an unusually large number of inmates, suffering from acute mania and melancholia, have become exhausted and succumbed during the progress of their disease; but no especial malady of a contagious character has attacked any of the patients.

It is a prevailing opinion that in an institution of this character there is witnessed in the aggregate, extreme degrees of

mental pain and suffering; and I am constantly interrogated by the friends and relatives of the inmates, and by strangers as well, if such is not my observation. As I mingle with this class from year to year, and my opportunity for observation is extended, I have become more and more convinced that this existing impression among the public is greatly exaggerated. It is a pleasant reflection to me when in conversation with the patrons of the hospital to be able to assure them that after all their unfortunate ones are conscious of but little mental suffering. It is true that in the more agitated and profound cases of melancholia the patient is sometimes sensible of mental and physical pain, and occasionally these conditions are exceedingly excruciating and exhausting; but aggregating all of the various types of mental disease which we are called upon to treat, the mental and physical distress throughout the hospital is surprisingly limited, and we are led to this belief from intimate relations with the patients and constant observation. I think I am warranted in the assertion when I assure the relatives of the patients that there is less suffering here than in the home made vacant by their committal to the hospital.

It is evident that mental pain is lessened by judicious treatment, and the opportunities afforded by the better environments of an hospital mitigates in a marked degree what would be observed under less favorable conditions. Comfortable and well ventilated dormitories, sufficient light and heat, nutritious diet, favorable surroundings, the presence of nurses, the inculcation of regular habits and all of the various agencies denominated as moral treatment, including amusements and diversion, are potentialities in the direction of the alleviation of mental pain and physical suffering. Diseased regions of the brain, from which emanate sensations of painful import, while so disordered, afford to the subject lessened perception, and sensibility to suffering.

During the early part of the season the demand for treatment was such that on the eighth day of August the institution had under its care 771 patients, being the largest number on any one day in the history of the hospital; since which time, however, there has been a decrease in the demands for admission, and with the opportunity to discharge quite a considerable number, who had either recovered or were so much improved that it was



prudent for them to live again at their homes, it leaves the institution at the close of the year in a less overcrowded condition.

The death-rate has been larger than the preceding year, and nearly up to the maximum during the history of the institution. The causes which have contributed to this increase in the mortality record are, as I have already mentioned, due in a measure to exhaustion from acute mental sicknesses. There has been an unprecedented admission of cases of acute mania and acute melancholia, which were quite intense in their mental and physical manifestations. Quite a large number also have succumbed to the infirmities, not only of old age, but to the results of chronic dementia.

It is evident that more than the usual amount of labor has been expended in the various mechanical departments of the institution. At the commencement of the fiscal year mechanics were employed in covering the mains and various steampipes of the new heating apparatus. It consumed a large amount of capital and labor and was not entirely completed until mid-winter. The covering is composed of "magnabestos." The execution of the work was very superior in quality and affords almost entire protection from radiation.

All of the various steampipes in the hot air chambers, and indeed in all parts of the institution where steampiping exists, have been put in proper order for the exigencies of cold weather.

In the plumbing department many changes have been inaugurated, and the most approved methods of plumbing have been introduced. The entire tier of urinals and sinks for the dining-rooms in the Harlow pavilion have been removed and received trapped ventilation of the latest and most approved patterns. The same reconstruction has also been completed in the Sanborn pavilion. This renovation in like manner has been extended to the pavilions, where a tier of sinks has been introduced, and the dining-rooms completely remodelled and plumbed by the most approved methods. Two soapstone sinks have been set, one in the supervisor's dining-room, and the other for the water tank in the rear-center building.

I am of the opinion that the plumbing of the institution never presented such modern conditions as at the present time; and am authorized in assuring your board that more perfect sanitation exists throughout the entire institution than heretofore.

In the department of masonry the condition of the buildings has made it necessary to perform a large amount of labor. It has been observed for a long time that the battlement on the south end of the center building was bulging considerably in consequence of the action of frost; and during the summer and early part of the fall a large amount of labor and expense was incurred in removing quite a portion of one of the tall chimneys and the ashlers of the battlement and replacing them. The building has been leaking for quite a number of years, especially during the rains of late autumn and winter. Since its reconstruction there has been no evidence of dampness. The remodelling was performed very carefully and skillfully, and I have no doubt will remain many years in a satisfactory condition. It was found necessary to remove and rebuild the stone steps of the Harlow and Sanborn pavilions and the two which accommodate the front entrances of the private and convalescent wards. In the first construction the foundation was not carried below the frost, and the steps gradually became dilapidated. In the renovation we were careful to go below the frost line. The foundations were all laid in cement; and we feel sure that, while the reconstruction cost much labor and expense, yet it is labor well performed, and I see no reason why the foundation may not remain secure for many years.

The bakeroom ovens, which had become almost useless from wear and tear, have been entirely rebuilt, using the latest Bailey patterns of construction. I am pleased to state that the coal required to run them is reduced largely below what was necessary for the old ovens, and they are affording excellent results, as is observed in the quality of bread and other products for consumption. The old cement floor in the bakeroom and that part of the kitchen department leading to the same has been replaced by an excellent slate floor. We are obtaining better results from that department than heretofore and see no reason why such may not continue.

The mason has also added a small brick extension to the north end of the washhouse for the purpose of further protection from the inclemency of the cold season, and for additional room in that department.

The carpenters have been unusually busy in the execution of necessary renovations in their department and have performed satisfactory work.

We have kept employed a larger force of painters than heretofore, and some portions in nearly every department of the institution have received new painting and varnishing.

I can scarcely recall a year when so much has been accomplished in and about the institution in ordinary repairs and improvements as in the one just closed.

Since the erection of commodious and convenient rooms for upholstering, which are located adjacent to the painter's and plumber's department and in near proximity to the steam disinfector, the upholsterer has been able to greatly facilitate the repairing of old and the making of new mattresses. All mattresses becoming torn or soiled are at once disinfected and renovated, and with the present system of arrangement the beds throughout the institution are maintained in a very perfect condition. We have already investigated the advantages of a metallic steam disinfector, and when this is put in operation in the near future still further good results will be obtained.

The appropriation by the legislature of \$15,000 for the purpose of enlarging the already existing coal pocket and for the construction of a tramway to convey the coal from vessels to the coal pocket by steam power is being expended for that object. The contract for the granite walls of the extension of the pocket was made with Messrs. Smith & Clark of this city, at a cost of \$1.75 per cubic yard. The walls were all practically finished early in the season and have been thoroughly examined by our architect, Mr. G. M. Coombs. The granite, taken from the hospital quarry, was of good quality, and the inspection of the walls by the architect and building committee met with their approval. In consequence of the scarcity of steel beams and the great demand for such material, we found it difficult to close the contracts until late into the season, and at this date have not received the material necessary for the covering of the pocket. It is necessary, now that the cold season has commenced, that the covering for the completion of the construction of the coal pocket should be left until another spring. I would say, however, that inasmuch as the institution is to be furnished steam

through the month of December by the Augusta Lumber Company, the existing coal pocket will be sufficient in capacity to house all the coal necessary to be used the present year.

We met with the same difficulty in arranging for the iron work of the tramway and were not able to complete this construction until the middle of the present month (November). Since then it has been in operation and is performing efficient work. We are pleased with the practical results obtained. It will not only lessen the cost of housing our coal, but will relieve us of the necessity of hauling it by horses up the exceedingly steep road, and at such times as the use of our teams is needed in other directions.

The contract for the tramway was made with the Trenton Iron Company, at a cost of \$9,000. The contract for the covering of the coal pocket was closed with the New Jersey Steel and Iron Company, at a cost of \$6,247.50.

After a discussion of several years by your board and myself in relation to the necessity of improving our roads and sidewalks it is with pleasure that I am able to state that such improvements have been inaugurated during the present year, made available by the purchase of a "Climax" stone crusher from the Climax Road Machine Company of Marathon, N. Y., at a cost of \$1,200. The machine was placed in position at our quarry in August, and since that time some 2,000 tons of granite have been crushed and placed in the road-beds and sidewalks. We now have the benefit of a macadamized road nearly the entire length of the hospital avenue, and also a portion of the highway from that point towards the city.

We have constructed 534 feet of concrete sidewalks about the institution and have gotten the foundation ready for 480 feet additional. All of these constructions have been excavated to a depth of three feet and filled in with crushed stone, after being thoroughly underdrained with tile. The latter construction was finished so late in the fall it was thought best not to complete the work with the concrete until another season. These walks will be permanent and will add much to the convenience and cleanliness of the institution.

The stone crusher proves to be a very powerful machine and so far has given excellent practical results. It is located near

the quarry, where there is an inexhaustible supply of stone and granite. We would suggest that another season the contemplated road for the main approach to the institution across the field in the direction of the city may be commenced and as much road-bed constructed each year as is consistent with the finances of the institution. This approach will add much to the beauty of the grounds of the institution and afford a much easier ingress and egress.

As the bill of fare for the institution had not been materially changed for several years, your board thought best to investigate the matter and make such changes as were deemed judicious and would give the best hygienic results. After investigation the dietary list was revised; and as it may be of interest to the patrons of the institution I herewith append it. The cost of its maintenance will be increased to some extent, amounting in the aggregate, after careful calculation, to about four hundred dollars additional per month.

#### DIET LIST.

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##### SUNDAY.

Breakfast—Cold meat, hot brown bread, white bread, butter, coffee.

Dinner—Hot baked beans, white bread, pickles, apple pie, butter, tea.

Supper—White bread, butter, sugar ginger bread, sauce or cheese, tea.

##### MONDAY.

Breakfast—Hot brown bread, white bread, butter, oat meal, coffee.

Dinner—Steamed beef, potatoes, vegetables, pudding, white bread, butter, tea.

Supper—Hot corn bread, white bread, molasses gingerbread, butter, tea.

##### TUESDAY.

Breakfast—Hot brown bread, white bread, butter, cold meat, coffee.

Dinner—Soup, bread pudding, white bread, butter, vegetables, tea.

Supper—White bread, butter, molasses ginger bread, tea.

#### WEDNESDAY.

Breakfast—Hot brown bread, white bread, butter, cold meat, coffee.

Dinner—Baked or boiled fresh fish, or chowder, potatoes, vegetables, brown bread pudding, or boiled rice with sauce, white bread, butter, tea.

Supper—White bread, butter, sugar gingerbread, baked apples or apple sauce, tea.

#### THURSDAY.

Breakfast—Baked beans, hot brown bread, white bread, butter, coffee.

Dinner—Boiled corn beef or sausage, potatoes, vegetables or boiled eggs, white bread, butter, apple pie, tea.

Supper—Hot rolls, white bread, molasses gingerbread, butter, tea.

#### FRIDAY.

Breakfast—White bread, butter, hot brown bread, oat meal, coffee.

Dinner—Oyster stew or clam chowder in their season, then pea or bean soup, pickles, white bread, steamed apple pudding with sauce, butter, tea.

Supper—White bread, butter, molasses gingerbread, prunes or sauce, tea.

#### SATURDAY.

Breakfast—Cold meat, white bread, butter, hot brown bread, coffee.

Dinner—Boiled codfish, potatoes, vegetables, boiled rice with sauce, white bread, butter, tea.

Supper—White bread, butter, sugar or molasses doughnuts, bread, tea.

## PRIVATE AND CONVALESCENT DEPARTMENTS.

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SUNDAY.

Breakfast—Baked beans, hot brown bread, white bread, butter, oat meal, baked potatoes, coffee.

Dinner—Baked potatoes, chicken or roast meat, baked beans, white bread, butter, apple pie, tea.

Supper—White bread, cold meat, sauce or cheese, cake, butter, oyster stew, tea.

## MONDAY.

Breakfast—Hot brown bread, white bread, cold meat, butter, baked potatoes, oat meal, coffee.

Dinner—Steamed beef, potatoes, vegetables, pudding or rice, white bread, butter, tea.

Supper—Hot corn bread, white bread, molasses gingerbread, butter, fish hash, baked apples or sauce, tea.

## TUESDAY.

Breakfast—Cold meat, white bread, hot brown bread, butter, oat meal, coffee.

Dinner—Beef steak, soup, potatoes, bread pudding, white bread, butter, tea.

Supper—Meat stew or hash, white bread, butter, cake, tea.

## WEDNESDAY.

Breakfast—Cold meat, white bread, hot brown bread, doughnuts, oat meal, butter, coffee.

Dinner—Fried fish, roast lamb or pork, chicken, potatoes, vegetables, white bread, apple pie, butter, tea.

Supper—Hot rolls, white bread, sauce, cake, butter, baked beans, tea.

## THURSDAY.

Breakfast—Hot baked beans, hot brown bread, cold meat, white bread, butter, oat meal, coffee.

Dinner—Boiled corn beef or sausage, chicken, potatoes, vegetables or boiled eggs, white bread, butter, tea.

Supper—Hot rolls, white bread, cold meat or hash, sugar cake, prunes or sauce, tea.

FRIDAY.

Breakfast—Cold meat, white bread, hot brown bread, butter, codfish, and cream, oat meal, coffee.

Dinner—Oysters, or clams in their season, then pea or bean soup, roast beef or baked lamb, potatoes, white bread, butter, apple pie, tea.

Supper—White bread, cold meat, baked potatoes, cake, butter, tea.

SATURDAY.

Breakfast—Hot brown bread, cold meat, white bread, butter, doughnuts, oat meal, coffee.

Dinner—Steak or ham and eggs, boiled codfish, potatoes, vegetables, white bread, butter, tea.

Supper—Baked beans, cold meat, white bread, cake, butter, tea.

In addition to the above the various garden products, including celery and all kinds of berries in their season are supplied, and special diets in all cases where their use is indicated. Among the most important articles are the following: Milk, boiled milk, flour gruel, eggs, dry toast, milk toast, chicken broth, steak and oat meal, Indian gruel and custards.

The farm and garden are still continuing to aid as important factors in the financial and productive interests of the institution. In consequence of the severe drought the yield of hay was very light; the crop being about two-thirds of that of ordinary years. The yield of potatoes was very large, exceeding that of any former year in the history of the institution. Over three thousand bushels were harvested, and they were excellent in quality. Some forty acres of yellow corn were cultivated and afforded over five hundred tons of ensilage, which was well harvested and manufactured. Our herd of cows, which is increasing year by year, still adds to our available assets and very materially contributes to the dietary of the institution. There are at present seventy-three cows in milk, out of a herd of ninety. During the year we have culled out the old ones and introduced young cows in their places. The institution has some thirty heifers, one-half of which will become milch cows during the winter and



spring. In addition we are raising sixteen heifer calves. Nearly all of the stock, young and old, are of Holstein blood. During the last winter our hogs were attacked with cholera, and there was much sickness among them. It, however, has not appeared since early in the spring, and we hope this contagion has passed.

The garden, considering the severity of the drought, greatly exceeded our expectations; and the yield of nearly all kinds of vegetables was considerably in excess of that of last year. This department is proving a valuable auxiliary in many ways; not only in the direction of supplying healthful material for food, but in the opportunity that it offers for health-giving employment for our patients.

The religious services, which are provided for and in which so much interest is taken by the officers of the institution, and particularly the members of the choir, afford much real comfort to such patients as avail themselves of their soothing and helpful influences. The method that for the past year has been devised in the direction of having several clergymen from town conduct the services, instead of a regular chaplain, meets with the approval of our patients, and we believe conduces to the added well-being of the household. We feel sure that this procedure will continue to conduce to increased comfort and spiritual and moral benefit.

A large share of physical health has been vouchsafed to the officers and employes. No official changes have occurred, with the exception of the usual change in the interne of the institution. Dr. B. W. McKeen, who had served the institution faithfully and efficiently, severed his connection in June last to enter into private practice. Our best wishes are extended to him in his new field of professional labor. Dr. H. L. Horsman was appointed to fill the vacancy. He has entered into his work with commendable zeal, and gives evidence of being well adapted to hospital work.

Mrs. S. E. Pettengill, who succeeded Mrs. F. M. Drew as lady visitor has been constant in her monthly visitations. Her intercourse with the patients has been productive of real good, and she receives their hearty welcome as she visits them from month to month. I desire to extend, not only to Mrs. Pettengill, but to the board of visitors from the governor's council as well, my hearty appreciation of valuable aid rendered.

I appreciate the services of all my co-workers, and am under many obligations to them for the aid which they have rendered me in the multitudinous duties required in the performance of my official obligations. I wish to mention in commendable terms the clerks and employes of the institution who have offered self-sacrificing and efficient assistance.

It is but just that I speak of the very efficient service of my clerk, Mr. A. B. Ripley, who is about to sever his connection with me. I regret that other engagements make it necessary for him to terminate his labors here. His character and ability and adaptability to his position render his services valuable in an institution of this character. He has contributed to the medical department of this institution six years of valuable employment.

I am under continued obligations to your board for your unanimity of support in my duties, which has been constantly rendered. I assure you I appreciate the large share of confidence which has been reposed in me, and I hope I may be able to merit your commendation in the future.

## MEDICAL STATISTICS, 1899.

TABLE No. 1.  
MOVEMENT OF POPULATION.

|                                   | Men. | Women. | Total. |
|-----------------------------------|------|--------|--------|
| Remaining November 30, 1898 ..... | 398  | 335    | 733    |
| Admitted since.....               | 152  | 97     | 249    |
| Number under treatment.....       | 550  | 432    | 982    |
| DISCHARGES AND DEATHS.            |      |        |        |
| Recovered .....                   | 24   | 24     | 48     |
| Much improved .....               | 23   | 14     | 37     |
| Improved .....                    | 16   | 5      | 21     |
| Unimproved .....                  | 16   | 8      | 24     |
| Not insane .....                  | 2    | 0      | 2      |
| Died .....                        | 54   | 49     | 103    |
| Remaining November 30, 1899 ..... | 416  | 331    | 747    |

TABLE No. 2.  
ASSIGNED CAUSES OF INSANITY IN THOSE ADMITTED DURING THE YEAR.

|                            | Men. | Women. | Total. |
|----------------------------|------|--------|--------|
| Army life .....            | 1    | 0      | 1      |
| Apoplexy .....             | 1    | 1      | 2      |
| Brain fever .....          | 1    | 0      | 1      |
| Business reverses.....     | 3    | 0      | 3      |
| Critical period .....      | 0    | 9      | 9      |
| Child birth .....          | 0    | 2      | 2      |
| Congenital .....           | 1    | 0      | 1      |
| Domestic affliction .....  | 2    | 5      | 7      |
| Dissipation .....          | 12   | 2      | 14     |
| Epilepsy .....             | 3    | 1      | 4      |
| Exposure .....             | 0    | 1      | 1      |
| Fasting .....              | 0    | 1      | 1      |
| Fright .....               | 1    | 1      | 2      |
| Heredity .....             | 9    | 7      | 16     |
| Ill health.....            | 1    | 3      | 4      |
| La grippe .....            | 13   | 2      | 15     |
| Love affair.....           | 1    | 0      | 1      |
| Loss of sight.....         | 0    | 1      | 1      |
| Loss of sleep.....         | 1    | 0      | 1      |
| Masturbation .....         | 10   | 1      | 11     |
| Neurasthenia .....         | 1    | 2      | 3      |
| Overwork .....             | 8    | 4      | 12     |
| Religious excitement ..... | 0    | 4      | 4      |
| Senility .....             | 6    | 3      | 9      |
| Spiritualism .....         | 0    | 1      | 1      |

TABLE No. 2—*Concluded.*

|                      | Men. | Women. | Total. |
|----------------------|------|--------|--------|
| Sun stroke .....     | 0    | 1      | 1      |
| Syphilis .....       | 1    | 1      | 2      |
| Traumatism .....     | 2    | 2      | 4      |
| Unknown .....        | 73   | 39     | 112    |
| Uterine disease..... | 0    | 2      | 2      |
| Worry .....          | 1    | 1      | 2      |
| Total .....          | 152  | 97     | 249    |

TABLE No. 3.

## AGES OF THOSE ADMITTED.

|                                  | Men. | Women. | Total. |
|----------------------------------|------|--------|--------|
| From 10 to 20 years of age ..... | 6    | 3      | 9      |
| “ 20 “ 30 “ “ .....              | 17   | 21     | 38     |
| “ 30 “ 40 “ “ .....              | 31   | 23     | 54     |
| “ 40 “ 50 “ “ .....              | 35   | 27     | 62     |
| “ 50 “ 60 “ “ .....              | 30   | 11     | 41     |
| “ 60 “ 70 “ “ .....              | 17   | 6      | 23     |
| “ 70 “ 80 “ “ .....              | 13   | 6      | 19     |
| “ 80 “ 90 “ “ .....              | 3    | 0      | 3      |
| Total .....                      | 152  | 97     | 249    |

TABLE No. 4.

## SOCIAL CONDITION OF THOSE ADMITTED.

|                | Men. | Women. | Total. |
|----------------|------|--------|--------|
| Married .....  | 81   | 46     | 127    |
| Single .....   | 55   | 36     | 91     |
| Widowed.....   | 14   | 12     | 26     |
| Divorced ..... | 2    | 2      | 4      |
| Unknown .....  | 0    | 1      | 1      |
| Total .....    | 152  | 97     | 249    |

TABLE No. 5.  
DURATION OF INSANITY PRIOR TO ADMISSION.

|                            | Men. | Women. | Total. |
|----------------------------|------|--------|--------|
| Not exceeding 1 month..... | 41   | 22     | 63     |
| “ “ 3 months.....          | 19   | 7      | 26     |
| “ “ 6 “.....               | 20   | 10     | 30     |
| “ “ 9 “.....               | 0    | 3      | 3      |
| “ “ 12 “.....              | 21   | 14     | 35     |
| “ “ 18 “.....              | 2    | 1      | 3      |
| “ “ 2 years.....           | 17   | 8      | 25     |
| “ “ 3 “.....               | 9    | 5      | 14     |
| “ “ 4 “.....               | 5    | 5      | 10     |
| “ “ 5 “.....               | 3    | 5      | 8      |
| “ “ 6 “.....               | 3    | 3      | 6      |
| “ “ 7 “.....               | 0    | 0      | 0      |
| “ “ 8 “.....               | 1    | 1      | 2      |
| “ “ 9 “.....               | 0    | 1      | 1      |
| “ “ 10 “.....              | 2    | 4      | 6      |
| “ “ 20 “.....              | 2    | 3      | 5      |
| Unknown.....               | 7    | 5      | 12     |
| Total.....                 | 152  | 97     | 249    |

TABLE No. 6.  
MONTHLY ADMISSIONS.

|                     | Men. | Women. | Total. |
|---------------------|------|--------|--------|
| 1898, December..... | 13   | 6      | 19     |
| 1899, January.....  | 15   | 3      | 18     |
| “ February.....     | 12   | 6      | 18     |
| “ March.....        | 12   | 6      | 18     |
| “ April.....        | 22   | 10     | 32     |
| “ May.....          | 14   | 8      | 22     |
| “ June.....         | 14   | 9      | 23     |
| “ July.....         | 11   | 17     | 28     |
| “ August.....       | 12   | 15     | 27     |
| “ September.....    | 4    | 4      | 8      |
| “ October.....      | 11   | 7      | 18     |
| “ November.....     | 12   | 6      | 18     |
| Total.....          | 152  | 97     | 249    |

TABLE No. 7.  
TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

|                             | Men. | Women. | Total. |
|-----------------------------|------|--------|--------|
| Not exceeding 3 months..... | 13   | 7      | 20     |
| “ “ 6 “.....                | 6    | 10     | 16     |
| “ “ 9 “.....                | 3    | 1      | 4      |
| “ “ 12 “.....               | 1    | 3      | 4      |
| “ “ 2 years.....            | 1    | 2      | 3      |
| “ “ 8 “.....                | 0    | 1      | 1      |
| Total.....                  | 24   | 24     | 48     |

TABLE No. 8.  
CAUSES OF DEATH.

|                              | Men. | Women. | Total. |
|------------------------------|------|--------|--------|
| Alcoholism, chronic.....     | 1    | 0      | 1      |
| Anasarca.....                | 1    | 0      | 1      |
| Apoplexy.....                | 3    | 1      | 4      |
| Ascites.....                 | 0    | 1      | 1      |
| Bright's disease.....        | 1    | 1      | 2      |
| Cancer.....                  | 0    | 2      | 2      |
| Dementia.....                | 0    | 2      | 2      |
| Dementia, primary.....       | 1    | 0      | 1      |
| Dementia, senile.....        | 4    | 0      | 4      |
| Dementia, terminal.....      | 12   | 7      | 19     |
| Embolism.....                | 1    | 0      | 1      |
| Encephalitis.....            | 1    | 0      | 1      |
| Enteritis.....               | 0    | 1      | 1      |
| Epilepsy.....                | 4    | 0      | 4      |
| General paralysis.....       | 6    | 1      | 7      |
| Hemorrhage of the lungs..... | 1    | 0      | 1      |
| Hydropericardium.....        | 1    | 1      | 2      |
| La grippe.....               | 0    | 1      | 1      |
| Leucocythemia.....           | 0    | 1      | 1      |
| Mania.....                   | 0    | 15     | 15     |
| Mania, acute.....            | 2    | 0      | 2      |
| Mania, chronic.....          | 0    | 3      | 3      |
| Melancholia.....             | 3    | 5      | 8      |
| Melancholia, acute.....      | 2    | 0      | 2      |
| Pneumonia.....               | 2    | 1      | 3      |
| Phthisis, pulmonalis.....    | 1    | 4      | 5      |
| Senile insanity.....         | 1    | 0      | 1      |
| Senility.....                | 1    | 2      | 3      |
| Strangulation.....           | 1    | 0      | 1      |
| Typhomania.....              | 4    | 0      | 4      |
| Total.....                   | 54   | 49     | 103    |

TABLE No. 9.  
MONTHLY MORTALITY.

|                     | Men. | Women. | Total. |
|---------------------|------|--------|--------|
| 1898, December..... | 1    | 1      | 2      |
| 1899, January.....  | 7    | 8      | 15     |
| " February.....     | 5    | 2      | 7      |
| " March.....        | 4    | 3      | 7      |
| " April.....        | 5    | 8      | 13     |
| " May.....          | 6    | 3      | 9      |
| " June.....         | 4    | 4      | 8      |
| " July.....         | 3    | 2      | 5      |
| " August.....       | 4    | 5      | 9      |
| " September.....    | 6    | 7      | 13     |
| " October.....      | 4    | 3      | 7      |
| " November.....     | 5    | 2      | 7      |
| Total.....          | 54   | 49     | 103    |

TABLE No. 10.

## AGE AT DEATH.

|                           | Men. | Women. | Total. |
|---------------------------|------|--------|--------|
| From 10 to 20 years ..... | 0    | 0      | 0      |
| “ 20 “ 30 “ .....         | 4    | 3      | 7      |
| “ 30 “ 40 “ .....         | 9    | 6      | 15     |
| “ 40 “ 50 “ .....         | 12   | 13     | 25     |
| “ 50 “ 60 “ .....         | 15   | 11     | 26     |
| “ 60 “ 70 “ .....         | 6    | 10     | 16     |
| “ 70 “ 80 “ .....         | 5    | 5      | 10     |
| “ 80 “ 90 “ .....         | 3    | 1      | 4      |
| Total.....                | 54   | 49     | 103    |

TABLE No. 11.

## APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

|                | Men. | Women. | Total. |
|----------------|------|--------|--------|
| 3 months ..... | 3    | 0      | 3      |
| 6 “ .....      | 4    | 2      | 6      |
| 9 “ .....      | 2    | 3      | 5      |
| 12 “ .....     | 9    | 7      | 16     |
| 2 years .....  | 6    | 10     | 16     |
| 3 “ .....      | 4    | 5      | 8      |
| 4 “ .....      | 3    | 3      | 6      |
| 5 “ .....      | 5    | 1      | 6      |
| 6 “ .....      | 4    | 3      | 7      |
| 8 “ .....      | 2    | 2      | 4      |
| 10 “ .....     | 1    | 3      | 4      |
| 12 “ .....     | 1    | 3      | 4      |
| 16 “ .....     | 3    | 0      | 3      |
| 18 “ .....     | 2    | 0      | 3      |
| 20 “ .....     | 3    | 3      | 6      |
| 22 “ .....     | 0    | 1      | 1      |
| 24 “ .....     | 0    | 1      | 1      |
| 28 “ .....     | 2    | 3      | 5      |
| Total .....    | 54   | 49     | 103    |

TABLE No. 12.  
OCCUPATION OF THOSE ADMITTED.

|                         | Men. | Women. | Total. |
|-------------------------|------|--------|--------|
| Agent .....             | 1    | 0      | 1      |
| Blacksmith .....        | 2    | 0      | 2      |
| Bookkeeper .....        | 0    | 1      | 1      |
| Carpenter .....         | 4    | 0      | 4      |
| Caterer .....           | 1    | 0      | 1      |
| Caulker .....           | 1    | 0      | 1      |
| Clergyman .....         | 1    | 0      | 1      |
| Clerk .....             | 3    | 0      | 3      |
| Cook .....              | 2    | 0      | 2      |
| Domestic .....          | 0    | 2      | 2      |
| Dressmaker .....        | 0    | 1      | 1      |
| Farmer .....            | 39   | 0      | 39     |
| Fisherman .....         | 4    | 0      | 4      |
| Governess .....         | 0    | 1      | 1      |
| Grocer .....            | 4    | 0      | 4      |
| Hostler .....           | 2    | 0      | 2      |
| Housework .....         | 0    | 76     | 76     |
| Laborer .....           | 34   | 0      | 34     |
| Mechanic (Master) ..... | 1    | 0      | 1      |
| Mason .....             | 2    | 0      | 2      |
| Manufacturer .....      | 1    | 0      | 1      |
| Merchant .....          | 1    | 0      | 1      |
| Mill operative .....    | 3    | 3      | 6      |
| None .....              | 7    | 5      | 12     |
| Painter .....           | 2    | 0      | 2      |
| Physician .....         | 1    | 0      | 1      |
| Photographer .....      | 1    | 0      | 1      |
| Railroad employe .....  | 1    | 0      | 1      |
| Salesman .....          | 2    | 0      | 2      |
| Schoolboy .....         | 3    | 0      | 3      |
| Schoolgirl .....        | 0    | 3      | 3      |
| School teacher .....    | 1    | 1      | 2      |
| Sealer .....            | 1    | 0      | 1      |
| Seaman .....            | 10   | 0      | 10     |
| Ship carpenter .....    | 2    | 0      | 2      |
| Shirt maker .....       | 1    | 1      | 2      |
| Shoe manufacturer ..... | 2    | 0      | 2      |
| Spinster .....          | 0    | 1      | 1      |
| Steam fitter .....      | 1    | 0      | 1      |
| Table girl .....        | 0    | 1      | 1      |
| Tailor .....            | 1    | 0      | 1      |
| Teamster .....          | 3    | 0      | 3      |
| Typewriter .....        | 1    | 0      | 1      |
| Undertaker .....        | 1    | 0      | 1      |
| Unknown .....           | 1    | 1      | 2      |
| Weaver .....            | 2    | 0      | 2      |
| Wool sorter .....       | 1    | 0      | 1      |
| Total .....             | 152  | 97     | 249    |



TABLE No. 13.  
RESIDENCE PRIOR TO ADMISSION.

|                          | Men. | Women. | Total. |
|--------------------------|------|--------|--------|
| Addison                  | 1    | 0      | 1      |
| Androscoggin County Jail | 1    | 0      | 1      |
| Auburn                   | 0    | 2      | 2      |
| Augusta                  | 11   | 1      | 12     |
| Bangor                   | 7    | 6      | 13     |
| Bath                     | 3    | 1      | 4      |
| Belfast                  | 2    | 0      | 2      |
| Belmont                  | 1    | 1      | 2      |
| Berwick                  | 1    | 1      | 2      |
| Bethel                   | 1    | 3      | 4      |
| Biddeford                | 1    | 1      | 2      |
| Blanchard                | 0    | 1      | 1      |
| Boothbay Harbor          | 0    | 1      | 1      |
| Bradley                  | 1    | 0      | 1      |
| Brewer                   | 3    | 0      | 3      |
| Bridgewater              | 1    | 0      | 1      |
| Bristol                  | 3    | 0      | 3      |
| Brooklin                 | 0    | 1      | 1      |
| Brownfield               | 1    | 0      | 1      |
| Brunswick                | 1    | 1      | 2      |
| Brooks                   | 1    | 2      | 3      |
| Clifton                  | 1    | 0      | 1      |
| Cornish                  | 1    | 1      | 2      |
| Cornville                | 2    | 0      | 2      |
| Crystal Plantation       | 1    | 1      | 2      |
| Cumberland               | 0    | 1      | 1      |
| Deer Isle                | 1    | 0      | 1      |
| Denmark                  | 1    | 1      | 2      |
| Dennistown Plantation    | 0    | 1      | 1      |
| Dixmont                  | 1    | 0      | 1      |
| Dover                    | 1    | 1      | 2      |
| Eastbrook                | 0    | 1      | 1      |
| Eastport                 | 2    | 1      | 3      |
| Eddington                | 1    | 1      | 2      |
| Eden                     | 1    | 0      | 1      |
| Edmunds                  | 1    | 0      | 1      |
| Ellsworth                | 2    | 0      | 2      |
| Etna                     | 1    | 0      | 1      |
| Eustis                   | 1    | 0      | 1      |
| Fairfield                | 1    | 1      | 2      |
| Falmouth                 | 1    | 0      | 1      |
| Foxcroft                 | 0    | 1      | 1      |
| Franklin                 | 1    | 0      | 1      |
| Freeman                  | 1    | 0      | 1      |
| Gardiner                 | 1    | 1      | 2      |
| Gorham                   | 1    | 0      | 1      |
| Guilford                 | 1    | 0      | 1      |
| Hallowell                | 0    | 1      | 1      |
| Hampden                  | 0    | 1      | 1      |
| Hancock                  | 0    | 2      | 2      |
| Harrison                 | 0    | 1      | 1      |
| Hermon                   | 1    | 0      | 1      |
| Hersey                   | 1    | 0      | 1      |
| Hodgdon                  | 2    | 0      | 2      |
| Hope                     | 0    | 1      | 1      |
| Houlton                  | 1    | 0      | 1      |
| Jefferson                | 1    | 0      | 1      |
| Jonesboro                | 1    | 0      | 1      |
| Kenduskeag               | 1    | 0      | 1      |
| Kennebec County Jail     | 3    | 0      | 3      |
| Kennebunk                | 0    | 1      | 1      |
| Kittery                  | 1    | 1      | 2      |
| Knox                     | 1    | 0      | 1      |
| Leeds                    | 0    | 1      | 1      |
| Levant                   | 1    | 0      | 1      |
| Lewiston                 | 7    | 6      | 13     |
| Lincoln                  | 0    | 1      | 1      |
| Lisbon                   | 1    | 0      | 1      |
| Livermore                | 1    | 0      | 1      |
| Lubec                    | 1    | 0      | 1      |
| Lyman                    | 1    | 0      | 1      |

TABLE No. 13--*Concluded.*

|                            | Men. | Women. | Total. |
|----------------------------|------|--------|--------|
| Machias.....               | 0    | 3      | 3      |
| Madison.....               | 1    | 0      | 1      |
| Mapleton.....              | 1    | 0      | 1      |
| Mariaville.....            | 1    | 0      | 1      |
| Marshville.....            | 0    | 1      | 1      |
| Milbridge.....             | 1    | 0      | 1      |
| Minot.....                 | 1    | 0      | 1      |
| Montville.....             | 2    | 0      | 2      |
| Newcastle.....             | 1    | 0      | 1      |
| Newfield.....              | 1    | 0      | 1      |
| Norridgewock.....          | 2    | 0      | 2      |
| Norway.....                | 1    | 0      | 1      |
| Oakland.....               | 1    | 0      | 1      |
| Old Town.....              | 3    | 0      | 3      |
| Orono.....                 | 1    | 0      | 1      |
| Parkman.....               | 0    | 1      | 1      |
| Penobscot County Jail..... | 1    | 0      | 1      |
| Perry.....                 | 1    | 0      | 1      |
| Phippsburg.....            | 1    | 0      | 1      |
| Portland.....              | 12   | 8      | 20     |
| Presque Isle.....          | 2    | 0      | 2      |
| Prospect.....              | 0    | 1      | 1      |
| Richmond.....              | 3    | 2      | 5      |
| Rockland.....              | 2    | 3      | 5      |
| Rockport.....              | 2    | 1      | 3      |
| Rumford.....               | 1    | 1      | 2      |
| Saco.....                  | 1    | 1      | 2      |
| Sanford.....               | 0    | 2      | 2      |
| Searsport.....             | 0    | 1      | 1      |
| Skowhegan.....             | 0    | 3      | 3      |
| South Portland.....        | 0    | 2      | 2      |
| South Thomaston.....       | 0    | 1      | 1      |
| St. George.....            | 1    | 0      | 1      |
| Stockton Springs.....      | 1    | 0      | 1      |
| Swans Island.....          | 1    | 1      | 2      |
| Thomaston.....             | 2    | 0      | 2      |
| Thorndike.....             | 0    | 1      | 1      |
| Topsham.....               | 2    | 2      | 4      |
| Tremont.....               | 1    | 1      | 2      |
| Turner.....                | 0    | 1      | 1      |
| Union.....                 | 1    | 0      | 1      |
| Vassalboro.....            | 1    | 1      | 2      |
| Waterville.....            | 1    | 1      | 2      |
| Wells.....                 | 0    | 1      | 1      |
| West Gardiner.....         | 1    | 0      | 1      |
| Willimantic.....           | 1    | 0      | 1      |
| Wilton.....                | 0    | 2      | 2      |
| Winthrop.....              | 3    | 1      | 4      |
| Winterport.....            | 0    | 2      | 2      |
| Wiscasset.....             | 2    | 0      | 2      |
| Woodstock.....             | 0    | 1      | 1      |
| Yarmouth.....              | 0    | 1      | 1      |
| York.....                  | 1    | 0      | 1      |
| York County Jail.....      | 1    | 0      | 1      |
| Total.....                 | 152  | 97     | 249    |

TABLE No. 14.  
NUMBER OF ADMISSIONS OF THOSE ADMITTED.

|                              | Men. | Women. | Total. |
|------------------------------|------|--------|--------|
| Admitted the first time..... | 110  | 82     | 192    |
| “ “ second time.....         | 26   | 10     | 36     |
| “ “ third time.....          | 8    | 2      | 10     |
| “ “ fourth time.....         | 2    | 0      | 2      |
| “ “ fifth time.....          | 1    | 0      | 1      |
| “ “ sixth time.....          | 2    | 0      | 2      |
| “ “ seventh time.....        | 1    | 1      | 2      |
| “ “ eighth time.....         | 0    | 2      | 2      |
| “ “ tenth time.....          | 1    | 0      | 1      |
| “ “ twelfth time.....        | 1    | 0      | 1      |
| Total.....                   | 152  | 97     | 249    |

TABLE No. 15.  
NUMBER OF ADMISSIONS OF THOSE DISCHARGED RECOVERED.

|                              | Men. | Women. | Total. |
|------------------------------|------|--------|--------|
| Admitted the first time..... | 14   | 17     | 31     |
| “ “ second time.....         | 4    | 6      | 10     |
| “ “ third time.....          | 4    | 1      | 5      |
| “ “ sixth time.....          | 1    | 0      | 1      |
| “ “ twelfth time.....        | 1    | 0      | 1      |
| Total.....                   | 24   | 24     | 48     |

TABLE No. 16.  
RELIGION OF THOSE ADMITTED.

|                 | Men. | Women. | Total. |
|-----------------|------|--------|--------|
| Catholic.....   | 20   | 20     | 40     |
| Protestant..... | 129  | 75     | 204    |
| Unknown.....    | 3    | 2      | 5      |
| Total.....      | 152  | 97     | 249    |

TABLE No. 17.  
 NATIVITY OF THOSE ADMITTED.

|                              | Men. | Women. | Total. |
|------------------------------|------|--------|--------|
| Canada .....                 | 2    | 5      | 7      |
| Denmark .....                | 1    | 0      | 1      |
| England .....                | 3    | 1      | 4      |
| Hungary .....                | 1    | 0      | 1      |
| Ireland .....                | 5    | 7      | 12     |
| Maine .....                  | 120  | 74     | 194    |
| Massachusetts .....          | 4    | 4      | 8      |
| New Brunswick .....          | 5    | 1      | 6      |
| New Hampshire .....          | 2    | 0      | 2      |
| Nova Scotia .....            | 1    | 0      | 1      |
| Prince Edward's Island ..... | 2    | 0      | 2      |
| Rhode Island .....           | 0    | 1      | 1      |
| Scotland .....               | 0    | 1      | 1      |
| Sweden .....                 | 3    | 0      | 3      |
| Unknown .....                | 3    | 3      | 6      |
| Total .....                  | 152  | 97     | 249    |

TABLE No. 18.

SHOWING THE OPERATIONS OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

| Year.        | Admitted. | Discharged. | Whole num-ber under treatment. | Recovered. | Improved. | Unimproved. | Died. | Greatest num-ber in hospital on any day. | Least number in hospital on any day. | Remaining at the end of year. | Daily average number for the year. |
|--------------|-----------|-------------|--------------------------------|------------|-----------|-------------|-------|--|--------------------------------------|-------------------------------|------------------------------------|
| 1840-1.....  | 120       | 80          | 129                            | 30         | 14        | 24          | 5     | 70                                       | 1                                    | 52                            | 48                                 |
| 1841-2.....  | 89        | 72          | 141                            | 32         | 16        | 19          | 5     | 73                                       | 50                                   | 65                            | 59                                 |
| 1842-3.....  | 86        | 84          | 151                            | 32         | 16        | 31          | 5     | 72                                       | 58                                   | 68                            | 65                                 |
| 1843-4.....  | 83        | 75          | 151                            | 30         | 16        | 23          | 5     | 79                                       | 55                                   | 75                            | 70                                 |
| 1844-5.....  | 99        | 90          | 175                            | 39         | 21        | 26          | 5     | 89                                       | 71                                   | 85                            | 80                                 |
| 1845-6.....  | 102       | 87          | 187                            | 41         | 22        | 14          | 5     | 107                                      | 80                                   | 101                           | 93                                 |
| 1846-7.....  | 124       | 100         | 125                            | 53         | 17        | 20          | 10    | 125                                      | 98                                   | 124                           | 108                                |
| 1847-8.....  | 128       | 125         | 152                            | 60         | 31        | 14          | 20    | 135                                      | 117                                  | 127                           | 112                                |
| 1848-9.....  | 123       | 110         | 150                            | 65         | 22        | 19          | 14    | 139                                      | 121                                  | 139                           | 126                                |
| 1849-50..... | 110       | 120         | 149                            | 66         | 35        | 21          | 14    | 165                                      | 123                                  | 124                           | 137                                |
| 1850-1.....  | 75        | 122         | 199                            | 22         | 28        | 40          | 32    | 125                                      | 30                                   | 76                            | 75                                 |
| 1851-2.....  | 48        | 42          | 124                            | 23         | 4         | 8           | 8     | 76                                       | 34                                   | 84                            | 79                                 |
| 1852-3.....  | 126       | 89          | 210                            | 45         | 14        | 15          | 15    | 120                                      | 84                                   | 119                           | 108                                |
| 1853-4.....  | 109       | 114         | 228                            | 49         | 15        | 18          | 32    | 140                                      | 114                                  | 115                           | 127                                |
| 1854-5.....  | 123       | 88          | 243                            | 41         | 14        | 14          | 10    | 155                                      | 114                                  | 155                           | 134                                |
| 1855-6.....  | 149       | 114         | 304                            | 54         | 22        | 19          | 19    | 194                                      | 151                                  | 190                           | 167                                |
| 1856-7.....  | 144       | 126         | 334                            | 69         | 24        | 29          | 14    | 215                                      | 190                                  | 208                           | 204                                |
| 1857-8.....  | 126       | 126         | 334                            | 59         | 25        | 18          | 24    | 225                                      | 102                                  | 208                           | 213                                |
| 1858-9.....  | 149       | 120         | 357                            | 58         | 22        | 23          | 17    | 240                                      | 102                                  | 237                           | 222                                |
| 1859-60..... | 136       | 133         | 373                            | 63         | 22        | 17          | 31    | 246                                      | 227                                  | 240                           | 236                                |
| 1860-1.....  | 135       | 123         | 375                            | 55         | 25        | 16          | 27    | 255                                      | 239                                  | 252                           | 248                                |
| 1861-2.....  | 126       | 119         | 377                            | 57         | 24        | 19          | 19    | 267                                      | 244                                  | 258                           | 254                                |
| 1862-3.....  | 118       | 111         | 376                            | 52         | 21        | 14          | 24    | 266                                      | 242                                  | 265                           | 254                                |
| 1863-4.....  | 124       | 135         | 389                            | 49         | 22        | 11          | 53    | 273                                      | 247                                  | 254                           | 253                                |
| 1864-5.....  | 142       | 110         | 396                            | 47         | 25        | 23          | 24    | 282                                      | 254                                  | 277                           | 272                                |
| 1865-6.....  | 135       | 133         | 412                            | 61         | 29        | 13          | 33    | 287                                      | 267                                  | 276                           | 277                                |
| 1866-7.....  | 150       | 123         | 426                            | 54         | 27        | 11          | 21    | 303                                      | 276                                  | 303                           | 391                                |
| 1867-8.....  | 165       | 129         | 468                            | 63         | 23        | 16          | 27    | 341                                      | 302                                  | 339                           | 319                                |
| 1868-9.....  | 150       | 153         | 489                            | 68         | 28        | 14          | 42    | 351                                      | 332                                  | 337                           | 342                                |
| 1869-70..... | 130       | 122         | 467                            | 48         | 19        | 18          | 37    | 348                                      | 330                                  | 345                           | 339                                |
| 1870-1.....  | 174       | 151         | 519                            | 58         | 28        | 21          | 44    | 376                                      | 345                                  | 368                           | 363                                |
| 1871-2.....  | 202       | 177         | 510                            | 79         | 34        | 19          | 45    | 404                                      | 368                                  | 393                           | 384                                |
| 1872-3.....  | 200       | 282         | 593                            | 85         | 36        | 20          | 53    | 416                                      | 388                                  | 411                           | 400                                |
| 1873-4.....  | 189       | 207         | 600                            | 61         | 33        | 61          | 52    | 420                                      | 393                                  | 393                           | 400                                |
| 1874-5.....  | 188       | 178         | 581                            | 66         | 31        | 27          | 52    | 408                                      | 389                                  | 403                           | 398                                |
| 1875-6.....  | 186       | 184         | 589                            | 68         | 33        | 31          | 52    | 408                                      | 384                                  | 405                           | 398                                |
| 1876-7.....  | 194       | 183         | 599                            | 72         | 35        | 28          | 46    | 423                                      | 397                                  | 416                           | 411                                |
| 1877-8.....  | 188       | 186         | 604                            | 56         | 45        | 37          | 48    | 423                                      | 406                                  | 418                           | 415                                |
| 1878-9.....  | 196       | 195         | 614                            | 53         | 52        | 60          | 30    | 432                                      | 399                                  | 419                           | 415                                |
| 1879-80..... | 188       | 171         | 607                            | 57         | 32        | 43          | 38    | 439                                      | 390                                  | 436                           | 412                                |
| 1880-1.....  | 215       | 201         | 651                            | 56         | 57        | 42          | 46    | 453                                      | 426                                  | 450                           | 442                                |
| 1881-2.....  | 194       | 183         | 644                            | 71         | 35        | 34          | 43    | 465                                      | 433                                  | 461                           | 449                                |
| 1882-3.....  | 208       | 205         | 669                            | 53         | 42        | 22          | 88    | 467                                      | 430                                  | 464                           | 450                                |
| 1883-4.....  | 203       | 207         | 667                            | 59         | 31        | 16          | 101   | 472                                      | 443                                  | 460                           | 454                                |
| 1884-5.....  | 249       | 223         | 709                            | 80         | 54        | 12          | 77    | 488                                      | 459                                  | 486                           | 474                                |
| 1885-6.....  | 231       | 189         | 717                            | 66         | 56        | 7           | 60    | 543                                      | 484                                  | 528                           | 506                                |
| 1886-7.....  | 226       | 202         | 734                            | 82         | 52        | 14          | 54    | 556                                      | 527                                  | 552                           | 543                                |
| 1887-8.....  | 250       | 224         | 802                            | 76         | 48        | 19          | 81    | 600                                      | 552                                  | 578                           | 580                                |
| 1888-9.....  | 225       | 223         | 803                            | 65         | 60        | 22          | 76    | 599                                      | 561                                  | 580                           | 579                                |
| 1889-90..... | 253       | 207         | 833                            | 63         | 18        | 17          | 73    | 634                                      | 577                                  | 626                           | 612                                |
| 1890-1.....  | 245       | 198         | 871                            | 63         | 47        | 18          | 70    | 677                                      | 626                                  | 673                           | 649                                |
| 1891-2.....  | 269       | 257         | 942                            | 71         | 72        | 25          | 89    | 697                                      | 669                                  | 685                           | 685                                |
| 1892-3.....  | 287       | 301         | 972                            | 75         | 83        | 55          | 88    | 714                                      | 671                                  | 671                           | 693                                |
| 1893-4.....  | 284       | 275         | 955                            | 84         | 51        | 36          | 104   | 706                                      | 668                                  | 680                           | 680                                |
| 1894-5.....  | 274       | 248         | 954                            | 95         | 54        | 34          | 65    | 712                                      | 680                                  | 706                           | 698                                |
| 1895-6.....  | 240       | 237         | 946                            | 58         | 70        | 29          | 80    | 717                                      | 690                                  | 709                           | 703                                |
| 1896-7.....  | 255       | 251         | 964                            | 50         | 95        | 33          | 81    | 737                                      | 710                                  | 713                           | 722                                |
| 1897-8.....  | 234       | 214         | 947                            | 41         | 76        | 35          | 61    | 740                                      | 708                                  | 733                           | 727                                |
| 1898-9.....  | 249       | 235         | 982                            | 48         | 37        | 21          | 103   | 771                                      | 732                                  | 747                           | 747                                |

Respectfully submitted,

BIGELOW T. SANBORN, *Superintendent.*

MAINE INSANE HOSPITAL, Augusta, Nov. 30, 1899.

## CHAPLAINS' REPORT.

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*To the Trustees of the Maine Insane Hospital:*

The report of the board of chaplains is necessarily brief and perhaps relatively unimportant, but it is herewith respectfully submitted. The board for the year 1899 was composed of three Augusta clergymen, whose names appear below, pastors respectively of the Unitarian, the Free Baptist, and the Congregational churches.

Sunday services have been held weekly in the chapel with the exception of a short vacation in midsummer. The average attendance has been good and the interest uniform. The behaviour, too, of the patients has been above criticism, while the response to any worthy and practical thought has been ready and intelligent, thus showing the mental ability of the hearers to benefit by the chapel exercises. We sincerely believe, gentlemen, that the small appropriation for religious services is money well expended, even though it did no more than furnish mental diversion for the class of patients able to profit by it.

As regards the general welfare of the hospital, others are best qualified to speak. Yet we may be permitted to say that our observation leads to the firm belief that the institution is wisely and humanely managed; that those in authority are persons of ability and character; and that everything possible is being done to make the unfortunate members comfortable and contented. The wise and humane administration of affairs should commend the institution to the thoughtful consideration of the whole people of our State, whose charge this great and worthy charity is.

Truly the State cannot be too generous of its bounty in fostering this long established institution for the care of the insane. "Inasmuch as ye did it unto one of these my brethren, even these least, ye did it unto me."

E. E. NEWBERT,  
E. LESHER,  
J. S. WILLIAMSON.

## REPORT OF VISITING COMMITTEE.

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*To His Excellency, the Governor, and the Executive Council of the State of Maine:*

The visiting committee to the Maine Insane Hospital in compliance with the requirements of law, herewith respectfully submit a report of their visits to the institution for the year 1899.

The visits of the committee to the hospital have been irregular and without previous notice. We have tried to acquaint ourselves with the management of its various departments. We have always found the several wards in excellent condition, the patients clean and receiving the attention and care which their unfortunate condition demands.

The food and kitchen supplies, which we have examined at different times were found to be of good quality and proper in kind.

The lady member of the committee assumed her duties with very many misgivings, knowing how ably and acceptably they had been performed by her predecessor, but with the kind co-operation and intelligent direction of the able superintendent and all connected with the institution, she sincerely hopes that she may have helped to brighten some of the sad hours of the more appreciative patients.

As is to be expected from the mental condition of so many in an institution of this kind, there is discontent and complaint from some. Our observation, however, convinces us that everything is done by the officers and attendants to make the inmates comfortable and happy as possible, under the circumstances. The affairs of the institution are, in our judgment, in excellent condition and are under the management of officials amply qualified to discharge their important duties.

Respectfully submitted,

SIDNEY M. BIRD,

A. G. BLUNT,

MRS. WALDO PETTENGILL,

*Visiting Committee.*





## STEWARD AND TREASURER'S REPORT.

*To the Trustees of the Maine Insane Hospital:*

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1899.

### Total Receipts and Disbursements of Cash for the Year Ending November 30, 1899.

| DR.  |              |              |
|--|--------------|--------------|
| Balance cash on hand December 1, 1898.....   | \$ 1,155 42  |              |
| Receipts for year, hospital account .....  | 195,155 57   |              |
| Received on account appropriation from State of Maine for heating plant and coal pocket, as originally designed..... | 7,500 00     |              |
|  |              | \$203,810 99 |
| CR.  |              |              |
| Disbursements, hospital account.....   | \$192,503 91 |              |
| Disbursements, account appropriations .....  | 4,259 36     |              |
| Balance, cash on hand November 30, 1899.....   | 7,047 72     |              |
|  |              | \$203,810 99 |

**COMPARATIVE STATEMENT "A."**  
**Of Resources and Liabilities November 30, 1898.**

| RESOURCES—SUPPLIES IN STOCK.  |             |              |
|---|-------------|--------------|
| Cash on hand .....  |             | \$1,155 42   |
| Due from State of Maine for support of patients .....   |             | 16,693 11    |
| Due from towns and individuals for support of patients...                                       |             | 32,670 22    |
| Provisions, groceries, crockery and furniture, per inventory .....                              |             | 9,306 76     |
| Dry goods, clothing, etc., per inventory .....  |             | 7,119 39     |
| Coal on hand, per inventory .....   |             | 7,363 26     |
| Medical supplies on hand, per inventory .....   |             | 1,337 39     |
| Horses, cows, oxen, hogs, produce, per inventory .....  |             | 19,967 87    |
| Repairs and improvements, pipe and fittings, lumber and material, per inventory.....            | 6,740 43    |              |
| Expense, stationery, books and office materials, per inventory .....                            | 405 21      |              |
| Real estate, Norton house, purchased in 1886.....   | 900 00      |              |
| Real estate, Hoyt house, purchased in 1890.....   | 2,500 00    |              |
| Real estate, Thorne farm, purchased in 1893.....  | 4,500 00    |              |
| Real estate, Severance farm, purchased in 1893 .....  | 2,000 00    |              |
|   |             | \$112,659 06 |
| LIABILITIES.  |             |              |
| Due firms and individuals, account supplies .....   | \$22,123 43 |              |
| Due employes per pay roll.....  | 4,136 78    |              |
| Amusement fund .....  | 1,000 00    |              |
| Bills payable.....  | 13,500 00   |              |
| Coburn fund, balance interest in treasury .....   | 1,549 42    |              |
| Appropriation for boiler house, coal pocket, and steam chimney, 1897, balance in treasury ..... | 2,664 89    |              |
|   |             | 49,974 52    |
| Net resources as per hospital account A in annual statement November 30, 1898 .....             |             | \$62,684 54  |

**COMPARATIVE STATEMENT "B."**  
**Of Resources—Supplies in Use November 30, 1898.**

|   |           |             |
|---|-----------|-------------|
| Dispensary department, medical instruments, furnishings, etc.....   | \$ 370 10 |             |
| Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc.....   | 8,517 10  |             |
| Greenhouse department, plants, pots, implements, etc.....   | 1,917 39  |             |
| Hospital furnishings department, furniture, bedding, fixtures and household materials, etc .....  | 60,202 58 |             |
| Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's, mason's and plumber's tools, implements, etc ..... | 1,754 10  |             |
| Amusement fund, principal of Orne bequest .....   | 1,000 00  |             |
| Net resources as per hospital account B in annual statement November 30, 1898 .....   |           | \$73,761 27 |

**COMPARATIVE STATEMENT "A."**  
**Of Resources and Liabilities November 30, 1899.**

| RESOURCES—SUPPLIES IN STOCK.   |             |              |
|--|-------------|--------------|
| Cash on hand .....   | \$7,047 72  |              |
| Due from State of Maine for support of patients.....   | 16,810 75   |              |
| Due from towns and individuals, support of patients.....   | 32,488 75   |              |
| Provisions, groceries, crockery and furniture, per inventory   | 13,235 45   |              |
| Dry goods, clothing, etc., per inventory.....  | 8,313 11    |              |
| Coal on hand, per inventory .....  | 6,564 12    |              |
| Medical supplies on hand, per inventory.....   | 1,852 07    |              |
| Horses, cows, oxen, hogs, produce, per inventory.....  | 19,711 00   |              |
| Repairs and improvements, pipe and fittings, lumber and material, per inventory .....                      | 8,602 49    |              |
| Expense, stationery, books and office materials, per inventory.....  | 431 88      |              |
| Real estate, Norton house, purchased in 1886 .....   | 900 00      |              |
| Real estate, Hoyt house, purchased in 1890 .....   | 2,500 00    |              |
| Real estate, Thorne farm, purchased in 1893.....   | 4,500 00    |              |
| Real estate, Severance farm, purchased in 1893.....  | 2,000 00    |              |
|  |             | \$124,957 34 |
| LIABILITIES.   |             |              |
| Due firms and individuals, account supplies .....  | \$29,085 61 |              |
| Due employes per pay roll.....   | 4,106 34    |              |
| Amusement fund.....  | 1,000 00    |              |
| Bills payable.....   | 16,000 00   |              |
| Coburn fund, balance interest in treasury.....   | 1,829 48    |              |
| Appropriation for boiler house, coal pocket, etc., 1897, balance in treasury .....                         | 1,405 53    |              |
| Appropriation for boiler house, coal pocket, etc., as originally designed, 1899, balance in treasury ..... | 4,500 00    |              |
|  |             | 57,926 96    |
| Net resources as per hospital account "A" in annual statement November 30, 1899.....                       |             | \$67,030 38  |

**COMPARATIVE STATEMENT "B."**  
**Of Resources—Supplies in Use November 30, 1899.**

|  |           |             |
|--|-----------|-------------|
| Dispensary department, medical instruments, furnishings, etc.....  | \$400 00  |             |
| Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc.....  | 8,486 27  |             |
| Greenhouse department, plants, pots, implements, etc.....  | 1,854 38  |             |
| Hospital furnishings department, furniture, bedding, fixtures and household materials, etc.....  | 59,813 55 |             |
| Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's, mason's and plumber's tools, implements, etc..... | 3,452 43  |             |
| Amusement fund, principal of Orne bequest .....  | 1,000 00  |             |
| Net resources as per hospital account "B" in annual statement, November 30, 1899.....  |           | \$75,006 63 |

## SIXTEENTH ANNUAL FINANCIAL STATE

|   | Supplies in stock.<br>On hand per<br>inventory avail-<br>able November<br>30, 1899. | Supplies in use.<br>On hand per in-<br>ventory unavail-<br>able November<br>30, 1899. | Trial Balance. |    | Net cost of<br>different<br>departments. |
|---|---|---|----------------|----|--|
| Hospital account A, supplies in<br>stock.....                               |   |   | \$62,684       | 54 | .....                                    |
| Hospital account B, supplies in<br>use.....                                 |   |   | 73,761         | 27 | .....                                    |
| Cash.....   |   |   | \$7,047        | 72 | .....                                    |
| Dry goods department.....   | \$8,313   | 11  | 6,968          | 56 | .....                                    |
| Dispensary department.....  | 1,852   | 07  | \$ 400         | 00 | \$3,036                                  |
| Farm department.....  | 17,119  | 62  | 8,486          | 27 | 23,488                                   |
| Garden department.....  | 1,185   | 38  |                |    | 294                                      |
| Greenhouse department.....  |   |   | 1,854          | 38 | 3,028                                    |
| Grocery department.....   | 11,228  | 08  |                |    | 11,228                                   |
| Expense department.....   | 431   | 88  |                |    | 7,218                                    |
| Heating and lighting department.....  | 6,564   | 12  |                |    | 23,141                                   |
| Hog department.....   | 1,406   | 00  |                |    | 3,095                                    |
| Hospital furnishing department.....   | 426   | 55  | 59,813         | 55 | 66,759                                   |
| Repairs and improvements.....   | 8,602   | 49  | 3,452          | 43 | 20,522                                   |
| Real estate.....  | 9,900   | 00  |                |    | 9,778                                    |
| Subsistence.....  | 1,581   | 02  |                |    | 58,359                                   |
| Amusement fund ("Orne").....  |   |   | 1,000          | 00 | .....                                    |
| Coburn fund.....  |   |   |                |    | 1,829                                    |
| Bills payable.....  |   |   |                |    | 17,000                                   |
| Interest and discount.....  |   |   |                |    | 207                                      |
| Salaries and wages (due employes).....                                      |   |   |                |    | 4,106                                    |
| State of Maine (owes hospital).....   |   |   |                |    | 16,810                                   |
| Sundry persons and towns (owe<br>hospital).....                             |   |   |                |    | 32,488                                   |
| Sundry persons and towns (hospital<br>owes).....                            |   |   |                |    | 29,085                                   |
| Extra repairs and improvements.....   |   |   | 9,932          | 06 | 9,932                                    |
| Steam heating improvements.....   |   |   | 5,021          | 26 | 5,021                                    |
| Appropriation for boiler house, coal<br>pocket and steam chimney, 1897..... |   |   |                |    | 1,405                                    |
| Appropriation for boiler house, coal<br>pocket, 1899.....                   |   |   |                |    | 4,500                                    |
|   | \$68,610  | 12  | \$74,006       | 63 | 253,026                                  |
|   |   |   | 253,026        | 65 | 65                                       |
| Increase in Hospital Account A.....   |   |   |                |    | 4,345                                    |
| Increase in Hospital Account B.....   |   |   |                |    | 1,245                                    |
|   |   |   |                |    | 65,004                                   |
| Net increase.....   |   |   |                |    | \$5,591                                  |

We hereby certify that we have examined the accounts of the Treasurer for the year ending November 30, 1899, and find them correct.

P. O. VICKERY,  
CHAS. S. PEARL, } Finance Committee  
THOMAS WHITE, } of Trustees.

Very respectfully submitted,  
MANNING S. CAMPBELL, Steward and Treasurer.

MENT, NOVEMBER 30, 1899.

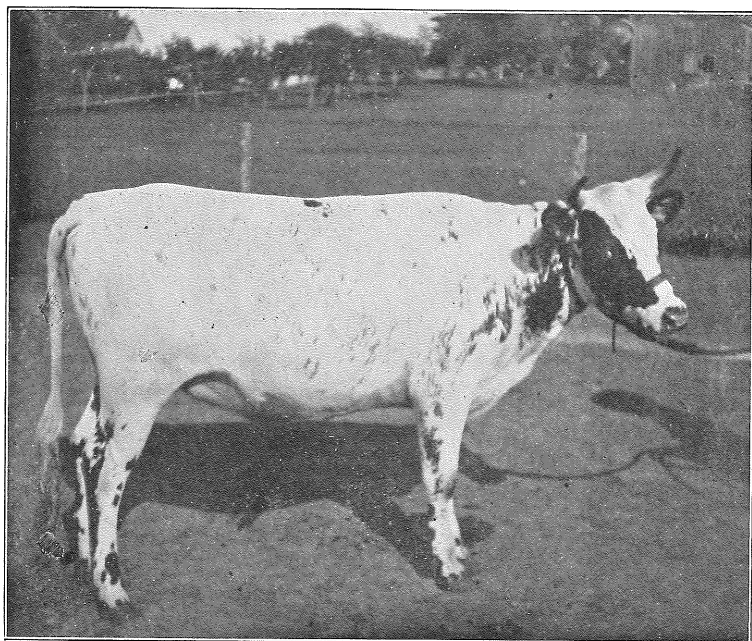
| Net production<br>or gain of<br>different<br>departments. | Hospital<br>Account A.<br>Available assets. |             | Hospital<br>Account B.<br>Unavailable<br>assets. |             | Resources B.<br>Assets<br>unavailable. | Resources A.<br>Assets<br>available. | Liabilities. |
|---|---|-------------|--|-------------|--|--------------------------------------|--------------|
|   |   | \$62,684 54 |  |             |  |                                      |              |
|   |   |             |  | \$73,761 27 |  | \$7,047 72                           |              |
| \$1,344 55  |   |             |  |             |  | 8,313 11                             |              |
| 2,117 70  |   |             |  |             | \$ 400 00                              | 1,852 07                             |              |
| 1,479 75  |   |             |  |             | 8,486 27                               | 17,119 62                            |              |
|   |   |             |  |             |  | 1,185 38                             |              |
|   |   |             |  |             | 1,854 38                               |                                      |              |
|   |   |             |  |             |  | 11,228 08                            |              |
|   |   |             |  |             |  | 431 88                               |              |
|   |   |             |  |             |  | 6,564 12                             |              |
|   |   |             |  |             |  | 1,406 00                             |              |
|   |   |             |  |             |  | 426 35                               |              |
|   |   |             |  |             | 59,813 55                              | 8,602 49                             |              |
| 122 00  |   |             |  |             | 3,452 43                               | 9,900 00                             |              |
| 59,940 53   |   |             |  |             |  | 1,581 02                             |              |
|   |   |             |  |             | 1,000 00                               |                                      | \$ 1,829 48  |
|   |   |             |  |             |  |                                      | 17,000 00    |
|   |   |             |  |             |  |                                      | 4,106 34     |
|   |   |             |  |             |  | 16,810 75                            |              |
|   |   |             |  |             |  | 32,488 75                            |              |
|   |   |             |  |             |  |                                      | 29,085 61    |
|   |   |             |  |             |  |                                      | 1,405 53     |
|   |   |             |  |             |  |                                      | 4,500 00     |
|   |   | 4,345 84    |  | 1,245 36    |  |                                      |              |
| \$65,004 53   |   |             |  |             |  |                                      |              |
| Balance Hospital<br>account A.....                        | 67,030 38                                   |             |  |             |  |                                      |              |
| Balance Hospital<br>account B.....                        |   |             | \$75,006 63                                      |             |  |                                      |              |
|   | \$67,030 38                                 | \$67,030 38 | \$75,006 63                                      | \$75,006 63 |  |                                      |              |
| Total resources A.....                                    |   |             |  |             |  | 124,957 34                           |              |
| Total resources B.....                                    |   |             |  |             | \$75,006 63                            | 75,006 63                            |              |
| Total resources<br>and liabilities.....                   |   |             |  |             |  | 199,963 97                           | \$57,926 96  |
| Balance Hospital<br>account A.....                        |   |             |  |             |  |                                      | 67,030 38    |
| Balance Hospital<br>account B.....                        |   |             |  |             |  |                                      | 75,006 63    |
| Proof.....  |   |             |  |             |  | 199,963 97                           | 199,963 97   |

## GARDEN PRODUCTS FOR THE YEAR 1899.

|             |              |                        |            |
|-------------|--------------|------------------------|------------|
| 352.....    | pounds.....  | Asparagus .....        | \$44 00    |
| 168.....    | bushels..... | Beet Greens .....      | 84 00      |
| 140.....    | bunches..... | Beets .....            | 3 50       |
| 26,425..... | pounds.....  | Beets .....            | 229 08     |
| 181½.....   | bushels..... | Beans (string).....    | 181 50     |
| 23½.....    | bushels..... | Beans (dry).....       | 47 00      |
| 267.....    | boxes.....   | Blackberries .....     | 26 70      |
| 26,550..... | ears.....    | Corn (green ears)..... | 187 58     |
| 2.....      | acres.....   | Corn fodder.....       | 20 00      |
| 100.....    | pounds.....  | Corn (pop) .....       | 5 00       |
| 23,889..... | pounds.....  | Cabbage .....          | 238 89     |
| 10,552..... | .....        | Cucumbers .....        | 54 21      |
| 148.....    | boxes.....   | Currants .....         | 14 80      |
| 5,420.....  | pounds.....  | Carrots .....          | 27 10      |
| 51.....     | heads.....   | Cauliflower .....      | 12 75      |
| 6,807.....  | heads.....   | Celery .....           | 850 88     |
| 43.....     | boxes.....   | Gooseberries .....     | 4 30       |
| 7,295.....  | heads.....   | Lettuce .....          | 151 37     |
| 17,380..... | pounds.....  | Onions .....           | 175 39     |
| 16,210..... | pounds.....  | Pumpkins .....         | 109 05     |
| 11,874..... | pounds.....  | Potatoes .....         | 113 46     |
| 10.....     | bushels..... | Potatoes (seed).....   | 10 00      |
| 19,750..... | pounds.....  | Parsnips .....         | 197 50     |
| 6.....      | bushels..... | Pears .....            | 6 00       |
| 30.....     | bunches..... | Parsley .....          | 90         |
| 96¼.....    | bushels..... | Peas .....             | 120 31     |
| 30.....     | bushels..... | Pickles .....          | 45 00      |
| 139.....    | boxes.....   | Raspberries .....      | 13 90      |
| 1,740.....  | bunches..... | Radishes .....         | 37 91      |
| 4,130.....  | pounds.....  | Rhubarb .....          | 55 17      |
| 7,275.....  | pounds.....  | Squash .....           | 75 25      |
| 30.....     | bushels..... | Spinnach .....         | 15 00      |
| 1,328.....  | boxes.....   | Strawberries .....     | 146 12     |
| 11,717..... | pounds.....  | Tomatoes .....         | 91 08      |
| 21,858..... | pounds.....  | Turnips .....          | 178 98     |
| Total ..... |              |                        | \$3,573 59 |



A RARE COMBINATION—ROYAL BREEDING, BEAUTY AND UTILITY



One Year Ayrshire Heifer, Queen Nathalie, from Maine Insane Hospital Herd. Shown at Maine State Fair, 1899.



FARM PRODUCTS FOR THE YEAR 1899.

|  |                          |                   |
|--|--------------------------|-------------------|
| 3,484.....pounds.....                                | Beef .....               | \$280 82          |
| 19,730.....pounds.....                               | Barley (unthreshed)..... | 98 65             |
| 7.....pounds.....                                    | Calf skins .....         | 7 20              |
| 13.....pounds.....                                   | Calves .....             | 176 00            |
| 1.....pounds.....                                    | Bull .....               | 75 00             |
| 3.....pounds.....                                    | Bulls (yearlings) .....  | 107 00            |
| 14.....pounds.....                                   | Cows (beef) .....        | 625 00            |
| 9,350.....pounds.....                                | Corn fodder .....        | 32 73             |
| 443 321-400.tons.....                                | Ensilage .....           | 3,106 62          |
| 672.....pounds.....                                  | Hides .....              | 48 37             |
| 161,540.....pounds.....                              | Hungarian grass .....    | 565 39            |
| 246.....tons.....                                    | Hay .....                | 2,952 00          |
| 4.....sets.....                                      | Heads and feet .....     | 60                |
| 43,877 <sup>1</sup> / <sub>4</sub> .....gallons..... | Milk .....               | 7,887 68          |
| 177,015.....pounds.....                              | Potatoes .....           | 1,475 11          |
| 13,535.....pounds.....                               | Potatoes (small) .....   | 56 38             |
| 198.....pounds.....                                  | Tallow .....             | 4 27              |
| 951.....pounds.....                                  | Veal .....               | 81 97             |
| Total .....  |                          | <hr/> \$17,580 79 |

## ARTICLES MADE IN SEWING-ROOM, 1899.

|            |                                   |
|------------|-----------------------------------|
| 252.....   | Aprons.                           |
| 36.....    | Bureau and stand covers.          |
| 5.....     | Books covered.                    |
| 79.....    | Bags, provision, coffee and sand. |
| 15.....    | Bags, spice.                      |
| 350.....   | Bags, Christmas.                  |
| 87.....    | Curtains.                         |
| 3.....     | Pair curtains, muslin and lace.   |
| 29.....    | Cooks' caps.                      |
| 24.....    | Cooks' coats.                     |
| 43.....    | Camisoles.                        |
| 205.....   | Chemise.                          |
| 247.....   | Dresses.                          |
| 324.....   | Ladies' drawers.                  |
| 22.....    | Frocks.                           |
| 5.....     | Shirts.                           |
| 127.....   | Nightdresses.                     |
| 120.....   | Napkins, hemmed.                  |
| 47.....    | Spreads, hemmed.                  |
| 2.....     | Pillow ticks.                     |
| 1,598..... | Pillow slips.                     |
| 2,841..... | Sheets.                           |
| 2,501..... | Towels.                           |
| 296.....   | Tablecloths.                      |
| 451.....   | Skirts.                           |
| 34.....    | Waists.                           |
| 5.....     | Dress waists.                     |
| 416.....   | Bandages.                         |
| 4.....     | Curtains, from old material.      |
| 35.....    | Stand covers, from old material.  |
| 51.....    | Tablecloths, from old material.   |
| 315.....   | Napkins, from old material.       |

## ARTICLES REPAIRED IN SEWING-ROOM, 1899.

|          |                              |
|----------|------------------------------|
| 475..... | Aprons.                      |
| 136..... | Cooks' coats.                |
| 12.....  | Pair white pants.            |
| 64.....  | Camisoles.                   |
| 12.....  | Pair curtains.               |
| 2.....   | Pair curtains.               |
| 545..... | Dresses.                     |
| 13.....  | Clothes bags.                |
| 3.....   | Carriage robes.              |
| 1.....   | Carriage cushion.            |
| 21.....  | Frocks.                      |
| 10.....  | Blankets bound and repaired. |
| 5.....   | Spreads.                     |
| 51.....  | Tablecloths.                 |
| 29.....  | Sheets and pillow slips.     |
| 48.....  | Towels and napkins.          |
| 20.....  | Rugs bound and repaired.     |

## APPENDIX.

### [FORM OF MITTIMUS.]

#### STATE OF MAINE.

*To the Superintendent of the Maine Insane Hospital:*

WHEREAS, the undersigned, Selectmen of the town of —, in the county of —, this day, on complaint to us made in writing, by (\*) — of the town of —, in said county, who bears the relationship of — to (\*\*) —, of said town of —, who therein says that said (\*\*) — is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said (\*\*) —, and called before us such testimony as was necessary to a full understanding of the case; whereupon, it appeared to us that said (\*\*) — was insane, and we were of opinion that the safety and comfort of said (\*\*) — and others interested, would be promoted by a residence in said Hospital, and accordingly determined that said (\*\*) — be sent forthwith to said Institution.

We, therefore, certify that said (\*\*) — is insane, and that — was residing commorant, and found in the town of — aforesaid at the time of arrest and examination aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said (\*\*) — into said Hospital, and detain — in your care until — shall become of sound mind, or be otherwise discharged by order of law, or by the Superintendent or Trustees.

Given under our hands, at said —, this — day of —, in the year of our Lord one thousand eight hundred and —

*Selectmen.*

#### [PHYSICIANS' CERTIFICATE OF INSANITY.]

We, the undersigned, practicing physicians of the town of — and State of Maine, have examined into the state of health and mental condition of — of said —, and we hereby certify that in our opinion — is insane.

— — M. D.

— — M. D.

Dated at said — this — day of —, 19

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\* Complainant's name.

\*\* Name of person to be committed.

## [FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we, —, of —, in the county of —, as principal, and —, of —, in the county of —, as sureties, are jointly and severally held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of three hundred dollars, to the payment of which sum, well and truly to be made to him, the said —, or to his successors in said office, we bind ourselves, our executors and administrators, firmly by these presents.

*Scaled with our seals, and dated at —, this — day of —, A. D. 19*

*The condition of the above obligation is such,* That whereas — of —, in the county of —, is about to be admitted as a boarder and patient to the Institution aforesaid; now, if the said — shall pay to said —, or to his successor in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred for said patient, as may be determined by the Trustees for the time being, not to exceed —, and pay for all such necessary articles of clothing as shall be furnished said — by the said —, or his successor, and remove the said — from said institution, whenever they shall be thereto in writing requested by the Superintendent for the time being,—and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury to the furniture and other property of said Institution, by said —, and for reasonable charges that may be incurred in case of the elopement of said —, payments to be made quarterly and at the time of removal, with interest on the amount after it becomes due as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue. [L. S.]

Witness;

[L. S.]

## QUESTIONS

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

1. Age?
2. Married or single?
3. Occupation?
4. How old at first attack?
5. Date of present attack? What appearances?
6. What changes since?
7. On what subject?
8. Any rational intervals?
9. Any relatives ever insane, and who were they?
10. Ever attempted suicide or homicide, and in what manner?
11. Destructive to clothes or property?
12. Disposed to filthiness of person or habits?
13. Any restraint or confinement been applied? If any, what?
14. If former attacks, how many, and how long did they continue?

15. What natural peculiarities? power of self-control? temper? disposition? predominant passions? disappointment as to property, affections, wounded pride, loss of friends, family troubles, intemperance in the use of ardent spirits, tobacco, &c.?

16. History of any bodily disease, especially suppression of evacuations, eruptions, sores, &c., injuries, epilepsy, palsy, &c.

17. What cause or causes are supposed to have induced the attack?

18. What curative means have been tried? State if blood-letting has been resorted to; if so, to what extent?

Male patients admitted into the Institution, should come provided with at least three good cotton shirts; coat, vest and pants, of strong woolen cloth; two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of under-clothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woolens should be of dark color. It is quite desirable, also, that a Bible or Testament should not be forgotten in the outfit.

No person over twenty-one years of age can be received without the certificate required by the act regulating the Hospital, in the Revised Statutes.