

Public Documents of Maine:

BEING THE

# ANNUAL REPORTS

OF THE VARIOUS

# Departments @ Institutions

FOR THE YEAR

# 1898.

### VOLUME III.

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AUGUSTA KENNEBEC JOURNAL PRINT 1900

# REPORTS

OF THE

# TRUSTEES RESIDENT OFFICERS

OF THE

# MAINE INSANE HOSPITAL

DECEMBER 1, 1897.

AUGUSTA KENNEBEC JOURNAL PRINT 1898.

#### OFFICERS FOR 1897-98.

#### Trustees.

FREDERICK ROBIE, M. D., GORHAM, President. R. B. SHEPHERD, SKOWHEGAN, Secretary. MRS. J. R. SMITH, LITCHFIELD. JUDSON S. CLARK, MILLTOWN. CHARLES S. PEARL, Bangor. P. O. VICKERY, Augusta.

#### Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent. HORACE B. HILL, M. D., Assistant Superintendent. P. H. S. VAUGHAN, M. D., Second Assistant. EMMER VIRGINIA BAKER, M. D., Third Assistant. DANIEL W. HAYES, M. D., Fourth Assistant. MANNING S. CAMPBELL, Steward and Treasurer. ALICE G. TWITCHELL, Matron.

#### Chaplains for 1898.

REV. J. M. WYMAN, AUGUSTA. REV. CHAS. A. HAYDEN, AUGUSTA. REV. C. S. CUMMINGS, AUGUSTA. 'REV. CHAS. W. DOHERTY, AUGUSTA.

#### SUBORDINATE OFFICERS.

CHARLES F. PERRY, Hospital Clerk. THERON D. REED, Assistant Hospital Clerk. JOHN A. GETCHELL, Second Assistant Hospital Clerk. AARON B. RIPLEY, Superintendent's Clerk. ELWIN M. GRANT, Store Clerk.

#### Supervisors.

MALE.

FEMALE MRS. ANNIE D. MCLEAN. MISS MARIA H. MCFEE, Assistant

VERMONT R. LUCE. GEORGE S. KIMBALL, First Assistant. CHARLES H. DAVIS, Second Assistant.

> Women's Pavilion. MISS EDITH BOYINTON.

Men's Pavilion. ANSEL L. BRANN.

W. L. SAMPSON, Engineer. W. H. ALLEN, Florist and Gardener. HORACE B. CONY, Farm Snperintendent.

#### Standing Committees for 1897-98.

On Conference with Legislative Committee-Robie, Pearl and Vickery.

On Finance-Vickery, Pearl and Clark.

On Buildings and Improvements-Shepherd, Robie and Mrs. Smith.

On Farm Stock and Outside Property-Shepherd, Robie and Vickery.

On Library-Mrs. J. R. Smith and Dr. B. T. Sanborn.

On Recreation of Patients-Dr. Sanborn, Shepherd and Clark.

#### Visiting Committee for the Year.

January-Clark and Pearl. February-Mrs. Smith and Vickery. March-Full Board. April-Shepherd and Pearl. May-Robie and Mrs. Smith. June-Full Board. July—Mrs. Smith and Shepherd. August—Robie and Vickery. September—Full Board. October—Clark and Vickery. November—Robie and Shepherd. December—Full Board.

### TRUSTEES' REPORT.

To the Honorable Governor and Council:

The trustees of the Insane Hospital, at the close of the year 1897, would respectfully submit their annual report.

The official administration of the affairs of the Hospital during the past year has received the usual attention from the members of the Board of Trustees, and our monthly and quarterly meetings are duly recorded, and set forth that we have endeavored, thoroughly and faithfully, to discharge the various duties which have been incumbent upon us to perform. There has been a desire to keep up the good character of the Hospital by several judicious improvements. At the same time, we have felt the necessity of exercising the greatest economy in the expenditures for outside work, in consequence of lack of means occasioned by the reduction of the price of board and the increased price of many of the articles of food. We are, however, able to say that there has been no change in the quality or character of the subsistence department, and we are able to report that the patients are well fed and clothed and have had an abundance of material comforts, which render hospital life more easy to bear.

The dilapidated condition, as the result of constant wear, of several of the portions of the inside of the Hospital has been restored to a normal and respectable appearance, and there has been expended outside of the Hospital buildings, on the walks and grounds, a sufficient amount of our earnings to make the necessary repairs of this important factor of hospital property. In extraordinary repairs and improvements there has been expended, \$8,920, but there is need of still further expenditure of money and labor in this direction to meet the requirements of a well-cared-for hospital, which in due time should be made. The demands of strict economy have influenced our deliberations, and we have endeavored to meet all the expenses and requirements of the institution, within reasonable bounds. The salaries of the officers of the institution, and all those who have heretofore received wages for their labor, have been satisfied and paid for at the lowest practical rates, and there has only been an increase in the number of attendants and additional expense when the safety and comfort of the patients demanded it.

The purchase of all the materials used in the Hospital, by the steward and treasurer, has been under the inspection of a committee of the Board of Trustees, and found to be made at the lowest market price.

We should be grateful for the watchful care of a kind Providence, which has guarded and protected the institution during the past year. No epidemics, or unexpected casualty, has disturbed the peace or happiness of the inmates, so that in this respect the past year has been one of prosperity and usefulness over several of our past records.

The superintendent of the Hospital and all of his medical associates, also the other officers and attendants of the institution, have been loyal to the requirements of their several responsible engagements, so that there has been no occasion for material complaint; but we are gratified to listen, from all sources, to a general expression of satisfaction.

More patients than ever before have enjoyed the benefits of the Hospital, reaching at one time the population of 737.

The superintendent has wisely exercised his usual foresight in relieving the Hospital from its burdensome condition by sending to their homes as speedily as possible all cured cases of previous insanity, and others that have appeared harmless and could be well cared for elsewhere, in order that the vacant apartments could be occupied and used for the more urgent and dangerous applicants.

#### FINANCE.

An abstract from the treasurer's report shows the receipts and disbursements for the year as follows:

Balance cash on hand December 1, 1896	\$ 4,260.76
Receipts for year, Hospital account	
Received on account appropriation from State of	
Maine for boiler house, coal pocket and steam	
chimney	15,000.00
	\$192,716.50
Cr.	
Disburgements Hospital account	¢

Disbursements, Hospital account......\$170,311.98Disbursements, account appropriation.....16,142.16Balance cash on hand November 30, 1897.....6,262.36

.77.0

\$192,716.50

At the annual meeting of the Trustees in December, it was voted to make a reduction in the rate of board of twenty-five cents per week, to go into effect March 1st, 1897. From this reduction our earnings have been reduced \$6,300.00, and our financial statement shows a decrease of \$7,192.00, which is accounted for by the reduction of our income and the increased cost of supplies, which is fully 10 per cent. more than last year.

The farm and garden as earning departments, show a reduced profit of nearly \$3,000.00, due largely to the season. Crops were light and poor. Potatoes an entire failure.

While our price of board has been reduced, we have in no way reduced the quality or quantity of food. Everything has been maintained to the previous standard and efficiency.

The expenditures for the year for extraordinary repairs and improvements, which includes sidewalks, new bathrooms, new icehouse, tearing down and moving old buildings, running sixinch water main, setting hydrants, etc., was \$8,920.24.

The amount expended for steam heating improvements, aside from contracts for the new building, was \$10,399.69, and the amount expended for our usual repairs was \$9,194.05. From these amounts it will be seen that as much has been expended this year as usual for our extraordinary improvements, made necessary by the entire changing and remodeling of our heating plant.

By the change in our heating system we have no doubt it will make a saving of \$4,000.00 per year, which will pay a good interest on the cost of the plant, and while our capital has been reduced, this year, in consequence of this needed change, we feel that the reduction of expenditures, next year, and the saving from the heating account will make good, if not fully restore the deficit.

The new boiler-house and heating apparatus has been sufficiently tested to justify the large expenditure. The steam chimney of 180 feet in height attracts the attention of the public who visit Augusta, and while it is ornamental, it fulfills its purpose in an economical sense; for by its mechanism, all combustible gases and materials are consumed and in consequence of its height the inmates of the Hospital are not disturbed by any debris that usually passes through the chimney. We are proud of our work, and consider it one of the best monuments of good judgment that has entered into our official administration.

#### TREASURY DEPARTMENT.

I desire to call your attention to the full and complete report of the treasurer, which sets forth the financial condition of the Hospital, which report has been read before the full board of Trustees and is of a very satisfactory character.

The particular subject that demands your attention is the special appropriation of the last Legislature of \$30,000.00, for building a new boiler-house, coal pocket and steam chimney.

Contracts for building the new boiler-house, coal pocket and steam chimney, were made with Smith & Clark of Augusta, Me., for \$22,269.00, and with the New Jersey Steel and Iron Company of Trenton, N. J., for the coal pocket roof, for \$4,290.00, and the receipts and expenditures on these contracts are as follows:

#### TRUSTEES' REPORT.

#### RECEIPTS.

Amount available for the year 1897, received from	
the State of Maine	\$15,000.00
Amount paid from the Hospital treasury	1,142.16
	\$16,142.16

#### EXPENDITURES.

Paid Smith & Clark, account contract	\$14,020.00
Paid New Jersey Steel and Iron Co., account con-	
tract	2,000.00
Paid for services of civil engineer	76.25
Advertising for bids	9.58
Express on plans	. 1 5
Paid Baldwin, for roof extras	36.18

#### \$16,142.16

We would call your attention to the report of the superintendent of the Hospital for valuable information and statistics in regard to the condition of the Hospital and the causes of We are confronted with the fact that the usual causes insanity. for insanity, which have existed for centuries, are still in existence, operating with irresistible force to increase the army of insane unfortunates, who have no other place for care and safety than in a similar asylum to our own. Many are cured and others fall by the wayside; but the ranks are filled by new recruits. Every principle of justice and humanity calls for the aid of public benevolence to provide for our insane; and we invoke Divine assistance to incline our hearts to meet every responsibility, so that human suffering of this kind may be alleviated as far as possible.

> FREDERICK ROBIE, R. B. SHEPHERD, MRS. R. J. SMITH, J. S. CLARK, CHAS. S. PEARL, P. O. VICKERY.

# REPORT OF THE COMMITTEE ON RECREATION AND AMUSEMENT OF THE PATIENTS.

To the Trustees of the Maine Insane Hospital:

Past experience has demonstrated to your committee, appointed for the purpose of taking into consideration the moral element in the treatment of the patients, the wisdom of continuing along in the same methods, and every effort has been put forth, so far as our means would allow, to the end that proper recreation and diversion be made available.

During the past warm season more attendants have been employed for the purpose of affording to the patients a greater amount of exercise in the open air. The opening up of the new road across the farm, after the purchase of the landed estates at the extreme end of the Hospital property, has afforded our patients much better opportunity for pedestrianism than formerly, and much of the first half of each day has been spent in the open air. To the convalescent and private patients opportunity has been afforded to be in the sunlight very much the entire day, and particularly to those to whom paroles have been granted.

The two excusions to the sea shore by steamboat were much enjoyed and continue to be very much sought after by the patients. It is pleasantly anticipated a long while before the trips are made and affords much thought for pleasant reflection for subsequent weeks.

More than usual interest has been manifested among such patients as are able to exercise proper self-control to attend religious worship in town in addition to the usual services held in the chapel; and nearly every Sabbath, more or less patients have attended the various places of worship in the city, as their choice determines, accompanied by attendants. The usual number of games have been made available for all who are inclined to amuse themselves in this direction, not only in the wards, but on the lawns as well. A large number of patients have found recreation in attending the circuses, and not infrequently patients have been allowed the privileges of the various theatres and entertainments in the city.

The element of music, which is evidently so beneficial and which is so much sought after by our patients, has suggested the idea of making excursions to Togus for the purpose of attending the band concerts, which occur nearly every day during the summer; and through the courtesy of the Governor of the Home a larger number of our household have availed themselves of its pleasant and beneficial influences than in any preceding year. The Hospital orchestra has continued to afford the usual amount of diversion for the patients at the Coburn Hall entertainments, which are held two evenings each week throughout the entertainment season. At all of these exercises, in addition to the music for dancing, special selections have been rendered. I believe the efficiency of the orchestra has not been exceeded heretofore, and much credit is due them for their proficiency. The choir renders most excellent music for our Sabbath services, and in addition occasionally entertains the patients Sunday evenings by musical exercises in the various wards.

While the acquisition of increased territory to the landed estate of the institution affords greater opportunity for the circulation of the patients, yet much more pleasure and profit might be rendered were we in possession of a suitable grove where we could construct a park where many hours of the day might be spent, and during the hot season of the year suitable shade could be afforded. It has been ascertained that ten or twelve acres of land containing a very fine grove on the south side of the present property of the institution can be purchased at a reasonable It is apparent that a suitable park for summer use figure. would be far-reaching in its beneficial effects. Such experiments have been tried at various institutions of this character in adjoining states, and have been found of great practical utility and an element of curability. We trust your board will take into consideration this suggestion, and that such a project may, if found practicable, be carried into effect. We desire to call your attention again to the suggestion in our report of a year ago in regard to the advisability of establishing a sanitarium at the sea shore for the benefit of our convalescent patients. The plan has been detailed to quite an extent, so that the same ground need not be gone over again at this time. We trust that we may follow the line of work that has been put into operation by similar institutions, and that in the near future this suggestion may be carried into effect, and that the convalescent patients may be afforded further opportunity for recovery and more permanent continuance of health, which such an entire change in environment would effect.

We are still under obligations to Hon. J. W. Bradbury for the continuance of donations of papers and periodicals. Two entertainments have been given by Prof. Roberson, consisting of illustrated lectures on Japan and India. They were very interesting and afforded the patients much mental food. The young people of Vassalboro rendered a most pleasing drama which afforded much delight for all. The patients also listened to a most pleasing dramatic entertainment by the principal of the Gorham High School with several of his pupils and the young people of the village. They were obtained through the influence of Hon. Frederick Robie, and to both parties we desire to render grateful acknowledgments. The efficient choir of the institution, assisted by Miss Lewis of Freeport, rendered a very pleasing vocal entertainment which was enjoyed by the entire household. Also the famous Canadian Jubilee Singers gave an enjovable entertainment one afternoon in Coburn Hall.

We append the financial statement of what has been expended directly for the diversion of the patients.

#### RECREATION AND AMUSEMENT.

#### COBURN FUND DISBURSEMENTS

#### FOR THE YEAR ENDING NOVEMBER 30, 1897, AS PER VOUCHERS IN THE TREASURER'S OFFICE.

## BIGELOW T. SANBORN,

R. B. SHEPHERD,

## J. S. CLARK,

Committee on Recreation and Amusement of Patients.

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# REPORT OF THE COMMITTEE ON THE HOSPITAL LIBRARY.

To the Trustees of the Maine Insane Hospital:

Your committee on the library for the year ending November 30, 1897, having attended to its duty, now ask leave to report.

1896. December 1 December 1 December 1		\$1,224 00 2,000 00 1 48
1897. January 1 July 1 November 30	dividends on bank stock dividends on bank stock savings bank dividends	60 00 60 00 48 48
1897. February 24 March 13 March 23 March 27 May 5 August 3. August 5. September 14 . November 112. November 30 November 30 November 30	books (Estes & Lauriat) books (Houghton, Mifflin & Co.) Year Book of Medicine and Surgery Medical Jurisprudence books (Home Library Association) books (John McDonough) papers and magazines express on books	33,393 96 32 50 4 95 1 50 6 00 6 01 2 18 30 00 7 50 12 50 4 96 2 00 4 96 2 00 7 50 12 50 3 95 3,230 41
	Balance in savings bank	\$3,393 96 \$3,230 41

MRS. J. R. SMITH, BIGELOW T. SANBORN, Committee on Library.

### SUPERINTENDENT'S REPORT.

To the Trustees of the Maine Insane Hospital:

The close of the fiscal year brings with it the duty of the Superintendent to report what has occurred in the affairs of the institution, and to summarize the various changes that have been effected in the several departments of the Hospital. I would respectfully submit the Superintendent's fifty-seventh annual report.

The year has been a very busy one, not only because of the necessity of treating a larger number of patients than any preceding year, but also in consequence of the construction of a plant for heating the institution, and in the erection of a building for the use of the various mechanical departments.

The largest number of patients in the institution was in October, when the total reached 737. The least number in any one day was 710, and the daily average has been 722, considerably exceeding that of any previous year, the daily average for 1895-6 being 703. The wards were the most crowded in October, when the daily average for the month reached 731; since which time, however, by my request many of the cities and towns have kindly withdrawn such of their patients as I could recommend as having become in a condition to exercise proper self-control, so that at the end of the fiscal year we find the number remaining in the institution to be 713, 388 men, 325 women.

Taking into consideration the character of the patients, much contentment and comfort has been observed, and we have enjoyed entire immunity from infectious diseases, and accidents of a painful character have been unusually rare.

The whole number of patients under treatment has been 964; 537 men and 427 women, against 964 the preceding year, of

which 522 were men and 424 were women. The number of those discharged as recovered is a trifle less than the preceding year; but the number removed from the institution as much improved and improved has been considerably in excess, so that the number of those discharged who were recovered or improved fully compares with previous records. There is great cause for gratitude that the institution has been able to treat successfully so large a number of patients in excess of the capacity of the institution without the intervention of serious accidents. or painful casualties. It is very apparent that the sanitary conditions of the institution are excellent when we take into consideration the non-appearance of zymotic disturbances. It is evident that the Hospital must remain in a greatly overcrowded condition for several years to come; hence every avenue in the direction of sanitation and hygienic conditions must be carefully guarded, and to this end we have kept a careful watch over the repairs and improvements in our system of sewerage and water supply, the details of which will be mentioned later on in this report.

A larger corps of attendants has been employed than has been customary heretofore in order that the patients should receive a maximum amount of sunlight and exercise in the open air. few years since the night-watch supervision of the institution was conducted by the employment of four night attendants; but since the large accession of patients this night force has been gradually increased until at the present time there are, in the whole, seventeen having the immediate or general care of the patients, aside from the four persons who make a general inspection of the various wards of the institution, and one person whose duty it is to guard the outside. All the others are serving in the capacity of night-nurses and supervising the homicidal and suicidal cases and the wards for the sick. In the latter department we have a sufficient corps of day attendants, and in addition night-nurses to carefully look after the wants of the sick through thne night. A night cook is furnished, not only to serve food for the night force, but to furnish dietary for the sick.

Since the completion of our electric plant, lights are furnished in the various verandas, the sick wards, and the approaches to all of the wings, so that in the event of a conflagration the occupants can be afforded much easier opportunities for escape.

An upholsterer is constantly employed, with assistants, whose duty it is to keep the mattresses of the institution in suitable repairs. All soiled mattresses and any that have been occupied by sick patients are thoroughly disinfected by steam and reupholstered. In the sick wards there is constant disinfection and renovating of the bedding, so that no sick patient is allowed to be placed on a mattress that has previously been occupied by another patient.

Thermometrical records of the entire wards are made three times a day and reported at the office of the Superintendent. Duplicates are placed in the hands of our engineer, who has instructions to keep the temperature throughout at 72° Fahren-Inasmuch as the institution employs a fireman by day and heit. one by night, there is an entirely uniform temperature. In six of the wards of the institution where the violent and destructive patients are domiciled the temperature is kept at a much higher degree, averaging about 85° Fahrenheit, continuously throughout the entire cold season. This is made necessary from the fact that this class of patients denude themselves, and in many cases in consequence of delusions will not sleep upon their beds unless confined there by some restraint. The thermometrical records of the institution are open for inspection by the friends of the patients who may desire to see them. Considering the resources of the institution and the means employed for the comfort and well-being of the patients, we can assure the patrons of the institution that their friends and relatives are properly and kindly cared for.

In consequence of the legislative appropriation of \$30,000 for the erection of a power house, coalpit, smokestack, and a building for the various mechanical departments, the sites for the same were located early last spring, specifications having previously been made by Coombs, Gibbs & Wilkinson, architects of Lewiston, and accepted by your board. The contract for the various structures, aside from the iron work, was awarded to Smith & Clark of Augusta for \$22,296, they being the lowest bidders. The iron-work for the power house and the columns

17

and beams to carry the roof of the coalpit was awarded to the New Jersey Steel and Iron Company for \$4,290. The heating apparatus is being constructed by the institution by day labor under the direction of W. W. Carman of Portland.

The excavations for the various buildings were commenced early in the spring; but inclement weather so interfered that the progress towards completion was exceedingly slow, and at the closing of this report the heating apparatus, which could not be placed in until after the completion of the building, has not been finished; but we have the assurance that in two weeks' time it will be ready for the heating of the entire institution. The Augusta Lumber Company, which has been supplying steam for the institution throughout the summer thus far, will continue to supply us until such a time as the new apparatus is ready for use.

The power house is built of brick and consists of three departments: An engine room, an apartment for the necessary pumps and machinery, and the boiler house. The dimensions of the whole building are 100 feet in length by 75 feet in width. one story on the south and two stories on the north aspect. In addition, a coalpit has been constructed. 60 feet by 100 feet by 14 feet in depth, this being built largely below the surface of the ground, and its floor level with that of the boiler room. At the closing of this report the boilers are being tested as to draught. With a smokestack 180 feet in height and a flue 6 feet 6 inches in diameter there is every evidence that ample draught for the boilers will be found. In addition a building 30 feet by 50 feet, one story in height and constructed of brick, has been built for the use of a blacksmith shop, plumber's department, paint shop, and a room for upholstering. Our old boilers, which were very small and had become useless from many years of service, were supplanted by the purchase of three new ones made by the Portland Machine Company. These are 6 feet in diameter, 18 feet in length, with 17 feet tubes, and of 150 horsepower capacity. The Hawley system of downward draught has been introduced, and which we are assured will very much facilitate the steam-producing power of the boilers.

The heating apparatus is being most thoroughly constructed, but the steam mains are of such large size that the progress of the work must necessarily be slow. We are assured, however, that when completed the institution will be thoroughly equipped with the most approved modern apparatus. It is expected that we shall be able to heat largely on the gravity plan. In order to make the plant practical much renovation of the pipes of the institution has been made necessary. The entire hot air chambers underneath the various wards of the old part of the institution have been supplied with a new apparatus and much larger size of pipe. Drips for the various wings have been constructed, and indeed almost the entire heating plant of the institution has been reconstructed and modernized. We feel assured that this new plant with its gravity plan of heating will afford much more efficiency and greater economy in the consumption of coal.

Much labor has been performed in the various mechanical departments of the institution. The engineer has not only assisted in the new construction, but has been indefatigable in placing the heating apparatus of the new wings in a suitable condition for winter's use.

The plumber has reconstructed the bathrooms and water closets of the female pavilion, placing in all the modern improvments. The two bathrooms in the old brick ward have been overhauled and thoroughly repaired. The same department has kept up the various repairs of the institution so that we believe it is better equipped in this direction than it has ever been heretofore. It has been necessary to continue the water supply to the newly constructed buildings, and this has been done by laying a 6-inch cast iron pipe. Hydrants are attached so that the entire new building and that section of the institution is well supplied for fire purposes, and the same source affords water for the boilers. An additional steamer hydrant has been constructed on the north side of the institution in the vicinity of the The new buildings have been supplied new brick pavilion. with drinking water by laying a pipe from the Clark fountain, and the same source supplies the bakery, the pipe having been laid during the past season.

A large amount of painting has been accomplished by the painter with his assistants. Nearly all the outbuildings have received a new coat of paint as well as the interior of the Harlow and Sanborn wards.

The carpenters have laid new floors in all of the transverse wards where the violent patients are domiciled, and some new floors have been placed in the various wards of the old buildings.

The heads of the entire mechanical departments have had an exceedingly busy year and have accomplished much.

Some new sidewalks have been constructed, and others are in process of construction ready to be completed another season.

The electric plant, which was not fully completed at the closing of last year's report, was made ready for use during last winter, so that now the entire institution is illuminated by electricity with the exception of a portion of Coburn Hall. It is very satisfactory and affords very much protection in that no pyromaniac is able to set fire from this source.

The icehouse, which was in process of construction at the end of last year's report, was made ready for the storage of ice in January. The building is very satisfactory, and is sufficient in capacity for the storage of about 1,200 tons, beside containing a cold storage room. The exterior has been thoroughly painted, and the building presents a fine architectural appearance.

By direction of your Board a donkey engine was purchased, which supplies power, not only for the storage of ice, but for the cutting of the ensilage.

In consequence of the excessive rains in the early part of the season, the products of the farm and garden have not been up to the average. The hay crop was quite large, but was not as well harvested as usual. The potato and apple crop was almost an entire failure, and the yield of grain was below the average. We were fortunate in sowing some sixteen acres of hungarian, which matured rapidly and afforded a very nutritious food for the cows, which was fed to them through the month of August and a portion of September. Our experience with this material the past season will warrant its continuance in the future, as we believe it has excellent milk-producing properties. The weather was quite unfavorable for the growth of fodder corn; but we were able to harvest some 400 tons of ensilage, but which was not in our opinion quite up to the quality of that secured in former years.

There are at present a herd of seventy cows, about sixty of which are producing milk. There are forty heifers ranging

20

from one to two and a half years old, some of which will be in milk during the approaching spring.

There have recently been added to the herd three thoroughbred Ayrshires, namely: "Blossom of Burnside," No. 5,887, C. A. H. R.; "Lady Topsey," No. 8,756, C. A. H. R.; and "Village Belle," No. 6,596, from the herd of Maple Cliff farm, Compton. Quebec, owned and bred by Robert Robertson. These cows were from the celebrated prize-winning herd which took more prizes at the World's Fair than any other individual herd. They have been prize-winners at other exhibitions in Canada and this country for excellence in dairy development. Two of the cows are bred and now in calf to the celebrated prizewinning bull "Matchless," No. 7,560, C. A. H. R., considered by Avrshire breeders as the best Avrshire bull in this country, and . now owned by the Hon. J. N. Greenshield of Montreal, at Isliegh Grange farm, Danville, Quebec. We anticipate much from this strain of Ayrshire stock, and it will unquestionably become a valuable acquisition to our herd.

The immediate requirements of the institution, which seem to be imperative and which should be carried into execution the coming season, is in the direction of new flooring for several of the wards in the stone buildings. If the finances of the institution will allow work should be commenced as soon as warm weather approaches the coming spring and should be completed In this connection I would suggest during another season. that while this work is in progress heating flues may be constructed for the individual rooms so that we shall not be dependent in this section upon the heat from the wards. Before a large amount of grading can be performed on the south side of the institution it will be necessary to move one of the barns and locate it near the farm house according to the suggestion previously made and presented for the consideration of your Board. The stairways in the wards of the two wings next to the center building are narrow and have become much dilapidated. Τ would suggest that they be replaced by fireproof ones of more liberal width and of easier ascent.

Agreeable to your instructions I selected an additional assistant physician from the Maine Medical School, Dr. D. W. Hayes, with the understanding that he is to complete one year's service as an adjunct to the medical staff. Dr. Hayes came well recommended and has made, thus far, very commendable progress in his duties.

The visits of the executive committee and the lady visitor have been helpful, and each member receives my hearty acknowledgment for kind support.

Commendable and efficient duty has been rendered the institution by my assistants. I am able to mention a large degree of self-sacrificing labor performed by those in the immediate care of the patients. I am also under obligations to my private clerk for valuable and competent service.

Aside from the comprehensive administrative duties rendered the institution by your Board, for which the citizens and friends of the patients feel grateful, I beg to express my personal acknowledgments for your uniform courtesy and valuable counsel.

Imploring the continuance of Divine aid we enter the duties of another year.

22

## MEDICAL STATISTICS, 1897.

#### TABLE No. 1.

#### MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1896 Admitted since Number under treatment	382 155 537	327 100 427	709 255 964
DISCHARGES AND DEATHS. Recovered Improved Unimproved Not insane Died Remaining November 30, 1897	18 2 47	$ \begin{array}{r} 16\\16\\21\\15\\0\\34\\\hline\\325\end{array}$	50 40 45 33 2 81 713

#### TABLE NO. 2.

#### ASSIGNED CAUSES OF INSANITY IN THOSE ADMITTED DURING THE YEAR.

	Men.	Women.	Total.
Alcoholism Army life Apoplexy Brain fever Business trouble Critical period. Childbirth. Cigarettes. Chronic diarrhea. Chroit call archea. Congenital. Domestic affliction. Dissipation Epilepsy. Frequent childbearing. Heredity.	$ \begin{array}{c} 12\\2\\1\\1\\4\\0\\0\\2\\1\\0\\4\\5\\3\end{array}\right) $	Women. 0 0 0 0 0 7 8 0 0 1 1 8 0 0 1 1 8 0 5 1 4	Total. 12 2 1 1 1 4 4 7 8 8 2 1 1 1 1 3 3 8 8 8 1 10 10 10 10 10 10 10 10 10
Alypnotism Injury Ill health La grippe Love affair. Masturbation Narcotism Overwork. Overstudy.	0 9 1 12 2 7 2 4 2	1 2 3 3 0 0 0 0 4 0	1 11 4 15 2 7 2 8 2 8 2

#### TABLE No. 2-Concluded.

	Men.	Women.	Total.
Paralysis Prostitution Religious excitement Rheumatic fever Sunstroke Syphilis Traumatism Unknown Suppression of menses Worriment Total	$ \begin{array}{c} 1 \\ 1 \\ 5 \\ 1 \\ 1 \\ 60 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ $	$ \begin{array}{c} 0 \\ 1 \\ 0 \\ 0 \\ 0 \\ 0 \\ 47 \\ 1 \\ 1 \\ 100 \end{array} $	$ \begin{array}{c} 1\\2\\1\\3\\5\\1\\1\\107\\1\\1\\-255\end{array}$

#### TABLE NO. 3.

#### AGES OF THOSE ADMITTED.

	Men.	Women.	Total.
From 10 to 20 years of age         "20 "30 ""         "30 "40 ""         "40 "50 ""         "50 "60 ""         "60 "70 ""         "70 "80 ""         Unknown	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	$ \begin{array}{c} 1\\23\\29\\23\\12\\6\\3\\3\end{array} $	9 50 67 43 49 23 8 6
Total	155	100	255

#### TABLE No. 4.

#### SOCIAL CONDITION OF THOSE ADMITTED.

	Men.	Women.	Total.
Married. Single Widowed Divorced Unknown Total.	63 7 7 1	$\begin{array}{r} 54\\36\\8\\2\\0\\\hline 100\end{array}$	131 131 15 15 9 1 255

TABLE NO	э 5.
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#### DURATION OF INSANITY PRIOR TO ADMISSION.

				Men.	Women.	Total.
Not e	rceedi	no 1	month	51	22	7
"			months	21	14	3
66	**	6	"	13	5	18
"	**	ğ	"	2	ŏ	
"	66	12	"	10	$1\check{5}$	2
**		18	"	3	1	
**	**	10	years	14	9	2
"	64	3	4	10	6	ī
**	* *	4	"	8	3	Î
**	**	$\hat{5}$	"	Ō	4	
**	**	Ğ	•4	ŏ	3	
**	"	ž	"	Õ	i i	1 3
**	**	8	"	2	ō	
**	**	10	"	ō	l i	
**	" "	12	"	i	Ō	
**	" •	13	"	1	Ō	-
**	**	14	"	ī	l i	
**	**	î	"	ō	2	[
* *	**	17	"	Ō	ĩ	
"	**	32	"	1	[ ō	íi
Unkn	own			17	12	29
To	otal			155	100	25

#### TABLE No. 6.

MONTHLY ADMISSIONS.

	Men.	Women.	Total.
1896, December.	11 15	13	 24 22
1897, January " February	6	2	8
" March " April	$     14 \\     12 $		$\frac{22}{18}$
" May " June	$\frac{15}{12}$	6 6	21 18
" July" " August	21 18	11	28 29
" September"	$12 \\ 14$	17 8	29 22
" November	5	9	14
Total	155	100	255

#### TABLE NO. 7.

#### TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

				Men.	Women.	Total.
Not ez		ng 3 1		 . 18	6	24
"	64	6	"	 5	5	10
"	**	9	**	 8	2	10
**	**	12	44	 1	0	1
**	**	18	**	 	1	1
"	"		years		$\overline{2}$	4
то	tal			 24	16	50

#### TABLE No. 8.

CAUSES OF DEATH.

	Men.	Women.	Total.
Anasarea	4 1 2 1 9 2 1 3 0 3 2 1 3 1 1 7		4 2 2 2 2 2 2 2 2 1 4 4 1 5 6 9 9 6 4 3 8 8
Paralytic insanity Typhomania Total	3 2 47	2 3 	5 

#### TABLE No. 9.

#### MONTHLY MORTALITY.

	Men.	Women.	Total.
1896, December	1	3	4
1897, January	1	3	4
" February" " March	4 8	4	2
" April	3	0	2
" May	2	4	ě
" June	$\tilde{5}$	ō	Ď
" July	4	1	1
" August	9	3	12
" September	3	6	e
" October	2	3	5
" November	7	4	1
Total	47	34	81

#### TABLE NO. 10.

#### AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years of age	$ \begin{array}{r} 1 \\ 5 \\ 8 \\ 11 \\ 16 \\ 3 \\ 2 \\ 1 \\$	0 4 6 7 11 1 5 0 	$ \begin{array}{r} 1 \\ 9 \\ 14 \\ 18 \\ 27 \\ 4 \\ 7 \\ 1 \\ \hline 81 \\ \end{array} $

#### TABLE No. 11.

1 year		Men.	Women.	Total.
	6       "         1 year	3 4 5 3 3 2 4 1 0 1 2 0 1 1 0 1 1 0 0 1 0 0 0 0	2 2 3 5 1 2 2 0 0 1 1 0 2 2 0 1 1	5 6 8 18 4 5 5 5 3 2 2 1 2 2 1 2 2
			1	i i

#### APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

#### TABLE No. 12.

#### OCCUPATION OF THOSE ADMITTED.

	Men.	Women.	Total.
Blacksmith	1	0	1
Carpenter	Ĝ	ŏ	6
Carriagemaker	ĭ	ŏ	1
Caulker	î	ŏ	
Clergyman	î	ŏ	1
Clerk	· 2	$\overset{\circ}{2}$	4
Cooper	$\tilde{2}$	õ	1
Druggist	ĩ	ŏ	i
Farmer	39	ŏ	39
Fisherman	4	ŏ	4
Fruit dealer	1	Ŏ	1
Fish dealer	î	ŏ	
Harness maker	î	ŏ	1
Housework	. õ	74	74
Hotel clerk	1	1 <del>4</del> 0	
Insurance agent	$\frac{1}{2}$	ŏ	
Laborer	35	0	35
Laborer	1	Ö	
	1		
Machinist	1		
	1		
Mason		0	
Marble finisher	1	0	
Mariner	3	0	
Merchant	3	0	
Millman.	1	0	
Mill operative	2	4	
Music teacher	0	1	
None	12	13	2
Opera singer	0	1	
Pâinter	2	0	
Peanut vender	$\frac{2}{2}$	0	
Photographer	2	0	
Physician	1	0	
Railroad conductor	2	0	
Railroad employe	1	0	
Reporter	1	0	
Salesman	3	0	
Ship carpenter	1	0	
Shoemaker	5	0	
Schoolboy	3	0	
Soldier	1	0	
Stable keeper	1	0	
Stonecutter	1	0	
Student	1	0	
Feacher	1	4	
reamster	1	0	
Typewriter	0	1	
Watchman	1	0	
Total	155	100	25

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### SUPERINTENDENT'S REPORT.

#### TABLE NO. 13.

#### RESIDENCE PRIOR TO ADMISSION.

	Men.	Women.	Total.
Acton	1	0	1
Addison	0	1	1
Albany	$^{2}_{0}$	0	1 1 2 1 1
Appleton	1	$\begin{array}{c} 1\\ 0\end{array}$	1
Auburn	$\frac{1}{2}$	3	5
Augusta	2 9	4	13
Bangor Bangor	6	5	11
Bangor Bath	1 4	0	1
Berwick	<b>4</b> 0	$\begin{array}{c} 0 \\ 3 \\ 1 \end{array}$	13 11 1 7 1
Belfast	2	Ō	2
Belgrade	1	0	2 1 1
Bethel	1	0	1
Biddeford	4	2	6
Blanchard	0 0	$1 \\ 1$	1
Boothbay Harbor	ŏ	i	1
Brewer	$^{2}$	ô	$\hat{2}$
Bridgton	ō	2	$^{2}$
Bristol	1	ō	1
Brooksville	1	1	1 1 2 2 2 2 2 2 2 2 1 1 1 1 1 1 2 2 4
Brunswick Calais	0 1	$\frac{2}{1}$	2
Camden .	i	ō	ĩ
Cherryfield	0	1	ī
China	1	0	1
Cornville	1 1	0	1
Cushing Damariscotta	$\frac{1}{2}$	0	1
Danforth	ő	1	ĺ
Deering	ĭ	$1 \\ 3$	4
Deering	1	$^{2}$	3
Denmark	0	$\begin{array}{c}2\\1\\1\end{array}$	1
Dexter Dixmont	0		1
Dixmont Dresden	$^{2}_{0}$	$\begin{array}{c} 0 \\ 1 \end{array}$	1
Eddington		Ō	i
Eden	1	0	1
Edmunds	$2 \\ 2 \\ 1$	0	2
Ellsworth	2	$\begin{array}{c} 1\\ 0\end{array}$	3
Eustis	1	0	1
Fairfield	1	9	3
Falmouth	1	0	1
Farmingdale	1 2 2 1	1 0	3
Fort Fairfield	2	0	2
Foxcroft	ī	0	ī
Freeport	2	2	4
Friendship	1	0	
Fryeburg Gardiner	0		1
Gorham	1	0	i i
Gouldsboro	0	20	2
Hampden	1	0	1
Harrison	1	0	
Hartford	0	$1 \\ 1$	
Hodgdon	1	0	i i
Holden	ō		1
Hollis	01	1 1 1 1	1
Houlton	1	1	2
Island Falls	0		
Islesboro Industry	1	0	1
Jefferson	1	0	1 1
Kennebec jail	$\overline{2}$	0	2
Kennebunk	$\begin{array}{c} 2\\ 1\\ 2\end{array}$	0	$egin{array}{cccccccccccccccccccccccccccccccccccc$
Lewiston	2	0 3 2	5
Lisbon	• O	1 2	1

#### TABLE NO. 13-Concluded.

	Men.	Women.	Total
.imington	1	0	
Jincoln	ī	Ō	
ivermore	1	0	
ubec	0	1	
yman	1	0	
lachias	1	0	
lachiasport	0	$1 \\ 0$	
lanchester ladison.	$\frac{1}{3}$	0 0	
ilbridge	1	ŏ	
lorrill	î	ŏ	
ount Chase	î	ŏ	
ewcastle	Õ.	í	
orth Berwick	1	0	
obleboro	1	0	
orridgewock	1	0	
orway	1	0	
orth Yarmouth	1	0	
ld Orchard	1	0	
ld Town	1	0	
almyra aris	1	0	
arsonsfield	1	0	
hillips	i	0	
ortland	10		
rinceton	ĩõ	3 1 2 0	
andolph	ŏ	$\hat{2}$	
ichmond	$\tilde{2}$	ō	
obbinston	1	0	
ockland	3	3	
ockland jail	1	0	
ockport	1	0	
umford	0	1	
aco earsport	$\frac{2}{1}$	$5 \\ 1$	
nerman	0	1	
kowhegan .	3	i	
buth Berwick	ĩ	î	
outh Portland	ī	- Ā	
olon	ō	1	
euben	1	0	
. George	1	0	
remont	Q	1	
opsfield	1	0	
arner	0	$2 \\ 0$	
		1	
nity	ŏ	î	
an Buren	ĭ	ō	
inalhaven	$\hat{2}$	ŏ	
aldo	ō	1	
aldoboro	0	1	
aren	1	2	
aterville	2	1	
ells	1	0	
estbrook	2	0	
est Gardiner	1	0	
hitefield.	1	1 0	
indham	1	0 1	
indsor	2		
inthrop	ĩ	0	
finslow	i	0 0	
iscasset	i	1	
'iscasset jail	î	Ō	
armouth	ō	ľ	
Total	122	100	
Total	155	100	2

#### TABLE No. 14.

## NUMBER OF ADMISSIONS OF THOSE ADMITTED.

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.

		Men.	Women.	Total.
Admitted	first time	104	72	176
	 second time	30	16	46
	 fourth time	10	) D	13
	fifth time	1	1	12
"	sixth time	2	ō	2
"	seventh time	ō	3	Ĩ
"	seventeenth time	ŏ	ľ	1 ĭ
Total.	 	155	100	255

#### TABLE NO. 15.

NUMBER OF ADMISSIONS OF THOSE DISCHARGED RECOVERED.

		Men.	Women.	Total.
Admitted "" "" "" ""	I the first time	1	9 3 0 2 1 0 1 0	34 5 1 5 2 1 1 1
Total	•••••••••••••••••••••••••••••••••••••••	34	16	50

#### TABLE NO. 16.

#### RELIGION OF THOSE ADMITTED.

	Men.	Women.	Total.
Catholic	132 1	$\begin{array}{r rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	$ \begin{array}{r}     36 \\     4 \\     212 \\     3 \\     \hline     255 \end{array} $

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#### TABLE NO. 17.

#### NATIVITY OF THOSE ADMITTED.

	Men.	Women.	Total.
Arabia	0	1	
Canada	2	4	
Connecticut	1	0	}
England	ī	0	
Finland	1	0	
Ireland	1	2	}
Maine	135	76	21
Massachusetts	3	3	_
New Brunswick	3	1	1
New Hampshire	1	0	
New York	0	1	
Nova Scotia	0	3	
Prince Edward's Island	0	i	[
Russia	1	1 ī	Ì
Scotland	0	1	
Sweden	i	l ō	1
Unknown.	3	6	
Wisconsin	$\overline{2}$	Ō	
Total	155	100	2

### SUPERINTENDENT'S REPORT.

#### TABLE No. 18.

SHOWING	THE	OPERATIONS	of	THE	HOSPITAL	FROM	ITS	COMMENCEMENT	τυ	THE
PRESENT TIME.										

Year.	Admitted.	Discharged.	Whole number under treat- ment.	Recovered.	Improved.	Unimproved.	Died.	Greatest num- ber in hospital on any day.	Least number in hospital on any day.	Remaining at the end of year.	Daily average number for the year.
$\begin{array}{c} 1840-1.\\ 1841-2.\\ 1841-2.\\ 1842-3.\\ 1843-4.\\ 1843-5.\\ 1843-5.\\ 1843-6.\\ 1845-6.\\ 1845-6.\\ 1845-6.\\ 1849-50.\\ 1851-2.\\ 1859-6.\\ 1850-1.\\ 1851-2.\\ 1852-3.\\ 1853-4.\\ 1853-4.\\ 1853-4.\\ 1853-4.\\ 1853-4.\\ 1853-4.\\ 1853-6.\\ 1853-8.\\ 1859-60.\\ 1859-9.\\ 1859-60.\\ 1863-4.\\ 1863-8.\\ 1873-8.\\ 1873-8.\\ 1874-5.\\ 1875-8.\\ 1873-8.\\ 1874-5.\\ 1875-8.\\ 1874-5.\\ 1875-8.\\ 1885-9.\\ 18$	$\begin{array}{c} 120\\ 889\\ 86\\ 83\\ 99\\ 9102\\ 124\\ 128\\ 123\\ 1100\\ 102\\ 123\\ 123\\ 126\\ 126\\ 123\\ 149\\ 123\\ 149\\ 123\\ 126\\ 123\\ 126\\ 126\\ 126\\ 126\\ 155\\ 150\\ 156\\ 156\\ 156\\ 156\\ 156\\ 156\\ 156\\ 156$	$\begin{array}{c} 80\\ 72\\ 84\\ 75\\ 90\\ 125\\ 110\\ 122\\ 42\\ 42\\ 42\\ 42\\ 42\\ 126\\ 126\\ 120\\ 133\\ 123\\ 123\\ 123\\ 123\\ 123\\ 123\\ 123$	$\begin{array}{c} 129\\ 141\\ 151\\ 151\\ 151\\ 152\\ 152\\ 152\\ 152\\ 15$	$\begin{array}{c} 300\\ 322\\ 320\\ 339\\ 411\\ 53\\ 605\\ 66\\ 6\\ 222\\ 23\\ 339\\ 411\\ 54\\ 9\\ 659\\ 83\\ 55\\ 55\\ 529\\ 49\\ 15\\ 63\\ 8\\ 8\\ 8\\ 8\\ 8\\ 8\\ 7\\ 8\\ 5\\ 8\\ 9\\ 8\\ 5\\ 8\\ 5\\ 5\\ 5\\ 5\\ 6\\ 11\\ 5\\ 5\\ 8\\ 9\\ 8\\ 8\\ 8\\ 8\\ 8\\ 8\\ 7\\ 8\\ 5\\ 5\\ 5\\ 6\\ 6\\ 8\\ 8\\ 8\\ 7\\ 5\\ 5\\ 6\\ 8\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 5\\ 6\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 5\\ 6\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 6\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 5\\ 5\\ 6\\ 6\\ 8\\ 8\\ 7\\ 6\\ 5\\ 5\\ 5\\ 5\\ 6\\ 6\\ 8\\ 8\\ 7\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 5\\$	$\begin{array}{c} 14\\ 16\\ 16\\ 16\\ 21\\ 22\\ 22\\ 27\\ 31\\ 222\\ 22\\ 22\\ 22\\ 22\\ 22\\ 22\\ 22\\ 22\\ $	$\begin{array}{c} 244\\ 199\\ 311\\ 223\\ 200\\ 14\\ 199\\ 299\\ 188\\ 151\\ 18\\ 199\\ 299\\ 288\\ 177\\ 166\\ 199\\ 299\\ 288\\ 177\\ 166\\ 119\\ 199\\ 299\\ 212\\ 211\\ 111\\ 166\\ 144\\ 121\\ 121\\ 121\\ 217\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 317\\ 316\\ 227\\ 316\\ 316\\ 227\\ 316\\ 316\\ 227\\ 316\\ 316\\ 316\\ 316\\ 316\\ 316\\ 316\\ 316$	$\begin{array}{c} 5\\ 5\\ 5\\ 5\\ 5\\ 5\\ 3\\ 2\\ 2\\ 5\\ 5\\ 1\\ 2\\ 0\\ 1\\ 1\\ 1\\ 2\\ 2\\ 1\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\ 2\\$	$\begin{array}{c} 70\\ 77\\ 79\\ 89\\ 107\\ 125\\ 135\\ 125\\ 125\\ 125\\ 125\\ 120\\ 140\\ 155\\ 225\\ 266\\ 275\\ 266\\ 275\\ 266\\ 275\\ 266\\ 275\\ 266\\ 275\\ 266\\ 334\\ 351\\ 348\\ 376\\ 404\\ 408\\ 408\\ 408\\ 408\\ 408\\ 408\\ 408$	$\begin{array}{c} 1\\ 5\\ 5\\ 5\\ 5\\ 5\\ 7\\ 1\\ 1\\ 2\\ 1\\ 1\\ 2\\ 3\\ 0\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\ 3\\$	$\begin{array}{c} 552\\ 658\\ 755\\ 855\\ 101\\ 1127\\ 139\\ 124\\ 119\\ 115\\ 155\\ 159\\ 208\\ 237\\ 240\\ 240\\ 252\\ 258\\ 2252\\ 258\\ 2252\\ 254\\ 277\\ 2776\\ 303\\ 339\\ 3337\\ 3455\\ 265\\ 339\\ 339\\ 337\\ 345\\ 552\\ 255\\ 258\\ 416\\ 418\\ 419\\ 448\\ 448\\ 448\\ 448\\ 448\\ 456\\ 558\\ 558\\ 558\\ 558\\ 558\\ 558\\ 558\\ 5$	$\begin{array}{c} 48\\ 59\\ 65\\ 70\\ 80\\ 80\\ 80\\ 80\\ 80\\ 80\\ 80\\ 80\\ 80\\ 8$
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{c} 253 \\ 245 \\ 269 \\ 287 \\ 284 \\ 274 \\ 240 \\ 255 \end{array}$	207 198 257 301 275 248 237 251	833 871 942 972 955 955 954 946 964	65 63 71 75 84 95 58 50	18 47 72 83 51 54 70 95	$17 \\ 18 \\ 25 \\ 55 \\ 36 \\ 34 \\ 29 \\ 33$	73 70 89 88 104 65 80 81	$\begin{array}{c} 634 \\ 677 \\ 697 \\ 714 \\ 706 \\ 712 \\ 717 \\ 737 \end{array}$	$577 \\ 626 \\ 669 \\ 671 \\ 668 \\ 680 \\ 690 \\ 710 \\$	626 673 685 671 680 706 709 713	$\begin{array}{c} 612 \\ 649 \\ 685 \\ 693 \\ 680 \\ 698 \\ 703 \\ 722 \end{array}$

Respectfully submitted,

BIGELOW T. SANBORN, Superintendent. MAINE INSANE HOSPITAL, Augusta, Nov. 30, 1897.

### CHAPLAIN'S REPORT.

To the Trustees of the Maine Insane Hospital:

Gentlemen:—Another year has passed and I respectfully submit my report as chaplain.

Your watchful eyes are on the alert to discover what may be for the best interest of those committed to your care. Your frequent visits make you familiar with the names and the faces and the experiences as you meet them. I fancy you would have me report to you from my standpoint.

I see the healthier class of patients almost every Sunday during the year, except a few of the hottest Sundays in the summer, when it is deemed impracticable to maintain a service. Often a funeral is held during the week. Besides this, while visiting in the halls, I am frequently asked to offer prayer with the patients in their rooms. Inquiries are made in regard to their reading and spiritual exercises.

My ministry here convinces me that the minds in many cases are keenly alive to their highest interests. They often listen with manifest pleasure and approval to the weightier considerations of the gospel. They are not altogether dependent upon being interested and pleased. They are able to think and to consider the importance of God's truth for themselves.

They are not always contented. Many in our cities are not. They have tales of sorrow to relate. Nor are they altogether alone in this. They are not free from error and fault. We shall look a long time to find men that are. But in the judgment of your chaplain, the troubles are reduced to their lowest terms.

All who are capable and willing have employment. The Bible is always accessible; magazines and the secular and religious papers are furnished liberally. The patients read, chat, sew for themselves and others. Their fancy work would supply some of our stores and fairs. They play games and make good use of the piano, several wards being supplied. They walk or ride out for health and occupation. In short every practicable method is resorted to in order that the time may not hang heavily upon them.

I am not seeking to make residence here attractive or alluring. You and I would not choose this for a home. Many confined here do not. They plan and contrive and pray that they may get back to their homes again. They are not satisfied with their treatment. It would not be earth but heaven if no complaints of this kind arose. Yet very many stay from choice. Strong, noble men and women with minds impaired or broken by the weight of care and anxiety find here a place of refuge. Money would not hire them to go away.

It is a constant source of wonder to me how so many people, so deeply afflicted, from conditions so diverse, can be brought together; be made so comfortable and happy; be ministered unto so impartially; be kept so free from epidemics and have everything move along so orderly and smoothly. I suppose there is but one explanation for it. The officers have rare executive and business ability. They have had long experience. They understand their duties and attend to them. The greatest care is taken to promote mutual kind feelings and to secure mild treatment. I have never seen anything which would lead to a suspicion of harshness or cruelty.

Perhaps I have spoken in more general terms than this report would call for. But I could not easily refrain from giving this testimony after a close and perhaps critical observation of seven years as chaplain. I am deeply impressed with the great usefulness of this institution to suffering humanity. Such an institution should commend itself to the generosity of the rich and indeed of the whole commonwealth.

I would repeat with renewed emphasis what appeared in my last report in regard to the mission of a religious service in such a place. The gospel has shown itself a source of comfort and cheer during the past year. New inspiration has been secured and life has been made more endurable. The mission of music in the service, never better than now, is plain. The patients listen with manifest delight.

In closing I would make grateful mention of the uniform courtesy and assistance of all the officers and servants of the institution. My duties have thus been performed with pleasure to myself, and I trust with profit to many.

Respectfully submitted,

November 30, 1897.

J. M. WYMAN, Chaplain.

36

## STEWARD AND TREASURER'S REPORT.

## To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1897.

### Total Receipts and Disbursements of Cash for the Year Ending November 30, 1897.

DR.		
Balance cash on hand December 1, 1896	\$ 4,260 76	
Receipts for year, Hospital account	173,455 74	
Received on account appropriation from State of Maine for boiler house, coal pocket and steam chimney	15,000 00	
CR.		\$192,716 50
Disbursements, Hospital account	\$170,311 98	
Disbursements, account Appropriation	16,142 16	
Balance, cash on hand November 30, 1897	6,262 36	
		\$192,716 50

### COMPARATIVE STATEMENT A,

### Of Resources and Liabilities November 30, 1896.

\_\_\_\_

RESOURCES-SUPPLIES IN STOCK.		
Cash on hand Due from State of Maine for support of patients Due from State of Maine for support of patients Provisions, groceries, crockery and furniture, per inventory. Dry goods, elothing, etc., per inventory Coal on hand, per inventory Medical supplies on hand, per inventory Horses, cows, oxen, hogs, produce, per inventory Repairs and improvements, pipe and fittings, lumber and material, per inventory Expense, stationery, books and office materials, per inven- tory . Real estate, Norton house, purchased in 1886. Real estate, Hoyt house, purchased in 1890. Real estate, Severance farm, purchased in 1893.	$\begin{array}{c} \$4,260 \ 76\\ 11,322 \ 54\\ 28,944 \ 65\\ 8,555 \ 71\\ 6,836 \ 35\\ 14,822 \ 50\\ 1,559 \ 95\\ 18,835 \ 52\\ 4,419 \ 33\\ 470 \ 01\\ 900 \ 00\\ 2,500 \ 00\\ 4,500 \ 00\\ 2,000 \ 00\\ 2,000 \ 00\\ 2,000 \ 00\\ \end{array}$	
		\$109,927 32
LIABILITIES.		
Due firms and individuals, account supplies Due employes per pay roll Amusement fund Bills payable Coburn fund, balance interest in treasury Farm stock improvements, balance appropriation	$7,500 \ 00$ 198 13	
Net resources as per hospital account A in annual statement November 30, 1896		\$72,775 77

### COMPARATIVE STATEMENT B,

Of Resources-Supplies in use November 30, 1896.

Dispensary department, medical instruments, furnish-		
ings, etc Farm department, agricultural implements, carts, car-	\$ 458 55	
riages, sleds, sleighs, tools, etc		
Greenhouse department, plants, pots, implements, etc Hospital furnishings department, furniture, bedding, fix-	1,961 51	
tures and household materials, etc		
Repairs and improvements department, engineer's, black- smith's, carpenter's, painter's, mason's and plumber's tools,		
implements, etc	1,485 79	
Amusement fund, principal of Orne bequest		
Net resources as per hospital account B in annual statement November 30, 1896		\$72,560 22
		φ12,000 24

### STEWARD AND TREASURER'S REPORT.

## COMPARATIVE STATEMENT A,

# Of Resources and Liabilities November 30, 1897.

RESOURCES-SUPPLIES IN STOCK.			
Cash on hand Due from State of Maine for support of patients Due from towns and individuals for support of patients Provisions, groceries, crockery and furniture, per inventory Dry goods, clothing, etc., per inventory Coal on hand, per inventory Medical supplies on hand, per inventory Horses, cows, oxen, hogs, produce, per inventory Repairs and improvements, pipe and fittings, lumber and material, per inventory	$\begin{array}{c} \$ \ 6,262 \ 36\\ 16,164 \ 91\\ 29,604 \ 54\\ 12,917 \ 23\\ 7,106 \ 87\\ 9,323 \ 77\\ 1,156 \ 50\\ 18,043 \ 57\\ 5,910 \ 68\\ 473 \ 68\\ 900 \ 00\\ 2,500 \ 00\\ 4,500 \ 00\\ 2,000 \ 00\\ \end{array}$		
Real estate, Severance farm, purchased in 1893 Due from appropriation for boiler house, coal pocket and steam chimney	1,142 16		
		\$118,006	27
LIABILITIES.			
Due firms and individuals on account supplies Due employes per pay roll Amusement fund Bills payable Coburn fund, balance interest in treasury	$\begin{array}{r} \$32,006 \ 12\\ 4,134 \ 73\\ 1,000 \ 00\\ 16,500 \ 00\\ 775 \ 08\end{array}$		
		54,415	93
Net resources as per hospital account A in annual state- ment November 30, 1897		\$63,590	34

### COMPARATIVE STATEMENT B,

Of Resources-Supplies in use November 30, 1897.

Dispensary department, medical instruments, furnishings, etc
riages, sleds, sleighs, tools, etc
Greenhouse department, plants, pots, implements, etc
tures and household materials, etc
Repairs and improvements department, engineer's, black- smith's, carpenter's, painter's, mason's and plumber's tools, implements, etc
smith's, carpenter's, painter's, mason's and plumber's tools, implements, etc
tools, implements, etc
Amusement fund principal of Orne bequest 1000.00
Amasement rund, principal of office bequest
Not recommon on homital account P in annual state
Net resources as per hospital account B in annual state- ment, November 30, 1897 \$74,553 65

	Supplies in stock. On hand per inventory Avail- able A, Novem- ber 30, 1897.	Supplies in use. On hand per in- ventory Unavail- able B, Novem- ber 30, 1897.	Trial Balance.	Net cost of different departments,
Hospital account A, supplies in stock Hospital account B, supplies in use Dry goods department Dispensary department Garden department Greenhouse department Greenhouse department Expense department Hospital furnishings department Hospital furnishings department Real estate Subsistence Amusement fund Coburn fund Bills payable Interest and discount Salaries and wages (due employes). State of Maine (owes hospital) Sundry persons and towns (owor hospital)	\$7,106 87 1,156 50 14,928 24 1,145 33 11,790 60 473 68 9,9323 77 1,970 00 413 20 5,910 68 9,900 00 713 43	\$ 382 27 \$,794 72 1,981 46 	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	\$2,575 78 1,020 08 6,674 72 23,390 19 253 13 5,430 53 9,194 05  5,50 94
Sundry persons and towns (owed hospital) Sundry persons and towns (owed owes). Extraordinary repairs and improve ments	\$64,832 30	\$73,553 65	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	- 1
Increase in Hospital Account B Decrease in Hospital Account A Net decrease	•			69,902 78

### FOURTEENTH ANNUAL FINANCIAL STATE

We hereby certify that we have carefully examined the accounts of the Treasurer for the year ending November 30, 1897, and find them correct.

J. S. CLARK, { Finance Committee CHAS. S. PEARL, { of Trustees. Very respectfully submitted,

MANNING S. CAMPBELL, Steward and Treasurer.

# STEWARD AND TREASURER'S REPORT.

	ILDK 3	0, 1091	•				
Net production or gain of different departments.	Hosy Accou Available	int A.	Accou Unava	pital int B. vilable ets.	Resources B. Assets unavailable.	Resources A. Assets available.	Liabilities.
		\$72,775 77					
•••••••••		[		\$72,560 22			
\$1,431 24		•••••				\$6,262 36	
649 23					\$ 382 27 8,794 72		
1,826 93					1,981 46	1,140 33	
•••••		•••••••		••••		11,790 60 473 68	
	•••••					$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	
	•••••				60,856 78	413 20	
172 00				•••••	1,538 42	5,910 68 9,900 00	
56,637 95					1 000 00	713 43	
· · · · · · · · · · · · · · · · · · ·		•••••••••	• • • • • • • • • • • • • • • • • • • •		1,000 00		\$ 775 08
••••••		•••••		•••••			\$  775  08 17,500  00
•••••						16,164 91	4,134 73
				]	]	29,604 54	
				· · · · · · · · · · · · · · · · · · ·			32,006 12
							02,000 22
						1,142 16	
9,185 43	\$9,185 43	••••	•••••	1,993 43			
\$69,902 78							
Balance Hospital account A	63,590 34						
Balance Hospital account B			\$74,553 65				
Totals	\$72,775 77	\$72,775 77	\$74,553 65	\$74,553 65			
Total resources A		, <b> .</b>		•••••		118,006 27	
Total resources B			. <b></b>		\$74,553 65	74,553 65	•
Total resources and liabilities Balance Hospital							\$54,415 93
Balance Hospital account A				[			63,590 34
Balance Hospital account B							74,553 65
Proof						192,559 92	192,559 92
					l		

### MENT NOVEMEBR 30, 1897.

41

### INSANE HOSPITAL.

# GARDEN PRODUCTS FOR THE YEAR 1897.

15bushels Apples	\$15 00	
5bushels Apples (cider)	50	)
380pounds Asparagus	47 50	
18,650poundsBeets	189 15	
104bunchesBeets	5 20	
160bushelsBeet Greens	80 00	1
221 I-2bushelsBeans (string)	223 06	,
116boxesBlackberries	11 60	,
24,666earsCorn (green)	246 66	į
2 1-2acresCorn fodder	25 00	J
10,631poundsCabbage	148 55	
22,423 Cucumbers	224 23	;
491boxesCurrants	49 10	,
360headsCauliflower	90 00	,
8,995headsCelery	1,044 97	
10,062headsLettuce	224 30	
12,719poundsOnions	258 85	
50bunchesOnions	2 50	)
285poundsPop Corn	14 25	į
11,490poundsParsnips	114 90	)
190bushelsPeas (green)	211 00	)
9bushelsPears	17 00	)
48bushels Pickles (cucumber)	72 00	)
190boxesRaspberries	23 75	j
679bunches Radish	16 97	,
1,730poundsRhubarb	19 30	)
10,963poundsSquash	163 12	
495boxesStrawberries	бі 87	,
13,503pounds Tomatðes	151 93	;
1,260poundsTomatoes (green)	25 20	)
23,238poundsTurnips	243 74	ŀ
-		-
Total\$	4,021 20	)

## STEWARD AND TREASURER'S REPORT.

# FARM PRODUCTS FOR THE YEAR 1897.

6,253pounds Beef \$2	142 03
27 Calf skins	13 50
6 Calves (sold)	35 00
15 Cows (sold)	347 50
368 1-6tons Ensilage	577 16
1,570pounds Corn fodder (green)	5 50
1,219pounds Hides	58 73
336tons	596 00
34,601 1-2gallons Milk	200 46
172bushelsOats	60 20
7,220pounds Oats (green)	21 66
72,505pounds Hungarian grass	253 77
183bushels Potatoes	152 46
171bushels Potatoes (small)	68 36
10tonsStraw (oat)	бо оо
10 1-5tons Straw (oat unthrashed)	122 40
24 I-2tons Straw (barley unthrashed)	294 00
287pounds Tallow	3 17
3,256pounds Veal	288 49
7setsHeads and feet	1 05
23pounds Tongue	2 76
38pounds Liver	I I4

\$14,705 34

43

### INSANE HOSPITAL.

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278	Aprons.
427	Clothes bags.
52	. Camisoles.
28	.Coats.
16	. Caps.
322	.Chemise.
334	. Dresses.
252	Pairs drawers.
13	.Frocks.
10	
3	.Undershirts.
- I	.Pair mittens.
106	. Nightdresses.
1,498	.Pillow slips.
2,072	.Sheets.
401	.Skirts.
2,087	.Towels.
403	.Tableclothes.
41	.Waists.
329	Lace bags.
16	.Sauce bags.
138	.Spice bags.
I3	.Coffee bags.
32	.Curtains.
3	.Pairs men's drawers.
4	. Pillow ticks.
24	.Stand covers.
319	.Bandages, rolls.
3	.Books covered.

## ARTICLES MADE IN SEWING ROOM, 1897.

# ARTICLES REPAIRED IN SEWING ROOM, 1897.

275	. Aprons.
124	. Camisoles.
44	. Tableclothes.
23	.Towels and napkins.
34	. Frocks.
14	.Sheets and pillow slips.
61	. Coats.
5	Pairs white pants.
26	Rugs bound and repaired.
2	.Stable blankets.
87	.Spreads hemmed.
5	.Blankets bound.
120	.Napkins hemmed.
131	.Towels, from old material.
42	.Towels, from old material.
260	Napkins, from old material.
3	.Curtains, from old material.
3	.Bureau covers, from old material.

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### [FORM OF MITTIMUS.]

### STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, the undersigned, Selectmen of the town of —, in the county of —, this day, on complaint to us made in writing, by (\*) — of the town of —, in said county, who bears the relationship of — to (\*\*) —, of said town of —, who therein says that said (\*\*) — is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said (\*\*) —, and called before us such testimony as was necessary to a full understanding of the case; whereupon, it appeared to us that said (\*\*) — was insane, and we were of opinion that the safety and comfort of said (\*\*) — and others interested, would be promoted by a residence in said Hospital, and accordingly determined that said (\*\*) — be sent forthwith to said Institution.

We, therefore, certify that said (\*\*) — is insane, and that was residing commorant, and found in the town of — aforesaid at the time of arrest and examination aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said (\*\*) — into said Hospital, and detain — in your care until — shall become of sound mind, or be otherwise discharged by order of law, or by the Superintendent or Trustees.

Given under our hands, at said ——, this —— day of ——, in the year of our Lord one thousand eight hundred and——

Selectmen.

### [PHYSICIANS' CERTIFICATE OF INSANITY.]

We, the undersigned, practicing physicians of the town of and State of Maine, have examined into the state of health and mental condition of — of said —, and we hereby certify that in our opinion — is insane.

> ---- M. D. ---- M. D.

Dated at said — this — day of —, 18

\*Complainant's name. \*\* Name of person to be committed.

### INSANE HOSPITAL.

### [FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we, —, of —, in the county of —, as principal, and —, of —, in the county of —, as sureties, are jointly and severally held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of three hundred dollars, to the payment of which sum, well and truly to be made to him, the said —, or to his successors in said office, we bind ourselves, our executors and administrators, firmly by these presents.

Sealed with our seals, and dated at \_\_\_\_\_, this \_\_\_\_\_ day of \_\_\_\_\_, A. D. 18

The condition of the above obligation is such. That whereas ---- of ----, in the county of ----, is about to be admitted as a boarder and patient to the Institution aforesaid; now, if the said ---- shall pay to said ----, or to his successor in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred for said patient, as may be determined by the Trustees for the time being, not to exceed ----, and pay for all such necessary articles of clothing as shall be furnished said — by the said —, or his successor, and remove the said ---- from said institution, whenever they shall be thereto in writing requested by the Superintendent for the time being, -and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury to the furniture and other property of said Institution, by said ----, and for reasonable charges that may be incurred in case of the elopement of said ----, payments to be made quarterly and at the time of removal, with interest on the amount after it becomes due as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue. [L. S.]

Witness;

#### QUESTIONS

[L. S.]

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

- 1. Age?
- 2. Married or single?
- 3. Occupation?

4. How old at first attack?

5. Date of present attack? What appearances?

- 6. What changes since?
- 7. On what subject?
- 8. Any rational intervals?

9. Any relatives ever insane, and who were they?

10. Ever attempted suicide or homicide, and in what manner?

11. Destructive to clothes or property?

12. Disposed to filthiness of person or habits?

13. Any restraint or confinement been applied? If any, what? 14. If former attacks, how many, and how long did they continue?

15. What natural peculiarities? power of self-control? temper? disposition? predominant passions? disappointment as to property, affections, wounded pride, loss of friends, family troubles, intemperance in the use of ardent spirits, tobacco, &c.?

16. History of any bodily disease, especially suppression of evacuations, eruptions, sores, &c., injuries, epilepsy, palsy, &c.

17. What cause or causes are supposed to have induced the attack?

18. What curative means have been tried? State if blood-letting has been resorted to; if so, to what extent?

Male patients admitted into the Institution, should come provided with at least three good cotton shirts; coat, vest and pants, of strong woolen cloth; two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of under-clothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woolens should be of dark color. It is quite desirable, also, that a Bible or Testament should not be forgotten in the outfit.

No person over twenty-one years of age can be received without the certificate required by the act regulating the Hospital, in the Revised Statutes.

4

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# Compilation of the Statute Laws

### AFFECTING THE

# MAINE INSANE HOSPITAL.

### Revised Statutes-Chapter 143.

APPOINTMENT AND DUTIES OF TRUSTEES.

- SEC. 1. Government is vested in six trustees, one a woman, their appointment and tenure of office.
  - 2. Trustees shall have the general management, hold property, make rules, commence and defend suits.
  - 3. Appointment of superintendent, steward and treasurer, and assistants.
  - 4. Examinations, and records of them; their pay and pay of officers.
  - 5. Accounts of steward and treasurer, how audited and settled. Governor and council shall inquire into the financial affairs of hospital.
  - 6. Their annual meetings, and reports to the governor and council.

#### DUTIES OF SUPERINTENDENT.

- SEC. 7. Duties of the superintendent.
  - 8. Same; apportionment of patients.
  - 9. Same; unlawful commitments.

### DUTIES OF STEWARD.

SEC. 10. Duties of the Steward.

11. Salaries.

DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS. SEC. 12. Duties of parents and guardians of insane minors.

### INSANE HOSPITAL.

DUTIES OF MUNICIPAL OFFICERS.

- SEC. 13. Municipal officers shall hear and decide on cases and commit to hospital with certificate; and keep a record of their doings.
  - 14. May certify inability to pay for his support, and steward may charge the State one dollar and fifty cents a week. DUTIES OF JUSTICES OF THE PEACE AND QUORUM.
- SEC. 15. Appeal to two justices of the peace or quorum; how to be selected.
  - 16. Town officers or justices neglecting to decide for three days; proceedings.
  - 17. Justices shall keep a record of their doings; by whom to be paid.
  - 18. Their order of commitment, by whom to be executed.

EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

- SEC. 19. Town where insane person resided or was found, shall pay for his support unless a bond is given for it.
  - 20. Also, when unlawfully committed, with expense of removal.
  - 21. Towns have remedy for support against the insane person or those liable for his support as a pauper.
  - 22. Interest shall be charged for board and clothing of patients after thirty days.

### DISCHARGE OF THE INSANE.

- SEC. 23. Those liable for support may apply to town officers for patient's discharge.
  - 24. Overseers of the poor shall remove a person, when notified to do so.
  - 25. Persons discharged under section four, how to be removed. Towns are liable for costs, upon notice.
  - 26. Towns of less than two hundred inhabitants, are not liable.

GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

SEC. 27. Judge of probate may appoint guardians for persons sent to the hospital; their duties and compensation.

GENERAL MANAGEMENT OF THE HOSPITAL.

- SEC. 28. When persons committed under section one of chapter one hundred and thirty-seven shall be discharged; when recommitted.
  - 29. Rules for attendants, shall be kept posted.
  - 30. Punishment of attendants for intentional ill-treatment of patients.

# SPECIAL VISITATION BY A COMMITTEE OF THE COUNCIL AND ONE WOMAN.

- SEC. 31. Governor shall annually appoint a visiting committee consisting of two councillors and a woman. Their powers and duties.
  - 32. Wilful injury to patients, how to be punished. Complaint shall be made by superintendent, or in case of his neglect, by committee.
  - 33. When coroner's inquest shall be held, in case of sudden death.
- SEC. 34. For preliminary commitment, what evidence of insanity is required.
  - 35. Patients unnecessarily detained, proceedings for discharge; this provision is not applicable to persons committed by order of court.
  - 36. Names of committee shall be posted in the wards. Patients shall be furnished with materials to write to committee, and letter boxes shall be provided, inaccessible to attendants. Exceptions.
  - 37. Letters from committee shall be delivered to such patients unopened.
  - 38. Hospital, when and how to be visited by committee.
  - 39. Committee shall report to governor and council annually on December first. Their compensation.
  - 40. Removal from office for neglect of duty.

### APPOINTMENT AND DUTIES OF TRUSTEES.

SEC. 1. The government of the Maine Insane Hospital is vested in a committee of six trustees, one of whom shall be a woman, appointed by the governor, with the advice and consent of council, and commissioned to hold their offices during the pleasure of the governor and council, but not longer than three years under any one appointment.

SEC. 2. They shall have the general care and management of the institution; see that it is conducted according to law, and the by-laws for its internal government and economy, which they are hereby authorized to establish, not inconsistent with law; hold in trust for the State any land, money, or other property, granted, bequeathed, or given to the institution, and apply the same for the support, comfort, or improvement of the insane, and the general use of the institution, and have power to bring actions, in the name of the treasurer, for all dues to the institution, and to defend all suits brought against it.

SEC. 3. Said trustees shall appoint a superintendent, and a steward and treasurer, subject to the approval, and to hold office during the pleasure of the governor and council, and all other officers necessary for the efficient and economical management of the business of the institution; all appointments shall be made according to the by-laws.

SEC. 4. There shall be a thorough examination of the hospital monthly by two of the trustees; quarterly by three; annually by a majority of the full board; and at any other time, when they deem it necessary, or the superintendent requests it. At each visit, a written account of the state of the institution, shall be drawn up by the visitors, recorded, and presented at the annual meeting of the trustees; at which meeting they, with the superintendent, shall make a particular examination into the condition of each patient, and discharge any one so far restored that his comfort and safety, and that of the public, no longer require his confinement. They shall receive two dollars a day for such visits, and the same sum for every twenty miles' travel. Their accounts shall be audited by the governor and council, who shall draw their warrant on the treasurer of State for the amount due them and the other officers of the institution, except attendance on the patients and laborers on the premises, and for all money appropriated by the Legislature for the insane hospital.

SEC. 5. The trustees at their next meeting after the expiration of each quarter, shall examine carefully the books and vouchers of the steward and treasurer, audit his accounts, and submit the same immediately thereafter to the governor and council for their approval, before such accounts shall be settled; and the governor and council shall, from time to time, inquire into the condition and management of the financial affairs of the institution, and make such changes as they deem judicious, in the mode and amount of expenditures and the general administration of its financial affairs.

SEC. 6. They shall hold an annual meeting on the first day of December, at which there shall be made a full and detailed report, containing a particular statement of the condition, concerns, and wants of the hospital; and this report, and the reports of the superintendent and steward, shall be made up to the first day of December and laid before the governor and council at that time, for the use of the government.

### DUTIES OF SUPERINTENDENT.

SEC. 7. The superintendent shall be a physician; reside constantly at the hospital; have the general superintendence of the hospital and grounds; receive all patients legally sent to the hospital, unless the number exceeds its accommodations, and have charge of them, and the direction of all persons therein, subject to the regulations of the board of trustees; and annually on the last day of November, report to the trustees, the condition and prospects of the institution, with such remarks and suggestions relative to its management and the general subject of insanity, as he thinks will promote the cause of science and humanity.

SEC. 8. He shall apportion the number of patients who can be accommodated in the hospital, among the towns, according to their population by the last census; and when the applications for admission exceed or are liable to exceed that number of patients, he shall give preference to those from towns that have not their full proportion of patients in the hospital, and may reject others.

SEC. 9. When a person appears to have been unlawfully committed, the superintendent shall report the case to the trustees at their next monthly meeting; and they may cause the removal of such person to the town from which he was committed. The superintendent, at each monthly visit of the trustees, shall also report to them the name of any inmate who was idiotic at the date of his commitment, or who has become so imbecile as, in his judgment, to be beyond cure, and if he thinks that such inmate may be discharged with safety to himself and to the public, the trustees shall order his discharge and cause him to be removed to the town by which he was committed.

### DUTIES OF THE STEWARD.

SEC. 10. The steward shall be treasurer; give bond to the trustees, in such amount and with such sureties as they deem sufficient for the safe keeping and proper disbursement of the funds of the institution, under the advice and direction of the superintendent and of the trustees; make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when employed thereon; perform such other duties as the trustees direct; and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the institution.

#### SALARIES.

SEC. 11. The compensation of all officers and employes, where salaries are not established by law, shall be fixed by the trustees, subject to the approval of the governor and council.

DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

SEC. 12. Parents and guardians of insane minors, if of sufficient ability to support them there, within thirty days after an attack of insanity, without legal examination, shall send them to the hospital and give to the treasurer thereof the bond required; or to some other hospital for the insane.

### DUTIES OF MUNICIPAL OFFICERS.

SEC. 13. Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any relative, or of any justice of the peace in their town, they shall immediately inquire into the condition of any insane person therein; call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him to the hospital, with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent and trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.

SEC. 14. The officers ordering the commitment of a person unable to pay for his support may in writing certify that fact to the trustees, and that he has no relatives liable and of sufficient ability to pay for it; and if the trustees are satisfied that such certificate is true, the treasurer of the hospital may charge to the State one dollar and fifty cents a week for his board, and deduct it from the charge made to the patient or town for his support.

### DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

SEC. 15. Any person or corporation, deeming himself or the insane aggrieved by the decision of the board of examiners for or against the insanity, may appeal therefrom by claiming an appeal within five days after the decision is made known, naming a justice of the peace and quorum on his part, and appointing a time within three days thereafter, and a place in such town or an adjoining town for the hearing, and he shall procure the attendance of such justice at such time and place, if in his power, and if not he may select another; the board of examiners shall select another justice of the peace and quorum.

SEC. 16. If the two justices neglect or refuse to decide the appeal within three days after the time appointed for the hearing, or if the municipal officers neglect or refuse for three days after complaint is made to them to examine and decide any case of insanity in their town, complaint may be made by any relative of the insane, or by any other respectable person to two justices of the peace and quorum; and the two justices, selected in either of the above modes, may call before them any proper testimony, and hear and decide the case. If they find the person insane, and that he will be more comfortable and safe to himself or others, they shall give a certificate for his commitment to the hospital like that described in section thirteen.

SEC. 17. Such justices shall keep a record of their doings and furnish a copy thereof to any person interested requesting and paying for it; those deciding an appeal shall be entitled to receive for their services two dollars a day and ten cents a mile for their travel, and shall determine which party shall pay it; those deciding an original case shall charge the same fees as for a criminal

examination, to be paid by the person or corporation liable in the first instance for the support of the insane in the hospital.

SEC. 18. When such justices order a commitment to the hospital the municipal officers of the town where the insane resides, or such other person as the justices direct, shall cause such order to be complied with forthwith at the expense of the town; and after such commitment is made, the justices shall\_decide and certify the expenses thereof.

### EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

SEC. 19. The certificate of commitment to the hospital after a legal examination, is sufficient evidence, in the first instance, to charge the town where the insane resided, or was found at the time of his arrest, for the expenses of his examination, commitment, and support in the hospital; but when his friends or others file a bond with the treasurer of the hospital, such town shall not be liable for his support, unless new action is had by reason of the inability of the patient or his friends longer to support him; and such action may be had in the same manner, and before the same tribunal, as if he had never been admitted to the hospital.

SEC. 20. The person or town, liable for the support of a person when lawfully committed to the hospital, is liable therefor, and for the expenses of his removal, when unlawfully committed and removed as provided in section nine; but the expenses of such removal shall not exceed ten cents a mile from the hospital to the place of commitment.

SEC. 21. Any town thus made chargeable in the first instance, and paying for the commitment and support of the insane at the hospital, may recover the amount paid from the insane, if able, or from persons legally liable for his support, or from the town where his legal settlement is, as if incurred for the expense of a pauper, but if he has no legal settlement in the State, such expenses shall be refunded by the State, and the governor and council shall audit all such claims and draw their warrant on the treasurer therefor. No insane person shall suffer any of the disabilities of pauperism nor be deemed a pauper, by reason of such support. But the time during which the insane person is so supported shall not be included in the period of residence necessary to change his settlement.

SEC. 22. The treasurer of the insane hospital shall charge and collect interest on all debts due to said hospital, from towns and individuals for board and clothing of patients, after thirty days from the time when they become due.

### DISCHARGE OF THE INSANE.

SEC. 23. When any friend, person, or town, liable for the support of a patient who has been in the hospital for six months, not committed by order of the supreme judicial court, nor afflicted with homicidal insanity, thinks that he is unreasonably detained, he may apply to the municipal officers of the town where the insane resides, and they shall inquire into the case, and summon before them any proper testimony, and their decision and order shall be binding on the parties. They shall tax legal costs and decide who shall pay them. If such application is unsuccessful, it shall not be made again until the expiration of another six months.

SEC. 24. When the overseers of a town, liable for the support of a patient at the hospital, are notified by mail by the superintendent, that he has recovered from his insanity, they shall cause him to be removed to their town; and if they neglect it for fifteen days, the superintendent shall cause it to be done at the expense of such town.

SEC. 25. When a patient is discharged from the hospital by the trustees, under section four, they shall cause the selectmen of the town, or the mayor of the city, from which such patient was received, to be immediately notified by mail, and on receipt of such notice said town or city shall cause such patient to be forthwith removed thereto; and if they neglect such removal for thirty days thereafter, such patient may be removed to said town or city by the trustees, or their order; and the superintendent may maintain an action in his own name, against such city or town, for the recovery of all expenses necessarily incurred in the removal of such patient.

SEC. 26. The preceding sections do not apply to towns having less than two hundred inhabitants, but all insane persons found, and having their residence in such towns, who have no settlement within any town in the state, and who have no means of their own for support, or are without relatives able and liable to support them, shall be supported in the hospital at the expense of the state.

GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

SEC. 27. When any man or unmarried woman, of twenty-one years of age, is sent to the hospital for insanity under this chapter, the municipal officers of the town where such insane resides, when they think it for his interest and to prevent waste of his property, may apply to the judge of probate for the same county for the appointment of a guardian, and the judge, on their certificate to that effect, without notice to the insane, shall forthwith appoint some suitable guardian residing in the same county who shall give bond as in other cases, and have reasonable compensation for his services, to be allowed by the judge and paid out of the estate, but he shall not be required to return any inventory, or exercise any

other powers or duties of guardian for one year after his appointment, except to provide for the support of the insane and his family, and prevent waste of his property.

### GENERAL MANAGEMENT OF THE HOSPITAL.

SEC. 28. Every person committed to the insane hospital by any court, as provided in section one of chapter one hundred and thirty-seven, shall be discharged by the superintendent, if not sent for by the court, during the next term thereof after his commitment, but he is liable to recommitment by the municipal officers of the town to which he belongs, if found to be insane, to be supported in the same manner as other persons committed by said officers.

SEC. 29. The superintendent shall keep posted, in conspicuous places about said hospital, printed cards containing the rules prescribed for the government of the attendants in charge of the patients.

SEC. 30. When it appears that any such attendant treats a patient with injustice or inhumaity, he shall immediately be discharged. When the superintendent is satisfied that any attendant intentionally abuses or ill-treats an inmate of the hospital, he shall discharge him at once, and make complaint of such abuse or ill-treatment before the proper court; and such attendant on conviction, shall be fined not less than one hundred nor more than five hundred dollars, or imprisoned not more than ninety days.

# SPECIAL VISITATION BY A COMMITTEE COMPOSED OF THE EXECUTIVE COUNCIL, AND A WOMAN.

SEC. 31. A committee of the council consisting of two, with whom shall be associated one woman, shall be appointed by the governor annually, who shall visit the hospital at their discretion to ascertain if the inmates thereof are humanly treated, and they shall promptly report from time to time, every instance of intentional abuse or ill-treatment to the trustees and superintendent of the hospital, who shall take notice thereof, and cause the offender to be punished as required by the preceding section.

SEC. 32. If any wilful injury is inflicted by an officer, attendant, or employe of the hospital upon the person of any patient therein, and knowledge thereof comes to said committee of visitors, they shall report the fact immediately to said trustees and superintendent, and if the superintendent fails forthwith to complain thereof as required by section thirty, one of said visitors shall enter a complaint before the proper court. And in trials for such offences, the statement of any patient cognizant thereof, shall be taken and considered for what it is worth; and no one connected with the hospital shall sit upon the jury trying the case. SEC. 33. In case of the sudden deam of a patient in the hospital under circumstances of reasonable suspicion, a coroner's inquest shall be held as in other cases, and the committee of visitors shall cause a coroner to be immediately notified for that purpose.

SEC. 34. In all cases of preliminary proceedings for the commitment of any person to the hospital, the evidence and certificate of at least two respectable physicians, based upon due inquiry and personal examination of the person to whom insanity is imputed, shall be required to establish the fact of insanity, and a certified copy of the physicians' certificate shall accompany the person to be committed.

SEC. 35. If the committee of visitors becomes satisfied that an inmate of the hospital has been unnecessarily and wrongfully committed, or is unnecessarily detained and held as a patient therein, they shall apply to some judge of the supreme judicial court, or to the judge of the superior court, or court of probate within the county where the restraint exists, for a writ of habeas corpus, who shall issue the same, and cause the inmate to be brought before him, and after notice to the party procuring his commitment and a hearing of all interested in the question at issue, if satisfied that such inmate is not a proper subject for custody and treatment in the hospital, he shall discharge him from the hospital and restore him to liberty. But this section does not apply to the case of any person charged with, or convicted of crime and committed to the hospital by order of court.

SEC. 36. The names of the committee of visitors and the post office address of each shall be kept posted in every ward of the hospital, and every inmate shall be allowed to write when and whatever he pleases to them or either of them, unless otherwise ordered by a majority of the committee, in writing, which order shall continue in force until countermanded in writing, by said committee. And, for this purpose, every patient, if not otherwise ordered as aforesaid, shall be furnished by the superintendent, on request, with suitable materials for writing, inclosing and sealing letters. And the superintendent shall provide at the expense of the State, securely locked letter boxes, easily accessible to all the inmates, to be placed in the hospital, into which such letters can be dropped by the writer. No officer, attendant, or employe of the hospital, shall have the means of reaching the contents of these boxes, but the letters in them shall be collected weekly by some member of the committee, or by such person as the committee authorize for the purpose, who shall prepay such only as are addressed to some one of the committee, and deposit them in the post office without delay.

SEC. 37. It is the duty of the superintendent, or party having charge of any patient, to deliver to him any letter or writing to him directed, without opening or reading the same, *provided* that

such letter has been forwarded by the committee, or is directed to such persons as the committee have authorized to send or to receive letters without the committee's inspection.

SEC. 38. The hospital shall be visited as often as once in every month by at least one member of the committee, and this visit shall be made at irregular, and not at stated periods; no previous notice, information, or intimation thereof shall be given or allowed to the superintendent, or any officer, attendant or employe of the hospital, but so far as possible, all visits shall be made unexpectedly to the superintendent and all others having the care of the hospital and its inmates; and in no case shall the committee, when making their visits through the wards, be accompanied by any officer or employe of the hospital, except upon the special request of some one of the committee.

SEC. 39. The committee of visitors shall make report to the governor and council on the first day of December annually, and as much oftener as the welfare of the patients or the public good requires, setting forth their doings and any facts with regard to the hospital which they deem important. The compensation of said committee is two dollars each a day, for the time actually spent visiting the hospital and actual travelling expenses; *provided*, that said committee do not receive compensation as councillors, for the same days in which said official visits are made to said hospital; and their accounts, including a reasonable sum for the letter carrier provided for in section thirty-six, shall be audited by the governor and council, who shall draw their warrant on the treasurer of state for the amount found due.

SEC. 40. Any person neglecting to perform the duties imposed upon him by this chapter is removable from office by the authority from whom he received his appointment, and if removed, is forever ineligible for office or place in the hospital.