

MAINE STATE LEGISLATURE

The following document is provided by the
LAW AND LEGISLATIVE DIGITAL LIBRARY
at the Maine State Law and Legislative Reference Library
<http://legislature.maine.gov/lawlib>



Reproduced from scanned originals with text recognition applied
(searchable text may contain some errors and/or omissions)

Public Documents of Maine:

BEING THE

ANNUAL REPORTS

OF THE VARIOUS

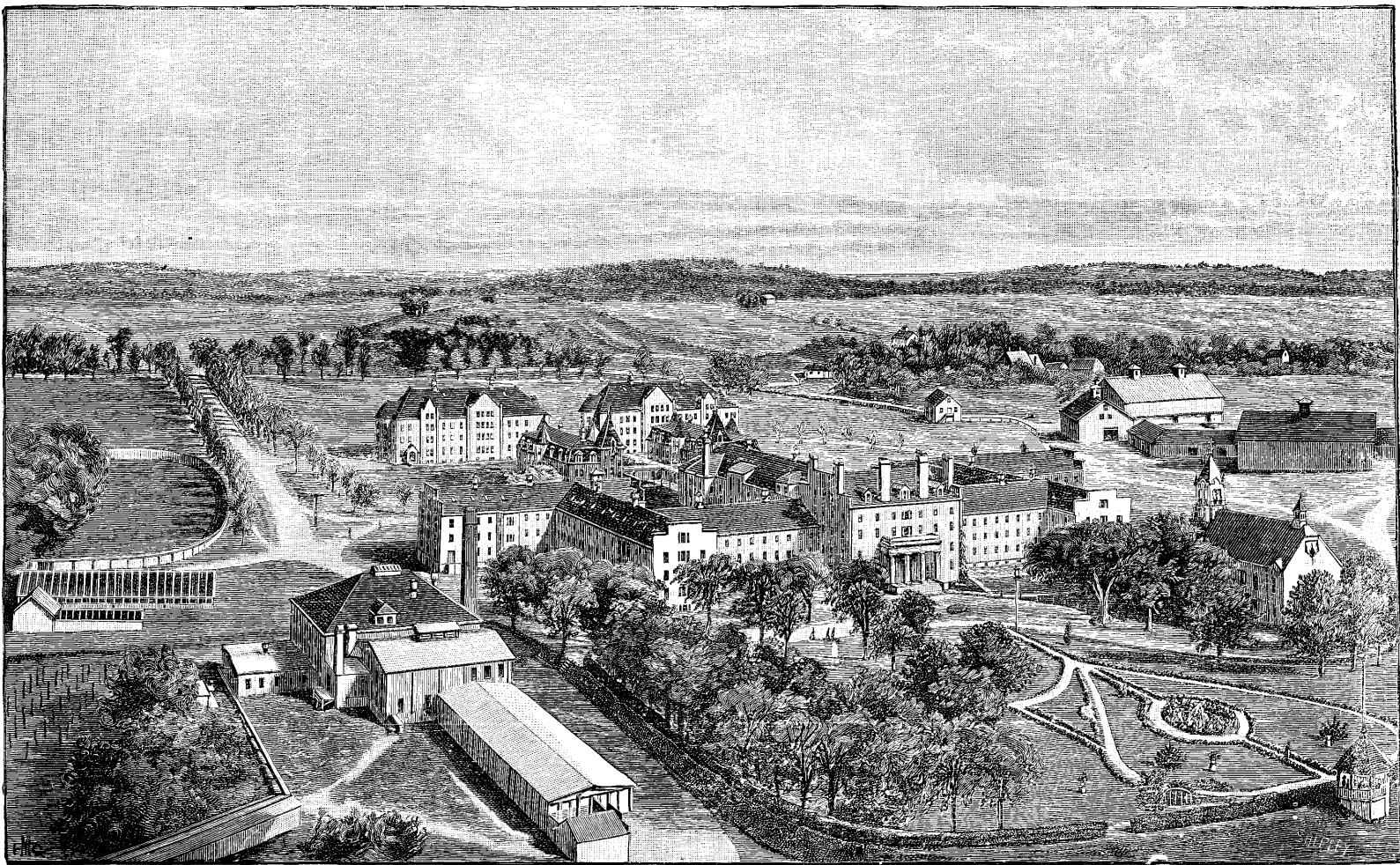
Public Officers and Institutions

FOR THE YEAR

1896.

VOLUME III.

AUGUSTA
KENNEBEC JOURNAL PRINT
1897



REPORTS
OF THE
TRUSTEES, RESIDENT OFFICERS
AND THE
VISITING COMMITTEE
OF THE
MAINE INSANE HOSPITAL

DECEMBER 1, 1895

AUGUSTA :
BURLEIGH & FLYNT, PRINTERS TO THE STATE.
1896.

OFFICERS FOR 1895-96.

Trustees.

FREDERICK ROBIE, M. D., GORHAM, *President*.
R. B. SHEPHERD, SKOWHEGAN, *Secretary*.
MRS. J. R. SMITH, LITCHFIELD.
JUDSON S. CLARK, MILLTOWN.
A. F. CROCKETT, ROCKLAND.
CHAS. S. PEARL, BANGOR.

Resident Officers.

BIGELOW T. SANBORN, M. D., *Superintendent*.
HORACE B. HILL, M. D., *Assistant Superintendent*.
P. H. S. VAUGHAN, M. D., *Second Assistant*.
EMMER VIRGINIA BAKER, M. D., *Third Assistant*.
MANNING S. CAMPBELL, *Steward and Treasurer*.
ALICE G. TWITCHELL, *Matron*.

REV. J. M. WYMAN, AUGUSTA. *Chaplain*.

Subordinate Officers.

CHARLES F. PERRY, *Hospital Clerk*.
THERON D. REED, *Assistant Hospital Clerk*.
FRANK BILLINGS, *Second Assistant Hospital Clerk*.
AARON B. RIPLEY, *Superintendent's Clerk*.
ELWIN M. GRANT, *Store Clerk*.

Supervisors.

MALE.	FEMALE.
VERMONT R. LUCE.	MRS. ANNIE D. MCLEAN.
GEORGE S. KIMBALL, <i>First Assistant</i> .	MISS MARIA H. MCFEE, <i>Assistant</i> .
CHARLES H. DAVIS, <i>Second Assistant</i> .	

Women's Pavilion,
Miss BELLE FERGUSON.

Men's Pavilion.
ANSEL L. BRANN.

W. L. SAMPSON, *Engineer*. W. H. ALLEN, *Florist and Gardener*.
HORACE B. CONY, *Farm Superintendent*.

Standing Committees for 1895-96.

On Conference with Legislative Committee—Robie, Pearl and Crockett.
On Finance—Crockett, Pearl and Clark,
On Buildings and Improvements—Shepherd, Robie and Mrs. Smith.
On Farm Stock and Outside Property—Shepherd, Robie and Crockett.
On Library—Mrs. J. R. Smith and Dr. B. T. Sanborn.
On Recreation of Patients—Dr. Sanborn, Shepherd and Clark.

Visiting Committee for the Year.

<i>January</i> —Clark and Pearl.	<i>July</i> —Mrs. Smith and Shepherd.
<i>February</i> —Mrs. Smith and Crockett.	<i>August</i> —Robie and Crockett.
<i>March</i> —Full Board.	<i>September</i> —Full Board.
<i>April</i> —Shepherd and Pearl.	<i>October</i> —Clark and Crockett.
<i>May</i> —Robie and Mrs. Smith.	<i>November</i> —Robie and Shepherd.
<i>June</i> —Full Board.	<i>December</i> —Full Board.

TRUSTEES' REPORT.

To His Excellency, the Governor, and the Executive Council of the State of Maine:

The several official reports of the superintendent and other officers of the Hospital for the year ending December 1st, 1895, have been duly rendered, and will accompany this report. We are aware how closely the interests of the State are connected with this grand, humane institution, and with becoming pride we invite your attention to the satisfactory information which these several reports so fully unfold. We should all be grateful that a kind Providence has watched over the affairs of the Hospital, so that no contagious disease, or unusual calamity and sickness have disturbed the harmony, quietness and happiness of its inmates during the past year.

The number of patients treated during the year has been 954, seventy more men than women. Total number remaining November 30th, 1895, 706,—forty more men than women. It is a gratifying fact to note that both the percentage of recoveries and improvement of the patients in the Hospital, exceed that of previous years, and the mortuary record is much below the average. The logic of this statement sustains the opinion that the general health and condition of the inmates of this institution are under judicious medical treatment and careful sanitary regulations.

The number of patients in the institution exceeds that of any previous year. The number of deaths during the year has been thirty-eight men and twenty-seven women; total, sixty-five; and the friends of the deceased have no reason to

complain but that the preparations for burial services have been carefully and tenderly attended to.

The Trustees, during the past year, have held their usual quarterly meetings, and the several monthly visiting, and all other committees have attended to the duties assigned to them. And we feel constrained to say, from the most careful examination, that everything concerning the administration of the affairs of the Hospital that has come under our observation, reflects commendation on the management of the several departments of the Hospital. The Superintendent and his respective assistants have conscientiously discharged their very responsible duties, and we feel assured from the closest inspection that the interests, comfort and welfare of the inmates of the Hospital have been religiously cared for, and we are pleased to say that there has been no well-founded complaint from this quarter. The excellent discipline and efficiency of the attendants, the thorough system, the surprising neatness maintained in the wards of the buildings, and the quality and quantity and variety of well selected food on the tables, have attracted our attention, and deserve commendation. In so large an institution as ours there must necessarily be some cases of insubordination which require discipline, and such cases, when they occur, have always received the prompt, careful consideration and judgment of this Board.

We feel justified in saying that the large and benevolent appropriations made by the State for the insane, for a series of years, in aid of one of its noblest charities, bring to the front an institution of which we may well be proud. Its history, general presentment of buildings, and administration of its government, have secured from the "Columbian Exposition" at Chicago, a proper recognition and testimonial. It is highly probable that in consequence of a new hospital at Bangor, the crowded condition of this Institution will be remedied, and that for years to come there will be no need of new buildings of a costly and spacious character, but that our public treasury will only be called upon to provide for repairs

and those additional wants which the advanced progress of the age offers for the amelioration of the condition of the unfortunate insane. We feel fortunate that so much has already been done, and that this valuable property is in every way in such excellent condition. We feel assured that the public benevolence of this State, so devoted to the interests of the unfortunate, will hereafter respond to all reasonable demands made for the wants of this institution. The annual report of next year will more appropriately and fully set forth the financial requirements of the Hospital from the public treasury.

ECONOMIC INVESTIGATION.

The Board of Trustees, the past year, have felt the importance of the strictest economy in the management of the affairs of the Institution. Early in the year, they instituted a careful and systematic inquiry in regard to the employment of attendants, clerks, and help in the several departments of the Institution, in view of mustering out all surplus help that was not needed. In the line of the same economy, no avenue where there might be extravagant or unnecessary expenditure of the funds of the hospital, has escaped examination, and the Trustees feel pleased to say that several economic changes have been made, and that the institution is now run as cheaply as its large demands will warrant.

BOARD.

The reduction of the price of board of the patients, on suggestion of Gov. Cleaves, and agreeable to a request of the last legislature, will be duly considered, and it seems probable that this reasonable proposition can be carried into effect another year, and that by early legislative action, the payment of considerable outlays for necessary repairs on the buildings, and other expenditures of the Hospital, will be shifted from the revenue derived from the board of the patients, and hereafter become a part of the expenses paid by the State. The expenditure for the actual articles of food,

the wages of attendants and the heating and lighting of Hospital property, represent materially the cost of board, and is as low as that of any institution in the country, and when the State pays for repairs of buildings and other outside expenses now paid by the earnings of the Hospital, we will challenge a comparison for quality, quantity, variety of food and cheap cost for the same, with any other similar institution in New England. It should not, however, escape the notice of economists, that in many institutions the salaries of the medical staff, the officers of the treasury department, and other similar expenses, are paid out of the revenue derived from the board of patients. It is not so in this State.

AMUSEMENTS.

The total amount expended from the interest of the Coburn fund, during the year, for a selected variety of entertainments, under the direction of the Trustees, has been \$1,210.42. It has been a source of great comfort and pleasure to the inmates of the Hospital, and has been one of the available means used for the recovery and improvement of a diseased mind. Amusements, recreation and comforts are among the most potent remedies for certain forms of insanity. These agencies in a measure satisfy that unpleasant restraint which connects itself with hospital life. We feel proud that the management of our Hospital provides for these conditions. Influences derived from the pleasant walks and surroundings, where the tree, the flower and shrub invite the attention, divert the mind, and thus contribute to bring it under healthful discipline. We find that all these benign remedial agencies are liberally provided for by the munificent bequest of one of the honored friends of the institution, the late Ex-Governor Coburn of Skowhegan, and the Trustees have endeavored by wise expenditure from this fund, to carry out the wishes of this great philanthropist.

EXCURSIONS.

The annual free steamboat trips made by a large number of the patients of the Hospital, by river and ocean, to the Isle of Springs, under the care of competent attendants, have not been omitted. It is a season of great enjoyment and practical benefit to them. It is a trivial matter, for those who are free to go where they please, to take steamboat excursions, but a moment's reflection on the continual restrained condition of mental invalids, will show that it is a great event to them when even for a day they can escape confinement. The Hospital band and song enliven the occasion, and it is worthy of note that nothing of an unpleasant character has ever disturbed the harmony of the excursions. It is worth all of the cost of the two trips, which take about \$120 from the interest of the Coburn fund. Dr. Sanborn's summer residence and grounds by the sea, afford an ample and cheap opportunity for an outing to the large family to which he is devoted, and the painstaking and generous hospitality of Mrs. Sanborn renders the expectation on the part of the patients, of the "good time coming" complete.

BRICK COW BARN.

The last legislature appropriated \$14,000 for a cow barn and piggery. The Trustees issued early proposals agreeable to plans and specifications made by G. M. Coombs, architect, with the understanding that the contract should be given to the lowest bidder. The advertisement, printed in several newspapers, brought out twelve sealed bids from contractors, located in different sections of the State, and when opened it was found that the bids ranged all along from \$18,625 to \$12,600 which was the lowest bid. This bid was made by L. E. Bradstreet of Hallowell. Subsequent arrangements were made, according to the provisions offered for bids, so that the barn was contracted to be built for \$11,606.80. This created three different contracts. L. E. Bradstreet

contracted for carpenter work and material \$6,625. Horace Purinton & Co., contracted for the brick, granite and iron work \$3,140; also moving old barns \$485; and Charles Sylvester contracted for stone foundation \$1,356.80. Total \$11,606.80. There has also been expended on account of alterations and additions to the old hay barns \$965.76; for building three new silos \$1,090.53. Total \$2,056.29. The extra incidental expense on account of new barn over that of contract has been \$958.50, also water piping and hydrant \$699.78; labor of farm teams and Hospital laborers \$1,322.02. The total sum paid for the new barn and the necessary expenditures is \$16,643.39 of which amount the State will pay \$11,606.80, leaving \$5,036.59 to be paid from the Hospital earnings.

The amount of the State appropriation not used in building the new barn, which is \$2,393.20, will be used toward building the new piggery during the coming season, and it is expected that sufficient money can be taken from the Hospital earnings to complete the same.

The new barn has been built under the superintendency and to the satisfaction of a committee of the Trustees, and has all the modern improvements, which make a large herd of cattle healthy and profitable. It presents a fine appearance and the large daily increase of the quantity of milk establishes the utility of the expenditure.

FINANCES.

We call your special attention to the careful report of the treasurer of the institution in which the receipts, disbursements and other statistics are well considered.

The cash on hand Dec. 1, 1894, was.....	\$ 1,802 15
Receipts for the year on hospital account.....	161,801 05
Appropriation from the State for new barn...	14,000 00
	<hr/>
	\$177,603 20

CR.

Disbursements on hospital account.....	\$167,222 68
Account of appropriation.....	9,656 80
Balance cash on hand.....	723 72
	<hr/>
	\$177,603 20

The report shows that the general management of the financial affairs of the institution is in an excellent condition, and make a net profit of \$10,432.56 for the past year, against a loss of \$4,575.29 the previous year. This has been accomplished by the low price of supplies, an advantageous market, and a successful attempt to reduce every necessary expense. The committee of the Trustees have carefully examined the accounts of the treasurer and found the same correctly kept, with proper vouchers.

Efforts have been continually made by the Trustees to give the treasurer a working capital, so that he could purchase food and articles needed for the Hospital at the lowest cash prices. This has been accomplished by occasional loans, and by making small purchases, which is not always the best method. It is certainly desirable to keep the commercial credit of the State Hospital at the highest point of confidence, and that all articles should be purchased at the lowest cost. It often happens that the bills against towns and individuals are not promptly paid at the end of the quarter. This is not right, and we would recommend, as is the practice in many hospitals, that all bills for board against the State, towns or individuals, be paid every month, instead of quarterly, which would give the treasurer ready means for cash payments.

FARM.

The usual effort has been made to increase the productive ability of the farm, and at no time has it been in so high a state of cultivation. The crops, in consequence of the severe drought, were not so large as last year, but in every way satisfactory.

THE PAST HISTORY AND FUTURE NEEDS OF THE HOSPITAL.

The wise expenditures of public and private appropriations for a series of years, have made our Hospital a model institution. The large and productive farm, with its well selected herd of cattle, is the source of great profit and comfort. The new methods of heating and lighting the Hospital, by steam and electricity, are more safe and economical. The excellent and generous supply of pure water, and the improvement and almost perfect system of sanitary arrangements in every department of the Hospital, are a reliable protection from many diseases and secure cleanliness and happiness. The religious, social and amusement exercises are well supported by adequate means, and bring about grand results, and make Hospital life far more endurable, and bring mental and bodily diseases under better control. The splendid vegetable cellar, and the new brick barn, the best arranged in the State, not only add to the fine appearance of the Hospital grounds, but are additional means of satisfactory profits. Many of these improvements have been made during the official management of some of the present members of the Board of Trustees, and we are now confronting the fact that a future enlargement of the accommodation of the Hospital is not contemplated, but it is no less imperative that every effort should be made to keep up the standard of the Hospital to its highest plane of perfection and usefulness, and to this end, we ask for the aid and assistance of public and private benevolence. The Trustees will do all they can during the coming year, with the means at their command, without any aid from the State, to keep up the dignity and benign purposes of the institution, and next year shall ask for such appropriations from the legislature as may seem just and necessary for repairs and improvements.

CONCLUSIONS.

We present this report with a growing confidence in the ability and advantages of this grand institution to do its Christian work. It is one of the noblest charities to which humanity can be devoted, and therefore has the highest claims on public and private benevolence, and with the constant blessings of Providence, we have full faith in its future usefulness and ability, and we have full confidence that wise provisions will hereafter be made to meet every demand that can be imposed upon the State to aid in the restoration of the diseased mind even of its most humble and unfortunate citizens.

FREDERICK ROBIE, Gorham.

R. B. SHEPHERD, Skowhegan.

MRS. J. R. SMITH, Litchfield.

JUDSON S. CLARK, Milltown.

A. F. CROCKETT, Rockland.

CHARLES S. PEARL, Bangor.

REPORT OF THE COMMITTEE ON RECREATION AND AMUSEMENT OF PATIENTS.

To the Trustees of the Maine Insane Hospital:

It becomes a pleasant duty for the committee, to whom was entrusted that branch of the remedial methods employed in the moral treatment of our patients, to report a very successful season in our efforts to divert the mind in the direction of amusements. Our financial statement will show that about the usual amount of money has been expended in this direction as in former years. We have long since become convinced that means judiciously employed with the above aim in view, is a potent factor in the amelioration of diseased mental conditions. Your committee, having observed the beneficial results that have accrued in the better contentment and well-being of those committed to our care in affording excursions to the sea, have continued them during the present season, as in years past. No accidents have occurred, and these outings have not only been heartily enjoyed, but beneficial results have been observed in individual patients. Our band and orchestra, which have become fixed features to further aid in remedial methods, have been thoroughly equipped during the year and have performed in our judgment very valuable and efficient service. The usual exercises in Coburn Hall have continued constantly through the fall and winter evenings twice each week, consisting largely of orchestral music and dancing, and have been exceedingly enjoyed by all who have been able to exercise sufficient self-control to attend them. The pleasant effects of music not only produces noticeable improvement, but is marked by the

observance of a disposition to become more reconciled to the confinement which must necessarily pertain to hospital life. Unusual effort has been made during the past season to divert the minds of our inmates by exercise in the open air in increasing our corps of attendants, thereby affording an opportunity for taking the patients out to walk twice each day. In our convalescent wards indeed most of the entire day during pleasant weather has been devoted to out-of-door diversions, and it has not been unusual for the wards to be left entirely unoccupied for several hours at a time. Extra efforts have also been made in the employment of our males upon the farm. Three attendants of long experience in the care of patients have had oversight of a large force during the entire season in various departments of labor upon our grounds. The garden has also received its share of helpers from the wards. A large number of our patients have enjoyed entertainments in town as well, attending the circuses and theatricals. The occupants of the wards for women have participated in the usual drives made by our coach twice every suitable day.

Aside from the endeavor to entertain our patients by various and varied entertainments, Miss Charlotte Thorndike Sibley afforded a rich treat, not only for our inmates, but the general household as well, by a lecture upon "The Parliament of Religions at the World's Fair." Our people were also excellently entertained by a concert from the Cecilian Quartette, of Portland, given in our chapel in the evening and the next day in the various wards of the Hospital. Some of our ladies and employes, assisted by Miss Mabel Gould of this city, under the direction of Dr. Baker presented a very pleasing drama a few evenings since, which was highly enjoyed by all. The Christmas trees on Christmas evening and our entertainments Thanksgiving evening, in which our patients were served refreshments followed by orchestral selections, were very much enjoyed. We not only feel greatly indebted to our efficient orchestra and Sabbath choir, but to many of the

officers and employes for the generous and unselfish sacrifice they have made for the benefit of the patients in this department of service.

Our means have afforded the inmates the advantage of an opportunity to read all the various daily and weekly periodicals of the State and very many of the leading magazines of the country. Measures have been taken to place many of the harmless games in the wards, and a large number of our patients have participated in them throughout the entire season.

We append a financial statement of what has been expended during the year in this particular department.

COBURN FUND DISBURSEMENTS

FOR YEAR ENDING NOVEMBER 30, 1895, AS PER VOUCHERS ON FILE IN THE
TREASURER'S OFFICE.

AMUSEMENTS.	
Paid for patients to entertainments at opera house, ball games, "Wild West," etc.	\$ 20 70
excursions to Isle of Springs (2)	120 00
trucking at Isle of Springs	6 75
Ladies' Cecilian Quartette	25 00
fire works Fourth of July	10 00
tuning and repairing.....	31 75
lecture to patients by Charlotte Thorndike Sibley.....	15 00
Christmas cards for patients.....	12 00
music and musical supplies	73 31
orchestra and band rehearsals and concerts.....	692 66
choir services.	203 25
	<hr/>
	\$1,210 42

BIGELOW T. SANBORN,

R. B. SHEPHERD,

Committee on Recreation and Amusement of Patients.

REPORT OF THE COMMITTEE ON HOSPITAL LIBRARY.

To the Trustees of the Maine Insane Hospital:

Your committee on the Library for the year ending Nov. 30, 1895, having attended to its duty, now asks leave to report:

ASSETS AND RECEIPTS.		
1894.		
December 1...	To deposit in Augusta Savings Bank	\$1,200 00
December 1...	railroad bonds.....	2,000 00
December 1...	cash on hand	105 90
1895.		
April 1....	cash for coupons	60 00
April 1.....	cash for railroad bonds.....	2,000 00
April 1.....	dividend on bank stock	60 00
November 30..	bank dividends	48 48
		\$5,474 38
DISBURSEMENTS.		
1894.		
December 17..	By paid for Head Waters of Mississippi.....	\$2 50
1895.		
March 2.....	books (Estes & Lauriat) ..	2 00
April 4	Standard Dictionary.....	14 00
April 6	20 shares stock 1st National Bank, Portland,	2,020 00
May 7..	books (Joseph McDonough).....	55
June 15	books (Joseph McDonough).....	2 00
July 3	books (Joseph McDonough).....	2 40
August 15	Hart on Nervous Diseases... ..	5 50
October 21	Gil Blas	1 00
October 9	set Shakespeare	3 50
October 15	International Medical Annual	2 75
November 20..	books (Chas. F. Libby & Co.)	9 20
November 30..	Emerson books.....	2 25
November 30..	papers and magazines	123 75
	balance on hand	3,282 98
		\$5,474 38
	Balance savings bank	\$1,248 48
	Twenty shares stock 1st Nat. Bank, Portland...	2,000 00
	Cash on hand.....	34 50
		\$3,282 98

MRS. J. R. SMITH,
BIGELOW T. SANBORN,
Committee on Library.

SUPERINTENDENT'S REPORT.

To the Trustees of the Maine Insane Hospital:

It is incumbent upon the Superintendent at the ending of each fiscal year to report to your Board the condition and prospects of the institution. This summary constitutes the fifty-fifth annual report. It is gratifying to report that the year has passed without the intervention of any epidemics or serious casualties; indeed it has been a phenomenal one in the direction of freedom from sickness and in the mental restoration of our patients. You will observe by our medical statistics that ninety-five have recovered their reason and been discharged, and it is a pleasure to be able to report that, with but few exceptions, they have thus far continued well at their various homes and have not been obliged to be recommitted in consequence of relapses. This figure exceeds by eleven the largest number that has been discharged as cured since the opening of the Hospital in 1840, and I believe, with the exception of one or possibly two years, our medical statistics will show the largest per cent of recoveries based upon the number admitted or the number under treatment. The energies of the officers have been largely directed to the immediate care of the patients, as no building operations have been in progress so far as the wards are concerned, which construction is so likely to absorb and divert the attention, especially of the Superintendent. I am able to report that an unusual share of success has attended our efforts throughout the year in conducting the treatment of so large a number of persons bereft of their reason through the multitudinous difficulties incident to the management of this malady. The

exemption from physical disease has been very marked, and it is no exaggeration when I report that as much comfort has been enjoyed by our inmates as during any preceding year of the Hospital's operations.

ADMISSIONS AND DISCHARGES.

At the beginning of the year, December 1, 1894, there were resident in the Hospital 680 patients; 366 men, 314 women. Two hundred and seventy-four have been admitted since, 148 men, 126 women, making the whole number under treatment 954; 514 men, 440 women. Of these there have been discharged 248; 141 men, 107 women, leaving at the close of the year 706; 373 men, 333 women.

The per cent of recoveries for the past year, based upon the number under treatment, has increased somewhat, being 9.95 against 8.79 the preceding year; the per cent of recoveries, based upon the number of admissions, has been 31.02 against 29.57 the preceding year.

MORTUARY RECORD.

You will observe by consulting the medical statistics an exceptionally low death rate during the past year; but sixty-five patients having succumbed to disease, thirty-eight men and twenty-seven women, occurring in the treatment of 954 patients; 514 men and 440 women. This exemption from mortality has not been exceeded, with the exception of three or four years at the most, since the institution has had an existence. The mortality evidently has been lessened from the fact that no zymotic or epidemic influences have prevailed. I desire to state here that through your direction the sanitary condition of the institution has been carefully and persistently studied for a number of successive years. The drainage at present seems to be in a perfect condition, and much means has been expended and labor employed in this direction and in the plumbing as well. I believe that it is fair to conclude that the effects of these improvements are being manifested in

the freedom from disease. I am confident that the institution can be congratulated upon its excellent sanitary and hygienic conditions.

SUPPORT OF PATIENTS.

The patients have been supported in the following manner : Forty-seven by their own means, eighty-four entirely by the State, and 575 receive State aid of \$1.50 per week, towns and individuals paying the balance.

REPAIRS AND IMPROVEMENTS.

As no new construction of buildings has employed the attention of our mechanics, their time has been entirely devoted to repairs and improvements. The engineer has thoroughly inspected the heating apparatus and replaced all weakened sections by new material. The brickwork of the boilers has been thoroughly repaired, and the heating apparatus is in excellent condition to furnish the institution with its necessary heat and will go into operation upon the expiration of this month's contract with the Augusta Lumber Company. The repairs in the mason's department have been attended to. The force of carpenters was reduced last spring so that at present there are but two in that department. They have, however, been diligent, and the needed repairs have been quite thoroughly accomplished.

In the plumbing department an unusually large number of repairs and improvements have been going on throughout the entire year. We have not only constructed six new bathrooms and water-closets with the most improved material and by the best modern devised methods, but a large amount of repairs has been accomplished in nearly all of the plumbing of the institution. The continuance of the work in this department during the period of another year will equip the Hospital with a modern system of substantial and well devised plumbing.

THE NEW BRICK STABLE.

I do not deem it necessary to refer especially to the removal, renovation and enlargement of our barns, or to the construction of the new brick stable for our cows, as the plan in all its details has been studied by nearly every member of your Board, and the appropriate committee will in due time submit its report. I simply, however, desire to call your attention to the occupancy of the stable for our herd of cows, which occurred the 21st of November. The building was not then, and has not at the closing of this report, been completed, but we were obliged to occupy it before its entire completion in consequence of insufficient and unsuitable room for their shelter elsewhere. I am pleased to state that, in consequence of these most admirable accommodations in affording warmth, excellent ventilation and a large degree of sunlight, it has already exerted its influence upon our herd to the extent that the cows are supplying the institution with forty gallons more of milk per day than they were just prior to their removal to these new quarters. I predict that with these most excellent facilities at hand for the better management and proper maintenance of our herd, most excellent results will be obtained in the future.

FARM AND GARDEN.

In consequence of the further purchase of land more extensive operations in the farm department have been made necessary. To this end a larger force, perhaps, of patients has been employed than any previous year. Labor in the open air is equally as valuable in affording health to the insane as it is in preventing disease in the sane. Judiciously employed manual labor seems adapted to the wants of all classes and types of mental disease. The explosive and misdirected energies of the maniac yield and are guided in the direction of healthy mental action by properly improvised manual exercise. The inactivity of mental operations observed in the melancholiac, which are accompanied so often by physical inertia as well,

frequently yield to properly applied exercise in the open air. In fact, I have scarcely ever failed to observe beneficial results to accrue to patients who afford themselves the opportunity of the vitalizing effects of manual employment. During the past year much time and labor has been expended in cultivating our newly acquired purchase. Some eighty acres have been plowed and another year will be under cultivation. A large amount of labor has also been expended in drainage. The newly purchased property is, in my judgment, the most fertile part of our farm naturally and will become by cultivation very productive and of much pecuniary benefit to the institution. In consequence of the severe drought which prevailed in this section of the State the hay crop was considerably reduced, but we were fortunate in having an unusually large acreage of corn planted, which has produced over 300 tons of ensilage. Our potato crop was nearly 3,000 bushels, being about the same in quantity as last year. The yield of oats, excellent in quality, was very much above the average, nearly 1,000 bushels being harvested. The farm road which stretches from west to east across our field to the second road range, not only for the accommodation of our farm, but for the exercise of our patients as well, has been greatly improved and fully completed during the past year. We have increased our Holstein stock so that at present we have some fifteen heifers which will produce milk during the coming winter and seventy-five older cows already in milk. The garden has been under good management as usual, and the yield of vegetables was on an average with former years. Indeed with the exception of our cabbages, which were a failure, all of the other crops have afforded a large yield. We have, during the past year, changed the location of a portion of our garden, but the acreage remains about the same as in former years.

FUTURE NEEDS.

In calling your attention to our needs I fully appreciate that I must pay due regard to the economic expenditure of

the funds of the institution, because of the fact that the necessary changes or improvements that may seem to be a necessity must be borne out of the earnings of the institution. It would not be economy, however, or in keeping with a sound business policy, to allow any part of the institution to degenerate, if we are in possession of the necessary means to obviate it. As has been contemplated, you will no doubt make the necessary arrangements for the construction of the new piggery early another season, and after this is arranged for, if the finances of the institution will admit, I should regard it as of extreme importance that two additional tiers of bathrooms and water-closets should be re-constructed. One of them located in the first stone wing for females has become very much dilapidated, and the sanitary condition of the institution requires that it should be supplanted by being thoroughly supplied with modern appliances and plumbing. Many of the floors in various parts of the institution have from long use become much worn and should be replaced. I desire also to call your attention to the desirability, if not necessity, of changing our approaches to the institution, and to the repairing of the old sidewalks and constructing additional ones. Many important changes in this direction should be made. You will recall that your attention was directed in my last report and reasons given why our road-beds about the institution should be removed and constructed in other places.

OFFICIAL CHANGES.

No official changes have occurred at the institution with the exception of that of the fourth assistant, Dr. D. B. Crediford, who left the latter part of September to engage in the general practice of medicine.

CONCLUSION.

The institution is indebted to the intelligent Board of Visitors, composed of two members of His Excellency's Council and the lady visitor, Mrs. Drew of Lewiston, for

the kindly interest each member has manifested in its welfare. In behalf of the institution and its inmates I desire to extend to this Board my heartfelt thanks for its uniform courtesy to me personally and for the especial interest it has taken in the well being of our patients. The excellent results which have accrued in the treatment of the patients could not have been obtained except through the faithfulness and incessant and painstaking labor of my associates, supplemented by the faithful efforts of the various clerks, supervisors and many efficient and willing nurses and employes. I am not unmindful of the hearty support and wise direction which I have received from every member of the Board of Trustees. I assure you I appreciate the confidence you have seen fit to repose in me.

In entering upon the duties of another year it is befitting to commend this great charity with all its multitudinous interests to the care of Him who doeth all things well and to implore Divine guidance at all times.

MEDICAL STATISTICS, 1895.

TABLE No. 1.
MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1894	366	314	680
Admitted since.....	148	126	274
Number under treatment.....	514	440	954
DISCHARGES AND DEATHS.			
Recovered.....	56	39	95
Much improved.....	10	15	25
Improved.....	20	9	29
Unimproved.....	17	17	34
Died.....	38	27	65
Remaining November 30, 1895.....	373	333	706

TABLE No. 2.
ASSIGNED CAUSES OF INSANITY IN THOSE ADMITTED DURING THE YEAR.

	Men.	Women.	Total.
Apoplexy	1	0	1
Alcoholism	8	1	9
Business trouble.....	4	0	4
Congenital	3	4	7
Critical period of life	0	7	7
Catamenia.....	0	2	2
Childbirth.....	0	4	4
Tubercular meningitis	0	1	1
Domestic affliction.....	5	18	23
Disappointed affection.....	3	1	4
Epilepsy.....	4	2	6
Fever.....	1	0	1
Heredity	11	2	13
Ill health.....	1	5	6
Injury.....	1	0	1
Injury to head.....	4	1	5
Injury to spine.....	1	1	2
La grippe	4	1	5
Morphine habit.....	0	1	1
Miscarriage.....	0	1	1
Mode of life.....	1	0	1
Narcotism.....	0	1	1
Overwork.....	4	2	6
Prostitution.....	0	1	1
Puerperal	0	1	1

TABLE No. 2—*Concluded.*

	Men.	Women.	Total.
Paralysis.....	0	1	1
Pneumonia.....	1	0	1
Religious excitement.....	3	4	7
Rheumatism.....	0	1	1
Self abuse.....	19	2	21
Skin disease.....	1	0	1
St. Vitus' dance.....	0	1	1
Surgical operation.....	0	2	2
Spinal trouble.....	0	2	2
Sunstroke.....	0	1	1
Syphilis.....	1	0	1
Senility.....	2	0	2
Suppression of menses.....	0	2	2
Traumatism.....	1	0	1
Worrimment.....	1	2	3
Unknown.....	63	51	114
Total.....	148	126	274

TABLE No. 3.

AGES OF THOSE ADMITTED.

	Men.	Women.	Total.
From 10 to 20 years of age.....	8	7	15
“ 20 “ 30 “ “.....	29	34	63
“ 30 “ 40 “ “.....	41	27	68
“ 40 “ 50 “ “.....	30	25	55
“ 50 “ 60 “ “.....	18	17	35
“ 60 “ 70 “ “.....	13	13	26
“ 70 “ 80 “ “.....	4	1	5
“ 80 “ 90 “ “.....	3	1	4
Unknown.....	2	1	3
Total.....	148	126	274

TABLE No. 4.

SOCIAL CONDITION OF THOSE ADMITTED.

	Men.	Women.	Total.
Married.....	57	63	120
Single.....	74	49	123
Widowed.....	11	13	24
Unknown.....	6	1	7
Total.....	148	126	274

SUPERINTENDENT'S REPORT.

27

TABLE No. 5.

DURATION OF INSANITY PRIOR TO ADMISSION.

	Men.	Women.	Total.
Not exceeding 1 month.....	28	26	64
" " 3 months.....	23	20	43
" " 6 ".....	18	15	33
" " 9 ".....	2	3	5
" " 12 ".....	16	15	31
" " 18 ".....	2	4	6
" " 2 years.....	7	11	18
" " 3 ".....	6	5	11
" " 4 ".....	7	4	11
" " 5 ".....	6	6	12
" " 6 ".....	1	2	3
" " 7 ".....	3	1	4
" " 9 ".....	0	1	1
" " 10 ".....	2	4	6
" " 12 ".....	0	1	1
" " 15 ".....	2	1	3
" " 17 ".....	1	0	1
" " 25 ".....	1	0	1
" " 28 ".....	1	0	1
Unknown.....	12	7	19
Total	148	126	274

TABLE No. 6.

MONTHLY ADMISSIONS.

	Men.	Women.	Total.
1894, December.....	19	5	24
1895, January.....	9	11	20
" February.....	7	14	21
" March.....	13	6	19
" April.....	7	4	11
" May.....	8	13	21
" June.....	12	11	23
" July.....	14	10	24
" August.....	7	15	22
" September.....	16	15	31
" October.....	15	13	28
" November.....	21	9	30
Total.....	148	126	274

TABLE No. 7.
TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

	Men.	Women.	Total.
Not exceeding 3 months	26	18	44
" " 6 "	18	9	27
" " 9 "	3	5	8
" " 12 "	2	4	6
" " 18 "	2	0	2
" " 2 years	2	0	2
" " 3 "	1	3	4
" " 4 "	0	0	0
" " 5 "	1	0	1
" " 6 "	1	0	1
Total	56	39	95

TABLE No. 8.
CAUSES OF DEATH.

	Men.	Women.	Total.
Apoplexy	0	1	1
Dementia	1	0	1
Dementia acute	0	1	1
Dementia senile	1	0	1
Dementia terminal	6	8	14
Epilepsy	4	2	6
Epileptic insanity	1	0	1
General paralysis	8	0	8
Hydropericardium	1	1	2
Ileo-colitis	0	1	1
Marasmus	1	0	1
Mania	2	2	4
Mania exhaustive	0	1	1
Mania acute	2	0	2
Melancholia	4	3	7
Melancholia chronic	1	2	3
Melancholia acute	0	1	1
Paralysis	0	1	1
Paralytic insanity	2	0	2
Paralysis of the heart	1	1	2
Phthisis pulmonalis	1	1	2
Typhomania	2	1	3
Total	38	27	65

TABLE No. 9.
MONTHLY MORTALITY.

	Men.	Women.	Total.
1894, December	1	1	2
1895, January	2	3	5
" February	3	2	5
" March	2	3	5
" April	8	2	10
" May	3	3	6
" June	3	3	6
" July	1	0	1
" August	2	2	4
" September	3	2	5
" October	6	1	7
" November	4	5	9
Total	38	27	65

TABLE No. 10.

AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years of age.....	2	0	2
" 20 " 30 " "	3	1	4
" 30 " 40 " "	8	4	12
" 40 " 50 " "	11	7	18
" 50 " 60 " "	8	5	13
" 60 " 70 " "	4	8	12
" 70 " 80 " "	1	1	2
" 80 " 90 " "	1	1	2
Total.....	38	27	65

Average age at death, 42.07.

TABLE No. 11.

APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

	Men.	Women.	Total.
3 months.....	3	2	5
6 "	3	1	4
9 "	3	2	5
12 "	4	5	9
18 "	2	1	3
2 years	6	0	6
3 "	8	2	10
4 "	3	1	4
5 "	1	2	3
6 "	3	1	4
8 "	1	0	1
10 "	0	2	2
15 "	0	2	2
18 "	0	1	1
20 "	0	1	1
25 "	1	2	3
38 "	0	1	1
45 "	0	1	1
Total.....	38	27	65

TABLE No. 12.

OCCUPATION OF THOSE ADMITTED.

	Men.	Women.	Total.
Artist.....	0	2	2
Agent.....	2	1	3
Bookkeeper.....	1	2	3
Carpenter.....	6	0	6
Clerk.....	1	1	2
Cigar maker.....	1	0	1
Confectioner.....	1	0	1
Dress maker.....	0	2	2
Elocutionist.....	1	0	1
Engineer.....	1	0	1
Farmer.....	39	0	39
Fisherman.....	2	0	2
Housework.....	0	93	93
Harness maker.....	1	0	1
Hunter.....	1	0	1
Laborer.....	41	0	41
Machinist.....	1	0	1
Mill operative.....	4	3	7
Merchant.....	4	0	4
None.....	8	13	21
Papermill operative.....	1	0	1
Painter.....	1	0	1
Printer.....	1	0	1
Photographer.....	1	0	1
Saw filer.....	1	0	1
Shoeshop operative.....	4	1	5
Sea captain.....	2	0	2
Seaman.....	8	0	8
Sugar boiler.....	1	0	1
Saloon keeper.....	1	0	1
Seamstress.....	0	1	1
School girl.....	0	1	1
Salesman.....	1	0	1
Surveyor.....	1	0	1
Tailor.....	1	0	1
Teacher.....	0	5	5
Teamster.....	2	0	2
Trained nurse.....	0	1	1
Weaver.....	1	0	1
Unknown.....	6	0	6
Total.....	148	126	274

TABLE NO. 13.
RESIDENCE PRIOR TO ADMISSION.

	Men.	Women.	Total.
Auburn	4	5	9
Augusta	5	2	7
Ashland	0	1	1
Athens	1	0	1
Alna	0	1	1
Anson	1	0	1
Appleton	1	0	1
Alton	0	1	1
Berwick	3	0	3
Bangor	7	7	14
Brunswick	4	1	5
Blaine	2	0	2
Bath	2	2	4
Belfast	0	2	2
Buckfield	0	2	2
Bridgewater	0	1	1
Bowdoinham	1	0	1
Belgrade	0	1	1
Biddeford	2	2	4
Brownfield	1	0	1
Bradford	1	0	1
Bethel	1	0	1
Brewer	1	2	3
Buxton	2	0	2
Bridgton	0	1	1
Boothbay Harbor	1	0	1
Bristol	2	0	2
Belfast jail	1	0	1
Calais	5	3	8
Chelsea	1	0	1
Camden	1	1	2
Castine	1	0	1
Clinton	1	0	1
Charleston	0	1	1
Dixmont	2	0	2
Dayton	1	0	1
Deer Isle	1	0	1
Detroit	1	0	1
Danforth	1	0	1
Durham	0	1	1
Deering	2	0	2
Dennistown	0	1	1
Eddington	1	0	1
Edinburg	0	1	1
Eastport	1	0	1
Eden	1	0	1
Edgecomb	1	1	2
Eastbrook	0	1	1
Etna	1	0	1
Ellsworth	2	0	2
Eustis	1	0	1
Falmouth	0	1	1
Fayette	1	0	1
Farmington	0	1	1
Fryeburg	1	1	2
Glenburn	1	0	1
Gorham	0	2	2
Guilford	0	1	1
Gardiner	2	2	4
Hodgdon	1	0	1
Hermon	1	0	1
Hancock	0	1	1
Houlton	1	0	1
Hiram	0	1	1
Hallowell	1	0	1
Industry	1	0	1
Jay	0	1	1
Kennebunk	1	1	2
Kittery	0	1	1
Kenduskeag	1	0	1
Lebanon	0	1	1
Lewiston	5	6	11

TABLE No. 13—*Concluded.*

	Men.	Women.	Total.
Lisbon.....	0	2	2
Lubec	0	1	1
Litchfield.....	1	1	2
Levant.....	2	0	2
Lincoln.....	2	0	2
Linneus.....	1	0	1
Medway.....	1	0	1
Minot.....	0	2	2
Morrill.....	0	1	1
Milford.....	0	1	1
Marion.....	0	1	1
Mt. Desert.....	1	0	1
Machias.....	1	0	1
North Berwick.....	2	0	2
Newport.....	0	1	1
Newry.....	1	0	1
Norridgewock.....	1	1	2
National Soldiers' Home, Togus.....	1	0	1
New Gloucester.....	0	1	1
Norway.....	0	1	1
Orono.....	1	0	1
Old Town.....	2	1	3
Oakland.....	0	1	1
Oxford.....	1	1	2
Old Orchard.....	0	2	2
Orland.....	0	1	1
Orrington.....	1	0	1
Pembroke.....	1	0	1
Portland.....	7	8	15
Phippsburg.....	2	0	2
Pittsfield.....	2	0	2
Parsonsfield.....	0	1	1
Poland.....	1	0	1
Paris.....	1	0	1
Rockland.....	3	6	9
Randolph.....	0	1	1
Rumford.....	1	0	1
Richmond.....	1	0	1
Skowhegan.....	1	1	2
Sanford.....	1	1	2
South Thomaston.....	1	0	1
Strong.....	0	1	1
Scarboro.....	1	1	2
Springfield.....	1	0	1
South Berwick.....	0	1	1
Searsmont.....	1	0	1
Searsport.....	0	1	1
Shapleigh.....	1	0	1
Saco.....	1	0	1
South Portland.....	1	1	2
Tremont.....	0	4	4
Thomaston.....	1	1	2
Turner.....	2	0	2
Troy.....	1	0	1
Unity.....	0	1	1
Vinalhaven.....	1	1	2
Vassalboro.....	1	1	2
Veazie.....	0	1	1
Waterville.....	2	6	8
Windsor.....	2	0	2
Warren.....	0	1	1
West Gardiner.....	1	0	1
Winslow.....	0	1	1
Winthrop.....	1	2	3
Willimantic.....	1	0	1
Woodland.....	2	1	3
Waldoboro.....	0	1	1
York.....	0	1	1
Yarmouth.....	1	0	1
York county jail.....	0	1	1
Total.....	148	126	274

TABLE No. 14.
NUMBER OF ADMISSIONS OF THOSE ADMITTED.

	Men.	Women.	Total.
Admitted the first time.....	108	98	206
" " second time.....	23	22	45
" " third time.....	8	1	9
" " fourth time.....	5	2	7
" " fifth time.....	2	1	3
" " sixth time.....	1	1	2
" " seventh time.....	1	0	1
" " sixteenth time.....	0	1	1
Total	148	126	274

TABLE No. 15.
NUMBER OF ADMISSIONS OF THOSE DISCHARGED RECOVERED.

	Men.	Women.	Total.
Admitted the first time.....	42	23	65
" " second time.....	6	7	13
" " third time.....	4	2	6
" " fourth time.....	2	1	3
" " fifth time.....	1	2	3
" " sixth time.....	0	1	1
" " seventh time.....	1	0	1
" " eighth time.....	0	1	1
" " ninth time.....	0	1	1
" " sixteenth time.....	0	1	1
Total	56	39	95

TABLE No. 16.
RELIGION OF THOSE ADMITTED.

	Men.	Women.	Total.
Catholics ..	24	21	45
Protestants	123	98	221
Unknown	1	7	8
Total	148	126	274

TABLE No. 17.
NATIVITY OF THOSE ADMITTED.

	Men.	Women.	Total.
Canada	2	3	5
England	2	0	2
Ireland	7	2	9
Italy	1	0	1
Germany ..	1	2	3
Maine	114	100	214
Massachusetts	3	5	8
New Brunswick ..	9	3	12
New Hampshire ..	1	0	1
New Jersey	1	0	1
Nova Scotia	2	1	3
Prince Edward's Island	1	1	2
New York	2	0	2
Scotland	0	1	1
Sweden	1	0	1
Unknown	1	8	9
Total .. .	148	126	274

TABLE No. 18.

SHOWING THE OPERATIONS OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

Year.	Admitted.	Discharged.	Whole number under treatment.	Recovered.	Improved.	Unimproved.	Died.	Greatest number in hospital on any day.	Least number in hospital on any day.	Remaining at the end of year.	Daily average number for the year.
1840-1.....	120	80	129	30	14	24	5	70	1	52	48
1841-2.....	89	72	141	32	16	19	5	73	50	65	59
1842-3.....	86	84	151	32	16	31	5	72	58	68	65
1843-4.....	83	75	151	30	16	23	3	79	55	75	70
1844-5.....	99	90	175	39	21	26	2	89	71	85	80
1845-6.....	102	87	187	41	22	14	5	107	80	101	93
1846-7.....	124	100	125	53	17	20	10	125	98	124	108
1847-8.....	128	125	152	60	31	14	20	135	117	127	112
1848-9.....	123	110	150	65	22	19	14	139	121	139	126
1849-50.....	110	120	149	66	35	21	14	165	123	124	137
1850-1.....	75	122	199	22	28	40	32	125	30	76	75
1851-2.....	48	42	124	23	4	8	8	76	34	84	79
1852-3.....	126	89	210	45	14	15	15	120	84	119	108
1853-4.....	109	114	228	49	15	18	32	140	114	115	127
1854-5.....	123	88	243	41	14	14	10	155	114	155	134
1855-6.....	149	114	304	54	22	19	19	194	151	190	167
1856-7.....	144	126	334	69	24	29	14	215	190	208	204
1857-8.....	126	126	334	59	25	18	24	225	102	208	213
1858-9.....	149	120	357	58	22	23	17	240	102	237	222
1859-60.....	136	133	373	63	22	17	31	246	227	240	236
1860-1.....	135	123	375	55	25	16	27	255	239	252	248
1861-2.....	126	119	377	57	24	19	19	267	244	258	254
1862-3.....	118	111	376	52	21	14	24	266	242	265	254
1863-4.....	124	135	389	49	22	11	53	273	247	254	253
1864-5.....	142	110	396	47	25	23	24	282	254	277	272
1865-6.....	135	133	412	61	29	13	33	287	267	276	277
1866-7.....	150	123	426	54	27	11	21	303	276	303	391
1867-8.....	165	129	468	63	23	16	27	341	302	339	319
1868-9.....	150	153	489	68	28	14	42	351	332	337	342
1869-70.....	130	122	467	48	19	18	37	348	330	345	339
1870-1.....	174	151	519	58	28	21	44	376	345	368	363
1871-2.....	202	177	510	79	34	19	45	404	368	393	384
1872-3.....	200	282	593	85	36	20	53	416	368	411	400
1873-4.....	189	207	600	61	33	61	52	420	393	393	400
1874-5.....	188	178	581	66	31	27	52	408	389	405	398
1875-6.....	186	184	589	68	33	31	52	408	384	405	398
1876-7.....	194	183	590	72	35	28	46	423	387	416	411
1877-8.....	188	186	604	56	45	37	48	423	387	416	415
1878-9.....	196	195	614	53	52	60	38	432	399	419	415
1879-80.....	188	171	607	57	32	43	38	439	390	436	412
1880-1.....	215	201	631	56	57	42	46	453	426	450	442
1881-2.....	194	183	644	71	35	34	43	465	433	461	449
1882-3.....	208	205	669	53	42	22	88	467	430	464	450
1883-4.....	203	207	667	59	31	16	101	472	443	460	454
1884-5.....	249	223	709	80	54	12	77	488	459	486	474
1885-6.....	231	189	717	66	56	7	60	543	484	528	506
1886-7.....	226	202	754	82	52	14	54	556	527	552	543
1887-8.....	250	224	802	76	48	19	81	600	552	578	580
1888-9.....	225	223	803	65	60	22	76	599	561	580	579
1889-90.....	253	207	833	65	18	17	73	634	577	626	612
1890-1.....	245	198	871	63	47	18	70	677	626	673	649
1891-2.....	269	257	942	71	72	25	89	697	669	685	685
1892-3.....	287	301	972	75	83	53	88	714	671	671	693
1893-4.....	284	275	953	84	51	36	104	706	668	680	680
1894-5.....	274	248	954	95	54	34	65	712	680	706	698

Respectfully submitted,

BIGELOW T. SANBORN, *Superintendent.*

MAINE INSANE HOSPITAL, Augusta, Nov. 30, 1895.

CHAPLAIN'S REPORT.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN :—I take pleasure in submitting to you my fifth annual report as Chaplain at the Hospital. It has been a good year. The usual services have been maintained without interruption; no epidemic has interfered with any service. There has been a good attendance. In several instances, the Gospel has proved itself a peculiar power. The Chaplain has had evidence that its claims have been fairly considered. One man rejoiced that God had ever led him hither, that his eyes might be opened to the truth. His frequent expressions of joy and the rehearsal of his experience were sufficient to indicate his genuineness. Quite a number of times during the year, we have responded to urgent calls to converse in regard to spiritual matters. In nearly all these cases the calls have been very satisfactory.

The Sunday service is one to which many look forward with anticipation. It would hardly be expected that all should come seriously. But the service, with the excellent music, is of interest and attraction to all.

As in every established institution of this kind, death is a frequent visitor. There have been repeated calls for funeral services this year. Often there is an attachment almost equal to that of David and Jonathan, which springs up between those who are thrown together here. Genuine grief is often expressed at separation.

We take this opportunity to refer once more to the uniform courtesy which has always been extended in connection with the work we have striven to do.

Respectfully submitted,

J. M. WYMAN, *Chaplain.*

Augusta, Nov. 30, 1895.

STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1895.

Total Receipts and Disbursements of Cash for the Year Ending November 30, 1895.

DR.		
Balance cash on hand December 1, 1894.....	\$ 1,802 15	
Receipts for year, Hospital account	161,801 05	
Received appropriation from State of Maine to build a new cow barn, move two hay barns and build a new piggery..	14,000 00	
		\$177,603 20
CR.		
Disbursements, Hospital account.....	\$167,222 68	
Disbursements, account Appropriation..	9,656 80	
Balance, cash on hand November 30, 1895.....	723 72	
		\$177,603 20

COMPARATIVE STATEMENT A.
Of Resources and Liabilities November 30, 1894.

RESOURCES—SUPPLIES IN STOCK.		
Cash on hand	\$1,802 15	
Due from State of Maine for support of patients	7,648 03	
Due from towns and individuals for support of patients... .	30,293 31	
Provisions, groceries, crockery, furniture, per inventory...	9,641 80	
Dry goods, clothing, etc., per inventory	5,936 21	
Coal on hand, per inventory	15,536 87	
Medical supplies on hand, per inventory	1,251 13	
Horses, cows, oxen, hogs, produce, per inventory	16,557 97	
Repairs and improvements, pipes and fittings, lumber and materials, per inventory.....	3,890 86	
Expense, stationery, books and office materials, per inventory	456 38	
Real estate, Norton house, purchased in 1886.....	900 00	
Real estate, Hoyt house, purchased in 1890.....	2,500 00	
Real estate, Thorne farm, purchased in 1893.....	4,500 00	
Real estate, Severance farm, purchased in 1893.....	2,000 00	
		\$102,914 71
LIABILITIES.		
Due firms and individuals on account supplies.....	\$24,155 81	
Due employes per pay roll.....	3,935 99	
Amusement fund	1,000 00	
Bills payable.....	14,500 00	
Coburn fund, balance interest in treasury	2,677 42	
Farm stock improvements, balance appropriation	101 77	
		46,370 99
Net resources as per hospital account A in annual statement November 30, 1894		\$56,543 72

COMPARATIVE STATEMENT B,
Of Resources—Supplies in Use November 30, 1894.

Dispensary department, medical instruments, furnishings, etc.....	\$ 504 68	
Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc.....	6,750 00	
Greenhouse department, plants, pots, implements, etc.....	2,046 45	
Hospital furnishings department, furniture, bedding, fixtures and household materials, etc	61,328 31	
Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's and mason's tools, implements, etc	1,540 09	
Amusement fund, principal of Orne bequest	1,000 00	
Net resources as per hospital account B in annual statement November 30, 1894		\$73,169 53

COMPARATIVE STATEMENT A,
Of Resources and Liabilities November 30, 1895.

RESOURCES—SUPPLIES IN STOCK.		
Cash on hand	\$ 723 72	
Due from State of Maine for support of patients.....	16,061 09	
Due from towns and individuals for support of patients....	29,503 42	
Provisions, groceries, crockery, furniture, per inventory ...	10,749 64	
Dry goods, clothing, etc., per inventory.....	7,215 71	
Coal on hand, per inventory	12,680 21	
Medical supplies on hand, per inventory.....	1,238 12	
Horses, cows, oxen, hogs, produce, per inventory.....	17,073 59	
Repairs and improvements, pipes and fittings, lumber and materials, per inventory	4,067 69	
Expense, stationery, books and office materials, per inventory	395 65	
Real estate, Norton house, purchased in 1886	900 00	
Real estate, Hoyt house, purchased in 1890	2,500 00	
Real estate, Thorne farm, purchased in 1893.....	4,500 00	
Real estate, Severance farm, purchased in 1893	2,000 00	
		\$109,608 84
LIABILITIES.		
Due firms and individuals on account supplies.....	\$20,668 22	
Due employees per pay roll.....	3,750 40	
Amusement fund.....	1,000 00	
Bills payable.....	9,500 00	
Coburn fund, balance interest in treasury.....	3,467 00	
Farm stock improvements, balance appropriation.....	101 77	
Balance appropriation to build a new cow barn, move two hay barns and build a new piggery	4,343 20	
		42,830 59
Net resources as per hospital account A in annual statement November 30, 1895.....		\$66,778 25

COMPARATIVE STATEMENT B,
Of Resources—Supplies in Use November 30, 1895.

Dispensary department, medical instruments, furnishings, etc.....	\$463 73	
Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc.....	6,798 07	
Greenhouse department, plants, pots, implements, etc.....	1,950 50	
Hospital furnishings department, furniture, bedding, fixtures and household materials, etc.....	61,633 88	
Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's and mason's tools, implements, etc.....	1,521 38	
Amusement fund, principal of Orne bequest	1,000 00	
Net resources as per hospital account B in annual statement, November 30, 1895.....		\$73,367 56

TWELFTH ANNUAL FINANCIAL STATE

	Supplies in stock. On hand per inventory avail- able A, Novem- ber 30, 1895.	Supplies in use. On hand per in- ventory unavail- able B, Novem- ber 30, 1895.	Trial Balance.		Net cost of different departments.
Hospital account A, supplies in stock.....				\$56,543 72	
Hospital account B, supplies in stock.....				73,169 53	
Cash department.....			\$ 723 72		
Dry goods department.....	\$7,215 71		5,870 94		
Dispensary department.....	1,238 12	\$ 463 73	4,316 72		\$2,614 87
Farm department.....	14,126 87	6,798 07	19,540 63		
Garden department.....	1,239 22			1,200 67	
Greenhouse department.....		1,950 50	3,029 44		1,078 94
Grocery department.....	9,310 47		9,310 47		
Expense department.....	395 65		6,606 91		6,211 26
Heating and lighting department....	12,680 21		33,693 94		21,013 73
Hog department.....	1,707 50		1,934 44		226 94
Hospital furnishings department....	569 15	61,633 88	66,767 60		4,564 57
Repairs and improvements.....	4,067 69	1,521 38	15,150 73		9,561 66
Real estate.....	9,900 00		9,728 00		
Subsistence.....	870 02			58,766 16	
Amusement fund.....			1,000 00		
Coburn fund.....				3,487 00	
Bills payable.....				10,500 00	
Interest and discount.....			429 92		429 92
Salaries and wages (due employes)...				3,750 40	
State of Maine (owes hospital).....			16,061 09		
Sundry persons and towns (owe hospital).....			29,503 42		
Sundry persons and towns (hospital owes).....				20,668 22	
Farm stock improvements (balance of unexpended appropriation).....				101 77	
Appropriation for new barn and piggery (balance unexpended ap- propriation).....				4,343 20	
Additions, repairs and changes in cow barn system (not included in contract).....			5,036 59		5,036 59
Extraordinary repairs and improve- ments.....			3,806 11		3,806 11
	\$63,320 61	\$72,367 56	232,510 67	232,510 67	
Increase in Hospital Account A.....					10,234 53
Increase in Hospital Account B.....					198 03
					64,977 15
Net increase.....					10,432 56

We hereby certify that we have carefully examined the accounts of the Treasurer for the year ending November 30, 1895, and find them correct.

A. F. CROCKETT, } *Financial Committee*
J. S. CLARK, } *of Trustees.*

Very respectfully submitted,

MANNING S. CAMPBELL, *Steward and Treasurer.*

MENT, NOVEMBER 30, 1895.

Net production or gain of different departments.	Hospital Account A. Available assets.	Hospital Account B. Unavailable assets.	Resources B. Assets unavailable.	Resources A. Assets available.	Liabilities.
.....	\$56,543 72				
.....		\$73,169 53			
\$1,344 77				\$ 723 72	
.....				7,215 71	
1,384 31			\$ 463 73	1,238 12	
2,439 89			6,798 07	14,126 87	
.....				1,239 22	
.....			1,950 50		
.....				9,310 47	
.....				395 65	
.....				12,680 21	
.....				1,707 50	
.....			61,633 88	569 15	
172 00			1,521 38	4,067 69	
59,636 18				9,900 00	
.....				870 02	
.....			1,000 00		
.....					3,467 00
.....					10,500 00
.....					3,750 40
.....				16,061 09	
.....				29,503 42	
.....					20,668 22
.....					101 77
.....					4,343 20
.....					
.....	10,234 53				
.....		198 03			
\$64,977 15					
Balance Hospital account A.....	\$66,778 25				
Balance Hospital account B.....		\$73,367 56			
	\$66,778 25	\$66,778 25	\$73,367 56	\$73,367 56	
Total resources A.....				109,608 84	
Total resources B.....			\$73,367 56	73,367 56	
Total resources and liabilities..				182,976 40	\$42,830 59
Balance Hospital account A.....					66,778 25
Balance Hospital account B.....					73,367 56
Proof				182,976 40	182,976 40

GARDEN PRODUCTS FOR THE YEAR 1895.

129.....bushels	Apples	\$61 65
56.....bushels	Apples (cider)	5 60
243 1-2pounds	Asparagus	30 44
22,617.....pounds	Beets	227 13
100.....bushels	Beet greens	75 00
117.....bunches	Beets	5 85
224.....bushels	Beans (string)	224 00
474.....boxes	Blackberries	59 25
35,640.....ears.....	Corn (green)	328 73
4,050.....pounds	Cabbage	81 00
27,510.....pounds	Cucumbers	250 07
626.....boxes	Currants	62 60
15,498.....pounds	Carrots	133 98
2 1-2acres	Corn fodder	25 00
90..heads	Cauliflower	9 00
9,695.....heads	Celery	1,211 86
18.....boxes	Gooseberries	1 80
10,125.....heads	Lettuce	298 25
21,486.....pounds	Onions.....	343 42
79.....bunches	Onions	7 90
18,200.....pounds	Pumpkins	98 50
1.....peck	Plums (Arctic).....	1 00
11,700.....pounds	Parsnips	121 00
349.....bunches	Parsley	17 45
71 1-2bushels	Peas (green).....	78 25
1-2bushel.....	Pears	1 00
70.....bushels	Pickles (cucumber).....	105 00
313.....boxes	Raspberries	39 12
1,201.....bunches	Radish	30 03
1,032.....pounds	Rhubarb	15 48
19,929.....pounds	Squash	277 36
975.....boxes	Strawberries	121 87
12,882.....pounds	Tomatoes	202 56
28,078.....pounds	Turnips	236 23

 \$4,787 38

FARM PRODUCTS FOR THE YEAR 1895.

7,252.....pounds.....	Beef.....	\$536 20
1,960.....pounds.....	Beans (yellow eyes).....	55 32
39.....	Calf skins.....	19 50
6.....	Calves (sold).....	51 00
3.....	Cows (sold).....	60 00
315 1-5tons.....	Ensilage.....	1,891 20
906.....pounds.....	Hides.....	33 83
7.....sets.....	Heads and feet.....	1 05
280 1817-2000 tons.....	Hay.....	3,068 84
35,834 3-4gallons.....	Milk.....	6,544 30
933.....bushels.....	Oats.....	279 90
152,321.....pounds.....	Potatoes.....	1,059 82
10,356.....pounds.....	Potatoes (small).....	34 52
30.....tons.....	Straw.....	180 00
294.....pounds.....	Tallow.....	7 25
3,115.....pounds.....	Veal.....	288 14
		<hr/>
		\$14,110 87

ARTICLES MADE IN SEWING ROOM FOR THE YEAR 1895.

2,060.....	Sheets.
1,672.....	Pillow slips.
2,014.....	Towels.
313.....	Tableclothes.
310.....	Clothesbags.
97.....	Spice bags.
63.....	Sand and prov. bags.
23.....	Coffee bags.
73.....	Curtains.
229.....	Dresses.
436.....	Skirts.
283.....	Pairs drawers.
281.....	Aprons.
54.....	Nightdresses.
35.....	Waists.
222.....	Chemise.
43.....	Camisoles.
2.....	Undershirts.
3.....	Shirts.
40.....	Frocks.
39.....	Cook's coats.
3.....	Pairs mittens.
23.....	Bureau, stand covers.
16.....	Cook's caps.
598.....	Rolls bandages.
160.....	Spreads hemmed.
168.....	Napkins hemmed.
1.....	Carriage cover.
3.....	Dress waists.
4.....	Pair lace curtains.
338.....	Lace bags. [material]
16.....	Tablecloths from old
23.....	Bureau covers “
75.....	Napkins “
3.....	Books covered.

ARTICLES REPAIRED IN SEWING ROOM FOR THE YEAR 1895.

347.....	Aprons.
190.....	Camisoles.
28.....	Sheets.
3.....	Pillow slips.
114.....	Tablecloths.
8.....	Spreads.
14.....	Towels.
7.....	Clothes bags.
3.....	Comforters.
35.....	Frocks.
49.....	Cook's coats.
42.....	Rugs.
2.....	Carriage robes.
509.....	Dresses.
2.....	Stable blankets.
2.....	Carriage cushions.

APPENDIX.

[FORM OF PHYSICIAN'S CERTIFICATE.]

STATE OF MAINE.

I, _____, of _____, county of _____, hereby certify that I have this day made a medical examination of _____, of _____, and find _____ insane, and a fit subject for treatment at the Maine Insane Hospital at Augusta.

_____, 18—.

_____, M. D.

_____, M. D.

[FORM OF CERTIFICATE AND ORDER FOR ADMISSION.]

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, the undersigned, Selectmen of the town of _____, in the county of _____, this day, on complaint to us made, in writing by (a) _____, of the town of _____, in said county, who bears the relationship of _____, to (b) _____ of said town of _____, who therein says that said (b) _____ is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said (b) _____, and called before us such testimony as was necessary to a full understanding of the case; whereupon, it appeared to us that said (b) _____ was insane, and we were of opinion that the safety and comfort of said (b) _____ and others interested, would be prompted by a residence in said Hospital, and accordingly determined that said (b) _____ be sent forthwith to said Institution.

We, therefore, certify that said (b) _____ is insane _____ and that _____ was residing commorant, and found in the town of _____, aforesaid, at the time of arrest and examination aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said (b) _____ into said Hospital, and detain _____ in your care, until _____ shall become of sound mind, or be otherwise discharged by order of law, or by the Superintendent or Trustees.

a Complainant's name.

b Name of person to be committed.

Given under our hands, at said —, this — day of —,
in the year of our Lord one thousand eight hundred and —.

— —,
— —,
— —,

Selectmen of —.

[FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we — of —
in the county of —, as principal, and — of — in
the county of —, as surety, are jointly and severally held
and bound unto —, Steward of the Insane Hospital at
Augusta, or to his successor in said office, in the sum of three
hundred dollars, to the payment of which sum, well and truly to
be made to him, the said —, or to his successors in said office,
we bind ourselves, our executors and administrators, firmly by
these presents.

Sealed with our Seals, and dated at —, this — day of
—, A. D. 18—.

The condition of the above obligation is such, That whereas —
of —, in the county of —, is about to be admitted as a
boarder and patient to the Institution aforesaid; now, if the said
—, shall pay to said — or to his successor in said office,
such sum per week for the board, washing, medicine and attend-
ance, according to the trouble and expense incurred for said
patient, as may be determined by the Trustees for the time being,
not to exceed —, and pay for all such necessary articles of
clothing as shall be furnished said — by the said —, or
his successor, and remove the said — from said Institution,
whenever they shall be thereto in writing requested by the Superin-
tendent for the time being—and shall also pay a further sum, not
exceeding fifty dollars, for all damages that may arise from injury
to the furniture and other property of said Institution, by said
—, and for reasonable charges that may be incurred in case
of the elopement of said —. Payments to be made quarterly
and at the time of removal, with interest on the amount after it
becomes due, as aforesaid, then this obligation to be null and void,
otherwise to remain in full force and virtue.

Witness :

QUESTIONS.

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

1. Age?
2. Married or single?
3. Occupation?
4. How old at first attack?
5. Date of present attack? What appearances?
6. What changes since?
7. On what subjects?
8. Any rational intervals?
9. Any relations ever insane, and who were they?
- 10.. Ever attempted suicide or homicide, and in what manner?
11. Destructive to clothes or property?
12. Disposed to filthiness of person or habits?
13. Any restraint or confinement been applied? If any, what?
14. If former attacks, how many, and how long did they continue?
15. What natural peculiarities? power of self control? temper? disposition? predominant passion? disappointment as to property? affections, loss of friends, wounded pride, family troubles, intemperance in the use of ardent spirits, tobacco, etc.?
16. History of any bodily disease, especially suppressions of evacuations, eruptions, sores, etc., injuries, epilepsy, palsy, etc.?
17. What cause or causes are supposed to have induced the attacks?
18. What curative means have been tried? State if blood-letting has been resorted to? If so, to what extent?

Male patients admitted into the Institution, should come provided with at least three good cotton shirts, coat, vest and pants, of strong woollen cloth, two pairs woollen stockings, one hat or cap, pocket handkerchief, brush and comb, and one pair of boots or shoes.

Females should have at least, a change of under-clothes, shoes and stockings, brush and comb, decent bonnet and two substantial dresses, the woollens should be of dark color. It is quite desirable also, that a Bible or Testament should not be forgotten in the outfit.

No person over twenty-one years of age, can be received without the certificate required by the act regulating the Hospital, in the revised statutes.