

# MAINE STATE LEGISLATURE

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# Public Documents of Maine:

BEING THE

## ANNUAL REPORTS

OF THE VARIOUS

# Public Officers and Institutions

FOR THE YEAR

1892.

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VOLUME I.

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AUGUSTA:

BURLEIGH & FLYNT, PRINTERS TO THE STATE.

1892.

REPORTS

OF THE

TRUSTEES, RESIDENT OFFICERS

AND THE

VISITING COMMITTEE

OF THE

Maine Insane Hospital.

DECEMBER 1, 1891.

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AUGUSTA:  
BURLEIGH & FLYNT, PRINTERS TO THE STATE.  
1892.



## OFFICERS FOR 1891-92.

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### Trustees.

FREDERICK ROBIE, M. D., GORHAM, *President.*  
LYNDON OAK, GARLAND, *Secretary.*  
GEORGE E. WEEKS, AUGUSTA.  
MRS E. J. TORSEY, KENT'S HILL.  
W.M. H. HUNT, LIBERTY  
R. B. SHEPHERD, SKOWHEGAN.

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### Resident Officers.

BIGELOW T. SANBORN, M. D., *Superintendent.*  
H. B. HILL, M. D., *Assistant Superintendent.*  
GEORGE D. ROWE, M. D., *Second Assistant.*  
P. H. S. VAUGHAN, M. D., *Third Assistant.*  
EMMER VIRGINIA BAKER, M. D., *Fourth Assistant.*  
MANNING S. CAMPBELL, *Steward and Treasurer.*  
ALICE G. TWITCHELL, *Matron*

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REV. J. M. WYMAN, AUGUSTA, *Chaplain.*

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### Subordinate Officers.

CHARLES F. PERRY, *Hospital Clerk.*  
FRED R. SMITH, *Assistant Hospital Clerk.*  
THERON D. REED, *Second Assistant Hospital Clerk.*  
GEORGE R. C. DEAN, *Superintendent's Clerk.*  
MERTON W. ROSS, *Store Clerk.*

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### Supervisors.

MALE.	FEMALE.
JOHN C. SANFORD.	MRS. ANNIE D. MCLEAN.
GEORGE S. KIMBALL, <i>1st Assistant.</i>	MISS MARIA H. MCFEE, <i>Assistant</i>
CHARLES H. DAVIES, <i>2d</i> “	

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### Women's Pavilion.

MISS ELLEN E. NICOL.

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### Men's Pavilion.

A. B. ALLEN.

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W. L. SAMPSON, *Engineer;* W. H. ALLEN, *Florist and Gardener;*  
HORACE B. CONY, *Farm Superintendent*

### Standing Committees for 1891-92.

- On Conference with Legislative Committee*—Oak, Robie and Hunt.  
*On Finance*—Hunt, Oak and Weeks.  
*On Buildings and Improvements*—Shepherd, Mrs. Torsey and Robie.  
*On Farm Stock and Outside Property*—Robie, Shepherd and Oak.  
*On Library*—Mrs. E. J. Torsey and Dr. B. T. Sanborn.  
*On Recreation of Patients*—Sanborn, Shepherd and Weeks.
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### Visiting Committee for the Year.

- |  |                                      |
|--|--------------------------------------|
| <i>January</i> —Oak and Weeks          | <i>July</i> —Mrs. Torsey and Oak.    |
| <i>February</i> —Mrs. Torsey and Hunt. | <i>August</i> —Hunt and Robie.       |
| <i>March</i> —Full Board.              | <i>September</i> —Full Board.        |
| <i>April</i> —Oak and Shepherd.        | <i>October</i> —Weeks and Hunt.      |
| <i>May</i> —Robie and Mrs. Torsey.     | <i>November</i> —Robie and Shepherd. |
| <i>June</i> —Full Board.               | <i>December</i> —Full Board.         |

## TRUSTEES' REPORT.

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*To His Excellency, the Governor and the Executive Council of the State of Maine:*

The Trustees of the Insane Hospital in making their annual report for the fiscal year, ending November 30, 1891, have every reason to be grateful for the providential oversight and care of a Supreme Power, whose continual presence and direction have added so much to the happiness, safety and health of the inmates of the Institution. We also return our thanks to the several departments, and the friends of the Hospital who have assisted us in the discharge of our responsible duties, and aided us in the economic administration of its affairs. There has been during the year, no appearance of any serious epidemic and the general health of the patients has compared favorably with the most fortunate record of former years. There have been no disturbing elements of any character, but on the other hand, all of the several departments of the Hospital have moved along successfully in the even tenor of their ways.

### MEDICAL DEPARTMENT.

The medical department has been well directed and sustained by the able and painstaking Superintendent, Bigelow T. Sanborn, M. D., assisted by an efficient corps of associate physicians.

The Trustees at their stated visits have made careful inquiry and inspection in regard to the medical and hygienic treatment of the patients. We have investigated the means and methods

employed by the attendants in order to secure for the patients the kindest and most faithful care, and we find that attendants have been discharged whenever there has been any wrong or negligence committed by them. The position of attendant is one of the most responsible in the service of the Hospital, and we find that this fact is well understood and appreciated. We find no reasonable cause of complaint anywhere, and the patients themselves are generally perfectly well satisfied with the administration of the several departments of the Hospital.

We find that useful modern discoveries and medical agencies in medicine, and many of the improvements in the science and art of surgery are ready for use when necessary, also, we find that good attention is paid to those humanitarian appliances, which are found necessary to be used for the safety and security of those affected with violent insanity.

Emmer Virginia Baker, M. D., an accomplished and efficient female physician, has been added to the medical staff since our last annual report.

#### HYGIENIC TREATMENT.

The importance of out-door exercise and in-door recreation has not been disregarded, for the tramp of patients, carefully guarded through the streets, and around the fields in the vicinity of the Hospital, is heard and seen at all hours of a pleasant day; carriages filled with patients are often seen, and these agencies are found, as heretofore, pleasant and recuperative features of Hospital life. The Hospital band, during the summer months on the stand in front of the Hospital, discourses enlivening music, and the social entertainments in the Coburn Hall have not been omitted during the year, but have added much to the social and moral improvement of the patients.

The occasional outings by River and Ocean, and the annual and numerous gifts on the Christmas tree are a source of great pleasure to the patients, and are among the sunlights of Hospital disquietude, and should be continued.



## TRUSTEES DUTIES.

The Trustees have endeavored to answer all of the legal requirements of the State, in the discharge of their official duties, and have visited the Hospital at stated intervals and examined carefully all of its departments. The comfortable and neat appearance of all the several wards of the Hospital, and the personnel of the inmates are worthy of commendation. But, it has not escaped our notice, that the comparative merits and comforts of the rooms and halls of the new buildings should stimulate the desire to make every effort to bring about a practicable improvement in those wards, which show the delapidation of age and use. Suitable appropriations should be made and expended in this direction wherever needed and demanded.

## FARM.

The farm is in an excellent condition, and as appears by the report of the Superintendent, has been unusually productive. The character of the stock has been improved, with favorable results in the quantity and quality of the milk. The new vegetable cellar has been completed and seems perfect in every respect, and it is a valuable auxiliary in farm work and economy.

The garden and floral departments have been under the efficient supervision of Wm. H. Allen, and have not only been profitable, but have been the source of high commendation from the public who have witnessed the favorable result.

## THE STEWARD AND TREASURER.

The report of the steward and treasurer sets forth in detail the general financial condition of the Hospital, to which we invite your attention. The books of the treasurer have been carefully examined and all accounts and vouchers have been verified at suitable intervals by the trustees, and we are pleased to say, that we have found everything correct and all

the purchases of supplies have been satisfactorily made at the lowest market quotations.

The faithful and prompt manner that the financial business has been executed during the year, reflects great credit upon the management of the Treasurer, Manning S. Campbell, and his subordinates.

The total amount of receipts during the year

have been.....	\$187,936 40
Cash balance on hand November 9, 1890.....	1,575 96
	<hr/>
	189,512 36
The expenditures for the Hospital have been..	187,387 21
Cash balance on hand, 1891.....	2,125 15
	<hr/>
	\$18,951 36

This large amount measures the magnitude of the business of the Hospital.

The net profits of the several earning departments of the Hospital have been exceedingly satisfactory. The farm and garden have earned during the year, \$3,352.51 and the profits from board of patients and other sources have been \$11,561 50. The total net profits, \$14,913.01. This amount increases the surplus of the capital stock of the Hospital, so much needed for its good financial operations. The surplus earnings heretofore have been expended in necessary improvements of the Hospital, and may be needed again for the same purpose.

#### REPORT OF THE SUPERINTENDENT.

The able report of the Superintendent sets forth in detail many interesting and valuable statistics to which we call your attention.

The number of patients under treatment during the year is found to be 871 ; of this number 128 patients have recovered or otherwise discharged, and seventy (70) have died. The percentage of recoveries compares favorably with previous years, and the number of deaths is below the average of

former years. There has been a permanent and continual increase of patients.

The population of the State of Maine fifty years ago was 298,269, and we had in the Insane Hospital at that time sixty-five (65) patients. Either insanity is on the increase, or the benefits of the Hospital life for the insane are better appreciated. We presume that both considerations have something to do with the apparent increase of the population of the insane.

We have this fact before us, that the number of patients in the Hospital for the year ending November 30th, 1891, was forty-seven (47) more than was accounted for at the same time in the previous year, and ninety-three (93) more than was on the Hospital rolls at the same time two years ago. This yearly continual increase of the insane carries with it cause for reflection and is the occasion of grave responsibilities. We certainly must provide in season and well, for the fast increasing multitude of the insane. It would seem that out-door exercise is not altogether a sure preventative for insanity, for the tabulation shows that of the 146 male patients admitted during the year, the occupation of thirty-eight (38) patients was farming, and twenty-five (25) were laborers. Nearly every vocation has its representatives, none are exempt, and the interests of the institution are of a public character, and should therefore be liberally sustained at public expense.

#### HEATING BY STEAM.

The Trustees, on account of a misunderstanding, complications and other important considerations, accepted the proposition of the "Augusta Lumber Company" to cancel the contract, which obliged said corporation to heat the Hospital by steam obtained from burning slabs, sawdust and other refuse from their mills.

In the event that the corporation was making a yearly loss of seven thousand dollars, and had made a miscalculation in the premises, the Trustees, after due deliberation, considered

a change of contract desirable, for they gained some compensation by the change, exceedingly valuable to the Hospital.

The new contract necessitated the purchase of a new boiler, and other improvements in the heating plant for the Hospital, at the cost of \$2047.11. But, a continuous contract now made with the Augusta Lumber Company, to heat the Hospital seven months of the year, gives the State a certain security for heating the Hospital, in case fire or any other casualty should incapacitate either of the plants for use. The Hospital has lost nothing but has gained much by the experience of the past. The present expense of heating will compare favorably with former years, and indeed will be much less proportionately than any year previous to 1889.

#### WATER SUPPLY.

The large and necessary increase of the supply of water for the use of the Hospital has disturbed the Augusta Water Company, from whom the institution receives its supply, so much so that the corporation has asked for increased rates for the amount furnished. The Trustees have felt that there was a justice or equity in their claim, but have not been able at the present time to arrive at satisfactory results and adjust the rates.

#### VARIOUS MATTERS.

The large appropriations which have been made for the Hospital during the fifty years of its existence have only been in the line of public sentiment, and nothing more than the interests of the insane have demanded. There has been no extravagance or unauthorized expenditures, there is still need of improvements in the line of true progress, philanthropy and benevolence, which will be better explained in the next annual report of the Trustees, in season for the action of the Legislature of Maine.

## IN CONCLUSION.

The insane we have had and shall always have with us. What we have done in the past fifty years for this unfortunate class of our fellow-citizens, is one of the proud monuments in the history of our State. Let us extend the same sympathy, the same generous public and private generosity which is in the line of a progressive civilization, of a Christian and intelligent people.

FREDERICK ROBIE,  
GEORGE E. WEEKS,  
Mrs. E. J. TORSEY,  
LYNDON OAK,  
R. B. SHEPHERD,  
W. H. HUNT, } *Trustees.*

## Report of the Building Committee on Vegetable Cellar.

*To the Trustees of the Maine Insane Hospital:*

The Committee appointed by your Board to expend the Legislative appropriation of last winter of \$3,000 for the construction of a Vegetable Cellar, having attended to that duty, submit the following report:

It will be observed by reference to the financial exhibit that the expenditure exceeds the appropriation by \$1,217.89. This is explained from the fact that the original plan for the building, designed by the Architect G. M. Coombs of Lewiston, which was 40x80 feet in dimensions, was thought to be too small, and after referring the matter to your Board it was determined not only to make an addition of twenty (20) feet in length, but to construct a story eight (8) feet in height, between the basement and attic. For the above reasons this additional outlay was required.

We herewith append the financial exhibit itemized, in the construction of the building.

### VEGETABLE CELLAR.

DISBURSEMENTS, VIZ:		
Architect G. M. Coombs, plans, specifications and drawings .....	\$117 00	
Excavating and grading (hospital teams) .....	467 92	
Surveying, R. B. Capen .....	8 50	
Stone work .....	\$1149 50	
Sills and thresholds .....	35 00	
Masons' labor .....	73 94	
Lime, cement, sand and tile .....	92 57	
	1351 01	
Brick, 39,000 .....	292 50	
Carpenters and masons' labor (hospital employes) .....	367 35	
Hardware .....	145 03	
Lumber .....	1228 58	
Elevator .....	240 00	
	\$4217 89	
APPROPRIATIONS.		
Appropriation for vegetable cellar .....	\$3000 00	3000 00
Expenditures over appropriation.....		\$1217 89

GEORGE E. WEEKS, } Committee  
 WM H. HUNT, } on  
 BIGELOW T. SANBORN, } Vegetable Cellar.

## Report of the Committee on Recreation and Amusement of Patients.

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*To the Trustees of the Maine Insane Hospital:*

Your committee on recreation and amusement of patients, appointed to expend a portion of the Coburn interest for the comfort and diversion of the patients, desire to submit the following :

By judicious expenditure much has been done in various ways to ameliorate the physical and mental condition of our patients during the present year.

The experiment of affording the inmates of the Institution a steamboat excursion to the seashore was carried out with entire success. Two trips were made during the season, one for either sex. The party comprised on each excursion nearly one hundred and fifty persons. The Hospital band accompanied them and at various intervals discoursed music much to the comfort and pleasure of all. We cannot speak in too high praise of this departure from our usual method for the diversion of our patients. Every moment was enjoyed by all and afforded a subject for pleasurable thought for our inmates for many subsequent weeks.

We can but believe that it afforded not only temporary, but permanent relief, and among more than a score of patients that have been discharged since as recovered, this incident in their lives may have been the initial step toward recovery. We would recommend, that these excursions which are no longer experimental, should be continued in the future. The same effort as in years past has been made to keep our

patients out in the open air during the summer months, and occasionally nearly every patient in the Hospital has been out for exercise during the warm days of summer. Two trips have been made each day by the coach when the weather has been suitable for the female patients.

Our usual evening entertainments, two each week, have been provided in "Coburn Hall" for the benefit of the inmates for which the orchestra has furnished music. Regular open air concerts from the first of June until the middle of September were given by the band upon the lawns of the Institution.

Your committee are of the opinion that more has been done in this department of work during the past year than any preceding one.

We append the following exhibit of expenditures in this department :

COBURN FUND DISBURSEMENTS

FOR YEAR ENDING NOVEMBER 30, 1891, AS PER VOUCHERS ON FILE IN  
TREASURER'S OFFICE.

AMUSEMENTS.		
Paid for band rehearsals and concerts .....	\$212 50	
uniforms (caps and coats) .....	131 00	
choir singing .....	187 00	
excursions to Isle of Springs .....	120 00	
of patient to Thomaston and return .....	2 50	
music and materials .....	163 95	
orchestra rehearsals and concerts .....	307 17	
repairing and tuning .....	29 75	
		\$1,158 87
PERMANENT IMPROVEMENTS.		
Paid for gas fittings (extras), amusement hall .....	\$173 85	
		173 85
		\$1,327 72

BIGELOW T. SANBORN,  
GEORGE E WEEKS,  
R B. SHEPHERD,

} Committee on  
} Recreation and Amusement  
} of Patients.



## Report of the Committee on the Hospital Library.

*To the Trustees of the Maine Insane Hospital:*

Your Committee on the Library for the year ending November 30, 1891, having attended to its duty, now ask leave to report:

	ASSETS AND RECEIPTS.	Dr.
1890.		
December 1.....	To deposit in Augusta Savings Bank.....	\$1,249 47
“ 1.....	railroad bonds .....	2,000 00
“ 1.....	cash on hand .....	18 72
1891.		
April 1.....	cash for coupons.....	60 00
October 1.....	“ “ .....	60 00
November 1.....	bank dividends .....	50 46
		\$3,438 65
	DISBURSEMENTS.	Cr
1891.		
January 19.....	By paid for History Nineteenth Century.....	\$2 50
“ 22.....	“ Bible Readings.....	1 50
May 16.....	“ History of Freemasonry.....	3 75
“ 25.....	“ Nettleship on the Eye.....	1 74
July 1.....	“ Books: Estes and Lauriat.....	5 15
“ 15.....	“ Fugitive Facts .....	2 00
September 3.....	“ Fire Protection for Hospitals .....	2 00
October 14.....	“ Books: Estes and Lauriat.....	17 25
November 16.....	“ The Smugglers of Chestnut .....	1 65
“ 30.....	“ papers and magazines .....	100 44
“ 30.....	balance.....	\$3,300 67
		\$3,438 65
	Balance } Savings bank.....	\$1,299 93
	} Bonds .....	2,000 00
	} Cash on hand .....	74
		\$3,300 67

MRS. E. J. TORSEY,  
BIGELOW T. SANBORN, } *Committee on Library.*

## SUPERINTENDENT'S REPORT.

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*To the Board of Trustees of the Maine Insane Hospital :*

GENTLEMEN :—Another year of Hospital labor having drawn to a close brings with it the duty to summarize, and submit for your consideration, what has transpired in the affairs of the Institution during the past year, and I would respectfully submit the Superintendent's fifty-first annual report.

The administration of the affairs of the Institution the past year has been somewhat unlike a large portion of the preceding decade, inasmuch as it has been relieved of extensive building operations, yet it has been an exceedingly busy period in consequence of various minor constructions which it has been necessary to make. The activities of the year have engrossed the energies and preoccupied the attention of the heads of the various mechanical departments of the Institution from the fact that the labor has been almost entirely performed within ourselves.

As in preceding years there has been a gradual increase of patients calling for extra care and labor and an increased force of employes. This accession has necessitated extra labor on the part of the medical staff as well as the other officers and employes of the Institution, and I am pleased to be able to report that at all times, and under all circumstances, the assistance rendered has been equal to the emergency.

With the exception of a few cases of typhoid fever early last spring, which occurred during the prevalence of an epidemic of this disease in this city, no sickness of an unusual character has afflicted our household. Indeed unusual exemp-

tion from sickness has prevailed, and with the exception of the serious enteric illness which occasioned the death of Mr. Ladd, our store clerk, and Mr. Burrows, assistant cook, nothing has transpired to mar the happiness or well being of the residents of the Hospital.

The Institution has been exceedingly fortunate in the accomplishment of another year's labor without the occurrence of a homicide or suicide. While a large number of the above class have been admitted during the year, and some attempts at suicide have been made, yet all have been frustrated in their purpose. For all of these blessings vouchsafed to our household we humbly acknowledge the hand of Providence.

#### ADMISSIONS AND DISCHARGES.

At the beginning of the year, December 1, 1890, there were resident in the Hospital 626 patients, 229 men, 297 women. Two hundred and forty-five have been admitted since, 146 men, 99 women, making the whole number under treatment 871, 475 men, 375 women. Of these there have been discharged 198, 120 men and 78 women, leaving at the close of the year 673, 355 men and 318 women.

The per cent of recoveries for the year based upon the number under treatment is 7.23, and upon the number of admissions, 25.71.

The daily average of patients for the year has been 649.39 against 612.18, the daily average of the preceding twelve months.

The increase of patients during the period embraced in this report has been very marked, exceeding that of any former period of the same duration, having under treatment an excess of forty-seven patients over the number at the commencement of the fiscal year.

The per cent of deaths based upon the number under treatment has been perceptibly less than for the preceding year, being 8.01, and had it not been from the fact that quite

a large per cent of the deaths were from senility and terminal dementia in persons far advanced in life, the mortuary record would have been exceedingly low.

While la grippe prevailed to quite a considerable extent in the surrounding community during the cold weather of last winter as it did the year before, yet our patients escaped its ravages. Indeed there was almost total exemption from this disease in the wards of the Hospital.

#### SUPPORT OF PATIENTS.

The patients have been supported in the following manner: Fifty-three by their own means, 82 entirely by the State and 538 have received State aid of \$1.50 per week, towns and individuals paying the balance.

#### STEAM PLANT.

The canceling of the engagement with the Augusta Lumber Company, for heating the Institution necessitated a change in our steam plant, and agreeable with your vote in July last, instructing me to make such renovations in our heating apparatus as the necessities of the case demanded, I desire to say that at once I made an engagement with Messrs. Carmon and Thompson of Lewiston to furnish a tubular steam boiler of one hundred and twenty-five (125) horse power for the sum of \$1,060 to supplement the old plant. The boiler has been set and connected with the steam main. This additional boiler capacity made it necessary to furnish additional draft and we have located a forty-two (42) inch tubular iron smoke stack, which affords a sufficient flue, not only for the new, but for two of the boilers of the old plant. The new boiler has been thoroughly tested to eighty pounds of steam pressure, and found to be in excellent working condition.

Much labor was required and more or less expense incurred in arranging for the new boiler room, and as we desired to locate it in the old gas house, we were obliged to remove all of the gas fixtures, including the gas holder. The building,

however, makes a most excellent boiler house and affords ample room for our carpenter shop, being much more convenient than has ever been provided before. Both boiler house and carpenter shop have been thoroughly piped for steam heating, and supplied with water for fire and other purposes. We shall commence heating the Institution by our own plant the first of next month and I am confident that we are more thoroughly equipped for the purpose of properly heating the Institution than ever before.

#### REPAIRS.

In an Institution of this character and magnitude the repairs for each year are necessarily very large, and it has required very much of the time of our mechanics to place the buildings, heating apparatus and sewerage in a proper condition. Our efficient engineer, Mr. Sampson, has removed during the summer all of the rusty and leaky pipes throughout the hot air chambers of the entire basement of the building and has supplied the deficiency with new piping.

The carpenters have placed the roofing, windows and doors in proper condition for the winter months.

#### IMPROVEMENTS.

In this direction much has been done during the past season. A new cast-iron sewer has been constructed and supplanted an old tile drain which carried the water from the sinks in the basement of the rear centre building. This required much excavation and necessitated the laying of some three hundred (300) feet of five (5) inch cast-iron sewer pipe.

The engineer has increased the supply of steam in the second and third female wings by substituting a five (5) inch steam main for the former two and one-half ( $2\frac{1}{2}$ ) inch pipe.

The steam pipe for supplying heat for the laundry building was found to be inadequate and a new main of double the former capacity has been constructed.

Material improvements have also been made in our main water supply pipe at the reservoir whereby we are now enabled to cleanse it at any time without receiving the muddy water through the main pipe. This necessitated the changing of the valves, the supplying of an additional one, and the construction of a waste pipe. The reservoir has been thoroughly cleansed and some required cementing effected to prevent leaking.

A suitable brick enclosure has been constructed in the rear of the centre building for the purpose of a refrigerator for milk. As it was late in the season when the room was completed it was thought best to defer placing the refrigerator in until another spring. It is, however, ready for its reception, being thoroughly piped for water supply and drainage.

The carpenter shop and new boiler house have been supplied with an excellent constructed gravel roof.

The basement of the "Harlow" and "Sanborn" wards have been thoroughly underdrained and an excellent cement floor laid. This work was accomplished by our masons last winter and spring, at periods when they were unable to labor on outside work. The basements are exceedingly dry and contribute much towards a proper sanitary condition of the wards above.

#### GRADING.

In view of the fact that our tramways connecting the pavilions were left exposed, and that the premises in the immediate vicinity of the kitchen were not regarded in all respects as in a proper sanitary condition, it was thought advisable to expend the appropriation for grading and concreting in this locality, consequently a contract was entered into with the Portland Cement Pipe Company, to carry into execution the above work, at an expense of \$1.30 per square yard. All of the earth was removed to the depth of two feet about the exterior of the kitchen and refilled with gravel. In the superstructure Portland cement was used and laid four inches in thickness. We believe that this work was thoroughly

executed and cannot be affected by the frost of winter. It will contribute much to the sanitation of the kitchen and immediate premises.

During the fall considerable grading has been done under the direction of Mr. Allen our gardiner, in the immediate vicinity of the new wings, and with further work performed in this direction another spring, a much better appearance will be presented in the locality of these structures and the pavilion.

#### VEGETABLE CELLAR.

Your committee appointed to expend the appropriation for a vegetable cellar will report all expenditures in its completion.

I hope, however, that I may be allowed to express my appreciation of the advantages that will be derived from this new acquisition. While our garden has for many years supplied bountiful crops yet we have suffered from not having a suitable place to house them. The sub-structure which was built by Robert Packard of this city under contract, is of excellent material and workmanship.

The superstructure has been built by our own mechanics and reflect much credit not only upon G. M. Coombs, the architect, but our carpenter, Mr. Hallowell, as well. The basement is thoroughly under-drained, is of ample proportions, and will meet the demands for many years to come.

#### FARM AND GARDEN.

These departments have been exceedingly well managed during the past year, and as a result, large crops have been harvested.

Mr. Campbell, our steward and treasurer, has been indefatigable in his efforts to increase the yield, and with the aid of the heads of these departments, has been eminently successful. The yield of potatoes in both departments, which was over 3,000 bushels, has been the largest ever raised at the

Institution. The various other crops were abundant and well harvested. Notwithstanding the large number of acres that have been under cultivation during the past season, still greater efforts have been made during the fall, in sub-draining and plowing for purposes of cultivation another year. These auxiliaries are becoming more and more not only a source of profit to the Institution, but a means of benefit and restoration to our patients, and I am happy to state that the number who have sought recreation and healthful manual labor in this direction, has increased fifty fold during the past season.

The herd of cows has been increased by the purchase of eight high bred Holstein heifers and a registered Holstein bull. As the population of the Institution multiplies there will be an increased demand for milk, and the efforts made to enlarge our herd of cows, will not only be a source of profit to the Hospital, but of much hygienic and dietary importance as well.

#### FUTURE NEEDS.

I desire to call your attention to such needs as in my judgment should engross your attention at as early a day as the finances of the Institution will admit. Quite a number of years have elapsed since any outlays have been made upon the exterior of the granite buildings and the pointing in many places has become nearly destroyed by the action of the frost. As a consequence, much pointing is required, and should demand attention another season. In accordance with a vote of your Board, I had plans made by Messrs. Carmon and Thompson, for better heating and ventilation of the old wings of the Hospital, and I trust that something may be done in this direction another season, as I believe it would not only place the buildings in a much better sanitary condition, but would economize in heating as well. I trust that at no distant day your Board may investigate the matter of drawing the coal from the wharf to our coal shed by means of steam power. Several years ago, after an investigation by a former Board, the conclusion was arrived at that the transfer of the



coal from the wharf to the shed by this process, could be done at an expense of but ten cents (.10) per ton, whereas it now costs fully fifty cents (.50) per ton.

Quite a per cent of the patients admitted to the Institution each year are Pyromaniacs who had become dangerous at home from their intense desire to burn, and after admission to the Hospital, we are obliged to watch very closely or even seclude at such hours as the halls are lighted. By lighting the wards by means of electricity, it would remove all danger of fire by the hands of this dangerous class of patients and allow them much more freedom.

If the finances of the Hospital will not allow a thorough illumination throughout the entire wards, I trust that a sufficient number may be lighted by this process another season to relieve us of all anxiety in caring for the Pyromaniacs.

#### OFFICIAL CHANGES.

Dr. Mary C. Lowell of the medical staff, after five years of active and efficient service, severed her connection from the Institution on the first of last August to accept the position of Resident Physician at Mt. Holyoke College. Our best wishes go with her in her new field of labor.

By the direction of your Board I appointed Dr. Emmer Virginia Baker of Lanchester, Pa., to fill the vacancy. Dr. Baker is a graduate of the Woman's Medical College of Pa. She came highly recommended by the medical staff of the New England Hospital for Women and Children, where she had served one year as Interne. Dr. Baker has entered upon her duties with much zeal and thus far has fully met my expectations.

#### NECESSITY FOR FURTHER ACCOMMODATIONS FOR THE INSANE.

It is perhaps premature at this period to mention the necessity of further provisions for the accommodation of the insane, because more than one year must elapse before any action on the part of the Legislature can be taken in relation to this

important matter. It is apparent however to all that the demand for treatment at the Hospital is far in excess of its ability for accommodations.

This condition is not phenomenal when we consider the fact that the census of ten years ago gave the insane population of the State as 1,542. I have been unable to obtain the statistics relating to the insane of this State compiled by the last enumerators but I have reason to believe that the number will equal if not exceed that of ten years ago.

By calling your attention to our statistics you will find that the increase of patients during the last year has been larger than at any period since the organization of the Hospital and we are caring for an excess of at least eighty patients at the present time. I fear that long before further provisions can be made for this dependent class we shall be obliged to refuse admissions. I trust that this important matter may at the earliest possible moment engross the attention of the Legislature, and that the same liberality which has characterized the action of that body in the past may be extended in the future.

#### CONCLUSION.

In concluding this brief review of what has transpired in the affairs of the Institution during the fiscal year just closed, I desire to make honorable mention of a large share of employes and attendants who have so faithfully attended to the immediate wants of the patients.

I am under obligations to my associates in office who have seconded my efforts with much alacrity and willingness.

The committee of visitors from the governor and council have been punctual in their duties throughout the year and have manifested much interest in the welfare of the Institution and its inmates. I am under obligations to them for many courtesies extended to me.

To you, gentlemen, I desire to give expression to my feelings, of profound respect, for that confidence which you have at all times reposed in me, and for the wise counsel extended in the performance of my duties.

## MEDICAL STATISTICS—1890-91.

TABLE No. 1.  
MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1890.....	329	297	626
Admitted since.....	146	99	245
Number under treatment.....	475	375	871
<b>DISCHARGES AND DEATHS.</b>			
Recovered.....	37	26	63
Much improved.....	18	6	24
Improved.....	14	9	23
Unimproved.....	12	6	18
Died.....	39	31	70
Remaining November 30, 1891.....	355	318	673

TABLE No. 2.

ASSIGNED CAUSES OF INSANITY IN THOSE ADMITTED DURING THE YEAR.

	Men.	Women.	Total.
Amenorrhœa.....	0	1	1
Apoplexy.....	2	0	2
Abuse of husband.....	0	1	1
Business trouble.....	3	0	3
Brain fever.....	0	1	1
Child birth.....	0	5	5
Critical period.....	0	1	1
Domestic trouble.....	1	3	4
Domestic afflictions.....	1	5	6
Disappointed affections.....	1	0	1
Epilepsy.....	8	3	11
Grief.....	1	1	2
Homesickness.....	0	1	1
Heredity.....	2	2	4
Injury to head.....	4	0	4

TABLE No. 2—*Concluded.*

	Men.	Women.	Total.
Illness and old age.....	1	0	1
Ill health.....	9	4	13
Intemperance.....	14	1	15
La grippe.....	6	1	7
Loss of property.....	1	1	2
Lead poison.....	1	0	1
Masturbation.....	8	0	8
Miscarriage.....	0	1	1
Mumps.....	1	0	1
Menopause.....	0	1	1
Nervous prostration.....	0	1	1
Overwork.....	6	7	13
Overheat.....	1	0	1
Overstudy.....	0	1	1
Paralysis.....	1	0	1
Religious excitement.....	6	1	7
Sunstroke.....	4	0	4
Self abuse.....	1	2	3
Spinal fever.....	0	1	1
Senility.....	3	1	4
Unknown.....	58	50	108
Uterine disease.....	0	1	1
Variola.....	1	0	1
Worriement.....	1	1	2
Total.....	146	99	245

TABLE No. 3.

## AGES OF THOSE ADMITTED

	Men.	Women.	Total.
From 10 to 20 years of age.....	4	4	8
“ 20 “ 30 “ “.....	33	15	48
“ 30 “ 40 “ “.....	20	24	44
“ 40 “ 50 “ “.....	29	26	55
“ 50 “ 60 “ “.....	28	19	47
“ 60 “ 70 “ “.....	15	6	21
“ 70 “ 80 “ “.....	13	2	15
“ 80 “ 90 “ “.....	4	1	5
Unknown.....	0	2	2
Total.....	146	99	245

TABLE No. 4.  
SOCIAL CONDITION OF THOSE ADMITTED.

	Men.	Women.	Total.
Married.....	59	46	195
Widowed.....	15	10	25
Divorced.....	3	0	3
Single.....	60	38	98
Unknown.....	9	5	14
Total .....	146	99	245

TABLE No. 5.  
DURATION OF INSANITY PRIOR TO ADMISSION.

	Men.	Women.	Total.
Not exceeding 1 month.....	31	22	53
“ “ 3 months.....	22	6	28
“ “ 6 “.....	18	11	29
“ “ 9 “.....	4	3	7
“ “ 12 “.....	7	8	15
“ “ 18 “.....	4	4	8
“ “ 2 years.....	9	8	17
“ “ 3 “.....	7	6	13
“ “ 4 “.....	5	3	8
“ “ 5 “.....	1	0	1
“ “ 6 “.....	2	1	3
“ “ 7 “.....	1	1	2
“ “ 8 “.....	0	1	1
“ “ 10 “.....	1	3	4
“ “ 12 “.....	0	1	1
“ “ 15 “.....	1	0	1
“ “ 16 “.....	2	0	2
“ “ 17 “.....	1	0	1
“ “ 20 “.....	2	1	3
“ “ 22 “.....	0	1	1
“ “ 25 “.....	0	1	1
“ “ 30 “.....	0	1	1
“ “ 50 “.....	1	0	1
“ “ 68 “.....	1	0	1
Unknown.....	26	17	43
Total .....	146	99	245

TABLE No. 6.  
MONTHLY ADMISSIONS.

	Men.	Women.	Total.
1890, December.....	9	6	15
1891, January.....	14	9	23
“ February.....	10	4	14
“ March.....	12	7	19
“ April.....	14	7	21
“ May.....	7	11	18
“ June.....	11	11	22
“ July.....	13	8	21
“ August.....	16	8	24
“ September.....	15	14	29
“ October.....	10	9	19
“ November.....	15	5	20
Total.....	146	99	245

TABLE No. 7.  
TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

	Men.	Women.	Total.
Not exceeding 3 months.....	12	7	19
“ “ 6 “.....	17	5	22
“ “ 9 “.....	4	8	12
“ “ 12 “.....	2	4	6
“ “ 18 “.....	1	0	1
“ “ 2 years.....	0	1	1
“ “ 3 “.....	1	1	2
Total.....	37	26	63

TABLE No. 8.  
CAUSES OF DEATH.

	Men.	Women.	Total.
Apoplexy.....	2	1	3
Acute Mania.....	2	2	4
"    Melancholia.....	1	0	1
Brights Disease.....	1	0	1
Chronic Mania.....	0	1	1
"    Melancholia.....	2	3	5
"    Dementia.....	1	0	1
Epilepsy.....	4	2	6
General Paralysis.....	9	0	9
Hydropericardium.....	3	0	3
Heart Failure.....	0	1	1
Intestinal Perforation.....	0	1	1
Latent Phthisis.....	0	2	2
Marasmus.....	0	1	1
Phthisis Pulmonalis.....	3	3	6
Paralysis of the Heart.....	1	0	1
Pernacious Anæmia.....	1	0	1
Paralytic Insanity.....	1	0	1
Paralysis of the Brain.....	0	1	1
Senility.....	1	0	1
Senile Dementia.....	3	3	6
Terminal Dementia.....	2	8	10
Typhomania.....	1	1	2
Typhoid Fever.....	0	1	1
Valvular Disease of the Heart.....	1	0	1
Total.....	39	31	70

TABLE No. 9.  
MONTHLY MORTALITY.

	Men.	Women.	Total.
1890, December.....	2	3	5
1891, January.....	5	4	9
"    February.....	2	1	3
"    March.....	6	1	7
"    April.....	3	1	4
"    May.....	2	1	3
"    June.....	7	3	10
"    July.....	1	7	8
"    August.....	3	1	4
"    September.....	4	3	7
"    October.....	1	3	4
"    November.....	3	3	6
Total.....	39	31	70

TABLE No. 10.

## AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years of age.....	0	2	2
“ 20 to 30 “ “ “.....	3	2	5
“ 30 to 40 “ “ “.....	6	8	14
“ 40 to 50 “ “ “.....	9	4	13
“ 50 to 60 “ “ “.....	9	6	15
“ 60 to 70 “ “ “.....	5	3	8
“ 70 to 80 “ “ “.....	4	3	7
“ 80 to 90 “ “ “.....	2	3	5
“ 90 to 100 “ “ “.....	1	0	1
Total .....	39	31	70

Average age at death was 51.45.

TABLE No. 11.

## APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

	Men.	Women.	Total.
1 month.....	3	2	5
3 “.....	4	1	5
6 “.....	1	1	2
9 “.....	1	1	2
12 “.....	2	0	2
18 “.....	2	0	2
2 years.....	8	2	10
3 “.....	3	4	7
4 “.....	3	2	5
5 “.....	2	1	3
6 “.....	0	1	1
7 “.....	2	1	3
8 “.....	1	0	1
9 “.....	1	0	1
10 “.....	0	1	1
11 “.....	2	1	3
12 “.....	1	1	2
13 “.....	0	3	3
14 “.....	1	1	2
15 “.....	0	3	3
16 “.....	0	1	1
20 “.....	0	2	2
22 “.....	1	0	1
27 “.....	1	0	1
30 “.....	1	0	1
39 “.....	0	1	1
62 “.....	0	1	1
Total.....	39	31	70



TABLE No. 12.  
OCCUPATION OF THOSE ADMITTED.

	Men.	Women	Total.
Axe maker.....	1	0	1
Blacksmith.....	2	0	2
Boarding house keeper.....	1	0	1
Cigar maker.....	1	0	1
Clerk.....	2	1	3
Carpenter.....	7	0	7
Commission merchant.....	1	0	1
Domestic.....	0	8	8
Dressmaker.....	0	2	2
Detective.....	1	0	1
Engineer.....	3	0	3
Expressman.....	1	0	1
Farmer.....	38	0	38
Factory operative.....	1	1	2
Furniture dealer.....	2	0	2
Fisherman.....	1	0	1
Gunsmith.....	1	0	1
Housewife.....	0	46	46
Housekeeper.....	0	12	12
Hostler.....	1	0	1
Laborer.....	25	0	25
Marble finisher.....	1	0	1
Mason.....	3	0	3
Mill operative.....	6	3	9
Machinist.....	1	0	1
None.....	5	13	18
Pressman.....	1	0	1
Printer.....	1	0	1
Painter.....	5	0	5
Seaman.....	3	0	3
Spinster.....	0	6	6
Seamstress.....	0	1	1
Soldier.....	5	0	5
Student.....	0	1	1
Salesman.....	1	0	1
Shoemaker.....	6	0	6
Ship carpenter.....	2	0	2
Stone cutter.....	1	0	1
Slate layer.....	1	0	1
Sea captain.....	1	0	1
Shipping clerk.....	1	0	1
Type setter.....	0	1	1
Teacher.....	0	1	1
Tayloress.....	0	1	1
Tramp soldier.....	1	0	1
Teamster.....	1	0	1
Tinsmith.....	1	0	1
Unknown.....	9	2	11
Wool carder.....	1	0	1
Total.....	146	99	245

TABLE No. 13.  
RESIDENCE PRIOR TO ADMISSION.

	Men	Women.	Total.
Augusta .....	7	5	12
Auburn .....	2	1	3
Abbot .....	1	0	1
Anson .....	1	0	1
Athens .....	1	0	1
Andover .....	0	1	1
Bowdoin .....	1	1	2
Biddeford .....	4	2	6
Brunswick .....	3	2	5
Bowdoinham .....	0	1	1
Brooks .....	1	0	1
Bath .....	3	2	5
Bangor .....	5	4	9
Boothbay Harbor .....	1	1	2
Bridgton .....	0	1	1
Brewer .....	1	0	1
Brooksville .....	1	0	1
Berwick .....	1	0	1
Bellast .....	1	1	2
Bristol .....	1	0	1
Bethel .....	0	1	1
Calais .....	4	1	5
Clinton .....	2	0	2
Chelsea .....	1	0	1
Cutler .....	1	0	1
Cape Elizabeth .....	2	1	3
China .....	0	1	1
Cumberland .....	0	2	2
Cherryfield .....	1	0	1
Canaan .....	0	1	1
Damariscotta .....	0	2	2
Deer Isle .....	3	0	4
Dresden .....	1	0	1
Deering .....	2	0	2
Dennistown Plantation .....	0	1	1
Denmark .....	0	1	1
Durham .....	0	1	1
Eastport .....	1	0	1
Eliot .....	1	0	1
Farmington .....	1	1	2
Foxcroft .....	1	1	2
Falmouth .....	2	0	2
Freedom .....	1	0	1
Gray .....	0	1	1
Gardiner .....	0	1	1
Harmony .....	1	0	1
Hallowell .....	0	1	1
Hodgdon .....	2	0	2
Houlton .....	0	1	1
Harrison .....	0	1	1
Houlton Jail .....	1	0	1
Industry .....	1	0	1
Jonesport .....	0	1	1
Jackson .....	0	1	1
Jonesboro .....	1	0	1
Kennebunkport .....	1	0	1

TABLE No. 13—Continued.

	Men.	Women	Total.
Knox.....	1	0	1
Kennebec Jail.....	2	0	2
Lewiston.....	7	8	15
Liberty.....	0	1	1
Limington.....	1	0	1
Levant.....	1	0	1
Lyman.....	1	0	1
Mt. Desert.....	1	0	1
Madison.....	1	0	1
Monson.....	1	0	1
Minot.....	0	2	2
Montville.....	1	1	2
Newburg.....	0	1	1
Northport.....	0	2	2
North Haven.....	0	1	1
North Berwick.....	1	0	1
Oakfield.....	0	1	1
Oakland.....	1	1	2
Orland.....	1	0	1
Orono.....	0	1	1
Presque Isle.....	0	2	2
Pownal.....	1	0	1
Portland.....	14	4	18
Phippsburg.....	1	0	1
Plymouth.....	0	1	1
Poland.....	1	0	1
Parkman.....	0	1	1
Patten.....	0	1	1
Princeton.....	0	1	1
Readfield.....	1	0	1
Rockport.....	1	0	1
Rockland.....	3	2	5
Richmond.....	3	1	4
Searsport.....	0	1	1
Surry.....	1	0	1
Sanford.....	1	0	1
South Paris.....	0	1	1
South Thomaston.....	0	1	1
South Berwick.....	2	0	2
Sidney.....	3	0	3
Skowhegan.....	3	1	4
Saco.....	0	2	2
Salem.....	0	1	1
Sebec.....	1	1	2
St. Albans.....	0	1	1
Searsmont.....	0	1	1
Troy.....	0	1	1
Tremont.....	1	1	2
Togus.....	10	0	10
Thomaston.....	1	0	1
Vassalboro.....	1	0	1
Verona.....	1	0	1
Vinalhaven.....	1	0	1
Wiscasset.....	0	1	1
Whitefield.....	0	2	2
Westbrook.....	1	0	1
Woolwich.....	2	1	3
Winthrop.....	3	2	5
Wilton.....	1	0	1
Whiting.....	0	1	1

TABLE No. 13—*Concluded.*

	Men.	Women.	Total.
Winterport.....	0	1	1
Waldoboro.....	1	0	1
Waterville.....	0	1	1
Winslow.....	0	1	1
Yarmouth.....	1	1	2
Total.....	146	99	245

TABLE No. 14.

## NUMBER OF ADMISSIONS OF THOSE ADMITTED.

	Men.	Women.	Total
Admitted the first time.....	108	70	178
“ second time.....	25	15	40
“ third “.....	6	6	12
“ fourth “.....	3	3	6
“ fifth “.....	1	2	3
“ sixth “.....	1	0	1
“ seventh “.....	1	2	3
“ eighth “.....	1	1	2
Total.....	146	99	245

TABLE No. 15.

## NUMBER OF ADMISSIONS OF THOSE DISCHARGED RECOVERED.

	Men.	Women.	Total.
Admitted the first time.....	23	14	37
“ second time.....	7	7	14
“ third “.....	3	3	6
“ fourth “.....	1	1	2
“ sixth “.....	1	0	1
“ seventh “.....	1	0	1
“ eighth “.....	1	1	2
Total.....	37	26	63

TABLE No. 16.  
RELIGION OF THOSE ADMITTED.

	Men.	Women.	Total.
Protestants.....	113	73	186
Catholics.....	13	13	26
Unknown.....	20	13	23
Total.....	146	99	245

TABLE No. 17.  
NATIVITY OF THOSE ADMITTED.

	Men	Women.	Total.
Canada.....	2	3	5
England.....	0	1	1
Germany.....	0	1	1
Ireland.....	3	4	7
Maine.....	112	75	187
Massachusetts.....	3	2	5
New Brunswick.....	4	3	7
Nova Scotia.....	0	1	1
New York.....	1	0	1
Prince Edward Island.....	1	0	1
Sweden.....	1	0	1
Scotland.....	0	1	1
Unknown.....	18	7	25
Vermont.....	0	1	1
Wales.....	1	0	1
Total.....	146	99	245

TABLE No. 18—SHOWING THE OPERATIONS OF THE HOSPITAL  
FROM ITS COMMENCEMENT TO THE PRESENT TIME.

Year.	Admitted.	Discharged.	Whole number under treatment	Recovered.	Improved.	Unimproved	Died.	Gr'tst No. in Hos-pital on any day.	Least No. in Hos-pital on any day.	Remaining at the end of year.	Daily average No. for the year.
1840-1	120	80	129	30	14	24	5	70	1	52	48
1841-2	89	72	141	32	16	19	5	73	50	65	59
1842-3	86	84	151	32	16	31	5	72	58	68	65
1843-4	83	75	151	30	16	23	3	79	55	75	70
1844-5	99	90	175	39	21	26	2	89	71	85	80
1845-6	102	87	187	41	22	14	5	107	80	101	93
1846-7	124	100	125	53	17	20	10	125	98	124	108
1847-8	128	125	152	60	31	14	20	135	117	127	112
1848-9	123	110	150	65	22	19	14	139	121	139	126
1849-50	110	120	149	66	35	21	14	165	123	124	137
1850-1	75	122	199	22	28	40	32	125	30	76	75
1851-2	48	42	124	23	4	8	8	76	34	84	79
1852-3	126	89	210	45	14	15	15	120	84	119	108
1853-4	109	114	228	49	15	18	32	140	114	115	127
1854-5	123	88	243	41	14	14	10	155	114	155	134
1855-6	149	114	304	54	22	19	19	194	151	190	167
1856-7	144	126	334	69	24	29	14	215	190	208	204
1857-8	126	126	334	59	25	18	24	225	102	208	213
1858-9	149	120	357	58	22	23	17	240	102	237	222
1859-60	136	133	373	63	22	17	31	246	227	240	236
1860-1	135	123	375	55	25	16	27	255	239	252	248
1861-2	126	119	377	57	24	19	19	267	244	258	254
1862-3	118	111	376	52	21	14	24	266	242	265	254
1863-4	124	135	389	49	22	11	53	273	247	254	253
1864-5	142	110	396	47	25	23	24	282	254	277	272
1865-6	135	133	412	61	29	13	33	287	267	276	277
1866-7	150	123	426	54	27	11	21	303	276	303	391
1867-8	165	129	468	63	23	16	27	341	302	339	319
1868-9	150	153	489	68	28	14	42	351	332	337	342
1869-70	130	122	467	48	19	18	37	348	330	345	339
1870-1	174	151	519	58	28	21	44	376	345	368	363
1871-2	202	177	510	79	34	19	45	404	368	393	384
1872-3	200	282	593	85	36	20	53	416	388	411	400
1873-4	189	207	600	61	33	61	52	420	393	393	400
1874-5	188	178	581	66	31	27	52	408	389	403	398
1875-6	186	184	589	68	33	31	52	408	384	405	398
1876-7	194	183	599	72	35	28	46	423	397	416	411
1877-8	188	186	604	56	45	37	48	423	406	418	415
1878-9	196	195	614	53	52	60	30	432	399	419	415
1879-80	188	171	607	57	32	43	38	439	390	436	412
1880-1	215	201	651	56	57	42	46	453	426	450	442
1881-2	194	183	644	71	35	34	43	465	433	461	449
1882-3	208	205	669	53	42	22	88	467	450	464	450
1883-4	203	207	667	59	31	16	101	472	443	460	454
1884-5	249	223	709	80	54	12	77	488	459	486	474
1885-6	231	189	717	66	56	7	60	543	484	528	506
1886-7	226	202	754	82	52	14	54	556	527	552	543
1887-8	250	224	802	76	48	19	81	600	527	578	580
1888-9	225	223	803	65	60	22	76	599	561	580	579
1889-90	253	207	833	65	18	17	73	634	577	626	612
1890-1	245	128	871	63	23	18	70	677	626	673	649

Respectfully submitted,

BIGELOW T. SANBORN, *Superintendent.*

MAINE INSANE HOSPITAL,  
AUGUSTA, November 30, 1891. }

## CHAPLAIN'S REPORT.

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*To the Trustees of the Maine Insane Hospital:*

GENTLEMEN: I am called upon at this time to submit my first report as chaplain at the Hospital.

Since undertaking the work in February, it has been found, contrary to expectation, a real pleasure. The irksome phases have not presented themselves. Hardly a service during this period has been concluded without the conviction that the inmates have been benefited. To be sure much of the service has been experimental. Sometimes more than ordinary attention has been given to discourses of twenty-five minutes length. While exceptional interest has been taken in topics of a general character. Ordinarily, however, the services are brief, not exceeding three-quarters of an hour.

A large proportion of the inmates avail themselves of this hour of worship and manifestly plan for it as one of the bright spots of their lot. Almost perfect order is preserved. Only four times during the year have there been interruptions and even then they were not such as to seriously mar the service. Sometimes personal visitation under the Superintendent's direction has been especially satisfactory.

Special mention should be made of the music which constitutes no small part of the Sunday service. The quartette under the efficient leadership of Dr. Hill has been growing constantly in richness and power and the appreciation has kept pace with the evident improvement.

It is hardly necessary to say that the Superintendent and officers generally have shown their interest in the service,

perhaps as much for their own sakes as for the comfort and profit of the inmates.

Viewed from almost any standpoint the service seems to be a necessity.

Respectfully submitted,

• JOHN MONROE WYMAN, *Chaplain.*

AUGUSTA, November 30, 1891.



## STEWARD AND TREASURER'S REPORT.

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*To the Trustees of the Maine Insane Hospital:*

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1891.

*Total Receipts and Disbursements of Cash for the Year  
Ending November 30, 1891.*

DR.			
Balance cash on hand	December 1, 1890.....	\$1,575 96	
Receipts for year.	Hospital account.....	159,398 10	
Received appropriations from State.....		28,538 30	
			\$189,512 36
CR.			
Total disbursements.	Hospital account for the year. ...	\$170,063 69	
"	" account appropriations. ....	17,323 52	
Balance cash on hand.....		2,125 15	
			\$189,512 36

*Comparative Statement of Resources and Liabilities,  
November 30, 1890.*

RESOURCES.		
Cash on hand.....	\$ 1,575 96	
Due from State of Maine for support of patients.....	14,997 53	
Due from towns and individuals for support of patients. ....	26,261 57	
Provisions, groceries, crockery, furniture, etc., on hand per inventory.....	6,470 95	
Dry goods, clothing, etc., on hand, per inventory.....	5,973 83	
Coal on hand per inventory.....	4,677 68	
Medical supplies on hand, per inventory.....	883 51	
Horses, cows, oxen, hogs and produce on hand, per inventory,	9,905 28	
Repairs and improvements, pipe fitting, lumber, and materials on hand, per inventory.....	2,389 13	
Expense, stationery, blank books and office materials on hand, per inventory.....	275 54	
Real estate, Norton house, purchased in 1886.....	900 00	
Real estate, Hoyt house, purchased in 1890.....	2,500 00	
Due on account, new building.....	5,651 79	
		\$82,462 77
LIABILITIES.		
Due firms and individuals on account supplies.....	28,949 57	
Due employes per pay-roll.....	3,255 59	
Amusement fund.....	1,000 00	
Bills payable.....	16,500 00	
Coburn fund, balance interest in treasury.....	2,584 81	
		52,289 97
Net available resources as per hospital account in annual statement.....		\$30,172 80

*Comparative Statement of Resources and Liabilities,  
November 30, 1891.*

RESOURCES.		
Cash on hand.....	\$ 2,125 15	
Due from State of Maine for support of patients.....	15,630 57	
Due from towns and individuals for support of patients.....	29,739 66	
Provisions, groceries, crockery, furniture, etc., on hand, per inventory.....	5,713 01	
Dry goods, clothing, etc., on hand, per inventory.....	6,465 24	
Coal on hand, per inventory.....	14,075 86	
Medical supplies on hand, per inventory.....	866 32	
Horses, cows, oxen, hogs and produce on hand, per inventory.....	13,156 68	
Repairs and improvements, pipe fittings, lumber, and materials on hand, per inventory.....	2,019 04	
Expense, stationery, blank books and office materials on hand, per inventory.....	264 52	
Real estate, Norton house, purchased in 1886.....	900 00	
Real estate, Hoyt house, purchased in 1890.....	2,500 00	
		\$93,456 05
LIABILITIES.		
Due firms and individuals on account supplies.....	\$28,855 83	
Due employes per pay-roll.....	3,473 44	
Amusement fund.....	1,000 00	
Bills payable.....	5,000 00	
Coburn fund, balance interest in treasury.....	3,257 09	
New building furnishings, balance appropriation unexpended.....	832 53	
Farm stock improvements, balance appropriation unexpended.....	745 40	
		43,164 29
Net available resources as per hospital account in annual statement.....		\$50,291 76

## Eighth Annual Financial State

	On Hand Per Inventory, November 30, 1891. Available.	On Hand Per Inventory, November 30, 1891. Unavailable	Trial Balance.		Net Cost of Different Departments.
	\$	\$	\$	\$	\$
Hospital account, or available.....				30,172 80	
Unavailable assets .....				58,053 73	
Cash.....			2,125 15		
Dry goods department.....	6,465 24		5,599 52		
Dispensary .....	866 32	525 18	3,516 77		2,125 27
Farm .....	9,367 59	5,218 00	13,427 70		
Garden .....	1,501 09			693 53	
Green-house .....		1,912 85	2,949 01		1,036 16
Grocery .....	4,272 32		4,272 32		
Expense .....	264 52		5,847 17		5,582 65
Heating and lighting dept.....	14,075 86		29,608 53		15,532 67
Hog .....	2,288 00		1,391 62		
Hospital furnishings .....	679 63	52,505 93	52,092 71		
Repairs and improvements dept..	2,019 04	1,322 67	15,684 80		12,343 09
Real estate.....	3,400 00		3,228 00		
Subsistence .....	761 06			47,849 29	
Amusement fund.....			1,000 00		
Coburn fund.....				3,257 09	
Bills payable.....				6,000 00	
Interest and discount.....			299 82		299 82
Salaries and wages (due employes)				3,473 44	
* State of Maine.....			15,630 57		
Persons and towns (owe hospital)			29,739 66		
Sundry persons (Hospital owes) ..				28,855 83	
† Grading and constructing roads,			1,939 25		1,939 25
† Building vegetable cellar.....			1,217 89		1,217 89
† New building furnishings.....				832 53	
‡ Farm stock improvements .....				745 40	
†† Appro'n for new kitchen floor,				4,636 85	
†† Appro'n for heating system...				5,000 00	
	45,960 67	61,484 63	189,570 49	189,570 49	
State appro'n reimbursement for extra expenditure on new kitchen floor and heating system, 1889-90. (Carried to hospital stock account).....					9,636 85
Increase in unavailable assets.....					4,430 90
Increase in available assets.....					10,482 11
					64,626 66
Net increase.....					11 913 01

\* Owes hospital, account support of patients.

† Excess of appropriation.

‡ Balance of unexpended appropriation.

†† 1889 and 1890.

Very respectfully submitted,  
MANNING S. CAMPBELL, *Steward and Treasurer.*

ment, November 30, 1891.

Net Production or Gain of Different Departments.	Hospital Account.		Unavailable Assets.		Assets Unavailable.	Assets Available.	Liabilities.
	\$	\$	\$	\$			
		30,172 80		58,053 73			
						2,125 15	
865 72						6,465 24	
					525 18	866 32	
1,157 89					5,218 00	9,367 59	
2,194 62						1,501 09	
					1,912 85		
						4,272 32	
						264 52	
						14,075 86	
896 38						2,288 00	
1,092 85					52,505 93	679 63	
					1,322 67	2,019 04	
172 00						3,400 00	
48,610 35					1,000 00	761 06	
							3,257 09
							6,000 00
							3,473 44
						15,630 57	
						29,739 66	
							28,855 83
							832 53
4,636 85							746 40
5,000 00							
		9,636 85		4,430 90			
		10,482 11					
64,626 66							
Bal Hos. acc't	50,291 76						
" unav. as'ts			62,484 63				
	50,291 76	50,291 76	62,484 63	62,484 63			
						93,456 05	
					62,484 63	62,484 63	
						155,940 68	43,164 29
							50,291 76
							62,484 63
						155,940 68	155,940 68

## Garden Products for Year 1891.

452½	bushels	Apples	\$236 00
508½	pounds	Asparagus	61 02
90	bushels	Beet greens	75 00
362	bunches	Beets	7 24
56,819	pounds	Beets (table)	534 00
35,000	"	" (mangle)	175 00
118½	bushels	Beans (string)	129 82
2,032	pounds	" (yellow eyes)	71 92
30,156	ears	Corn	262 35
1,351	pounds	" (cut from cobs)	24 96
2½	acres	" fodder	25 00
139	heads	Cauliflower	17 10
12,868		Cucumbers	75 54
8,924	pounds	Cabbage	175 10
407	"	Currants	40 70
25,401	"	Carrots	196 49
6,004	heads	Celery	750 51
1,611	"	Lettuce	161 10
148	bunches	Onions	4 44
12,214	pounds	"	189 44
22,866	"	Potatoes	190 55
27	bushels	" (small)	8 10
10,229	pounds	Parsnips	106 62
26	bunches	Parsley	1 30
116½	bushels	Peas green	146 38
10½	"	Pears	12 81
42	"	Pickles (cucumber)	63 00
67	pounds	Raspberries	6 70
7	dozen	Radish	1 05
1,352½	pounds	Rhubarb	22 48
21,577	"	Squash	434 27
238	"	Strawberries	25 93
17,060	"	Tomatoes	353 64
35,599	"	Turnips	287 25
			\$4,872 81

## Farm Products.

4,659	pounds	Beef	\$312 43
26½	bushels	Beans (yellow eyes)	52 17
15		Calf skins (sold)	9 90
5		Calves (sold)	30 50
3		Cows "	105 00
6,503½	pounds	Corn (green for factory)	120 04
18½	tons	Corn fodder	55 50
259½	"	Hay	2,595 00

666	.....pounds.....	Hides (sold).....	\$28 36
68,160	.....quarts.....	Milk.....	2,732 29
421	.....bushels.....	Oats.....	189 45'
131,270	.....pounds.....	Potatoes.....	1,114 81
9	.....tons.....	Straw.....	63 00
		.....Service of animal.....	8 00
136	.....pounds.....	Tallow (sold).....	2 84
1,422	..... " .....	Veal.....	118 73
			\$7,538 02

**Articles Made in the Sewing Room for the Year Ending  
November 30, 1891.**

250	.....	Aprons.
203	.....	Bedsacks
552	.....	Bandages.
6	.....	Book covers.
60	.....	Camisoles.
265	.....	Chemise.
188	.....	Clothes bags.
65	.....	Curtains.
202	.....	Pairs drawers.
373	.....	Dresses.
29	.....	Frocks.
71	.....	Napkins (hemmed).
8	.....	Nightdresses.
744	.....	Pillow slips.
14	.....	" ticks.
1,299	.....	Sheets.
403	.....	Shirts.
452	.....	Skirts.
180	.....	Spreads (hemmed).
57	.....	Spice bags.
1,004	.....	Towels.
159	.....	Table cloths.
9	.....	Undershirts.
25	.....	Waists.

**Articles Repaired.**

69	.....	Aprons.
85	.....	Camisoles.
1	.....	Carriage robe.
4	.....	Dresses.
78	.....	Frocks.
108	.....	Rugs bound.
9	.....	Sheets.
47	.....	Table cloths.

## VISITING COMMITTEE'S REPORT.

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*To His Excellency, the Governor and the Executive Council of the State of Maine :*

The Visiting Committee to the Maine Insane Hospital, herewith respectfully submit its Annual Report, for the year ending December 1, 1891.

As you have already been informed in detail, by the Trustees and Superintendent upon whom the management of the Institution devolves, of its financial affairs, its condition, wants and prospects, with such remarks and suggestions relative thereto, as they are so well prepared to give, there seems but little for your Committee to report beyond the care of the patients as observed by them.

A majority of your Committee have visited the Hospital every month during the year, at irregular and not at stated periods.

In our frequent visits we have tried to acquaint ourselves with individual cases, giving each a hearing, and suggesting what we could to comfort and cheer them and also to encourage the attendants in their beneficent work.

We have examined the supplies at different times which we have invariably found to be of good quality.

We have also visited the dining-rooms at meal time and have found the tables furnished with an abundance of well prepared food.

The clothing furnished the patients at all times of the year has been well adapted to their needs and at reasonable prices.

We have attended the evening entertainments which we regard as highly beneficial to the patients.



It has also been our privilege to attend Divine services at the Chapel on the Sabbath and were gratified to witness the close attention given and apparent comfort derived therefrom.

We have observed the different methods of the attendants in caring for the patients, and we do not recall an instance of unseemly impatience or willful neglect.

The year at the Hospital has been one of marked prosperity, due largely under Providence to the untiring labors of the Superintendent and his assistants.

We do not think it amiss to say that nothing but acts of courtesy and kindly considerations have been shown us by all connected with the Institution during our official visits.

All of which is respectfully submitted.

J. F. BRACKETT,  
M. C. WEDGWOOD, } *Visiting Committee.*  
MRS. TOBIAS LORD, }



## APPENDIX.

---

[FORM OF PHYSICIAN'S CERTIFICATE.]

STATE OF MAINE.

\_\_\_\_\_ , 18—.

I, \_\_\_\_\_, of \_\_\_\_\_, county of \_\_\_\_\_, hereby certify that I have this day made a medical examination of \_\_\_\_\_, of \_\_\_\_\_, and find \_\_\_\_\_ insane, and a fit subject for treatment at the Maine Insane Hospital at Augusta.

\_\_\_\_\_ , M. D.

\_\_\_\_\_ , M. D.

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[FORM OF CERTIFICATE AND ORDER FOR ADMISSION.]

STATE OF MAINE.

*To the Superintendent of the Maine Insane Hospital :*

WHEREAS, the undersigned, Selectmen (or Mayor and Aldermen,) of \_\_\_\_\_, in the county of \_\_\_\_\_, this day, on complaint made to us in writing, of \_\_\_\_\_, of \_\_\_\_\_, in said county \_\_\_\_\_, of \_\_\_\_\_, of said \_\_\_\_\_ who therein says that said \_\_\_\_\_ is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said \_\_\_\_\_, and called before us such testimony as was necessary to a full understanding of the case ; whereupon, it appeared to us that said \_\_\_\_\_ was insane, and we were of opinion that the safety and comfort of said \_\_\_\_\_ and others interested, would be promoted by a residence in said Hospital, and accordingly determined that said \_\_\_\_\_ be sent forthwith, to said Institution.

We, therefore, certify that said \_\_\_\_\_ is insane and that \_\_\_\_\_ was residing commorant, and found in the town of \_\_\_\_\_, aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said \_\_\_\_\_ into said Hospital, and detain \_\_\_\_\_ in your care, until \_\_\_\_\_ shall become of sound mind, or be otherwise discharged by order of law, or by the Superintendent or Trustees.

\_\_\_\_\_ [L. S.]

\_\_\_\_\_ [L. S.]

\_\_\_\_\_ [L. S.]

[FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we \_\_\_\_\_ of \_\_\_\_\_ in the county of \_\_\_\_\_, as surety, are held and bound unto \_\_\_\_\_, Steward of the Insane Hospital at Augusta, or to his successor in office, in the sum of two hundred dollars, to the payment of which sum, well and truly to be made, we bind ourselves, our heirs, executors and administrators, firmly by these presents.

*Sealed with our Seals, and dated at \_\_\_\_\_, this \_\_\_\_\_ day of \_\_\_\_\_, A. D. 189 .*

*The conditions of this obligation are such, That whereas \_\_\_\_\_ of \_\_\_\_\_ in the county of \_\_\_\_\_, is about to be admitted as a boarder and patient at the Institution aforesaid; now, if the said \_\_\_\_\_, shall pay to said \_\_\_\_\_ or his successor, and remove the said \_\_\_\_\_, and for reasonable charges that may be incurred in case of the elopement of said \_\_\_\_\_, payment to be made quarterly and at the time of removal, with interest on the amount after it becomes due, as aforesaid, then this obligation to be null and void; otherwise to remain in full force and virtue.*

Witness:

[L. S.]

[L. S.]

## QUESTIONS.

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

1. Age?
2. Married or single?
3. Occupation.
4. How old at first attack?
5. Date of present attack? What appearances?
6. What changes since?
7. On what subjects?
8. Any rational intervals!
9. Any relations ever insane, and who were they?
10. Ever attempted suicide or homicide, and in what manner?
11. Destructive to clothes or property?
12. Disposed to filthiness of person or habits?
13. Any restraint or confinement been applied? if any, what?
14. If former attacks, how many, and how long did they continue?
15. What natural peculiarities? power of self control? temper? disposition? predominant passion? disappointment as to property? affections, loss of friends, wounded pride, family troubles, intemperance in the use of ardent spirits, tobacco, etc.?
16. History of any bodily disease, especially suppressions of evacuations, eruptions, sores, &c., injuries, epilepsy, palsy, &c.?
17. What cause or causes are supposed to have induced the attacks?
18. What curative means have been tried? State if blood-letting has been resorted to? If so, to what extent?

Male patients admitted into the Institution, should come provided with at least three good cotton shirts, coat, vest and pants, of strong woolen cloth, two pairs woolen stockings, one hat or cap, pocket handkerchief, brush and comb, and one pair of boots or shoes.

Females should have at least, a change of under-clothes, shoes and stockings, brush and comb, decent bonnet and two substantial dresses, the woolens should be of dark color. It is quite desirable also, that a Bible or Testament should not be forgotten in the outfit.

No person over twenty-one years of age, can be received without the certificate required by the act regulating the Hospital, in the revised statutes.



RULES AND REGULATIONS

FOR THE GOVERNMENT OF THE

MAINE INSANE HOSPITAL.

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Revised and Adopted Sept., 1888.

MAINE INSANE HOSPITAL, BOARD OF TRUSTEES, }  
Augusta, Maine, September, 1888.

*Voted*, That the Revised Rules and Regulations this day adopted  
be published for the use of the Hospital, and that the Superintendent  
be authorized to procure the printing of suitable number of copies.

D. O. BOWEN, *Secretary*.



The following Rules are designed for the government of the MAINE INSANE HOSPITAL. It is expected and directed that every employe at the Hospital, on the day of his engagement, shall be furnished by the Superintendent with a copy of these Regulations, that he may have no cause to plead ignorance of their requirements. A wilful violation of any of these Rules, or a neglect to conform strictly to them, by any person employed at the Hospital, whether as officer, attendant or workman, will be followed by his speedy discharge.

In the absence of definite rules the judgment must be exercised, while officers and attendants must ever bear in mind that their first duty is to secure in the greatest possible degree the comfort of those unfortunate persons who for the time being are entrusted to their care.



# Rules and Regulations.

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## ARTICLE I.

### TRUSTEES.

1. The Trustees shall hold their annual meeting in December, as required by law. They shall also hold a semi-annual meeting of the full board in June; and quarterly meetings in March and September, at such times as the President may designate, due notice of which shall be given each member by the Secretary.

2. The monthly Visiting Committees shall be designated by the President at the annual meeting, and recorded by the Secretary, who shall furnish a copy of the list to each member of the board, and to any new member that shall be appointed within the year. The time of making the monthly visit shall be designated by the member of the committee first named for that month, who shall give reasonable notice of the same to the other member of the committee.

3. At the annual meeting the Trustees shall choose, by ballot, one of their number to be President, and another to be Secretary; and they may fill a vacancy in these offices at a full board meeting called by any two members of the Board.

4. The monthly Visiting Committees, giving any especial instructions to the Superintendent or Treasurer, shall enter such instructions in a book to be kept by the Clerk for that purpose; such instructions to be signed by the committee giving them.

5. The Trustees shall at any time have authority to suspend from office the Superintendent and Treasurer, and recommend them for removal to the Governor and Council. All other resident officers shall hold their positions during the pleasure of the Trustees. The Superintendent, and Steward and Treasurer, shall give three months' notice of their intention to resign, and all other officers at least one month.

## ARTICLE II.

## SUPERINTENDENT.

1. The Superintendent shall be the executive officer of the Institution, and shall be held responsible to the Board of Trustees for the proper management of its affairs in all its departments, buildings, grounds, farm, furniture, fixtures and stock.

2. He shall, under their direction, determine what help shall be employed; instruct them in their duties, and order their discharge if deemed by him proper.

3. He shall cause to be kept, a register, in which shall be recorded the number of patients, name, occupation, residence, date of admission, sex, civil condition, age, number of admissions, time since the attack, complexion, form of disease, by whom sent, cause (if known), time in the Hospital, date of discharge or death, condition when discharged, or if dead, the apparent cause of death, and such remarks as he may deem useful.

4. He shall have charge of all patients, and all matters relative to their care; personally or through his assistants, visit daily, or oftener if necessary, all the patients, direct the diet, rest, exercise, amusement and occupation, prescribe the medicinal, hygienic, sanitary and moral treatment for each and every case. He shall define the duties of all employes at the Hospital, both officers and subordinates, in addition to those specified by law and by rules. He shall examine all complaints against employes for the violation of rules, or non-performance of duty, and investigate every charge made by the patients against attendants. He shall direct and hold accountable the Assistant Physicians, Supervisors and Attendants in the bestowal of proper care upon the patients. He shall direct and hold accountable those in charge of the farm, garden, greenhouse, laundry and kitchen departments, also the mechanics. He shall also have power to suspend, temporarily, any officer for insubordination.

5. He shall see that patients are supplied with reading matter adapted to their state of mind and condition. No literature of any kind shall be distributed unless authorized by him.

6. He shall have all of the records and every part of the establishment ready for inspection by the Trustees at any time.

## ARTICLE III.

## ASSISTANT SUPERINTENDENT.

1. The Assistant Superintendent shall be a single man, reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.

2. He shall visit all of the female patients in the granite wards, and their rooms, every morning, and as much oftener as necessary ; carefully observe their condition, wants and treatment, see that those in charge are faithful, note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as he shall consider conducive to comfort or recovery.

3. He shall see that the medicines are properly administered by the Supervisoress.

4. He shall keep a case-book, in which a history of the case of every female patient under his care shall be recorded, its treatment and the result.

5. He shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives in the female wards under his care.

6. He is expected to aid the Superintendent in every way in his power in promoting the best interests of the Institution, and in the absence of that officer he shall take his place and perform his duties.

## ARTICLE IV.

## SECOND ASSISTANT.

1. The Second Assistant shall be a single man, reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc

2. He shall visit all male patients and their rooms every morning, and as much oftener as necessary, carefully observe their condition, wants and treatment, see that those in charge are faithful, note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as he shall consider conducive to comfort or recovery.

3. He shall have charge of the public office, and see that the Supervisor administers the medicines according to his instructions.

4. He shall keep a case-book, in which the history of every male patient's case shall be recorded, its treatment and result.

5. He shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives upon the male side of the house.

6. He is expected to aid the Superintendent in every way in his power; and in the absence of both of the superior officers, he shall take the place of the Superintendent and perform his duties.

## ARTICLE V.

### THIRD ASSISTANT.

1. The Third Assistant shall be a woman, unmarried, shall reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.

2. She shall visit all the female patients in the pavilion and their rooms every morning, and as much oftener as necessary; carefully observe their condition, wants and treatment; see that those in charge are faithful; note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as she shall consider conducive to comfort or recovery.

3. She shall see that the medicines are properly administered by the Supervisoress.

4. She shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives in the wards under her care.

5. She shall perform such gynecological work in the Hospital as the Superintendent shall require.

6. She shall have charge of the dispensary and medicines, and make up the prescriptions.

7. She shall keep a case-book, in which the history of the case of every patient under her care shall be recorded, the treatment and result.

8. In the temporary absence of the Assistant Superintendent, she shall perform his medical duties in the wards.

## ARTICLE VI.

### STEWARD AND TREASURER.

1. This officer, under the direction of the Superintendent, in addition to the duties specified by law, shall attend to the safe keeping and proper use of every article for the Hospital, have the

immediate care, under the Superintendent, of all stock, horses and carriages, implements and furniture.

2. He shall keep correct accounts of all receipts and expenditures; file all papers relating to admissions; make and settle all accounts for keeping and furnishing patients; forward accounts when due; and submit his accounts and vouchers to the Trustees at their annual and quarterly visits.

3. He shall have charge of the fire department.

4. He shall, under the advice and direction of the Superintendent and of the Trustees, make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when employed thereon; perform such other duties as the Trustees direct, and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the Institution.

5. He shall be entitled to board, one furnished parlor and sleeping rooms sufficient for himself and family.

6. One or more horses shall be set aside for his use, as the Superintendent may direct.

7. All purchases outside of the ordinary daily supplies for the Institution shall be made only on requisition approved by the Superintendent, and no sales of the property of the Institution shall be made without his consent.

## ARTICLE VII.

### MATRON.

1. The Matron shall superintend the cooking, and have a general charge of the washing, ironing, bedding and clothing.

2. She shall, under the Superintendent, have a general supervision of all the domestic arrangements of the Hospital, and see that strangers and guests are received and given due attention. She shall exert her influence to promote propriety and decorum in every department, reporting to the Superintendent any important delinquency.

3. She is entitled to board, parlor and bed-room furnished.

## ARTICLE VIII.

## CLERKS.

1. The Hospital Clerk shall be held responsible to the Board of Trustees, in all matters pertaining to finance, and perform such clerical duties for the Treasurer as may be required of him by the Superintendent and Trustees.

2. He may be suspended by the Superintendent from his office, subject to the approval of the Board of Trustees.

3. He shall give bond to the Treasurer in such sum as may be deemed necessary.

4. He shall be entitled to board, furnished room, fuel and lights.

5. The other clerks of the Hospital shall be under the immediate control of their respective heads, subject to the direction of the Superintendent.

## ARTICLE IX.

## SUPERVISORS.

1. The male and female Supervisors will have the oversight of the employes of their respective wings, and will be held accountable for the faithful performance of their duties. They form the medium of communication between officers and attendants, the center building and the wards.

2. They shall attend personally to their respective duties, and shall never leave the Hospital without permission of the Superintendent.

3. It will be their duty to direct and assist the attendants in their labors, and see that the orders of the medical officers are faithfully executed. They will see that the patients are prepared to go to walk, ride, or to be out for other purposes, and will endeavor to keep the attendants employed about their galleries, or in occupying the attention of the patients in every way likely to benefit them.

4. They shall take the place of any attendant who may be absent on permission, or see that the place is properly supplied.

5. They shall report any attendant who may be absent from duty without leave.

6. They shall mark and register all clothing of the patients, and see that it is safely kept, cleansed, repaired and distributed weekly,



and as much oftener as special cases may require. They shall account for and deliver all clothing to patients when discharged.

7. They shall report in writing to the Treasurer all property injured or destroyed and by whom, that said officer may charge same to person responsible.

8. They will be very watchful to see that patients are carefully and kindly treated, and that, while walking in the Airing Court, or elsewhere, or riding, due care shall be exercised by the attendants in charge to prevent injury to, or the escape of the patients.

9. They are expected to pass all their time in the halls, will instruct new attendants in their duties, and assist in the efforts to interest and employ the patients.

10. The Supervisors must see that the dining-rooms are furnished with the necessary utensils, that the attendants take proper care of the rooms; that the cupboards are sweet and in order, the tables neatly set, and the meals properly served.

11. They will have the general charge of the beds and bedding of the halls, and if there is any deficiency existing in either, it is their duty to see that such wants are supplied.

12. It is expected that the Supervisors will be prompt to carry into practical effect, all instructions given them by the Superintendent and his assistants, and to use their personal influence in support of the spirit and design of the regulations regarding attendants.

13. The Supervisors will carry the medicines to the galleries, see that they are properly administered, and return the cups to the dispensary.

14. They shall have charge of the special diet, and see that it is properly delivered to the person for whom it is provided.

## ARTICLE X.

### ATTENDANTS AND ASSISTANTS.

1. Self-respect is enjoined on all.
2. Their dress shall be neat and clean, and they shall avoid all vulgar habits. The attendants shall wear the prescribed uniform. They must be uniformly affable and courteous to each other and the patients; must never use improper language, nor indulge in unbecoming mirth, nor play at any games with each other, without permission of a medical officer.

3. They are never to talk with patients about their insane fancies or delusions, nor suffer others to do it.

4. No attendant shall be allowed to leave his or her charge without permission from a Supervisor, and not until he or she is relieved either by a Supervisor, or by some other attendant appointed by a medical officer, such person to be held responsible for the charge until the attendant shall return.

5. Attendants will under no circumstances allow utensils or implements for cleansing the galleries, in the hands of violent patients. None but the most inoffensive should ever be allowed to engage in such work, and these should be closely watched while thus employed.

6. The attendants shall treat the patients with uniform attention and respect, greet them with friendly salutations, and exhibit such marks of kindness and good will as evince interest and sympathy. They shall speak in a mild, persuasive tone of voice, and never address a patient rudely, or by any other than his or her proper name.

7. Patients are to be soothed and calmed when irritated, encouraged and cheered when melancholy and depressed. They shall never be rudely handled, nor more force used in any case than is necessary to prevent injury. When mild and persuasive means fail to produce compliance, a superior must be called. No provocation can justify violence in word or action. Striking a patient shall be followed by the immediate discharge of the person who gave the blow.

8. No restraining apparatus shall be applied or removed but by order of a superior. All patients are to be bathed once a week, unless otherwise ordered, and as much oftener as a medical officer directs, always in presence of an attendant, who will see that they are well rubbed and wiped dry.

9. The attendant will always wait on the table at meals, preserve order, and strive to gratify every reasonable wish.

10. The attendant is to call on the Supervisor for any clothing needed by patients for their beds or persons.

11. All sheets and bed-sacks wet with urine shall be rinsed in hot water and dried, and clean straw substituted for that which is wet or soiled.

12. Offensive feet are to be washed every day, the socks rinsed in hot water and a dry pair put on.

13. Medicines must never be left where patients can get them. The attendant must see the whole swallowed; if the *whole or any part* is refused or wasted, immediate notice is to be given to the Supervisor. *This rule admits of no discretionary action.*

14. Patients shall not be permitted to sit or lie on the damp ground, nor out of the shade in very warm weather.

15. No man employed on the premises shall hold conversation with any female at the waiter-closets, nor with female patients at the windows, nor allow strangers to do it. No female employed shall hold any conversation with the men at the waiter-closets, nor with the male patients at the windows; when accosted by the latter they must not answer.

16. Attendants are to secure perfect cleanliness and neatness in the house, furniture and patients, as far as possible; nothing is to be considered *clean* which can be made more so. This rule is to extend to all persons having charge of any portion of the premises, to the removal of every kind of filth, both in the buildings and around them, in the most speedy and least offensive manner. Water-closets, urinals and chamber vessels will require very frequent attention.

17. In the morning attendants will see that every patient is washed, as far as perfect neatness requires; their hair combed, their clothes put on and in perfect order; the rooms and galleries are to be swept, the beds made, and as many doors locked as is necessary to prevent improper use of the beds in the day time. Persons who require indulgence in this respect will have their beds and rooms put in order whenever they rise. Everything must be in order for a *complete* inspection at nine o'clock in the summer and at ten o'clock in the winter season.

18. Attention shall be given to the person and dress of the patients during the day, to preserve neatness and good order.

## ARTICLE XI.

### WATCH.

1. The night-watch, male and female, shall commence their rounds at nine o'clock in the evening, and continue them until the morning bell is rung. They shall, with a lighted lantern, as quietly as possible, visit every gallery in their respective departments at

least once an hour, and such other places as may be required, during the night, administer to any patient whatever is directed, attend to any call, and see that all fires are kept which may be required.

2. They must not sleep in the hours of duty, and will be required to labor until such time in the morning as the Superintendent may designate. They will also perform such other duties as the Superintendent may require.

3. It shall be the duty of the second night-watch, on either side of the house, to look especially after the sick, and to see that their wants are attended to during their hours of duty. They shall also visit often those patients who are uncleanly in their habits, and remove all soiled clothing and supply the same with clean articles. They shall see that the rooms are kept clean.

4. Should any fire be discovered, out of place, they will at once notify the officers and attendants, but must not give a general alarm.

5. It shall be the duty of the outside watch to patrol the outside of the buildings by such route, and hours, as shall be designated by the Superintendent, preserving careful oversight of all windows and doors of exit, and if anything unusual occurs he shall at once notify the officers.

## ARTICLE XII.

### CHIEF ENGINEER.

1. The engineer will have charge of the engine house and steam-works, including the heating apparatus, and attend to such repairs upon the water, gas and steam pipes, as may be required from time to time, provided he can do so without neglecting the duties of the engine-house.

## ARTICLE XIII.

### FARM SUPERINTENDENT.

1. This officer shall look after the interests of the farm, and in order to do this he must be constantly on the premises, never engaging in any labors that will take him away from his special duties.

2. It shall be his duty to have a careful oversight of the patients who are at work on the farm; to see that they are kindly treated, and not overworked. He shall see that they are taken from, and returned to, their respective wards. He shall report immediately to the Superintendent, any abuse or ill treatment of a patient.

## ARTICLE XIV.

## SABBATH.

1. This day shall be observed *as such* at the Hospital.
2. Visitors are not to be admitted to any part of the premises on that day, except on errands of mercy, to see relatives, etc.
3. Religious services, with or without a clergyman, will be held in the Chapel, afternoons, statedly.
4. All patients who are in condition suitable to attend Chapel services shall be made ready by those having them in charge, in season to be present, and watchfully conducted to and from that service by the attendants.
5. Officers and attendants are reminded, that such is the nature and character of their duties, that no relaxation from care and watchfulness can be allowed on the Sabbath. There is no safety but in constant and unremitting vigilance.

## ARTICLE XV.

## DUTIES OF CHAPLAIN.

1. It shall be the duty of the Chaplain to conduct the religious services at the Hospital on Sundays, and on any other occasion when his services may be needed, and have such other interviews with the patients and other inmates as the Superintendent may deem advisable.
2. He is expected to respond to the call of the Superintendent to visit the sick, or those who may desire his advice, and submit to the Trustees his annual report.

## ARTICLE XVI.

## RELIGIOUS SERVICES AND AMUSEMENTS.

1. All patients who can with propriety attend religious services and evening entertainments, shall have that privilege, and shall be conducted to the hall on such occasions by attendants detailed for that purpose by the Supervisor. These attendants will be required to maintain proper order and decorum among the patients in their charge.
2. It shall be the duty of the Supervisors to detail one or more attendants on each floor to patrol the wards in the absence of the other attendants and the patients at chapel service or evening entertainments.

## General Regulations.

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1. All persons employed are expected to conform in every respect to the terms of their engagements, one condition of which shall be conformity with these "Rules and Regulations." They are never to leave the service without first giving the notice to Superintendent and to the Steward agreed on at the time of their engagement.

2. The attendants shall not do any work for others, nor receive any compensation for services except their regular pay. No presents from patients or friends shall be accepted, but by approval of the Superintendent; nor shall any person about the Hospital sell anything to, or buy anything of a patient.

3. They are never to be absent from the Institution, or their charge, by day or night, without permission of a Supervisor. No employe shall be absent at night after nine o'clock, nor for more than half a day, without leave from the Superintendent.

4. They shall never give up a KEY to a patient, nor admit any person into the hall—not even the persons employed about the premises—without permission of a superior.

5. They shall never permit any cutting instrument in the hands of any patient, except in their presence, and under their supervision. Persons disposed to injure themselves or others, are in *no case* to be so permitted. No weapon, nor material for one, shall be allowed in the possession of any patient. If suspected to have them, immediate search shall be made by the attendant having such patient or patients in charge for the time being. Beds, flues and convenient hiding places shall be often examined. Table and carving knives and forks shall be counted after every meal, when, if it shall appear that any are missing, immediate notice shall be given to the Supervisor, whose duty it shall be to make, or cause to be made, due search for the missing articles, and when recovered, and properly

cleaned, they shall all be locked up in the closet or some secure place. They must never be carried out of the dining-rooms to be cleaned.

6. All shaving must be done in the guard-room, or other room into which only the patient being shaved shall be admitted, and the doors of that room are never to be opened when thus in use. No patient suspected of suicidal intentions shall be permitted to shave himself, nor to be present where others are undergoing that operation.

7. No lamp or lantern shall be left in a sleeping-room without orders, nor matches be left where patients can obtain them.

8. At bed time, every patient must be *seen* in bed; their day clothes removed from the room unless otherwise directed by a superior, and every door leading into or out of the gallery securely locked.

9. Each veranda or dining-room shall have a light or lantern burning during the night. All other lights in the wards shall be turned off as soon as nine o'clock P. M.

10. Every person shall be held accountable for the safe keeping of every patient entrusted to his or her care, whether in the building or elsewhere, until placed in the custody of another person authorized to receive them.

11. Attendants are to be upon the wards during hours of duty, mingling with the patients. It is not enough that the attendant supposes a patient is in his or her place, they must know it.

12. No officer or other person shall take a patient from a gallery without giving notice to the attendant. Therefore any person missing without such notice is to be regarded as having eloped, and immediate notice of such absence should be given.

13. When out to ride or walk, patients must not be allowed to separate, either at the door or elsewhere, and shall not be considered as returned until seen within the hall door. If patients escape when out for exercise, it will be considered as proof of carelessness on the part of their conductors.

14. Patients are not to be permitted to go into any house, nor have any private conversation with those they meet, without permission; nor be allowed to procure anything improper to be in their possession. Patients troublesome in these respects will only go out when a single attendant can devote his time to them.

15. Patients will not be required to retire before nine o'clock P. M., nor rise before quarter before seven o'clock A. M., from September to March; and quarter before six o'clock from March to September.

16. Female patients and such male patients as may be unable to walk, and who are in condition to ride, shall be taken out for that purpose in rotation. When the weather and traveling are suitable, at least two carriage-loads shall be taken out every week day during the year. They shall always be accompanied by some responsible person.

17. No patient shall be compelled to labor. The Superintendent may direct the organization of parties of such as are able and willing to work, and such parties shall be placed in charge of suitable persons, who shall be held responsible for their safety, treat them kindly, and return them to their halls at least half an hour before meal-time. The use of profane or coarse and brutal language by any person having the charge of patients, shall be deemed sufficient cause for immediate discharge.

18. Under no circumstances will patients be required or allowed to labor except on the Hospital premises, and for the benefit of the Institution.

19. The horses and carriages belonging to the Hospital shall be under the immediate control of the Superintendent.

20. All persons employed are expected to co-operate with the officers by endeavoring to inspire confidence in the patients towards them and in the means in use for their recovery.

21. The whole time and services of the officers and assistants belong to the Institution, and it is expected that all persons employed here, in charge of patients or otherwise, will cheerfully perform the duties required of them by the Superintendent.

22. No resident officer shall be directly or indirectly interested in any contract for the supply of any article to the Hospital for its use, or for any inmate, nor shall he receive any profit thereon, nor any present or gratuity from any person dealing with the Hospital.

23. No resident officer or persons regularly employed at the Hospital shall be allowed to hold any municipal or city office.



# Compilation of the Statute Laws.

AFFECTING THE

## MAINE INSANE HOSPITAL.

### Revised Statutes—Chapter 143.

#### APPOINTMENT AND DUTIES OF TRUSTEES.

- SEC. 1. Government is vested in six trustees, one a woman, their appointment and tenure of office.
2. Trustees shall have the general management, hold property, make rules, commence and defend suits.
3. Appointment of superintendent, steward and treasurer, and assistants.
4. Examinations and records of them; their pay and pay of officers.
5. Accounts of steward and treasurer, how audited and settled.  
Governor and Council shall inquire into the financial affairs of hospital.
6. Their annual meetings, and reports to the Governor and Council.

#### DUTIES OF SUPERINTENDENT.

- SEC. 7. Duties of the superintendent.
8. Same; apportionment of patients.
9. Same; unlawful commitments.

#### DUTIES OF STEWARD.

- SEC. 10. Duties of the steward.
11. Salaries.

#### DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

- SEC. 12. Duties of parents and guardians of insane minors.

#### DUTIES OF MUNICIPAL OFFICERS.

- SEC. 13. Municipal officers shall hear and decide on cases and commit to hospital with certificate; and keep a record of their doings.
14. May certify inability to pay for his support, and steward may charge the state one dollar and fifty cents a week.

## DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

- SEC. 15. Appeal to two justices of the peace and quorum; how to be selected.
16. Town officers or justices neglecting to decide for three days; proceedings.
17. Justices shall keep a record of their doings; by whom to be paid.
18. Their order of commitment, by whom to be executed.

## EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

- SEC. 19. Town where insane person resided or was found, shall pay for his support unless a bond is given for it.
20. Also, when unlawfully committed, with expense of removal.
21. Towns have remedy for support against the insane person or those liable for his support as a pauper.
22. Interest shall be charged for board and clothing of patients after thirty days.

## DISCHARGE OF THE INSANE.

- SEC. 23. Those liable for support may apply to town officers for patient's discharge.
24. Overseers of the poor shall remove a person, when notified to do so.
25. Persons discharged under section four, how to be removed. Towns are liable for costs, upon notice.
26. Towns of less than two hundred inhabitants are not liable.

## GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

- SEC. 27. Judge of probate may appoint guardians for persons sent to the hospital; their duties and compensation.

## GENERAL MANAGEMENT OF THE HOSPITAL.

- SEC. 28. When persons committed under section one of chapter one hundred and thirty-seven shall be discharged; when recommitted.
29. Rules for attendants shall be kept posted.
30. Punishment of attendants for intentional ill-treatment of patients.

## SPECIAL VISITATION BY A COMMITTEE OF THE COUNCIL AND ONE WOMAN.

- SEC. 31. Governor shall annually appoint a visiting committee consisting of two councillors and a woman. Their powers and duties.
32. Wilful injury to patients, how to be punished. Complaint shall be made by superintendent, or in case of his neglect, by his committee.
33. When coroner's inquest shall be held, in case of sudden death.
34. For preliminary commitment, what evidence of insanity is required.

- SEC. 35. Patients unnecessarily detained, proceedings for discharge; this provision is not applicable to persons committed by order of court.
36. Names of committees shall be posted in the wards. Patients shall be furnished with materials to write to committee, and letter boxes shall be provided, inaccessible to attendants. Exceptions.
37. Letters from committee shall be delivered to such patients unopened.
38. Hospital, when and how to be visited by committee.
39. Committee shall report to governor and council annually on December 1st. Their compensation.
40. Removal from office for neglect of duty.

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#### APPOINTMENT AND DUTIES OF TRUSTEES.

SEC. 1. The government of the Maine Insane Hospital is vested in a committee of six trustees, one of whom shall be a woman, appointed by the governor, with the advice and consent of council, and commissioned to hold their offices during the pleasure of the governor and council, but not longer than three years under any one appointment.

SEC. 2. They shall have the general care and management of the institution; see that it is conducted according to law, and the by-laws for its internal government and economy, which they are hereby authorized to establish, not inconsistent with law; hold in trust for the State any land, money, or other property, granted, bequeathed, or given to the institution, and apply the same for the support, comfort or improvement of the insane, and the general use of the institution, and have power to bring actions, in the name of the treasurer, for all dues to the institution, and to defend all suits brought against it.

SEC. 3. Said trustees shall appoint a superintendent, and a steward and treasurer, subject to the approval, and to hold office during the pleasure of the governor and council, and all other officers necessary for the efficient and economical management of the business of the institution; all appointments shall be made according to the by-laws.

SEC. 4. There shall be a thorough examination of the hospital monthly by two of the trustees; quarterly by three; annually by a majority of the full board; and at any other time, when they deem it necessary, or the superintendent requests it. At each visit, a written account of the state of the institution, shall be drawn up by the visitors, recorded, and presented at the annual meeting of the trustees; at which meeting they, with the superintendent, shall make a particular examination into the condition of each patient, and discharge any one so far restored that his comfort and safety, and that of the public, no longer require his confinement. They shall receive two dollars a day for such visits, and the same sum for every twenty miles' travel. Their accounts shall be audited

by the governor and council, who shall draw their warrant on the treasurer of state for the amount due them and the other officers of the institution, except attendance on the patients and laborers on the premises, and for all money appropriated by the legislature for the insane hospital.

SEC. 5. The trustees at their next meeting after the expiration of each quarter, shall examine carefully the books and vouchers of the steward and treasurer, audit his accounts, and submit the same immediately thereafter to the governor and council for their approval, before such accounts shall be settled; and the governor and council shall, from time to time, inquire into the condition and management of the financial affairs of the institution, and make such changes as they deem judicious, in the mode and amount of expenditures and the general administration of its financial affairs.

SEC. 6. They shall hold an annual meeting on the first day of December, at which there shall be made a full and detailed report, containing a particular statement of the condition, concerns, and wants of the hospital; and this report, and the reports of the superintendent and steward, shall be made up to the first day of December and laid before the governor and council at that time, for the use of the government.

#### DUTIES OF SUPERINTENDENT.

SEC. 7. The superintendent shall be a physician; reside constantly at the hospital; have the general superintendence of the hospital and grounds; receive all patients legally sent to the hospital, unless the number exceeds its accommodations, and have charge of them, and the direction of all persons therein, subject to the regulations of the board of trustees; and annually on the last day of November, report to the trustees, the condition and prospects of the institution, with such remarks and suggestions relative to its management and the general subject of insanity, as he thinks will promote the cause of science and humanity.

SEC. 8. He shall apportion the number of patients who can be accommodated in the hospital, among the towns, according to their population by the last census; and when the applications for admission exceed or are liable to exceed that number of patients, he shall give preference to those from towns that have not their full proportion of patients in the hospital, and may reject others.

SEC. 9. When a person appears to have been unlawfully committed, the superintendent shall report the case to the trustees at their next monthly meeting; and they may cause the removal of such person to the town from which he was committed. The superintendent, at each monthly visit of the trustees, shall also report to them the name of any inmate who was idiotic at the date of his commitment, or who has become so imbecile as, in his judgment, to be beyond cure, and if he thinks that such inmate may be discharged with safety to himself and to the public, the trustees shall order his discharge and cause him to be removed to the town by which he was committed.

## DUTIES OF THE STEWARD.

SEC. 10. The steward shall be treasurer; give bond to the trustees, in such amount and with such sureties as they deem sufficient for the safe keeping and proper disbursement of the funds of the institution, under the advice and direction of the superintendent and of the trustees; make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when employed thereon; perform such other duties as the trustees direct; and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the institution.

## SALARIES.

SEC. 11. The compensation of all officers and employes, where salaries are not established by law, shall be fixed by the trustees, subject to the approval of the governor and council.

## DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

SEC. 12. Parents and guardians of insane minors, if of sufficient ability to support them there, within thirty days after an attack of insanity, without legal examination, shall send them to the hospital and give to the treasurer thereof the bond required; or to some other hospital for the insane.

## DUTIES OF MUNICIPAL OFFICERS.

SEC. 13. Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any relative, or of any justice of the peace in their town, they shall immediately inquire into the condition of any insane person therein; call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him to the hospital, with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent and trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.

SEC. 14. The officers ordering the commitment of a person unable to pay for his support may in writing certify that fact to the trustees, and that he has no relative liable and of sufficient ability to pay for it; and if the trustees are satisfied that such certificate is true, the treasurer of the hospital may charge to the State one dollar and fifty cents a week for his board, and deduct it from the charge made to the patient or town for his support.

## DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

SEC. 15. Any person or corporation, deeming himself or the insane aggrieved by the decision of the board of examiners for or against the insanity, may appeal therefrom by claiming an appeal within five days after the decision is made known, naming a justice of the peace and quorum on his part, and appointing a time within three days thereafter, and a place in such town or an adjoining town for the hearing, and he shall procure the attendance of such justice at such time and place, if in his power, and if not he may select another; the board of examiners shall select another justice of the peace and quorum.

SEC. 16. If the two justices neglect or refuse to decide the appeal within three days after the time appointed for the hearing, or if the municipal officers neglect or refuse for three days after complaint is made to them to examine and decide any case of insanity in their town, complaint may be made by any relative of the insane, or by any other respectable person to two justices of the peace and quorum; and the two justices selected in either of the above modes, may call before them any proper testimony, and hear and decide the case. If they find the person insane, and that he will be more comfortable and safe to himself or others, they shall give a certificate for his commitment to the hospital like that described in section thirteen.

SEC. 17. Such justices shall keep a record of their doings and furnish a copy thereof to any person interested requesting and paying for it; those deciding an appeal shall be entitled to receive for their services two dollars a day and ten cents a mile for their travel, and shall determine which party shall pay it; those deciding an original case shall charge the same fees as for a criminal examination, to be paid by the person or corporation liable in the first instance for the support of the insane in the hospital.

SEC. 18. When such justices order a commitment to the hospital, the municipal officers of the town where the insane resides or such other person as the justices direct, shall cause such order to be complied with forthwith at the expense of the town; and after such commitment is made, the justices shall decide and certify the expenses thereof.

## EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

SEC. 19. The certificate of commitment to the hospital after a legal examination is sufficient evidence, in the first instance, to charge the town where the insane resided, or was found at the time of his arrest, for the expenses of his examination, commitment, and support in the hospital; but when his friends or others file a bond with the treasurer of the hospital, such town shall not be liable for his support, unless new action is had by reason of the inability of the patient or his friends longer to support him; and such action may be had in the same manner, and before the same tribunal, as if he had never been admitted to the hospital.

SEC. 20. The person or town, liable for the support of a person when lawfully committed to the hospital, is liable therefor, and for the expenses

of his removal, when unlawfully committed and removed as provided in section nine; but the expenses of such removal shall not exceed ten cents a mile from the hospital to the place of commitment.

SEC. 21. Any town thus made chargeable in the first instance, and paying for the commitment and support of the insane at the hospital, may recover the amount paid from the insane, if able, or from persons legally liable for his support, or from the town where his legal settlement is, as if incurred for the expense of a pauper, but if he has no legal settlement in the state, such expenses shall be refunded by the state, and the governor and council shall audit all such claims and draw their warrant on the treasurer therefor. No insane person shall suffer any of the disabilities of pauperism nor be deemed a pauper, by reason of such support. But the time during which the insane person is so supported shall not be included in the period of residence necessary to change his settlement.

SEC. 22. The treasurer of the insane hospital shall charge and collect interest on all debts due to said hospital, from towns and individuals for board and clothing of patients, after thirty days from the time when they become due.

#### DISCHARGE OF THE INSANE.

SEC. 23. When any friend, person, or town liable for the support of a patient who has been in the hospital for six months, not committed by order of the supreme judicial court, nor afflicted with homicidal insanity, thinks that he is unreasonably detained, he may apply to the municipal officers of the town where the insane resides, and they shall inquire into the case, and summon before them any proper testimony, and their decision and order shall be binding on the parties. They shall tax legal costs and decide who shall pay them. If such application is unsuccessful, it shall not be made again until the expiration of another six months.

SEC. 24. When the overseers of a town, liable for the support of a patient at the hospital, are notified by mail by the superintendent, that he has recovered from his insanity, they shall cause him to be removed to their town; and if they neglect it for fifteen days, the superintendent shall cause it to be done at the expense of such town.

SEC. 25. When a patient is discharged from the hospital by the trustees, under section four, they shall cause the selectmen of the town, or the mayor of the city, from which such patient was received, to be immediately notified by mail, and on receipt of such notice said town or city shall cause such patient to be forthwith removed thereto; and if they neglect such removal for thirty days thereafter, such patient may be removed to said town or city by the trustees, or their order; and the superintendent, may maintain an action in his own name, against such city or town, for the recovery of all expenses necessarily incurred in the removal of such patient.

SEC. 26. The preceding sections do not apply to towns having less than two hundred inhabitants, but all insane persons found, and having their residence in such towns, who have no settlement within any town

in the state, and who have no means of their own for support, or are without relatives able and liable to support them, shall be supported in the hospital at the expense of the state.

#### GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

SEC. 27. When any man or unmarried woman, of twenty-one years of age, is sent to the hospital for insanity under this chapter, the municipal officers of the town where such insane resides, where they think it for his interest, and to prevent waste of his property, may apply to the judge of probate for the same county for the appointment of a guardian, and the judge, on their certificate to that effect, without notice to the insane, shall forthwith appoint some suitable guardian residing in the same county who shall give bond as in other cases, and have reasonable compensation for his services, to be allowed by the judge and paid out of the estate; but he shall not be required to return any inventory, or exercise any other powers or duties of guardian for one year after his appointment, except to provide for the support of the insane and his family, and prevent waste of his property.

#### GENERAL MANAGEMENT OF THE HOSPITAL.

SEC. 28. Every person committed to the insane hospital by any court, as provided in section one of chapter one hundred and thirty-seven, shall be discharged by the superintendent, if not sent for by the court, during the next term thereof after his commitment, but he is liable to recommitment by the municipal officers of the town to which he belongs, if found to be insane, to be supported in the same manner as other persons committed by said officers.

SEC. 29. The superintendent shall keep posted, in conspicuous places about said hospital, printed cards containing the rules prescribed for the government of the attendants in charge of the patients.

SEC. 30. When it appears that any such attendant treats a patient with injustice or inhumanity, he shall be immediately discharged. When the superintendent is satisfied that any attendant intentionally abuses or ill treats an inmate of the hospital, he shall discharge him at once, and make complaint of such abuse or ill-treatment before the proper court; and such attendant on conviction, shall be fined not less than one hundred nor more than five hundred dollars, or imprisonment not more than ninety days.

#### SPECIAL VISITATION BY A COMMITTEE COMPOSED OF THE EXECUTIVE COUNCIL, AND A WOMAN.

SEC. 31. A committee of the council consisting of two, with whom shall be associated one woman, shall be appointed by the governor annually, who shall visit the hospital at their discretion to ascertain if the inmates thereof are humanely treated, and they shall promptly report from time to time, in every instance of intentional abuse or ill treatment to the trustees and superintendent of the hospital, who shall take notice thereof, and cause the offender to be punished as required by the preceding section.



SEC. 32. If any wilful injury is inflicted by an officer, attendant, or employe of the hospital upon the person of any patient therein, and knowledge thereof comes to said committee of visitors, they shall report the fact immediately to said trustees and superintendent, and if the superintendent fails forthwith to complain thereof as required by section thirty, one of said visitors shall enter a complaint before the proper court. And in trial for such offences, the statement of any patient cognizant thereof, shall be taken and considered for what it is worth; and no one connected with the hospital shall sit upon the jury trying the case.

SEC. 33. In case of the sudden death of a patient in the hospital under circumstances of reasonable suspicion, a coroner's inquest shall be held as in other cases, and the committee of visitors shall cause a coronor to be immediately notified for that purpose.

SEC. 34. In all cases of preliminary proceedings for the commitment of any person to the hospital, the evidence and certificate of at least two respectable physicians, based upon due inquiry and personal examination of the persons to whom insanity is imputed, shall be required to establish the fact of insanity, and a certified copy of the physician's certificate shall accompany the person to be committed.

SEC. 35. If the committee of visitors become satisfied that an inmate of the hospital has been unnecessarily and wrongfully committed, or is unnecessarily detained and held as a patient therein, they shall apply to some judge of the supreme judicial court, or to the judge of the superior court, or court of probate within the county where the restraint exists, for a writ of habeas corpus, who shall issue the same, and cause the inmate to be brought before him, and after notice to the party procuring his commitment and a hearing of all interested in the question at issue, if satisfied that such inmate is not a proper subject for custody and treatment in the hospital, he shall discharge him from the hospital and restore him to liberty. But this section does not apply to the case of any person charged with, or convicted of crime and committed to the hospital by order of court.

SEC. 36. The names of the committee of visitors and the post office address of each shall be kept posted in every ward of the hospital, and every inmate shall be allowed to write when and whatever he pleases to them or either of them, unless otherwise ordered by a majority of the committee, in writing, which order shall continue in force until countermanded in writing, by said committee. And, for this purpose, every patient, if not otherwise ordered as aforesaid, shall be furnished by the superintendent, on request, with suitable materials for writing, inclosing and sealing letters. And the superintendent shall provide at the expense of the State securely locked letter boxes, easily accessible to all the inmates to be placed in the hospital, into which such letters can be dropped by the writer. No officer, attendant, or employe of the hospital, shall have the means of reaching the contents of these boxes, but the letters in them shall be collected weekly by some members or the committee, or by such person as the committee authorize for the purpose who shall pre-

pay such only as are addressed to some one of the committee, and deposit them in the post office without delay.

SEC. 37. It is the duty of the superintendent, or party having charge of any patient, to deliver to him any letter or writing to him directed, without opening or reading the same, *provided* that such letter has been forwarded by the committee, or is directed to such persons as the committee have authorized to send or to receive letters without the committee's inspection.

SEC. 38. The hospital shall be visited as often as once in every month by at least one member of the committee, and this visit shall be made at irregular and not at stated periods; no previous notice, information, or intimation thereof shall be given or allowed to the superintendent, or any officer, attendant or employe of the hospital, but so far as possible, all visits shall be made unexpectedly to the superintendent and all others having the care of the hospital and its inmates; and in no case shall the committee, when making their visits through the wards, be accompanied by any officer or employe of the hospital, except upon the special request of some one of the committee.

SEC. 39. The committee of visitors shall make report to the governor and council on the first day of December annually, and as much oftener as the welfare of the patients or the public good requires, setting forth their doings and any facts with regard to the hospital which they deem important. The compensation of said committee is two dollars each a day, for the time actually spent visiting the hospital and actual travelling expenses; *provided*, that said committee do not receive compensation as councillors, for the same days in which said official visits are made to said hospital; and their accounts, including a reasonable sum for the letter carrier provided for in section thirty-six, shall be audited by the governor and council, who shall draw their warrant on the treasurer of state for the amount found due.

SEC. 40. Any person neglecting to perform the duties imposed upon him by this chapter is removable from office by the authority from whom he received his appointment, and if removed, is forever ineligible for office or place in the hospital.

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## STATE OF MAINE.

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COUNCIL CHAMBER, December 31, 1891.

Received, accepted and twenty-five hundred copies ordered printed.

NICHOLAS FESSENDEN, *Secretary of State.*