

# MAINE STATE LEGISLATURE

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PUBLIC DOCUMENTS OF MAINE

BEING THE

ANNUAL REPORTS

OF THE VARIOUS

Public Officers <sup>and</sup> Institutions

FOR THE YEAR

1891.

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VOLUME I.

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AUGUSTA:

BURLEIGH & FLYNT, PRINTERS TO THE STATE.

1892.

REPORTS

OF THE

TRUSTEES, RESIDENT OFFICERS,

AND THE

VISITING COMMITTEE

OF THE

Maine Insane Hospital.

DECEMBER 1, 1890.

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AUGUSTA :

BURLEIGH & FLYNT, PRINTERS TO THE STATE.

1891.



## OFFICERS FOR 1890-91.

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### Trustees.

FREDERICK ROBIE, M. D., GORHAM, *President.*  
E. A THOMPSON, M. D., DOVER, *Secretary.*  
GEORGE E. WEEKS, AUGUSTA.  
MRS. E. J. TORSEY, KENT'S HILL.  
LYNDON OAK, GARLAND.  
R. B. SHEPHERD, SKOWBEGAN.

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### Resident Officers.

BIGELOW T. SANBORN, M. D., *Superintendent.*  
H. B. HILL, M. D., *Assistant Superintendent.*  
GEORGE D. ROWE, M. D., *Second Assistant.*  
MARY CHANDLER LOWELL, M. D., *Third Assistant.*  
P. H. S. VAUGHAN, M. D., *Fourth Assistant.*  
MANNING S. CAMPBELL, *Steward and Treasurer.*  
ALICE G. TWITCHELL, *Matron.*

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REV. J. M. WYMAN, AUGUSTA, *Chaplain.*

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### Subordinate Officers.

CHARLES F. PERRY, *Hospital Clerk.*  
FRED R. SMITH, *Assistant Hospital Clerk.*  
GEORGE R. C. DEANE, *Superintendent's Clerk.*  
CHARLES V. LADD, *Store Clerk.*

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### Supervisors.

MALE.	FEMALE.
JOHN C. SANFORD.	MRS. ANNIE D. McLEAN.
GEORGE S. KIMBALL, <i>1st Assistant.</i>	MISS MARIA H. McFEE, <i>Assistant.</i>
CHARLES H. DAVIES, 2d	“

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### Women's Pavilion.

MISS ELLEN E. NICOL.

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### Men's Pavilion.

A. B. ALLEN.

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W. L. SAMPSON, *Engineer;* W. H. ALLEN, *Florist and Gardener;*  
HORACE B. CONY, *Farm Superintendent.*

### Standing Committees for 1890-91.

- On Conference with Legislative Committee*—Oak, Robie and Thompson  
*On Finance*—Thompson, Oak and Weeks.  
*On Buildings and Improvements*—Shepherd, Mrs. Torsey and Robie.  
*On Farm Stock and Outside Property*—Robie, Shepherd and Oak.  
*On Library*—Mrs. E. J. Torsey and Dr. B. T. Sanborn.  
*On Recreation of Patients*—Sanborn, Shepherd and Weeks.
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### Visiting Committee for the Year.

- |  |                                      |
|--|--------------------------------------|
| <i>January</i> —Oak and Weeks.             | <i>July</i> —Mrs. Torsey and Oak.    |
| <i>February</i> —Mrs. Torsey and Thompson. | <i>August</i> —Thompson and Robie.   |
| <i>March</i> —Full Board.                  | <i>September</i> —Full Board.        |
| <i>April</i> —Oak and Shepherd.            | <i>October</i> —Weeks and Thompson.  |
| <i>May</i> —Robie and Mrs. Torsey.         | <i>November</i> —Robie and Shepherd. |
| <i>June</i> —Full Board.                   | <i>December</i> —Full Board.         |

## TRUSTEES' REPORT.

*To his Excellency, the Governor, and the Executive Council  
of the State of Maine:*

The Trustees of the Maine Insane Hospital, in presenting their annual report after the experience and results of another year, desire to say, that they have endeavored to discharge the responsible duties of their position with a single purpose of advancing the interests of the institution, by carefully looking after the health, comfort, and necessities of its unfortunate inmates. They have also carefully considered the many economic questions, which from time to time arise and affect its financial and physical policy. The legal requirements and duties of the Board have been performed to the best of our ability, and the stated visits to the Hospital have been as often and thorough as the law establishing the Board contemplated.

By these repeated examinations at stated intervals, we are enabled to present a summary of the year's work, and report understandingly on the medical, hygienic, physical, financial, and executive departments of the Hospital. We are pleased to say, that during the past year the hand of Providence has been extended full of generous gifts. There has been no serious epidemic to disturb us. Diphtheria, which for nearly two years thwarted and encroached upon our best directed efforts to resist, has ceased to exist. This has been accomplished by the well directed hygienic means and other timely measures instituted by the medical and supervisory departments of the Hospital.

The progress of improvement which has characterized the treatment of the insane during the past century has been one of the best evidences of the onward march of civilization. The claims of the insane for the most benevolent consideration have never been disregarded, when a call has been made for public aid from the treasury of an intelligent and Christian people. Ever since the Maine Insane Hospital was established, fifty years ago, our State has stood in the front rank to do everything that seemed necessary for the welfare of the insane. And to-day we point with the greatest pride to the extensive plan of beautifully and artistically arranged buildings with every convenience for the comfort and happiness of the patients.

We have secured and employed many of the improvements furnished by the arts and sciences, which have added much to the curative power and possibilities of relief in the treatment of unfortunate persons affected with diseased minds. In our Hospital is found nearly every essential modern improvement for the comfort and welfare of its inmates, and it is a source of great satisfaction to those who make official visits to notice the grand results which have followed the introduction of these new avenues for medical, sanitary and hygienic treatment. We have not, however, reached the summit of perfection, and we should be as ready as heretofore to supply every new remedy and development of intrinsic value for the cure and comfort of our insane.

The State should make a suitable appropriation each passing year to keep up to its proper standard every material department of the Hospital which is subject to the laws of decay. We would therefore, ask the legislature of our State to examine every department of the Hospital, and make such liberal appropriation as its necessities demand. We would respectfully call your attention to the following considerations.

The reports made a year ago are full of statistics and useful information.



## FINANCES.

We have examined the books of the Treasurer, and found the same well kept, and all the expenditures accounted for by proper vouchers. We regret that ill health early in May last compelled John W. Chase, Esq., the competent and efficient Steward and Treasurer of the institution to resign the position which he had for many years so honorably filled; and the Board congratulate the State that the place has been so well filled by the selection of the present officer, Manning S. Campbell, Esq., whose previous faithful work in the office as Hospital clerk was sufficient guarantee that he was entitled to the position named, by promotion. We recommend a careful reading of the Treasurer's report, which sets forth the detailed condition of the finances of the institution.

The wants of the institution have called for more money than the appropriation and receipts of the Hospital have been able to meet. The long continuance of diphtheria during the past two years made a demand upon our treasury, which had to be met by prompt and unusual payments of large sums of money. There were many expenditures outside of the demands of the contracts for finishing the two new pavilions which could not be avoided, and we were forced to provide for the same to save the credit and well being of the institution. The Trustees considered it in the line of true economy to utilize the large attics of the two pavilions, and converted the same into well constructed and useful apartments for the future use of the Hospital. Thus materially increasing the value of the buildings by a small additional outlay.

This was outside of the established contract for completing the pavilion; but convenient and necessary rooms were furnished thereby, at much less cost than could have been done at any subsequent time. A careful examination of the cause of these several expenditures, amounting to \$6,478.92, by the appropriate committee of the the legislature, will, we think, justify our course in their judgment. We would ask that the

Hospital treasury be duly re-imbursed by the State for these necessary expenditures.

#### EXPENDITURES FOR IMPROVEMENTS.

##### KITCHEN.

The Trustees in looking after the sanitary and economic conditions of the Hospital have been confronted with demands which required their immediate attention, and necessitated the expenditure of money.

The dilapidated and dangerous condition of the kitchen called for a thorough renovation, which has been finished during the past year, in a complete and workmanlike manner, at the cost of about four thousand six hundred dollars (\$4,600).

##### LAUNDRY.

The large increase of inmates of the Hospital, and the inadequate condition of laundry facilities for doing the necessary work of the Institution required additional expenditures in this department. The Trustees made a satisfactory contract with Messrs. Carmen & Thompson of Lewiston to construct a drying room at a cost of \$1,236.20. An additional amount of \$600 has been expended in improving the laundry department. Total amount expended, \$1,836.20.

##### WORK OUTSIDE OF THE NEW PAVILIONS.

The furnishing of the new pavilions in consequence of the imperative demand for their occupancy required an immediate outlay of \$2,600, which sum has been expended under the direction of the Trustees. The erection of the new buildings necessitated the expenditure of a considerable amount of money, which was no way a part of the contract, but which was absolutely necessary for the protection and completion of the buildings. The changing of the heating system, the grading of the grounds, the laying of new pipes, cement, painting, and many other unforeseen demands necessitated

the extraordinary outlay of \$10,000. This amount should be re-imbursed to the Hospital treasury.

#### THE FARM.

The Trustees desire to improve the farm by increasing the number, and improving the grade of the cows, and thereby establish a more economic system of farming. We aim to increase the quantity of milk for home consumption, which is one of the most essential articles of food for the inmates of the Hospital. To this end we desire a small appropriation.

The yield of hay and crop of vegetables have been much larger than has been harvested in previous years. Our examination shows that the superintendent of the farm has been faithful in the discharge of his duties. Vegetable products are becoming the source of the largest revenues from farm operations, and afford an opportunity in their cultivation for healthy and pleasant work for a willing class of the inmates of the Hospital. Much of this profit is now wasted in consequence of the want of a suitable place of deposit for the vegetable productions of the garden. We would therefore recommend that the State make sufficient appropriation for the building of a vegetable cellar equal to the wants of the Hospital.

#### AMUSEMENT AND RECREATION.

The Trustees have been pleased with the satisfactory results which have followed the various means which have been employed to give the patients recreation and diversion by entertainments in music, dancing, and well arranged theatrical performances. The evidence is conclusive that the dull and monotonous routine of Hospital life needs just such an influence as these agencies impart. They become an important collateral assistance and factor in the effort made to restore a diseased and disordered mind.

A portion of the interest of the Coburn fund has been wisely set apart for this object, and its continuance is unani- mously recommended by the Trustees.

## ENLARGEMENT OF THE HOSPITAL BUILDINGS.

The two new pavilions have been completed by the act and direction of the last legislature of the State. The amount of one hundred thousand dollars appropriated for that purpose has been entirely exhausted under the conditions of well executed and economic contracts. The buildings inside and out speak for themselves, and the beautiful material and fine work of construction will bear the closest examination.

The new wards are already partially occupied by patients taken from the overcrowded wards of the other wings of the Hospital, and the time is not far distant, when every available apartment will be needed by the coming of new patients that are constantly applying for admission. There is still a lack of furniture and other necessary conveniences, and it will require at least an appropriation of three thousand dollars to meet the bills incident to complete the furnishing of the new apartments of the Hospital. The Trustees recommend and ask for this necessary sum.

## IMPROVEMENTS.

It is generally understood that there will be no more demands made for an enlargement of the Hospital accommodations, and that its service in that direction is practically complete. It has not escaped the notice of the Trustees and the public that much should be done to the grounds about the Hospital to remove unsightly appearances; and there should be that degree of improvement and care, which will give to the surroundings of the Hospital an air of refinement, beauty and comfort. In order to effect this desirable object, the Trustees would ask for an appropriation to be expended in beautifying and adorning the grounds, by grading and laying out suitable lawns to be made attractive by trees and flowers.

CONTRACT FOR SUPPLYING THE HOSPITAL WITH WATER  
AND HEAT BY STEAM.

The Trustees a few years ago secured by contract with the Augusta Water Company the means of supplying the Hospital a necessary quantity of pure water for all of its many wants on the most favorable terms, and thereby saving a large amount of money, when compared with previous expenditures. The experience of the past two years has demonstrated the ability of the contracting party to furnish the quantity of water necessary for every demand of the Hospital, and it has been a source of safety against fire, and a great comfort to the inmates and a hygienic advantage to the Institution. It has been ascertained by a careful system of measurements that the Hospital uses on an average each day 226,000 gallons of water. It is claimed that this amount exceeds the estimated quantity when the contract was made, by 126,000 gallons, and the furnishing of water shows an annual loss to the contracting party of a large amount. In view of these facts, the company believes that it is equitably entitled to an increase of compensation. The Trustees think that the rates are low, and feel that there may be an equity in the case, but do not feel authorized to change the conditions of an existing contract, without advice and power from the State, and therefore submit the question for the action of the legislature. The Augusta Lumber Company which entered into what seemed an advantageous contract for both parties for heating the Hospital with steam, has found the profits inadequate for the outlay, and claim additional compensation for its services. The company has so far fulfilled the conditions of the contract in a very satisfactory manner. We also leave this matter for the action of the legislature.

## PURCHASE OF THE HOYT ESTATE.

The Trustees quite unexpectedly found the long desired opportunity to secure by purchase the possession of the Hoyt property, contiguous to the Hospital. This property com-

prises a very valuable estate of four acres of land and convenient buildings, which the wants of the Hospital very much needed. It was purchased for \$2500 from money taken temporarily from the interest of the Coburn fund, for which interest will be paid by the Hospital, and the entire sum will hereafter be liquidated from the earnings of the Hospital.

#### THE SALARY OF THE OFFICERS OF THE HOSPITAL.

The large yearly increase of the number of inmates of the Hospital, and the corresponding demands for increased responsibilities and labor, reaching into almost every department of the Institution, we think, entitles the Superintendent of the Hospital to a larger salary; and in view of the fact, that the present salary of the medical staff of the Hospital is much less than found in similar institutions, we would ask the present legislature to take cognizance of the matter, and make such additional appropriation as a just consideration of the subject demands.

#### NAMES OF THE NEW BUILDINGS.

The Trustees have decided to name the hall which has been used for a chapel for religious services on the Sabbath, and at other times for entertainments for the amusement of the inmates, "Coburn Hall." They have also decided that the new south building should be known hereafter as "Harlow Hall," and the north building shall be named "Sanborn Hall." This decision was arrived at in consequence of the high character and princely liberality and philanthropy of the late Governor Abner Coburn; and the other two were named respectively in recognition of the long and faithful services of two of our distinguished Superintendents, Doctor Harlow having served the institution thirty-eight years, and Doctor Sanborn twenty-four years.

#### SUMMARY.

The disbursements for extraordinary improvements may be summed up as follows :

Improvements in the heating system . . . . .	\$5,000 00
New kitchen . . . . .	4,636 85
Unavoidable expense in consequence of new buildings . . . . .	11,559 98
Furnishing new rooms . . . . .	2,586 25
Furnishing new attics and extra carpenter work,	5,651 87
Due architect and building committee . . . . .	827 13
	<hr/>
	\$30,262 08

We think that the Hospital with its available assets and earnings can pay \$10,000 of this sum, provided the legislature will appropriate \$20,000 to liquidate the balance.

The Trustees are of the opinion that there should be expended at an early period the following sums, and ask for an appropriation therefor :

For furnishing the rooms in the new pavilions . . .	\$3,000 00
Improvements in the laundry departments . . .	1,836 20
Making new lawns and beautifying the same,	5,000 00
Improvement of stock on the farm . . . . .	1,000 00
Building cellar for vegetables . . . . .	3,000 00
	<hr/>
	\$13,836 20

#### CONCLUSIONS.

We are fully aware that the necessary expenses of the Hospital appear large, but every consideration of philanthropy and public policy calls for the most generous and judicious outlay of money for the welfare of the unfortunate insane. No one can tell who will first be drafted to enter the army of the insane. The insane need the tenderest sympathy and the constant care of the State. Let us do our full duty.

FREDERICK ROBIE,	} Trustees.
E. A. THOMPSON,	
GEORGE E. WEEKS,	
MRS. E. J. TORSEY,	
LYNDON OAK,	
R. B. SHEPHERD,	

# REPORT OF BUILDING COMMITTEE.

AUGUSTA, ME., November 30, 1890.

*To the Trustees of the Maine Insane Hospital:*

GENTLEMEN:—In accordance with the resolve approved March 8, 1888, appropriating one hundred thousand dollars for new buildings, we herewith submit the second and final report of cash received on account of the appropriation and disbursements for the year ending November 30, 1890:

1890.	Dr. RECEIPTS.		
June 13	To cash from State Treasurer .....	\$25,000 00	
Feb 15	“ “ “ .....	10,000 00	
July 1	“ “ “ .....	15,000 00	
			\$50,000 00
	CR. DISBURSEMENTS FOR BUILDINGS.		
	Amt. loaned by Hospital Treasurer, 1889.....	\$4,598 96	
	Paid B. M. Dixon, contractor on mason work .....	12,771 57	
	J. A. Greenleaf, “ carpenter work.....	19,091 22	
	Carman & Thompson, contractors of heating ...	13,511 88	
	Forest & Dow, “ plumbing .....	3,246 39	
	advertising for proposals. ....	20 54	
	G. M. Coombs, architect .....	700 00	
	Morss & Whyte, window guards .....	1 186 39	
	Treby Johnson, cash, interest on loan.....	69 44	
	Carman & Thompson on fittings.....	84 00	
	Braman Dow & Co. gas pipe bill .....	152 40	
	Geo. E. Weeks, services on committee.....	135 00	
	F. B. Smith, supervision of work.....	84 00	
	Bills payable. ....	827 13	56,478 92
	Due the Treasurer of the Hospital advanced by loan to carry out terms of contract as per Treasurer's report .....	5,651 79	
	Due bills payable .....	827 13	
	Total in excess of appropriation.....		\$6,478 92

The extra expense was incurred as follows:

Pannelling the ceilings of the halls .....	\$700 00	
Extra in attics .....	3,555 27	
“ mason work .....	256 57	
“ carpenter work .....	1,371 22	
Fittings of Carman & Thompson.....	84 00	
Paid H. A. Taber, plumbing sewer .....	253 50	
Braman Dow & Co., gas pipe bill .....	152 40	
for work, changing in part heating system in old building to accommodate new. ....	105 96	\$6,478 92

E. A. THOMPSON, }  
 GEORGE E. WEEKS, } *Building Committee.*  
 R. B. SHEPHERD, }  
 BIGELOW T. SANBORN, J



## Report of the Committee on Recreation and Amusement of Patients.

*To the Trustees of the Maine Insane Hospital:*

At a meeting of your full Board held on the 28th day of October, 1889, it was ordered that a committee be appointed to provide recreation and amusement for the patients, consisting of the Superintendent and two members of the Board of Trustees, with instructions to draw a stipulated amount of money from the interest of the Coburn fund and to make a detailed report to the full Board, of the character of the entertainments furnished, and the amount of money expended, the report to comprise the official year ending November 30th, 1890. Agreeable to the above instructions your committee submit the following statement:

The comfort afforded to our patients and indeed the curative results obtained from judiciously devised diversions are too apparent to admit of discussion or doubt. Indeed such practical beneficial results have been observed in the amelioration of many, and the absolute restoration of others, that your committee, acknowledging the very commendable progress made in the past, desire that with the increased pecuniary facilities, occasioned by the philanthropy and generosity of the late Ex-Governor Coburn, still larger means be employed in this exceedingly hopeful department of labor, for the well being, and restoration of the unfortunate placed under our care.

With this end in view it has been deemed advisable to increase the permanency and efficiency of our music, both

instrumental and vocal, by expending a portion of the interest of the Coburn fund in this direction. So that the wages of all, that are sufficiently proficient in music to render service in our orchestra, have been increased five dollars per month during such a portion of the year as in-door entertainments are desirable. Seven musicians who carry the leading parts in the Hospital band receive the same compensation as for their services in the orchestra, the remaining members being paid three dollars per month during the period of the organization of the band, during the warm weather, when out-of-door entertainments are acceptable.

Our choir consists of a quartette, and each person receives one dollar per Sabbath for services. Heretofore we have experienced much difficulty in retaining gratuitous service, and the opportunity of increasing the wages of musicians not only brings permanency, which is so desirable, but efficiency. Well arranged music both instrumental and vocal is a source of much comfort and restfulness to the discordant and perturbed mind, and as a moral agent in the treatment of mental derangement is healthful and restorative. With the exception of a short respite during the spring, occasioned by three mild cases of diphtheria, entertainments have been afforded the patients throughout the year and our orchestra has rendered very valuable and efficient aid. In addition to the music at Sabbath services, the members of the choir have during the autumn, visited the various wards Sunday evenings and entertained the patients by singing "gospel hymns" and other appropriate music. During the summer and a portion of the autumn the band gave concerts in the open air on the lawn, which were well attended by our inmates and much appreciated.

While we have furnished several entertainments given by parties outside of the institution, of such a character as we had reason to believe would be beneficial to our patients, yet we feel assured that with our increased facilities and the talent already at our command, our people will not lack healthful diversions.

We are pleased to be able to report that we can assure the patrons of the Hospital and the citizens of the State, who look with so much interest upon this charity, that at no period in its history have such earnest endeavors been made for the moral treatment of its occupants as at the present time. We herewith append a statement of the expense incurred in this department during the past year :

COBURN FUND DISBURSEMENTS

FOR YEAR ENDING NOVEMBER 30, 1890, AS PER VOUCHERS ON FILE IN  
TREASURER'S OFFICE.

AMUSEMENTS.		
Paid for orchestra rehearsals and concerts. ....	\$242 40	
music and materials.....	91 17	
choir singing. ....	73 55	
theatrical goods.....	21 32	
band rehearsals and concerts.....	199 17	
dramatic entertainments.....	10 00	
advertising for musicians.....	11 00	
	-----	\$648 61
PERMANENT IMPROVEMENTS.		
Paid for gas contract in amusement hall.....	\$333 00	
	-----	\$981 61

BIGELOW T. SANBORN, }  
 GEORGE E. WEEKS, } *Committee on*  
 R. B. SHEPHERD, } *Recreation and Amusement*  
*of Patients.*

## Report of the Committee on the Hospital Library.

*To the Trustees of the Maine Insane Hospital:*

Your Committee on the Library for the year ending November 30, 1890, having attended to its duty, now ask leave to report:

	ASSETS AND RECEIPTS	Dr.
1889.		
December 1.....	To deposit in Augusta Savings Bank .....	\$1,200 00
“ 1.....	railroad bonds.....	2,000 00
“ 1.....	cash on hand.....	71 66
1890.		
April 1.....	cash for coupons .....	60 00
October 1.....	“ “ .....	60 00
November 1.....	bank dividends .....	49 47
		\$3,441 13
	DISBURSEMENTS	Cr.
1890.		
February 27.....	By paid for Stanley's Explorations and Adventures ..	\$2 50
March 12.....	“ Bible Readings.....	3 00
May 12.....	“ Gould's New Medical Dictionary.....	3 25
June 12.....	“ Battles and Leaders (4 volumes).....	20 00
July 1.....	“ 1 Greeley on Weather.....	1 60
“ 15.....	“ Books: Estes and Lauriat.....	11 39
August 12.....	“ Stories of a Country Doctor.....	2 00
“ 12.....	“ Darkest Africa .....	7 50
October 15.....	“ A Yankee in King Arthur's Court.....	7 00
November 20.....	“ Starrs Nervous Disease .....	2 60
“ 30.....	“ papers and magazines.....	112 10
“ 30.....	balance .....	\$3,267 19
		\$3,441 13
	Balance { Savings bank .....	\$1 249 47
	{ Bonds.....	2,000 00
	{ Cash on hand.....	18 72
		\$3,268 19

Mrs. E. J. TORSEY, }  
BIGELOW T. SANBORN, } *Committee on Library.*

## SUPERINTENDENT'S REPORT.

*To the Board of Trustees of the Maine Insane Hospital :*

GENTLEMEN :—I herewith submit for your consideration the fiftieth annual report of the Superintendent comprising the fiscal year ending Nov. 30, 1890.

The past year has been an exceedingly busy one, occasioned by the completing and occupying of the two new wings, and the extra efforts required of officers and employes have been manifold and unprecedented. In consequence of the above enlargement of the institution it was found that our capacity for conveying steam was inadequate, and much labor and expense have been incurred in renovating and enlarging the steam mains, which change practically results in a new steam plant throughout. These extensive improvements together with the introduction of water mains, stand pipes and gas pipes for the new structures, have taxed the energies of the engineer and other mechanics. We are pleased to be able to report unusual exemption from casualties throughout the year, regarding the character of our people and the unprecedented large daily average, and with the exception of two or three painless accidents, occasioned by helplessness or indiscretion of patients, nothing has occurred to mar the comfort of the household.

A large degree of health has prevailed throughout the entire institution during the twelve months, and the efforts put forth in the behalf of the patients have been crowned with success.

We would humbly acknowledge the hand of an over-ruling Providence for these blessings vouchsafed, and implore the continuance of a Father's care and guidance.

## ADMISSIONS AND DISCHARGES.

At the beginning of the year December 1st, 1889, there were resident in the hospital 580 patients, 295 men, 285 women. Two hundred and fifty-three have been admitted since, 146 men, 107 women, making the whole number under treatment 833, 441 men and 392 women. Of these there have been discharged 207, 112 men and 95 women, leaving at the close of the year 626, 329 men and 297 women.

The per cent of recoveries for the year based upon the number under treatment is 7.80 and upon the number of admissions 25.69.

The daily average number of patients for the year has been 612.18 against 578.76 the daily average of the preceding twelve months. The increase of patients during the period embraced in this report has been very marked, probably exceeding that of any former period of the same duration, having under treatment an excess of forty-seven patients over the number at the commencement of the fiscal year.

La grippe has entered quite largely into the assigned cause of insanity, eleven patients having been admitted where the derangement of mind was directly attributable to the disease, and a score at least in which the malady could be traced as one of the exciting causes. The mental characteristics observed have almost invariably been those of a melancholic type marked by apprehensive and oppressive delusions.

The somatic symptoms noticed have given rise to much morbidity of the various organs and the prognosis as a rule has been unfavorable.

The mental phenomena observed as a sequelae of la grippe during the early part of the season, producing in its subject such physical and mental degeneration, was somewhat alarming, but I am happy to observe that its influence has been much less marked during the autumn. It is worthy of note and a source of great gratification to be able to report almost absolute immunity from the disease among our patients who

were residents of the hospital at the time of its invasion throughout the State.

Several causes in my judgment account for this exemption, chiefly among which, may be mentioned enforced regular habits, slight exposures to external atmospheric influences and the opportunity of living in warm and uniform temperatures. In April four persons were attacked with diphtheria, two attendants and two patients but fortunately the disease was of an exceedingly mild form and proved to be of but little annoyance to the individuals, entire restoration taking place in a few days or a week from the invasion. During the month of August the disease made its appearance again among our patients who had been domiciled for several weeks in the Park with their attendants for purposes of recreation. Four patients were attacked but the disease was non-malignant and so mild in character that in three no constitutional effects were observed. The remaining patient was attacked with paralysis of the heart after the local symptoms had entirely subsided and died in consequence of this complication. He had become much reduced in physical health induced by long derangement of the mind, and the constitution was ill prepared for any supervening disease.

I am of the opinion that these cases must have been of a sporadic character, as the invasion occurred in our Park entirely independent of the hospital sewage, and none of the patients had been in intercourse with any of the wards of the hospital for more than two months. Aside from the above occurrence a large share of physical health has prevailed among the inmates and the per cent of deaths has been perceptibly lower than for several years.

I again revert to the fact that we have been admitting to the hospital during the past two or three years a larger per cent, than before that period, of patients suffering from a more formidable form of malady, less amendable to treatment and presenting less likelihood to recovery. I refer to the observably marked increase of melancholia accompanied by homicidal and suicidal tendencies.

Of the two hundred and fifty-three admissions, one hundred have been observed to harbor impulses towards self-destruction or have suffered from homicidal delusions or hallucinations.

Notwithstanding all the precaution that has been exercised in caring for this formidable class by a large corps of night watch, yet one patient evaded our vigilance and committed self-destruction by strangulating himself with his bed clothes. I would add, however, that the patient had been under constant observation for a long time, to the extent that we had reason to believe the suicidal tendencies had abated, but who after sleeping quietly in a room alone for six nights in succession committed the act on the seventh.

#### SUPPORT OF PATIENTS.

The patients have been supported in the following manner : 37 by their own means or relatives ; 86 entirely by the State, and 503 have received State aid of \$1.50 per week, towns or individuals paying the balance.

#### COMPLETION OF NEW PAVILIONS.

The two new pavilions, which were in process of construction at the close of our last annual report, have been completed and were ready for occupation by the middle of September last. We commenced at once to furnish and arrange the wards for the reception of patients, as the hospital had become very much crowded, so that at present date two wards of the male pavilion and one of the female are permanently occupied to the extent of their capacity. I am happy to state that they afford excellent accommodations, are easily heated and ventilated and the inmates are much pleased in being domiciled in so pleasant surroundings. It has required much labor and expense throughout the past season to complete these new structures, and as no provision had been made in the appropriation for the various equipments necessary before occupation, the hospital was obliged to furnish them. Stand pipes have been established for fire purposes, so that



each ward is supplied with two reels with hose attached. We have also constructed two elevators for the hoisting of food for the various dining rooms, and furnished the buildings throughout with all the necessary appliances for the use of the wards. A contract was made with Messrs. Carman & Thompson of Lewiston for two hot water heaters, one for each pavilion, which are placed in the basements, and furnish warm water throughout. The contract for plumbing which was awarded to Messrs. Forrest & Dow of Skowhegan was completed early in the spring. The bath-rooms and water closets are furnished with all the modern appliances, and the work seems to have been well executed. While we have not had sufficient cold weather as yet to thoroughly test our heating and ventilating apparatus, yet, I believe they will fully meet our expectations. The various contractors in all the different departments in the construction of the two pavilions have been faithful and the work has been thoroughly executed.

The commodious atties, which the building committee decided to finish and furnish, are now occupied by the various night watch.

They are so located that they are very quiet and afford excellent sleeping apartments for such of our employes as are obliged to rest during the day. In the completion of these well appointed and convenient structures the institution has better opportunities for usefulness in the treatment of patients than heretofore.

They afford us much better facilities for classification, and as the buildings are entirely detached, our quiet and appreciative patients are not subjected to the annoyance of the turbulent and refractory.

With these increased facilities for the treatment and comfort of our patients we can but predict that much usefulness awaits these well ordered endeavors for the care of the unfortunate.

## RE-CONSTRUCTION OF STEAM HEATING PLANT.

Just prior to the close of our last report we had made a contract with Messrs. Carman & Thompson to enlarge our steam mains, and much of the year has been consumed in this renovation. A ten-inch steam main has taken the place of the six-inch one, so that our facilities for conveying steam to the different parts of the hospital are very much greater than formerly. In fact there has been an entire change in our steam plant, the construction of which is much more simple and effective than the former one. The entire institution has been piped with larger returns, and all traps have been removed, so that we are relieved of all water hammering and all likelihood of our radiators becoming filled with water. These changes enable us to convey steam to every extremity of the institution with much more freedom than by the old plant and under much lower steam pressure. Messrs. Carman & Thompson have been very thorough in this construction.

## NEW METHOD OF HEATING.

The method of heating the institution from the Augusta Lumber Company's steam works which was just being initiated at the close of last year's report, and which was regarded as somewhat experimental, has been demonstrated to be practicable, and we are at all times supplied with a sufficient amount of steam to heat every part of the hospital at a proper temperature.

## REPAIRS AND IMPROVEMENTS.

In an institution of this magnitude the wear and tear throughout the year require a large amount of labor from our mechanics, but I am pleased to say that everything is being put in readiness for the approaching cold season.

Our engineer has established a new stand pipe for protection against fire at the east end of the rear centre building,

which supplies the bake-room corridor and stage of the amusement hall.

We have felt the necessity of this fixture for several years in that section of the building, but the engineer's duties have been so laborious he was unable to construct it until recently.

The stage of our amusement hall which had not been sufficiently heated during the very coldest weather, has been supplied with a larger amount of steam radiation.

During the autumn our gas main running to the rear centre building and the wings beyond has been enlarged, and the chapel repiped and additional gas fixtures supplied. For these various repairs and improvements which have been so extensive, we are under many obligations to our efficient engineer, and to Mr. Hallowell, our skillful carpenter, and his corps of assistants.

#### NEW DRYING ROOM FOR CLOTHES.

In September last a contract was made with Messrs. Carmen & Thompson of Lewiston, to construct a drying room for the laundry for the sum of \$1,236.20.

We have been subjected to great inconvenience for years in consequence of an inadequate drying room. The old one had no ventilation and was not of the proper size to accommodate the large amount of clothing. The new one when completed will be double the capacity of the former and is fire proof, being constructed of metal. It is thoroughly ventilated by a fan so that we shall not only be able to dry a larger amount of clothing with greater facility, but it will be in a more suitable and cleanly condition for ironing.

I have reason to believe this valuable auxiliary will be ready for use in two or three weeks. Two new washing machines of recent improvement have been placed in the wash room and supply a long necessity.

#### COMPLETION OF THE KITCHEN.

At the close of last year's report the extensive improvements that were being carried forward in the kitchen were not

entirely completed, but during the early portion of the winter it was made ready for use. All the construction is fire proof so that we suffer no risk of fire from our large range, or from any other source. The fixtures are all new and of the most approved character, and the kitchen in all its appointments is arranged to afford the utmost convenience in facilitating in the work of this important department.

#### FARM AND GARDEN.

These valuable auxiliaries to the institution have been well managed throughout the year by their respective heads.

The hay crop which was harvested in most excellent order was larger than any preceding year.

The grain was light in quantity but well secured and of a fair quality.

The other crops were about an average with other years.

We have increased our cows to a herd of forty and at present thirty-four are affording milk. We have ten grade Holstein heifers which at present look very promising and we are anticipating much from them. We have succeeded well with the swine and the profits are larger than for several preceding years. The introduction of several imported hogs of the White Chester breed will no doubt add much to the value of our swine.

For several years past we have been gradually increasing the capacity of our garden so that at present we have about twenty-five acres under most excellent cultivation. The yield of vegetables has been very large, well harvested, and of excellent quality.

Twelve hundred and fifty bushels of potatoes were raised from five acres a much larger yield than we have been able to raise for many years.

The farm and garden have afforded an excellent opportunity for the employment of a large number of patients, and we have witnessed much benefit accruing to those who have availed themselves of the opportunity of manual labor, which these two departments afford.

## LIBRARY.

The library has been a source of comfort to our patients and has been well patronized throughout the greater portion of the year. During a short period in the spring when we were suffering from contagion, the books were withheld, but since that time there has been no restriction placed upon the library, and many have availed themselves of the opportunity of reading.

Our patients are well supplied with daily papers, illustrated periodicals and magazines which afford them much comfort and diversion. For a detailed statement of the funds of this important adjunct we would respectfully refer you to the report of the library committee.

## PURCHASE OF THE HOYT PROPERTY.

The purchase of the Hoyt buildings with four acres of land attached is a valuable acquisition to the hospital in many respects. Soon after the purchase in May last we made a change in the location of the barn and put the whole premises in excellent condition. Mr. Cony, our farmer, soon after occupied it, and the buildings not only afford suitable accommodations for himself and family, but arrangements were made with him in the rental so that all our farm help are furnished with excellent sleeping apartments.

The opportunity of sleeping our outside employes at the farm house greatly lessens the former crowded condition of the rear centre building, relieves the institution of much bustle and confusion evenings, and better accommodates the farm department.

The land is under good cultivation and contains an excellent pear orchard. The purchase also affords a fine frontage upon the county road for all the hospital farm buildings.

## FUTURE REQUIREMENTS.

As it is probable that the present hospital plant will never be materially enlarged, so that the necessity of large appro-

priations from the legislature for its maintenance will be removed, yet it is well to bear in mind that the first buildings erected are more than a half century old, and in order to keep pace with modern improvements, and with a due regard to sanitation, quite extensive renovations must be made in these structures in the near future.

There are many alterations that could be made in the older wings which would add much to the architectural appearance and materially aid in convenience and ventilation. I trust that in the near future means may be afforded to accomplish these desired ends.

It is apparent that the immediate wants are in the direction of grading, building new lawns and extending the old ones. In fact some grading must be done another season in order to preserve the foundations of the last two pavilions erected. Heretofore but little labor has been expended upon the grounds in the immediate vicinity of the buildings, and in fact it would have been useless to do so, as any lawn would have been much marred during the process of the construction of new wings, but now that there probably will be no further enlargement of the hospital, I trust that immediate steps will be taken to lay out and beautify the grounds of the institution. In order to accomplish this satisfactorily it will necessitate a large amount of excavation, will require a new method of approach to the institution, and incur a considerable expense. I hope, however, that so important a consideration as this, pointing towards the preservation of the buildings, and what is of vastly more consequence, the better treatment of our patients, may not be lost sight of.

I would recommend that an appropriation be asked for to carry forward this necessary improvement and adornment.

The hospital has no suitable vegetable cellar to properly store and care for the products of the garden, and in consequence of which we are now obliged to keep them in the basements of the barns where the temperature is unfitted for their preservation. It would be a great saving to the institu-

tion every year if we had suitable accommodations for the constantly increasing yield of this department, and I trust some action will be taken in order to provide for this necessity.

#### OFFICIAL CHANGES.

In May last, Mr. Chase our Steward and Treasurer, in consequence of ill health, tendered his resignation to take effect July 1st. Mr. Chase had labored assiduously for the institution for more than five years, and we wish him success in his new field of business.

Manning S. Campbell who had served as our hospital clerk very acceptably for a period of nine years, was appointed as Mr. Chase's successor and entered upon his official duties July 1st. Mr. Campbell brings with him much experience occasioned by his former position, and has entered upon the duties of his office with much zeal which can but insure success.

Dr. O. C. S. Davies second assistant physician, severed his connection with the institution at the close of this report, to enter upon a more lucrative position in the same speciality. Dr. Davies has served the institution with much fidelity and ability for more than seven years and the hospital suffers loss in his resignation. Our best wishes for his success go with him as he enters upon new duties.

Dr. P. H. S. Vaughan of Skowhegan, has been employed as fourth assistant in the position made vacant by the promotion of Dr. Geo. D. Rowe who has assumed that of second assistant physician. Dr. Vaughan comes to the institution highly recommended by Dr. Dascombe his preceptor and other prominent citizens of Skowhegan. The doctor's appointment awaits the action of your Board.

#### ACKNOWLEDGMENTS.

In behalf of the patients and the institution we desire to acknowledge our indebtedness to Prof. E. K. Harlow for a musical entertainment; to Miss Abbie Paine of Bangor for

a gift of Christmas cards for the patients; to F. H. Beale of Augusta for a generous donation of Christmas articles for our inmates.

To Col. Philbrook, Col. Choate, and Captain Doughty of Augusta for use of uniforms in an amateur entertainment; also to the late Major Michaelis of the Kennebec Arsenal for uniforms and other properties for the same purpose.

To the ladies of Brunswick through Mrs. Sarah L. Fish in connection with the ladies of Patten, through Mrs. Cobb for a copy of Webster's Unabridged Dictionary for the use of the convalescent ward; to Mr. Frank A. Dennis of this city for an orchestral entertainment; to W. B. Lapham M. D., for a history of Rumford for the use of the hospital library.

To J. J. Turner of Gardiner, the Misses Cross of Augusta, and Mrs. M. E. Hitch of Boston for a musical concert; to Hon. J. H. Manley of Augusta for illustrated papers and magazines; to Hon. Luther Stephenson, Jr., Governor of the Soldiers' Home for an open air concert by the Togus band, Prof. B. W. Thieme conductor; to the Reuben Glue Co., for an interesting gratuitous dramatic entertainment; to Dr. H. P. Torsey of Kent's Hill for a generous gift of money to be expended for Christmas articles for the patients.

#### CONCLUSION.

The visiting committee have been very punctual in their visits throughout the year, one member or more having visited the wards each month. My intercourse with each member has been most friendly, and I am under deep obligations for advice received, and manifest interest in the well being of the patients. All of my associates have labored with much fidelity and zeal for the welfare of the inmates and the good of the institution, for all of which they receive my hearty approbation and renewed thankfulness.

I desire to make honorable mention of the Supervisors and a large corps of attendants and other employes who have by their fidelity contributed in many ways, so much to the com-



fort of the patients, and the success of the year's labor. The fiftieth milestone in the history of the institution has been passed, the first patient having been admitted to its wards the 14th of October, 1840.

Having stepped beyond the threshold of the second half of the century, it may not be amiss to briefly review its operations thus far. Notwithstanding the institution has been fostered by the benevolence of successive legislation which has ever been characteristic of its action, yet through all of these years during its process of construction, it has absorbed the attention and demanded the constant and untiring efforts of its management. It has been fortunate through all of this period in securing the services of a long list of able and efficient Boards of Trustees, gentlemen who have stood in the very front rank of the philanthropic and business interests of the State. In its struggles for development, it has received the support of a large majority of the citizens of the State co-operating with its management.

The institution has domiciled and cared for over eight thousand patients, and restored to home and usefulness nearly three thousand of its fellow citizens. A large number committed to the hospital suffering from mania and violence and who did not become absolutely restored to reason, have so far recovered as to be able to secure partial usefulness and enjoyment among friends and relatives.

The institution in its final completion is now in a condition for increased opportunities for treatment and care, and I trust that those having its present and future interests at stake will guard its operations and secure the best possible results in the direction of its object and design. I am placed again under renewed obligations to each member of your board for your manifest confidence and support in my official acts, and bespeak for this charity that large share of future success which will insure the approbation of the citizens of the State.

## MEDICAL STATISTICS—1889-90.

### TABLE No 1.

#### MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1889.....	295	285	580
Admitted since .....	146	107	253
Number under treatment.....	441	392	833
DISCHARGES AND DEATHS.			
Recovered .....	34	31	65
Much improved.....	19	15	34
Improved .....	6	12	18
Unimproved .....	8	9	17
Died.....	45	28	73
Remaining November 30, 1890.....	329	297	626

### TABLE No. 2.

#### ASSIGNED CAUSES OF INSANITY IN THOSE ADMITTED DURING THE YEAR.

	Men.	Women.	Total.
Abortion .....	-	1	1
Army life.....	1	-	1
Business embarrassment.....	7	2	9
Critical period .....	-	5	5
Childbirth .....	-	7	7
Domestic afflictions.....	1	1	2
Domestic trouble.....	6	2	8
Dysentery .....	-	1	1
Epilepsy .....	2	2	4
Exposure .....	2	-	2
Female weakness.....	-	1	1
General paralysis.....	1	-	1
Grief .....	1	3	4
Intemperance.....	19	1	20
Injury to spine .....	-	1	1
Injury to head.....	5	1	6

TABLE No. 2.—*Concluded.*

	Men.	Women.	Total.
Injury at birth .....	-	1	1
Ill treatment.....	-	1	1
Ill health .....	6	8	14
Kidney trouble.....	-	1	1
"La grippe".....	7	4	11
Masturbation.....	10	1	11
Mumps.....	1	-	1
Over-exertion.....	7	11	18
Opium habits.....	1	-	1
Over heat .....	1	-	1
Puberty.....	1	1	2
Paralysis .....	1	-	1
Religious excitement.....	1	1	2
Senility.....	7	3	10
Sunstroke .....	-	1	1
Spiritualism.....	-	1	1
Suppressed discharge.....	1	-	1
Scarlet fever.....	1	-	1
Typhoid fever.....	1	-	1
Unknown.....	54	44	98
Veneral excesses.....	1	-	1
Worriment.....	-	1	1
<b>Total .....</b>	<b>146</b>	<b>107</b>	<b>253</b>

TABLE No. 3.  
AGES OF THOSE ADMITTED.

	Men.	Women.	Total.
Under 10 years of age.....	-	1	1
From 10 to 20 years of age.....	4	7	11
“ 20 “ 30 “ “ “.....	22	20	42
“ 30 “ 40 “ “ “.....	28	36	64
“ 40 “ 50 “ “ “.....	41	13	54
“ 50 “ 60 “ “ “.....	30	19	49
“ 60 “ 70 “ “ “.....	9	8	17
“ 70 “ 80 “ “ “.....	9	2	11
“ 80 “ 90 “ “ “.....	2	1	3
“ 90 “ 100 “ “ “.....	1	0	1
<b>Total .....</b>	<b>146</b>	<b>107</b>	<b>253</b>

TABLE No. 4.  
SOCIAL CONDITION OF THOSE ADMITTED.

	Men.	Women.	Total.
Married.....	68	50	118
Widowed.....	19	12	31
Divorced.....	1	3	4
Single.....	57	41	98
Unknown.....	1	1	2
Total.....	146	107	253

TABLE No. 5.  
DURATION OF INSANITY PRIOR TO ADMISSION.

	Men.	Women.	Total.
Not exceeding 1 month.....	40	20	60
“ “ 3 months.....	26	22	48
“ “ 6 “.....	18	9	27
“ “ 9 “.....	7	5	13
“ “ 12 “.....	14	9	22
“ “ 18 “.....	3	2	5
“ “ 2 years.....	4	11	15
“ “ 3 “.....	9	3	12
“ “ 4 “.....	4	8	12
“ “ 5 “.....	3	3	6
“ “ 6 “.....	1	1	2
“ “ 8 “.....	3	1	4
“ “ 9 “.....	0	1	1
“ “ 10 “.....	3	3	5
“ “ 12 “.....	0	1	1
“ “ 14 “.....	1	1	2
“ “ 15 “.....	0	2	2
“ “ 17 “.....	0	1	1
“ “ 20 “.....	1	0	1
“ “ 22 “.....	1	0	1
“ “ 26 “.....	1	0	1
“ “ 27 “.....	1	0	1
“ “ 32 “.....	0	1	1
“ “ 34 “.....	1	0	1
“ “ 35 “.....	0	1	1
Unknown.....	5	3	8
Total.....	146	107	253

TABLE No. 6.  
MONTHLY ADMISSIONS.

	Men.	Women.	Total.
1889, December.....	9	5	14
1890, January.....	16	11	27
“ February.....	15	5	20
“ March.....	14	8	22
“ April.....	13	15	28
“ May.....	10	9	19
“ June.....	10	13	23
“ July.....	13	11	24
“ August.....	12	7	19
“ September.....	7	10	17
“ October.....	16	8	24
“ November.....	11	5	16
Total.....	146	107	253

TABLE No. 7.  
TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

	Men.	Women.	Total.
Not exceeding 3 months.....	16	6	22
“ “ 6 “.....	11	9	20
“ “ 9 “.....	3	4	7
“ “ 12 “.....	3	4	7
“ “ 18 “.....	0	2	2
“ “ 2 years.....	1	1	2
“ “ 3 “.....	0	1	1
“ “ 4 “.....	0	1	1
“ “ 5 “.....	0	2	2
“ “ 6 “.....	0	1	1
Total.....	34	31	65

TABLE No. 8.  
CAUSES OF DEATH.

	Men.	Women.	Total.
Apoplexy . . . . .	1	-	1
Anasarca . . . . .	2	-	4
Acute Mania . . . . .	3	1	4
Anaemia . . . . .	1	-	1
Acute Melancholia . . . . .	1	2	3
Congestion of Brain . . . . .	1	-	1
Chronic Mania . . . . .	3	-	3
"    Insanity . . . . .	1	-	1
"    Melancholia . . . . .	1	3	4
"    Dementia . . . . .	1	-	1
Diphtheria . . . . .	1	-	1
Epilepsy . . . . .	3	6	9
Exhaustive Mania . . . . .	1	-	1
General Paralysis . . . . .	4	1	5
Hydropericardium . . . . .	1	-	1
Melancholia . . . . .	1	1	2
Phtisis Pulmonales . . . . .	1	3	4
Paralysis . . . . .	1	2	3
"    of the heart . . . . .	-	1	1
Senile Dementia . . . . .	2	1	3
Strangulation . . . . .	1	-	1
Terminal Dementia . . . . .	13	4	17
Typhoid fever . . . . .	1	-	1
Typhomoniasis . . . . .	-	3	3
Total . . . . .	45	28	73

TABLE No. 9.  
MONTHLY MORTALITY.

	Men.	Women.	Total.
1889, December . . . . .	1	3	4
1890, January . . . . .	7	4	11
"    February . . . . .	3	1	4
"    March . . . . .	4	2	6
"    April . . . . .	2	0	2
"    May . . . . .	8	1	9
"    June . . . . .	4	2	6
"    July . . . . .	3	4	7
"    August . . . . .	5	4	9
"    September . . . . .	3	3	6
"    October . . . . .	1	1	2
"    November . . . . .	4	3	7
Total . . . . .	45	28	73

TABLE No. 10.

AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years of age .....	2	1	3
“ 20 to 30 “ “ .....	4	2	6
“ 30 to 40 “ “ .....	6	4	10
“ 40 to 50 “ “ .....	9	8	17
“ 50 to 60 “ “ .....	6	6	12
“ 60 to 70 “ “ .....	7	3	10
“ 70 to 80 “ “ .....	9	3	12
“ 80 to 90 “ “ .....	1	1	2
“ 90 to 100 “ “ .....	1	-	1
Total.....	45	28	73

Average age at death was 50.61.

TABLE No. 11.

APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

	Men.	Women.	Total.
1 month.....	1	-	1
3 months .....	5	3	8
6 “ .....	5	2	7
9 “ .....	2	1	3
12 “ .....	1	2	3
18 “ .....	2	-	2
2 years.....	3	1	4
3 “ .....	5	2	7
4 “ .....	1	3	4
5 “ .....	3	-	3
6 “ .....	4	2	6
7 “ .....	1	-	1
9 “ .....	2	1	3
10 “ .....	1	-	1
11 “ .....	2	-	2
12 “ .....	-	1	1
13 “ .....	1	1	2
14 “ .....	1	-	1
15 “ .....	-	1	1
17 “ .....	1	1	2
20 “ .....	1	1	2
22 “ .....	1	1	2
25 “ .....	-	2	2
28 “ .....	2	-	2
30 “ .....	-	1	1
50 “ .....	-	2	2
Total .....	45	28	73

TABLE No. 12.  
OCCUPATION OF THOSE ADMITTED.

	Men.	Women.	Total.
Barber.....	1	-	1
Book-keeper.....	1	-	1
Carpenter.....	3	-	3
Clerk.....	6	-	6
Cook.....	3	-	3
Conductor.....	1	-	1
Domestic.....	-	8	8
Dress-maker.....	-	1	1
Engineer.....	1	-	1
Farmer.....	38	-	38
Factory operative.....	1	-	1
Fisherman.....	1	-	1
Gardener.....	1	-	1
Housewife.....	-	47	47
Housekeeper.....	-	17	17
Hotel clerk.....	2	-	2
Hotel keeper.....	1	-	1
Insurance agent.....	1	-	1
Laborer.....	32	1	33
Lumberman.....	1	-	1
Lawyer.....	2	-	2
Mason.....	2	-	2
Manufacturer.....	1	-	1
Merchant.....	5	-	5
Mill operatives.....	7	7	14
Music teacher.....	-	1	1
Machine agent.....	1	-	1
Nurse.....	1	1	2
No occupation.....	3	16	19
Painter.....	2	-	2
Printer.....	3	-	3
Physician.....	1	-	1
Sea Captain.....	2	-	2
Seaman.....	5	-	5
Soldier.....	1	-	1
Shoemaker.....	5	-	5
Ship carpenter.....	1	-	1
Silver-plater.....	1	-	1
Spinster.....	-	1	1
Seamstress.....	-	1	1
School girl.....	-	3	3
“ boy.....	1	-	1
Teacher.....	-	1	1
Trader.....	3	-	3
Tailor.....	1	-	1
Tailoress.....	-	1	1
Tramp.....	1	-	1
Unknown.....	3	-	3
Wash woman.....	-	1	1
Total.....	146	107	253



TABLE No. 13.  
RESIDENCE PRIOR TO ADMISSION.

	Men.	Women.	Total.
Auburn .....	2	4	6
Androscoggin jail .....	1	-	1
Augusta .....	9	5	14
Augusta jail .....	1	-	1
Anson .....	-	1	1
Abbot .....	1	-	1
Athens .....	1	-	1
Arrowsic .....	1	-	1
Bangor .....	10	4	14
Belfast jail .....	1	-	1
Brewer .....	-	2	2
Brunswick .....	3	2	5
Bath .....	3	-	3
Biddeford .....	2	3	5
Bluehill .....	-	1	1
Bowdoinham .....	-	2	2
Boothbay .....	1	2	3
Bethel .....	-	1	1
Bowdoin .....	-	1	1
Breman .....	-	1	1
Burnham .....	1	-	1
Buxton .....	1	-	1
Clinton .....	-	1	1
Crystal Pl. ....	-	1	1
Camden .....	1	-	1
Canaan .....	-	2	2
Calais .....	1	3	4
Cape Elizabeth .....	2	-	2
Cornish .....	1	2	3
Charleston .....	1	1	2
Cumberland county jail .....	1	-	1
Dover .....	-	1	1
Deer Isle .....	3	1	4
Dexter .....	1	-	1
Deering .....	1	1	2
Durham .....	1	-	1
Dixmont .....	1	-	1
Ellsworth .....	4	-	4
Exeter .....	1	1	2
Eden .....	-	1	1
Emden .....	1	-	1
Eastport .....	-	1	1
Farmington .....	-	1	1
Fayette .....	-	1	1
Foxcroft .....	1	-	1
Farmingdale .....	-	3	3
Fairfield .....	1	-	1
Fort Fairfield .....	1	-	1
Garland .....	-	1	1
Green .....	-	1	1
Gorham .....	-	1	1
Georgetown .....	1	-	1
Greenwood .....	1	1	2
Gardiner .....	3	2	5
Gray .....	1	-	1
Hollis .....	1	-	1

TABLE No. 13—Continued.

	Men.	Women.	Total.
Hampden.....	-	3	3
Hudson.....	1	-	1
Hiram.....	-	1	1
Harmony.....	-	1	1
Hartland.....	1	-	1
Hodgdon.....	1	-	1
Harrington.....	1	-	1
Knox.....	1	-	1
Lisbon.....	-	1	1
Lewiston.....	8	8	16
Limestone.....	1	-	1
Lakeville.....	1	-	1
Leeds.....	-	1	1
Machias.....	-	1	1
Milbridge.....	-	1	1
Medford.....	1	-	1
Montville.....	1	1	2
Marine Hospital, Deering.....	1	-	1
Milo.....	1	-	1
Mt. Desert.....	1	-	1
Mapleton.....	1	-	1
No. Berwick.....	2	-	2
Nobleboro.....	2	1	3
New Gloucester.....	-	1	1
Newcastle.....	-	1	1
Northport.....	-	1	1
Otisfield.....	1	-	1
Portland.....	15	5	20
Phillips.....	-	1	1
Perham Pl.....	1	-	1
Pittsfield.....	2	1	3
Pembroke.....	-	1	1
Porter.....	1	-	1
Paris.....	2	-	2
Presque Isle.....	-	1	1
Kennebunk.....	-	1	1
Rangeley.....	-	1	1
Randolph.....	-	1	1
Rockland.....	3	1	4
Saco.....	2	-	2
Standish.....	1	1	2
Solon.....	1	-	1
Strong.....	1	-	1
Sangerville.....	-	1	1
Sidney.....	1	-	1
Sanford.....	2	-	2
Shapleigh.....	1	-	1
Scarborough.....	1	-	1
Tremont.....	-	2	2
Togus.....	5	-	5
Falmouth.....	-	1	1
Union.....	1	1	2
Vassalboro'.....	1	-	1
Veazie.....	1	1	2
Windham.....	1	-	1
Woodland.....	1	-	1

TABLE NO. 13—*Concluded.*

	Men.	Women.	Total.
Waterville.....	2	1	3
Waterford.....	1	-	1
Willimantic.....	1	-	1
Winthrop.....	-	2	2
Hermon.....	-	1	1
Wiscasset jail.....	1	-	1
Woolwich.....	-	2	2
Windsor.....	1	-	1
West Gardiner.....	-	1	1
Westbrook.....	-	1	1
Winn.....	-	1	1
Wesley.....	1	-	1
Yarmouth.....	1	-	1
Total.....	146	107	253

TABLE No. 14.

## NUMBER OF ADMISSIONS OF THOSE ADMITTED.

	Men.	Women.	Total.
Admitted the first time.....	113	80	193
“ “ second time.....	22	14	36
“ “ third “.....	6	9	15
“ “ fourth “.....	-	1	1
“ “ fifth “.....	2	1	3
“ “ sixth “.....	2	1	3
“ “ seventh “.....	1	-	1
“ “ eighth “.....	-	1	1
Total.....	146	107	253

TABLE No. 15.

## NUMBER OF ADMISSIONS OF THOSE DISCHARGED RECOVERED.

	Men.	Women.	Total.
Admitted the first time.....	26	23	49
“ “ second time.....	4	2	6
“ “ third “.....	-	3	3
“ “ fourth “.....	1	1	2
“ “ fifth “.....	2	-	2
“ “ sixth “.....	-	1	1
“ “ seventh “.....	1	-	1
“ “ eighth “.....	-	1	1
Total.....	34	31	65

TABLE No. 16.  
RELIGION OF THOSE ADMITTED.

	Men.	Women.	Total.
Protestants.....	124	90	214
Catholics.....	15	16	31
Unknown.....	7	1	8
Total.....	146	107	253

TABLE No. 17.  
NATIVITY OF THOSE ADMITTED.

	Men.	Women.	Total.
Canada.....	3	2	5
Connecticut.....	1	-	1
England.....	3	-	3
France.....	-	1	1
Ireland.....	4	2	6
Louisiana.....	-	1	1
Maine.....	120	94	214
Massachusetts.....	1	2	3
Nova Scotia.....	1	1	2
New Brunswick.....	1	1	2
New Hampshire.....	3	-	3
Portugal.....	1	-	1
Rhode Island.....	1	1	2
Switzerland.....	-	1	1
Texas.....	1	-	1
Unknown.....	6	1	7
Total.....	146	107	253

TABLE No. 18—SHOWING THE OPERATIONS OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

Year.	Admitted.	Discharged.	Whole number under treatment.	Recovered.	Improved.	Unimproved	Died.	Gr'tst No. in Hos-pital on any day.	Least No. in Hos-pital on any day.	Remaining at the end of year.	Daily average No. for the year.
1840-1	120	80	129	30	14	24	5	70	1	52	48
1841-2	89	72	141	32	16	19	5	73	50	65	59
1842-3	86	84	151	32	16	31	5	72	58	68	65
1843-4	83	75	151	30	16	23	3	79	55	75	70
1844-5	99	90	175	39	21	26	2	89	71	85	80
1845-6	102	87	187	41	22	14	5	107	80	101	93
1846-7	124	100	125	53	17	20	10	125	98	124	108
1847-8	128	125	152	60	31	14	20	135	117	127	112
1848-9	123	110	150	65	22	19	14	139	121	139	126
1849-50	110	120	149	66	35	21	14	165	123	124	137
1850-1	75	122	199	22	28	40	32	125	30	76	75
1851-2	48	42	124	23	4	8	8	76	34	84	79
1852-3	126	89	210	45	14	15	15	120	84	119	108
1853-4	109	114	228	49	15	18	32	140	114	115	127
1854-5	123	88	243	41	14	14	10	155	114	155	134
1855-6	149	114	304	54	22	19	19	194	151	190	167
1856-7	144	126	334	69	24	29	14	215	190	208	204
1857-8	126	126	334	59	25	18	24	225	102	208	213
1858-9	149	120	357	58	22	23	17	240	102	237	222
1859-60	136	133	373	63	22	17	31	246	227	240	236
1860-1	135	123	375	55	25	16	27	255	239	252	248
1861-2	126	119	377	57	24	19	19	267	244	258	254
1862-3	118	111	376	52	21	14	24	266	242	265	254
1863-4	124	135	389	49	22	11	53	273	247	254	253
1864-5	142	110	396	47	25	23	24	282	254	277	272
1865-6	135	133	412	61	29	13	33	287	267	276	277
1866-7	150	123	426	54	27	11	21	303	276	303	391
1867-8	165	129	468	63	23	16	27	341	302	339	319
1868-9	150	153	489	68	28	14	42	351	332	337	342
1869-70	130	122	467	48	19	18	37	348	330	345	339
1870-1	174	151	519	58	28	21	44	376	345	368	363
1871-2	202	177	510	79	34	19	45	404	368	393	384
1872-3	200	282	593	85	36	20	53	416	388	411	400
1873-4	189	207	600	61	33	61	52	420	393	393	400
1874-5	188	178	581	66	31	27	52	408	389	403	398
1875-6	186	184	589	68	33	31	52	408	384	405	398
1876-7	194	183	599	72	35	28	46	423	397	416	411
1877-8	188	186	604	56	45	37	48	423	406	418	415
1878-9	196	195	614	53	52	60	30	432	399	419	415
1879-80	188	171	607	57	32	43	38	439	390	436	412
1880-1	215	201	651	56	57	42	46	453	426	450	442
1881-2	194	183	644	71	35	34	43	465	433	461	449
1882-3	208	205	669	53	42	22	88	467	430	464	450
1883-4	203	207	667	59	31	16	101	472	443	460	454
1884-5	249	223	709	80	54	12	77	488	459	486	474
1885-6	231	189	717	66	56	7	60	543	484	528	506
1886-7	226	202	754	82	52	14	54	556	527	552	543
1887-8	250	224	802	76	48	19	81	600	552	578	580
1888-9	225	223	803	65	60	22	76	599	561	580	579
1889-90	253	207	833	65	18	17	73	634	577	626	612

Respectfully submitted.

BIGELOW T. SANBORN, Superintendent.

MAINE INSANE HOSPITAL,  
 AUGUSTA, November 30, 1890.

## CHAPLAIN'S REPORT.

*To the Trustees of the Maine Insane Hospital:*

GENTLEMEN:—The close of another year brings with it the duty of reporting to your Board, that part of the work of the Hospital which has been for the past five years, committed to my care.

With the exception of a very few weeks, the usual services have been held in the chapel, at a stated hour each Lord's Day.

The services during the year have been attended by a good proportion of the inmates, and have been characterized almost universally, by perfect order and by careful, reverent, and to a large extent, I believe, appreciative attention. I have also held myself ready to respond to any other duty connected with the office, according to Art. XV, of the "Rules and Regulations."

As in former reports, I desire again to refer to the musical portion of the chapel exercises, under the direction of Dr. Hill, which has been of much excellence, and a very important part of the service.

Every year of my connection with the hospital has confirmed my appreciation of the value and importance of the regular hour of divine worship, as a source of comfort and help to the afflicted ones who largely compose the congregation.

All these things, together with the continued courtesy and hearty co-operation of the Superintendent, and other officers of the institution, have combined to make this part of my work as a minister of the Gospel, far from being the most destitute of encouragement and satisfaction.

I have the honor to remain yours very respectfully,

JOHN B. JORDAN, *Chaplain.*

AUGUSTA, Nov. 30, 1890.

## STEWARD AND TREASURER'S REPORT.

*To the Trustees of the Maine Insane Hospital:*

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1890.

*Total Receipts and Disbursements of Cash for Year Ending  
November 30, 1890.*

Dr			
Balance cash on hand	December 1, 1889.....	\$	385 22
Receipts for year	Hospital account.....	168,442	35
Received appropriation for new building.....		50,000	00
			\$218,827 57
Cr.			
Total disbursements.	Hospital account for the year. ...	\$161,599	82
“ “	New buildings.....	55,651	79
Balance cash on hand.....		1,575	96
			\$218,827 57

*Comparative Statement of Resources and Liabilities,  
November 30, 1889.*

RESOURCES.		
Cash on hand.....	\$ 385 22	
Due from State of Maine for support of patients.....	13,701 33	
Due from towns and individuals for support of patients.....	25,834 02	
Provisions, groceries, crockery, furniture, etc., on hand, per inventory.....	3,583 71	
Dry goods, clothing, etc., on hand, per inventory.....	4,675 26	
Coal on hand, per inventory.....	10,440 45	
Medical supplies on hand, per inventory.....	778 50	
Horses, cows, oxen, hogs and produce on hand, per inventory,	9,038 76	
Repairs and improvements, pipe fittings, lumber, and materials on hand, per inventory.....	2,578 18	
Expense, stationery, blank books and office materials on hand, per inventory.....	295 31	
Real estate, Norton house, purchased in 1886.....	900 00	
Due on account, new building.....	4,598 96	
		\$76,809 70
LIABILITIES.		
Due firms and individuals on account supplies.....	19,297 35	
Due employes per pay-roll.....	8,567 46	
Amusement fund.....	1,000 00	
Bills payable.....	5,000 00	
Coburn fund, balance interest in treasury.....	1,566 42	
		35,431 23
Net available resources as per hospital account in annual statement.....		\$41,378 47



*Comparative Statement of Resources and Liabilities,  
November 30, 1890.*

RESOURCES.		
Cash on hand.....	\$ 1,575 96	
Due from State of Maine for support of patients.....	14,997 53	
Due from towns and individuals for support of patients. ...	26,261 57	
Provisions, groceries, crockery, furniture, etc., on hand per inventory.....	6,470 95	
Dry goods, clothing, etc, on hand, per inventory.....	5,973 83	
Coal on hand per inventory.....	4,677 68	
Medical supplies on hand, per inventory.....	883 51	
Horses, cows, oxen, hogs and produce on hand, per inventory,	9,905 28	
Repairs and improvements, pipe fitting, lumber, and materials on hand, per inventory.....	2,389 13	
Expense, stationery, blank books and office materials on hand, per inventory.....	275 54	
Real estate, Norton house, purchased in 1886.....	900 00	
Real estate, Hoyt house, purchased in 1890.....	2,500 00	
Due on account, new building.....	5,651 79	
		\$82,462 77
LIABILITIES.		
Due firms and individuals on account supplies.....	28,949 57	
Due employes per pay-roll.....	3,255 59	
Amusement fund.....	1,000 00	
Bills payable.....	16,500 00	
Coburn fund, balance interest in treasury.....	2,584 81	
		52,289 97
Net available resources as per hospital account in annual statement.....		\$30,172 80

## Seventh Annual Financial State

	On Hand Per Inventory, November 30, 1889. Available.	On Hand Per Inventory, November 30, 1890. Unavailable	Trial Balance.		Net Cost of Different Departments.
	\$	\$	\$	\$	\$
Hospital account, or available.....				41,378 47	
Unavailable assets.....				56,408 40	
Cash.....			1,575 96		
Dry goods department.....	5,973 83		4,944 50		
Dispensary.....	883 51	549 79	3,715 57		2,282 27
Farm.....	7,055 47	4,633 95	10,655 84		
Garden.....	822 81			1,295 52	
Green-houses.....		1,964 30	2,676 35		712 05
Grocery.....	4,829 17		4,829 17		
General expense.....	275 54		5,129 53		4,853 99
Heating and lighting.....	4,677 68		20,421 24		15,743 56
Hog.....	2,027 00		1,514 81		
Hospital furnishings.....	649 49	48,605 86	53,907 71		4,652 36
Repairs and improvements.....	2,389 13	1,299 83	18,683 15		14,994 19
Real estate.....	3,400 00		3,318 00		
Subsistence.....	992 29			44,153 38	
New kitchen.....			1,636 85		1,636 85
New buildings, 1889.....			11,559 98		11,559 98
New building furnishings.....			2,586 25		2,586 25
Diphtheria epidemic.....			682 42		682 42
Amusement fund.....			1,000 00		
Coburn fund.....				2,584 81	
Bills payable.....				17,500 00	
Interest and discount.....				222 48	
Appropriation for new buildings, Salaries and wages (due employes).....			5,651 79		
State of Maine (owes Hospital account support of patients).....				3,255 59	
Sundry persons (owe Hospital).....			14,997 53		
Sundry persons (Hospital owes).....			26,261 57		
	33,975 92	57,053 73	195,748 22	195,748 22	
					1,645 33
					61,349 25
					9,560 34

Very respectfully submitted,

MANNING S. CAMPBELL, *Steward and Treasurer.*



## Garden Products for Year 1890.

322	..... pounds	..... Blackberries.
726	..... "	..... Currants.
109 $\frac{1}{2}$	..... "	..... Raspberries.
102	..... "	..... Strawberries.
379	..... "	..... Asparagus.
123	..... bushels	..... Apples.
155 $\frac{1}{4}$	..... "	..... Beans (string)
13	..... "	..... " (yellow eyes)
75	..... "	..... Beet greens.
28	..... bunches	..... Beets.
21,171	..... pounds	..... " (table)
43,780	..... "	..... " (mangel)
18,028	..... "	..... Cabbage.
17,495	..... "	..... Carrots.
9,564	..... "	..... Cucumbers.
21	..... bushels	..... Cucumber pickles.
27,966	..... ears	..... Corn (green)
222	..... heads	..... Cauliflower.
3,142	..... "	..... Celery.
2,445	..... "	..... Lettuce.
323	..... bushels	..... Onions.
208	..... heads	..... Parsley.
9,600	..... pounds	..... Parsnips.
144	..... bushels	..... Peas (green)
1,237	..... "	..... Potatoes.
16	..... "	..... Pears.
1,012	..... pounds	..... Rhubarb.
10,322	..... "	..... Squash.
23,098	..... "	..... Turnips (table)
13,976	..... "	..... Tomatoes.
189	..... gallons	..... Cider.
2	..... acres	..... Fodder corn.

## Farm Products.

275	..... tons	..... Hay.
8	..... "	..... Straw.
11	..... "	..... Green oat fodder.
238	..... bushels	..... Oats.
100	..... "	..... Potatoes.
68,750	..... quarts	..... Milk.

**Articles Made in the Sewing Room for the Year Ending  
November 30, 1890.**

290	Aprons.
264	Bedsacks.
343	Bandages.
6	Book covers.
3	Coats.
36	Camisoles.
30	Capes.
258	Chemise.
105	Clothes bags.
36	Curtains.
2	Carpets.
184	Pairs Drawers.
354	Dresses.
18	Frocks.
2	Pairs Mittens.
192	Napkins (hemmed)
13	Night Dresses.
146	Napkins (made from table-cloths)
2	Pairs Pants.
947	Pillow Slips.
178	“ Ticks.
1,652	Sheets.
361	Shirts.
301	Skirts.
338	Spreads (hemmed)
85	Spice Bags.
1	Sleigh Cushion.
1,920	Towels.
232	Table-cloths.
33	Waists.

**Articles Repaired.**

27	Carpets.
4	Coats.
28	Camisoles.
1	Carriage Robe.
9	Dresses.
1	Horse Blanket.
2	Night Dresses.
13	Sheets.
6	Table-cloths.

## VISITING COMMITTEE'S REPORT.

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*To His Excellency, the Governor and the Executive Council of the State of Maine:*

In compliance with the law constituting a Board of Visitors to the Insane Hospital, we respectfully submit herewith our Second Annual Report for the year ending December 3, A. D. 1890:

We have tried to follow the spirit as well as the letter of the law in the discharge of our duties.

We are pleased to report that the two new pavilions authorized by the legislature of 1889 are completed, making the capacity of the institution adequate to the present wants of the State, and also relieving the Superintendent from the great care he has had during their erection, outside his legitimate work for the patients. When these are fully furnished, with the extensive repairs and improvements that have been made of late to the other buildings, of which you have been advised in other reports, with the abundant supply of water and the present admirable facilities for lighting and heating, the institution will be placed in first-class condition throughout.

All will agree that in this northern climate of severe cold and sudden changes in the weather, that the heating of an institution of this magnitude, is one of the first and most important of all things, to the humane treatment and comfort of the patients; and to show how perfectly this is done at the present time, I will give the thermometrical record taken three times a day in all the wards for the month of December 1890, just closed, and, in the minds of all a very cold

month, and we find the total average temperature, 75.40°; and we find in six of the wards, where the patients are likely, in confusion of mind to become divested of their clothing, the thermometer indicates an average temperature of 80°, this must be very gratifying indeed, to all who have relatives or friends in the institution, and to the State, showing the management to be in the hands of those who have the best interests of the patients at heart.

And while we realize, in some degree, the trying position the attendant occupies, we are pleased to state that the complaints have been comparatively few, and none of a serious nature.

And here we would say that we heartily approve of the Superintendent's vigilance in selecting, and keeping none, as attendants but those adapted to the work, and his constant endeavor to make the Hospital a home in its truest sense for the unfortunate class committed to its care.

We would suggest that, in our judgment, the State should be very cautious in transferring criminals from our penal institutions to this, for obvious reasons. The institution was not designed for a prison but for a hospital for the treatment of the sick both in mind and body; and it is not just to the unfortunate, worthy insane to be obliged to associate with the criminal insane.

In closing this, our Second Annual Report, after two years connection with the institution, we feel pleased, and warranted in saying that we believe its affairs ably managed, the appropriations of money by the State wisely used, and the rules and regulations for the government of the same faithfully carried out.

All of which is respectfully submitted,

J. F. BRACKETT,	}	<i>Visiting Committee.</i>
S. W. CARR,		
MRS. TOBIAS LORD.		





## APPENDIX.

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[FORM OF PHYSICIAN'S CERTIFICATE.]

### STATE OF MAINE.

\_\_\_\_\_, 18—.

I, \_\_\_\_\_, of \_\_\_\_\_, county of \_\_\_\_\_, hereby certify that I have this day made a medical examination of \_\_\_\_\_, of \_\_\_\_\_, and find \_\_\_\_\_ insane, and a fit subject for treatment at the Maine Insane Hospital at Augusta.

\_\_\_\_\_, M. D.

\_\_\_\_\_, M. D.

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[FORM OF CERTIFICATE AND ORDER FOR ADMISSION.]

### STATE OF MAINE.

*To the Superintendent of the Maine Insane Hospital:*

WHEREAS, the undersigned, Selectmen (or Mayor and Aldermen,) of \_\_\_\_\_, in the county of \_\_\_\_\_, this day, on complaint made to us in writing, of \_\_\_\_\_, of \_\_\_\_\_, in said county \_\_\_\_\_, of \_\_\_\_\_, of said \_\_\_\_\_ who therein says that said \_\_\_\_\_ is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said \_\_\_\_\_, and called before us such testimony as was necessary to a full understanding of the case; whereupon, it appeared to us that said \_\_\_\_\_ was insane, and we were of opinion that the safety and comfort of said \_\_\_\_\_ and others interested, would be promoted by a residence in said Hospital, and accordingly determined that said \_\_\_\_\_ be sent forthwith, to said Institution.

We, therefore, certify that said \_\_\_\_\_ is insane and that \_\_\_\_\_ was residing commorant, and found in the town of \_\_\_\_\_, aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said \_\_\_\_\_ into said Hospital, and detain \_\_\_\_\_ in your care, until \_\_\_\_\_ shall become of sound mind, or be otherwise discharged by order of law, or by the Superintendent or Trustees.

\_\_\_\_\_ [L. S.]

\_\_\_\_\_ [L. S.]

\_\_\_\_\_ [L. S.]

[FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we \_\_\_\_\_ of \_\_\_\_\_ in the county of \_\_\_\_\_, as surety, are held and bound unto \_\_\_\_\_, Steward of the Insane Hospital at Augusta, or to his successor in office, in the sum of two hundred dollars, to the payment of which sum, well and truly to be made, we bind ourselves, our heirs, executors and administrators, firmly by these presents.

*Sealed with our Seals, and dated at \_\_\_\_\_, this \_\_\_\_\_ day of \_\_\_\_\_, A. D. 188 .*

*The conditions of this obligation are such, That whereas \_\_\_\_\_ of \_\_\_\_\_ in the county of \_\_\_\_\_, is about to be admitted as a boarder and patient at the Institution aforesaid; now, if the said \_\_\_\_\_, shall pay to said \_\_\_\_\_ or his successor, and remove the said \_\_\_\_\_, and for reasonable charges that may be incurred in case of the elopement of said \_\_\_\_\_, payment to be made quarterly, and at the time of removal, with interest on the amount after it becomes due, as aforesaid, then this obligation to be null and void; otherwise to remain in full force and virtue.*

Witness :

[L. S.]

[L. S.]

## QUESTIONS

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

1. Age?
2. Married or single?
3. Occupation?
4. How old at first attack?
5. Date of present attack? What appearances?
6. What changes since?
7. On what subjects?
8. Any rational intervals?
9. Any relations ever insane, and who were they?
10. Ever attempted suicide or homicide, and in what manner?
11. Destructive to clothes or property?
12. Disposed to filthiness of person or habits?
13. Any restraint or confinement been applied? If any, what?
14. If former attacks, how many, and how long did they continue?
15. What natural peculiarities? power of self control? temper? disposition? predominant passion? disappointment as to property, affections, loss of friends, wounded pride, family troubles, intemperance in the use of ardent spirits, tobacco, etc?
16. History of any bodily disease, especially suppressions of evacuations, eruptions, sores, &c., injuries, epilepsy, palsy, &c.
17. What cause or causes are supposed to have induced the attacks?
18. What curative means have been tried? State if blood-letting has been resorted to? If so, to what extent?

Male patients admitted into the Institution, should come provided with at least three good cotton shirts, coat, vest and pants, of strong woolen cloth, two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of under-clothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses, the woolens should be of dark color. It is quite desirable also, that a Bible or Testament should not be forgotten in the outfit.

No person over twenty-one years of age, can be received without the certificate required by the act regulating the Hospital, in the revised statutes.



RULES AND REGULATIONS

FOR THE GOVERNMENT OF THE

MAINE INSANE HOSPITAL.

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REVISED AND ADOPTED, SEPT., 1888.

MAINE INSANE HOSPITAL, BOARD OF TRUSTEES, }  
Augusta, Maine, September, 1888 }

*Voted*, That the Revised Rules and Regulations this day adopted be published for the use of the Hospital; and that the Superintendent be authorized to procure the printing of suitable number of copies.

D. O. BOWEN, *Secretary*.

The following Rules are designed for the government of the MAINE INSANE HOSPITAL. It is expected and directed that every employe at the Hospital, on the day of his engagement, shall be furnished by the Superintendent with a copy of these Regulations, that he may have no cause to plead ignorance of their requirements. A wilful violation of any of these Rules, or a neglect to conform strictly to them, by any person employed at the Hospital, whether as officer, attendant or workman, will be followed by his speedy discharge.

In the absence of definite rules the judgment must be exercised, while officers and attendants must ever bear in mind that their first duty is to secure in the greatest possible degree the comfort of those unfortunate persons who for the time being are entrusted to their care.





# Rules and Regulations.

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## ARTICLE I.

### TRUSTEES.

1. The Trustees shall hold their annual meeting in December, as required by law. They shall also hold a semi-annual meeting of the full board in June; and quarterly meetings in March and September, at such times as the President may designate, due notice of which shall be given each member by the Secretary.

2. The monthly Visiting Committees shall be designated by the President at the annual meeting, and recorded by the Secretary, who shall furnish a copy of the list to each member of the board, and to any new member that shall be appointed within the year. The time of making the monthly visit shall be designated by the member of the committee first named for that month, who shall give reasonable notice of the same to the other member of the committee.

3. At the annual meeting the Trustees shall choose, by ballot, one of their number to be President, and another to be Secretary; and they may fill a vacancy in these offices at a full board meeting called by any two members of the Board.

4. The monthly Visiting Committees, giving any especial instructions to the Superintendent or Treasurer, shall enter such instructions in a book to be kept by the Clerk for that purpose; such instructions to be signed by the committee giving them.

5. The Trustees shall at any time have authority to suspend from office the Superintendent and Treasurer, and recommend them for removal to the Governor and Council. All other resident officers shall hold their positions during the pleasure of the Trustees. The Superintendent, and Steward and Treasurer, shall give three months' notice of their intention to resign, and all other officers at least one month.

## ARTICLE II.

## SUPERINTENDENT.

1. The Superintendent shall be the executive officer of the Institution, and shall be held responsible to the Board of Trustees for the proper management of its affairs in all its departments, buildings, grounds, farm, furniture, fixtures and stock.

2. He shall, under their direction, determine what help shall be employed; instruct them in their duties, and order their discharge if deemed by him proper.

3. He shall cause to be kept, a register, in which shall be recorded the number of patients, name, occupation, residence, date of admission, sex, civil condition, age, number of admissions, time since the attack, complexion, form of disease, by whom sent, cause (if known), time in the Hospital, date of discharge or death, condition when discharged, or if dead, the apparent cause of death, and such remarks as he may deem useful.

4. He shall have charge of all patients, and all matters relative to their care; personally or through his assistants, visit daily, or oftener if necessary, all the patients, direct the diet, rest, exercise, amusement and occupation, prescribe the medicinal, hygienic, sanitary and moral treatment for each and every case. He shall define the duties of all employes at the Hospital, both officers and subordinates, in addition to those specified by law and by rules. He shall examine all complaints against employes for the violation of rules, or non-performance of duty, and investigate every charge made by the patients against attendants. He shall direct and hold accountable the Assistant Physicians, Supervisors and Attendants in the bestowal of proper care upon the patients. He shall direct and hold accountable those in charge of the farm, garden, greenhouse, laundry and kitchen departments, also the mechanics. He shall also have power to suspend, temporarily, any officer for insubordination.

5. He shall see that patients are supplied with reading matter adapted to their state of mind and condition. No literature of any kind shall be distributed unless authorized by him.

6. He shall have all of the records and every part of the establishment ready for inspection by the Trustees at any time.

## ARTICLE III.

## ASSISTANT SUPERINTENDENT.

1. The Assistant Superintendent shall be a single man, reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.

2. He shall visit all of the female patients in the granite wards, and their rooms, every morning, and as much oftener as necessary; carefully observe their condition, wants and treatment, see that those in charge are faithful, note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as he shall consider conducive to comfort or recovery.

3. He shall see that the medicines are properly administered by the Supervisoress.

4. He shall keep a case-book, in which a history of the case of every female patient under his care shall be recorded, its treatment and the result.

5. He shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives in the female wards under his care.

6. He is expected to aid the Superintendent in every way in his power in promoting the best interests of the Institution, and in the absence of that officer he shall take his place and perform his duties.

## ARTICLE IV.

## SECOND ASSISTANT.

1. The Second Assistant shall be a single man, reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.

2. He shall visit all male patients and their rooms every morning, and as much oftener as necessary, carefully observe their condition, wants and treatment, see that those in charge are faithful, note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as he shall consider conducive to comfort or recovery.

3. He shall have charge of the public office, and see that the Supervisor administers the medicines according to his instructions.

4. He shall keep a case-book, in which the history of every male patient's case shall be recorded, its treatment and result.

5. He shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives upon the male side of the house.

6. He is expected to aid the Superintendent in every way in his power; and in the absence of both of the superior officers, he shall take the place of the Superintendent and perform his duties.

## ARTICLE V.

### THIRD ASSISTANT.

1. The Third Assistant shall be a woman, unmarried, shall reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.

2. She shall visit all the female patients in the pavilion and their rooms every morning, and as much oftener as necessary; carefully observe their condition, wants and treatment; see that those in charge are faithful; note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as she shall consider conducive to comfort or recovery.

3. She shall see that the medicines are properly administered by the Supervisoress.

4. She shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives in the wards under her care.

5. She shall perform such Gynecological work in the Hospital as the Superintendent shall require.

6. She shall have charge of the dispensary and medicines, and make up the prescriptions.

7. She shall keep a case-book, in which the history of the case of every patient under her care shall be recorded, the treatment and result.

8. In the temporary absence of the Assistant Superintendent, she shall perform his medical duties in the wards.

## ARTICLE VI.

### STEWARD AND TREASURER.

1. This officer, under the direction of the Superintendent, in addition to the duties specified by law, shall attend to the safe keeping and proper use of every article for the Hospital, have the

immediate care, under the Superintendent, of all stock, horses and carriages, implements and furniture.

2. He shall keep correct accounts of all receipts and expenditures; file all papers relating to admissions; make and settle all accounts for keeping and furnishing patients; forward accounts when due; and submit his accounts and vouchers to the Trustees at their annual and quarterly visits.

3. He shall have charge of the fire department.

4. He shall, under the advice and direction of the Superintendent and of the Trustees, make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when employed thereon; perform such other duties as the Trustees direct, and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the Institution.

5. He shall be entitled to board, one furnished parlor and sleeping rooms sufficient for himself and family.

6. One or more horses shall be set aside for his use, as the Superintendent may direct.

7. All purchases outside of the ordinary daily supplies for the Institution shall be made only on requisition approved by the Superintendent, and no sales of the property of the Institution shall be made without his consent.

## ARTICLE VII.

### MATRON.

1. The Matron shall superintend the cooking, and have a general charge of the washing, ironing, bedding and clothing.

2. She shall, under the Superintendent, have a general supervision of all the domestic arrangements of the Hospital, and see that strangers and guests are received and given due attention. She shall exert her influence to promote propriety and decorum in every department, reporting to the Superintendent any important delinquency.

3. She is entitled to board, parlor and bed-room furnished.

## ARTICLE VIII.

## CLERKS.

1. The Hospital Clerk shall be held responsible to the Board of Trustees, in all matters pertaining to finance, and perform such clerical duties for the Treasurer as may be required of him by the Superintendent and Trustees.

2. He may be suspended by the Superintendent from his office, subject to the approval of the Board of Trustees.

3. He shall give bond to the Treasurer in such sum as may be deemed necessary.

4. He shall be entitled to board, furnished room, fuel and lights.

5. The other clerks of the Hospital shall be under the immediate control of their respective heads, subject to the direction of the Superintendent.

## ARTICLE IX.

## SUPERVISORS.

1. The male and female Supervisors will have the oversight of the employes of their respective wings, and will be held accountable for the faithful performance of their duties. They form the medium of communication between officers and attendants, the center building and the wards.

2. They shall attend personally to their respective duties, and shall never leave the Hospital without permission of the Superintendent.

3. It will be their duty to direct and assist the attendants in their labors, and see that the orders of the medical officers are faithfully executed. They will see that the patients are prepared to go to walk, ride, or to be out for other purposes, and will endeavor to keep the attendants employed about their galleries, or in occupying the attention of the patients in every way likely to benefit them.

4. They shall take the place of any attendant who may be absent on permission, or see that the place is properly supplied.

5. They shall report any attendant who may be absent from duty without leave.

6. They shall mark and register all clothing of the patients, and see that it is safely kept, cleansed, repaired and distributed weekly,

and as much oftener as special cases may require. They shall account for and deliver all clothing to patients when discharged.

7. They shall report in writing to the Treasurer all property injured or destroyed and by whom, that said officer may charge same to person responsible.

8. They will be very watchful to see that patients are carefully and kindly treated, and that, while walking in the Airing Court, or elsewhere, or riding, due care shall be exercised by the attendants in charge to prevent injury to, or the escape of the patients.

9. They are expected to pass all their time in the halls, will instruct new attendants in their duties, and assist in the efforts to interest and employ the patients.

10. The Supervisors must see that the dining-rooms are furnished with the necessary utensils, that the attendants take proper care of the rooms; that the cupboards are sweet and in order, the tables neatly set, and the meals properly served.

11. They will have the general charge of the beds and bedding of the halls, and if there is any deficiency existing in either, it is their duty to see that such wants are supplied.

12. It is expected that the Supervisors will be prompt to carry into practical effect, all instructions given them by the Superintendent and his assistants, and to use their personal influence in support of the spirit and design of the regulations regarding attendants.

13. The Supervisors will carry the medicines to the galleries, see that they are properly administered, and return the cups to the dispensary.

14. They shall have charge of the special diet, and see that it is properly delivered to the person for whom it is provided.

## ARTICLE X.

### ATTENDANTS AND ASSISTANTS.

1. Self-respect is enjoined on all.

2. Their dress shall be neat and clean, and they shall avoid all vulgar habits. The attendants shall wear the prescribed uniform. They must be uniformly affable and courteous to each other and the patients; must never use improper language, nor indulge in unbecomingly mirth, nor play at any games with each other, without permission of a medical officer.

3. They are never to talk with patients about their insane fancies or delusions, nor suffer others to do it.

4. No attendant shall be allowed to leave his or her charge without permission from a Supervisor, and not until he or she is relieved either by a Supervisor, or by some other attendant appointed by a medical officer, such person to be held responsible for the charge until the attendant shall return.

5. Attendants will under no circumstances allow utensils or implements for cleansing the galleries, in the hands of violent patients. None but the most inoffensive should ever be allowed to engage in such work, and these should be closely watched while thus employed.

6. The attendants shall treat the patients with uniform attention and respect, greet them with friendly salutations, and exhibit such marks of kindness and good will as evince interest and sympathy. They shall speak in a mild, persuasive tone of voice, and never address a patient rudely, or by any other than his or her proper name.

7. Patients are to be soothed and calmed when irritated, encouraged and cheered when melancholy and depressed. They shall never be rudely handled, nor more force used in any case than is necessary to prevent injury. When mild and persuasive means fail to produce compliance, a superior must be called. No provocation can justify violence in word or action. Striking a patient shall be followed by the immediate discharge of the person who gave the blow.

8. No restraining apparatus shall be applied or removed but by order of a superior. All patients are to be bathed once a week, unless otherwise ordered, and as much oftener as a medical officer directs, always in presence of an attendant, who will see that they are well rubbed and wiped dry.

9. The attendant will always wait on the table at meals, preserve order, and strive to gratify every reasonable wish.

10. The attendant is to call on the Supervisor for any clothing needed by patients for their beds or persons.

11. All sheets and bed-sacks wet with urine shall be rinsed in hot water and dried, and clean straw substituted for that which is wet or soiled.

12. Offensive feet are to be washed every day, the socks rinsed in hot water and a dry pair put on.



13. Medicines must never be left where patients can get them. The attendant must see the whole swallowed; if the *whole or any part* is refused or wasted, immediate notice is to be given to the Supervisor. *This rule admits of no discretionary action.*

14. Patients shall not be permitted to sit or lie on the damp ground, nor out of the shade in very warm weather.

15. No man employed on the premises shall hold conversation with any female at the water-closets, nor with female patients at the windows, nor allow strangers to do it. No female employed shall hold any conversation with the men at the water-closets, nor with the male patients at the windows; when accosted by the latter they must not answer.

16. Attendants are to secure perfect cleanliness and neatness in the house, furniture and patients, as far as possible; no thing is to be considered *clean* which can be made more so. This rule is to extend to all persons having charge of any portion of the premises, to the removal of every kind of filth, both in the buildings and around them, in the most speedy and least offensive manner. Water-closets, urinals and chamber vessels will require very frequent attention.

17. In the morning attendants will see that every patient is washed, as far as perfect neatness requires; their hair combed, their clothes put on and in perfect order; the rooms and galleries are to be swept, the beds made, and as many doors locked as is necessary to prevent improper use of the beds in the day time. Persons who require indulgence in this respect will have their beds and rooms put in order whenever they rise. Everything must be in order for a *complete* inspection at nine o'clock in the summer and at ten o'clock in the winter season.

18. Attention shall be given to the person and dress of the patients during the day, to preserve neatness and good order.

## ARTICLE XI.

### WATCH.

1. The night-watch, male and female, shall commence their rounds at nine o'clock in the evening, and continue them until the morning bell is rung. They shall, with a lighted lantern, as quietly as possible, visit every gallery in their respective departments at

least once an hour, and such other places as may be required, during the night, administer to any patient whatever is directed, attend to any call, and see that all fires are kept which may be required.

2. They must not sleep in the hours of duty, and will be required to labor until such time in the morning as the Superintendent may designate. They will also perform such other duties as the Superintendent may require.

3. It shall be the duty of the second night-watch, on either side of the house, to look especially after the sick, and to see that their wants are attended to during their hours of duty. They shall also visit often those patients who are uncleanly in their habits, and remove all soiled clothing and supply the same with clean articles. They shall see that the rooms are kept clean.

4. Should any fire be discovered, out of place, they will at once notify the officers and attendants, but must not give a general alarm.

5. It shall be the duty of the outside watch to patrol the outside of the buildings by such route, and hours, as shall be designated by the Superintendent, preserving careful oversight of all windows and doors of exit, and if anything unusual occurs he shall at once notify the officers.

## ARTICLE XII.

### CHIEF ENGINEER.

1. The engineer will have charge of the engine house and steam-works, including the heating apparatus, and attend to such repairs upon the water, gas and steam pipes, as may be required from time to time, provided he can do so without neglecting the duties of the engine-house.

## ARTICLE XIII.

### FARM SUPERINTENDENT.

1. This officer shall look after the interests of the farm, and in order to do this he must be constantly on the premises, never engaging in any labors that will take him away from his special duties.

2. It shall be his duty to have a careful oversight of the patients who are at work on the farm; to see that they are kindly treated, and not over worked. He shall see that they are taken from, and returned to, their respective wards. He shall report immediately to the Superintendent, any abuse or ill treatment of a patient.

## ARTICLE XIV.

## SABBATH.

1. This day shall be observed *as such* at the Hospital.
2. Visitors are not to be admitted to any part of the premises on that day, except on errands of mercy, to see relatives, etc.
3. Religious services, with or without a clergyman, will be held in the Chapel, afternoons, statedly.
4. All patients who are in condition suitable to attend Chapel services shall be made ready by those having them in charge, in season to be present, and watchfully conducted to and from that service by the attendants.
5. Officers and attendants are reminded, that such is the nature and character of their duties, that no relaxation from care and watchfulness can be allowed on the Sabbath. There is no safety but in constant and unremitting vigilance.

## ARTICLE XV.

## DUTIES OF CHAPLAIN.

1. It shall be the duty of the Chaplain to conduct the religious services at the Hospital on Sundays, and on any other occasion when his services may be needed, and have such other interviews with the patients and other inmates as the Superintendent may deem advisable.
2. He is expected to respond to the call of the Superintendent to visit the sick, or those who may desire his advice, and submit to the Trustees his annual report.

## ARTICLE XVI.

## RELIGIOUS SERVICES AND AMUSEMENTS.

1. All patients who can with propriety attend religious services and evening entertainments, shall have that privilege, and shall be conducted to the hall on such occasions by attendants detailed for that purpose by the Supervisor. These attendants will be required to maintain proper order and decorum among the patients in their charge.
2. It shall be the duty of the Supervisors to detail one or more attendants on each floor to patrol the wards in the absence of the other attendants and the patients at chapel service or evening entertainments.

## General Regulations.

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1. All persons employed are expected to conform in every respect to the terms of their engagements, one condition of which shall be conformity with these "Rules and Regulations." They are never to leave the service without first giving the notice to Superintendent and to the Steward agreed on at the time of their engagement.

2. The attendants shall not do any work for others, nor receive any compensation for services except their regular pay. No presents from patients or friends shall be accepted, but by approval of the Superintendent; nor shall any person about the Hospital sell anything to, or buy anything of a patient.

3. They are never to be absent from the Institution, or their charge, by day or night, without permission of a Supervisor. No employe shall be absent at night after nine o'clock, nor for more than half a day, without leave from the Superintendent.

4. They shall never give up a KEY to a patient, nor admit any person into the hall—not even the persons employed about the premises—without permission of a superior.

5. They shall never permit any cutting instrument in the hands of any patient, except in their presence, and under their supervision. Persons disposed to injure themselves or others, are in *no case* to be so permitted. No weapon, nor material for one, shall be allowed in the possession of any patient. If suspected to have them, immediate search shall be made by the attendant having such patient or patients in charge for the time being. Beds, flues and convenient hiding places shall be often examined. Table and carving knives and forks shall be counted after every meal, when, if it shall appear that any are missing, immediate notice shall be given to the Supervisor, whose duty it shall be to make, or cause to be made, due search for the missing articles, and when recovered, and properly

cleaned, they shall all be locked up in the closet or some secure place. They must never be carried out of the dining-rooms to be cleaned.

6. All shaving must be done in the guard-room, or other room into which only the patient being shaved shall be admitted, and the doors of that room are never to be opened when thus in use. No patient suspected of suicidal intentions shall be permitted to shave himself, nor to be present where others are undergoing that operation.

7. No lamp or lantern shall be left in a sleeping-room without orders, nor matches be left where patients can obtain them.

8. At bed time, every patient must be *seen* in bed; their day clothes removed from the room unless otherwise directed by a superior; and every door leading into or out of the gallery securely locked.

9. Each veranda or dining-room shall have a light or lantern burning during the night. All other lights in the wards shall be turned off as soon as nine o'clock p. m.

10. Every person shall be held accountable for the safe keeping of every patient entrusted to his or her care, whether in the building or elsewhere, until placed in the custody of another person authorized to receive them.

11. Attendants are to be upon the wards during hours of duty, mingling with the patients. It is not enough that the attendant supposes a patient is in his or her place, they must know it.

12. No officer or other person shall take a patient from a gallery without giving notice to the attendant. Therefore any person missing without such notice is to be regarded as having eloped, and immediate notice of such absence should be given.

13. When out to ride or walk, patients must not be allowed to separate, either at the door or elsewhere, and shall not be considered as returned until seen within the hall door. If patients escape when out for exercise, it will be considered as proof of carelessness on the part of their conductors.

14. Patients are not to be permitted to go into any house, nor have any private conversation with those they meet, without permission; nor be allowed to procure anything improper to be in their possession. Patients troublesome in these respects will only go out when a single attendant can devote his time to them.

15. Patients will not be required to retire before nine o'clock P. M., nor rise before quarter before seven o'clock A. M., from September to March; and quarter before six o'clock from March to September.

16. Female patients and such male patients as may be unable to walk, and who are in condition to ride, shall be taken out for that purpose in rotation. When the weather and traveling are suitable, at least two carriage-loads shall be taken out every week day during the year. They shall always be accompanied by some responsible person.

17. No patient shall be compelled to labor. The Superintendent may direct the organization of parties of such as are able and willing to work, and such parties shall be placed in charge of suitable persons, who shall be held responsible for their safety, treat them kindly, and return them to their halls at least half an hour before meal-time. The use of profane or coarse and brutal language by any person having the charge of patients, shall be deemed sufficient cause for immediate discharge.

18. Under no circumstances will patients be required or allowed to labor except on the Hospital premises, and for the benefit of the Institution.

19. The horses and carriages belonging to the Hospital shall be under the immediate control of the Superintendent.

20. All persons employed are expected to co-operate with the officers by endeavoring to inspire confidence in the patients towards them and in the means in use for their recovery.

21. The whole time and services of the officers and assistants belong to the Institution, and it is expected that all persons employed here, in charge of patients or otherwise, will cheerfully perform the duties required of them by the Superintendent.

22. No resident officer shall be directly or indirectly interested in any contract for the supply of any article to the Hospital for its use, or for any inmate, nor shall he receive any profit thereon, nor any present or gratuity from any person dealing with the Hospital.

23. No resident officer or persons regularly employed at the Hospital shall be allowed to hold any municipal or city office.

# Compilation of the Statute Laws.

AFFECTING THE

## MAINE INSANE HOSPITAL.

### Revised Statutes—Chapter 143.

#### APPOINTMENT AND DUTIES OF TRUSTEES.

- SEC. 1. Government is vested in six trustees, one a woman, their appointment and tenure of office.
2. Trustees shall have the general management, hold property, make rules, commence and defend suits.
  3. Appointment of superintendent, steward and treasurer, and assistants.
  4. Examinations and records of them; their pay and pay of officers.
  5. Accounts of steward and treasurer, how audited and settled. Governor and Council shall inquire into the financial affairs of hospital.
  6. Their annual meetings, and reports to the Governor and Council.

#### DUTIES OF SUPERINTENDENT.

- SEC. 7. Duties of the superintendent.
8. Same; apportionment of patients.
  9. Same; unlawful commitments.

#### DUTIES OF STEWARD.

- SEC. 10. Duties of the steward.
11. Salaries.

#### DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

- SEC. 12. Duties of parents and guardians of insane minors.

#### DUTIES OF MUNICIPAL OFFICERS.

- SEC. 13. Municipal officers shall hear and decide on cases and commit to hospital with certificate; and keep a record of their doings.
14. May certify inability to pay for his support, and steward may charge the state one dollar and fifty cents a week.

## DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

- SEC. 15. Appeal to two justices of the peace or quorum; how to be selected.
16. Town officers or justices neglecting to decide for three days; proceedings.
17. Justices shall keep a record of their doings; by whom to be paid.
18. Their order of commitment, by whom to be executed.

## EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

- SEC. 19. Town where insane person resided or was found, shall pay for his support unless a bond is given for it.
20. Also, when unlawfully committed, with expense of removal.
21. Towns have remedy for support against the insane person or those liable for his support as a pauper.
22. Interest shall be charged for board and clothing of patients after thirty days.

## DISCHARGE OF THE INSANE.

- SEC. 23. Those liable for support may apply to town officers for patient's discharge.
24. Overseers of the poor shall remove a person, when notified to do so.
25. Persons discharged under section four, how to be removed. Towns are liable for costs, upon notice.
26. Towns of less than two hundred inhabitants, are not liable.

## GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

- SEC. 27. Judge of probate may appoint guardians for persons sent to the hospital; their duties and compensation.

## GENERAL MANAGEMENT OF THE HOSPITAL.

- SEC. 28. When persons committed under section one of chapter one hundred and thirty-seven shall be discharged; when recommitted.
29. Rules for attendants shall be kept posted.
30. Punishment of attendants for intentional ill-treatment of patients.

## SPECIAL VISITATION BY A COMMITTEE OF THE COUNCIL AND ONE WOMAN.

- SEC. 31. Governor shall annually appoint a visiting committee consisting of two councillors and a woman. Their powers and duties.
32. Wilful injury to patients, how to be punished. Complaint shall be made by superintendent, or in case of his neglect, by his committee.
33. When coronor's inquest shall be held, in case of sudden death.



- SEC. 34. For preliminary commitment, what evidence of insanity is required.
35. Patients unnecessarily detained, proceedings for discharge; this provision is not applicable to persons committed by order of court.
36. Names of committee shall be posted in the wards. Patients shall be furnished with materials to write to committee, and letter boxes shall be provided, inaccessible to attendants. Exceptions.
37. Letters from committee shall be delivered to such patients unopened.
38. Hospital, when and how to be visited by committee.
39. Committee shall report to governor and council annually on December first. Their compensation.
40. Removal from office for neglect of duty.

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#### APPOINTMENT AND DUTIES OF TRUSTEES.

SEC. 1. The government of the Maine Insane Hospital is vested in a committee of six trustees, one of whom shall be a woman, appointed by the governor, with the advice and consent of council, and commissioned to hold their offices during the pleasure of the governor and council, but not longer than three years under any one appointment.

SEC. 2. They shall have the general care and management of the institution; see that it is conducted according to law, and the by-laws for its internal government and economy, which they are hereby authorized to establish, not inconsistent with law; hold in trust for the State any land, money or other property, granted, bequeathed, or given to the institution, and apply the same for the support, comfort or improvement of the insane, and the general use of the institution, and have power to bring actions, in the name of the treasurer, for all dues to the institution, and to defend all suits brought against it.

SEC. 3. Said trustees shall appoint a superintendent, and a steward and treasurer, subject to the approval, and to hold office during the pleasure of the governor and council, and all other officers necessary for the efficient and economical management of the business of the institution; all appointments shall be made according to the by-laws.

SEC. 4. There shall be a thorough examination of the hospital monthly by two of the trustees; quarterly by three; annually by a majority of the full board; and at any other time, when they deem it necessary, or the superintendent requests it. At each visit, a written account of the state of the institution, shall be drawn up by the visitors, recorded, and presented at the annual meeting of the trustees; at which meeting they, with the superintendent, shall make a particular examination into the condition of each patient, and discharge any one so far restored that his comfort and safety, and that of the public, no longer require his confine-

ment. They shall receive two dollars a day for such visits, and the same sum for every twenty miles' travel. Their accounts shall be audited by the governor and council, who shall draw their warrant on the treasurer of state for the amount due them and the other officers of the institution, except attendance on the patients and laborers on the premises, and for all money appropriated by the legislature for the insane hospital.

SEC. 5. The trustees at their next meeting after the expiration of each quarter, shall examine carefully the books and vouchers of the steward and treasurer, audit his accounts, and submit the same immediately thereafter to the governor and council for their approval, before such accounts shall be settled; and the governor and council shall, from time to time, inquire into the condition and management of the financial affairs of the institution, and make such changes as they deem judicious, in the mode and amount of expenditures and the general administration of its financial affairs.

SEC. 6. They shall hold an annual meeting on the first day of December, at which there shall be made a full and detailed report, containing a particular statement of the condition, concerns, and wants of the hospital; and this report, and the reports of the superintendent and steward, shall be made up to the first day of December and laid before the governor and council at that time, for the use of the government.

#### DUTIES OF SUPERINTENDENT.

SEC. 7. The superintendent shall be a physician; reside constantly at the hospital; have the general superintendence of the hospital and grounds; receive all patients legally sent to the hospital, unless the number exceeds its accommodations, and have charge of them, and the direction of all persons therein, subject to the regulations of the board of trustees; and annually on the last day of November, report to the trustees, the condition and prospects of the institution, with such remarks and suggestions relative to its management and the general subject of insanity, as he thinks will promote the cause of science and humanity.

SEC. 8. He shall apportion the number of patients who can be accommodated in the hospital, among the towns, according to their population by the last census; and when the applications for admission exceed or are liable to exceed that number of patients, he shall give preference to those from towns that have not their full proportion of patients in the hospital, and may reject others.

SEC. 9. When a person appears to have been unlawfully committed the superintendent shall report the case to the trustees at their next monthly meeting; and they may cause the removal of such person to the town from which he was committed. The superintendent, at each monthly visit of the trustees, shall also report to them the name of any inmate who was idiotic at the date of his commitment, or who has become so imbecile as, in his judgment, to be beyond cure, and if he thinks that

such inmate may be discharged with safety to himself and to the public, the trustees shall order his discharge and cause him to be removed to the town by which he was committed.

#### DUTIES OF THE STEWARD.

SEC. 10. The steward shall be treasurer; give bond to the trustees, in such amount and with such sureties as they deem sufficient for the safe keeping and proper disbursement of the funds of the institution, under the advice and direction of the superintendent and of the trustees; make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when employed thereon; perform such other duties as the trustees direct; and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the institution.

#### SALARIES.

SEC. 11. The compensation of all officers and employes, where salaries are not established by law, shall be fixed by the trustees, subject to the approval of the governor and council.

#### DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

SEC. 12. Parents and guardians of insane minors, if of sufficient ability to support them there, within thirty days after an attack of insanity, without legal examination, shall send them to the hospital and give to the treasurer thereof the bond required; or to some other hospital for the insane.

#### DUTIES OF MUNICIPAL OFFICERS.

SEC. 13. Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any relative, or of any justice of the peace in their town, they shall immediately inquire into the condition of any insane person therein; call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him to the hospital, with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent and trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.

SEC. 14. The officers ordering the commitment of a person unable to pay for his support may in writing certify that fact to the trustees, and that he has no relative liable and of sufficient ability to pay for it; and if the trustees are satisfied that such certificate is true, the treasurer of the hospital

may charge to the State one dollar and fifty cents a week for his board, and deduct it from the charge made to the patient or town for his support.

#### DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

SEC. 15. Any person or corporation, deeming himself or the insane aggrieved by the decision of the board of examiners for or against the insanity, may appeal therefrom by claiming an appeal within five days after the decision is made known, naming a justice of the peace and quorum on his part, and appointing a time within three days thereafter, and a place in such town or an adjoining town for the hearing, and he shall procure the attendance of such justice at such time and place, if in his power, and if not he may select another; the board of examiners shall select another justice of the peace and quorum.

SEC. 16. If the two justices neglect or refuse to decide the appeal within three days after the time appointed for the hearing, or if the municipal officers neglect or refuse for three days after complaint is made to them to examine and decide any case of insanity in their town, complaint may be made by any relative of the insane, or by any other respectable person to two justices of the peace and quorum; and the two justices selected in either of the above modes, may call before them any proper testimony, and hear and decide the case. If they find the person insane, and that he will be more comfortable and safe to himself or others, they shall give a certificate for his commitment to the hospital like that described in section thirteen.

SEC. 17. Such justices shall keep a record of their doings and furnish a copy thereof to any person interested requesting and paying for it; those deciding an appeal shall be entitled to receive for their services two dollars a day and ten cents a mile for their travel, and shall determine which party shall pay it; those deciding an original case shall charge the same fees as for a criminal examination, to be paid by the person or corporation liable in the first instance for the support of the insane in the hospital.

SEC. 18. When such justices order a commitment to the hospital, the municipal officers of the town where the insane resides or such other person as the justices direct, shall cause such order to be complied with forthwith at the expense of the town; and after such commitment is made, the justices shall decide and certify the expenses thereof.

#### EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

SEC. 19. The certificate of commitment to the hospital after a legal examination is sufficient evidence, in the first instance, to charge the town where the insane resided, or was found at the time of his arrest, for the expenses of his examination, commitment, and support in the hospital; but when his friends or others file a bond with the treasurer of the hospital, such town shall not be liable for his support, unless new action is had by reason of the inability of the patient or his friends longer to support him; and such action may be had in the same manner, and before the same tribunal, as if he had never been admitted to the hospital.

SEC. 20. The person or town, liable for the support of a person when lawfully committed to the hospital, is liable therefor, and for the expenses of his removal, when unlawfully committed and removed as provided in section nine; but the expenses of such removal shall not exceed ten cents a mile from the hospital to the place of commitment.

SEC. 21. Any town thus made chargeable in the first instance, and paying for the commitment and support of the insane at the hospital, may recover the amount paid from the insane, if able, or from persons legally liable for his support, or from the town where his legal settlement is, as if incurred for the expense of a pauper, but if he has no legal settlement in the state, such expenses shall be refunded by the state, and the governor and council shall audit all such claims and draw their warrant on the treasurer therefor. No insane person shall suffer any of the disabilities of pauperism nor be deemed a pauper, by reason of such support. But the time during which the insane person is so supported shall not be included in the period of residence necessary to change his settlement.

SEC. 22. The treasurer of the insane hospital shall charge and collect interest on all debts due to said hospital, from towns and individuals for board and clothing of patients, after thirty days from the time when they become due.

#### DISCHARGE OF THE INSANE.

SEC. 23. When any friend, person, or town liable for the support of a patient who has been in the hospital for six months, not committed by order of the supreme judicial court, nor afflicted with homicidal insanity, thinks that he is unreasonably detained, he may apply to the municipal officers of the town where the insane resides, and they shall inquire into the case, and summon before them any proper testimony, and their decision and order shall be binding on the parties. They shall tax legal costs and decide who shall pay them. If such application is unsuccessful, it shall not be made again until the expiration of another six months.

SEC. 24. When the overseers of a town, liable for the support of a patient at the hospital, are notified by mail by the superintendent, that he has recovered from his insanity, they shall cause him to be removed to their town; and if they neglect it for fifteen days, the superintendent shall cause it to be done at the expense of such town.

SEC. 25. When a patient is discharged from the hospital by the trustees, under section four, they shall cause the selectmen of the town, or the mayor of the city, from which such patient was received, to be immediately notified by mail, and on receipt of such notice said town or city shall cause such patient to be forthwith removed thereto; and if they neglect such removal for thirty days thereafter, such patient may be removed to said town or city by the trustees, or their order; and the superintendent, may maintain an action in his own name, against such city or town, for the recovery of all expenses necessarily incurred in the removal of such patient.

SEC. 26. The preceding sections do not apply to towns having less than two hundred inhabitants, but all insane persons found, and having their residence in such towns, who have no settlement within any town in the state, and who have no means of their own for support, or are without relatives able and liable to support them, shall be supported in the hospital at the expense of the state.

GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

SEC. 27. When any man or unmarried woman, of twenty-one years of age, is sent to the hospital for insanity under this chapter, the municipal officers of the town where such insane resides, when they think it for his interest and to prevent waste of his property, may apply to the judge of probate for the same county for the appointment of a guardian, and the judge, on their certificate to that effect, without notice to the insane, shall forthwith appoint some suitable guardian residing in the same county who shall give bond as in other cases, and have reasonable compensation for his services, to be allowed by the judge and paid out of the estate; but he shall not be required to return any inventory, or exercise any other powers or duties of guardian for one year after his appointment, except to provide for the support of the insane and his family, and prevent waste of his property.

GENERAL MANAGEMENT OF THE HOSPITAL.

SEC. 28. Every person committed to the insane hospital by any court, as provided in section one of chapter one hundred and thirty-seven, shall be discharged by the superintendent, if not sent for by the court, during the next term thereof after his commitment, but he is liable to recommitment by the municipal officers of the town to which he belongs, if found to be insane, to be supported in the same manner as other persons committed by said officers.

SEC. 29. The superintendent shall keep posted, in conspicuous places about said hospital, printed cards containing the rules prescribed for the government of the attendants in charge of the patients.

SEC. 30. When it appears that any such attendant treats a patient with injustice or inhumanity, he shall immediately be discharged. When the superintendent is satisfied that any attendant intentionally abuses or ill-treats an inmate of the hospital, he shall discharge him at once, and make complaint of such abuse or ill-treatment before the proper court; and such attendant on conviction, shall be fined not less than one hundred nor more than five hundred dollars, or imprisoned not more than ninety days.

SPECIAL VISITATION BY A COMMITTEE COMPOSED OF THE EXECUTIVE COUNCIL, AND A WOMAN.

SEC. 31. A committee of the council consisting of two, with whom shall be associated one woman, shall be appointed by the governor annually, who shall visit the hospital at their discretion to ascertain if the inmates thereof

are humanely treated, and they shall promptly report from time to time, in every instance of intentional abuse or ill-treatment to the trustees and superintendent of the hospital, who shall take notice thereof, and cause the offender to be punished as required by the preceding section.

SEC. 32. If any wilful injury is inflicted by an officer, attendant, or employe of the hospital upon the person of any patient therein, and knowledge thereof comes to said committee of visitors, they shall report the fact immediately to said trustees and superintendent, and if the superintendent fails forthwith to complain thereof as required by section thirty, one of said visitors shall enter a complaint before the proper court. And in trials for such offences, the statement of any patient cognizant thereof, shall be taken and considered for what it is worth; and no one connected with the hospital shall sit upon the jury trying the case.

SEC. 33. In case of the sudden death of a patient in the hospital under circumstances of reasonable suspicion, a coroner's inquest shall be held as in other cases, and the committee of visitors shall cause a coronor to be immediately notified for that purpose.

SEC. 34. In all cases of preliminary proceedings for the commitment of any person to the hospital, the evidence and certificate of at least two respectable physicians, based upon due inquiry and personal examination of the persons to whom insanity is imputed, shall be required to establish the fact of insanity, and a certified copy of the physicians' certificate shall accompany the person to be committed.

SEC. 35. If the committee of visitors become satisfied that an inmate of the hospital has been unnecessarily and wrongfully committed, or is unnecessarily detained and held as a patient therein, they shall apply to some judge of the supreme judicial court, or to the judge of the superior court, or court of probate within the county where the restraint exists, for a writ of habeas corpus, who shall issue the same, and cause the inmate to be brought before him, and after notice to the party procuring his commitment and a hearing of all interested in the question at issue, if satisfied that such inmate is not a proper subject for custody and treatment in the hospital, he shall discharge him from the hospital and restore him to liberty. But this section does not apply to the case of any person charged with, or convicted of crime and committed to the hospital by order of court.

SEC. 36. The names of the committee of visitors and the post office address of each shall be kept posted in every ward of the hospital, and every inmate shall be allowed to write when and whatever he pleases to them or either of them, unless otherwise ordered by a majority of the committee, in writing, which order shall continue in force until countermanded in writing, by said committee. And, for this purpose, every patient, if not otherwise ordered as aforesaid, shall be furnished by the superintendent, on request, with suitable materials for writing, inclosing and sealing letters. And the Superintendent shall provide at the expense of the State securely locked letter boxes, easily accessible to all the in

mates to be placed in the hospital, into which such letters can be dropped by the writer. No officer, attendant, or employe of the hospital, shall have the means of reaching the contents of these boxes, but the letters in them shall be collected weekly by some members or the committee, or by such person as the committee authorize for the purpose who shall prepay such only as are addressed to some one of the committee, and deposit them in the post office without delay.

SEC. 37. It is the duty of the superintendent, or party having charge of any patient, to deliver to him any letter or writing to him directed, without opening or reading the same, *provided* that such letter has been forwarded by the committee, or is directed to such persons as the committee have authorized to send or to receive letters without the committee's inspection.

SEC. 38. The hospital shall be visited as often as once in every month by at least one member of the committee, and this visit shall be made at irregular and not at stated periods; no previous notice, information, or intimation thereof shall be given or allowed to the superintendent, or any officer, attendant or employe of the hospital, but so far as possible, all visits shall be made unexpectedly to the superintendent and all others having the care of the hospital and its inmates; and in no case shall the committee, when making their visits through the wards, be accompanied by any officer or employe of the hospital, except upon the special request of some one of the committee.

SEC. 39. The committee of visitors shall make report to the governor and council on the first day of December annually, and as much oftener as the welfare of the patients or the public good requires, setting forth their doings and any facts with regard to the hospital which they deem important. The compensation of said committee is two dollars each a day, for the time actually spent visiting the hospital and actual travelling expenses; *provided*, that said committee do not receive compensation as councillors, for the same days in which said official visits are made to said hospital; and their accounts, including a reasonable sum for the letter carrier provided for in section thirty-six, shall be audited by the governor and council, who shall draw their warrant on the treasurer of state for the amount found due.

SEC. 40. Any person neglecting to perform the duties imposed upon him by this chapter is removable from office by the authority from whom he received his appointment, and if removed, is forever ineligible for office or place in the hospital.



STATE OF MAINE.

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IN COUNCIL CHAMBER, December 31, 1890.

Received, accepted and twenty-five hundred copies ordered printed.

ORAMANDAL SMITH, *Secretary of State.*