MAINE STATE LEGISLATURE

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PUBLIC DOCUMENTS OF MAINE

BEING THE

ANNUAL REPORTS

OF THE VARIOUS -

Public Officers Institutions

FOR THE YEAR

1890.

VOLUME I.

AUGUSTA:
BURLEIGH & FLYNT, PRINTERS TO THE STATE.
1892

REPORTS

OF THE

TRUSTEES, RESIDENT OFFICERS,

AND THE

VISITING COMMITTEE

OF THE

Maine Insane Hospital.

DECEMBER 1, 1889.

AUGUSTA:
BURLEIGH & FLYNT, PRINTERS TO THE STATE.
1890.

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OFFICERS FOR 1889-90.

Trustees.

FREDERICK ROBIE, M. D., GORHAM, President.
E. A. THOMPSON, M. D., DOVER, Secretary.
GEORGE E. WEEKS, AUGUSTA.
MRS. E. J. TORSEY, KENT'S HILL.
LYNDON OAK, GARLAND.
R. B. SHEPERD, SKOWHEGAN.

Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.
H. B. HILL, M. D., Assistant Superintendent.
O. C. S. DAVIES, M. D., Second Assistant Superintendent.
MARY CHANDLER LOWELL, M. D., First Assistant Physician.
GEORGE D. ROWE, M. D., Second Assistant Physician.
JOHN W. CHASE, Steward and Treasurer.
ALICE G. TWITCHELL, Matron.

REV. J. B. JORDAN, AUGUSTA, Chaplain.

Subordinate Officers.

MANNING S. CAMPBELL, Hospital Clerk. GEORGE B. KEENE, Assistant Hospital Clerk. OSCAR L. JOHNSON, Superintendent's Clerk. CHARLES V. LADD, Store Clerk.

Supervisors.

MALE.

FEMALE.

JOHN C. SANFORD.

GEORGE S. KIMBALL, 1st Assistant.
CHARLES H. DAVIES, 2d "

MISS MARION C. FOLSOM.

MISS KATHLEEN ROWELL, Acting
MISS NETTIE F. QUIMBY, Ass'ts.

Womens' Pavilion.
Miss ELLEN E. NICOL.

Mens' Pavilion.

JOHN E. CREAN.

W. L. SAMPSON, Engineer; W. H. ALLEN, Florist and Gardiner; HORACE B. CONY, Farm Superintendent.

Standing Committees for 1889-90.

On Conference with Legislative Committee-Oak, Robie and Thompson.

On Finance-Thompson, Oak and Weeks.

On Improvements-Shepherd, Mrs. Torsey and Robie.

On Farm Stock and Outside Property-Robie, Shepherd and Oak.

On Library-Mrs E J. Torsey and Dr. B. T. Sanborn.

On Building Committee-Thompson, Weeks, Shepherd and Dr. Sanborn.

On Recreation of Patients-Sanborn, Shepherd and Weeks.

Visiting Committee for the Year.

January—Oak and Weeks.
February—Mrs. Torsey and Thompson.
March—Full Board
April—Oak and Shepherd.
May—Robie and Mrs. Torsey.
June—Full Board.

July—Mrs Torsey and Oak.

August—Thompson and Robie.

September—Full Board.

October—Weeks and Thompson.

November—Robie and Shepherd.

December—Full Board.

TRUSTEES' REPORT.

To His Excellency, the Governor and the Executive Council of the State of Maine:

The present Board of the Trustees of the Maine Insane Hospital was organized April 10, 1889, and has had official charge of the institution since that date.

The past year has brought an unusual amount of responsibility upon those who have been called upon to watch and direct the administration of the affairs of the hospital.

The introduction and long-continuance of the fearful epidemic of diphtheria, and the constant and unexpected appearance of new cases in the hospital confronted us when we assumed our duties. We immediately gave the matter a careful and solicitous consideration. The approach of warm weather gave us the opportunity to test the efficiency of removing all the patients from the wards which had become contaminated by diphtheria to convenient and temporary barracks, which we had caused to be erected on grounds in every way conducive to health and enjoyment.

This work was executed as speedily as possible; and the infected wards during the recess were thoroughly disinfected, scrubbed and painted, before any of the patients were allowed to be returned to their former quarters. This was done at a moderate expense and without any accidents.

The trustees have the satisfaction to state that no new cases appeared after this procedure, and we feel assured that the epidemic of diphtheria has entirely disappeared from the hospital.

The general tone of the health of the patients was very much improved by this temporary out-door life, and from such an experience it might be well to provide for its yearly repetition.

STATISTICAL INFORMATION.

The statistical tables which are furnished, and the many good suggestions, in the able and detailed report of the superintendent of the hospital will be read with interest and an examination thereof will furnish valuable information.

There appears to be but a slight increase during the past year of insane patients in our State, and the hygienic and recuperative condition of the patients, and the mortality of the hospital, compare favorably with past years.

THE QUARTERLY MEETINGS AND MONTHLY VISITS OF THE BOARD.

The trustees have faithfully discharged their obligations in this respect, and from time to time have personally, carefully examined the condition of every department of the hospital, and the financial administration of its affairs.

We have found nothing material to criticise, but much that is worthy of high commendation. There have been but few instances of complaint from the patients, and as often we find such complaints to be the result of delusions and imaginary wrongs.

The important and sanitary benefit of more out of door exercise and recreation has been considered, and an apparent deficiency has been remedied by increased opportunities.

We feel that the social entertainments, which we were obliged to discontinue during the long and weary days of diphtheria, seriously impaired the happiness and retarded the improvement of the patients; and we cannot too warmly commend the continuance of semi-weekly opportunities for musical and festive entertainments, which the patients so much enjoy; and for which the trustees have made suitable additional provisions.

FINANCIAL AND BUSINESS DEPARTMENT.

The trustees through their Committee on Finance, have made careful examination of the treasurer's accounts through the year just closed. An examination of the bills representing the supplies purchased for the use of the several departments of the institution, shows that such supplies have been judiciously selected and well bought. The accounts for supplies, the accounts with the several departments of the hospital and its employes, and with State, towns and individuals, for the support and care of patients, have been examined and found correct. Every page of the journal and ledger affords evidence of pains-taking and accuracy on the part of the accomplished clerks of the treasurer's office.

The Commissary and Quartermaster's department of the hospital which calls for a very exact and methodical system of accounts, has been carefully examined, and all articles entered therein have either been accounted for, or found on hand. And the inventory of personal property and effects of the hospital is found correct.

DIPHTHERIA.

The year just closed has been an eventful year in the history of the institution. The event, which has evoked the highest satisfaction and which has been the occasion for devout thankfulness, is the disappearance of diphtheria from the hospital, the last case having occurred in June last.

Various theories have been advanced by persons living at a safe distance from contact with it, attributing its origin and continuence to unsanitary conditions at this, that, or the other point. But the faithful officers of the institution, who were present when it first appeared, who watched its development with the most intense solicitude, who studied it in all its phases, and who resisted its spread both day and night, when no human being knew who would be its next victim, with a fidelity and heroism worthy the highest commenda-

tion, believe that neither its origin, nor its continuance had the slightest connection with any unsanitary condition, either within the walls of the institution, or any of its surroundings; and this view is confirmed by the State Board of Health.

Thus, we repeat the evidence that we have received the past year from the highest medical authority, after a careful examination of the causes of diphtheria in the hospital, establishes the fact that the prime origin of the disease did not arise, neither has it been continued from any defective or bad sewerage. Its early introduction and retention have been entirely due to well understood human agencies in propagating the disease, or from infected articles subject to its influences.

During the continuance of the epidemic the physicians in charge of the patients nobly did their duty. We cannot let this opportunity pass without mentioning the fidelity of the hospital attendants—brave men and women who stood by the interests of the hospital and the demands of humanity, midst great personal danger, thus exemplifying the highest type of human heroism.

SEWERAGE.

There has been much unnecessary public criticism about a defective sewerage of the hospital, and remarks have been made of an unjust character. The hospital is well located for an excellent system of sewerage. The work as far as completed has been well done.

The trustees after the most careful examination have been unable to find any cause for complaint, and after the completion of a few immaterial changes, more to relieve the eye, the work will be faultless.

NEW BUILDINGS.

The last legislature appropriated \$100,000 for the erection and furnishing of two new buildings for the increased demands of the institution. The State also allowed the trustees, in addition thereto, to use a certain sum from the net income of the hospital for the same purpose.

Early in the season proposals were solicited, and the contract for building was awarded to Messrs. Dixon and Greenleaf of Lewiston, they being the lowest bidders. At this date the buildings are up and completely covered in. The trustees found after the erection of these buildings that considerably more necessary room could be utilized by finishing several apartments in the attics of these buildings, which was not contemplated in the original plans. It was an economic question of importance, and as it could not be done as cheaply at any other time, the trustees unanimously voted to make these additions, and thus at a very small expense furnish accommodations for a larger number of patients.

The contract for ventilating and heating the buildings was awarded to Messrs. Carmen and Thompson of Lewiston. The plumbing to Messrs. Forest and Dow of Skowhegan. In both instances these bids were the lowest. Every part of the work of the new buildings has been carefully inspected as it has progressed, and the trustees are satisfied that the work has been well and economically done. It is expected that early next season the buildings will be ready for occupancy, thus relieving the crowded condition of the hospital. The construction of the buildings as first contemplated will not exceed the appropriation.

HEATING THE HOSPITAL.

The trustees have been enabled to make a very advantageous contract with the Augusta Lumber Company without any additional expense or pecuniary liability, whereby all of the buildings of the hospital will be suitably heated at an annual expense of \$11,000. This must prove to be an actual yearly saving of from \$6,000 to \$8,000, and so far the results of the contract are satisfactory.

ALTERATIONS OF THE BUILDINGS.

Due regard for the comfort and convenience of the patients has prompted the trustees to make such improvements in every department of the hospital, as the funds of the institution will allow.

And we point with satisfaction and pride to the many changes which have been made, thus gradually rendering our State institution equal to, if not better than any similar one in the country.

VARIOUS MATTERS.

The farm, the stock and garden and the green-house has each been carefully looked after, and the result of each interest will compare favorably with previous years.

RELIGIOUS INSTRUCTION.

The religious instruction of the patients by the Chaplain has been the source and means of spiritual consolation and enjoyment. All avenues for the development of Christian faith and hope among the patients should be wisely and judiciously opened.

RECOMMENDATIONS.

There are questions which may require additional legislation, but as there can be no action until another year, we defer such matters for the next annual report.

THE SUPERINTENDENT OF THE HOSPITAL.

The trustees desire to express words of public recognition for the eminent services of the superintendent of the hospital, for his untiring and faithful watchfulness during the continuence of diphtheria, for the aid which we have received from his practical knowledge of the wants of the hospital, during the erection of the new buildings, and for many other services which are characteristic of the ability and faithfulness which have always attended his official duties.

CONCLUSIONS.

The Maine Insane Hospital, since its establisment, fortynine years ago, has been an institution of conspicuous usefulness to one of the most unfortunate classes of our citizens, and has vindicated its right to rank with the noblest charities of the age.

It has fortunately had a long line of earnest and loyal supporters. It is a difficult and responsible duty to fulfil all the requirements of a perfect administration.

We have found all the officers of the institution faithful and worthy of confidence, and what is most needed is a just understanding of its merits, and we earnestly invoke the active sympathy and co-operation of the public.

> FREDERICK ROBIE, E. A. THOMPSON, GEORGE E. WEEKS, MRS. E. J. TORSEY, LYNDON OAK, R. B. SHEPHERD,

REPORT OF BUILDING COMMITTEE.

Augusta, Maine, November 30, 1889.

To the Trustees of the Maine Insane Hospital:

Gentlemen: -By a resolve of the Legislature approved March 8, 1889. Resolved, That the trustees of the Maine Insane Hospital are hereby authorized and instructed to erect at some place on the hospital premises, according to plans now in the hands of said trustees, two buildings with connecting corridors and ducts, suitable for the accommodation of about one hundred patients each. The costs of said buildings exclusive of furnishing, shall not exceed one hundred thousand dollars. The sum of one hundred thousand dollars is hereby appropriated for the purpose above named, of which fifty thousand dollars shall be payable during the year eighteen hundred and eighty-nine, and fifty thousand dollars during the year eighteen hundred and ninety; and it is hereby provided that the trustees may draw from the accrued funds and current net income of the hospital during the years above named, such sums as may be necessary to furnish said buildings, but not more than eighty-five per cent of such funds or income shall be used in any one year. provided, that before contracts for the foregoing buildings and furnishings are made, proposals shall be advertised for, and contracts shall be awarded to the lowest bidder, with the right to reject any or all bids.

In accordance with the above resolve we herewith submit a detailed statement of cash received on account of the appropriation and disbursement for the unfinished contracts to date.

	1	1 1	
	Dr.	-	
1889.	RECEIPTS.	1	
May 25	To cash from State Treasurer	\$ 600 00	
June 10	66 66 66	1,200 00	
13	(6 (6	8,200 00	
July 13	66 66 66	5,000 00	
Aug. 1	(4 46 46	10,000 00	
31	16 66 66	5.000 00	
Sept 10		10,000 00	
27		10,000 00	
Nov. 16	" from Hospital Treas-		\$50,000 0
	urer, advanced by		. ,
	loan to carry out	1	*
	terms of contracts	4,598 96	4,598 9
	·		54,598 9
			,
	CR.		
	DISBURSEMENTS FOR BUILDINGS.	1 1	
	Paid B. M Dixon, contractor of mason work	43,762 00	
	J. A. Greenleaf, "carpenter work	8,425 00	
	for advertising proposals.	35 88	
	R. B. Capen for engineer's services	43 25	
	Committee's expenses to Lewiston		
	W A. Wall for services as Inspector	73 50	
	F. A Smith " "	386 00	*
	Augusta Lumber Co, lumber for batters		
	Loring, Short & Harmon Committee Order Book		
	H. A. Taber for sewer pipe, etc.		
	G. M. Coombs, architect, on account plans and		
	specifications		
	L POOLED WOOD IN THE STATE OF T	2,500 02	54,598 9
	I and the second		1000 U

E. A. THOMPSON,
GEORGE E. WEEKS,
R. B. SHEPHERD,
BIGELOW T. SANBORN, J

Report of the Committee on the Hospital Library.

To the Trustees of the Maine Insane Hospital:

Your Committee on the Library for the year ending November 30, 1889, having attended to its duty, now ask leave to report;

1888.	ASSETS AND RECEIPTS.	Dr.	
December 1	To deposit in Augusta Savings Bank	\$1,248	96
" 1	railroad bonds	2,000	
" 1	cash on hand	80	
1889.			
April 1	cash for coupons	60	00
October 1	" "	60	00
November 6	bank dividends	50	
11010mpor 0,,,,,,,	ball alvidonab.		
-		\$3,499	44
1888.	DISBURSEMENTS.	CR.	
	By paid for two volumes Sheriden's Memoirs		00
1889.	para ioi vii vii vii vii vii vii vii vii vii	•	•
June 6	" Medical and Surgical Reporter	10	00
" 14			90
August 23			80
September 20			00
October 12	" books; Estes and Lauriat		93
" 12	" express on books	• •	40
November 1	" Wood's Reference Hand Book of Medical		
	Sciences	48	00
" 16			50
" 26			75
" 26	" Lea Bros'. Skin Diseases		00
" 30	" papers and magazines		50
00	balance	\$3,271	
	Data noo	φυ, ειτ	
		\$3,4 99	44
	(Savings bank \$1,200 00		
•	Balance Bonds		
		\$3,271	66

MRS. E. J. TORSEY, BIGELOW T. SANBORN, Committee on Library.

SUPERINTENDENT'S REPORT.

To the Board of Trustees of the Maine Insane Hospital:

Gentlemen:—The closing of another year's hospital labor, necessitates the presenting for your consideration, a summary of what has transpired in the operations of the Maine Insane Hospital during the past twelve months; and I herewith respectfully submit the superintendent's forty-ninth annual report.

In a retrospective glance over the affairs of the institution during the period included in this report, there is manifest unmistakable evidence of the imprint of the Divine hand gently leading and guiding its multitudinous interests through all the vicissitudes of the year.

The contagion which was afflicting us so persistently at the commencement of the year, gradually subsided, and finally disappeared in June.

From the fact of this subsidence, and that in the treatment and management of so large a number of patients afflicted with either homicidal or suicidal impulses, no accidents of any character have occurred, we feel justified in concluding that our labors have been well rewarded, and that a prosperous year has been vouchsafed. The number of homicidal and suicidal patients admitted during the year is but a trifle less than 33 per cent of the whole number of admissions.

No casualties have occurred from conflagration, and we have been wonderfully preserved from accidents in the building operations which have exceeded in proportions those of any former year since the occupancy of the institution.

ADMISSIONS AND DISCHARGES.

At the beginning of the year, December 1, 1888, there were resident in the hospital 578 patients—299 men and 279 women. Two hundred and twenty-five have been admitted since—129 men and 96 women, making the whole number under treatment 803—428 men and 375 women. Of these there have been discharged 223—133 men and 90 women; leaving at the close of the year 580—295 men and 285 women.

The per cent of recoveries for the year, based upon the number under treatment is 8.09, and upon the number of admissions 28.88.

DAILY AVERAGE NUMBER AND SUPPORT OF PATIENTS.

The daily average number of patients for the year has been 578.76. They have been supported in the following manner: 44 by their own means or relatives; 79 entirely by the State, and 457 have received State aid of \$1.50 per week, towns or individuals paying the balance.

MORTUARY RECORD.

At the commencement of the present fiscal year, the epidemic of diphtheria, which made its appearance during the month of July of last year, and which had apparently abated, re-appeared with renewed vigor; and while mild in character, yet, during the month of December 13 persons were attacked, 7 attendants and 6 patients; January 4—2 attendants and 2 patients; February 3—2 attendants and 1 patient; March 1, an employee; April 1, a patient; May 4—1 attendant and three patients; June 1, a patient, and the last attacked, so that, from the first of December until the 20th of June, when the disease finally disappeared, twenty seven persons suffered from the contagion, 13 attendants and 14 patients; and, from the result of which, 1 attendant and 3 patients succumbed.

Regarding the fact that during the first half of the year we were being visited by a disease of so grave a character, the death-rate has not been large. Indeed, by comparing it with the mortuary record of last year, I find it to be a trifle smaller, the latter having been 10.1 per cent upon the number under treatment, and the former 9.46 per cent reckoned upon the same basis.

Aside from the contagion referred to, and two cases of typhoid fever, one of which not having been of a typical character, the other suffering from the malady the present month, no unusual disease has occurred, and the general health of the household has been exceptionally good.

We are again obliged to revert to the fact that during the year a large number of patients has been admitted very much advanced in years, and whom the infirmities of age make susceptible to increasing feebleness and dissolution.

The mortuary record has been perceptibly increased from the fact that there has been an unusually large number of patients admitted suffering from epileptic insanity and other incurable forms of mental derangement, eight of the former class having died.

I have already alluded to the large number of admissions suffering from homicidal and suicidal mania, and not a few of the latter class, who were suffering from melancholia, had become physically weakened before entrance to the institution and some have succumbed to their mental and physical infirmities.

With the supervision which has been afforded by increasing our force of night attendants, no patient suffering from suicidal mania has succeeded in committing self-destruction. Much vigilance has been exercised in maintaining strict watch over these formidable classes, and much credit is due to those in immediate charge.

TREATMENT OF PATIENTS.

No especially new methods have been introduced in the treatment of our patients from those of former years.

In the direction of therapeutic agencies we have continued the use of sulfonal as an hypnotic with quite uniformly favorable results. We have observed but little adverse subsequent effects, and in many cases it has produced restfulness and sleep; and whenever necessary to continue the use of a soporific we much prefer it to any of the various preparations of opium.

We have recently introduced chloralamid as an hypnotic, and although further use and observation will be necessary before we can intelligently recommend the drug for the purpose of producing sleep, yet thus far we are favorably impressed with its effects.

In the treatment of diphtheria, while we brought into requisition all of the various medicinal remedies regarded as beneficial, yet we are of the opinion that the various chalybeate preparations, especially the tineture of chloride of iron, quinine and stimulants are of the most service in the treatment of this disease.

For disinfecting we have relied mainly upon bi-chloride of mercury solution as per report of last year, and for fumigating, upon the action of sulphuric acid on chloride of lime, and the fumes of sulphur.

I desire to mention the efficiency in the renovation of the male wards where the disease was largely confined.

Under your directions, the first of July barracks in the park were completed and occupied, accommodating some eighty patients. This arrangement enabled us to vacate an entire flat at one time, which was thoroughly disinfected, fumigated and renovated. This renovation was carried on by flats until the old wings for men were thoroughly cleansed, repaired and made ready for occupancy.

The removal to the barracks, I believe, conduced to the physical well-being of our patients, and I am able to report

that no accidents occurred among the patients or attendants during this change of domicile which covered a period of three months.

As there has been no reappearance of the contagion since its final subsidence in June, I believe that the steps taken toward a more complete renovation of the male wards demonstrate the wisdom of your decision.

I have observed beneficial effects upon our patients resulting from the opportunity afforded them the past autumn of returning to their accustomed entertainments, which for a year they had been deprived of.

Since last September we have not only held religious services in our chapel but have resumed our secular entertainments, which occur two evenings in each week regularly, consisting of music, dancing and dramatics.

We shall endeavor during the coming winter and spring, until the weather becomes suitable for the patients to get out of door much of the time during the day, to introduce entertainments of varied characters, and at present some of the officers and employes are arranging for a system of dramatic entertainments, one of which is nearly ready to be presented.

Convinced as we are that these diversions conduce so much, not only to the comfort and contentment of our patients, but prominent factors in restoration as well, who shall carry forward various secular exercises at least, twice each week until the weather becomes warm in the spring.

During the summer extra attendants were hired to afford an opportunity for our patients to remain much of the time in the open air, and whenever the weather was suitable they have spent several hours both forenoon and afternoon of each day out about the premises. The usual number of paroles have been granted, and without any ill results accruing therefrom.

We have endeavored to find employment for a large number of patients during the farming season, and the usual number have labored a portion of the time each day in the various industrial departments of the institution.

NEW ANNEXES.

The purpose of the resolve of the last legislature in appropriating one hundred thousand dollars (\$100,000) for the erection of two additional pavilions, with connecting corridors and tramways, one for men and one for women, has been carried into execution so far as possible within the time which has elapsed.

The contract for the brick and mason work with B. M. Dixon of Lewiston, has been efficiently and faithfully executed; and at the close of this report, Mr. Dixon's contract is almost completed, so far as it relates to the wing for men; and the brick work upon the wing for women is finished and the building is ready for plastering. The brick work of the connecting corridors, should the weather prove favorable, will be completed in a few days.

The contract for the carpenter work which was awarded to John A. Greenleaf of Auburn, has been carried forward in connection with the brick and mason work, and both wings are closed in and thoroughly slated, so that they are securely protected from the weather. There has been no leaking through the roofs during the recent rains, and this part of the contract seems to have been well carried out.

In compliance with your directions and under the supervision of our efficient engineer, Mr. Sampson, both pavilions and corridors have been entirely piped for gas.

By the completion of these structures, which are 150x48 feet each, the institution will be relieved of its crowded condition, and will afford additional accommodations.

I desire to state in this connection that the plans were most thoroughly studied with the architect, and I believe that every arrangement is made with due regard to the comfort and convenience of the occupants, and many improvements have been introduced which do not exist in the older part of the institution.

The parlors are commodious, and are constructed with deep bay-windows which furnish a large amount of sunlight.

The dining-rooms are convenient and the accommodations ample; and the specifications, already arranged for the plumbing of the bath-rooms and dining-room sinks, designate the most approved methods of the present day.

The contract for the above work was awarded to Messrs. Forrest & Dow of Skowhegan, and it will be carried into execution the coming winter.

Temporary heat is already being introduced to enable the carpenter to carry forward his work during the approaching winter.

A 6-inch water main from the water works has been introduced into the basements of the new buildings in order that stand-pipes may be established for fire purposes, and to furnish the necessary water supply.

REPAIRS AND IMPROVEMENTS.

In this connection I desire to say that under the direction of the engineer, repairs in the heating apparatus, including renovation of boilers and steam piping, were completed during the summer and autumn, and they are now in a suitable condition for winter use.

The usual repairs and improvements have been made in and about the institution, including the patching and reslating of roofs.

The erection of the two pavilions has necessitated considerable change in our system of sewerage, and by direction of the Building Committee, a substantial cast iron pipe, 360 feet in length, with thoroughly leaded joints, has been laid, under the supervision of Henry A. Tabor, from the main sewer at the north end of the granite wards for women, extending to the basement of the new annex for men, to receive the sewage from the two new buildings. An 8-inch tile pipe has also been laid for the superficial and deep water drainage of the same structures.

Also, the system of sewerage for the two pavilions already occupied has been changed during the autumn, so that the sewage from these buildings makes its exit through the soil pipe established for the new annexes. The sewerage in these departments of the institution is completely renovated, and is in a most excellent sanitary condition.

RECONSTRUCTION OF KITCHEN.

Agreeable to a vote of your Board, the old floor of the kitchen, which was in a very dilapidated condition, has been replaced by a substantial fire-proof one.

Steel beams and brick arches were substituted for the old wooden floor timbers, which had become much decayed, and, upon this foundation has been suitably laid a tile floor of slate. Larger and more modern steam jacket kettles have been adopted in place of the old ones, which had become much worn from long use, and a new 22-foot range has been purchased and placed in position, of nearly double the capacity of the old one.

While a few weeks must necessarily supervene before the kitchen will be entirely completed, yet it is sufficiently so to make it apparent that it will be much more convenient than formerly, and that the facilities for furnishing the institution with food will be very much increased.

During the process of this renovation we were obliged to erect a temporary kitchen, and were much inconvenienced in consequence, but were enabled to supply the demands of the hospital without very much embarrassment.

Arrangements are being made to place a new plunger elevator in the kitchen, and a new sewer has been established in the basement to receive the refuse material from the sinks which will enable us to keep the kitchen proper in a more cleanly condition.

The plans and specifications for this alteration in the kitchen were drafted by G. M. Coombs, architect, Lewiston, Maine.

NEW METHOD OF HEATING.

In consequence of the contract made with the Augusta Lumber Company for heating the institution, it will be necessary to enlarge our steam mains, and a 10-inch main will be substituted at the engine-house for the present 6-inch.

But little has been accomplished in this direction to date; but as soon as the piping arrives which has been contracted for, our steam mains will be renovated and enlarged throughout, and the work will be prosecuted as rapidly as possible. The contract for doing this work was awarded to Messrs. Carmen & Thompson of Lewiston.

We also anticipate that steam will be introduced from the Augusta Lumber Company's main in the course of a week or ten days.

LIBRARY.

At the commencement of our recent epidemic it was thought advisable to withhold all books belonging to the hospital library from the wards, and during the winter and spring months our people were deprived of this important auxiliary. It affords me pleasure, however, to report that we are again issuing books, much to the delight and benefit of our inmates.

In consequence of this deprivation we concluded that it would be expedient to expend more of the library funds for daily newspapers, and periodicals, as they would be much less likely to become a source of contamination in the event of a contagious disease making its appearance.

Accordingly, we have perfected arrangements with the publishers of nearly all the daily papers in the State to forward us two copies regularly at reasonable terms.

I am strongly impressed with the belief that our patients receive as much comfort and benefit from perusing the daily papers as from any reading matter that we are able to furnish them. Quite a number of the leading illustrated periodicals and magazines are distributed throughout the wards regularly.

For a detailed statement of the library funds, you are respectfully referred to the report of the Library Committee.

FARM AND GARDEN.

The farm, under the immediate supervision of Mr. Cony, has been fairly productive. The hay crop was above the average, and, regarding the fact that the latter part of the haying season was unfavorable, the yield was well harvested. The supply of oats was not up to the average, but other crops compare favorably with those of former years, in quantity and quality.

The garden, under the efficient management of Mr. Allen, is increasing in fertility year by year. It has also been enlarged several acres, and much labor has been accomplished in this department during the past autumn, in subsoiling, removing bowlders and general improvements. The garden is becoming more and more a source of profit to the institution, and its yield of potatoes this season was large and of excellent quality. The garden also furnishes agreeable and healthy employment to a large number of the inmates.

FUTURE NEEDS.

I would respectfully call your attention to the fact that the ward reserved for our sick and helpless women, is not sufficiently commodious to meet the increasing demands of the institution. Therefore, I would suggest, that at the earliest practicable date when the finances of the hospital will admit, a larger ward be selected, renovated and suitably arranged for the accommodation of this class of patients. I will not, however, at this time, present a plan which I have to some extent formulated.

It will be necessary another spring to further renovate the wards in which our diphtheritic patients were treated, and to establish a more modern system of bath-rooms and sewers.

I would also recommend that a suitable building be erected in the park with a capacity to accommodate at least, thirty patients, so that in the event it should become necessary to repair or repaint a ward, a convenient domicile would be afforded our patients during such process. I also believe that a limited residence of our patients in such a building would conduce to their happiness and well-being. In the event, also, of a contagious disease occurring, which is so likely where so many people are congregated, such a building would offer necessary protection and accommodation.

There seems to be further need of suitable industries for our patients; and I would recommend that, as soon as our finances will allow, some steps be taken to furnish additional facilities for the employment of such a class as would be benefited thereby.

I will not at this time suggest what action should be taken in this direction, but simply leave the matter for your consideration.

ACKNOWLEDGEMENTS.

I desire to acknowledge our renewed indebtedness to Gen. Luther Stephenson, Jr., governor of the Soldiers' Home, for a most excellent open air concert by the Togus band, Prof. B. W. Thieme, conductor. To Dr. H. P. Torsey, Kent's Hill, we extend sincere thanks for a generous gift of money with which to purchase Christmas presents for our inmates. I also feel under obligations to the Hospital Dramatic Club for the deep interest it is manifesting in the direction of amusing the patients during the approaching winter evenings. I also feel indebted to the Hospital Orchestra and Choir for efficient and valuable services.

CONCLUSIONS.

Referring to the summary of the varied labors of the hospital year just closed, not only in endeavoring to ameliorate the physical and mental infirmaties of the inmates, but in the amount of labor and means expended to maintain all departments of the institution in the best possible sanitary condition, we are led to conclude that at no prior period has it been in possession of better opportunities for usefulness, and

as we are about to enter into the performance of another year's duties, we would humbly implore a continuance of Divine recognition.

To the visiting committee, composed of two members from the governor's council and Mrs. Tobias Lord of Standish, I am under many obligations, not only for the great interest it has manifested in the welfare of the institution and its inmates, but for uniform courtesy, and intelligent counsel.

Agreeable to a vote of your board, in July last I employed Geo. D. Rowe, M. D., of Oakland, Maine, as fourth assistant physician. Dr. Rowe entered upon his duties with much intelligence and interest, and he is a valuable acquisition to our medical staff. I would recommend his appointment.

To my associates in office I feel indebted for the deep interest they have manifested in all matters pertaining to the welfare and promotion of the institution, and for the ability and promptitude with which they have at all times executed my directions.

To my stenographer, O. L. Johnson, I feel under personal obligations for the efficiency and promptness with which he has performed the clerical duties of my office.

To you, gentlemen, I desire to give expression of profound gratitude for your uniform courtesy and cordial co-operation at all times in carrying forward the work of this great charity.

MEDICAL STATISTICS—1888-89.

TABLE No. 1.

MOVEMENT OF POPULATION.

	Men.	Women.	Total.
Remaining November 30, 1888	299	279	578
Admitted since	129	96	225
Number under treatment	428	375	803
DISCHARGES AND DEATHS.			
Recovered	31	34	65
Much improved	14	9	23
Improved	24	13	37
Unimproved	15	7	22
Died	49	27	76
Remaining November 30, 1889	295	285	580

TABLE No. 2.

Assigned Causes of Insanity in Those Admitted During the Year.

		,	
	Men.	Women.	Total.
A poplexy	-	1	1
Business embarrassment	4	-	4
Critical period of life	_	9	9
Constipation	_	ĺil	í
Congestion of brain	1	Ī	$ar{f 2}$
Domestic affliction	_	8	8
Domestic trouble	6	3	9
Disappointment	5	1 1	6
Epilepsy	6	5	11
Grief	- 1	1 1	1
Heredity	9	1 1	10
Injury of spine	ĭ	î	2
Injury of head	ī	1 - 1	1
Ill health	9	[7	16

TABLE No. 2.—Concluded.

	Men.	Women.	Total.
Masturbation	13	_	13
Over-exertion	5	4	9
Puberty	1	1	2
Puerperal	_	1 1	1
Paralysis	2	1	3
Religious excitement		2	5
Spinal disease		-	1
Siphilis		1	ī
Senility			4
Sunstoke		_	. 1
Spiritualism		1 1	. 9
Shock (electric)			
Typhoid fever		1 _	9
Worriment	ī	_	ĩ
Unknown	51	43	94
Total	129	96	225

TABLE No. 3.

Ages of Those Admitted.

							Men	Women.	Total.
From	10 to 20	years	of age	 	 	• • • • • •	3	3	6
	20 to 30							18	42
"	30 to 40	66						25	53
46	40 to 50	46						24	48
"	50 to 60	66				• • • • • •		13	29
"	60 to 70							9	28
44	70 to 80	16						4	16
"	80 to 90					•••••		_	3
,	Fotal			 	 		129	96	225

TABLE No. 4.
Social Condition of Those Admitted.

	Men.	Women.	Total.
Married	56	50	106
Widowed	7	11	18
Divorced	2	2	4
Single	56	32	88
Unknown	8	1	9
Total	129	96	225

TABLE No. 5.

Duration of Insanity Prior to Admission.

				Men.	Women.	Total.
Vot 6	xceedi	no 1	month	34	26	60
4.	11		nonths	22	12	34
"	"	6	44	17	10	27
4.6		9	44	2	1 7	9
"	"	12	46	15	8	23
	"	18	,,	3	2	5
4.6			************************	4	3	7
4.6	66	3	years	3	5	
"	46		***************************************	3 4	- :	9
	45	4 5	***************************************	3	3 3	1
	"	6	,,	2	3	0
"	"	8	"	1	2	0
46	"	10		2	0 1	0
16	66		66	2	0	2
		11	•••••••••	1		Ţ
**	46	14	**	1	0	1
"	• •	18	"	=	1 1	I
"	"	20	"	1	1 1	2
	"	25	"	-	1 1	1
"	"	28	"	1	- 1	. 1
"	"	55	"	1	-	1
Jnki	nown	• · • • •		12	9	21
,	Γotal			129	96	225

TABLE No. 6.

Monthly Admissions.

	Men.	Women.	Total.
888. December	4	5	9
889, January	9	8	17
" February	10	2	12
" March	8	7	15
" April	12	9	21
" May	14	10	24
" June	16	9	25
"July	10	7 1	17
" August	11	10	21
" September	14	9	23
" October	10	12	22
" November	11	8	19
Total	129	96	225

TABLE No. 7.

Time of Treatment of Patients Discharged Recovered.

				Men.	Women.	Total.
	xceedi	ng 3 r	nonths	14	10	24
4 6	"	6	"	8	8	16
"	"	9	"	3	9	12
"	46	12	"	2	1	3
"	"	18	"	4	6	10
,	Total		·	31	34	65

TABLE No. 8.

Causes of Death.

	Men.	Women.	Total.
Apoplexy	1	_	1
Anæmia of the brain	-	1	1
Dementia	1	1 1	2
" chronic	1	-	1
" acute	2	- 1	2
" senile	5		5
" terminal	9	1	10
Dysentery	_	2	2
Diphtheria	3	_	3
Epilepsy	5	3	8
Fever, typhoid	2	_	2
Hepatitis, chronic	ī		ī
Hydropericardium	_	2	2
Melancholia	1	_	ī
" acute	1	2	6
" chronic	2	ī	9
Marasmus	ĩ		i
Mania, acute	$\frac{1}{2}$	_	9
" chronic	4	1	1
Paralysis, general.	5	1	5
	3	5	9
Paralytic insanity.	3	_	
Phthisis pulmonalis	ı	3	4
1400110	-	1 1	1
Thypho-mania	-	4	4
Total	49	27	76

TABLE No. 9.

MONTHLY MORTALITY.

	Men.	Women.	Total.
888, Decomber	5	2	7
889, January		2	5
"February	ĭ	2	3
" March.	Â	اَمَا	8
"April	4	3	7
"May	4	ĺil	5
"June	3	3	6
"July	3	i	ı ă
"August	9	5	14
"September	4	_	4
"October	4	2	6
"November	5	2	7
Total	49	97	76

TABLE No. 10.

AGE AT DEATH.

							Men.	Women.	Total.
rom	10	to	20	vears	of age		. 2	_	2
			30	٠.,	••		. 4	2	6
"	30	to	40	66	"		. 5	4	9
"	40	tυ	50	"	"		. 12	7	19
"	50	to	60	* 6	66		. 8	7	15
"	60	to	70	"	"		. 7	5	12
"	70	to	80	"	"		. 8	2	10
"	80	to	90	"	66		. 3	-	3
т	ot:	.1				·	49	2.7	76

Average age at death was 51.58 years.

TABLE No. 11.

Approximate Duration of Insanity Prior to Death.

		Men.	Women.	Total.
1 m	onth,	-	2	2
	onths	2	3	5
6	46	5	5	10
9	"	3	1 1	4
8	"	4	i i i	5
	ars	7	4	11
3 "		5	2	7
4 "	•	4	2	6
5 "		4	2	6
6 .	•	1	-	1
7 "		ī	1 1	2
8 "	•	3	1 1	3
9 "		5	_	5
1 0		_	1	1
3 0		1	1 1	1
4 "	,	_	1 1	1
5 6	,	ī	1 1	1
7 6	,		1 7 1	1
2 6	,		1 1	1
_	,	1	-	1
3 6	***************************************	ī	- 1	1
8 .		1	- 1	1
6 "	•	-	1 1	1
т	Total	49	27	76

TABLE No. 12.

Occupation of Those Admitted.

	Men.	Women.	Total
xe and scythe maker	1	_	
Blacksmith	$\bar{2}$	_	2
Barber	ī	_	ī
Book agent	ī	1 - 1	ī
Book-keeper	î	_	i
Basket maker	î	_	î
ooper	î	_	î
look	_	1	î
Carpenter	4	1 1	4
Herk	6		6
utter	i	-	ì
	2	-	5
Conductor	_	11	11
Oomestic	-	11	11
Ingineer	2	- 1	
armer	42	-	4
isherman	1	1 - 1]
'ireman	l		_]
lousewife	-	51	51
Iousekeeper	-	13	13
Iarness-maker	1	-]
lotel keeper	1	-]
aborer	22	1	23
umberman	1	-	1
Mill operatives	2	5	
Merchant	6	- 1	•
Ausician	1	-	
To occupation	2	6	8
Painter	1	-	
ervant	_	1 1	1
eaman	7	-	•
tone-cutter	i	i - 1	
ail-maker	ĩ	- 1	-
eamstress	_	2	
oldier	9		
pinster	_	2	•
chool girl	_	ī	
chool boy	1	1 1	1
alesman	î	1 1	1
Ceamster	i	1 - 1	i
Ceacher		2	
	4		Ź
Jnknown			

TABLE No. 13.

RESIDENCE PRIOR TO ADMISSION.

Bath 1 2 8 1 2 1 2 8 1 2 8 1 2 8 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1		Men.	Women.	Total
Augusta.	Auburn	1	4	5
Albion	Augusta	5	4	g
Andover Bangor		_		Ĭ
Bangor 4 8 Basth 1 1 Berwick 1 - Biddeford 3 2 Bowdoinham 1 1 Prewer - 1 Bridgton 1 1 Brunswick 1 2 Brownfield 1 2 Brownfield 1 2 Brownfield 1 2 Buxton 1 2 Buxton 1 - Buxton 1 - Brooks 1 - Buxton 1 - Brooks 1 - - Brooksert <td< td=""><td>Andover</td><td>_</td><td></td><td>i</td></td<>	Andover	_		i
Bath Belfast.		4		12
Belfast			1	1
Berwick		~ 1		2
Biddeford 3 2 Blowdoinham 1 1 1 1 1 1 1 1 1	Berwick	_	1	
1 1 1 1 1 1 1 1 1 1	Biddeford			1
Strewer 1 3 3 3 3 3 3 3 3	Bowdoinham.		- :	5
Bridgton 1 1 Browswiek 1 2 Browsfield 1 2 Burkham 1 2 Burtham 1 2 Buxton 1 - Brooks 1 - Bape Elizabeth 1 - Bape Elizabeth 1 - Broesca 1 - - <t< td=""><td>Brewer</td><td></td><td>- :</td><td>2</td></t<>	Brewer		- :	2
Strunswick 1	Bridgton	- ,	- 1]
Stocksport	Sminemials			2
Bucksport 1 2 Burnham 1 - Burnham 1 - Books 1 - Jarthage 1 - Jorinna 1 - Jorinna 1 - Janden 1 - Jamber 1 1 Jamber 1 1 Jarratunk Pl - 1 Jenesterville 2 - Chesterville 2 - Chesterville 1 - Jumberland 1 - Denmark 1 - Jasteriol 1	Prompfield	-	2	3
Burton		_	-]
Suxton			2	3
Brooks 1			-	1
Carthage. 1 - Corinna 1 - Calais 1 2 Carratunk Pl. 1 1 Aarratunk Pl. 1 1 Chestorville 2 - China 1 1 China 1 - Cumberland 1 - Dennysville 1 - Dennysville 1 - Dixfield 1 - Dixmont 2 - Each 3 1 Eliot 1 - Elisworth 2 - Embden 1 - Eustis 1 - Fort Fairfield 1 2 Farmington 3 - Foxeroft 2 1 Farmington			- :	
Description 1 2 2 2 2 2 2 2 2 2	Srooks		_]
Salais			-]
Cape	Jorinna	1	-]
Aspect Elizabeth. 1 1 Garratunk Pl. 1 1 Chelses 1 - Chestorville. 2 - China 1 - China 1 - China 1 - Jumberland 1 - Denmark 1 - Denmark 1 - Juxifield 1 - Dixmont 2 - Castport 1 - Siden 3 1 Sliot 1 - Slisworth 2 - Costis 1 - Fort Fairfield 1 2 Carmington 3 - Fox Foxer oft 2 1 Gayette 1 - Gardiner 3 - Googetown 1 - Hallowell 2 - Handen 1 - Holden 1 - H	Calais	1	2	9
Arratunk Pl.		_	1	
Chestorville		1	1	
Chestorville	Sarratunk Pl	_	1	
hina 1 linton 1 lumberland 1 Denmark 1 Jennysville 1 Dixfield 1 Dixmont 2 castport 1 Eden 3 Stliot 1 Clisworth 2 Bubden 1 Custis 1 Fort Fairfield 1 Carmington 3 Foxeroft 2 Sardinor 3 deorgetown 1 Hallowell 2 Jampden 1 Hartland 1 Hodgdon 1 Holden 1 Hollis 1 Lope 2 Houlton 1 Ludson 1	Phelsea	1	-	
Thina	Chesterville	2	-	-
Damberland. 1 - Denmark 1 - Dennysville. 1 - Dixfield 1 - Dixmont 2 - Eastport 1 - Edden 3 1 Eliot 1 - Elisworth 2 - Elmbden 1 - Eustis 1 - Fort Fairfield 1 2 Farmington 3 - Foxeroft 2 1 Fayette 3 - Georgetown 3 - Hallowell 2 - Hampden 1 3 Hartland 1 - Hodgdon 1 - Holden 1 - Houlton 1 - Houlton 1 - Hudson 1 -	China	1	_	1
Damberland. 1 - Denmark 1 - Dennysville. 1 - Dixfield 1 - Dixmont 2 - Eastport 1 - Edden 3 1 Eliot 1 - Elisworth 2 - Elmbden 1 - Eustis 1 - Fort Fairfield 1 2 Farmington 3 - Foxeroft 2 1 Fayette 3 - Georgetown 3 - Hallowell 2 - Hampden 1 3 Hartland 1 - Hodgdon 1 - Holden 1 - Houlton 1 - Houlton 1 - Hudson 1 -	Clinton	1	1 1	
Dennysville.	Sumberland	1	-	
Dennysville.			_	-
Dixfield 1 - Dixmont 2 - Eastport 1 - Eden 3 1 Eliot 1 - Elisworth 2 - Embden 1 - Eustis 1 - Fort Fairfield 1 2 Farmington 3 - Foxcroft 2 1 Fayette - 1 Jardiner 3 - Georgetown - 1 Hallowell 2 - Hampden 1 3 Hartland 1 - Hodgdon 1 - Holden 1 - Houlton 1 - Houlton 1 - Hudson 1 -	Dennysville		1 1	- 1
Dixmont	Dixfield	1	_ 1	
Eastport 1 Eden 3 Elliot 1 Ellsworth 2 Embden 1 Eustis 1 Fort Fairfield 1 Farmington 3 Foxeroft 2 Fayette 1 Gardiner 3 Jeorgetown 1 Hallowell 2 Hampden 1 Hodgdon 1 Holden 1 Holden 1 Hollis 1 Hope 2 Houlton 1 Houlton 1 Hudson 1	Dixmont			
Eden 3 1 Eliot 1 - Elistworth 2 - Embden 1 - Eustis 1 - Fort Fairfield 1 2 Farmington 3 - Foxcroft 2 1 Fayette 1 - Fardiner 3 - Georgetown - 1 Hallowell 2 - Hampden 1 - Hodgdon 1 - Holden - - Hollis 1 - Hope - 2 Houlton 1 - Hudson 1 -	Eastport			
Eliot			1	
Ellsworth 2 Embden 1 Embden 1 Eustis 1 Fort Fairfield 1 Farmington 3 Foxeroft 2 Fayette 1 Gardiner 3 Jeorgetown 1 Hallowell 2 Hampden 1 Hodgdon 1 Hodden 1 Hollis 1 Hope 2 Houlton 1 Houlton 1 Hudson 1	Eliot		2	-
Smbden 1 Eustis 1 Fort Fairfield 1 Farmington 3 Fayette 2 Fayette 1 Fardiner 3 Feorgetown 1 Hallowell 2 Hampden 1 Hartland 1 Hodden 1 Holden 1 Hollis 1 Hope 2 Houlton 1 Houston 1	Ellsworth		-	
Sustis 1 Fort Fairfield 1 Farmington 3 Foxeroft 2 Fayette 1 Bardiner 3 Heorgetown 1 Hallowell 2 Hampden 1 Hartland 1 Hodgdon 1 Holden 1 Hollis 1 Hope 2 Houlton 1 Houlton 1 Hudson 1	Embden	_	-	
Fort Fairfield 1 2 Farmington 3 - Fox croft 2 1 Fayette - 1 Bardiner 3 - Seorgetown - 1 Hallowell 2 - Hampden 1 3 Hartland 1 - Hodgdon 1 - Holden - 1 Hollis 1 - Houlton 1 - Houlton 1 - Hudson 1 -	Eustis		- i	Ī
(armington. 3 Foxeroft. 2 1 (ayette. 1 (ardiner. 3 (aeorgetown. - 1 Hallowell 2 - 1 ampden 1 3 1 artland 1 - Hodgdon 1 - 1 clolden - 1 1 clollis 1 - 1 clope 2 1 cloulton 1 - 1 cloulton 1 - 1 cloudson 1 -	Fort Fairfield		- 0	
Coxeroft	Parmington.		2	3
Tayette 1 Jardiner 3 Jeorgetown 1 Hallowell 2 Jampden 1 Jartland 1 Jodgdon 1 Jolden 1 Jope 2 Joulton 1 Judson 1 Judson 1	Toxeroft			3
bardiner 3 decorgetown 1 Hallowell 2 Hampden 1 1 artland 1 Hodgdon 1 Holden 1 Hollis 1 Lope 2 Houlton 1 Houlton 1 Hudson 1	Sa vetta	Z	1	
Heart Hear	lardinar		1 1	Ī
Iallowell 2 Jampden 1 Lartland 1 Hodgdon 1 Holden 1 Iope 2 Loulton 1 Hudson 1	Lacricatown	3	-	:
fampden 1 3 Hartland 1 - Hodgdon 1 - Holden - 1 Hollis 1 - Hope - 2 Houlton 1 - Hudson 1 -	Jollowell		1	
I	Iamidan	_	-	2
Indeptex Indeptex	Instituted		3	4
Indeen	Taruand	_	-	1
1	nouguon	1	1 - 1	1
1	lolden	-	1 1	
1 2 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	iollis	1	-	j
iudson 1	lope	-	2	2
iudson 1	doulton	1	-	i
Sennebunkport	Hudson	1	_	í
Kingfield	Cennebunkport	_	1 1	í

TABLE No. 13—Continued.

	Men.	Women.	Total.
Kittery		1	1
Knox	1	î	$\hat{2}$
Lewiston.	4	4	8
Linneus	_	2	2
Lubec	- 1		í
Lagrange		1	î
Machias	_	î	î
Madison	_ 1		i
Marion	_ *	1	i
Mattawamkeag	Ξ	î	1
Millbridge	Ξ	î	î
Milo.	_	î	î
Monticello	3		3
Mt. Vernon.	_	1 1	ĭ
Newburgh	1	- 1	i
Newport			2
New Portland	1	1 4 1	ĩ
Norridgewock	i	-	1
North Berwick	1	-	i
Newcastle	_ 1	1	i
Noble boro'	- 1	- 1	i
New Vineyard		1	1
Oakland	_	2	2
Oldtown	- 1	1 4	í
Orono .	i	- 1	2
	1	1 1	í
Orrington	. 1	- 1	i
Oxford	- 1	1	1
Orland	ì	-	1
Paris.	ì	1 1	2
Parsonsfield	î	1	ĩ
Patten		1	i
Perry	_	i	i
Poland	- 1	_ 1	i
Portland	9	5	14
Princeton	-	i	î
Richmond	2	-	2
Rockland.	2	2	4
State Prison	4.	-	4
Saco	2	2	4
Sanford	ī	ī	2
Searsmont	1	-	1
Searsport	1	-	1
Sebago	-	1 1	1
Skowhegan	1	-	1
Solon	-	1	1
South Berwick	1	-	1
Standish	_	1	1
St. Albans	1	-	1
Strong	1	-	1
Surry	1	-	1
Stetson	_	1 1	1
St. George	1	-	1
Togus	11	-	11
Topsham	-	1	1
Proy	_	1	1

TA	RI.	TC 1	No.	13-	Conc	luded.
I A	DL	P.	NO.	1.0	$\cup onc$	ишиеи

	Men.	Women.	Total.
Turner	1 - 1 -	1 2 - 1	1 1 2 1 1 1
Total	129	96	225

TABLE No. 14.

Number of Admissions of Those Admitted.

		Men.	Women.	Total.
Admitte	d the first time	. 99	73	172
44	" second time	. 18	13	31
• 6	" third "	-	3	10
"	" fourth "		3	6
"	" fifth "	1 -	3	ŭ
"	" sixth "	- }	i	î
"	" seventh "		-	i
Tota	al	129	96	225

TABLE No. 15.

Number of Admissions of Those Discharged Recovered.

			Men.	Women.	Total.
Admitte	d the	first time	23	22	45
66	44	second time	. 4	4	8
46		third "	. 1	3	4
"	"	fourth "	1	_	2
4.6		fifth "	-] 3]	- ā
"		sixth "		2	2
M1 - 4 -	. 1	· · · · · · · · · · · · · · · · · · ·	21	34	es

TABLE No. 16.

RELIGION OF THOSE ADMITTED.

	Men.	Women.	Total.
Protestants Catholics Unknown	15	75 19 2	177 34 14
Total	129	96	225

TABLE No. 17.

NATIVITY OF THOSE ADMITTED.

	Men.	Women	Total.
Canada	6	1	7
Cape Breton	1	1 - 1	i
England	4	3	7
Ireland	5	5	10
Massachusetts	_	1 1	1
Maine	92	72	164
Nova Scotia.	ī	1 1	2
New Brunswick	$\bar{2}$	3	5
New Hampshire	1	3	4
Scotland	ī	1 1	2
Wales	_	l il	ī
Unknown	16	5	21
Total.	129	96	225

TABLE No. 18. Showing the Operations of the Hospital from its Commence-MENT TO THE PRESENT TIME.

Year.	Admitted.	Discharged.	Whole number under treatment.	Recovered.	Improved.	Unimproved	Died.	Gr't'st No. in Hospital on any day.	Least No. in Hospital on any day.	Remaining at the end of year.	Daily average No.
1840-1 1841-2 1842-3 1843-4 1844-5 1845-6 1846-7 1847-8 1848-9 1849-50 1850-1 1851-2 1852-3 1853-4 1853-4 1855-6 1856-7 1857-8 1858-9 1849-60 1860-1 1861-2 1862-3 1863-4 1864-5 1866-7 1867-8 1868-9 1869-70 1870-1 1871-2 1872-3 1873-4 1874-5 1875-6 1876-7 1877-8 1878-9 1887-9 1887-9 1887-9 1887-9 1887-9 1887-9 1878-9 1887-9 1878-9 1878-9 1878-9 1878-9 1878-9 1878-9 1878-9 1887-9 1878-9 1878-9 1887-9 1878-9 1878-9 1887-9 1887-9 1887-9 1887-9 1887-9 1887-9 1887-9 18880-1 1881-2 1882-3 1883-4	120 899 866 83 999 1022 1244 1288 126 1099 144 126 133 149 144 126 135 150 165 150 174 120 120 189 188 186 188 186 187 199 199 199 199 199 199 199 19	80 72 81 75 70 90 87 100 120 120 122 42 48 81 114 126 126 123 123 123 123 123 123 124 125 126 127 127 128 128 128 128 128 128 128 128 128 128	129 141 151 151 175 187 125 150 149 124 210 228 243 334 357 375 376 389 396 412 426 468 489 467 519 510 581 589 604 614 667 644 667	30 3 2 2 3 3 3 2 3 3 3 2 3 3 3 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 4 1 1 5 3 3 6 6 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6	14 166 166 166 166 167 177 177 177 177 177	24 19 31 23 26 14 20 19 21 10 10 10 10 10 10 10 10 10 10 10 10 10	55 55 32 55 100 2014 144 322 100 114 247 119 247 243 243 25 227 424 453 522 522 552 552 648 483 484 483 883 883 883 883 883 883 8	70 73 72 79 89 107 125 135 125 125 125 124 246 255 225 246 273 282 226 266 273 341 351 351 351 351 351 365 404 408 408 408 408 408 408 408 408 408	11 500 588 555 71 800 988 555 71 121 123 300 117 121 123 300 102 227 239 1244 242 247 254 247 254 247 254 302 247 254 302 332 345 368 389 384 433 345 345 345 345 345 345 345 345 34	52 65 68 75 75 85 101 124 76 84 119 115 155 155 190 208 208 237 240 252 225 254 277 276 277 276 333 339 345 341 448 449 4460 4460 4460	48 59 65 70 80 93 108 112 126 137 75 108 127 124 213 222 236 248 254 253 272 271 319 342 339 363 384 400 400 398 398 415 415 415 415 415 415 415 415
1884-5 1885-6 1886-7 1887-8	249 231 226 250 225	223 189 202 224 223	709 717 754 802 803	80 66 82 76 65	54 56 52 48 60	12 7 14 19 22	77 60 54 81	488 543 556 600 599	459 484 527 552 561	486 528 552 578 580	474 506 543 580 579
Respectfr											

Respectfully submitted.

BIGELOW T. SANBORN, Superintendent.

MAINE INSANE HOSPITAL,
AUGUSTA, November 30, 1889.

CHAPLAIN'S REPORT.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN—I have the honor of once more submitting to you my report as chaplain of the hospital for the year 1889.

During a large portion of the year, the prevailing epidemic in some parts of the institution rendered it unadvisable to assemble the inmates for Divine services. I have reasons for believing that the regular chapel service was greatly missed by many of those who had been accustomed to come together for worship.

In September, regular services were resumed, and have been maintained since that time in the usual way. The order and close attention of those who attend chapel service are very marked; and no one can be present without being impressed that this part of the hospital work is especially beneficent. The gospel of the Son of Man has in it the power of bringing comfort and courage to those who are in any way depressed.

And we may reasonably hope that many who attend the Sunday services, receive such comforting assurances, and a reminder that "we have not an high priest which cannot be be touched with the feeling of our infirmities, but who was in all points tempted alike as we are."

A very important part of these services is the music by hospital choir, under the direction of Dr. Hill. The close, reverent, sometimes tearful attention which is given to this, testifies to the fact that memories of other days and better things come into the heart and thought of those who listen. I am under personal obligations to the choir and its leader for their part of the work.

I assure you, gentlemen, that it is more than a matter of form, that I renew my expressions of appreciation of the uniform kindness and constant interest shown by Dr. Sanborn, and the others associated with him, in that part of the work which has been in my care.

Respectfully submitted,

JOHN B. JORDAN,

Chaplain.

AUGUSTA, Nov. 30, 1889.

STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1889.

Total Receipts and Disbursements of Cash for Year Ending November 30, 1889.

Receipts of cash for year. Hospital account 149	,653 23 ,224 27	ĺ
Receipts of cash for year. Hospital account 149	,224 27	ĺ
Receipts of cash for year. Hospital account 149	,224 27	ĺ
Received appropriation for new building	00 000.	1
		\$201,877 50
Cr.		-
Total disbursements. Hospital account for the year \$146	,893 32	1
	598 96)
Balance cash on hand	385 22	
		\$201,877 50

Comparative Statement of Resources and Liabilities, November 30, 1888.

Resources.				
Cash on hand	\$ 2,653	23		
Due from State of Maine for support of patients	13,676	95		
Due from towns and individuals for support of patients	26,817	00		
Provisions, groceries, crockery, furniture, etc., on hand, per		- 1		
inventory	3 998	11		
Dry goods, clothing, etc., on hand, per inventory	3,933	54		
Coal on hand, per inventory	12,945			
Medical supplies on hand, per inventory	757			
Horses, cows, oxen, hogs and produce on hand, per inventory	8,721	86		
Repairs and improvements, pipe fitting, lumber and materi-	, ,	-		
als on hand, per inventory	2,479	86		
Expense, stationery, blank books and office materials on	2,			
hand, per inventory	196	0.5		
Real estate, Norton house, purchased in 1886	900			
Mear estate, Morton nouse, purchased in 1000	300	00	\$77,079	aa
LIABILITIES			φ11,010	00
Due firms and individuals on account supplies	20,993	93		
Due employes per pay-roll				
Amusement fund				
			l	
Bills payable	1,260			
Coburn fund, balance interest in treasury	1,200	Uti		20
Not ampliable measures on you Hamitel account in annual			36,839	30
Net available resources as per Hospital account in annual	1		\$40,240	20
statement	ŧ	1	\$40,240	09

Comparative Statement of Resources and Liabilities, November 30, 1889.

RESOURCES.		- 1		
Cash on hand	\$ 385	22		
Due from State of Maine for support of patients	13,701	33		
Due from towns and individuals for support of patients	25,834			
Provisions, groceries, crockery, furniture, etc., on hand, per	,	1		
inventory	3,583	71		
Dry goods, clothing, etc., on hand, per inventory	4,675			
Coal on hand, per inventory.	10,440			
Medical supplies on hand, per inventory	778 8			
Horses, cows, oxen, hogs and produce on hand, per inventory.	9,038			
	9,030	10		
Repairs and improvements, pipe fittings, lumber, and mate-	6 5 50 3			
rials on hand, per inventory	2,578	19		
Expense, stationery, blank books and office materials on	905 6			
hand, per inventory	295 3			
Real estate, Norton house, purchased in 1886	900 (
Due on account, new building	4,598 9			
_		\$	\$76,809	70
LIABILITIES.	1	- 1		
Due firms and individuals on account supplies	19,297 3			
Due employes per pay-roll	8,567	16		
Amusement fund	1,000 (00		
Bills payable	5,000 (00		
Coburn fund, balance interest in treasury	1,566	12		
			35,431	23
Net available resources as per hospital account in annual		-		
statement		1 9	641,378	47

Sixth Annual Financial State

	On Hand Per Inventory, November 30, 1889. Available.	On Hand Per Inventory, November 30, 1889. Unavailable	Trial Balance.	Net Cost of Different Departments.
Hospital account, or available. Unavailable assets. Cash. Coal and gas department. Dry goods "Dispensary "Farm "Garden "Green-houses "Grocery "General expense "Hog "Hospital furnishing Repairs and improvement Real estate. Subsistence. New kitchen New buildings, 1889. Diphtheria epidemic Amusement fund. Coburn fund. Bills payable. Interest and discount. Appropriation for new buildings, Salaries and wages (due employee) State of Maine (owes Hospital) Sundry persons (Hospital owes).	10,440 45 4,675 26 778 50 6,687 49 833 27 2,410 59 295 31 1,518 00 532 84 2,578 18 900 00 640 28	537 07 4,201 64 1,748 31 47,688 14 1,233 24	9,751 21	222
			in unavailable assets in available assets	
		Net i	ncrease	6,259 96

Very respectfully submitted,

JOHN W. CHASE, Steward and Treasurer.

ment, November 30, 1889.

Net Production or Gain of Different Departments.	Hospital	Hospital Account. Unavailable Assets.			Assets Unavailable.	Assets Available.	Liabilities.
\$	\$	\$ 240.60	\$	*	\$	\$	\$
************		40,240 69		51,286 22			
•••••			• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •		385 22 10,440 45	ĺ
1,351 73			••••			4,675 26	
					537 07	778 50	
1,137 92 1,108 94					4,201 64	6,687 49 833 27	
		••••	••••		1,748 31		
*****		••••••				2,410 59 295 31	
8 53					:=:::::::::::::::::::::::::::::::::::::	1,518 00	
•••••	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	· · · · · · · · · · · · · · · · · · ·	47,688 14 1,233 24	532 84 2,578 18	
72 00			••••			900 00	
45,334 65			••••			640 28	
•••••			•••••		1,000 00		1,566 42 6,000 00
408 44			•••••			•••••	1
•••••	••••	••••				4,598 96	
••••			••••			•••••••	8,567 46
•••••••					· • • • • • • • • • • • • • • • • • • •	13,701 33 25,834 02	
************							19,297 35
49,422 21		1,137 78	••••	5,122 18			
Bal Hos. acc't unav. as'ts	41,378 47		56,408 40				
	41,378 47	41,378 47	56,408 40	56,408 40			
	To	tal availal	ble assets			76,809 70	
			lable asse		56,408 40	56,408 40	
		" assets	and liabil	ities unt		133,218 10	35,431 23 41,378 47 56,408 40
						133,218 10	
		Proof	• • • • • • • • • •	••••	******	100,410 10	100,210 1

Garden Products for Year 1889.

89poundsBlackberries.
366 " Currants.
512
201 "
131 "
207 bushelsApples.
230 " " (cider)
35 "Beans (green)
$6\frac{1}{2}$
60 "Beet greens.
76 bunchesBeets.
9,470 (table)
39,000 " (mangel)
4,881
14,540
14,927Cucumbers.
45bushelsCucumber pickles.
30,606ears
42headsCauliflower.
2,724 "
1,391Lettuce.
75bushelsOnions.
194Parsley.
4,200poundsParsnips.
$78\frac{1}{2}$ bushelsPeas (green)
1,112
935
32,000Quash.
11,010tumps (more)
1,000 ··································
•
50bushelsTomato pickles.

Farm Products.

$250\ldots$	tons	Hay.
10		Straw.
$25\ldots$		Corn fodder.
35 0	bushels	Oats.
30		Beans.
65,299	quarts	Milk.

Articles Made in the Sewing Room for the Year Ending Nov. 30, 1889.

318	Aprons.
309	
12	
4	Bureau covers
	hemmed.
87	Camisoles.
24	
459	
81	
1	
77	
266	
400	
26	
11	
206	
29	
290	
	table-cloths.
2	Pair Overalls.
1,348	Pillow Slips.
84	
80	
2 ,103	
530	
433	
228	Spreads hemmed.
1,803	
124	
49	

VISITING COMMITTEE'S REPORT.

To His Excellency, the Governor and the Executive Council of the State of Maine:

The Visiting Committee to the Maine Insane Hospital herewith respectfully submit for your consideration their annual report of the condition of that institution for the year ending Nov. We have confined ourselves very 30th, A. D. 1889. closely to our well defined duty in visiting the hospital, viz: "To ascertain if the inmates thereof are humanely treated." This your committee regard as a very responsible duty, as all will agree that no class of suffering humanity has a larger claim on our sympathies than those bereft of reason. We think that with the extensive and expensive repairs on the buildings, including the Chapel and Amusement Hall of which you have been advised in other reports, and with the two new pavilions authorized by the legislature of 1889, to be ready for use in the near future, the capacity of the institution will be such as will fully meet the requirements of the State for the present, as we are pleased to state that there has been no marked increase of patients the past year, and none refused admission that have applied for treatment.

The year opened with a somewhat confused condition of matters at the hospital caused largely by the existence and trying ordeal through which the institution had just passed with diphtheria, but we feel more than pleased to be able to report the hospital entirely free from that or any other epidemic at the present time, and that it is in the enjoyment of a good degree of prosperity. This is most gratifying as in our judgment nothing conduces more to the comfort and improvement of the patients than frequent change and a large variety of amusements, recreations and religious services, which for a time were necessarily suspended. We noticed

during the time of disinfection of the buildings that the patients that were taken out and kept outside for awhile were so well cared for that instead of being depressed or discomforted by the change they enjoyed it, and were apparently improved.

The facilities for heating, lighting and water supply to the institution are good and sufficient for all purposes. The ventilation and cleanliness of all parts of the institution have always been highly satisfactory. We have examined the beds and bedding and have found a sufficient amount, and in good condition; also the wearing apparel of the patients tidy and comfortable. The system of letter boxes has been continued throughout the year, and to some of the patients this is a source of evident satisfaction.

We have frequently visited the kitchen and examined the supplies and methods of cooking and also the dining rooms at meal time. For a part of the year the institution has labored under disadvantage while the kitchen was undergoing repairs. These repairs have been extensive. kitchen is now thoroughly supplied with new and improved apparatus; this with an improved system of conveying food, with the abundant supplies we have always found and under the supervision of so efficient and faithful a person as the present Matron, we believe will remove all cause for complaint in this important department. All of these things we think to be essential to the humane treatment of the patients. and with these, and most important of all, with their care in humane hands, the State can be assured that the inmates of its asylum are comfortably situated.

It is but simple justice to add that the Superintendent and his associates are admirably adapted to this work, and, having made it a business and study, are rendering valuable service to the State.

All of which is respectfully submitted.

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J. F. BRACKETT, S. W. CARR, MRS. TOBIAS LORD,

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APPENDIX.

[FORM OF PHYSICIAN'S CERTIFICATE.]

STATE OF MAINE.

I,, of, county of, hereby certify that I have
this day made a medical examination of, of, and find
insane, and a fit subject for treatment at the Maine Insane
Hospital at Augusta.
, M. D.
M. D.

[FORM OF CERTIFICATE AND ORDER FOR ADMISSION.]

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

Whereas, the undersigned, Selectmen (or Mayor and Aldermen,)
of, in the county of, this day, on complaint made to
us in writing, of -, of -, in said county -, of -, of said
who therein says that said is insane, and is a proper
subject for said Hospital, made due inquiry into the condition of
said -, and called before us such testimony as was necessary to
a full understanding of the case; whereupon, it appeared to us that
said - was insane, and we were of opinion that the safety and
comfort of said and others interested, would be promoted by
a residence in said Hospital, and accordingly determined that said
be sent forthwith, to said Institution.

We, therefore, certify that said ————————————————————————————————————
CALL CONTRACT CONTRAC
[Form of Bond for Support.]
Know all Men by these Presents, That we — of — in the county of —, as surety, are held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in office, in the sum of two hundred dollars, to the payment of which sum, well and truly to be made, we bind ourselves, our heirs, executors and administrators, firmly by these presents. Sealed with our Seals, and dated at — , this — day of — , A. D. 188.
The conditions of this obligation are such. That whereas —— of —— in the county of ——, is about to be admitted as a boarder and patient at the Institution aforesaid; now, if the said ——, shall pay to said —— or his successor, and remove the said ——, and for reasonable charges that may be incurred in case of the elopement of said ——, payment to be made quarterly, and at the time of removal, with interest on the amount after it becomes due, as aforesaid, then this obligation to be null and void; otherwise to remain in full force and virtue. Witness: [L. S.] [L. S.]

QUESTIONS

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

- 1. Age?
- 2. Married or single?
- 3. Occupation?
- 4. How old at first attack?
- 5. Date of present attack? What appearances?
- 6. What changes since?
- 7. On what subjects?
- 8. Any rational intervals?
- 9. Any relations ever insane, and who were they?
- 10. Ever attempted suicide or homicide, and in what manner?
- 11. Destructive to clothes or property?
- 12. Disposed to filthiness of person or habits?
- 13. Any restraint or confinement been applied? If any, what?
- 14. If former attacks, how many, and how long did they continue?
- 15. What natural peculiarities? power of self control? temper? disposition? predominant passion? disappointment as to property, affections, loss of friends, wounded pride, family troubles, intemperance in the use of ardent spirits, tobacco, etc?
- 16. History of any bodily disease, especially suppressions of evacuations, eruptions, sores, &c., injuries, epilepsy, palsy, &c.
- 17. What cause or causes are supposed to have induced the attacks?
- 18. What curative means have been tried? State if blood-letting has been resorted to? If so, to what extent?

Male patients admitted into the Institution, should come provided with at least three good cotton shirts, coat, vest and pants, of strong woolen cloth, two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of under-clothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woolens should be of dark color. It is quite desirable also, that a Bible or Testament should not be forgotten in the outfit.

No person over twenty-one years of age, can be received without the certificate required by the act regulating the Hospital, in the revised statutes.

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RULES AND REGULATIONS

FOR THE GOVERNMENT OF THE

MAINE INSANE HOSPITAL.

REVISED AND ADOPTED, SEPT., 1888.

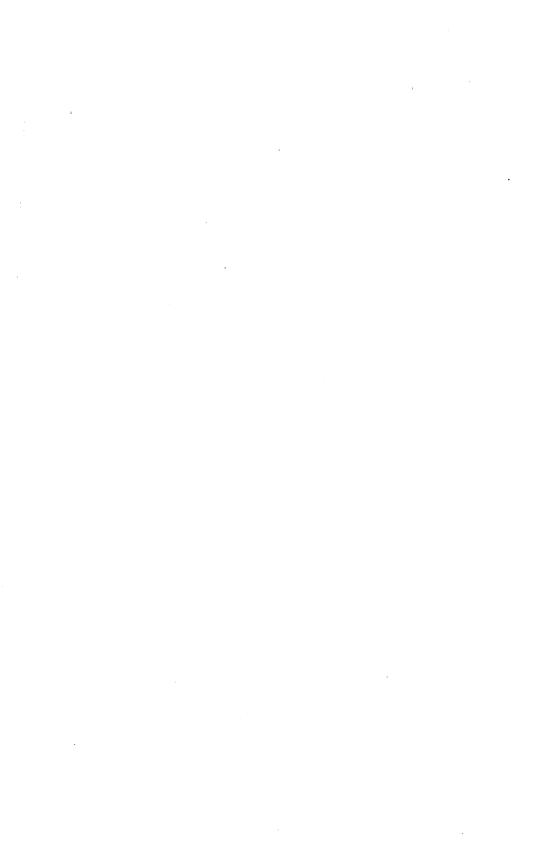
Maine Insane Hospital, Board of Trustees, Augusta, Maine, September, 1888.

Voted, That the Revised Rules and Regulations this day adopted be published for the use of the Hospital; and that the Superintendent be authorized to procure the printing of suitable number of copies.

D. O. Bowen, Secretary.

The following Rules are designed for the government of the Maine Insane Hospital. It is expected and directed that every employe at the Hospital, on the day of his engagement, shall be furnished by the Superintendent with a copy of these Regulations, that he may have no cause to plead ignorance of their requirements. A wilful violation of any of these Rules, or a neglect to conform strictly to them, by any person employed at the Hospital, whether as officer, attendant or workman, will be followed by his speedy discharge.

In the absence of definite rules the judgment must be exercised, while officers and attendants must ever bear in mind that their first duty is to secure in the greatest possible degree the comfort of those unfortunate persons who for the time being are entrusted to their care.



Rules and Regulations.

ARTICLE I.

TRUSTEES.

- 1. The Trustees shall hold their annual meeting in December, as required by law. They shall also hold a semi-annual meeting of the full board in June; and quarterly meetings in March and September, at such times as the President may designate, due notice of which shall be given each member by the Secretary.
- 2. The monthly Visiting Committees shall be designated by the President at the annual meeting, and recorded by the Secretary, who shall furnish a copy of the list to each member of the board, and to any new member that shall be appointed within the year. The time of making the monthly visit shall be designated by the member of the committee first named for that month, who shall give reasonable notice of the same to the other member of the committee.
- 3. At the annual meeting the Trustees shall choose, by ballot, one of their number to be President, and another to be Secretary; and they may fill a vacancy in these offices at a full board meeting called by any two members of the Board.
- 4. The monthly Visiting Committees, giving any especial instructions to the Superintendent or Treasurer, shall enter such instructions in a book to be kept by the Clerk for that purpose; such instructions to be signed by the committee giving them.
- 5. The Trustees shall at any time have authority to suspend from office the Superintendent and Treasurer, and recommend them for removal to the Governor and Council. All other resident officers shall hold their positions during the pleasure of the Trustees. The Superintendent, and Steward and Treasurer, shall give three months' notice of their intention to resign, and all other officers at least one month.

ARTICLE II.

SUPERINTENDENT.

- 1. The Superintendent shall be the executive officer of the Institution, and shall be held responsible to the Board of Trustees for the proper management of its affairs in all its departments, buildings, grounds, farm, furniture, fixtures and stock.
- 2. He shall, under their direction, determine what help shall be employed; instruct them in their duties, and order their discharge if deemed by him proper.
- 3. He shall cause to be kept, a register, in which shall be recorded the number of patients, name, occupation, residence, date of admission, sex, civil condition, age, number of admissions, time since the attack, complexion, form of disease, by whom sent, cause (if known), time in the Hospital, date of discharge or death, condition when discharged, or if dead, the apparent cause of death, and such remarks as he may deem useful.
- He shall have charge of all patients, and all matters relative to their care; personally or through his assistants, visit daily, or oftener if necessary, all the patients, direct the diet, rest, exercise, amusement and occupation, prescribe the medicinal, hygienic, sanitary and moral treatment for each and every case. He shall define the duties of all employes at the Hospital, both officers and subordinates, in addition to those specified by law and by rules. He shall examine all complaints against employes for the violation of rules, or non-performance of duty, and investigate every charge made by the patients against attendants. He shall direct and hold accountable the Assistant Physicians, Supervisors and Attendants in the bestowal of proper care upon the patients. He shall direct and hold accountable those in charge of the farm, garden, greenhouse, laundry and kitchen departments, also the mechanics. shall also have power to suspend, temporarily, any officer for insubordination.
- 5. He shall see that patients are supplied with reading matter adapted to their state of mind and condition. No literature of any kind shall be distributed unless authorized by him.
- 6. He shall have all of the records and every part of the establishment ready for inspection by the Trustees at any time.

ARTICLE III.

ASSISTANT SUPERINTENDENT.

- 1. The Assistant Superintendent shall be a single man, reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.
- 2. He shall visit all of the female patients in the granite wards, and their rooms, every morning, and as much oftener as necessary; carefully observe their condition, wants and treatment, see that those in charge are faithful, note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as he shall consider conducive to comfort or recovery.
- 3. He shall see that the medicines are properly administered by the Supervisoress.
- 4. He shall keep a case-book, in which a history of the case of every female patient under his care shall be recorded, its treatment and the result.
- 5. He shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives in the female wards under his care.
- 6. He is expected to aid the Superintendent in every way in his power in promoting the best interests of the Institution, and in the absence of that officer he shall take his place and perform his duties.

ARTICLE IV.

SECOND ASSISTANT.

- 1. The Second Assistant shall be a single man, reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.
- 2. He shall visit all male patients and their rooms every morning, and as much oftener as necessary, carefully observe their condition, wants and treatment, see that those in charge are faithful, note the state of order and cleanliness, and give such orders as to everything medical, physical and moral, as he shall consider conducive to comfort or recovery.
- 3. He shall have charge of the public office, and see that the Supervisor administers the medicines according to his instructions.
- 4. He shall keep a case-book, in which the history of every male patient's case shall be recorded, its treatment and result.

- 5. He shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives upon the male side of the house.
- 6. He is expected to aid the Superintendent in every way in his power; and in the absence of both of the superior officers, he shall take the place of the Superintendent and perform his duties.

ARTICLE V.

THIRD ASSISTANT.

- 1. The Third Assistant shall be a woman, unmarried, shall reside in the Hospital, and be entitled to board, one furnished room, fire, lights, etc.
- 2. She shall visit all the female patients in the pavilion and their rooms every morning, and as much oftener as necessary; carefully observe their condition, wants and treatment; see that those in charge are faithful; note the state of order and cleanliness, and give such orders as to everthing medical, physical and moral, as she shall consider conducive to comfort or recovery.
- 3. She shall see that the medicines are properly administered by the Supervisoress.
- 4. She shall wait upon all visitors when required by the Superintendent, that wish to see friends or relatives in the wards under her care.
- 5. She shall perform such Gynecological work in the Hospital as the Superintendent shall require.
- 6. She shall have charge of the dispensary and medicines, and make up the prescriptions.
- 7. She shall keep a case-book, in which the history of the case of every patient under her care shall be recorded, the treatment and result.
- 8. In the temporary absence of the Assistant Superintendent, she shall perform his medical duties in the wards.

ARTICLE VI.

STEWARD AND TREASURER.

1. This officer, under the direction of the Superintendent, in addition to the duties specified by law, shall attend to the safe keeping and proper use of every article for the Hospital, have the

immediate care, under the Superintendent, of all stock, horses and carriages, implements and furniture.

- 2. He shall keep correct accounts of all receipts and expenditures; file all papers relating to admissions; make and settle all accounts for keeping and furnishing patients; forward accounts when due; and submit his accounts and vouchers to the Trustees at their annual and quarterly visits.
 - 3. He shall have charge of the fire department.
- 4. He shall, under the advice and direction of the Superintendent and of the Trustees, make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when enployed thereon; perform such other duties as the Trustees direct, and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the Institution.
- 5. He shall be entitled to board, one furnished parlor and sleeping rooms sufficient for himself and family.
- 6. One or more horses shall be set aside for his use, as the Superintendent may direct.
- 7. All purchases outside of the ordinary daily supplies for the Institution shall be made only on requisition approved by the Superintendent, and no sales of the property of the Institution shall be made without his consent.

ARTICLE VII.

MATRON.

- 1. The Matron shall superintend the cooking, and have a general charge of the washing, ironing, bedding and clothing.
- 2. She shall, under the Superintendent, have a general supervision of all the domestic arrangements of the Hospital, and see that strangers and guests are received and given due attention. She shall exert her influence to promote propriety and decorum in every department, reporting to the Superintendent any important delinquency.
 - 3. She is entitled to board, parlor and bed-room furnished.

ARTICLE VIII.

CLERKS.

- 1. The Hospital Clerk shall be held responsible to the Board of Trustees, in all matters pertaining to finance, and perform such clerical duties for the Treasurer as may be required of him by the Superintendent and Trustees.
- 2. He may be suspended by the Superintendent from his office, subject to the approval of the Board of Trustees.
- 3. He shall give bond to the Treasurer in such sum as may be deemed necessary.
 - 4. He shall be entitled to board, furnished room, fuel and lights.
- 5. The other clerks of the Hospital shall be under the immediate control of their respective heads, subject to the direction of the Superintendent.

ARTICLE IX.

SUPERVISORS.

- 1. The male and female Supervisors will have the oversight of the employes of their respective wings, and will be held accountable for the faithful performance of their duties. They form the medium of communication between officers and Attendants, the center building and the wards.
 - 2. They shall attend personally to their respective duties, and shall never leave the Hospital without permission of the Superintendent.
 - 3. It will be their duty to direct and assist the attendants in their labors, and see that the orders of the medical officers are faithfully executed. They will see that the patients are prepared to go to walk, ride, or to be out for other purposes, and will endeavor to keep the attendants employed about their galleries, or in occupying the attention of the patients in every way likely to benefit them.
 - 4. They shall take the place of any attendant who may be absent on permission, or see that the place is properly supplied.
 - 5. They shall report any attendant who may be absent from duty without leave.
 - 6. They shall mark and register all clothing of the patients, and see that it is safely kept, cleansed, repaired and distributed weekly,

and as much oftener as special cases may require. They shall account for and deliver all clothing to patients when discharged.

- 7. They shall report in writing to the Treasurer all property injured or destroyed and by whom, that said officer may charge same to person responsible.
- 8. They will be very watchful to see that patients are carefully and kindly treated, and that, while walking in the Airing Court, or elsewhere, or riding, due care shall be exercised by the attendants in charge to prevent injury to, or the escape of the patients.
- 9. They are expected to pass all their time in the halls, will instruct new attendants in their duties, and assist in the efforts to interest and employ the patients.
- 10. The Supervisors must see that the dining-rooms are furnished with the necessary utensils, that the attendants take proper care of the rooms; that the cupboards are sweet and in order, the tables neatly set, and the meals properly served.
- 11. They will have the general charge of the beds and bedding of the halls, and if there is any deficiency existing in either, it is their duty to see that such wants are supplied.
- 12. It is expected that the Supervisors will be prompt to carry into practical effect, all instructions given them by the Superintendent and his assistants, and to use their personal influence in support of the spirit and design of the regulations regarding attendants.
- 13. The Supervisors will carry the medicines to the galleries, see that they are properly administered, and return the cups to the dispensary.
- 14. They shall have charge of the special diet, and see that it is properly delivered to the person for whom it is provided.

ARTICLE X.

ATTENDANTS AND ASSISTANTS.

- 1. Self-respect is enjoined on all.
- 2. Their dress shall be neat and clean, and they shall avoid all vulgar habits. The attendants shall wear the prescribed uniform. They must be uniformly affable and courteous to each other and the patients; must never use improper language, nor indulge in unbecoming mirth, nor play at any games with each other, without permission of a medical officer.

- 3. They are never to talk with patients about their insane fancies or delusions, nor suffer others to do it.
- 4. No attendant shall be allowed to leave his or her charge without permission from a Supervisor, and not until he or she is relieved either by a Supervisor, or by some other attendant appointed by a medical officer, such person to be held responsible for the charge until the attendant shall return.
- 5. Attendants will under no circumstances allow utensils or implements for cleansing the galleries, in the hands of violent patients. None but the most inoffensive should ever be allowed to engage in such work, and these should be closely watched while thus employed.
- 6. The attendants shall treat the patients with uniform attention and respect, greet them with friendly salutations, and exhibit such marks of kindness and good will as evince interest and sympathy. They shall speak in a mild, persuasive tone of voice, and never address a patient rudely, or by any other than his or her proper name.
- 7. Patients are to be soothed and calmed when irritated, encouraged and cheered when melancholy and depressed. They shall never be rudely handled, nor more force used in any case than is necessary to prevent injury. When mild and persuasive means fail to produce compliance, a superior must be called. No provocation can justify violence in word or action. Striking a patient shall be followed by the immediate discharge of the person who gave the blow.
- 8. No restraining apparatus shall be applied or removed but by order of a superior. All patients are to be bathed once a week, unless otherwise ordered, and as much oftener as a medical officer directs, always in presence of an attendant, who will see that they are well rubbed and wiped dry.
- 9. The attendant will always wait on the table at meals, preserve order, and strive to gratify every reasonable wish.
- 10. The attendant is to call on the Supervisor for any clothing needed by patients for their beds or persons.
- 11. All sheets and bed-sacks wet with urine shall be rinsed in hot water and dried, and clean straw substituted for that which is wet or soiled.
- 12. Offensive feet are to be washed every day, the socks rinsed in hot water and a dry pair put on.

- 13. Medicines must never be left where patients can get them. The attendant must see the whole swallowed; if the whole or any part is refused or wasted, immediate notice is to be given to the Supervisor. This rule admits of no discretionary action.
- 14. Patients shall not be permitted to sit or lie on the damp ground, nor out of the shade in very warm weather.
- 15. No man employed on the premises shall hold conversation with any female at the water-closets, nor with female patients at the windows, nor allow strangers to do it. No female employed shall hold any conversation with the men at the water-closets, nor with the male patients at the windows; when accosted by the latter they must not answer.
- 16. Attendants are to secure perfect cleanliness and neatness in the house, furniture and patients, as far as possible; nothing is to be considered clean which can be made more so. This rule is to extend to all persons having charge of any portion of the premises, to the removal of every kind of filth, both in the buildings and around them, in the most speedy and least offensive manner. Water-closets, urinals and chamber vessels will require very frequent attention.
- 17. In the morning attendants will see that every patient is washed, as far as perfect neatness requires; their hair combed, their clothes put on and in perfect order; the rooms and galleries are to be swept, the beds made, and as many doors locked as is necessary to prevent improper use of the beds in the day time. Persons who require indulgence in this respect will have their beds and rooms put in order whenever they rise. Everything must be in order for a complete inspection at nine o'clock in the summer and at ten o'clock in the winter season.
- 18. Attention shall be given to the person and dress of the patients during the day, to preserve neatness and good order.

ARTICLE XI.

WATCH.

1. The night-watch, male and female, shall commence their rounds at nine o'clock in the evening, and continue them until the morning bell is rung. They shall, with a lighted lantern, as quietly as possible, visit every gallery in their respective departments at

least once an hour, and such other places as may be required, during the night, administer to any patient whatever is directed, attend to any call, and see that all fires are kept which may be required.

- 2. They must not sleep in the hours of duty, and will be required to labor until such time in the morning as the Superintendent may designate. They will also perform such other duties as the Superintendent may require.
- 3. It shall be the duty of the second night-watch, on either side of the house, to look especially after the sick, and to see that their wants are attended to during their hours of duty. They shall also visit often those patients who are uncleanly in their habits, and remove all soiled clothing and supply the same with clean articles. They shall see that the rooms are kept clean.
- 4. Should any fire be discovered, out of place, they will at once notify the officers and attendants, but must not give a general alarm.
- 5. It shall be the duty of the outside watch to patrol the outside of the buildings by such route, and hours, as shall be designated by the Superintendent, preserving careful oversight of all windows and doors of exit, and if anything unusual occurs he shall at once notify the officers.

ARTICLE XII.

CHIEF ENGINEER.

1. The engineer will have charge of the Engine house and Steam-works, including the Heating Apparatus, and attend to such repairs upon the water, gas and steam pipes, as may be required from time to time, provided he can do so without neglecting the duties of the Engine-house.

ARTICLE XIII.

FARM SUPERINTENDENT.

- 1. This officer shall look after the interests of the farm, and in order to do this he must be constantly on the premises, never engaging in any labors that will take him away from his special duties.
- 2. It shall be his duty to have a careful oversight of the patients who are at work on the farm; to see that they are kindly treated,

and not over worked. He shall see that they are taken from, and returned to, their respective wards. He shall report immediately to the Superintendent, any abuse or ill treatment of a patient.

ARTICLE XIV.

SABBATH.

- 1. This day shall be observed as such at the Hospital.
- 2. Visitors are not to be admitted to any part of the premises on that day, except on errands of mercy, to see relatives, etc.
- 3. Religious services, with or without a clergyman, will be held · in the Chapel, afternoons, statedly.
 - 4. All patients who are in condition suitable to attend Chapel services shall be made ready by those having them in charge, in season to be present, and watchfully conducted to and from that service by the attendants.
 - 5. Officers and attendants are reminded, that such is the nature and character of their duties, that no relaxation from care and watchfulness can be allowed on the Sabbath. There is no safety but in constant and unremitting vigilance.

ARTICLE XV.

DUTIES OF CHAPLAIN.

- 1. It shall be the duty of the Chaplain to conduct the religious services at the Hospital on Sundays, and on any other occasion when his services may be needed, and have such other interviews with the patients and other inmates as the Superintendent may deem advisable.
- 2. He is expected to respond to the call of the Superintendent to visit the sick, or those who may desire his advice, and submit to the Trustees his annual report.

ARTICLE XVI.

RELIGIOUS SERVICES AND AMUSEMENTS.

1. All patients who can with propriety attend religious services and evening entertainments, shall have that privilege, and shall be conducted to the hall on such occasions by attendants detailed for

that purpose by the Supervisor. These attendants will be required to maintain proper order and decorum among the patients in their charge.

2. It shall be the duty of the Supervisors to detail one or more attendants on each floor to patrol the wards in the absence of the other attendants and the patients at chapel service or evening entertainments.

General Regulations.

- 1. All persons employed are expected to conform in every respect to the terms of their engagements, one condition of which shall be conformity with these "Rules and Regulations." They are never to leave the service without first giving the notice to Superintendent and to the Steward agreed on at the time of their engagement.
- 2. The attendants shall not do any work for others, nor receive any compensation for services except their regular pay. No presents from patients or friends shall be accepted, but by approval of the Superintendent; nor shall any person about the Hospital sell anything to, or buy anything of a patient.
- 3. They are never to be absent from the Institution, or their charge, by day or night, without permission of a Supervisor. No employe shall be absent at night after nine o'clock, nor for more than half a day, without leave from the Superintendent.
- 4. They shall never give up a KEY to a patient, nor admit any person into the hall—not even the persons employed about the premises—without permission of a superior.
- 5. They shall never permit any cutting instrument in the hands of any patient, except in their presence, and under their supervision. Persons disposed to injure themselves or others, are in no case to be so permitted. No weapon, nor material for one, shall be allowed in the possession of any patient. If suspected to have them, immediate search shall be made by the attendant having such patient or patients in charge for the time being. Beds, flues and convenient hiding places shall be often examined. Table and carving knives and forks shall be counted after every meal, when, if it shall appear that any are missing, immediate notice shall be given to the Supervisor, whose duty it shall be to make, or cause to be made, due search for the missing articles, and when recovered, and properly

cleaned, they shall all be locked up in the closet or some secure place. They must never be carried out of the dining-rooms to be cleaned.

- 6. All shaving must be done in the guard-room, or other room into which only the patient being shaved shall be admitted, and the doors of that room are never to be opened when thus in use. No patient suspected of suicidal intentions shall be permitted to shave himself, nor to be present where others are undergoing that operation.
- 7. No lamp or lantern shall be left in a sleeping-room without orders, nor matches be left where patients can obtain them.
- 8. At bed time, every patient must be seen in bed; their day clothes removed from the room unless otherwise directed by a superior; and every door leading into or out of the gallery securely locked.
- 9. Each veranda or dining-room shall have a light or lantern burning during the night. All other lights in the wards shall be turned off as soon as nine o'clock P. M.
- 10. Every person shall be held accountable for the safe keeping of every patient entrusted to his or her care, whether in the building or elsewhere, until placed in the custody of another person authorized to receive them.
- 11. Attendants are to be upon the wards during hours of duty, mingling with the patients. It is not enough that the attendant supposes a patient is in his or her place, they must know it.
- 12. No officer or other person shall take a patient from a gallery without giving notice to the attendant. Therefore any person missing without such notice is to regarded as having eloped, and immediate notice of such absence should be given.
- 13. When out to ride or walk, patients must not be allowed to separate, either at the door or elsewhere, and shall not be considered as returned until seen within the hall door. If patients escape when out for exercise, it will be considered as proof of carelessness on the part of their conductors.
- 14. Patients are not to be permitted to go into any house, nor have any private conversation with those they meet, without permission; nor be allowed to procure anything improper to be in their possession. Patients troublesome in these respects will only go out when a single attendant can devote his time to them.

- 15. Patients will not be required to retire before nine o'clock P. M., nor rise before quarter before seven o'clock A. M., from September to March; and quarter before six o'clock from March to September.
- 16. Female patients and such male patients as may be unable to walk, and who are in condition to ride, shall be taken out for that purpose in rotation. When the weather and traveling are suitable, at least two carriage-loads shall be taken out every week day during the year. They shall always be accompanied by some responsible person.
- 17. No patient shall be compelled to labor. The Superintendent may direct the organization of parties of such as are able and willing to work, and such parties shall be placed in charge of suitable persons, who shall be held responsible for their safety, treat them kindly, and return them to their halls at least half an hour before meal-time. The use of profane or coarse and brutal language by any person having the charge of patients, shall be deemed sufficient cause for immediate discharge.
- 18. Under no circumstances will patients be required or allowed to labor except on the Hospital premises, and for the benefit of the Institution.
- 19. The horses and carriages belonging to the Hospital shall be under the immediate control of the Superintendent.
- 20. All persons employed are expected to co-operate with the officers by endeavoring to inspire confidence in the patients towards them and in the means in use for their recovery.
- 21. The whole time and services of the officers and assistants belong to the Institution, and it is expected that all persons employed here, in charge of patients or otherwise, will cheerfully perform the duties required of them by the Superintendent.
- 22. No resident officer shall be directly or indirectly interested in any contract for the supply of any article to the Hospital for its use, or for any inmate, nor shall he receive any profit thereon, nor any present or gratuity from any person dealing with the Hospital.
- 23. No resident officer or persons regularly employed at the Hospital shall be allowed to hold any municipal or city office.

Compilation of the Statute Laws.

AFFECTING THE

MAINE INSANE HOSPITAL.

Revised Statutes-Chapter 143.

APPOINTMENT AND DUTIES OF TRUSTEES.

- SEC. 1. Government is vested in six trustees, one a woman, their appointment and tenure of office.
- 2. Trustees shall have the general management, hold property, make rules, commence and defend suits.
 - Appointment of superintendent, steward and treasurer, and assistants.
 - Examinations and records of them; their pay and pay of officers.
- Accounts of steward and treasurer, how audited and settled. Governor and Council shall inquire into the financial affairs of hospital.
 - 6. Their annual meetings, and reports to the governor and council.

DUTIES OF SUPERINTENDENT.

- SEC. 7. Duties of the superintendent.
 - 8. Same; apportionment of patients.
 - 9. Same; unlawful commitments.

DUTIES OF STEWARD.

- SEC. 10. Duties of the Steward.
 - 11. Salaries.

DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

SEC. 12. Duties of parents and guardians of insane minors.

DUTIES OF MUNICIPAL OFFICERS.

- SEC. 13. Municipal officers shall hear and decide on cases and commit to hospital with certificate; and keep a record of their doings.
 - 14. May certify inability to pay for his support, and steward may charge the state one dollar and fifty cents a week.

DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

- SEC. 15. Appeal to two justices of the peace or quorum; how to be selected.
 - 16. Town officers or justices neglecting to decide for three days; proceedings.
 - Justices shall keep a record of their doings; by whom to be paid.
 - 18. Their order of commitment, by whom to be executed.

EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

- SEC. 19. Town where insane person resided or was found, shall pay for his support unless a bond is given for it.
 - 20. Also, when unlawfully committed, with expense of removal.
 - 21. Towns have remedy for support against the insane person or those liable for his support as a pauper.
 - 22. Interest shall be charged for board and clothing of patients after thirty days.

DISCHARGE OF THE INSANE.

- SEC. 23. Those liable for support may apply to town officers for patient's discharge.
 - Overseers of the poor shall remove a person, when notified to do so.
 - 25. Persons discharged under section four, how to be removed. Towns are liable for costs, upon notice.
 - 26. Towns of less than two hundred inhabitants, are not liable.

GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

SEC. 27. Judge of probate may appoint guardians for persons sent to the hospital; their duties and compensation.

GENERAL MANAGEMENT OF THE HOSPITAL.

- SEC. 28. When persons committed under section one of chapter one hundred and thirty-seven shall be discharged; when recommitted.
 - 29. Rules for attendants, shall be kept posted.
 - Punishment of attendants for intentional ill-treatment of patients.

SPECIAL VISITATION BY A COMMITTEE OF THE COUNCIL AND ONE WOMAN.

- SEC. 31. Governor shall annually appoint a visiting committee consisting of two councillors and a woman. Their powers and duties.
 - 32. Wilful injury to patients, how to be punished. Complaint shall be made by superintendent, or in case of his neglect, by his committee.
 - 33. When coronor's inquest shall be held, in case of sudden death.

- SEC. 34. For preliminary commitment, what evidence of insanity is required.
 - 35. Patients unnecessarily detained, proceedings for discharge; this provision is not applicable to persons committed by order of court.
 - 36. Names of committee shall be posted in the wards. Patients shall be furnished with materials to write to committee, and letter boxes shall be provided, inaccessible to attendants. Exceptions.
 - 37. Letters from committee shall be delivered to such patients unopened.
 - 38. Hospital, when and how to be visited by committee.
 - 39. Committee shall report to governor and council annually on December first. Their compensation.
 - 40. Removal from office for neglect of duty.

APPOINTMENT AND DUTIES OF TRUSTEES.

- SEC. 1. The government of the Maine Insane Hospital is vested in a committee of six trustees, one of whom shall be a woman, appointed by the governor, with the advice and consent of council, and commissioned to hold their offices during the pleasure of the governor and council, but not longer than three years under any one appointment.
- SEC. 2. They shall have the general care and management of the institution; see that it is conducted according to law, and the by-laws for its internal government and economy, which they are hereby authorized to establish, not inconsistent with law; hold in trust for the State any land, money, or other property, granted, bequeathed, or given to the institution, and apply the same for the support, comfort or improvement of the insane, and the general use of the institution, and have power to bring actions, in the name of the treasurer, for all dues to the institution, and to defend all suits brought against it.
- SEC. 3. Said trustees shall appoint a superintendent, and a steward and treasurer, subject to the approval, and to hold office during the pleasure of the governor and council, and all other officers necessary for the efficient and economical management of the business of the institution; all appointments shall be made according to the by-laws.
- SEC. 4. There shall be a thorough examination of the hospital monthly by two of the trustees; quarterly by three; annually by a majority of the full board; and at any other time, when they deem it necessary, or the superintendent requests it. At each visit, a written account of the state of the institution, shall be drawn up by the visitors, recorded, and presented at the annual meeting of the trustees; at which meeting they, with the superintendent, shall make a particular examination into the condition of each patient, and discharge any one so far restored that his comfort and safety, and that of the public, no longer require his con-

finement. They shall receive two dollars a day for such visits, and the same sum for every twenty miles' travel. Their accounts shall be audited by the governor and council, who shall draw their warrant on the treasurer of state for the amount due them and the other officers of the institution, except attendance on the patients and laborers on the premises, and for all money appropriated by the legislature for the insane hospital.

SEC. 5. The trustees at their next meeting after the expiration of each quarter, shall examine carefully the books and vouchers of the steward and treasurer, audit his accounts, and submit the same immediately thereafter to the governor and council for their approval, before such accounts shall be settled; and the governor and council shall, from time to time, inquire into the condition and management of the financial affairs of the institution, and make such changes as they deem judicious, in the mode and amount of expenditures and the general administration of its financial affairs.

SEC. 6. They shall hold an annual meeting on the first day of December, at which there shall be made a full and detailed report, containing a particular statement of the condition, concerns, and wants of the hospital; and this report, and the reports of the superintendent and steward, shall be made up to the first day of December and laid before the governor and council at that time, for the use of the government.

DUTIES OF SUPERINTENDENT.

- SEC. 7. The superintendent shall be a physician; reside constantly at the hospital; have the general superintendence of the hospital and grounds; receive all patients legally sent to the hospital, unless the number exceeds its accommodations, and have charge of them, and the direction of all persons therein, subject to the regulations of the board of trustees; and annually on the last day of November, report to the trustees, the condition and prospects of the institution, with such remarks and suggestions relative to its management and the general subject of insanity, as he thinks will promote the cause of science and humanity.
- SEC. 8. He shall apportion the number of patients who can be accommodated in the hospital, among the towns, according to their population by the last census; and when the applications for admission exceed or are liable to exceed that number of patients, he shall give preference to those from towns that have not their full proportion of patients in the hospital, and may reject others.
- SEC. 9. When a person appears to have been unlawfully committed, the superintendent shall report the case to the trustees at their next monthly meeting; and they may cause the removal of such person to the town from which he was committed. The superintendent, at each monthly visit of the trustees, shall also report to them the name of any inmate who was idiotic at the date of his commitment, or who has become so imbecile as, in his judgment, to be beyond cure, and if he thinks that

such inmate may be discharged with safety to himself and to the public, the trustees shall order his discharge and cause him to be removed to the town by which he was committed.

DUTIES OF THE STEWARD.

SEC. 10. The steward shall be treasurer; give bond to the trustees, in such amount and with such sureties as they deem sufficient for the safe keeping and proper disbursement of the funds of the institution, under the advice and direction of the superintendent and of the trustees; make all necessary purchases of supplies and provisions; hire attendants and other laborers; see to the proper cultivation of the farm and grounds; have a careful oversight of the patients when employed thereon; perform such other duties as the trustees direct; and annually make a detailed report to them of his receipts and expenditures, and of the financial affairs of the institution.

SALARIES.

SEC. 11. The compensation of all officers and employes, where salaries are not established by law, shall be fixed by the trustees, subject to the approval of the governor and council.

DUTIES OF PARENTS AND GUARDIANS OF INSANE MINORS.

SEC. 12. Parents and guardians of insane minors, if of sufficient ability to support them there, within thirty days after an attack of insanity, without legal examination, shall send them to the hospital and give to the treasurer thereof the bond required; or to some other hospital for the insane.

DUTIES OF MUNICIPAL OFFICERS.

- SEC. 13 Insane persons, not thus sent to any hospital, shall be subject to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any relative, or of any justice of the peace in their town, they shall immediately inquire into the condition of any insane person therein; call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him to the hospital, with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent and trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it.
- SEC. 14. The officers ordering the commitment of a person unable to pay for his support may in writing certify that fact to the trustees, and that he has no relatives liable and of sufficient ability to pay for it; and if the trustees are satisfied that such certificate is true, the treasurer of the hospital

may charge to the State one dollar and fifty cents a week for his board, and deduct it from the charge made to the patient or town for his support.

DUTIES OF JUSTICES OF THE PEACE AND QUORUM.

- SEC. 15. Any person or corporation, deeming himself or the insane aggrieved by the decision of the board of examiners for or against the insanity, may appeal therefrom by claiming an appeal within five cays after the decision is made known, naming a justice of the peace and quorum on his part, and appointing a time within three days thereafter, and a place in such town or an adjoining town for the hearing, and he shall procure the attendance of such justice at such time and place, if in his power, and if not he may select another; the board of examiners shall select another justice of the peace and quorum.
- SEC. 16. If the two justices neglect or refuse to decide the appeal within three days after the time appointed for the hearing, or if the municipal officers neglect or refuse for three days after complaint is made to them to examine and decide any case of insanity in their town, complaint may be made by any relative of the insane, or by any other respectable person to two justices of the peace and quorum; and the two justices selected in either of the above modes, may call before them any proper testimony, and hear and decide the case. If they find the person insane, and that he will be more comfortable and safe to himself or others, they shall give a certificate for his commitment to the hospital like that described in section thirteen.
- SEC. 17. Such justices shall keep a record of their doings and furnish a copy thereof to any person interested requesting and paying for it; those deciding an appeal shall be entitled to receive for their services two dollars a day and ten cents a mile for their travel, and shall determine which party shall pay it; those deciding an original case shall charge the same fees as for a criminal examination, to be paid by the person or corporation liable in the first instance for the support of the insane in the hospital.
- SEC. 18. When such justices order a commitment to the hospital, the municipal officers of the town where the insane resides or such other person as the justices direct, shall cause such order to be complied with forthwith at the expense of the town; and after such commitment is made, the justices shall decide and certify the expenses thereof.

EXPENSES OF SUPPORTING THE INSANE AT THE HOSPITAL.

SEC. 19. The certificate of commitment to the hospital after a legal examination is sufficient evidence, in the first instance, to charge the town where the insane resided, or was found at the time of his arrest, for the expenses of his examination, commitment, and support in the hospital; but when his friends or others file a bond with the treasurer of the hospital, such town shall not be liable for his support, unless new action is had by reason of the inability of the patient or his friends longer to support him; and such action may be had in the same manner, and before the same tribunal, as if he had never been admitted to the hospital.

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- SEC. 20. The person or town, liable for the support of a person when lawfully committed to the hospital, is liable therefor, and for the expenses of his removal, when unlawfully committed and removed as provided in section nine; but the expenses of such removal shall not exceed ten cents a mile from the hospital to the place of commitment.
- SEC. 21. Any town thus made chargeable in the first instance, and paying for the commitment and support of the insane at the hospital, may recover the amount paid from the insane, if able, or from persons legally liable for his support, or from the town where his legal settlement is, as if incurred for the expense of a pauper, but if he has no legal settlement in the state, such expenses shall be refunded by the state, and the governor and council shall audit all such claims and draw their warrant on the treasurer therefor. No insane person shall suffer any of the disabilities of pauperism nor be deemed a pauper, by reason of such support. But the time during which the insane person is so supported shall not be included in the period of residence necessary to change his settlement.
- SEC. 22. The treasurer of the insane hospital shall charge and collect interest on all debts due to said hospital, from towns and individuals for board and clothing of patients, after thirty days from the time when they become due.

DISCHARGE OF THE INSANE.

- SEC. 23. When any friend, person, or town liable for the support of a patient who has been in the hospital for six months, not committed by order of the supreme judicial court, nor afflicted with homicidal insanity, thinks that he is unreasonably detained, he may apply to the municipal officers of the town where the insane resides, and they shall inquire into the case, and summon before them any proper testimony, and their decision and order shall be binding on the parties. They shall tax legal costs and decide who shall pay them. If such application is unsuccessful, it shall not be made again until the expiration of another six months.
- SEC. 24. When the overseers of a town, liable for the support of a patient at the hospital, are notified by mail by the superintendent, that he has recovered from his insanity, they shall cause him to be re noved to their town; and if they neglect it for fifteen days, the superintendent shall cause it to be done at the expense of such town.
- SEC. 25. When a patient is discharged from the hospital by the trustees, under section four, they shall cause the selectmen of the town, or the mayor of the city, from which such patient was received, to be immediately notified by mail, and on receipt of such notice said town or city shall cause such patient to be forthwith removed thereto; and if they neglect such removal for thirty days thereafter, such patient may be removed to said town or city by the trustees, or their order; and the superintendent, may maintain an action in his own name, against such city or town, for the recovery of all expenses necessarily incurred in the removal of such patient.

SEC. 26. The preceding sections do not apply to towns having less than two hundred inhabitants, but all insane persons found, and having their residence in such towns, who have no settlement within any town in the state, and who have no means of their own for support, or are without relatives able and liable to support them, shall be supported in the hospital at the expense of the state.

GUARDIANS FOR THE INSANE SENT TO THE HOSPITAL.

SEC. 27. When any man or unmarried woman, of twenty-one years of age, is sent to the hospital for insanity under this chapter, the municipal officers of the town where such insane resides, when they think it for his interest and to prevent waste of his property, may apply to the judge of probate for the same county for the appointment of a guardian, and the judge, on their certificate to that effect, without notice to the insane, shall forthwith appoint some suitable guardian residing in the same county who shall give bond as in other cases, and have reasonable compensation for his services, to be allowed by the judge and paid out of the estate; but he shall not be required to return any inventory, or exercise any other powers or duties of guardian for one year after his appointment, except to provide for the support of the insane and his family, and prevent waste of his property.

GENERAL MANAGEMENT OF THE HOSPITAL.

- SEC. 28. Every person committed to the insane hospital by any court, as provided in section one of chapter one hundred and thirty-seven, shall be discharged by the superintendent, if not sent for by the court, during the next term thereof after his commitment, but he is liable to recommitment by the municipal officers of the town to which he belongs, if found to be insane, to be supported in the same manner as other persons committed by said officers.
- SEC. 29. The superintendent shall keep posted, in conspicuous places about said hospital, printed cards containing the rules prescribed for the government of the attendants in charge of the patients.
- SEC. 30. When it appears that any such attendant treats a patient with injustice or inhumanity, he shall immediately be discharged. When the superintendent is satisfied that any attendant intentionally abuses or ill-treats an inmate of the hospital, he shall discharge him at once, and make complaint of such abuse or ill-treatment before the proper court; and such attendant on conviction, shall be fined not less than one hundred nor more than five hundred dollars, or imprisoned not more than ninety days.

SPECIAL VISITATION BY A COMMITTEE COMPOSED OF THE EXECUTIVE COUNCIL, AND A WOMAN.

SEC. 31. A committee of the council consisting of two, with whom shall be associated one woman, shall be appointed by the governor annually, who shall visit the hospital at their discretion to ascertain if the inmates thereof

are humanely treated, and they shall promptly report from time to time, every instance of intentional abuse or ill-treatment to the trustees and superintendent of the hospital, who shall take notice thereof, and cause the offender to be punished as required by the preceding section.

SEC. 32. If any wilful injury is inflicted by an officer, attendant, or employe of the hospital upon the person of any patient therein, and knowledge thereof comes to said committee of visitors, they shall report the fact immediately to said trustees and superintendent, and if the superintendent fails forthwith to complain thereof as required by section thirty, one of said visitors shall enter a complaint before the proper court. And in trials for such offences, the statement of any patient cognizant thereof, shall be taken and considered for what it is worth; and no one connected with the hospital shall sit upon the jury trying the case.

SEC. 33. In case of the sudden death of a patient in the hospital under circumstances of reasonable suspicion, a coroner's inquest shall be held as in other cases, and the committee of visitors shall cause a coroner to be immediately notified for that purpose.

SEC. 34. In all cases of preliminary proceedings for the commitment of any person to the hospital, the evidence and certificate of at least two respectable physicians, based upon due inquiry and personal examination of the person to whom insanity is imputed, shall be required to establish the fact of insanity, and a certified copy of the physicians' certificate shall accompany the person to be committed.

SEC. 35. If the committee of visitors becomes satisfied that an inmate of the hospital has been unnecessarily and wrongfully committed, or is unnecessarily detained and held as a patient therein, they shall apply to some judge of the supreme judicial court, or to the judge of the superior court, or court of probate within the county where the restraint exists, for a writ of habeas corpus, who shall issue the same, and cause the inmate to be brought before him, and after notice to the party procuring his commitment and a hearing of all interested in the question at issue, if satisfied that such inmate is not a proper subject for custody and treatment in the hospital, he shall discharge him from the hospital and restore him to liberty. But this section does not apply to the case of any person charged with, or convicted of crime and committed to the hospital by order of court.

SEC. 36. The names of the committee of visitors and the post office address of each shall be kept posted in every ward of the hospital, and every inmate shall be allowed to write when and whatever he pleases to them or either of them, unless otherwise ordered by a majority of the committee, in writing, which order shall continue in force until countermanded in writing, by said committee. And, for this purpose, every patient, if not otherwise ordered as aforesaid, shall be furnished by the superintendent, on request, with suitable materials for writing, inclosing and sealing letters. And the superintendent shall provide at the expense of the State securely locked letter boxes, easily accessible to all the in-

mates to be placed in the hospital, into which such letters can be dropped by the writer. No officer, attendant, or employe of the hospital, shall have the means of reaching the contents of these boxes, but the letters in them shall be collected weekly by some member of the committee, or by such person as the committee authorize for the purpose who shall prepay such only as are addressed to some one of the committee, and deposit them in the post office without delay.

SEC. 37. It is the duty of the superintendent, or party having charge of any patient, to deliver to him any letter or writing to him directed, without opening or reading the same, provided that such letter has been forwarded by the committee, or is directed to such persons as the committee have authorized to send or to receive letters without the committee's inspection.

SEC. 38. The hospital shall be visited as often as once in every month by at least one member of the committee, and this visit shall be made at irregular and not at stated periods; no previous notice, information, or intimation thereof shall be given or allowed to the superintendent, or any officer, attendant or employe of the hospital, but so far as possible, all visits shall be made unexpectedly to the superintendent and all others having the care of the hospital and its inmates; and in no case shall the committee, when making their visits through the wards, be accompanied by any officer or employe of the hospital, except upon the special request of some one of the committee.

SEC. 39. The committee of visitors shall make report to the governor and council on the first day of December annually, and as much oftener as the welfare of the patients or the public good requires, setting forth their doings and any facts with regard to the hospital which they deem important. The compensation of said committee is two dollars each a day, for the time actually spent visiting the hospital and actual travelling expenses; provided, that said committee do not receive compensation as councillors, for the same days in which said official visits are made to said hospital; and their accounts, including a reasonable sum for the letter carrier provided for in section thirty-six, shall be audited by the governor and council, who shall draw their warrant on the treasurer of state for the amount found due.

SEC. 40. Any person neglecting to perform the duties imposed upon him by his chapter is removable from office by the authority from whom he received his appointment, and if removed, is forever ineligible for office or place in the hospital.