

MAINE STATE LEGISLATURE

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Public Documents of Maine:

BEING THE

ANNUAL REPORTS

OF VARIOUS

PUBLIC OFFICERS AND INSTITUTIONS

FOR THE YEARS

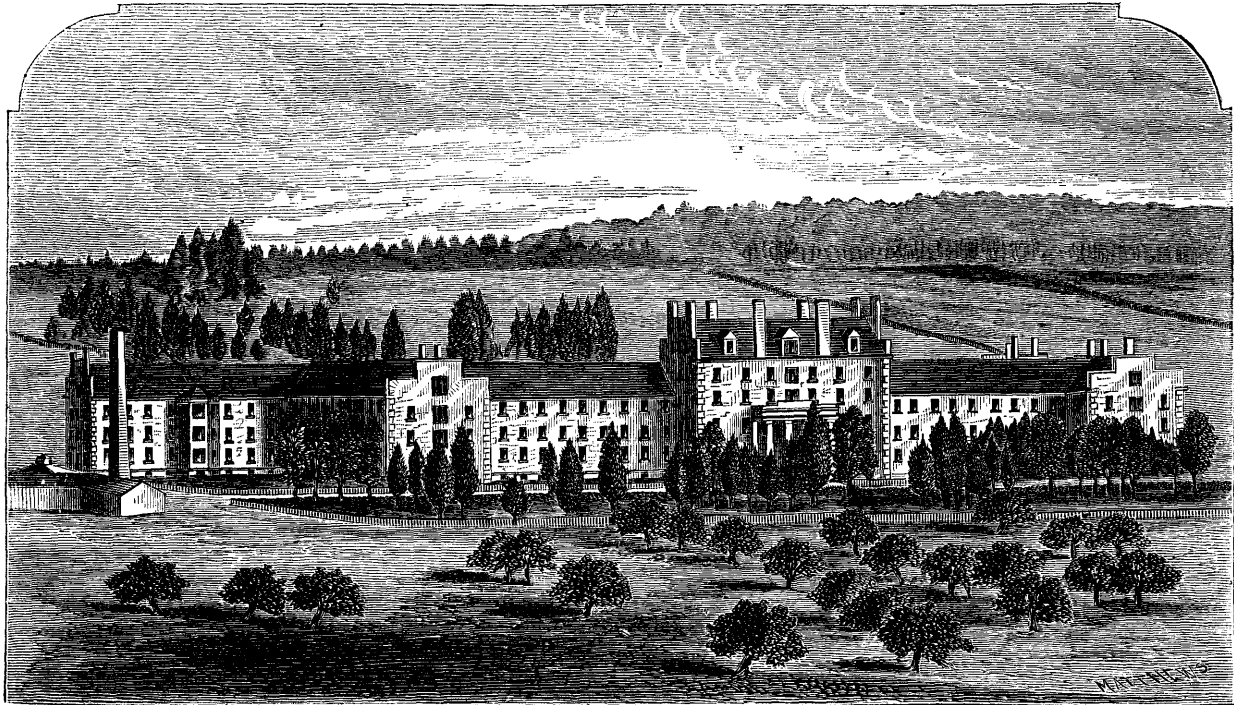
1870-71.



AUGUSTA:

SPRAGUE, OWEN & NASH, PRINTERS TO THE STATE.

1871.



MAINE INSANE HOSPITAL.

REPORTS

OF THE

TRUSTEES AND SUPERINTENDENT

OF THE

MAINE INSANE HOSPITAL.

DECEMBER 1, 1870.

PUBLISHED AGREEABLY TO A RESOLVE APPROVED FEBRUARY 23, 1865.

AUGUSTA:
SPRAGUE, OWEN & NASH, PRINTERS TO THE STATE.
1870.

OFFICERS FOR 1871.

TRUSTEES:

HON. GEORGE A. FROST, SPRINGVALE, *President.*

DR. JOHN T. GILMAN, PORTLAND, *Secretary.*

HON. A. G. WAKEFIELD, BANGOR.

EZRA L. PATTANGALL, ESQ., PEMROKE.

DR. N. P. MONROE, BELFAST.

_____, _____. (Vacancy.)

DR. H. M. HARLOW, *Superintendent and Physician.*

DR. B. T. SANBORN, *Assistant Physician.*

WILLIAM E. LEIGHTON, ESQ., *Steward and Treasurer.*

MISS S. B. CARUTHERS, *Clerk.*

MRS. BETSEY K. PARSONS, *Matron.*

MR. A. B. HODGKINS, *Supervisor Male Wards.*

MISS EMMA MARTIN, *Supervisor Female Wards.*

REV. JOSEPH RICKER, D. D., *Chaplain.*

COMMITTEES FOR 1871.

On Hospital Libraries—Gilman, Wakefield.

To Represent the Interests of the Institution before the Legislative Committee—Frost, Wakefield.

To Superintend the Publication of Reports—Frost, Pattangall.

Visiting Committees. January—Wakefield, Monroe.

February—Pattangall, Frost.

March—Frost, Wakefield, _____.*

April—Monroe, Gilman.

May—_____, Pattangall.

June—Pattangall, Monroe, Wakefield.

July—Gilman, Frost.

August—_____, Gilman.

September—Wakefield, Pattangall, Monroe.

October—Frost, _____.
November—Gilman, _____.
December—The full Board.

* Vacancy.

TRUSTEES' REPORT.

To the Honorable the Governor and Council of the State of Maine :

In making this, our annual report, agreeably to the requirements of the statutes of the State, we, the Trustees of the Maine Insane Hospital, are happy to announce the continued successful operation of the institution. During the year past the Hospital has been crowded to its utmost capacity, showing a confidence in its management, on the part of the public, which is truly gratifying to its officers, and a reliance in this, as we believe, the only rational method of treating the insane.

We have made the monthly and quarterly visits as required by law. At each of these visits we have seen each patient, and conversed with many of the more intelligent among them, with a view of better understanding their condition and necessities; have inspected every part of the building with special regard to cleanliness, temperature and ventilation; examined the quality and quantity of the food furnished the patients; and are gratified that, at each of these visits, we have been able to report everything in a satisfactory condition, and the patients receiving all that care and attention which humanity demands and science dictates. The Superintendent and other officers of the institution have always appeared kind and affable in their intercourse with the patients, giving them all the care and attention which their several circumstances seemed to require.

The Hospital buildings have been carefully looked after, and are in excellent condition.

Agreeably to the request of the Trustees at the last annual meeting of the Board, the Legislature appropriated the sum of thirty-nine thousand dollars in favor of the Hospital, as follows: four thousand dollars to meet deficiencies in last year's accounts, twenty-five thousand dollars to finish and furnish the wing commenced last season, and ten thousand dollars for moving the barns and outbuildings, and for other special improvements.

For a report of the expenditure of these appropriations you are respectfully referred to the report of the building committee in the appendix.

We are gratified to report that the new wing is finished and occupied, and that the work has in all respects been faithfully done. The Hospital is now architecturally complete, and is one of the most substantial structures of the kind in the country.

The occupancy of this wing has relieved the crowded condition of the male side, and there are accommodations for about twenty additional patients. Applications have already been received sufficient to nearly take up all the spare rooms. The attention of the Legislature is especially called to this subject, and to the imperative necessity of taking immediate steps for the farther accommodation of the insane in the State.

The removal of the barns has very much improved the outward aspect, and they are now at a safe distance from the Hospital in case of fire. The barns, stables and other farm buildings, in their new location, for convenience we think are not surpassed by any in the State. Cellars have been put under each of the hay barns, and sheds so connect them as to completely shut out the cold winds and storms. The removal of these buildings, excavating the cellars and laying the stone walls, has involved an immense amount of labor, which has been faithfully performed by the several parties employed.

The finances of the institution, as will be seen by the reports of the Steward and Treasurer, in the appendix, to which you are respectfully referred for details, are in a satisfactory condition. There is a large excess due the Hospital over its liabilities, which, if paid promptly, would enable the Steward to pay in advance for his supplies, a thing very desirable. A considerable portion of this large sum has been long overdue, and the delinquency of individuals, and especially of towns, in paying their bills, very much cramps the financial operations of the Hospital, and is a just cause of complaint to those who pay promptly. A provision of law authorizing the Treasurer to collect interest on all bills overdue, might remedy the evil to a certain extent, and the interest would, in part, reward the Hospital for waiting. Immediate payment of all outstanding bills, and promptness in paying hereafter, might enable us to diminish the price of board, but until this is done, such a thing is impracticable.

Jefferson Parsons, Esq., for many years connected with the Hos-

pital in different capacities, and for several years past Steward and Treasurer of the institution, resigned his position in August last, to take effect at the close of the third quarter. A strict examination of his accounts showed all the Hospital funds in his keeping properly accounted for. His account of sales of farm produce, which at one time seemed to exhibit a slight discrepancy, has since proved to be all correct. Mrs. Parsons, the efficient matron, remains in the Hospital for the present, a very gratifying fact, as her place could not easily be filled.

The successor of Mr. Parsons is Mr. William E. Leighton, whom we believe to be well qualified to fill this arduous and responsible position. In view of the expansion of the Hospital, and the great increase in the number of patients and the funds required to support them, we have placed his bonds at twenty thousand dollars, the bonds of the last Treasurer having been but seven thousand. For the above reasons, also, we would recommend that his salary be raised from eight to ten hundred dollars.

Our Chaplain, in his report, which may be found in the appendix, calls attention, as his predecessors for several years have done, to the inadequate accommodations in the Hospital for religious services on the Sabbath. The room now used as a chapel answered very well for that purpose when the Hospital was small, and the number of patients were few; but the number of patients has now far outgrown the chapel accommodations, and more room is very much needed. This room cannot be had in the Hospital buildings, as they are now all devoted to other uses, and the present chapel is very much needed for other purposes. A neat chapel, erected in the rear of the main Hospital building, and connected with it by a covered way, would make a fine addition to the present building, and would offer religious privileges to all whose condition would admit of their attending, exercises which, when properly conducted, always have a salutary effect on the mind of the insane. We think twenty-five thousand dollars would be a sufficient sum for carrying this proposition into effect, and we respectfully ask the Legislature for an appropriation of that amount.

We would suggest the propriety of changing the law so as to authorize the Superintendent of the Hospital to make his annual report to the Trustees instead of to the Governor and Council, as he is now required to do. Where there are two independent reports made there is generally much repetition, each report in many in-

stances covering the same ground. By thus changing the law, this may be avoided.

We acknowledge the receipt of a fine portrait, painted in oil, of the late Col. Black of Ellsworth, presented to the institution by his son, George N. Black, Esq., of Boston. The name of Col. Black will ever be held in grateful remembrance by the officers of the Hospital, and especially by the patients. Through his munificent donation, they have, for several years, been supplied with the greater part of their reading matter. This life-like portrait will be to them an additional reminder of their late friend and benefactor.

In conclusion, we desire again to express our entire confidence in those who have the immediate charge of the Hospital, and recommend it anew to the patronage of our fellow citizens, and to the fostering care of the State government.

A rigid examination into the management of the institution in all respects, by the Legislature, is earnestly desired by us.

Which is respectfully submitted.

WM. B. LAPHAM,	} Trustees.
GEO. A. FROST,	
JOHN T. GILMAN,	
A. G. WAKEFIELD,	
E. L. PATTANGALL,	
N. P. MONROE,	

November 30, 1870.

SUPERINTENDENT'S REPORT.

To the Governor of Maine, and to the Honorable Council:

We have now reached the period of another revolving cycle, and for the twentieth time we sit down to make to you, in accordance with the statute, our annual statement of the condition and prospects of the Maine Insane Hospital.

The year just closed has been one of general prosperity. The smiles of a merciful Providence have shed their sweet influence upon our endeavors, which have all been to carry out, so far as practicable, the object and aim for which the institution was established. Many have enjoyed its care and protection, and a goodly number have been restored to reason and usefulness during the year. No unusual sickness or epidemic disease has fallen upon the inmates, and all have enjoyed a good degree of immunity from accidents of a serious nature. For these and all other blessings vouchsafed, we have cause for devout gratitude to Almighty God.

There were remaining in the Hospital at the beginning of the fiscal year, December 1, 1869, three hundred and thirty-seven patients—one hundred and fifty-eight males, and one hundred and seventy-nine females. There have been admitted since, one hundred and thirty—sixty-six males and sixty-four females, making a total of four hundred and sixty-seven under treatment—two hundred and twenty-four males, and two hundred and forty-three females.

There have been discharged during the year, one hundred and twenty-two—fifty-eight males and sixty-four females; leaving in the Hospital, on the 30th of November, 1870, three hundred and forty-five patients—one hundred and sixty-six males, and one hundred and seventy-nine females.

The condition of those discharged appeared to be as follows: recovered, forty-eight—nineteen males and twenty-nine females; improved, nineteen—ten males and nine females; unimproved, eighteen—eleven males and seven females; and eighteen males and nineteen females have died.

The average time those were under treatment who recovered was thirty-three weeks.

It will be noticed that the number of recoveries of females is larger than that of males, which may be accounted for by the fact that we have been obliged, on account of the crowded state of the male wards, to refuse many male applicants whom, if admitted, would probably have been restored; while in the female department it was otherwise—all who have come have been admitted.

The number of improved, unimproved and died, does not differ essentially from that of previous years. The number of the latter, however, is one-sixth less than that of last year. The longest time spent in the Hospital of any one of those who died, was a few months over twenty-five years. The shortest time was less than one week; while the average time was a little less than two years and three months.

Three of the deaths during the year occurred in January, two in February, three in March, one in April, seven in May, two in June, two in July, one in August, two in September, seven in October, four in November, and three in December.

The causes of death were as follows: epilepsy, six; tubercular phthisis, five; chronic diarrhoea, four; general paralysis, four; paralysis, three; chronic insanity, three; apoplexy, two; marasmus, two; pneumonia, two; congestion of the brain, two; dropsy, one; congestion of the lungs, one; maniacal exhaustion, one; suicide, one.

The remains of those who die are generally removed by friends for interment; but when not called for, we entomb or bury them in the lot attached to the institution for that purpose, after appropriate funeral exercises in the chapel.

The civil condition of those admitted during the year is as follows: twenty-seven males and twenty-six females are married; thirty-two males and twenty-eight females are single; six are widowers, and eleven are widows.

The assigned causes of insanity in those admitted during the year are: ill health, forty-four; intemperance, eleven; domestic affliction, nine; masturbation, seven; disappointed affection, eight; over exertion, four; loss of property, four; paralysis, three; epilepsy, three; critical period of life, three; puerperal, three; injury of head, two; religious excitement, two; decay of old age, two; suppressed eruption, one; disappointment in business, one; spiritualism, one; unknown, twenty-two.

SUPERINTENDENT'S REPORT.

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The following Table gives a view of the operations of the Hospital from its commencement to the present time.

YEAR.	Admitted.	Discharged	Whole No. under treatment.	Recovered.	Improved.	Unimproved.	Died.	Greatest No. in Hospital on any day.	Least No. in Hospital on any day.	Remaining at end of year.	Daily average No. for the year.
1840-1.....	120	80	129	36	14	24	5	70	1	52	48
1841-2.....	89	72	141	32	16	19	5	73	50	65	59
1842-3.....	86	84	151	32	16	31	5	72	58	68	65
1843-4.....	83	75	151	30	16	23	3	79	55	76	70
1844-5.....	99	90	175	39	21	20	7	89	71	85	80
1845-6.....	102	87	187	46	22	14	5	107	80	101	93
1846-7.....	124	100	125	53	17	20	10	125	98	124	108
1847-8.....	128	125	152	60	31	14	20	135	117	127	112
1848-9.....	123	110	150	65	22	19	14	139	121	139	126
1849-50.....	110	120	149	66	25	21	14	165	123	124	137
1850-1.....	75	122	199	22	28	40	32	125	30	76	75
1851-2.....	48	42	124	23	4	8	7	34	76	84	79
1852-3.....	126	89	210	45	14	15	15	120	84	119	108
1853-4.....	109	114	228	49	15	18	32	140	114	115	129
1854-5.....	123	88	243	41	14	14	19	155	114	155	134
1855-6.....	149	114	304	54	22	19	19	194	151	190	167
1856-7.....	144	126	334	69	24	19	14	215	190	208	204
1857-8.....	126	126	334	59	25	18	24	225	205	208	213
1858-9.....	149	120	357	58	22	23	17	240	205	237	222
1859-60.....	136	133	373	63	22	17	31	246	227	240	236
1860-1.....	135	123	375	55	25	16	27	253	239	252	248
1861-2.....	125	119	377	57	24	19	19	263	244	258	254
1862-3.....	118	111	376	52	21	14	24	266	242	265	254
1863-4.....	124	135	389	49	22	11	53	273	247	254	263
1864-5.....	142	119	396	47	25	23	24	282	254	277	272
1865-6.....	135	136	412	61	29	13	33	287	267	276	277
1866-7.....	150	123	420	54	27	11	31	303	276	303	291
1867-8.....	165	129	468	63	23	16	27	341	302	339	319
1868-9.....	160	153	489	68	28	14	42	351	332	357	342
1869-70.....	130	122	467	48	19	18	37	348	330	345	339

Forty-two of the patients now in the Hospital, being either foreigners or committed by order of Court, or by the Governor and Council, are supported entirely by the State; two hundred and fifty-two being in indigent circumstances receive State aid of one dollar and fifty cents per week towards their support while they remain in the institution, and fifty either pay their own bills, or are supported by their friends.

Since the opening of the Hospital in October 1840, three thousand six hundred and thirty-nine patients have enjoyed its benefits. Three thousand two hundred and ninety-four have been discharged, of whom, one thousand four hundred and eighty-nine recovered, six hundred and thirty-six improved, five hundred and fifty-four were unimproved, and six hundred and fifteen have died.

At the date of our last report the Hospital was uncomfortably full. The male wards in particular, were crowded, and they have

Table showing the number of monthly admissions

Admitted.	1840-1.		1841-2.		1842-3.		1843-4.		1844-5.		1845-6.		1846-7.		1847-8.		1848-9.		1849-50.		1850-1.		1851-2.		1852-3.		1853-4.		1854-5.	
	M	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Oct.	5	3	7	4	5	3	5	2	3	5	5	6	3	1	10	10	5	3	5	5	8	3	2	3	1	2	6	7	3	1
Nov.	9	4	2	1	1	2	5	4	4	4	2	1	2	8	3	5	5	11	2	9	2	4	6	2	4	1	2	6	3	2
Dec.	8	1	3	3	4	0	4	3	3	6	5	2	3	4	5	2	2	2	7	4	0	2	2	3	11	3	4	4	6	5
Jan.	5	2	5	1	1	1	2	4	3	1	6	1	4	5	4	2	5	6	5	1	6	3	2	3	6	1	6	9	2	5
Feb.	7	4	4	0	5	2	2	5	2	0	1	2	2	4	7	4	4	3	2	2	4	3	2	0	6	3	3	5	7	4
Mar.	7	8	1	2	4	4	2	3	3	4	5	6	3	3	6	3	3	3	5	5	2	4	3	2	9	4	7	7	3	6
Apr.	10	4	6	6	3	1	3	3	1	4	4	6	4	1	5	6	5	7	7	3	6	1	2	1	6	2	6	4	11	2
May.	4	5	8	7	4	3	6	3	6	7	4	4	9	5	2	7	5	4	6	9	7	2	4	6	4	4	2	8	7	8
Jun.	8	6	6	6	12	3	6	1	11	5	3	5	8	7	5	4	9	7	6	7	3	4	6	3	4	2	5	4	6	1
July.	4	1	5	3	3	2	2	2	3	4	4	7	7	6	8	5	5	7	6	6	2	3	0	0	4	7	7	3	6	4
Aug.	2	3	1	3	3	7	3	2	7	4	5	5	9	2	9	6	5	7	4	6	4	4	1	0	6	6	6	4	3	3
Sept.	3	2	2	5	6	2	6	5	4	7	4	10	9	2	7	7	8	5	5	2	2	1	5	1	2	4	5	8	2	6

continued so during the year, barring us from admitting nearly one half of those applying for admission. We have often been obliged, much to our regret, to turn away many recent deserving cases, thereby incurring upon the helpless unfortunate ones and their anxious friends great inconvenience and no inconsiderable expense.

We are now happy to say, however, that by the liberal and timely appropriation so cheerfully made by the last Legislature, the wing auspiciously begun last year is now completed, and we are prepared to receive all who may apply for admission. In all respects it is a plain, substantial and noble structure, spacious and convenient for the accommodation of fifty patients. It is warmed with steam and lighted with gas, the same as all other parts of the Hospital.

It may be supposed that the Hospital as now provided will be sufficient for all the wants of the State in this direction for many years to come, but such will not prove to be the fact.

The Hospital as now constructed is capable of accommodating three hundred and fifty patients without crowding, and the present number in the institution is three hundred and forty-five, plainly

since the opening of the Hospital.

1855-6.		1856-7.		1857-8.		1858-9.		1859-60.		1860-1.		1861-2.		1862-3.		1863-4.		1864-5.		1865-6.		1866-7.		1867-8.		1868-9.		1869-70.		Total.
M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	
6	11	8	8	5	3	5	2	8	9	5	6	6	7	5	9	6	4	8	5	8	5	8	5	8	7	9	9	7	6	329
7	7	6	4	9	4	3	4	6	3	10	3	9	5	4	5	4	4	10	3	4	5	4	5	5	8	6	8	4	281	
4	2	10	3	7	4	3	2	6	3	5	11	10	3	5	5	2	4	11	5	5	2	10	3	9	4	10	4	6	3	260
6	5	7	4	3	3	6	2	9	4	4	6	2	3	2	2	9	4	6	5	5	5	8	3	7	2	7	5	8	5	251
7	3	3	5	6	3	4	4	4	3	7	4	5	1	6	4	6	3	7	2	5	4	10	3	5	4	3	9	3	2	234
8	6	8	7	6	3	6	4	9	2	6	6	6	4	7	2	5	2	9	2	8	7	4	6	4	2	10	1	2	5	277
7	7	4	7	8	5	10	8	2	4	9	7	2	8	7	3	4	2	6	2	7	3	7	5	6	4	5	5	2	4	290
4	6	6	5	11	7	5	6	10	7	6	5	9	2	4	5	5	5	3	8	8	2	8	10	8	11	3	4	3	7	337
8	4	6	8	6	8	9	10	6	6	5	5	6	5	7	4	6	7	4	4	5	4	5	4	9	10	5	12	5	10	351
10	6	6	5	8	5	9	6	7	6	3	4	3	5	4	6	8	2	11	7	7	8	14	5	11	7	7	7	4	5	222
7	5	5	7	4	5	13	5	6	8	6	7	7	5	4	8	11	1	12	5	7	7	6	6	5	1	9	7	7	4	321
10	8	9	7	5	5	4	7	5	5	9	5	10	6	10	7	6	6	6	4	6	8	4	4	8	14	4	8	7	8	342

showing that the new wing will very soon be filled, and the demand for more room will in a short time be as urgent as it has been for a few years past.

We therefore take this occasion to ask the Legislature to give the subject all due consideration and take some initiatory steps towards a further provision for the insane in the State.

This Hospital now seems to be large enough for one institution of the kind, and if there is to be a new one established, it is time to take the initial steps with reference to the necessity of the case.

As we have remarked before in former reports, there are in the State between twelve and fifteen hundred insane persons who need the care and comfort of an Asylum, and there are only about one third of that number for whom provision is made. Hence, the importance of some immediate action. Maine has done much for this unfortunate class, and there is much more to be done. Let us not be weary in well-doing.

In all the realm of disease there is not to be found anything to be compared with that which dethrones the reason of man. Its subtle influence lurks within the silent chambers of the brain beyond the reach of human ken. We see its effects, but cannot tell

“whence it cometh and whither it goeth.” All, without distinction, are coasting near the terrific shore, and fortunate indeed is he whose little bark finds its haven of rest ere it be dashed by the dark rolling billows which engulf so many and leave them wrecks on the shore of time.

Let us then go to our stricken brother bereft of all that is noble, and like the good Samaritan extend the heartiest sympathy—let us bind up his wounds, pouring in oil and wine. Let us continue to provide for him a home with all its attendant blessings and comforts, and never in this direction at least, relax the hand of charity.

In the treatment of this dire disease, we have endeavored to keep pace with all new remedial agents calculated to improve the moral or physical condition of those who come under our care. In the new hypnotic agent, Chloral Hydrate, we have found a valuable auxiliary in many cases of maniacal excitement attended with continual wakefulness. This, with Bromide of Potassium and Bromide of Ammonia, we regard as far superior to any of the preparations of opium in controlling that peculiar nervous excitement which bars all sleep. Chloral Hydrate in doses of from ten to thirty grains at bed time gives rest and repose to a weary, excited brain, which comes nearer to natural sleep than anything yet discovered for producing it.

In observing the varied cases of insanity which come to the Hospital for treatment, we are confident that quite a proportion of them, say from one half to two thirds, have a morbid condition of brain of an anæmic character, induced by dyspepsia long continued. They are always difficult to treat, whether in or out of the Hospital, either before insanity has commenced or after reason has lost its sway, from the fact that they require so much care, and that the symptoms are subdued with such difficulty. Early attention to the digestive organs by applying proper diet and the use of the right kind of medicine, together with healthful exercise in the open air, without fatigue, would, we believe, avert many from the vortex of insanity into which their physical disease is fast plunging them.

No better moral treatment can be found, or more applicable to the necessities of the insane, than that of some healthful occupation. While our male patients go upon the farm and recreate in the open air, the females are employed in doors, at the laundry, in the seamstress' room, kitchen, and in other household

duties. Those who have a taste for fancy work are encouraged in that direction. An extra effort has been made the past year to have the females out more in the open air. In addition to their accustomed walks, some of them have taken daily drives for pleasure, which afforded them not a little comfort and satisfaction, and promoted the recovery of the convalescent.

The female patients, under the judicious management of competent seamstresses, have during the year made the following articles of bedding and clothing for the household : 288 dresses, 131 skirts, 182 chemises, 60 pairs of drawers, 13 night-dresses, 7 waists, 26 aprons, 30 camisoles, 17 dress sacks, 78 handkerchiefs, 37 hats trimmed, 17 robes, 3 coats, 59 pairs of pants, 85 shirts, 97 frocks, 50 overalls, 83 pairs of stockings, 3 vests, 58 mattress sacks, 109 blankets, 362 sheets, 193 spreads, 192 bed sacks, 323 pillow cases, 78 pillow sacks, 8 rubber sheets, 428 towels, 10 table cloths, 10 curtains, 8 rugs, 3 carpets, 6 bibs, and 8502 garments repaired.

Religious services have been regularly observed every Sabbath evening in our little chapel, under the direction of our good Chaplain, Rev. Dr. Ricker.

It is gratifying to notice the interest which the inmates take in these weekly services, and we are sure, conducted judiciously as they are, that they prove a solace to many a disturbed and weary mind. It is hoped that the time is not far distant when a more convenient and suitable place will be provided for our Sabbath evening worship, where all the members of the household may meet and enjoy the privileges.

The well selected library, procured with the accumulated funds donated by the late Col. Black, and the late Brice McLellan, affords an abundance of reading for those patients who have a taste for it, and can use the books with care. This, with the large number of newspapers and periodicals regularly received, are valuable auxiliaries in the moral treatment of the institution.

We indulge our patients in whatever they are inclined to do, so far as seems consistent with their good. Those who before their illness enjoyed reading and writing, are, as their health improves, thus indulged to while away their dull hours.

The following touching lines were written by one of the inmates during convalescence, on hearing of the death of his mother, which occurred while he was in the Hospital :

Far back in gathering shades of long ago,
 Mild, loving eyes were gazing into mine;
 A graceful form was constantly before me,
 With busy footsteps flitting to and fro;
 A mild, sweet face was often bending o'er me
 With love almost divine.

My mother watched my waking hours and slumbers,
 And loved and cherished me;
 And, mother, now I pen in broken numbers
 This tribute unto thee.
 Akin to that sweet influence from the skies—
 The heavenly dove,
 Is that blest boon that never, never dies—
 A mother's love.

Oh, mother, hast thou gone?
 It cannot, cannot be!
 And yet I know
 Thy mild blue eye is dim;
 Thy heart no more with sorrow's pang shall swell,
 Thy form is resting 'neath the drifted snow,
 Thy weary spirit's wafted back to Him
 Who doeth all things well.

Thy gentle soul has flown,—
 Flown to the beauteous shore,
 With downy wing,
 And round the glorious throne,
 Forevermore
 The entrancing song with seraph voice shall sing.
 Return, O, days of joy,
 Ere sin had left its stain,
 Days when my mother heard my prayer,
 And loved her boy;
 Return, O, days of yore!

The wild winds, heeding not my bitter woe,
 Come pealing with a dirge-like strain;
 Then, sad, wild music, mournfully and slow,
 Like voices in the air.
 You call, but call in vain;
 A day once past returneth nevermore.
 I give thee up—still sing thy glorious song.
 Farewell, a sad farewell, my mother dear,
 Thy soul is with the joyous, white-robed throng,—
 And I, alas, am here.

The farm, as will be seen by the Steward and Treasurer's report, has, considering the unusual drought of the summer, yielded a liberal harvest of hay, grain, and vegetables for household use.

The improvements begun last year, of moving the outbuildings, grading the grounds about the new wing and the barns, have been carried forward. There remains, however, considerable more to be done. The barns and outbuildings are now all eligibly located, more comfortable and convenient for carrying on the farm operations than ever before, and the rear of the Hospital is relieved from all unpleasantness on account of their near proximity, and the danger from fire which previously existed on their account is now greatly lessened.

The improvement of the grounds contemplated in the Copeland plan, we trust will from time to time continue to go forward as opportunity offers, till the place is made what it is designed to be, a most picturesque and attractive spot for the unfortunate class of community who need such influences for their comfort and restoration.

We would again call attention to the subject of a new chapel, to which we have alluded at sundry times in former reports, with the hope that the Legislature will give it a favorable consideration, and grant the necessary appropriations to begin and carry forward the work. The advantages in a moral and sanitary point of view that would accrue to the inmates from the use of a well appointed chapel, must be obvious to any one who will take the trouble to inform himself of its importance. Since the institution has been so much extended, the room now occupied for this purpose is entirely inadequate to its wants. Not more than one-half of the number of inmates competent to attend chapel service are able to be present, for the want of room. With a good, commodious chapel, we could, aside from the Sabbath evening services, do much to entertain and interest the patients during the long winter evenings, in the way of readings, lectures, concerts, light gymnastic exercises, and other amusements.

The need of airing courts for a class of patients in the summer, who are disinclined to work upon the farm, is very much felt, where they can take exercise without going upon the highway, exposing themselves to the gaze of passers by.

The furniture of the house, especially of the centre building, which has been long in use, needs to be replaced, as it is much worn and dilapidated. It will also be necessary to do considerable painting during the ensuing year, in order to keep the building in a good state of preservation. The floors of the old male wings having been in constant wear for nearly twenty years, are becom-

ing quite thin and shaky, and they will very soon have to be re-laid. For these and other minor repairs and improvements, an appropriation will be needed.

The Maine Insane Hospital now has a history of three decades of years, and it may not be out of place to review in brief a few facts in connection with what has been done in the State for the insane during this period.

Early in her history, Maine, through one or two of the leading minds of her benevolent citizens, projected the idea of building a Hospital for this unfortunate class. The inception commenced about the year 1835, when the first appropriation was made, which with the private munificence of the late Hon. Reuel Williams, and the late Benjamin Brown, Esq., laid the foundation of the noble structure which now rises before us. Catching the key-note of the Christian enterprise which those benevolent men sounded, the State has carried forward in a most liberal manner the great work so generously begun.

In October, 1840, the Hospital was ready for the reception of patients, and on the 14th of that month the first patient was admitted. The institution then consisted of a centre building and two wings, with a stable and workshop, and a farm of about sixty acres of land, all of which were convenient for the accommodation of one hundred patients, fifty males and fifty females. The government of the Hospital was vested in a Board of three Directors, chosen by the Legislature, who organized the Hospital by choosing Dr. Cyrus Knapp, Superintendent and Physician, Dr. Chauncey Booth, Assistant Physician, Henry Winslow, Steward and Treasurer, and Mrs. Catharine Winslow, Matron. The appointment of Superintendent being one of political preferment, Dr. Knapp only remained in office till March, 1841, when he resigned, and the charge was left in the hands of the Assistant Physician, Dr. Booth, who acted as Superintendent till the following August, when Dr. Isaac Ray having been appointed to fill the vacancy, entered upon the duties of the office of Superintendent. In the winter of 1843, deeming it advisable to remove as far as practicable the government of the Hospital from the arena of political influence, the Legislature very wisely changed the law governing the Hospital, and vested its control in a Board of six Trustees, appointed by the Governor and Council, to serve a term of three years each, and so arranged that the terms of two would expire annually.

The first Board of Directors consisted of Reuel Williams, Benj. Brown and W. C. Larrabee. James M'Keen succeeded Mr. Larrabee in 1841. Amos Nourse succeeded James M'Keen in 1842. John H. Hartwell was appointed in place of Benj. Brown in 1843. At this juncture the law was changed, and the government of the Hospital was placed in the hands of six Trustees, and the following gentlemen composed the first Board: Reuel Williams, Levi J. Ham, Josiah Prescott, J. H. Hartwell, Edward Kent and Amos Nourse.

In 1844, Moses Mason and Edward S. Jarvis were appointed successors of Amos Nourse and Josiah Prescott. In 1845, Moses Mason, L. J. Ham, and J. H. Hartwell retired, and Cornelius Holland, Edward Swan, and John Hubbard were appointed their successors. In 1846, Isaac Reed and Charles Millett succeeded Reuel Williams and Edward Kent. In 1847, Reuel Williams and Ebenezer Knowlton were appointed to succeed Edward S. Jarvis and Cornelius Holland. In 1848, the terms of John Hubbard and Edward Swan expired, and the former was reappointed and G. L. Bennett appointed in the place of the latter. In 1849, William Oakes, Jr., was appointed successor to Charles Millett, and Isaac Reed was reappointed. There was no change in the Board in 1850, except the addition of R. H. Gardiner in place of John Hubbard, resigned. In 1851 there was no change. In 1852, George Downes was appointed in place of Isaac Reed, resigned. Richard Woodhull was added to the Board in 1853, in place of Ebenezer Knowlton. No change in 1854. In 1855, Joseph Barrett succeeded William Oakes. No change in 1856. In 1857, Moses Sweat and Archibald Talbot were appointed successors to R. H. Gardiner and G. L. Bennett, and Reuel Williams resigning, John L. Cutler was appointed to fill the vacancy. In 1858, Alcander Burbank was appointed to succeed George Downes, the only change that year. The Board remained the same in 1859. In 1860, John Benson and William Swazey were appointed successors to Archibald Talbot and Moses Sweat. There was no change during the years 1861 and 1862, vacancies being filled by reappointment. In 1863, George A. Frost and George Comstock were appointed in places of William Swazey and John Benson. In 1864, John T. Gilman was appointed in place of John Cutler, resigned, and Moses R. Ludwig in place of Joseph Barrett, the other vacancy being filled by reappointment. The Board remained unchanged during 1865 and 1866. In 1867, William B. Lapham

was appointed to succeed Alcander Burbank. No change in 1868. In 1869, A. G. Wakefield was appointed in place of Richard Woodhull, and E. L. Pattengall in place of George Comstock. During the past year N. P. Monroe was appointed in place of M. R. Ludwig.

Dr. Cyrus Knapp was the first Superintendent, and held the office from October, 1840, till March, 1841. When he resigned, Dr. Chauncey Booth, the Assistant Physician, acted as Superintendent till the following August, when Dr. Isaac Ray was appointed to the office, which he held till the spring of 1845, when he resigned, and Dr. James Bates was appointed his successor. He held the office till February 1, 1850, since which the duties of the office have been performed by the present incumbent.

The following are the names of the Assistant Physicians who have held that office, and the order in which they have served, to the present time: Chauncey Booth, Edwin R. Chapin, Horatio Smith, Henry M. Harlow, Jerome C. Smith, Paul Merrill, John H. Prentiss, John Blackmer, Richard L. Cook, Thomas Emery, Samuel Emery, James D. Nutting, and Bigelow T. Sanborn, the present incumbent.

The office of Steward and Treasurer has been filled by the following gentlemen: Henry Winslow, from 1840 to 1842; Joshua S. Turner, from 1842 to 1853; Theo. C. Allan, from 1853 to 1864; Jefferson Parsons, from 1864 to 1870, who was succeeded by William E. Leighton, the present incumbent.

The office of Matron has been filled by the following persons: Mrs. Catharine Winslow, from 1840 to 1842; Mrs. Betsey Bartlett, from 1842 to 1843; Mrs. Lydia J. Maynard, from 1843 to 1844; Miss Maria Johnson, from 1844 to 1869, who was succeeded by Mrs. Betsey K. Parsons, the present incumbent.

During the first ten years there was no stated Chaplain, the duties of the office being performed by the various clergymen of Augusta and Hallowell. Since then the duties have been performed by Rev. J. H. Ingraham, Rev. John Young, Rev. C. F. Penney, and Rev. Dr. Ricker, the present Chaplain.

There has been appropriated from the State treasury, for the insane, directly and indirectly, since the inception of the Hospital thirty-five years ago, the following amounts:

For specific purposes.....	\$413,148 21
For indigent persons and insane paupers.....	266,482 28
For Trustees	16,051 35

For resident officers.....	62,961 85
For investigation.....	4,000 00
Miscellaneous	283 00
Total.....	<u>\$762,926 69</u>

Since 1840 the Hospital has nearly quadrupled in size. Four large wings, three stories high, two for each sex, have been erected, capable of accommodating about two hundred and fifty patients.

The farm has been increased from sixty acres to three hundred, capable of supporting forty head of cattle and six horses, the original stock being eight head and three horses.

The receipts and disbursements of the institution have increased from seven or eight thousand to nearly one hundred thousand dollars per annum.

Since our last report we have been called upon to yield the valuable services of Mr. Jefferson Parsons, Steward and Treasurer. He resigned his office early in August last, and went to California. He had been connected with the institution for more than twenty years, and for the last six years has held the office which he vacated on the first of September. He was ever kind, social and generous, and left us with the best wishes of all with whom he had been associated so long.

On the 21st of September, Captain William E. Leighton was appointed to fill the vacancy, and entered upon the duties of the office on the first of October last. From the high recommendations which he brought to his new position, and from our own acquaintance with him thus far, we feel to congratulate the friends of the institution that the services of one so well qualified have been secured.

At the commencement of the year, Rev. C. F. Penney, much to our regret, resigned the office of Chaplain, which he had held for nearly three years, and Rev. Dr. Ricker was appointed his successor.

We would not omit in this connection to express our gratitude to each of the Trustees for their kindness, their aid and encouragement, so freely bestowed in all the duties of the past year.

To each of my associates in office, to the supervisors, to the attendants, nurses, and all helpers in and about the Hospital, I am indebted for their courtesy and kindness to me, and their faithfulness in the discharge of their respective duties.

We acknowledge with pleasure the receipt of a very fine life-like portrait of the late Col. Black of Ellsworth, presented to the Hospital by his son, George N. Black, Esq., of Boston, for the library which his father donated by will to the institution.

In conclusion, we invoke the blessing of heaven upon the work of this noble charity, and commend its fostering care to a benevolent and christian people, as we enter anew upon the duties of another year.

HENRY M. HARLOW.

MAINE INSANE HOSPITAL, }
Augusta, November 30, 1870. }

APPENDIX TO SUPERINTENDENT'S REPORT.

EXTRACTS FROM THE REGULATIONS OF THE HOSPITAL.

Male patients admitted into the institution should come provided with at least two good cotton shirts, coat, vest and pants of strong woolen cloth; two pairs woolen stockings; one hat or cap; pocket handkerchiefs; brush and comb; and one pair of boots or shoes.

Females should have at least a change of under-clothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses. The woolens should be of dark color. It is quite desirable also that a Bible or Testament should not be forgotten in the outfit. The price of board, washing, medicine and attendance is fixed at \$4.00 per week. Payments made quarterly, or when the patient is removed.

No person over twenty-one years of age can be received without the certificate required by the act regulating the Hospital in the Revised Statutes.

FORM OF CERTIFICATE AND ORDER FOR ADMISSION.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, the undersigned, Selectmen (or Mayor and Aldermen) of —, in the county of —, this day, on complaint to us made

in writing, of —, of —, in said county, —, of —, of said —, who therein says that said — is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said —, and called before us such testimony as was necessary to a full understanding of the case; whereupon it appeared to us that said — was insane, and we were of opinion that the safety and comfort of said —, and others interested, would be promoted by a residence in said Hospital, and accordingly determine that said — be sent forthwith to said institution.

We therefore certify that said — is insane, and that — was residing — and found in the town of — aforesaid, at the time of arrest and examination aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said — into said Hospital, and detain — in your care until — shall become of sound mind or be otherwise discharged by order of law, or by the Superintendent or Trustees.

FORM OF BOND FOR SUPPORT.

KNOW ALL MEN BY THESE PRESENTS, That we, — of —, in the county of —, as surety, are held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in office, in the sum of two hundred dollars, to the payment of which sum, well and truly to be made, we bind ourselves, our heirs, executors and administrators, firmly by these presents.

Sealed with our Seals, and dated at —, this — day of —, A. D. 187—.

The condition of this obligation is such, That whereas, —, of —, in the county of —, is about to be admitted as a boarder and patient at the institution aforesaid: Now if the said — shall pay to said —, or his successor, and remove the said —, and for reasonable charges that may be incurred in case of the elopement of said —, payment to be made quarterly, and at the time of removal, with interest on the amount after it becomes due, as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue.

Witness:

[L. S.]

[L. S.]

QUESTIONS.

TO BE ANSWERED BY THE PATIENT'S FAMILY OR PHYSICIAN.

1. Age?
2. Married or single?
3. Occupation?
4. How old at first attack?
5. Date of present attack? What appearances?
6. What changes since?
7. On what subjects?
8. Any rational intervals?
9. Any relations ever insane, and who were they?
10. Ever attempted suicide or homicide, and in what manner?
11. Destructive to clothes or property?
12. Disposed to filthiness of person or habits?
13. Any restraint or confinement been applied? If any, what?
14. If former attacks, how many, and how long did they continue?
15. What natural peculiarities? power of self-control? temper? disposition? predominant passion? disappointment as to property, affections, wounded pride, loss of friends, family troubles, intemperance in the use of ardent spirits, tobacco, &c.?
16. History of any bodily disease, especially suppressions of evacuations, eruptions, sores, &c., injuries, epilepsy, palsy, &c.?
17. What cause or causes are supposed to have induced the attack?
18. What curative means have been tried? state if blood-letting has been resorted to; if so to what extent?

APPENDIXES.

A.

REPORT OF STEWARD AND TREASURER.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In compliance with the requirements of law for the government of the Hospital, the Steward and Treasurer respectfully submits the following statement of its financial condition for the year ending November 30, 1870:

Entering upon the duties of the office near the middle of the last quarter, I of course lack that knowledge of the transactions of my predecessor which would enable me to make positive statements in relation to the resources and liabilities of the Hospital. But having advertised, according to your instructions, for the presentation of all claims against the institution, I have no doubt that they have been presented, and that the following is a true statement of its financial condition:

PAYMENTS.		
Paid balance due Treasurer for 1869.....		\$4,998 13
Paid for flour.....	\$5,539 19	
“ corn, rye and meal.....	3,207 77	
“ beans and peas.....	674 02	
“ rice.....	214 50	
“ sugar.....	2,216 19	
“ molasses and syrup.....	1,213 55	
“ tea and coffee.....	2,213 45	
“ small groceries.....	430 64	
“ cheese.....	684 34	
“ butter.....	10,323 67	
“ meat.....	10,242 67	
“ fish and clams.....	2,304 32	
“ fruit, green and dried.....	627 23	
“ all other eatables.....	2,051 12	
“ soap.....	320 52	

Financial Affairs, (Continued.)

Paid for furniture.....	\$1,336 65	
“ crockery, glass and hardware.....	1,176 40	
“ medicines.....	1,094 50	
“ domestic goods, blankets, hats, caps, boots, &c.....	5,128 98	
“ coffins and fixtures.....	416 00	
“ straw for beds.....	293 56	
“ stationary, postage and rev. stamps	506 36	
“ repairs and improvements.....	1,794 49	
“ labor and materials for farm.....	2,296 67	
“ labor in hospital.....	10,008 53	
“ fuel.....	10,342 66	
“ lights.....	1,325 92	
“ horses, carriages and harnesses...	818 55	
“ tobacco and snuff.....	254 67	
“ freight, truckage and express.....	472 86	
“ frt. and express charged to patients	186 43	
“ cutting wood on farm.....	412 61	
“ moving barns and outbuildings, and other special improvements.	5,296 75	
“ miscellaneous.....	725 38	
		\$ 91,149 28
RECEIPTS.		
From patients for board and clothing, de- struction, &c.....	77,028 41	
“ State appropriation for improvements	5,943 53	
“ sale of coal.....	2,823 15	
“ “ 121 pigs.....	459 00	
“ “ pork.....	677 13	
“ “ hides.....	781 89	
“ “ grease and bones.....	137 52	
“ “ peas.....	39 00	
“ “ lead and old iron.....	227 50	
“ “ medicines.....	50	
“ “ dry goods, to help.....	82 22	
“ “ chaise.....	25 00	
“ “ water cooler.....	3 00	
“ “ barrels.....	29 10	
“ discount on bills.....	15 97	
		88,272 92
Balance due the Treasurer.....		\$2,876 36
RESOURCES.		
Debts due the Hospital.....		20,395 68
LIABILITIES.		
Debts against the Hospital.....		5,871 55
Balance in favor of Hospital.....		\$ 14,524 13

Products of Farm.

PRODUCTS OF THE FARM.		
19,777 pounds pork at 12½c.....	\$2,472	12
219 pigs.....	959	00
125 tons hay at \$22.....	2,750	00
7 tons straw at \$12.....	84	00
56½ bushels wheat at \$1.60.....	90	40
27 bushels barley at 80c.....	21	60
72 bushels beans and peas at \$2.....	144	00
1,132 bushels potatoes at 70c.....	792	40
140 bushels turnips at 45c.....	63	00
954 bushels beets at 50c.....	472	50
40 bushels corn at \$1.10.....	44	00
1,500 pounds squash at 2c.....	30	00
110 barrels apples at \$2.....	220	00
		\$8,143 02
<i>Schedule of Personal Property, &c.</i>		
STOCK.		
6 horses.....	850	00
7 oxen.....	800	00
23 cows.....	1,150	00
2 yearlings.....	40	00
5 calves.....	50	00
98 pigs.....	500	00
49 hogs.....	1,684	37
		5,074 37
FARMING TOOLS, SLEIGHS AND CARRIAGES.		
2 horse rakes.....	60	00
1 hay tedder.....	75	00
1 mowing machine.....	135	00
1 mowing machine.....	50	00
2 ox wagons.....	150	00
3 ox carts.....	100	00
1 horse wagon.....	50	00
1 express wagon.....	50	00
1 omnibus.....	200	00
1 top buggy.....	200	00
2 open buggies.....	225	00
1 chaise.....	40	00
1 double sleigh.....	100	00
3 sleighs.....	75	00
2 horse sleds.....	45	00
1 ox sled.....	30	00
5 horse hay forks.....	50	00
1 hay cutter.....	15	00
1 winnowing machine.....	10	00
4 hay racks.....	40	00
1 saddle and bridle.....	15	00
1 pair horse-cart wheels.....	40	00
1 hay scale.....	200	00

Schedule of Personal Property, (Continued.)

1 grindstone.....	\$8 00	
2 platform scales.....	30 00	
3 handcarts.....	100 00	
Plows, harrows, yokes and chains.....	225 00	
Shovels, hoes, picks, forks and bars.....	25 00	
Rakes and scythes.....	30 00	
Harnesses, robes and blankets.....	346 00	
		\$2,719 00
HAY, STRAW AND GRAIN.		
90 tons hay at \$22.....	1,980 00	
2 tons straw at \$12.....	24 00	
56½ bushels wheat at \$1.60.....	90 40	
27 bushels barley at 80c.....	21 60	
100 bushels corn at \$1.10.....	110 00	
		2,226 00
PROVISIONS AND GROCERIES.		
800 pounds beef at 10c.....	80 00	
1,277 pounds pork at 12½c.....	159 62	
350 pounds lamb at 8c.....	28 00	
350 pounds codfish at 6½c.....	22 75	
11 barrels mackerel at \$13.....	143 00	
339 pounds lard at 16½c.....	15 93	
4,200 pounds butter at 40c.....	1,680 00	
772 bushels potatoes at 70c.....	540 40	
125 bushels turnips at 45c.....	56 25	
945 bushels beets at 50c.....	472 50	
23 bushels beans and peas at \$2.75.....	63 25	
4 barrels onions at \$5.....	20 00	
4 barrels pickles at \$15.....	60 00	
188 gallons vinegar at 37c.....	69 56	
240 gallons cider at 20c.....	48 00	
15 barrels apples at \$2.....	30 00	
120 pounds dried apples at 10c.....	12 00	
9 bushels cranberries at \$3.....	27 00	
248 gallons molasses at 40c.....	99 20	
172 gallons syrup at 70c.....	120 40	
1,764 pounds sugar at 12½c.....	220 50	
98 barrels flour at \$8.....	784 00	
45 pounds coffee at 24c.....	10 80	
40 pounds tea at 70c.....	28 00	
160 pounds rice at 9c.....	14 40	
20 pounds cocoa at 55c.....	11 00	
5 boxes raisins at \$3.25.....	16 25	
40 pounds cloves at 50c.....	20 00	
50 pounds pepper at 40c.....	20 00	
42 pounds arrow root at 70c.....	29 40	
5 pounds sage at 40c.....	2 00	
25 pounds pimento at 50c.....	12 50	
75 pounds cream tartar at 46c.....	34 50	

Schedule of Personal Property, (Continued.)

448 pounds soda at 5½c.....	\$24 64	
20 pounds mustard at 54c.....	10 80	
149 pounds starch at 11c.....	16 17	
4 boxes salt at 32c.....	1 28	
3 bushels salt at 70c.....	2 10	
12 bottles ketchup.....	5 00	
42 pounds castile soap at 19c.....	7 98	
10½ boxes laundry soap.....	72 25	
		\$5,091 43
DRY GOODS AND CLOTHING.		
63 yards alpaca at 50c.....	31 50	
238 yards print at 12½c.....	29 75	
65 yards gingham at 16c.....	10 40	
256 yards delaine at 18c.....	46 08	
172 yards silesia at 15c.....	25 80	
76 yards Lyonese cloth at 40c.....	30 40	
62 yards cotton flannel at 18c.....	11 16	
53 yards wool flannel at 40c.....	21 20	
123 yards drilling at 20c.....	24 60	
185 yards cambric at 8c.....	14 80	
8 yards skirting at 33c.....	2 64	
54 yards duck at 30c.....	16 20	
125 yards shirting at 20c.....	25 00	
418 yards sheeting at 12½c.....	52 25	
443 yards sheeting at 15c.....	64 45	
24 yards wool dress plaid at 75c.....	18 00	
32 yards linen damask at 42c.....	13 44	
40 yards lasting at 75c.....	30 00	
149 yards crash at 15c.....	22 35	
134 yards cassimere at \$1.....	134 00	
28 yards cassimere at 75c.....	21 00	
33 yards cassimere at 55c.....	18 15	
40 yards furniture patch at 20c.....	8 00	
109 yards wool plaid at 20c.....	21 80	
Buttons, thread and needles.....	33 27	
3 caps, ladies.....	3 75	
1 balmoral skirt.....	2 50	
8 drilling skirts at \$1.25.....	10 00	
42 towels at 25c.....	10 50	
20 bed sacks at \$1.....	20 00	
11 milled blankets \$2.....	22 00	
65 pillow slips at 25c.....	16 25	
12 boxes paper collars.....	3 00	
11 pairs hose at 25c.....	2 75	
5 pairs suspenders at 60c.....	3 00	
15 coats at \$5.....	75 00	
5 coats at \$2.50.....	12 50	
18 vests at \$1.50.....	27 00	
16 pairs pants at \$2.20.....	35 20	

INSANE HOSPITAL, Dec. 22, 1870.

To the Trustees of the Maine Insane Hospital:

The Committee on that part of the Treasurer's report relating to a schedule of stock and other personal property belonging to the Hospital, have attended to the duty assigned them, and report the same correct, and that the property therein specified is now on hand.

A. G. WAKEFIELD,
E. L. PATTANGALL.

INSANE HOSPITAL, Dec. 22, 1870.

To the Trustees of the Maine Insane Hospital:

The Committee to which was referred the financial parts of the Treasurer's report, have examined the same and find it correct.

E. L. PATTANGALL.
GEORGE A. FROST.

B.

CHAPLAIN'S REPORT.

To the Trustees of the Maine Hospital for the Insane :

GENTLEMEN :—In the important trust with which I have been charged during the past year, is included the duty of making a brief annual report.

Chapel services, characterized by a decorum that would do credit to any religious congregation, have been steadily held on each Sabbath evening. The only exception to this is due to the memorable spring freshets, which for the time precluded the possibility of crossing the river.

Although the congregation, as to its character, is exceptionable and abnormal, the average attention to the preaching has not only been respectful, but marked.

Upon this point, many strangers, present for the first time, have expressed both surprise and gratification. As a mere sanitary measure, these services are doubtless of much value. If their whole result were but a temporary change in the current of thinking and feeling on the part of those in attendance, they would be worth ten-fold their cost to the institution. But their result is vastly more and higher than this. For though the intellect is disordered, the *heart* is not thereby always rendered impervious to the motives and consolations of Christ's gospel. Accordingly, one and another retire from the chapel with hope stimulated and good purposes strengthened, and fortitude reinforced. Their way thus becomes less dark, their mental vision more clear, and they themselves brought into closer sympathy with the Great Sufferer, to whose gospel they have been listening. Of some, at least, I am persuaded that this is true, a persuasion that has often given me strength and courage for the difficult and exceptional task pertaining to the chaplaincy of such an institution.

Of the imperative need of better chapel accommodations, gentlemen, I need not speak. The last report of my predecessor does but simple justice to this point. To that document I refer you,

with the hope that as the State is doing so nobly for the Hospital in most other respects, it will not long be behind in this.

In conclusion, I cannot deny myself the pleasure of testifying to the rare ability and wisdom with which, in my judgment, the affairs of this institution are administered. To meet the requirements contemplated by those who founded it, is indeed a difficult task. But that they are met in an eminent degree, my opportunities for observation have fully convinced me.

Respectfully submitted,

JOSEPH RICKER, *Chaplain.*

AUGUSTA, December 1, 1870.

C.

REPORT OF BUILDING COMMITTEE ON NEW WING
AND SPECIAL IMPROVEMENTS.

To the Trustees :

Your committee respectfully report, that the resolve appropriating money for the completion of the new wing and for special improvements, provided that the same "should be expended by the Trustees under the direction of the Governor and Council," a provision that was not expected at the time of the formation of your committee.

In order to organize for the purpose of carrying out the provisions of this resolve, a meeting of the joint committee was held at the Hospital on the eighth day of April, when it was voted that Hon. A. H. Abbott, from the committee of the Council, and William B. Lapham, from the committee of the Trustees, be constituted a sub-committee, and authorized to receive and expend the appropriations. For a detailed account of this expenditure, you are respectfully referred to the report of the sub-committee which follows.

Respectfully submitted,

W. B. LAPHAM,
GEO. A. FROST,
A. G. WAKEFIELD, } *Building Committee*
on New Wing.

AUGUSTA, December 1, 1870.

D.

REPORT OF THE SUB-COMMITTEE ON NEW WING
AND SPECIAL IMPROVEMENTS.

To the Trustees of the Maine Insane Hospital :

At a meeting of the building committee of the Trustees, and of the Committee of the Executive Council on the Insane Hospital, holden at the Hospital on the eighth day of April, I was appointed a sub-committee to act in conjunction with one from the committee of the council, to receive and expend the appropriations made for finishing and furnishing the new wing, and for moving barns, and other special improvements. Work was immediately resumed on the new wing, and continued without intermission till it was occupied on the tenth day of November. The appropriation for the new wing has been economically spent under the supervision of Hon. A. H. Abbott, of the Executive Council, a gentleman of great business experience, and was barely sufficient to finish and furnish the building. In making the estimate for this appropriation, the Trustees did not take into account the necessity of purchasing a new steam boiler for additional warming facilities. This boiler, with its fixtures, cost a thousand dollars. It was also expected that there was a sufficient amount of spare pipe about the Hospital for steam piping the new wing; but this was found not to be the case, and we were obliged to purchase five thousand feet of new pipe, which cost a thousand dollars more. These two items were in addition to what was purchased for the last wing built, upon the cost of which this estimate was based.

We have given to the work all the superintendence it needed, and feel assured that, in all respects, it has been done in a substantial and workmanlike manner. The foreman, and most of the workmen employed last season were reëngaged for the completion of the work, and gave good satisfaction, the same as heretofore.

The grading and removal of earth from around the new wing has all been done by laborers from the hospital farm, assisted by the

patients. The hospital has been paid for this, in repairs on the buildings, by workmen employed on the new wing.

Annexed is a schedule of expenditures, which I have condensed to save space, but which I trust you will find sufficiently explicit. I have drawn the money from the Treasury and kept the accounts.

SCHEDULE OF EXPENDITURES.

Carpenter work.....	\$6,066 98
Mason work.....	2,929 74
Transportation and Trucking.....	186 48
Painting and pointing.....	863 62
Sand, and trucking same.....	271 81
Miscellaneous bills, blacksmithing, flagging, hair, locks, boarding, &c.....	849 96
Paints and oils.....	246 67
Steam boiler and other castings.....	3,223 94
Brick.....	329 01
Nails and iron.....	504 76
Steam piping.....	1,884 20
Plumbing.....	1,651 59
Gas piping and fitting.....	308 47
Lime and cement.....	543 26
Furnishing goods.....	2,128 69
Building committee.....	567 26
Lumber.....	2,443 56
Amounting to.....	<u>\$25,000 00</u>

The work of moving the barns and outbuildings has been carried on during the season, and all are now in their new location. Convenient cellars have been made under the barns, and substantial foundation walls have been laid under each of them. All the old sheds have been moved, and made available for sheltering the stock and protecting the manures. It has required a large amount of new building material to put under the basements and fit up all these buildings in their new location, but much valuable room has been thereby gained.

From the State appropriation of ten thousand dollars I have drawn, on bills that have been audited by the committee of the council, the sum of seven thousand seven hundred thirty-five dollars and five cents (\$7,735.05), and as the work of improvement

is still going on, there are still bills of considerable amount which have not been audited. By the close of the year the appropriation will have been nearly or quite expended.

The removal of these buildings is an important step towards carrying into effect the plan of rural improvements suggested by Mr. Copeland. Grading roads and planting trees seem to be the next thing in order, and it is important that, during the next season, this work should be vigorously carried forward.

The appropriation of four thousand dollars has been applied to meeting the deficiencies of last year.

In conclusion, I desire to express my grateful acknowledgments to the Hon. A. H. Abbott of the Executive Council, who has been associated with me in the performance of these duties, for the kindness and affability with which he has ever treated me. To his good judgment and business experience is due, in a great measure, the prompt and successful issue of our work. His assistance was especially valuable in purchasing goods for furnishing the new wing, and, in the performance of these duties, he has ever manifested a deep interest in the prosperity of the institution.

To the Superintendent, Steward, Clerk and other officers and employes of the Hospital, I am indebted for many acts of kindness, and for valuable assistance in the performance of the duties you imposed upon me.

Which is respectfully submitted.

WILLIAM B. LAPHAM, *Sub-Committee.*

November 30, 1870.

COUNCIL CHAMBER, }
Augusta, December 22, 1870. }

I hereby certify that I have carefully examined and audited the account of expenditures of appropriations for new wing of Maine Insane Hospital, and for improving grounds of same, kept by W. B. Lapham, chairman of Building Committee of the Trustees, and found them correctly stated and properly avouched.

AMBROSE H. ABBOTT,
Chairman of Committee on Insane Hospital.

E.

REPORT OF COMMITTEE ON HOSPITAL LIBRARIES.

To the Trustees :

The Committee on Hospital Libraries respectfully report :

That they have continued to take the weekly newspapers published in the State, adding to their list such as have commenced publication during the year, all of which have been furnished at half rates, as heretofore. They have also been furnished with the leading magazines published out of the State at the same rates.

The Library has been increased during the year by the purchase of nearly one hundred volumes.

The papers and new books are eagerly sought after by the patients, and as a source of amusement to this unfortunate class,

value can hardly be over estimated. Donations of books and money from the friends of the institution are most earnestly solicited.

The permanent Library Fund of \$3,000 is still invested in State securities, the interest on which is now paid semi-annually in gold.

Annexed is an exhibit of the receipts and disbursements the past year.

RECEIPTS.

Balance from old account.....	\$53 44
Interest on State securities.....	203 85
Voluntary contributions.....	8 42
	\$265 71

DISBURSEMENTS.

Paid for papers and periodicals.....	\$120 92
“ books.....	105 26
“ binding books,.....	31 10
“ transportation.....	50
	\$257 78
Balance to new account.....	\$7 93

WM. B. LAPHAM, } *Committee on*
 JOHN T. GILMAN, } *Hospital Libraries.*

November 30, 1870.