

MAINE STATE LEGISLATURE

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DOCUMENTS

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THE LEGISLATURE

OF THE

STATE OF MAINE.

1860.

SIEVENS & SAYWARD, PRINTERS TO THE STATE.

1860.

REPORTS

OF THE

TRUSTEES AND SUPERINTENDENT

OF THE

MAINE INSANE HOSPITAL,

NOVEMBER, 1859.]

Published agreeably to a Resolve, approved March 16, 1855.

AUGUSTA:

STEVENS & SAYWARD, PRINTERS TO THE STATE.

1859.

OFFICERS OF THE INSTITUTION.

BOARD OF TRUSTEES.

RICHARD WOODHULL, *Bangor*,
JOSEPH BARRETT, *Canaan*,
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ARCHIBALD TALBOT, *Wilton*,
JOHN L. CUTLER, *Augusta*,
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HENRY M. HARLOW, M. D., SUPERINTENDENT AND PHYSICIAN.
JOHN BLACKMER, M. D., ASSISTANT PHYSICIAN.

THEODORE C. ALLAN, STEWARD AND TREASURER.

MARIA JOHNSON MATRON.

REV. JOHN H. INGRAHAM, CHAPLAIN.



TRUSTEES' REPORT.



REPORT.

To the Honorable the Governor and

Council of the State of Maine:

The Trustees of the Maine Insane Hospital, in compliance with a duty prescribed by law, have the honor to submit the following, as their Annual Report.

Under the blessing of Divine Providence, this Institution has continued during another year to exert its salutary influence in restoring soundness to many whose state of health required its benefits, and in ameliorating the sufferings of many others who yet remain unhealed.

The Hospital has been visited monthly by Committees of the Trustees, and its condition has uniformly been found in a high degree satisfactory; the various apartments of the building having been kept clean and neat; the dormitories, bedding, and personal clothing of the patients well cared for; the food wholesome, abundant, of suitable variety and well prepared; the sick carefully attended upon, and made as comfortable as each case would admit; and all the patients kindly watched over and provided for; no efforts seeming to be wanting on the part of the officers and attendants, to render the Institution a pleasant home to all its inmates.

The exterior of the Hospital, with the garden and the farm, which are under the special management of the Steward, furnishes pleasing testimony as to that officer's competency, skill and good taste. The farm is under a good state of cultivation, and its various productions constitute an important item in the resources of the establishment. A list of these, with their pecuniary value, is appended to the Report of the Steward and Treasurer.

An important improvement has been effected the past season, as to the buildings immediately connected with the farm. According to a plan submitted in our former reports, and under an appropriation furnished for the purpose, by the last Legislature, a new and commodious barn has been built; the old barn and stable have been

removed from their former position to a more eligible site; and good accommodations have been fitted up for raising pork. These buildings as now located and arranged, present an aspect of great convenience and comfort, and are a valuable ornament as well as an indispensable appendage to the Institution. A special committee of the Trustees have had charge of this work, and have been careful to incur as little expense as would be consistent with having the work properly and thoroughly done. The bills have, however, exceeded the appropriation in the sum of six hundred and ninety-three dollars and fifty cents (\$693.50.) This balance we have ordered to be paid by the Treasurer of the Hospital, out of funds derived from the current receipts of the Institution; the present condition of the Treasury being such as to justify this arrangement, instead of our asking for an additional appropriation from the Legislature.

That part of the appropriation of last winter, which was designed to furnish the outfit for lighting the Hospital with gas, has been expended under the direction of a special committee of the Trustees. The work was completed in August last, and the gas introduced. The entire interior of the establishment, at night, has thus been rendered far more pleasant and cheerful than before; and it cannot be doubted that this improvement will exert a salutary influence on the health of the patients, as well as greatly promote their comfort. Thus far it has been found that the expense of lighting with gas has been much greater than that of lighting with oil, and greater than the estimates previously made. But we expect that arrangements will be effected with the gas company, at an early day, to bring this expense within satisfactory limits.

Besides the expenditures already specified, various articles of furniture have been purchased for the use of patients, at a cost of three hundred and eighty dollars and ninety-seven cents, out of the appropriation of five hundred dollars bestowed for that purpose. The unexpended balance remains in the Treasurer's hands for further purchases to be made hereafter.

The deficiency of pasturage for the number of cows necessary for an adequate supply of milk, was noticed by the Superintendent in his last Report. To provide for this want, it will be clearly advisable to purchase an additional lot of land in the vicinity of the Hospital, as soon as the State shall find it convenient to make the requisite appropriation. But the Trustees feel reluctant, at this

time, to urge this measure, because of the supposed low state of the public Treasury.

The Libraries belonging to the Hospital have been enlarged during the year by the addition of about seventy volumes of valuable books, and a large assortment of quarterly and monthly periodicals. As similar additions can be made yearly, the inmates of the Hospital will be furnished with a copious selection of reading, which will be a source of much enjoyment to many, and we trust of intellectual and moral profit.

The Trustees deem it unnecessary to repeat items of information which are contained in the Report of the Superintendent, concerning what relates to the health of the inmates of the Institution; but we cannot forbear to notice that afflicting dispensation of Divine Providence which has removed from us our esteemed Assistant Physician, Dr. John H. Prentiss, late of Bangor. Dr. Prentiss possessed in a high degree those qualities of mind and heart which were suited to render him eminently useful in the station that he here occupied, and which had greatly endeared him to us all. And while we would submissively bow to the will of God, under the bereavement, we cannot but lament that a young man of so much promise, and so well qualified for usefulness, should so early be called away.

For several months past, the duties of Assistant Physician have been very acceptably performed by Dr. John Blackmer, who has been a practising physician for a few years in a neighboring State; and we have joined with the Superintendent in confirming his appointment as Assistant Physician.

We subjoin the Report of the Treasurer and Steward, (Appendix A); the Reports of Special Committees on expenditures, (Appendix B C and D); a schedule of personal property belonging to the Hospital, (Appendix E); and the Report of the Chaplain, (Appendix F.)

All which is respectfully submitted.

R. WOODHULL,
JOSEPH BARRETT,
MOSES SWEAT,
ARCHIBALD TALBOT,
ALCANDER BURBANK,
J. L. CUTLER.

INSANE HOSPITAL, Augusta, Dec. 1, 1859.

SUPERINTENDENT'S REPORT.



REPORT.

To the Governor of Maine, and to the Honorable Council:

GENTLEMEN:—In obedience to the law regulating the government of the Maine Insane Hospital, it again becomes our duty to submit to you our Annual Report of this Institution.

As we review the fleeting year of Hospital life, just closed, we find abundant reason for gratitude to Almighty God for numberless blessings received at his hand. As His humble instruments, we have done some good, we trust, to the afflicted members of our household. The number of patients under treatment has exceeded that of any former year, and the result of our efforts to benefit them, has been proportionably successful. No year in the history of the Institution, has been marked by greater immunity from sickness or untoward circumstances. We have been spared from epidemics, and all serious accidents. The number of deaths has been comparatively small.

There were in the Hospital, at the commencement of the year, two hundred and eight patients; one hundred and seventeen males, and ninety-one females. There have since been admitted one hundred and forty-nine; eighty-one males, and sixty-eight females; making the whole number under treatment, three hundred and fifty-seven; one hundred and ninety-eight males, and one hundred and fifty-nine females.

There have been discharged during the year, one hundred and twenty—seventy-one males, and forty-nine females—leaving in the Hospital to-day, (30th November, 1859,) two hundred and thirty-seven—one hundred and twenty-nine males, and one hundred and eight females.

The following was the condition of those discharged:—fifty-eight were recovered—thirty-eight males, and twenty females; twenty-two were improved—eleven males, and eleven females; twenty-three were unimproved—ten males, and thirteen females; seventeen have died—twelve males, and five females.

The causes which seemed to have produced death in the above persons, were as follows:—phthisis pulmonalis, seven; chronic mania and old age, two; dysentery, two; exhaustion, following acute mania, one; marasmus, one; epilepsy, one; serus apoplexy, one; dropsy, one; paralysis generale, one. All but two of these, were persons who had been insane a long period of time, and had been inmates of the Hospital several years in succession. There was little or no hope of their ever being any better, and death seemed a welcome messenger to relieve them of their earthly sufferings. We watched beside them as the attenuated thread was being severed, and administered such little comforts as each seemed to require, and as the vital spark went out, and their spirits winged their way to God, who gave them, we closed their eyes in death, and tried to receive such instruction as the event gave us.

Two died in December, one in January, three in February, three in March, two in April, one in May, two in June, one in July, one in October, and one in November.

No death by suicide, has occurred in the Hospital since our connection with it, and but two from this cause, during its entire history. The last death by suicide, was in the spring of 1845, since which, there have been one hundred and ninety patients here, whose symptoms were decidedly suicidal, many of whom attempted the act several different times, and yet we have thus far escaped this sad and painful accident. We do not allude to this boastingly, to show any superior ability in managing this class of cases, but because we consider it quite unusual. It is an immunity, we presume, which no other similar Institution has enjoyed for so long a time.

The following was the civil condition of those admitted the last year: forty-six males and thirty-six females were married—thirty-two males and twenty-six females were single—four were widowers and five were widows.

Twenty-three of the above were under twenty years of age, when their insanity first appeared; fifty-four were between twenty and thirty; forty-one were between thirty and forty; seventeen were between forty and fifty; thirteen were between fifty and sixty, and one was seventy.

The assigned causes of insanity in those admitted during the year, we put down as follows:—*ill health*, twenty-seven; *intemperance*, fourteen; *domestic affliction*, eleven; *puerperal state*, ten;

exposure and taking cold, nine; over-exertion, five; jealousy, five; spiritualism, four; loss of property, three; disappointed affection, three; religious excitement, three; epilepsy, three; masturbation, three; repelled eruption, two; general paralysis, two; fright, two; physical injury, two; seduction, one; inordinate use of galvanism, one; use of tobacco, one; disappointed ambition, one; inordinate grief, one; unknown, thirty-two.

Fifty-two of the patients now in the Hospital, (a less number than last year,) are foreigners or non-residents, and receive their entire support from the State. One hundred and thirty are indigent, and receive the aid from the same source, allowed them by law. Man's misfortunes rarely come singly. Insanity is but a little remove from the precincts of poverty. With the onset of this withering disease, all ability for accumulating property, all power of supporting others dependent, even of self-support, is crushed and denied. The unfortunate one must look to the charity of others. Let us not forget that we have the poor always with us, and that as we have freely received, we are to freely give.

The following Table gives the operations of the Hospital from its commencement to the present time :

Year.	Admitted.	Discharged.	Whole No. under treatment.	Recovered.	Improved.	Unimproved.	Died.	Greatest No. in Hospital on any day.	Least No. in Hospital on any day.	Remaining at end of year.	Daily average No. for the year.
1840-1	129	80	129	36	14	24	5	70	1	52	48
1841-2	89	72	141	32	16	19	5	73	50	65	59
1842-3	86	84	151	32	16	31	5	72	58	68	65
1843-4	83	75	151	30	16	26	3	79	55	76	70
1844-5	99	90	175	39	21	23	7	89	71	85	80
1845-6	102	87	187	46	22	14	5	107	80	101	93
1846-7	124	100	225	53	17	20	10	125	98	124	108
1847-8	128	125	252	60	31	14	20	135	117	127	112
1848-9	123	110	250	55	22	19	14	139	121	139	126
1849-50	110	125	249	66	25	21	14	155	123	124	137
1850-1	75	122	199	22	28	40	32	125	30	76	75
1851-2	48	42	124	23	4	8	7	34	76	84	79
1852-3	126	189	210	45	14	15	15	120	84	119	109
1853-4	109	114	228	49	15	18	32	140	114	115	129
1854-5	128	88	243	41	14	14	19	155	114	155	134
1855-6	149	114	304	54	22	19	19	194	151	190	167
1856-7	144	126	334	69	24	19	14	215	190	208	204
1857-8	126	126	334	59	25	18	24	225	205	208	213
1858-9	149	120	357	58	22	23	17	240	105	237	222

Table showing the number of Monthly Admissions since the opening of the Hospital.

Admitted.	1840-1.		1841-2.		1842-3.		1843-4.		1844-5.		1845-6.		1846-7.		1847 8.		1848-9.		1849-50.		1850-1.		1851-2.		1852-3.		1853-4.		1854-5.		1855-6.		1856-7.		1857-8.		1858-9.		Total.
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.			
October, . . .	5	3	7	4	5	3	5	2	3	5	5	6	3	1	10	10	5	3	5	5	8	3	2	3	1	2	6	7	3	1	6	11	8	8	5	3	5	2	179
November, . . .	9	4	2	1	1	2	5	4	4	4	2	1	2	8	3	5	5	11	2	9	2	4	6	2	4	1	2	6	3	2	7	7	6	4	9	4	3	4	160
December, . . .	8	1	3	3	4	0	4	3	3	6	5	2	3	4	5	2	2	2	7	4	0	2	2	3	11	3	4	4	6	5	4	2	10	3	7	4	3	2	146
January, . . .	5	2	5	1	1	1	2	4	3	1	6	1	4	4	4	2	5	6	5	1	6	3	2	3	6	1	6	9	2	5	6	5	7	4	3	3	6	2	142
February, . . .	7	4	4	0	5	2	2	5	2	0	1	2	2	4	7	4	4	3	2	2	4	3	2	0	6	3	3	5	7	4	7	3	3	5	6	3	4	4	134
March, . . .	7	8	1	2	4	4	2	3	3	4	5	6	3	3	6	3	3	3	5	5	2	4	3	2	9	4	7	7	3	6	8	6	8	7	6	3	6	4	175
April, . . .	10	4	6	6	3	1	3	3	1	4	4	6	4	1	5	6	5	7	7	3	6	1	2	1	6	2	6	4	11	2	7	7	4	7	8	5	10	8	186
May, . . .	4	5	8	7	4	3	6	3	6	7	4	4	9	5	2	7	5	4	6	9	7	2	4	0	4	4	2	8	7	8	4	6	6	5	11	7	5	6	204
June, . . .	8	6	6	6	12	3	6	1	11	5	3	5	8	7	5	4	9	7	6	2	3	4	6	3	4	2	5	4	6	1	8	4	6	8	6	8	9	10	217
July, . . .	4	1	5	3	3	2	2	2	3	4	4	7	7	6	8	5	5	7	6	6	2	3	0	0	4	7	7	3	6	4	10	6	6	5	8	5	9	6	181
August, . . .	2	3	1	3	3	7	3	2	7	4	5	5	9	2	9	6	5	7	4	6	4	4	1	0	6	6	6	4	3	3	7	5	5	7	4	5	13	5	181
September, . . .	3	2	2	5	6	2	6	5	4	7	4	10	9	2	7	7	8	5	5	2	2	1	5	1	2	4	5	8	2	6	10	8	9	7	5	5	4	7	192

A little more than nineteen years have elapsed, since the Hospital was opened for the reception of patients, during which time two thousand one hundred and twenty-seven have enjoyed its benefits. One thousand eight hundred and ninety have been discharged, of whom eight hundred and seventy-one, *recovered*, three hundred and sixty-nine *improved*, three hundred and eighty-three *unimproved*, and two hundred and sixty-seven *died*.

The number of patients has steadily increased every year. All the apartments for males are crowded, and have been so most of the time, for the last two years. Only a few beds in the female wards are unoccupied, and they are fast filling up. The same increase of patients the coming year, as that of the last, will oblige us to refuse many applications. The building, when every bed is occupied, will accommodate two hundred and fifty. We now have two hundred and thirty-seven. The question arises, what shall be done? The demand calls for more accommodations, and will soon become quite pressing. Some immediate action should be had, either to enlarge the present building, or to erect a new Hospital in some other section of the State. For several reasons, we should recommend the latter, though it might require a greater outlay, than the former. Two hundred and fifty diseased persons congregated together, are as many as one man ought to have in charge. Every Superintendent should know each patient and see him daily, which he could not well do, if the number was much greater. Should the work be commenced immediately, the additional room would be needed, before it could possibly be provided; even, were it ready to-day, we could commence occupying it to advantage. Sad and humiliating as is the fact, there are at this time, a large number of insane persons confined at the various alms houses in our State, many of whom are chained or caged, and in the most loathsome condition. Benevolent and sympathizing humanity calls for their release, and we doubt not they soon would be removed, if there was room for them in the Hospital; for the people are becoming more and more convinced, that a well regulated institution of this kind is the only suitable place for insane persons. I am aware that the State has already done much for this unfortunate class. No State in the Union, other things being equal, has done better, and yet much remains to be done. Let us not be weary in well doing, but work while the day lasts, for the night cometh, wherein no man can work. If there are any among us who need

our sympathy and aid, they are the insane; for what is more humiliating or terribly shocking, than to behold the last lingering rays of intellectual light fading from the once bright escutcheon—the human face divine. The body in its worst ruin, is nothing compared to the awful wreck which disease produces in that more glorious life which God has given to man. One could look upon the battle field, covered with the mangled dead, but to see man—the crowning piece of creation, with reason chaotic and extinct, is a sight painful in the extreme. He who visits Hospitals or Asylums for the insane, either in this or any other country, will find a large proportion of the inmates suffering from that form of mental alienation, termed dementia. In these we see all that is noble and God-like in man, fast in the embrace of disease, and slowly, but surely, sinking into the depths of fatuity as the stranded, gallant ship goes down in mid-ocean.

The avenues to this dire condition are various. If we examine their mental history we shall find some commencing with melancholia, who a few years ago were perfectly conscious and knew all that was passing around them. Step by step disease led them on to the vortex beneath. First the mental faculties began to be obtuse, then confused, and finally obliterated. Some were first seized with mania, in which, as described by Dr. Tuke, “the very intensity of the mental operation seems to have exhausted the supply of cerebral power, and a too rapid succession of images which ought to have been spread over a lifetime, has been compressed within the narrow limits of a few months. The very brilliancy of the flame has caused its premature extinction; the oil which should have sustained the lustre of an entire life, has been lavishly consumed in the production of one splendid but useless conflagration. The ashes in the socket alone remain.” Others again, have been suddenly whirled into this vast mental maelstrom by some overpowering shock to the nervous system. Some in approaching and passing the bounds of three score years and ten, find their mental faculties wrapped in the fields of oblivion, and are examples of senile dementia. All, whatever may have been their antecedents, have arrived at one common level in the scale of human existence. We see the casket, but the jewel does not appear.

Our excellent farm, the past season, has more than sustained its former good reputation. It has generously responded to the faithful culture it has received, under the direction of our able Steward.

Its products are large, and of a very fine quality. A larger and better crop of hay and grain has never been gathered from it; and although the drought of July and August, considerably diminished the yield of vegetables, we have an abundant supply for the table and other purposes. We can scarcely estimate the value of the farm to the Institution. While it affords good wholesome exercise and recreation in the open air for the patients, it furnishes a plentiful supply of good things for the daily consumption of all. It is stocked with fifteen cows, four oxen, four horses and forty hogs. The cows furnish all the milk, and the hogs all the pork we use.

In our last report, we recommended the purchase of a piece of land adjacent to the Hospital farm, to increase the area of our pasture; this would enable us to double our stock of cows and to keep a number of store cattle, to fatten for beef. It still seems very desirable and important, that this accession should be made, as it would be an economical investment for the Institution.

During the past year, we have made several important improvements in and about the buildings; one of the most valuable of which, is the introduction of gas for lighting the Hospital. It forms an eventful era in the history of the Institution. We have long wished for this change in the mode of lighting, and we are gratified to say, that we now enjoy all its comforts and conveniences. By the liberality of the Legislature, an appropriation was made last winter, for this and other purposes. At an early date, the work of extending to the Hospital the main pipe leading from the gas works in this city to the U. S. Arsenal, was commenced. The building was piped, and furnished with plain, substantial fixtures, and on the 13th of August last, gas was introduced, and we were brilliantly illuminated. It is not only a great comfort and convenience, in the management of the Institution, but it is operating favorably upon the inmates in a sanative point of view. The once dark and gloomy halls, are now every evening converted into bright and cheerful apartments. An increased quietness is distinctly observed among the patients, since the introduction of this new light. They are now able to pass their evenings more socially and engage more generally in reading and the amusements of the wards, which they could not well do, under the old arrangement of lamps and lanterns.

The change in the location of our barns, which has long been contemplated, has been effected the past season. They have been

removed to a more eligible spot, south of the old site, farther from the avenue, and put in excellent repair. A large new barn, 80 by 42, and a very convenient piggery, have been erected. All the farm buildings are now in a satisfactory condition. A new reservoir capable of holding a hundred hogsheads of water, has been built in the rear of the Hospital buildings, and at a convenient distance from the barns to be used in case of fire. It is filled from the roof of the new barn.

Some new furniture has been added to the old stock, which has considerably increased the comfort of the wards, and yet more is needed to make them what they ought to be.

The valuable Libraries of about 2000 volumes, afford great comfort and amusement to our patients and other members of the household. No institution of the kind in the country, can boast of so large and so fine a collection of books. In addition to these, we have the various reviews and periodicals of the day; and last, but not least, through the generosity of their editors and proprietors, we receive every week the following list of newspapers: The Age, Kennebec Journal, Maine Farmer, Gospel Banner, Augusta; Hallowell Gazette, Hallowell; Rural Intelligencer, Northern Home Journal, Gardiner; Rising Sun, Richmond; American Sentinel, Eastern Times, Bath; Christian Mirror, Portland Transcript, Maine Teacher, Portland; Maine Democrat, Saco; Democrat and Free Press, Rockland; Republican Journal, Belfast; Ellsworth American, Ellsworth; Machias Union, Machias Republican, Machias; Eastport Sentinel, Eastport; Aroostook Pioneer, Presque Isle; Bangor Courier, Bangor; Republican Clarion, Skowhegan; Eastern Mail, Waterville; Glenwood Valley Times, Vienna; Democratic Advocate, Lewiston Falls Journal, Lewiston; Morning Star, Dover, N. H.; Religious Magazine, Boston, Mass.; Masonic Journal, Haverhill, Mass.; Journal of Materia Medica, Lebanon, N. Y.

To Capt. Isaac Gage, whose heart always beats in the right direction, when he sees anything that he can do to ameliorate the condition of the insane, we most sincerely express our thanks for the Reed Organ he so kindly presented for our Chapel. To Miss D. L. Dix, the universal friend of the Insane, we are indebted for a fine Rocking Boat, which affords much amusement to the patients in the female wards.

The Chapel service has been regularly conducted by our esteemed and faithful Chaplain. He has also performed the funeral services

of all those who have died in the Institution the past year, whose remains were not removed home by friends.

It would be recreant to our feelings, should we omit to express our thanks to the board of Trustees for their kind advice and counsel in administering the responsible duties incident to our position. Their regular monthly visits are always welcome, both to us and the patients, who look forward to the day of visitation with pleasure, where they can each present their own peculiar cause.

I am also happy to bear testimony to the unremitting faithfulness of my associates, who have heartily cooperated with me in the onerous duties of the Institution.

Our corps of attendants and other assistants are industrious and faithful, and have performed their duties well.

On the 1st of March last, Dr. Paul Merrill, who had promptly and faithfully performed the duties of Assistant Physician for nearly three years, vacated the office to engage in the general practice of his profession.

The vacancy was filled by the appointment of Dr. John Hart Prentiss, of Bangor, who entered upon the duties of his office on the 16th of the same month. Scarcely had he entered his new field of labor, when disease seized his mortal frame, and called him away from earth. During the few months he was with us, he gave decided evidence that he possessed those rare mental and moral qualities which eminently fit one for the arduous position he had assumed. His compassion and active sympathy, his warm heart and genial nature, his clear judgment and firm purpose, without ostentation or vanity, won for him the esteem and affection of all who knew him.

The office was again filled by the appointment of Dr. John Blackmer of Effingham, N. H., a young man of culture and ability, who is proving himself a valuable officer of the Institution.

HENRY M. HARLOW.

MAINE INSANE HOSPITAL,
November 30, 1859.

A P P E N D I X .

APPENDIX.

EXTRACT FROM THE REGULATIONS OF THE HOSPITAL.

Male patients admitted into the Institution, should come provided with at least two strong cotton shirts; coat, vest and pantaloons of strong woolen cloth; two pairs of woolen socks or stockings; one neck cravat or stock; one hat or cap and one pair of boots and shoes.

Females should have at least the same quantity of under clothes, including shoes and stockings, decent bonnet, and two substantial dresses. In both cases the articles should be new and in good condition. The woollens should be of dark color. It is quite desirable also, that a Bible or Testament should not be forgotten in the outfit. The price of board, washing, medicine and attendance is fixed at \$2.50 per week. Payments made quarterly, or when the patient is removed.

No person over twenty-one years of age can be received without the certificates required by the act of second August, 1847.

FORM OF CERTIFICATE AND ORDER FOR ADMISSION.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, The undersigned, Selectmen (or Mayor and Aldermen) of —, in the county of —, this day, on complaint to us made in writing, of — of —, in said county — of —, of said —, who therein says that said — is insane, and is a proper subject for said Hospital, made due inquiry into the condition of said —, and called before us such testimony as was necessary to a full understanding of the case; whereupon it appeared to us that said — was insane, and were of opinion that the safety and com-

fort of said — and others interested, would be promoted by a residence in said Hospital, and accordingly determine that said — be sent forthwith to said Institution.

We therefore certify that said — is insane, and that — was residing commorant and found in the town of —, aforesaid, at the time of arrest and examination aforesaid; and you, the said Superintendent, are hereby ordered and required to receive said — into said Hospital, and detain — in your care until — shall become of sound mind, or be otherwise discharged by order of law, or by the Superintendent or Trustees.

Given under our hands, at said —, this — day of —, in the year of our Lord one thousand eight hundred and —.

} *Selectmen or*
} *Mayor and Aldermen.*

FORM OF BOND FOR SUPPORT.

KNOW ALL MEN BY THESE PRESENTS, That we, —, of —, in the county of —, as principal, and —, of —, in the county of —, as surety, are held and bound unto —, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of two hundred dollars, to the payment of which sum well and truly to be made to him, the said —, or to his executors and administrators, firmly by these presents.

Sealed with our seals, and dated at —, this — day of —, A. D. 185—.

The condition of this obligation is such, That whereas — of —, in the county of —, is about to be admitted as a boarder and patient in the Institution aforesaid: Now if the said — shall pay to said —, or to his successor in office, — per week, for board, washing, medicine and attendance, and pay for such necessary articles of clothing as shall be furnished to the said —, by the said —, or his successor, and remove the said —, and for reasonable charges that may be incurred in case of the elopement of said —; payment to be made quarterly, and at the time of removal, with interest on the amount after it becomes due, as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue.

Witness.

[L. S.]

[L. S.]

QUESTIONS

To be answered by the patient's family or physician.

1. Age?
2. Married or single?
3. Occupation?
4. How old at first attack?
5. Date of present attack? What appearances?
6. What changes since?
7. On what subjects?
8. Any rational intervals?
9. Any relations ever insane, and who were they?
10. Ever attempted suicide or homicide, and in what manner?
11. Destructive to clothes or property?
12. Disposed to filthiness of person or habits?
13. Any restraint or confinement been applied? If any what?
14. If former attacks, how many, and how long did they continue?
15. What natural peculiarities? power of self control? temper? disposition? predominant passion? disappointments as to property, affections, wounded pride, loss of friends, family troubles, intemperance in the use of ardent spirits, tobacco, &c.?
16. History of any bodily disease, especially suppressions of evacuations, eruptions, sores, &c.; injuries, epilepsy, palsy, &c.
17. What cause or causes are supposed to have induced the attack?
18. What curative means have been tried? State if blood-letting has been resorted to? if so, to what extent?

(A.)

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—The following report of the expenditures and receipts of the Hospital, for the year ending November 30, 1859, is respectfully submitted, viz :

PAYMENTS.		
Balance due the Treasurer, in last account,		\$1,262 19
Cash paid for provisions,		15,199 02
“ “ labor,		6,852 34
“ “ fuel and lights,		2,556 22
“ “ clothing,		2,060 82
“ “ repairs,		1,391 55
“ “ furniture,		598 74
“ “ stationery and postage,		164 22
“ “ medicine,		351 75
“ “ soap,		143 25
“ “ coffins and fixtures,		146 30
Balance of bills on barns,		693 50
Miscellaneous,		1,306 10
		\$32,726 00
RECEIPTS.		
Cash from patients, for board, clothing, &c.,		\$32,421 39
Balance due the Treasurer,		304 61
		\$32,726 00
RESOURCES.		
Debts due the Hospital,		\$9,252 64
Liabilities against the Hospital,		3,806 22
		\$6,446 42

The products of the Farm are as follows :

80 tons of hay, at \$10 per ton,	\$800 00
12 tons of straw, at \$6 per ton,	72 00
500 heads of cabbage, at 5c. per head,	25 00
56 bushels of barley, at 70c. per bushel,	39 20
304 bushels of oats, at 40c. per bushel,	121 60
525 bushels of beets, at 50c. per bushel,	262 50
125 bushels of carrots, at 33c. per bushel,	41 25
89 bushels of turnips, at 30c. per bushel,	26 70
75 bushels of corn, at \$1 per bushel,	75 00
200 bushels of apples at 75c. per bushel,	150 00

Products of the Farm, (Continued.)

23 bushels of beans, at \$1.50 per bushel, . . .	34 50
750 bushels of potatoes, at 40c. per bushel, . . .	300 00
5,600 pounds of squashes, at 1c. per pound, . . .	56 00
9,248 pounds of pork at 8c. per pound, . . .	739 84
Pigs, &c., sold,	56 60
	\$2,800 19

T. C. ALLAN, *Steward and Treasurer.*

INSANE HOSPITAL, Nov. 30, 1859.

(B.)

The sum of fifteen hundred dollars appropriated under the resolve of the Legislature approved Feb. 24, 1859, "for lighting the Hospital with gas," has been expended under our direction. We enclose the receipt of E. D. Norcross for that sum, in full payment for the completion of his contract for furnishing the materials and performing the labor to effect the desired object.

J. L. CUTLER, } *Committee of the*
R. WOODHULL, } *Trustees.*

(C.)

The Building Committee of the Trustees of the Insane Hospital, chosen to superintend the expenditure of the appropriation made by the State for building a new barn on Hospital grounds, and to remove and repair the old barns and stable, beg leave to report that they have attended to the duty assigned them, built the barn and piggery, removed the old barns and stable and repaired the same, at a cost of twenty-six hundred ninety-three dollars and fifty cents. All of which is respectfully submitted.

JOSEPH BARRETT, *Chairman.*

AUGUSTA, Dec. 1, 1859.

(D.)

The sum of three hundred and seventy-five dollars and ninety-seven cents of the money appropriated under a Resolve of the Legislature, approved Feb. 24, 1859, for the purchase of furniture for the Maine Insane Hospital, has been expended under my direction, as by the accompanying vouchers may be seen.

ARCHIBALD TALBOT, *Committee.*

DECEMBER 1, 1859.

(E.)

SCHEDULE OF PERSONAL PROPERTY BELONGING TO THE MAINE INSANE
HOSPITAL, DECEMBER 1, 1859.

4 horses,	at \$125	each,		\$500 00
1 yoke of oxen,				150 00
12 cows,	" 30	"		360 00
45 pigs,	" 5	"		225 00
62 cords wood,	" 4	per cord,		248 00
250 tons coal,	" 7	per ton,		1,750 00
200 lbs. tallow,	" 10	" lb.,		20 00
9,000 lbs. pork,	" 8	" "		720 00
556 " lard,	" 10	" "		55 60
2,000 " butter,	" 20	" "		400 00
3,600 " sugar,	" 8 1-2	" "		306 00
120 bbls. flour,	" 6 75	" bbl.,		810 00
60 tons hay,	" 12	" ton,		720 00
225 bushels oats,	" 45	" bushel,		101 25
450 " beets,	" 50	" "		225 00
125 " carrots,	" 33 1-3	" "		41 67
625 " potatoes,	" 40	" "		250 00
70 " turnips,	" 30	" "		21 00
12 " onions,	" 80	" "		9 60
2,000 lbs. squashes,	" 1	" lb.,		20 00
130 bush. corn,	" 1 10	" bushel,		143 00
65 " rye,	" 1 05	" "		68 25
2 " cranb'res,	" 4	" "		8 00
9 " peas,	" 2	" "		18 00
250 galls. molasses,	" 25	" gall.		65 00
80 " oil,	" 70	" "		56 00
Soap, starch, dry fish & spices,				100 00
2 tierces rice, containing				
1302 lbs. at 4 1-4 cts. per lb., }				55 25
McLellan Library,				390 00
McLellan Library fund				500 00
Vaughan Library,				300 00
Col. Black Library,				650 00
Col. Black Library fund,				2,500 00
Carriages, wagons, carts and farming tools,				625 00
Furniture, present value,				6,830 00
Fire engine and apparatus,				812 00
Medicine on hand,				225 00
Crockery and glass ware, new and in store,				80 00
8 dozen brooms, new, at 2 50				20 00
2,000 lbs butter at 20 cts. .				400 00

Schedule of Personal Property, (Continued.)

200 lbs. cheese at 10 cts.,	20 00
2 casks raisins,	17 00
3 boxes raisins, at 2.50,	7 50
2 dozen pairs mittens,	8 88
4 doz. prs. socks, at 4.80 per doz.,	19 20
3 pairs thick boots at 3.00,	9 00
200 lbs. dried apple, at 9 cts.	18 00
6 chests tea, at 14.17 per chest,	85 02
		\$\$2,963 22

JOSEPH BARRETT, }
 R. WOODHULL, } *Committee.*
 A. TALBOT, }

(F.)

CHAPLAIN'S REPORT.

To the Trustees of the Maine Insane Hospital :

GENTLEMEN : It becomes my duty to submit a brief report of my chaplainship for the past year.

I would acknowledge the continued goodness of our Heavenly Father in affording me such a measure of health that I have not been detained, on account of sickness, from performing my usual duties at the Hospital.

Speaking of the praiseworthy efforts of the Choir, in my last communication, I hinted that an instrument would be of service in conducting the music ; and no sooner had the public been apprised of the fact, than Capt. Isaac Gage of this city, who has ever manifested a deep interest in the Institution, presented an organ, which has been an assistance to the Choir, as well as interesting to those who attend the services of the Chapel. Much praise is due to the donor. I am, as usual greatly indebted to the officers of the Institution for many kindnesses received. I deem it proper here to acknowledge the kind services of Rev. Mr. Fogg of Mass., and Rev. Mr. Sanderson of Augusta, at the Chapel.

Very Respectfully, yours,

JOHN H. INGRAHAM.

AUGUSTA, Nov. 30, 1859.