

MAINE STATE LEGISLATURE

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DOCUMENTS

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THE LEGISLATURE

OF THE

STATE OF MAINE,

DURING ITS SESSION

A. D. 1848.

Augusta:

WILLIAM T. JOHNSON, PRINTER TO THE STATE.

1849.

REPORTS
OF THE
TRUSTEES, STEWARD AND TREASURER,
AND
SUPERINTENDENT
OF THE
INSANE HOSPITAL,
1848.

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Published agreeably to Resolve of March 22, 1836.  
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AUGUSTA:
WM. T. JOHNSON,.....PRINTER TO THE STATE.

1848.





REPORT

OF THE

T R U S T E E S

OF THE

INSANE HOSPITAL,

1848.





Officers of the Institution.

BOARD OF TRUSTEES.

JOHN HUBBARD,	REUEL WILLIAMS,
CHARLES MILLET,	EBENEZER KNOWLTON,
ISAAC REED,	GILMAN L. BENNET.

Dr. JAMES BATES, SUPERINTENDENT.

JOSHUA S. TURNER, STEWARD AND TREASURER.

HENRY M. HARLOW, M. D., ASSISTANT PHYSICIAN.

MARIA JOHNSON, MATRON.



REPORT.

*To the Honorable the Governor and Council
of the State of Maine.*

THE Trustees of the Insane Hospital would respectfully report:

That the prosperity and usefulness of the institution, as evidenced by the increased number of patients and the success of their treatment, have not been surpassed at any previous period of its existence.

A careful and vigilant supervision of all its concerns and interests, has been exercised by the Trustees, in the monthly visitations prescribed by law, and in visitations still more frequent for special purposes. No dereliction of duty has been manifested, by the Superintendent, his subordinate officers, or by any one concerned in the immediate management of the Hospital—on the contrary the utmost promptness, fidelity and zeal have been evidenced by all in the discharge of their respective duties. Harmony and the best of feeling have uniformly prevailed throughout. The treatment of the insane has been at all times, and on all occasions, kind and parental. No instance of abuse or unkindness to patients has occurred.

The buildings and all other property belonging to the establishment have been carefully watched and preserved.

The price of board for patients has been necessarily raised during the last year, somewhat above that of the preceding year,

in order to meet the increased expense of labor and provisions. The past year, as is well known to all, was one of extraordinary occurrence in the high price both of labor and living.

In fixing a minimum and maximum price upon the board of patients—that of females ranging from \$1.25 to \$2.25, and of males from \$1.50 to \$2.50 per week, one object of the Trustees, independent of the actual difference of expense for the support of different individuals, was to meet the fluctuations of prices for the necessaries of living, and at the same time to enable the Hospital to defray its own current expenses. The buildings and all their appurtenances and conveniences being furnished by the State, the salaries of the officers being all paid from the State treasury, it would seem but just and equal to all concerned, that the expense of board and attendance simply, should be met by the patients themselves. This, as will appear from the report of the Steward and Treasurer, has for the past year barely been done.

The Trustees have carefully examined the accounts of the Steward at the end of every quarter, and found them in all respects correctly stated, the result of which is truly exhibited in his report herewith submitted.

With such evidences of the extended usefulness and the increased efficiency of the Hospital, it is a matter of no surprise, and it is a subject of gratulation to all its friends and to the friends of humanity to see it attracting the attention of the public, and growing into favor throughout the limits of our State. The liberal and wise system of legislation, adopted by our last legislature, has had a most salutary influence in promoting these happy results. The annoying complaints of patients, within the Hospital, of improper commitment and unlawful detention, are mostly done away with, and the cases of abuse abroad from confinement in private dungeons, &c., are, it is believed, materially diminished within the brief period of time during which this legislation has been operative.

Individual attention and favor are also becoming strongly

directed to the institution—several worthy examples of which are noticed in the Superintendent's report. One of these is of so munificent a character, as in the opinion of the Trustees, to merit further notice by them. We allude to the medical library of the late Benjamin Vaughan, L. L. D. The heirs of that eminent citizen and distinguished philanthropist, have in a spirit worthy of him, made a donation to the Hospital of the whole of his medical collection—a collection highly valuable in itself from the number, the choiceness and rarity of the books, as well as for its laying the foundation for such a library as every similar institution ought to be in possession of.

In our annual report for 1845, the attention of the legislature was directed to the want of further room for male patients, and an appropriation for building a new wing called for. That legislature, with a promptness and liberality which has characterized all our legislation upon this subject, responded to the call and appropriated \$21,400, all that was requested. This sum, according to estimates made by one of our most distinguished and reliable architects, was then deemed amply sufficient to complete the building. Subsequent experience has shown those estimates to have been imperfect in their detail, and deficient in amount. No estimate, for instance, was made for the excavation, for the material and for the labor for a foundation to the building, the expense actually incurred for which was \$1,210.29. The quantity of boards and timber actually required was 182,601 feet—estimated at 97,000 feet. No estimate was made for the employment and pay of a chief architect—and many other smaller items of expenditure, amounting to a large sum in the gross, were unavoidably overlooked. The Trustees, it is true, as communicated to you in their last report, altered the dimensions of the building and increased the size above that contemplated in the original draught upon which the estimates were based, about one-tenth, for the purpose of obtaining more spacious and convenient rooms. In doing this the expense must also have been increased in somewhat the

same proportion. The capacity of the building for accommodating patients was also increased in about the same ratio—that is, from 68, as originally contemplated, to 75 in number. Labor too, as is well known to you, was during the last year 25 to 50 per cent. higher than usual—and the unusual wetness of the season caused much delay, and no little addition to the expenditure. The body of the building, together with the interior partition walls, cisterns, &c., is completed, and the whole covered with a good slate roof. The whole of the internal work of finishing remains to be done—the warming apparatus to be procured and erected. The boards, timber, &c., for the internal finish, are on hand and paid for.

The Trustees have expended, (as they believe,) as economically and judiciously as circumstances would permit—certainly with all the fidelity they would have exercised in their own private concerns, every dollar of the appropriation. And now they must call upon the legislature for an additional appropriation.

According to estimates made by Col. Sawyer, our chief architect, upon the correctness of which we are disposed with great confidence to rely, about eight thousand dollars will be required to complete the building and put it in order for the reception of patients.

The work is now progressing, in full confidence that the State will supply the means. Should the season prove favorable we expect to have it completed early the next autumn.

For two years past, as made known to you in our annual reports, the interests of the institution and the welfare of the public have been suffering for the want of room to receive applicants. The subject is again brought to view, and the immediate and pressing demands of the public more prominently portrayed, in the report of the Superintendent herewith presented.

It is therefore confidently believed that the present legislature will not be behind their predecessors, the demands of the

public, and the spirit of the times, in meeting the necessities of the institution. Such institutions have done more in mitigating the sufferings of humanity, in restoring the bereaved and lost to themselves and to society, and in cheering the fireside of the domestic circle, than any others within the sphere of modern philanthropy.

JOHN HUBBARD,
CHARLES MILLET,
ISAAC REED,
REUEL WILLIAMS,
EBENEZER KNOWLTON,
GILMAN L. BENNET.

REPORT

OF THE

STEWARD AND TREASURER

OF THE

INSANE HOSPITAL,

1848.



REPORT.

To the honorable Trustees of the Maine Insane Hospital:

THE Steward and Treasurer, in compliance with the provisions of law, reports the following as the receipts and expenditures of the Hospital, from December 1, 1846, to March 31, 1848, inclusive, viz:—

The Treasurer charges himself with cash received as follows, viz:

To cash of bequest of Hon. Bryce McLellan,	45 00
“ for two pairs oxen sold,	175 00
“ for two horses sold,	185 00
“ for stove sold,	130 00
“ for rent of shore,	30 00
“ for board of patients, clothing, damage to furniture, and all other sources,	16,427 70
	\$16,992 70

The following sums are for items chargeable as per certificate of Trustees:

To balance due Treasurer as per last report,	407 21
To cash paid for provisions and groceries,	8,066 27
“ fuel and lights,	2,227 97
“ labor,	2,707 69
“ furniture to replace that which has been destroyed and worn out,	413 12
To cash paid for clothing for patients,	1,206 18
“ advanced to pay expenses of patients home,	46 46
“ paid for addition to library,	48 42

To cash paid for stationery,	39 76
“ “ medical supplies,	193 19
“ “ repairs and improvements,	69 41
“ “ two sleighs,	135 00
“ “ two cows,	57 50
“ “ two horses,	195 00
“ “ two pairs oxen,	160 00
“ “ board of Mrs. Holmes,	45 50
“ “ stove and apparatus,	157 52
“ “ toll,	50 00
“ “ two furnaces,	125 04
“ “ cooking range,	159 71
“ “ miscellanies,	1,032 81
	<hr/>
Total amount charged to Hospital,	\$17,543 76
Total amount of cash received by Treasurer,	16,992 70
	<hr/>
Balance against the Hospital,	\$551 06
The balance due the Hospital from towns and individuals for board of patients, &c., March 31, 1848,	4,143 63
The balance due the Hospital December 1, 1846, as per last report,	3,669 73
	<hr/>
	\$473 90
There were demands included in the report of last year, of \$102 17, which have since been dis- charged by vote of Trustees, and should be added to the above balance,	102 17
	<hr/>
	\$576 07
From the above statement you will perceive that the debts due the Hospital have increased since last report,	473 90
And there is an increase of expenses above receipts, and now due the Treasurer, of	551 06
	<hr/>
	\$77 16

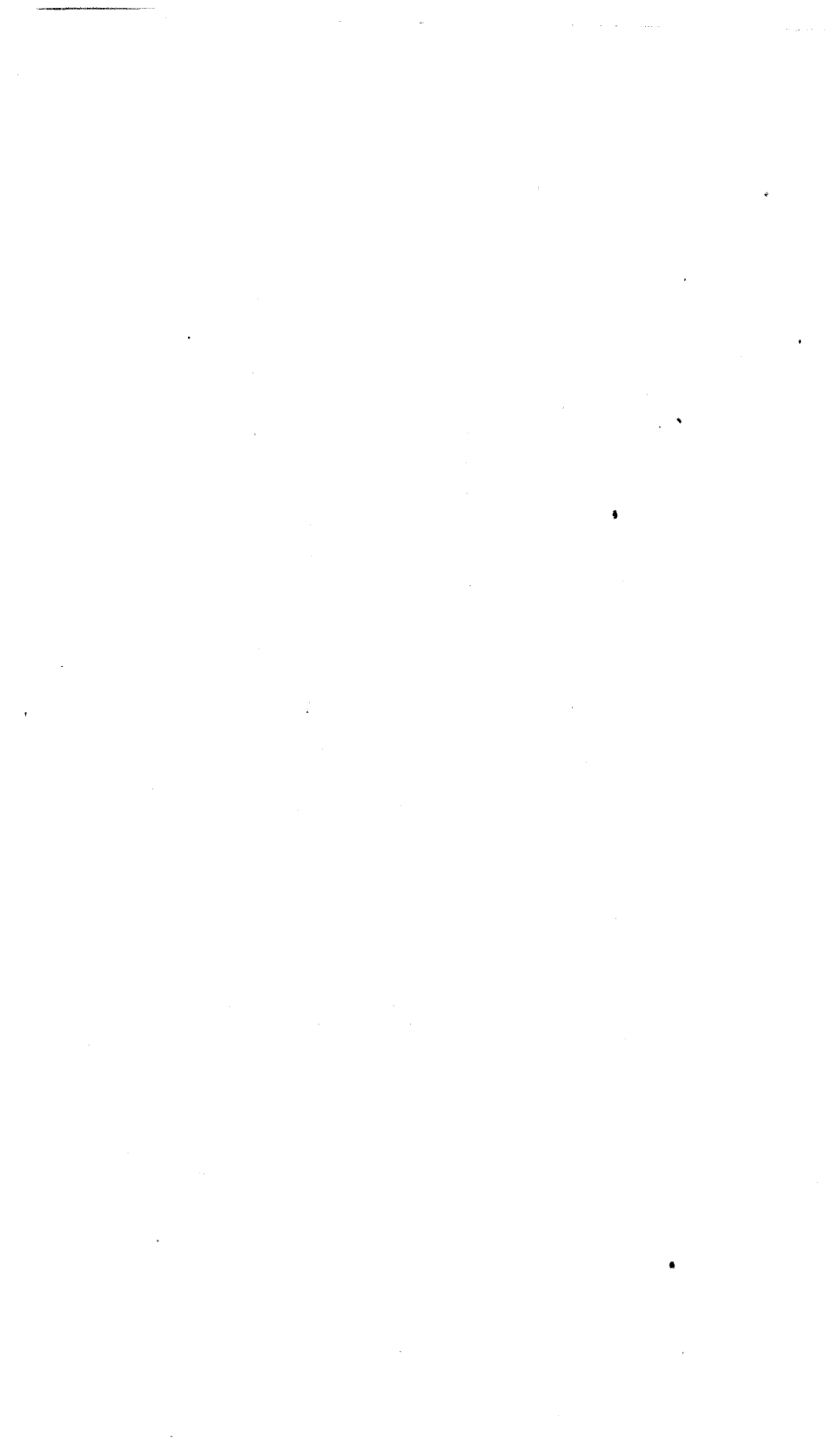
Consequently the Hospital has for sixteen months embraced in this statement nearly met its expenses without aid from the state.

The products of the farm connected with the Hospital have been as follows, viz:—

40 tons of hay,	8 00	320 00
400 bushels of potatoes,	75	300 00
130 " oats,	40	52 00
100 " beets,	50	50 00
75 " carrots,	25	18 75
90 " turnips,	50	45 00
3,350 lbs. pork,	8	268 00
8 tons of oat straw,	4 00	32 00
Small vegetables, cabbages, beans, peas, green corn, apples, &c., estimated,	75 00
				\$1,160 75

J. S. TURNER.

March 31, 1848.



REPORT

OF THE

SUPERINTENDENT

OF THE

INSANE HOSPITAL,

1848.



REPORT.

*To the honorable the Governor and Council
of the State of Maine :*

GENTLEMEN:—By the law of the 2d of August, 1847, the time of making my annual report is changed from the 30th of November to the 31st of March;—consequently it is my duty in this communication to detail to you the operations of the Maine Insane Hospital during a period of sixteen months.

It gives me great pleasure to state, that through the protecting and guiding influence of a kind Providence and the diligent and faithful co-operation of all persons associated with me, the affairs of the institution have never been more prosperous or useful.

Admissions have been more numerous than at any previous period, and several applications could not be complied with, although seven cases, incurable and of long standing, have been discharged to make room for those more recent.

Much inconvenience has arisen to ourselves and those under our care, from the crowded state of all our galleries.

More than six months since an entire gallery in the north wing was appropriated to male patients; still we have been compelled to place two beds in a room in many instances. In buildings unprovided with associate dormitories, such a procedure is rarely, if ever desirable.

These arrangements have curtailed the number of classes of female inmates, when, if we had room they should have been increased.

Our object has been to do the most good to the greatest number, notwithstanding some individuals received less benefit than they would have done with more ample accommodations.

No fatal epidemic has visited our inmates, though several of them and some of our laborers had scarlet fever in the winter of 1847. It proved fatal to an interesting little son of the Steward, of the age of five years.

Suicide, that most dreaded of all evils in an institution like ours, has not been witnessed here for more than three years.

Brief Statement.

	Males.	Females.	Total.
Number in Hospital December 1, 1846,	59	41	100
Admitted since,	93	64	157
Whole number of cases,	152	105	257
Discharged during 16 months,—			
Recovered,	38	30	68
Improved,	13	13	26
Unimproved,	13	9	22
Died,	9	5	14
Total,	73	57	130
Remaining March 31, 1848,	80	47	127
Largest number in 16 months,			128
Smallest number in 16 months,			96
Average number in 16 months,			112

In order to compare with former reports, the following summary is given of our inmates for the year ending 30th November, 1847.

	Males.	Females.	Total.
Number 1st December, 1846,	59	41	100
Admitted to 30th November, 1847,	71	53	124
Number under treatment in 12 months,	130	94	224
Discharged during the year,—			
Recovered,	28	25	53
Improved,	7	9	16
Unimproved,	12	9	21
Died,	7	3	10
Total,	54	46	100

Summary for the year ending 30th Nov. 1847, (Continued.)

Remained 30th November, 1847,	124
Average number for the year,	108
Average for 1846,	93.9
Average for 1845,	80.2
Average for 1844,	70

Summary showing the operations of four months, ending 31st March, 1848.

	Males.	Females.	Total.
In Hospital 1st December, 1847,	76	48	124
Admitted since 1st December, 1847,	22	11	33
Number under treatment in 4 months,	98	59	157
Discharged during 4 months,—			
Recovered,	10	5	15
Improved,	6	4	10
Unimproved,	1		1
Died,	2	2	4
Total,	19	11	30
Remaining March 31, 1848,	80	47	127
Average for 4 months,			124
Average for 16 months,			112

[No. 1.] Showing the disposal and state of 100 patients remaining December 1, 1846.

No.	When admitted.	Sex.	Civil state.	Age when admitted.	Age when first insane.	By whom committed.	Duration of attack before admission.	Time in Hospital.	Discharged, dead, or remain.	State now, or when discharged.	Remarks.
15	14 Nov., 1840.	F.	S.	44	24	Friends.	20 years.	7 years 4 mos.	Remains.	Unimproved.	} Support now by town.
28	30 Dec., "	M.	"	37	25	do.	12 do.	7 do. 3 do.	do.	do.	
48	25 Feb., 1841.	"	"	53	23	Town.	30 do.	7 do. 1 do.	do.	do.	
52	9 March, "	"	M.	36	32	Friends.	4 do.	7 do.	do.	do.	Now by town.
70	8 April, "	"	S.	28	25	Town.	3 do.	6 do. 11 mos.	do.	do.	} Now by town.
74	21 " "	"	"	18	16	Friends.	2 do.	6 do. 11 do.	do.	do.	
118	14 Oct., "	"	"	17	16	do.	1 do.	6 do. 5 do.	do.	do.	
126	29 " "	"	"	37	29	do.	8 do.	6 do. 5 do.	do.	Improved.	
131	13 Dec., "	F.	"	27	23	Town.	4 do.	6 do. 3 do.	do.	Unimproved.	} State charge.
133	22 " "	M.	"	27	21	Friends.	6 do.	5 do. 6 do.	Discharged.	do.	
139	14 Jan., 1842.	"	"	48	33	Court.	15 do.	6 do. 2 do.	Remains.	do.	} State charge.
167	11 May, "	"	"	20	18	Friends.	2 do.	5 do. 10 do.	do.	do.	
215	2 Nov., "	"	M.	70	66	do.	4 do.	5 do. 4 do.	do.	do.	} Belongs out of State
229	23 Feb., 1843.	"	S.	43	25	do.	18 do.	5 do. 1 do.	do.	do.	
300	17 Nov., "	"	"	25	21	do.	4 do.	4 do. 4 do.	do.	do.	
304	29 " "	"	M.	36	35	Town.	8 do.	4 do. 4 do.	do.	do.	} Improved.
314	10 Jan., 1844.	"	S.	30	26	Friends.	4 do.	4 do. 2 do.	do.	do.	
320	22 Feb., "	F.	M.	45	35	Town.	10 do.	3 do. 1 do.	Discharged.	do.	} State charge.
321	22 " "	"	"	37	34	do.	3 do.	4 do. 1 do.	Remains.	Unimproved.	
344	28 May, "	M.	S.	35	19	do.	16 do.	3 do. 10 do.	do.	do.	} State charge.
350	26 June, "	"	W.	57	27	Court.	4 do.	3 do. 9 do.	do.	Improved.	
358	16 Aug., "	"	S.	22	19	Town.	2 years 6 mos.	2 do. 5 do.	Discharged.	Unimproved.	} State charge.
363	7 Sept., "	"	M.	50	25	do.	3 weeks.	136 weeks.	do.	Recovered.	
366	12 " "	F.	"	42	39	Friends.	3 years.	3 years 6 mos.	Remains.	Unimproved	

367	17 Sept., 1844.	M.	S.	48 28	Friends.	20 years.	3 years 6 mos.	Remains.	Unimproved	
368	20 " "	F.	M.	34 34	do.	3 monthths.	175 weeks.	Died.	Improved.	Of N. Brunswick.
369	21 " "	M.	"	38 37	Town.	6 do.	131 do.	Discharged.	Improved.	
379	29 Oct., "	"	"	60 41	Friends.	2 do.	134 do.	Died.	Improved.	Apoplexy.
384	16 Nov., "	"	S.	23 22	Town.	2 do.	145 do.	Discharged.	Unimproved.	
405	19 Mar., 1845.	"	M.	40 40	do.	9 do.	97 do.	do.	Recovered.	
406	23 " "	F.	S.	30 29	Friends.	1 year.	128 do.	do.	Improved.	Since returned.
407	27 " "	M.	M.	61 58	do.	3 do.	111 do.	do.	do.	Since returned.
423	21 May, "	F.	W.	52 49	do.	2 do. 6 mos.	2 years 10 mos.	Remains.	Unimproved.	
427	31 " "	M.	S.	37 36	Town.	1 do.	2 do. 10 mos.	do.	do.	Foreigner. State ch.
428	2 June, "	"	W.	72 72	Friends.	3 monthths.	143 weeks.	Discharged.	Improved.	
429	2 " "	"	"	61 41	do.	1 year 3 monthths.	2 years 10 mos.	Remains.	do.	
442	26 " "	"	S.	31 27	do.	10 days.	2 do. 9 mos.	do.	Unimproved.	
443	27 " "	"	"	27 25	Town.	18 monthths.	2 do. 9 mos.	do.	do.	
446	8 July, "	"	M.	40 36	do.	9 weeks.	2 do. 8 mos.	do.	Improved.	
465	10 Sept., "	"	"	45 30	Court.	15 years.	2 do. 6 mos.	do.	Unimproved.	State charge.
479	14 Oct., "	F.	"	33 20	Town.	4 monthths.	2 do. 5 mos.	do.	Improved.	
480	14 " "	"	"	40 30	do.	3 do.	87 weeks.	Discharged.	do.	
482	29 " "	"	W.	54 52	Friends.	2 years.	2 years 4 mos.	Remains.	do.	Now by town.
488	6 Dec., "	M.	M.	28 19	do.	9 do.	84 weeks.	Discharged.	Unimproved.	
491	25 " "	F.	"	50 20	Town.	5 monthths.	80 do.	do.	do.	Since dead.
492	27 " "	M.	W.	45 45	Friends.	4 do.	49 do.	do.	Recovered.	
493	30 " "	"	S.	32 31	Town.	6 do.	2 years 3 mos.	Remains.	Unimproved.	
494	1 Jan., 1846.	"	M.	43 41	do.	18 do.	2 do. 3 mos.	do.	Improved.	
495	1 " "	"	S.	54 27	do.	3 weeks.	126 weeks.	Discharged.	do.	
500	24 " "	"	M.	37 29	Friends.	8 years.	2 years 2 mos.	Remains.	do.	
502	19 Feb, "	"	S.	34 30	Town.	3 do.	2 do. 1 mo.	do.	Unimproved.	
503	23 " "	F.	"	46 27	Friends.	19 do.	2 do. 1 mo.	do.	do.	
507	6 Mar., "	"	"	50 30	Town.	20 do.	105 weeks.	Discharged.	Improved.	
508	6 " "	M.	"	13 1	Friends.	12 do.	100 do.	Died.	do.	Epileptic.
510	11 " "	F.	"	28 28	Town.	4 monthths.	52 do.	Discharged.	Unimproved.	
514	29 " "	M.	"	29 22	do.	7 years.	2 years.	Remains.	do.	
515	7 April, "	F.	"	50 43	Friends.	7 do.	95 weeks.	Discharged.	Recovered.	
517	20 " "	M.	"	22 20	Town.	2 do.	57 do.	do.	Unimproved.	
519	26 " "	"	"	25 22	do.	13 monthths.	1 year 11 mos.	Remains.	Improved.	
521	27 " "	"	"	22 19	Friends.	2 do.	37 weeks.	Discharged.	do.	

Table No. 1—(Continued.)

No.	When admitted.	Sex.	Civil state.	Age when admitted.	Age when first insane.	By whom committed.	Duration of attack before admission.	Time in Hospital.	Discharged, dead, or remain.	State now, or when discharged.	Remarks.	
524	30 April, 1846.	F.	W.	44	38	Town.	6 weeks.	53 weeks.	Discharged.	Recovered.	Epileptic.	
528	15 May, "	M.	M.	38	36	do.	14 months.	1 year 10 mos.	Remains.	Improved.		
531	27 " "	F.	W.	50	50	Friends.	3 do.	59 weeks.	Discharged.	Unimproved.		
532	28 " "	M.	S.	21	17	do.	4 years.	32 weeks.	do.	Recovered.		
533	1 June, "	F.	M.	35	25	do.	1 year 4 months.	1 year 10 mos.	Remains.	Improved.		
536	13 " "	M.	S.	25	16	do.	1 week.	33 weeks.	Discharged.	Recovered.		
539	23 " "	F.	M.	33	31	do.	1 year 3 months.	52 do.	do.	Unimproved.		
540	24 " "	"	S.	21	18	Town.	2 years.	25 do.	do.	do.		
542	7 July, "	"	M.	36	30	Friends.	18 months.	1 year 8 mos.	Remains.	do.		
544	11 " "	"	"	46	46	do.	3 do.	25 weeks.	Discharged.	Recovered.		
545	14 " "	"	W.	55	49	do.	3 do.	38 do.	do.	do.		
551	29 " "	"	M.	48	44	do.	4 do.	26 do.	do.	do.		
553	10 Aug., "	M.	S.	33	27	Town.	6 do.	1 year 7 mos.	Remains.	Unimproved.		
555	13 " "	F.	M.	53	52	Friends.	1 do.	72 weeks.	Discharged.	Improved.		
556	13 " "	M.	"	44	40	Town.	4 years 4 mos.	56 do.	Died.	Paralytic.		Apoplexy.
557	15 " "	"	"	60	48	Friends.	3 months.	19 do.	Discharged.	Recovered.		
559	22 " "	F.	"	42	47	Town.	4 do.	1 year 7 mos.	Remains.	Unimproved.		
560	25 " "	M.	S.	43	33	do.	2 years.	38 weeks.	Discharged.	Recovered.		
561	3 Sept, "	F.	W.	68	50	Friends.	5 months.	30 do.	do.	do.		
562	3 " "	M.	S.	59	57	do.	2 years.	28 do.	do.	Unimproved.		
564	7 " "	F.	W.	62	52	do.	10 do.	10 do.	do.	Improved.		
565	8 " "	M.	M.	36	33	Town.	10 days.	46 do.	do.	Recovered.		
568	16 " "	F.	"	51	30	Friends.	6 weeks.	1 year 6 mos.	Remains.	Improved.		
569	21 " "	"	W.	55	44	do.	11 years.	51 weeks.	Discharged.	Recovered.		

570	23	Sept., 1846.	F.	W.	57	30	Town.	4 weeks.	14 weeks.	Discharged.	Recovered.	
571	24	" "	"	M.	50	20	do.	30 years.	1 year 6 mos.	Remains.	Unimproved.	Was chained 15 yrs.
572	29	" "	"	S.	30	28	do.	2 do.	1 year 6 mos.	do.	do.	
574	25	" "	M.	"	51	21	do.	12 do.	15 weeks.	Died.		Diarrhoea.
576	15	Oct., "	"	M.	52	38	do.	5 days.	42 do.	Discharged.	Recovered.	
577	21	" "	"	S.	28	28	do.	6 months.	43 do.	do.	do.	
578	23	" "	"	"	30	30	do.	5 do.	15 do.	do.	do.	
579	2	Nov., "	F.	"	44	29	Friends.	15 years.	57 do.	do.	Improved.	
580	6	" "	"	M.	32	27	do.	4 months.	1 year 4 mos.	Remains.	do.	
581	6	" "	"	"	58	55	do.	2 do.	18 weeks.	Discharged.	Recovered.	
582	9	" "	M.	"	59	47	do.	2 years.	35 do.	do.	Improved.	
583	13	" "	F.	"	29	26	do.	3 do.	26 do.	do.	Unimproved.	
585	20	" "	"	"	36	33	do.	1 do.	4 do.	Died.		Exhaustion.
586	21	" "	"	S.	31	28	Town.	3 months.	67 do.	Discharged.	Recovered.	
587	25	" "	M.	M.	46	18	do.	6 do.	19 do.	do.	do.	
588	30	" "	F.	"	67	53	Friends.	24 years.	22 do.	do.	Improved.	

[No. 2.] *Disposal and present state of 157 patients admitted during 16 months ending 31st March, 1848.*

589	4	Dec., 1846.	M.	S.	40	30	Town.	7 years.	16 months.	Remains.	Unimproved.	State charge.
590	17	" "	"	"	65	40	Friends.	25 do.	4 weeks.	Died.		Diarrhoea.
591	23	" "	F.	W.	70	50	do.	4 weeks.	6 do.	Discharged.	Recovered.	
592	26	" "	"	M.	36	30	Town.	8 do.	2 do.	Died.		Exhaustion.
593	28	" "	"	S.	28	24	do.	6 do.	14 do.	Discharged.	Recovered.	
594	30	" "	"	M.	42	35	Friends.	10 months.	22 do.	do.	Improved.	
595	31	" "	M.	"	48	40	do.	8 years.	15 months.	Remains.	Unimproved.	
596	8	Jan., 1847.	F.	"	47	45	do.	18 months.	18 weeks.	Discharged.	Recovered.	
597	12	" "	M.	"	38	32	do.	6 do.	6 do.	do.	Improved.	
598	14	" "	F.	"	48	30	Town.	2 weeks.	28 do.	do.	Recovered.	
599	9	" "	M.	S.	30	24	Friends.	4 do.	2 do.	Died.		Exhaustion.
600	9	" "	"	M.	27	27	Town.	6 do.	10 do.	Discharged.	Recovered.	
601	22	" "	"	S.	27	25	Friends.	2 years.	14 months.	Remains.	Improved.	

Table No. 2—(Continued.)

No.	When admitted.	Sex.	Civil state.	Age when admitted.	Age when first insane.	By whom committed.	Duration of attack before admission.	Time in Hospital.	Discharged, dead, or remain.	State now, or when discharged.	Remarks.
602	23 Jan., 1847.	F.	M.	33	33	Friends.	3 months.	29 weeks.	Discharged.	Recovered.	
603	27 " "	"	S.	18	17	Town.	6 do.	30 do.	do.	do.	
604	4 Feb., "	"	M.	30	28	do.	2 years.	14 months.	Remains.	Unimproved.	Foreigner.
605	17 " "	M.	"	52	40	do.	12 do.	13 do.	do.	do.	
606	15 " "	F.	"	30	30	do.	4 months.	26 weeks.	Discharged.	Improved.	Since recovered.
607	21 " "	M.	S.	19	18	do.	13 do.	26 do.	do.	Recovered.	
608	25 " "	F.	M.	36	26	Friends.	3 years.	19 do.	do.	Unimproved.	From N.Hampshire.
609	27 " "	"	S.	28	26	do.	2 do.	26 do.	do.	Improved.	
610	6 Mar., "	M.	M.	28	28	Town.	3 months.	4 do.	no.	Recovered.	
611	9 " "	"	S.	42	40	Court.	15 do.	1 year.	Remains.	Unimproved.	
612	11 " "	F.	W.	55	51	Town.	9 do.	27 weeks.	Discharged.	Recovered.	
613	12 " "	"	M.	36	33	Friends.	3 years.	1 year.	Remains.	Unimproved.	Epileptic.
614	26 " "	M.	W.	71	61	do.	10 do.	1 do.	do.	do.	
615	30 " "	F.	M.	27	26	do.	1 month.	30 weeks.	Discharged.	Recovered.	
616	11 April, "	M.	S.	40	35	do.	15 do.	11 months.	Remains.	Unimproved.	
617	13 " "	"	M.	70	50	do.	2 do.	17 weeks.	Discharged.	do.	
618	25 " "	F.	"	40	40	Town.	1 week.	11 months.	Remains.	do.	
619	26 " "	M.	"	34	34	do.	7 do.	7 weeks.	Discharged.	Recovered.	
620	27 " "	"	"	33	28	Court.	5 years.	14 do.	do.	do.	State charge.
621	1 May, "	"	S.	25	25	Friends.	1 week.	26 do.	do.	Unimproved.	
622	6 " "	"	M.	36	35	Town.	1 year.	6 do.	do.	Recovered.	
623	6 " "	"	"	58	28	do.	2 weeks.	10 do.	do.	Unimproved.	
624	11 " "	"	S.	19	17	do.	18 months.	10 months.	Remains.	do.	
625	11 " "	"	M.	35	34	do.	5 weeks.	10 do.	do.	do.	

626	14	May,	1847.	F. W.	69	50	Friends.	3 weeks.	23 weeks.	Discharged.	Recovered.	
627	15	"	"	M. S.	17	14	do.	3 years.	7 do.	do.	do.	
628	15	"	"	F. W.	67	43	do.	24 do.	7 do.	do.	Unimproved.	
629	18	"	"	M. S.	17	17	Town.	6 months.	10 do.	Remains.	Improved.	
630	20	"	"	" M.	33	33	Friends.	2 weeks.	10 months.	do.	do.	
631	25	"	"	F. W.	45	38	do.	2 do.	4 weeks.	Discharged.	Recovered.	
632	26	"	"	" M.	46	24	do.	10 days.	14 do.	do.	Improved.	
633	28	"	"	M. "	41	40	do.	9 months.	23 do.	do.	Recovered.	
634	31	"	"	F. S.	18	18	Town.	3 do.	20 do.	do.	do.	State charge.
635	1	June,	"	M. M.	63	58	Friends.	5 years.	18 do.	do.	Improved.	
636	2	"	"	" "	31	31	Town.	4 months.	31 do.	do.	Recovered.	
637	10	"	"	" S.	17	16	do.	15 do.	29 do.	do.	do.	
638	15	"	"	F. "	19	19	Friends.	3 do.	15 do.	do.	do.	
639	17	"	"	" M.	32	32	do.	2 do.	9 mos. 2 weeks.	Remains.	Improved.	
640	18	"	"	" "	35	20	do.	2 do.	8 weeks.	Discharged.	Recovered.	
641	21	"	"	M. "	45	45	do.	11 weeks.	28 do.	do.	Improved.	
642	22	"	"	" S.	46	40	Town.	9 months.	9 months.	Remains.	do.	State charge.
643	24	"	"	F. M.	50	50	do.	6 do.	7 weeks.	Discharged.	Recovered.	
644	23	"	"	" S.	19		do.		2 do.	do.	Not Insane.	Improper subject.
645	25	"	"	M. "	35	35	Friends.	2 months.	16 do.	do.	Improved.	Massachusetts.
546	25	"	"	" "	24	23	do.	1 year.	29 do.	do.	do.	
647	27	"	"	F. M.	25	25	do.	6 weeks.	20 do.	do.	Recovered.	
648	28	"	"	M. "	39	36	do.	18 months.	26 do.	do.	do.	
649	30	"	"	F. "	61	59	do.	2 years.	9 months.	Remains.	Improved.	
650	1	July,	"	" "	63	52	do.	3 do.	9 do.	do.	do.	
651	8	"	"	M. S.	36	36	do.	10 days.	9 weeks.	Discharged.	Recovered.	
652	9	"	"	" M.	47	20	do.	3 months.	7 do.	do.	do.	
653	10	"	"	" "	42	25	Town.	2 weeks.	8 do.	do.	do.	
654	11	"	"	F. "	50	25	Friends.	5 months.	4 do.	do.	do.	
655	10	"	"	M. "	63	63	do.	3 do.	30 do.	do.	Improved.	
656	12	"	"	F. "	35	21	Town.	5 weeks.	29 do.	do.	Recovered.	
657	13	"	"	M. "	61	61	Friends.	1 do.	2 do.	do.	do.	
658	15	"	"	" S.	30	25	do.	1 do.	17 do.	do.	do.	
659	17	"	"	F. M.	29	29	do.	2 months.	31 do.	do.	do.	
660	20	"	"	M. S.	55	27	Town.	20 do.	8 months.	Remains.	Improved.	
661	24	"	"	F. "	25	14	do.	13 weeks.	8 do.	do.	Unimproved.	

Table No. 2—(Continued.)

No.	When admitted.	Sex.	Civil state.	Age when admitted.	Age when first insane.	By whom committed.	Duration of attack before admission.	Time in Hospital.	Discharged, dead, or remain.	State now, or when recovered.	Remarks.
662	29 July, 1847.	F.	S.	53	47	Town.	1 month.	8 months.	Remains.	Improved.	
663	1 Aug., "	"	M.	31	16	Friends.	8 do.	12 weeks.	Discharged.	Recovered.	
664	1 " "	"	"	35	35	do.	6 do.	26 do.	do.	Improved.	
665	2 " "	M.	S.	34	26	do.	8 years.	22 do.	do.	do.	
666	4 " "	"	"	20	16	do.	4 do.	20 do.	do.	Recovered.	Massachusetts.
667	5 " "	"	"	16	16	do.	8 months.	8 months.	Remains.	Unimproved.	
668	7 " "	"	M.	28	28	Town.	2 do.	15 weeks.	Discharged.	Recovered.	
669	14 " "	"	"	67	66	Friends.	6 do.	11	Died.		
670	14 " "	"	"	76	72	Town.	4 years.	7 mos. 2 weeks.	Remains.	Improved.	
671	25 " "	"	"	48	48	do.	6 months.	7 do.	do.	do.	
672	26 " "	"	S.	38	16	do.	3 weeks.	13 weeks.	Discharged.	Recovered.	
673	31 " "	"	M.	49	13	Friends.	15 months.	6 do.	do.	do.	
674	4 Sept., "	"	"	40	36	Town.	2 do.	14 do.	do.	do.	
675	7 " "	"	"	57	55	do.	18 do.	12 do.	do.	do.	
676	9 " "	"	S.	40	57	do.	3 years.	6 mos. 3 weeks.	Remains.	Unimproved.	Colored.
677	9 " "	"	"	35	34	do.	14 months.	6 do. 3 do.	do.	Improved.	Irish.
678	9 " "	"	M.	51	18	do.	33 years.	6 do. 3 do.	do.	Unimproved.	
679	9 " "	F.	S.	38	25	do.	13 do.	6 do. 3 do.	do.	do.	
680	11 " "	M.	"	26	26	Friends.	4 weeks.	6 do. 3 do.	do.	Improved.	
681	14 " "	"	M.	30	29	Town.	15 months.	2 weeks.	Died.		
682	15 " "	"	"	63	61	Friends.	2 years.	10 do.	Discharged.	Unimproved.	
683	17 " "	F.	S.	32	29	do.	3 do.	6 mos. 2 weeks.	Remains.	Improved.	
684	23 " "	M.	M.	52	52	Town.	15 months.	27 weeks.	Discharged.	do.	
685	1 Oct., "	"	S.	33	28	do.	18 do.	6 months.	Remains.	do.	

686	1 Oct., 1847.	M.	M.	32 29	Town.	3 years.	6 months.	Remains.	Unimproved.	
687	2 " "	"	"	40 38	Gov. & Cou.	2 do.	6 do.	do.	do.	State prison.
688	4 " "	F.	S.	42 26	Town.	16 do.	6 do.	do.	do.	
689	4 " "	"	W.	40 39	Friends.	7 months.	6 do.	do.	Improved.	
690	7 " "	M.	M.	64 64	do.	1 week.	8 weeks.	Discharged.	Recovered.	
691	12 " "	F.	S.	36 26	do.	6 do.	5 mos., 2 weeks.	Remains.	Improved.	
692	16 " "	"	M.	37 30	Town.	1 do.	5 do. 2 do.	do.	do.	
693	19 " "	M.	"	42 40	do.	2 years.	5 do. 1 do.	do.	Unimproved.	
694	19 " "	"	S.	18 17	do.	6 months.	15 weeks.	Discharged.	Recovered.	
695	21 " "	F.	M.	52 27	do.	25 years.	5 mos., 1 week.	Remains.	Unimproved.	
696	21 " "	M.	S.	23 22	Friends.	15 months.	1 week.	Discharged.	do.	Removed by town.
697	21 " "	"	M.	32 28	Town.	4 years.	5 mos., 1 week.	Remains.	Improved.	
698	22 " "	F.	"	45 44	Friends.	9 months.	1 week.	Died.		
699	20 " "	"	S.	18 18	Town.	6 months.	5 mos., 1 week.	Remains.	Improved.	
700	23 " "	M.	"	40 30	Court.	10 years.	12 weeks.	Discharged.	Unimproved.	By town.
701	26 " "	F.	M.	49 17	Town.	Many years.	5 months.	Remains.	do.	
702	27 " "	"	S.	13 13	do.	2 weeks.	5 do.	do.	Improved.	Irish—State charge.
703	27 " "	M.	M.	30 29	Friends.	18 months.	5 do.	do.	do.	
704	30 " "	F.	"	53 18	Town.	35 years.	5 do.	do.	Unimproved.	
705	1 Nov., " "	"	"	46 24	Friends.	6 months.	5 do.	do.	Improved.	
706	4 " "	"	"	45 45	do.	3 do.	5 do.	do.	Unimproved.	
707	11 " "	"	W.	45 37	Town.	8 years.	4 mos., 3 weeks.	do.	Improved.	
708	15 " "	"	S.	18 18	do.	6 weeks.	4 do. 2 do.	do.	do.	
709	17 " "	M.	"	23 23	State.	3 months.	4 do. 2 do.	Discharged.	do.	State prison.
710	22 " "	"	M.	48 30	Friends.	6 do.	16 weeks.	Remains.	Recovered.	
711	22 " "	"	S.	26 25	Town.	8 do.	4 mos., 1 week.	do.	Improved.	
712	26 " "	"	"	28 20	Court.	10 years.	4 do. 1 do.	do.	Unimproved.	
713	8 Dec., " "	"	M.	60 50	Town.	8 do.	3 do. 3 do.	Died.	do.	
714	10 " "	"	"	42 42	Friends.	8 weeks.	10 weeks.	Discharged.		
715	11 " "	F.	"	35 16	Town.	4 do.	12 do.	Remains.	Recovered.	
716	15 " "	M.	S.	35 20	do.	3 months.	3 mos., 2 weeks.	Discharged.	Improved.	
717	16 " "	"	M.	43 18	do.	8 weeks.	14 weeks.	Died.	Recovered.	
718	25 " "	F.	M.	40 40	do.	2 do.	1 do.	Died.		
719	27 " "	M.	S.	33 31	do.	17 months.	3 months	Remains.	Unimproved	
720	4 Jan., 1848.	"	"	24 24	do.	6 do.	3 do.	do.	Improved.	
721	7 " "	"	M.	28 28	do.	3 do.	2 do. 3 weeks.	do.	do.	

Table No. 2—(Continued.)

No.	When admitted.	Sex.	Civil state.	Age when admitted.		By whom committed.	Duration of attack before admission.	Time in Hospital.	Discharged, dead, or remain.	State now, or when discharged.	Remarks.
				Age when first insane.							
722	8 Jan., 1848.	M.	M.	66	29	Town.	2 months.	2 mos., 3 weeks.	Remains.	Unimproved.	
723	15 " "	"	"	42	25	do.	5 weeks.	2 do. 2 do.	do.	Improved.	
724	16 " "	F.	"	58	37	Friends.	5 do.	2 do. 2 do.	do.	do.	
725	31 " "	"	"	42	42	Town.	6 months.	2 weeks.	do.	do.	
726	9 Feb., "	"	S.	20	18	Friends.	2 years.	7 do.	do.	do.	
727	10 " "	M.	M.			do.	8 months.	7 do.	do.	do.	
728	14 " "	F.	"	46	43	Town.	3 years.	6 do.	do.	do.	
729	17 " "	M.	"	34	28	do.	6 months.	6 do.	do.	Unimproved.	
730	17 " "	"	S.	35	33	Friends.	18 do.	6 do.	do.	Improved.	
731	18 " "	"	M.	55	52	Town.	3 years.	6 do.	do.	Unimproved.	
732	19 " "	F.	"	50	25	Friends.	5 months.	6 do.	do.	Improved.	
733	19 " "	M.	S.	35	25	Town.	2 do.	6 do.	do.	do.	Colored.
734	24 " "	"	"	30	28	Friends.	6 do.	5 do.	do.	do.	
735	25 " "	F.	W.	67	66	do.	4 do.	5 do.	do.	do.	
736	26 " "	M.	M.	68	67	do.	6 do.	5 do.	do.	Unimproved.	
737	3 March, "	"	S.	37	20	do.	2 years.	4 do.	do.	Improved.	
738	10 " "	"	M.	35	33	do.	2 do.	3 do.	do.	Unimproved.	
739	10 " "	"	S.	27	23	do.	8 months.	3 do.	do.	Improved.	
740	16 " "	"	"	21	20	do.	6 do.	2 do.	do.	do.	
741	18 " "	F.	M.	41	25	Town.	10 do.	2 do.	do.	do.	
742	22 " "	M.	S.	23	18	do.	1 do.	10 days.	do.	do.	
743	22 " "	F.	M.	53	51	Friends.	2 years.	10 do.	do.	Unimproved.	
744	23 " "	M.	"	10	30	do.	2 months.	9 do.	do.	do.	
745	24 " "	F.	"	47	26	do.	10 years.	5 do.	do.	do.	

RECAPITULATION.

TABLE No. 1.		TABLE No. 2.		REMAIN OF TABLE No. 1.	
Discharged, . . .	48	Discharged, . . .	68	Improved, . . .	14
	—		—	Unimproved, . . .	32
Recovered, . . .	22	Recovered, . . .	46		— 46
Improved, . . .	14	Improved, . . .	13		
Unimproved, . . .	12	Unimproved, . . .	9		
	— 48		— 68	REMAIN OF TABLE No. 2.	
Died, . . .	6	Died, . . .	8	Improved, . . .	45
	—		—	Unimproved, . . .	36
	54		76		— 81
	—		—		
Remain, . . .	46	Remain, . . .	81	Remain, total,	127

By the above tables it appears that one hundred and thirty have been discharged since 1st December, 1846. Sixty-eight of these have been restored to themselves and society; making 52.3 per cent. on all discharges and deaths during the time, notwithstanding seven incurable inmates were discharged to make room for recent cases; and two were discharged after a residence of one week, as improper subjects. Deducting these, our discharges would have been one hundred and twenty-one, and our per centage of recoveries more than 56-100ths.

The number of deaths in sixteen months has been fourteen, which on the average number of inmates is 9.4 per cent. per annum nearly, and nearly two per cent. more than the average of six preceding years, though less than in 1840 and 1841.

In my last report I had occasion to attribute an increase of recoveries to the passage of an order by the trustees requiring, if necessary, a residence of six months: I have now to congratulate the friends of the insane and of this institution, on the passage of a law, by our judicious legislators, which went into operation on the second day of September last, placing the whole subject in the hands of authorized persons, both in and out of the hospital; so that in future, *feeling*, unaided by judgment and discretion, is not to limit the term of residence here. From the opening of the hospital until the provisions of that law were operative, persons brought their friends when they thought proper, and claimed a right to remove them at pleasure.

The consequence was most disastrous to the welfare of those prematurely removed, and to the reputation of the institution.

In looking over the records it is truly painful to observe the great number who were thus taken away, when in an improving and curable state, either to relapse into a worse and perhaps incurable condition, or to be returned here with the malady greatly aggravated, if not beyond remedy. Sometimes this mischief has resulted from the morbid sensibility of friends, but more frequently from the parsimonious meanness of individuals and corporations.

Happily, public sentiment is so far corrected as to put a period to such improprieties, and hereafter, no person of mature age will be received and retained here, unless by legal authority.

Should the superintendent and trustees improperly detain patients, which it is hoped may never happen, all concerned may have a remedy specially provided for such case.

It is believed no state in the Union is in advance of Maine, in the humane provision of its enactments in relation to the insane. No longer can jails and dungeons, not even the state prison itself, be inhabited by those deprived of reason; and nothing but the most brutal neglect of humanity and law by a whole neighborhood, can consign such unfortunates to hovels, cages, or chains. Any relative or justice of the peace may prevent it.

Of cases admitted within one year of the attack, there have been discharged since 1st December, 1846,

Recovered,	.	.	.	55
Improved, unimproved, and died,	.	.	.	33

Being 63·2 per cent. recovered.

Of those admitted after one year's duration there have been discharged,

Recovered,	.	.	.	13
Improved, unimproved, and died,	.	.	.	30

Being 30·2 per cent. recovered.

Average time of recoveries in hospital,

Recent cases,	.	.	.	170 days.
Chronic cases,	.	.	.	201 days.

Few things are more various in the numerous reports which come to hand from institutions similar to our own, than what are termed recent cases. In general, of late years, cases admitted within one year of the attack are denominated *recent*. This would be very well and easily understood, if such cases were continued to be *recent* cases in the reports until discharged. But such is not the fact. In one report which contained a table purporting to give the admissions and discharges of recent and old cases, it was seen that the recovery, discharges, and deaths, together with recent cases remaining, were much less than stated in the admission. Further examination showed, that at the end of each year, those remaining in hospital which had become of more than one year's standing, were turned over to the department of old cases.

By such a course, and rejecting deaths, paralytic and epileptic cases, and perhaps some others, from the aggregate, the cures of recent cases is very conveniently carried up to 90 per cent.

It is probable, in some instances, this rejection and pruning away of exceptionable cases, might be carried so far, that 100 per cent. of recoveries in recent cases could be reported, and received with wondrous admiration by that portion of the public who are better pleased with marvelous fiction, than with homely truth.

In this institution no change of this sort has ever been practiced. When persons are admitted, in whom the malady has not existed more than one year, they are classed, and are ever after reported as recent cases, however protracted their sojourn may be.

In examining our records, two very interesting facts are noticed, in the civil condition of the sexes, viz :

1st. Only forty-six males in the hundred are married, whilst fifty-eight females in one hundred are in that state.

[No. 4.] *Table of discharges and deaths—17th Dec., 1840, to 31st March, 1848.*

Years.	Jan.		Feb.		Mar.		April.		May.		June.		July.		Aug.		Sept.		Oct.		Nov.		Dec.		Total.		
	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	Discharges.	Deaths.	
1840,																											
1841,	1	1	2		5		8		3	1	8		6		7		9		17	3	6	1	1			73	6
1842,	5		4		7		7		8		4		1		9		5		1	7	2	3	1	4	1	70	6
1843,	6		7		7		1		10	1	5		5		5		2		20	1	3	4				79	4
1844,	8		3		10		6	1	7		9		1		4		4		8		2	7	1	4		72	3
1845,	5	1	6	1	6		4	1	9		15		5	1	11	1	8		6	2	6	6	13			92	7
1846,	3	1	4		4		4		5		11		1		7		9		8	9	1	9	1	5	1	74	6
1847,	6	4	4		6		5		8		8		1		12		15		5	2	9	7	2	8		93	9
1848,	6	1	5	3	7																					18	4
Total	40	8	31	5	52		35	2	50	2	60	4	46	1	60	3	63	4	53	8	42	6	41	2	57	3	45

[No. 5.] *Showing the operations of the Institution from 14th October, 1840, to 31st March, 1848.*

Years reported.	Admitted.			Discharged.			Died.			Total discharged and died.	Recovered.	Average number of patients.	Per ct. of cures on discharges and deaths.	Per ct. of deaths on the average number.
	Males.	Females.	Total.	Males.	Females.	Total.	Males.	Females.	Total.					
1840—														
14th Oct. to 31st Dec., 1841—	22	8	30	1	1	2				2	1			
14th Oct. to 31st Dec., 1842—	62	43	105	42	31	73	4	2	6	79	33	55.3	41.77	10.84
14th Oct. to 31st Dec., 1843—	50	37	87	34	36	70	4	2	6	76	36	62.2	47.26	9.64
1st Jan. to 30th Nov., 1844—	51	31	82	50	25	75	3	1	4	79	31	65	39.2	6.1
1 year, to 30th Nov., 1845—	43	40	83	36	36	72	2	1	3	75	32	70	42.66	4.3
To November 30, 1846—	50	49	99	40	43	83	5	2	7	90	38	80.2	42.22	8.72
To November 30, 16 months—	45	57	102	38	44	82	3	2	5	87	46	93.9	52.87	5.31
To 31st March, 1848,	93	64	157	64	52	116	9	5	14	130	68	112	52.3	10.7
Aggregates,	416	329	745	305	268	573	30	15	45	618	285		46	8.3
Remaining 30th March, 1848,										127				
Per cent. of cures on 745 admissions,										74.5				

[No. 6.] *Shows the months and seasons in which recoveries have taken place since the Hospital was opened.*

Dec.	Jan.	Feb.	March.	April.	May.	June.	July.	August.	Sept.	October.	Nov.
25	19	21	30	21	17	27	18	32	25	24	26
Winter, 65.			Spring, 68.			Summer, 77.			Autumn, 75.		
Total—285.											

A hope was expressed in my last report that we should be able to accommodate all suitable applicants until our new wing should be completed. This hope has not been realized, and several months must elapse before the new wing will be habitable, should the work progress with the least possible delay. Already we have in the house more than one-third the number of males which that building will accommodate, over the number of rooms in the south wing.

The deficiency of water, from the defective state of our conducting pipes, has been partially remedied; and suitable provisions having been made to complete the object, it cannot fail, under the supervision of the Board of Trustees, to be completely obviated.

With a view to secure a large supply of soft water, cisterns have been constructed in the new wing to contain sixteen thousand gallons. The rainwater falling on 6,600 square feet will be turned into them; and should this prove insufficient, 3,000 feet more can easily be added by turning that falling on the old south wing into the same pipes.

In addition to these reservoirs, great convenience to the whole establishment would be secured by erecting a capacious cistern into which the waste water of the aqueduct should constantly flow. From this, by means of forcing pumps, the cisterns in all the attics could be kept full. In the event of fire, it would be almost certain that more or less of these sources would be available.

Not only is an abundant supply of water necessary, but a large amount should always be kept in readiness for use, ele-

vated above every inhabited part of the building. Although in most institutions like ours, water is elevated by machinery propelled by horse, steam, or water power, it is probable, for some years at least, we shall require only forcing pumps worked by our inmates.

It will appear from the Steward's report that the article of fuel constitutes a very large item in our annual expenditure. In a climate like ours, this must always be the case; but I am confident one-third of the whole amount would be saved by means of heating apparatus constructed on principles of scientific economy.

Necessity compelled us to procure two furnaces last autumn for heating air for our wings. Mr. John P. Flagg, of Hallowell, furnished an article very simple in its construction and action, at less than half the expense of the old, cumbrous, complicated, smoking affair which was formerly in use, which has very nearly saved its cost, in one winter, besides procuring us an almost entire exemption from smoke. Two others will be needed the coming season to complete the set.

Our present mode of heating will continue objectionable on two accounts, if not more. First—the purity of the air is injured by passing over a strongly heated surface of iron, and more or less from escape of smoke into the air chambers. Second—a very large amount of heat passes off in the smoke flues, much of which might be made available for warming the inside of the buildings instead of passing off to be wasted on the air without.

In constructing the new building, provision has been made for heating the air to be admitted to the galleries and rooms by steam pipes, instead of iron surfaces radiating heat from the direct application of wood or coal. By this apparatus, smoke, and every noxious combination with the air, will be avoided.

Flues for conducting heated air to the galleries, have been made in the inner walls at short distances, each of which has a regulating damper. When the walls are once heated and the

proper currents of air established by the ingress and egress flues, (one or more of the latter passing from every room,) there is every reason to expect a mild, equable and pure atmosphere throughout the building.

Our lodge and cottage have hitherto been heated with coal, at a heavy expense. It is confidently believed great improvement may, and should be made in the manner of heating these buildings.

As yet the vegetables necessary for table use, have never been produced on the farm to an amount nearly adequate to our wants; and the market in the vicinity is not to be relied on at all times for a supply at reasonable rates.

Preparations for increasing our garden products to considerable extent, have been made, and although years will probably pass away before the supply will equal our necessities, still we shall annually approach, till we arrive at that desirable point.

There were on the farm when purchased, about two hundred apple trees, the remains of an old orchard which had contained many more. Some of these were in a state of hopeless decay, and have been removed; all which appeared worth the effort to save them, have been grafted with scions from valuable fruit trees, and new and vigorous tops, from one to five years old, have been produced. More than one hundred are in a very thrifty condition. It is proposed to add one hundred grafted trees this spring, from a nursery a few miles distant.

As soon as our garden plot is properly fenced, plumb and cherry trees, and abundance of gooseberry and currant bushes will be planted.

In this utilitarian age, the best financiers and most useful business men in the country have very little disposition to favor public or private ornament. As very severe occupations form the principal objects of interest and satisfaction to themselves, they can scarcely understand that ornamental scenery can be absolutely necessary to the comfort, happiness, and health, of any class of their fellow beings. It should be remembered,

however, that many things which were luxuries at first, have become, by use, articles of prime necessity. Disease of every description requires many appliances which would not only be useless to persons in health, but often offensive. There is not a writer on the treatment of insanity, of any note, who does not lay more or less stress on beautiful location and scenery in favoring the recovery of the insane.

The location of our establishment is all that could reasonably be wished, but as yet we are indebted to our neighbors for all the beauty the landscape affords beyond our bare stone walls. It is true we can look at the beautiful villages of Augusta and Hallowell, and feel that we own even that landscape, whoever may possess the freehold; but the feeling is saddened by the reflection that in return for this gratification we can only present a noble pile of granite scarcely associated with a tree or shrub.

More than seven years have passed away since this institution was opened, and it would be difficult for one acquainted with others of a similar class, to believe our grounds were not yet graded and ornamented.

When it is considered that this cannot be the work of a year, but of many, it does seem that the work should be commenced in good earnest.

The grading of the grounds in front is in a state of forwardness, and may soon be prepared for the gardener.

I have heretofore spoken of the absence of proper airing courts. This defect is a serious drawback on the health and comfort of that class which require the invigorating effects of exercise in the open air, and are unable to take it in the proper amount, without these provisions.

It is true, a spirit of generous liberality has been constantly manifested by the public and their agents towards the institution. It is, however, with this as with every establishment for benevolent purposes, it requires continued progress, and the action of the state should not remit; until not only proper ac-

commodation is provided for every insane person whose comfort and safety require it, but such provision proffered to the indigent, that neither individuals nor corporations shall be induced to retain them in unsuitable locations, from pecuniary considerations.

Of the medical and moral treatment, little more change has obtained, than has arisen from a better acquaintance with the physical and mental peculiarities of our inmates, many of whom have been with us several years.

In a knowledge of these peculiarities, and in making corresponding medical and moral applications, consists the principal skill required in the treatment of the insane.

The treatment and government of this unfortunate and wayward class of sufferers must be parental. If in a large family of sane persons, constituted of individuals of various tempers and temperaments, great skill and prudence are required to treat each according to his peculiarities, how much more difficult to adopt in every case the wisest course, with persons having little or no self-control, and as varied in their natural dispositions and propensities as their numbers permit!

As in a family, so in an institution for the insane, the head must be master of the inmates; but this control cannot be acquired over every individual by the same means.

Kindness is undoubtedly to be the governing principle throughout. But here, as in all governments, an inefficient, tolerating course may prove absolute cruelty.

It is as true of mental, as of any other malady, the remedies required are often distasteful and offensive, and to neglect their application on that account, would be a most flagrant dereliction of duty.

Repression and coercion may be as necessary to restrain the waywardness and unbridled violence of a maniac, as a surgical operation, to preserve the life or limb of one requiring such treatment. There is no less proof of kindness in the one case than in the other.

To connive at, or acquiesce in delusions, would be to confirm them, and would often diminish the chance of recovery. To attempt to dissipate them by arguments would be as objectionable; but the use of such physical and moral remedies as serve to divert or even distract the mind from its false pre-occupations may do much good, though such means may be more or less painful to the individual, and decidedly opposed to his wishes.

In many cases this diversion constitutes the most powerful moral means at our command, and in melancholic and stupid patients, unless aroused to physical and correct mental action in some way, little advantage will be gained by treatment.

Whenever the general health permits, manual labor of some kind is absolutely necessary to the greatest measure of benefit; and there are few persons so inactive or obstinate as to resist judicious measures, faithfully applied, to induce the desired occupation. The greatest amount of good in this mode cannot be realized without incurring considerable expense for proper attendants to work with them.

Although some individuals will earn more than the cost of directing their movements, I am convinced, that on the whole, little or no advantage comes to the institution from the labor of our inmates,—the benefit to them, however, is incalculable.

We have made provision within the last year, by advice of the trustees, to have a much larger portion of our patients in the open air, and if possible at work, than heretofore.

An unusual liberality has been manifested within the year past, in bestowing books for the amusement and instruction of our inmates. Immediately after reading our last report, one of our most valued citizens, who forbade the mention of his name, and who has since been called to receive the eternal reward of his labors on earth, sent his son with more than twenty volumes from his library, admirably well suited to our use. Soon after, Madam S., relict of the late General S., presented about an equal number. Lately, Mr. F., one of our enterprising book-

sellers, sent us over sixty volumes of valuable books. Mr. S., another bookseller, has sent several volumes.

The trustees will doubtless suitably acknowledge the reception of the medical portion of the library of the late Benjamin Vaughan, L. L. D., in conformity with the provisions of his will, consisting of more than six hundred volumes, among which are some rare and valuable works, and the whole forming the foundation for a medical library every way suited to the wants of the institution.

More than a year since the trustees appropriated an annual sum for the purchase of books on the subject of insanity.

Our acknowledgments are due to all the superintendents of institutions for the insane in the United States and adjacent territories for copies of their reports, and to the proprietors of the following periodicals for their continued kindness in sending their publications, viz., Olive Branch, Cultivator, and Monthly Religious Magazine, Boston; Monthly Visitor, Concord, N. H.; Maine Democrat, Saco; Eastern Argus, Christian Mirror, and Transcript, Portland; Cold Water Fountain, Gardiner; Hallowell Gazette, Hallowell; State Signal, Belfast; Courier and Democrat, Bangor; Gospel Banner and Maine Farmer, Augusta. These papers are not only sought by our inmates, but read with pleasure and profit.

Should it ever be our privilege to make another report, it will give us great pleasure to add to the number of these acknowledgments for books and periodicals. In almost every private library are books which would be highly acceptable to our people, after they have lost most of their interest to the owners; and gentlemen of the press may, if they feel disposed, do much good at a moderate price.

To the clergymen of Hallowell and Augusta and other places, who have kindly performed our Sabbath evening services, we feel that all connected with the institution, are under peculiar obligations.

The apparent cheerfulness with which these services have

been performed, gratuitously, year after year, is proof to us, that they take real satisfaction in being ministers for good to the unfortunate. It is certain that no small sacrifice of personal comfort and convenience is made by them, to comply with our wishes.

For nearly three years no change has been made in the occupant of any office in the hospital, and my highest wish in this respect is, that in our future connection, the same regard for personal feeling and kindness may be continued.

So long as the affairs of the institution shall be in the care and direction of such a board of trustees as have held that responsible station since my connection with it, the public have nothing to fear from the mal-administration of its concerns.

Let the state continue to do, as it has heretofore done, in furnishing the necessary means, and the Maine Insane Hospital will soon become what it was designed to be, a retreat and a blessing for all who seek its benefits.

JAMES BATES, *Superintendent.*

Maine Insane Hospital, }
 31st March, 1848. }

APPENDIX.

EXTRACT FROM THE REGULATIONS OF THE HOSPITAL.

Male patients admitted to the institution must come provided with at least two strong cotton shirts—coat, vest, and pantaloons, of strong woolen cloth—two pairs of woolen socks or stockings—one black stock—a hat or cap—and one pair of shoes or boots.

Females must have at least the same quantity of underclothes, including shoes and stockings—a decent bonnet—and two substantial dresses. In both cases the articles must be new and in good condition. The woolens must be of a dark color. Persons offered for admission must be perfectly neat and clean in their persons, and free from vermin or infectious diseases.

The price of boarding, washing, medicines, and attendance, shall vary according to the trouble and expense incurred, in the judgment of the superintendent, not to exceed two dollars and fifty cents for males, and two dollars and twenty-five cents for females. [In cases of paralytic, epileptic, and such other patients as require surgical treatment, or are very filthy or helpless, may be charged extra by the superintendent.]

In the admission of patients, the provisions of the act of 2d of August, 1847, must be strictly complied with.

FORM OF CERTIFICATE AND ORDER FOR ADMISSION.

—

To the Superintendent of the Maine Insane Hospital:

ON complaint of — —, of —, [being a relative, or justice of the peace, as the case may be,] that — —, of —, is insane and a proper subject for the Insane Hospital, we have made due inquiry as required by law, and are of opinion that said — — is insane, and that — comfort and safety and that of others would be promoted by a residence therein. We therefore certify that — is insane, and you are hereby directed to receive and detain — — in your care until restored to the use of — reason, or otherwise discharged by order of law. We also find that — — was residing, commorant or found in the town of — at the time of the arrest or examination.

Dated at —, the — day of —, A. D. 18—.

— —, }
 — —, } *Selectmen of*
 — —, } —.

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FORM OF BOND.

—

KNOW ALL MEN BY THESE PRESENTS, That we, — —, of —, in the county of —, as principal, and — —, of —, in the county of —, as sureties, are held and bound unto — —, Steward of the Insane Hospital, at Augusta, or to his successor in said office, in the sum of two hundred dollars, to the payment of which sum, well and truly to be made to him the said — —, or to his successor in said office, we bind ourselves, our executors and administrators, firmly by these presents.

*Sealed with our seals, and dated at —, this — day of —, A. D. 18—.*

THE CONDITIONS OF THE ABOVE OBLIGATION ARE SUCH, That whereas — —, of —, in the county of — is about to be admitted as a boarder and patient to the institution aforesaid :

Now if the said — — shall pay to said —, or to his successors in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred by said patient, in the judgment of the Superintendent for the time being, not to exceed the sum adopted by the Trustees for the regulations of the Hospital, and pay for all such necessary articles of clothing as shall be furnished the patient by the Steward, and remove — from said institution, whenever they shall be thereto requested in writing by the Superintendent for the time being—and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury done to furniture and other property of the institution by — —, and the reasonable charges that may be incurred in case of — elopement ; payment to be made semi-annually, and at the time of removal, with interest on the amount after it has become due as aforesaid : then this obligation to be null and void—otherwise to remain in full force and virtue.

*Witness,*

[L. s.]

[L. s.]