

MAINE STATE LEGISLATURE

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132nd MAINE LEGISLATURE

FIRST REGULAR SESSION-2025

Legislative Document

No. 1079

H.P. 701

House of Representatives, March 18, 2025

An Act to Provide Comprehensive Perimenopause and Menopause Education

Received by the Clerk of the House on March 14, 2025. Referred to the Committee on Health and Human Services pursuant to Joint Rule 308.2 and ordered printed pursuant to Joint Rule 401.

A handwritten signature in black ink that reads "R B. Hunt".

ROBERT B. HUNT
Clerk

Presented by Representative CLOUTIER of Lewiston.
Cosponsored by President DAUGHTRY of Cumberland and
Representatives: BOYER of Cape Elizabeth, DOUDERA of Camden, GATTINE of
Westbrook, KESSLER of South Portland, KUHN of Falmouth, MURPHY of Scarborough,
SALISBURY of Westbrook, TERRY of Gorham.

1 **Be it enacted by the People of the State of Maine as follows:**

2 **Sec. 1. 22 MRSA c. 425** is enacted to read:

3 **CHAPTER 425**

4 **PERIMENOPAUSE AND MENOPAUSE EDUCATION**

5 **§2150-K. Perimenopause and menopause education materials**

6 The department shall enter into partnerships with health care providers, including
7 obstetricians and gynecologists, and community-based health care programs and hospitals
8 to create informational materials in electronic and physical form to educate menstruating
9 persons on the symptoms and processes of and other issues surrounding perimenopause
10 and menopause. The informational materials must include symptoms of and treatments for
11 perimenopause and menopause, symptoms of perimenopause and menopause for which a
12 person should contact a health care provider, the biological process behind perimenopause
13 and menopause, how to talk to family and friends about perimenopause and menopause
14 and any other information the department determines necessary to prepare and educate
15 persons regarding perimenopause and menopause.

16 **SUMMARY**

17 This bill directs the Department of Health and Human Services to enter into
18 partnerships with health care providers, including obstetricians and gynecologists, and
19 community-based health care programs and hospitals to create informational materials to
20 educate menstruating persons on the symptoms and processes of and other issues
21 surrounding perimenopause and menopause.