

# MAINE STATE LEGISLATURE

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SMG  
11/23/19

Date: 11/23/19

(Filing No. S-58 )

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2  
3 **EDUCATION AND CULTURAL AFFAIRS**

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5 **STATE OF MAINE**

6 **SENATE**

7 **129TH LEGISLATURE**

8 **FIRST REGULAR SESSION**

9 COMMITTEE AMENDMENT "A" to S.P. 303, L.D. 1024, Bill, "An Act To  
10 Include Mental Health Education in Maine Schools"

11 Amend the bill by striking out the title and substituting the following:

12 **'An Act To Destigmatize Mental Illness through Health Instruction That**  
13 **Emphasizes the Relationship between Physical and Mental Health in Schools'**

14 Amend the bill by striking out everything after the enacting clause and inserting the  
15 following:

16 **'Sec. 1. 20-A MRSA §4711**, as amended by PL 2009, c. 313, §11, is further  
17 amended to read:

18 **§4711. Elementary course of study**

19 The basic course of study for the elementary schools must provide for the instruction  
20 of all students in career and education development, English language arts, world  
21 languages, health education and physical education, mathematics, science and  
22 technology, social studies and visual and performing arts, as described in the parameters  
23 for essential instruction and graduation requirements subject to the schedule specified in  
24 section 6209. Health education must include instruction that addresses the relationship  
25 between physical and mental health in order to enhance student understanding of attitudes  
26 toward and behavior relating to mental illness and to eliminate the stigma associated with  
27 mental illness.

28 **Sec. 2. 20-A MRSA §4712**, as enacted by PL 2009, c. 313, §12, is amended to  
29 read:

30 **§4712. Junior high school or middle school course of study**

31 The basic course of study for the junior high schools or middle schools must provide  
32 for the instruction of all students in career and education development, English language  
33 arts, health education and physical education, mathematics, science and technology,  
34 social studies, visual and performing arts and world languages, as described in the

**COMMITTEE AMENDMENT**

1 parameters for essential instruction and graduation requirements subject to the schedule  
2 specified in section 6209. Health education must include instruction that addresses the  
3 relationship between physical and mental health in order to enhance student  
4 understanding of attitudes toward and behavior relating to mental illness and to eliminate  
5 the stigma associated with mental illness.

6 **Sec. 3. 20-A MRSA §4723, first ¶**, as enacted by PL 1983, c. 859, Pt. C, §§5 and  
7, is amended to read:

8 The secondary course of study shall must include instruction in health, safety and  
9 physical education, as prescribed by the commissioner, and physiology and hygiene, with  
10 special reference to the effects of alcoholic drinks, stimulants and narcotics upon the  
11 human system. Health education must include instruction that addresses the relationship  
12 between physical and mental health in order to enhance student understanding of attitudes  
13 toward and behavior relating to mental illness and to eliminate the stigma associated with  
14 mental illness.'

15 Amend the bill by relettering or renumbering any nonconsecutive Part letter or  
16 section number to read consecutively.

### 17 SUMMARY

18 The bill requires health education instruction in elementary, middle, junior high and  
19 high school to include instruction in mental health and the relationship between physical  
20 and mental health. This amendment clarifies that health education must include  
21 instruction that addresses the relationship between physical and mental health in order to  
22 enhance student understanding of attitudes toward and behavior relating to mental illness  
23 and to eliminate the stigma associated with mental illness.

### 24 FISCAL NOTE REQUIRED

25 (See attached)



Approved: 04/11/19 *MBC*

# 129th MAINE LEGISLATURE

LD 1024

LR 1754(02)

**An Act To Include Mental Health Education in Maine Schools**

**Fiscal Note for Bill as Amended by Committee Amendment #1 (S-58)**

**Committee: Education and Cultural Affairs**

**Fiscal Note Required: Yes**

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## Fiscal Note

Minor cost increase - General Fund

### Fiscal Detail and Notes

Additional costs to the Department of Education to implement the requirements of this legislation can be absorbed within existing budgeted resources.