

MAINE STATE LEGISLATURE

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129th MAINE LEGISLATURE

FIRST REGULAR SESSION-2019

Legislative Document

No. 1

S.P. 10

In Senate, January 2, 2019

An Act To Protect Health Care Coverage for Maine Families

(EMERGENCY)

Reference to the Committee on Health Coverage, Insurance and Financial Services suggested and ordered printed.

A handwritten signature in black ink, appearing to read 'D M Grant'.

DAREK M. GRANT
Secretary of the Senate

Presented by President JACKSON of Aroostook.
Cosponsored by Speaker GIDEON of Freeport.

1 (6) For all policies, contracts or certificates that are executed, delivered, issued
2 for delivery, continued or renewed in this State between January 1, 2014 and
3 December 31, 2014, the maximum rate differential due to age filed by the carrier
4 as determined by ratio is 4 to 1 to the extent permitted by the federal Affordable
5 Care Act. The limitation does not apply for determining rates for an attained age
6 of less than 19 years of age or more than 65 years of age.

7 (7) For all policies, contracts or certificates that are executed, delivered, issued
8 for delivery, continued or renewed in this State on or after January 1, 2015, the
9 maximum rate differential due to age filed by the carrier as determined by ratio is
10 5 3 to 1 ~~to the extent permitted by the federal Affordable Care Act~~. The
11 limitation does not apply for determining rates for an attained age of less than 19
12 years of age or more than 65 years of age.

13 (8) For all policies, contracts or certificates that are executed, delivered, issued
14 for delivery, continued or renewed in this State on or after July 1, 2012, the
15 maximum rate differential due to tobacco use filed by the carrier as determined
16 by ratio is 1.5 to 1.

17 **Sec. A-2. 24-A MRSA §2736-C, sub-§11**, as enacted by PL 2013, c. 271, §1, is
18 amended to read:

19 **11. Open enrollment; rules.** Notwithstanding subsection 3, on or after January 1,
20 2014, a carrier may restrict enrollment in individual health plans to open enrollment
21 periods and special enrollment periods ~~consistent with requirements of the federal~~
22 ~~Affordable Care Act~~ to the extent not inconsistent with applicable federal law. The
23 superintendent may adopt rules establishing minimum open enrollment dates and
24 minimum criteria for special enrollment periods for all individual health plans offered in
25 this State. Rules adopted pursuant to this subsection are routine technical rules as defined
26 in Title 5, chapter 375, subchapter 2-A.

27 **Sec. A-3. 24-A MRSA §2742-B**, as amended by PL 2007, c. 514, §§1 to 5, is
28 further amended to read:

29 **§2742-B. Mandatory offer to extend coverage for dependent children up to 26 years**
30 **of age**

31 **1. Dependent child; definition.** As used in this section, "dependent child" means
32 the child of a person covered under an individual health insurance policy when that child:

- 33 A. Is unmarried;
- 34 B. Has no dependent of the child's own; and
- 35 C. Is a resident of this State or is enrolled as a full-time student at an accredited
36 public or private institution of higher education.

37 **2. Offer of coverage.** Notwithstanding section 2703, subsection 3, an individual
38 health insurance policy that offers coverage for a dependent child must offer such
39 coverage, at the option of the policyholder, until the dependent child ~~is 25~~ attains 26 years
40 of age. An insurer may require, as a condition of eligibility for coverage in accordance

1 with this section, that a person seeking coverage for a dependent child provide written
2 documentation on an annual basis that the dependent child meets the requirements in
3 subsection 1.

4 **Sec. A-4. 24-A MRSA §2808-B, sub-§2, ¶D**, as amended by PL 2011, c. 638,
5 §2, is further amended to read:

6 D. A carrier may vary the premium rate due to age, group size and tobacco use only
7 under the following schedule and within the listed percentage bands.

8 (1) For all policies, contracts or certificates that are executed, delivered, issued
9 for delivery, continued or renewed in this State between July 15, 1993 and July
10 14, 1994, the premium rate may not deviate above or below the community rate
11 filed by the carrier by more than 50%.

12 (2) For all policies, contracts or certificates that are executed, delivered, issued
13 for delivery, continued or renewed in this State between July 15, 1994 and July
14 14, 1995, the premium rate may not deviate above or below the community rate
15 filed by the carrier by more than 33%.

16 (3) For all policies, contracts or certificates that are executed, delivered, issued
17 for delivery, continued or renewed in this State between July 15, 1995 and
18 September 30, 2011, the premium rate may not deviate above or below the
19 community rate filed by the carrier by more than 20%.

20 (4) For all policies, contracts or certificates that are executed, delivered, issued
21 for delivery, continued or renewed in this State between October 1, 2011 and
22 September 30, 2012, the maximum rate differential due to age filed by the carrier
23 as determined by ratio is 2 to 1. The limitation does not apply for determining
24 rates for an attained age of less than 19 years of age or more than 65 years of age.

25 (5) For all policies, contracts or certificates that are executed, delivered, issued
26 for delivery, continued or renewed in this State between October 1, 2012 and
27 December 31, 2013, the maximum rate differential due to age and group size
28 filed by the carrier as determined by ratio is 2.5 to 1. The limitation does not
29 apply for determining rates for an attained age of less than 19 years of age or
30 more than 65 years of age.

31 (6) For all policies, contracts or certificates that are executed, delivered, issued
32 for delivery, continued or renewed in this State between January 1, 2014 and
33 December 31, 2014, the maximum rate differential due to age and group size
34 filed by the carrier as determined by ratio is 3 to 1 to the extent permitted by the
35 federal Affordable Care Act. The limitation does not apply for determining rates
36 for an attained age of less than 19 years of age or more than 65 years of age.

37 (7) For all policies, contracts or certificates that are executed, delivered, issued
38 for delivery, continued or renewed in this State between January 1, 2015 and
39 December 31, 2015, the maximum rate differential due to age and group size
40 filed by the carrier as determined by ratio is 4 to 1 to the extent permitted by the
41 federal Affordable Care Act. The limitation does not apply for determining rates
42 for an attained age of less than 19 years of age or more than 65 years of age.

1 (8) For all policies, contracts or certificates that are executed, delivered, issued
2 for delivery, continued or renewed in this State on or after January 1, 2016, the
3 maximum rate differential due to age and group size filed by the carrier as
4 determined by ratio is ~~5 3~~ to 1 ~~to the extent permitted by the federal Affordable~~
5 ~~Care Act~~. The limitation does not apply for determining rates for an attained age
6 of less than 19 years of age or more than 65 years of age.

7 (9) For all policies, contracts or certificates that are executed, delivered, issued
8 for delivery, continued or renewed in this State on or after October 1, 2011, the
9 maximum rate differential due to tobacco use filed by the carrier as determined
10 by ratio is 1.5 to 1.

11 **Sec. A-5. 24-A MRSA §2833-B**, as amended by PL 2007, c. 514, §§6 to 10, is
12 further amended to read:

13 **§2833-B. Mandatory offer to extend coverage for dependent children up to 26 years**
14 **of age**

15 **1. Dependent child; definition.** As used in this section, "dependent child" means
16 the child of a person covered under a group health insurance policy when that child:

17 A. Is unmarried;

18 B. Has no dependent of the child's own; and

19 C. Is a resident of this State or is enrolled as a full-time student at an accredited
20 public or private institution of higher education.

21 **2. Offer of coverage.** Notwithstanding section 2822, a group health insurance
22 policy that offers coverage for a dependent child must offer such coverage, at the option
23 of the policyholder, until the dependent child ~~is 25~~ attains 26 years of age. An insurer
24 may require, as a condition of eligibility for coverage in accordance with this section, that
25 a person seeking coverage for a dependent child provide written documentation on an
26 annual basis that the dependent child meets the requirements in subsection 1.

27 **Sec. A-6. 24-A MRSA §2849-B, sub-§8**, as amended by PL 2011, c. 90, Pt. G,
28 §2, is repealed.

29 **Sec. A-7. 24-A MRSA §2850, sub-§2**, as amended by PL 2011, c. 364, §18, is
30 further amended to read:

31 **2. Limitation.** An individual, group or blanket contract issued by an insurer may not
32 impose a preexisting condition exclusion ~~except as provided in this subsection. A~~
33 ~~preexisting condition exclusion may not exceed 12 months from the date of enrollment,~~
34 ~~including the waiting period, if any. For purposes of this subsection, "waiting period"~~
35 ~~includes any period between the time a substantially complete application for an~~
36 ~~individual or small group health plan is filed and the time the coverage takes effect. A~~
37 ~~preexisting condition exclusion may not be more restrictive than as follows. This~~
38 ~~subsection does not limit a carrier's ability to restrict enrollment in an individual contract~~
39 to open enrollment and special enrollment periods in accordance with section 2736-C,
40 subsection 11.

1 A. ~~In a group contract, a preexisting condition exclusion may relate only to~~
2 ~~conditions for which medical advice, diagnosis, care or treatment was recommended~~
3 ~~or received during the 6-month period ending on the earlier of the date of enrollment~~
4 ~~in the contract and the date of enrollment in a prior contract covering the same group~~
5 ~~if there has not been a gap in coverage of greater than 90 days between contracts. An~~
6 ~~exclusion may not be imposed relating to pregnancy as a preexisting condition.~~

7 B. ~~In an individual contract not subject to paragraph C, or in a blanket policy, a~~
8 ~~preexisting condition exclusion may relate only to conditions manifesting in~~
9 ~~symptoms that would cause an ordinarily prudent person to seek medical advice,~~
10 ~~diagnosis, care or treatment or for which medical advice, diagnosis, care or treatment~~
11 ~~was recommended or received during the 12 months immediately preceding the date~~
12 ~~of application or to a pregnancy existing on the effective date of coverage.~~

13 C. ~~An individual policy issued on or after January 1, 1998 to a federally eligible~~
14 ~~individual as defined in section 2848 may not contain a preexisting condition~~
15 ~~exclusion.~~

16 D. ~~A routine preventive screening or test yielding only negative results may not be~~
17 ~~considered to be diagnosis, care or treatment for the purposes of this subsection.~~

18 E. ~~Genetic information may not be used as the basis for imposing a preexisting~~
19 ~~condition exclusion in the absence of a diagnosis of the condition relating to that~~
20 ~~information. For the purposes of this paragraph, "genetic information" has the same~~
21 ~~meaning as set forth in the Code of Federal Regulations.~~

22 F. ~~Except for individual health plans in effect on March 23, 2010 that have~~
23 ~~grandfathered status under the federal Affordable Care Act, a carrier as defined in~~
24 ~~section 4301-A, subsection 3 offering a health plan as defined in section 4301-A,~~
25 ~~subsection 7 may not apply a preexisting condition exclusion to any enrollee under 19~~
26 ~~years of age. A preexisting condition exclusion may not be imposed on any enrollee~~
27 ~~after January 1, 2014 to the extent prohibited by the federal Affordable Care Act.~~

28 **Sec. A-8. 24-A MRSA §4233-B**, as amended by PL 2007, c. 514, §§11 to 15, is
29 further amended to read:

30 **§4233-B. Mandatory offer to extend coverage for dependent children up to 26 years**
31 **of age**

32 **1. Dependent child; definition.** As used in this section, "dependent child" means
33 the child of a person covered under an individual or group health maintenance
34 organization contract when that child:

35 A. Is unmarried;

36 B. Has no dependent of the child's own; and

37 C. Is a resident of this State or is enrolled as a full-time student at an accredited
38 public or private institution of higher education.

39 **2. Offer of coverage.** An individual or group health maintenance organization
40 contract that offers coverage for a dependent child ~~shall~~ must offer such coverage, at the
41 option of the contract holder, until the dependent child ~~is 25~~ attains 26 years of age. An

1 insurer may require, as a condition of eligibility for coverage in accordance with this
2 section, that a person seeking coverage for a dependent child provide written
3 documentation on an annual basis that the dependent child meets the requirements in
4 subsection 1.

5 **Sec. A-9. 24-A MRSA §4318**, as amended by PL 2011, c. 364, §33, is repealed.

6 **Sec. A-10. 24-A MRSA §4320**, as enacted by PL 2011, c. 364, §34, is amended
7 to read:

8 **§4320. No lifetime or annual limits on health plans**

9 ~~Notwithstanding the requirements of section 4318, a~~ A carrier offering a an
10 individual or group health plan subject to the federal Affordable Care Act may not:

11 **1. Establish lifetime limits.** Establish lifetime limits on the dollar value of benefits
12 for any participant or beneficiary; or

13 **2. Establish annual limits.** Establish annual limits on the dollar value of essential
14 benefits, ~~except that, prior to January 1, 2014, health plans may include restricted annual~~
15 ~~limits on essential benefits consistent with the requirements of the federal Affordable~~
16 ~~Care Act and may establish annual limits consistent with waivers granted by the~~
17 ~~Secretary of the United States Department of Health and Human Services as determined~~
18 ~~by the superintendent to the extent not inconsistent with applicable federal law.~~

19 **PART B**

20 **Sec. B-1. 24-A MRSA §4320-D**, as enacted by PL 2011, c. 364, §34, is amended
21 to read:

22 **§4320-D. Comprehensive health coverage**

23 Notwithstanding any other requirements of this Title, a carrier offering a health plan
24 ~~subject to the requirements of the federal Affordable Care Act in this State~~ shall, at a
25 minimum, provide coverage that incorporates an essential health benefits and cost-
26 sharing limitations package consistent with the requirements of ~~the federal Affordable~~
27 ~~Care Act~~ this section.

28 **1. Essential health benefits package; definition.** As used in this section, "essential
29 health benefits package" means, with respect to any health plan, coverage that:

30 A. Provides for the essential health benefits defined by the superintendent under
31 subsection 2;

32 B. Limits cost sharing for coverage in accordance with subsection 4; and

33 C. Provides for levels of coverage in accordance with subsection 5.

34 **2. Substantially similar to federal Affordable Care Act; required categories.**
35 The superintendent shall ensure that the scope of the essential health benefits required
36 under this section is substantially similar to that of the essential health benefits required

1 for a health plan subject to the federal Affordable Care Act as of January 1, 2019. The
2 superintendent shall define the essential health benefits required for a health plan, except
3 that such benefits must include at least the following general categories and the items and
4 services covered within the categories:

5 A. Ambulatory patient services;

6 B. Emergency services;

7 C. Hospitalization;

8 D. Maternity and newborn care;

9 E. Mental health and substance use disorder services, including behavioral health
10 treatment;

11 F. Prescription drugs;

12 G. Rehabilitative and habilitative services and devices;

13 H. Laboratory services;

14 I. Preventive and wellness services and chronic disease management; and

15 J. Pediatric services, including oral and vision care.

16 **3. Required elements for consideration.** In defining essential health benefits under
17 this section, the superintendent shall:

18 A. Ensure that such essential health benefits reflect an appropriate balance among
19 the categories described in subsection 2, so that benefits are not unduly weighted
20 toward any category;

21 B. Ensure that coverage decisions, determination of reimbursement rates,
22 establishment of incentive programs and designation of benefits are done in ways that
23 do not discriminate against individuals because of their age, disability or expected
24 length of life;

25 C. Take into account the health care needs of diverse segments of the population,
26 including women, children, persons with disabilities and other groups;

27 D. Ensure that health benefits established as essential are not subject to denial to
28 individuals against their wishes on the basis of the individuals' age or expected length
29 of life or of the individuals' present or predicted disability, degree of medical
30 dependency or quality of life;

31 E. Provide that a qualified health plan may not be treated as providing coverage for
32 the essential health benefits package described in subsection 1 unless the plan
33 provides that:

34 (1) Coverage for emergency department services will be provided without
35 imposing any requirement under the plan for prior authorization of services or
36 any limitation on coverage where the provider of services does not have a
37 contractual relationship with the plan for the providing of services that is more
38 restrictive than the requirements or limitations that apply to emergency

1 department services received from providers who do have such a contractual
2 relationship with the plan; and

3 (2) If emergency department services are provided out of network, the cost-
4 sharing requirement, expressed as a copayment amount or coinsurance rate, is the
5 same requirement that would apply if such services were provided in network;

6 F. Provide that if a plan is offered through an exchange, another health plan offered
7 through that exchange may not fail to be treated as a qualified health plan solely
8 because the plan does not offer coverage of benefits offered through the stand-alone
9 plan that are otherwise required under subsection 2, paragraph J;

10 G. Periodically review the essential health benefits package under subsection 1 and
11 provide a report to the Legislature and the public that contains:

12 (1) An assessment of whether enrollees are facing any difficulty accessing
13 needed services for reasons of coverage or cost;

14 (2) An assessment of whether the essential health benefits package needs to be
15 modified or updated to account for changes in medical evidence or scientific
16 advancement;

17 (3) Information on how the essential health benefits package will be modified to
18 address any gaps in access or changes in the evidence base; and

19 (4) An assessment of the potential of additional or expanded benefits to increase
20 costs and the interactions between the addition or expansion of benefits and
21 reductions in existing benefits to meet actuarial limitations; and

22 H. Periodically update the essential health benefits package under subsection 1 to
23 address any gaps in access to coverage or changes in the evidence base the
24 superintendent identifies in the review conducted under paragraph G.

25 **4. Cost-sharing limitations.** The superintendent shall establish annual limitations
26 on cost sharing and deductibles that are substantially similar to the limitations for health
27 plans subject to the federal Affordable Care Act as of January 1, 2019. The
28 superintendent may increase the annual limitation as needed to reflect any premium
29 adjustment percentage. For purposes of this subsection, "premium adjustment percentage"
30 means the percentage, if any, by which the average per capita premium for health
31 insurance coverage in the United States for the preceding calendar year as estimated by
32 the superintendent no later than October 1st of such preceding calendar year exceeds such
33 average per capita premium for 2019.

34 **5. Levels of coverage.** The superintendent shall define levels of coverage that are
35 substantially similar to the levels of coverage required for health plans subject to the
36 federal Affordable Care Act as of January 1, 2019.

37 **6. Report.** Within 30 days of defining essential health benefits as required under
38 this section or within 30 days after adopting any changes to the definition of essential
39 health benefits, the superintendent shall submit a report summarizing the definition of
40 essential health benefits to the joint standing committee of the Legislature having
41 jurisdiction over health coverage, insurance and financial services matters.

